

# HANSTI DUNIYA <sup>A10/-</sup>

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## Secular Child Becomes Popular

A study of 400 children conducted by the Ranchi University confirms that religious identity in children emerges as early as at the age of four and reaches the peak by nine. Communal elements in almost all religions are gaining ground and religious slots are being drilled into little heads. Unless practical steps are taken, the younger generation will grow up in an atmosphere of hate and suspicion which can prove very dangerous to the society.

The children almost instinctively learn to do what they see their parents doing. Therefore, the process of secularism should begin with the parents and adults who are essentially expected to maintain secular behaviour at home.

In the schools, the teachers are also expected to encourage the students to maintain the most adjustable behaviour with their class-mates. Sharing room in hostels, participating in each other's festivals and paying mutual visits to the families can add to harmonious relationship beyond one's faith.

When a child is secular both at home and in school, he becomes popular in the neighbourhood also. He is found quick to sympathise and slow to criticise any of his neighbours. He treats them as extension of his own family and, in turn, gets praises and blessings everywhere.

With good wishes behind and expectations ahead, such a child naturally puts his heart and soul in his studies which hold his future career. Sky is the limit of his success. Life generally means competition with the other and happiness means success over the other — in the class room as well as in other fields. Not seeing the other as a potential opponent, he believes that everything happens as per Cosmic law. In due course, he discovers that secularism is another name of spiritualism and he belongs to a much bigger world than that denoted by this postal address !

- C.L. Gulati

Hansi Duniya

## SAMPURAN AVTAR BANI

Ik Tuhi Nirankar 79

SURAJ CHANN SITARE SARE NIS DIN AONDE JANDE NE;  
AGNI DHARTI PANI VI PAE HARDAM CHAKKAR KHANDE NE.

VAYU JEEV AKASH KOI VI AMAR ACHAL ADOL NAHIN;  
NIRANKAR ABINASHI DE TUL INHAN CHON KOI TUL NAHIN.

JIS DA ROOP RANG NAHIN KOI JIS DA PARAVAR NAHIN;  
KAHE AVTAR BINA GUR BHETE DENDA IH DEEDAR NAHIN.

### GIST : THOU FORMLESS ONE

The Sun, the Moon and the stars, all are in motion day and night;

The fire, the earth and the water are also in motion all the time.

The air, the living being (Jeeva) and the ether, none of them is eternal, permanent and stable;

None of these nine elements hold any weight against the Eternal Formless One.

God, who is beyond all attributes and dimensions;

Avtar says, He cannot be perceived without meeting the True Master.

Believing everybody is dangerous, but  
believing no body is more dangerous.

--Abraham Lincoln.

Compiled by : Hardik Khinda, Sanskriti School, Delhi

## **THOUGHTS TO PONDER**

- The sense of gratitude converts a house into a home.  
— Nirankari Baba
  - A man can fail many times, but he isn't a failure until he begins to blame somebody else.  
— John Burroughs
  - Honest differences are healthy signs of progress.  
— M.K. Gandhi
  - We are more troublesome to ourselves than anyone else is to us.  
— St. Francis de Sales
  - Man's highest life does not consist in self-expression, but in self sacrifice.  
— R. H. Benson
  - Gold Medals are not really made of gold. They are made of sweat, determination and a hard to find alloy called guts.  
— Dan Gable
  - A holy life will produce the deepest impression. Lighthouses blow no horns, they only shine.  
— D.L. Moody
  - Ego never elevates, rather degrades a person.  
— Nirankari Baba
- 4 Hansi Duniya

# CROSSWORD

— Vikas Arora, Rewari

1	2		3		4	
5						
6		7		8		9
10						
11						

## Left to Right »

1. The Narmada River flows into the \_\_\_\_\_ sea.
5. A person who grows or sells flowers.
6. The area of a rectangle is the product of its length and \_\_\_\_\_.
10. The capital of China.
11. Antonym of FRIEND.

## Up - Down ▼

2. A straight strip of plastic, wood or metal, typically marked at regular intervals, to draw straight lines.
3. The old name of Myanmar, a neighbouring country of India.
4. Property and possessions that can be set against debts.
6. The Christian book consisting of the Old and New Testaments.
7. The word that comes last in the dictionary: ERROR, EXILE, EMPTY, ELBOW.
8. A synonym of EVERYDAY.
9. The International Court of Justice is located in \_\_\_\_\_. (HAGUE/ HANOI)



— Story, Preet Sahi, U.S.A.

## Chetan-Mann

"PARAS" is a stone that turns iron into gold when it touches it. We should be able to live our lives with

such purity that no matter where we go, what we do, our vibes should be able to reflect an absolute positivity in our environment. Live like a "Paras" so that no matter whose life you interact with, you can bring in a blissful spiritual factor into their lives.

When the great library of Alexandria burned, the story goes, one book was saved. But it was not a valuable book; and so a poor man, who could read a little, bought it for a few coppers. The book wasn't very interesting, but between its pages there was something very interesting indeed. It was a thin strip of vellum on which was written the secret of the "Touchstone"! The touchstone is what we call: "Paras". The writing explained that it was lying among thousands and thousands of other pebbles that looked exactly like it. But the secret was this: The real stone would feel warm, while ordinary pebbles are cold. So the man sold his few belongings, bought some simple supplies, camped on the seashore, and began testing pebbles.

He knew that if he picked up ordinary pebbles and threw them down again because they were cold, he might pick up the same pebble hundreds of times. So, when he felt one that was cold, he threw it into the sea. He spent a whole day doing this but none of them was the touchstone. Yet he went on and on this way. Pick up a pebble. Cold - throw it into the sea.



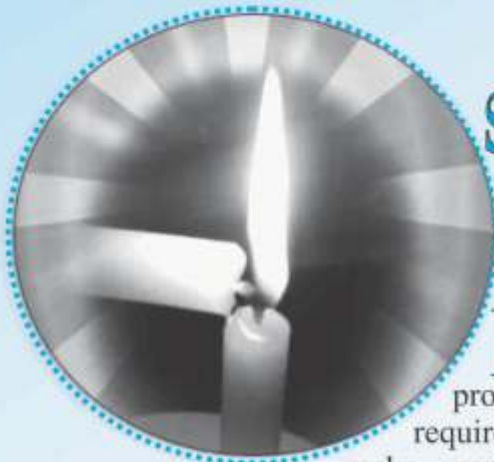
Pick up another. Throw it into the sea. The days stretched into weeks and the weeks into months. One day, however, about mid-afternoon, he picked up a pebble and it was warm. He threw it into the sea before he realized what he had done. He had formed such a strong habit of throwing each pebble into the sea that when the one he wanted came along, he still threw it away.

