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**Mutual Cooperation** 

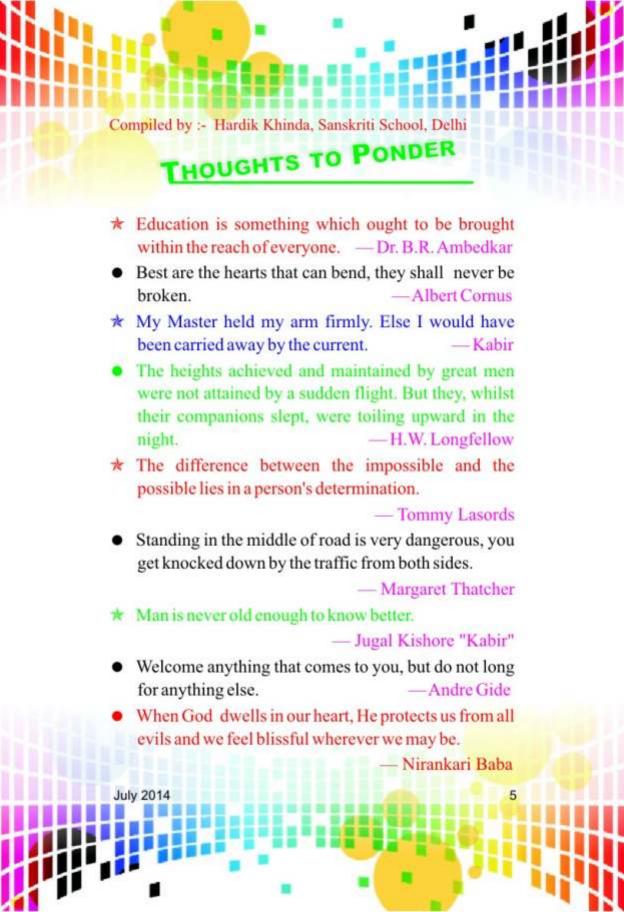
Editorial

All humans are born with tendency to walk on two feet. And while walking, one foot would of course be ahead of the other. Imagine if I've foot starts feeling proudy that I am ahead of the other one, then it would be difficult to complete the journey by foot.

If the journey has to be made successful then it just be kept in mind that role of the foot behind is as much important as the right of the foot in front. So only when the foot which is in front comes forward walking will be possible. This way, there is neither loss of the foot in forward nor of the foot behind. But the journey gets complete only after walking behind and in front of one another. That is why the status of both is equal. Similarly, one needs to do the deed in order to move ahead in life. So while doing the deed, one must not have ego and not feel disappointed. Work done with focus and dedication always gets good result. Just as we feel self satisfaction when we complete the task, it is a natural result. This satisfaction in itself is the result of the work done with mutual cooperation.

It is also philosophy of our mission that with cooperation, we can move forward in every aspect of life.

-Vimlesh Ahuja



### SAMPURAN AVTAR BANI

### Ik Tu Hi Nirankar - 95

NIRANKAR GURU NIJ SEVAK DA AP HI PARDA DHAKDA EYE; AUKAD DUKH MUSEEBAT VELE HATH SIRAN TE RAKHDA EY. IH VADIAEEAN VANDAN WALA DAS NOON IZZAT DENDA EY; APNA NAM JAPAN DI EHO DAS NOON HIMMAT DENDA EY. MALAK SEVAK DI HI HARDAM IZZAT TE PAT RAKHDA EY; MALIK APNE SEVAK TE HI PAL PAL REHMAT KARDA EY. IS MALAK DE SEVAK DA HI RUTBA SABH TON AHLA EY; IS MALAK DA SEVAK HUNDA SABH DUNIA TON BALA EY. IS SEVAK NOON MALAK BAKHSHE MEHMA OHDI APAR APAAR; KAHE AVTAR HUKAM MANN OHDA TAR SAKDA EY KULL SANSAR.

### Gist: Thou Formless One

The formless True Master himself covers the shortcomings of his devotee;

He shields him in every pain and distress.

He is the one who distributes name and fame and he bestows honour on this humble being;

He himself grants the strength to this humble being to remember the Divine Name given by him.

He is the Supreme Sovereign and protects the honour and respect of his servant;

He bestows his grace upon his servant every moment.

Only the servant of this Supreme Sovereign has the loftiest status;

The servant of this Supreme Sovereign is above all others in the world.

The servant who is blessed by this Supreme Sovereign has unbounded glory;

Avtar says, the whole world can be salvaged if it obeys his divine commandments.

# **Rising Stars**

- C.L. Gulati

The children are not only to be moulded but also to be unfolded. This is what Nirankari Babaji is stressing time and again in the interest of overall



development and promising career of the children. While moulding means general physical well being, unfolding calls for spiritual upliftment. Taking care of both the aspects, Joginder Sukhija and Meenakshi Sukhija, a devoted couple of the Mission have brought up their daughter Harshita with due indulgence.

Born on April 14, 1996 in Delhi, Harshita was brought up in harmonious and spiritual atmosphere. From her very childhood, she has been sharp-minded girl and remained topper right from the 1st class, without missing curricular activities. She has passed CBSE 12th Exam in Commerce stream in 2014 with A1 Grade securing 490 out of 500 marks. She got her education from Bal Bharti Public School Pitampura, New Delhi.

Being a teenager, living in a joint family, Harshita sees the invaluable role grandparents play in the life of children. She says, "It hurts me to know that Old People's Home are coming up fast." She fails to understand the mentality of people who can be so heartless as to deprive their children of the love and affection of grandparents. She feels proud of her grandpa Shri Prabhu Dayal Ji who is a dedicated devotee of the Mission and a source of inspiration for the whole family to be regular in congregation. Her father, a prominent lawyer and a spirited devotee, whole heartedly serves the interests of the Mission.

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Reading is Harshita's hobbies, she prefers spiritual literature which is a source of joy for her. She is avid reader of Sant Nirankari and Hansti Duniya. An epitome of humility and simplicity, Harshita is a precocious child. She wants to devote her life to a social cause especially the empowerment of women.

