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Vol. 28 No. 11
November 2014

Hansti Duniya





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VOL. 28
No.11

HANSTI DUNIYA

(A Monthly for Children's Mental Development)

Published in English, Hindi, Punjabi and Marathi

November

2014

Regular Columns

Editorial	4
Thoughts to Ponder	5
Know Your Scriptures	6
H.D. Answers	35
Happy Birthday	36
Colour it	46
Laughing Time	47

Photo Features

Champu	38
Photo Feature	42

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Stories

The Sword and The Needle	Radheylal 8
A Unique Hunger	Dinesh 'Darpan' 13
The Tax	Kishor Denial 16
The Real Servant	Soni Nirankari 24
A Sharp Mind	Prathviraj 29

Poems

Pray to the Almighty	Dilvar Singh 10
Nishtha Kawrani,	Parents 15
Smile	Splosh 30
Money	Anjali 48

Articles

Birds And Animals In Forests Are	Kamal Saugani 11
Tortoise The Cool and Long Aged	Uma Singh 27
Spend money where it helps	Courtesy: Delhi, Times 32

And

Find the Path	Chand Moh. Ghosee 7
Heven And Hell	Babloo Kumar 12
Papaya The Wonder Fruit	Sadhika Nagpal 18
Run for Oneness	Ramesh Thukaral 19
Meet the 5yrs old boy who's already ..	Delhi times 23
Rising Star	Gurdev Singh 28
Improve Your Grammar	Vikas Arora 31
SMSes of the month	43
Crossword	Vikas Arora 44
Riddle	48
Have Your Say	50

COUNTRY	ANNUAL	3 YEARS	6YEARS	10YEARS	LM(20YEARS)
INDIA/NEPAL	Rs. 100	Rs. 250		Rs. 600	Rs. 1000
UK	£ 12	—	£ 60	£ 100	£ 150
EUROPE	€ 15	—	€ 75	€ 125	€ 200
USA	\$ 20	—	\$ 100	\$ 150	\$ 250
CANADA/AUSTRALIA	\$ 25	—	\$ 125	\$ 200	\$ 300
OTHER COUNTRIES	Equivalent to U.S. Dollars as mentioned above				

Website : <http://www.nirankari.org>
E-mail : patrika@nirankari.org

Photo Typesetting & Printed by
Shri Avtar Printing Press
Sant Nirankari Colony, Delhi-9

Issued by C.L. Gulati Publisher & Printer for and on the behalf of
Sant Nirankari Mandal, Delhi-09, Editor (Honorary) Vimlesh Ahuja
printed by Hardev Printers, Sant Nirankari Colony, Delhi-110009



FIRST OF ALL

A mathematics teacher, while teaching teen-aged students, explained them about solving a particular type of question. He said, "you should pre-suppose the principal amount to be Rs.100/ and then apply this formula through which the question would be solved". But the children seemed to be in a mood of argument. They argued with the teacher as why they should suppose and what would happen by supposing?

In reply, the teacher tenderly asked them whether or not they treated him as their teacher. They children replied affirmatively.

The teacher said, "Why do you accept me that I am your teacher?" The children replied because he had been teaching the children for the past several years. That is why they treated him as teacher.

The teacher explained them that the formula could only be applied once they accepted the principal amount supposed to be Rs.100/. Then, by applying the set formula, they would soon arrive at correct answer. The teacher explained a question by writing on black board. He first wrote the supposed amount of Rs.100/ and applied the set formula and solved a question. Children could then understand that only through acceptance, solution was possible.

Similarly, we accept parents, teachers, and their methods of solving problems. Then we carry out actions as directed by them. Only then we understand that the benefit lies in acceptance.

To prove the dictum of "Know One, Accept One and Be One", Nirankari Sant Samagam is arranged every year. Here, the art of knowing, accepting and being one is taught by Satguru, the Lord Master. Under his guidance, everyone learns to rise above the feeling of small and big. They touch feet of each other to express their respects and offer to others before taking their meals. This way, the message of Satguru is easily understood by all: "Know One, Accept One and Be One".

—Vimlesh Ahuja

Hansti Duniya



THOUGHTS TO PONDER

- ★ Difference of opinions, secular or religious, can be resolved amicably through understanding.
— Baba Gurbachan Singh
- ★ There are three gates to self-destruction: lust, anger and greed.
— Bhagwat Gita 16:21
- ★ Standing in the middle of road is very dangerous, you get knocked down by the traffic from both sides.
— Margaret Thatcher
- ★ We have to shed mutual bickering, shed the differences of being high or low and develop the same of equality, we have to live like the children of the same father.
— Sardar Vallabhbhai Patel
- ★ Best are the hearts that can bend, they shall never be broken.
— Albert Cornus
- ★ My Master held my arm firmly. Else I would have been carried away by the current.
— Kabir
- ★ When God dwells in our heart, He protects us from all evils and we feel blissful wherever we may be.
— Nirankari Baba
- ★ "The less you talk, the more you are listened to".
— Amardeep Mahajan, Mohali



