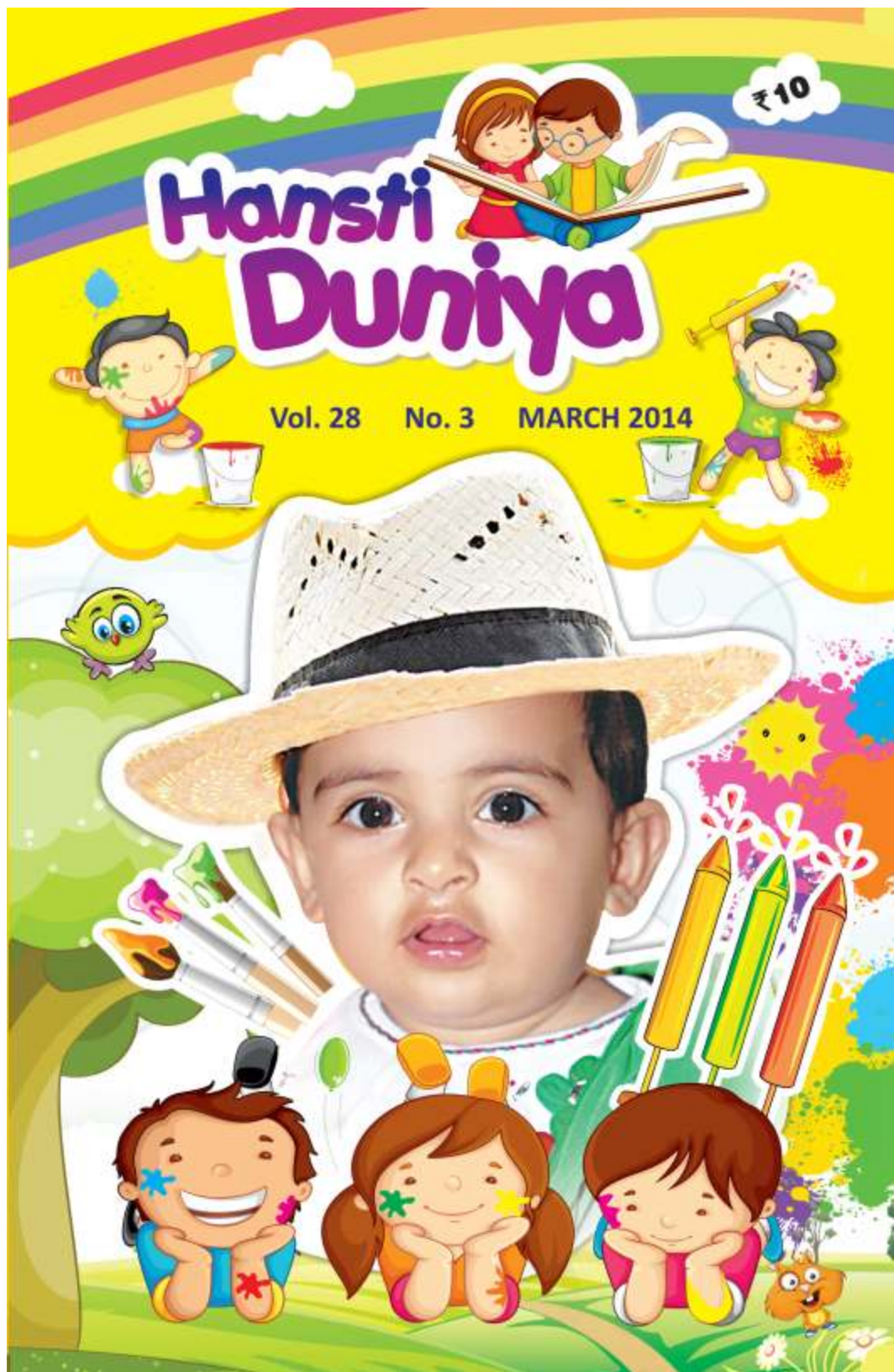


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Hansti Duniya

Vol. 28 No. 3 MARCH 2014





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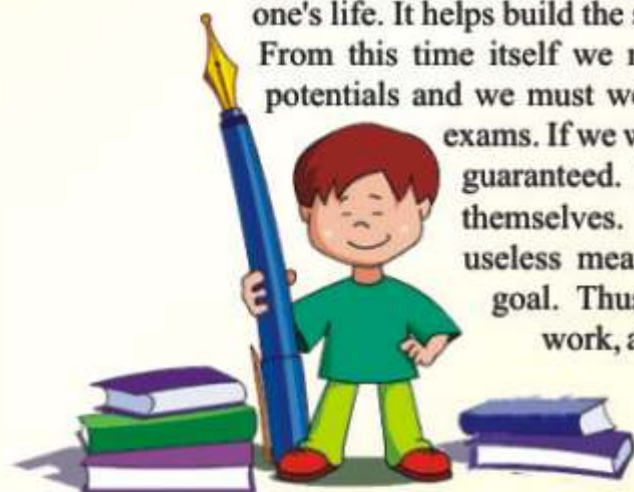
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First of All

As soon as the month of March starts, exams start in almost all the countries. Those who are in working sector, or doing daily jobs have to prepare report of income tax, wealth tax, profit-loss margin sheet and accounts sheet. Similarly for students also this month is extremely important. Entire hard work done through out the year has to be utilised in 3 hours. The students who have worked extremely hard, for them this time is easy; but the students who have only played and enjoyed throughout the year, for them this time becomes stressful and one of losing life's direction. Some students are seen praying, while others are seen reciting hymns and others are seen taking blessings. Some students resort to measures where solution is immediately at hand. For example one may find a known person near the exam centre, while some might get information about the question papers and some may resort to methods of cheating.

Dear friends, though we may find tests at various times in our lives, but if our base is strong, one can build a huge building on that. Student life is the most important time in one's life. It helps build the structure of one's entire life. From this time itself we must have full faith in our potentials and we must work hard to prepare for our exams. If we work hard then good result is guaranteed. God helps those who help themselves. We must not indulge in useless means and must focus on our goal. Thus one must focus on hard work, and success will run after us.



SAMPURN AVTAR BANI

Ik Tu Hi Nirankar - 89

KHOL LAO ITIHAS PURANE HO GAE WALIAN PEERAN DE;
 RUKH BADLE NE SATGUR NE HI OHNAN DI TAQDEERAN DE.
 JINNE VI HO GUZRE AJ TAK APNE AP NA PA SAKKE;
 RAM KRISHAN TE NANAK TAK VI KHUD NA PARDA LAH SAKKE.
 DUNIA NOON RAH DASSAN DE LAYEE SABH NOON REET NIBHANI PAYEE;
 WALIAN NOON VI JA GUR DAR TE APNI DHAUN JHUKANI PAYEE.
 GIAN DI GUDDI DI AJ TEEKAN SATGUR DE HATH DOR RAHI;
 AVTAR KAHE PAR ANHI DUNIA AIVEN PANDI SHOR RAHI.

Gist : Thou Formless One

If we look at the history of the past prophets and sages;
 We find that their destinies were moulded only by their Divine Masters.

All the sages and seers in the past, could not realize God on their own;

Even Lord Rama, Lord Krishna and Guru Nanak could not remove the veil of ignorance themselves.

In order to show the way to the world, they had to follow the tradition; And the prophets had to bow their heads at the door of their True Masters.

The string of the kite of the divine knowledge has always remained in the hands of the True Master;

Avtar says, the blind world has, however, been creating a rattle in vain.



THOUGHTS TO PONDER

Compiled by :
Hardik Khinda, Sanskriti School, Delhi

Better to remain silent and be thought as fool than to speak out and remove all doubt.

— Abraham Lincoln

I don't believe you have to be better than everybody else. I believe you have to be better than you ever thought you could be.

