

Know Your Scriptures * Winner VS Loser * Memorable Diwali * Smile * Solid Egg

H.D. Answers * Improver Your Grammer * The Pencil * A,B,C of Happy Life



16



23



24



21



18



23

42



Stories

- 6 Purity of Heart
Dr. Sewa Nandwal
- 10 The Pencil
: Priya Tandon,
Chandigarh
- 18 Memorable Diwali
Farukh Hussain
- 28 The Result of
Carelessness
Sunita Ghai
- 34 The Wise Hare
Amit Kumar

Poems

- 8 Winner VS Loser
Vinod Khatwani
- 16 O Baba Ji! Give
us Gurmat
Kripansh Mohit,
Kaithal
- 36 A,B,C of Happy
Life
Sumesh Kumar,
Lucknow

Articles

- 21 Smile
Monika Arora
- 28 Solid Egg
Rita Sharma
- 32 Why do Hair
Turn White
Isha Sharma
- 42 Benefit of
Touching Feet
Sunil Nagpal



Keep Healthy Mood and Outlook

A person's actions vary according to circumstances, time and his state of mind. Things are changing fast with rapid change in means of communication and updation of electronics. Everything around us is being influenced by speed and competition. In the present scenario, the values which have been passed on from generations are losing their importance. Today's children are tomorrow's leaders. Today's generation thinks much beyond their parents due to use of iPods, computers and mobiles etc. Today the things are moving so fast that parents are just watching helplessly. In this context today's children are not only tomorrow's leaders but also the writers of future.

Every year Children's Day is celebrated in November since India's first prime minister known as Chacha Nehru loved children and motivated them towards good actions. Every year his birth anniversary is celebrated in the form of Children's Day. A rose always adored Chacha Nehru's jacket. It inspired the fact that rose spreads out fragrance even in the midst of thorns and that's why it was placed in front of his heart on his jacket.

Dear children, it's a matter to think over that Bal Diwas is celebrated only once a year but one has to live the entire life. If one has purity and simplicity everyday will be a day of celebration.

Circumstances, change but mind must remain clean and pure. If the mind is crafty, it will lead to doom. One may accumulate wealth but will lose all virtues. Every year in the month of November Nirankari Sant Samagam is organised to keep these human values alive. This year the dates are 14-15-16 November 2015. The message of harmony, Love, Peace and purity will be given. Be innocent, simple to enjoy the bliss and get blessed. - Vimlesh Ahuja

CHOICE

You go to a market,
everything can be bought.

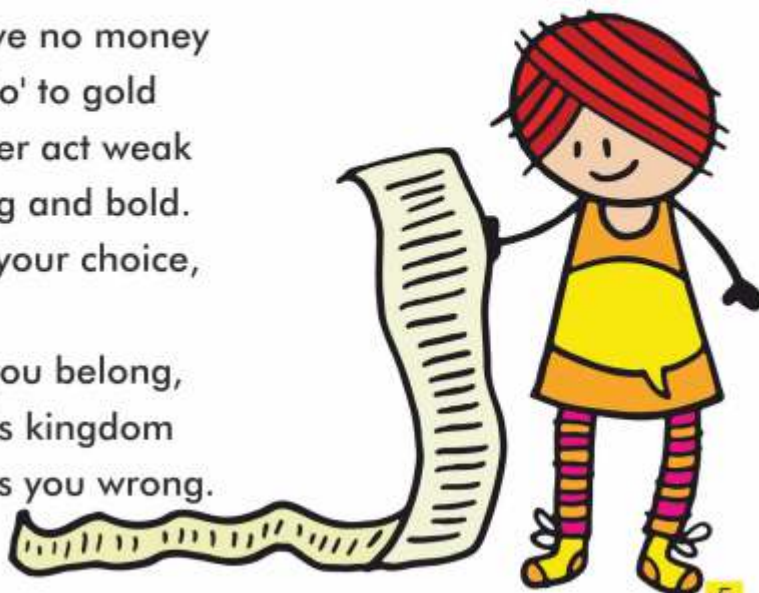
The only thing is,
the price it has got.

If you have money
you can buy a lot,
If you are a thief
you may be caught

These days, even
men are sold.
All are cowards,
Few are bold.

If you have no money
Say 'No' to gold
Don't ever act weak
Be strong and bold.
Now it's your choice,

where you belong,
In God's kingdom
None calls you wrong.



Purity of Heart



Jatin prayed in front of Goddess Lakshmi ji with full faith and devotion. On the pious occasion of Diwali Goddess Lakshmi showed up before him. On beholding Lakshmi ji he felt blessed as the festival had become worthwhile

Lakshmi Ji asked ceremoniously, Dear! What is your wish? Nothing! Jatin said hesitatingly. Lakshmi Ji asked surprisingly, "Are you so much content and rich that you don't need anything?"

"Yes, mother I have plenty of clothes to wear on Diwali crackers to burn and lots of sweets to eat. Jatin boasted. His words reflected pride of money. Lakshmi Ji again tried, "You may ask for a virtue! Jatin said, " But I don't have a fault.....Every body considers me a good boy ."Ok, even if you are not asking I shall not

let this opportunity go waste. I shall give you something out of my own will. This is my Diwali gift to you" said Lakshmi Ji. Jatin folded his hands obligingly. Lakshmi Ji said. "Take this magical mirror. You place it in front of anybody and you will be able to read his mind. I knew even if I don't ask you will give something priceless, Jatin smiled. Keeping the mirror in his pocket, Jatin went to Diwali celebration. First he went to his friends Chanakya. Very cleverly he placed the mirror in front of him so that he couldn't notice. Chanakya welcomed Jatin with open heart, gave him sweets and had conversation with him for a long time. After coming out and having a look at the mirror, Jatin got shocked. Many faults of Chanakya were being reflected in it.

Then he went on to meet his cousin brother Adarsh. After leaving

from there, Jatin saw many flaws being reflected. Whom so ever he met, he found many defects ...inside everyone. Every one has short coming.

Jatin returned home disappointed. He sat before the idol of Goddess Lakshmi and started chanting her name. Lakshmiiji's idol spoke up "Speak up O child! Why did you call for me?"

"Holy mother! I saw in my mirror that in everyone's heart reside many weaknesses and faults"

Goddess Lakshmi took the mirror from his hand and placed it in front of Jatin. Jatin saw it....and got bewildered. He had even more imperfections than his friends. He hung his face down as his character got exposed.

"There is nothing to be ashamed of, this mirror was given to you so that



: Vinod Khatwani

The winner is a part of the
Answer.

The Loser is always a part of the
Problem.

The Winner always has a
Plan.

The loser always has an
Excuse.

The winner says let me do it
For you.

The loser says it is not
My Job.

The winner sees a
Green near every sand trap.

The loser sees
Sand trap near every green.

The winner says it may be
difficult but it is
Possible.

The loser says it may be
possible but it is
Difficult.

Winner vs Loser



you should get rid of your own faults. Had you spent more time in seeing your faults than others then.....on Diwali don't you clean your own house, this time clean up your heart ." Lakshmiji said. " But holy mother"... Jatin was interrupted by Lakshmiji "You were saying that you don't have any fault in you." Just as Lakshmiji said

this, she disappeared.

Jatin got embarrassed. He realised his mistake and his habit of over badmouthing. He thought" which bad habit of his must he rectify first?"

Know your scriptures!!!

