

Hi Kids !
Hope you like
my new look.



HANSTI DUNIYA

(A Monthly for Children's Mental Development)

Published in English, Hindi, Punjabi and Marathi



VOL 29

No. 7

July 2015

Page 44

Regular Columns

Editorial	4
Thoughts to Ponder	5
Sampurn Avatar Bani	6
H.D. Answers	19
Colour it	38
Laughing Time	39

Photo Features

Microscope	12
Chinki & Sea-Horse	24

Vimlesh Ahuja

Editor

(Honorary)

Rajat Kapoor

Associate Editor

(Honorary)

Phone : 011-47660200, 47660361

Fax : 011-27608215, 47660300

Web. : <http://www.nirankari.org>

E-mail : patrika@nirankari.org

Stories

Visiting Grandmother	Kishor Danial	8
The Golden Plate	Sanjay Tandon	15
Bablu's Cycle	Mahesh Asnami	26
Kalu-The Good Neighbour	Harish Kuman Popli	30
Vipul Chases a Butterfly	Saurabh Sharma	32
Smile all the Way	Priya Tandon	34

Poems

I have seen God	H.S. Nirman	9
The Cloud	Parshuram Shukla	10
The Foundation Stone	Miss Rajan Taunk	31

Articles

Find Joy in the small things	Ashok K. Chitkara	11
Panda	Kishor Danial	14
In Her Feet Lies a New Sumita		16
Going to the Moon	C.L. Gulati	20

And

Find the way	Riya Rai	07
Riddles	Raunak Rai	18
Improve Your Grammar	Vikas Arora	21
The Clever Fisherman	Rakesh Hardalia	22
Laziness—Sloth		27
Trusting Young Ones	Arpita Saxena	29
SMSes of the Month		35
Cross Word	Vikas Arora	36
Bal Gangadhar Tilak		41
Have Your Say		42

COUNTRY	ANNUAL	3 YEARS	5 YEARS	10 YEARS	20 YEARS
INDIA/NEPAL	Rs. 150	—	Rs. 700	—	—
UK	£ 15	—	£ 75	—	—
EUROPE	€ 20	—	€ 95	—	—
USA	\$ 25	—	\$ 120	—	—
CANADA/AUSTRALIA	\$ 30	—	\$ 140	—	—

OTHER COUNTRIES # Equilant to U.S. Dollars as mentioned above

Member Incharge Magazines — C. L. Gulati

Issued by Radheshyam, Publisher & Printer for and on the behalf of Sant Nirankari Mandal, Delhi-09, Editor (Honorary) Vimlesh Ahuja printed by Hardev Printers, Sant Nirankari Colony Delhi-110009

Hansti Duniya

July 2015

③



OUR AIM - A HAPPY LIFE



Every thing in this world is convertible, that means every subject matter undergoes constant change. We too are no exception. But there are matters which do not change, though the possessor of such matters keeps on changing. For example, there is a position and a person is selected for it. He performs his work diligently and honestly. Still, after some time either that person gets promoted or is transferred or resigns or retires. The position, however, gets filled by another person. Therefore, the position remains, though the occupants of the position keep on changing.

Similarly, as you all know that when our 'Hansti Duniya' started, Rev. Bhupendra 'Bekal', Rev. Vinay Joshi were appointed as its editors. Slowly, with their sincere, intelligent and wise approach, the publication and its theme became popular and reached all over. Presently, this task is being shouldered by Vimlesh Ahuja. In the same way, there will be another editor in coming future. But 'Hansti Duniya' will continue and so will be its continued progress.

All of us were children earlier; then we grew and attained youth and acquired education. Then our families were formed, children were born, new relatives came in life and departed. Later, we further grew and entered into elderly phase of life, etc. etc. However, in spite of these bodily and intellectual changes, we were the same as earlier. That 'I' remained as it was. And this 'I', which witnessed the childhood, youth and other states of life, remained static. It was a witness to every change, for example, my height, form, colour, life style, etc., Without having undergone any change.

Dear friends! this ever changing nature leaves an impact on us. However, this nature is under the control of the Almighty. This Super Element, or the Super Soul, or God, or Nirakar is immutable.