—Ken Venturi

It is the mark of an educated mind to be able to entertain a thought without accepting it.

— Aristotle

The glow of one warm thought is to me worth more than money.

— Thomas Jefferson

In order to succeed, your desire for success should be greater than your fear of failure.

— Bill Cosby

Success is not final, failure is not fatal: it is the courage to continue that counts.

— Winston Churchill

Success consists of going from failure to failure without loss of enthusiasm.

— Winston Churchill

Story by B.D.Sharma

Devotion

It was summer vacation. Nikhil had gone to Chandigarh to see his grand uncle. His cousin Pankaj was also of his age. Pankaj always stood first in his class, for he, unlike Nikhil, did his works with a devotion where as Nikhil had failed in almost all the subjects in his half-yearly tests. The reason was that he was used to doing all his works half-heartedly. He would start a job, but soon leave it aside, and begin another. The same happened in case of his studies. His teacher as well as his parents had tried to make him realise that whatever he did, he should fully devote himself to it. But he never paid any heed. One day, his aunty asked Nikhil and Pankaj to hang a picture on the wall of the drawing room. The picture was large in size. Nikhil insisted that he would hang the picture.

He asked Pankaj to hold him on a table. He took the nail and the hamner in his hands and stood on the table, prepared to hit the nail into the wall. To start with, he pointed the nail hammered it so roughly that he smashed his thumb. A little after, he again started to hit the nail. This time, he hammered the nail so fast that the whole nail went



into the wall.

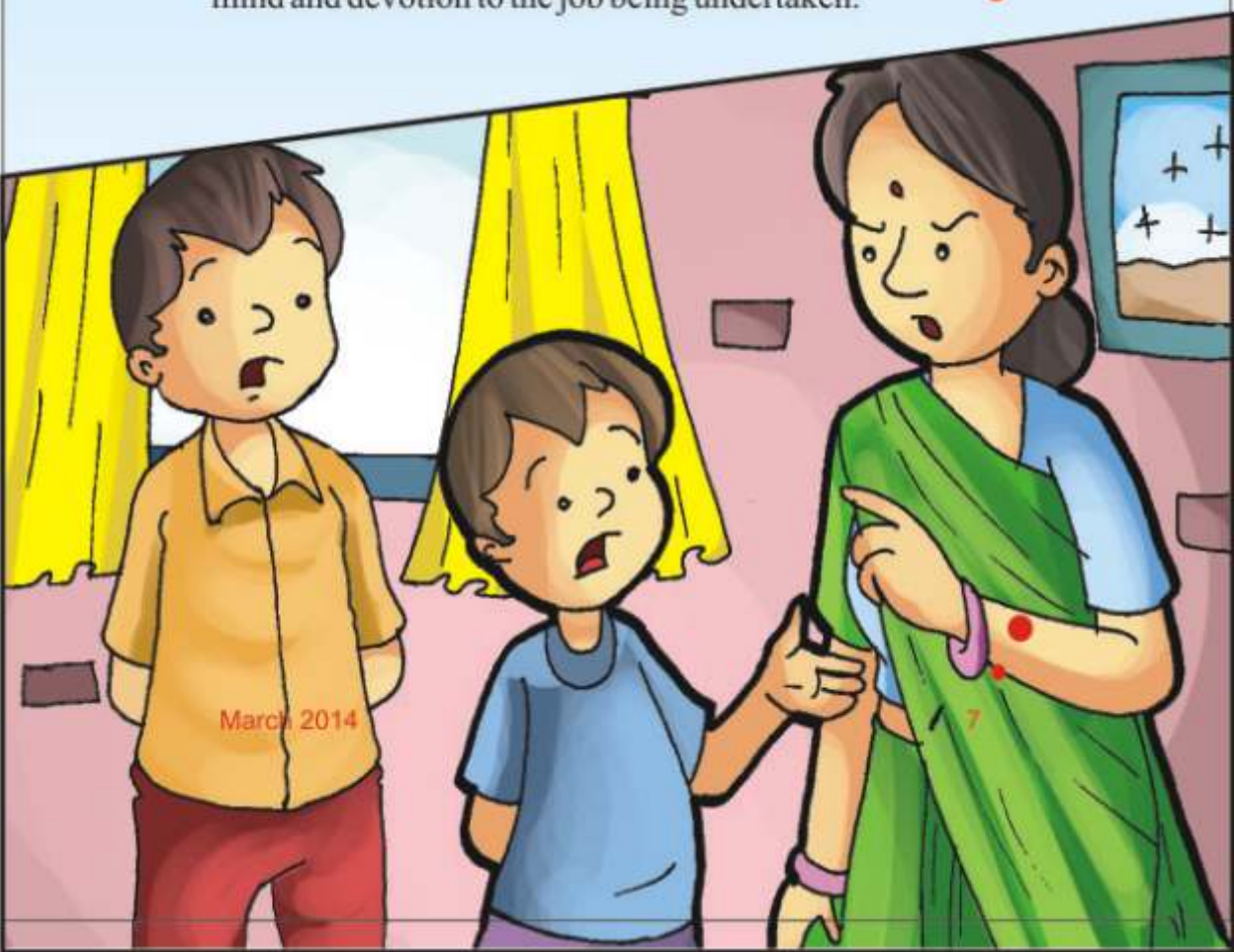
Now the nail was to be pulled out of the wall. In the process, he made a big hole in the wall. This went on several times, and a portion of the wall was completely turned into the patched one. Somehow, the nail was hit into at last.

Now Nikhil asked Pankaj to hold up the picture. While Pankaj was still lifting the picture up to him, Nikhil, with one hand stretched to hold the picture, started playing with the hammer. Thinking that Nikhil had held the picture tight, Pankaj let loose his hold to it. But soon the picture

fell to the ground and was shattered to pieces. Nikhil's face turned pale. He realised that he had done something wrong.

His aunty told him that it was due to lack of devotion to the job that they had broken the costly picture. She told that things done half-heartedly do not end well.

After this incident, Nikhil decided to mend his habit of doing his works without fully devoting himself to them. This led to miracle in Nikhil's results too. He would now put his head and heart to his studies. He now always stood first in the class. Every body greeted him with full smiles. Now he could realise the real charm of concentration of mind and devotion to the job being undertaken. ●



Poem by : Jagdish Singh

MYSELF



I am the smallest
of all the men.
Nothing in the world
What I can.
Even the easiest
of every task
One can't dare
from me to ask.
One thing by me
that can be done
Fruitless to me
And to every one.
Oh God let me
something learn
So that I may
A little earn.

FISHY DIET

A diet of fish can reduce the chances of a heart attack. Fish oil inhibits production of a protein called PDGFC. This protein stimulates growth of vascular smooth muscle cells which then penetrate the wall of blood vessels and cause constriction in

Article by: Shreshtha Sharma

the flow of blood. Under these conditions a blood clot can easily block the vessel and cause a heart attack. Fish oil also reduces the level of cholesterol in blood. Poly unsaturated acids present in fish oil stimulate production of some chemicals in blood which reduce the likelihood of clotting. These factors reduce the chances of heart attack.



Hansta Duniya

—Ankur Arora, Rewari

Resume Writing Tips

Your resume should be unique enough to be selected from a pile of applications. Follow these suggestions to make it stand out:

1. Put the most important information first. The first thing on your resume should be your name. It should be bold and with a larger font than the rest of the text. Make sure that your mobile number and contact details are also clearly listed.

2. The white space between the words, lines and paragraphs improves the legibility of your resume. So, do not jam your resume with text.

3. Do not lie. Most companies do background checks. So, mention only true facts in your resume.

4. No employer has time and patience to read long paragraphs of text. So, it is better to use bullet points and short sentences to describe your experiences, educational background and professional objectives.

