

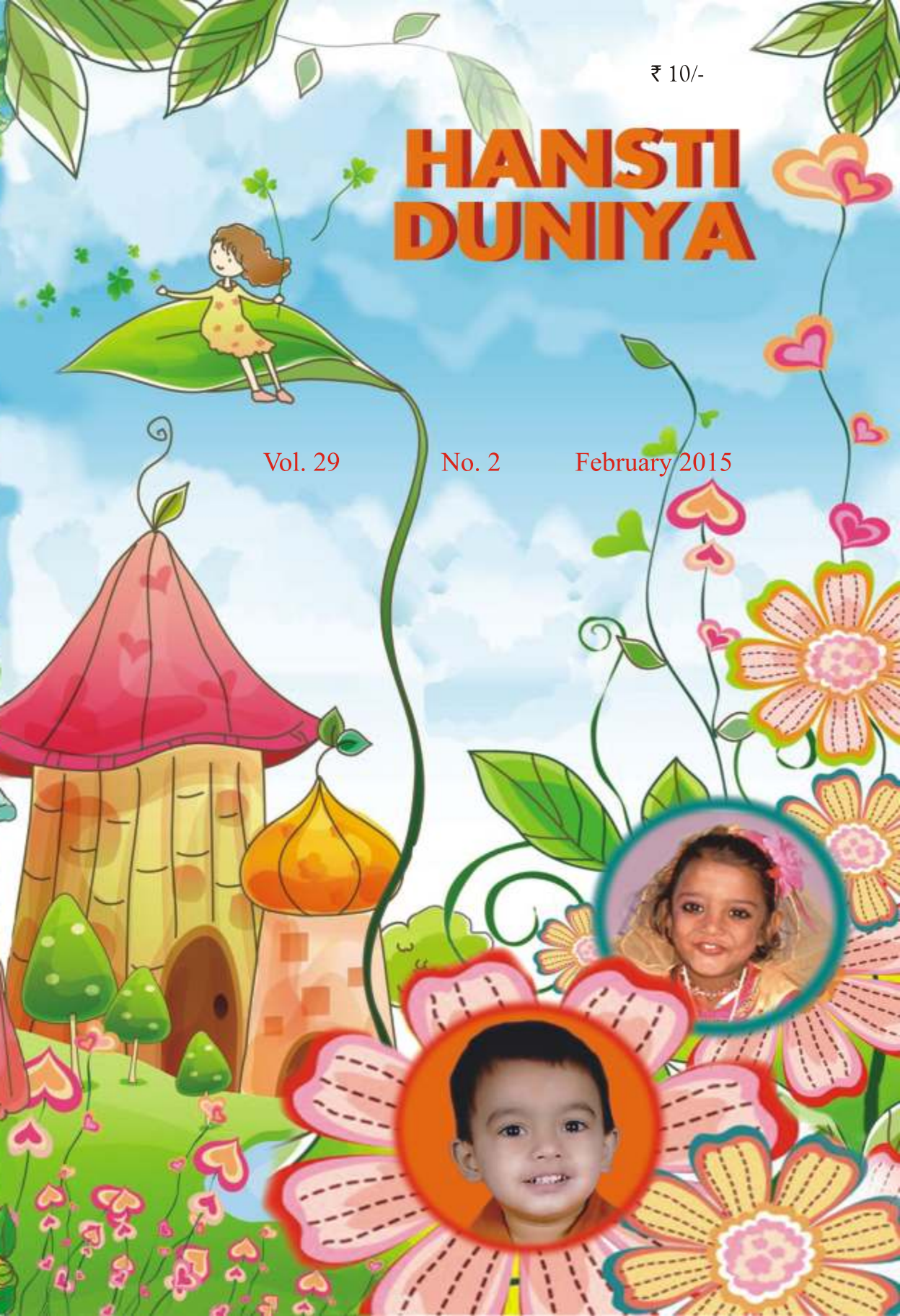
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HANSTI DUNIYA

Vol. 29

No. 2

February 2015





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2015

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First of All

A teacher entered his classroom and called a boy near him and asked him a few questions. The questions were like this:

- Should we commit theft?
- Should we envy anyone?
- Should we insult anyone?
- Should we cheat anyone?

The child said 'NO' to all questions. The teacher called all the students of the class one by one and put them the same questions. The teacher was happy and amazed as well, as each student had replied in negative to all questions.

The teacher was happy to note that the children were well aware about ethical and social values; and was, at the same time, amazed as he knew that in spite of having such knowledge, the life style of children was not accordingly.

It is a matter of surprise that sometimes we speak truth and sometimes not. This is happening as a continual process. We speak lie and, in order to prove it to be true, add on telling lies over and over again.

The children follow what they observe. It becomes a source of their inspiration and forms a part of their behavior for lifetime which they cannot change, even if they want to at a later stage. Hence, it is the foremost duty of elders to act in a manner as is expected of them. If elders do not tell lies before children, the children will automatically speak truth and will lead a truthful life. If elders avoid criticizing, envying or insulting in the society at large, then children will learn respecting everyone automatically.

Dear children, please bear in mind that we must follow only the right course of action, and not the other one. If we happen to know the rights and wrongs of a matter, we should do only those deeds which do not let us down not only in the society, but also in our own eyes.

—Vimlesh Ahuja

Hansti Duniya

THOUGHTS TO PONDER

- » Realise that our hunger for happiness will remain, unless we share in the bread of peace and joy.

—Surjit Dhami

- » Creating an atmosphere of violence is also fear.

—Kailash Satyarthi

- » Spiritual connections are only ever made in the present moment.

—Carolines Gibbs

- » Whenever you are confronted with an opponent, conquer him with love.

—M.K. Gandhi

- » Kindness does not benefit the receiver alone but also the others involved.

—Meenakshi Kanda

- » There is always a light at the end of the tunnel

—Dina Sabnani

- » The human mind has been likened to a bird, which can fly in any direction in the vast open skies of life. It is therefore, for the individual to give it proper direction. It must fly to the places where it finds sweetness and coolness

—Nirankari Baba

- » The question is not so much whether there is life on Mars as whether it will be continue to be possible to live on earth.

—Jack Handy.

- » A tree is known by its fruit, a man by his deeds. A good deed is never lost. He who sows courtesy reaps friendship and he who plants kindness gathers Love.

—Navneet Bansal, London, UK

Ik Tu Hi Nirankar - 102

SIKH GURU DA DAM DAM PAL PAL DAS HI BAN KE REHND A EY.
OHO KAR KAMAVE GURSIKH JO KUJH SATGUR KEHND A EY.
LAKH SIANA HOVE GURSIKH PAR APE NOON MOODH GINE.
LAKH HOVE SIKH DAULAT WALAGUR CHARANAN DI DHOOD GINE.
GUR BAR UTTE AKE GURSIKH JANON KIH MUK JANDA EY.
BHULL BHULEKHE VI JE BHULLE SAH ISDA SUK JANDA EY.
GURSIKH NOON NAHIN ICHHA PHAL DI KARAM SADA NISHKAM KARE.
KAHE AVTAR IHO JAHE SIKH DA SATGUR RAUSHAN NAM KARE.

