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HANSTI DUNIYA

Vol. 27 No 3 March 2013





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March 2013

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Holi Message, Love and Laugh

Whatever its background, Holi festival is known for fun, pun and domestic guns. It falls during Spring season when the nature is at play with colourful flowers. The children, free from annual examinations, keenly look forward to the celebration of Holi festival. They buy Gulal and Pichkaris from the market to enjoy throwing dry and water colours on each other. Even the estranged children join together to share love and laugh. The elders also join them. Visits are exchanged in the houses of relatives and friends. Tasty items are prepared and served to add real charm to the celebration of Holi. The gaps in relationship are abridged and smoothened with love and laugh.

A story goes that once Prophet Elisa appeared before a Jewish who was in prayer. Expressing happiness he asked the Prophet, "What do you want to tell me?" Elisa replied, "I know you pray and fast but you are not eligible for an exalted position as those two persons on the other side of the road." Out of curiosity, the Jewish went across the road and met those two persons enquiring. "Do you give to the poor or practice charity?" They replied. "We are beggars. What can we give?" To another question, "Do you pray?" they told, "We are illiterate we do not know how to pray."

The Jewish failed to understand how those men could get to heaven. He then asked, "Do you fast?" Getting a negative reply, Jewish put a final question. "Then what are you doing every day?" They said in reply, "We simply crack jokes to bring love and laughter to people in sorrow! When we see someone who is unhappy, we try to love him and make him laugh." **Moral** : Prayers and charity have their place. But the position of those is certainly exalted who practically bring relief to those who weep. Everyday means Holi festival to them and they can get to heaven too!

— **C.L. Gulati**
Hansti Duniya

Know your scriptures

SAMPURAN AVTAR BANI

Ik Tuhi Nirankar 75

Mere Sajnon Ral Mil Ao Rab Di Mehma Ga Laiey;
Satgur Ton Rab Kar Ke Chete is Te Dhian Jama Laiey.
Gale Sade Na Pani Dobe Dat Anokhi Pa Laiey;
Satgur Ton Rab Kar Ke Chete Aavan Jaan Muka Laiey.
Man Apne Di Jot Jaga Ke Man Vich Yad Vasa Laiey;
Satgur Ton Rab Kar Ke Chete Ghar Vich Ghar Bana Laiey.
Avtar Guru Di Charanin Dheh Ke Ath Sath Tirath Naha Laiey;
Jis Layee Milia Ih Tan Chola Oho Kamm Muka Laiey.

GIST : THOU FORMLESS ONE

O' my friends, let us all sing the glory of God;

Let us know God through the True Master and contemplate Him in our minds.

Let us secure this unique gift, which neither decays nor can be soaked by water;

Let us know God from the True Master and transcend the cycle of birth and death.

Let us enlighten our minds with divine light, let us keep God in our mind all the time;

Let us know God from the True Master and find a dwelling in this divine abode.

Avtar says, let us bow at the feet of the True Master, and secure the reward of all the places of pilgrimage;

Let us accomplish the task, for which we got this human birth.

Compiled by : Hardik Khinda, Sanskriti School, Delhi

THOUGHTS TO PONDER

- Peace is the requirement of all human beings at every time and every place.
— Nirankari Baba
- Facts do not cease to exist because they are ignored.
- A good plan today is better than a perfect plan tomorrow.
— George S. Patton
- When we can't have what we love, we must love what we have.
— Roger de Bussy
- He who forgives and seeks reconciliation shall be rewarded by God.
— Holy Quran
- Study of spiritual literature is a source of joy for ever.
- We can not establish heaven on earth till man is ready to live on earth like a man.
- We are not human being learning to be spiritual beings. Rather, we are spiritual beings learning to be human beings.

— Nirankari Baba

**C
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By : Vikas Arora, Rewari

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| 11 | | | | | | |

Left to Right →

1. USA means United States of _____.
5. Antonym of MODERN.
6. The famous Russian writer Leo _____ wrote the book 'War and Peace'.
10. The birthplace of Lord Krishna.
11. A city in England: EELSD.

Up - Down ↓

2. The king of fruits.
3. When it _____, I drink hot chocolate. (RINSA)
4. Out of these countries, which country lies in the Africa continent: CHINA, CONGO, CHILE ?
6. The main language spoken in Tamil Nadu.
7. A metric unit of capacity.
8. Plural of TOUT.
9. A grayish-yellow fungus used as a fermenting agent to raise bread.



Safety Tips on Holi

- Here are a few tips and suggestions to make your holi safe and joyous.
- Play safe. Don't get too boisterous and do not let others to be rude on you.
- The best option would be to play with natural home made colours. Your skin and hair will feel tampered with the use of skin friendly natural products.
- Buy colours from a reputed shop or vendor.
- Use more of red or pink colours which look good and can be easily taken off.
- Make sure that your face is well creamed before and after the play.
- Apply thick coating of paint on your nails- both in fingers and toes so that they remain protected.
- Oil your hair well, so that colour doesn't stick on your hair and can be washed off easily later.
- Make sure that powder or any other product does not get inside your eyes. Eyes are extremely vulnerable on Holi because of their strategic place in body. Please ensure that your eyes remain protected at all times. Use a sunglass to protect your eyes from a misfire of colour filled darts or water jets.
- Put on your old clothes so that you won't have to take on the hassles of an immediate washing.
- Rags like tattered denims and bright shades like black, blue, green, purple are highly recommended.
- Try to save yourself off from all possible attacks on the face.