5. Do not use a coloured background, fancy fonts or images in your resume.

6. There is no need to include statements like 'Available for interview' or 'References available upon request'. If you are sending a resume to a company, it is obvious that you are available for an interview and will provide references if requested.

7. Look for spelling and grammatical errors. Proof-read it twice. We usually become blind to our own mistakes. So, request someone else to review your resume and give suggestions.

8. Always use a high-quality Laser printer to get the printout of your resume on a plain white paper.

Happy Birthday



Punit (Sivni)



Samroop (Patran)



Bhawesh (Bhusawal)



Sneha (Kurwait)



Shaurya (Delhi)



Kunal (Delhi)



Kanaksingh (Bareilly)



Nishi (Mandla)



Roshni (Ajmer)



Sahijta (Bajwadha)



Saniya (Kolhapur)



Sarthak (Kolhapur)



Maneesh (Balak)



Rudra (Aligarh)



Karishma (Surat)



Arpita (Kapasherha)



Samnit (Sivni)



Navneet (Ajmer)



Abhay (Delhi)



Mitali (Almodha)



Shubh (Kolhapur)



Arpita (Barcelona)



Kartika (Tarakanagar)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us atleast two months before.

Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
The above coupon must
be affixed on the back
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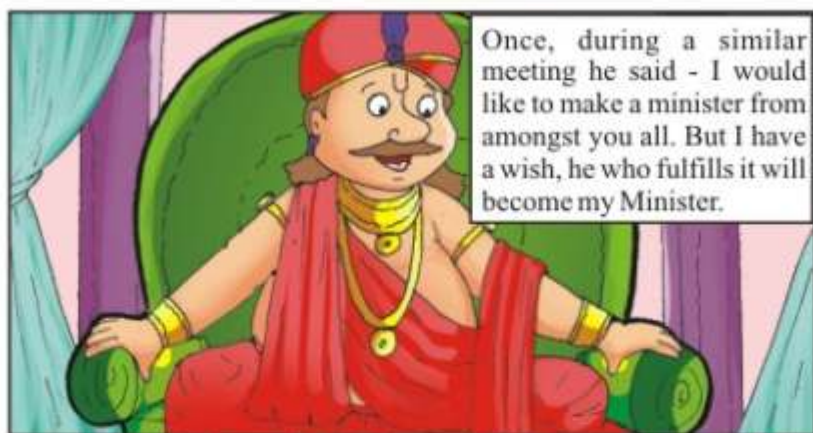
Name..... Date of Birth..... Year.....
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Long time back there was a king named as Narsingh. He was very forgiving and good.



He used to take care of his subjects and kept asking if all is well with them; he use to call a meeting once in a week.



Once, during a similar meeting he said - I would like to make a minister from amongst you all. But I have a wish, he who fulfills it will become my Minister.



The subjects asked about the wish. King said-I would like to see a bird of gold .



All the subjects got amazed on hearing this, and the subjects were not competent enough to fulfill this wish.



From amongst the subjects there was one Jaganaath. Jaganaath had a wish to become minister since childhood itself and serve the king. This was a wonderful opportunity for him, but he was confused as to how he would fulfill the wish of the king.



Jaganaath had a friend who was staying in the city. Jaganaath thought, let me meet Gopi, maybe he can help me with something. Thinking this, Jaganaath went towards the city.



Gopi loved birds and he had bought many different types of birds. Jaganaath met Gopi and told him about King's demand. Gopi said- oh fool. You do not know that Bulbul is called as the bird of gold.

Jaganaath got happy and said "I couldn't clearly understand. Thanks Gopi. Gopi- can you gift me this Bulbul. Gopi said- certainly. Jaganaath took the bird and went off.





Before the meeting started Jaganaath brought the bulbul. The king kept seeing with his eyes wide open. King asked the subjects, who has brought this bird ? Everyone was absolutely quiet.



Suddenly Jaganaath said" I have got it". The king asked, why are you giving me a Bulbul instead of a bird of gold. Jaganaath said- Oh King! This bird is called the bird of gold.



The king said that you fulfilled my wish with great wisdom, I choose you as the minister. Jaganaath bowed his head and thanked the king, and the king freed the bulbul.

Children, one can overcome great difficulty with little bit of wisdom.

Guruvandana

HD News

Guruvandana

Members of Hansti Duniya Family presented a cultural programme in the holy feet of Babaji on the occasion of Samagam held in the presence of His Holiness held in Mumbai



March 2014

15

संस्कृत

Find the way



Find the way in half minute, you are **Genius**.
Find the way in one minute, you are **Talented**.
Find the way in more that minute, you need to improve.

“It is life, I think, to watch the water. A man can learn so many things.”

— Nicholas Sparks



“There are decades when nothing happens, and there are weeks when decades happen.”

