

# HANSTI DUNIYA

Vol. 27 • No. 10 • OCTOBER 2013





JAI RAM DASS

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<b>Regular Columns</b>	<b>Stories</b>
Editorial 2	The Kind-hearted Pilgrim Preet Kumble 6
Know Your Scriptures 3	Tenali Ram's Wisdom Harinder Singh ... 18
Thoughts to Ponder 4	Love and Logic Ashok Kumar... 22
Happy Birthday 10	The Swan And the Eagle Kishor Danial 25
H.D. Answers 28	Woodcutter Anil Kawrani 47
Colour it 44	
Laughing Time 45	
	<b>Poems</b>
	Wonders of Nature Nishtha Kawrani 8
	Our Earth Dr. Ramdular Singh 42
<b>Photo Features</b>	<b>Articles</b>
Grandpa 12	Recharging the spiritual ... Rajan Sachdeva 16
Kitty 33	Benefits of Rope ... Ankur Arora 20
Photo Feature 37	Health Benefits of Apple 29
<b>Vimlesh Ahuja</b> Editor (Honorary)	<b>AND</b>
<b>Rajat Kapoor</b> Associate Editor (Honorary)	Cross Word Vikas Arora 5
Ph.:011-47660224 -225	Riddles Pulkit Bhardwaj 9
Fax:01127608215	Improve your Grammar Vikas Arora 17
	Maze 21
	Homage 31
	SMSes of the month 41
	Have Your Say 48

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## 66<sup>th</sup> Sant Samagam

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**I**t is a season of festivals. Dussehra and Diwali are celebrated all the world over marking the victory of Truth over evil. Dear children, there now lies ahead a unique occasion for you to participate in the international 66th Annual Nirankari Sant Samagam in Delhi fixed for November 23 to 25 for realisation of the eternal and universal Truth.

You must have started preparing yourself for this Samagam. Welcome to the Samagam. Here you will find lacs of people from all over the world. The moment you enter the Celebration Ground, there would be the Nirankari Exhibition giving the ideology and history of the Sant Nirankari Mission. There will be a town like establishment of tentage spread in four vast grounds for accommodating the visiting devotees. All civic amenities are provided throughout the Samagam premises. The arrangement for Community Meal and Canteens is also well made at

the Samagam venue.

You must have been discussing with your friends, the role of the Sant Nirankari Mission in enlightening the world through spiritual awakening. This is the right time to bring such friends also with you. The Publication and Magazine Department will have special enclosures in the Celebration Ground for sale and enrolment of subscribers to the Nirankari Magazines.

Study of spiritual literature is a source of joy for ever. Gifting a membership of the magazine to your near and dear ones would be the best gift of Samagam. This Department will release a Samagam Souvenir on ONENESS which will be a special attraction for the devotees.

There will be revealing lectures by a galaxy of saints from across the country and overseas. Discourses of HH Babaji will be there on all the three days. The Guru Vandana function on 26th will be worth enjoying. You will miss a lot if you miss the Samagam.

— C.L. Gulati  
Hansti Duniya



## SAMPURAN AVTAR BANI

### **Ik Tu Hi Nirankar - 82**

JEEVAN KHATAR PRANI DE LAYEE JIVEN PRAN ZAROORI EY;  
TEER NOON CHILLE CHADHAN DE LAYEE JIVEN KAMAN ZAROORI.  
DHARTI BAJHON KAMM NAHIN SARDA JION ASMAN ZAROORI EY;  
PREMA BHAGTI DE LAYEE EDAN GUR DA GIAN ZAROORI EY.  
EDAN HI INSANI JAME VICH BHAGWAN ZAROORI EY;  
JO AVTAR GURU TON MILDAI AISA DAN ZAROORI EY.

### **Gist : Thou Formless One**

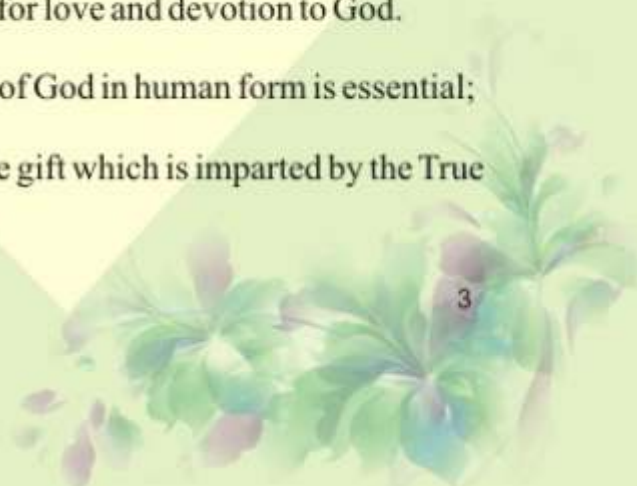
Just as breath is essential for a living being; Just as a bow is essential for aiming an arrow.

Just as the earth alone is not enough and the sky is also essential;

Likewise, the divine knowledge attainable from the True master is essential for love and devotion to God.

So also the presence of God in human form is essential;

Avtar says, the divine gift which is imparted by the True Master is essential.