Friends! now that the format (frame) of 'Hansti Duniya' is being changed; in-as-much as its colours, materials are being changed. In coming time, there will be many changes in future, but what will not undergo any change is its aim of spreading inspiration among children (and elders) all over. Till the time we are attached with it, the 'Hansti Duniya' Family will continue to spread the fragrance of Truth. It will continue to put in its best to open the blocked nostrils through its beautiful songs, poems and other articles. The efforts will continue to ensure that each fellow being lives continuously happy and ever smiling. And this is what our endeavour and aim is.

—Vimlesh Ahuja



Thoughts to Ponder

Compiled by : Haardik Khinda, Sanskriti School, Delhi



- ★ The matchstick first burns itself before burning other things. Anger is also like a match stick; it destroys us first, before destroying others.
—Ramaya Sree Modali
- ★ When the power of love overcomes the love of power, the world will know peace.
—Nirankari Baba
- ★ Amassing great wealth is gradual, like the gathering of a theatre crowd. Its dispersal is sudden, like the same crowd departing. —Thirau K Kurai
- ★ Those who can do, do. Those who cannot, teach. —G.B. Shaw
- ★ There is a need to make learning more fun for children and teaching more interesting for teachers, so that both the teachers and children could enjoy themselves.
- ★ Let us forget bitterness of the past and strive to foster mutual understanding and harmonious relations
—Nirankari Baba
- ★ The difference between the impossible and the possible lies in a person's determination.
—Tommy Lasords
- ★ The best way to find yourself is to lose yourself in the service of others.
—M.K.Gandhi
- ★ A ship in the harbor is safe, but that's not what ships are built for.
—William Shedd
- ★ We can not always prepare a future for the youth, but we can prepare youth for the future.
—Nirankari Baba
- ★ Violence is the last refuge of incompetent. —Isaac Asimor



SAMPURN AVTAR BANI

Ik Tu Hi Nirankar - 107

SIKH DA PIND PRAN EY SATGUR ESE DA HI DHIAN DHARE;
LAI VADIAEE RAHE NIMANA BHORA BHAR NA MAAN KARE.
SHAHBAD GURU DA DHAN HAI IHDA PIAR GURU DA MOODI EY;
HAR HAR AKHE IH HAR VELE HAR CHARANANDIDHOODIEY.
SIKH GURU DA KUJH NA MANNE HARKHAN NOON TE SOGAN NOON;
MANN KE SABH KUJH DAT GURU DI BHOG RIHA EY BHOGAN NOON.
DILI MUHABAT MARE THATHAN BULHAN TE ARDAS RAHE;
KAHE AVTAR IHO JIHE SIKH DE SATGUR HAR DAM PAS RAHE.

Gist : Thou Formless One

The True Master is the body as well as the soul of the disciple and the latter always contemplates upon him;

Even after receiving all glory, the disciple remains humble and is not at all proud.

The word of the True Master is his wealth and love of the True Master his asset;

He utters the Name of God every moment, and considers himself to be the dust of the divine feet.

The disciple of the True Master is blissfully above pleasure and pain;

He uses the material comforts as gifts from the True Master.

His heart is ever full of divine love, and his lips are ever engaged in prayer; Avtar says, the True Master is ever present with such a disciple.

