

# HANSTI DUNIYA <sup>A10/-</sup>

Vol. 27 • No. 8 • AUGUST 2013



*Greetings for Independence Day*



JAI RAM DASS

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## PARADISE LIES

### Under The Feet of Parents

It is seen here, there and everywhere that ungrateful children ill-treat their aged parents. They are sent out of their homes and subjected to unspeakable torture. Leaving the parents to the Will of God, sons and daughters are interested in their Will about property. Watching their tears and prayers, Goethe once said, that an aged man is always a "King Lear." When the cruel treatment of his two daughters made his life hell, the King Lear cursed them, *"How sharper than a serpent's tooth it is to have a thankless child."*

All the scriptures and ideals of society enjoin upon children to be obedient and grateful to parents. The 5th commandment in the **Holy Bible** expressly lays down, "Thou shall honor and serve thy father and mother." Children are expected to love their parents as much as they love the Lord.

Describing parent-child-relationship, **the Islamic Law** says that after Allah, parents are the persons who give us innumerable favours. They provide protection, food and clothing to the newly born. It says, "And your Lord has ordained that you shall worship none except Him and shall do your parents, a good turn." Through spiritual congregations arranged regularly for children, throughout India and overseas, the Sant Nirankari Mission stresses that '**good turn**' to parents means loving, obeying, speaking softly and caring for their needs, especially in their old age.

For harmony in the house, parents are advised to catch their children young for a spiritual touch. In turn, children would do well to remember the Hadith, **"Paradise lies under the feet of parents."**

- C.L. Gulati

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## SAMPURAN AVTAR BANI

### Ik Tu Hi Nirankar - 80

POORA GUR NA DASSE HARGIZ GANGA JAMNA DE ASHNAN;  
POORA GUR NA DASSE TIRATH PUJA PUNN TE DAN.  
POORA GUR NA PADHNA DASSE GRANTH ANJEELAN VED QURAN;  
POORA GUR NA DASSE HARGIZ JANGAL VAS SMADHI LAAN.  
POORA SATGUR KEVAL DASDAI IKO EKE DI PEHCHAN;  
POORA SATGUR KEVAL DASDAI IKO EKE DA HI DHIAN.  
POORE GUR DI NAZRAN ANDAR CHHOTE VADDE IK SAMAAAN;  
POORE SATGUR DI NAZRAN ANDAR IKO JIHE NE KULL INSAAN  
AISA SATGUR JEKAR LABHE APNA SEES JHUKA DAIEY;  
AVTAR IHO JAHE SADHU UTTON APA GHOL GHUMA DAIEY.

### Gist : Thou Formless One










The Perfect Master does not ordain bathing in the Ganges or the Yamuna,  
The Perfect Master does not ever ordain pilgrimage, modes of worship and making offering and donations.  
The Perfect Master does not ever ordain the recitation of holy scriptures like Adi Granth, the Bible, Vedas or Quran;  
The Perfect Master does not ever ordain living in forests and sitting in trance.  
The Perfect Master tells only to know and perceive the one Absolute;  
The Perfect Master tells only to link the mind with the One, Absolute.  
In the eyes of the Perfect Master, the high and the low are equal.  
In the eyes of the Perfect Master all human beings are equal;  
On finding such a True Master, one should bow his head before him;  
Avtar says, one should sacrifice one's all unto such a True Saint.

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Compiled by : Hardik Khinda, Sanskriti School, Delhi

## THOUGHTS TO PONDER

-  Association of saints lends an edifying touch,  
— Baba Gurbachan Singh
-  Tulsi, association with a saint even for a short while  
washes away millions of sins.  
—Tulsi Das
-  Homes really are no more than the people who live in  
them.  
— Nancy Reagan
-  An enlightened being has no desire for fruit of action.  
—Baba Avtar Singh
-  The true Guru is one who dispels your ignorance and not  
add his own ignorance to you.  
— Scriptures
-  Father, forgive them; for they know not what they do.  
— Bible (Luke: 23:34)
-  In the middle of difficulties, is the opportunity  
— Albert Einstein
-  Selfless service is the highest peak of worship and  
devotion.  
— Nirankari Baba
-  What you dislike in another, take care to correct in your self.  
— Sprat  
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# C r o s s w o r d

— Vikas Arora, Rewari



## Left to Right ➔

1. Antonym of Minimum.
5. Lord \_\_\_\_\_ was the twenty-fourth and the last Tirthankara of the Jain religion.
6. Plural of REGION.
10. A powerful motor vehicle used for pulling agricultural machinery.
11. The word that comes last in the dictionary: ANTENNA, ANCIENT, AGAINST.