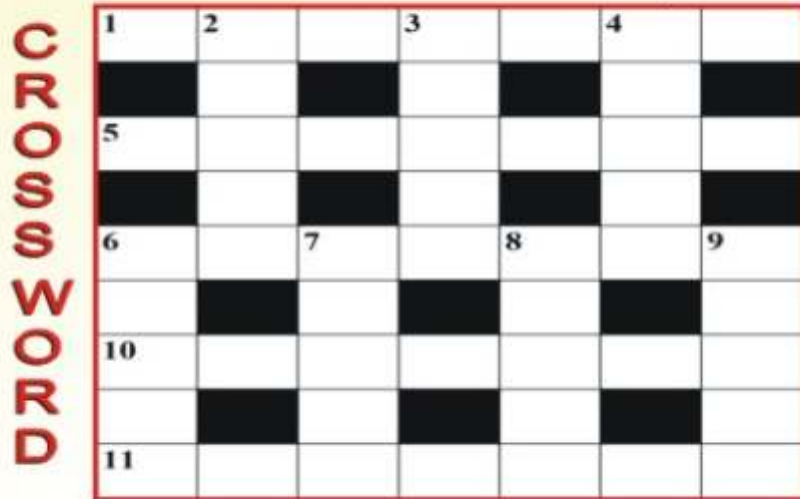


Compiled by : Hardik Khinda, Sanskriti School, Delhi

## THOUGHTS TO PONDER

- God is the only Supreme Power and it may be called by different names.  
— Elizabeth Browning
- To be trusted is a greater compliment than to be loved.  
— George Macdonald
- Violence is the last refuge of the incompetent.  
— Isaac Asimae.
- Forsake not God until you find a better master.  
— Scottish Proverb
- Only reverence can restrain violence, reverence for human life and the environment.  
—William Coffin.
- That man never grows old who keeps a child in his heart.  
— Steele
- To acquire and imbibe saintly traits, the company of saints is indispensable.  
— Nirankari Baba
- No one knows what he can do till he tries.  
— Publilius Syrus
- Light can be spread in two ways, either be a lamp or the mirror that reflects it.  
— Nirankari Baba.

— Vikas Arora (Rewari)



**Left to Right ▶**

1. The capital of \_\_\_\_\_ and Nicobar islands is Port Blair.
5. A synonym of RUIN.
6. Plural of NEGRO.
10. A mass of ice, formed by snow on mountains, that moves slowly along a valley.
11. Past of the verb TRAIN.

**Up-Down ▼**

2. Masculine: Nephew, Feminine: \_\_\_\_\_.
3. Verb of ALTERATION.
4. Antonym of BELOW.
6. Dark hours between sunset and sunrise.
7. Name of a fruit.
8. A vegetable with a pungent taste and smell, composed of several concentric layers.
9. The famous Indian classical musician Ustad Amjad Ali Khan plays this instrument.



— Preet Kumble

In Udipi there is a famous temple of Lord Krishna which thousands of pilgrims visit.

Once long ago some devotees from Shimoga started on a pilgrimage to Udipi. One of the pilgrims, whose name was Gopal Adiga, saw an old woman walking along with other pilgrims on the way. She was carrying a rotten cabbage

in her hands.

Adiga asked the old woman, "Oh mother! What makes you carry that rotten cabbage? It is not fit to be cooked and eaten."

With tears in her eyes, the old woman replied, "What can I do, son? I have three daughters at home, who are starving for the last three days. I shall boil this cabbage and



prepare some soup out of it for them. I am very poor and my life is a burden for me. But I have to feed my children somehow."

Adiga's heart melted. He said to her, "I was going on a pilgrimage to Udipi and have some money with me. I shall give that to you. You better buy some good things for your daughters to eat."

The old woman was very pleased with his generosity. She took the money and went away.

Adiga cut short his pilgrimage and returned home. He had no more money to go to Udipi. That night, Lord Krishna appeared to Adiga in a dream. He told his devotee Adiga, "I had appeared as the old woman before you, when you were on your way to Udipi. The other pilgrims whom I had met, did not even bother to look at me. Only you were kind

enough to listen to the sad story of my poverty. You gave me all your money. You could not finish your pilgrimage. But you need not go to a holy place to seek my blessings. You can have them wherever you are, if you are sincere in your charity and devotion. You can find God anywhere in the world. It is only the ignorant who think that they must go to a particular holy place. I am very pleased with your devotion, kindheartedness and charity. My blessings would always be with you." •

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# Wonders of Nature

By: NISHTEHA KAWRANI, Delhi

Wonders of nature  
got thunders of rain,  
making us happy in  
the monsoon days.

I saw birds chirping with delight  
as if they will have a dinner on clouds tonight.

Nature is God's loveliest gift  
but humans are creating risk to it.  
It is a gift to admire and thank  
but not to misuse and to make scrap.  
So thank God for what he has given  
do not question Him for what he has not.

# Riddles

— Pulkit Bhardwaj, Chandigarh.



- Q.-1. What is easy to get into, but hard to get out of?
- Q.-2. What is faster than air?
- Q.-3. What room has no floor, ceiling, windows or door?
- Q.-4. Who are the two brothers who live on opposite sides of the road yet never see each other?
- Q.-5. What is it that breaks, once you say its name?
- Q.-6. What has a foot but no legs?
- Q.-7. I have cut many without killing them or shedding a drop of blood. Guess who am I?
- Q.-8. What is that which is used once in butter twice in ghee and thrice in cheese?
- Q.-9. I jump but I am not a kangaroo, I swim but I am not a fish, I like rain but I am not a peacock, I go on singing but I am not a musician. Who am I?
- Q.-10. What goes up when the rain comes down?
- Q.-11. What date does Children's Day fall on?
- Q.-12. Which rope cannot be tied?

---

1-Trouble 2-Thoughts 3-Mushroom 4-Eyes  
5-Silence 6-A snail 7-Nailcutter 8-'e' 9-A Frog 10-Umbrella 11-14th November 12-Europe

**Answer**



Sudiksha (Indore)

Manjot (Lohiyakhas) Priyal (Indore)



Kunal (Mumbai)

Ishika (Sanganagar)

Deepika (Kathua)

Vishwas (Ahemdabad)

Tejal (Panvel)



Sampriti (Kaithal)

Jaskaran (Matoi)

Harveer (Bhagala)

Ritika (Delhi)

Arv (Ismailiyabad)



Saanchi (Koitisenkha)

Shreya (Valsaad)

Raunak (Sardarsaheer)

Sukhjot (Matoi)

Nandita (Mumbai)



Palak (Yavatmal)

Aaryan (Bilaaspur)

Naitik (Sardarsheher)

Shubheek (Ropar)

Unnati (Bokaro)



Keerti (Khamla)

Ritu (Khachraud)

Harsh (Daushajhkala)

Haardik (Basrehar)

Adavik (Ambala)



Saneeshah (Lalgarh) Harshit (Bharatna) Karanjeet (Kolkata) Sudit (Ropar) Dipendra (Tol Dharohi)



Jhaanvi (Kolkata) Kheman (Sirsa) Dipesh (Hinganghat) Tanish (Ropar) Heer (Kolhapur)



Vivek (Sardarsheher) Lakshay (Alwar) Haardik (Sakanaka) Abhinav (Khachruad) Raiya (Gurgaon)



Tamanna (Ismailpur) Vinamra (Gobindgarh) Taranjeet (Agra) Sanket (Gulbarga) Vansh (Jaipur)