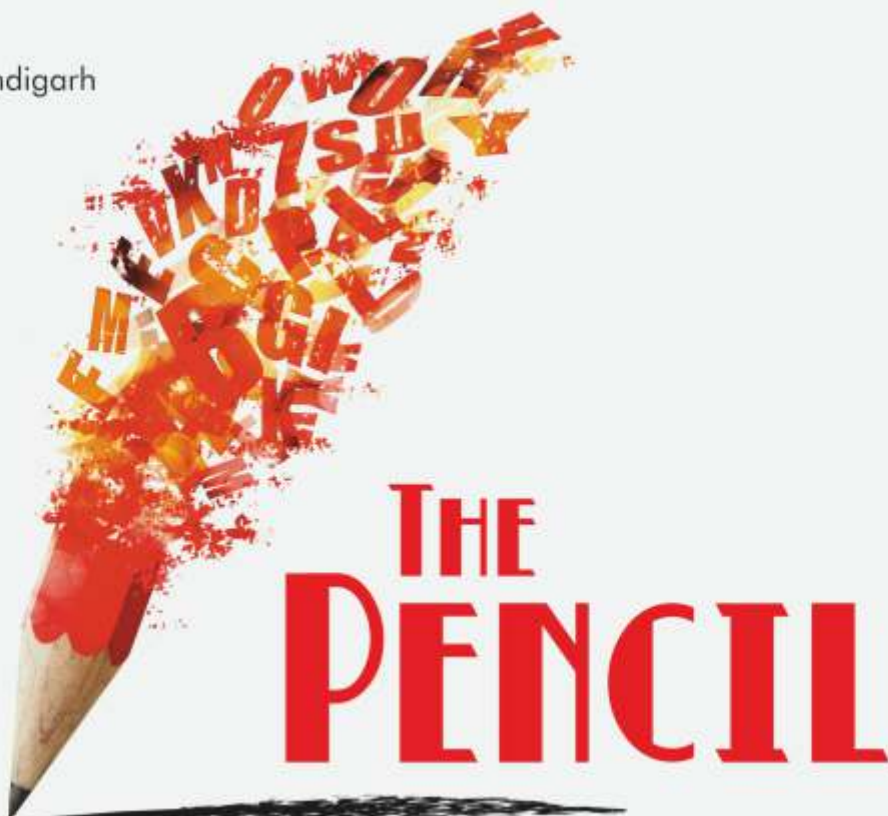
Ik Tu Hi Nirankar 111

Nirankar Hai Gunan Ton Ucha Ape Har Gun Wala Ey;
Har Ik Shai De Andar Rah Ke Har Ik Shai Ton Bala Ey.
Apni Khed Ih Ape Jane Apni Khed Banae Ap;
Apni Hasti Ap Ih Samjhe Apna Ap Janae Ap.
Apni Marzi Pargat Hove Apna Ap Lukae Ap;
Ap Lagae Ape Tode Ap Banae Dhae Ap.
Iko Ap Hai Apne Warga Zat Jihdi Lasani Ey;
Ap Jism Te Ape Rooh Ey Sabh Janan Da Jam Ey.
Iko Soorat Rang Anekan Sara Tana Bana Ap;
Ap Samundar Ape Lehran Kandha Ap Muhana Ap.
Ranga Rangi Qudrat Ihdi Ese Khed Khilari Ey;
Kahe Avtar Jo Is Noon Samjhe Usdi Mehma Niari Ey.

Thou Formless One 111

The Formless is beyond all attributes and yet He has all the attributes;
He is present in every object, and yet detached from everything.
He is himself aware of His play, He Himself plans it;
He Himself knows His true entity, He Himself reveals His real self.
He manifests or conceals Himself according to His own wish;
He Himself plants and uproots; He Himself creates and destroys.
He is the only one of His kind and unique is His entity;
He Himself is the body as well as the soul, He is the life force in all the living beings.
He is One entity manifest in many forms; He Himself constitutes the entire fabric of the universe;
He Himself is the ocean, the waves, the shore and the oarsman.
All the multifaceted nature is His own and all this is His own play;
Avtar says, great is the glory of that person who understands Him.

: Priya Tandon, Chandigarh



Some days back, we happened to attend a very interesting talk by a learned man. Besides the other things he talked about, he told us some things about a pencil; simple things that we never happen to think about. But, they were very meaningful. So though they are not a story we would like to share them with you all.

When a pencil is made, its maker gives it some instructions, before putting it into its box. These are;

1. Always allow another person to hold you in his or her hand. Do not try to slip or resist, only then the holder shall be happy to hold you. Without the holder you can do no work.

2. From time to time you will need to be sharpened. For that your head shall be

inserted into a little tunnel with a blade. It shall be painful, but without it you shall be of no use.

3. Remember that you shall make mistakes. you shall be paired with an eraser. Once erased, you shall have the opportunity to correct your mistakes.

4. It is only when your head is down, that you shall be of use. If you stand with your head up, you cannot write.

5. The most important part of you, is what is inside. Your outer is just a cover to protect the lead in you.

6. Remember to leave your mark, where you go.

Well, the instructions ended there, but did the lesson?

No, Read on...

Give the same set of instructions to yourself and think of them like...

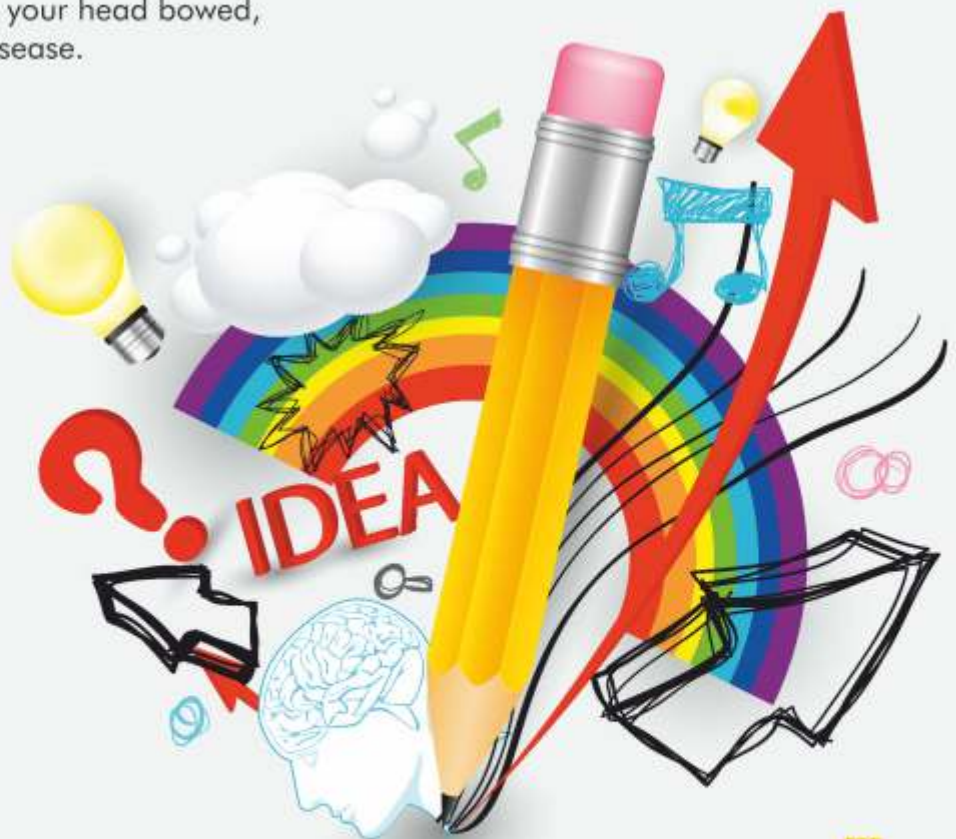
1. Always allow God to hold you, be at ease, for when he holds you in the palm of His hand, you shall be in bliss.
2. Life shall put you through many difficult situations. If you bear them bravely, you shall come out a sharper and better person.
3. To err is human. Let mistakes not take the steam out of you. If you fall, just get up and dust the grime off your knees, you have to go on. Pair yourself with God. Without God you are a zero, with HimA hero!
4. Humility is like a jewel that adorns your personality. Keep your head bowed, vanity is like a killer disease.

5. You should be pure inside. A pure heart has no problem in communicating with God and God's men. Do not fan your worldly desires, instead concentrate on looking within. Seek God within. He is sitting there in the innermost core of your heart, if you cannot find him there, you cannot find him anywhere.

6. Yes, try to leave your mark wherever you go, but remember that it should be a mark of goodness. When you came into this world, you were crying and everyone around you was smiling and when you leave, you smile and everyone else is crying.

Next time you have to use a pencil, don't just set it aside without learning from it, the lessons it so silently and softly endeavours to teach.

Moral:
"Put others
before
yourself, and
you can
become a
leader
among men."