Serving humanity by any means is welcome. But serving the society with knowledge of God is the most pious service. She wants to take the message of the Mission at every door step. Hats off to her faith and missionary spirit when she says firmly, "I do not know what future holds for me, but I do know who holds my future".



Ashwani Dubey (son of Late Shri Shambhu Nath Dubey, a former sewadar of Sant Nirankari Mandal) of Sant Nirankari Senior Secondary School, Nirankari Colony, Delhi-9, has proved his mettle by scoring 96.4% marks. Interestingly, he has been achieving first

position since 1st grade till 12th class in his school. Being a person of simple nature and a regular attendee of Nirankari Bal Satsang, has contributed to his success with the blessings of Satguru Baba Ji.



Shubhneet Khera, son of Shri Rajesh Khera, Sanyojak, Kalanaur. Branch of the Sant Nirankari Mandal, achieved 96.2 % marks in the 12th class of CBSE, getting first position in District Rohtak (Haryana). Shrimati Smriti Irani, Hon'ble Union Minister HRD sent him

congratulatory letter for the splendid achievement and wished him further success in life. God bless him.

- Kanika Bhatia (Gurgaon)

### Kalpana Chawla



Kalpana Chawla was the

first Indian female to go to space. She was born on 1st July, 1961 in Karnal, Haryana. She did her schooling from Tagore Bal Niketan. She was a determined, independent girl with great patience. From a very young age, Kalpana showed her interest in space. She took interest in various school activities, such as plays, dance competitions and sports. After completing his studies, she convinced her family to let her pursue engineering from Punjab Engineering College in Chandigarh. When she chose Aeronautical Engineering, it was a shock for the Principal as there was no female in that course. But Kalpana got her way due to her determination. She also learned karate and became a black belt holder. After completing her graduation, she went to USA. She got married to Jean-Pierre Harrison in 1983. Next year, she obtained her Masters degree from the University of Texas. After this, she took training in the Johnson Space Center. In 1997, she was selected among the six astronauts to go to space. After her first launch, she said, "When you look at the stars and the galaxy, you feel that you are not just from any particular piece of land, but from the solar system."

After a successful mission, Kalpana was offered another space mission. She accepted the offer and went into space again. Over the course of the 16-day flight, the crew

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- ★ Find the way in half minute, you are Genius.
- \* Find the way in one minute, you are Talented.
- \* Find the way in more than a minute, you need to improve.

completed more than 80 experiments. But unfortunately, this mission was not a success and upon entering the earth's atmosphere, the space shuttle burst in flames. She died on 1st February, 2003 over the southern United States.

Kalpana Chawla was a modest and true friend. During her life, no matter how successful she became, she kept in touch with her friends. She led a busy life but always found time for her hobbies, such as flying, writing and reading. She was posthumously awarded the NASA Space Flight Medal and the NASA Distinguished Service Medal. She is considered as the pride of India.

### — Prerna Nagpal (Gurgaon)

# Tips for taking care of your skin

- ★ High levels of humidity during the rains can cause many skin disorders.
- Seek shade. Avoid direct exposure to sun rays when they are strongest between 10 AM and 4 PM.
- ★ Cleanse gently. Wash your face with lukewarm water twice a day.
- Take healthy diet. Eat lots of fruits and green vegetables in order to promote younger looking skin.
- ★ Exercise daily. It makes your skin glow as it reduces stress levels. When you sweat, toxins - which block pores - are removed. This also helps removing pimples.
- Drink plenty of water. It helps in cleaning out the wasteful substances.
- ★ Get a good night sleep. A complete sleep of at least 8 hours regenerates the skin. Don't forget that incomplete sleep leads to dark spots and wrinkles.
- Cheek overweight to avoid ugly skin folds and creases on your body.
- ★ Use a soap-free cleanser for good and effective skin cleansing.
- Use only a light lotion-based moisturizer during rains, which will gently rehydrate the skin.
- Avoid heavy make-up and use water proof make-up only when necessary.

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# Birthday





Ganvee

Tamanna (USA) Armaan (Rampurphool



Pihu (Naini)



Shashikant (Mood) Hitisha (Nander) Himanshu (Kaithal) Vishal (Kathua)















Anushka (Allahabad) Khushi (Jodhpur) Anshuman (Allahabad) Aabhish (Bhatinda)







Diwit (Jamma Tawi)

Sushthi (Meenapur) Tarun (Amrola)

Haardik (Surat) Daksh (Chandigarh) Prisha (Manis Da











Samdarsh (Hemaudi) Shailendra (Sidko) Hasaj (Kolhaapur) Lavish (Jodhpur)

Saadik (Jammu) Editor, Hansti Duniya

Magazine Section Sant Nirankari Mandal

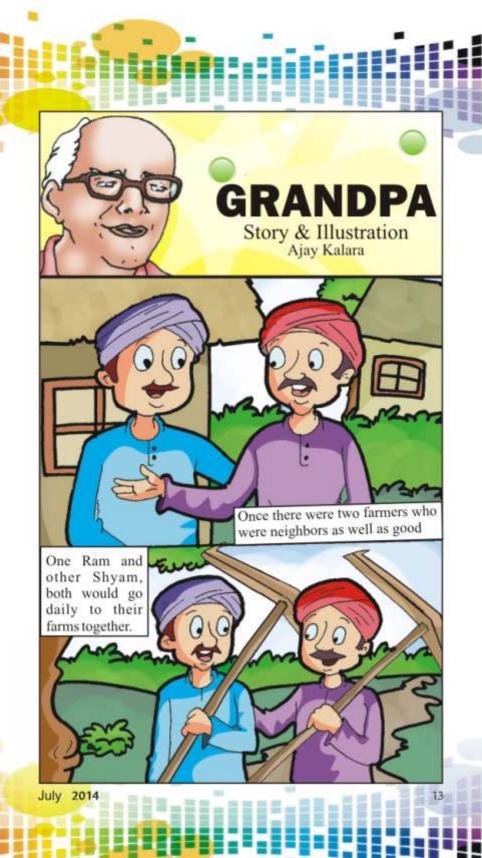
Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us atleast two months before.

