

₹10/-

# HANSTI DUNIYA

Vol. 27 • No. 4 • April 2013





JAI RAM DASS

# NIRANKARI SONS JEWELLERS PVT. LTD



## RAMESH NARANG

GOVT. APPROVED VALUER



Ramesh Narang : 9811036767

Avneesh Narang : 9818317744



27217175, 27437475, 27443939

Shop No. 39, G.T.B. Nagar, Edward Line,  
Kingsway camp, Delhi-9

E-mail: [nirankarisonsjewellers@gmail.com](mailto:nirankarisonsjewellers@gmail.com)



<b>VOL. 27</b> <b>No. 4</b>	<b>HANSTI DUNIYA</b> (A Monthly for Children's Mental Development) Published in English, Hindi, Punjabi and Marathi	<b>April</b> <b>2013</b>
--------------------------------	---------------------------------------------------------------------------------------------------------------------------	-----------------------------

<b>Regular Columns</b>		<b>Stories</b>	
Editorial	2	The Pinpin Mosquite	Dr. Viomesh 6
Know Your Scriptures	3	A Wise Old Bird	Baidyanath Sinha 22
Thoughts to Ponder	4	The White Giant	Harinder 27
Happy Birthday	10	Do you build bridge of...	Shamma Varma 31
H.D. Answers	17	<b>Poems</b>	
Colour it	43	Every Experience	Rajan Sachdeva 9
Laughing Time	45	<b>Articles</b>	
<b>Photo Features</b>		Benefit of Papaya	8
Grandpa	12	Mother Teresa	Purna Nagpal 47
Kitty	33	<b>And</b>	
Photo Feature 37, 39		Remembering Lord ...	C.L. Gulati 18
<b>Vinay Joshi</b> (Honorary) Editor		Cross Word	Vikas Arora 5
<b>Rajat Kapoor</b> Associate Editor (Honorary)		H.D. News	16
Ph.: 011-47660200		Improve your grammar	Vikas Arora 21
Fax: 011-27608215		Riddles	Archana Garg 25
47660300		Improve your knowledge	Nitika 29
		Song	H.S. Nirman 30
		Rising Star	Gurdev Singh 40
		SMSes of the month	41

COUNTRY	ANNUAL	3 YEARS	6YEARS	10YEARS	LM(20YEARS)
INDIA/NEPAL	Rs 100	Rs 250		Rs 600	Rs.1000
UK	£ 12		£ 60	£ 100	£ 150
EUROPE	€ 15		€ 75	€ 125	€ 200
USA	\$ 20		\$ 100	\$ 150	\$ 250
CANADA/AUSTRALIA	\$ 25		\$ 125	\$ 200	\$ 300
OTHER COUNTRIES	Equillant to U.S. Dollars as mentioned above				

Website : <http://www.nirankari.org>  
E-mail : [patrika@nirankari.org](mailto:patrika@nirankari.org)

Photo Typesetting & Printed by  
Shri Avtar Printing Press  
Sant Nirankari Colony, Delhi-9

Issued by C.L. Gulati Publisher & Printer for and on the behalf of  
Sant Nirankari Mandal, Delhi-09, printed by Hardev Printers, Sant  
Nirankari Colony, Delhi-110009

## COMPASSION A WATCHWORD OF LIFE

In the year 1935, Fiorello H. La Guardia was the Mayor of New York (U.S.A.). The first case that he dealt with related to an old woman stealing a loaf of bread. When the Mayor asked the lady to explain her conduct, she said with folded hands, "Sir, I needed the bread to feed my grandchildren."

After giving a thought to the case, the Mayor told the lady. "There is no option with me but to punish you, 10 dollars fine or 10 days in jail." The Mayor then threw \$10 into his hat and fined every person in the courtroom 50 cents for living in a city, "Where a grandmother has to steal food to feed her grand children."

Obeying the order of the Mayor, all contributed the fine. With this collection in hand the woman paid her fine and left the courtroom with an additional sum of \$56.50. With this wisdom of the Mayor, one could not agree more that justice should always be tempered with compassion.

On the same point George Washington once said that how far you go in life depends on your being tender with young, compassionate with the aged, sympathetic with the striving and tolerant with the weak and strong, because in your life you will have been all of these.

While making compassion a watchword of life in our dealings and doings with others, the children should especially put in to practice the command of Holy Bible, "Do not dishonour the old, we shall be numbered among them." Old age is expected of all things that can happen to man. And yet in childhood and in youth one forgets about this invisible phase of life.

— *C.L. Gulati*

Hansti Duniya

Know your scriptures

## SAMPURAN AVTAR BANI

### Ik Tuhi Nirankar 76

BHAVEN RAB EY DATA JIHDA SABHNAN DE NAL REHNDA EY;  
POORA SATGUR MIL JAE JEKAR TAN IH PARDA LEHNDA EY.

PAL PAL YAD KARO IS RAB NOON MAN DA BHANDA CHHOR KARO;  
SIMAR SIMAR KE ESE RAB NOON CHINTA MAN DI DOOR KARO.

SADH CHARANTE RAKH KE SIR NOON DOOR DILON HANKAR KARO;  
LAI AVTAR GURU PAG DHOODI AG DA SAGAR PAR KARO.

## GIST : THOU FORMLESS ONE

Even though God in His benevolence is ever present with every body;

But he is revealed only through the grace of the perfect True master.

Remember God every moment and shatter the shell of ego;

Remember God constantly and get rid of all the anxieties of the mind.

Bow your head at the feet of the True Saint and shed pride and adopt humility;

Avtar says , seek the dust of the feet of the True Master and transcend the fiery ocean of materialism.

All the creatures of Allah are his family  
Therefore among His creatures God likes the  
person who treats His creations in good  
manners and takes care of their necessities.

