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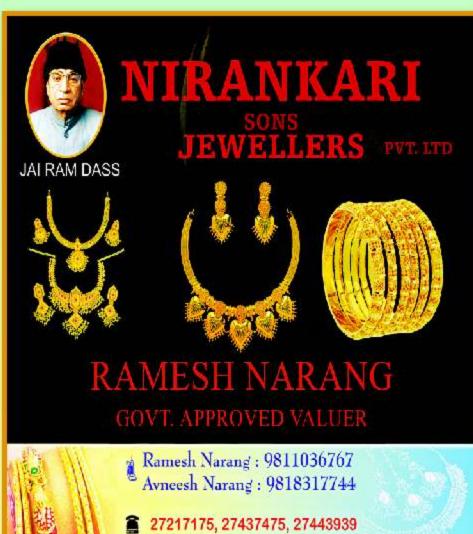
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Happy Holi

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FIRST OF ALL

Suresh and Ramesh are close friends and often study and play together. There is an impairment in Suresh's eyes. The eye balls move in direction opposite to which he actually looks at.

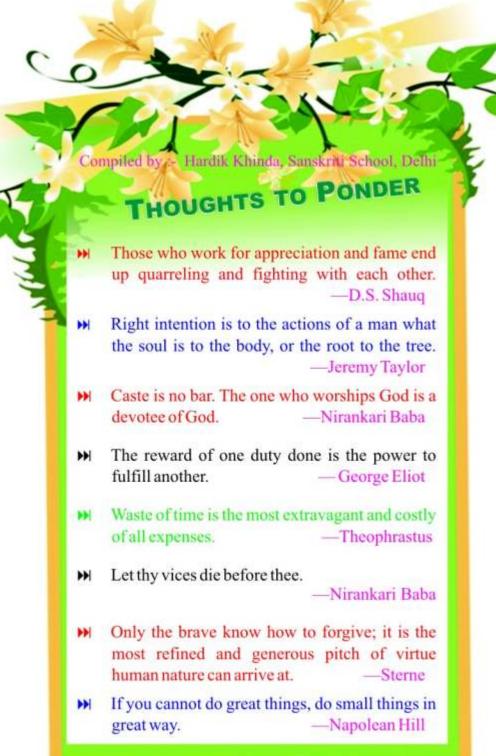
One day, Vinod, a friend of Ramesh, came to see him while both Ramesh and Suresh were playing. Both were throwing mud balls at each other. As Suresh was about to throw a mud ball at Ramesh, Vinod thought that the ball was pointed to in his direction. He got excited and walked towards Suresh and held his hand tightly in anger.

Ramesh came in and said to Vinod, "Suresh was throwing the ball towards me. Why are you getting angry"? Vinod said, "He was looking at me while throwing the ball. I had to stop him, otherwise he would have made my clothes dirty". Ramesh understood the matter. He pacified his friend and told him that Suresh has a visual impairment that makes his eye balls to move in opposite direction in which he actually intends to see.

Dear Friends! It is a matter to be pondered over as to why our eyes turn in opposite direction even when we have perfect eyes.

Friends! It has become almost a common habit amongst us. We just do not tend to look in a direction which we ought to, and just try to look at those objects which we should avoid looking at. We do not seem to be forming a firm view point as to which objects are worthy to be seen. If one has a physical defect in the eyes, it can be treated by an ophthalmologist (eye specialist). However, when we start looking at ourselves with others' eyes (their likes and dislikes), we will act keeping their expectations in our mind. And in so doing, it may lead us to indulge in wrongful acts. Therefore, we must set for ourselves a correct and righteous view point in life and act accordingly, as any misleading or defective view point will hamper our progress in the right direction. Therefore, before forming a negative opinion about others, we should place ourselves in their situation. This will automatically bring improvement in our view point, leading us to -Vimlesh Ahuja a righteous direction.

4



k Tu Hi Nirankar - 103

DUNIATE MASHHOOR MUHABAT JIDDAN CHANN CHAKOR DI EY;
DUNIATE MASHHOOR MUHABAT JIDDAN PHULL TE BHAUR DI EY.
BALDE DEEPAK NAL PREETI JIDDAN HAI PARWANE DI;
GUR CHARANAN DE NAL PREETI EDAN SIKH DEWANE DI.
MACHHLI JIDDAN PANI NOON IK PAL DE LAYEE NA CHHOD SAKE;
GURSIKH EDAN MANAPNE NOON GUR VALLON NA MOD SAKE.
RAHE PIASA JIVEN PAPIHA IKO BOOND SWATI LAYEE;
GURSIKH DI AKH RAHE TARSDI SATGUR DI IK JHATI LAYEE.
MEHNDI JIDDAN UMRAN TEEKAR RANG NA APNA CHADD SAKE;
KAHE AVTAR IH SIKH GURU TON HO NA EDAN ADD SAKE.

Gist: Thou Formless One

Just as the love of a red legged partridge (chakor) for the moon is proverbial;

Just as the love of the black bee (Bhanwra) for the flower is proverbial;

Just as the moth (Patanga) has love for the burning lamp;

Similar is the love of the devoted disciple for the feet of the True Master.

Just as the fish cannot leave water even for a moment; Likewise, the disciple cannot detract his mind from the True Master.

Just as the sparrow hawk (Papiha) craves for the single drop of rain water known as Swati;

Likewise, the disciple yearns for a glimpse of the True Master.

Just as the colour of Henna (Mehandi) does not fade for a very long time;

Avtar says, likewise, the disciple cannot be separated from the True Master.

Saina Nehwal

If you want to reach to the professional level in any career, it requires a lot of commitment, struggle and hard work. It is well known that Badminton is a



very physically demanding game that requires a great deal of strength and fitness to compete at the top international levels. Same goes with the career of Saina Nehwal.

Saina Nehwal is a Khel Ratna badminton player, currently ranked 6 in the world by Badminton World Federation. She was born on March 17, 1990. She was born in Hisar, Haryana and spent her entire life in Hyderabad. She is influenced by her father and stepped into the life of Badminton in December 1998.