Saadhik (Delhi) Naman (Delhi) Vaishnavi (Delhi) Tanya (Pachori) Haardik (Chinchola)

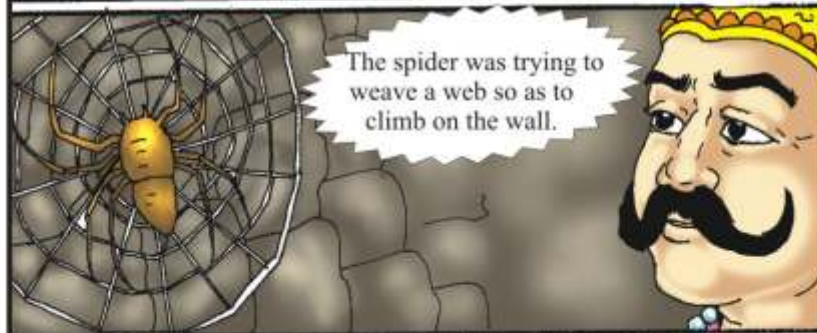
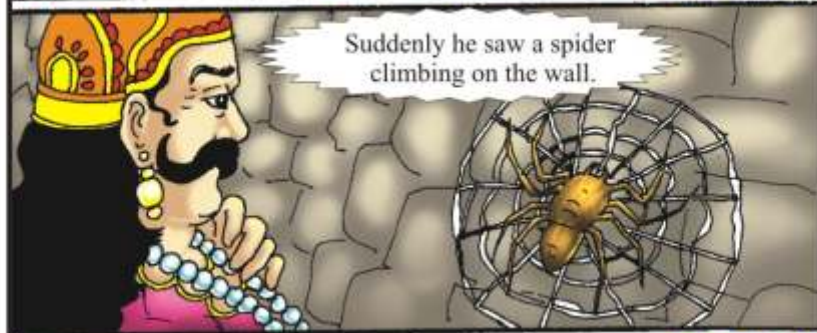
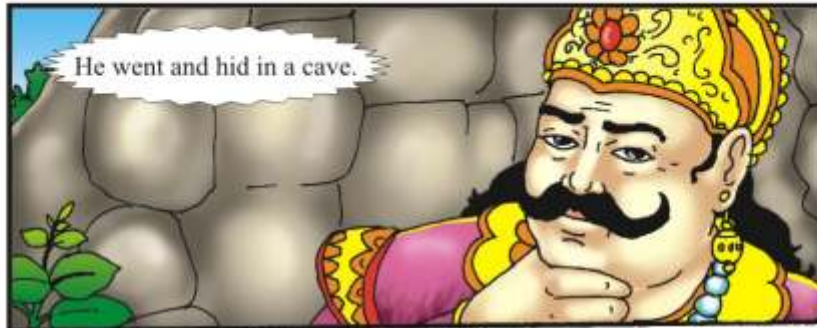
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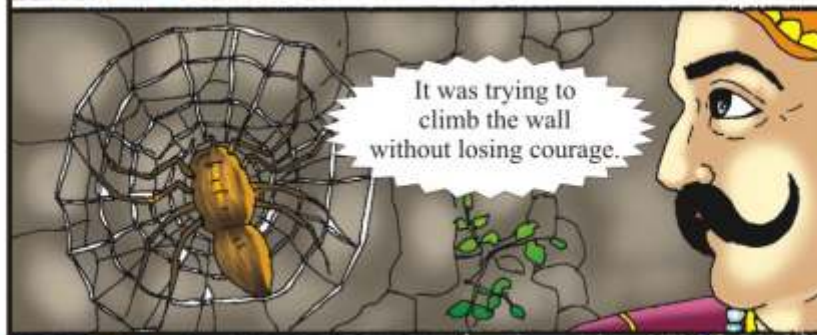
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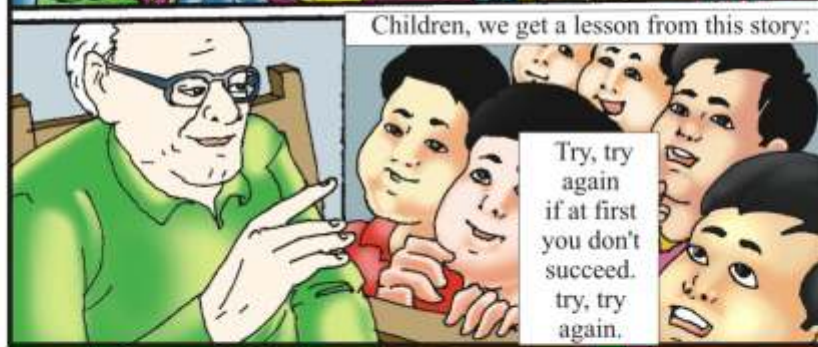
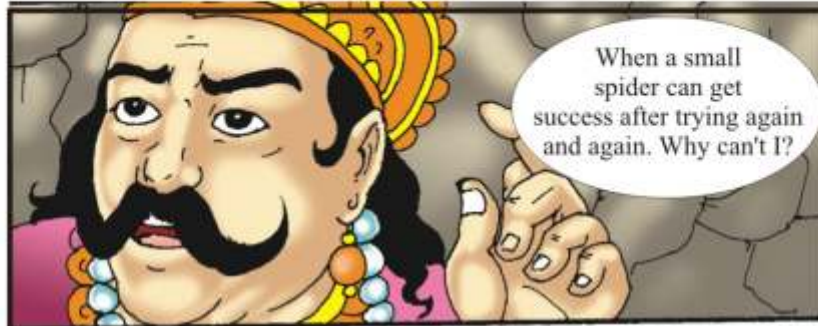
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## Recharging The Spiritual Battery

— Rajan Sachdeva's Diary (U.S.A.)

Every now and then, we all need to recharge our spiritual batteries.

While living in the materialistic world and constantly interacting with it, especially when we face adverse situations, the light of Gyan in our consciousness becomes dim. The clouds of doubt begin to form and our thoughts become fuzzy. A storm of uncertainty begins to shake our faith.

The current visit of Nirankari Baba Hardev Singh ji in the USA and Canada is a time for re-vitalizing, re-energizing and recharging our spirituality. Everyone seems to be so happy and re-energized after having the Darshan and receiving blessings from the Satguru.