Gist : Thou Formless One

The disciple of the True Master always remains a humble servant;

The disciple does whatever is ordained by the True Master.

The disciple may be wise and intelligent, but still he considers himself to be unwise;

The disciple may have countless riches, yet he considers himself to be the dust of the True Master's feet.

At the door-step of the True Master, the disciple surrenders himself completely and finally;

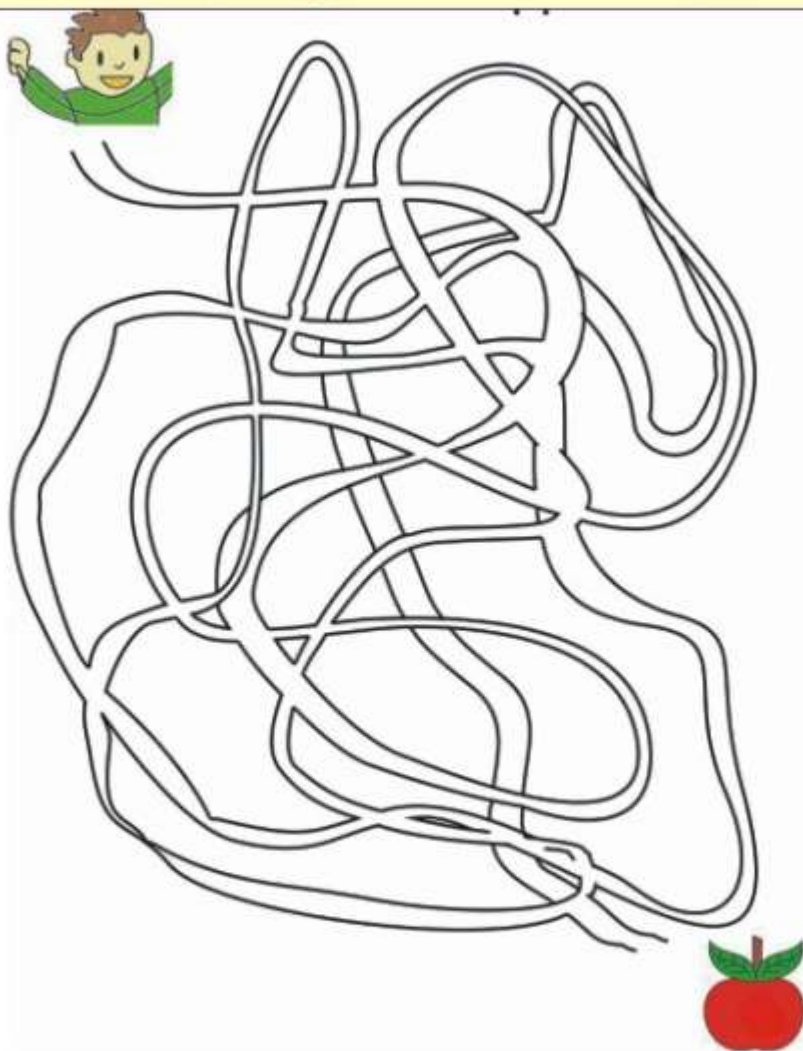
Even if he commits a wrong unintentionally, he feels extremely repentant.

The disciple renders selfless service and does not expect any reward;

Avtar says, the True master confers name and fame upon such a disciple.

—Ankita Rai

Find the Way **And** Reach an Apple



If the way found in half minute, you are Genius.

If the way found in one minute, you are Talented.

If the way found in more than a minute, you need to improve.



The Best Teacher in the World

— Sanjay & Priya Tandon, Chandigarh

Mrs. Joel was the new class teacher for class IV. This class was unusually bright, except for Malika whose eyes looked sad and dull, as if she was far, far away. Her work like her appearance was sloppy and messy. She never seemed to have done her homework or have prepared for any class test. As the months passed Mrs. Joel developed an irritable attitude towards Malika. When the half-yearly examinations were conducted, Mrs. Joel sat down to prepare the report cards. She was toying with the idea of recommending Malika's case for repeating this class. Some inner instinct told her to ask Malika for her old records. The next day Malika brought her old report cards in a dirty plastic folder. Mrs. Joel sat down to read the old report cards.

Kindergarten Report: An unusually well behaved and organized child. She is always full of fun and laughter.

Excellent! Class-I Report: Malika is a joy to have around. She is always ready to help with class projects. Has a way with numbers.

Keep it up! Class-II Report: Malika is an intelligent and hard working child. We understand that her mother is indisposed. Perhaps her father could put in more time for her?

Class-III Report: Malika is trying hard to maintain her zest for life. After her mother's death she needs more attention and love from others at home. Request: Father, please put in your best.

By now Mrs. Joel could barely breathe. She realized what was happening. She made up her mind that Malika was not going to repeat the class; instead she was going to do as well as she had in class KG and in class I. Mrs. Joel started paying special attention to this neglected child. She was made class prefect and was made to sit in the front row in class. Malika was made to assist the teacher in preparing charts, class projects, posters and the like. Mrs. Joel would put her arm occasionally around her little shoulders and say, "Malika you are a great girl."

Day by day, Malika started regaining her confidence. She started studying well. Basking in the sunshine of Mrs. Joel's special attention and care, she cleared her final tests with distinctions. Malika moved on to class V, but Mrs. Joel maintained her contact with her. Malika would seek her attention after school or during break time. When Malika finished her schooling, she hugged Mrs. Joel and said, "Ma'am I am what I am because of you. You are the best teacher in the whole world."

But the story does not end here. Ten years later, Mrs. Joel received a letter from Malika. It said, "Dearest Ma'am. I completed my Computer Engineering degree. After studying from many teachers during these years, I still believe that you are the best teacher in the world. My father died last year. I want to marry a class mate of mine

called Alok Srivastava. Would you be my mother and 'give me away' in marriage to Alok?" The rest was detail.

When Mrs. Joel went for the simple wedding ceremony, this is what she said to Alok: "Young man, you have a precious jewel; see that you deserve it!"

And, this is what she said to Malika, "You have branded me as the best teacher in the world. Do you know who taught and inspired me to try to be that? It was you Malika! You brought out the best in me and I am happy to see that I have been able to bring out the best in you. Remember, whenever you need me, I shall always be there for you." Bhagwan Baba has put it very beautifully saying, "A bad teacher complains; a good teacher explains; the best teacher inspires.

"Teachers are reservoirs from which, through the process of education, the students draw the water of life. "

Golden Words: Try to Follow

There are four sorts of men.

He who knows not and knows not that he knows not.

—He is a fool, shunt him.

He who knows not and knows he knows not.

