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Competition With Oneself

In today's world every man wants to go ahead of the other. Whether it's about status, about respect, about society, in the job, in business, in sports, in studies, or the like. Where would he reach in the rat race ahead of the other, he doesn't have any clue. He gets so engrossed in this race that he forgets why he is doing all this. This is absolutely right as he does not get the time to think about this fact. He always wants to see himself ahead of the other.

Friends, it is worth noting why do we want to get ahead of the others. Are we becoming a part of the competition? Are we in the process of comparing ourselves with the other or do we want to make ourselves into a more powerful and a better human being. Healthy competition and comparison can lead us ahead in life but blind rat race becomes a cause of our downfall.

We have to make ourselves better, independent but within the confines of discipline. We must do everything with full awareness since things done with full awareness always end up successful.

Friends! We would never need to get ahead of others if we keep making the efforts to better ourselves daily. We have to better ourselves for tomorrow, but tomorrow again we have to take an oath to become a better person again. We don't have to become better than others, but better than ourselves, this has to be our resolution. —Vimlesh Ahuja

4

THOUGHTS TO PONDER



Compiled by: Haardik Khinda, Sanskriti School, Delhi

	2.1	
**	There is only one way to merge know and realise Him through the	
		— Nirankari Baba
-	The fire proves gold, adversity bra	ve men. — Seneca
H	Open the closed fist if you want others.	t to shake hand with —Nirankari Baba
1	Fearing the rains, do not run to the	river.
	—I	Babu Mahadev Singh
144	Avoid evil and it will avoid thee.	- Scottish Proverb
		- Nirmal Joshi
	Humble thyself in all things.	- Thomas Kempis
	We live more by example than by r	
	and the state of the control of the state of	— Latin Proverb
++	Self-trust is the first secret of succe	ess. —Emerson
**	Be wiser than other people if you them so.	u can, but do not tell -Earl of Chesterfield
*	Patience is a remedy for every suff	ering.
		— Publilius Syrus
**	There are two kinds of lights-the and the glare that obscures.	
>>	One nice thing about the egoists-t	
CKKE		—Bhai Amar Singh
PP	Realisation of problem is 90 % of	
		—D.S. Shauq

lk Tu Hi Nirankar - 105

GURSIKH DE BULLHAN TE HARDAM APNE GUR DI KAHANI RAHE;
PIAR DILAN VICH NAM ZABAN TE IHDI IH ZINDGANI RAHE.
GURSIKH GUR DI AKH NAL VEKHE GUR DE KANN NAL SUNDA EY;
GURSIKH GIAN SAROVAR VICHON HIRE MOTI CHUNDA EY.
GUR DI MOORAT MAN VICH VASSE DIL VICH PARUPKAR RAHE;
HAR VELE HAR HAL DE ANDAR JUDI GURU NAL TAR RAHE.
SIKH GURU DA TAK MAYA NOON HARGIZ TAPLA KHAE NA;
KAHE AVTAR SIKH SATGUR BAJHON KISE NOON LEKHE LAE NA.

Gist: Thou Formless One

The disciple ever sings the glory of his True Master;

He has love for his True Master in the heart and his praise on his lips, and this is how he lives.

The disciple looks upon others with the vision bestowed by the True Master and hears them with the ears of the True Master;

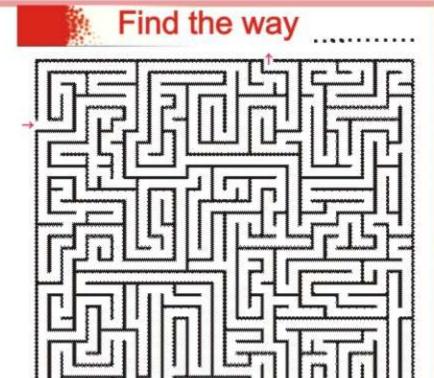
The disciple picks the pearls of wisdom from the ocean of divine knowledge.

The disciple keeps the True Master's image in his mind and goodwill of others in his heart;

His heart is ever linked with the True Master all the time and under all circumstances.

The disciple of the True Master is not swayed by the fascinating material world;

Avtar says, the disciple does not reckon for reliance anyone except the True Master.



If the way found in half minute, you are Genius.

If the way found in one minute, you are Talented.

If the way found in more than a minute, you need to improve.

Thoughts

- ▶ Don't judge each day by the harvest you reap but by the seeds you plant.
 —Robert Louis Stevenson.
- ►MInnovation distinguishes between a leader and a follower.

 —Steve Jobs
- >> The power to question is the basis of all human progress.

-Indira Gandhi

→ Don't find fault, find a remedy — Henry Ford

Kishore Daniel

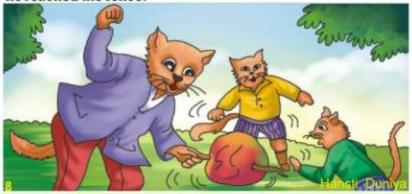
Muddy Mouse

Every day the Mouse family went for a walk. When they came to a mud puddle all the family members walked around it. But little Muddy Mouse would walks right through it. He liked mud, so much that he cried when there wasn't any.

One day Muddy Mouse played on the muddy pasture road. He rolled over and over down the road. He thought it was fun, because the road was full of sticky brown mud..

But the mud stuck to his fur. More and more mud stuck to Muddy Mouse, until he looked like a big ball of mud. The trip of his tail stuck out of one side of the ball. The tip of his nose stuck out the other side. He was so much stuck into mud that he couldn't walk or talk. He couldn't even cry, although he wanted to cry loud for help. Just then the black cat and her two kittens came along. They thought Muddy Mouse was a big brown ball, so they started playing with him. They rolled him back and forth. They rolled him around and around, until Muddy Mouse was dizzy.