— Vladimir I. Lenin

By: Yagyata and Namatiya Mahajan, Delhi

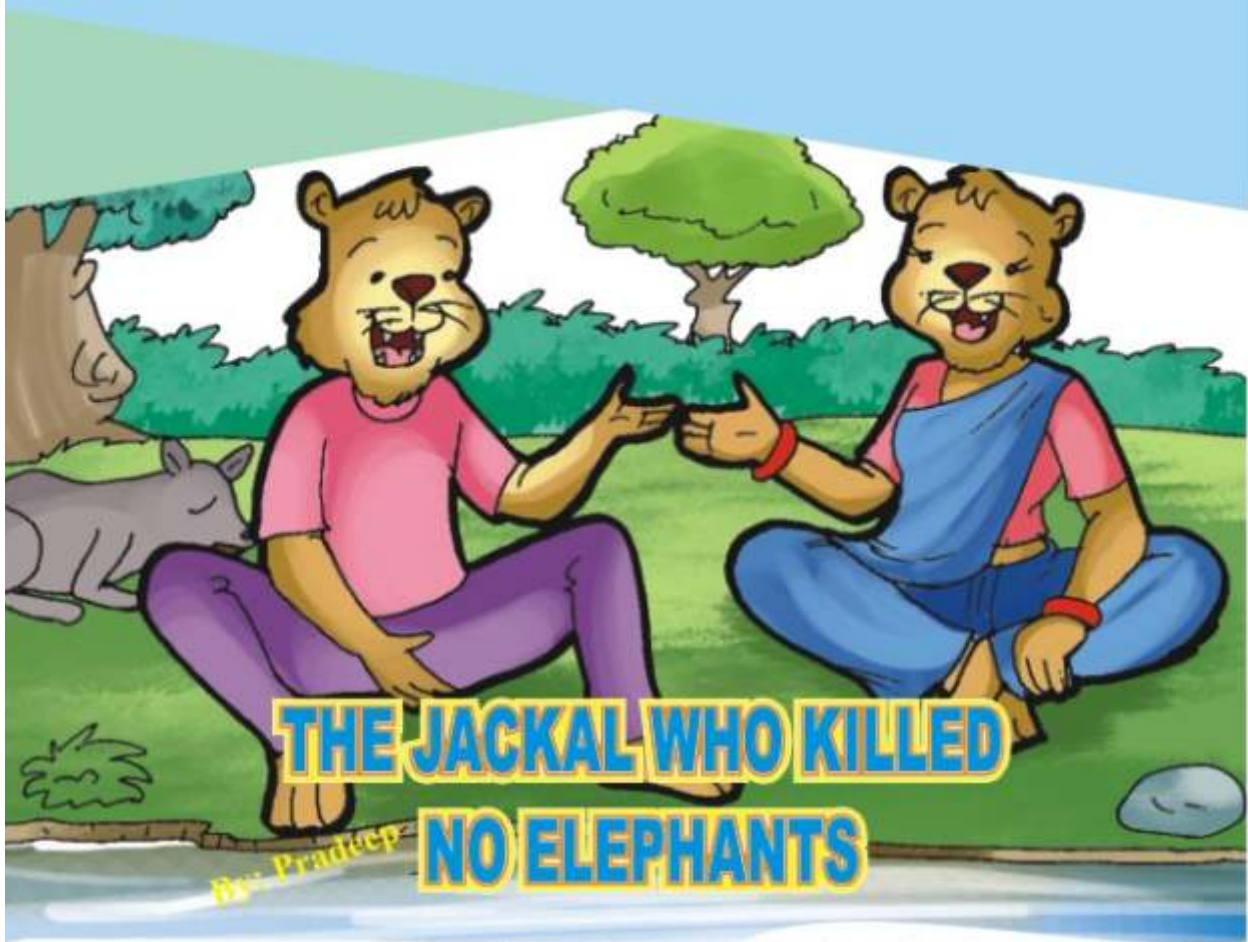
Riddles



1. What sits quietly in the corner, but flies in the world?
2. What hasn't done anything wrong, but is always beaten?
3. It has no legs, but comes and goes. It has no tongue, but speaks well. What is it?
4. Black seeds sown in a white field; there grows wisdom. What is it?
5. What goes up without wings or ladders?
6. A lady with a single eye.
7. A white man with black hat.
8. A red lady around whom white soldiers stand.
9. What falls on water and never gets wet?
10. What is it which belongs to you but it is used by others?
11. Which is the gate which you can't pass through?
12. This is a mark; all so pump and round; at the end of the sentence, it is to be found.
13. Which bow cannot be tied?
14. Which tree gives fruit only once and thereafter is being cut?

1. Stamp 2. Drum, 3. Letter 4. Book 5. Smoke 6. Needle
7. A matchstick 8. Our Tongue 9. Shadow 10. Your name
11. Colgate 12. A full stop 13. Rainbow 14. Banana

Answers



THE JACKAL WHO KILLED NO ELEPHANTS

Once upon a time a lion and a lioness lived together in a forest. One day two little cubs were born to them. The lion and the lioness were both very happy to have two nice little babies.

The lion said to the lioness, "You must stay at home and look after the babies until they grow up. I shall go out and bring you all the food you need."

Every day the lion went hunting and brought home enough food. One day, however, he could not find an animal to kill. In the evening, as he was returning home, he found a baby jackal. He picked it up and took it to the lioness.

"This little jackal is the only food I could find for you today," said the lion. "Kill him and eat him. I did not like to kill him because he is only a baby." "My dear," replied the lioness, "if you did not like to kill him because he is only a baby, how do

you think I can kill him? I am the mother of two babies that are just like him. No, I shall do him no harm. He shall be my third son."

So the lioness looked after the baby jackal. He lived with her two cubs and the three babies all grew up together.

The three little animals were always together. They ran about and played together. Sometimes they had little adventures together. They would go into the forest and chase any wild animal, they saw.

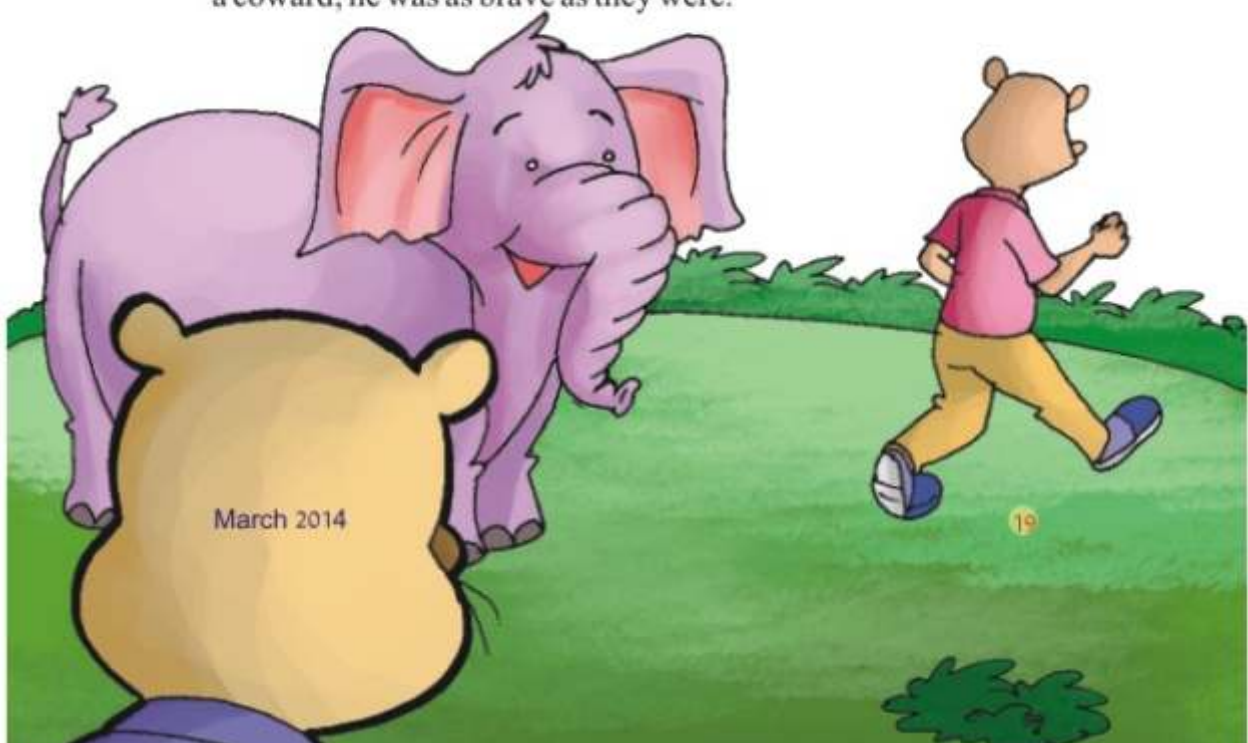
One day a wild elephant came walking through the forest. The two lion cubs saw the elephant and followed him. They wanted to kill the elephant. But their brother, the young jackal, was frightened.

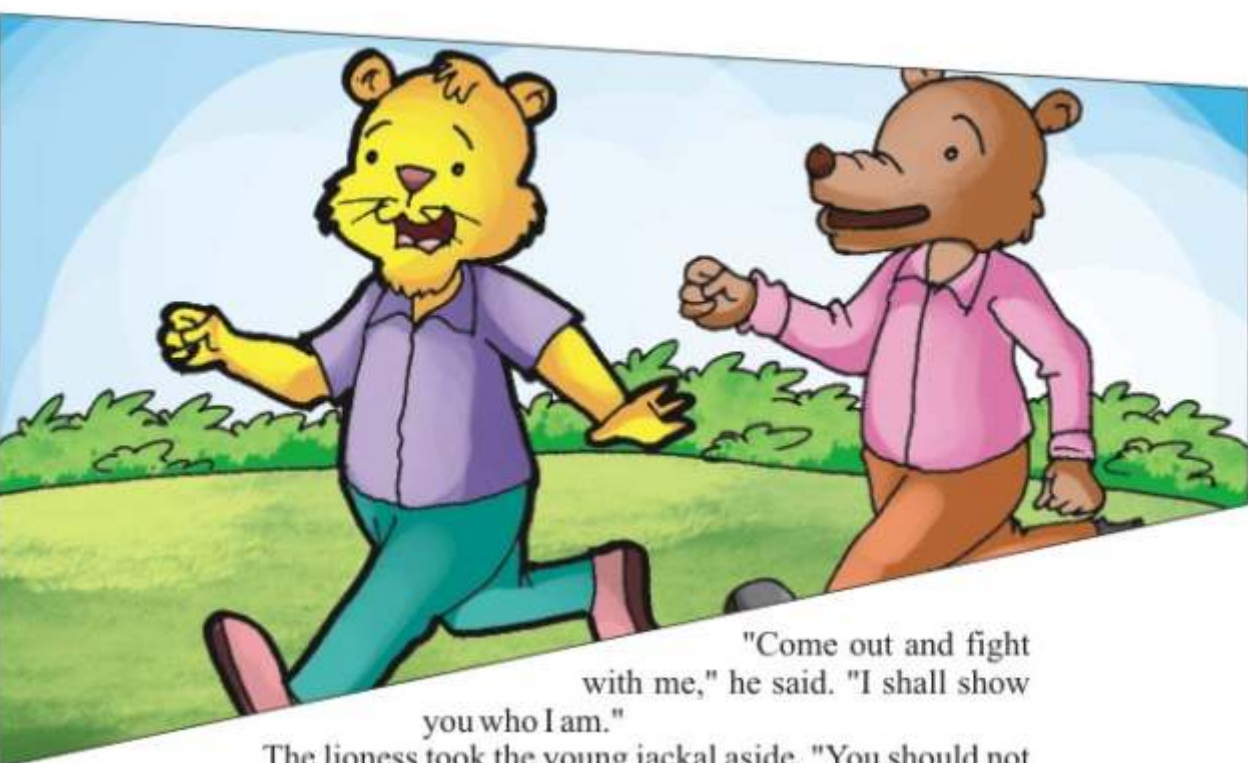
"That is an elephant," cried the jackal, "don't go near him. He will kill you!" And the young jackal ran away.