—He is simple, Teach him.

He who knows and knows not that he knows.

—He is asleep, wake him.

He who knows and knows, that he knows.

—He is a wise follow him.

—Ashok Savti

Hansti Duniya

Empower Yourself

Everyone wants to live in light and remain bright. Fulfilling this dream is quite simple. Just switch on the light or light a candle, there will be no darkness. Choosing or selecting the right path always leads to our destination. To make our life beautiful and wonderful, we will have to walk on the path of positivity. Positivity is like sun which dispels all darkness in our life. Positivity is absence of negativity. When we are positive towards our life, we are full of life. Then we can accept and respect others. We can see positive points in others just because of our positive attitude. When we have negative eye towards them, we become blind, we cannot see any good in them, we cannot talk good of them rather we keep on finding faults in them. As a result of all this, we never come forward to work together and thus never know each other. We also forget that while finding faults in others we are focusing our energy on their negativity and thus wasting our time and energy which could be used for other productive and constructive work. Ultimately we are the losers as we also develop the habit of criticizing which becomes a part of our personality.

Seeds of negativity and criticism cannot create the fruits of positivity and appreciation. The scientific law "As shall we sow, so shall we reap" will also work in our life. Whatever fruit we want to get from a tree, we will have to sow the seed of that particular fruit. Only a seed of mango can create a mango tree, so if we want to make our life beautiful, wonderful and loveful, we will have to sow the seeds of love, beauty and positivity in our life. When these beautiful seeds will be grown into a tree, we will feel blessed, rich and complete. A person who is rich and full can help others also. Then a tree of love, positivity and beauty can never create fruits of hatred, negativity and criticism. Now what this life brings to us will greatly depend on what we bring to this life.

**HAPPY
BIRTHDAY**



Aditya (Dwarka)



Arzoo (Dera bassi)



Yash (Gondiya)



Shivani (Balak)



Manav (Delhi)



Ekampreet (Faridkot)



Manish (Bhangala)



Latika (Agra)



Rahat (Rampurphool)



Nandini (Ghatkopar)



Prithvi (Murtizapur)



Tanvir (Ambikapur)



Vishwas (Shehjadpur)



Vineet (Hinganghat)



Bonty (Kathua)



Hridesh (Kota)



Divyanshu (Gidablura)



Braj (Jabalpur)



Bhakti (Patwardha)



Vishwas (Jwalapur Khedhi)



Vansh (Shehdol)



Anushka (Delhi)



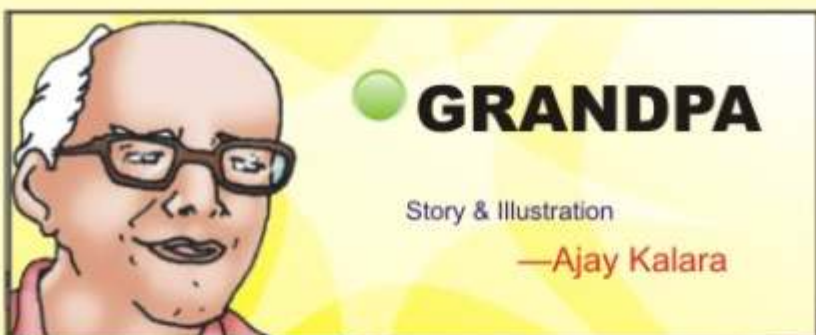
Sakshi (Pachora)

♦ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us at least two months before.

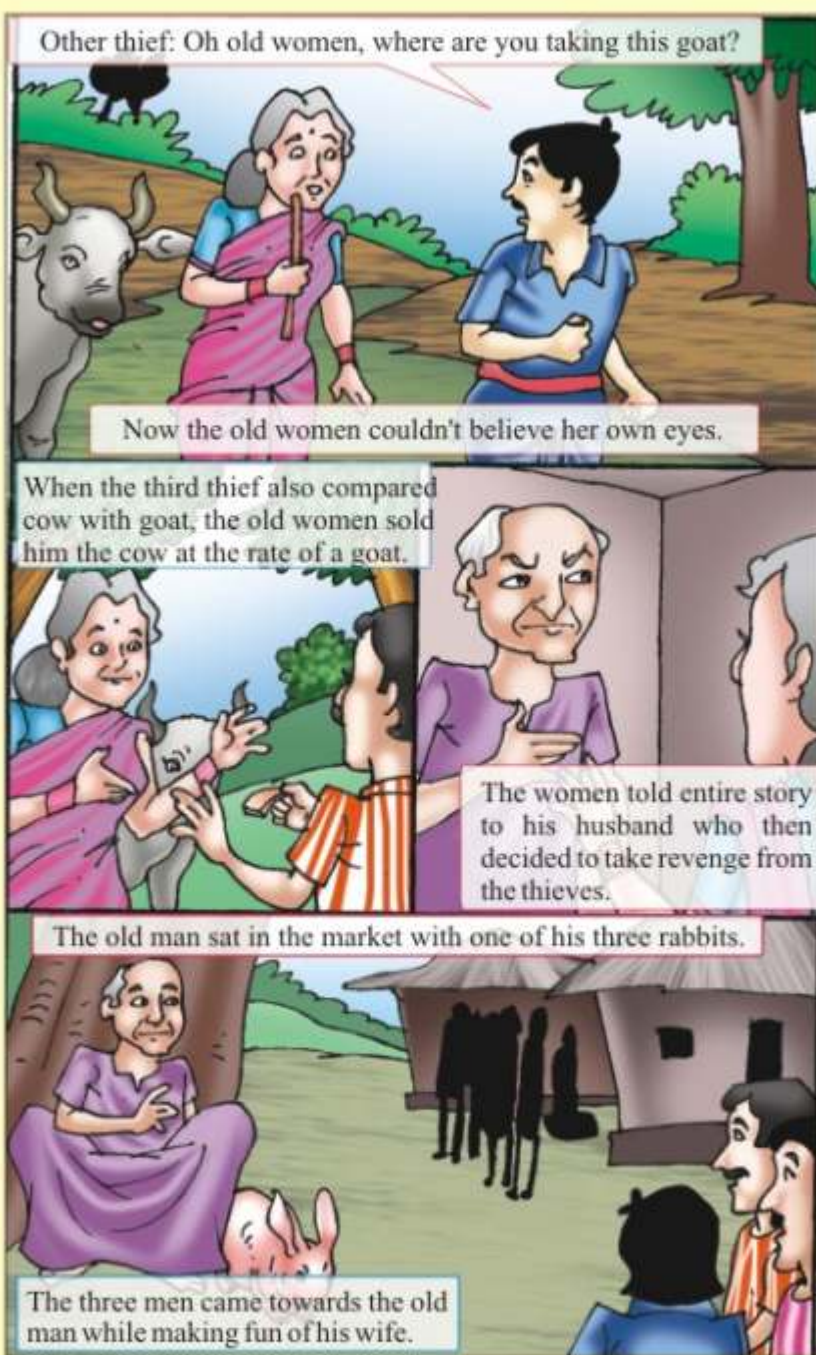
Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
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Chiku, go and tell old women to make halwa poori today.