Then the black cat and her kittens gave Muddy Mouse a push. Away he rolled over the pasture. He didn't stop until he reached the fence.



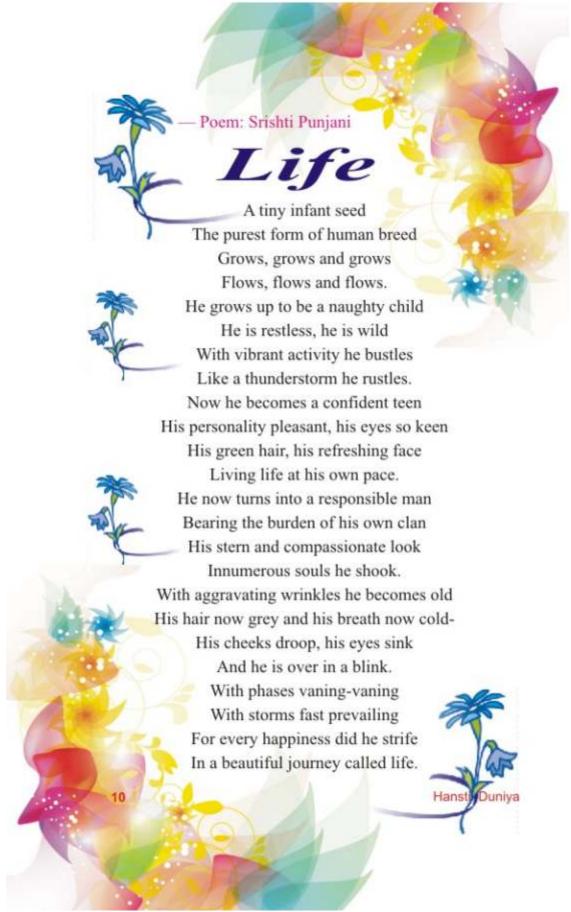


After the black cat and her two kittens had scampered away, Father Mouse and Mother Mouse came out to look for their little Muddy Mouse. They looked under every stone and behind every bush. They would never have found Muddy Mouse if he hadn't wiggled the tip of his tail to call for help.

Then father Mouse and mother Mouse scraped and scraped at the big brown ball of mud.

At last they saw an ear, then a bright little eye, then a smooth bray back. And after a long, long time there stood Muddy Mouse—all of him. He danced and squeaked with happiness, because he didn't have a single bit of mud on him now.

Ever since then, when the Mouse family went for a walk, all the members of the family would walk around the puddle but Muddy mouse didn't walk around it; he ran around it.



Happy **Birthday**







Renuka (Indore)

Shaurya (Chembur)

Sudiksha (Nagpur)



Veena (Jaysinghpur)







Pulkit (Delhi)

Preet (Solapur) Kunal (Gandhi Nagar)

Abhay (Pathankot) Sukaran Singh (Delhi) Diksha (Samaan Mandi) Ridhima (Haldwani) Samridhi (Rajkot)



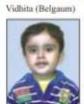








Bindu (Guwhati)







Mehak (Indore)

Vanshika (Gurgaon

Nirlep (Viraar)



Mohit (Delhi)



Chirag (Pimpri)

Jashish (Ulhasnagar) Anvit (Bhiwandi)

Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us at least two months before.