It is wonderful to see how everyone seems so excited and happy to be around their beloved Satguru and Pujya Mata ji. The youth and the members of Sewadal are so energized that they are constantly and tirelessly working round the clock.

However, it is important that we do not lose this re-energized and peaceful state of mind during our daily routine. It is therefore equally important that we keep the light of Gyan lit all the time in our consciousness and the faith in Satguru rooted deep in the sub-conscious. To achieve this end we need to remember and act on the following lines of Avtar Bani

O ' man, seek the company of a True Saint, your heart will remain tranquil .

Avtar says, if you meet the Perfect Saint, the mind will stop wondering.

## Improve your Grammar

—Vikas Arora (Rewari)

### Choose the right option –

1. He \_\_\_\_\_ to God every night.  
A) PRAYS      B) PREYS
2. This is a list of \_\_\_\_\_ words of English language.  
A) OBSOLETE      B) ABSOLUTE
3. Active voice: Send the letters by post.  
Passive voice: Let the letters \_\_\_\_\_ by post.  
A) SENT      B) BE SENT
4. The child \_\_\_\_\_ for the love of mother.  
A) LONGED      B) LACKED
5. Your voice is not \_\_\_\_\_ to me.  
A) EDIBLE      B) AUDIBLE
6. He was sent to the \_\_\_\_\_.  
A) GAOL      B) GOAL
7. What is the plural of Donkey?  
A) DONKEYS      B) DONKIES
8. Ten miles \_\_\_\_\_ not long distance to travel by a car.  
A) ARE      B) IS

<b>Answer Sheet</b>	1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.



— Harinder Singh Gogna

Once, two persons, named Bhola and Ghanshyam, presented themselves in the court of king, Krishandev Rai.

Bhola said with folded hands —Maharaj! This is a friend of mine, Ghanshyam. A few months back, I had to go to my native village. So, I gave him ten gold-coins to keep as my deposit.

On my return today when I asked him for those coins, he plainly refused to return them. Now I have come to you for justice.

When the king asked Ghanshyam, he plainly refused.

The king was in a dilemma as to who was truthful. So, he asked Tenali Ram to decide the matter.

After a pause, Tenali Ram said to Bhola—Dear Bhola! Was there any third person present at the time you gave the gold-coins to Ghanshyam?

"Yes Sir! A well was of course there." On hearing this, all present in the court started laughing at Bhola's innocence.

Does a well ever stand a witness?

"Just go and fetch a pitcher of water from that well," Tenali Ram said, "I'll decide the matter in no time."

Bhola paid his obedience and left. All the courtiers as well as the king were astonished as to what Tenali Ram wanted to prove? Ghanshyam too was thinking the same.

After a while, Tenali Ram asked Ghanshyam—Your friend, Bhola has not returned as yet, what can be the reason?

Sir! The well is quite far off from here, so it might be taking a long time, said Ghanshyam. "My Lord! The decision is very clear, Bhola had truly given Ghanshyam the gold-coins. Otherwise, how could he know that the well is far off?" —Tenali Ram said.

Ghanshyam's head hung in shame. All were happy to hear the wise decision of Tenali Ram.

Bhola too had returned by now. Ghanshyam apologized to him and promised the king that he will return the gold-coins of his friend that day itself and will never repeat the wrong action in future.



## Benefits of Rope Skipping



— Ankur Arora (Gurgaon)

Rope skipping is an inexpensive and simple exercise that can be performed anywhere. Whether you are at your home in a park, the only thing you need is a rope. A person of any age group can do rope skipping. You will be amazed to know that Mohammed Ali and Bruce Lee were big fans of rope jumping.

Rope skipping is a full body workout. It uses our arms for turning the rope, legs for jumping and abdominal muscles for stabilising the body. Some of the benefits of skipping are as follows:

- 1. Weight Loss:** Rope skipping is an effective way to achieve weight loss. It is so effective that 15 minutes of skipping burns up to 250 calories.
- 2. Promotes cardio-vascular activity:** Rope skipping makes the heart stronger and helps it to pump more blood. In this way, the heart delivers more oxygen to our tissues. Rope skipping also improves heart rate and blood pressure.

**3. Improves muscle tone:** A regular skipping session improves muscle tone in both the lower and upper parts of our body, including back, chest and shoulders. It also increases stamina and endurance.

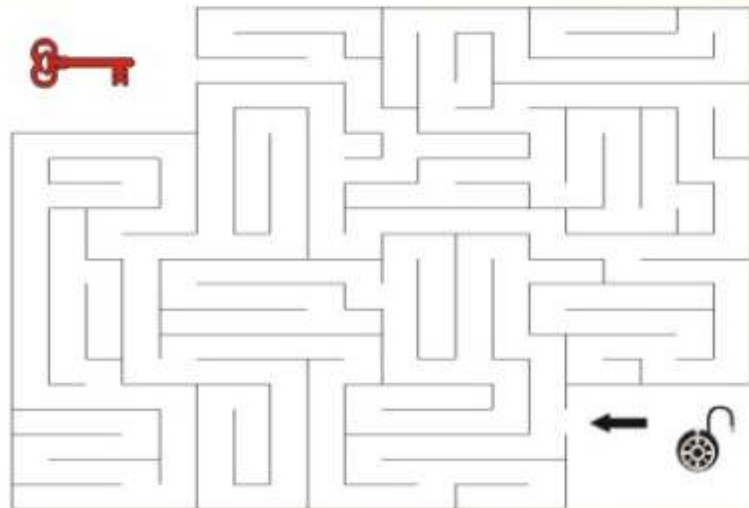
**5. Makes bones strong:** Rope skipping makes our bones strong and reduces the risk of getting affected by osteoporosis, a medical condition in which the bones become brittle.

**6. Improves coordination:** Rope skipping enhances the coordination and rhythm between our hands and feet movements.

**7. Enhances brain activity:** Rope skipping helps to develop the activity of the left and right hemispheres of our brain. As a result, our reading and attention skills improve.