They went home and saw the old women making the same dish.



Seeing this they bought the rabbit for 10,000 rupees from the old man



See what I did with them.



By now they must have realized what they did with us.

So children this is called "as you sow, so shall you reap"
That is why, never hurt or harm others and also be aware in life.



ABOUT 10 CRORE PLANETS IN THE GALAXY HAVE SIGNS OF LIFE

Washington: According to a recent research, there are about over 10 crore planets in the galaxy which might have a life possibility. The researchers have developed a computer system which collects data about planets moving around various stars. This would enable to maintain an as accurate record as possible of those planets having survival conditions for creatures bigger than the ones at microbiological levels.

The scientists, in an article published in 'The Challenges' said that "the research does not indicate any complicated conditions of life. What is being claimed is that there exist conditions necessary for a life on earth. Only necessary living conditions have been studied, ignoring any fertility consideration".

According to the research conducted under leadership of Prof Luis Erwin of University of Texas, El Paso, "uncomplicated life does not mean intelligent life. Only the existence of life of creatures like animals is not being ruled out".

A METAL EATING TREE FOUND

Australia / Philippines : The scientists of Australia and Philippines have identified a tree which eats nickel metal. Its name is Renoir Nickoliphera. It has a height of 1.5 to 1.8



meters, and its trunk is 13 centimeters thick. Its fruits have a diameter of about 1 centimeter. The amount of Nickel produced from leaves

of this tree is about 1000 times more. This tree is normally found in a mountainous area as well as plains of the Luzon Island in Philippines. The metals are found in abundance in this area. Scientists believe that the plants of this tree are able to segregate the soil and the metal. According to scientists, the plants of this tree do now develop in a natural manner if sown in different soil and environment.

ANIMALS ALSO FEEL FRIENDSHIP

California, U.S.A.: A goat, named Mr Mister was admitted to a veterinary asylum. However, the goat looked unhappy. It was found out that this goat had a donkey friend called 'Jellybean' and that these two were separated a few days earlier. The specialists separating them had no idea about the friendship between these two. But they did note that ever since the goat was brought to the new place, it started looking sad. It would neither eat nor drink. It laid at one place for six consecutive days. One day, the goat heard the voice of 'Jellybean' the donkey friend. He was very happy and went out of the asylum and met the friend. Within 20 minutes of the reunion, the goat started taking its food.

Months Got their names

— Namrata

January

From Janus as ancient Italian two faced God

February

From Fabrus the Roman God

March

From Latin word Martius

April

From Latin word Apolist

May

From Maia, mother of mercury

June

From Juno, A Roman myth says Juno was wife of Jupiter
queen of Gods and Goddess of marriage.

July

From Julius Caesar

August

From Roman empire Augustus

September

From the Latin word Septem, the harvest month of the year

October

From Latin word Oct which means light

November

From the Latin word Novem the ninth month of Roman
Calendar

December

From Latin word Decem which means tenth month of
Roman Calendar

The Mice and the Elephant

THERE was once a region void of inhabitants, where houses and temples had fallen into decay. Amid the ruins a colony of mice had lived for generations in an endless series of holes and runs, passing their time in attending festivals, dramatic entertainments, wedding-feasts, eating-parties, drinking-bouts, and other kinds of merry-making. One day an elephant-king, with a herd of over a thousand, hearing there was water in an adjacent lake, came to quench his thirst. And thus it happened that, as they trampled over the holes of the mice, large numbers of them were crushed to death.

Then the survivors held a consultation, and they said: 'We are being slaughtered wholesale by these lumbering elephants. If they come this way again there will not be one left to perpetuate the race. As the proverb says: "The mere touch of an elephant is fatal, and the sniff of a serpent causes death. Kings kill with a smile, and base persons destroy by flattery." Let us therefore consider some effective means for use in the present emergency.'

When they had decided upon a course of action, a party of them went to the lake, bowed before thy elephant-king, and respectfully addressed him: "O King! "Not far from here are our dwellings, duly inherited from a long line of

ancestors.
There for
generations
, with our
families,
have we
lived and
prospered.
But now,
through
y o u r
c o m i n g
here for
water, we
are being



destroyed in thousands. In fact, if you travel that way again there will be none of us left, and thus our line will become extinct. If, then, you feel any compassion towards us, pray use another path, because it may be that you will stand in need of our services at some time or other.' And the elephant-king, deeming their request perfectly logical, consented to use another path to the pool.

Now it came to pass, in course of time, that a certain king commanded his elephant-trappers to go to the forest and trap elephants. So they made a net of stout ropes, surrounded the elephant-king with his herd, and, three days later, dragged him out of it with strong tackle and tied him to thick trunks of trees in that very bit of forest.

After the trappers had gone the elephant reflected: 'In what manner, or by whose assistance can I get free?' Then it occurred to him: 'We have no means of deliverance apart from those mice.' So he instructed an old consort of his, who had kept clear of the net, to go and inform them of his misfortune at the hands of the trappers.

When the mice heard of the matter, being eager to requite the former favour, they gathered by the thousand, and sought out the elephant herd. Seeing king and herd firmly fettered, they instantly gnawed the ropes where they stood. Afterwards they swarmed up the trees, and, by cutting the cords above, set all their friends at liberty. ■

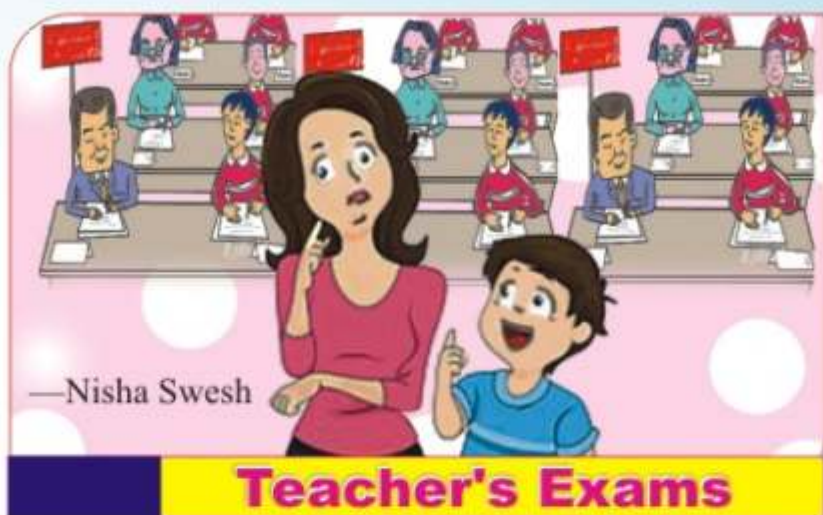


Give us Daily Awareness

—H. S. Rice

On life's busy thoroughfares
We meet with angels unawares—
So, Father, make us kind and wise
So we may always recognize

The blessings that are ours to take,
The friendships that are ours to make
If we but open our heart's door wide
To let the sunshine of love inside.