- If possible avoid going outside your home, atleast for the peak hours of celebration. The premises of your home ensure that you are safe from pouncing hooligans, even friends who can be a little rough on the day.
- When travelling keep the car windows thoroughly shut, even if you don't have an AC car. Do not bump into the frenzied group of mob if you take to streets. Better you cross the road to the sidewalk across. Or, simply stay at a safe distance.
- Do not use permanent dyes. If someone has applied it on you, do not rub the face with soap immediately in order to get rid off it, especially when it is wet. Instead, use good quality cleansing milk for removal. It's better than using soap, which will dry up your skin.
- Take a bath much later after the entire Holi celebration is over. Taking frequent baths, washing the face again and again, will ruin your skin. You will also lose hair, for too much soap/shampoo has a drying effect.
- If you are prone to skin allergies, avoid playing with gulal altogether. Going to a dermatologist (skin specialist) serves no purpose, after the damage is done.
- Avoid running on jumping on wet floors, so that you don't slip and injure yourself. Bones are specially vulnerable on this day.
- Avoid over indulgence in bhang, drinks or food... so that you don't repent later.
- Do not drive if you are high on alcohol or bhang.
- Remember you also have police on your side and if any untoward revelers misbehave, you can make your complaint. Mark out the locality, building and if possible the person.



A short story :
Rajan Sachdeva (USA)

A fox and a Lion

A fox who lived in a deep forest had lost its front legs. No one knew how: perhaps escaping from a trap.

A man who lived on the edge of the forest, seeing the fox from time to time, wondered how in the world it managed to get its food. One day, he saw the fox not far from him.... crawling, dragging herself on her two legs. The man decided to watch her, but he had to hide himself quickly because a tiger was approaching. The lion had fresh game in its claws. Lying down on the ground, he ate all he could, leaving the rest for the fox.

Again the next day the great provider of this world sent provisions to the fox by the same lion. The man began to think: "If this fox is taken care of in this mysterious way, its food sent by the unseen Higher Power called Almighty God, why don't I just rest and have my daily meal provided for me too?"

He sat in a corner waiting for his food. Nothing happened. Because he had a lot of faith, he let the days pass, praying and waiting for food.

Still nothing happened.

But He did not lose his faith, hoping God will provide for him soon. He just went on losing weight and strength until he was nearly a skeleton. Close to losing consciousness, he heard a voice which said: "O, you who have mistaken the way, see now the Truth!"

"Instead of imitating the disabled fox, You should have followed the example of that tiger who not only worked for his own food but provided to others also"

Holi Hai!

Poem : Deepak Kumar 'Deep'



Festival of colours

Let's immerse
Ourselves in colours
And do away
With sorrows of life
Hug all affectionately
To spread love
And make all
Smile for a while

There will be
A shower of colours
Holi Festival
Is power of colours



Besmearred with
Variety of colours
Rub the young
and old
With colours their
face

All sing and dance
Forgetting all enmity
Hug each other
Exchanging
sweets
And conveying
message
of love to humanity.



Diya (Delhi)

Karishma (Surat)



Harman (Narnaul)



Prachi (Ajmer)



Urvi (Kathua)



Lithanshi (Katni)



Prerit (Gulbarga)



Tushar (Bhopal)



Abhay (Ganganagar)



Kratika (Bathinda)



Guruprasad (Varanasi)



Parth (Jind)



Prit (Vashim)



Vivek (Gurwhati)



Puniya (Delhi)



Vivek (Phagwara)



Ehsas (Bhageshwari)



Samarpita (Delhi)



Ipshita (Delhi)



Samarpit (Delhi)



Anshpreet (Bajwa)



Pankaj (Lakhewali)



Chitransh (Pinjore)



Priya (Amritsar)



Rudra (Chandigarh)



Aditya (Washi)



Samnit (Sivni)



Ashvin (Delhi)



Arpita (Jaamnagar)



Puneet (Sivni)



Renuka (Chandigarh)



Shani (Delhi)



Simran (Reeva)



Shaurya (Delhi)



Muskan (Burari)



Suryansh (Sarvanati)



Anmol (Jind)



Rahul (Torva)



Prerna (Najafgarh)



Hardik (Nabha)



Sneha (Amalner)



Chirag (Pinjore)



Harsh (Jodhpur)



Lavina (Madhopur)



Vidhi (Ahemdabad)



Upasana (Nadiyad)



Saarthak (Kolhapur)



Saarthak (Farakhpur)



Abhitam (Ambala)



Saket (Kolhapur)



Shubhdeep (Kolhapur)



Arpita (Barcelona)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, which should reach us atleast two months before.



Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
The above coupon must be affixed on the back side of the photograph

Name..... Date of Birth..... Year.....
Address.....
.....



GRANDPA

Story & Illustration
Ajay Kalara



Once there was a girl whose name was Pinki. She loved the birds flying in the sky.

She would give feed to the birds. Pinky's birthday was coming near. All members of her family were planning to celebrate her birthday in their own way without telling her.