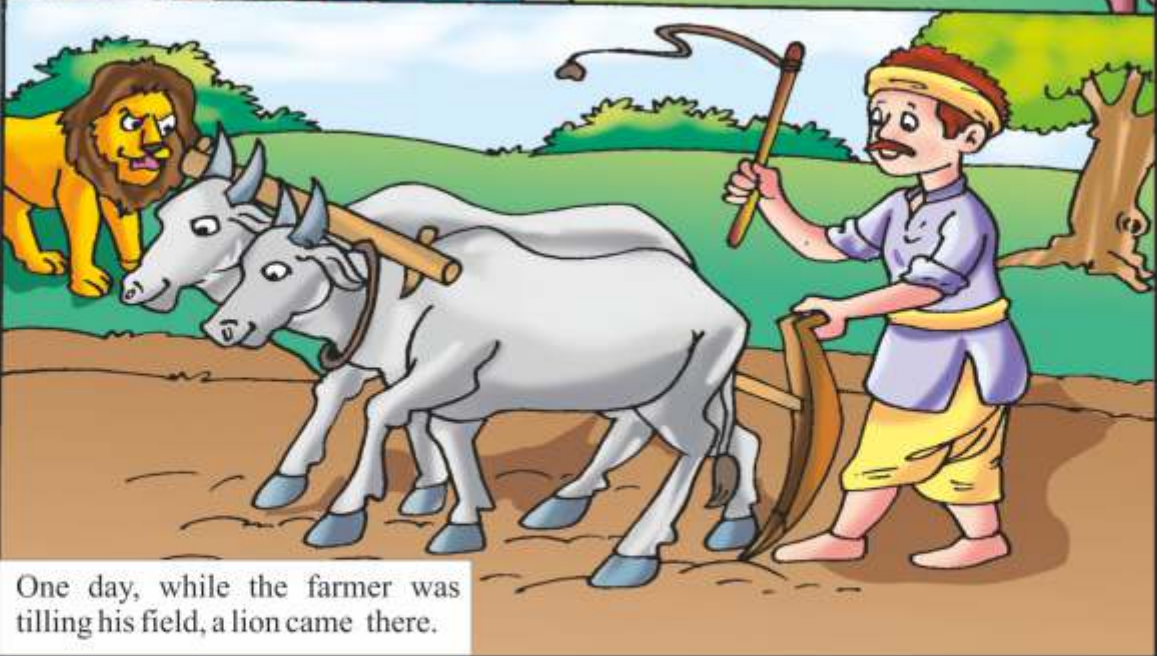
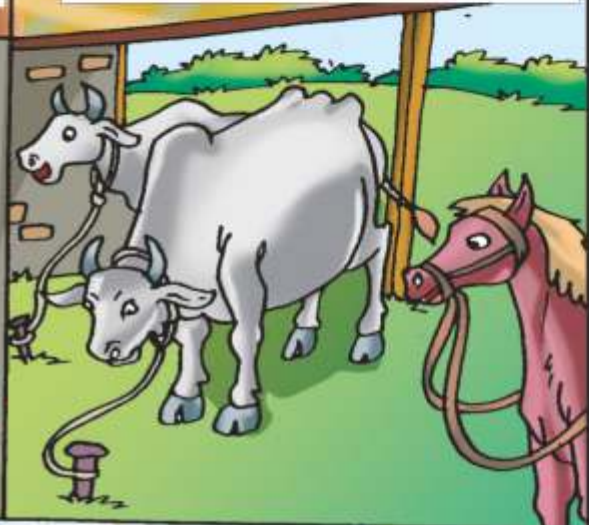


GRANDPA

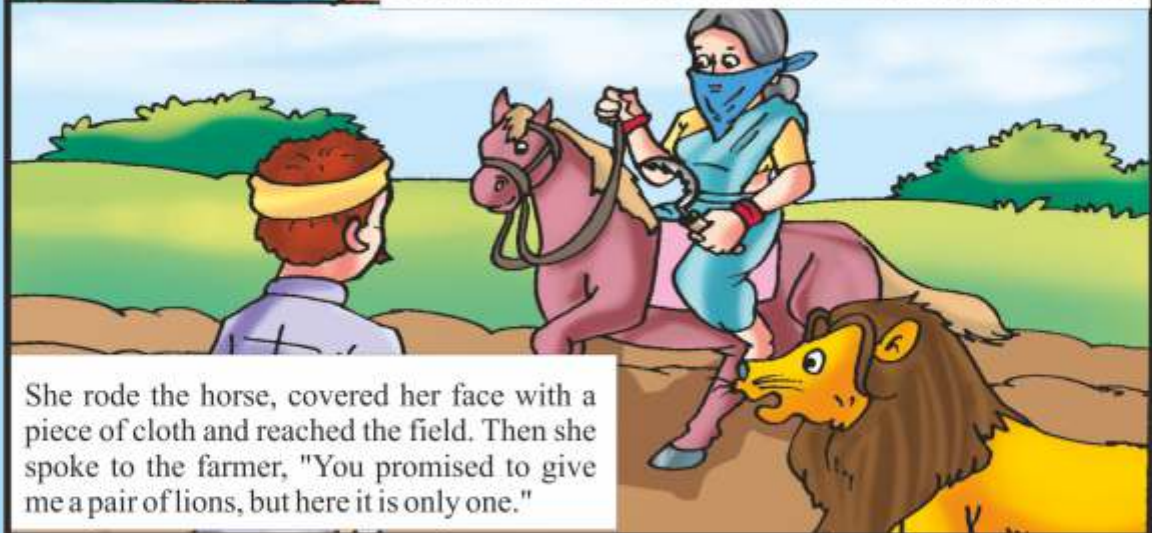
Drawings and Written by
Ajay Kalara

In a certain village, a farmer and his wife eked out their livelihood by tilling their field.

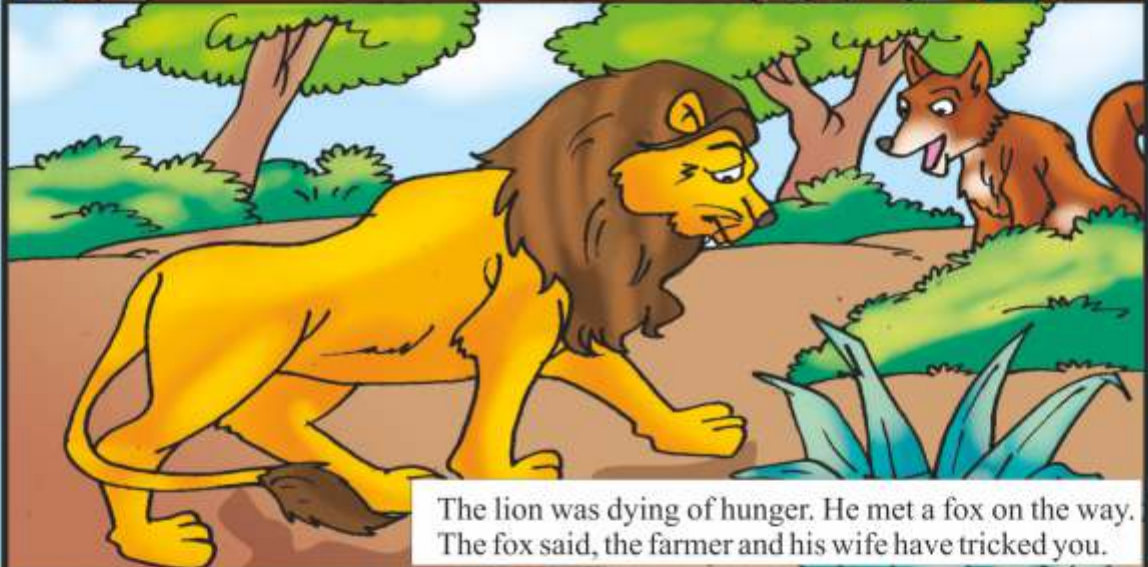
They had a couple of oxen and a horse which helped them carry out their work.



One day, while the farmer was tilling his field, a lion came there.



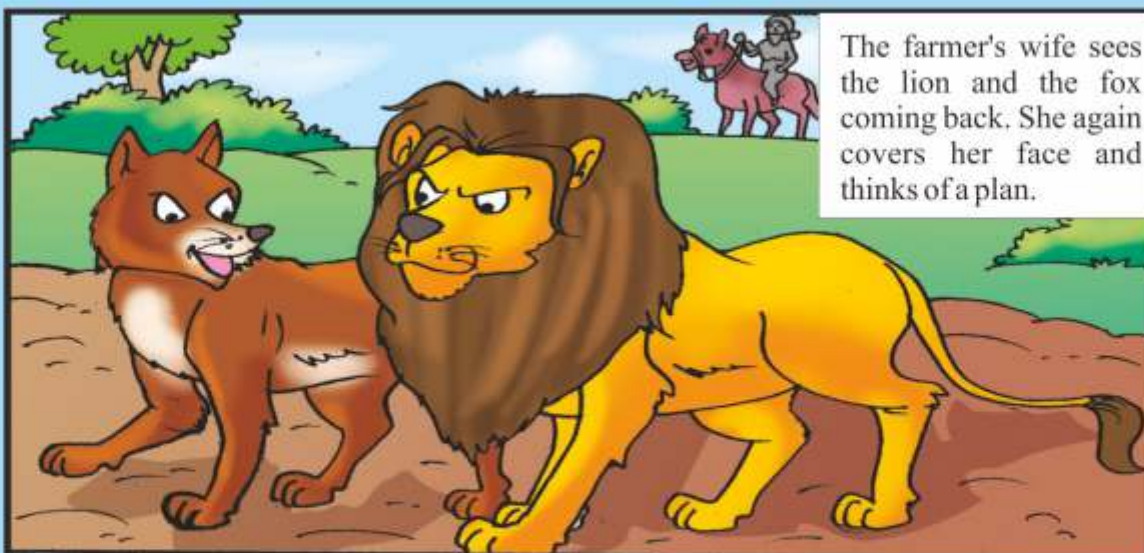
Hearing this, the lion got scared and fled from there.