One day the roles were reversed at school. Up by the teacher's big desk, on the raised platform and in front of the blackboard, were all the students. All twenty-five of them sat sternly looking down at the rows and rows of pupils' desks.

And in desk number one, row number one, sat their teacher. On one side of her desk was a pile of blank papers; on the other side, papers and pencils. The teacher was ready to take an exam and the students were giving the exam. They were in charge. They were asking the questions—difficult question to test teacher's long years of teaching.

Johnny Appleby tapped the big desk. "May I have your attention, Teacher, for the first question?" he said solemnly. Teacher looked up, her pen poised over a blank sheet. "Write in ten words or less," Johnny continued, "why I gave up football for table tennis. Please pay particular attention to you spelling and punctuation."

Teacher hesitated for a moment, her brow wrinkled in thought, then she wrote.

Judy Brown stood up. She moved to the blackboard. Picking up a piece of chalk she wrote, "Who was the best rope skipper in class this year? And how many times could she skip in five minutes?"

Teacher chewed nervously on the tip of her pen. Then she began to write furiously on her paper.

Another girl, Wendy Weems, stood up. She held a paper in her hand. Reading from it she said, 'Write three paragraphs please, on the best places to hide chewing gum during class.'

Teacher thought hard for a moment. Then she bent over her exam paper and scribbled hurriedly for a minute.

Paul Chilvers stood up. 'And now for you final question, Teacher,' he said. 'Who was best at top-spinning in school last year and who did that person defeat for the championship?'

Teacher stared at the paper before her. What a difficult exam she thought to herself. Was it as hard as the ones she gave her pupils? She squirmed in her seat. She twisted and turned and twisted and turned and twisted and turned...and rolled out of her bed back home.

'Goodness, it was only a dream,' she sighed, standing up. 'But now I know what exams are like. I'll cancel the one I've planned for today. Instead, the class and I will take a long restful walk in the country.'

* When in doubt, tell the truth. —Mark Twain

* Humanism is the bedrock of true religion.
— Nirankari Baba

Holiday

Article : D. Raj Karnwal



God, they say, created the world in six days and on the seventh day rested. We too observe Sunday as a rest day or holiday.

Holidays are necessary to break the dull monotony of continuous labour and hard work. If there were no holidays or break from our daily routine, we would have gone mad and crazy. God in his wisdom has provided checks and counter checks for everything. For day, there is night, for life is death, for despair is hope, for success failure and for earth the sky. The list is inexhaustible and endless.

So, holidays are very essential for the smooth running of life. They put new life and vigour in our sagging vitality. A soldier must give rest to his arms to be more effective, a machine must rest for some time for better and longer use. The human body is like a machine. If we over-work it, the result is anybody's guess. There is a limit to every thing.

For students too, the holidays are essential. All work and no play or rest, will make them dull Jacks. The rigors of present day studies are well known and need no elaboration. From morning till evening they are up and

doing. The strain is too much, especially in the scorching summers and icy-cold winters. It is for this reason that the schools are closed for summer vacations and winter breaks. These holidays are, in fact, intended to give them respite from the dull routine of school discipline. But what do we find? Huge assignments and Projects are loaded on their backs, with the result that all their zeal and enthusiasm is dried up. The springs of their joy and happiness are frozen. They feel cheated and jumping from the frying pan to the fire.

How nice it would be if these holidays are made to look like Holy-days, without any strain and stress. Let them wake up in the mornings with a light heart, go out to parks and nearby gardens and listen to the music of the birds. Let them be in tune with the benevolent nature for sometime and return home a little wiser. Let them enjoy their cups of milk or coffee with the parents. Let them go through the pages of the news papers and their favourite columns of sports. Let them read books of interest and enrich their knowledge. Left to them selves they will themselves revise their lessons, enjoy mid-day siesta, relish evening tea and snacks enjoy the evening T.V. programmes and have sound sleep in the lap of cool nights. Holidays so-spent, will prepare them better for their coming battle of the books and examinations.

Thought

Religion can be depended only by the purity of its adherents and their good deeds, never by quarrels with those of other faiths.

—Gandhi Ji

HD ANSWERS

—Maharaj Singh (Sultanpur)

Que. What is more evil than the evil deeds?

Ans. Not to accept the evil deeds.



—Rahul Rai (Azamgarh)

Que. Grandpa what's the most auspicious time in life?

Ans. The time of Self-retrospection.

—Jotish, (Dehradun)

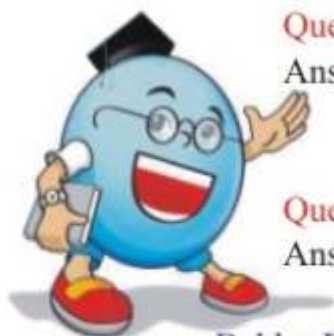
Que. Why does a man blame his destiny for the misdeeds he commits?

Ans. Because he dares not to face the consequences of his misdeeds.

—Avnish Gulati (Chandigarh)

Que. What is the greatest enemy of man?

Ans. His ego.



—Ankita Rai (Delhi)

Que. Is riches a necessity of life?

Ans. Yes, but not the riches alone.

—Baldev Raj Nirankari

Que. Why is the path of truthfulness full of impediments?

Ans. In fact, the so-called impediments are the tests of one's truthfulness.

—Sunil Nagpal, Delhi

SAVE-SIGHT

Nutritional blindness occurs when supplies of vitamin A stored in the body run out, when replenishment is insufficient, or when intestinal absorption is hampered by infection or protein-energy malnutrition. Vitamin A is obtained from animal products like liver, milk, butter or eggs, containing a preformed vitamin A called retinol, or from dark green leafy vegetables or yellow vegetables and fruit containing a pro-vitamin A called carotene which can be metabolised by the body into vitamin A.

Vitamin A deficiency strikes most dramatically at the eyes, producing night blindness (vision is impaired at night), and dryness of the eyes leading eventually to ulceration of the cornea and necrosis of the eye. Even mild states of deficiency will make children more vulnerable to gastrointestinal and pulmonary infections, and may increase the mortality caused by these diseases.

Young children are the most vulnerable, since their vitamin A needs are relatively higher and they are more prone to febrile illness that rob the body of the vitamin A. The younger the child and the more severe the deficiency, the higher the risk that corneal destruction will be followed by death. Sixty to seventy per cent of all untreated victims die within weeks of going blind.

A Matter of **Self-Respect**

Once a trader was moving from one village to another. Suddenly, three thieves attacked him. The trader bravely faced them. Being alone against three, the trader exhausted after giving a brave and long fight. The thieves got control over him.