Her father and mother both of them were former badminton champions in Haryana. Her mother Usha Nehwal was once the top ranked player (women) in the history of Indian Badminton.

In an interview she shared her daily fitness schedule:-

- M Get up at 6:00 AM
- → Have a good breakfast. (her main meal)
- ₩ Go to Gopichand(her coach) Badminton Academy
- >> Practise badminton skills from 7-11 AM
- M Come back home for Lunch.
- >> Take a short nap.
- Return back to academy at 3:30 PM
- M Have a glass of juice after practice.
- Practise for 3 hours till 7 PM.
- → Followed by Dinner
- Then Relax by listening to Hindi film music or watching TV Practise Yog Nidra (form of yoga meditation)

She has recieved the following awards in her career-Arjuna Award (2009) Rajiv Gandhi Khel Ratna (2009–2010) Padma Shri (2010)

(from Google)

— P. Alexander

Solomon Makes his Choice



David. He was a great soldier; though there have been other soldier-kings. He made wonderful music and wrote beautiful poems; other kings have done that too. But David was a man after God's own heart. He loved God and he trusted Him all along his life.

David wasn't goodie-goodie. He did some very wrong things. He even fixed it for one of his generals to die in battle, so that David could marry his beautiful wife Bathsheba. But when David did something wrong and God told him about it, he was really sorry, and he tried his hardest to put things right.

God loved David, He promised to make him the first of a line of kings that would go on for ever. When David was old Hansti Duniya he gave the kingdom to his son Solomon. The trumpets blew. 'Long live King Solomon', everyone shouted.

'Be sure to do all that God tells you', David said to his son. 'And you must build God's temple, here in Jerusalem. Everything ready.'

David died and Solomon became king.

One night he had a dream. In his dream God said, 'You may choose one special gift, what is it to be?'

'I want to be a good king, like my father,' Solomon said. 'But I'm young and I've a lot to learn. So I choose wisdom. That's the gift I need to rule your people well.'

God was pleased.

"I will make you wise," he said, wiser than anyone ever before or will ever be. I will also give you riches and honor. And if you obey me as your father did you will have a long life too.'

When he woke up, Solomon knew it wasn't just a dream. God really had promised to make him wise.

One day two women came to him. "We live in the same house,' the first one said. 'And we both were expecting babies. I had a





lovely baby boy. Two days later that woman had a baby too. But her baby died in the night. And while I was asleep she stole my baby and put her dead baby in the bed with me.'

'It's a lie,' the second woman said. The baby's mine.'

What was King Solomon to do? How could he find out who was telling the truth?

'Each of you says the baby is hers,' he said. "Very well.'
And he called for one of the guards.

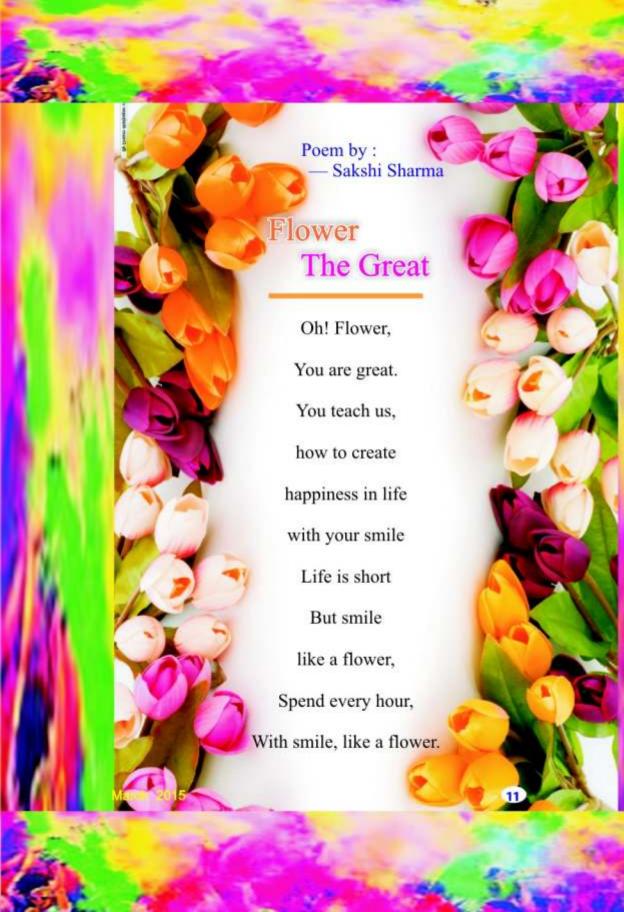
'Draw your sword and cut the child into two,' he said. 'Let each of the women have half.' (He was testing them.)

The real mother cried out in dismay, 'Please don't kill him! Please, your Majesty! Let her have the child.'

But the other woman said, 'Go ahead, cut the child into two. Then neither of us will have him.'

Then Solomon said, 'Don't kill the baby. Give him to the first woman. She loves the child. She is the real mother.'

Everyone marvelled at Solomon's wisdom. His fame spread far and wide.









Pushpinder (Tapamandi) Hiten (Hoshpet)

Priyasha











Pragya (Barnapur) Shikha (Gangtok) Prati (Vashim) Azaadi (Valiv)

Ashish (Sivni)











Suhana (Sangli) Siddarth (Kolhapur) Priti (Ankleshwar)

Tejas (Mumbai)

Ishaan (Seedhi)











Ehaas (Bhageshwari) Sachin (Ajmer) Hanshika (Cheeka) Mansa (Jaipur) Amay (Ganganagar)











Kratika (Bhatinda) Ekamveer (Sangrur) Sachin (Dulerha) Rajneesh (Tapamanda)

Arpit (Tonk)

Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us at least two months before.



Editor, Hansti Duniya Magazine Section Sant Nirankari Mandal Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY The above coupon must be affixed on the back side of the photograph

Name,

.. Date of Birth......Year,..



Having played Holi with colours during the entire day, a function for 'Holi Milan' (Colourful Meet) was arranged in the evening. In that free evening, all the people of the street reached at the fixed place for light entertainment.