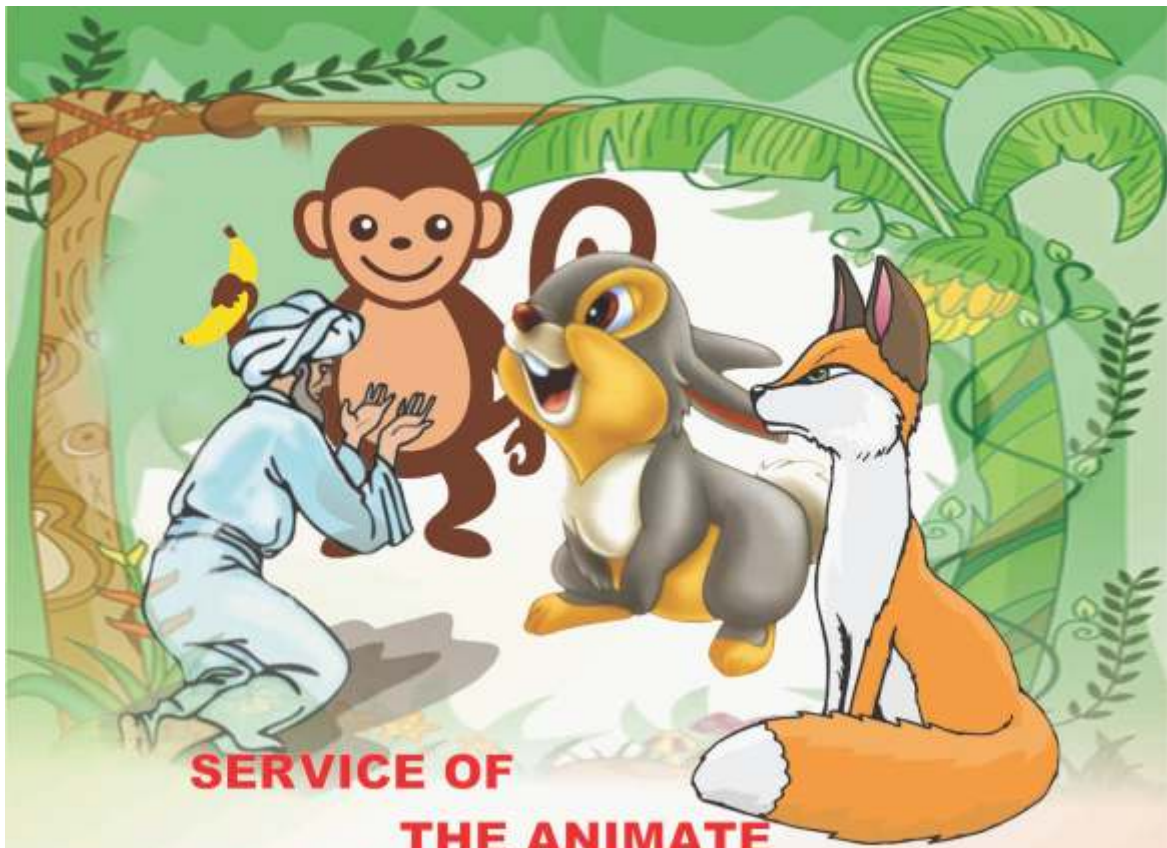
## Up-Down ▼

2. Not asleep.
3. A native of Iraq is known as \_\_\_\_\_.
4. Proverb: \_\_\_\_\_ is strength.
6. The Bharat \_\_\_\_\_ is the highest civilian award of India.
7. A sum of money given by a government, for a particular purpose.
8. Antonym of SELDOM.
9. An Asian country whose capital is Damascus.

Note . Solution on Page No.23

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## SERVICE OF THE ANIMATE

— Garima, Delhi

There lived a fox, a rabbit and a monkey together in a jungle. They were known for their ideal friendship. They were not only kind to each other but also used to help whoever came to them. Everyday they used to meet at a certain place.

Once an old man lost his way in the same jungle and kept on wandering. He was very hungry too. But he could not get anything to

eat. His thirst for water added to his trouble. He had heard about the friendship and kindness of the fox, the rabbit and the monkey. While roaming about, he happened to reach the place where these friends were enjoying a chat. As he approached them, they welcomed him and asked him about the purpose of his visit.

The old man said, "Friends, I have heard a lot about

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you. I am very thirsty and hungry. So, please help me." On hearing this, the monkey at once left the scene. The fox also left immediately after the monkey. While the old man was still narrating his story, the rabbit also left the place without saying anything.

The old man got annoyed and felt ill-treated at the behaviour of the three friends. However, after a short while, the old man was surprised to see the monkey returning with plenty of fruits for him. While he was eating the fruits and thanking the monkey, he saw the fox also coming from the other side.

The fox had brought some fish and drinking water for the old man who felt very happy. He had the water and ate the fish brought by the fox. By the time, the rabbit also returned. But he was unable to find

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anything for the old man. Seeing him empty-handed, the old man said, "I thought you were also kind-hearted like monkey and the fox."

The rabbit gave no answer, instead, he asked his friends to bring some firewood which they did without any loss of time. The Rabbit lit the fire and jumped into it, saying :I could not bring any thing for you, so please eat my roasted meat and oblige us."

The old man was moved. He hastened to save the rabbit, though he was a little burnt. The stranger gave the rabbit herbal treatment and cured him. The old man whispered : "Really, these animals are better than the selfish human beings, because they have made it a principle to serve and help others even at the cost of their lives."





# Song of

— Sagar, Patiala



# ness

Know ONE, believe in ONE, ONE be all  
The True Master has given the ONENESS call

Let us be human, first of all  
The True Master has given the ONENESS call

ONENESS of mind, ONENESS in thought  
Is possible after knowing the Formless GOD

All are equal, none is big or small  
The True Master has given the ONENESS call

Let us be the torch bearers of the mission  
And be full of love and compassion

HOLY blessings shall then come like a windfall  
The True Master has given the ONENESS call

ONENESS shall break all man made barriers  
Human beings shall become peace carriers

Remember Sagar, the fate of the famous Berlin wall  
The True Master has given the ONENESS call.



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## Independence Day — 15 August

— Amarjit, Chandigarh

The Independence day is a red letter day in the history of our country. On this 15th day of August 1947 we achieved independence from foreign rule and our dream of freedom was realised. This was not an easy achievement. A heavy price had to be paid. Many noble souls had to be sacrificed at the altar of freedom. The flag hoisting ceremony on this day is a symbol of the homage we

pay to the memory of these national heroes. The meetings held at various places and the speeches made are to make the people realise the great responsibilities needed to protect and safeguard at all costs this hard won freedom.

The national flag is not merely a 3:2 rectangular tri-colour strip. The colours of the flag have

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their meaning and even the cloth which is used is none other than the hand spun and hand woven khadi.

The saffron is a symbol of renunciation, courage and sacrifice to remind us of the patriotism and sacrifices of the freedom fighters. It also serves to inspire and inculcate these qualities in our character.

The white colour represents truth and purity to inspire us to lead a pure, simple and truthful life.

The green is a symbol of abundance, life and prosperity. It is an inspiration to work hard and utilize our natural resources.

The wheel at the center of the white strip is a symbol of progress inspiring us to move forward and bring progress and prosperity.

We indeed are privileged

to be born in an independent country but still we find ourselves slaves not to foreign rule and dominance but to our own narrow disruptive, corrupt, communal, parochial forces and elements. We have to rise above all these sectarian forces and unite. In this regard we can not forget The Father of the Nation— Mahatma Gandhi who advocated and practiced non-violence. He was a soldier who fought with the weapon (non-violence) of a saint. Let us follow the footsteps of all the freedom fighters. You the children of today are the citizens and leaders of tomorrow. Great responsibilities rest on your shoulders. The future of the country is in your hands. You have to make it bright so that the lines of the poet Iqbal hold good.

**"Sare Jahan Se Achha  
Hindustan Hamara,  
Hum Bul Bule Hain Isske,  
Ye Gulsitan Hamara."**

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Gauri, Kamal (Khiri)

Abhishek, Aniket (Kolhapur)



Bhakti (Medhtacity) Aradhana (Dasua)

Adikumar (Mukarpuri)

Nidhi (Jalgao)

Ladoo (Hungli)



Ranindraprdeep (Chd.)

Aseem (Delhi)

Sukhjot (Nalagarh)

Niharika (Anoogarh) Saumya (Gangaji Ka Khera)



Vidit (Jaipur)

Harshavardhan (Bikaner)

Hardik (Vikasपुर)

Kanan (Amritsar)

Prachi (Jaipur)



Anshpreet (LAKhan Ka Pedha) Gursimrandeep (Chd.)