Hansa Duniya



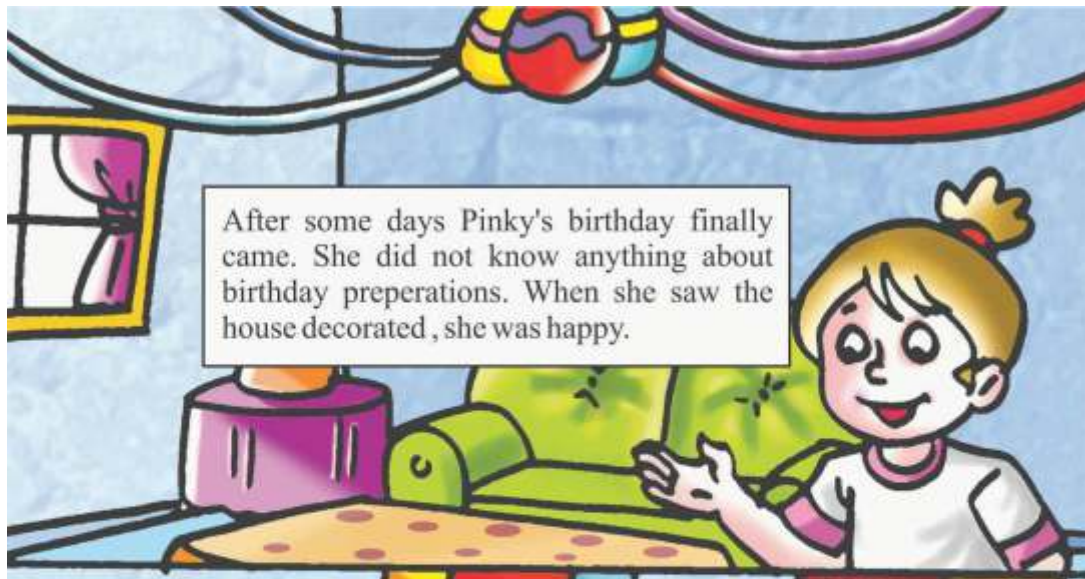
Her friends were planning to gift her something special on her birthday. Her parents were also planning to give her something special.



Pinky's parents thought that she loved birds and why not gift her some colorful birds.



Pinky's mom said, that would be wonderful idea and she would like it also.



After some days Pinky's birthday finally came. She did not know anything about birthday preparations. When she saw the house decorated, she was happy.



Pinky's birthday party began in the evening. She was really happy. Slowly her friends also came there.



Everyone gave Pinky many gifts and greetings. Her parents gifted her a cage with colorful birds.



After seeing colorful birds in the cage, she was very happy. She thanked her parents and said:

Father if these birds stay in the cage, how will they fly. How will they feed on the food that I give them.



After hearing Pinky, her parents became really happy. Pinky said to her parents, let's free them. Pinky opened the cage and freed all the birds. The parents felt very happy seeing all this and they hugged Pinky.



So kids, we must be very polite and humble towards birds. We must not harm them and never keep them in cage.

H. D. News

International Spiritual Congregation was held in Mumbai a few days back in the holy presence of Satguru Babaji in which the children of Nirankari Mission showcased their talent through the medium of songs and dance.



H. D. Answers

—R.K. Bhalla, Houston (U.S.A.)

Q. What is great marriage?

A. A great marriage is not when the perfect couple comes together. It is when an imperfect couple learns to enjoy their differences.

—Shobhit Keswani, Houston, U.S.A.

Q. What is the contact no. of Satguru Babaji?

A. Very simple - To contact Babaji, say, "Tu hi Nirankar Main teri sharan haan, Mainu Baksh Lo".

—Sanjay Kumar, Delhi

Q. What is it that money cannot buy?

A. Many things, Character is one of them.

—Ram Awdh Yadav, Azamgarh (U.P.)

Q. Could you name two things—one very common and one very rare?

A. Evil is common and goodness is becoming rare.

—Rambabu, Hissar (Haryana)

Q. If somebody's faith in Nirankar begins to shake, what should he do?

A. Be in the company of saints.

—Sanjhvi, Prem Nagar, Delhi

Q. What is so special about a Nirankari Samagam?

A. It is a confluence of people with faith in one Almighty Nirankar without any barriers.

—Naveen Chuhan, Shimla

Q. How to live life gracefully?

A. Live your life in such a way that your presence is not *tolerated but celebrated*.

NOTE : READERS ARE WELCOME TO ASK QUESTIONS FOR ANSWERS BY THE HANSTI DUNIYA.



By: Nikita Dogra, Jhansi(U.P.)



Riddles

- Q. 1. After discovering America, what did Columbus see in his left hand?
- Q. 2. I break out on sweets, Sugar is my weakness. Although I am not welcomed, You can find me everywhere.
- Q. 3. What is the only thing you can break by saying its name?
- Q. 4. What does India produce, that no other country can?
- Q. 5. The two things people never eat before breakfast?
- Q. 6. I come as green or red, As an important spice. I may look simple, But I am indeed hot.
- Q. 7. In which respect is India ahead from U.S.A.?
- Q. 8. I take birth only in winters, Like millions of pearls. Grass and flowers are my bed, But I vanish as it dawns.
- Q.9. Which starts with E, ends with E and has only one letter?
- Q.10. What is that which can't be, Cut with knife or scissors. Everybody wants to hold me, But I pass without your knowledge.

Answers

1- Fingers 2- Fly 3- Silence 4- Indians 5- Lunch and supper: 6- Chilly 7- Time 8- Dew 9- Envelope. 10 Age

Story : Sakshi Gulati, Chandigarh

A Pleasant Judgement

Once Lakshmi, goddess of wealth and Jyeshthadevi, goddess of poverty, had an argument about who was more beautiful.

When they were arguing, they saw a merchant passing by them. They decided to seek his judgement to settle the matter.

The merchant was filled with awe when they told him who they were, but he turned pale when they told him what they wanted him to do. It was very clear to him that Lakshmi was more beautiful of the two but it was difficult for him to tell Jyeshthadevi that she was lesser beautiful. She would be furious and would probably reduce him to poverty.

But the merchant was very wise man. He said, “O Lakshmi you are beautiful than any other woman on earth or in heaven when you are entering a house. But you O Jyeshthadevi, words fail to describe your grace when you are leaving a house. There is none to compare with you in beauty at that time.”

It was a judgement that pleased both the contestants because each thought that she had been adjudged the winner. But the real winner of course was the merchant who spoke the truth with tact and talent. He won the favour of the goddess of plenty without displeasing her powerful rival.