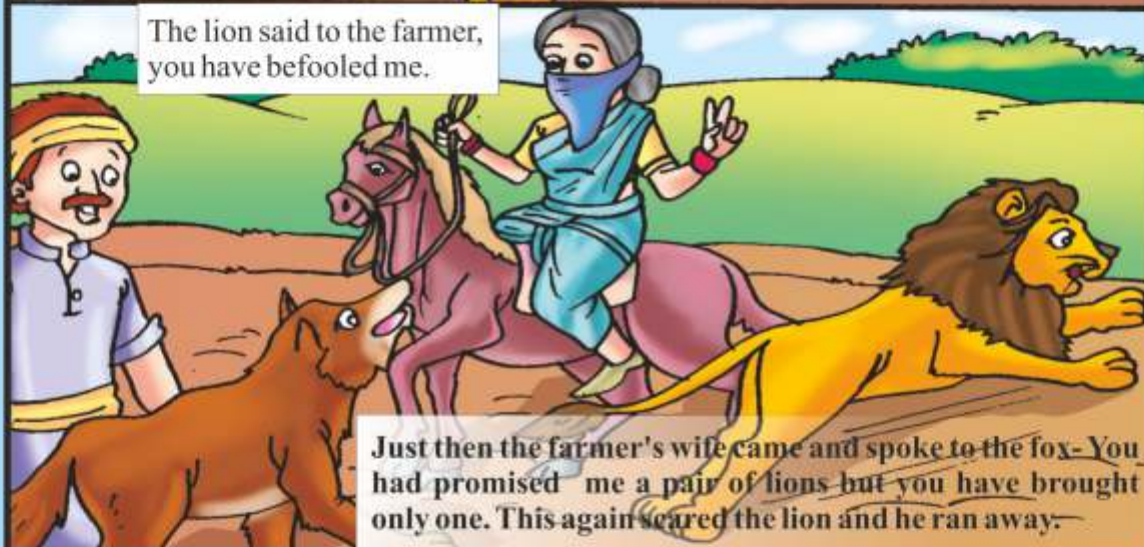
The lion was dying of hunger. He met a fox on the way. The fox said, the farmer and his wife have tricked you.



If what you say proves to be false, I'll kill you, the lion said to the fox. "O.K.!" the fox replied. They both went back.



The farmer's wife sees the lion and the fox coming back. She again covers her face and thinks of a plan.



The lion said to the farmer, you have befooled me.

Just then the farmer's wife came and spoke to the fox- You had promised me a pair of lions but you have brought only one. This again scared the lion and he ran away.

The lesson of this story is that one should face the problems with courage and turn the tide in one's favour.



: Kripansh Mohit, Kaithal

O Baba Ji! Give us Gurmat

O Lord, we are very small
You are all in all

Though range is unlimited
Bless us to be committed

To Sewa, Simran and Satkar
All peace and never war

In life we should be kind
Let Gurmat dominate our mind

Love, brotherhood everywhere
Shower love with softer care

O Baba Ji! You are our goal
To purify and nurture our soul

If ever in life we go wrong
Warn us with eternal song.



Compiled by : Hardik Khinda, Sanskriti School, Delhi

Thoughts to Ponder

- Happiness does not imply that God is also part of our life, instead happiness is that God is solely our life.
Nirankari Baba
- Sometimes you have to experience what you do not want in life to come to a full understanding of what you want.
Mandy Hale
- Achievements and possessions can get us regard, not happiness and respect. Regard is an outer gesture and respect is feeling for what the person is.
Natarajan Adhikesavan.
- Protect your peace. Get rid of toxicity. Clean your space, cultivate love.
- I do not believe in coincidence. I believe in signs and synchronicities that remind us we are on the right path and that we are all connected by Love.
Spiritual
- When people are bored, it is primarily with their own selves that they are bored.
Jules Renard
- Nothing can bring you peace but yourself.
Ralph Waldo Emerson
- Blame yourself if you have no branches or leaves, do not accuse the sun of partiality.
Chinese proverb
- The man who can not believe in himself can not believe in anything else.
Ray. L. Smith
- They conquer who believe they can.
John Dryden
- He that fears not the future may enjoy the present.
Thomas Fuller
- Our grand business is not to see what lies dimly at a distance, but to do what lies clearly at hand.
Carlyle



Memorable Diwali

When Piyush was told that Diwali was approaching he became thoughtful . Pintu, Nanhi and Rocky also came and seeing him in a thoughtful mood said "Pintu what are you thinking?"

Piyush said" you know, Diwali is approaching but we shall not celebrate Diwali in the conventional manner . We waste a lot of money on crackers . Nowadays we are using mobile phones and waste a lot of money on internet due to whatsapp

and facebook. This time we shall not do this.

Nanhi asked in a serious tone " This is true that we waste money for no reason but how do you relate this with Diwali?"

Piyush said "This time Diwali will be entirely different. Today onwards we shall stop all kind of wastage and save the money. Rocky agreed with Piyush.

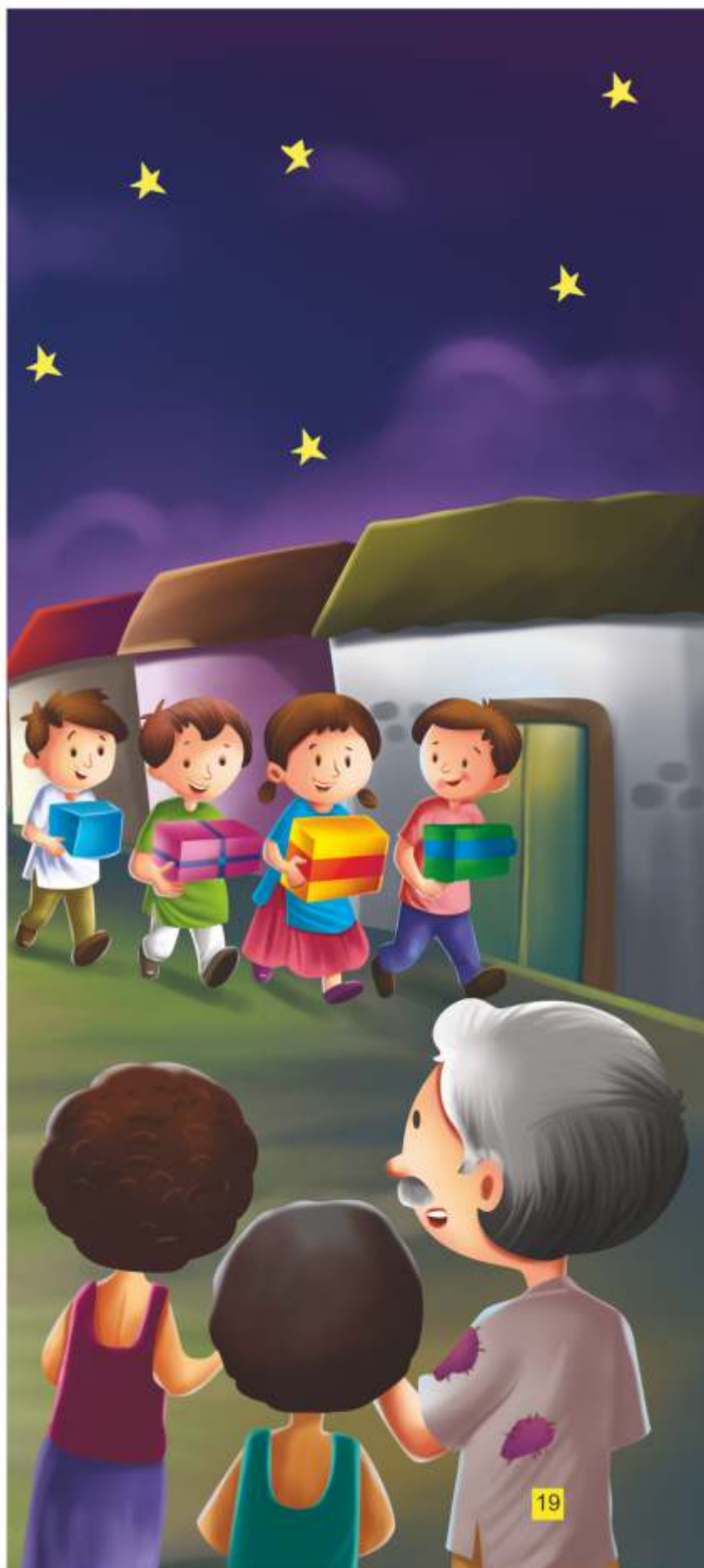
Nanhi said smilingly,
“What if we speak about this to
children of the entire colony
and if they agree, it would
work.

They all approached the
children of the colony and
explained to them about their
plan. After initial hesitation
they agreed. Now came
Diwali.

Four of them remained
very busy on the day of Diwali,
buying sweets , clothes and
books for the poor children.
Everybody reached the suburb
and started distributing sweets,
clothes and books among the
children.

When their parents
came to know about this they
also reached the spot . They
were pleased to see the
children doing the noble task.
Meanwhile Piyush's father who
was a teacher said that he
would help the children by
teaching them for an hour
every day. Everybody was
pleased by this announcement.

