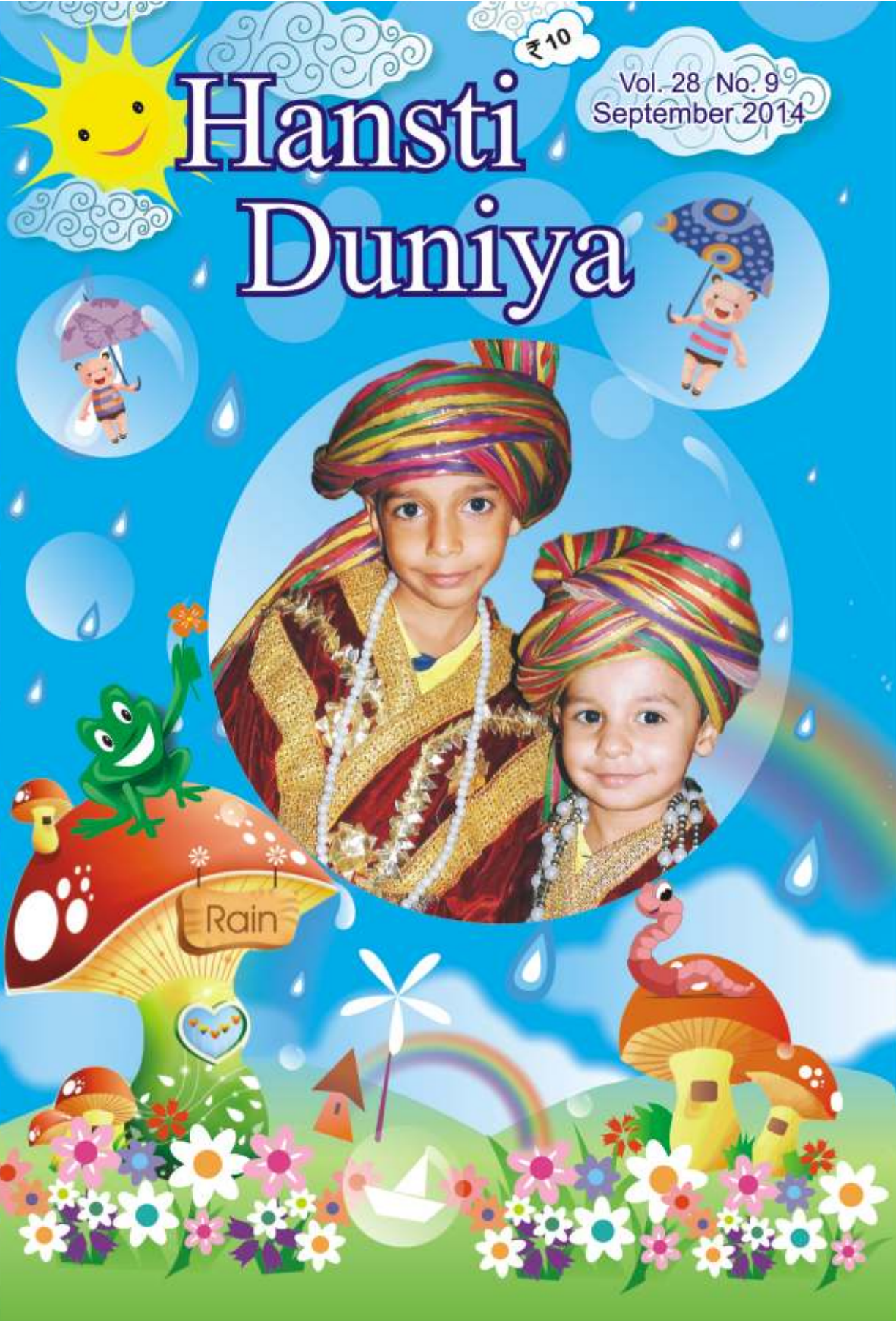


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Vol. 28 No. 9  
September 2014

# Hansti Duniya





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## Secular Child Becomes Popular

A study of 400 children conducted by the Ranchi University confirms that religious identity in children emerges as early as at the age of four and reaches the peak by nine. Communal elements in almost all religions are gaining ground and religious slots are being drilled into little heads. Unless practical steps are taken, the younger generation will grow up in an atmosphere of hate and suspicion which can prove very dangerous to the society.

The children almost instinctively learn to do what they see there parents doing. Therefore, the process of secularism should begin with the parents and adults who are essentially expected to maintain secular behaviour at home.

In the schools, the teachers are also expected to encourage the students to maintain the most adjustable behaviour with their class-mates. Sharing room in hostels, participating in each other's festivals and paying mutual visits to the families can add to harmonious relationship beyond one's faith.

When a child is secular both at home and in school, he becomes popular in the neighbourhood also. He is found quick to sympathise and slow to criticise any of his neighbours. He treats them as extension of his own family and, in turn, gets praises and blessings everywhere.

With good wishes behind and expectations ahead, such a child naturally puts his heart and soul in his studies which hold his future career. Sky is the limit of his success. Life generally means competition with the other and happiness means success over the other — in the class room as well as in other fields. Not seeing the other as a potential opponent, he believes that everything happens as per Cosmic law. In due course, he discovers that secularism is another name of spiritualism and he belongs to a much bigger world than that denoted by this postal address !

— C.L. GULATI



## THOUGHTS TO PONDER

- Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character. Watch your character; it becomes your destiny.  
— Unknown
- People do not seem to realize that their opinion of the world is also a confession of character.  
— Ralph Waldo Emerson
- The measure of a man's real character is what he would do if he knew he would never be found out.  
— Thomas B Macaulay
- You can easily judge the character of a man by how he treats those who can do nothing for him.  
— James D. Miles
- Character is the result of two things: Mental attitude and the way we spend our time.  
— Elbert Hubbard
- Weakness of attitude becomes weakness of character  
— Albert Einstein
- Nearly all men can stand adversity, but if you want to test a man's character, give him power —Abraham Lincoln
- There is nothing which we receive with so much reluctance as advice.  
— Joseph Addison
- Coming together is a beginning; keeping together is progress and working together is success.  
—William Sloane Coffin Jr.
- Let us work for a cause, not for applause.  
— Nirankari Babaji