---

Lead this key to the lock





## LOVE AND LOGIC

—Ashok Kumar Bhatt

Parvana was an unlettered youth of twenty. He was self-absorbed and of the strong and silent type. Whenever he was in a mood for a speech, he would not mind delivering one in the assembly of village dogs, donkeys, cows, sheep etc. Whenever he felt sad and desolate, he would laugh aloud instead of weeping silently. Whenever he was in a happy mood, he would weep silently instead of laughing aloud. His behavior was so queer and eccentric that every body made fun of him. But he never paid any heed to them.

Despite his different behavior, he was quite alive to the happenings in the village. One day Parvana was passing through the village market place. He saw a fierce-fight



between two groups of people. There was a generous exchange of blows, lathis and words among them. A large crowd had gathered but no one in the crowd dared to intervene for fear of getting injured, Parvana rushed to the scene and interposed to separate them. He cried aloud, "Stop fighting. It will do no good to both sides. Stop it for the love of God."

One of the disputing team members shouted at Parvana, "You dullard, push off or you too will have blows."

Parvana replied, "You are dullards and are fighting like barbarians!"

Some of the onlookers sided with Parvana and said in chorus "Listen, gentlemen, whatever Parvana has said is right. It is disheartening and disgraceful to behave like wild beasts."

Parvana said to the disputing people, "Brethren, we should never be at logger-heads with one another. We should love one another. Love is the soul of society."

After a moment's pause, Parvana said, "We should never lose our sense of logic and should not be slaves to our passions and emotions. If we lack in logic, our fall is inevitable."

All the men were spell-bound to hear the sound arguments of Parvana. One man said, "Is this the eccentric Parvana or some sage?"

At last Parvana said, "Friends, always remember that love gives joy and peace and logic gives wisdom. Prejudices, fights and hatred can only be eradicated with the help of the guiding principles of Love and Logic. So we should tread the path of Love."

## *Improve your Grammar*

Answers:—

1	2	3	4	5	6	7	8
A	A	B	A	B	A	A	B

Q.No.

Explanation

1. 'Prey' means a 'victim'.
2. OBSOLETE means no longer in use and ABSOLUTE means complete or perfect.
3. Here in passive voice, the words BE SENT are used.
4. The option (B) is ruled out because LACKED is not followed by preposition FOR. If you LONG FOR something, you want it very much. That is exactly how a child wants mother's love.
5. AUDIBLE means that can be heard and EDIBLE means eatable.
6. GAOL means jail and GOAL means aim.
7. The plural of Donkey is Donkeys, not Donkies.
8. Sometimes the subject, though plural in form, may be understood as a single unit. The verb in such cases takes the singular form.

# *The Swan And The Eagle*

— Kishor Danial , Delhi



**O**n a banyan tree by the side of a lake, lived a swan and an eagle. They both were friends. The eagle was not only clever and selfish but also very lazy. He would keep sleeping the whole day, while the swan would go off in search of food early in the morning. When the swan returned with food, he would awaken the eagle and both the friends would then share the food.

The swan often advised the eagle : "Dear Friend, you too are as young as I am, but you just while away your life by sleeping the whole day. From tomorrow, you will also go out along with me in our hunt for food. We shall both work hard to eke out our livelihood and spend an enjoyable life."

But the lazy eagle would never pay any heed to the words of the swan. Rather he would feel insulted. He thought that the swan was not his friend but his enemy. That is why he never lets me take rest. He has insulted me. Therefore, I

must take revenge.

One day, the eagle said to the swan, " Friend, I will also go out along with you in search of food. The swan was pleased to hear this. He thought that his advice had worked at last. Now they would both lead a happy life.

Both flew high in the sky. Hardly had they flown a little distance, when the eagle disappeared in the clouds. The swan looked for him the whole day, but to no avail. Disgusted, the swan returned home. He was left alone.

The clever eagle joined a flock of some other birds. He pleased the birds with his honeyed tongue. He also enticed them all against the swan. All the birds were convinced and agreed to avenge the swan.

One day, the flock of other birds attacked the swan as planned and injured him. They said to the swan: "You call yourself our king, but who has made you our king?"

The swan answered politely : "Friends! Whom did I tell that I was your king? You are all my friends. Only the falcon is our king."

The swan was bed ridden for many days because of the injuries inflicted upon him. Thus, he had to stay back at home without food. After he had recovered from his injuries, the swan flew off in search of his food.

The clever and lazy eagle could not carry on long with the birds, and was discarded by the flock he got very upset as he was not accustomed to doing any work. So, he had to be without food for many days. At last, he decided to take to stealing. But this too could not go on for a long time. The saying "a nine days wonder" proved true. One day, he was caught red handed, was beaten up and put behind bars.

One day, while the eagle was sitting on the branch of a tree, the eyes of the flying swan caught a glimpse of him. The swan flew down to him. On seeing his friend

injured, the swan was very grieved. He asked the eagle as to how it happened. The eagle told the swan the whole story, saying: "It was all the result of my misdeeds."

The swan pitied the eagle and took him along to his house. He treated him till the wounds were healed. The eagle had now learnt a lesson. The two were friends again. They both worked hard and started living an enjoyable life.



**Photo quiz:**

**Q.:** What theme do the photos of Satguru Baba ji on the title page and the central page of Sant Nirankari September 2013 depict?

**A.:** Photos do not speak but tell a lot. The greenery and trunks of dead tree on the title page depict that Satguru is with us during life and beyond. Central photo indicates the way we should enjoy concentrating on Nirankar with mind and eyes wide open!

## **HD Answers**

— G.S.Randhava (Delhi)

Q. How should we treat those who indulge in calumny?

A. With love and respect.

— Dharmveer , (U.S.A)

Q.Any apt example of wastage of energy and time ?

A:Indulging in unproductive and irrelevant discussion.

— Gurdev Singh , Pandoh

Q. What is the most valuable asset in life?

A. Character.

— Kalpana, Dhamrpur (H.P.)

Q. How can we attain happiness in life?

A. By being a source of happiness to others.

— Ratnesh Rai , Kanpur

Q. Why do people have different view-points about God?

A. Because they only guess but don't know Him.

— Sagar, Alwar (Raj)

Q . What is that which every one wishes to attain?