So it is with opportunity. Unless we are vigilant, it's easy to fail to recognize an opportunity when it is in hand and it's just as easy to throw it away. Opportunities don't just come along in our materialistic life, they knock on door just as much in our spiritual life as well; and we often fail to recognize them. We get so engrossed in the daily rut of life; that we often forget to use our PRESENCE OF MIND: "CHETAN MANN"

God comes next to our bed every morning and wakes us up. Believe me, if it wasn't for Him, we could never wake up. Every moment, He blows air into our nostrils so that we could breathe. If He was to stop doing that, we would stop breathing. It is no wonder that we breathe every moment and don't even realize it because the effort comes from God. He is at work every moment, keeping us ALL alive. He is managing every moment in every being's life.

If we were to surrender to Him, He would make it a point to help us see every opportunity. People often say that SURRENDER is easier said than done. We should live our lives like God's puppets. Hand Him our strings and let Him direct every move. Live in the confidence that whichever string He pulls for whichever move, He knows what He is doing and will do what will be best for us.

And Remember: Live in such a way that those who know you but don't know God; will come to know about God because they know you.



## Samarpan (Surrender)

— Milind Karande,  
Poonam Vihar, CHS

I am a (Database Administrator) working on the real time production of database. As per the requirements of the client, I have to make queries in order to get the correct output. This involves many complexities. At times, pressure makes me uncomfortable at work. But the fact is that when I do simran while carrying out my duties and responsibilities, thereby surrendering the same to Babaji - “Babaji this is your work, you are the client, you are the requirement, you are the problem and you only are the solution”, - the toughest of problems get solved very easily. And I also get lot of appreciation for the same. However, once I tried solving the problem on my own, without doing the simran, thinking all will be fine, and I received a firing mail from the client. I have learnt this lesson from daily life that in sangat where we realize the bonding between the soul and the supreme soul, whenever we surrender, and take the help of Babaji- our holy Satguru, even in daily chores, it becomes His duty to make things perfect. But when we take the responsibility on our own selves, we always fail. To become perfect in the life requires a lot of simran, realization of his divine and omnipotent powers, and walking the path of truth. This is very difficult for us, but not for the True Master, the Satguru, the Holy Messiah, as he is beyond the trappings and limitations of normal existence- “ye pare hai is mayavi duniya se” A person in the state of true Samarpan (Surrender) can achieve the enlightened realization that whatever we do and whatever we receive belongs to the Sadguru (God). When the responsibility is given to him, He takes care of it all. After all we are only a medium and He is the real ‘Doer’ Karta.





Anuraag (Amravati)

Hargot (Morinda)



Avni Charthawal

Sameep Meher

Navya Mandstaur

Sakshi Salempur

Saatwika Cherhata



Pragey Jamma

Jaskeerat Yamunagar

Sushma Rahareilly

Nitesh Kanpur

Hashal Karveer



Vishal Kathua

Jivesh Nagpur

Samprati Chandigarh

Mondika Chandigarh

Shovit Delhi



Vanshika Gandhigram

Vansh Subathu

Ashwin Delhi

Haardik Aajna

Sufalta Nihoni



Satyam Chandigarh

Shubashu Teetagarh

Harshit Delhi

Prachi Chéhrata

Aarav Delhi



Sanmeet (Meerut)



Sukriti (Karnal)



Aanvi (Delhi)



Gunjan (Jaipur)



Preetia (Dabwaali)



Mehak (Saranski)



Simran (Phagwara)



Saarthak (Roorkee)



Haardik (Karnal)



Samta (Bawisar)



Sweety (Delhi)



Loveena (Ambala)



Kamika (Jaipur)



Arpit (Kota)



Karevi (Delhi)



Harman (Ambala)



Vansh (Bhiwani)



Sukriti (Gurgaon)



Abhinav (Bhatinda)



Sahjpreet (Jhaneri)



Ekta (Chandigarh)



Sucha (Gandigram)



Lavanya (Delhi)



Shobhna (Raisingh Nagar)



Saahil (Hisar)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, which should reach us atleast two months before.

Editor, **Hansti Duniya**  
Magazine Section  
Sant Nirankari Mandal  
Sant Nirankari Colony, Delhi-9

**HAPPY BIRTHDAY**  
The above coupon must be affixed on the back side of the photograph

Name..... Date of Birth..... Year.....

Address.....