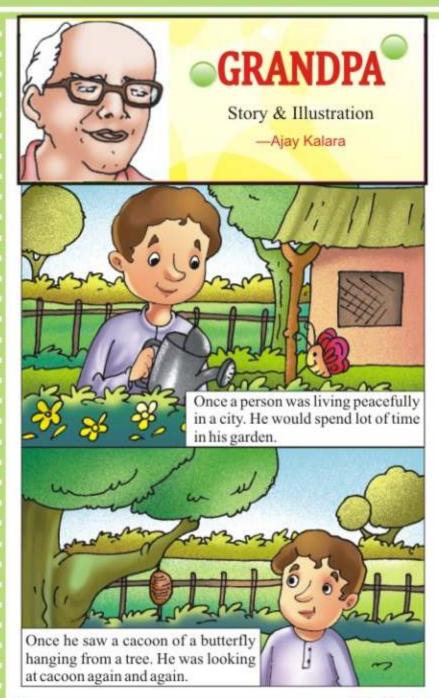


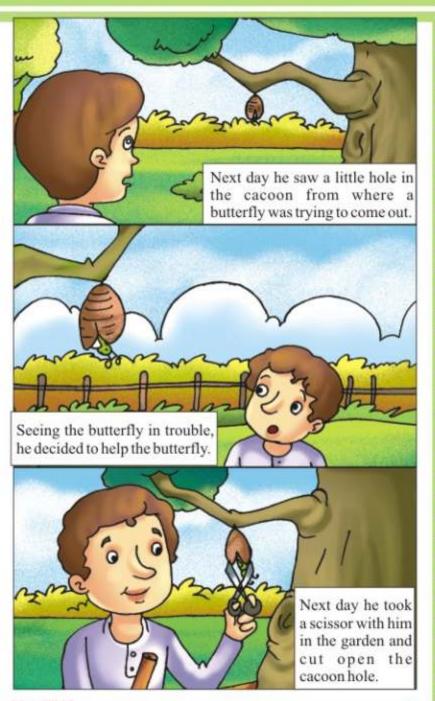
Editor, Hansti Duniya Magazine Section Sant Nirankari Mandal Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
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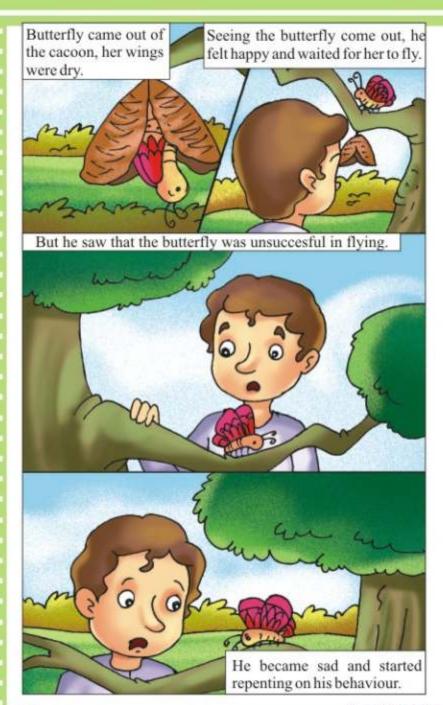
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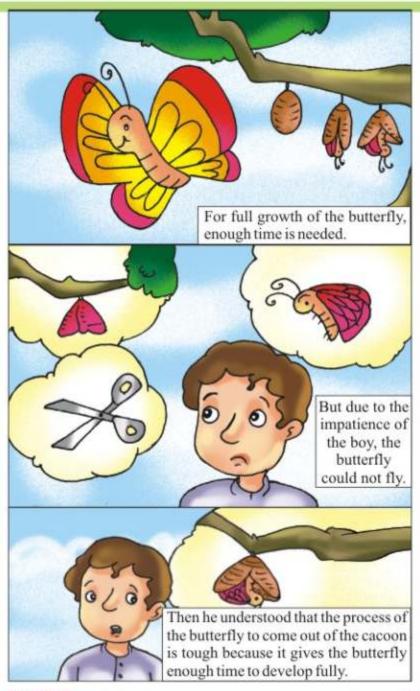
May 2015





May 2015





Diligence

Sailwind was a poor boy, who had to walk a good distance to reach a good school. The father could not afford to buy a bicycle or even send him by bus. He had to make a lot of sacrifices for his education. The expenses for uniform, books and fees were quite high. Sailwind understood all this and did not complain. Near their house was a bakery. The delivery boy went away and the baker found it difficult to send the bread to far off customers. Sailwind used to go there to buy bread. He saw the cycle and wished he could get one. Once Sailwind spoke to the baker about the cycle. "If you deliver the bread to my customers, in the evening, I do not mind if you use the cycle to school." Sailwind jumped at the opportunity! How happy he was that he could use a cycle to school. He missed his evening games, but he went round delivering the bread. The baker too, paid him a small sum to encourage him in the work. After some time Sailwind had enough money to buy an old bicycle. How happy he was to own his own cycle. He took great care of it. He was very proud of himself. He continued to help the baker for a larger sum to help his parents at home. His father encouraged Sailwind from the very beginning-saw his ambition to own a cycle and that would make his son more responsible.

There are many opportunities when you can help yourself and become self-reliant. This sense is called diligence. It is giving all one's attention and energy to do one's work well. You have to think or reflect what has to be done and put in the work that is necessary. At the beginning it looks a big amount. But just start and the work decreases.



Trolok was making a map of India, to show the common crops. He wanted to make it well. When he had finished the outlines and marked the areas for the crops, some friends came to call him to play. When he told them that he had to finish the map, they said it was good enough. Not to disappoint them, he went to play. When he returned, he was determined to improve the map. He first painted the map and got the different grains. He pasted them carefully on the map. In school, the teacher praised him for his hard and neat work! Trolok was indeed happy.

A person who is diligent, plans the day's work and that is a personal effort in growth. Not just completing the homework, but the time spent in carefully and pains takingly doing the work. It means finding better ways of studying and

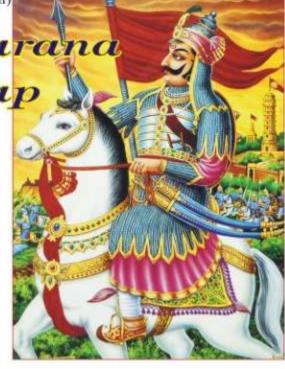
doing, giving you experience in producing quality work. Just completing the work somehow or the other is not enough; for real progress comes in making a thorough study of the matter. And you should spend a lot of time in reading and making inquiries about the things you study. Diligence means to study well not just to study. Making useful maps and charts on the matter covered; making useful summaries of what is learnt, gives you a good grasp of the subject. Those who are lazy, just do the minimum. Those who are mediocre just know the matter. Those who want to be on the top, have to make a thorough study. The story is told of a young boy, who did not like to spend so much time in study. While on his way to school, he saw a public park. Quietly he slipped inside. He thought of playing with the birds and animals around. He saw a bird hopping around. He wanted to play with it. But the bird picked up a twig and flew up a tree. It was building a nest. Then he saw a bee. It went from flower to flower collecting nectar and flew to a hive on the top of the branch. He then saw a squirrel collecting food and taking it. The boy saw all were working. It was a good lesson for him. He thought the birds and animals had a free life but he saw it was a life of work and toil. He made his way to school, to follow the example of the birds and animals; and do his own part well.

Very often you find things marked out for you: school time, home study time. They are not just timings assigned and given to you to do. They are opportunities for you to develop and grow. You must be diligent and develop the habit to work in a personal way. Every such effort helps you to become better. They are little regular challenges that help you to become mature and responsible.

-Dimple Bawa (Delhi)

Maharana Pratap

Maharana
Pratap was a man
of strong Rajput
character, he was
far more brave
and noble. His
kind heartedness
and excellent
decision making
qualities won the



hearts of even his enemies. He was the only ruler of India that did not give in to the Mughal rule and for that he is the most celebrated ruler of the country to this day.