Seeing their brother running away, the two lion cubs lost courage and ran home.

The lion cubs told their mother and father about the elephant they had seen; and they told them how their brother had been frightened and ran away.

The young jackal heard this. He felt very hurt. He was angry and began to shout at the young lions. He told them he was not a coward; he was as brave as they were.





"Come out and fight with me," he said. "I shall show you who I am."

The lioness took the young jackal aside. "You should not talk like that to your brothers," she said.

But this only made the jackal more angry. "What right have they to make fun of me?" he said.

"Am I less brave than they are? I will show them my strength. I will kill them both!"

But the lioness only smiled at the jackal.

"You are brave," she said, "and you are also handsome, and you have brains. But, you see, in your family no elephants are killed."

The jackal could not understand what she meant by this.

"What do you mean?" he asked.

"Listen to me, my boy," replied the lioness. "Your mother was a jackal. I took pity on you. I brought you up like one of my own children. My sons do not know that you are a jackal. But now you should run away and live with your own people. If you don't, my children will kill you and eat you up."

The young jackal then felt very frightened. He quickly ran away to save his life.



H.D. Answers



— Parveen Kumar (Hry)

Q. How can love be best defined?

A. As a symbol of sacrifice and total surrender.

— B. Taneja

Q. What is the education that is most needed in life?

A. The sole aim of education is to educate the soul.

—Dinesh Rai, Azamgarh

Q. What is that act by doing which man feels most contended?

A. Benevolence.

— Rakesh Kumar

Q. How many types of Nectar are there?

A. The Nectar is only one. However, people call it by different names.

— Suresh Khurana

Q. Who is really great?

A. One who is considerate for others.

— Renu Bala

9. What's greater—knowledge or God?

A. The knowledge of God.



The King

Story by ; Japinder Bains

One day Rita and her husband Harpal were arguing with each other. Harpal was complaining that he wanted to be a king. He wanted everyone to respect him and not to do anywork. He also wanted slaves to do things for him.

Rita got tired of listening to her husband's complaints. So she stormed out of the house. She went out for a walk. While she was walking she met a traveller.

The traveller came to Rita and asked if he could stay for the night at her house. Rita consented and took the traveller home.

When she got home Harpal was not there. She then showed the traveller his room and then she made something for him to eat. It was getting late. Rita was getting worried about Harpal. The traveller went to bed after eating. Then Harpal walked in.

Rita started questioning him: "Where have you been and what have you been doing?"

Harpal shouted at her and said: "I want to be respected and be a king. I don't want to go out and earn money. I want people to give it to me."

By now the traveller was awoken. He had overheard their



arguments. Harpal was still shouting at his wife saying that his life is a misery and it was not fair that others should be rich and have big houses, while he is not as rich.

In the morning the traveller left. He also left a note thanking Rita. Later on in the day a servant came to Harpal's house and said, "The king wants to see him and Rita." Harpal was really excited.

When he and his wife went to see the king, Rita recognized the king. It was that very traveller. The king then gave Harpal a wish. Harpal wished he could be a king. This wish came true and Harpal was a king.

After a few months, Harpal went to the king who granted him a wish and asked if he could go back to his normal life because people were coming to him asking him to solve their problems, which he could not do.

The king agreed. "To be a king isn't easy," he said. He also told Harpal that he should be grateful for what God had given him and his wife.



Holi - A Festival of Fun

— C.L. Gulati

Holi festival is known for fun. It falls during Spring season when the nature seems to be at play with colourful flowers.

After they are free from annual examinations, children look forward to the celebration of Holi festival. Holi festival falls in March. Soon after this festival, the annual examinations follow. Those who did not do their studies regularly, might be worried about the preparation for their examinations as also about the celebration of Holi. They may not therefore be able either to prepare for the exams, or enjoy fully the fun of the festival of colours.

So, dear children, always remember to pursue your studies regularly so that you are not deprived of the fun of the festival. Doing studies right from the beginning to the end will enable you to enjoy the fun of life as also to come out with flying colours in your exams.

We wish you all a happy Holi and pray for your success in the examinations.



Story by : Harphool Singh Nohta

SAGACITY OF BHOLI

Once there lived a Jackal named Khamisa with his wife in a cave of a Jungle. Khamisa always boasted in front of the inmates of the Jungle about his intelligibility that he had learnt all the scriptures. On the other hand, his wife Bholi was silent and of helpful nature. Therefore the inmates of the Jungle liked her more than Khamisa.

One night, Bholi was feeling thirsty. She requested her husband to accompany her to a brook. But the Lion Sher Singh was the owner of that brook. Nobody dared to take a water from that. So, Bholi said to her husband "How can we escape from Sher Singh?"

Khamisa said, "You need not bother about him; I have hundreds of formulae to escape from him."

They came out from the cave and went to the brook.

Hardly had they reached near the bourn when Lion Sher Singh roared loudly.

Bholi said to her husband, "Do something."

Bholi! I have forgotten 50% of the formulae on hearing his voice," said Khamisa.

They went little ahead. Sher Singh again roared. Now Khamisa started trembling. Bholi said, "What has happened! Why are you trembling?" You know all scriptures. Think of some way of escaping".

"Bholi! I love forgotten all the formulae. Let us run away," said Khamisa.

"You are only a bouncer", remarked Bholi. Follow me. "I'll see now", Bholi said.

In the meantime, Sher Singh appeared and said; "Who are you? Why are you wandering here at such late night? Don't you know that I am the King of the Jungle?"

Bholi said, "Your majesty! I am Bholi. He is my husband, Khamisa. We live in your Jungle. We had come to you for the settlement of our dispute. My husband wants two children, I want two children. But the problem is that we have only there children. Then how can the matter be settled. We need your kind advice in the matter.

Ya! Sher Singh thought for a moment. First I'll eat their children and thereafter them too, he thought.

Ok! Where are your children?

"your majesty! They are very little and can't walk. So, You have to go along with us." Bholi said. And they along with the lion left from there.

On way back Bholi said politely, "Your majesty! if you do not mind, we shall drink some water from this brook."

"Yes! Why not", said Sher Singh.

Both Bholi and Khaminisa drank water to their fill and



started. When they reached their cave, Bholi said to Sher Singh keeping her hand close "Your majesty! You kindly wait here till we come back with children."

After waiting for a long time, when Bholi and Khainisa did not come out, Sher Singh called them out. But instead of coming out Bholi replied, "Sher Singh! You may go back. We have got the fourth child and divided equal."