Piyush and his friends
were also happy as this time



Improve your Grammar

Choose the right option –

1. The cardboard box was _____ under the pressure of the heavy trunk and therefore, could not be used.
A) PLACED B) CRUSHED
2. Three walls were covered with digital maps, the _____ with a blank projection screen.
A) FORTH B) FOURTH
3. Present: Hurt, Past: Hurt, Past Participle: _____.
A) HURT B) HURTED
4. To _____ the danger from blasting operations, the use of special safety explosives is required.
A) LESSON B) LESSEN
5. Find a demonstrative pronoun in the following sentence:
These cookies are delicious.
A) ARE B) THESE
6. Make sure that you never get _____ on a loan.
A) OVERDUE B) OVERDO
7. A person who studies history is called a _____.
A) HISTORIAN B) ENTOMOLOGIST
8. The murder would be _____ the moment the police caught up with the fugitive.
A) SOLVED B) COMPLICATED

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

Answer Sheet.....some other page



"A smile is the shortest distance between two", It's said.

*"A Curve Of Lips,
That Straightens
Out Everything!"*

"A smile costs nothing, but is simply priceless in resolving quarrels and winning over our bitterest enemy. It should not be however a mere baring of teeth, it should stem from the very depths of your heart..."

A warm friendly smile is an asset to everybody's personality. A smile is simply "a curve of lips, that straightens out everything!" An enemy becomes powerless in front of a smiling opponent. It is the person with smile who has the stronger strategy than one who twitches his facial muscles in anger. "The toothpaste .{close-up} smile" is something nice to see but never wins love and sympathy. It is the best exercise for facial muscles. The smile is a special boon given to man and man alone. No other animal or bird can smile, they can only grin. Why don't we then make use of this special gift as often as we can? ■



H.D. Answers

Q. What is the secret of joint family?

A. The family that prays and dines together stays together.
- Aman Mahendru, Agra

Q. How can we judge spiritual stability?

A. It is visible when society becomes secure and responsible.
- Rajan Chhabra,

Q. How to gain support of others?

A. When we offer support and care to others, we find that we gain a great sense of care and support for ourselves.
- Avneesh Gulati, Chandigarh

Q. What are the signs of healthy mind?

A. It is one that does not have prejudice, harbours no hatred constantly flows with love and gladly accepts situations as they come.
- Shobhit Keswani, USA.

Q. What does the term, 'God-fearing' mean?

A. God does not want us to fear him, but to love him. Fear is always of the unknown. When God is known face to face, it is all love. When two enlightened persons meet, they abruptly express their love, "Oh my God!"

- Rajat Behl , Gurgaon

Q. What is the relationship between science and religion?

A. Both are individually limited. Science without religion is lame and religion without science is blind.

- Avneesh Gulati, Chandigarh

Q. Is wisdom an inborn quality of a man?

A. No. One learns everything from experience of life.

Q. Why does man remember God only in adversity?

A. Because he does not feel his need when all is well.
- Pawan, Delhi

Q. Who is the happiest person?

A. One who submits to the will of God.
- Rajesh, Dehradun

: Rita Sharma

Solid Egg

The main content of an egg is animal protein and fats. 3/4 of egg is water in which the albumin protein and fats are suspended. Protein is present in the white portion while the yellow portion contains fats. All proteins have a property to thicken when heated. Coagulation is a process of the molecules coming together and cross linking with each other. When the egg is boiled the heat coagulates the proteins inside making the egg material solid. The extent of solidification depends on the



temperature up to which egg is cooked. If the egg is cooked up to 600 - 650 a soft mass is produced. However if it is boiled up to 1000C the white albumin becomes tough and elastic.

: Isha Sharma

Why do Hair Turn White?



The base of hair contains special cells known as Melanocytes. These cells produce melanin pigment. The varying extent of the pigment's presence in hair is the reason for the different colours of hairs we see in human beings. Dark hairs are coloured by crowding of melanin pigments while less pigmentation cause in light coloured hairs. The hair can lose the pigment and turn lighter to a grey and finally to white when all the pigment is lost. The loss in the pigments can occur due to less pigment being produced by the Melanocyte cells or due to the death and reduced number of these cells. These changes can occur naturally due to ageing and in some cases due to malnutrition or disturbances caused due to hormones' secretion.



Kitty

Story & Illustration
Ajay Kalara

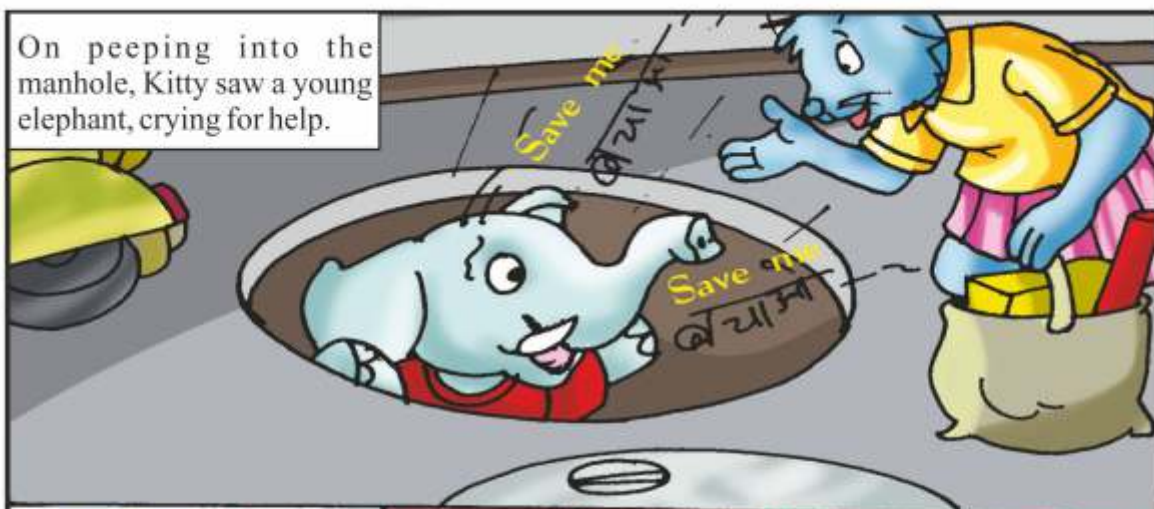
One day, while returning from bazar, Kitty heard a voice.



Kitty looked all around but she did not find any one there. Suddenly, she saw a manhole, which was lying uncovered. She found that the voice was coming from inside that manhole.



On peeping into the manhole, Kitty saw a young elephant, crying for help.

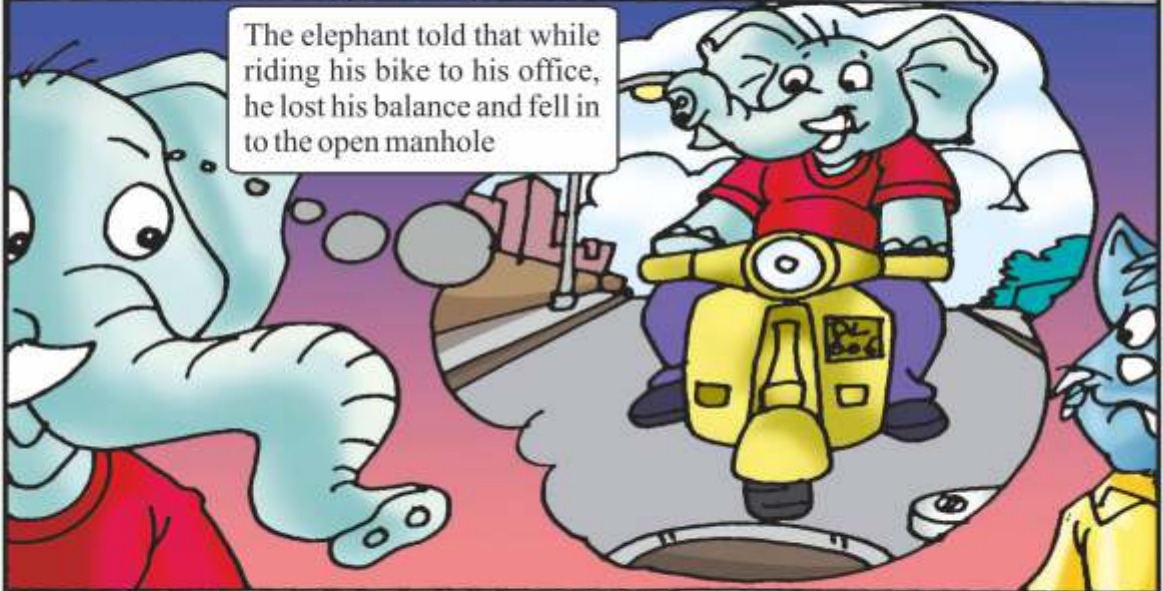
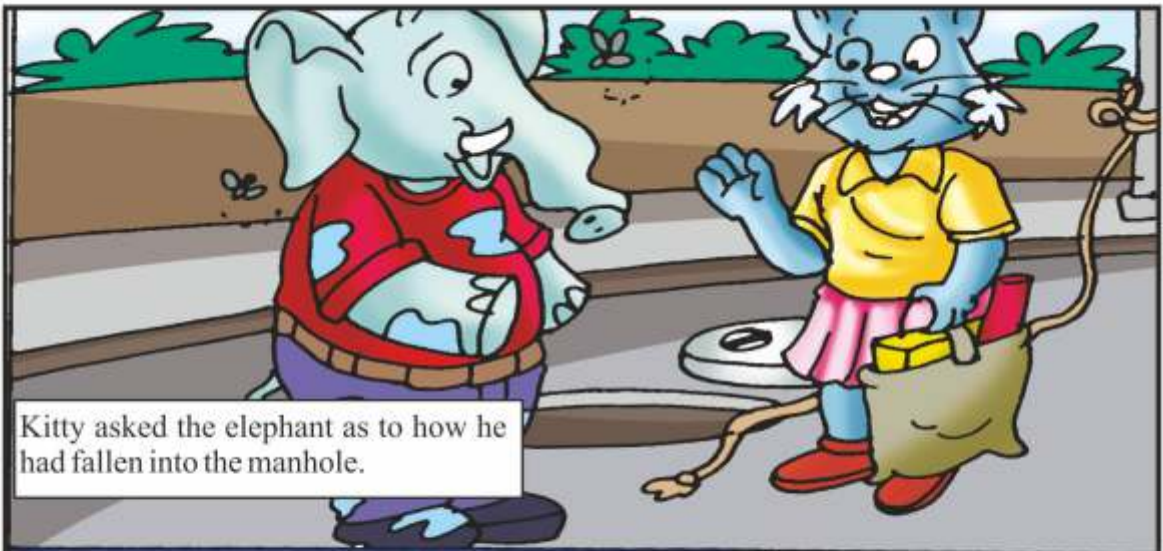