Ik Tu Hi Nirankar - 99

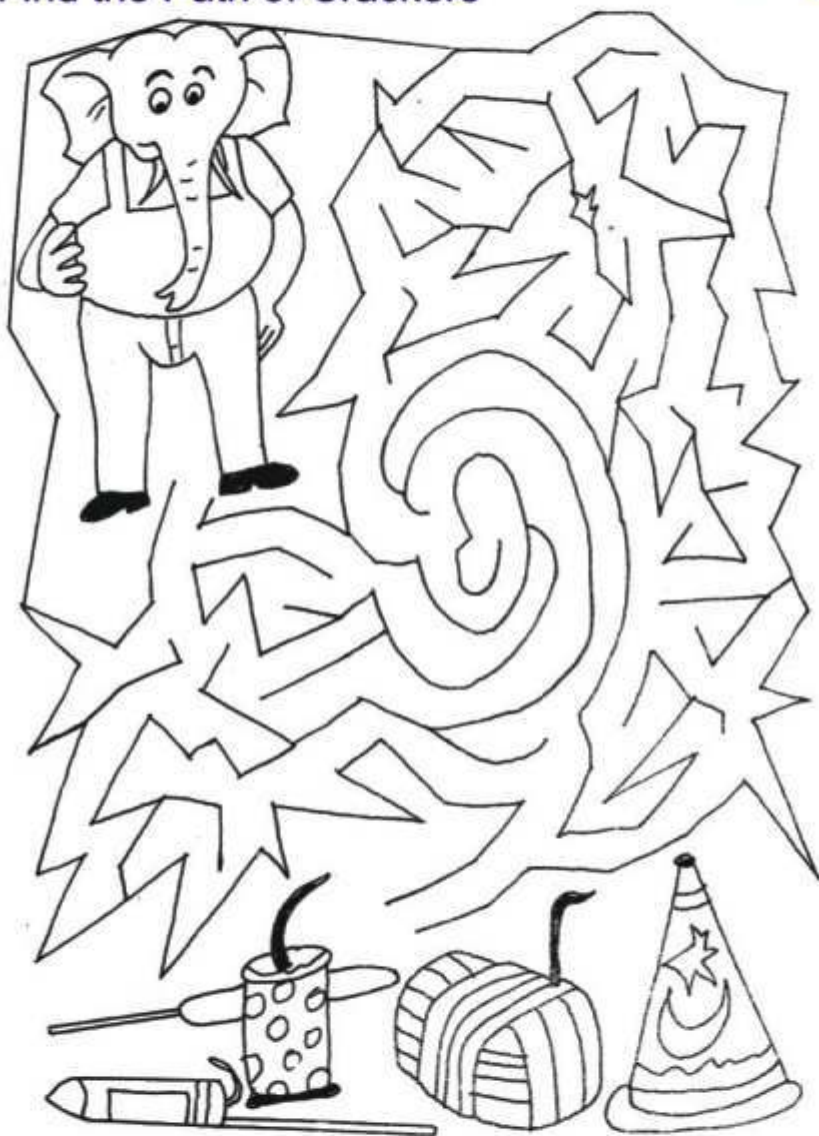
JO BANDE DIN RAT ZUBAN TON TOON HI TOON HI KEHNDE NE;
HAR AUKAR TE DUKH SUKH ANDAR IHO SAHARA LENDE NE.
SATGUR DI BHAGTI KARDA JO NIRANKAR DE SOHLE GANDA EY;
RAB OHDE VICH AA VASDAI OH RAB DE VICH SAMANDA EY.
HARDAM SHUKAR KARE IS RAB DA KHUSHHALIJAANTANGI EY;
GHADI SUHANI BEET RAHI JO AVEGI SO CHANGI EY.
SIFAT KARAN KI US BANDE DI JO SIFTAN TON BALA EY;
IH SIFTAN DA MALAK SAIN BEHAD SIFTAN WAIA EY.
SATGURU DE CHARANIN JIS DA HARDAM LAGGA DHIAN RAHE;
KAHE AVTAR OS JAN ANDAR NIRANKAR BHAGWAN RAHE.

Gist : Thou Formless One

Those who utter words "Tuhi-Tuhi" day and night;
They seek only this shelter in every ordeal, in weal and woe.
The one who is devoted to the True Master, sings the glory of
the Formless;
God dwells in him and he dwells in God.
He is ever grateful to God, be it prosperity or adversity;
He takes the present as pleasant and trusts that the future too
would be fine.
How can I sing the praise of the One, who is beyond praise?
He is the master of all virtues and possesses innumerable
virtues.
The one who always concentrates on the feet of the True
master;
Avtar says, the Formless dwells in such a human being.



Find the Path of Crackers — Chand Mohi. Ghosee



If the way found in half minute, you are Genius.

If the way found in one minute, you are Talented.

If the way found in more than a minute, you need to improve.

November 2014

7



Story: Radheylal 'Navachakra'

The Sword and The Needle

There was a warrior. In his bed room, there hanged a sword on one of the hung pins. Nearby, on the floor, a needle lay on the ground. A piece of thread passed through its hole.



The sword laughed aloud. The needle, not finding any reason, asked 'Dear sister, why this hoarse-laughter?'

'You, tiny piece. You cannot understand.'

The sword said in a bravery tone.

'Still, tell me something', said the tiny needle with a smile.

'Don't ask about my strength. I am too mighty.' The ego was jumping out. Its red face was worth watching.

The needle subtly repeated 'I agree, you are too mighty. But, it makes no sense keeping boasting about it.'

'You idiot. I am telling you the truth, and not boasting.'

'Which strength are you talking about?' The needle threw a plain question.

'Don't you know? I have made many warriors fall on the ground. They were beheaded' said the sword in self-praise. 'The best ones have lost their senses before me. Do you understand?'

'Well understood' said the needle calmly. 'Now tell me,



how many persons you have beheaded so far?’

‘Hundreds.’, said the sword proudly.

‘Wonderful. Now tell me as to how many of those separated bodies were you able to re-join?’

‘None, why?’ The sword was unable to understand the question.

‘Have you ever been able to join even one separated body?’

‘Nope.’

‘That means, your strength is used only to cut bodies into pieces, and not in joining them’.

‘Ya’.

‘Tell me which is easier – to pluck a leaf from tree or to join a separated leaf back to tree?’

‘To pluck, obviously’ truth came out of the sword’s mouth.

‘That means, you can do easier jobs only, not the difficult ones. Then why are you so proud of your strength? Is it not rather your foolishness?’ The sword was wordless. It had no clue to counter needle’s viewpoint.

After a while, the needle continued ‘I am far too small compared to your size. But my job is to join pieces together, and not to separate them. I am afraid, you cannot perform the kind of a job that I do. My dear, please remember. Howsoever brave one might be, the proper use of strength should bring in a useful and meaningful result. Any misuse will not only finish our own existence one day, but will cause us to bear others’ hatred also.’

‘Right you are’. The sword was convinced and really liked needle’s point of view.



Song : Dilvar Singh, Mumbai



Pray To The Almighty

{Let us pray to The God Almighty
Let us remember our Lord} - (2)

He is everywhere my dear,
Let us all live in love.

{We are here only for sometime,
Why this bloodshed O' friend of mine}

-Life is a gift, pure and divine,
Let us all live in love.

Let us pray

Let happiness be everywhere,
For each other, let us all care,
Love is a gift, let us all share,
Let us all live in love.

Let us pray

Everywhere, see God and HIS grace,
This world is a wonderful place,
Let's put a smile on every face,
Let us all live in love,

Let us pray





— Kamal Saugani

Birds And Animals In Forests Are No Less Than a Doctor

Living in nature (jungles) though, all birds/animals have the capacity of treating themselves. In fact, these non-speaking species are able to sense their diseases and ailments. In other words, each bird and animal is a doctor in itself.

How do they treat themselves? A study was made first by a professor (Sir Hunfanen), in Kyoto University. He kept an eye on an ailing female chimpanzee, Chasiku. He found that the weak-looking Chasiku, while moving in a group of fellow animals, would suddenly stop and take out the peel of a tree called marujais and start sucking it. Next day, the professor found her quite normal eating her usual diet of grass, ginger and fruits.

Basically, Marujais tree has many medicinal qualities. Its plant is used against contagious malaria parasites and various stomach disorders. Therefore, the animals naturally choose this plant for many of their common ailments.

The birds and animals have the capacity to select correct variety of plants. Besides, they even know as to which part of the plant is to be used. These leaves and peels, enter into their intestines, treat them, and come out with emission.

The fierce natured black monkeys of South African forests chew leaves of barkeel tree to get immediate relief from stomach ache. Likewise, the golden vulture called

Heaven and Hell

The credulous people are made to believe that there is a heaven presided over by a personal God and also a hell created by him. He will place the good ones in heaven and the bad ones in hell. This theory is spurious.

Good action brings good results which man enjoys. Bad action brings bad results from which man suffers. Man is the maker of heaven and hell. He carries them in his own mind.