A. Prosperity.

# Health benefits of apple



- The delicious and crunchy apple is notable for its impressive list of phyto-nutrients, and anti-oxidants. Studies suggest that its components are essential for normal growth, development and overall well-being.
- Apples are low in calories; 100 g of fresh fruit slices provide only 50 calories. They, however, contain no saturated fats or cholesterol. Nonetheless, the fruit is rich in dietary fiber, which helps prevent absorption of dietary-LDL or bad cholesterol in the gut. The fiber also saves the colon mucous membrane from exposure to toxic substances by binding to cancer-causing chemicals inside the colon.
- Apples are rich in antioxidant phyto-nutrients flavonoids and polyphenolics. The total measured anti-oxidant strength (ORAC value) of 100 g apple fruit is 5900 TE. Some of the important flavonoids in apples are quercetin, epicatechin, and procyanidin B2. Additionally, they are also good in tartaric acid that gives a thefa flavor to them. Altogether, these compounds help the body protect it from

the deleterious effects of free radicals.

- Apple contains good quantities of vitamin-C and beta-carotene. Vitamin C is a powerful natural antioxidant. Consumption of foods rich in vitamin C helps the body develop resistance against infectious agents and scavenge harmful, pro-inflammatory free radicals from the body.
- Further, apple is a good source of B-complex vitamins such as riboflavin, thiamin, and pyridoxine (vitamin B-6). Together these vitamins help as co-factors for enzymes in metabolism as well as in various synthetic functions inside the body.
- Apple also contains a small amount of minerals like potassium, phosphorus, and calcium. Potassium is an important component of cell and body fluids helps controlling heart rate and blood pressure; thus, counters the bad influences of sodium

### Peace in the World:

If there is light in the soul,  
there will be beauty in the person. If there is  
beauty in the person there will be beauty in the  
house. If there is beauty in the house there will  
order in the nation. If there order in the nation,  
there will be peace in the world.



## Homage

# Simplicity, Normalcy and Awareness were Hallmark of Vinay Joshiji

A devout missionary of Sant Nirankari Mission, a well known scholar, writer, poet, orator, preacher and editor of 'Hansti Duniya', Vinay Joshiji breathed his last on August 28, 2013 at the age of 63. He had not been keeping well for quite sometime. Vinay Joshi was born in the family of the renowned scholar, thinker, philosopher orator and preacher of Sant Nirankari Mission, Rev Nirmal Joshi and Shakuntla Joshi on September 18, 1950. His father was also the Chief Editor of Nirankari Magazines. The life of Vinay Joshi was full of simplicity. He had good knowledge of Hindi, Punjabi and English. After passing BSc, B.Ed and M.A., he chose teaching as his profession. He also won many awards, such as School Ratan Award from the Sardarni Sada Kaur Khalsa Girls Sr. Sec. School, Darya Ganj, Delhi.



After attaining God knowledge, he got himself attached with Publication Department. In the year 2000, he was ordained by Satguru Baba Hardev Singh Ji Maharaj to bestow God-knowledge. In the year 1973, jointly with Rev Bhupinder Bekal Ji, he started monthly 'Hansti Duniya'. He was also a creative writer with famous books like, 'Pado Kahani', Mahabharat ki Kahaniyan,' Ajeeb Sant', 'Vidya Kaise Seekhen', published by Nirankari Mandal.

In the year 1972-73, he contributed significantly

towards the establishment of Youth Forum. In the year 1974, the Nirankari Exhibition titled 'Avtar Darshan' was organized in a tent measuring 15 ft x 30 ft. with the active participation of Vinay Joshiji. Ever since Vinay Joshiji had been an active member of the Exhibition He used to be a special invitee to the All India Working Committee meetings.

Rev Vinay Joshi served as a member of the Advisory Committee of the Magazine Department, member of the Screening Committee for Books a member of the Management Committee of Sant Nirankari Senior Secondary School, Paharganj and Sant Nirankari Boys Senior Secondary School, Nirankari Colony. In 2001.

Rev. Vinay Joshi was married to Shikha Joshi on February 22, 1981 who joined hands with her husband in serving the Mission with all her might. Currently, she is incharge of the Marriage Bureau in the Mission. Their children Ankur Joshi and Lt. Vaibhav Joshi along with daughter-in-law, Sakshi Joshi are equally devoted to the Mission.

Rev Vinay Joshi was cremated on August 29, 2013 at Nigambodh Ghat, Delhi. A special congregation was held in the memory of Vinay Joshiji on August 31, 2013 at Pardhan Labh Singh Memorial Hall in Nirankari Colony, Delhi-9.

CROSSWORD SOLUTION						
1 A	2 N	D	3 A	M	4 A	N
	I		L		B	
5 D	E	S	T	R	O	Y
	C		E		V	
6 N	E	7 G	R	8 O	E	9 S
		U		N		A
10 G	L	A	C	I	E	R
H		V		O		O
11 T	R	A	I	N	E	D









Always help the old and the physically challenged to cross the road.



Well done! Kitty you have told all the rules correctly.



All of you please give a big applause for Kitty.

## Photo Feature



Believe in yourself.  
— Monika (Kot Isse Khan)



Yes, acknowledge your self worth.  
— Ashwin Reddy (Bangalore)



Confidence  
is the best  
makeup you  
could ever wear.  
— Kartavya



No one can make you feel  
inferior without your consent.  
- Saumya Kharya (Mauranipur)



You are always stronger  
than you think you are.  
— Shubh Nigolia (Piddhor)

Self-confidence  
is the most  
important factor  
for success.  
— Vinayak Banku  
(Maheshkhunt)



# Photo Feature



Don't worry, be happy.  
- Sadhika (Kolkata)



Think of happy  
thoughts. - Prapti



I start my day  
with a happy  
thought.  
- Aditya Chotia  
(Sardar Shehr)



Happy thoughts are  
contagious. - Nandini



Happy thoughts keep  
me smiling. - Diya (Kota)

Let us  
surround  
ourselves  
with  
positive  
people.  
- Mayank  
(Kota)





## Photo Feature



We are ready to celebrate our birthdays.- Naitik and Ujjwal



I will also attend your birthday party. - Paresh (Wardha)



I wish you happy birthday.  
- Kunal (Nasik)



I am watching my favourite cartoons. - Rishikesh



I will also join you dear.  
- Vansh Pawar (Delhi)



I will invite all saints to my birthday party.  
- Neev Gupta (Kanpur)



## Photo Feature



— Swayam Gandhi (Jhansi)



— Punit (Amroha)



— Sarvika (Pathankot)



— Prerit Karanwal (Khatima)



Prakarti, Akarti (Kathua)



— Nimisha, Navneet (Bilaspur)

## SMSes of the month



When nails grow , we cut the ends of nails, not the finger;  
Similarly, when misunderstandings grow, cut your ego not your relations.