# SAMPURAN AVTAR BANI

## Ik Tu Hi Nirankar - 97

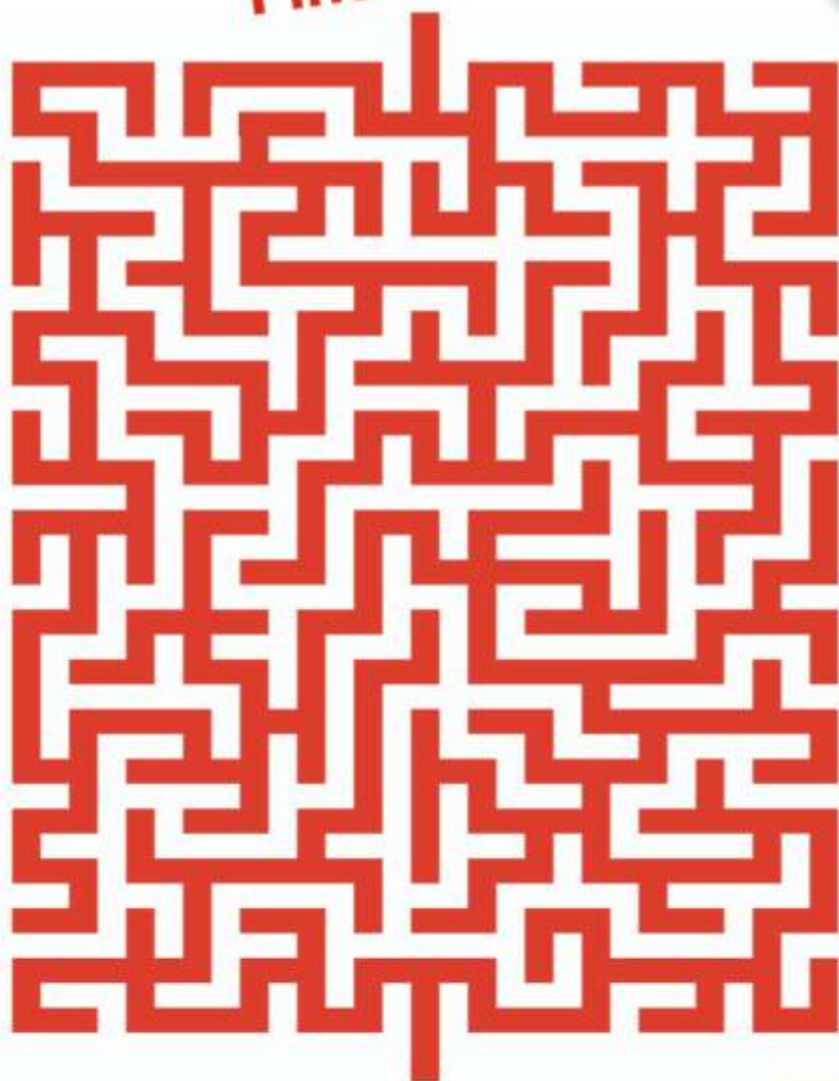
JIS DE UPAR HATH IH RAKHE JO CHAHE KARVA SAKDA EY;  
IK NIKKI JAHEE KEEDI PASON HATHI NOON MARVA SAKDA EY.  
HATH GURU DA JIS DE SIR TE DUNIA PASON DARDA NAHIN;  
IS DE SEVAK DA JO SEVAK MAUT DE KOLON MARDA NAHIN.  
JINNA CHIR IH AP NA CHAHE MARE JAG DI HIMMAT NAHIN;  
MARAN RAKHAN HATH ES DE HOR KISE DI TAQAT NAHIN.  
BE-MUKH JHALLA SOCHIN DUBA SOCHAN IHNOON MAR LIA;  
AVTAR KAHE NAHIN MARDA JAMMDA JIHNE NAM CHITAR LIA.

### Gist : Thou Formless One

God can get any task accomplished from the one upon  
whom He showers His divine grace;  
He can make a tiny ant kill an elephant.  
The one who has the blessings of the True Master, is never  
scared of the world;  
Death cannot kill even the servant of the devotee  
of God. Unless God Himself ordains, even the whole world  
cannot kill him;  
Life and death are in the hands of God and none else has this  
power.  
The unwise infidel is ever engrossed in his own thoughts  
and is the victim of his own thinking;  
Avtar says, the one who has imbibed the Divine Name,  
transcends birth and death.

— Dinesh Rai

## Find the way



Find the way in half minute, you are Genius.

Find the way in one minute, you are Talented.

Find the way in more than one minute, you need to improve.



Story: Radhey Lal 'Navchakra'

## ***A True Friend***



A few people were staying at an Inn one evening. One of them seemed to be nice and intelligent person. He attracted everybody's attention by his witty and interesting talks. He put a question before all 'Is there anyone here who has a true friend?'

There was a silence in the atmosphere for a while. One said 'This is Kalyuga. Where can one find a true friend?'

'Rightly said. The so called friends are selfish these days'. The other person confirmed the above notion. Without much change in language, everybody was of the same opinion. 'I am lucky, then. I have many true and good friends, rich or poor, as they are'.

Everyone got surprised. One said, "In today's world, when most of the people are selfish, how come you have got true friends?"



‘There is nothing to wonder. Even these days, there is no shortage of true and good friends’, said the intelligent man. ‘And to find such ones is also easy’. ‘What is that?’ everyone looked excited to know.

We do not even need to enquire about anyone’s details we wish to be friendly with’.

‘What else to see, then?, the question arose.

‘Nothing!’

‘What?’ Everybody was stunned.

‘The need is that we should first prove ourselves to be the same as we want the friend to be with us’. We should ourselves set an example of being a selfless friend. Not only once, but many times’.

‘What will be achieved that way?’ The question continued to remain.

‘Our sincerity in the friendship will definitely impress the other person sooner or later. One day, it will impress upon him to accept our friendship. It requires a little bit of patience, though. But we should be confident about our selflessness. The intelligent person continued ‘And, we should remember that only selfish persons are unable to make friends. If the goodness is strong, it will make the near ones happy. And if otherwise, it will make others form a wrong opinion’. The situation can improve if one stops trying to find faults in others’.

‘Wow!’ All the people present there were impressed, and looked as if they had got a new dimension. Their viewpoint was changed.

—Amarpali & Heemanshu Mahajan, Mohali



1. You put me in dry but then I get wet. The longer I stay in, the stronger I will get. What am I?
2. At night they come without being fetched, and by day they are lost without being stolen. What are they?
3. Countless blades that bend with a touch, exploited by kids who want to make a buck. What am I?
4. What is it that touches one and binds two?
5. What is so delicate that even mentioning it breaks it?
6. I'm tall when I'm young and I'm short when I'm old. What am I?
7. What can you break without touching it?
8. What has one horn and gives milk?
9. What starts with T, ends with T and is full of T?

### Answers

1. Ateabag. 2. Stars. 3. Grass. 4. Motherland.
5. Silence. 6. A candle. 7. Wedding Ring
8. Milk Van. 9. Teapot

- After we are born, it takes us upto two years to learn to speak! But it takes a lifetime to learn when and what not to speak.
- A man in anger is no better than a mad person.

—Nirankari Baba.



# The Magic of Love

— H.S. Rice

LOVE is like MAGIC,  
And it always will be.  
For love still remains  
LIFE'S SWEET MYSTERY!  
LOVE works in ways  
That are wondrous and strange  
And there's NOTHING IN LIFE  
That LOVE CANNOT CHANGE!

LOVE can transform  
The most commonplace  
Into beauty and splendour  
And sweetness and grace!

LOVE is unselfish.  
Understanding and kind.  
For it sees with its HEART  
And not with its mind!

LOVE is the answer  
That everyone seeks—  
LOVE is the language  
That every heart speaks—  
LOVE can't be bought,  
It is priceless and free,  
LOVE like pure MAGIC  
Is a SWEET MYSTERY !





Aman, Akarsh ( Varanasi)

Hiya ( Ramgarh)



Namrata ( Pawta)

Sujal (Rohtak)

Samnit ( Saidpur)

Abhishek( Harkhanpur)

Dipesh ( Hinganghat)



Anshika ( Lucknow)

Samta( Lahragaga)

Gaibi(Lahragaga)

Sidhant (Aureya)

Saatwik (Kanpur)



Napreet (Kolkata)

Siddhanth (Delhi)

Vishesh (Katni)

Harsh (Salempur)

Sidharth (Ramgarh Cantt.)