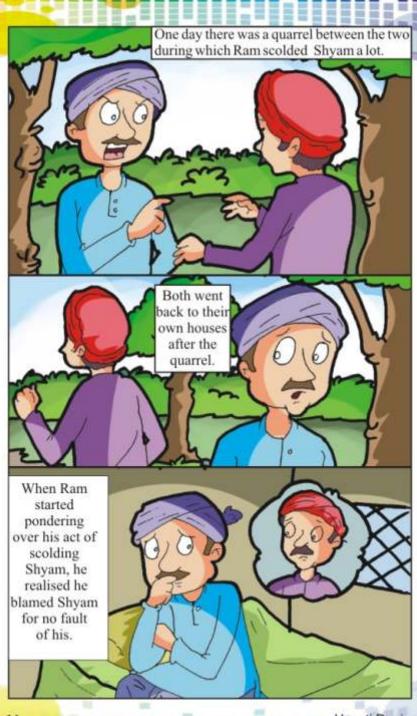
Sant Nirankari Colony, Delhi-9 .. Date of Birth......Year,

HAPPY BIRTHDAY The above coupon must be affixed on the back side of the photograp

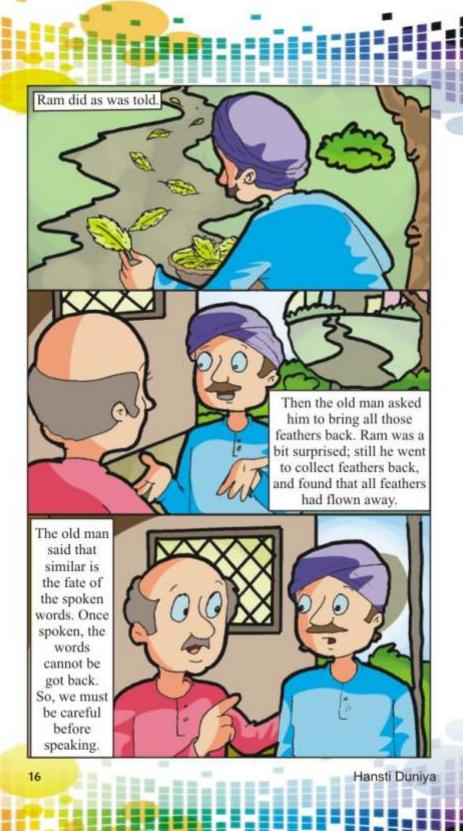
Hansti Duniya

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Collections :Babloo Kumar

### Do You Know?

#### AMAZING NATURE

Man is completely amazed and perplexed looking at nature's extraordinary creations. One of such is in the series of fish. Nature has created a number of fascinating species of fish which have the added ability of flying. These fishes normally live around warm seacoasts. They have wings, just like any normal bird, near their heads. That is why they look like sparrows while flying. This fish can fly at a height of 400 meters above the sea level and fly at a speed of 70 kilometers per hour.



Just to satisfy the curiosity as to how such fish can remain alive both above and within water, it is as simple as the way frogs, crocodiles, etc., do. But the fish can remain out of water for a limited time only.



#### 'WATER BEAR - A creature living in arduous surroundings'

Tardigrade (Water Bears) is a creature of its own kind living on this earth, under the most difficult circumstances. The size of this creature is between one and one-and-a half millimeter, and normally lives in moss. It will survive even if it is left either in freezing cold, or dropped in boiling water, or

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left dry in a desert, or even put under radiation. It lives for almost 200 years. Hence, it can be found right from sea level up to high hills.

Tardigrade have 900 varieties. These can survive at peak temperatures, ranging from minus 457 degrees (unimaginably cold) to 357 degrees (again, unimaginably hot). On the top of it, this creature is capable of withstanding the radioactive rays up to a magnitude of 5700/g. (whereas man and many animals can die within a range of 10 to 20/g). Water Bear can live without water for decades, and can live in space also. The main food of this creature is the cells of trees, plants and animals.

### **Theology and Spirituality**

Religion has two aspects - theology and spirituality. Theology varies from religion to religion. Every religion protects its theologies. But the spiritual aspect of each religion is the same. The essence of spirituality is to be a good human being, a good citizen, a good neighbour and a good student. Differences in various religions can be bridged through spirituality.

Dr. APJ Kalam.



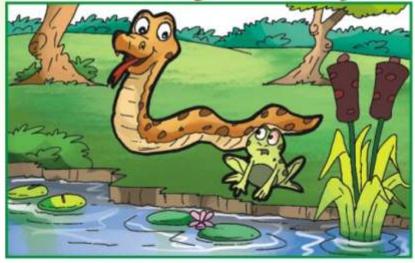
West Midlands (U.K.), May 15, 2014: As part of the annual calendar of Missionary events, young and enthusiastic members of the Bal Sangats of West Midlands, Leicestershire, Warwickshire and border counties in the UK participated in a charity walk supporting Acorns Children's Hospice Trust. Acorns was selected as it offers a network of care for lifelimited and life-threatened children and young people and their families, across the heart of England. As such, this was a wonderful opportunity for the Mission's youth to practice active compassion, and give expression to the spirit of serving humanity at large.

Following the fund-raising walk, children between the ages of 4-14 years, participated in a vibrant spiritual congregation (Samagam). They shared inspiring songs, speeches and poems not only in English but also Hindi and Punjabi. It was abundantly apparent that through the Knowledge of God and company of saints, as blessed by His Holiness Nirankari Baba Ji, children are demonstrating joyful and purposeful living, even at their tender age. This is a wonderful foundation, for a more peaceful and understanding world to come.

- Bobby Sura, Uk.

Child Story: Vaidehi Sharma

## Result Of Jealousy



There lived many frogs in a pond. Their chief was a thorough gentle one. However, one of them, Chamku, was quite cunning and was jealous of the chief. He wanted to become the chief, even if it meant killing the existing one.

Chamku could not kill the chief by himself as all the frogs loved their chief. One day, Chamku walked across a nearby jungle. Suddenly, a snake jumped at him. Chamku got scared, but steadied himself and said "Dear friend, why do you kill me for your food. If you care, I can take you to such a place where you can have plentiful of frogs."