# Kitty

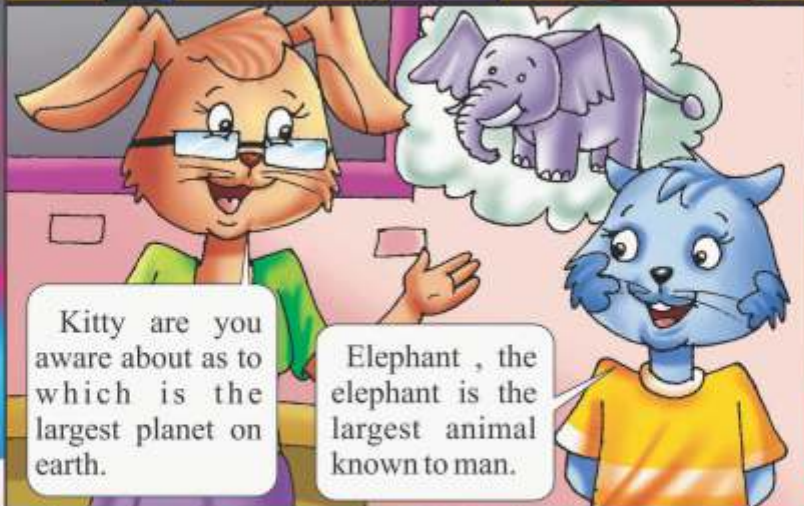
Story & Illustration  
Ajay Kalara

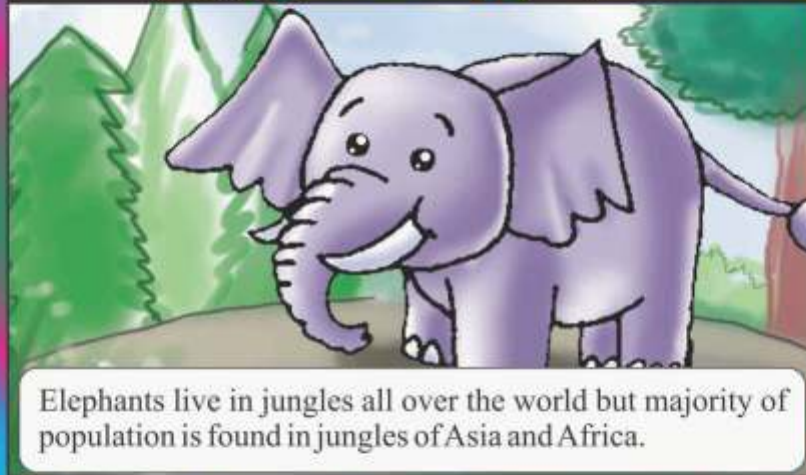
Children, today  
I will tell you  
about the  
largest animal  
on the planet.



Kitty are you  
aware about as to  
which is the  
largest planet on  
earth.

Elephant , the  
elephant is the  
largest animal  
known to man.







Are all elephants alike ?

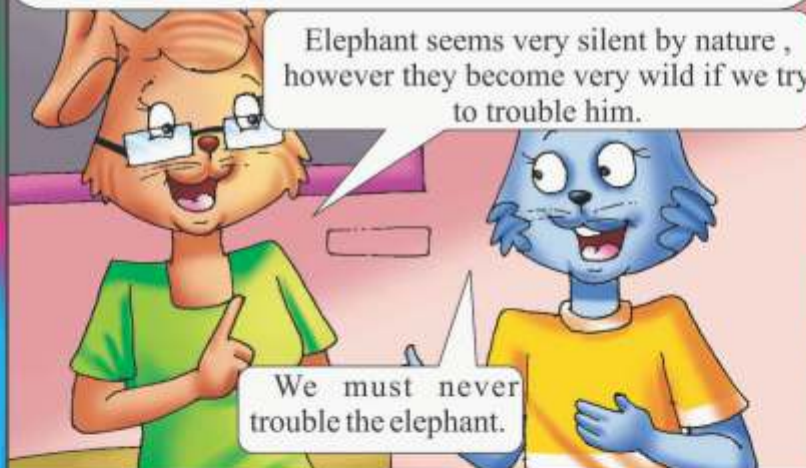
No, they are divided into two types African and Asian. The ears and teeth of African elephants are stronger than Asian elephant. The color of African Elephant is much darker than Asian Elephants.





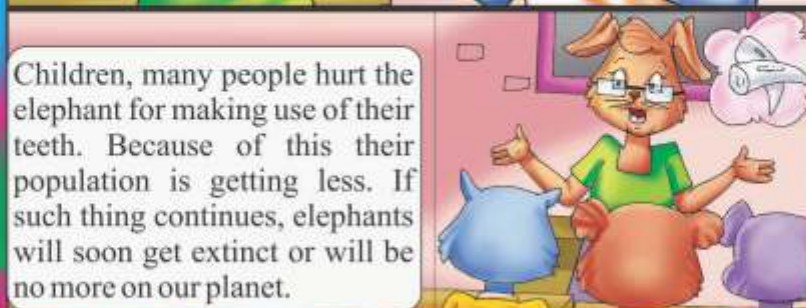


Elephants are of many uses to us. They pick big logs of wood in the jungle, entertain us in circus .



Elephant seems very silent by nature , however they become very wild if we try to trouble him.

We must never trouble the elephant.



Children, many people hurt the elephant for making use of their teeth. Because of this their population is getting less. If such thing continues, elephants will soon get extinct or will be no more on our planet.

## H.D. NEWS

### Handicapped Indian Women climbs Everest



After losing her leg in train accident, former female volleyball and football player Arunima Sinha created history. Climbing the Everest, she claimed the title of first

female with a handicap to climb the Everest.

She took her training from the first women to climb the Everest from India, Bichendra Pal, and reached the peak in morning hours at 10.45am.

Arunima captained the state volleyball team in many inter state tournaments, but in 2011, she lost her leg in a train mishap. However, she did not lose her courage and climbed Mt. Everest showing us that 'where there is a will, there is a way'.

### Mobile battery

#### will charge in 20 seconds



18 year old girl from Washington made a device which can charge phones in less then 20 seconds.

Aisha Khare is from India, now in California. For this invention, Intel Foundation gave her the Young Scientist Award. Actually it is a very small device which can fit in the mobile battery itself and can charge the phone in 20 to 30 seconds itself.

As per NCB the phone charged through this battery remains for a very long time. For designing this device, Khare also got prize money worth 50,000 \$ .According to Khare this device can charge upto 10,000 times, while normal batteries can charge only 1000 times.

## **H. D. Answers**

— O.P. Sharma, Kullu

Q. What is motivation?

A. It is like food for the brain.

— Sarita Rai, UKD.

Q. What is the most important work in the world?

A. To know one's own self and live accordingly.

— Ashok Nirankari, America

Q. What should one do if all the doors are closed on him?

A. He should analyse himself and pave a new path.

— Pramod Mishra, Allahabad

Q. What is the basic right of man.

A. To know himself and to perform his duty well.

— Sudhanshu, Lucknow

Q. When do children realise mother's affection?

A. When there is none else to take care of them.

— Sandeep, Jhunjhunu

Q. What is the supreme—society, religion or nation?

A. True religion; By adopting true religion, society and nation automatically become excellent.

— Vineet Verma, Nirankari Colony, Delhi

Q. What is the right time to remember God?

A. Everytime, even while performing worldly duties.



— Sarika Dang, Solan (HP)

## **Proud of Being a Woman**

I was considered Fake  
Nothing was done for my sake.  
In fact I was burnt in Flames.  
And my life was made a game.  
I had no right  
And nothing in my life was bright  
All men enjoyed where life  
only I could not because  
I was some one's wife, some  
one's daughter,  
Oh! what a rough life  
But now it's all gone,  
Now I am a flower in a beautiful lawn,  
Today I am a teacher, doctor, engineer,  
And a nurse, Now I am left with no more tears  
I have enjoyed all my rights  
My importance is now clear,  
And it's time for me to cheer,  
And my past was black cloud.  
But today being "I am proud"



## Finding The Teacher

Once, when the Kauravas and Pandavas were still small kids, they were playing. Arjuna hit the gilli so hard with his danda that it went and fell in a nearby well. They tried their best but the kids could not get the gilli out of the well. Sweating profusely and panting with frustration, they decided to give up their efforts.