Thoughts

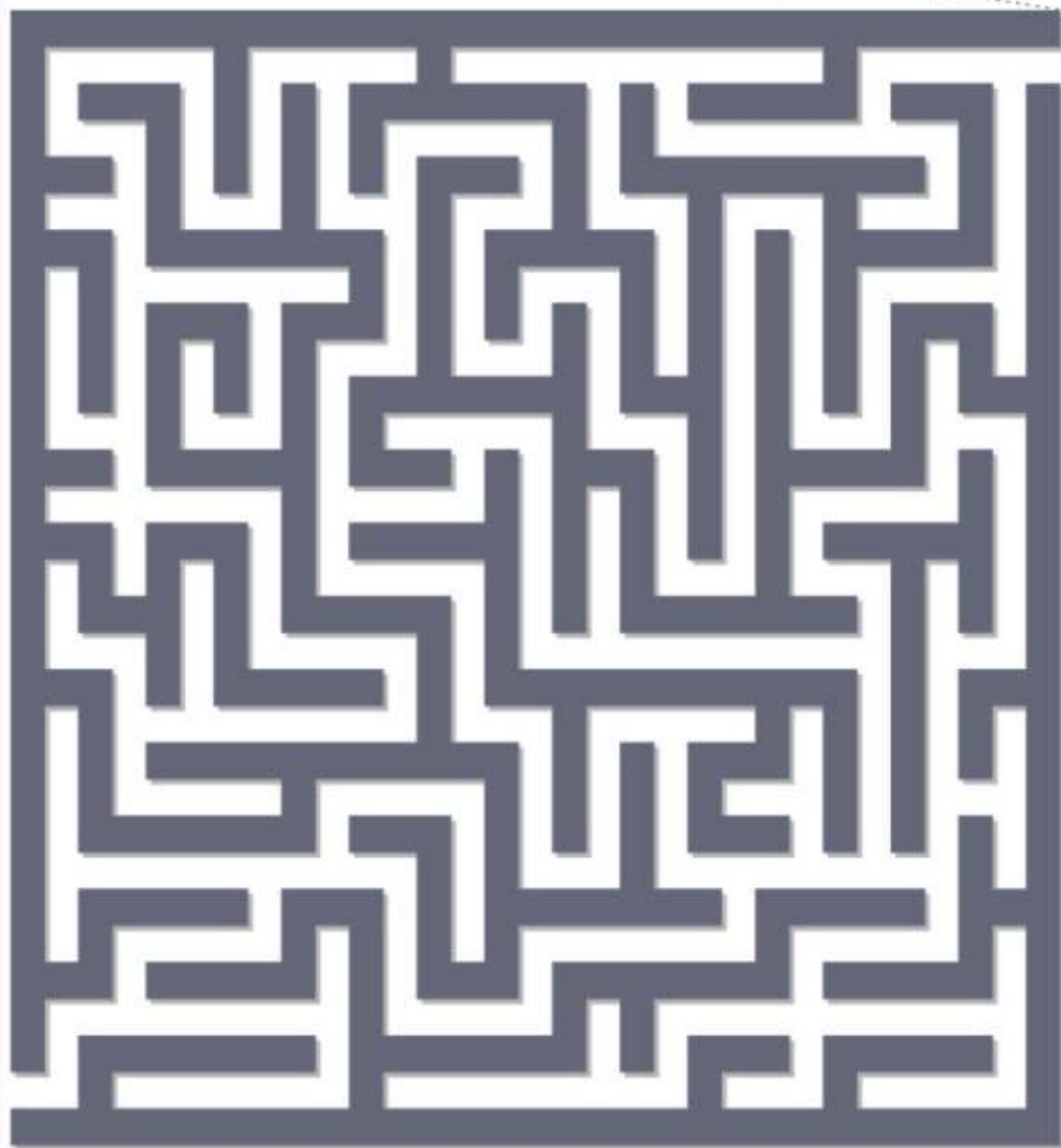
★ It is nice to be important but more important to be nice .

—Nirankari Baba



—Riya Rai, Mumbai

Find the way



- » If the way found in half minute, you are Genius.
- » If the way found in one minute, you are Talented.
- » If the way found in more than minute, you need to improve.





— Kishor Danial , Delhi

Visiting Grandmother

Sandy and Laura were cousins. Their grandmother had invited them to visit her on the farm. They were out in the barn now, playing with the kittens. "Tinkle, tinkly, tinkly!" The girls knew what that meant. It was grandmother's dinner bell ringing:

"Come on," said Sandy, "grandma is calling."

"I think I'll stay here and play with the kittens for a while," said Laura.

Sandy started towards the house alone. "Mother said that I must obey grandma. So I am going."

"Oh, well, I'll come too," grumbled her cousin. And both of them entered the house.

"Wash your hands," said grandmother. "Lunch is ready." "I don't like carrots," said Laura, as they sat down. "But these are good carrots," said Sandy.

"Why don't you taste them, dear? They are fresh from the garden, and I think you would like them," said grandmother to Laura.

"I know I wouldn't," replied Laura crossly.



I have seen God

Poem: H.S. Nirman, Chandigarh

I have seen God, yes, seen God;
And shall never die.
I am happy, very happy;
You ask how and why.

Neither through any worship,
nor through any search;
Rather these efforts had left
me in the lurch.
Did not pay anything,
yet God did I buy.
I am happy, very happy...

With the grace of Nirankari, my Satgur of the day
I entered the kingdom of heaven by the way—
In a twinkling of an eye, he gave me third eye
I am happy, very happy ...



▶ Grandma had a surprise for the children. She showed them two pretty new dresses she had made. 'The green one is for Sandy, and the yellow for Laura,' she said.

"I don't like that colour," said Laura.