Sudiksha (Aarepur)

Arpita (Sivni)

Sankaip (Sarnaath)



Divya (Yamanananagar) Yuvraaj (Delhi)

Vansham (Raipur)

Surbhi (Amritsar)

Hitesh (Makarnpur)

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Jeet (Ballarpur) Shambhatee (Mumbai) Shriram (Madhopur) Lavleen (Chd.) Harshita (Ambikapur)



Suhaani (Kolhapur) Suarthak (Jaipur) Lakshya (Datiya) Chetna (Datiya) Lakshya (Patiala)



Samarth (Agra) Krishna (Amritsar) Aman (Ahemdabad) Nikhil (Delhi) Tamanna (Ambala)



Krishna (Barhaanpur) Khushi (Tuljapur) Keshav (Yamunanagar) Sobam (Madhavnagar) Harshita (Tapa)



Saanvi (Allahabad) Agamjot (Ropar) Ishant (Gorakhpur) Sameeksha (Nalagarh) Komal (Delhi)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, which should reach us atleast two months before.

Editor, **Hansti Duniya**  
Magazine Section  
Sant Nirankari Mandal  
Sant Nirankari Colony, Delhi-9

**HAPPY BIRTHDAY**  
The above coupon must be affixed on the back side of the photograph

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# Kitty

Story & Illustration  
Ajay Kalara



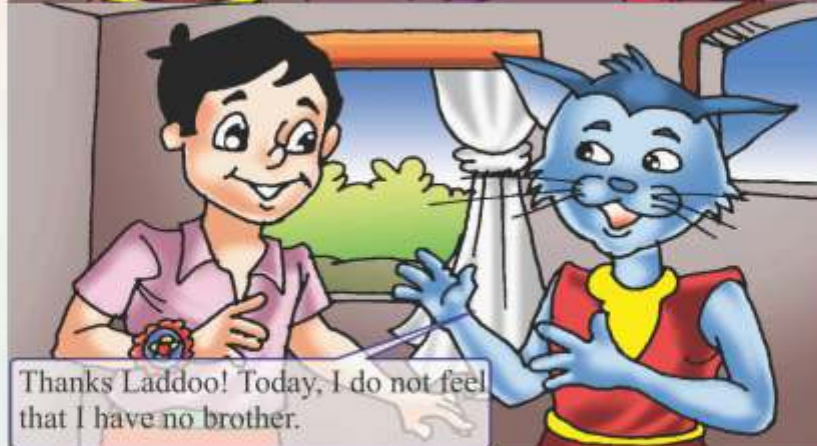
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## H. D. Answers

— Richa Rai , Dehradun

Q: Why does the failing person always curse his fate?

A: To release himself of the blame of failure.

— Pawan, Azamgarh

Q: How to remain happy for ever?

A: Happiness is derived from living in harmony with one's natural surrounding through spiritual awakening.

— Sanjay Singh, Ludhiana

Q: Does the Divine Knowledge ever fade?

A: Once ignited this knowledge never fades. And its flames are fed by the fuel of Faith.

— Raunak, Mumbai

Q: What is the ultimate outcome of woes and comforts of life?

A: The real, practical knowledge.

— Ratnesh, Surat

Q: When does one know that God really exists?

A: When with the blessings of the True Master (Satguru), he attains God knowledge (Gyan).

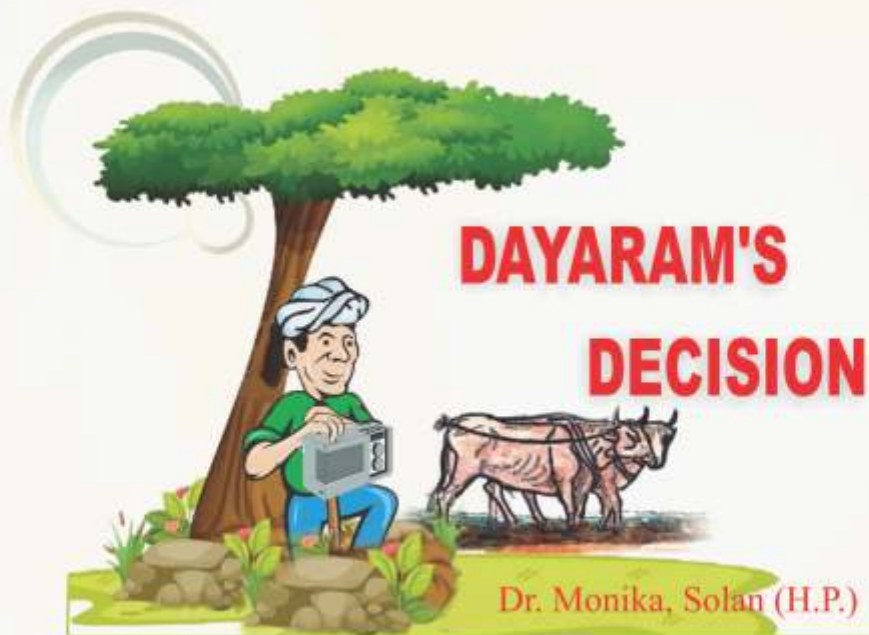
— Shobhit Keswani, Heuston (USA)

Q: Does spirituality clash with science?

A: Spirituality does not clash with science, rather completes it.

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## DAYARAM'S DECISION

Dr. Monika, Solan (H.P.)

The farmers were working hard in their fields. After the efforts of many days their fields were ready for the seed. One day all the farmers were sitting under the pipal tree listening to the radio. In the news it was predicted that there would be no rainfall in the monsoon and everyone may have to face a deficiency of water. Now, the farmers were worried, because they had a handful of seeds only and they could not afford to waste them. After listening to the news, the farmers decided that

they would not sow the seed that season.

One farmer Dayaram was firm in his decision of sowing the seeds in his fields. Everyone was talking about his foolishness and the elders advised him not to waste his seeds because without water there would be no crop. Dayaram answered everyone very politely, 'My job is to sow the seed. I should do it sincerely and leave the result on God. Subsequently he kept on going to the fields



→  
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## God Knowledge Vs Air-conditioner

\* Heat flows from a 'higher temperature to a lower temperature. We need an air-conditioner to make the heat flow in the reverse direction. The compressor pumps the heat from the evaporator at lower temperature to the condenser at a higher temperature.

— **J.K. Kawrani**

\* Similarly human beings are being controlled by five vices. As a result we fill our hearts with negativity and need the pump of God knowledge to remove this heat of negativity. As a result positivity dwells in our hearts resulting in eternal bliss (cooling).

→ regularly.

One day as the clouds were passing by his field they saw only one farmer working hard on his land. The clouds were talking to each other, "When it was predicted that there would be no rain then why is this person working so hard". Seeing this they concluded, When this person is not leaving his work, then why should we forget to

perform our duty. After sometime it started raining.