There is no external meddling agency.

Complied by : Babloo Kumar, Sultanpur

→ 'Lockins' of this area eats buds of Koperi variety of trees to get relief from body ache. In China, the sparrows of 'Chiperi community' eat sweet leaves of neem to cleanse stomach. Many a birds eat buds of 'Seldu' tree which heal their wounds quickly.

The beer would use honey to remove pain in its feet. Similarly, the lion would chew 'frickoli' grass to remove sticky food particles from its teeth. This grass creates white foams and, being greasy, also clean lion's teeth. The wild pig knows how to treat its headache. It would simply sit in cold water. Many flying birds would treat their dizziness by sitting on any tree and smelling its leaves.

A python (dragon) would, in order to digest an overeating, would circle around a tree trunk. That helps an early digestion.

A UNIQUE HUNGER



TEMURSHAH had heard several tales about India being the golden land. In greed, he attacked India.

During one incident of looting, Temur lost the company of his close mates. After a long and difficult stroll in jungle, he reached a village. The village people, seeing a stranger, took him to their head. The head offered him food as a village guest. Along with the tray of delicious foods, Temur saw another tray, full of gold, silver and diamonds.

Temur was taken by surprise to see jewels with food. When asked, the head replied politely that "Looking at you, it seems you are very hungry of gold, silver, diamonds, money, etc., and that you will not be satisfied only with food. Therefore, the jewelry has also been served."

Temur felt impressed by their intelligence. However, he started eating food. In between, two peasants approached the

head. Both were having a quarrel. The head asked, "Ramu, what is the matter. Why are you fighting with Shamu?"

Ramu, showing a pitcher, said, "Sir, please do justice. You know I purchased whole of farm of Shamu. As I was cultivating, I found this pitcher full of gold coins. I am returning this pitcher to him. I had purchased only the land, and not the pitcher under the ground. But Shamu is refusing. He says that he was unaware about the pitcher. Since he sold the farm to me, everything in it belongs to me, as I am its owner now".

Hearing both the peasants, Temur was astonished. These people had no interest in wealth.

The head said, "If none of you is interested, the pitcher will be handed over to the village court whose decision will be final about its disposal".

Both the peasants left the pitcher and happily left the place. Temur was stunned to witness such a scene of selflessness.



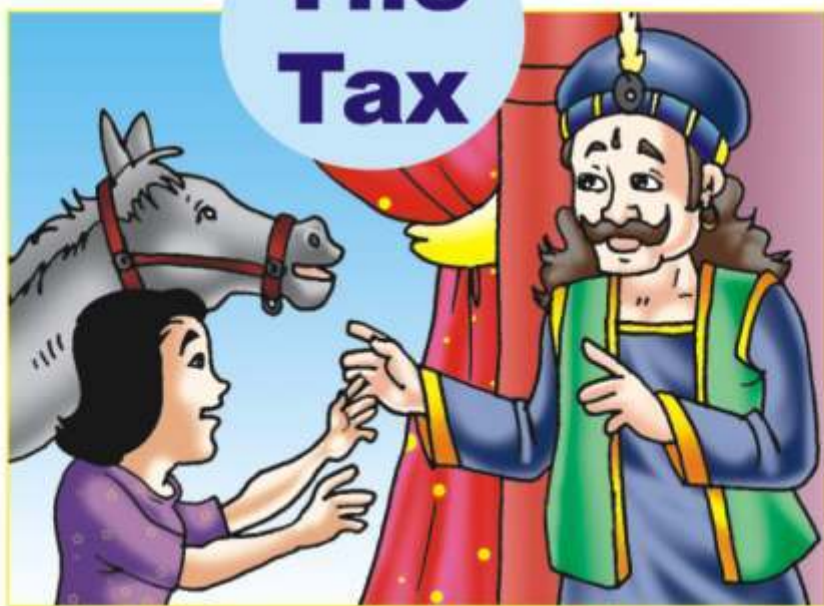


—Nishtha Kawrani, Delhi

Parents

They are those who are responsible
for our upbringing
And those who teach us singing
They teach us to read and write
And make our mind sharp and bright
They always think good for us
And God has sent them for us
They are like the raindrops
That give water to the crops
They are to us, always with a smile
Like the sun shines, always with sunshine
Let us keep them smiling as the Sweet
Paradise is in the parents' feet.

The Tax



Once upon a time, there lived a landlord called Maan Singh in the Rajputana Region. He had a son, named Sher Singh who was brilliant and kind.

Once, there was no rain in the Rajputana Region. A famine broke out. The servants of Maan Singh forcefully confiscated belongings of peasants and also brought them as prisoners before him. Sher Singh, however, saw the torture done to the farmers. He was sad and thought of helping farmers. Those days, Sher Singh was learning horse-riding. His father had promised to grant him any gift of his choice on his becoming an expert horse-rider.

With continuous and hard practice, Sher Singh acquired expertise in horse-riding. One day he demonstrated his ability before his father. The landlord was extremely happy and said, "I am too happy. Ask for any prize".

Sher Singh said, "Father, the famine has made our farmers peppers. They have nothing to eat. In such a situation, how can they pay your tax? You should condone the tax and return their confiscated belongings and, if possible, help them to the extent possible".

The landlord was really happy to hear Sher Singh. He said, "I will get these carried out immediately. But, my dear son, you have not asked anything for yourself. You should ask something for yourself also".

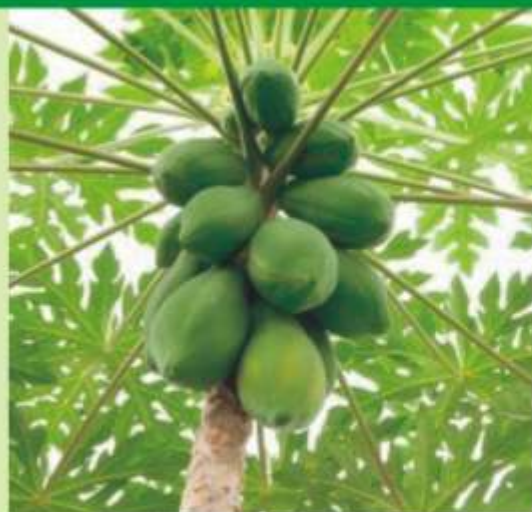
"If you are happy, then make a resolution to waive the tax even for those years in future during which it does not rain", said Sher Singh.

The landlord did exactly the same. All the confiscated properties were returned to the peasants and made a rule that there would be no tax during any dry period.

So, the real rulers of people's hearts can only be the people like Sher Singh and not the ones who take on to atrocity and create hatred.

★ God-knowledge is the blessing bestowed by the True Master. The debt of God-knowledge can be repaid only by complete surrender to the True Master.

— Nirankari Baba



— Sadhika Nagpal (Gurgaon)

Papaya **The Wonder Fruit**

Papaya has many nutritive, digestive and medicinal properties. Christopher Columbus called it ‘Fruit of the Angels’ for its several health benefits.