The snake got greedy and agreed to go along with Chamku to the pond. Chamku said "See! there are hundreds of frogs in this pond. I can bring one for you every day and you can kill and eat that". The snake agreed. It hid itself in a hole of a nearby tree. Next morning, Chamku brought a frog along and, in no time, the snake attacked and gulped it.

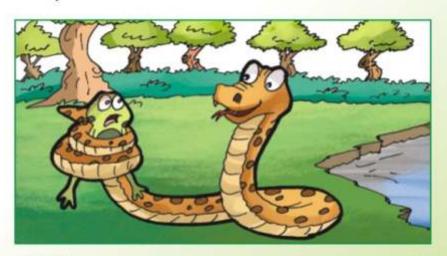
Next day, Chamku came with another frog and, in the same manner, the snake killed and ate it. One by one, Chamku made almost half of the pond's frogs a prey to the snake. Finally, all the frogs were finished, so also their chief at the end.

When all the frogs had finished, the snake ate up the son of Chamku too. Chamku was very sad at the death of his son, but couldn't do anything. Finally, it was the turn of Chamku himself. He said "I brought so many frogs for you. Now you wish to eat me up too! This is quite unfair of you".

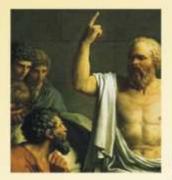
"I am too hungry right now, and cannot but eat you to satisfy my hunger", the snake said.

Chamku found himself helpless and trapped in his own nest. He couldn't do anything else. Finally, the snake gulped him too.

The lesson of the story is that one who cheats one's own fellows, gets himself cheated also. Chamku had to lose his own life finally, after playing with the lives of his folks and family.



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Joginder Singh, Delhi

# The Triple Filter Test

One day the great philosopher Socrates came upon an

acquaintance who ran up to him excitedly and said: "Socrates, do you know what I just heard about one of your students?" "Wait a minute," Socrates said, "before you tell me, I'd like to conduct a little test. It is called the Triple Filter Test. Before you talk to me about my student, let's take a moment to filter what you are going to say. The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?" "No," the man said, "actually I just heard about it and..." "All right," said Socrates, "so you don't really know if it is true."

"Now let's try the second filter, **Goodness**. Is the news about my student that you are about to tell me is a good one?" "No, on the contrary..." Socrates continued, "You want to tell me something bad about him, even though you are not certain it is true." The man shrugged, embarrassed.

Socrates continued, "You may still pass the test through, because there is a third filter—the filter of **Usefulness**. Is what you want to tell me about my student going to be useful to me?" "No, not really..." Socrates concluded, "If what you want to tell me is neither True nor Good nor Useful, why tell it at all?" Socrates taught the man that one should not talk ill of others and should never utter anything which is not true, good or useful for others.

The Times of India



Child Story: Harjeet Nishad, Indore

In the deep forest of Sundarvan, there lived a variety of birds and animals. All of them enjoyed their lives as they had plenty of drinking water of River Shyama situated right in the middle of the forest. Similarly, they had abundance of green leaves, fruits, etc. The colourful peacocks would perform beautiful dances during rains; while other birds and animals enjoyed demonstrating their peculiar performances. The cuckoos would recite kuhu-kuhu in their melodious voice and the green parrots would try to attract all by making sharp sounds through their red peeks.

The monkeys had a huge commune of their own in the forest and would be seen entertaining every one by jumping around the branches of trees. They would be seen removing ants from the bodies of their fellow beings, or holding their young ones clung to their chests and jumping up and down from one tree to another.

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One morning, the monkeys were in their usual joyous mood of jumping dance. Bear, lion, elephant, camel, donkey, owl, etc., all were enjoying their expertise. Each one was impressed by their jumping skills and appreciated their acrobatic dance. However, a camel, called Gabroo, didn't seem enjoying it. Neelu, the peacock asked "What is the matter, Gabroo Uncle? You are so silent and serious".

The camel was filled with jealousy. In disgust, he said: "Do you call it a dance? Anyone can perform such a dance. There is nothing special about it to appreciate". While both of them were just discussing about the dance, there came Bear Dinu in the midst of their talk. Known for his habit of poking nose in every affair, Dinu asked the camel: "Gabroo Uncle, if you think this dance is so simple, why don't you perform a better one? It will give us all the more pleasure and also remove doubts Neelu seems to have."

Hearing this, the camel got excited. He prepared himself to give a try to the acrobatic dance. "Yes, why not? I can do it too", the camel said. He started to dance. But with a tall body without the required flexibility as that of a monkey, the attempt of the camel looked totally absurd. However, the camel went on, and on. Seeing this funny performance, all could do nothing but laugh besides being annoyed at such a baseless dance. Then, the lion said: "Stop it. I have yet to see such a ridiculous dance in my life". The voice of rhinoceros came: "Even I can do far better than that", and started moving his huge and heavy body.

The birds and animals who were very amused at the jumping dance of monkeys, had to cry out 'shame, shame' at the so-called dance of the camel and the rhino. All wanted their dance to stop. Then, the chimpanzee said: "No one can do other's job. If done, it is bound to be a failure."

The above incident of jungle teaches us that everyone has different qualities, unique body structure and a frame of mind. A donkey can lift more weight whereas a horse can race faster than others. A peacock's dance is a beauty, whereas the cuckoo's



beauty lies in singing. If an elephant can carry a bundle of logs in its trunk, the chimpanzee can easily and freely jump to reach the top of the trees. Therefore, one must do jobs according to the capacity bestowed upon each by the Almighty. If anyone tries to do otherwise, it will be a sheer waste of time and, in addition, a laughing stock for others.

# Pleasant Morning

Get out of the bed Sun shine's getting red Glory of the day break Is reflected in the lake.