**MORAL :- You do your best — God does the Rest.**

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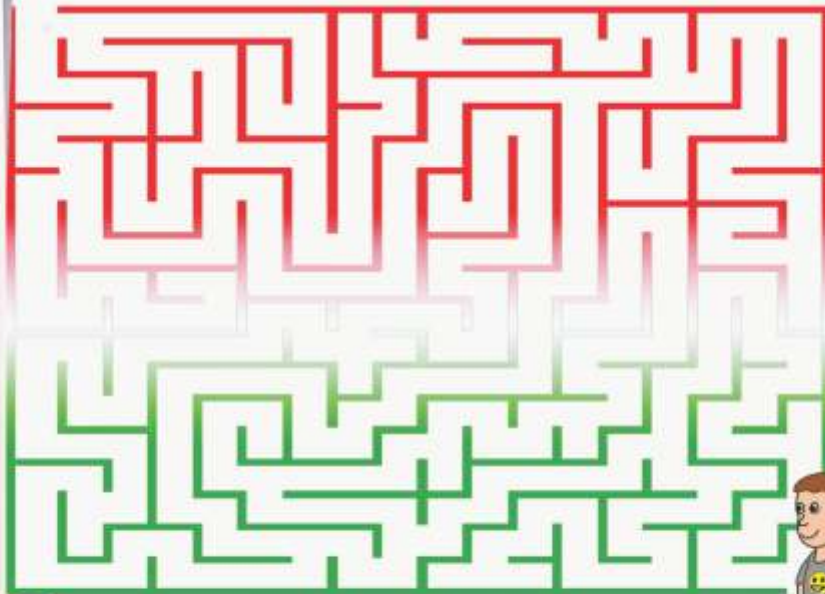
# We Will Make India Great

India is our  
motherland  
To serve her we  
ever stand  
The traitors shall  
be banished all  
For our nation,  
our life is whole  
Never shall we  
hate any race

One and all  
shall we embrace  
Come what may,  
at any rate  
We will make our  
India great

(Translation: A.C. Sharma)

Guide this boy to reach Flag



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## Improve your Grammar

*Choose the right option –* —Vikas Arora (Rewari)

- Romesh is a \_\_\_\_\_ clerk in the SP office.  
A) MERE                      B) MARE
- My brother will solve the problem as he is really a \_\_\_\_\_ of all trades.  
A) JACK                      B) JILL
- How much did it \_\_\_\_\_ you to have your radio repaired?  
A) COST                      B) CHARGE
- Which one of the following is an uncountable noun: Man, Class, Happiness, Team?  
A) CLASS                      B) HAPPINESS
- Neither of the two speeches \_\_\_\_\_ relevant to the occasion.  
A) WERE                      B) WAS
- What is the plural of Daughter-in-law?  
A) DAUGHTER-IN-LAWS    B) DAUGHTERS-IN-LAW
- Form adverb from the word 'TRUE'.  
A) TRULY                      B) TRUELY
- In high school, many of us never realized the importance that grammar would \_\_\_\_\_ in later life.  
A) ESTABLISH                B) EXERCISE

Answer	1	2	3	4	5	6	7	8
Sheet								

*Judge your position from the table given below:*

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

*For answers turn to page 25*

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## Why do rain-bearing clouds appear black?

The monsoon are here. Threatening dark clouds, strong winds, thunder and lightning seem to be the order of the day. Traffic jams, black outs and power cuts are also related phenomena. Have any of you ever wondered as to why rain-bearing clouds appear black. Well, here is some basic information

regarding the same.

A rain-bearing cloud contains innumerable tiny drops of water. But their number varies from cloud to cloud. Some clouds are white while some others are black or grey. Do you know why rain-bearing clouds are black?

We know that when light falls on some object part



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of the light is absorbed and the remaining part is reflected. All shining objects are good reflectors while dark objects are good absorbers of light. As a matter of fact any object appears black if it absorbs all the colours present in light.

The clouds which reflect most of the sunlight falling on them appear white while those which absorb it appear black. Since a rain-bearing cloud contains a very large number of water droplets it is capable of absorbing most of the sunlight falling on it. That is why the rain-bearing clouds appear dark. When sometimes the sky gets overcast with many dark clouds, it becomes quite

dark even during the day because most of the sun rays get absorbed by them and cannot reach the earth.

Sometimes we see certain clouds having shining outlines. These clouds are made up of very small crystals of ice and are very high up in the sky. The ice crystals are transparent and therefore, allow most of the light to pass through. That is why they appear so bright.

— AJT.  
Courtesy CKB

1	M	2	A	X	3	I	M	4	U	M
			W			R			N	
5	M	A	H	A	V	I	R			
			K			Q			O	
6	R	E	7	G	I	8	O	N	9	S
	A			R			F			Y
10	T	R	A	C	T	O	R			
	N			N			E			I
11	A	N	T	E	N	N	A			





— Sanjay and Priya Tandon, Chandigarh

Namaskar—The traditional Indian way of greeting wherein we join our hands to give honour and respect. Let us pause for a moment, reflect and ponder upon it's meaning.

Namaskar is made up of 2 words Namah and Sakar. While uttering these 2 words we join our hands together thus controlling all the sense organs. We then bow to the embodiment of divinity to whom we are addressing the greeting and pay obeisance to the God immanent in that person.

Wise men and prophets

reiterate the statement that each one of us has God residing within us. The soul or atma is a miniscule part of the Supreme soul-Paramatma. We need to look at every one around us as an embodiment of divinity which is present in men like fragrance in a flower, fire in wood and oil in sesame-not visible but latent.

So, each time we use the word Namaskar we must make sure we remember it's significance and actually perform Namah+Sakar which is a synonym of Dhan Nirankar. \*

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## Improve your Grammar

### Answers:

1	2	3	4	5	6	7	8
A	A	A	B	B	B	A	B

### Q.No.

### Explanation

- ✿ 1. 'Mare' is the female of a horse. 'Mere' means being solely or only what is specified.
- ✿ 2. 'JACK OF ALL TRADES' means one who can turn his hand on anything.
- ✿ 3. The repairer charged you but the repairing cost you.
- ✿ 4. Those nouns which can be counted in terms of number are said to be **COUNTABLE NOUNS** and those which can only be estimated in terms of quantity are said to be **UNCOUNTABLE NOUNS**.
- ✿ 5. If the subject begins with 'NEITHER OF', the verb takes the singular form.
- ✿ 6. The plural of Daughter-in-law is Daughters-in-law, not Daughter-in-laws.
- ✿ 7. **TRULY** is formed from **TRUE** plus the ending **-LY**. It is one of a group of the words in which the final silent E is dropped before adding **-LY**.
- ✿ 8. **ESTABLISH** means to set up and **EXERCISE** means to use or apply.