Under a near by tree, a bearded man was sitting and watched them. When he saw that they had given up, he got up and came to them. "Sons of Kshatriyas! Shame on you if you can't even get a mere gilli out of the well!" Then, with a slight smile he sent an astra (missile) into the well and up came the gilli, straight into his hands. The Kaurava and Pandava boys were astounded! "Wow! How did you do that?" they exclaimed.

"Want to see more? Here goes!" said the stranger. And one after the other, he performed great and difficult feats with his astras. "Will you teach us?" asked the boys. "Yes, I will," replied the man. "Provided you get permission from your elders."

The children ran to the palace. They went straight to Bheeshma Pitamaha, the Grand of the Kurus, and told him about the man in the fields. Bheeshma sent for the man and received him into the palace with great honour. He appointed him the teacher of the princes and entrusted to him their education in the science of warfare. Soon he came to be recognized as the greatest teacher the royal family had ever known. ■

— Pulkit Bhardwaj, Chandigarh



## Meet the Strange Celebrities

Sir Charles Spencer "Charlie" Chaplin, KBE (16 April 1889 – 25 December 1977) was an English comic actor and filmmaker who rose to fame in the silent film era. Chaplin is considered one of the most important figures of the film industry. His career spanned more than 75 years, till his death at the age of 88, Chaplin wrote, directed, produced, edited, scored, and starred in most of his films.



Guenter Knapp from Pforzheim in Germany smiles into the camera as he presents his beard that was awarded the world title, during the beard world championships in Pforzheim. More than 100 competitors participated in the completion.

Gul Mohammad, the world's shortest man who faced big problems.

The world's smallest celebrity lived in abject penury and his friends foot his hospital bills.



## Improve your Grammar



Choose the right option – —Vikas Arora (Rewari)

- Which one of the two is a synonym of SURPLUS?  
A) SPREAD                      B) EXCESS
- A place where monks live together is known as \_\_\_\_\_.  
A) APIARY                      B) MONASTERY
- I hope you will not turn \_\_\_\_\_ my request.  
A) DOWN                      B) OFF
- \_\_\_\_\_ of banners were hung across the city.  
A) HUNDRED                      B) HUNDREDS
- An exclamation mark is used at the end of a sentence to show surprise or excitement.  
A) TRUE                      B) FALSE
- Masculine: Father-in-law, Feminine: \_\_\_\_\_  
A) MOTHER-IN-LAW      B) FATHERS-IN-LAW
- Find out which letter is silent while pronouncing the word 'DEBT'.  
A) T                      B) B
- Active voice: Inform the police. Passive voice: \_\_\_\_\_ the police be informed.  
A) LET                      B) PLEASE

Answer	1	2	3	4	5	6	7	8
Sheet								

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

For answers turn to page 25



Story: Sanjay & Priya Tandon, Chandigarh

## A Birthday Party

It was Devki's eighth birthday. Her mother had informed the orphanage in the city that she and her daughter would be visiting at 5 p.m. in the evening to distribute goodies to all the forty children there. Devki and her mother walked into the children's playroom with a lovely cake decorated with roses and ribbons. There were 9 candles on it. They also had chocolates, sandwiches, jam cookies and potato chips for the kids. There were 39 children present, 1 was missing. Just as Devki came forward to cut the cake, the matron said, "Little Mona has been unusually upset since morning. She is sulking in her bed, would you wait till I get her? Perhaps a celebration would cheer her up."

They all waited for a few minutes, till the matron walked in holding Mona by the hand. As soon as the little girl saw the cake and the party food, her eyes lit up and she smiled, "How did you know? Who told you that it's my birthday today? Oh! How nice of you to get such a wonderful cake for me! You got the right number of candles too ... and ... I love jam cookies... thank you, thank you so much..." Mona



picked up the knife and raised it to cut the cake. "Wait...!" said the matron. Just then she felt a soft little hand on her elbow. She turned around to see Devki at her side, "Its okay Matron let her cut the cake. Let this be her party." Devki's mother was speechless. She slowly nodded her head in consent. All the children including Devki, sang "Happy Birthday to you, dear Mona..." Mona had a beautiful birthday party.

Later, Devki and her mother were driving home. Mother said, "Don't take it to heart my child, we'll have a party for you tomorrow." Devki smiled, her eyes glistened as she fought to hold back her tears and she said softly, "There's no need Mama, this is the best birthday I ever had." •

### Crossword Solution

1	A	2	R	A	3	B	I	4	A	N
			U			U			S	
5	F	L	O	R	I	S	T			
			E			M			E	
6	B	R	E	A	D	T	H			
			X			A			A	
10	B	E	I	J	I	N	G			
			L			L				U
11	E	N	E	M	Y					E

Samta Narang — Model Town, Delhi  
 our week would be  
 WITHOUT GOD

SINday	Sunday
MOURNday	Monday
TEARSday	Tuesday
WASTEday	Wednesday
THIRSTday	Thursday
FIGHTday	Friday
SHATTERday	Saturday

7 days without God makes  
 ONE WEAK



Song : H.S. Nirman, Chandigarh

## My dear earth

My dear earth is the best island  
In the vast-vast ocean of divinity,  
Sun, moon, stars are her servants  
Who team up like a trinity,

The people of earth my family  
Don't call it even a community,  
Than Pan-Arab, Pan-American  
Pan-human, a better affinity,

If any body does not love me  
I love him with impunity,  
To love everyone everywhere  
This life is an opportunity,