Lion roared, "No! You have befooled me. I'll see you later".

Dear children, whatever the truth of the story may be. We should never be boastful of our intelligibility in front of others. We must be practical. Even in distress, we must keep patience and face the odds calmly and wisely.



Improve your Grammar

Choose the right option

—Vikas Arora (Rewari)

- We _____ barely started out when the radiator began to smoke.
(a) HAD NOT (b) HAD
- The Manager did not accept the _____ as it was post dated.
(a) CHECK (b) CHEQUE
- A collection of flowers is known as _____.
(a) BOUQUET (b) FLOCK
- Find an interrogative pronoun in the following sentence:
Whom do you think we should invite?
(a) DO (b) WHOM
- Capital letters are used to begin the names and surnames of persons.
(a) TRUE (b) FALSE
- The grass became wet with _____.
(a) DEW (b) DUE
- I asked him if he could get me _____ water.
(a) SOME (b) ANY
- Which one of the two is a synonym of VENOM?
(a) WIZARD (b) POISON

Answer Sheet	1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

How Much Land Do You Need?



Once there was an Emperor who told his minister that the amount of land he could cover while running from sunrise to sun-set, would be his. The man started running early, he went on, ignoring hunger, thirst and fatigue. By afternoon, his body ached, his feet were swollen, sweat dripped down his forehead, all the muscles in his body screamed in protest. So many times, he fell, he stumbled, but he pushed himself further, he forced himself to go on, come what may. He wanted to cover a great distance that day.

As dusk fell, he was so exhausted, that he collapsed, to the ground. At this point of time he asked himself, "Why did I push myself so far? Why was I so greedy? Now, I am dying, I only need land enough to bury myself. All that I have laboured for, is not mine to enjoy."

Each day, we push ourselves harder and harder to become richer, wealthier and more powerful. So much so, that our health, family, hobbies, love and even God take a back seat. When we are nearing our end, and we look back, we realize what an exercise in futility it was. But by then it is too late!

— An e-mail forward.

There is enough in the world for every body's need, but there is not enough in the world for one man's greed.

— Scriptures



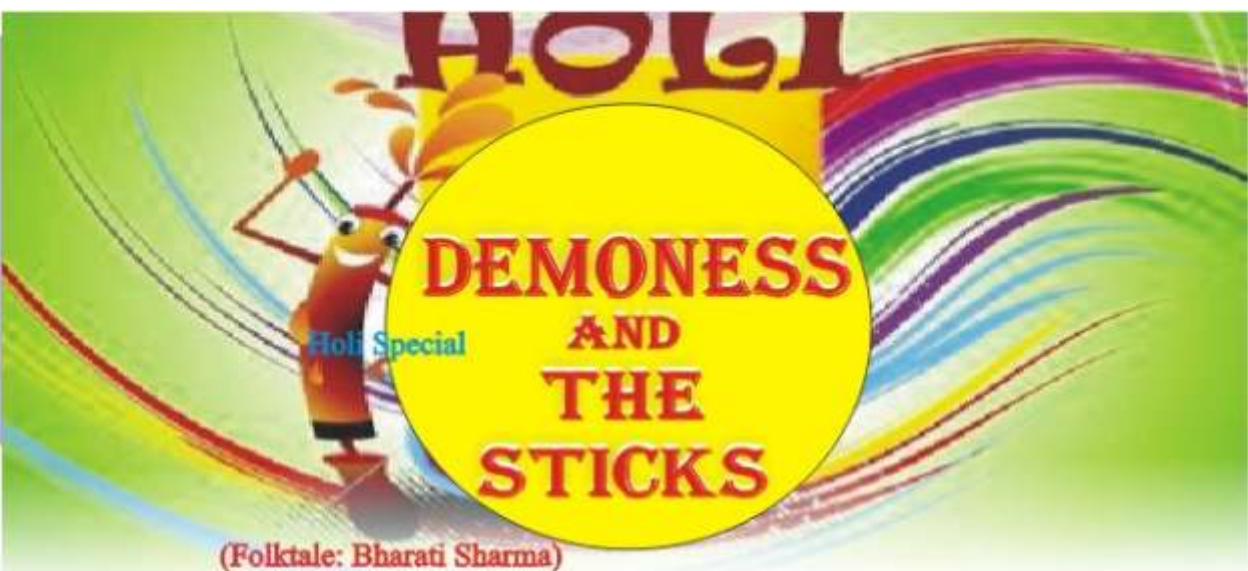
Improve your Grammar

Answers:

1	2	3	4	5	6	7	8
B	B	A	B	A	A	A	B

Q.No.	Explanation
-------	-------------

- | | |
|----|--|
| 1. | The adverb 'barely' has negative meaning. So, there is no need to use double negatives. |
| 2. | A cheque is a written order directing a bank to pay money. |
| 3. | A group of birds is known as Flock. |
| 4. | Here, the word 'WHOM' is the interrogative pronoun. |
| 5. | It is true that capital letters are used to begin the names and surnames of persons. |
| 6. | 'DEW' is a tiny drop of water that forms on cool surfaces at night. 'DUE' means expected at or planned for at a certain time. |
| 7. | SOME and ANY are both determiners. They are used to talk about indefinite quantities or numbers, when the exact quantity or number is not important. As a general rule, we use SOME for positive statements and ANY for questions and negative statements. |
| 8. | The synonym of VENOM is POISON, not WIZARD. Wizard means a person with magical powers. |



In ancient Aryan Reign, King Pruthu is quite a famous and much talked-about name. It is said that the word earth was derived after his name, i.e., Prithvi. The following incident happened during his kingdom.

Those days, there lived a demoness known as Dhoondha, daughter of a demon called Malin. She worshipped Lord Shankara very hard and got a wish that she could not be killed by angles, demons or human. In addition, she got the wish of being the most powerful one. Therefore, having possessed too much of power, she started torturing people. She got hold of innocent children and killed them. She kept a distance from adult people, as also from troublesome and naughty children. But, children shy and silent by nature were not spared. The people were quite annoyed with this nuisance.

The annoyed citizens approached King Pruthu and told him about their agony. It was learnt that due to the boons granted by Lord Shankara, no harm could be made to her by any angle, demon or human. Therefore, King Pruthu got worried. He consulted saints and sages. During such a consultation, the king came to know that besides these boons, she also suffered from two curses. First - she could not face adult people as well as naughty children carrying



sticks, and second - if thrown out of a place during the full moon night of every month of Falgun (Spring), she could not come back to that place till the similar night falling the next

year. King Pruthu could now easily understand as to why the victims were only the shy and silent children.

With the knowledge of curses on Dhoonda demoness, King declared that in the full moon night of every Falgun month, all the children should carry sticks and should create a rowdy and crowd atmosphere all over the state – the officers of state would reach out every child to ensure that they had sticks so that they did not face any problem in their absence.

With the rowdy behavior of the children and whirling of sticks on all the streets, the curse-bound demoness left the earth. Enjoying this event, people distributed sweets and played colours, i.e., Holi, with each other. Lest the demoness may return, this event was arranged every year on the full moon night of every Falgun. This marked the beginning of a custom of 'dhoondh', i.e., offerings to newly born children. Among others, it included sticks enabling them to play and make sounds.

By one belief, the festival of Holi began only after this incident of Dhoonda demoness. People caught the demoness and burnt her alive, and rejoiced her death the next day by enjoying Holi through playing colours and gulals.

By: Harjeet Nishad

Save Water, Save Money

Water is an essential need for life. We need water not only to stay alive, but also to clean ourselves, grow food, control fire, etc. It is also an important element for power generation. Its role is vital for good health of mankind as well as healthy surroundings and environment.