Birds are all out of nest
Nature is at its best
Atmosphere all is gay
Shining with each sun-ray

In the fields, green crops Are wet with dew-drops To upkeep the eye-sight Grass green is ever right

Cool breeze of early hours Gives body healthy showers Breathing in the open air Works as a natural care

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Historical Story: Priyanka Chotiya

### So was Razia Sultan



Dear children! It is the story of Razia Sultan (1205-1240), the first female ruler during the mediaeval period. She fulfilled the dream of her father. She was the daughter of the first Turk Sultanate, Iltutmish, who was very proud of her daughter's capabilities. She was an able, intelligent and courageous lady. His father trained her in horse-riding, archery as well as arms

skills. She was brought up as a brave and skilled soldier and was taught to be a skilled diplomat. His father wanted her to succeed him. And a day came when she became the sultanate of Delhi. Iltutmish had sons also, but never relied on them.

Iltutmish had declared during his regime that after his death, Razia would take over his kingdom. However, his wife, Shahturkan, did not like this decision. She wanted her son, Rukunuddin Ferozshah to be the next Sultanate. So, she did not accept her husband's decision and said: "How come a woman becomes a sultanate? It is not practical to rule from behind the veil, as a woman is not allowed to come out of veil as an honour to the prevalent system". However, Iltutmish did not pay any attention and stuck to his decision. He was

not in favour of handing over the kingdom to Rukunuddin as he did not possess qualities and capabilities required of a sultanate. Therefore, in his will, he declared Razia to be his heir and confirmed that his kingdom be handed over to Razia.

After a brief illness, Iltutmish died. In the court of Iltutmish, there were forty army chiefs, known as Chalisa. When they became aware of King's will, they revolted. They could not tolerate dominance by a woman. Therefore, through connivance with Begum Shahturkan, they enthroned Rukunuddin Ferozshah as the king, who had no interest to take upon himself this responsibility. As a result, the Chalisa army chiefs took the administration into their own hands. They started torturing common people. People could not tolerate the torturous rule for long. Ultimately, a day came when a revolt was declared fearing which the chiefs of Multan, Jhansi, Lahore and Badayun had to dethrone Rukunuddin Ferozshah and took his mother as a prisoner.

In 1236, Razia took over the throne. She became the first female ruler of Delhi sultanate. First of all, she opposed the veil system for women. She dressed like a man. She would personally hear the grievances of the people. The torture on Hindus in the form of jazia was scrapped. The Hindus were so happy at this decision that they gladly accepted Razia as their Sultanate. Being a clever administrator, Razia brought about improvements in the legal structure.

We need to engage in atma chintan, self reflection and introspection.

Narendra Damodar Das Modi, Prime Minister of India.





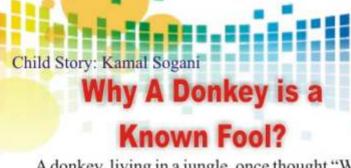
Good health is the most precious possession of man. In fact it is the real wealth of man . What is the use of wealth if you are unhealthy and cannot enjoy any eatables?

Without good health you cannot enjoy the charm of life. But, good health does not mean being fat. It means to be fit. Usually, people think that the person who is fat is healthy and the one who is thin is unhealthy. But it is not true at all. Rather fat people are found with more diseases in them. To be healthy means to be free from ailments. A healthy person is cheerful, active, smart and alert. Today, people are so busy in earning money that they have forgotten about their health.

Although money is important in today's world, but it should not be earned at the cost of the health. We must take out some time from our busy schedules for ourselves. Taking out 15 minutes for Simran and regular exercise makes one more active and cheerful person. It is rightly said that a sound body has a sound mind. And if one has a sound mind, it is going to bring all the happiness and prosperity in Life.

Aastha Kalra, Delhi





A donkey, living in a jungle, once thought "Why not to create a hospital to treat injured animals, specially the humped one. The treatment would bring in money also".

So, next day, the donkey published an ad in the newspaper which said "All kinds of humps will have guaranteed treatment – 100% results."

Seeing the ad, a humped wolf approached the donkey for treatment. While being taken to operation room, the wolf began to dream that he would be fine soon and would be welcomed back by his community.

In the name of operation instruments, the donkey had only two flat wooden pieces. On one piece, the wolf was made to lie and the other one was strongly tied from the top. The donkey started jumping on the top wooden piece. The process could only straighten wolf's body, but, in return, took his life.

The son of the humped wolf had heated arguments with the donkey who said "I had only advertised for straightening the body, and not about the death or life of the patient.

The wolf's son was too upset to hear this and said "You are concerned about the money only and are a fool of the first order".

Then, the Goddess of Forests appeared and asked wolf's son "How come you came in the trap of this foolish donkey. Now your father cannot be relived. Better, if the July 2014



donkey is punished instead".

The wolf's son pleaded that the donkey be given such a heavy punishment that all the donkeys become a joke in the world.

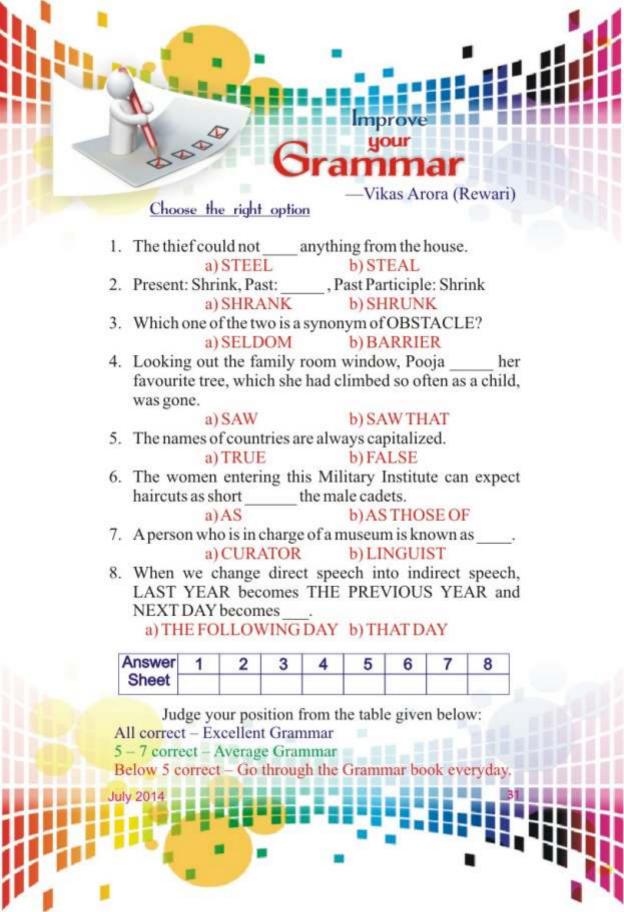
The Goddess of Forests said: "Alright then, every donkey born from now on will be called a fool, as it will have no brains at all".