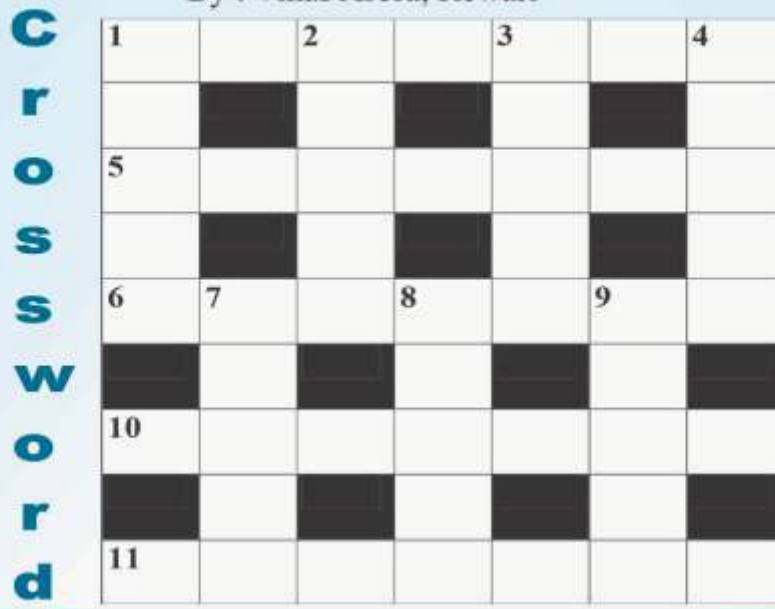
-Holy Quran

Compiled by : Hardik Khinda, Sanskriti School, Delhi

## THOUGHTS TO PONDER

- Spirituality irons out inequality.  
— Nirankari Baba
- The great hope of society is individual character.  
— Ganning
- Nothing is impossible. The world it self says, I'm possible.  
— Audrey Hepburn
- Think in the morning, act in the noon, eat in the evening and sleep in the night.  
— William Blake
- The less you talk, the more you are listened to.  
— D.S. Shauq
- Some people always grumble because rose have thorns. I am thankful that thorns have roses.  
— Alhouse Karr
- A bit of fragrance always clings to the hand that gives roses.  
— Proverb
- For they sow the wind and shall reap the whirlwind  
— Bible
- Knowing your self is the beginning of all wisdom.  
— Aristotle

By : Vikas Arora, Rewari



**Left to Right →**

1. The hardest substance known, used in jewellery.
5. Antonym of HOPE.
6. A brief statement or account of the main points of something.
10. A vehicle composed of two wheels propelled by pedals.
11. Verb of DEGRADATION.

**Up - Down ↓**

1. Plural of DODO, a flightless bird.
2. An Indian state where Assamese language is widely spoken.
3. Barack H. \_\_\_\_\_ is the first African American to become the President of USA.
4. Antonym of CLEAN.
7. Join together, combine.
8. Head of a Municipal Corporation of a city.
9. Past of RULE.



Story : Dr. Viomesh

## The Pinpin Mosquito

The Lion was sitting under a shady tree. He seemed to be very happy. He had got to eat to his fill and had come to take rest under that tree. He was very proud of his stout physique. And why shouldn't he? After all he had once scared off even the huge Elephant.

Suddenly, the lion burst into laughter. 'Ha... Ha... Ha...!' And he went on laughing .

"Hello, Lion! The lion heard a voice after he laughed down a bit. "What's the matter? What makes you laugh so violently today?" Pin Pin pin.

"Who the fool it is to talk to me like this? Aren't you aware of my strength? Don't you know that the Deer



and the Monkey take to their heels when I roar even a bit? “Ha... Ha... Ha...!”

“Just stop it, dear Vanraj. Don't boast of your strength like this. I challenge this strength of yours. And I can even bet that you cannot beat me” heard the Lion.

“Oh fool! You can't spare my clutches now, whosoever you may be. I will crush you to pieces.” Roared the lion in anger.

“No, Sir! You just cannot do that. I know that you are very strong. But I am still stronger than you.” Pin Pin Pin ... came the answer.

“Oh, it's too much to disobey me. Who the fool you are to invite your death?” roared the lion.

“I am a tiny mosquito, Pin Pin, Sir. I have come to beat your strength today, Pin Pin, sir. I have come to beat your strength today” said Pin Pin...

The lion burst into loud laughter, “Ha... Ha... Ha... Ha... Ha...!” He could not check his laughter. Pin Pin Mosquito... Ha... Ha... Ha...!”

“Wait! You will just know it” said the pin pin. And there he went sat on his nose and gave a severe biting.

“Ah!” the lion sighed in grief and attacked his own nose with his paw. It further hurt his nose and he cried in pain.

Now Pinpin got proud of his power. A spider was watching this all. She said to Pinpin: “It is not good to be arrogant like this.”

“The hell with you, spider! The tiny creature! Who are you to advise me?”

Hardly had the Pinpin finished his talk, when he found himself entrapped in the spider's web.

The Poor Pinpin fell prey to the spider.

It is rightly said : “Pride hath a fall.”



## Benefits of Papaya

- Papaya contains the digestive enzyme papain and therefore valuable for aiding digestion.
- The unique protein-digesting enzymes; papain and chymopapain have been shown to help lower inflammation and to improve healing from burns in addition to helping in digestion of proteins. The antioxidant nutrients found in papaya, including vitamin C, vitamin E, and beta-carotene, are also very good at reducing inflammation.
- The ripe fruit is easily digestible and prevents constipation.
- Case studies indicate that this food taken alone for two or three days has a highly beneficial tonic effect upon the stomach and intestines.
- The juice of the papaya aids in relieving infections of the colon and has a tendency to break down pus and mucus reached by the juice.
- Prevents nausea (includes morning sickness and motion sickness)
- The seeds are antihelminthic, for expelling worms and they are given with honey. Chew and swallow two teaspoonfuls of seeds after each principal meal (three times a day).
- Papayas are also a good source of fiber, which has been shown to lower high cholesterol levels



Poem : Rajan Sachdeva (USA)

**Every experience**

**brings out something Good,**

Every experience brings out something Good,  
Good Times become GOOD Memories,  
Bad Times become GOOD Lessons.

We can always gain something from our experiences

... We Never Lose,

If we plant honesty, we will reap trust.

If we plant goodness, we will reap friends.

If we plant humility, we will reap greatness.

If we plant Seva (Service) we will reap happiness.

If we plant Sumiran (meditation) we will reap

"Everlasting Peace"

---

"We have back to the light and face to the things enlightened. If we face the light the things will automatically follow us".

Nirankari Baba



Karan (Rajim)

Ishika (Panipat) Aakriti (Raipur)



Shuddhit (Fatehbad)

Yash (Amraavati)

Vidhita (Raipur)

Nimrat (Ambala)

Naman (Chandigarh)



Suhaani (Shahjapur)

Kanish (Phagwara)

Vaishnavi (Thane)

Ishita (Amedabad)

Raghav (Bheelwadha)



Gunraj (Udhapath)

Ankur (Delhi)

Aditya (Haridwaar)

Arsh (Lucknow)

Kamlinder (Mohali)



Kaashvi (Delhi)

Preeti (Amalner)

Shagun (Delhi)

Jatin (Delhi)

Saarthak (Kanpur)



Tamanna (Delhi)

Priyanshu (Varnpur)

Gurujeet (Moga)

Harman (Dholal)

Jelaash (Verpal)



Sucheta (Gurgaon) Sachi (Kandiwali) Gurusharan (Faridkot) Kunal (Varanasi) Harshita (M.Gobindgarh)



Ishit (Panipat) Durgam (Saavnar) Kaith (Madhpur) Vivek (Virsolli) Amit (Domana)



Navdeep (Sangshiya) Amandeep (Varnala) Anila (M.Gobindgarh) Sooryansh (Saraswati) Ridhra (Varanasi)



Shreyansh (Dehradun) Anmol (Dholal) Sahjipreet (Patti) Krish (Amalner) Sharda (Kalibadhi)




Sanchit (Gurgaon) Paavni (Delhi) Aashish (Chandigarh) Vishni (Ambedkarnagar) Rajveer (Ambala)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, which should reach us atleast two months before.