He was born on May 9, 1540 in Kumbhalgarh, Rajasthan. His father Maharana Udai Singh ruled the kingdom of Mewar with his capital at Chittor. His mother Rani Jeevant Kanwar was a religious lady. In 1567, Chittor was surrounded by the Mughal forces of Emperor Akbar and Maharana Udai Singh II was forced to leave Chittor and move his family to Gogunda. After 5 years, Maharana Udai Singh II passed away leaving the way for Maharana Pratap to become the new king. Akbar tried his best to bring Maharana Pratap under his clutches but all in vain. At last, Akbar May 2015

H.D. Answer

- Jagtar Singh Jagga, Chandigarh
- Q. What is the difference between classical music and disco dance?
- A. In the first case head moves and in the second, feet.
 - Kulbhushan Sharma (Jalandhar)
- Q. : What is the best way of achieving one's aim in life?
- Have clarity of aim, fully concentrate upon it and be enthusiastic.
 - -Ramesh Rai, Azamgarh
- Q. What is brain-power? Is it limited?
- A. The process of thinking is called brain-power. It is unlimited, because brain can think beyond the limit. We are using not more than one percentage of our brainpower.
 - —Jotish, Dehradun
- Q. How to behave with others?
- A. Do unto others as you wish others to do unto you.
- Q. What is the best thing in the world?
- Good conduct.

declared a war. In 1576, the famous battle of Haldighati took place. 22 thousand Rajput soldiers met against 2 lakh soldiers of Akbar. But Akbar's army was not successful in defeating Maharana Pratap. Maharana Pratap escaped the battlefield and his trusted horse Chetak gave up his life trying to save his Maharana. Maharana Pratap took refuge in the Aravalli hills and learned guerilla warfare tactics which helped him in future. On January 29, 1597, he died at Chavand after getting severe injuries in a hunting accident.

Story: Subhash

Hunter And Skull

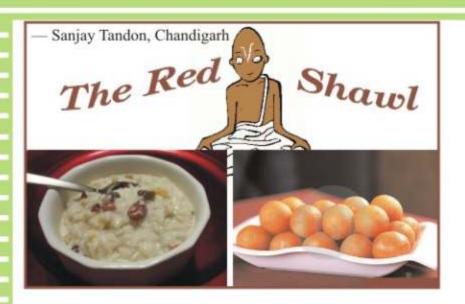


A hunter found a human skull in the forest .Surprised, he asked him: 'What brought you here?' The skull answered: 'Talking brought me here.' Amazed, the hunter ran to the king and reported to him: 'I have found a skull in the forest that talks.' Neither the king nor his courtiers would believe such a thing. So the king along with the hunter and his guards set out, to find the truth.

When they came to the skull, the hunter asked as before: 'What brought you here?' There was no answer, for the skull remained silent. The angry king called the hunter a liar and ordered the guards to cut off his head and leave it in the forest as a prey for the ants.

When everybody had left, the skull spoke again and he asked the head of the hunter: 'What brought you here?'

And the head of the hunter gave the answer: 'Talking brought me here.'



A poor man was a great lover of God. He spent a lot of time in contemplation on the name and form of God. One day a rich merchant happened to pass by his cottage. It was hot and the rich merchant was thirsty. The poor man sensed that the traveler was thirsty so he offered him some cool water. The two got talking and the rich merchant was impressed by the simple truths of life that this man seemed to be aware of. The merchant gave a beautiful red shawl to the poor man as a token of gratitude and appreciation. He also invited him to dine with him the following day saying, "Please wear this shawl when you come to my house."

The poor man went to the merchant's mansion on the next day but he did not wear the shawl. The doormen did not allow the simpleton to go inside to attend the dinner party. The poor fellow stood by the gate for some time watching the guests go in. He saw the expensively dressed men and women. He heard the rustle of silk and saw the diamonds sparkling on

their person. He saw the gateman offer salutations to each guest as they arrived. Sometime later the man returned to his home.

The merchant meanwhile remembered the fellow and wondered why he had not come. So sharp was his desire to meet the man again that he asked one of his men to go and fetch him saying, "Tell him that I am eagerly waiting for him. Please remind him to wear the silken shawl that I gave him yesterday."

The poor man came after a while escorted by the merchants messenger, complete with red silken shawl and all! The merchant welcomed him warmly and exclaimed, "Oh! My friend I have been waiting for you. Did you forget to come?" The shawl clad man said, "I came earlier, but no one let me enter your mansion. Now that 1 have come, wearing this shawl, I have been not only allowed in, but positively welcomed."

The merchant smiled knowingly and said, "These are the ways of the world. You see it is very important to be well dressed to participate in such a gathering. All the who'swho of the city is present here. It is but natural that everyone expects you to be well dressed."

Later in the evening, dinner was served at the magnificent dining table. It was laden with delicacies prepared painstakingly by the best Chefs in town. Wine and exotic fruits were being served freely. When the person serving came up to the shawl clad man, he carefully extended the shawl and laid it on the table. He told the waiter to pour the vegetables on to the shawl. Everyone looked at the man and the exquisite shawl lying in front of

Poem by H.S. Rice

What Is Prayer

Is it measured words that are memorised,
Forcefully said and dramatized,
Offered with pomp and with arrogant pride
In words unmatched to the feelings inside?
No...prayer is so often just words unspoken
Whispered, in tears by a heart that is broken...
For God is already deeply aware
Of the burdens we find too heavy to bear,
And all we need do is to seek Him in prayer
And without a word He will help us to bear
Our trials and troubles—our sickness and sorrow
And show us the way to a brighter tomorrow.
There's no need at all. for IMPRESSIVE PRAYER
For the minute we seek God HE IS ALREAD

him. The host rushed to the scene and said, "Why did you remove the shawl? Why are you asking for the food to be poured onto it? Everyone is laughing at you."

The man said, "It is this shawl that has been my passport to this august gathering. So surely it is the one that deserves all these delicacies, not me!"

Moral: "It is one's sacredness that makes one a good person."