Yuvraj ( Banahpur)

Nikhil (Akbarpur)

Saanvi( Hameerpur)

Banit (Devoh)

Sakshi (Anoopgarh)



Krish (Tarakpur)

Pooja (Gandhinagar)

Vinayak (Sakrafareedpur)

Jay (Rewari)

Suraj ( Amalner)





Chandraashu (Tarawdhi)



Keshav (Nejadelakala)



Nandita (Delhi)



Tulsi (Thane)



Ishwaak (Jaipur)



Shubham (Varanasi)



Sankriti (Jammu)



Vanshika (Delhi)



Anuj (Kalawali)



Gaurav (Jamshedpur)



Krishna (Bhaageshwari)



Chaitali (Hinganghat)



Dhruv (Amlner)



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Astha (Chandigarh)



Vedaant (Gondiya)



Harshit (Ludhiana)



Bhavika (Bairagarh)



Pariraani (Kayar)



Vani (Surat)



Prerna (Moga)



Goldy (Nihalpur)



Kamal (Bulundpur)



Naitik (Miraj)



Dhyan (Surat)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us atleast two months before.



Editor, **Hansti Duniya**  
Magazine Section  
Sant Nirankari Mandal  
Sant Nirankari Colony, Delhi-9

**HAPPY BIRTHDAY**  
The above coupon must be affixed on the back side of the photograph

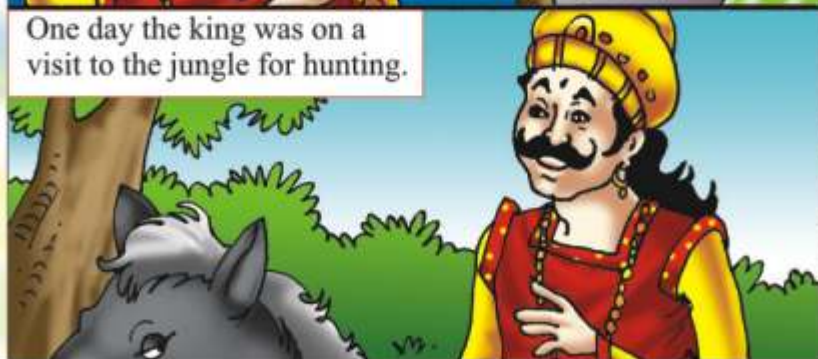
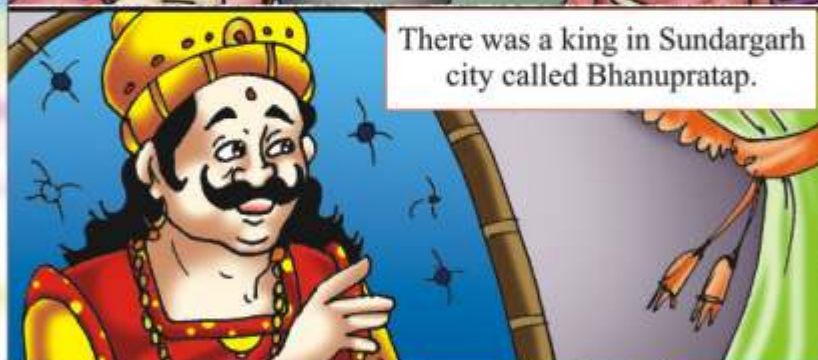
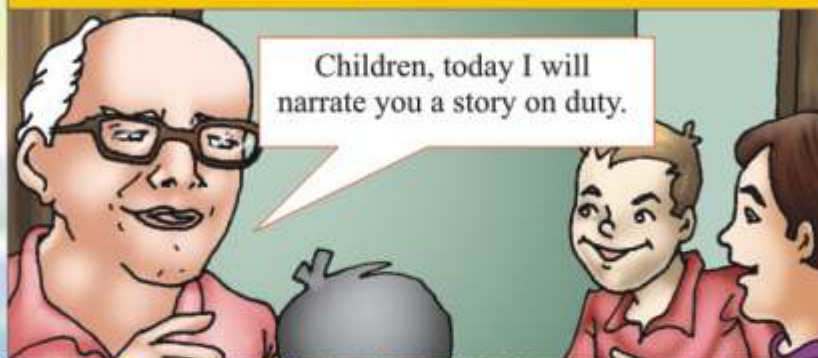
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Address.....  
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# Grandpa

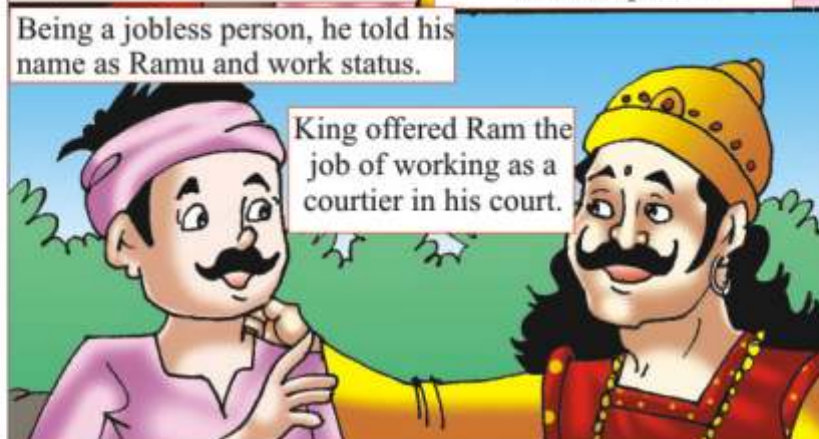
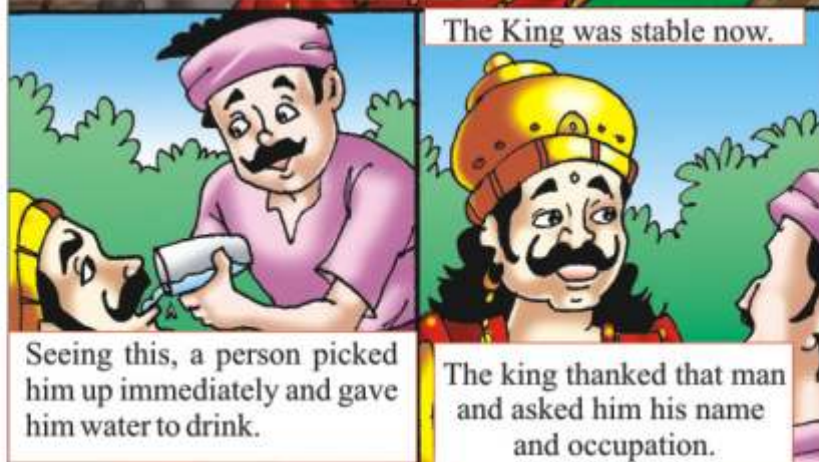
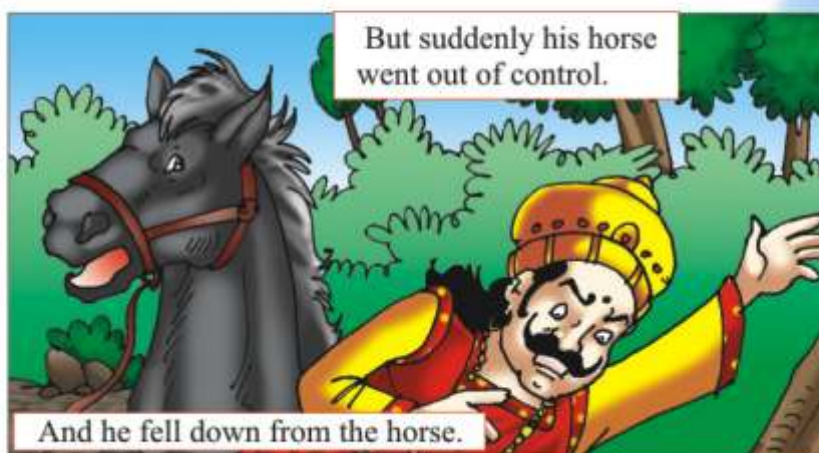
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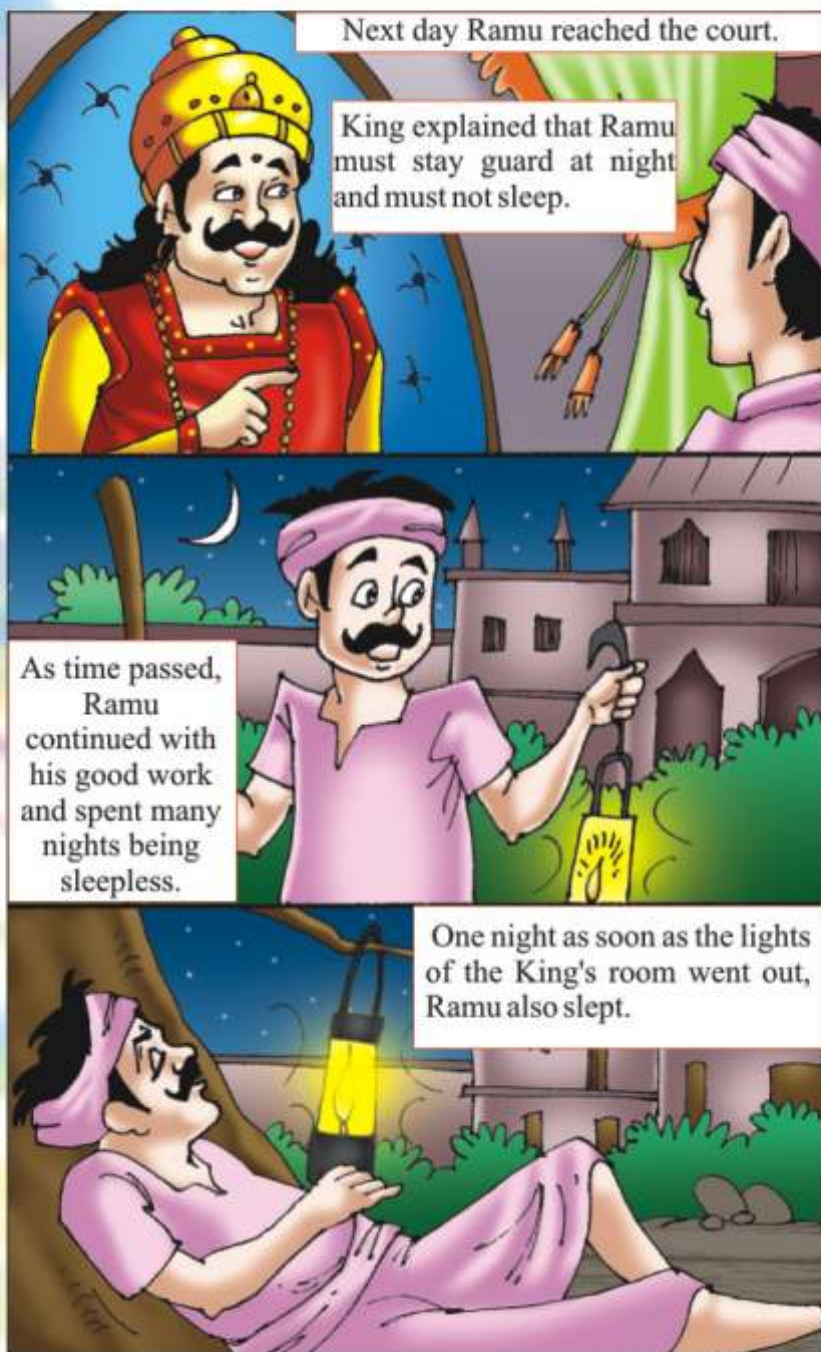
— Ajay Kalra