And to save us from any hatred  
Lord, give in everybody on earth:  
Pray, make us know this unity,

## Improve your Grammar

Answers:

1	2	3	4	5	6	7	'8
B	B	A	B	A	A	B	A

### Q.No.

### Explanation

1. The synonym of SURPLUS is EXCESS, not SPREAD.
2. APIARY is a place where beehives are kept and bees are raised for their honey.
3. What happens when someone makes a request to you? You either accept it or reject it. Now, we are looking for a prepositional phrase starting with TURN. If you TURN DOWN a request or offer, you refuse it. If you TURN OFF the road, you start going along a different road which leads you away from the earlier one.
4. Nouns like 'hundred' and 'thousand' do not take plural form when preceded by any numeric digit. But in absence of numeric digit, they may take plural form. Here, there is no numeric digit before 'hundred'. So, plural form is used.
5. It is true that an exclamation mark is used at the end of a sentence to show surprise or excitement.
6. The feminine of Father-in-law is Mother-in-law, not Fathers-in-law.
7. While pronouncing the word 'DEBT', the letter 'B' is silent.
8. Here in passive voice, the word LET is used.



— A. J. Toor

## Riddles for You To Solve

- 1 What is it that walks on four legs in the morning, on two in the after noon and three in the evening?
- 2 If you pull it- it's a cone; If you push it-it's a tent.
- 3 What is too much for one, enough for two but nothing for three?
4. What has three feet but cannot walk?
5. What is always coming but never arrives?
6. If you write out the letters for what is asked of you, what will they read when written together.

Half a circle;

Full a circle

Half a circle

A

Half a circle;

Full a circle

Right angle

A

7. What does everybody do at the same time?
8. What is worse than finding a worm in the apple you are eating?

See answers on page No. 31

### Answers of June Riddles

- |                     |                             |               |
|---------------------|-----------------------------|---------------|
| Set - A—1. Calepalt | 2. Catalongue               | 3. Cater      |
| 4. Cataract         | 5. Catastrophe              | 6. Catalyst   |
| 7. Cat call         | 8. Caterpillar              | 9. Cathode    |
| 10. Cattle          |                             |               |
| Set - B—1. Vigilant | 2. Contestant / participant |               |
| 3. Exchart          | 4. Distant                  | 5. Lieutenant |
| 6. Romxant          | 7. Valiant                  | 8. Scant      |
| 9 Deodorant         | 10. Jubilant                |               |

— Benika Narang (Gurgaon)

## Sikkim



**Sikkim** is the least populous state in India. It is located in the north-eastern part of the country. It is bordered by the Tibet, Bhutan, West Bengal and Nepal. Gangtok is the capital city of this state.

Sikkim was once a Himalayan monarchy and a part of the legendary Silk Route to China. On 16 May, 1975, it became a part of the Indian subcontinent. The majority of Sikkim's population lives in the rural villages. The famous towns include Singtam, Rangpo, Naya Bazar and Namchi.

Sikkim, one of the smallest states of India, has four districts: East, North, South and West. It is known for its amazing natural beauty, green valleys and flower-bedecked meadows. It is also a land of snow-capped Himalayas, forests and a variety of flora and fauna.

The state's economy is based on agriculture and animal husbandry. Maize, rice, wheat, potato and barley are the principal crops. Sikkim is one of the world's major producers of cardamom. The farmers also raise pigs, sheep and goats. The important mineral resources of the

state are copper, lead and zinc.

Sikkim is a multi-ethnic state. The Lepchas are the original residents of the state. Other tribes include Lepchas, Bhutias and Sherpas. Nepali, Bhutia, Lepcha, Limbu, Hindi and English are the chief languages spoken by the inhabitants.

Teesta is the largest river of Sikkim. Sikkim has several national parks and wildlife sanctuaries. Kanchenjunga National Park, known for its splendid flora and fauna, is located in north Sikkim. Various monasteries, lakes, adventure sports and hot springs are the main tourist attractions of this state.

**Believe it or not** there are four towns named Bombay in America—one each in the state of California, Michigan, Minnesota and New York! Quite a few Delhis: one each in California, Colorado, Georgia, Illinois, Georgia, Iowa, Louisiana, New York, Oklahoma and Texas, and two each in Ohio and Minnesota for a total of 13 Delhis! Two Madras's in Georgia, one each in Oregon and Texas. A Calcutta each in New York, Ohio and West Virginia. No Mumbais yet!

**Guide the man to reach apple.**



Story : Shobhit Keswani, U.S.A.

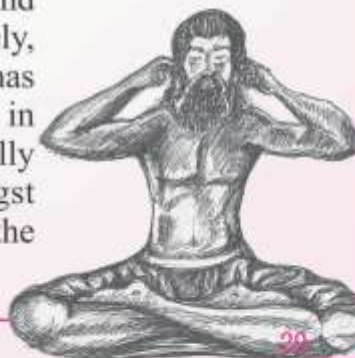
## Life By Good Deeds

On his travels, Nanak met many holy men. They had given up the society of men and lived alone in forest and caves. They said they were devoted to God and tried to prove this in various ways. Some refused to eat till they were almost dead with hunger, others stood on one leg until it was swollen with pain and the other leg was a shrivelled stick. Some buried themselves alive for days, without air or food or water; while others went about almost naked, exposing their bodies to the heat of the sun and the cold of winter nights. Nanak even met a yogi who always kept his ears and eyes closed: "By doing this I can think about God without anything disturbing me," he explained.

Nanak spent many hours thinking about the different ways these men had of showing their love for God. After much thought he concluded that they were misguided. "How can fasting or making the body suffer prove a man's love for God, or make him kind and truthful?" Nanak asked. "And surely, in order to do good for people, one has to live with them and not all alone in forests and caves." Nanak finally decided he would live amongst people. Then he could teach them the right way to love God.

(From : The Story of Guru Nanak)

July 2013





Story : Sanjay & Priya Tandon, Chandigarh

## Narcissus

Greek Mythology tells of Narcissus, an exceedingly handsome boy born as the son of the River Cephissus and the nymph Liriope. He was scornful of both lads and lasses because he was greatly enamoured by his own beauty. It is said that Echo who was a mountain nymph loved him, but since he did not return her love, she died of misery. Many other damsels loved him too, but he scorned at them all for their imperfect looks. One distressed and dejected admirer prayed to the heavens and said, "So may he himself love, and not win over the creature he so loves."