First, a Fancy Dress Competition for children was held in which all the children participated. Later, the programme coordinator, Bhairavnath announced, "Thanks to all the families for maintaining decorum during Holi celebrations. Friends! At the end of this programme, we will organize a 'Lucky Draw'. We have slips made each in the name of individual resident – and one out of them will be awarded a prize". Hearing it, everyone got attentive. All the slips were poured into a large tub and were intensely intermingled. A domestic parrot was made to pick out one slip. Taking the slip in his hand, Bhairavnath smiled and announced, "Today's lucky winner is Pilu Bhai. Come on, Pilu Bhai, please!"

Pilu Bhai, walking briskly in excitement, reached stage, greeted people and stood in a corner. People welcomed him with loud clapping.

"Congratulations, Pilu Bhai! You have been selected as the luck winner", said Bhairavnath.

"Alright, what is the prize, then"? asked Pilu Bhai amusedly.

"For that, you will have to pick up two slips which will hold a decision about your luck. First, take a slip from here", said Bhairavnath pointing at a corner.

Pilu Bhai flung his hands in air and bending both hands in prayer before God, picked up one slip and handed it over to Bhairavnath, who said in a most pleasing tone "Congratulations, Pilu Bhai! You have got a prize of net Rs.500/-".

With a pleasant laugh, Pilu Bhai said "Fine. Give me the money".

"Here you are", said Bhairavnath, handing a fivehundred rupee note. Pilu Bhai was about to leave the stage with the money when Bhairavnath stopped him "Not so soon, friend. I told you that you were to pick two slips. There is still one left that you have yet to pick".





Excited Pilu Bhai picked another slip and handed over to the coordinator. Opening the slip, Bhairavnath said in a pleasing voice, "Dear Pilu Bhai! You seem to be very liberal and benevolent". Pilu Bhai was stuck with this remark in his praise and stared at Bhairavnath to understand his meaningful remarks.

Bhairavnath said "Here, it is written in the slip that you will return twice the amount of prize money to the Resident Welfare Association, to be used to remove and clean the mess created on the street earlier during Holi colour play. Do you understand Pilu Bhai? It means that together with the prize money of Rs.500/-, you need to return another Rs.500 from your own pocket".

Pilu Bhai found himself in an uncomfortable position. Bhairavnath patted him gently and insisted to do so willingly since it was a work for the welfare of the residents.

Seeing no chance to escape, with heavy heart, Pilu Bhai took out a sum of Rs.1,000/- and handed over to the programme coordinator.

Story: Rupnarayan Kabra Punishment For Cheating

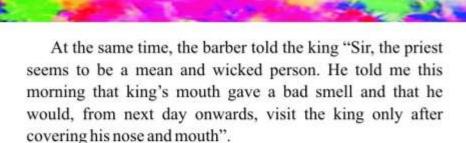


There was a king. He respected all learned persons. A priest used to visit him daily to narrate stories about truth. The king liked these stories very much and offered the priest a gold coin every day.

Both of them were happy at giving and taking from each other. But there are people always who feel jealous of others' happiness. Such was a barber, the neighbour of priest. He used to envy the good luck of priest. He started thinking as to how to belittle this priest before the king. He was clever enough at such matters and soon found a way out.

He said to priest, "Respected priest! The king says that your mouth has a bad smell. Therefore, when you visit the king, please cover your nose and mouth with a piece of cloth". The priest was innocent. He took barber's advice seriously.





Hearing this, the king got very angry and said, "How dare the priest, surviving on my tips, say all this. I will definitely punish him".

Next day, the priest visited the king for usual narration. His nose and mouth were covered. Seeing this, the king believed in whatever barber had told him. Giving two gold coins and one letter to the priest that day, the king said, "This is an important letter. Hand it over to the jailor immediately".

The priest came out of King's room. The barber was standing outside wondering as to what punishment the priest

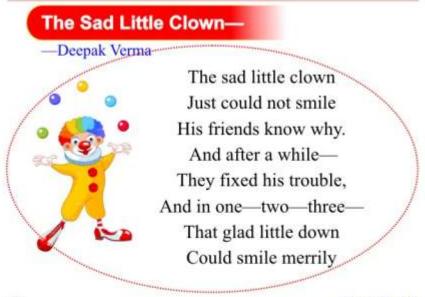


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was to get. The priest told him innocently, "You gave a correct advice. Today, the king has given two coins". The barber was burnt upside down, but was too clever. He said, "Dear Priest, as the advice was mine, I should get these two coins". The innocent priest handed two coins to the barber and said, "Take this letter and deliver it immediately to the jailor. The king has sent it".

The barber happily pocketed the money and took the letter for jailor. The letter said: "the nose of the bearer of this letter must be cut away". Without giving any thought, the jailor carried out king's order and cut away barber's nose.

Next day, the priest made his regular attendance before the king. The king was surprised looking at priest's normal nose. On his enquiry, the priest told the entire story. The king was relieved and happy to note that the cheater got the punishment by his own clever act, and the innocent priest was saved.





— Animals-Mammals: Dipanshu Jain



The Otter

An Agile and an eager mammal

Just a single thought of an otter brings forth a picture of a mammal which lives both in water and land, and whose bodyline resembles with that of a cat. In real terms, an otter is nothing but a water cat. It has several unique actions. While playing, its unparallel ability to learn different jumping and acrobatic styles make all onlookers amazed. It will immediately copy exactly any new act or item which comes across its way.

Many have tried to maintain and tame an otter. Only one person who succeeded in keeping an otter was Emil Lyres. He has an abundance of interesting experiences in this context. An incident mentioned by him is that a 12- year old female otter infiltrated in neighbour's house with its three children and managed to reach their bathroom after climbing up the stairs. After taking a long and refreshing bath, they occupied their bed to relax.

Otters are full of fun by nature which they make like men do. Gabin Maxwell, a noted writer has made extensive research on this mammal. He wrote two books, read worldwide, exclusively on the life style of this interesting mammal. According to him, an otter can laugh exactly like any human; its process for laughing is quite interesting. While laughing, he completely lies down on the floor and opens its full mouth.