Kitty tried to help him out with the support of a stick. But the stick broke.



Kitty brought a rope, tied it round a pillar and threw the other end of it to the elephant. With the help of this rope, the elephant got out of the hole.





They thought that the problem was serious and should be reported to the officer concerned.



They, therefore, requested the officer to ensure that all the manholes were kept properly covered.

The officer inspected all the manholes and got them covered.



Kitty was honoured for having discharged her duties as a good citizen. Learn to be good human being perform your duties well.





The Result of Carelessness

"Mother, where are my socks?"

"Just bringing:"

"Please bring them at once, I am getting late for school,"

"Here are they," Mother gave the socks and went into the room.

Prashant was still looking for something here and there. Then he shouted,

"Where are my Pencil and Rubber, mother? At night I had just placed them here; I don't know what has happened to them."

"Just bringing," replied mother from inside the room.

"Take this Pencil and Rubber, you never collect them at night and start shouting in the morning, I have told you many a times to collect them and keep them in your school bag before going to sleep. But you never pay any heed. But Prashant ran for school, without listening to what mother was saying.

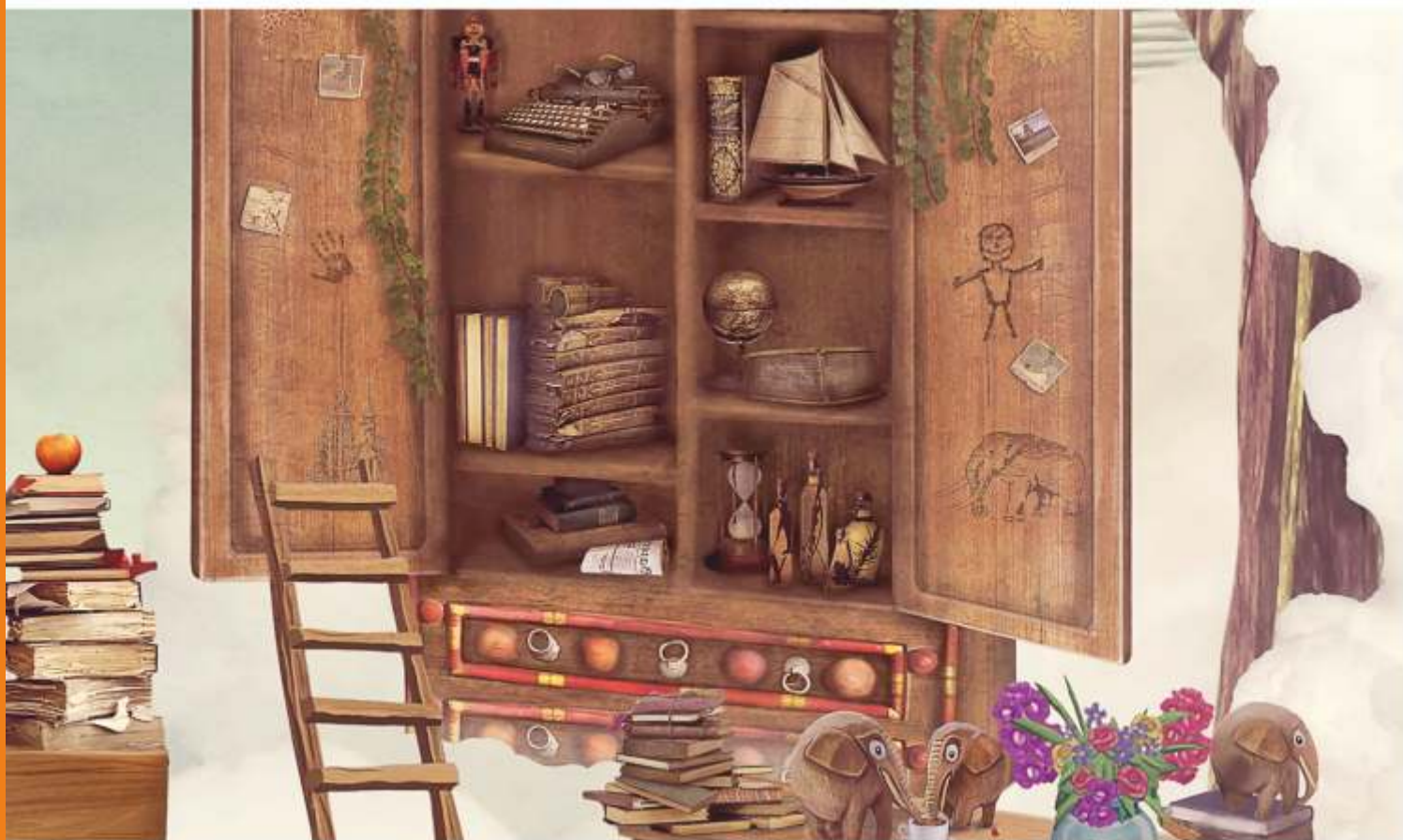
Prashant was class eight student. He was a brilliant student. He was also well behaved. But he was careless. He would never take care of his belongings.

On his return from school, he would just throw away his bag. So would he throw his socks and run out to play.

When he sat for studies and did not find his things intact, he would get perturbed and started shouting. Then his mother would come and collect the things for him.

Prashant's parents tried to make him understand several times that he must check his school bag before going to sleep at night, but to no avail.

It was an examination day. As usual Prashant got up late in the morning. So, he was in haste. Only twenty minutes were left for the examination to start. In confusion, he took his Geometry Box and started for



school.

No sooner did he reach the school than the examination started, Prashant took his seat.

The question papers were distributed. The students were busy in going through their respective question paper. Some of them had even started solving it. But when Prashant opened his Geometry Box, there was nothing but a pencil and a scale. Then he recollected that he had left his pen on bed itself while solving his Maths questions. He started looking here and there to get some spare pen from his friends. He asked Abhishek too if he had got one, but he had none.

Prashant started getting all the more perplexed, it is all due to my carelessness. Had I acted upon the advice of my mother and father I would not have to face this situation today, he

thought to himself.

Seeing Prashant perplexed, the teacher asked, "What's the matter, Prashant? You seem to be perturbed."

Yes sir, in haste I even forgot to bring my pen, Prashant said.

This is the result of not taking care of your belongings. Had you checked your geometry box well before going to sleep at night, it would not have done any harm to you. Just due to your carelessness, you are suffering. Thank God, your father has just been here to give your Pen. Otherwise, you could well understand the loss of time you had to suffer.

Sir, I promise not to be careless in future. I'll take care of my things. Saying this, Prashant took the Pen and started solving his question paper. His mother and father were very happy to see him transformed.

Complied by : Sakshi Gulati, Chandigarh

Laughing Time



Jotish : Why are money and secret alike?

Ankur : Because both of them are hard to keep.

Karuna : Ankita, do you say prayers before meals?

Ankita : No.

Karuna : But, why not?

Ankita : Because my mother is a good cook.