Narcissus often used to sit near a water spring. One day he bent over it to quench his thirst. He was seized of a thirst of a strange dimension. He stared at his own image in the water and it took his breath away; he instantly fell in love with it. He tried to reach it but it was too far down below, so he could not. He did not realize that the vision was but a shadow; a reflection which was not real. An erotic scene is said to have been enacted by Narcissus in his lust for the image that he could not physically embrace in his arms.

Little did he know that it was his own reflection; it is that which is nowhere, it comes with you, stays with you, goes with you.... if you can bear to tear your self away and go ...

He kept staring at the reflection for want of being able to touch it. As his tears spilled to join the spring water the reflection got disturbed and Narcissus experienced deep agony at the thought of losing the only one whom he had ever loved. It is said that he beat his fists upon his chest till he could breathe no longer. Strangely enough, it is said that just before his funeral was to be, his body disappeared from



under the shroud and in its place a lonely Narcissus flower was found.

The great Oscar Wilde once wrote that when Narcissus died, the Oreads (mountain nymphs) of the forest thought that they should go and offer condolences to the spring on whose bank Narcissus often lay, for Narcissus had left behind no progeny. Perhaps, thought the Oreads, the spring would be missing Narcissus, so they set out to offer it some comfort.

The Oreads said to the pool, "Narcissus used to lie on your banks most of the time, you must be very sad, in the memory of the beautiful Narcissus." The pool stared at the Oreads and said squarely, "Was Narcissus beautiful? I never noticed!" The Oreads replied, "Surely you would be the best one to know, because he spent most of his time lying on your banks and looking down into you. For in the mirror of your waters, he was able to picture his own beauty and admire it."

The pool answered nonchalantly, "Is that so? Well, I never bothered to notice his looks; for when Narcissus lay on my banks and bent over me, I looked into the mirror of his eyes and saw the splendour and beauty of myself of which I am proud!"

How true it is that the vain think of themselves alone. They know not of the pleasures and pains of those around them, for they are too full of their own self, to find place for thinking about others.

An inflated ego is like a dirty veil on a pretty face.

---

### **Answers to riddles**

1. Man, he crawls at dawn (as a baby) walks straight in his prime (afternoon) and requires a stick in his old age (evening)
2. An umbrella,      3. A secret    4. A yard    5. Tomorrow
6. COCA COLA      7. Grow Old    8. Finding half a worm

This chart is awesome!

## Everyone Can use it.

Fish	Protects your heart	Boosts memory	Protects your heart	Combats Cancer	Supports immune system
Garlic	Lowers cholesterol	Controls blood pressure	Combats cancer	Kills bacteria	Fights fungus
Grapes	Saves eyesight	Conquers kidney stones	Combats cancer	Enhances blood flow	Protects your heart
Green tea	Combats cancer	Protects your heart	Helps stop strokes	Promotes Weight loss	Kills bacteria
Honey	Heals wounds	Aids digestion	Guards against ulcers	Increases energy	Fights allergies
Lemons	Combats cancer	Protects your heart	Controls blood pressure	Smooths skin	Stops scurvy
Mangoes	Combats cancer	Boosts memory	Regulates thyroid	Aids digestion	Shields against Alzheimer's
Mushrooms	Controls blood pressure	Lowers cholesterol	Kills bacteria	Combats cancer	Strengthens bones

To be continued in forthcoming issues



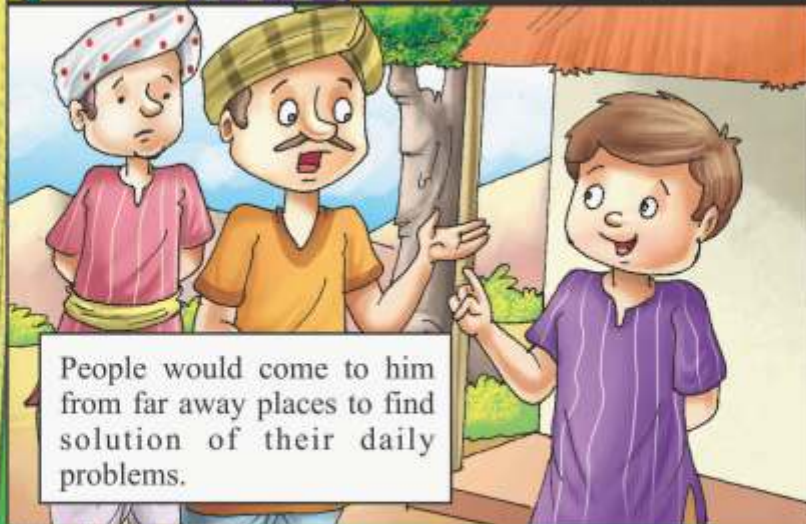
# GRANDPA

Story & Illustration

Ajay Kalara



Long time ago, there lived a clever boy in a village. He was an expert in finding out solution of problems.

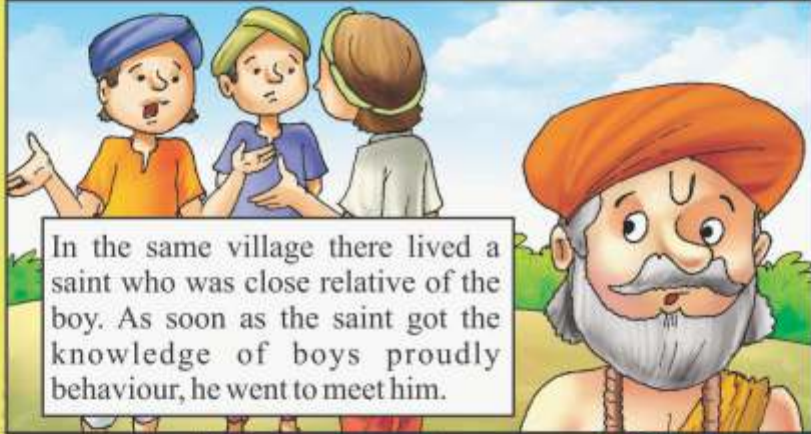


People would come to him from far away places to find solution of their daily problems.