Water is cleaned through water-treatment plants before use so as to make it fit for human consumption and storage. Water conservation is, therefore, very important. The earth has only 3% of pure water. However, it is being polluted constantly by industrial wastes. Thus, water is becoming more and more dirty and consumption of dirty water is harmful for man and animal both. We need to preserve water being provided through earth's water cycle, as people are consuming our planet's fresh water far more than it can naturally replenish.

Saving water is good not only for our family and community, but also for the earth as a whole. When we use water wisely, we help the environment. When we save water, it becomes available for use both by water/land animals and birds also. Preserving water means its supply reaching out to more and more people. In addition, we ease the burden on waste water treatment plants as the conserved water does not need treatment and can safely be supplied to people for use. Thus, when the water is used wisely we save energy needed for purifying water. Similarly, when we use water wisely we save money. Our families pay money for use of water. If we use less water, certainly we save money. These savings can be spent for other useful purposes. Therefore, it is obvious that we must use water wisely and avoid its wastage.



CHAMPU CHAMPU

Story & Illustrated
— Ajay Kalara




Hello. Pinku ji, how are you. I also want to learn to speak hello and namaste from you.

Hello Champu.



Arre Pinku Bhaiya, why are you looking so sad.

I am a little sad, you will not understand Champu.



Pinku brother it's true that I am not that clever but sometimes God makes an unwise person speak such words that anybody's problem gets solved in seconds. That's why tell me. I have faith in God.



Champu, I am in this class for the last three years. I have not been able to pass the exam. What is the mantra for success? How will I find success?



Oh, that's a small problem, you meet me at the river side, I will tell you the secret for success.

Come dear Pinku, walk with me in the river.



Where are we going Champu? How does it relate to success? Water is deep ahead.







All the children to pay attention,
we are going to show a magic
- Preyal, Apeksha Chawla (Murtijapur)



Dear Sister, please do not show
any dreadful magic
- Chahat Ahuja



I am ready to
do a bhangra
on Baisakhi
- Aryayanka
(Barnpur)



Aryayanka, you looking very
nice in this dress
- Chetan Parmar (Gurgaon)



My dress too is
no less beautiful
- Naisa Jasvani
(Mandal)



I got these toys as gifts on my
birthday - Prashant Kumar (Badhve)

Photo Feature



I am still too young,
but can stand with
an aid – Aarushi



Arushi, when
grown up like
me, be prepared
to wear the dress
to do sewa
– Seema Gaur
(Khaleelabad)



When will I grow
enough to go to
school – Bhavtyaraj
(Garbarha)



I am preparing
myself to
participate in
flute competition
during this
Baisakhi festival
– Ajesh (Barnala)



Our picture
will be the best
– Sandeep, Sachin
(Hinganghat)



But I am going to be
the winner for best
photo award
– Muskaan
(Ballarpur).



I AM TRUSTING



I'm trusting, only trusting
In Nirankar day by day :
I feel His presence nearer,
While pressing on my way.
My Soul is full of glory,
And this my song shall be:
I love my blessed Saviour,
Because He first loved me.

I'm trusting, only trusting
In Baba Hardev every hour,
Who saves me by His mercy,
And keeps me by His power;
I'll publish His salvation
Wherever I may be;
with all my heart I love Him,
Because He first loved me.

I'm trusting, only trusting
My Saviour's hand to guide;
I know His grace sufficient,
And ask for naught beside;
My soul is on the mountain,
My home beyond the sea:
O bless the Lord! I love Him,
Because He first loved me.

Chorus:

Because He first loved me,
I love Him, I love Him,
Because He first loved me:
I trust Him, I trust Him,
Wherever I may be.
My soul is full of glory,
I sing because I'm free;
I love my blessed Saviour,
Because He first loved me.

Poem: Ashok Yadav,
Bulandshehar



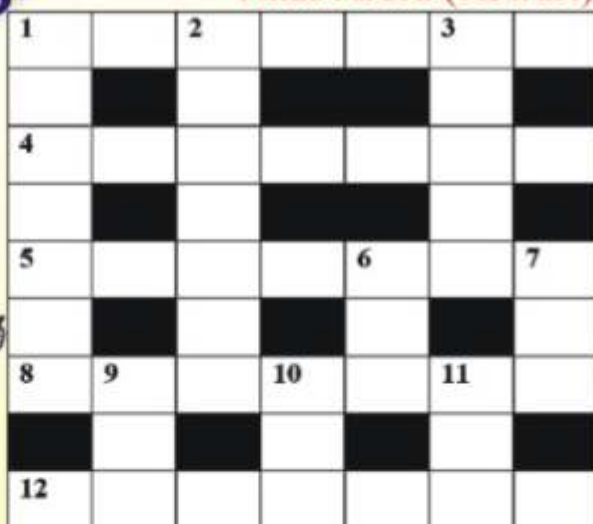
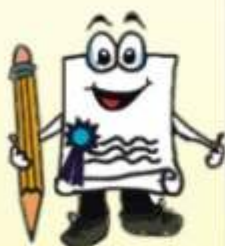
SMSES of the month



- ★ If you are honest in all your dealings, you can never experience fear. —Anmol, USA
- ★ Mind and Umbrella are useful only when they are open, otherwise they increase your burden. —Suraj, Canada
- ★ Everything is 'Pre-written' but with prayers it can be 'Rewritten'. Those who make us smile-thank them. Those who make us cry-tolerate them. But those make us smile when tears are in our eyes-Trust them. —Dharmveer, Boston
- ★ Loveable persons are like injections. They may sometime give you pain, but the intention is always to cure problems.
- ★ A good song means 5 minutes pleasure. A good movie means 3 hours pleasure, A good college means 4 years pleasure, but a good 'relation' means life time pleasure. —Avneesh Gulati, Chandigarh
- ★ Actual meaning of Morning is “More+Inning” means 1 more inning given by God to play and win.
- ★ The powerful name is “BABA JI”, The sweetest word is “BLESS”, The loving alphabet is “U” and the greatest sentence is “Baba Ji Bless you”. —Gurdeep Komal, Chicago, USA

CROSSWORD

— Vikas Arora (Rewari)



Left to Right ▶

- Three forms of verb: Present: NEAR, Past: NEARER, Past Participle: _____.
- Plural of MATCH.
- The word that comes first in the dictionary: BROTHER, BRITISH, BREADTH.
- The state of being away from a place or person.
- The birth place of Lord Rama.

Up Down ▼

- An African country whose capital is Windhoek.
- Plural of ANTHEM.
- Antonym of SOUR.
- A resting place of wild animals hidden in DIVIDEND.
- A long-handled gardening tool with a thin metal blade.
- Feminine: Girl, Masculine: _____.
- The last two words that normally appears in a film show: The _____.
- The abbreviated form of 'CHILD RELIEF AND YOU', an Indian NGO organisation.

For answers turn to page 32



Winners of January Issue

- | | | |
|-------|--|-------|
| Ist | Divya Gagan
Kaveri 13, Malad (W)
Mumbai-400064 | |
| IIInd | Aditya Anand
(13) A-804, Sunrise Residency,
Near Someshwara Enclave,
VESU, Surat 395007 | 15Yrs |
| IIIrd | Krishna Yadav d/o Sh.Pardeep
V.&Po. Bhageswari
Distt.Bhiwani (Hry) 127307 | 9Yrs |

Consolation Entries

Khushboo Nirankari, (Solan), ArunVijay Gurudasani (Buldhana, Mah.), Hitesh Tushar Lenk (Belgaum, Karnataka), Rohit Ashthana (Azamgarh, U.P.), Ankit Tandon (Faridabad), Nishtha Arora (Sonapat), Hitesh J. Poojary (Stn. Kalachowki), Tiya Mahesh Jari (Shantinagar Panda, Goa), Sudha (Sonapat), Rahul Rai (Sant Nagar, Delhi), Yash (Nashik, Mah.)