By : Anu Tandon, Los Angeles

Eyes of God are everywhere

Guruji announced that the last exam was to be held today. Each boy was given a small pigeon, with instructions to kill the bird at a time and place where no one was watching. The students set off in different directions, some to the jungle, others to the stream.

Anjali killed the bird in a cave, Shauqat killed his pigeon behind a rock, making sure that none was watching. All of them returned back to Guruji in the evening.

All had done their work, except Akash, who still carried his beautiful white pigeon. Guruji asked the reason Akash replied with folded hands. "Guruji, I hid behind the banyan tree, I hid under the cliff, I hid in the stream, but everywhere, three pairs of eyes were always watching. So I have not been able to do the work. I am very sorry." Guruji asked, "You mean three people were watching everywhere?"

Akash replied, "Yes, every time I raised my hand to snap off its neck, the pigeon looked at me imploringly. I looked at the pigeon, thinking that I was executing my command. The third, Guruji, was the God Almighty, whose eyes are everywhere beholding the evil and the good. God also whispered into my ear and said, 'Who are you to kill? I gave life to this bird, and I shall command the time of its death, this is not in your hands.'"

Guruji embraced him tenderly and said, "you are the only one who has understood the crux of my teachings. I am very happy. I give you my blessings, Akash, I am proud of you!"

Improve your Grammar

—Vikas Arora (Rewari)

Choose the right option –

1. The pilot amazed everyone with his daring _____.
A) FEETS B) FEATS
2. Form adverb from the word 'ANGRY'.
A) ANGRYLY B) ANGRILY
3. Positive: GOOD, Comparative: _____, Superlative: BEST.
A) BEST B) BETTER
4. My room is on the upper _____ of the house.
A) STOREY B) STORY
5. My father gave me five _____ rupees to pay my tuition fee.
A) HUNDRED B) HUNDREDS
6. One of the boys _____ not in sports uniform.
A) WERE B) WAS
7. What is the plural of Fly?
A) FLIES B) FLYS
8. Our school bus does not go by this _____.
A) ROUTE B) ROOT

| | | | | | | | | |
|--------|---|---|---|---|---|---|---|---|
| Answer | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Sheet | | | | | | | | |

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.



Story :. Priya & Sanjay Tandon, Chandigarh

The Value of Krishna

Satyabhama wanted her husband Lord Krishna, to be completely under her control. One day she talked to Sage Narada about her desire and asked him to tell her a way to gain complete control over Krishna. Sage Narada, understood that this lady was very selfish, so he decided to teach her a lesson. He said, “I shall instruct you to keep a fast (a kind of prayer and penance). Thereafter you shall have to give away your husband as a gift to someone. Subsequently, you may purchase him back from the person, after paying to him, a sum equivalent to the weight of your husband. Once you are able to do this, Krishna shall be totally under your control.”

Satyabhama happily agreed. She kept the fast and then decided to give away Krishna as a gift to Sage Narada himself. Naturally, Sage Narada accepted.

Next was the task of buying him back. Narada said,

“Now Satyabhama, you have to give me gold or money to buy Krishna back. Give me gold coins or ornaments, equal in weight to that of Krishna. So, Satyabhama called for a big weighing scale. On one side of it, she asked Krishna to sit. On the other side, she put a lot of gold coins. But the weight of Krishna was much more. Krishna looked in amusement as Satyabhama brought more and more jewellery from her collection to add to the mounting heap of gold. But the scale was absolutely down on Krishna’s side. Satyabhama put all her jewellery, but the scales just would not tip. Satyabhama was confused. What should she do?

Narada said, “Well Satyabhama, it seems you can not buy Krishna back. So, I will take Him away. He now, belongs to me.” Satyabhama pleaded, “No! Please do not take Him away. I shall seek help from Rukmini (Krishna’s other wife).” So saying, Satyabhama ran to Rukmini’s chamber to seek help from her. Rukmini at that time was engaged in Tulsi Puja.

Satyabhama narrated her tale of woe to her and begged her for help. Rukmini accompanied her to the site of the drama. There, she saw Krishna smiling mischievously. She understood that this problem could not be solved merely by gold. She said, “Oh Narada! It is said that the name of the Lord is greater than the Lord Himself. So, I utter His name ‘Krishna’, and that should be enough for you to give Him back to us.”

Narada replied, “How can the intangible name of the Lord be a payment for the Lord in this tangible, physical form. I do not agree to this bargain.”

Rukmini then stepped forward and put a single Tulsi leaf on the other side of the scale, blowing softly, the name “Krishna” on the leaf!

It is said that, the weight of the name of Krishna, was equal to the weight of the physical form of Krishna. The extra of the Tulsi leaf on this side, tipped the scale! And Krishna was bought.... He was bought for a price of love and devotion. **The Lord can be bought only for one price and that is Love and Love alone.**



Poem : T.S. Dhillon

The Greedy Wife



Being honesty is the way
Every time and every day ,

*The wife in the story is very greedy,
So in the end she becomes very needy,*

One day her friends called to say
'We are not going to call for you ever again,"

*The wife got mad
And was really sad,*

Until one night God called to say
'Every night and every day start to pray"

*The woman was never unhappy again
Because every day she did pray,*

The woman was never greedy
And never again did she become needy.

Improve your Grammar

Answers:

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| B | B | B | A | A | B | A | A |

Q.No.