Editor, **Hansti Duniya**  
Magazine Section  
Sant Nirankari Mandal  
Sant Nirankari Colony, Delhi-9

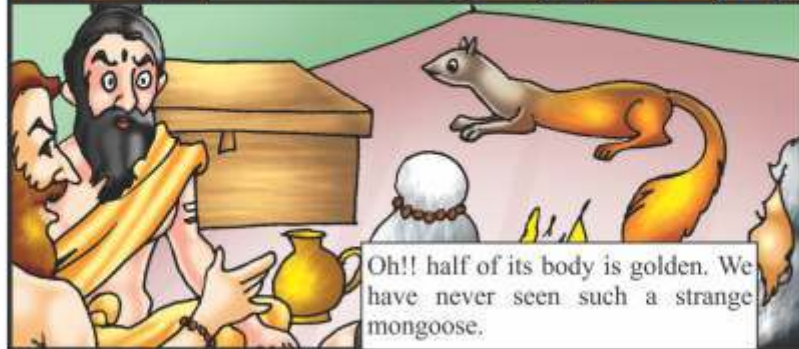
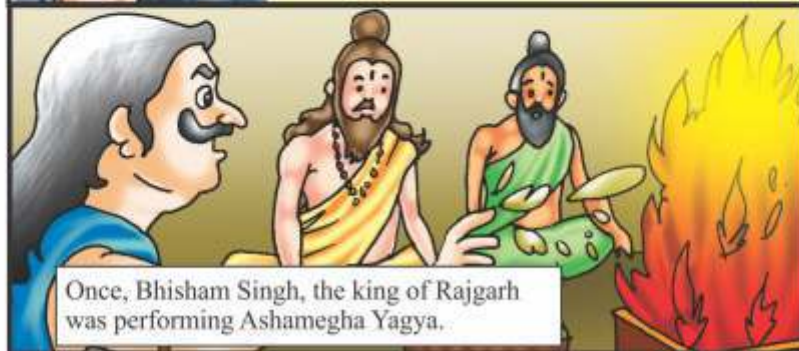
**HAPPY BIRTHDAY**  
The above coupon must be affixed on the back side of the photograph.

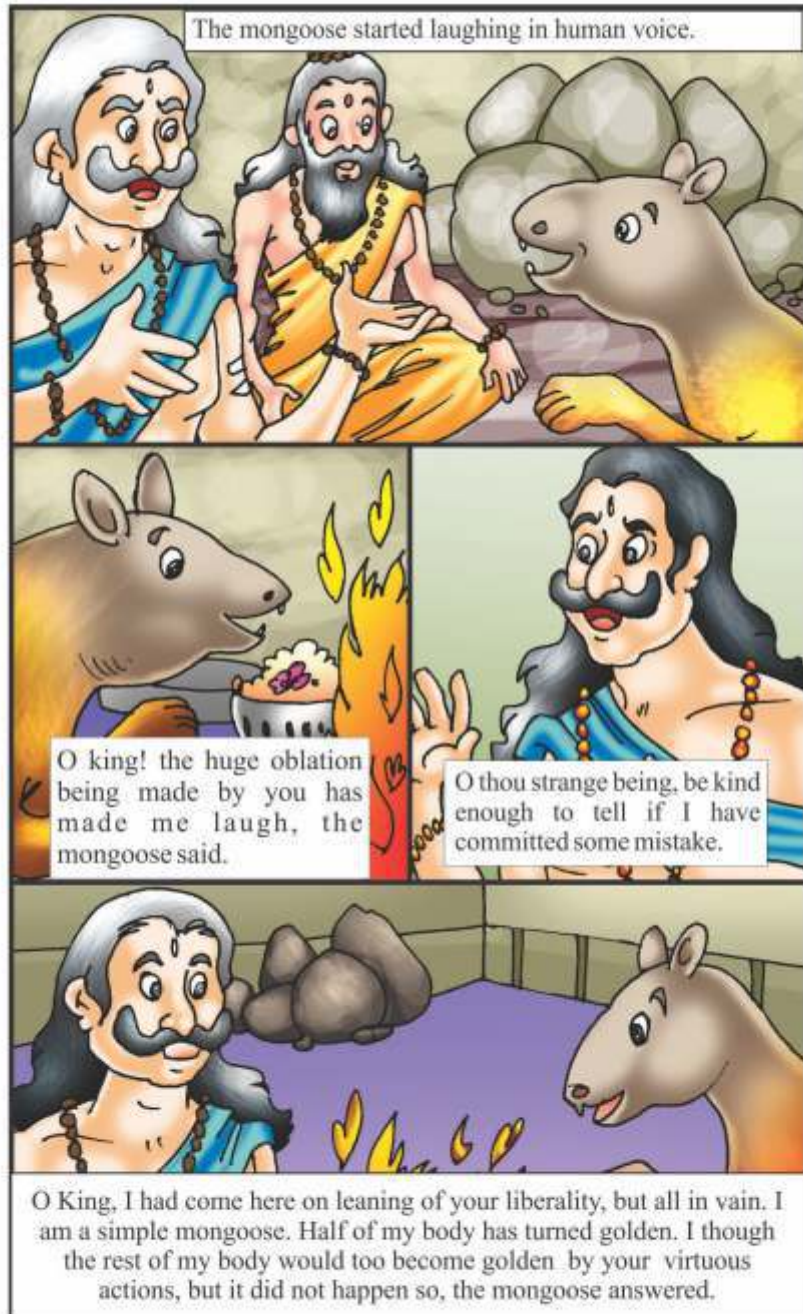
Name..... Date of Birth.....Year.....  
Address.....  
.....