"Oh, thank you, grandma, thank you!" said Sandy.

The next day the two cousins were to go home.

"I've had a lovely time," said Sandy. "Thank you for inviting me."

Laura was already in the car that was to take her away. She did not remember to say 'thank you' to grandmother.

When summer came again, grandmother invited only one grand-daughter to visit her. Can you guess who it was?

"O give thanks unto the Lord; for he is good; for his mercy endureth for ever"



Dr. Parshuram Shukla

The Cloud

In the blue sky
The clouds are hovering,
As if they are eager
To burst for showering

At times, they look like
Coming down on earth
And to quench its thirst.
There's no water's dearth.



Flying over the Orchards
With coquetry they run,
And over the rocks
They make lot of fun

They help barren fields
To lash with crop green
The dancing of Peacocks
Gives us wonderful scene.



—Dr. Ashok K. Chitkara, Chancellor, Chitkara University, Chandigarh

FIND JOY IN THE SMALL THINGS

Everything God created is good, and nothing is to be rejected if it is received with thanksgiving. Many of us tend to take things for granted — the colors of flowers, the songs of birds, the beauty of a sunrise — these are all things that many people barely notice. It is only when you begin to contemplate a life without these blessings that you realize how colorless and uninteresting it would be if they were absent. We should cherish and appreciate every blessing in our lives. We should learn to appreciate the wonders of God's creations and everything He has granted us through His grace.

Happiness comes from mastering the art of appreciating and consciously enjoying what you already have.

Life is too short to wake up in the morning with uncanny thoughts and lament. If you ever thought you are still young and got another scores of years left, you have to tell yourself: ignorance is not always bliss. So love the people who treat you right, and forget the ones who don't. Believe that everything happens for a reason and with a purpose that you may not and need not understand always. Miracles are that which you thought wouldn't happen!

If you get a chance, take it. If it changes your life, let it. Nobody said life would be easy, they just promised it would be worth it. Life doesn't flow the way we wish, but we need to adjust the way life takes us, though no one drags you back from trying something innovative to alter the situation! We don't always get what we desire, but we can like what we get. Life is so short and diverse that we don't always see the end of all that we venture into. Yet there is always the hope of something good happening at the end of the day unless you are adamant on remaining pessimistic.

For joyous life, start loving people and using things, instead of using people and loving things!



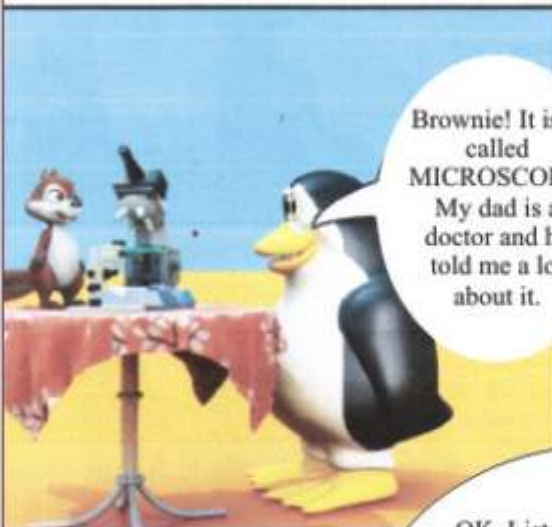
MICROSCOPE

Story & Illustration — Pankaj Rai

Brownie, the squirrel, went to the house of his friend Blacky, the penguin, for the first time. There he saw an unusual instrument.



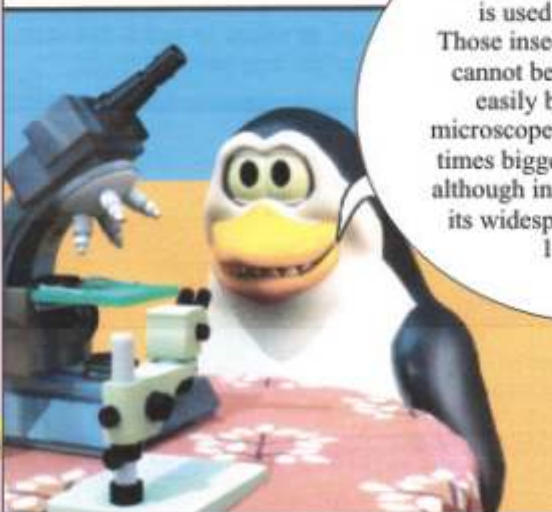
"Dear Blacky, will you tell me what kind of an instrument is this?"