Explanation

1. 'Feat' is an action that shows great skill or courage.
2. Needs no explanation.
3. Needs no explanation.
4. 'Storey' means a floor of a building and 'Story' means a tale.
5. The nouns like 'hundred' and 'thousand' do not take plural form when preceded by any numeric digit. But in absence of numeric digit, they may take plural form. Here, numeric digit 'five' comes before 'hundred'. So, plural form is not used.
6. When the subject is 'one of' followed by a plural noun, singular verb is used.
7. Needs no explanation.
8. 'Route' is a way or course taken from a starting point to a destination and 'Root' is a part of plant below the ground.



— Vikas Arora

Wake Up Early

Teacher (to a lazy student): When do you get up in the morning?

Student : The moment first sun-rays enter my bed room.

Teacher : So early?

Student : The window of my bed room opens in the West!

The following are the benefits of waking up early:

1. Enough time to keep your body fit

Proper routine and exercise ensure better health in the long run. Waking up early gives you plenty of time to exercise at home or hit the gym. You can easily practice yoga and go for jogging and swimming. Moreover, an early start ensures that breakfast, the most important meal of the day, is never given the slip.

2. Feel the serenity and calmness

The morning hours offer calmness and serenity. The sunrise, the birds chirping and the absence of cars honking are few advantages only early rising can offer. It relaxes your mind and sharpens your reflexes.

3. Suffer less stress

Waking up early gives you enough time to get ready on time. It ensures that you suffer less stress. When you commute early, the traffic is much lighter. So you reach your destination faster, and thus save time.

4. Increase your creativity, productivity and efficiency

Many writers and artists are most creative in the morning. It is when the mind is fresh. This time can also be used to plan out the day. One can take care of those important things that tend to get overlooked.

In fact, some of the most productive work can be done in the early morning hours before the rest of the world is awake to distract and disrupt you.

Great Men Who Were Early Risers

If you read the biographies of history's greatest men, you will find that most of them were early risers. This list includes Charles Darwin, Abraham Lincoln, Benjamin Franklin and Daniel Webster. They used to write, read, ponder and plan for their day in the morning.

How to Become an Early Riser:

Follow these six suggestions and be an early riser:

1. Go to bed earlier. There is no point in waking up

earlier if you are dragging physically and mentally the rest of the day. If you are waking up an hour earlier, go to bed an hour earlier in the night.

2. Start slowly. Don't make drastic changes in your schedule otherwise your body is bound to rebel. Wake up just 15 minutes earlier than usual. Stick to this schedule for a few days. Then cut back another 15 minutes. Do this gradually until you get to your goal time.
3. Put your alarm clock far from you bed. If you can touch your alarm clock from the comfort of your bed, you will shut it off. Once you are up, stay up.
4. Go out of the bedroom as soon as you shut off the alarm. Don't allow yourself to go back to bed.
5. Have a reason to rise. Set something important to do early in the morning. This will motivate you to get up. It is better to have a list of 'Things to do' ready.
6. Set a routine. Try to go to sleep and wake up at same time everyday in order to train your body.

"It is well to be up before daybreak, for such habits contribute to health, wealth, and wisdom."



Song— Bhupinder Singh ' Dilvar', Mumbai

True Freedom

I want to be free, I want to be free
No bondage for me, I want to be free

No colour no face, no boundaries of place
No nations for me, I am a free race
No sects and no creed, no barriers of breed
Just humanity, I wish to embrace
I want to be free

No dogmas for me, no rituals, no rites
All places are same, no more sacred sites
Religion no bar, my love is for all
My conscience dictates, the wrongs and the rights
I want to be free.....

Know One and Be One, the Master has said
Peace and unity, the Master has bred
The freedom I have, is only His grace
I follow the path, the Master has tread
I am truly free, I am truly free

No bondage for me, I am truly free
I am truly free

By Raji P. Shrivastava

Twisted tongues

How much wood would a wood-chuck chuck could chuck wood?" The fun is not in the answer, but in the asking of the question. Or in the repetition of it, as you fumble the third 'wood'. Try this variant: "*How much ground could a ground hog grind if a ground hog could grind ground?*"

Growing up on a diet of "*Betty Botter bought some butter*" and progressing to the capabilities of ground hogs and wood chucks, tongue-twisters were serious business during my school days. New ones were tapturously welcomed into the collective repertoire; old ones resurrected fondly after lapse of time. Our cosmopolitan classroom made place for "pakhi paka pepe khai" (Bengali for 'the bird eats a ripe papaya') and "Ja re bava Bareja" (Gujarati for 'Sanyasi, go to Bareja town').

The last is a palindrome in addition to being a deceptively simple tongue-twister. My father contributed one from his own childhood cache:

"Bhasmakshasmaapsi". This one is allegedly Sanskrit, but nobody knows for sure.

School picnics were incomplete without chorused attempts at "*Chandu ke chacha ne Chandu ki chachi ko Chandni Chowk mein chandni raat ko chandi ki chammach se chatni chataae.*" Very unromantic, in hindsight—wasting a moonlit night on chutney-tasting session with your wife – but great fun on the picnic but.

"Mix, Miss, mix!" was relatively easy, until you missed the mix or mixed the misses into gibberish. A phonetic challenge like "*Kachcha Papad, Pakka Papad*" – four times, fast and fumble-free --- takes truck-loads of practice. Demonstrate your prowess before a gladiatorial crowd waiting with bated breath and razorsharp comments

when you go, “Kacchakapad” instead!

A good tongue-twister should be difficult to articulate and be full of phonetic pitfalls. It kills a tendency to stutter and promotes concentration. An English language teaching expert told me that teachers now employ tongue-twisters in the classroom to aid pronunciation and build confidence. They also find their way into language proficiency tests. A sample: “Can you imagine an imaginary menagerie manager imagining managing an imaginary menagerie?” Clever and tough, but awfully contrived, if you ask me.