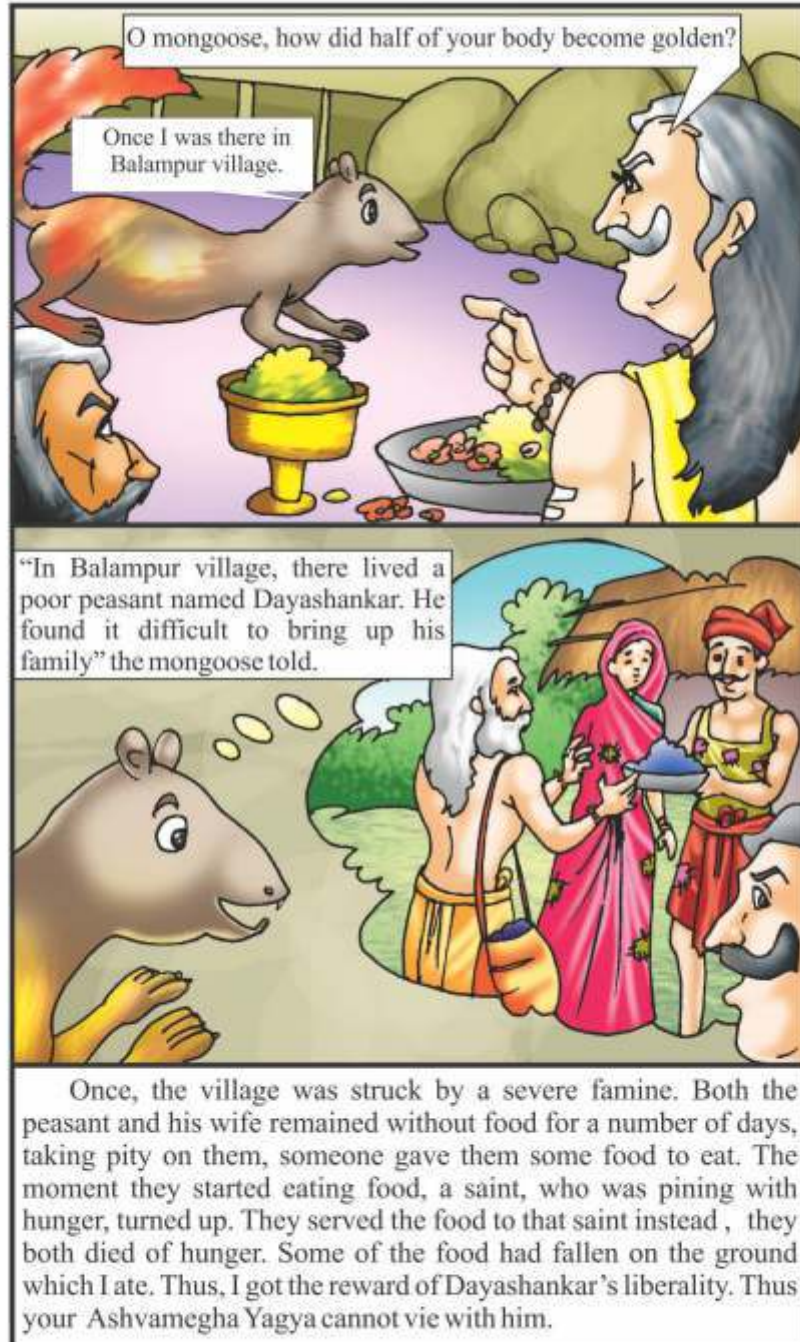


# GRANDPA

Story & Illustration  
Ajay Kalara











**H.D. News**— On the occasion of Guru Pooja Diwas on 22nd February 2013 Nirankari Sarovar situated on (Nirankari Chowk) the Fountain of Unity which is constructed on modern lines was inaugurated by His Holiness Satguru Babaji and dedicated it to the humanity.



The members of Hansti Duniya (Nangloi) praising the His Holiness.



World peace and Unity programme was organized at City Montessori School Lucknow where Dubai based reverend Nagpal ji led team won many awards.



Hansti Duniya writer Dr. Darshan Singh being awarded Sahitya Academy Award by Health Minister Shri Madan Mohan Mittal



# H. D. Answers

— Laxmi (Delhi)

Q. What should a person do to overcome anger?

A. Leave that place for a while and keep silent.

— Sagar (Alwar)

Q. What is evil of all evils?

A. Not to recognise evils?

— Chhinder Paul (Pandoh)

Q. What to do if one gets tired of continuous hard work?

A. Have a break and start again.

— Ruchi (Bikaner)

Q. In how many languages Hansti Duniya monthly is published?

A. It is published in four languages- English, Hindi, Punjabi and Marathi.

— D.R. Dogra (Mandi)

Q. When is man most disappointed in life?

A. When his self-interest is not served.

— Avtar (Shimla)

Q. How to convert sadness into happiness?

A. By changing your mental attitude.

— Kalpna (Dharampur)

Q. Why does a man remain unhappy even with sufficient wealth ?

A. Money can buy material things but not happiness.



## Remembering Lord Gurbachan

By : C.L. Gulati  
Member I/c Magazines

**S**atguru Baba Gurbachan Singh Ji Maharaj lived and laid down his life for human unity through spiritual awakening. An apostle of God's glory, a Messiah of human unity, true social reformer and a multifaceted genius would be remembered, down the ages, for his landmark socio-spiritual reforms. Some of them initiated during the historic Mussoorie Conference, 1973, which are still very relevant, are worth sharing for benefit of all, particularly the budding youth.

### **1. Importance of Sangat**

We should always bear in mind that our importance or superiority is not bestowed by anyone else than the Mahapurshas and the Sangat, and the Sangat will like only those who treat them with love and pleasant behavior.

### **2. Superstitions**

There is no need to indulge in superstitions. We must get rid of them ourselves and rid others also. In case somebody falls unconscious or gets an attack of hysteria etc., we have only to pray to the Almighty for his health. We should persuade him to attend the congregation, and do the Simran. This is the right treatment for him. Saints

do not believe in magic or enchantment, etc.

### **3. Extravagance**

Every penny of the Mission belongs to devotees and must, therefore, be spent only for some development work. Mahapurushas should not have the feeling that the funds collected by them will be spent on food. If such funds are spent on food or some other things, we have to improve ourselves and set the things right.

### **4. Marriages**

It is a very important subject and something that the country needs. Our marriage ceremonies should be simple. Several people have suggested that we must put strict restrictions of one kind or the other. I would, however, like to suggest that only such restrictions as the saints may be able to follow, and I can see the same being implemented. All marriages should be conducted according to Nirankari ceremony and they should be performed in the day time.

### **5. Caste Bondages**

Here is another subject also associated with marriages; and this is what we need in our country today. We find the consideration of caste—high or low, more prevalent in our country than elsewhere. A person belonging to one community does not tolerate the one belonging to another community. A follower of one religion does not tolerate the follower of another religion. The same is the case with wearing outer symbols. Some people do not like to have marriage relations with such superstitious people. Besides, we

must give up various customs associated with marriage.