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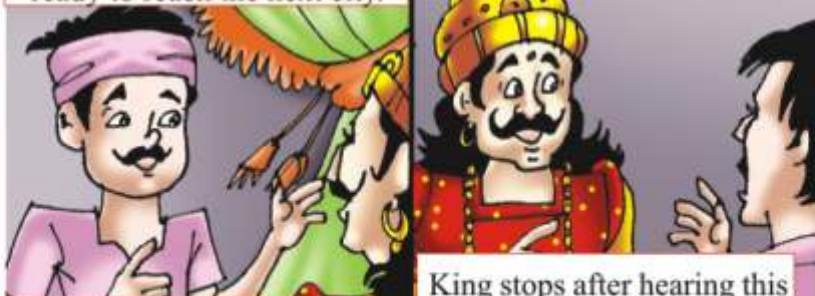




That night he dreamt that there came an earthquake at the place where the King went.

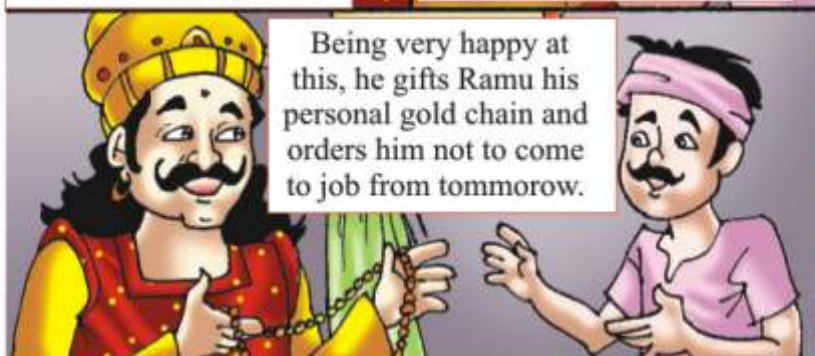


Next day itself the king got ready to reach the next city.



Then Ramu stops him and tells him everything.

King stops after hearing this from Ramu and later finds his prediction to be true.



Being very happy at this, he gifts Ramu his personal gold chain and orders him not to come to job from tomorrow.

So children, Ramu got rewarded for saving king's life but he was made to quit job since he did not perform his duty and slept on the job.

## News

### Purna becomes youngest to reach everest

**Hyderabad - Malawat** Poorna of Andhra became the youngest girl to climb Mt. Everest. Just at the age of 13 years and 11 months, belonging to Nizamabad Zila, Poorna is just studying in 9th class. Accompanying Poorna was another girl belonging to Khamman Zila of Andhra Pradesh, aged 16 years and studying in class 9th.



### For first time in spelling Bee two Indian Children become joint winners

**Auksan Hill (Mairigold)** Its not unusual for Indians of American origin to win Spelling B. From past many years Indians are winning this competition. But since the origin of this competition in last 52 years, for the first time a situation happened where two Indian children were declared joint winners of the "National Spelling B Championship".



### Tulsi eradicates Mouth Ulcers

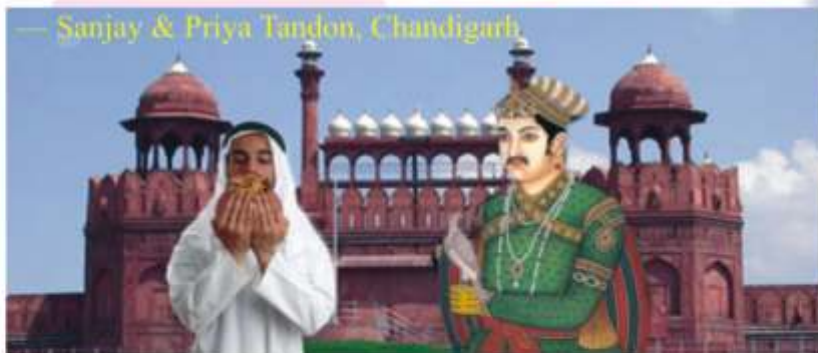
Tulsi leaves seem to be a sure cure for ulcers originating in the mouth. Just chew 3-4 leaves of Tulsi. It will help cure not just ulcers but also bad breath.