But condense this to “imaginary menagerie” and I was back in school all over again, chanting “Selfish shellfish” or “drip-drape, ship-shape” along with a horde of 10-year-olds practicing “good blood, bad blood”. I conjured up “tungsten, sten-gun” and “pantomime, man, no time” which I realize now are half-spoonerisms. I christened these paired wonders “tongue-tip twisters” – which is so alliterative as to be tongue-twister in itself.

You need to concentrate really hard and ignore all the commotion around you to be able to get this right:

“I cannot bear to see a bear Bear down upon a hare.”

When bare of hair he strips the hare, Right there, I cry, ‘Forbear!’ “Animal rights activists would get their knickers into a twist over that one!

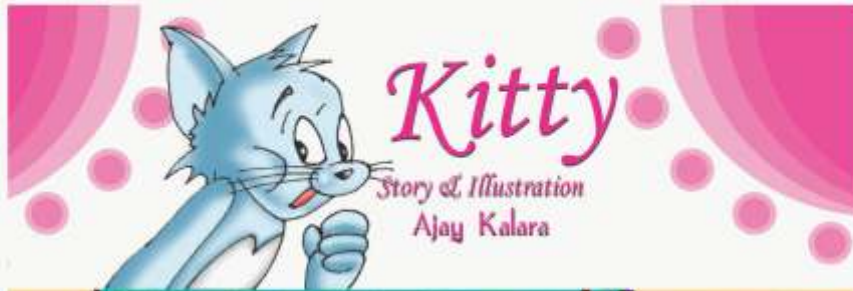
The next time our economists goof up, you can laugh your blues away with ‘muttered utterances’ like ‘comical economists’ – and hope that the twist in your tongue will heal the hole in your heart — or the wallop to your wallet!

(Courtesy – The Tribune)

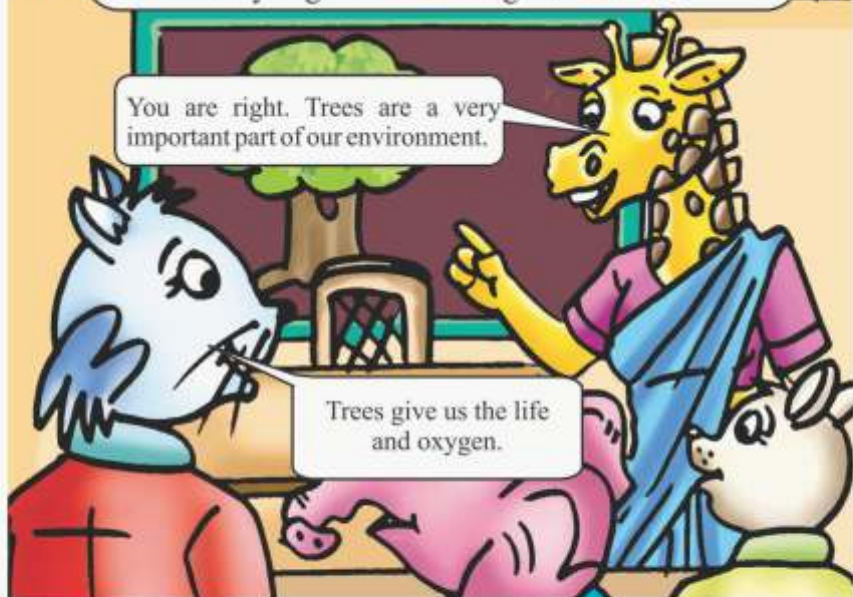
Cross Word Solution

| | | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|---|---|
| 1 | A | 2 | M | E | 3 | R | I | 4 | C | A |
| | | | A | | | A | | | O | |
| 5 | A | N | C | I | E | N | T | | | |
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| 6 | T | O | L | S | 7 | T | O | 8 | Y | |
| | | | | | | | | | | |
| | A | | | I | | | O | | | E |
| 10 | M | A | T | H | U | R | A | | | |
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Hansti Duniya

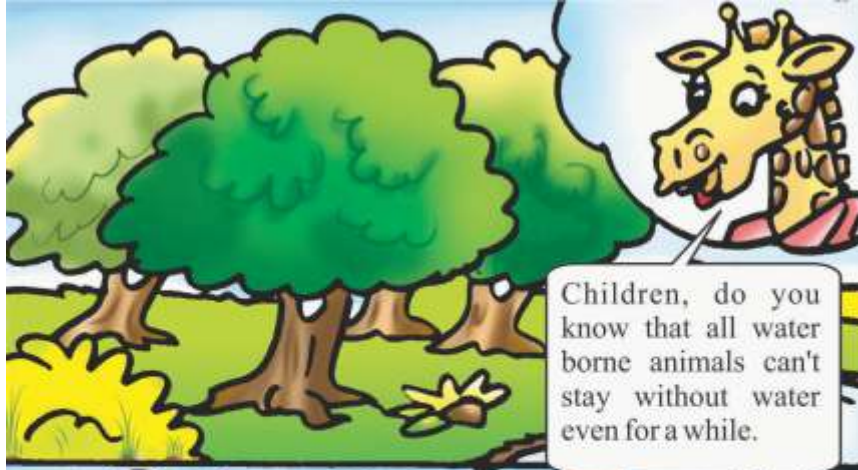


Children, today I will tell you about trees. We call them as plants and trees. Children, these are same trees from which you get fruits and vegetables.



You are right. Trees are a very important part of our environment.

Trees give us the life and oxygen.