The thieves searched all his pockets with anxiety. They were confident that the trader had a lot of money since he had given them a good fight.

But the thieves were stunned as they could barely find four or five coins after a thorough search of the trader.

One of the thieves could not resist from asking the trader, "You fought with us just to save such a meager amount? Had you possessed a few gold coins, you would have almost killed us."

The trader replied, "It is not a matter of small money, but of self-respect. I do not wish to show my poverty to others. What is in my pocket is my own concern and not a business for others to know. Why would I let others know about it? I can lay my life for the sake of my self-respect."

The thieves were taken aback to hear about the self-respect ...and quickly moved away in silence.



Find What

Complies by : Maharaj Singh, Sultanpur

Q. Start with 'P' and end with 'E', but I have thousands of letters?

A: Post Office

Q. When you do know me about me, then I am definitely something. You will always search for me. But when you know me, I am nothing?

A.: I'm a Riddle!!

Q.: I have all the knowledge you have. But I am small as your fist that your hands can hold me. Who am I?

A.: I'm your brain!

Q.: I am the biggest alphabet, as I contain the most water in the world. Who am I?

A.: Alphabet 'C'

Q.: I have 28 days in a month. Which month I am?

A.: All months in a year have 28 days and many have more than 28 days.

Q.: Find me who am I. I am the building with number stories.

A: A Library

Q.: Scientists are trying to find out what is between earth and heaven. Can you find me?

A.: And

Q.: What is the word that is spelled incorrectly in all dictionaries?

A.: Incorrectly

Q.: Everyone in the world break me when they speak every time. Who am I?

A.: Silence

—Dimple Bawa, Delhi

Benefits of Groundnuts



Groundnuts are rich in energy and contain several nutrients and antioxidants that are essential for optimum health. They are a rich source of minerals like copper, manganese, potassium, calcium, iron, magnesium and selenium. They provide essential vitamins that help in regulating metabolism, converting fat into energy and facilitating bone and tissue formation. They contain Vitamin B3 which boosts memory and helps lower and control cholesterol levels. Groundnuts also contain zinc, good for protecting brain function, and boron, which helps to maintain strong bones.

Groundnuts are very beneficial in the treatment of hemophilia and other related blood disorders. The regular intake of groundnuts helps to decrease the effects of ageing while preventing several cardiovascular disorders, such as stroke and heart attack. They also help to combat depression, aid in blood sugar regulation and reduce the risk of colon cancer.

Groundnuts are also recommended for growing children as they provide immunity against dangerous infections like hepatitis and tuberculosis.



Improve your Grammar

—Vikas Arora (Rewari)

Choose the right option

1. We recently bought ten _____ of fancy coloured diamonds.
a) CARROTS b) CARATS
2. What is the plural of Hypothesis ?
a) HYPOTHESES b) HYPOTHESIS
3. His assistant's main _____ is Internet research.
a) FORT b) FORTE
4. Find out which letter is silent while pronouncing the word 'FOREIGN'.
a) N b) G
5. He loves living _____.
a) ALONE b) LONELY
6. Everyone was _____ by surprise when she announced her plan to marry that boy.
a) TAKEN b) SHAKEN
7. Form adjective from the word 'STORM'.
a) STORMY b) STORMINESS
8. I _____ him for the job and he got it.
a) RECOMMEND b) COMMEND

Answer Sheet	1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

"ODE TO THE LORD MASTER"

—Amolak Singh Bhatti, Chandigarh

Thou have arrived
In all thy glory
With knowledge supreme,
And worlds in a scurry.

Masses are amazed
At your mere glimpse
There bloated egos
Make them shrink.

But storm of Truth
So strong and vast
The ignorance and gloom
Can never long last.

Since thou art the path
And thine is the light
Seeing myself
In thy mirror so bright.

Makes me realize
The Truth eternal
I've shed the bonds
Worldly, material or parental.

Knowledge of God
Is the knowledge of self
Who then cares for
Power, pomp and pelf.

Perfect master is the door
If salvation is your wish
Submit yourself at "Hardev's" feet
There lies the eternal bliss.





History of National Science Day



Science is very important for improving the living standards of man and we celebrate 28 February as National Science Day. The event is now celebrated in many institutes all over India . On the occasion of the first National Science Day on 30 May 2000, the NCSTC announced the National Science Popularization awards .It recognizes outstanding efforts in the field of science communication and popularization. It brought him many accolades which included the Nobel Prize in 1930. The American Chemical Society designated the 'Raman Effect' as an International Historic Chemical Landmark in 2013.

National science day is celebrated as one of the main science festivals in India every year during which students of the schools and colleges demonstrates various science projects as well as national and state science institutions demonstrates their latest researches. The celebration also includes public speech, radio-TV talk shows, exhibitions of science movie, science exhibition based on themes and concepts, watching night sky, live projects and researches demonstration, debates, quiz competitions, lectures, science models exhibitions and many more activities. Many programmes are held to popularize the science and technology in the country. This day builds awareness towards the field of science in the minds of budding generations.



**Do you know who gave us
the following **slogans**?**

1. Jai Jawan Jai Kisan.
2. Jai Hind.
3. Inqalab Zindabad.
4. Aaram Haram Hai.
5. Freedom is my birth right.
6. Saare Jahaan Se Achchha Hindustan Hamara.
7. Bande Maatram.
8. You give me blood, I will give you Freedom.
9. Jana Gana-Mana Adhinayak Jai Hai.
10. Quit India.
11. Shoshan Nahin Poshan Karen.

Answers

1. Lal Bahadur Shastri.
2. Subhash Chandra Bose.
3. Bhagat Singh.
4. Pandit Jawahar Lal Nehru.
5. Bal Gangadhar Tilak.
6. Iqbal.
7. Bankim Chandra Chatterjee.
8. Subhash Chandra Bose.
9. Rabindra Nath Tagore.
10. Mahatma Gandhi.
11. Nirankari Guru Hardev.



Improve your Grammar

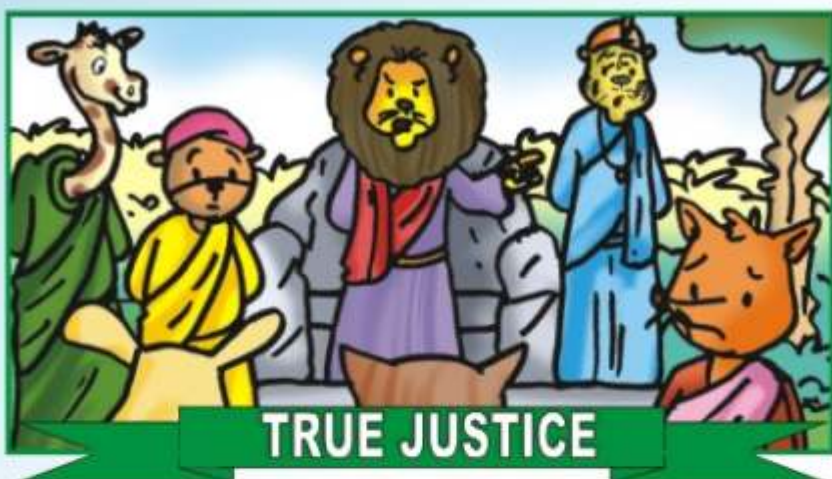
Answers:

1	2	3	4	5	6	7	8
B	A	B	B	A	A	A	A

Q.No.