By : Babloo Kumar  
Hansti Duniya



# Akbar's Gold Coins

— Sanjay & Priya Tandon, Chandigarh



The wisdom of Birbal was unparalleled during the reign of Emperor Akbar. But Akbar's brother-in-law was extremely jealous of him. He asked the Emperor to dispense with Birbal's services and appoint him in his place. He gave ample assurance that he would prove to be more efficient and capable than Birbal. Before Akbar could take a decision on this matter, this news reached Birbal.

Birbal resigned and left. Akbar's brother-in-law was made the minister in place of Birbal. Akbar decided to test the new minister. He gave three hundred gold coins to him and said, Spend these gold coins such that, I get a hundred gold coins here in this life; a hundred gold coins in the other world and another hundred gold coins neither here nor there."

The minister found the entire situation to be a maze of confusion and hopelessness. He spent sleepless nights worrying over how he would get himself out of this mess. Thinking in circles was making him go crazy. Eventually, on the advice of his wife he sought Birbal's help. Birbal said, "Just give me the gold coins. I shall handle the rest."

Birbal walked the streets of the city holding the bag of gold coins in his hand. He noticed a rich merchant

celebrating his son's wedding. Birbal gave a hundred gold coins to him and bowed courteously saying, "The Emperor Akbar sends you his good wishes and blessings for the wedding of your son. Please accept the gift he has sent." The merchant felt honoured that the king had sent a special messenger with such a precious gift. He honoured Birbal and gave him a large number of expensive gifts and a bag of gold coins as a return gift for the king.

Next, Birbal went to the area of the city where the poor people lived. There he bought food and clothing in exchange for a hundred gold coins and distributed them in the name of the Emperor.

When he came back to town he organized a concert of music and dance. He spent a hundred gold coins on it.

The next day Birbal entered Akbar's darbar and announced that he had done all that the king had asked his brother-in-law to do. The Emperor wanted to know how he had done it. Birbal repeated the sequence of all the events and then said, "The money I gave to the merchant for the wedding of his son - you have got back while on this earth. The money I spent on buying food and clothing for the poor - you will get it in the other world. The money I spent on the musical concert - you will get neither here nor there."

This is true even today. The money you spend on friends is returned or reciprocated in some form or the other. Money spent on charity gets converted into blessings from God which becomes your eternal property. Money spent on pleasures is just frittered away! So when you spend money, think a little, if not a lot!

**Moral:** "It is only when the light from the intellect illumines the mind that one can make a safe journey."





Song : H.S. Nirman. Chandigarh

## **I do not choose the best**

I do not choose the best;  
Rather the best chooses me.  
Had it been all up to me;  
I would have surely missed thee.

I was a hawk, Thou made me a dove  
I love or not, Thou always love  
I am sin, Thou art mercy  
This is what surprises me.  
I do not ...

I had mind but had no thought;  
I had ears which listened not;  
I had eyes but could not see,  
Until Thou enlightened me.  
I do not ...

Thou art God, I am Thy man.  
Upon Thy grace, rely I can,  
"I love you and you love me"  
From fear of death, now I am free.  
I do not ...

Story by : Om Mishra

## TRUTHFULNESS

After the death of Maharaja Jasdev Singh, prince Baldev Singh was enthroned. He was a just and fair ruler. Those who committed crimes were severely punished. So, there were only exceptional cases of crime.

One day, the prince thought of having a meeting with those put behind the bars. He ordered four of the prisoners to be summoned. The order was carried out and four thieves were produced before the prince. Out of these four, three were professional thieves.

The prince asked the prisoners to explain the true cause of their having committed the theft. No one should try to tell a lie.

The first prisoner said: "Your highness. I did not commit any theft. I was just" going my way on the road. Mistaking me to be a thief, the police man caught me.

The second one said: It was some one else who committed the theft. I was just standing nearby. So, unfortunately I was caught.

Then spoke the third one: My lord! I am so simple a man that I even fear to meddle with the things lying on the way. Then, how can I commit any theft. The cashier has falsely accused me of having stolen the money.

The fourth one was quite an honest man. He never told a lie. He plainly accepted his crime.

The prince was pleased to hear him speak the truth. He asked the man to elaborate the cause of his having committed the crime.

This baffled the prisoner. He was in a fix whether or not to tell the story. At last he, however, decided to reveal it.



"Your highness! While going my way. I saw an old man. He signalled me to come to him. Then he expressed through gestures that he was counting his breaths of life, and that he was hungry. I looked around to see if something was available, but to no use. There was of course a sweet shop. But it too, was closed. However, I found the window of the shop open. I put my hand inside through the window and drew some sweets to serve the old man. I also fetched some water from a nearby well for him. After drinking a few drops of water, the old man breathed his last. Thereon, I went to the police station and surrendered myself for the theft I had committed.

It pleased the prince very much. He said: Gentleman, it is unjust to keep you behind the prison-bars. I select you as my counsellor from now onwards. He ordered other prisoners to be imprisoned for life.

## Nirankari Magazines

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Throughout the journey of life.



September 2014

— C.L. Gulati

DurgeshNandan.Jha

## **Net de-addiction**

**Kids As Young As 10 Being Counselling**



**New Delhi:** In the post-digital world, here's a first for the capital. Worried over lack of socialization due to an internet-driven lifestyle among children, an NGO has launched an internet de-addiction centre in Delhi.

The centre operates from a three-storey building in South Delhi's Sarvodaya Enclave, where counselors and psychologists nudge children as young as 10 years old to participate in activities such as indoor games and converse with each other.

Experts at the centre say the cases coming in are diverse but the under-lying problem is common—an addiction to the internet among a growing number of children in the capital.



WARNING	SIGNS	WHAT YOU CAN DO
<p>Internet addiction is a disorder most commonly seen in kids aged 6-19. Here's what to look out for</p> <ul style="list-style-type: none"> <li>★ Your child is more comfortable with online friends than real ones</li> <li>★ Gets irritated, anxious if his/her online time is interrupted</li> </ul>	<ul style="list-style-type: none"> <li>★ Shows diminished interest in activities he or she once enjoyed</li> <li>★ Is secretive about his or her internet usage</li> <li>★ Withdraws from activities with family and friends</li> </ul>	<ul style="list-style-type: none"> <li>★ Monitor internet activity</li> <li>★ Break internet addiction by keeping the computer in a family room</li> <li>★ Spend more time with the child</li> <li>★ If child has limited social interactions, consider a social skills class or seek activities that connect the child with peers</li> <li>★ Encourage outdoor activities</li> </ul>

Take the instance of a 14-year-old boy, whose performance in school has seen a decline in recent months.

His parents blame his obsession with Facebook for the low grades.

In another case, an older teenager locks himself up at night and spends hours chatting with friends on his smart phone. "The first thing he does after getting up is go online and check messages. He becomes restless if the wi-fi or 3g network goes off," said Rakshit Bahadur (name changed), the child's father.

Doctors say internet addiction could be leading to a drop in grades and increased aggression. But getting the kid to accept this is difficult.

"Most of them would flatly refuse. So we came up with a questionnaire where we ask indirect questions such as time spent on the mobile and the number of networking sites where the child has an account. The answers are shocking.

Even fifth graders have access to Facebook, What-sapp and other chat sites. They have many games on their phones," said Rahul Verma, head of Uday foundation that started the centre.

Rahul Verma, head of the NGO that has started the Centre for Children Internet and Technology Distress, said internet addiction is similar to addictive disorders concerning drugs or alcohol.