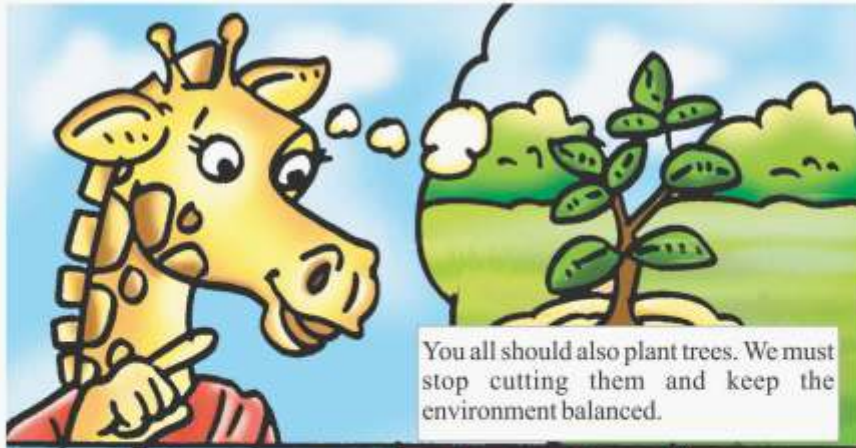
Not this much , the abode of wild animals is getting less each day because of which they are entering humans houses.



Kids, even wild animals are part of the nature, then why are they tortured.



Madam, you are absolutely right.



You all should also plant trees. We must stop cutting them and keep the environment balanced.



I planted a tree last week.



Good work Kitty, only when trees are saved can we all save our future.

Photo Feature



I am looking like a doll.
— Samrita (Madangir, Delhi)

I am my father's angel. →
— Lakshita (Sant Nagar, Delhi)



Bhav, let us play with a ball.
— Nisha Jaswani (Mandla)



I am just coming to play with you Nisha. - Bhav Kakkar (Sirsa)



I will wear the Summer clothes. - Harshit (Delhi)



I have already worn the Summer clothes. - Vidhi (Delhi)



Photo Feature



March is a month of flowers.
— Muskan (Ballarpur)

I enjoy this lovely season.
— Ankit Nirankari



I love getting my snaps clicked.
— Navdeep Nagpal (Delhi)



There is so much cold in Kashmir. - Anish, Sneha (Samba Mava)



I am looking cute.
- Princi (Kadipur)



I am also looking like a hero.
- Ankit (Gurgaon)





It is said that personality development is not subject to any age. This has been proved true by upcoming, talented and brilliant girl Aashna Motwani. Fast at grasping and acquiring special skill since childhood, 13 years old Aashna is studying in 8th class in IBNSEENA English High School, British Level, Dubai.

Fortunate to get intimate inspiration and motivation from her teachers and parents, Kamal-Basant Motwani, she plays her role of Perfect Student (Class Monitor) so efficiently that she has become favorite both with the students and the staff.

Outstanding in Mathematics, Hindi is her favorite subject. She participates in various extra-curricular activities like Drawing, Paintings, Basket Ball and has won several competitions at school. Her Science Model on Human Brain is a permanent display in the school bespeaking her intellectual calibre.

The kingpin achievement of Aashna is winning the first prize Trophy in the Brain O Brain Fest – 2013, 4th National Abacus Competition held in Dubai – UAE, adding name and fame to her school and the family.

She attributes her success to the blessings of Satguru. Hansti Duniya monthly wishes her the best in future walk of life.



Poem: Prem Sagar, Patiala



Master's Call

The world is said to be one family
 We cherish the day it is so finally

This is what True Master wished in UK's NIS



While showering His Spiritual Bliss

World's experiencing large scale fragmentation
 All around we see conflicts and confrontation

Hatred and violence prevalent every where



Fragrance of love is felt very rare

Lord's spiritual guidance can save this humanity
 When people will understand the ultimate reality
 Oneness of 'God' will break man made barriers



All of us have to be His peace carriers

All in one and one in all

Let us follow the Master's Call



Hansti Duniya



SMSes of the month



Log uss waqt hamari kadar nahi karte jab ham akele hon. Balki uss waqt hamari kadar karte hain jab woh akele hon. Hurting, but true lesson.

—Avinash Garg, Vasant Kunj, Delhi



“Never explain yourself to anyone, because the person who likes you does not need it and the person who dislikes you would not believe it.

—Vikas Bansal, Panchkula



When you pray for others, Satguru listens to you and blesses them, and sometimes when you are safe and happy, remember that someone has prayed for you.

—Rajan Sachedeva, U.S.A.



Lord Buddha as a prince left his palace in search of peace and we all Bhuddhus are in search of palace at the cost of peace.

—Avneesh Gulati, Chandigarh



Insaan apna chehra toh khoob sajata hai, jis par logon ki nazar hoti hai, Magar dil ko sajane Ki koshish nahi karta, jis par Khuda ki Nazar hoti hai.

—Gurmeet Singh, New Delhi



Ek din Musqurahat ne humse puchha “Aap hume hardum Q bulate ho?” Humne kaha — “Hum yaad apne Satguru ko karte hain— tum toh khud-b-khud chale aatey ho.”



Life isn't qualified by the brand of clothes you wear. It is measured by the number of faces who smile when they hear your name.

—Nikita Dogre, Jhansi (U.P.)

Winners of January Issue

| | | |
|--------|---|----------|
| Ist : | Khushi H.No. 216, Sec – 2, Shiwalik Nagar, Jharmajri Distt. :Solan (HP) | 10 Years |
| IInd : | Navdisha Arora H.No. 236/10 K.D. Nagar Ganaur Mandi Distt. Sonipat (Hry.) | 13 Years |
| IIIrd | Ankita Flat No. 351 Chandan Wari Apartment Plot No. 8, Sector-10 Dwarka, New Delhi | 12 Years |

Consolation Entries

Kumud (Faridabad), Nikita Dogre (Jhansi), Ayushman Kala (Tehri Nagar), Shriya Nirankari (Tilak Nagar, Amritsar), Kumkum (Purani Abadi, Ganganagar), Srikanth (Rishi Kul Vidyapith, Sonipat), Aastha M. Ranchandani (Pimpri), Arpit Verma (Gopal Nagar, Gurdaspur), Kshitij Arora (Faridabad), Kashvi Bajaj (Nirankari Colony, Delhi),

Competition for March

On the facing page, a beautiful picture is given; colour it and send it to us latest by April 20, 2013. The best three will be awarded suitable prizes.