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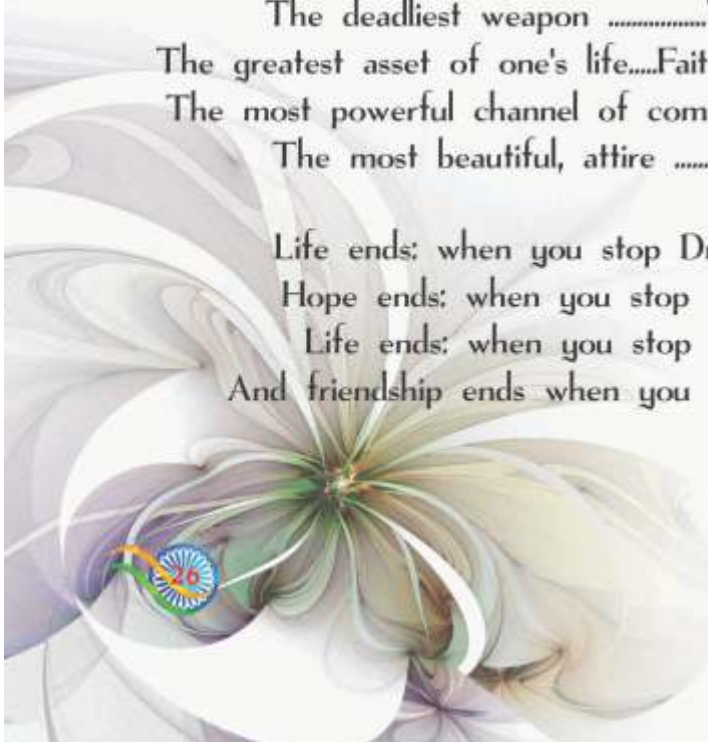
## **AND THE BAD**

Ms. Shefali Angral (Gurgaon)

The most destructive habit.....Ego.  
The greatest Joy .....Giving joy to others!  
The most satisfying work .....helping others!  
The most effective sleeping pill .....Peace of Mind!

The most powerful force in life .....LOVE!  
The deadliest weapon .....The Tongue!  
The greatest asset of one's life....Faith in The Almighty!  
The most powerful channel of communication.....Prayer!  
The most beautiful, attire ..... SMILE!

Life ends: when you stop Dreaming.....!  
Hope ends: when you stop trusting.....!  
Life ends: when you stop loving.....!  
And friendship ends when you stop sharing.....!



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## The Power of Goodness

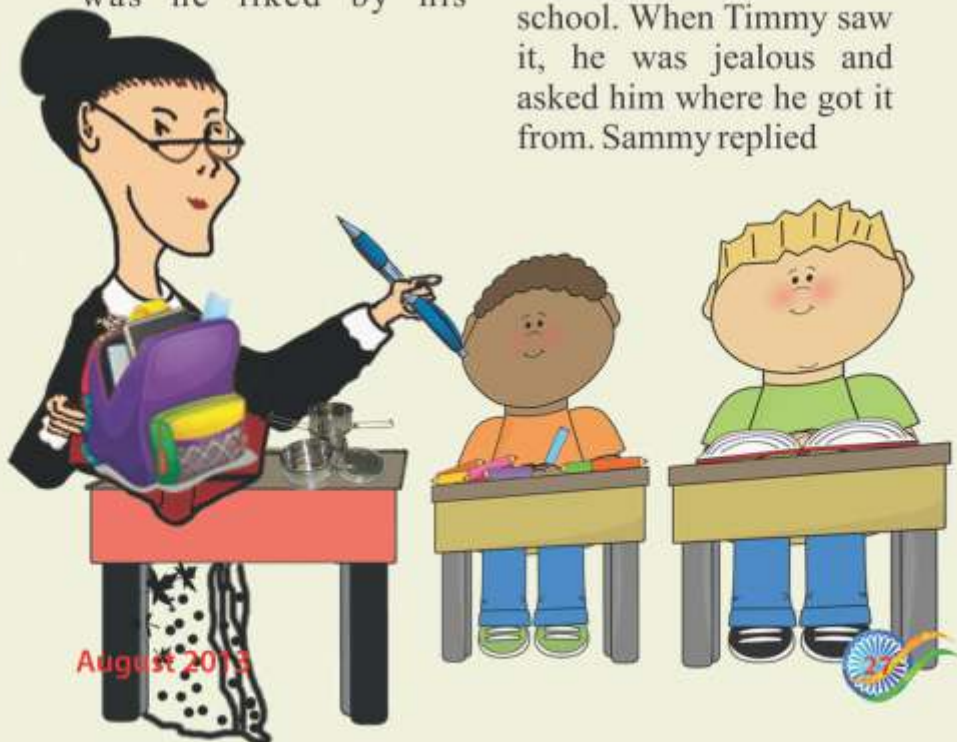
Be Nice to everyone, even those who are rude to you;  
not because they are not nice, but because YOU are nice!

— Minna Sondhi

Long ago there lived a good boy Sammy. He was an obedient child and good in studies and sports. He was liked by one and all and this fondness of every one for Sammy aroused jealousy in many other boys. Timmy his friend was quite unlike him He was not good at studies nor was he liked by his

classmates. He was rude to his parents ill treated Sammy and often put him down. Despite all this Sammy 's grades kept on improving.

On his eighth birthday, Sammy got a pen as a gift from his parents. It was indeed a beautiful pen and Sammy brought it to school. When Timmy saw it, he was jealous and asked him where he got it from. Sammy replied



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saying it was a gift from his parents. Timmy was overwhelmed with anger and jealousy. He was a bad boy and rarely got gifts from his parents. He decided to steal the pen. During recess, when there was no one in the classroom he opened Sammy's bag, took out the pen and hid it in his own bag. Later, he went out to have his own tiffin.

Not finding his pen after recess Sam informed the teacher who later instructed the monitor to check every child's bag. The missing pen was found in Timmy's bag the teacher was in a rage and said, "Now Timmy, what do you have to say." Timmy was quiet and in tears. Seeing him, Sammy took pity and requested the teacher not to take any action against Timmy now that his stolen pen had been found.

This opened Timmy's eyes. He now saw Sammy's

goodness and asked for forgiveness from Sammy and his teacher. He became friends with Sammy and gradually changed himself. Everyone also began to like Timmy and was proud of him. Despite being hurt by Timmy, Sammy gave him only love in return. This is how we should treat our enemies. Who knows— one day our behavior may change them for the better.

**Moral—Do not hurt someone even if he harms you. Be good to all.**

### Never break

Never break four things in life. Trust, Relation, Promise and Heart because when they break they do not make noise but give a lot of pain.

— Charles Dickens

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## What is Human Excellence?

Have we heard about the person who got the Nobel Prize in Physics last year? Probably No  
Ok, what about the one who invented the T.V. Again No.