Its moustache can be compared with a claw of a cat. Its dark black tiny eyes look like a ray of water. Normally, its body is slightly round, like a bow to be exact. Its legs turned inside; its claws like nets, strong legs and fat tail are its special features. Because of these special features, it is agile and can play several unassuming games in water. And, if by any chance, it gets hold of a toy its acrobatic actions are worth enjoying. Playing with shining glass balls is its favourite sport. When two otters are playing in water, it seems that at least there are twenty of them. The speed of their game is extremely fast.

Otter's sound is quite unique. Sometimes, it would chirp like sparrow. Sometimes, it will sound like mice – 'chu chu'. Sometimes it sounds like someone trying to control a laugh. When it comes to crying, it make such a loud sound that it can be heard at a distance of 2 kms. Anyone can be stunned if looking at it crying in an influencing and effective way. The sound clearly exhibits its anger and an acute feeling of vengeance. In food, it likes beetles followed by frog, fish, snakes, especially the fish born in mud. It has tremendous courage and has the capacity to defeat its enemy. With its agile body, it is just like death for a snake. It sleeping habits are just like a man, covering itself with a quilt and using a pillow below its head. Its memory is remarkable. One particular instance is that it immediately recognized its previous owner when it saw him after a gap of three years.

While it is sociable mammal having enjoyable habits, it can become, when offended, quite dangerous. If it decides, no one can escape its attack either through gloves or any other safety device.

An otter is considered to be a friend of man. But, the sad part is that because of its costly legs, man is constantly on its hunt. The famous poet, Lear, has written that the otter today is in need of a real friend who can join it against its killing and destroying its existence.

—Avinash Gujje (Bhiwandi)

Kailash Satyarthi



22

Kailash Satyarthi is an Indian children's rights activist who was awarded Nobel Peace for 2 0 1 4 a 1 o n g w i t h Malala Yousafzai. He is the second Indian winner of Noble Peace Prize after

Mother Teresa. He was born on 11 January 1954 in Vidisha, Madhya Pradesh. He completed his degree in Electrical Engineering and worked as a lecturer in Bhopal. In 1980, he gave up his job and dedicated himself to protect children against child labour. He founded an NGO named 'Bachpan Bachao Andalon' and rescued more than 80,000 children who were illegally employed across Jharkand, Orissa and Delhi. He has headed various forms of peaceful protests and demonstrations focusing on the grave exploitation of children for financial gain.

He is awarded with several National and International awards, including Golden Flag Award, Medal of the Italian Senate and Robert F Kennedy International Human Rights Award. He also played an important role in the movement for free compulsory education to children. He also set up several rehabilitation-cum-educational centers for freed bonded children. He is also a member of a High Level Group on Education formed by UNESCO. Satyarthi said receiving the Nobel prize was "a great opportunity" to further his work against child slavery.

During his visit to Annual Nirankari Sant Samagam, Delhi in November-2014, he appreciated the Socio-Spiritual activities of the Mission.



What is the best gift?
Is it the Life provided by the Almighty?
HE has awarded us the most precious prize,
That is the never ending race called LIFE.

So, enjoy it!
Live every moment of it.
And thank Him for
Giving it to us, a special GIFT, called LIFE.

Definition

A = Alluring beauty

R = Refreshing thought and imagination

T = True to life and tastefully presented

H = Healthy Humor

A = Always in time

N = New Thoughts and Poems

S = Stories with morals

T = Tastefully illustrated

I = India's pride

D = Dressed in beautiful Cover

U = Unique Columns &

Presentation

N = New approach to Children's problems

Y = Youthful

A = Attractive





- Raunak, Mumbai
- Q. How can one make one's life happy and peaceful?
- By being contented with what he has.
 - Ratnesh, Gorakhpur
- Q. What is the difference between power and faith?
- Faith generates power.
 - Ramesh, Gaya
- Q. What is true knowledge (Gyan)?
- Knowledge is never true or false; it is, the behaviour that testifies it so.
 - —Rajesh, Dehradun
- Q. When does a man not feel elated by his success?
- A. When he does not fulfil his high ambitions.
 - —Ankita, Delhi
- Q. What to do in times of despair?
- One should have patience and put in more hard work.
 - -Sushma, Rohini (Delhi)
- Q. What to do to attain true happiness?
- Attain self-knowedge.
 - —Ashok, UK
- Q. Is there really any God worth His name on this earth?
- Existence of God is not a question but answer to all the questions born out of ignorance.



Must clock your Life

Once a frustrated man asked a clock as to what makes it tick continuously. The clock eagerly replied, "I run in all the circumstances — be it rain, thunderstorm, scorching heat, bone chilling cold etc. Despite heavy odds, I keep on running. I never get bogged down by any circumstances. I know that movement is life, stagnation is death."

Odds may be insurmountable. Stress may be unbearable. Circumstances may push us to the corner. Life may be tough. But big odds can be challenged with a big, brave heart.

If one makes his/her heart big and takes the challenge posed by odds head on, then one can easily beat his/her problems.

Guru Gobind Singh advocated the value of courage." Sawa lakh se ek Ladau, tabi Gobind Kahlaau (If I pit one soldier against one lakh enemy, then I be given the tag of Gobind).

Like faith, courage too helps a man climb up the steep and rough mountains. Stephen Hawking, who suffers from a severe physical ailment, has been one of the well-known recognized scientists and has earned a position for himself. Courtesy courage that he has displayed to beat his physical ailment.

Helen Keller too got a niche for herself despite being affected by a strange physical ailment. Had Gandhiji and other freedom fighters not shown extra-ordinary courage to drive the British out of India, India would have been still under the subjugation of the British.

The tree of courage needs to be watered with the fresh water of courage only. Courage springs from courage.

Courage is both an inborn and acquired quality One can take

- Prerna Nagpal (Gurgaon)



A Good Citizen?