Now when anyone would come for help he would refuse.

For some days it continued like that and his popularity began growing and he became proudly.



In the same village there lived a saint who was close relative of the boy. As soon as the saint got the knowledge of boys proudly behaviour, he went to meet him.



When the saint reached boys home, the boy invited the saint in the house respectfully.



After a while, saint asked the boy, for some days I am confused regarding some things-what kind of questions Guruji-like why do birds fly? From where does water enter in the river? Why is the moon round in shape?



After hearing the questions, the boy kept quiet for a while ,and then suddenly said, please dont be upset, I will answer all your questions .Please rest for now, as soon as the sun rises, I will answer your questions.



Now the boy kept on pondering over the questions for the entire night but could not find the answer. As soon as the sun rise, the saint asked- dear , did you find any answer to my questions!

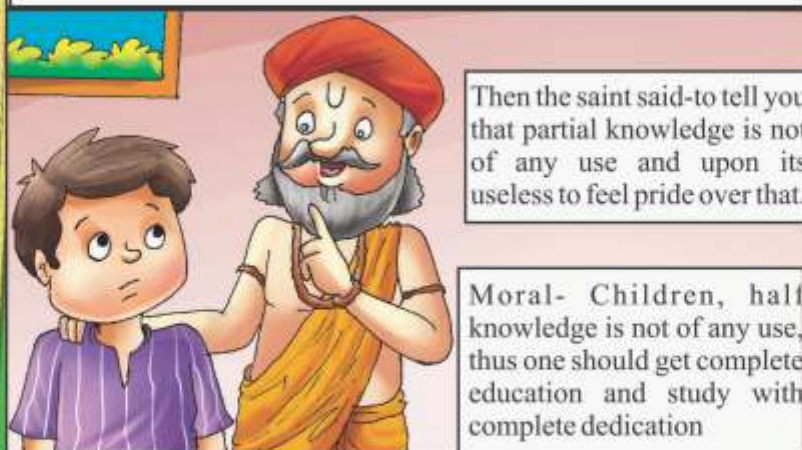


The boy stood absolutely silent- what happened dear? The boy again kept silent ,now the saint said - seems you haven't found an answer to my questions, but you regarded yourself as very clever.



After hearing the saint , the boy became really ashamed.

He kept standing quietly and saint answered all his questions. After hearing the saint , boy got shocked, then the boy asked the saint, if you knew the answer to all the questions then why did you ask me?



Then the saint said-to tell you that partial knowledge is not of any use and upon its useless to feel pride over that.

Moral- Children, half knowledge is not of any use, thus one should get complete education and study with complete dedication

## Photo Feature



Our dog is so cute.  
— Niharika, Ananya (Bikaner)



Let us live together.  
— Shalima  
(Sangam Vihar, Delhi)



I am trying to learn acting.  
— Shobhit (Sangam Vihar, Delhi)



I love my teddy bear.  
— Yash (Amravati)



I will go  
to Delhi to  
attend the  
Nirankari  
Sant  
Samagam.  
- Gurudaas  
(Jalna) →

I want to play with my friends.  
— Datinder Kumar (Longowal)



## Photo Feature



Anjali Mithani, Kukreja

I want to be a doctor.

— Ashwin (Brisbane, Australia)

One should have good sense of humour.

— Samdisha (Pritampura, Delhi)



I have won the 'Mr. India' contest.

— Kunal (Rajpura)



I have earned this degree.

— Vandita (Faridabad)



We want to hear your flute.

I don't know how to play flute.

Hansfi Duniya





They serve the best  
who serve silently

What a beautiful way  
to look at the service to mankind.

All the celestial bodies including  
the Sun, the Moon,  
and the Water and the Air,  
are serving the mankind for the million of years.

Have they every demanded their rights;  
have they ever gone on strike;  
have they ever fought because of jealousy or hatred;  
they have been simply serving  
since the time immemorial;  
silently and perfectly in order.

— Sanjivan Kumar, Chandigarh



Miss Rupam Dhillon daughter of Shri Nirmal Singh and grand daughter of Rev. Giani Joginder Singh ji of Kotkapura (Punjab) got First position in B.S.C. Airlines, Tourism and Hospitality Management Course from Landara college of Chandigarh. Former President of India Shri A.P.J. Kalam recently awarded her degree and Gold medal. From the very childhood she was very fond of doing social services and helping the needy persons. She owes her success to the blessings of Satguru Baba Hardev Singh Ji Maharaj. She is avid reader of Nirankari magazines, especially the Hansti Duniya.

Hansti Duniya wishes her success in all walks of life.

— Sikander Singh, Chandigarh

## SMSes of the month



Every heart has a pain. Only the way of expressing is different. Fools hide it in their eyes and the Brilliant hide it in their smile.

— Kalpana, Dharampur

Think thousand times before you take a decision. But never turn back even if you get thousand difficulties later.

— Rajkumar, Delhi

One of the best message for life time."If you desire to blossom like a Rose in the garden, you have to learn the art of adjusting with thorns."

— Pawan Kumar, Pandoh

Love seeks no reward. Love is in itself a reward. Which confers lasting happiness and peace.

— D.R. Dogra, Kolkata

It is not necessary to share everything between your friends. But it is necessary that what you share must be true.

— Rajesh Kumar, Bikaner

Your thoughts play a vital role in shaping your life A devotee does not have negative feelings. He lives with pure feelings.

— Niharika, Alwar

A bird sitting on a branch of tree is not afraid by the trembling branch, Because the bird trust not on the branch but in his wings. Believe in yourself.

— Avnish Gulati, Chandigarh.