Papaya is one of the fruits with the highest vitamin C content. It is also a good source of folic acid, vitamin E and A, potassium and calcium. Papaya contains soft flesh with a good amount of soluble dietary fibre. It helps in digestion and prevents constipation. As it enhances body’s immunity, Papaya is good for those who suffer from fever, cold and flu frequently. Moreover, it protects the body from lung and oral cavity cancers.

Papaya provides protection against arthritis and osteoporosis. It also contains fibrin that reduces the risk of blood clots and improves the quality of blood cells. Being low in calories and high in nutritive values, Papaya is a good food for losing weight. It also boosts immune system and lowers cholesterol levels. The fruit also contains caprine that slows the heart rate and thus reduces blood pressure.

Papaya can also be used as a face pack. Mash it and gently apply on your face. It cleans black heads and helps to get rid of acne. It also removes dark spots, evens out your skin tone and brings a glow to your face.

Sant Nirankari Charitable
Foundation

5th October 2014

IDC Naraina Stadium

New Delhi



Thousands ran for the “Run for Oneness”

“Harmony in Oneness will turn this earth into heavens, and Baba Ji has already filled every heart with the spirit of Oneness.”

*—Rajnath Singh Ji,
Hon'ble Union Home Minister*

New Delhi, October 26: Thousands of people ran for the “Run for Oneness”, organized by the Sant Nirankari Charitable Foundation, with an objective to strengthen the spirit of Oneness. His Holiness, Satguru Baba Hardev Singh Ji Maharaj flagged off the Run. Hon'ble Home Minister, Shri Rajnath Singh Ji was the chief guest of this celebration.



November, 2014

19



It is worth mentioning that Parampujya Mata Sawinder Ji took a lead role in the event. Not only she motivated women, children and the youth force to participate in the Run, but also was the frontrunner and finished the entire 8.4 km. long Run at a constant fast speed.

Blessing the participants in the event, arranged at the 'Major Dhyan Chand National Stadium', Satguru Baba Hardev Singh Ji Maharaj said "while having full faith in universal brotherhood, you all are enthusiastic in discharging your duties towards nation's unity and sovereignty.



His Holiness further said that let each citizen be tied with the bond of unity and Oneness by breaking every barrier. This is the purpose of the Run which is being conveyed from the capital of this country. India is a country with vividness. This



vividness, strengthened further with the spirit of togetherness

Hansti Duniya



ss, brotherhood and well-wishing, this country can touch further heights. Every participant, be it a child, youth or elderly, appeared conveying the message of "Vasudheva Kutumbakam, i.e., one family" 'Harmony in oneness' could turn this earth into heavens.

Earlier, the Hon'ble Home Minister, Shri Rajnath Singh Ji, addressing the participants and organizers, said "Devotees have gathered here on their own, which is just not possible without the spiritual spirit". Every face looks full of glow, reflecting the 'message of one-ness'.

The Flag for the Run was presented to Satguru Baba Ji by the Asian Marathon Champion and Arjuna Award Winner, Ms Sunita Godara. Before this, the Oath of Oneness was taken collectively by the participants. And the Run started from National Stadium to Tilak Marg, — Firozshah Road, — Janpath, Connaught Place, — Barakhamba Road, Mandi House, Bhagwan Dass Lane and back to Stadium.

At the beginning of the event, His Holiness was welcomed by Rev. C.L. Gulati Ji, Secretary, Sant Nirankari Charitable Foundation. Pujya Mataji Sawinder Ji was welcomed by Brig. (Retd.) P.S.



November 2014

Cheema Ji, Member In-charge, Department of Medical-Health and Social Welfare of the Foundation. Finally, Rev. Sandeep Khinda Ji welcomed the Hon'ble Home Minister, Shri Rajnath Singh Ji.

The Home Minister honoured Satguru Baba Ji and Pujya Mata Ji by presenting a shawl. Behn Bindiya Chhabra Ji welcomed Sunita Godara and ex-Mayor Rajani Abbi. The ceremony was opened with a song '*We are one Family*'. Arvind and party recited the "Oneness Song". The message that Oneness existed everywhere, including Nature, was conveyed by children through their aerobatics presentation.

In the Concluding Session, Satguru Baba Ji mentioned that the message of Oneness had been enthusiastically and strongly conveyed. Foreign visitors also witnessed this occasion. The Youth Force is capable of acquiring countless achievements and can also actively contribute in successfully achieving the goal of Oneness. Baba Ji wished the Youth Force to be healthy and inspiring source in achieving this goal.

In addition to Delhi, the Run for Oneness was also arranged in Chennai and Singapore, thereby already attaining an international status.

English Translation : Ramesh Thukral



Meet the 5-year old boy who's already 5 feet 7 inches tall

Meerut: Karan Singh's parents were a worried duo when he started school. He was to enter kindergarten, but was already five feet tall. "When he started school, kids would run away from him. With time, the kids got used to him and now he has many friends," says Sanjay Singh, Karan's father. Karan holds the Guinness World Record for being the tallest for his age - in a few months, he will turn six years of age and he stands 5 feet 7 inches tall. He's not alone though. His 25-year-old mother, Shwetlana Singh, is 7 feet 2 inches tall. What's more, the family claims that she is still growing - at about four inches every two years. Until 2012, she held the Guinness record for being India's tallest woman. Siddiqua Parveen, from West Bengal, at 8 feet and 2 inches, replaced her.

Sanjay, a dietician, recalls that he fell in love with her in a Bangalore college. They married in 2007. At 6 feet 6 inches, he says, "Both of us are perfect for each other."

Meerut-based Harish Mohan Rastogi, a doctor who has studied human growth, says it was hard to imagine that at 25, Shwetlana continued to grow. "Epiphysis, the process that aids the growth of bones, ends by about 21 years of age. In some cases, because of excessive release of a growth hormone, a person's height might increase up till the age of 25," he said. Interestingly, the mother and son are also blessed with an acute sense of hearing. "They can hear sounds from far away," Sanjay claims.

Courtesy- Delhi Times



The Real Servant

There was a king, having three sons. As he was getting old, he wanted to hand over the kingdom to the ablest son. He called them and said, “the one who succeeds in my test, would get the kingdom”. The king gave them a period of five years to prove themselves better than others. All the three sons left the palace.

The first one thought about earning a huge amount of money, which would make his father happy.

The second had another idea. He went ahead with forming a strong and huge army to become the most powerful person. His father would be really happy looking at his might and power.

The third one considered intelligence and good behavior to be far greater than money and power. So, he settled down

in another kingdom with the aim of serving people. He spent half of his hard earned money in the service of poor and deprived people. He was ever prepared to help anyone. The entire kingdom became aware about his honest and kind nature. The king of that state came to know about it. He asked his secret service to enquire about his real identity. The fifth year was about to end. The second son attacked his elder brother and snatched latter's entire wealth, and returned to his father. Also, came the third son, but in a poor looking condition. The king started comparing their qualities.