- Obey rules, regulations and laws.
- Pay all taxes that include property tax, income tax and sales tax.
- » Respect people of all cultures.
- M Be friendly and courteous to your neighbours.
- M Show concern for the need of others.
- Care about the feelings and rights of others.
- M Show respect for people, animals, plants and property.
- Plant trees to reduce global warming.
- M Show concern for the safety and well being of others.
- Be an active participant in activities meant for the betterment of the nation.
- Stay informed about current events. Read and watch news. Pay attention to what is going on around the world.



a lesson from the life of courageous people to imbibe the trait of bravery in one's own life.

So, be like a clock and embrace its trait of being on the run in all kinds of weather. Only then one can have the real feel of life, and can be said to have fulfilled the purpose of life.

Courtesy (T.O.I.)

Spiritual Challenge

The traditional story tells of a sheikh who lived in a desert. One dark night he was sitting at the opening of his tent, unable to sleep, overcome with unbearable sadness; his eldest son had been killed a few days earlier. Suddenly, through the night, a stranger came running by and fell at the feet of the sheikh. "O sheikh, save me. My enemies chase me to kill me. I am exhausted and cannot run any more. All men call you good. Let me stay in your tent for one night".

The sheikh bid him enter, treating the stranger as his honored guest. After eating and drinking, the man lay down to sleep. Very eagerly the next day, the sheikh gently woke the; stranger, handing him a bag of gold. "Friend, I hope you slept well. The food has given you some strength, but you must flee before the sun rises. My best horse is ready for you.

The stranger froze. His face reflected a struggle going on in his mind. Then suddenly he fell at the feet of the sheikh. "O good and noble sheikh! You saved my life; you offer me help. But I now need to tell you I am the one who killed your son. I cannot go from here. You can kill me; I am ready for this."

The sheikh was shocked. He sat down with his head in his hands. Finally he drew out some more gold and gave it to the man, saying, "Here is enough gold to start a new life. Take this and go. I will not kill you. You have been noble enough to confess. How can I be less noble to refuse to forgive you? The thought of revenge, had been burning in my mind. Go away and take this terrible feeling of vengeance away from me. Only then will my son rest in peace. May God forgive us both - you for murdering my son and me for keeping revenge and hate in my heart."

To extend mercy is not easy. Yet without mercy, the world would be a harsher place. When we think of the grace we have received - of all of the times that we have, mercifully not gotten what we deserved - we might desire to extend the same gift to others.

-Courtesy (TOI)





Complies by : Maharaj Singh, Sultanpur

Q.: A boy and an engineer were fishing. The boy is the son of engineer but engineer is not the father of the boy. Then who is the engineer?

A.: Engineer is the boy's mother.

Q.: Everyone in the world needs it. They generously give it. But never take it. Then what is it?

A.: Advice

Q.: He was driving a black truck in a long road in a great speed. The lights on the truck were off. It was a new moon day. An old lady was slowly crossing the road. He should stop the truck otherwise, he would hit the lady. How did he stop the truck?

A.: The driver stopped the truck immediately after seeing the old lady, as it was bright sunny day.

Q.: Four children and their pet dog were walking under a small umbrella. But none of them became wet. How?

A.: It was not raining.

Q.: It is your possession and belongs to you. However, you use it very rarely. What is that?

A.: Your name.

Q.: I'm the most slippery country in the world. Tell what am I?

A.: Greece



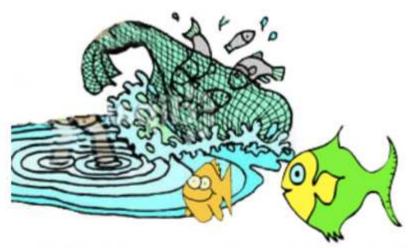


Improve your Grammar

	DOD		C	ra	m	m	ar		
Choo	se the	<u>right</u>	<u>optio</u>	<u>n</u>	—Vik	as Ar	ora (R	(ewari	
1. A pers	son w	ho loo	ks aft	er she	ep is k	nown	as		
a)	a) CARTOGRAPHER				b) SHEPHERD				
	Which one of the following a) BAMBOO				is an uncountable noun? b) BEAUTY				
3. Active	voice	: He s	spoke	to me					
Passiv	e voic	e: I w	as	t	y him				
a) :	SPOK	EN T	O		b) SPOKEN				
4. Shobha the occ			r mot	her to	purch	ase a 1	new sa	aree for	
a)	a) ENQUIRED				b) ADVISED				
5. The cl	oud o	f misf	ortune	s app	ears to		blowi	ı	
6. Presen	it: Wea		st:	, P		rticipl ORN		rn	
7. You no	eed _ STUR		shoes		valking b) SI				
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There was a big pond in a village. There were both large and small fishes in the pond. They used to swim about in the pond. One day, a fisherman spread his net to catch fish. After that, he sat on the bank. The fish also saw him. They became very frightened and started running away from him. One of the fishes was really very scared and felt totally helpless. In the meantime, one saint came near the pond. He saw this frightened fish. "I shall tell you how to save yourself from this menace." He told the fish. "You go and sit still near the feet of the fisherman. I assure you, you will be saved." He told the fish. The fish obeyed the saint and did likewise. The fisherman threw the net wide and away from himself. Many fish, who were running away from him, got caught in the net. But the fish, which had obeyed the saint, was unharmed. In the evening, the fisherman gathered the net and went away home. The



small fish felt happy on surviving and she swam back to pond. She had realized that she was saved, on account of obeying the wise saint.

Dear children, the moral of the story is that this world is like the pond. We all are living in this pond. Those, who take the guidance from a True Master and follow his advice, can only be safe.

→ Be spiritual, not religious.



- It is good to reach an end of journey ,but it is the journey that matters, in the end
- There comes a time when one must take a position that is neither safe, nor politic, nor popular, but he must take it because conscience tells him it is right.
- He who has health has hope and he who has hope has everything.



Holi is an ancient festival of India and was originally known as 'Holika'. The festival finds a detailed description in early religious works such as Jaimini's Purvamimamsa-Sutras and Kathaka-Grhya-Sutras. Historians also believe that Holi was celebrated by all Aryans but more so in the Eastern part of India.