Amazing Facts

How Does a Telephone Carry Your Voice?

To understand the way a telephone works, we must first understand the way we hear. Anything that vibrates, or moves back and forth, sends out sound waves. These waves travel to our ear-drums, which vibrate in step with the sound waves.

When you speak into the mouthpiece of a phone, your voice makes sound waves. These waves hit a thin iron disc in the mouthpiece and make it vibrate. This disc is connected to a transmitter, which consists partly of a box filled with carbon grains.

As the disc vibrates, the carbon grains alternately press together and loosen, in time with these vibrations. A batter sends current through the carbon grains. This current varies according to the vibrations of the iron disc, which, in turn, varies with the sound waves made by your voice.

This current flows along wires connected by aboveground telephone poles and also along underground crosscountry lines and undersea cables.

The person receiving the call has an iron disc in his instrument too. This disc also vibrates in time with the sound waves of the incoming call.

These vibrations cause sound waves, the same as those made at the other end, to reach the ear held to the receiver.

Would you believe

As of 1977, over 398,182,000 telephones were in use all over the world!

Thought: Don't aim for success if you want it ; just do what you love and believe in, and it will come naturally

Photo Feature



time right now, I am going to take part in fancy dress competition. —Soyan (Majlis Park, Delhi)

I don't have



See, what I will show you after pressing this magic button. —Puncet (Udapur Navanshahar)



Wait, press the other button.
The one on this side.
—Hardik,
Kolhapur (Mah.)



I keep control of my speed with this steering.

Ashvin Arora



See how nice this toy is. —Ashrit (Vishal Kunj, Delhi)



I have grown up. Now i must focus on my studies more than playing.

-Aditya Sharma, Sardarshehar)

Spiritual Development In Youth

Youth has always been considered the spinal chord of society and today they are toiling upward in the night to achieve their goals in every field of life - getting into top administrative service and heading multi-national companies across the globe. An Indian youth of 17, Shridhar Kambley, son of a farm labourer in a secluded village has successfully developed his theory of galaxy evolution. Impressed by his theory, U.S. Based NASA has invited him to their fold as a junior scientist to touch the stars literally. "Education has opened the doors of opportunity for him", say his parents.

With their pressure cooker life styles, the youth faces stressful burden of their own growth. We are too familiar with the striking contradiction in life between a millionaire sitting and mourning in his palatial citadel and the rough clad peasant roaring in joy amidst his simple circumstances.

There is a story of young Shvetakatu in Chhandogya Upanishad (1st Prapathak Khand) who returned home after completing university education. As directed by his father, he fetched a fig. The father asked him, "What do you see in it" The boy replied, "Seeds". Break the seed and tell me what is there in it? The boy broke the seed and said, "I see nothing". The father said, "What you call nothing, is everything". The tree potentially exists in the seed. The reality is that what you see is unreal, as it decays and dies. But what you do not see is real because out of that Invisible Power, the visible comes into existence. The changeless in the changing creation is called God, and the changeless is the changing body is called the soul. So, the sole aim of education is to educate the soul by seeing and understanding God which is the primary aim of life and road to eternal bliss irrespective of one's social status like that of Bhagat Kabir or Raja Janak. C.L. Gulati

Riddles



—Archna Garg, Vasant Kunj Delhi

Q: Throw away the outside and cook the inside, then eat the outside and throw away the inside. What is it?

A: Corn on the cob, because you throw away the husk, cook and eat the kernels, and throw away the cob.

Q: What word becomes shorter when you add two letters to it?

A: Short

Q: What travels around the world but stays in one spot?

A: A stamp!

Q: What occurs once in a minute, twice in a moment and never in one thousand years?

A: The letter M

Q: What has 4 eyes but can't see?

A: Mississippi

Q: If I have it, I don't share it. If I share it, I don't have it. What is it?

A: A Secret.

Q: What has hands but can not clap?

A: Aclock

Q: What can you catch but not throw?

A: A cold.

Q: What is at the end of a rainbow?

A: The letter W!

Q: What is as light as a feather, but even the world's strongest man couldn't hold it for more than a minute?

A: His breath!

28



A little faith is all you need

Just have some and you will succeed

In all you think and do

God will always be with you

At the edge of a swimming pool Don't know how to jump in Just have a little faith in you

You'll find that you'll win
On a climbing frame
Think you're going to fall
We all have a little faith
No matter if you're short or tall

Climbing a mountain you just want to stop you don't think you can do it have faith and you'll reach the top

Learning to use a skipping rope putting it over your head don't let frustration prevail you it's better to have faith instead

A little faith is all you need

Just have some and you'll succeed

In all you think and do

God will always be with you

May 2015





Improve your Grammar

		10.00		-1 6	—Vik	as Ar	ora (F	Rewari)
Choc	se the	right	optio	HT1				STEEL STORT CONTRACTOR
l. The co	mpan	y has		bad	ly unde	er his l	eaders	ship.
	a)	FAR	ED		b) IN	MPRO	VED	
2. He wil	l not c	heat y	ou; ch	neatin	g is aga	inst h	is	-
	a)	GRA	IN		b) W	/IND		
3. He		that h	e wou	ld cor	ne.			
	a)	REQ	UES	ΓED	b) S.	AID		
 Positive NOBL 		BLE	, Con	parat	ive:		, Sup	erlative
	a)	NOE	BLIER	1	b) N	OBL	ER	
5. She w very w		evote	d wif	e and	looks		her	husban
	a)	AFT	ER		b) D	OWN		
5. The primillion tonnes	n tonr	nes as	<u> </u>		the p			
7. Itisap						cerva	nt	
. Itisar					b) O			
8. Apers	100							
o. repeto					b) C			
Answer Sheet	1	2	3	4	5	6	7	8
Jud All correct 5 – 7 corre Below 5 c	t – Exc ect – A	ellen verag	Gran Gran	nmar mmar	he table	3	ok ev	