Explanation

1. Carat is a unit of weight equal to 200 mg and is used for measuring gemstones and pearls. Carrot is an orange-coloured vegetable.
2. The plural of Hypothesis is Hypotheses, not Hypothesis. A hypothesis is an idea or explanation made as a starting point for further investigation.
3. Forte means an area of expertise. It refers to a person's skill in a certain field. Fort is a fortified building.
4. While pronouncing the word 'FOREIGN', the letter 'G' is silent.
5. ALONE means without any companion. LONELY suggests that someone does not want to be alone and is unhappy.
6. If something takes you by surprise or if you are taken by surprise at something, it happens when you are not expecting it.
7. STORMINESS, a noun, is the state of being stormy.
8. If you commend someone, you praise him. But if you suggest me that he is a suitable person for a job, you recommend him to me.



—Child Story: Rajendra Yadav 'Azad'

The king of Champak Van, Singhraj, was known for his justice. All the animals of the jungle narrated interesting incidents about the quality of his justice. The animals of neighboring jungle, Neeraj Van, were amazed at the unique justice stories of Singhraj.

One day, the king of Neeraj Van, Baghsingh, was presiding his court. Mona, the fox entered and, after a courteous bow, said that Veeru, the rabbit, had stolen her gold chain. He was roaming freely in the jungle wearing that chain. "Please, be good enough to get me my chain back".

The king Baghsingh ordered Pankaj, the bear, to fetch Veeru to the court. In a short while, Pankaj bear brought Veeru to the court. The king wanted to have information about the chain. Veeru said sarcastically, "Sir, it is my own chain. Mona has told a lie before you. Please, give her a severe punishment". Soon, a heated argument started between Veeru and Mona in the court itself. Both started blaming each other.

The king made both of them silent and put several questions. But none of them gave satisfying replies. The king

could not do justice. He ordered them to be present in the court the next day. The king consulted his adviser, Gajraj, the elephant. Gajraj said, "Sir, you may wish to have this problem solved with the help of the neighboring king, Singhraj. He is famous for imparting right justice as he has not done injustice to anyone so far." The king of Neeraj Van, Baghsingh, went and introduced himself to the king of Champak Van, Singhraj and explained him the reason for his visit. The king instructed his minister, the peacock to summon both Veeru and Mona in his court.

The peacock presented both of them. The court officer, Mannu, the jackal, put both of them in the culprit box.

Singhraj heard both of them and put several questions to them. Hearing their replies, the king could make out that the golden chain belonged to none of them. However, the clever Mona had replied correctly to king's questions. Therefore, the justice appeared to be going in her favour. But the king knew that it won't be true justice as the real owner was someone else. Having considered the matter seriously, the king decided, for the sake of true justice, to find out the real owner of the chain. Taking the chain from Veeru, the king Singhraj said, "Certainly, this chain belongs to none of you. Tell me the truth. Whom does this chain belong to?"

Hearing the loud roaring voice of Singhraj, both of them stood like statues. The just king ordered his sepoy Vinu, the deer and Gabru, the camel to whip 100 lashes on each of them. Hearing this punishment, Veeru started crying and with folded hands said, "Sir, the chain is really not mine. It was brought to me by Mona for sale. But I got greedy and kept the chain without paying her."

Hearing Veeru's version, the king asked Mona, "Mona, tell me exactly, otherwise you will get yet harsher punishment."

Hearing Singhraj's loud and stern voice, Mona said crying, "O' the King of Justice! I had gone to see ailing friend, Minu, the goat. I stole it from her house. I thought Minu was sick and wouldn't know the stealer. Sir, I didn't realize that I would land myself into trouble for this fake copper chain."

Returning the chain to Baghsingh, the king of Neeraj Van, Singhraj said: "Dear King! You may wish to return the chain to ailing Minu. And give these both culprits hundred lashes".

He further said: "Had any one of them be the real owner of chain, he/she would have remained firm in claiming the chain to be of gold, in spite of my insisting and repeatedly enquiring it to be of copper. I could, therefore, make out from their replies that the real owner of the chain was someone else".



In this manner, the King Singhraj imparted real justice and once again surprised everyone. All the court officials and people shouted win slogans for a renowned king of justice, Singhraj.



PHOTO FEATURE



Listen, I am Hardik, you did not recognise me.

Yes I can recall a little bit. You are hardik.—Anvesha (Jalna)



I am amazed your memory, you might not even remember my name is Nandita.



I am also thinking the same thing. What has happened to people these days, they don't remember anything. —Sarthak (Jalna)



No no, its not like that, see I fully remember your name.

—Mehak (Faizabad)

To keep my mind sharp and improve my memory, I am sitting in lap of nature.

—Veehan (Bikaner)





Photo Feature

My teacher teaches good things everyday. I am presenting her this bouquet.

—Vivek (Goregaon, Mumbai)



Namaskar in your Holy Feet. My mother has taught me to do namaskar —Navya (Rajpura)



My mom has brought this red dress for me today from market.



Have a look at my new wonderful sandals.—Sidhhanth (Ganganagar)



Look at my new cap, this shirt is matching with this, isn't it? —Hiten (Jalna)

I will wear this long dress to my school fancy dress competition.

—Pari (Amravati)





Photo Feature

You people will keep talking or will you look at my red-blue new dress. —Raj (Sangli)



I am sitting here and relaxing as wait for my football team.

—Arjun (Pajento)



We will all walk together and when we walk together will this country progress.

—Mahi (Jalna)



I will walk in front with this tricolor flag in my hand.

—Kunal (Nirankari Colony, Delhi)



Yes-yes, we must move ahead with unity. We must stay together as brothers.

—Sandeep, Sachin (Hinganghat)



I am also convinced fully with you people. Where there is love and brotherhood, only there can progress.