On the other hand,  
Have we heard about Lord Jesus and Hazrat Mohamed. Yes  
Have we heard about Lord Rama and Lord Krishna. Yes.  
The million dollar question is why is it so, that we do not know about the person

who got the Nobel Prize in Physics last year but we know about Lord Rama and Jesus who lived thousands of years back.

Where does the human excellence lie; in the upper group or the lower group?

And the question is why?

What is special in the 'lower group'?

What is their qualification?

The upper group deals with,

"How to make a living"

The lower group preaches

"How to live with love".

— Sanjeevan Kumar, Chandigarh

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## RIDDLES

—Sakshi Gulati, Chandigarh

1. What has a neck but no head, and wears a cap?
2. What is it that you cannot see but is always before you?
3. As I went across the bridge, I met a man with a load of wood which was neither straight nor crooked, what kind of wood was it?
4. What gets beaten, and whipped, but never cries?
5. There is a river which does not flow, there is a tree the leaves of which do not tremble, there is a man who has no life. Guess how is it possible? Remember, if you get confused, you are not wise.
6. Where does Thursday come before Wednesday?
7. Unscramble "Yolnwonder"
8. In which gate, one cannot enter?
9. Which is the largest rope in the world?
10. What kind of the fish chases a mouse?

---

1 - A bottle 2 - The future 3 - Sawdust 4 - An Egg  
5 - Scenery 6 - In the dictionary 7 - One word only  
8 - Colgate 9 - Europe 10 - A cat fish

Answer



Hansti Duniya



## Camphor- The effective & healthy mosquito repellent

— Gurmeet Sidhu

Malaria and Dengue are on a steep rise. We all must be using liquid or the old blue tablet type of mosquito repellent sold under various names. Despite their use, it is common to see mosquitoes hovering around with the best of repellents in action. Secondly, we cannot use these mosquito repellents the whole day. Thirdly, many people land up with allergies due to them.

In the past, man would light diyas and burn camphor on a regular basis as a part of daily puja. These helped to purify the air and keep harmful bacteria, viruses, and mosquitoes away! We can definitely have a better and healthy environment with the use of camphor.

Camphor or Kapur is a waxy, white, or transparent substance extracted from the wood of the Camphor Laurel

tree found in Asia. Camphor has many known medicinal uses-

It relieves nasal congestion and cough when rubbed on the chest as an oil. Camphor is used as an ingredient in throat lozenges and cough syrups and in Vicks. Camphor is



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also used in some anti-itch ointments, creams and cooling gels because it can be absorbed through skin and is effective at treating pain locally. It has an analgesic effect which makes it a favorite oil to be used in pain relieving massage blends for sore muscles and arthritic pain. Camphor is known to improve the quality of air making it a better for our lungs and heart.

Many people are not aware of the Mosquito repelling powers of Camphor— a simple solution without side effects and very cost effective. **CAMPHOR IS A NATURAL MOSQUITO REPELLENT.** Its effect lasts round the clock! You do not need to burn it for that. There are three easier ways to do it

1. Put 2 tablets of commercially available camphor on any warm surface- the device shown in the picture serves the purpose well. Plug it for an hour and see the results! You can do it twice a day-



morning and in the night as well!

2. Place 2 tablets of camphor in different corners of the room or at places where mosquitoes seem to love to stay. Leave them there and they will evaporate in a day or so keeping the air purer and mosquito free.

3. Take a wide open cup or plate with water. Drop 2 tablets of Camphor into the water. Keep the cup with water and camphor in your sleeping room. The quantity of water and camphor may differ according to room size. Water evaporates at normal temperature. Camphor slowly starts dissolving in water. The water evaporates with camphor smell. Adding a little bit of hot water gives instant action.

You will be amazed at the results! Do experience it and help spread these healthy tips!

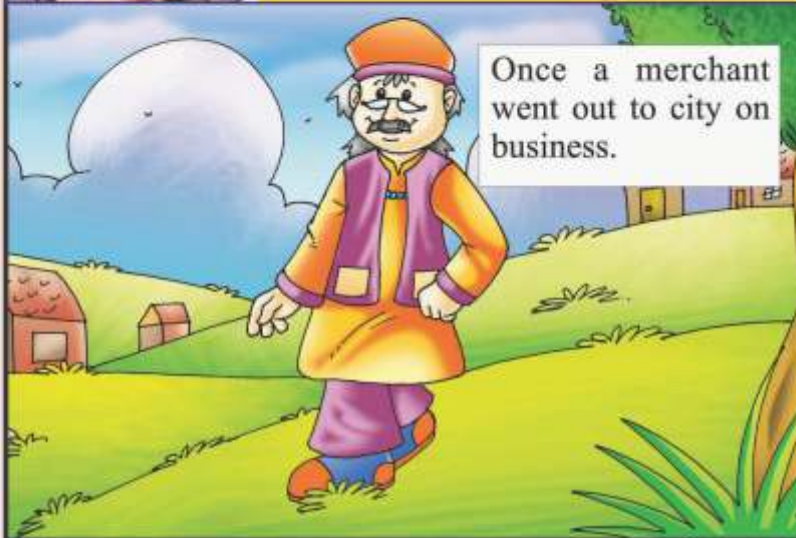
Hansti Duniya



# GRANDPA

Story & Illustration:

-Ajay Kalara



No sooner did the merchant set out on his return journey to the village, it started raining heavily.



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The merchant thought of spending the night at an inn in the city.



On reaching the inn, he started knocking at the door.



After a long wait, the watchman answered from inside- I am sorry to say that the door key is lost. Now the door can be opened only with a silver-key.





The merchant at once understood what the watchman wanted. He pushed a silver-coin into the room.

Soon the door was flung open.

The merchant requested the watchman to fetch some food for him from the bazaar . Saying and the watchman left.

After the watchman went out, the merchant bolted the door from inside.



## photo Feature



Please bless me with  
good health.  
— Purna (Jammu Tawi)



Anuj Kumar



Every one should read  
Hansti Duniya.  
- Ashish (Kota)



Everyone should  
smile like us.  
- Vidhita,  
Sampita  
(Raipur)



We love each other.  
— Vidhit, Tamanna (USA)



I will attend the Delhi Sant  
Samagam. - Harshita Manvani (Ambikapur)

I will also  
join you  
Harshita.  
— Pavni  
(Panipat)



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Pratham (USA)

I love day dreaming.  
— Aryan (Thane)

Laughter is the best  
medicine. - Suhani (Delhi)



Look at my ethnic dress.  
— Prateek Khubhandani (Kota)

My dress is  
also awesome.  
— Mahak  
(Kurali)



My father has given me this  
purse. — Ranvir Singh  
(Kolkata)



I will also give money from  
my piggy bank for Samagam  
sewa. - Anisha (Gurgaon)



**Hansti Duniya**





**Photo  
Feature**



We both are ready for Raksha Bandhan. — Vandit, Vanshika (Gurgaon) I salute our National flag — Niharika (Chandigarh)



I will always serve my country. — Ashwin (Brisbane, Australia)



I will wear Bal Sewadal uniform soon. — Tanvir (Ambikapur)



I want to become a dancer. — Suhani (Kolhapur)



I also want to do sewa in Delhi Sant Samagam. — Swasti (Allahabad)

**August 2013**



## THE END OF AN ERA

### The Telegram Dies at 163

—Harish Gulati, Chandigarh

The 163 year old high speed carrier of good and bad news is no more. It breathed its last at 11.45 p.m. on 14 July 2013.