It is said that Holi existed several centuries before Christ. However, the meaning of the festival is believed to have changed over the years. Earlier it was a special rite performed by married women for the happiness and well-being of their families and the full moon (Raka) was worshiped.



Add a little warm water to the coloured water in your bucket. Your friends will be surprised to receive a jet of warm water instead of the cold spray they had expected!



Cream or oil your face well before you begin playing.



Apply colourless nail paint on finger and toe nails to protect them.



Oil your hair well. This will help wash off colour easily and also protect it against harm from chemical colours.



Protect your face from attacks. If you do fall prey, keep your eyes and lips tightly shut. Do not allow colour to get into the eyes.



If you are a victim of a colour which is difficult to wash off, clean your face with a good face wash or cleansing milk. You can also use a paste of wheat or gram flour, milk cream and turmeric to clean it off.



If you are prone to skin allergies, avoid playing with gulal altogether.



Avoid running or jumping on wet floors so that you don't slip and injure yourself.



When traveling by car, keep windows rolled up.

March 2015 33.



Improve

3rammar

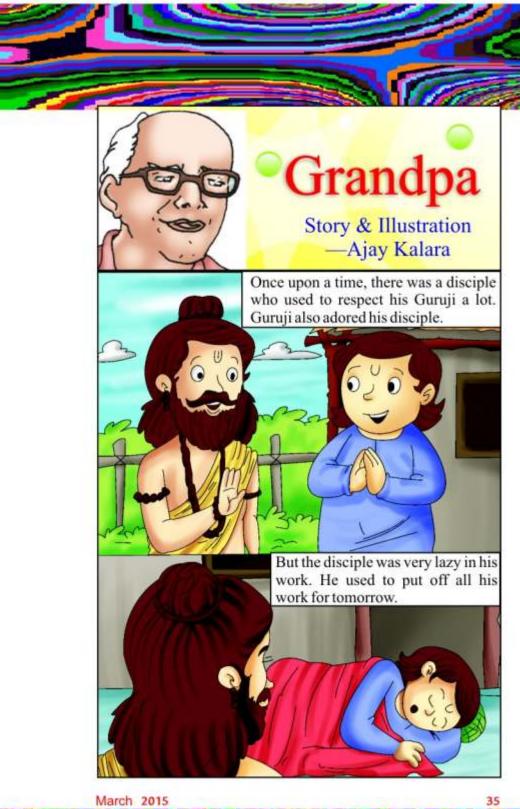
Answers:

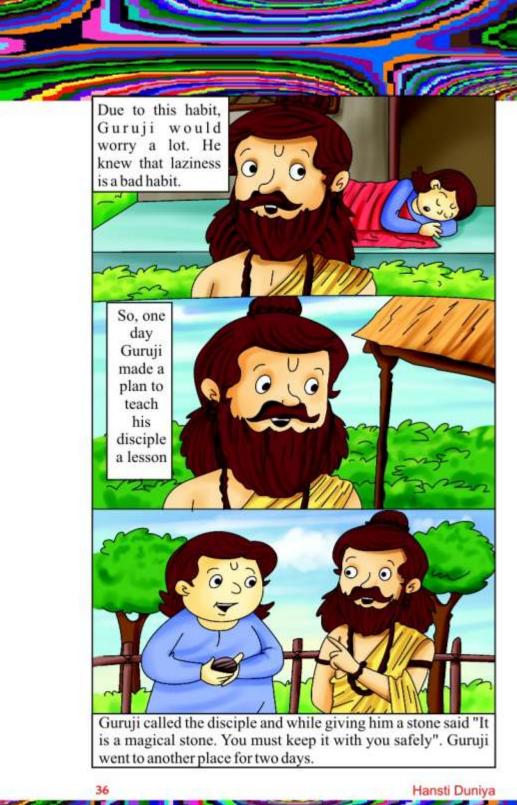
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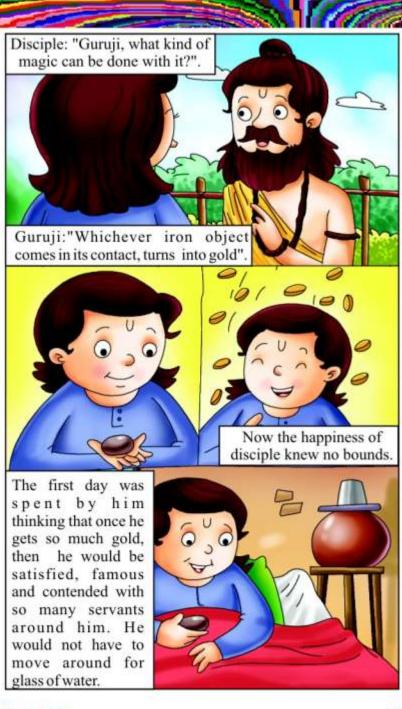
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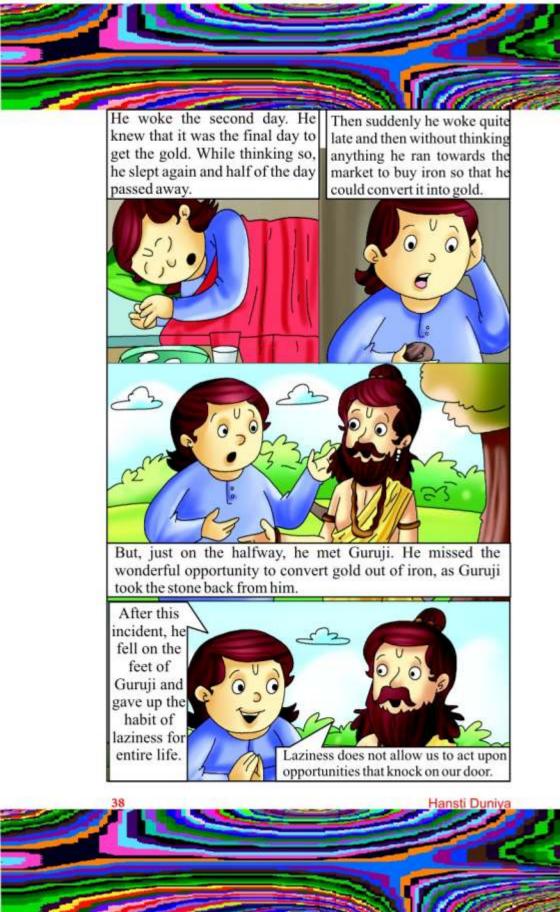
Explanation