A beggar knocked at the door of a very rich person and shouted for alms.

Prompt came a voice from inside the house!

House mistress is not here.

Beggar : I am asking for alms and not for house mistress, please.

Operator : Sir, I have been doing three men's work for one man's pay. I want a raise.

Editor : 'I can't give you a raise. Just tell me who the other two are, I shall dismiss them.'

Friend : People consider me God.

Other Friend : How do you know?

Friend : When I went to the park today, everybody said—Oh God! You have come again.

Manager : (To agent) Yesterday you went to seth Amir Chand to get orders. Did you get any?

Agent : Not one, but two, sir.

Manager : Well done! What are those?

Agent : First, "Get off from here," and the other, "Never show your face again."

Ankur : (To a friend) If I told you were an ass, what would you do?

Jotish : I will punish you.

Ankur : And if I am only thinking it?

Jotish : Then I can do nothing because thoughts are invisible.

Ankur : Well, I am thinking it.





History teacher : Who was Raja Ram Mohan Roy?

Jotish : All four were great friends.

Salesman : Is Mrs. Parveen at home?

Child : I am sorry to tell you that he is not here.

Salesman : Why are you sorry?

Child : Because I don't like to tell lies.

"My wife has lost her credit card." the man told his friend.

Fried : Have you informed the bank?

Man : No, the thief is spending much less than she does.

Teacher : You have driven me mad. I want to see your father.

Manoj : In that case sir, you must meet my uncle. He is a psychiatrist.



Teacher : Don't be frightened, Tarun. I Won't punish you for I have no proof that you stole the oranges from the garden.

Tarun: Thank you, sir May I go out and eat the oranges?

Improve Your Grammar Answers

Q.No.Explanation

1. There was pressure upon the cardboard box and it has been destroyed ('could not be used'). Both these senses are brought out only by the word 'CRUSHED'.

2. Fourth is after 'third' and forth means forward.

3. Here, the three forms of verb are Hurt, Hurt, Hurt.

4. Lessen means to make less and Lesson is something you learn.

5. Here, the word 'THESE' is a demonstrative pronoun.

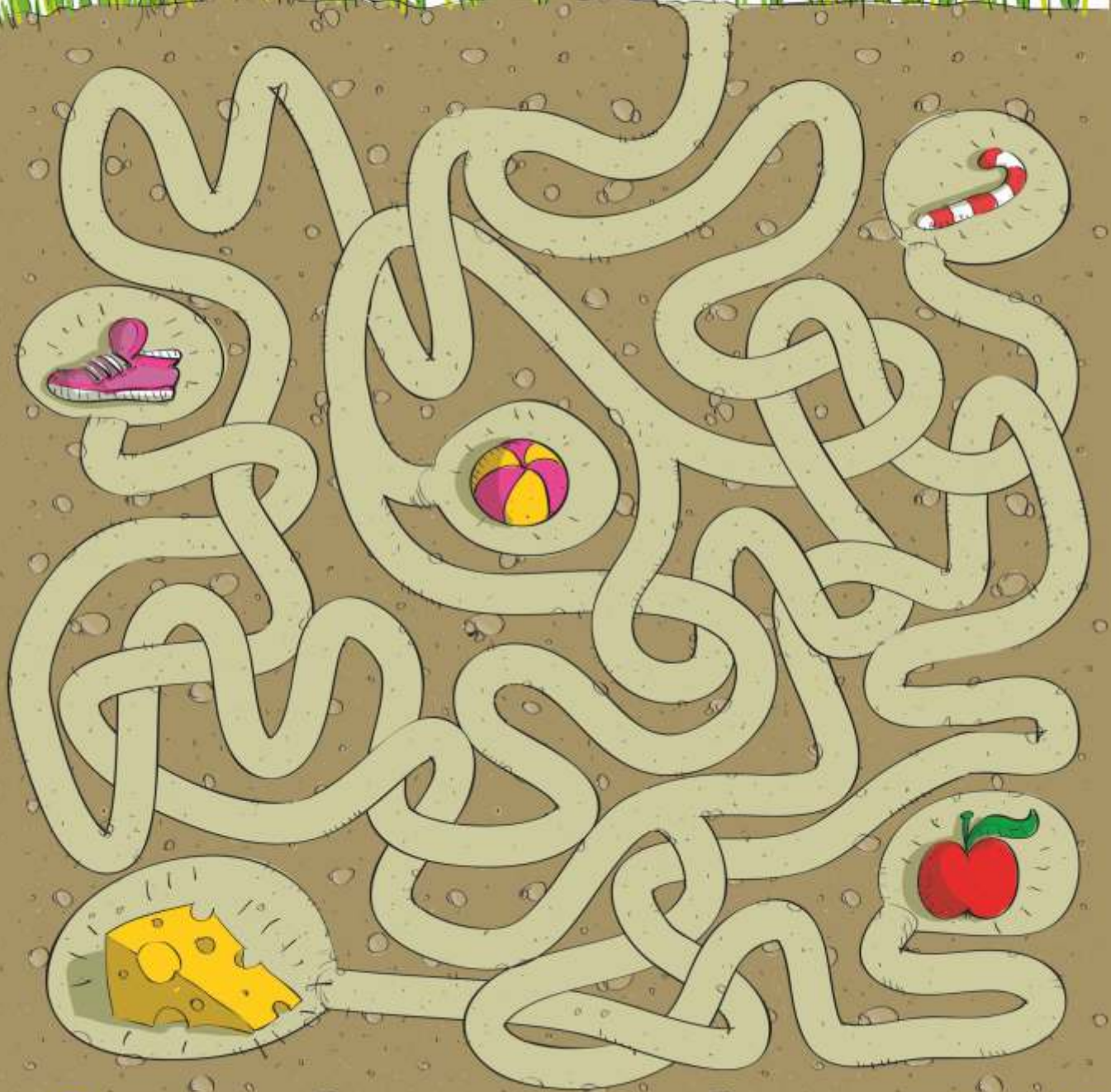
6. Overdue means unpaid when due and Overdo means to exaggerate or carry something too far.

7. Entomologist is a person who studies insects.

8. A murder is like a riddle or puzzle. In absence of witnesses, the police remain clueless. But if the police catches up with the fugitive, clues will be provided and the murder would be solved.

Help me to get my Cheese!

—Suman



Compiled by : Archana Garg,
Vasant Kunj, Delhi

Riddles



- 1 He who has done it, does not tell it. He who takes it doesn't know it. He who knows it doesn't want it. What is it?
- 2 Before the mother was in this world, the son could be found sitting on the roof.
- 3 It stands on one leg with its heart in its head.
- 4 As I went across the bridge, I met a man with a load of wood which was neither straight nor crooked, what kind of wood was it?
- 5 What is put on a table, cut, but never eaten?
- 6 Who are the two brothers who live on opposite sides of the road yet never see each other?
- 7 Lives without a body, hears without ears, speaks without a mouth, to which the air alone gives birth?
- 8 What goes into the water black and comes out red?
- 9 It has been round for millions of years, but it's no more than a month old. What is it?
- 10 What belongs to you but is used more by others?
- 11 What is the easiest way to double your money?

See answers on page 35

: Amit Kumar

THE WISE HARE

Once, in a certain village, lived a, wood-cutter, He used to earn his livelihood by selling woods. He had a daughter, named Jyoti She was very wise, but her father, Hari Ram was a very simple man.

One day, Hari Ram was going to the forest. On his way, he saw a little hare who was badly wounded. Hari

Ram brought the hare home.

Jyoti dressed the wound well and he became all right in a few days. Soon they both became friends. Jyoti got very attached to him. They would play together the whole day.

One day, Jyoti's parents were away to some other village to visit their relatives. Thus Jyoti was left alone. It



was already dark.

Jyoti was not getting to sleep that night. She was getting disturbed by some sound, she ,however ultimately fell asleep. The Hare on the other hand was still awake, he had rather got all the more alert on hearing the dotted voice. He kept watching. Soon he saw two men trying to enter into the house. Soon they succeeded in entering into the house and stole as much as they could, the hare followed them.

In the morning, Jyoti's parents returned. They were stunned to see the door of the house open and the things lying helter skelter. It did not take them long to understand that theft had been committed. On entering the other room they found Jyoti weeping. Soon after, the hare also returned, he caught Hari Chand by his trousers and led him to the place out of the village, where the thieves had hidden the booty. But they could not catch the culprits. All praised the hare for his courage and faithfulness.

Have Your Says

I am a regular reader of Hansti Duniya. The stories printed in the issue of July 2015 are very appreciable specially I and my friends liked "Trusting Young Ones" , 'Kalu-The good neighbour' and ' Vipul Chases a Butterfly'. Jokes printed under the regular column 'Laughing Time' are very entertaining. "Laziness-Sloth" is very educative article. The author has rightly guided us .He has clearly stated that "Doing nothing is dangerous" Laziness and Idleness bring discontent and unhappiness .Improve your Grammar is very useful for little children to learn good English. Going to the Moon is very interesting article and gives vast knowledge .H.D Answers questions are good and answers are very nicely given.