— Raj Arora, Nirankari Colony, Delhi

A smooth road never makes a good driver, a clear sky never makes a good pilot, a problem free life never makes a good person. LIFE IS A CHALLENGE. FACE IT.

— Kanchan, Gutkar

O God ,Mujhe Mere Karmon Par Bharosa Nahi, Par Teri Rahmaton Par Bharosa Hai.

— S.C. Bhatia, Rohtak

He who has health, has hope; and he who has hope has everything.

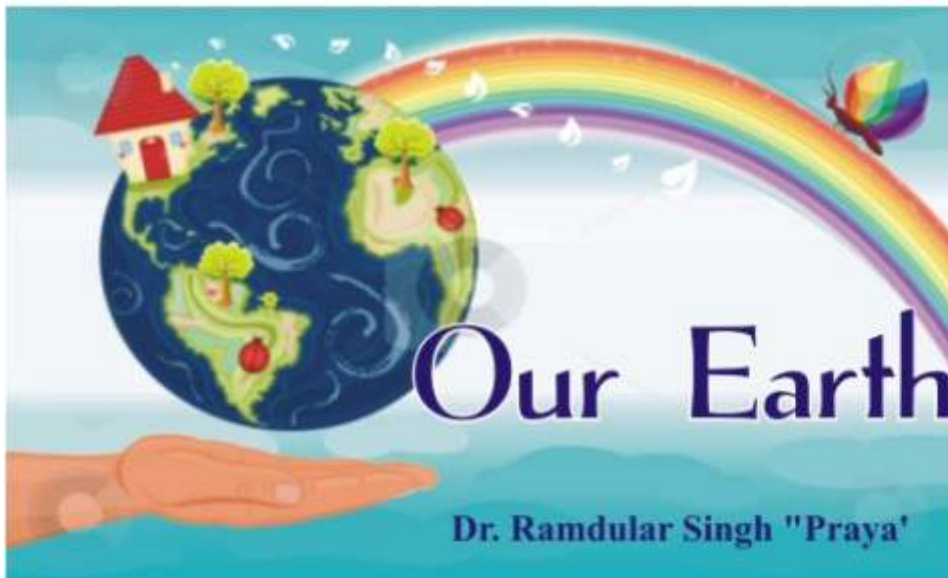
— Yog Raj Thakur, Mandi

Do not cross the road when you see someone driving and talking on the mobile.

— Sagar, Alwar

If you study to remember you will forget .But if you study to understand you will remember.

— Avneesh Gulati, Chandigarh.



Unique is our Earth  
It's beauty is rare,  
The wrangling sound of rivers  
Attracts all to stare.

The dawn and dust here  
Become charming with sparrow's twitter,  
The crow's crowing on paropet  
Brings news of welfare of the dear.

Unique is this earth in the world  
— With green and charming meadows,

The passers by heave sigh of relief  
Under the green trees' shadows.

## Winners of August Issue

Ist	Amandeep Singh H.No. 20, Type V, RCF Kapurthala (Pb.)	11Yrs
Iind	Perna Budhiraja F-11, Gali No. 30, Ist Floor, Mahendra Park, Near Adarsh Nagar, New Delhi-110033	13Yrs
IIIrd	Ruhani Kalia Friends Colony, J.B.T School Road Solan (H.P.)	9 Yrs

## Consolation Entries

Sunisht (Chandigarh), Neha Tyagi (Kapurthala, Pb.),  
Krishna Yadav(56 APO), Sunaina Verma (Gurgaon), Ankita  
Rai, (Sant Nagar, Delhi), Samta( Niranakri Colony( Delhi),  
Rahul Verma,(Thane, Mumbai)

## Competition for October

On page 44, a beautiful picture is given; colour it and send it to us latest by October 20, 2013. The best three will be awarded suitable prizes.

The result will appear in November 2013 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Colour it



Name .....

Address .....

.....

## LAUGHING TIME

— Sakshi Gulati, Chandigarh

Lady (At the phone) : "Will you call my husband, please?"

Operator: "Number, please."

Lady (Angrily): "How many husbands do you think, I have"

---

Man: O God, What are a thousand years for you?

God : Just a second.

Man: And what are a million rupees for you?

God : Just a paisa.

Man: Then give me a paisa.

God: Wait a second my child.

---

Child: Papa are you a man?

Papa: Yes, child.

Child: Then I am your father.

Papa: What nonsense?

Child: Why, haven't you read Wordsworth's line "Child is the father of Man?"

---

Once a man went to a pet shop and placed an order for 35,000 cockroaches.

"Good lord! What will you

do with them? Asked the shopkeeper.

"Well I am moving out today and my landlord says that I must leave the house in exactly the same condition I found it in. There were 35000 cockroaches in my house when I had moved in.

---

Raju : Do you believe in free speech?

Rajeev: "Certainly I do!"

Raju : "Good, May I use your telephone?"

---

Rajat "I want to be a priest."

"Why not a scientist?"

"Well, you see, its easier to preach than to practice."

---

Husband (crying) : "Do you think, I am a dog?"

Wife : "No, but for God's sake, stop barking."

---

Ticket Checker : "Where is your ticket?"

Passenger : I have lost it.

Ticket Checker : "That is not a good excuse."

Passenger : "Well, suggest some better one."

---

Three ants- red, white and black were going together somewhere.

Two asked black, why are you black?

Black: Because I work under the sun.

Two asked red, why are you red?

Red: Because I eat red chilies.

Two asked white, why are you white?

White: Because I use " Fair and lovely cream"

---

Suman : Why did you cut a hole in your umbrella?

Nisha : So that I could see when it stops raining.

---

Manager: Do you believe in re-birth?

Clerk :Yes, Sir.

Manager : Then, it's okay. Because your brother, for whose death you had taken leave last month, is here at the reception waiting for you.

Teacher : I need a responsible child to fetch me something.

Neha: I'll go. Everytime something happens at home, my dad says I am responsible.