Old timers remember using the service to announce a wedding, an impending visit, seeking leave or like in Bollywood movies – signalling a bad happening – illness & death.

It was an important means of communication and made available to the public in 1854. Revolutionaries fighting for the country's independence used to snap the telegram lines to stop the British from communicating.

The last telegram was booked at the Central telegraph office by Ashwini Mishra wherein messages were sent to Sh. Rahul Gandhi and Director General DD News SM Khan.

In the era of the telegram during a school inspection a visiting inspector questioned a child about the fastest ways of communicating a message.

One child was prompt in replying and said-telephone, telegram and tell-a- woman.

But now, with the death bell having been sounded for the telegram, we are left with only two.



Hansti Duniya



## SMSes of the month

The ultimate measure of man is not where he stands in moments of comfort and convenience, but where he stands in times of challenge and controversy.

— Pujiya Mata ji

The wisest man has something yet to learn.

— Raj Arora, USA

Thinking hard about the past brings tears, pondering about the future brings fears, enjoying the present with a smile brings cheers.

— Ashok Rai, Mumbai

Any chance you get, take it. You never know what it could lead to.

— Rajender Chaudhary, Ambedkar Nagar

No one has ever manufactured a lock without a key. Similarly God won't give a problem without a solution.

— Kiran, Ambala

Apologising does not mean that you are wrong and the other person is right. It simply means that you value the relationship much more than your ego.

— Nirmala, Nirankari Colony

One tree is sufficient to make lacs of match sticks, and one matchstick is sufficient to burn lacs of trees.

— Avneesh Gulati, Chandigarh

**Hansti Duniya**



## Winners of June Issue

Ist :	Manoj Kumar 7/5 Nirankari Colony, Delh – 9	12 Years
IInd :	Seerat Dhawan H.No. 1, Sec. 7, P.K.L. Distt. Panchkula (Hry.)	13 Years
IIIrd :	Krishna Arora C 1/32, G.F. Palam Vikas Gurgaon (Hry.)	7 Years

## Consolation Entries

Amandeep Singh (Kapurthala), Dinky (Jalandhar), Krishna Yadav (56 APO), Aayushi Sariv (Ganesh Nagar), Namarata Chawla (Ambala City), Samvit Nehru (New Delhi), Arjun Ahuja (Wazirabad, Delhi), Vishal (Amlaner, Jalgaon), Manya Kapoor (Gurgaon, Hry.), Amandeep Singh (Kapurthala), Vilehor Ahuja (Lakhi Colony, Barnala), Sampada Soni (Pitampur, Delhi), Bhanu Thakur (Krishana Nagar, Shimla),

## Competition for August

On the facing page, a beautiful picture is given; colour it and send it to us latest by September 15, 2013. The best three will be awarded suitable prizes.

The result will appear in October 2013 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.



**Hansti Duniya**

Colour it



Name ..... Age.....

Address.....

.....

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— Pulkit Bhardwaj, Chandigarh

## Laughing Time

**Boss:** Where were you born?

**Sardarji:** India ..

**Boss:** which part?

**Sardarji:** What do you mean 'which part'? My whole body was born in India .

**Interviewer:** How does an electric motor run?

**Candidate:** Dhhuurrr. ....

**Interviewer :** Stop it.

**Candidate:** Dhhuurrrr dhup dhup dhup...

Santa Ne Jalte Hue Makan  
Se 6 Logo Ko Apni Jaan  
Pe Khelkar Bahar Nikala  
Fir Bhi Usko Jail Ho Gayi  
Kyun...

Kyun Ki Vo Sab  
Firebrigade Wale The..

**Santa:** "God, if you give me Rs.100 , I will donate Rs. 50 in a temple". (After walking some distance, he finds a Rs.50 note)

**Santa:** "Shame on you God, you don't even trust me a little? You have already taken your share!"

A notice in the waiting-room of a medical clinic.  
To avoid holes in our carpets and your lungs please refrain from smoking!

**Santa** was caught for speeding and went before the judge.

**The judge:** What'll you take 30 days or Rs 3000.

**Santa:** I think I'll take the money.

**Santa** standing on platform suddenly jumps on the railway track.

**Banta:** Santa u'll die.

**Santa:** You will die Because haven't you heard the train is coming on the platform?



**Banta:** Marte waqt aadmi ko kya dena chahiye?

**Santa:** Birla cement.

**Banta:** Kyun?

**Santa:** Kyunki iss Cement mein jaan hai

\*\*\*\*\*  
**Teacher** – Sushil what does your father do?

**Shusil**– Sir, he does whatever my mother asks him to do.

\*\*\*\*\*  
**Teacher**–Sidharth, how long did emperor Akbar rule?

**Sidhant** – Akbar ruled from page 14 to 25.

\*\*\*\*\*  
**Father**–My son, did you sleep in the examination hall?

**Rajesh**– Daddy, you yourself had told me that if any question was difficult to answer I should not waste time. I should do something else. So I slept

\*\*\*\*\*  
**Mother** – Nitu, Have you turned off the gas?

**Nitu** – don't worry, I have closed the door from out side.

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**Teacher** : Who invented the steam Engine?

**Sheru** : What?

**Teacher:** Correct, James Watt.

\*\*\*\*\*  
**Machhar** Ka bachha pehli baar uda, Jab wapas aaya to baap ne Puchha, Kaisa laga udke?

**Machhar bola,** Bahut achha papa. Jidhar bhi gaya log taliyan baja rahe the.

\*\*\*\*\*  
**Tourist:** Whose skeleton is that?  
**Sardar:** An old king's skeleton.

**Tourist:** Who's that smaller skeleton next to it?

**Sardar:** That was same king's skeleton when he was a child

\*\*\*\*\*  
**Banta-** Tu Yaha Baitha hai Tere Dost ki Death ho gai hai Tu Gaya Kyu Nai?

**Santa-** Usne Mujhe Bulaya Hi Nahi

\*\*\*\*\*  
**Banta** joined new job. 1st day he worked till late evening on the computer. Boss was happy and asked what you did till evening.