The result will appear in May 2013 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Colour it



Name Age

Full Address

.....

Compiled by : Namitya Mahajan, Delhi

Laughing Time

Mohan saw people putting coin in box and praying in a temple. He exclaimed, Wow! How amazing. People are talking to God through coin phone without receiver.



Praveen : Ghar mai Mera hi hukam chalta hai. Mai kehta hon, garam paani le aao, woh le aati hai,

Dinesh : Garam pani Q?

Praveen : Garam pani se bartan achha dhultay hain.



A teacher asked her class for sentences using the word "beans".

Praveen : "My father grows beans," said one student.

Bharat : "My father cooks beans," said another.

Then a little student Sanjay spoke up: "We are all human beans."



Teeru : In my dreams, rats play football every night.

Doctor : take this tablet you will be ok.

Teeru : Can I take tomorrow, tonight is final game.



Inspector : Phansi Se Pehly, Bata Teri Aakhri Khwahish Kia Hai?

Thief: Mere pair uper or sir neechy karke Phansi de do.



At the scene of an accident a man was crying:

O God! I have lost my hand , oh!

Santa: Control yourself. Don't cry. See that man. He has lost his head. Is he crying?



Papa : (to his son) : Itne kam marks? do thappad marne chahiye.....!

Son : Haan papa.. chalo...mene us master
ka ghar dekha hai.....!



Master: Mai tenu kutte pe essay likhne ko
keha tha, Likh k kyu nhi diya ?

Santa: Ki karda master g,
kahi bhi mai kutte pe Pen rakhta, wo bhag jata!

Pathan: Yaar tum subha se zameen khod rahe ho kya baat
hai aakhir?

Sardar: Yaar abba kehta hai maine unka naam mitti mein
mila diya hai so mein wohi dhoond raha hun.

Sardar: Kal koi mera purse maar gaya us mein 2000
rupees the,

Pathan: Jhooty, 1500 thy maine ghar ja kar khud giny thy.

Sardar : Paise ka masla nahi hai bas tum admi ka pata karo.

Johan : There is something, I can do that nobody else in
my school can. Not even my teacher.

Jurry : What is that?

John : Read my hand writing

Rajan : Can you name any one great man born in your city?

Mohit : No, only children are born in our city.

Teacher : "Why did you not come yesterday?"

Boy : "Because of my brother's marriage."

Teacher : "Whom did he marry?"

Boy : "A woman, Sir.

Teacher : "You fool! Did anyone ever marry a man ?

Boy : "Yes, Sir! My sister."

Form-IV ***(See Rule - 8)***

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I, C.L.Gulati, do hereby declare that the particulars given above are true to the best of my Knowledge and belief.

Date : 1.3.2013

C.L.Gulati
Publisher

By. : Jai Karwani

Have faith

Many times in our life we are at discomfort or as we call it in “problems”. But we shall always remember that “problems” don't exist for the people who have full faith in God .I once happened to have tests right after the Annual Samagam , I was really stressed as I didn't have much time to prepare but before going to the Samagam my parents told me not to take stress and leave everything to God. He has planned everything in the right way. So I did. I had a great time at Samagam and learnt many new things. I found myself very happy in the holy atmosphere and felt at bliss.

On the flight back I was constantly thinking about what will happen , I was really scared but I thought to myself that “it's not supposed to be this way I'm not supposed to worry when God is taking care.” But what stops us from surrendering completely ? Our ego. We think it's us controlling our own lives when it is actually given to us by God and he has full control over it . We are supposed to surrender ourselves fully to the will of God.

When I reached I found out that my tests had been postponed until the next twenty days. I was truly happy and was thanking God constantly. This incident taught me to always trust God no matter what because he always does what's right. And no matter how much we worry everything happens according to his will. So instead of worrying we should have faith in God . Having Faith is a very important aspect in Spiritual life. Now that I think of it, it wasn't a thing I should have been stressed for because in the will of God nothing can ever go wrong. It's always right and we realize that after we see the results.

March 2013

●
47



Have Your Say

I read all the editorials in Hansti Duniya which are very thought-provoking. Variety of other items given in the Hansti Duniya are also very revealing. All the nirankari magazines have gone a sea—change. These are now very educative in content and attractive in presentation. Let Satguru Babaji bless us to live upto the message contained in the magazines.

— **Suresh Ahuja (Model Town, Sonipat)**



As an educationist, the first thought that came to my mind after reviewing your children magazine 'Hansti Duniya' was that it could be used as an effective teaching aid. It provides the much needed variety to suit everyone's interests. I strongly encourage children to cultivate the habit of reading such magazines to supplement pure academic learning with good application. I received the December issue. The article 'Tips for success in exams' is well written. I also liked the story 'It is never too late to mend' written by Kishore Daniel.

— **Dr. Revati Ramachandran (Teacher), Chennai**



Important

Golden opportunity, preferably for a local devotee of literary taste, to join the sewa of editing and compiling for publication, the Hansti Duniya (English) monthly on honorary or paid basis. Please contact immediately.

(C.L. Gulati)

Member I/c Magazines,

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Hansti Duniya

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