Little children enjoy much the Riddles .Selection of Riddle is really nice. Children feel very happy to colour the picture asked for in the magazine .Cross word is most good to know the intelligence of children. Hansti duniya is a perfect magazine for children as it covers all aspect which children needs. Parents also enjoy reading articles and stories printed in the magazine.

—Aashima Shahi, Pandoh.

Riddles Answers

- 1.Counterfeit money 2.Fire, smoke 3.A cabbage 4.Sawdust 5.A pack of cards 6.Eyes 7.An echo 8.A red-hot pocker 9.The moon 10. Your name 11. Put it in front of the mirror

:Sumesh Kumar,Vrindavan Colony,Near Teli bag, Lucknow



A ,B ,C of Happy Life

'A'lways

'B'e

'C'areful

'D'on't have

'E'go with

'F'riends and family

'G'ive up

'H'urting

'I'ndividuals.

'J'ust

'K'eeep

'L'oving

'M'ankind

'N'ever

'O'mit

'P'rayers

'Q'uietly

'R'emember God

'S'peak

'T'ruth

'U'se

'V'alid

'W'ords

'X'press

'Y'our

'Z'eal

Moral: Always be careful, Do not have ego with friends and family, Give up hurting individuals, Just keep loving mankind, Never omit prayers, Quietly remember God, Speak Truth, Use valid words, Xpress your zeal.

SMS

of The Month



Bridge and wall are made of the same material, but bridge joins the people and wall divides the people, choose the right one.

Dr. Aman, Dheerpur.

Great dreams of great dreamers are always transcended.

Anku- Palampur

I am so glad that I found you (Baba Ji).

Abha singh.

Bell has no sound till someone rings it.
Song has no tune ,till someone sings it..So never hide your feelings because it has no value till someone feels it.

Nisha Malhotra , Jalandhar.

Distance never kills a relation, closeness never builds a relation. It is the care of someone's feelings which builds faith and maintains relation!!

Aman Dev, Adampur doaba.

Distance does not matter if two hearts are loyal to each other.

Dimple, Gandhi Vihar.

Luxury and Lies have huge maintenance costs but Truth and Simplicity are self maintained without any cost.

Rakesh Kumar Billa, Kolkata.

Never give up on anybody .Miracles happen every day.

Amit Kumar, Bulandshahar.

Always accept outstretched hand.

Praveen, Bilaspur.

A good relationship starts with good communication.

Smile is the electricity and life is a battery ,whenever you smile the battery gets charged and a beautiful day is activated, so keep smiling.

Good friends are hard to find ,harder to leave and impossible to forget.

Do not wait for the perfect moment ,Take the moment and make it perfect.

We come with nothing ,we go with nothing ,but one great thing we can achieve in our beautiful life is a little remembrance in someone's mind and a small place in someone's heart.

Be a writer of your life and a reader of your mind .the more you know yourself the less you need approval of others.

Rahul , Delhi



Rita Kalia (Chandigarh)



Sumit, Mamta (Paragpur)



Lakshya (Babarpur, Mandi)



Geet (Delhi)



Aradhya (Delhi)



Samarjit (Bhandpur)



Nitpreet (Amritsar)



Saksham (Mau Ranipur)



Prbhjott (Amaloh)



Vandita (Jamnagar)



Kanika (Indri)



Saihaj (Jammu)



Pragati (Raipur)



Himanshu (Amritsar)



Dhruven (Bhayandar)



Navjot Kaur (Delhi)



Pranjal (Gharoauda) Ayush (Maroli Bazaar)



Kirti (Rawatsar)



Manveer (Bodhara Kala)



Jaskeerat (Delhi)



Vanshika (Yamuna Nagar)



Dimpy (Agra)



Suhani (Thane)



Vineet (Babarpur Mandi)



Tanmay (Delhi)



Vidit (Delhi)



Mamata (Bhoocho Mandi)



Swadha (Gorakhpur)



Aadarsh (Khanpur)



Banni Kaur (Karnal)



Avinash (Hoshiapur)



Sneha (Simla)



Prashi (Delhi)



Arvind (Madha)



Sahaj (Karnal)



Simarjeet (Delhi)



Shashank (Mirzapur)



Yuhina (Kolkata)



Kaustubh (Kalyan)



Shudit (Delhi)



Samdrishti (Patiala)



Kaunark (Narnaul)



Ehna (Faridabad)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us at least two months before.



Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY

The above coupon must be affixed on the back side of the photograph

Name..... Date of Birth.....Year....

Address.....
.....

Winners of September Issue

First:

Ritika Dogra

Age: 14

Ras Bahar Colony
Sipri Bazar, Jhansi (U.P.)

Second:

Hirdey Randhawa

Age 9

235 Rivel Belt
SK, Suv 165 Canada

Third:

Khushi Rana

Age 13

Agastyamuni
Rudraprayag, Amrapuri
Pin 246421

Consolation Entries

Goshikta Bhandari
(Jabalpur),

(Priyanshu Rana)
Amarpali, Rudrpryag

Naman Kapoor
(Friend Colony, Amritsar)

Dilkaran
(G.T. B. Nagar),

Shashanka Sunil Kuveshkar
(Mumbai)

Yash Dattaraya Chauhan
(Ganesh Nagar, Mah.)

Aayush Khullar (Vikaspuri, Delhi),

Hardik Kumar
(Nizambad, U.P.),

Hardik Sewane
(Krishna Nagar, M.P.)

Niveta
(997 Housing Board, Chd)

Competition for November 2015

On page 41, a beautiful picture is given; colour it and send it to us latest by February 20, 2016. The best three will be awarded suitable prizes.

The result will appear in January 2016 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Color It



Name.....Age.....

Address.....

.....

.....



—Sunil Nagpal

BENEFITS OF TOUCHING FEET

we get many benefits by touching the feet of elders :—

- 1- Ego leaves us.
- 2- We become humble and learn to be polite .
- 3- Blessing of elders fill our life with prosperity and happiness.
- 4- Bending down is a sort of exercise that keeps us.
- 5- You can melt stone hearted and get blessings.
- 6- Even the biggest opponent is won over.
- 7- 'Touching feet' keeps alive our values and we endear ourselves to all.
- 8- It is a great virtue.

What is Satsang

—Yagita Mahajan, Weet Green Rajokari, Delhi

- 1-It cools the hot hearts
- 2- It is sweetness that sweetens my bitter mouth.
- 3- It is patience that checks my anger and avariciousness.
- 4- It is truth that changes a pretentious like me to purity and truth.
- 5- It polishes and changes an uncut Diamond in to a sparkling, dazzling thing of beauty.
- 6- It bring out that best that lies within all of us. Dross metal like iron changes it to gold.

Things to Remember

- Best **om** is home
- Best **age** is courage
- Best **mile** is Smile
- Best **stand** is understand
- Best **end** is Friend
- Best **day** is today



Service with Humility



NIRANKARI VOCATIONAL CENTER

Offers

Computer Education Program

Accredited by

NIIT FOUNDATION

ADMISSION OPEN

Courses offered

#	COURSE	DURATION
1	TALLY ERP 9	3 months
2	DTP	4 Months
3	WEB DESIGNING	2 Months
4	ADVANCE EXCEL	3 Months
5	BASIC IT	4 Months

Note : 1. The course fee is for the whole course and includes course material, assessment charges and registration fee. No Hidden Cost involved.
2. All the courses are assessed and certified by **NIIT FOUNDATION**.

OUR CENTERS :

#	LOCATION	CONTACT PERSON	PHONE NUMBER
1	NIRANKARI COLONY	SONIA BABBAR	9654244598
2	TILAK NAGAR	SUNITA	9899015663
3	MALVIYA NAGAR	GEETA KUMAR	9818371090
4	FARIDABAD	MANOJ KUMAR	8506924747

Nirankari Vocational center is a skill development center run by Sant Nirankari Charitable Foundation (Regd), New Delhi with an academic tie up with NIIT Foundation, Delhi with an objective to provide IT related courses at nominal prices

Head office :

Sant Nirankari Charitable Foundation, Nirankari Complex,
Nirankari Chowk, Burari Road, Delhi – 110009. Ph : 011 47660380
Website : www.nirankarifoundation.org



Spiritual Zone for kids



With the blessings of His Holiness
Experience online spiritual learning
with exciting and fun features
highlights our mission's message.
Visit regularly to watch tiny tots
excelling in the spiritual journey.

kids.nirankari.org

- His Holiness Message
- Glimpse of Blessing
- Message in colors
- Poetry Fantasy
- Wacky and True
- Fun Games

- Hansti Duniya
- Kids Creation
- Kids Activities
- Jokes
- Avtar Vani
- Story Time

Share
your talent
in form of
painting, poetry
& story