---

Son: Father, can you see in the dark?

Father:No, but why are you asking?

Son: Because I want you to sign my report.

---

Wife : You tell a man something, it goes in one ear and comes out of the other.

Husband : You tell a woman something: It goes in both ears and comes out of the mouth.

---

Teacher : Have you given the goldfish fresh water?

Pupil : No, Sir. They haven't finished the water I gave them last week.

---

Chor Ne Apni Mangetar Ko Sonay Ka Set Dia.

Mangetar Ne Khush Ho kar Poochha, Is Ki Keemat Kai Hai?

Chor : Teen Sal ki Qaid.



# WOODCUTTER

—Anil Kawrani, Delhi

Once upon a time, a very strong woodcutter asked for a job from a timber merchant and even got it. The pay was really good and so were the conditions of work and it was for those reasons, that the woodcutter was determined to do his best.

His boss gave him an axe and showed him the area where he was supposed to work.

The first day, the woodcutter brought 18 trees. "Congratulations," the boss said. "Go on this way!"

Very motivated by the boss' words, the woodcutter tried harder the next day, but he could only bring 15 trees. The third day he tried even harder, but he could only bring 10 trees. Day after day he was bringing less and less trees only.

"I must be losing my strength", the woodcutter thought. He went to the boss and apologized, saying that

he could not understand what was going on.

"When was the last time you sharpened your axe?" the boss asked.

"Sharpen? I had no time to sharpen my axe. I have been very busy trying to cut trees..."

After thought: Our lives are like this. We sometimes get so busy that we don't take time to sharpen the "axe". In today's world, it seems that everyone is busier, but less happier than ever.

Why is that so? Could it be that we have forgotten how to stay "sharp"? There's nothing wrong with activity and hard work. But we should not get so busy that we neglect the truly important things in life, like our personal and family life, health, little pleasures and hobbies.

Most importantly we must take time to get close to our Creator, the Master!!



## Have Your Say

The Editorial "Tribute to the Teachers" is remarkable. The examples quoted are very relevant and meaningful. It will also enable children to remember Dr. Radha Krishnan-the former President of India. Some other articles "Teachers Day", 'Parents-God on Earth', "A Dog's Life" and the stories 'The Carpenter' and 'Friendship' make interesting reading. They also help in instilling moral values which can help children to become good citizens.

— Kanchan Gupta, Gutkar

The selection of poems printed in Hansti Duniya is very unique. The children enjoy such poems as 'When come Clouds', 'Remember in Life' and the Mirror- HD News, 'Improve your Grammar and "Do you know "are very educative. A reading of the page "Everyone can use it can help in improving health.

— Gurleen Kaur, CR Park

---

## Secularism

S = Sincerity  
E = Equality  
C = Courtesy  
U = Unity  
L = Loyalty

A = Affection  
R = Reverence  
I = Inter Relationship  
S = Servive  
M= Manhood

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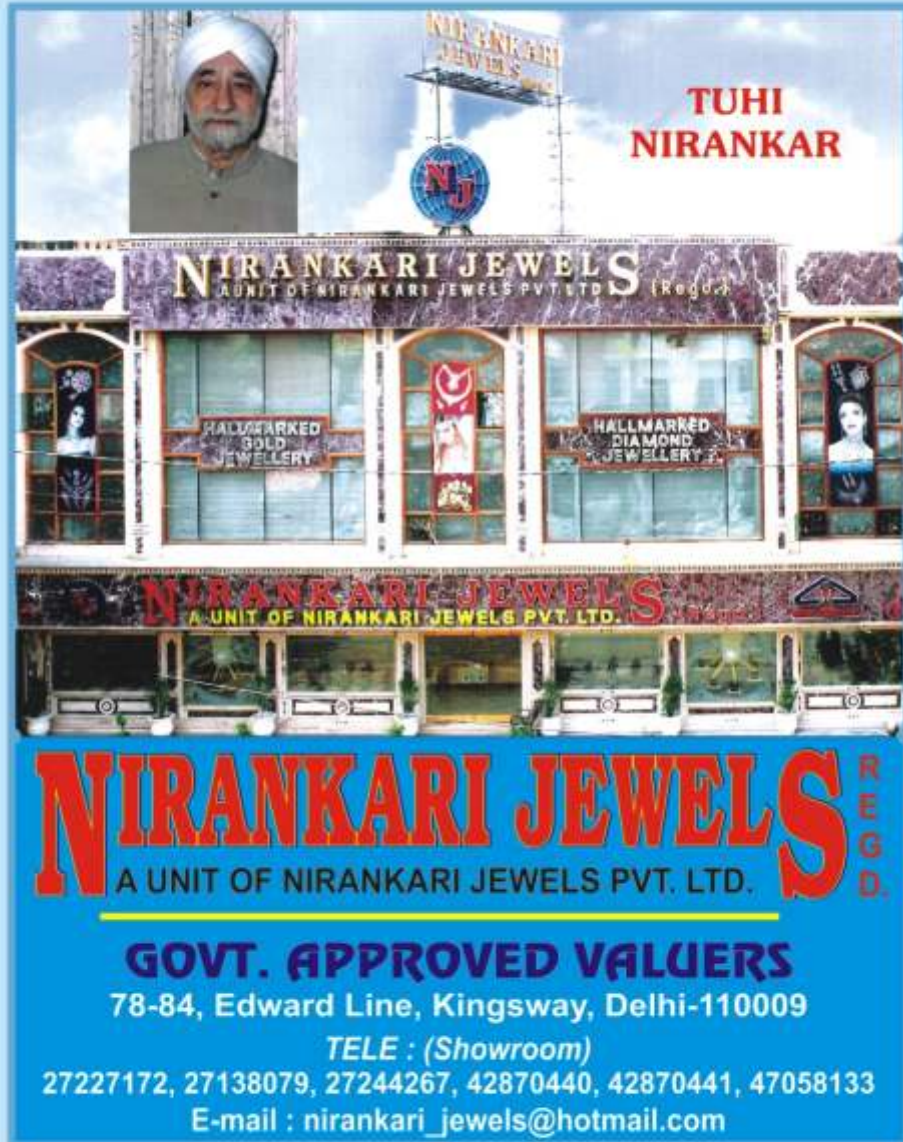
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