Competition for March

On page 44, a beautiful picture is given; colour it and send it to us latest by April 20, 2014. The best three will be awarded suitable prizes.

The result will appear in May 2014 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Colour it



NameAge.....

Address

.....



LAUGHING TIME

— Sakshi Gulati, Chandigarh

Parveen : What do you call a sleeping bull?

Sunita : A bulldozer!

Santa : Which building is the largest?

Banta : The library because it has the most stories.

Santa : What can be the maximum penalty for bigamy?

Banta : At the most it can be two mothers in-law.

Beggar : (To a passerby) In fact, I am a writer. I have written a book : '100 ways of earning money.'

Passerby : Then why are you begging here?

Beggar : This is one of those ways.

Artist : (To the house owner) One day people will remember that a great artist used to live in this house.

Owner : If you don't pay the rent by today evening, that day will be today itself.

Driver : Madam, the petrol has runout, so the car cannot go further.

Madam : Then drive the car back home.

Wife : (To husband) Why don't you love my relations?

Praveen : You are telling a lie. I love you in-laws much more than my own ones.

It's Time To STUDY



Gird up your loins
To study hard
It's only hard work
That shall you guard

To succeed in life
Do not be indolent
Those who study not
Shall have to repent

It's only the educated
That rule indeed
For success lies not
In word but in deed

Mind, who study not
Ever lag behind
And only the educated
Do serve the mankind



Don't Read Sometimes expectations are a gift not a curse, because when people expect something from you, it means you have given them reason to believe you.

Prayers are invisible but they make impossible thing possible. It is God's job to work the wonders. Ours is the most simple part "Act, Pray and Believe".

Crossword Solution

1	N	E	2	A	R	E	3	S	T
	A			N				W	
4	M	A	T	C	H	E	S		
	I			H				E	
5	B	R	E	A	6	D	T	7	H
	I			M		E			O
8	A	9	B	S	10	E	N	11	C
			O		N			R	
12	A	Y	O	D	H	Y	A		



Ms. Aruna Pal Student of Class IX, Sant Nirankari (Girls) Senior Secondary School, Nirankari Colony, Delhi-9, D/o Shri Shiv Kumar Pal took part in the 14th Junior National Rope Skipping Championship-



Rope Skipper

2013 (organized by Rajasthan Roping Skipping Association and sanctioned by Rope Skipping Federation of India Regd.) held at Sawai Man Singh Indoor Stadium Jaipur on 19th October 2013. She got First position in the following events: 1.Speed Endurance 2.Speed Sprint 3.SR speed and DU and second Position in DD Pairs speed.

She reached at the National level by crossing hurdles of state level at Delhi. She bagged three Gold medals and one silver medal. She was also awarded Certificate of Merit She did this with her constant efforts, hardwork, determination and under the guidance of teachers, principal and of course with the blessings of His Holiness Baba Hardev Singh Ji Maharaj,

Ms. Sapna Rai student of Sant Nirankari (Girls) Senior Secondary School Nirankari Colony, Delhi, achieved 1st position in XII class examination held in March 2013 (fine arts with arts stream) secured 90% marks. She has received Indira Award from the Delhi Govt. which constitutes cash prize of Rs.5000/ and a certificate of merit.



Fine Artist

Gurdev Singh



Have Your Say

I received November issue of Hansti Duniya on time. Your editorial 'Healthy Food Habits' was very informative. I assist you in the battle against fast food. I have become more aware about serving healthy food to my kids. Thanks for spreading the message of healthy living.

The article 'A Smile' by Mrs. Malcolm was impressive.

— Ujjwala Dattatray Shinde, Mumbai

I don't remember when I read my first ENGLISH Hansti Duniya but I am pretty sure it was when I was in school. My mother used to subscribe to it. I immediately took it and become a hardcore Hansti Duniya addict. I received February issue on time. Your editorial 'Understanding the Resolution' is just awesome. Bless me so that my resolutions should not be influenced by any circumstances. The article on 'Costa Rica' by Chaitra Gulati is very informative. The poem 'Talking to flowers' by Avinash Fitrat is superb.

— Henry Dsouza (Mumbai)

Smile:

S: Sets you free,
M: Makes you special,
I: increase your face value,
L: Lifts your spirits,
E: Erase all your tensions.
So, please keep smiling.





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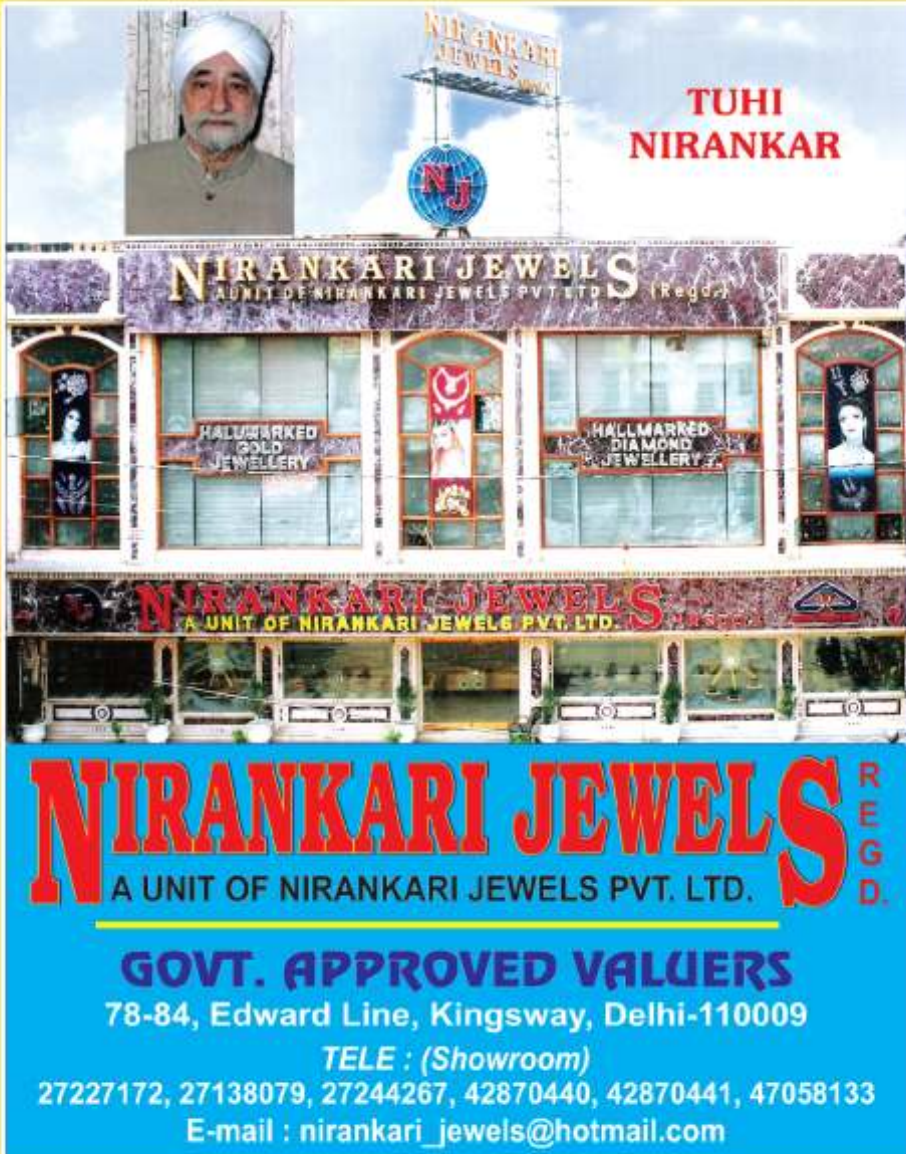
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