We must move forward. We must adopt inter-caste marriages.

Of course, saints must enquire about the educational and other qualifications of the boy, his income, etc. but not his Gotra, his community, whether he comes from the family of a farmer or a carpenter, etc.

### **6. Prohibition**

All the saints should pledge that they shall not use any intoxicant (wine, opium, drugs like hemp and heroin—even Bidis and cigarettes, etc.) for ever. They serve as impediments in the way of our service to humanity. This does not mean that we have changed our view point on diet or there is any change in our basic principles ...So, all Mahapurshas should absolutely avoid the use of intoxicants from today as a measure of social reforms.

### **7. Invitation to Writers**

With the expansion of the Mission it seems we need more publicity through written word. I would, therefore, take this opportunity to invite all our writers to devote their pen to this objective. Undoubtedly, they will have to devote their time and energy towards this. If you yourself cannot write, you can persuade others to do so.

We can draw inspiration from life and work of Baba Gurbachan Singh Ji and make our life worthy and worthwhile. He dedicated his whole being to spread the message of Truth in the whole worlds. We would be paying true homage to him if we imbibe and live upto his teachings and take his message to every door step.

# Improve your Grammar



Choose the right option – —Vikas Arora (Rewari)

1. We should never give up our \_\_\_\_\_.  
A) PRINCIPALS      B) PRINCIPLES
2. The boat, with two men, \_\_\_\_\_ missing after the cyclone.  
A) IS      B) ARE
3. A group of birds is known as \_\_\_\_\_.  
A) FLOCK      B) HERD
4. Masculine: Heir, Feminine: \_\_\_\_\_.  
A) HEIR      B) HEIRESS
5. He backed out of the stage show at the \_\_\_\_\_ hour.  
A) ELEVENTH      B) FIRST
6. He is a member of \_\_\_\_\_.  
A) PARLAIMENT      B) PARLIAMENT
7. Which one of the two is a synonym of DISTINCT?  
A) DIFFERENT      B) END
8. Where is my driving \_\_\_\_\_?  
A) LICENSE      B) LICENCE

Answer	1	2	3	4	5	6	7	8
Sheet								

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

Story : Baidyanath Sinha



Deep in the forest stood a very tall tree. Its leafy branches spread out like strong arms.

This tree was the home of a flock of wild geese. They were safe there.

One of the geese was a wise old bird.

One day this wise old noticed a small creeper growing at the foot of the tree. He spoke to the other birds about it.

“Do you see that creeper?” he said to them. “You must destroy it.”

“Why must we destroy it?” asked the geese in surprise. “It is so small. What harm can it do?”

“My friends,” replied the wise old bird, “that little creeper will soon grow. It will climb up and up on our tree and then it will become thick and strong.”

“What of that?” asked the geese. “What harm can a creeper do to us?”

“Don’t you see?” Replied the wise old bird. “Some one could climb up the tree by that creeper. A hunter could do



so. And he could kill us all.”

“Well, there’s no hurry,” they replied. “The creeper is very small. It would be a pity to destroy it now; destroy the creeper while it is still young.” The wise old bird advised. “Now it is soft and you can cut it easily. Later it will be hard and you will not be able to cut it.”

“We’ll see. We’ll see,” answered the birds.

But the birds did not cut the creeper. They the wise old bird’s advice.

The creeper grew and grew. It began to climb up the tree.

As time passed, the creeper grew stronger and stronger. At last it was as strong as a stout rope.

One morning, when the flock of wild geese went out to search for food, a hunter went to their tree.

“So this is where the wild geese live,” said the hunter to himself. “When they come home in the evening I shall catch them in my net.”

The hunter climbed up the tree by the creeper. He reached the top and there he spread his net. Then he climbed down and went away.

In the evening the geese returned home. They did not notice the hunter’s net. As they flew into the tree they found that they were caught in the net. They struggled hard to get out, but could not.

“Help! Help” cried the geese. “We are caught in the hunter’s net. Oh, what shall we do?”

“Don’t make such a fuss, now,” said the wise old bird. “Long ago I told you to cut the creeper, but you did not. Now see what has happened. Tomorrow morning the hunter will come back. He will climb up the tree by the creeper and kill us all.”

“We were foolish,” wept the birds. “We are sorry we

did not listen to you. Please pardon us. Tell us what to do now to save our lives.”

“Then listen carefully,” replied the wise old bird.

“I shall tell you what to do.”

“Tell us, please tell us,” cried all the geese.”

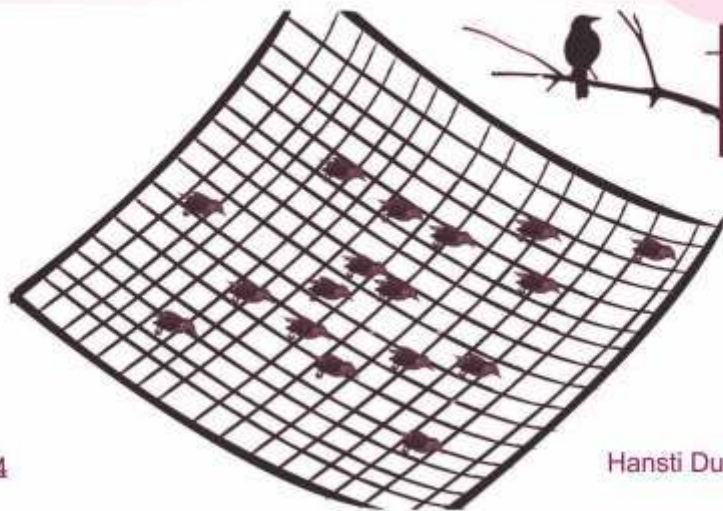
“When the hunter comes in the morning,” said the wise old bird, “You must all pretend to be dead. Just lie quite still. The hunter will not do any harm to dead birds. He will throw us down to the ground to be collected and taken home. When the last bird is thrown down, all must rise up and fly away.”

In the morning the hunter went to the tree. He climbed up the tree by creeper. He looked at the geese in the net.

All the birds looked dead. The hunter took the birds out of the net one by one and threw them down to the ground.

The birds lay quite still until the last one reached the ground. Then all of sudden they came to life. They rose up and flew away.

The hunter climbed down. He was very surprised at the way the birds had escaped.