LET'S LOVE NOT HATE

-Bhupinder Singh 'Dilvar' Mumbai

Life is so short, No time to love How do we find time to hate. Saints come and go, We miss the bus Why are we always so late. Life is so short



Improve your

Grammar

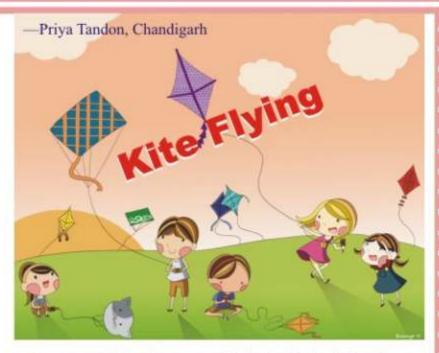
Answers:

1	2	3	4	5	6	7	8	
Α	Α	В	В	Α	Α	В	В	

Q.No.

Explanation

- The word IMPROVED indicates positive performance. Since BADLY is already mentioned, FARED is used.
- If an idea or action goes against your grain, it is very difficult for you to accept it or do it, because it conflicts with your previous ideas, beliefs or principles.
- It is simply a statement, not request. So, SAID is correct.
- The Comparative degree of NOBLE is NOBLER, not NOBLIER.
- LOOK AFTER means take care of someone. If A looks down on B, it means A considers B to be inferior or unimportant.
- 'AS AGAINST' means 'in comparison with'. If something happens AS PER a particular plan, it is done in the way planned.
- The word 'penal' means 'punishable by law'. Hence, offence is the correct choice. An offence is a crime that breaks a particular law and requires a particular punishment. On the other hand, a sin is a moral wrong.
- Optician is a person who makes and sells spectacles and lenses.



Aayaan and Ujwal were good friends. Today being Basant Panchmi, it was a holiday so they went to the city park to fly Kites. Aayaan had a lovely yellow kite with a deep pink tail and naughty eyes. Ujwal had a blue one with black moustaches and a sensible face. There was a nice breeze and soon both the boys had their kites flying merrily in the clear blue sky.

Strangely the two kites got talking.

Aayaan's kite asked Ujwal's "Hi! What's your name?" "Hello! My name is Neelu. What is yours?"

Aayaans kite said, "I'm called Basanti, because I'm so nice and yellow!"

Neelu: It's a lovely day. Isn't it?

Basanti: Yes, I'd love to go higher into the sky. But my master,

Aayaan is holding on too tight to my string.

Neelu: It's nice here, if we go too far, the boys may not be able to control us. If our strings snap, we'll be lost. I'm enjoying my flight here.

Basanti tugged hard at her string as the wind bullied her aggressively and soon Aayaan unrolled some more string off the bobbin.

Basanti: Come on Neelu, tug harder, its lovely up here. You're such a coward. Come on, don't be a sissy.

Neelu thought for a moment and decided to go just a little further. It tugged and Ujwal let his bobbin unroll some string. The kites moved higher and higher. Basanti: If only Aayaan would cut my ties, I want to explore the skies, but unfortunately, I am tied down. Aayaan just won't let me go.

Neelu: Don't be naive. If he cuts your string, you are sure to get hurt.

Basanti: Naah! Come on, wanna have a fight?

So saying Basanti tugged towards Neelu and their strings crossed.

Snap! Basanti's string got cut!

Basanti: Whee! I love it! I'm free! Yahoo! What fun!

Basanti soared higher and higher as Aayaan watched his precious kite in dismay. But a few minutes later, it started descending. Basanti: Whoa! Why am I falling? Hey! 1 want to keep flying.

What's happening? Help!

Basanti went tumbling down as Neelu watched helplessly. Neelu: My dear friend, if only you had understood that Aayaan was not tying you down, he was actually holding you up!

Time

There is compensation for every other loss. There is no compensation for the loss of time. What is wasted is gone once for all.



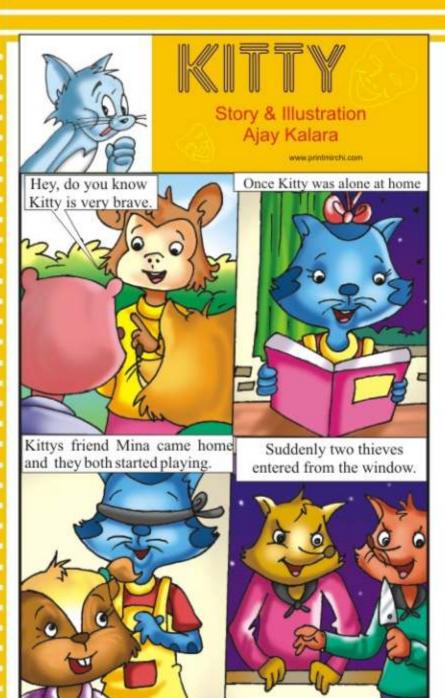
Time is the interval between two incidents. It is without beginning and end. Man gets his quota in it. Foolish is he who does not know the value of time. He squanders it. Wise is he who accounts it. By making the best use of time man builds his career. He who knows the value of time has known the secret of life.