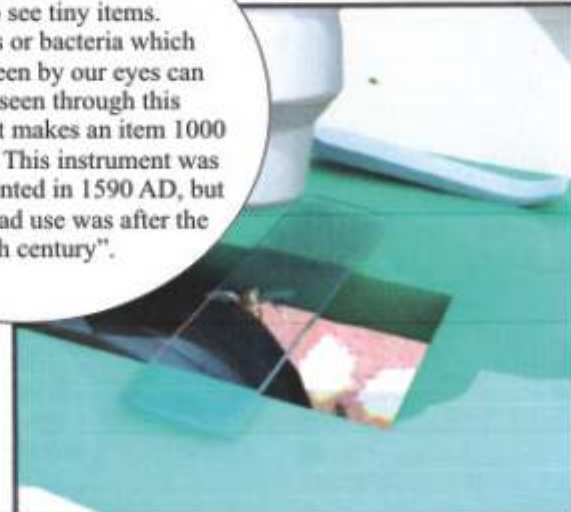
Brownie! It is called MICROSCOPE. My dad is a doctor and he told me a lot about it.



"Then, tell me also about it. I am a bit too anxious to know".

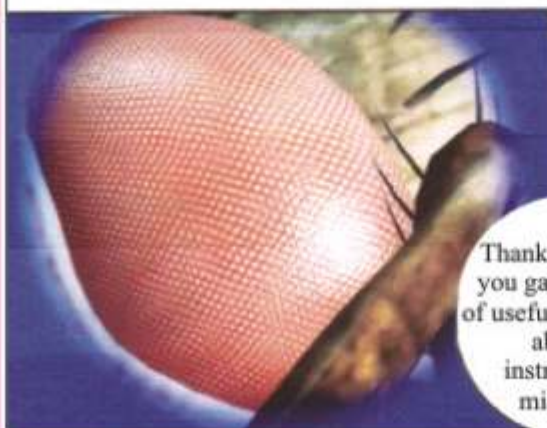


OK, Listen. This instrument is used to see tiny items. Those insects or bacteria which cannot be seen by our eyes can easily be seen through this microscope. It makes an item 1000 times bigger. This instrument was although invented in 1590 AD, but its widespread use was after the 17th century".



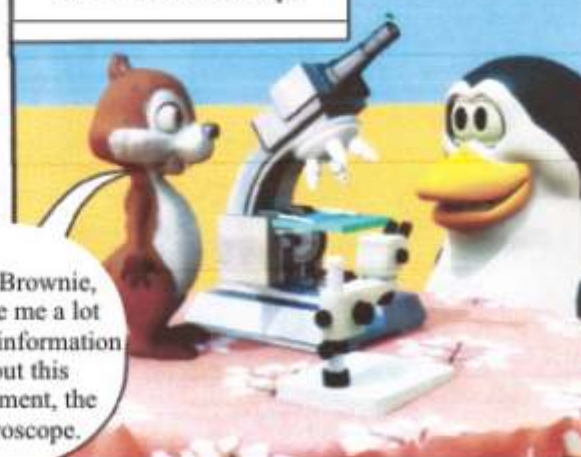


Through microscope, the eye of a tiny fly would look like a gigantic one.



Brownie enjoyed knowing so much about microscope.

Thanks Brownie, you gave me a lot of useful information about this instrument, the microscope.



—Kishore Daniel, Delhi

PANDA



The giant panda is one of the rarest animals in the World. Very few of them are owned by zoos because they come from Western China and the snow-capped Himalayan Mountains of Tibet where explorers seldom travel. They climb trees in deep forests near streams eating bamboo shoots, eggs, and insects.

Pandas are as large and furry as bears, and walk with their feet planted flat on the ground. They are sometimes called parti-colored bears because their bodies and heads are white, and their legs and ears black. But the dark patches around their eyes also make them resemble raccoons, and they really belong to this family of animals.

The Tibetans claim that pandas hibernate in snow banks during the winter. Some explorers say that the panda's scent glands enable him to find his mate in the forest, while others say that they use these glands only for protection, like Skunks. No one knows much about their habits in the wild because very few pandas are ever studied.

In zoos, pandas are interesting to watch because they love to clown like little children. Probably no other large animal is so gentle and playful although a panda is strong enough to crush a man with his forelegs.