Compiled by : Archana Garg, Delhi

# Riddles



- Q.1 What wears a jacket, but no pants?
- Q.2 You are participating in a race. You overtake the second person. What position do you finish?
- Q.3 What has one horn and gives milk?
- Q.4 He who has it does not tell it. He who takes it doesn't know it. He who knows it doesn't want it, What is it?
- Q.5 What has only two words, but thousands of letters?
- Q.6 There is an egg which grows under the ground and is eaten even by vegetarians. Guess what is it?
- Q.7 It is called the "King of the night". It comes on duty with its twinkling friends. Guess what is it?
- Q.8 A place where papa pays and son plays.
- Q.9 What can you catch but not throw?
- Q.10 Which key is not used to open lock?
- Q.11 Which city is always in pain?
- Q.12 What flies without wings and it is invisible too?

---

**Answer** — 1- Book 2- Second 3-Milk Van 4- Counterfeit money 5- Post Office 6- Potato 7-Moon 8- School 9- Cold 10- Monkey 11- Spain 12- Time

## Improve your Grammar

### Answers:

1	2	3	4	5	6	7	8
B	A	A	B	A	B	A	B

### Q.No.

### Explanation

1. 'Principles' are the personal rules of conduct. 'Principal' is a head of school or college.
2. The verb must agree with its proper subject and not with the noun that precedes it. Here, Verb = IS, Proper Subject = BOAT and Noun = MEN. So, the verb (IS) is used as it agrees with the proper subject, BOAT and not with the noun MEN.
3. A group of domestic animals of a single kind kept together is known as herd.
4. Needs no explanation.
5. 'AT THE ELEVENTH HOUR' means at the last time.
6. Remember that 'PARLIAMENT' has -IA- before the M.
7. Needs no explanation.
8. LICENCE is a noun which means 'a permit to do something', whereas LICENSE is a verb meaning 'give a permit to someone allow something'.

Story : Harinder

## *The White Giant*

Once in an icy land lived a lonely giant. He had earlier lived in a land where the sun show all day. There were also green trees all around. But the people of that land were also green trees all around. But the people of that land were not friendly to him. They always laughed and threw stones at him whenever he appeared. This made him leave the place and far away he went. After wandering for quite sometime, he reached the land of ice. On this icy land also lived some people. Unlike the sunny land, the people of this icy land were quite friendly to the giant.

As the giant was not habitual to the icy winds, he felt very cold here. One day he decided that he couldn't bear to be so cold and longer. So he went to the people living close to them to ask for their help.





He came to their little village and went up to the nearest house.

‘Can you help me?’ he asked. ‘I’m so cold I’m just shivering away to nothing.’

By good luck he had asked at the home of the King who was a good kind man. ‘You are a gentle,’ said the king, ‘and have never harmed us. I will give you something to keep you warm forever.’

The king of purest white. It was the biggest fur the giant had ever seen.

‘Take this, my friend,’ said the King. ‘It is a magic fur and can only be worn by someone who is truly good.’

The giant wrapped himself in the great fur and one of the courtier of the King sewed it snugly round his arms and legs and right up the front. At last he felt warm and cosy and he thanked the king and his friendly people. They all wished him well and he set off back across the ice.

Now, he still lives in the land of snow but he is very happy and never feels cold. The fur has magically grown around him and nowhere can the wind sneak through to chill him.

Sailors who pass near to the land of ice have sometimes seen him, striding around with his pure white fur almost matching the snow at his feet.

Some of them believe they have seen the snow giant, but others just shrug their shoulders. Oh it’s only a polar bear,’ they say.

By : Nitika (Ghazibad)

## Improve your Knowledge

The word with **Ex. For Example** examination begins with letters Ex. But so do a lot of exciting words, can you fill in the spaces below and find them?

1. Ex (The way out)
2. Ex (A little more)
3. Ex ( Removed by force)
4. Ex (Someone who knows something very well)
5. Ex (To do very well in something )
6. Ex (What your teacher asks for when you are late to school)
7. Ex (A statement absolutely clear)
8. Ex (A speech or presentation made without previous preparation)
9. Ex (To free somebody from all charges)
10. Ex (Species that no longer exist)
11. Ex (To bring out the truth in public)
12. Ex (High-priced item)
13. Ex (Physical-workout)
14. Ex (Termination date of a product)
15. Ex (Someone who is a spendthrift)

- |             |             |             |
|-------------|-------------|-------------|
| 1. Ex.....  | 2. Ex.....  | 3. Ex.....  |
| 4. Ex.....  | 5. Ex.....  | 6. Ex.....  |
| 7. Ex.....  | 8. Ex.....  | 9. Ex.....  |
| 10. Ex..... | 11. Ex..... | 12. Ex..... |
| 13. Ex..... | 14. Ex..... | 15. Ex..... |

(See answers at page 32)

Song. H.S. Nirman, Chandigarh

## *I do not choose the best*

I do not choose the best;  
Rather the best chooses me.  
Had it been all up to me;  
I would have surely missed thee.

I was a hawk, Thou made me a dove  
I love or not, Thou always love  
I am sin, Thou art mercy  
This is what surprises me.  
I do not ...

I had mind but had no thought;  
I had ears which listened not;  
I had eyes but could not see,  
Until thou enlightened me.  
I do not ...

Thou art God, I am Thy man.  
Upon Thy grace, rely I can,  
"I love you and you love me"  
From fear of death, now I am free.  
I do not ...



Story By: Shamma Varma, Chicago, USA

## Do you build bridge of fence?

Some time ago two brothers lived together on adjoining farms. They were highly fond of each other. Right from their childhood to adolescence, they celebrated every little joy together. Their companionship was matchless. Everyone admired them for their helpful, kind and understanding nature. But somehow they fell into a conflict. It was the first serious rift in 40 years of farming side by side, sharing machinery, and trading labour and goods as needed without a conflict. As a result of it, the long association fell apart. It began with a petite misunderstanding and grew into major conflict, and finally it exploded into an exchange of bitter words followed by weeks of silence.

One morning there was a knock on the elder brother's door. He opened the door and saw a man with a carpenter's tool box.

"I'm looking for a few days' work." – he said. "Perhaps you would have a few small jobs here and there I could help with?"

"Yes." – said the older brother. "I do have a job for you. Look across the area at that farm. That's my neighbour; in fact, it's my younger brother. Last week there was a field between us and now there is a bay between us. Well, he may have done this due to his hatred for me, but I'll do him one better." So I want you to build me a fence –an 8-foot fence — so I won't need to see his face anymore."

The carpenter said, "I think I understand the situation. I'll do a job that pleases you."

He had to go to city for some work, so he helped the carpenter get the materials ready and then he was off for the day.

The carpenter worked hard all that day measuring, sawing, nailing. About sunset when the farmer returned, the carpenter had just finished his job.

The farmer's eyes opened wide, his jaw dropped. There was no fence there at all. It was a bridge — a bridge stretching from one side of the creek to the other! A fine piece of work, and the neighbour, his younger brother, was coming toward them, with wide spread arms. The two brothers stood at each end of the bridge, and then they met in the middle, holding each other's hand.