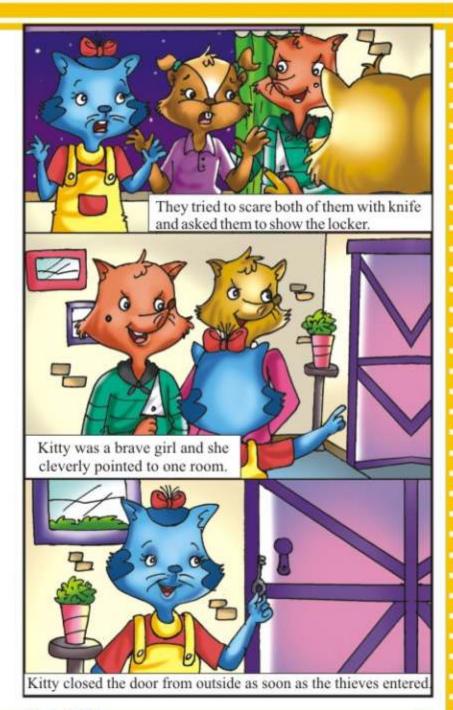
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So, it is in our lives. Our parents are our anchors. Too often we feel choked and tied down, because of the restrictions they impose upon us. But they actually know how much string to let go and when. They know the world better than us. The younger generation may be more educated but the older generation is surely wiser by experience! Like my Dad says, "My hair didn't grey just by standing in the sun!"

Babaji says, age should guide and youth should do Punning on the word 'parent' as 'pay-rent', Swami says, having received so much from our parents, the least we can do is to offer them Gratitude.

Moral: "First and foremost, you should show gratitude to your parents, love them and respect them."







38 Hansti Duniya





Lovely Flowers, lovely spring Season's beauty, season's king. Blooming flowers touching skies Chirping birds and buzzing flies Nature's beauty on its extreme Always joyous season it seems. Singing Cuckoo melodious songs For Nightingale everyone longs Blooming buds and charming twigs Attractive enough as if wigs. In lovely forests, in lovely gardens Spring has impressed every wardens Flying butterflies singing songs Trees, flowers seeming as Monks Like Fairies in decent woods Buds are blooming as raising hoods,



Are You Happy?

After years of hard & dedicated service to his Company, Ajay was being appointed at an elegant reception as the new Director.

It was a small function where his wife Anita, a Home Executive & some of the wives of the other persons in top management were also present.

In an adjacent room, Ann, the wife of the CEO of the Company, asked Ajay's wife a very odd & usual question; "Does ur husband make u happy?"

The husband, Ajay, who at that moment was not at her side, but was sufficiently near to hear the question, paid attention to the conversation, sitting up slightly, feeling secure, even filling his chest lightly in pride & hope, would definitely not publically lower or degrade her husband, would answer affirmatively, since she had always been there for him during their marriage and generally in life.

Nevertheless, to both his & the others' surprise, she replied simply; "No, no he doesn't make me happy..."

The room became uncomfortably silent, as if everyone were listening to the spouse's response. There was a sudden coldness in the air. The husband was petrified. A frown appeared on his face.

He couldn't believe what his wife was saying, especially at such an important occasion for him. To the amazement of her husband & of everyone!

Anita sat up firmly & explained in a modest but stern tone to the other wives who were present;

"No, he doesn't make me happy... I AM HAPPY. The fact that I am happy or not doesn't depend on him, but on me. GOD has granted each of us intellect & discretion to reason,

interpret & decide. GOD made me the person upon which my happiness depends.

I make the choice to be happy in each situation & in each moment of my life.

If my happiness were to depend on other people, on other things or circumstances on the face of this earth, I would be in serious trouble!

Over my life I have learned a couple of things: I decide to be happy & the rest is a matter of 'experiences or circumstances' like helping, understanding, accepting, listening, consoling & with my spouse, I have lived & practiced this many times.

Honestly true happiness lies in being content"

Relieved & reassured, a smile was clearly noticed on Ajay's face.

Moral:

Happiness will always be found in contentment, forgiveness & in loving yourself & others.

To truly love is difficult, it is to forgive unconditionally, to live, to take the "experiences or circumstances" as they are, facing them together & being happy with conviction.

There are those who say I cannot be happy:

- Because I am sick.
- ·Because I have no money.
- ·Because it's too cold.
- ·Because they insulted me.
- ·Because someone stopped loving me.
- ·Because someone didn't appreciate me.

But what u don't know is that u can be happy even though Being Happy is an attitude about life & each one of us must decide!

Being Happy, depends on U! It depends on Me.

SMSes of the month



- Do you know that simple phone calls make them happy. Parents did not leave you when you were young. So don't leave them when they are old.
 - -Avneesh Gulati, Chandigarh
- Never stand begging for which you have power to earn. —Jotish, Dehradun
- Make the bonfire festival special by spreading Happiness.
 —Pinky, Sultanpur
- Love does not isolate. If you have to cut off good friends and family to please your partner, you are not in a relationship. That is slavery. A person isolates you so that one can control you.
 - -Rahul Rai, Delhi
- One good reason why we should pray? It is because God can do more in a second than we can do for ourselves in a life time.

—Atti Kumar, Hyderabad

- I may not put colors on your face in this colorful fest. But I am praying to God to add more colors in your life.

 —Parun Gurgaon
- ▶ Sensistive people suffer more, but they love more and dream more —Pooja Mumbai
- Never be afraid to turn the page and start a new chapter in your life. Think positive words.

Pooja, Mumbai



- A person who fits and repairs pipes and fittings.
- A European country whose capital is Vienna.
- 9. Synonym of Obstacle.
- 13. Antonym of Human.

Up Down -

1.	The Leaning Tower of	is situated in the Italian city of			
	Pisa.	Consideration of the second control of the second control of the second of the second			

- Plural of URN.
- He cannot _____ so much pain. (BEAR/BARE)
- Lord _____ is the seventh avatar of the God Vishnu in Hinduism.
- Washington D.C. is the capital of this country.
- A dark flammable liquid distilled from wood or coal. (TAR/BAR)
- The word that comes last in the dictionary: IRE, ICE, ILL, INK.
- An island in Indonesia to the east of Java island. (BALI/CUBA)
- Antonym of Poor.
- 11. Singular of Items.
- 12. Drops of fresh water that fall from clouds.