"Teenagers are particularly prone to internet addiction. In many cases, the addiction leads to insomnia, depression and social withdrawal," said Dr Tara, one of the doctors running the clinic.

She said parents were also to blame. "We come across many children who try to make virtual friends because in real world they have few people to talk to. In many case, these kids have both parents who are working. In some cases, internet overuse is seen in parents of such children," she added. Experts say these cases are likely to be the iceberg in a country where use of smartphones and tablets is rise at breakneck pace. The de-addiction centre tries to indulge children in real-life activities such as interactive education, science-based unique programming and device-free retreats.

(Courtesy, Times Of India)



## India Digest

Mango People

People pose with  
mangoes weighing over  
2kg grown at an orchard  
in Shinor village in  
Vadodara.

Courtesy, Times Of India

Hansti Duniya





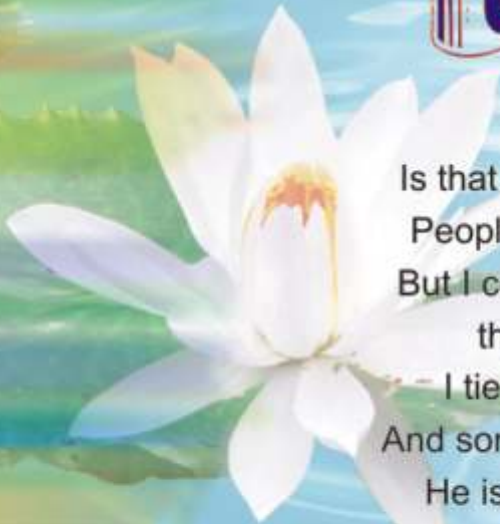
—Neelam Rawal

# A zero

Once in a delegation some one asked Swami Vivekanand as to what was his opinion about a Zero. Swamiji replied that 'Zero is nothing but everything is Zero.' That man was surprised and asked, "How ?" Then Swamiji explained that in our nature we see everything is in a round shape like our earth, our Sun or our Moon, these are all Zero, and are useless of their own but these are very useful to all. Mathematically we also see that Zero has no power of its own but when we add it to some other number it becomes more powerful. Another thing that we see in a Zero is that it can never stand in a point, it moves continuously as we also see in the nature that after a night it is definite that day will come.

These all qualities of a Zero are correlated to our life. These give us lessons that our life is nothing, our body is nothing but the work that we have done in our life is everything. No one will remember us if we do nothing. Another thing just like a Zero is that our life is also not fix in a point. It moves continuously. Today if we are not in a good position in any way as health or wealth etc., it doesn't mean that this way of life is permanent, Just like a quality of a Zero

By - Nishtha Kawrani, Vasant Kunj, Delhi



Who is God?  
Is that a person with a mind broad?  
People say that He is Father of all  
But I consider Him in all the people,  
that are close to my heart  
-- I tie Him a rakhi being a sister  
And sometimes scold Him like a hitler  
He is the sky, the star, the moon  
And is present everywhere you move.



it also gives us a lesson, if we are in a lower position it is essential to work hard for example, after a night, the day will come definitely, It is the law of nature and we will reach on a higher level and get good position definitely. The people who are already in a high position, they should remember that our life is not fixed. So we should not be proud of anything. We should help others as much as we can. Then it will become useful, otherwise it is useless to all.

Amazing, .....

It takes the nectar from 2,000 flowers to make one table-spoon of honey!





# Improve your Grammar

—Vikas Arora (Rewari)

Choose the right option

- Present: Hide, Past: \_\_\_\_\_, Past Participle: Hidden  
a) HIDDEN b) HID
- Direct Speech: He will say, "Shobha is never late."  
Indirect Speech: He will say that Shobha \_\_\_\_\_ never late.  
a) IS b) WAS
- What is the antonym of ENMITY?  
a) FRIENDSHIP b) ENDURANCE
- Form adjective from the word 'MAN'.  
a) MANHOOD b) MANLY
- First sentence:** The robber was described as a six-foot-tall man with a mustache weighing 150 pounds.  
**Second sentence:** The robber was described as a 150 pound six-foot-tall man with a mustache.  
Which sentence is correct?  
a) FIRST SENTENCE b) SECOND SENTENCE
- The tree lost \_\_\_\_\_ leaves.  
a) IT'S b) ITS
- A person who loads and unloads ships is known as \_\_\_\_\_.  
a) STEVEDORE b) JOCKEY
- John is \_\_\_\_\_ European.  
a) A b) AN

Answer Sheet	1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

## Pure Food



— Sanjay & Priya Tandon, Chandigarh

There was a man who was ever ready to feed any Sadhu who knocked at his door. His wife always cooked extra food, lest any passing monk should come by their way.

One day the wife was indisposed and a Sadhu knocked and asked for food. The man did not want to disturb his ailing wife, so he asked his neighbour to cook food for the Sadhu. While eating, the Sadhu eyed the beautiful silver glass in which the water was served. After finishing his meal, the Sadhu quietly put the glass into his cloth bag and went out.

In the evening, he felt guilty of having committed the theft. He went back to the man's house; confessed his guilt and returned the glass. The man was amazed to know that a Sadhu could be a thief. He was even more amazed at his act of confession.

Later, when he disclosed this incident to his neighbour, he discovered that the neighbour's wife had not cooked the food herself, but had got it cooked from her servant, who was in the habit of stealing!

How true it is that the thoughts that occupy the mind of the cook pass onto the food and subsequently to the person who eats it. Such thoughts play their role in the mind of the person consuming such food.

It may not be out of place to consider that if the family



does not make undue demands from the breadwinner of the family, he would not have to resort to unscrupulous means to earn more than he can through honest means.

Babaji says that the food that we eat should not only be nutritious, but pure also. It should not only be cooked in clean vessels but the person cooking it should be clean in body and mind. It should be eaten in a pure atmosphere as also in a pure and peaceful frame of mind. Last but not the least; the food should have been procured by money earned through righteous means.

As the food, so the mind.

As the mind, so the thought.

As the thought, so the act.

---

## Thoughts

- ★ We have no permanent friends, we have no permanent enemies, We just have permanent interests.
- ★ Gold medals are not really made of gold, They are made of sweat, determination and a hard to find alloy called guts.
- ★ When our feelings for others are so inspired by love and compassion, the mind is beautified ,the spirit elevated and the physical body adorned.
- ★ Smile-smile-smile! you would not know what the impact of the act might be ,but you will feel great anyway!
- ★ Smile- always smile you never know when it might makes someone's day .Do not worry if they do not appear to smile back.



# Improve your Grammar

Answers:

1	2	3	4	5	6	7	8
B	A	A	B	B	B	A	A

Q.No.	Explanation
-------	-------------

- |    |  |
|----|--|
| 1. | Here, the three forms of verb are Hide, Hid, Hidden.   |
| 2. | If the Reporting Verb is in the Future tense, the tense of the verb in the Reported Speech is not changed.   |
| 3. | ENDURANCE is the ability to endure an unpleasant situation without giving way.                               |
| 4. | MANHOOD is a noun that means a state of being a man.   |
| 5. | The robber, not the mustache, weighed 150 pounds.  |
| 6. | ITS is the possessive of IT whereas IT'S is a contraction of IT IS.  |
| 7. | Jockey is a person who rides horses in races.  |
| 8. | 'EUROPEAN' is pronounced as 'YEUROPEAN'. It begins with a 'Y' sound and 'Y' is a consonant. So, 'A' is used. |



# Q & A . Answers



—Ankita Rai, Azamgarh

**Q. What is meant by the True Master ?**

A. One who bestows knowledge of the eternal truth.

—Shankar Sachdev (Bhilai)

**Q. Where is the Heaven on Earth ?**

A. Where there is love and goodness.

—Rahul Rai, Delhi

**Q. Whom does God help ?**

A. When one helps himself.

—Rakesh (Nimri, Delhi)

**Q. When does man find himself in a helpless condition ?**

A. When he gives up hope.

—Ravi

**Q. If faith begins to shake, what should be done ?**

A. Keep company of the FAITHFUL.

—Shobhit Nandwani (Panchkula)

**Q. What is oneness?**

A. Knowing One (God) and becoming one with Him is oneness.

—Praveen, Delhi

**Q. What do people lack most nowadays?**

A. Character.



# BEAUTIFY

Mr. Krish Dholakiya , Colorado USA.