From then on, the donkeys are the anonymous of fools.

### SUPERSTITIONS

What are superstitions after all. These have been coming down for generations together; their origin going back thousands of years. A superstition is an irrational or invalid belief. It is the notion of good or bad luck that has led to the birth of many superstitions. Itching palm tells imminent gains. Make it customary to congratulate people, "God bless you." Instead of saying 'Touch Wood', say Dhan Nirankar and 'Touch Foot'.

C.L. Gulati







There were two parrots who loved to travel far and wide and visit new places. Once they flew into the palace garden and were caught in a trap. The king's soldiers presented them before the king. He was amazed to see the beautiful birds. The king ordered his men to keep the birds in a special cage made of gold. They were offered the best food of their choice.

The two parrots were the talk of the town. Even the royal guests would stand by to admire the wonderful birds. Both of them lived a comfortable and luxurious life until one day, a huge ape was brought to the palace. People had not seen such a huge ape before. Soon everyone's attention shifted to the ape. He became the centre of attention of the king and of the palace officials. People would come in large numbers to have a look at the ape and enjoy his funny tricks. Now both the parrots felt

neglected. They were not even fed and looked after properly. The younger of the two parrots was deeply hurt. He told the other parrot, "Nobody cares for us any more. Let's try to escape from this cage and fly somewhere else."

The other parrot, who was the wiser of the two, replied, "Dear friend, don't feel bad. Attention, indifference, praise, criticism, honour or dishonour are temporary things in life. Have patience. Soon people will be fed up of the ape's antics and realise our true worth."

As it happened, the ape, over a period of time, began to misbehave with people and did too much of mischief. The king found his behaviour very offensive and ordered his soldiers to take him back to the forest. Now all the people started giving attention to the well-behaved beautiful parrots once again.

Moral: Have patience; a person's true worth is always recognised.

Jataka Tales/ Junior Diamond

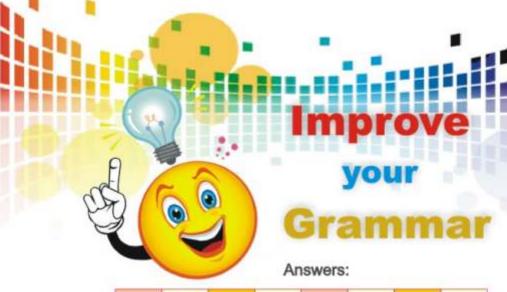
### **Human Resources In Mother**

- \* Awakes all night, ensuring child sleeps well.
- ★ Finishes daily work, before child wakes up; for giving him full attention.
- ★ Finishes all the activities in advance to keep herself free for child.
- ★ Punishes the child for his betterment.
- ★ Teaches the child the first step and enjoys his further movements.

By: Sukarmpal

July 2014

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1	2	3	4	5	6	7	8
							Α

#### Q.No. Explanation

1.

- 'Steel' is a hard alloy of iron with carbon.
- Here, the three forms of verb are Shrink, Shrank, Shrink.
- 3. SELDOM means not often or rarely.
- 4. Pooja didn't see the tree; she saw that the tree was gone.
- It is true that the names of countries are always capitalized.
- Haircuts must be compared with haircuts, not with cadets.
- 7. Linguist is a person who knows many languages.
- When direct speech is changed into indirect speech, NEXT DAY becomes THE FOLLOWING DAY.

Education is not what a man knows, but what a man is.



- Kamal Nagpal (Khandwa)

Q : When does an atheist become a theist?

Ans: When he realises and believes in the existence of God,

- Shyam Bildani (Badnera)

Q : What is that which is needed most to tread the path of devotion?

Ans: Self-knowledge and fearlessness.

Q: What is the easiest way of ever progressing in life?

Ans: By being enlightened through a True Master
(Satguru) and then making sincere endeavours for

the achievement of one's aim.

— Anand Prakash 'Anand'

Q: Who is said to be a True Master?

Ans: One who is embodiment of Formless God and bestows God-Knowledge to the seeker.

— Jyoti Khaneja (Kalanour)

Q : How to kick the habit of telling lies?

Ans: By becoming awake and trusting your self.

Q : Who is the supreme deity?

Ans: One who always gives only, i.e. Mother, Father and Satguru.

— Rama Shankar Gupta (Bilaspur)

Q : How can we be worthy of getting respect?

Ans: By respecting others.

Q: What kind of people are always remembered with

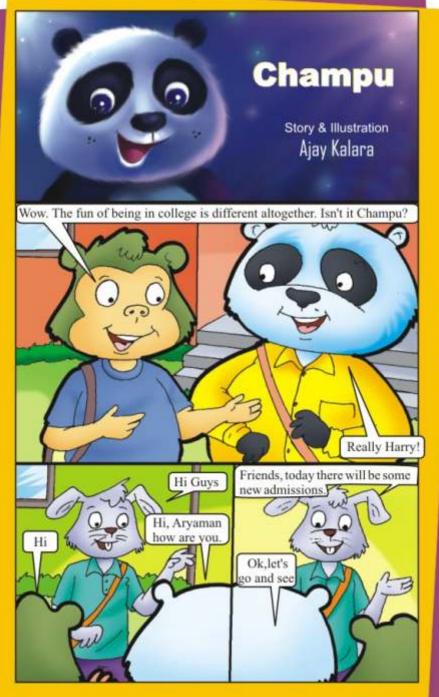
respect?