Winners of March Issue

Ist.: Nishtha Anand Age 12 years

B-36-398, Vikash Nagar, Ludhiana (Punjab)

IInd: Shravani, Age 13 years

Vill.: Nandwal,

Distt. : Satara (Maharashtra)

IIIrd Madhav G, Age 12 years

Pozhuveli House,

Kalavoor

Distt: Alleppey (Kerla)

Consolation Entries

Manvi Maurya (MIG,56 APO), Ishana Dhingra (Sant Nagar, Delhi), Tanya (Ghana Ramkapura,(Allahabad), Mehak (Beniwal, Naraingarh), Yash Dattatray Chavan (Nasik, Rivita Joshi, Kathgodam), Mihir Harshad Khatri (Manickpur, Vasai Road (West.) Thane), Navyaa Arora (Arya Samaj Road, Uttamnagar, Delhi)

Competition for May

On page 46, a beautiful picture is given; colour it and send it to us latest by **June 20, 2015**. The best three will be awarded suitable prizes.

The result will appear in July 2015 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.





Name	 	 Age



Captain: I shave two-three times a day. Vimal: I shave fifty-sixty times a day.

Captain: Are you crazy?

Vimal: No, No! I am the new barber of the battalion.

Patient: Chemist advised me to......

Doctor: (interrupting) What to talk of chemists...they

always give wrong advice. Anyhow, what did he

advise you?

Patient: I should take my treatment from you.

Sanjay : Bharat, when did you get married?

Bharat : How did you come to know?

Sanjay: The handful bag of vegetables in your hands.

If a single teacher can't teach us all the subjects, then how could you expect a single student to learn all subjects.

A Punjabi having no child, no money, no home blind mother prays to God.

Happy with his prayer, God grants him only one wish!

Punjabi: I want may mother to see my wife putting diamond bangles on my child's hands in our new bangalow.

God: I have a lot to learn from Punjabis

A Boss was telling an applicant—the two main rules of the company.

He said " Our second main rule is cleanliness. Did you wipe your feet on the mat before coming in?

The applicant replied, 'Yes Sir! I did.

Then the Boss said,"Our first main rule is trust worthiness. There was no mat.

-Nishtha Kawrani, Vasant Kunj







FEAR is the emotion that often takes out our tears.

It is all the time with us like a tiger in the mind of a deer.

Sometimes it takes our thoughts, laughter and cheers,

As we are always afraid of this emotion called fear.

If one wants in his life to succeed.

He should take care before he proceeds.

Confidence, learning, training are more important than speed.

To get the best out of anything

what is required is a mind without fear indeed.

Teacher: Why are you late Joseph?

Joseph: Because of a sign down on the road.

Teacher: What does a sign have to do with your being late?

Joseph : The sign said, "School ahead, Go slow."

Murder of English:

Both of you stand together separately.

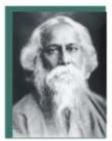
Will you Hang the calenders else I will hang myself.

Give me a blue pen of any colour.

Pick up the paper and throw in the dustbin.

Rabindranath Tagore

Rabindranath Tagore (7 May 1861– 7 August 1941) was a Bengali poet of India. *Thakur in Indian languages.* He was also a philosopher and an artist. He wrote many stories, novels and dramas, as well as composing music and many songs. His



writings greatly influenced Bengali culture during the late 19th century and early 20th century. In 1913, he won the Nobel Prize in Literature, the first Asian to win this prize. He was popularly known as Gurudev. His real name was Robindranath Thakur.

He wrote his first poem when he was only eight years old. He published his first large poetry collection in 1877. He wrote his first short story and dramas when he was only 16 years of age.

Tagore's major works included Gitanjali (Song Offerings), Gora (Fair-Faced), and Ghare-Baire (The Home and the World); and many other literary and art works. He was also a cultural reformer, and modernized Bangla art by rejecting the rigidity of form and style.

In February 1873, when he was 11 years old, he went with his father on a tour of India. The tour lasted several months. Tagore also visited his father's estate at Shanthiniketan. There he read biographies, studied history, astronomy, modern science, and Sanskrit. He also read works of Kali Das. During this time, he also composed many literary works. One of them was a long poem in Maithili language. Tagore wrote this poetry in Maithili language in a style of Vidyapati, a famous poet of Maithili language. During 1891-1895, he wrote many short stories about life in Bengal, particularly rural life.



Have Your Say

Editorial "First of All" gives readers a unique thought 'Each activity should be performed with a sense of pleasure, be it

studying, cooking, eating or helping someone. Let us follow instructions to live life Blissful.

"Ankit stood first" story is very interesting and gives us a good lesson how to avoid intoxication to manintain good health. Helping a Thief is very special story which inspires the wealthy people to help the needy to start a new chapter in their life honestly.

Grandpa and Kitty stories with illustrations are very interesting and also gives good lesson to the children. Blind at 13 his vision leads him to top the IT firm is very encourging article of a blind person, who clearly says' It is equally important for the disabled to reject sympathy'.

"Serve and save your Parents" is most beautiful and heart touching article. By reading this article young generation can give good suggestions to their parents to maintain good health and serve their families more sincerely. This is very important article.

Poems "All is Yours" and You calling me Colored" are very nice poems.

Hansti Duniya is best children magazine which gives good entertainment, general knowledge and how the children can improve their grammar and live better life.

Suresh Sadawarti,
 Raikot

Cross Word Solution

I P	L	U U	М	B	E	4 R
1		R		E		A
s		N		A		М
5 A	6 U	s	7 T	R	* 1	A
	s		A		R	
9 B	A	10 R	R	11	E	12 R
A		1		T		Α
L		C		1		1
13	N	н	U	м	A	N

Dhan Nirankar Ji

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