They turned to see the carpenter. But to their surprise he was going with his tool box on his shoulders. "No, wait! Stay a few days. I've a lot of other projects for you," said the older brother.

"I'd love to stay on," the carpenter said, "but I have many more bridges to build."

### Answers

1. Exit 2. Extra 3. Extract
4. Expert 5. Excel 6. Excuse
7. Explicit 8. Extempore
9. Exempt 10. Extinct
11. Expose 12. Expensive
13. Exercise 14. Expiry
15. Extravagant





Kitty — Ramu, do you know Seema is ill and is in hospital?



Ramu - Is it! In which hospital and what's the room No?





Ramu (To the Doctor) — There was patient named Seema admitted here



Doctor—(To Ramu)— There's no such patient.



Ramu goes back to Kitty's house.



Ramu (To Kitty's parents) See, how Kitty has befooled me.



Kitty's parents (To Kitty) — This is not good, Kitty. Apologise to Ramu and promise never to do it again in future.



Kitty (To Ramu) —Sorry, Ramu. I'll never do it again and I promise to reform myself.



# Photo Feature



Let us remove the darkness.  
— Aariyana Riya Singh (USA)

We will work together for love  
and peace. — Mugdha, Megha,  
Mayank (Sant Nagar)



I am happy with my teddy bear.



Hello! I am an angel.  
— Diya Ken (Delhi)



Small children are pure  
hearted. — Parkhi Tamta

I will win  
the Fancy  
dress  
competition  
— Aanya  
Ahluwalia  
(Pitampura,  
Delhi)



Photo Feature



One should work hard in life.  
– Mahi Bagde (Jalna)



I am relaxing after a long morning walk.



This is my new scooty.  
– Kunal Prithvani (Raipur)



We are going to picnic.  
— Ansh Gagan, Ashmi Gagan



Why are you so serious sister? Smile like me.



I am a courageous boy. So, I am playing with a tiger.- Sukarna





Exams are over.  
Let's enjoy. - Mitali



I can't go out for playing football.  
— Sadhika (Yamuna Nagar)



We both will become sewadars.  
— Soham and Kunal (Jalna)



These flowers are so pretty.  
— Kanika Ahuja (Pilibanga)



I will learn to play a flute.  
— Mannat Kumar (Gandhidham)



One day I will be a  
great artist.



**RISING**

**STAR**

Here is Ms. PRERNA BHUGRA (Grand daughter of Sh. Bhagwan Dass Mehta (Patiala) born on 13.01.1991 R/o House No. 1/52 (FF), Sant Nirankari Colony, Delhi-9.) Prerna is fast at grasping and acquiring special skills since her childhood. She secured 88% marks in 12<sup>th</sup> class examination and got admission in B.Tech in Delhi College of Engineering (a very reputed govt. college of engineering).

She appeared in GATE (Graduate Aptitude Test in Engineering) in February 2013. She got 199 All India Rank among 9,84,855 students appeared in this competitive examination.

On campus placement she has been selected in SAMSUNG Engineering India (Pvt.) Ltd. in the month of February 2013.

She is a regular reader of Sant Nirankari (English) and Hansti Duniya (English) and regularly attends sangat, especially the English Medium Sangat.

She is hopeful to get job in Public Sector after her final examination of B. Tech in June 2013. She believes in hardwork. According to her and her mother's statement source of inspiration is "His Holiness Satguru Baba Hardev Singh Ji Maharaj who always stood by her side."

—Gurdev Singh



## SMSes of the month



Don't care for someone to the extent that you lose others.

-Ashok Chadha, Delhi



Time is gold. But, the difference is, you can't buy time with gold.

— Satvik Popli, Mukharjee Nagar



In a pair of walking legs, the foot forward has no pride and the foot behind has no shame. They know for sure that their position will change. Always be humble.

— Neelam (Jammu)



Trusting in God would not make the mountain smaller, but will make climbing easier. Don't ask for lighter load, but for a stronger back.

— Mamta , Vaishali



Easily achieved things do not stay longer. But, things which can stay for long are not easily achieved.

—S.C. Bhatia, Ambala



Life can never be perfect , but you can always see it in a perfect way.



Learn from yesterday, Live for today and Hope for tomorrow.

— Jagdeep, Hoshiarpur

## Winners of February Issue

- Ist : Ankush V Kunkalienkar 13 Years  
Flat No. 111, Mahavishwa bldg,  
Kunkaliescar Nagar,  
Colmorod, Margao- GOA
- IInd : Ankita 11 Years  
16/9 , Mahadev Colony  
P.O. Obra, Distt. Sonbhadra (U.P.)
- IIIrd : Prerna Budhiraja 12 years  
F-11 Gali No. 30  
Mahendra Park, Delhi-33

## Consolation Entries

Harshita (Barnala), Pawan Sharma (Sonapat), Navdisha (Ganaur), Santhosh (Gijawane, Kolhapur), Aakriti Agarwal (Kailashpuri, Banda), Vishal S. Nirankari (Amalner), Neeraj R. Gupta (Takshila Bldg. Mumbai), Ridhima Kharbanda (Rajinder Nagar,Guntur), Amandeep Singh (Kapurthala) Riktanjali (Old Navy Nagar, Mumbai), Akriti Arora (Nirankari Colony, Delhi).

## Competition for April

On the facing page, a beautiful picture is given; colour it and send it to us latest by May 15, 2013. The best three will be awarded suitable prizes.

The result will appear in June 2013 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

# COLOUR IT



Name ..... Age .....

Full Address .....

.....



# Experience the spiritual dreamland like never before



With the blessings of His Holiness  
Satguru Baba Hardev Singh Ji Maharaj  
a new kids site is launched with more  
exciting and fun features with  
spiritual message.

visit [www.kids.nirankari.org](http://www.kids.nirankari.org)

## New Features

- His Holiness Message
- Story Time
- Poetry Fantasy
- Message in colors
- Kids Creation
- Kids Activities
- Funzone

Share  
your talent  
in form of  
painting, poem  
& story

COMPETITION  
OF THE  
MONTH





Compiled by : Sakshi Gulati, Chandigarh

## Laughing Time

A teacher told all students in a class to write an essay on a cricket match.

All were busy writing except our Santaji.  
He wrote "DUE TO RAIN, NO MATCH!"

— ◆ —  
Sonu : Dr. Sahib, I have to convey my thanks to you.

Doctor : But I am seeing you for the first time.

Sonu : You are right! In fact, you had given treatment to my uncle. He has died and I have become the owner of his property.