Ans: The virtuous people who become the source of

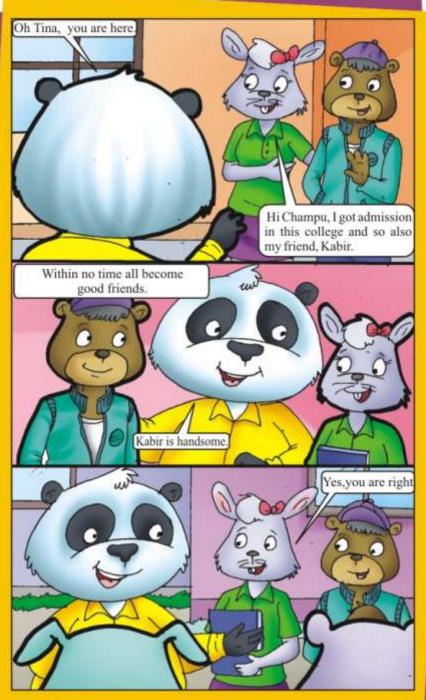
inspiration for others.

uly 2014

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# Photo Feature

My photo has been taken in such serious pose, though I keep laughing generally. Roshni (Sasaram)



Didn't sit properly in the seat and my photo was clicked. Gyanveer ( Raipur)

Wow. See how big this watermelon is. This is also coming in use for sitting.



Sister Roshni, keep on shining like me. Punvi Pintoo (Sanjan, Fanaspada)



I am looking serious but very cheerful in real life. - Misty







My sister also looks as serious as me. Swasti (Teliyaganj, Allahabad)





# Photo Feature



I am starting to stand on my own feet with help of support. Will go to school after few months.

Till you start going school, start reading Hansti Duniya.





See Namrata! How beautiful is my frock. Ayushi (Jaalna)

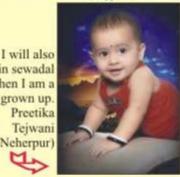


Aayushi Sister !My dress is also very beautiful. - Namrata (Rajpura, Jammu)



I am a bal sewadar. Ready every time for sewa. Dhruv (Gandhinagar)





Hansti Duniya



The summer is going to be enjoyable —Yagita

# Photo Feature

I had been to the city of lakes, Udaipur during summer. —Ashwin (Delhi)





I completed my homework in holidays. —Navjot

M

We went to Toronto.There we enjoyed a lot.Vidit and Tamanna (USA)





I also went out with my parents. —Yashika



Holidays are over, so lets get prepared to go to school.—Vidit



Yes, yes. Time is up for entertainment, lets study with dedication. Let's move ahead after getting education. Vandita



- ★ Turn to God, before you return to God.
  - -Sukhbir Shah, Toronto (Canada)
- ★God said to man: "Tum Karte Woh Ho Jo Tum Chahte Ho, Phir Hota Woh Hai Jo Mein Chahta Hoon; Tum Woh Karo Jo Mein Chahta Hoon, Phir Hoga Woh Jo Tum Chahte Ho. —Avneesh Gulati, Chandigarh
- ★ A good name is better than riches.

Nitika, Kamla Nagar.

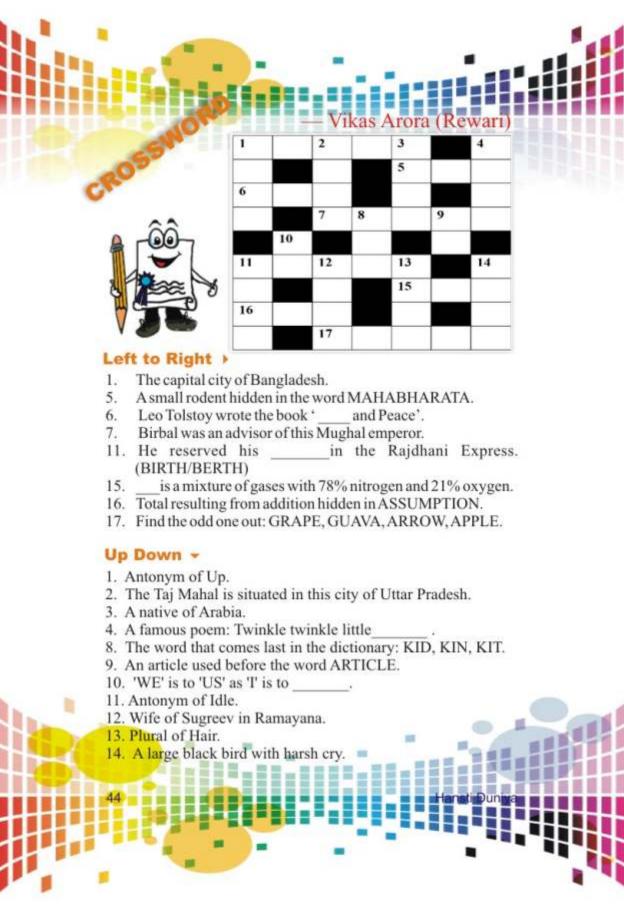
- ★ The problem is not the problem. The problem is your attitude about the problem. —Varinder Kumar, Bhuntar
- ★ If honesty gave you the power to win, surely then you would never sin. — Om Parkash, Hamirpur
- ★ Had it not been for the saints, this world would have long perished. — Sanjay Kumar, Delhi
- ★ When you stop expecting people to be perfect, you can like them for who they are. — Pooja Chawla, Kolkatta
- ★ Remember! A wound caused on the tongue heals the fastest, but a wound caused by the tongue will never heal at all.

- Narinder Singh, Gurgaon

★ If there is light in the soul, there will be beauty in the person. If there is beauty in the person, there will be harmony in the house. If there is harmony in the house, there will be order in the nation. If there is order in the nation, there will peace in the world.
—Abhilasha, Delhi

July 2014

i



#### Karandeep 14Yrs 7/5 Nirankari Colony Delhi Bhupinder Singh 15Yrs 465, Street No. 2 Anand Nagar, MOGA IIIrd Inderokshi Sinha 12Yrs V.Po.: Katkona Distt.: Koria (C.G.)