In the meantime, he received news about arrival of neighboring state's king. As a guest of the state, he was given befitting welcome. On enquiring the purpose of his visit, the neighbouring king proposed the marriage of his daughter with the third son of the king. The king was surprised as the third son had just returned to the state and that too in a poor condition. He might not be the appropriate partner for his daughter.

The neighbouring king replied, "He has been living in my state for the last five years. He is respected all over the state. I need a person of his qualities as my son-in-law. After the marriage, I wish to hand over the entire administration of my kingdom to him". The father said, "Please stay back for another couple of days as my guest. I myself am going to hand over my kingdom to him as he proved to be the best one according to my comparison standards".



Next day, it was announced in the Court that he who applies force and acquires money through misuse of power and exploitation of people, cannot safeguard his people and keep them happy and satisfied.

Similarly, he who applies his power to torture his subjects, nothing can be expected of him for the safety and prosperity of his people. However, he who enjoys serving the people in every situation even at the cost of his comforts, qualifies him to be the best, as selfless service is the real religion in the world.

The king handed over the entire kingdom to his youngest son, and solemnized his marriage with the daughter of the neighbouring king.

-
- ★ One needs a Seer's vision and an Angel's voice to be of any avail. I do not know of any Indian man or woman today who has these gifts in the most complete measure.

—Sarojini Naidu



TORTOISE THE COOL AND LONG-AGED

It is no exaggeration that the tortoise is known as a propitious species. It is normally a cool and calm water animal, having a long age. We can find them living in ponds of villages. Also, the young tortoises are found playing in decorative aquariums of big bungalows.

There are about 225 varieties of this species all over, out of which 55 varieties are found in our country.

The outer body of tortoise is covered with a thick and hard skin which protects it from any attack or injury. Its inner portion is similar to any normal creature, but still hard enough for its safety and protection. It has four legs, each having five nails, and the footings covered with nets. Many of these keep their faces and feet out of the cover, while others keep every part inside it. All this depends on their varieties.

The heaviest variety is the sea tortoise, as it is 8 ft. long and 75 kg in weight. The female tortoise takes extreme care of its eggs and babies. It will dig a hole in mud and place its eggs therein and cover it with sand or soil for their safety. It produces one to thirty eggs at one time, normally in the night time. The eggs are hatched between 60 and 120 days.

The tortoise is normally considered a wash man of rivers. It effectively helps remove water pollution. It is both vegetarian as well as non-vegetarian, depending on varieties they belong to.



RIISING STAR

Amit Kumar, son of Mr Vijay Pal a daily wage earner in Chandigarh, made his parents proud again by cracking the IIT JEE examination, securing 639th rank at the national level.

His talent was first noticed when he secured 82% marks in class XII in 2014. His mother Pavitra Devi has been selling tea for the last six years in sector 40, Chandigarh. Her tea stall is close to a coaching institute.

Reading the desire for learning in Amit's eyes, Mr L.K. Gupta, Director of the Coaching Centre allowed him to take coaching in his Institute free of cost. Amit was focused and determined to achieve a new height in life. He got 97% marks in Mathematics which was extraordinary. Officers of Bank of India, where his mother served tea, offered education loan for his further studies at the IIT.

Finally Amit Kumar got admission in IIT Kharagpur, in B.Tech. He pays the credit of his success to the blessings of "Satguru Baba Hardev Singh Ji Maharaj, his hardworking parents, and Mr L.K. Gupta, Director of Pioneer Education.

By: Gurdev Singh

Blessed are the children whose parents live with their parents and provide golden opportunity of sharing mutual love and affection.



Inspirational Incident: Prathviraj

There was a frog, a real clever one. A crow had been trying to catch him for many days. But the frog was not easy to be grabbed.

However, the crow got a good chance one day. The frog was enjoying sunbath with eyes closed. The crow came suddenly from behind and grabbed him from the leg and flew up. The helpless frog was caught unaware; but kept his cool. He started thinking of a way to get rid of the crow's fist.

The crow settled on a tree and told frog "get ready to die, man! I am going to eat you up."

By now the frog had recovered from the shock. He said smilingly "Hi, the king of crows! Perhaps you are not aware about the brown cat living on this tree". She is my aunt. If you hurt me even a bit, you won't be safe either".

The crow got frightened a little. But holding frog's leg, flew up to a hill.

The frog was scared now. He was convinced that the crow won't spare him. But he did not expose his fear on his face. 'Dear King of crows. Here also, you are not going to make it. I have a dog friend here. If he comes to know, your wings will be scratched apart'.

Furious crow now flew to a river bank. "Here! Nobody is going to come to your rescue, I am sure" said the crow.

Frog didn't seem to have any further trick. Still, driving some idea from his mind, the frog said "Well, now I am totally in your hands. You can eat me comfortably. But, would it not be better, if you care to sharpen your peak, I will have less pain that way."

Crow was trapped. He said "Hey, it is not a big deal" saying so, he started rubbing his peak against a stone at a corner.

That was the best chance for frog. He immediately jumped into the water. Poor crow, he lay on the bank with a heavy face. There came a voice from the water "Hello, the king of crows! You did, no doubt, sharpen your peak. Better you sharpen your brain too. That way, you might succeed."

Poor crow! He was cutting a sorry figure for being such a brainless.



Smile

Take the time to laugh,
It's the music of the soul.
Take the time to love,
It's truly enlightening.
Take the time to smile,
It's contagious!

— Splosh

Hansti Duniya



Improve your Grammar

—Vikas Arora (Rewari)

Choose the right option

- The proud king turned a deaf ear to the _____ of his counsellor.
a) ADVISE b) ADVICE
- Asha Bhosle's programmes _____ taking place throughout the country since last month.
a) HAVE BEEN b) WILL BE
- I saw a _____ of wolves in the forest.
a) GROUP b) PACK
- A place where money is coined is known as _____.
a) APIARY b) MINT
- It is time that professors came down from their _____ towers and studied the real needs of the students.
a) IVORY b) CLOCK
- Please do _____ a letter to your mother.
a) WRITE b) RITE
- My culture pages offer an insight into the _____ life of Mauritius.
a) EVERYDAY b) EVERYDAY
- Positive: WEALTHY, Comparative: WEALTHIER, Superlative: _____.
a) WEALTHIERST b) WEALTHIEST

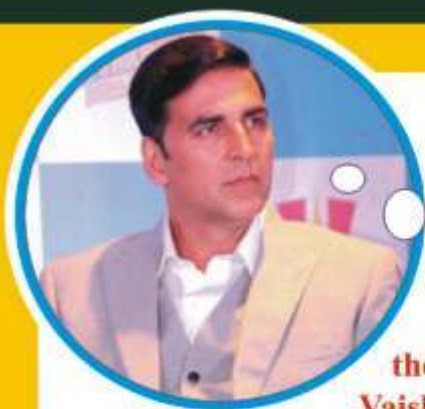
Answer Sheet	1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.



Spend money where it helps

—Akshey Kumar Actor

At one point of time, you were the most famous regular visitor to Vaishno Devi. I've seen your photos in earlier years with guys running many small shops on the trek route, though not recently. Kitni purani association hai Vaishno Devi shrine se?