— ◆ —  
Interviewer: What can you tell me about the Dead Sea?

Santa : Dead? I did not even know he was sick!

— ◆ —  
Titanic was sinking. An englishman asked Santa, "How far is land"?

Santa : 2 KMs. Englishman jumped into sea.

Englishman : Now, which direction?

Santa : Downwards!

— ◆ —  
Sardar : You cheated me.

Shopkeeper: No, I sold a good radio to you.

Sardar : Radio label shows Made in Japan but radio says this is 'All India Radio!'

— ◆ —  
Santa: Why majority of South Indians are black?

Banta: "Oh ji .. Because they always watch Sun TV, Surya TV, without applying Sun screen lotion"!

Santa jungle ke raaste se ja raha tha.  
Tab uski nazar ped pe latke hue saap pe padi.  
Santa :Sirf latakne se height nahi badhegi, mummy ko  
bolo complain pilaye.

— ◆ —  
Santa Police ke interview par.  
Interviewer-Bheed ko titar bitar karne ke liye kya karna  
chahiye?  
Santa-Chanda mangna shuru kar dena chahiye.

— ◆ —  
Father : My son, why did you sleep in the examination hall?  
Son : Daddy, you yourself had told me, “if any question is  
difficult to answer, don’t waste time, do something  
else,” So, I slept.

— ◆ —  
Son : Daddy, can you sign with your eyes closed?  
Daddy : Yes, why not. It’s so easy.  
Son : Then sign my report card.

— ◆ —  
2 Vakil adalat me behas ke dauran ek dusre ke kataksh par utar  
aaye .  
First Vakil : Hamne tumse badha gadha nahi dekha.  
Second Vakil: Maine bhi tumse bera gadha nahi dekha.  
Judge : Hathaura thokte huye , Order.. Order.. tum dono  
shayad ye bhool rahe ho ki mai bhi yahin baitha hun.

— ◆ —  
Patient : What is the chance of my recovering doctor?  
Doctor : One hundred percent. Medical records show that  
nine out of 10 people die of the disease you have.  
Yours is the tenth case I’ve treated; the others all  
died.

— ◆ —  
Prveen : Why is a man always on right side and woman on left  
side in photograph?  
Sanjay : Because, as per balance sheet liabilities are on left  
side and assets on right side.



- Purna Nagpal (Gurgaon)

## Mother Teresa



Mother Teresa was one of the greatest humanitarians of the twentieth century. She is noted for her unselfishness, love, affection, charity and courage. She dedicated her life for the service of oldest of the old and poorest of the poor.

Her real name was Agnes Gonxha Bojaxhiu. She was born in Macedonia in 1910. At the age of 18, she left her home and joined an Irish community of nuns with missions in India. After getting training in Dublin, she came to India. In 1931, she took her initial vows as a nun.

She taught at St. Mary's High School in Calcutta for 17 years. In 1948, she left the school and devoted herself for caring the poor in the slums of Calcutta. She used to help old men lying on the roads, infants dying of malnutrition, and women suffering from hunger and domestic violence. She also started an open-air school for slum children. She established various orphanages, nursing homes, family centres and mobile health clinics.

In 1950, she started 'The Missionaries of Charity'. Today, this Roman Catholic religious society has its branches in more than 100 countries. It undertakes relief work in the wake of natural calamities, such as floods, epidemics and famine.

Mother Teresa's work has been recognised throughout the world. She received a number of awards and distinctions, including the Pope John XXIII Peace Prize (1971) and the Nehru Prize for her promotion of International peace and understanding (1972). She also received the Nobel Peace Prize in 1979 for her humanitarian work.

During the last years of her life, despite severe health problems, Mother Teresa continued to govern her society and respond to the needs of the poor. She died on September 5, 1997 at the age of 87.



## Have You Say

When bored after continuous studying, 'Hansti Duniya' is the best way to feel refreshed. By reading 'Hansti Duniya', I have improved my sense of humour and learnt a lot.

—Kanchan, Gutkar

'Hansti Duniya' has really changed my life. 'Hansti Duniya' encourages me to read and, is changing my passion. I appreciate each and every illustration in it.

—Ruby, Chandigarh

Since Rev. C.L. Gulati has become the Honorable Member I/c of magazines, 'Hansti Duniya' has become superb. I think that 'Hansti Duniya' really helps us to increase our knowledge about places world wide.

— Kalpana, Mumbai

The moment the postman brings a copy of Hansti Duniya, I sit to read it and finish it in one sitting, giving up all other works. It is the best magazine for children and elders alike in the whole market. Hansti Duniya is favourite of all the members of the family.

—Tania, Delhi



Every moment of Mother Teresa's life bore witness to the joy of loving. It also signifies the greatness and dignity of a human being.

Three famous quotes of Mother Teresa:

- Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin.
- There is only one God and He is God to all; therefore it is important that everyone is seen as equal before God.
- If we really want to love, we must learn how to forgive.

**Dhan Nirankar Ji**

**V.P. Batra**  
+91-9810070757

**Guru Kripa Advertising Pvt. Ltd.**

***Outdoor Advertising Wallpaintings  
All Over India***



Pankaj Arcade-II, Plot no. 5, 2nd floor, Sec II  
Pocket IV, Dwarka, New Delhi-110075  
Ph: 011-42770442, 011-42770443  
Fax 011-28084747, 42770444 Mob.: 9810070757  
email: [info@gurukripaadvertising.com](mailto:info@gurukripaadvertising.com)  
[www.gurukripaadvertising.com](http://www.gurukripaadvertising.com)

Registered with the  
Registrar of Newspaper  
For India Under Number 47383/88

Delhi Postal Regd. No. DL-(N)-01/0186/2013-15  
Licence No. U (DN)-21/2013-14  
Licenced to post without Pre-payment

**TUHI  
NIRANKAR**

**NIRANKARI JEWELS**  
A UNIT OF NIRANKARI JEWELS PVT. LTD. (Regd.)

HALLMARKED  
GOLD  
JEWELLERY

HALLMARKED  
DIAMOND  
JEWELLERY

**NIRANKARI JEWELS**  
A UNIT OF NIRANKARI JEWELS PVT. LTD.

**NIRANKARI JEWELS** REGD.  
A UNIT OF NIRANKARI JEWELS PVT. LTD.

**GOVT. APPROVED VALUERS**  
78-84, Edward Line, Kingsway, Delhi-110009  
TELE : (Showroom)  
27227172, 27138079, 27244267, 42870440, 42870441, 47058133  
E-mail : nirankari\_jewels@hotmail.com

Posted at IMBC/1 Prescribed Dates 10th. & 11th.  
Dates of Publication : 7th. & 8th. Same Month