Beauty, a trait  
Up for interpretation  
Quite subjective  
And varies by perspective  
But interpretation only applies  
If exists any beauty In the world right now  
It's quite hard to see

Perhaps a change of perspective  
Is necessary to see it  
But denial of the task at hand  
Creates significant backlog, doesn't it?

This task, an urgency  
Is simply to decorate the world  
Augment its beauty  
Fundamentally shift its mold  
This decoration, this beauty  
Is not at all material  
It's the elimination of negativity  
And enrichment of the soul

To decorate this world  
People of inner beauty are needed  
People lacking discrimination or prejudice  
People who know how to love are needed



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# Champu

Story & Illustration

— Ajay Kalara



Rahul , Sunny, Geeta, Mohan!  
Did you hear anything?



Yes, we just heard you  
speaking names. HA HA HA



Sapna, Sonu! did you hear?

No











## Photo Feature



Simran didi look at my seat, its so nice. -Pares Thadaani ( Vardha)



Sister, look at my chair, how high it is. -Simran ( Karwar)



I will not sit now,  
I have to visit the  
garden  
— Ishika  
(Ahmedabad)



I stay with my mother at home only. I cant  
walk till now- Ayushi (Mahua, Mukundapur)



Yes, I will slowly start  
walking. Then we will  
go around for walk.  
—Ayush  
(Yamunanagar)



I am not understanding what discussion  
you all are having. - Arvan (Kolhapur)

Hansti Duniya





## Photo Feature

Today it was fun  
playing with  
Monu brother  
— Harshita  
( Panchkula)



Why are you laughing so much. Have you  
read Hansti Duniya? Have a look at my  
new dress and shoes

— Agam (Mukherjee Nagar, Delhi)



My sister  
saharsha is very  
small right now.  
Once she grows  
old, she will go  
to school with  
me

— Gaurav  
(Mahaasmund)



I like going to school. Brother take  
me also along — Rishikesh (Thane)



I am still  
young, let me  
play, only  
after that I  
will go to  
school.

— Sakshi  
(Jaalna)



I am also young, I will go  
to school once I grow old.

## Photo Feature



I can sit on chair from other side also.



Have a look at my style of wearing the cap.  
- Prerit Karanwal



Oh leave it, have a look at what my "todu" is saying .



Come my friend , lets play football.

Please throw the football towards me.



Santusht, your turban is looking very fine. Who made you wear it



I have learnt to fasten the turban from Papa. Look, how elegant it looks.

Hansti Duniya



# SMSES of the month



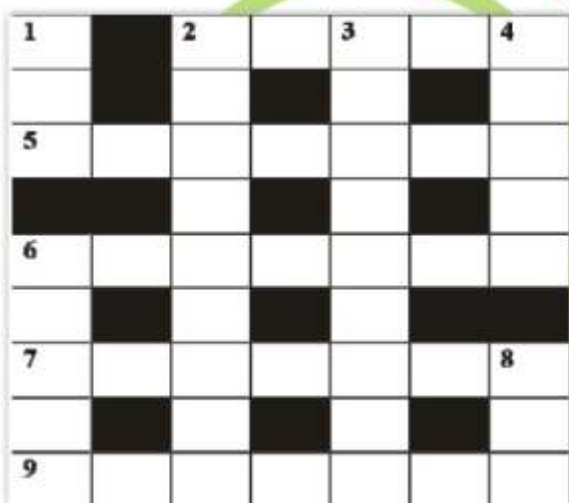
- ★ You never know how strong you really are until being strong is the only choice you have.
- ★ Sometimes good things fall apart so better things can fall together.
- ★ You cannot change what you refuse to confront.
- ★ Fearing the rain, do not run to the river.

— Avneesh Gulati

- ★ No candle loses its light while lighting another candle. So never stop sharing and helping others because it makes your life more meaningful. — Jasbir Singh
- ★ Crying doesn't indicate that you're weak. Since birth, it has always been a sign that you're alive and full of potential. — Ankur, Arora
- ★ No matter how many mistakes you make or how slow you progress, you are still way ahead of everyone who isn't trying. (Read Unstoppable.)
- ★ Life isn't about waiting for the storm to pass, it's about learning to dance in the rain. — Praveen, Delhi
- ★ Grudges are a waste of perfect happiness. Let it go.
- ★ Making one person smile can change the world. Maybe not the whole world, but their world. Start small. Start now.
- ★ Sometimes you need to distance yourself to see things clearly. — S.R. Prjapati, Delhi

# CROSSWORD

— Vikas Arora (Rewari)



## Left to Right ▶

2. Plural of Neck.
5. A place where weapons and military equipment are stored.
6. Find the odd one out: ALBANIA, CABBAGE, EQUADOR, FINLAND.
7. The capital city of Tamil Nadu.
9. Verb of Endorsement.

## Up Down ▼

1. An Indian state whose main language is Konkani.
2. An instance of bleeding from the nose.
3. Singular of Containers.
4. Millions of people try to \_\_\_\_\_ crossword puzzles every day.
6. The word that comes last in the dictionary: COURT, COCOA, CYCLE.
8. \_\_\_\_\_ hockey is a form of hockey played on ice.



## Winners of July Issue

Ist	Sahil Verma B-IX/25 Inside Quilla Mohalla <b>BARNALA</b>	12Yrs
IInd	Komalpreet Kaur H. No. 465, Street No. 2 Anand Nagar, <b>MOGA</b>	15Yrs
IIInd	Muskan Mehta H.No. 472, Teliwara, <b>BHIWANI</b>	10Yrs

---

## Consolation Entries

Ameek Singh (New Sodhi Nagar, Moga), Sunisht Chauhan (Gobindpura, Chandigarh), Amandeep Singh (RCF Kapurthala), Harshit J. Amin (Jawahar Nagar, Gurgaon), Harmeet (Anand Nagar, Patiala), Ridhima Kharbanda (Rajendera Nagar, Guntur)D Taresh Setya (East Rohtash Nagar, Delhi), Naman Kapoor (New Friend Colony, Amritsar), Kiran Vilas Shitty (CBD Navi Mumbai), Ankita Rai, (Delhi).

## Competition for July

On page 46, a beautiful picture is given; colour it and send it to us latest by October 15, 2014. The best three will be awarded suitable prizes.

The result will appear in November 2014 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Colour it



Name .....Age.....

Address .....

.....



# LAUGHING TIME

By . Sakshi Gulati, Chandigarh



Judge: Have you stolen ornaments from the jeweller's shop?

Thief : Yes, Your Honour.

Judge : Why did you do so?

Thief : Because it was written on the board, "Take advantage of the golden chance."

Teacher : Rahul, who was the first freedom fighter of India?

Rahul : Sorry, Madam, I was not there to see.

Raman to player : What is your handicap Mr. Roy?