—Sanjay Tandon, Chandigarh

The Golden Plate

A priest was offering the daily prayers to the deity at a temple. Each day, he would perform the Abhishekham (ritual bath) and then adorn the idol with fresh clothes and ornaments. Then he would put garlands of fresh flowers. All through this routine he would chant shalokas and Mantras from the Vedas. One day, while he was offering prayers to the deity, a metallic plate fell from above in front of the deity with a clatter. The priest saw that it was made of gold! There was an inscription on it. It said, "This plate may be given to my greatest devotee."

The priest thought, "I spend all my waking hours chanting the name of God. I perform the personal upkeep of the idol too. I have spent all my life in working for God. Who can be a greater devotee than me? This plate is surely meant for me and me alone." He reached out for the plate, but as soon as he touched it, it turned into an earthen-ware plate. The priest was dumbfounded. He thought, "If anyone sees me carrying this plate out of the temple, they shall laugh at me. I don't want this plate. I think I'll just put it back, where it was." No sooner did he put it back, the plate turned into gold and shone in the light of the lamps lit before the deity. The priest was confused.

Later in the day, the priest asked one of the other priests in the temple to pick up the gold plate. To his astonishment, the plate turned into a mud plate again! The priest asked him to put it back. Sure enough, it turned back into gold again. Soon a very religious man, who frequented the temple often came in. He put a large sum of money as offering before the deity. The priest asked this devotee to pick up the plate for a minute. As before, the plate became an ordinary earthen-ware utensil.

The day passed. The priest became more and more restless. He spotted a man who used to offer service at the temple for the menial chores. He called him inside and said, "Please pick up that plate, my friend." The man looked at him and said "Why would I want to pick that golden plate. I have no desire for such luxuries. I don't want it." The priest pleaded again "Alright, if it makes you happy, I will." So saying, he picked up the plate. The gold started shining more brightly than before!

The priest was awe-struck. Here was a man who spent his life offering services to God's men. He emulated the saying, "*Manav Seva is Madhav Seva.*" In the eyes of God, he was the greatest devotee.

The man put the plate back and turned around to leave the temple. The plate started following the man! In addition, the gold and silver coins that lay before the deity also started rolling after him.

Prosperity kisses the path of the person who loves God without a desire for rewards.



In Her Feet Lies a New Sunita

It's Not in her Hands!

- * *Sunita not only practised writing with her foot, but also took MA third semester exams merely a few months after the mishap.*
- * *She completed her MA in Sanskrit and also did MPhil.*
- * *Not just academics, she also excelled in athletics and has 24 national and three international medals to her credit.*
- * *She has received the prestigious Stree-Shakti Puraskar and the National Best Employee Award from the President.*
- * *Now, she is working on a book, which is likely to be released soon.*



“After the mishap, my in-laws left me.

A nurse at the hospital motivated me to make the best use of whatever was left in me. She brought me pens and notebooks and encouraged me to write with my foot. Then MDU VC Lt-Gen (retd) GC Aggarwal also encouraged me to study”

Dr. Sunita Malhan is a hostel warden at Maharshi. Dayanand University (MDU), Rohtak. She is in charge of two girls' hostels located on the university campus, besides being the public information officer and the overall security coordinator of all girls' hostels at the MDU. She also looks after the functioning of the university canteen, 'yagyashala' and shopping complex.

She performs her duties efficiently, her physical challenge notwithstanding. Having lost both her arms in a mishap, she writes and puts her signatures on official documents with her foot and has been a constant source of inspiration to the hostel inmates. In fact, her tale is an inspiration.



Sunita was an MA student when she got married in 1986. However, her dreams of a happy marriage were shattered soon after her wedlock. She was in a state of despair when she met with a rail mishap in which she lost her arms.

"My in-laws left me in that state and the future seemed bleak," she recalls. But then, a nurse at the hospital motivated her to make the best use of whatever she was left with. She brought her pen and notebooks and advised her to write with her foot.

Sunita wiped her tears, picked herself up and got ready to face the challenge of life. She not only practised writing with her foot, but also bounced back and took her exams of MA third semester merely a few months after the devastating mishap. She completed her MA in Sanskrit and also did MPhil.

"Then Vice Chancellor of MDU Lt-Gen (retd) GC Aggarwal encouraged me to study. I studied hard and also got selected as a lecturer at a local college, but it was an ad hoc post. Finally, I got selected as a hostel warden at the MDU," she recounts.