- Cartographer is a person who makes maps.
- Those nouns which can be counted in terms of number are said to be COUNTABLE NOUNS and those which cannot be counted in terms of number are said to be UNCOUNTABLE NOUNS. Here, BAMBOO can be counted in terms of number whereas BEAUTY cannot be counted in terms of number.
- 3. Here in passive voice, the words SPOKEN TO are used.
- The word ENQUIRED suggests the interrogative mood whereas 'to purchase' suggests the imperative mood. So, ADVISED is the correct option.
- If you blow out a candle, you blow at it so that it stops burning. If a trouble (cloud of misfortunes) blows over, it ends without any serious consequences.
- 6. Here, the three forms of verb are Wear, Wore, Worn.
- STURDY is something that looks strong and is unlikely to be damaged.
- DECIDEDLY is ruled out because there is no question of a decision. CERTAINLY is used to emphasise what you are saying.











- Don't let me form bad habits. I have to rely on you to detect them in the early stages.
- Don't make me feel smaller than I am. It only makes me behave stupidly 'big'.
- Don't correct me in front of people if you can help it. I'll take much more notice if you talk quietly with me in private.
- Don't make me feel that my mistakes are sins. It upsets my sense of values.
- Don't be too upset when I say 'I hate you'. It isn't you I hate, but your power over me.
- Don't protect me from consequences. I need to learn the painful way sometimes.
- Don't take too much notice of my small ailments. I am quite capable of trading on them.
- 10.Don't nag. If you do I shall have to protect myself by posing deaf.

- Don't make rash promises. Remember that I feel badly let down when promises are broken.
- Don't forget that I cannot explain myself as well as I should like. That is why I am not always very accurate.
- Don't tax my honesty too much. I am easily frightened into telling lies.
- Don't be inconsistent. That completely confuses me and makes me lose faith in you.
- Don't put me off when I ask questions. If you do, you will find that I stop asking and seek my information elsewhere.
- Don't tell me my fears are silly. They are terribly real and you can do much to reassure me if you try to understand.
- Don't ever suggest that you are perfect or infallible.
 It gives me too great a shock when I discover that you are neither.
- Don't ever think that it is beneath your dignity to apologize to me. An honest apology makes me feel surprisingly warm towards you.
- Don't forget I love experimenting. I couldn't get on without it. So please put up with it.
- Don't forget how quickly I am growing up. It must be very difficult for you to keep pace with me, but please do try.
- 21. Don't forget that I can't thrive without lots of understanding, love; but I don't need to tell you that, do I?



<u>Photo</u> Feature

Gudhiya is calling me to her house so early in the morning. I still have not got ready. —Maghurita (Kalyan, Mumbai)





Look at me, i have returned after having a walk in the garden of flowers.

—Sampreet (Kainaur)





Look at our hats. Hope they look good.—Ansh, Aarush (Kopargaav)

We are also going in the garden filled with flowers. It will be fun to go there.



I have kept my hat out of position for style. —Drishti (Akot)



I am coming after giving my test. I have already passed. —Laveena (Jaipur)







Photo feature

You know, My Birthday is in March-Nirbhay Sikka (Gurgaon)



I am taking part in running competition, see I will come first. Muskaan (Ballarpur)

I am taking part in fancy dress competition wearing this necklace of pearls.

—Aditya, Avinash (Nasik)



What!
fancy
dress
competition?
I will
also go.
—Rudra
(Nasik)

Look at my dress, it is good for competition, right? —Udaantika (Bangalore)





I will win the competition. My special suit for the winters is very unique.—Visheshta(Sitapur)

I will win the competition, see my special dress is so wonderful.

—Hiyan (Ahemadabad)



42 March 2015

SMSes of the month



There are thousands of yesterdays and there will be millions of tomorrow, in between there is only today, don't let it go waste,

Avnish Gulati, Chandigarh

- Treat everyone with love, even those who are rude to you; not because they are not nice, but because you are nice. —Himanshu, Delhi
- Never raise your voice, just improve the quality of your argument and see the difference.

 —Pinki, Sultanpur
- When nails grow long we cut of nails, not our fingers, similarly when misunderstanding grows up, cut not your relations.

— Vidisha, Delhi

- Two beautiful tips to stand spring in energy condition—Never take help of tears to show your emotions and never take help of words to show your anger. — Dinesh Rai, Delhi
- A good plan of today is better than a great plan of tomorrow; look backward with satisfaction and look forward with confidence.

Maharaj Singh, Sultanpur

CROSSWORD

	-	— Vikas Arora (Rewari)					
1	2	3	4				
-	5						
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9		10	11				
	12						
13							

Left to Right >

- The Sant Nirankari __is an all embracing spiritual movement, cutting across all divisions of caste, colour and creed.
- A large marine fish: COD, HOD, NOD.
- The first Governor General of Pakistan was Mohammad _____Jinnah.
- The frozen form of Carbon Dioxide is known as Dry
- A word expressing surprise or mockery hidden in ALLAHABAD.
- Ill got, spent.
- 10. Short form of Gymnasium.
- 12. Abbreviation of 'Independent Broadcasting Authority'.
- 13. Plural of Nutmeg.

Up Down ▼

- 1. A mineral hidden in the word AMICABLE.
- A person who advocates Socialism is known as
- A national monument of New Delhi that bears the names of British and Indian soldiers.
- 4. The longest river of Africa.
- 9. Tehran is the capital of this country.
- 11. The planet which is nearest to earth.