—Pratham (Chandigarh)



Hansti Duniya

SMSES of the month



- » When there is love in your heart ,every thing outside of you also become lovable. —Gold, Gurgaon
- » Sometimes a short walk down memory lane is all it takes to appreciate where you are today. — Praveen, Delhi
- » Honest relations are just like water ,no colour, no shape, no place ,but still very important for life. —Barkha, Karnal
- » If you want to know someone mind listen to their words, if you want to know their heart ,watch their action. —Yograj Thakur, Mandi
- » What is birthday. The best answer given by Dr. A.P.J. Abdul Kalam," The only day in life ,where your mother smiled when you cried". —Himanshu, Delhi
- » Learn to love without condition, talk without bad intention .Give without any reason and most of all care for people without expectation. —Nitika Dev, Pandoh
- » Tolerance is a amazing suspense for other persons...when you tolerate anything other person thinks about you and that is the big suspense. — Sanchita, Dera Bassi.
- » Life is short. There is no time to leave important words unsaid. —Pooja, Dhirpur, Delhi

CROSSWORD

— Vikas Arora (Rewari)



Left to Right ▶

1. A figure with ten straight sides and angles is known as _____.
5. Short form of 'Reverend'.
6. Refer to the female already named hidden in 'JAMSHEDPUR'.
7. Took food.
8. Mumbai is famous _____ its textiles.
9. Mount _____ is a famous tourist place of Rajasthan.
10. A barrier across the river used to store water and generate electricity.
12. A place where famous Leh palace and Leh monastery are located.
13. A famous city of Australia: YYSEND.

Up Down ▼

1. Plural of Dog.
2. Form adverb from the word 'CAREFUL'.
3. Lord Krishna lifted this mountain on His finger.
4. The organ of smell.
9. A small insect which lives in organized colonies.
11. The mother of Jesus Christ was Saint _____.

Winners of December Issue

Ist :	Ayushi 7/5 Nirankari Colony Delhi	Age 13 Years
IInd :	Sahil Verma B IX 25 Inside Quilla Mohala Barnala (Punjab)	Age 12 Years
IIIRD :	Yash Dattatray Chauhan Ganesh Nagar, Yeola Nashik (Mah.)	Age 13 Years

Consolation Entries

Neeraj Kumar Gautam (Surender Nagar Rawat Pur Gaon)
Kanika (Kelawati Rohtani Pimpri), Sadhik Kapoor, Jammu,
Kavish Vivaan, Pratap Public School, Amandeep Singh, RCF,
Kapurhala, Shobhit Walia, SBS Nagar, Ludhiana, Shirsti
Singh, Allahabad. Simran Chittoria, Jipmer Campus,
Ponicheery, Navita (Shivalik Nagar, Solan), Krishna Yadav,
(Bhageswari, Bhiwani, Hry.) Paras, (Brahmpuri, Ambala).

Competition for February

On page 46, a beautiful picture is given; colour it and send it to us latest by **March 20, 2015**. The best three will be awarded suitable prizes.

The result will appear in **April 2015 issue**. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Colour it



NameAge.....

Address

.....

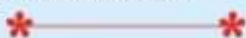
LAUGHING TIME

By . Sakshi Gulati, Chandigarh

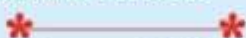


Teacher: One day our country will be corruption free, which tense is it ?

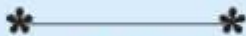
Student: Future impossible tense.



A man found Rs.100.He went to 5 star hotel for dinner. There, his bill was Rs.3000/-. When he said that he has only Rs.100/-, then Manager handed him to Police. He gave Rs.100/- to Police and was set free.

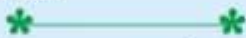


When asked how he would like to die, the man told:'I would like to die just like my grandfather did, peacefully in his sleep, not screaming or yelling like the passengers in the car he was driving.



Student : I failed in my English test

Teacher : Impossible.



The teacher asked for sentence using the word 'beans'
My father grows beans.....said a girl
My mother cooks beans said a boy.
Then a third child spoke " We are all humanbeans",



Q: How was the paper ?

A: It was easy, but question No. 5 confused me.

Q:What was that?

A:Question five wanted the past tense of "Think"

I thought and thought and thought and end up with writing
"Thinked"



An illiterate father with his educated son went on a camping trip. They set up their tent and fell asleep. Some hours later, father wakes his son and asks, Look up to the sky and tell me what you see?

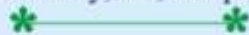
Son :Astronomically. It tells there are millions of Galaxies and plants.

Father(Slaps the son hard and says):"Idiot some one has stolen our tent"



Customer : Waiter, there is fly in my soup.

Waiter : Don't worry, Sir, it is probably dead.



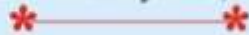
Woman (in the bus) Is the bus running on time?

Conductor : No Madam, it is running on wheels.



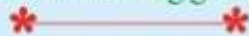
Man: Hum to udti chidya ke par gin late hain.

Santa: Is mein mushkil he kiya hai,2 hi to hote hain.



How do you know carrots are good for your eyes.

You never see a Rabbit wearing glasses.



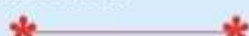
Suman: Why did you cut a hole in your umbrella?

Nisha: So that I could tell when it stops raining.



Teacher : Johny, how can you be such a perfect idiot?

Johny : I practice a lot.



Manager : Do you believe in re-birth?

Clerk : Yes, Sir.

Manager : Then, it's okay. Because your brother, for whose death you had taken leave last month, is here at the reception waiting for you.

—H.S. Nirman, Chandigarh

Think Globally



Think globally and act locally;
Thought and action reciprocally.

My floor might be someone's roof:
Both inter-depend, neither aloof.
The multi-storey life is set focally.
Think globally...

The environment says: "Love, Love, Love".
The ozone-tent says: "Love, Love, Love".
Why not talk love more vocally.
Think globally...

Different is the grammar of songs and prose,
Break all barriers and come close.
The folk-songs are sung very colloquially.
Think globally...

Common is the pleasure and common is the pain:
Common is the loss
and common is the gain.
Why do you think anything parochially ?
Think globally...



Have Your Say

The editorial: Good wishes from heart is Excellent. The Editor has given readers a unique thought by writing- Let us first sow in ourselves the seed of purity, cleanliness, modesty. Which, when fully ripened, will bless us with blissful fruits. Thoughts to Ponder compiled by Hardik Khinda are most useful for the readers. The stories selected are very interesting for the young children, Prince Reborns as a King, King's True Religion, One's own qualities gives children good lesson. By reading article Zoo, readers learnt so much about animals. Article about lives of very important leaders e.g Sh. Lal Bahadur Shastri and Lala Lajpat Rai (whose birthdays are in the month of January 2015) are very educative for the students. "Riddles" selected by Palkit Bhardwaj are very new and entertaining. "Grandpa and Champu" story and illustration have been liked by many small children. It is good that Hansti Duniya is improving day by day.

— Jagan Nath (Rohtak)

Thoughts

It takes very little to cut the cloth but to sew, it takes really long. It is easy to divide mankind but difficult to unite; this difficult task is the assignment of the devotees.

— Nirankari Baba

Cross Word Solution

1	D	E	2	C	A	3	G	O	4	N
O			A			O			O	
G			5	R	E	V			S	
6	S	H	E			7	A	T	E	
			8	F	O	R				
9	A	B	U			10	D	A	11	M
N			12	L	E	H			A	
T				L		A			R	
	13	S	Y	D	N	E	Y			

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