Sunita continued her studies even after she got the job and got a PhD in Sanskrit. She also excelled in athletics and has 24 national and three international medals to her credit.

She has received the prestigious Stree-Shakti Puraskar as well as the National Best Employee Award from the President. She also got the Bhim Award from the Government of Haryana for her outstanding sporting achievements. She is also working on a book, which is likely to be released soon.

Sunita is also associated with various NGOs and makes it a point to contribute towards the betterment of the underprivileged.

"I always try to do something new and worthwhile. As of now, I am trying to learn swimming. I am also very keen on academics and wish to switch over to teaching. I am a firm believer of the fact that nothing is impossible to achieve if one is determined," she asserts.

(Courtesy -The Tribune)

Thought

» The best thing a father can do for his children is to respect and love their mother.

—D.S. Shauq

» Children are God's apostles day by day sent forth to preach love, hope and peace.

—James R. Lowell





Riddles

By: Raunak Rai, Mumbai

Q. 1. What has to be broken before use?

Q. 2. What has a neck but no head?

Q. 3. What gets wetter as it dries?

Q. 4. What has a face and two hands but no arms or legs?

Q. 5. What is the easiest way to double your money?

Q. 6. What has a thumb and four fingers but is not alive?

Q. 7. What goes up and doesn't come back down?

Q. 8. What belongs to you but is used more by others?

Q. 9. Everyone has it and no one can lose it, what is it?

Q. 10. It's been around for millions of years, but it's no more than a month old. What is it?

Q. 11. What has one horn and gives milk?

Q. 12. What starts with T, ends with T and is full of T?

Riddles Answers

1. An egg 2. A bottle 3. A towel 4. A clock 5. Put it in front of the mirror, of course! 6. A glove 7. Your age 8. Your name 9. A shadow 10. The moon 11. Milk Van 12. Teapot



H.D. Answers



—Raja, Chandigarh

Q: How to change life for the better in the prevailing violent atmosphere all around?

A: If people utilized half the time they spend worrying, to actually study the spiritual Nirankari Magazines, it can change their life around.

—Shobhit Keswani, Houston, USA

Q: What is the ratio of water and earth in the world?

A: Roughly, 70 percent of earth is covered by water and only one percent of this water is worth drinking.

—Akash Bansal Panchkula

Q: Was India ever the richest country of the world?

A: Yes, until the British invasion in the 17th century, India used to be the richest country of the world.

—Dinesh Rai, Azamgarh

Q: What is the generation gap?

A: Generation gap is usually taken as a veneration gap. By the time a man realizes that may be his father was right, he usually has a son who thinks he is wrong.

—Sunny-Ginny, Melbourne, Australia

Q: Ignorance is a bliss or a curse?

A: It is only under the umbrella of ignorance that other evils such as corruption, poverty and discrimination flourish. That way, ignorance is a curse and living in it is a sin.

—Avneesh Gulati, Chandigarh

Q: What is the right time to stop bad habit?

A: The right and best time to stop bad habit is before it starts.





GOING TO THE MOON

When man put his small foot on the surface of moon, it was considered to be the greatest step in the history of human civilization. The poets and writers have been looking at the moon for romantic writings but the scientists are looking at the moon as a source of precious minerals and unlimited energy.

The historic launch of India's maiden moon mission Chandrayan-I has been carried out successfully from Sriharikota at 6.22 on October 22, 2008. This 1400 kg. Spacecraft covered 3,87,000 kms to reach moon. It carried with it 11 payloads of various scientific instruments with independent objectives. It is a landmark day for making path breaking initiative by India to put its stake on the bounties of the moon. India is the sixth country to join the global lunar club with other countries, namely U.S.A., Russia, Europe Space Agency, Japan and China. Emerging as an ever stronger space power, Chandrayan-I has elevated India's position in the world and its Tricolour Flag will make its presence felt on the Moon.

According to a news analysis by S.K. Sharma, Professor Emeritus, Punjab University, Indian space mission to the moon is a strategic investment which will not only reap unimaginable benefits in the future but prove as a life line with new resources, such as helium-3, which is considered as an ultimate source of energy and is available in abundance at the moon. It is such a powerful source of energy that a mere 25 tonnes of helium-3 which can be transported on a single shuttle flight, will be sufficient to meet the energy needs of India for a number of years. Only 30 kg of helium-3 is available on earth. On the other hand the moon holds nearly one million tonnes of helium-3. Thus the moon mission is one of the most important, ambitious and timely strategic initiative of India after the antarctic mission and the nuclear deal. The credit goes to the scientific community that makes ISRO.