Bachpan se hai. Paidaishi. My parents took me there when I was a few months old.

When did you first go on your own?

I must have been about 14.

How frequently do you go now?

Nahi, ab main nahi jaata. Vaishno Devi ko bahut maanta hoon, lekin ab wahan jaata nahi. It's like this. Kai saal main gaya, wahan bhi, koi bhi mandir. Now when I travel, there's a fair amount of expense. Business class tickets, hotel rooms, bodyguards, all that. *Do-dhai-teen lakh rupaiye kharcha ho jaata hai ek baar mein. Ab main kya karta hoon ki agar mujhe mann hua Vaishno Devi jaane ka sochta hoon dimaag mein ki jaana hai. Phir dhai lakh nikalta hoon. Tata Memorial Cancer ya yahan-wahaan jake kisi ko bhi de deta hoon. Vaishno Devi ke darshan ho jaate hain. Kahin jaane ki zaroorat hi nahi hai. Woh mere ghar mein hi hai. Yeh baat meri der mein samajh mein aayi ki mandir ka matlab hai man andar. Mata ki itni meher hai merepe, lekin unhonein hi mujhe yeh raasta dikhaya hai. Aisa nahi hai that I won't go at all - Jammu shooting hogi toh zaroor jaoonga, nazdeek hi hoon. Koi bolega uss pe film....*

banaa rahain hain aur main kaam karoon, zaroor karoonga.

So you've moved to a philosophy of moving away from the formalities of religion?

If I give the money to someone and he says, mera bhakt ho jayega bhai, main tere liye Bhagwan se dua karoonga - isn't that better than my spending it on going? Mere saath toh jo hua hai, wahan pe, I can never disassociate with Vaishno Devi. It's a long story.

Let's hear it, My mom and dad - they are both believers in the deity. Before I was born, they had made a mannat, ki beta de de, darshan karne aayenge. Typical Punjabi family and all that... Beta aa gaya. I must have been eight-nine months old when they took me for the darshan. This is when... I'm talking about 1968. By the time they reached Katra, I was running fever. There was no proper medical infrastructure there in those days. The doctor there said he is running 102 degrees, take him back to Delhi, show him at a proper hospital. My dad agreed to return. But my mother was adamant - **'Mata ne diya hai, Mata lele'** Dad agreed. On the way the temperature kept on rising. By the time they reached the shrine, I had 104 and was not responding. Mother refused to turn back. She even bathed me in the Ganga. Then she took me inside, darshan kiye.

When she came out of the shrine, still crying, someone said to her, behenji, aap-ka beta bada khubsoorat lag raha hai, hans raha hai. She was astounded. I was laughing. They checked my temperature - it was back to normal. Hanste-khelte wapas ghar aaye wahaan se.

Bas yeh kahani hai. I don't know what is the science or logic behind this. Kuch nahi pata. How does temperature go from 104 to normal instantly? There is no logic. And this happened not to someone I know, or heard about, but to me.

Aise aur bhi kisse hote rahe hain mere saath.

Film industry mein mujhe break aise hi mila thaa. I missed a flight. I had to take a 6 a.m. flight and I thought it was a 6 pm one. I got such a firing on the phone, *ki tum jaise unprofessional aadmi ko kabhi kaam nahi milega*, and then they slammed down the phone. I cried a lot, modeling assignment chala gaya mere haath se. It was a very big thing for me then.

I was just crying and walking past Nataraj Studios, still carrying my pictures. I went inside. There was a make-up man, he saw I was holding my photos. He said, show me these photos. He said, achhi hain, andar dikha doon? He took them inside and showed them to Pramod Chakraborti. *Unhone bulaya mujhe andar.* He gave me a cheque for five thousand rupees and said, *beta, main tumhare saath film banana chaahta hoon.*

Ittefaq ki baat hai. Agar main uss din flight pakad leta, toh Bangalore mein hota, modeling assignment kar raha hota. Chahe unprofessional kaho ya understand karo ki it was a misunderstanding - missing that flight meant that I got my first film. Film mil gayi, uss ke baad I never looked back. Obviously there is God, there is something, somewhere.

You're a clear believer in destiny, then?

Mujhe kitne log poochte hain, aap kitna hard work karte ho. And I say, hard work toh sab hi karte hain. In this industry, it is 70% luck and 30% hard work. Luck plays a very, very important role. *Pata nahi kya ho jaata hai. Kuchh sahi baith jaata hai sometimes. Gandi se gandi film chal jaati hai kabhi, aur achhi se achhi film nahi chalti. Kisi ki samajh mein nahi aata ki yeh chali kaise* (laughs)! Koi formula hi nahi hai.

H.D. Answer



—Laxmi (Nirankari Colony)

Q. When does man lose hope?

A. When he loses self-confidence.

—Meena (Mumbai)

Q. Where is the Heaven?

A. Where there is Love, Harmony and Truth.

—Bharat (Nepal)

Q. What is the effect of Hansti Duniya on our life?

A. We hope it is good. In fact, you should have told us about its effect on you rather than asking us the question.

—Abhay (Delhi)

Q. How can one remain always happy?

A. By accepting God's will.

—Manav Gulati (Delhi)

Q. I cannot concentrate on my studies. What should I do?

A. Try to fulfil that on which you can concentrate.

—Kumari Sunita Degani

Q. How to identify the True Master-Satguru?

A. If he can bestow God-realization, he is surely the Satguru.

—Praveen Kumar (Delhi)

Q. How to overcome anger?

A. By remaining silent during those moments.



Paramveer (Ameerkhas)



Madhurta Thakur



Kaustubh (Kalyaan)



Aadesh (Mau)



Aadarsh (Samastipur)



Kundan (Jagadharee)



Aneesha (Pehwa)



Sidhi (Gosaiganj)



Hardik (Paudhi)



Aardha (Delhi)



Samta (Paraagpur)



Anushka (Naashik)



Parth (M. Dabwali)



Ankita (Azamgarh)



Abhishek (Delhi)



Sumit (Paraagpur)



Utkarsh (Kota)



Haven (Phagwara)



Aashta (Sivni)



Swati (Thiyog)



Aishwarya (Dehradun)



Aayush (Gondiya)



Aashwik (Naini)



Ekta (Agra)



Manav (Ludhiana)



Sparsh (Almora)



Lakshita (Jind)



Shivansh (Hugli)





Shubhneet (Delhi)



Deepak (Ramamandi)



Ashmita (Delhi)



Jeet (Nandedh)



Vijender (Aazamgarh)



Samaspreet (Sarhind)



Abhishek (Delhi)



Khushi (Kopergaon)



Vajrat (Gurgaon)



Sehaansh (Yavatmal)



Yashika (Phawaarha)



Arshdeep (Sangroor)



Dhruven (Virar)



Simarjeet (Delhi)



Nitika (Samana)



Kavya (Sirsa)



Nitin (Kolhaapur)



Jay (Rajkot)



Anmol (Ankleshwar)



Abhya (Karnal)



Chetan (Khatkadh)



Tejasvi (Safdarjung)



Lakshita (Delhi)



Shubh (Delhi)



Sukam (Akaawali)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us atleast two months before.

Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
The above coupon must
be affixed on the back
side of the photograph

Name..... Date of Birth..... Year.....

Address.....

November 2014

37



Champu

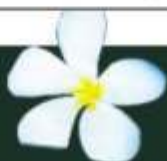
Story & Illustration
— Ajay Kalara



Once upon a time, a teacher of philosophy entered the class with certain objects



When the class started, she filled the empty jar with some stones and asked children "Is this glass full?" Everyone answered with "Yes"



Then she put smaller stones in the same jar and shook the jar.
The small stones made place in the jar.



She asked the children again,
'Children, is this jar full now?'

All the children answered with "Yes"

Again the teacher took out a box of
sand and started filling in the jar.
The sand made a place in
the remaining place in the jar.



And the teacher again asked,
'Is this jar filled yet?'

Everyone again answered "Yes"

Then the teacher started explaining



'Children, I want you to understand
that this jar is like your life.

Champu asked ,
"How is it madam?"



'Champu, these big stones are essential things in your life, e.g., your family, your friends, your health, your Guru'. If anything other than these are lost in your life, you will not feel bad.

'And these smaller stones are those things which have some value in your life. They are - job, home, etc.

And this sand represents yet smaller things. If you fill the jar with this sand at the first place itself, there will be no place left for the stones.

Madam, please explain this in detail.

Children! This is very much like our life. If we spend all our energy in things that don't matter like sand in the jar, then we will not have time for important things. Have I made myself clear?





I will play on the grass wearing
this red suit. —Kunal



My and my brothers' new dresses have
just arrived.— Sneha-Anish (Samba)



But my new white
Kurta-Pajama
has already
arrived.
—Ashalesha
(Matha)



I will ask mom to get me
a new dress — Suniksha
(Jogender Nagar)



I just got new
sewadal dress
- Prerna (Jammu)

I will play this
guitar after
wearing
my new dress.
—Santush
(Ganganagar)



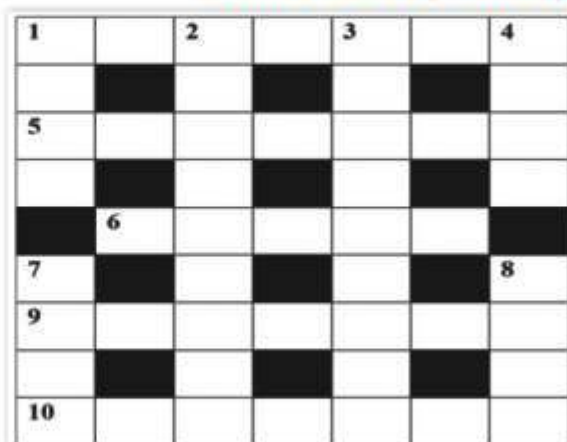
SMSES of the month



- Enjoy little things in life, for one day you'll look back at them to realize they were the big ones.
—Nitin, Sultanpur
- What is life ?
They say it's from "B" to "D", from birth to death, but what's between B and D? It's "C" - called Choice. Our life is a matter of choices. choose well and it will never go wrong.
—Kunal, Chandigarh
- In order to obtain happiness, you need only make contact with the source of happiness. The source of happiness is God.
—Jotish Rai, Azamgarh
- When God pushes you to the edge of difficulty, trust Him fully as two things would happen ..either He will catch you when you fall, or He will teach you how to fly.
—Kanchan, Gurgaon
- I fall, I rise, I make mistakes I live, I learn I've been hurt, I've been broken.. but I'm alive.. I'm human but I'm human but i'm noy perfect, I'm thankful to "Nirankar " for all I have
—Preeti, Panchkula
- A great marriage is not when the perfect couple comes together. It is when an imperfect couple learns to enjoy their difference.
—Avneesh Gulati, Chandigarh
- A people without the knowledge of their past history, origin and culture is like a tree without roots.
—Prveen, Delhi

CROSSWORD

— Vikas Arora (Rewari)



Left to Right ▶

1. Antonym of Backward.
5. A radioactive substance having the symbol 'U'.
6. In _____ of being ill, he went to work.
9. An artist who paints pictures.
10. A collective name for knives, forks and spoons used for eating or serving food.

Up Down ▼

1. There are _____ fingers and one thumb on each hand.
2. To appoint once again to a position previously held.
3. Teacher of Alexander the Great.
4. A rounded vault forming the roof of a building with a circular base.
7. Find the odd one out: YUAN, EURO, EPIC, RIAL.
8. Name of a colour ending with 'Y'.

Winners of September Issue

- Ist : Yash Kapoor Age 12 Yrs
363/15, Bhola Nathagar,
Shahdara, Delhi 110032.
- 2nd : Saurov Age 12 Yrs
Shiwalik Nagar, Sector 2,
H no/216, Jhanmajri,
Baddi (Solan) HP
- 3rd : Sweta Singh Age 9 Yrs
100/7, Plot No. 100
Sant Nirankari Colony, Delhi-09

Consolation Entries

Paras, (Brahmpuri, Ambala), Simaran Chittoria, Jipmer campus, Pondicherry., Atharva Nilesh Lale, Kalachowki, Mumbai, Kumar Shubham, Kolchi (Kerela), Sarthak Manickpur vasai (W), Sadhik Kapoor, Jammu, Kavish Vivaan, Pratap Public School, Amandeep Singh, RCF, Kapurhala, Shobhit Walia, SBS Nagar, Ludhiana, Shirsti Singh, Allahabad. Simran Chittoria, Jipmer Campus, Ponicheery, Navita (Shivalik Nagar, Solan), Krishna Yadav, (Bhageswari, Bhiwani, Hry.) Drishti Mittal (Dutt Raod, Moga), Sadhik (Shastri Nagar, Jammy

Competition for August

On page 46, a beautiful picture is given; colour it and send it to us latest by October 20, 2014. The best three will be awarded suitable prizes.

The result will appear in November 2014 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.



NameAge.....

Address

.....

LAUGHING TIME

By . Sakshi Gulati, Chandigarh



A: Why are all those people running?

B: They are running a race to get a cup.

A: Who will get the cup?

B: The person who wins.

A: Then why are all the others running?

At the airport check-in counter, I overheard a woman ask for window seats for her husband and herself. The clerk pointed out that this would prevent them from sitting together.

"Sweetie," the woman replied, "I've just spent 10 days of quality time in a compact rental car with this man. I know what I'm requesting!"

On a crowded bus, one woman noticed that a man sitting had his eyes closed.

"What's the matter? Are you sick?" he asked.

"No, I'm okay. It's just that I hate to see old ladies standing."

Captain : "I shave two to three times a day."

Vimal : "I shave fifty-sixty times a day."

Captain : "Are you crazy"?

Vimal : "No, No, I am the new barber of the battalion."