## Winners of May Issue

Ist :	Prerna Budhiraja F-11, Gali No-30 Ist floor Mahendra Park, Delhi-110033	11 Years
IInd :	Navdisha Arora H.No.-236/10, Gali No.1, K.D. Nagar, GANAUR Distt. Sonipat (Hry.) 131101	13 Years
IIIrd :	Jotish H.No. 122, Engineer's Enclave Phase-3, G.M.S. Road, Dehradun (Ukd.)	9 years

## Consolation Entries

Deepti Dattaray Chavar (Ganesh Nagar, Yeika), Twinkle Jain, (Jain Colony, Faridkot), Sunaina Arora (Mission Compound, Saharanpur), Arjun Ahuja (Wazirabad, Delhi), Vishal (Amlaner, Jalgaon), Manya Kapoor (Gurgaon, Hry.), Amandeep Singh (Kapurthala), Vilehor Ahuja (Lakhi Colony, Barnala), Sampada Soni (Pitampur, Delhi), Bhanu Thakur (Krishana Nagar, Shimla), Shweta Khatter (Nirankari Colony, Delhi), Aashika Kotwani, (Coastal Skyline, (HongKong), Aadi Kochhar, (Nyati, Pune).

## Competition for July

On the facing page, a beautiful picture is given; colour it and send it to us latest by August 15, 2013. The best three will be awarded suitable prizes.

The result will appear in September 2013 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Colour it



Name ..... Age.....

Address.....

.....



— Sakshi Gulati, Chandigarh

## Laughing Time

Teacher : Do you know that birds have an exceptionally good eye-sight?

Student : Yes, Sir.

Teacher : How can you say so?

Student : I haven't seen a single bird with spectacles.

◆◆◆◆ \* ◆◆◆◆

Editor : Your autobiography is superb!

Author : Thank you!

Editor : If we print it, it would be the best joke book!

◆◆◆◆ \* ◆◆◆◆

Father : Son, you have scored very low marks in History. What is the reason?

Son : Absent, Daddy.

Father : What absent! I dropped you on my scooter that day.

Son : Not me, Daddy. The student sitting next to me was absent!

◆◆◆◆ \* ◆◆◆◆

Rakesh : Grandpa, you love grandma so much even at this age!

Grandpa : Why do you say so?

Rakesh : You call her, Darling, Sweetheart, Honey, etc.

Grandpa : Oh, that is not so. I have forgotten her name and I am scared of asking her now. So I call her, Honey, Darling, Sweetheart, etc.

◆◆◆◆ \* ◆◆◆◆

Teacher : What would happen if there was no Sun?

Student : Our electricity bill would go up.

◆◆◆◆ \* ◆◆◆◆

Mother : Bharat, which is your favourite subject in school?

Bharat : Mathematics, mummy.

Mother : Really, very good. But tell me why do you like Mathematics?

Bharat :Because most of the time our Mathematic teacher remains on leave!



Guest : This wall is so thin that you can almost see through it.

Host : That's the window you are looking at.



Kiran : You dance beautifully.

Anshu : I wish I could say the same for you.

Kiran : You could, if you were as big a lair as I am.



Doctor : You should play, walk and do some exercises, your health will improve soon.

Patient : Yes Doctor, I play football, cricket, tennis and many other games!

Doctor : Good, where do you play all these games?

Patient : On my mobile phone or computer!



Praveen : Past is a wastepaper, present is a newspaper and future is..

Bharat : Yours or mine ....?

Praveen : Both of ours ...

Bharat : Mine is a question paper and yours is a tissue paper.



Santa – My wife died yesterday.. I'm trying to cry but tears do not come out, what to do?

Banta – No problem. Just imagine she came back.



Santa : Among my 4 sons 3 are Engineers.

Friend:4th?

Santa : Useless, Don't Study, became a barber

Friend : Why, Don't you throw him out.

Santa : Because he is the only one who earns..!



— Sanjay&Priya Tandon, Chandigarh

## Children's Fun page

# Love

Hello children! Here is a crossword for you. Try find fourteen value words that are a part of this LOVE Crossword. Have fun!

One has been done for you as an example.

S	K	C	E	M	P	A	T	H	Y	S
X	J	A	E	K	V	H	O	P	N	Q
F	O	R	G	I	V	E	N	E	S	S
A	Y	I	O	N	L	L	X	P	H	Y
I	B	N	L	D	C	P	D	O	A	M
T	U	G	E	N	L	I	K	L	R	P
H	F	N	S	E	C	N	F	I	E	A
T	C	Q	S	S	O	G	X	T	K	T
P	R	N	J	S	M	I	L	E	W	H
C	O	M	P	A	S	S	I	O	N	Y
Z	Y	T	O	L	E	R	A	N	C	E

POLITE  
 SMILE  
 JOY  
 SHARE  
 HELPING  
 CARING  
 KINDNESS  
 TOLERANCE  
 FAITH  
 SYMPATHY  
 COMPASSION  
 EMPATHY  
 EGOTISM

— Answers



— Sahil Rai, California, U.S.A.

### What Parents Owe to Children

Since parents have conferred life  
on their children,  
they have the most solemn obligation  
to educate  
their offsprings.

Hence parents must be  
acknowledged  
as the first and foremost educators  
of their children.

Their role as educators  
is so decisive that  
scarcely anything can compensate  
for their failure in it.

For it devolves on parents  
to create a family atmosphere  
so animated with love  
and reverence  
for

God and men  
that a well rounded  
personal and social development  
will be fostered among  
the children.





## Have Your Say

Every article of Hansti Duniya is inspiring but I was very happy and elated to read. Editorial “Spiritual Growth of Family”, “Teaching English in Hindi” has been a unique one. Why some fruits sweet while others are sour?” “World Environment Day”, “Tansen a great musician” are revealing items. “Women IAS quits job for Mom” will encourage children to serve their parents sincerely.

—Neha, Delhi

I am a regular reader of Hansti Duniya. As I am science student I like articles related with science. Article published in the Hansti Duniya” “Why the colour of Leaves green?” is very useful for students. Regular columns e.g "Gist : thou formless one." "Thoughts to Ponder", "H.D Answers" "Colour it", "Smses of the month," "Enrich your Word Power" etc. are very interesting and gives very useful knowledge. I am very happy to mention that our Hansti Duniya is improving day by day with the hardwork of Hansti Duniya Staff under the able guidance of Member Incharge.

—Gold, Mandi

Hansti Duniya is very suitable book for children. Laughing time is very good. Crossword and improve you grammar are very educative. Every story has a very good moral. My best wishes for the success of this children magazine in India and all over the world. How nice, if every family subscribe this monthly for their children as the sole aim of education is to educate the soul.

—Nishtha Anand, Ludhiana

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