# Consolation Entries

Ameek Singh (New Sodhi Nagar, Moga), Vishwas Barbhaya (Sai Kripa Society, Vadodara) Amandeep Singh (RCF Kapurthala), Dinky Tandon (Guru Harkrishan Nagar, Jalandhar), Arnav Mittal (Sardar Nagar, Moga), Archit Dhiman (Kacha Tonk Nahar, SirMour), Naman Kapoor (New Fairland Colony, Amaritsar) Ravesh, Arpit (Gopal Nagar),

### Competition for July

On page 46, a beautiful picture is given; colour it and send it to us latest by August 20, 2014. The best three will be awarded suitable prizes.

The result will appear in September 2014 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Ist

Hnd

# Colour it



Name	Age
Address	



Wife : I hate that beggar

Husband: Why?

: I gave him food yesterday and today he gifted Wife

me a book "How to cook"

Doctor: What is your wish?

Patient: Nothing, just want to update my facebook status.

Prayeen: Yesterday the police arrested me for tampering with

the ATM

: What did you do? Banta

: It asked me to insert the pin, I inserted safety pin. Santa

A teacher asked one of her pupils: "What's the capital of America?

The reply was Washington D.C.

On being asked what the D.C stood for, the pupil added, Dot Com!

Boy: 'I cannot marry you. Give my love letters back.

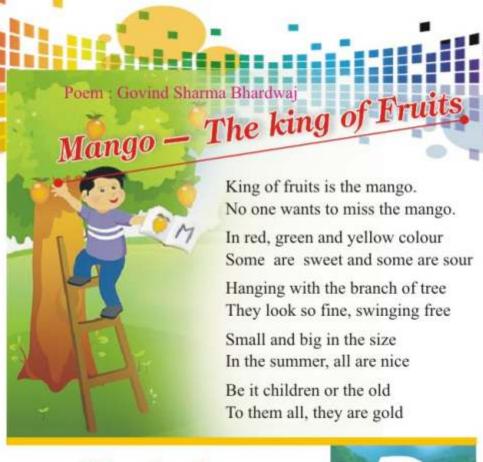
'Next day, the girl handed him a big basket full of letters, and said: 'find yours, and get lost'.

#### Weight Loss:

Two women were shopping. When they started to discuss their home lives, one said,"Seems like all we do is fight anymore. I've been so upset that Thave lost twenty pounds."

"Why don't you just leave him? asked the friend.

"Oh! Not yet," the first replied. "I'd like to lose at least another fifteen pounds first."



## Nirankari Magazines

Whenever and wherever you go

Let the Nirankari Magazines



Also travel hand in hand with you.

They remain your soul-mate

Throughout the journey of life.



C.L. Gulati

Hansti Duniya





- 1. Which table has no legs but we feel it?
- Which country has always pain?
- Which key is not used to open lock?
- 4. In which gate, one cannot enter?
- 5. On which board, there are keys but no locks?
- 6. What goes up when the rain comes down?
- 7. Which bow cannot be strong?
- 8. Which house weighs the least?
- 9. Which is the thing that is never planted but grows?
- 10. Which ant is the largest in the world?
- 11. Which finger can be cooked and eaten?
- 12. Which sand can we count?
- 13. Which ants cannot walk?
- 14. Which tile cannot cover the roof?
- 15. Which pound cannot be counted?
- 16. Which net you live in?
- 17. Which lid cannot be opened?
- 18. Which table can we eat?

#### Answers

- 1. Comfortable, 2. Spain, 3. Monkey 4. Colgate,
  - 5. Keyboard, 6. Umbrella, 7. Rainbow,
- 8. Light House, 9. Hair, 10. Elephant, 11. Lady-finger,
  - 12. Thousand, 13. Plants, 14. Reptile, 15. Compound,

16. Planet, 17. Solid, 18. Vegetable



Hansti Duniya is an excellent magazine. I subscribed it for my eldest son and we are re-reading these magazines now four years later with my 8 years old daughter. The issues don't date, so if one can keep them around, one can reuse with younger siblings. We get a full hour of enjoyment out of Hansti Duniya magazine.

#### -Abhishek Gandhi (Kanpur)

I wonder why Hansti Duniya is known as a 'Children Magazine'. May be it is because people assume that only children enjoy it. But I am sure many of its readers would disagree with this view.

Actually, Hansti Duniya is enjoyed by people of all ages, provided the person enjoys reading. In its May issue, I liked the story 'The Warden's Lesson'. Its plot is engrossing and there is not a single moment of boredom to distract the reader. 'H.D. Answers' are also up to the mark. I enjoy 'Laughing Time' by Archana Garg. Her choice of jokes is superb They make everyone laugh whole heartedly. The article 'Here comes the summer' by Vimlesh Ahuja is also very educative. It effectively tells us about the

way to keep our hearts calm.

Your colourful magazine features a variety of fun and educational activities that stimulates learning for children and adults alike. Thanks for publishing this awesome magazine.

Mahendra Sunar (Jui Nagar, Navi Mumbai)

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Hansti Duniya

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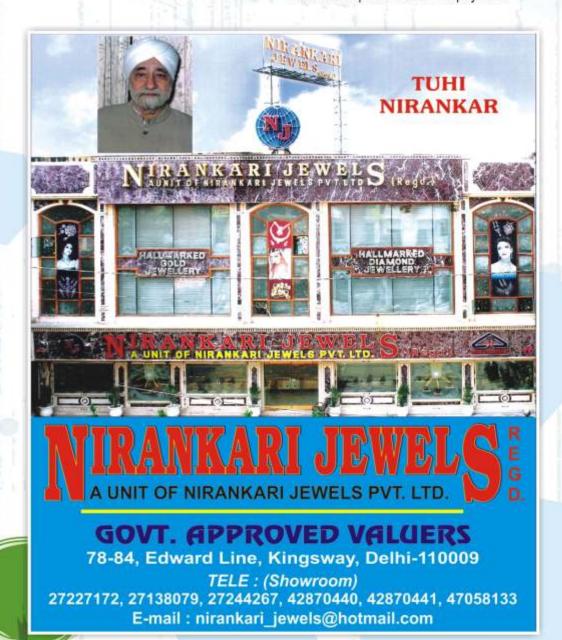
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