Player : A wife and two children.

Rani to Shopkeeper : "What is the matter with you people? I ordered a dozen oranges and you only sent me ten."

Shopkeeper : It is part of our service, ma'am. Two were bad, so we saved you the trouble of throwing them away.

Husband : "You've again exceeded family budget again this month."

Wife: "Dear, let's just forget our budget and go in debt like the government does."

Bride : "What do you do with a husband that wants to be the boss around the house?"

Housewife: "Just tell him you are the union. Does he want to negotiate or does he want a strike?"

Teacher : "What is the difference between the boy who comes first in class and you "?

Anmol : Sir, he studies harder and I study 'hardly'

Alia and Pooja were fixing a bomb in a car.

Pooja: What would you do if the bomb explodes while fixing.

Alia: Don't worry, I have one more.

Alia : What is the name of your car?

Pooja: I forgot the name, but it starts with 'T'.

Alia : Oh, what a strange car, starts with Tea. All cars that I know start with petrol.

Alia joined new job. First day she worked till late evening on the computer. Boss was happy and asked:

Boss : What you did till evening.

Alia : Keyboard alphabets were not in order, so I made it alright.

Museum Administrator: That's a 500-year-old statue you have broken..

Alia : Thanks God! I thought it was a new one.

At the scene of an accident a man was crying: O God! I have lost my hand, oh!

Alia: Control yourself. Don't cry. See that man. He has lost his head. Is he crying?



Learn the art of living together.





## Benefits of Orange

— Radha Bhatia (Lajpat Nagar, New Delhi)

Orange is a full package of vitamins and minerals essential for our health. It is an excellent source of vitamin B1, dietary fibre, calcium, copper, magnesium and potassium.

Orange contains vitamin C that is vital for healthy immune system. It helps in preventing cold and ear infection. It also lowers the risk of cancer. Drinking orange juice regularly reduces the risk of kidney stones. The fibre present in orange also lowers the cholesterol level. Orange helps to control heart rate and maintain healthy bones and teeth. Rich in vitamin A, orange is very useful for our vision and glowing skin. Orange has antioxidant properties that control arthritis, obesity and heart diseases. A good source of vitamin B6, it supports the production of haemoglobin. Orange also fights and prevents mouth ulcers. Obese people who want to lose weight can eat it regularly as it is low in calories.

Not only orange fruit but also its peel offers a package of benefits. Vitamin C present in orange is a natural skin bleacher. Orange peel extract when applied to skin lightens dark blemishes and spots. The peel extracts also helps tone the skin, naturally cleanse pores and shield the skin from harmful UV rays.





## Have Your Say

Full meanings of words GOD, PEACE, ART, Hansti Duniya. Rama, Krishna, Sun, Moon etc printed in the Hansti Duniya (June 14) are very interesting and give a good lesson. Editorial (Hansti Duniya August) Mind your health is very educative for the young generation. You have written very nicely "Unfair thoughts are bad for our mind". Alphabet of Successful Life is very unique article. The selection of Poems e.g. 'Where the mind is without fear' 'The Tri-Colour' 'We are one' is very nice. Think Positive is very heart touching short story. Little children read every month new picture stories under Photo Features Grandpa, Champu etc.

It is good that Hansti Duniya is improving under the able guidance of Member-in-charge and Editor, Magazines.

— Het Ram Dharamsala.

**Jailor (to a prisoner) :**

Why did you throw your watch out of the cell?

**Prisoner :** I wanted to see the time fly.

**Teacher (to a student):**

Where did you walk off while I was giving the lecture?

**Student :** Sir, I don't know. I am a somnambulist

### cross word Solution

1	G		2	N	E	3	C	K	4	S
	O			O			O			O
5	A	R	S	E	N	A	L			
			E		T		V			
6	C	A	B	B	A	G	E			
	Y		L		I					
7	C	H	E	N	N	A	I		8	
	L		E		E		C			
9	E	N	D	O	R	S	E			



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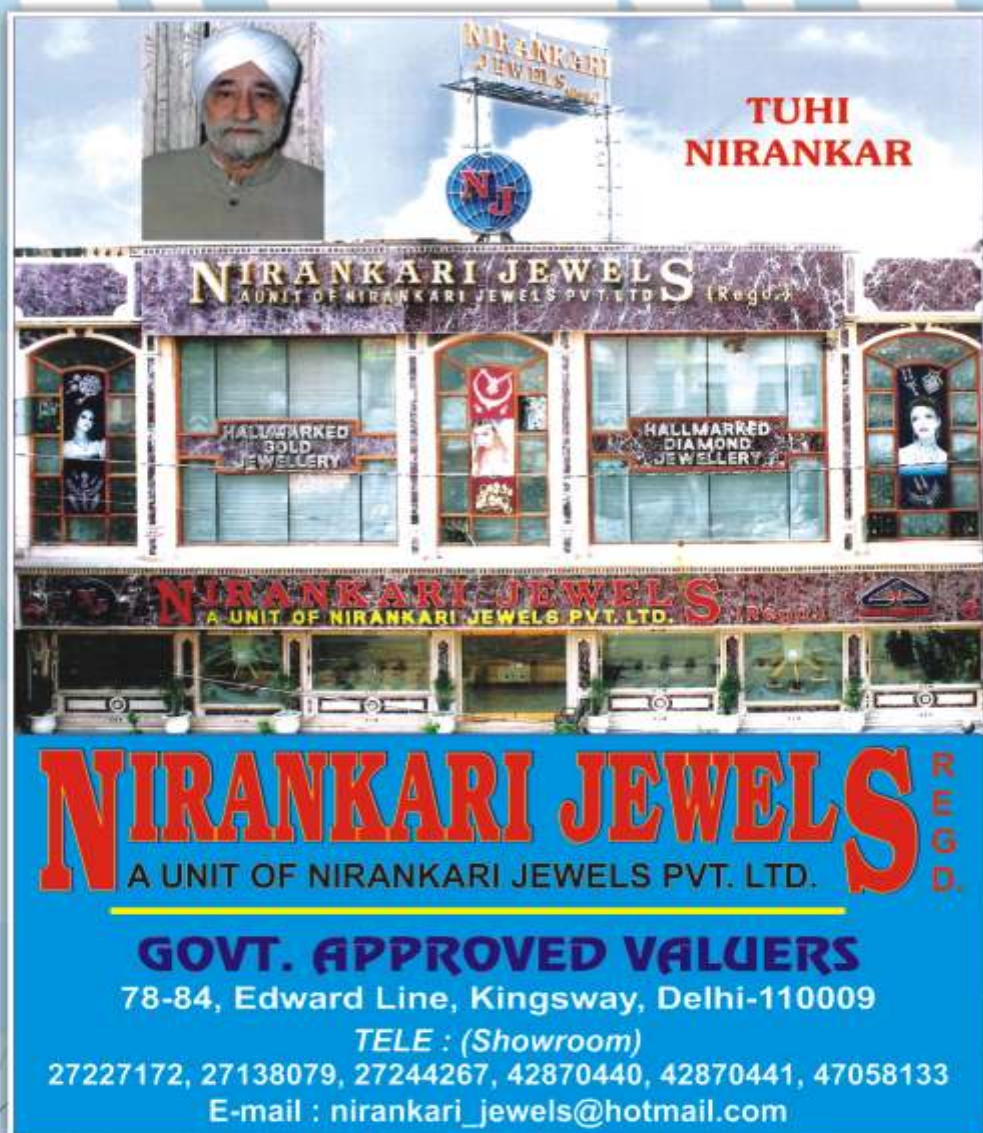
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