The driver of a car with an ice-covered windshield had several minor accidents before he was stopped by a police car.

"Don't you think it would help if you cleaned the ice from the windshield?" the officer asked.

"I don't think so," was the reply. "I left my glasses at home."

Ravi : "Do you know, what is the translation of Dahi?"

Gopal: "The milk that is left loose in the night turns tight in the morning."

Compiled by :Archna Garg, Vasant Kunj, Delhi

Riddles!



1. Ant which is the largest in the world?
2. A Pan which can't be eaten?
3. A city in which we can't live?
4. A room in which we can't enter?
5. A stick which can't be used for walking?
6. Ink, but we can't use it?
7. A lock that can't be used to lock the room?
8. A finger which we eat?

See answers on other page

Money

— Anjali

Workers earn it.

Spend thrifts burn it.

Bankers lend it.

Women spend it.

Forgers fake it.

Taxes take it.

Dying leave it.

Heirs receive it.

Thrifty save it.

Misers crave it.

Robbers seize it.

Rich increase it.

Gamblers lose it,

I can use it.....



Improve your

Answers:

Grammar



1	2	3	4	5	6	7	8
B	A	B	B	A	A	A	B

Q.No.

Explanation

1. ADVICE is a noun and ADVISE is a verb.
2. The action began at a particular point (last month) and is still going on (taking). Hence, Present Perfect Continuous tense is used.
3. The collective noun PACK is used for wild animals that hunt together.
4. Apiary is a place where beehives are kept and bees are raised for their honey.
5. If you live in an ivory tower, you have no knowledge or experience of the practical problems of everyday life. In other words, you are a theoretical person.
6. Rite is a religious procedure.
7. EVERYDAY is an adjective that means ordinary or unremarkable. In EVERY DAY, EVERY is a determiner and DAY is a noun. EVERY DAY means each day without exception. Example: You have been late for school every day this week.
8. The Superlative degree of WEALTHY is WEALTHIEST, not WEALTHIERST.

Ans. of Riddles

1. Elephant
2. Japan
3. Electricity
4. Mushroom
5. Lipstik
6. Cold drink
7. Clock
8. Lady finger



Have Your Say

It gives me pleasure to write you that the editorial "Let us change our thoughts" is very positive. You have rightly written "Let us take an oath to praise goodness in our lives. By reading article "Her Holiness Nirankari Raj Mata Ji, readers have attained complete knowledge about a great woman of Nirankari Mission.

Gods on earth, Festival of light are very entertaining and interesting poems. Stories Result of Jealousy, Wonder of Unique Plan have been selected wisely. Laughing times and HD answers are very beautiful. It is a unique children magazine.

—Sagar Alwar (Rajasthan)

Crossword Solution

1	F	O	2	R	W	3	A	R	4	D
	O			E		R			O	
5	U	R	A	N	I	U	M			
	R			P		S			E	
		6	S	P	I	T	E			
7	E			O		O			8	G
9	P	A	I	N	T	E	R			
	I			N		L			E	
10	C	U	T	L	E	R	Y			

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— C.L. Gulati



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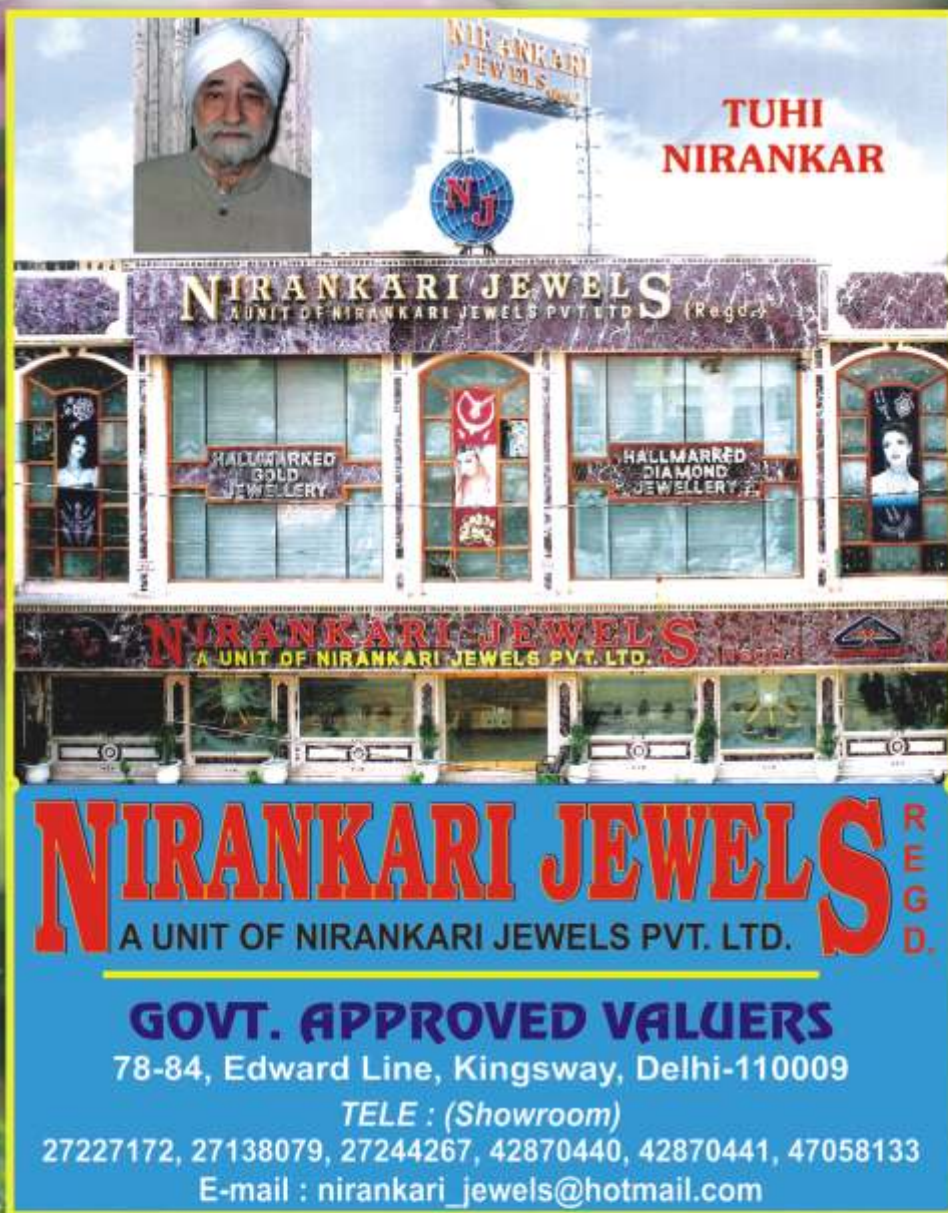
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Registered with the
Registrar of Newspaper
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Delhi Postal Regd. No. DL-(N)-01/0186/2013-15
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Posted at IMBC/1 Prescribed Dates 10th. & 11th.
Dates of Publication : 7th. & 8th. Same Month