**Sardar:** Keyboard alphabets were not in order, so I made it alright.





## Rising Star

Miss Jasleen Kaur Thukral daughter of Sh. Surinder Singh Thukral born on 11 September 1997 and a student of Guru Harkrishan Public School, Hemkunt Colony New Delhi- has always been a topper in the academic and non-academic field. She brought laurels to her school, family and her self by winning a school essay competition sponsored by Tata-Building India. She was among the 84 winners of the 5,000 participating schools and was awarded a Sony Vaio laptop, a trophy and certificate by the organizers who also took the winners on a conducted tour of Rashtrapati Bhawan. The children were congratulated by the President.

Her earlier wins at different levels and in different competitions made her the proud winner of a Sony handy cam a Data wind tablet and a cash prize of Rs. 5,000.

Hansti Duniya applauds her achievements and wishes her the best for the future.

— Gurdev Singh

**Hansti Duniya**





## EVERY ONE CAN USE IT

August 2013



Onions

Reduce risk of heart attack

Combats cancer

Kills bacteria

Lowers cholesterol

Fights fungus

Supports immune systems

Combats cancer

Protects your heart

Straightens respiration



Oranges

Peaches

Prevents constipation

Combats cancer

Helps stop strokes

Aids digestion

Helps hemorrhoids



Prunes

Slows aging process

Prevents constipation

Boosts memory

Lowers cholesterol

Protects against heart disease



Rice

Protects your heart

Battles diabetes

Conquers kidney stones

Combats cancer

Helps stop strokes



Tomatoes

Protects prostate cancer

Combats cancer

Lowers cholesterol

Protects your heart





## Have Your Say

It is very encouraging that Hansti Duniya publishes every month birthday photos of children. When they see their photos they feel very happy. They enjoy reading 'Kitty' and 'Grandpa' stories. It is a very entertaining magazine for children and old alike.

—Aman,

Indra Vikas Colony, Delhi

The Editorial 'Secular Child Becomes Popular' in July issue is unique. It highlights

the importance of secularism that helps children love every human being. Such type of Editorials will change the thinking of young readers. Other articles such as 'Samarpan', 'Sikkim' are very useful for the knowledge of children. 'A Birthday Party' is very heart touching story. 'Proud of being a woman' poem gives the real picture of present woman. This time 'Riddles' are very new and interesting.

— Sagar, Kota (Rajasthan)

### EGO & SELF-RESPECT

— M. L. Kumar (Gurgaon)

There is a very thin line of demarcation between the two. At any moment, one may change into another. The two are closely interlinked and can be explained as under:—

**EGO**-It is something you throw on to others, usually, to satisfy your desire to exert pressure or authority on them or to show your might. You think that you are superior to everyone else. This way you develop EGO i.e. I-ness.

**SELF-RESPECT**-It is earned when you become

aware of your weaknesses & keep on trying to reduce them every second by doing noble deeds. Consolidating virtues only, brings everlasting real **SELF-RESPECT**.

Ego can be minimized-rather eliminated totally when you stop hurting the feelings of others, and remain vigilant about your shortcomings. You understand clearly that when you substitute and replace 'I' with 'U' even 'SOIL' becomes 'SOUL'. Otherwise 'SELF-RESPECT' will slowly slip to 'EGO'.



**Dhan Nirankar Ji**

**V.P. Batra**  
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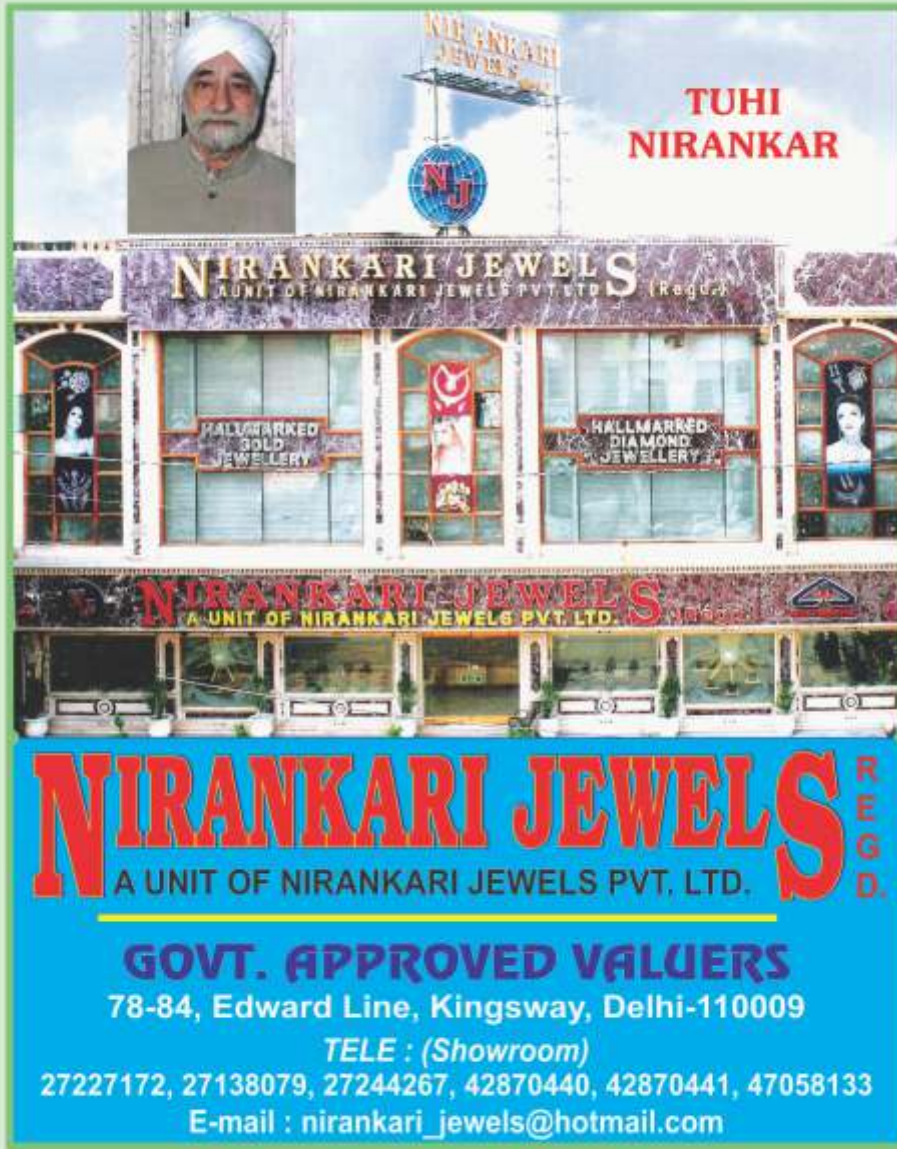
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