Winners of January Issue

Ist : Garvi Age 12 Years

7/5 Nirankari Colony

Delhi

IInd: Ishona Dhingra Age 13 Years

H.No. 123/13 Street No. 17

Sant Nagar, Delhi -9

IIIrd: Tonya Age 8 Years

Ghona Romka pura Distt. Allahabad (U.P.)

Consolation Entries

Sahil Verma (Inside Quilla Mohalla, Barnala), Ankita Rai (Sant Nagar, Delhi), Ansh (Varansi) Kanika (Kelawati Rohtani Pimpri), Sadhik Kapoor, Jammu, Kavish Vivaan, Pratap Public School, Amandeep Singh, RCF, Kapurhala, Shobhit Walia, SBS Nagar, Ludhiana, Jipmer Campus, Ponicheery, Navita (Shivalik Nagar, Solan), Krishna Yadav, (Bhageswari, Bhiwani, Hry.) Paras, (Brahmpuri, Ambala). Shirsti Singh, Allahabad. Simran Chittoria,

Competition for March

On page 46, a beautiful picture is given; colour it and send it to us latest by **April 20, 2015**. The best three will be awarded suitable prizes.

The result will appear in May 2015 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.





Name	Age
Address	

46 Hansti Duniya



Man : Your password is letter "a" as in apple, a Capital Letter V

as in Victor and the numbers 7273

Friend: Is the 7273 in Capital Letters?

Why is a river rich? Because it has two banks.

The child is sleeping as his parents look on and comment-A little while ago he was busy with facebook but now face on book

Girl: When men do for shopping?

Boy: When I want to buy something. What about you?

Girl: I go for shopping to find out if I want to buy something....

Chintoo: In future I don't want to feel lonely. Can you help me?
Pintoo: OK, then I will not allow you to be alone..but will

disturb you all the time

Teacher: Where is your homework?

Student: Mam, look at my homepage on internet to see my

"Homework".

Wife : This computer is not working as per my commands.

Husband: It's a computer not your husband.

Most irritating moment: morning alarm
Most difficult task: to find socks
Most dreadful journey: Way to class
Most lovely moment: Meeting friends

Most tragic moment: Surprise test in first period

Most wonderful news: Teacher is absent

Teacher: Fred, your ideas are like diamonds. Fred: You mean they are invaluable?

Teacher: I mean they are rare.

Police: Where do you live?
Me: With my parents

Police: Where does your parents live?

Me : with me

Police: Where is your neighbors house?

ME: If I tell you, you wont believe me.

Police: (angrily) Tell me. Me: Next to my house.

Teacher: Again you are late in class

Student: Sir, I was dreaming that I was playing football, and my

game got late because of the rain.

Husband: I was fool when I married you.

Wife : Yes, But I didn't know it at that time.

Q. : When is it best to lose your temper?

A.: When it is a bad one.

Cook: Did they say anything about my cooking?

Maid: No, but I noticed them praying before they ate.

Prosecutor: Now, tell the court how you came to take the car?

Accused: It was parked by a cemetery. So, I assumed the

owner was dead.

Wife : But dear, in this photograph you have not a single

button on your coat?

Husband: So, you have noticed it at last! That's why I had the

photograph taken.

Barber : Your hair needs cutting badly.

Customer: It does not. It needs cutting nicely. You cut it badly

last time.

Form-IV (See Rule - 8)

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6. Name of Address of

Sant Nirankari Mandal, Sant Nirankari Colony,

individuals, who own the newspaper and partners or share holders holding more

Delhi-110009

than one percent of the

total capital.

I, Radhey Shyam, do hereby declare that the particulars given above are true to the best of my knowledge and belief.

Date : 1.3.2015 Radhey Shyam
Publisher

Have Your Say

"First of All" editorial is very unique, which gives children a very good lesson -'We must follow only the right course of action and not

the other one'. Stories printed in the issue of February have been chosen very wisely. The Best Teacher (story) is very educative.'A matter of self respect' is very interesting story. 'Benefit of Groundnuts' is very useful article for readers to avoid dangerous infections like hapatitis and tuberculosis. "Save Sight" and Empower yourself are nice articles. Poems 'Ode to the Lord Master and Think Globally are good poems. My little granddaughter reads "Grand Pa"(story and illustration) very happily and enjoy'. Selection of jokes under the title' Laughing Time' are very entertaining. Comments mentioned with each photo under Photo Feature is very interesting and suitable according to the mood of child in the photo. Slogans (Do you know who gave us the following slogans?) gives good general knowledge to the readers. History of National Science Day (28th February) is very useful for entire students community. Months Got their names is very unique article.

Thanks for improving the standard of Hansti Duniya.

Thoughts

Let's break all the chains of Racism,
Communalism,
Casteism,
Superstitions,
Fanaticism,
Untouchability, and
Addiction.
— Nirankari Baba

-Indu Sharma, Ganguwal.

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Hansti Duniya

Dhan Nirankar Ji

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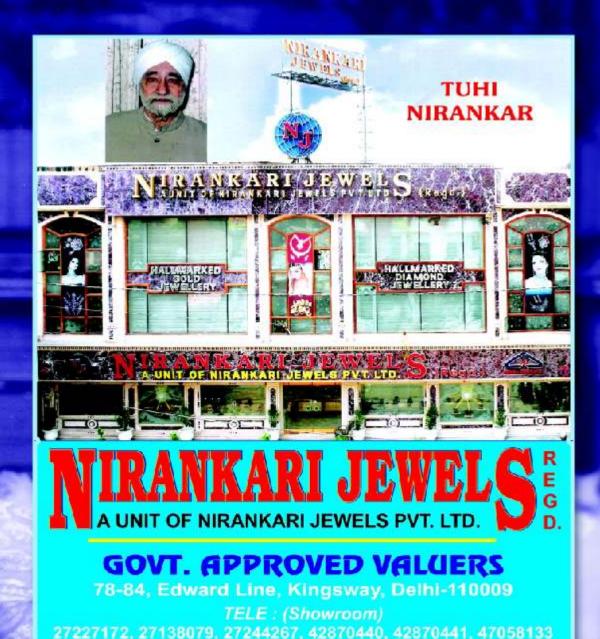
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