Success of every spacecraft depends on its maintaining constant contact with the scientist in the Control Room. In turn, the scientists would do well to remain linked with the intelligent scientist, supervising all sciences - God. Believing in Fatherhood of God will help maintain the spirit of 'hand-shake-in-space' with the emotional brotherhood of mankind on earth.





Improve your Grammar

—Vikas Arora (Rewari)

Choose the right option

1. Capital letters are used to begin the names of months.
a) TRUE b) FALSE
2. The rules _____ passengers to cross the railway line.
a) ADVISE b) FORBID
3. He was arrested on a charge of theft but was later _____.
a) PUNISHED b) RELEASED
4. Many areas of the city were _____ into darkness for several hours.
a) PLUNGED b) MERGED
5. A person who makes articles of iron is known as _____.
a) BLACKSMITH b) GOLDSMITH
6. The victim tried to tell us what had happened but his _____ were not audible.
a) SOUNDS b) WORDS
7. The present _____ has not prevented the Railway Minister from announcing an increasing number of superfast trains.
a) CRISIS b) SYNDROME
8. What is the antonym of ALWAYS?
a) NEITHER b) NEVER

Answer Sheet	1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.





The Clever Fisherman

—Rakesh Hardalia

Long ago there was a King who lived in a grand palace. Once he was to give a sumptuous feast. The weather was so bad that even a single fish could not be caught. But in the morning of the feast day, a poor fisherman came there with a big fish. The King was greatly pleased and said, "You yourself bid its price." The fisherman replied, "One Hindered whips on my bare back is its price." The King said, "I would have liked to pay you money but as I have got to take the fish, I shall do what you say."

When the fisherman had received fifty whips he spoke aloud, "stop there is one partner of mine, who must as well get his share." Surprisingly the King asked, "Are there two such fools on earth?" "Call in the other fool", The fisherman said, "the other fool is your own gatekeeper." He would not allow me to come in until I promised to give him half of what I get for this fish.

The gate keeper was turned out after he had received fifty whips and the wise fisherman was handsomely awarded.





Improve your Grammar

Answer	1	2	3	4	5	6	7	8
	A	B	B	A	A	B	A	B

Q.No.

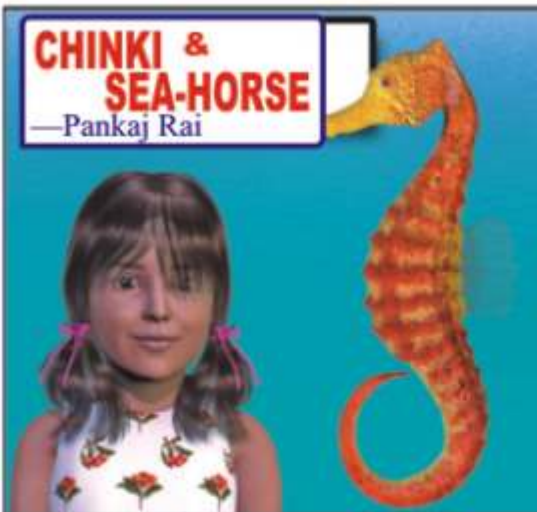
Explanation

1. It is true that the capital letters are used to begin the names of the days of the week and names of months.
2. Advise means recommend and Forbid means not to do. If you forbid someone to do something, you order him that it must not be done.
3. The antonym of arrest is release.
4. PLUNGE IN means fall into something suddenly while MERGE means come together and combine. If something is plunged into a particular state or situation (here darkness), it is suddenly into that state or situation. Power cuts often plunge cities into darkness.
5. GOLDSMITH is a person who makes gold articles.
6. Audible means that which can be heard. You can either hear sounds or words. But to make sense, merely hearing sounds won't do. You must get the words properly in your ears.
7. Only something negative can prevent a good measure. We have two choices representing negativeness: CRISIS and SYNDROME. But SYNDROME is not applicable as it means a medical condition that is characterised by a particular group of signs and symptoms.
8. The antonym of ALWAYS is NEVER, not NEITHER.



CHINKI & SEA-HORSE

—Pankaj Rai



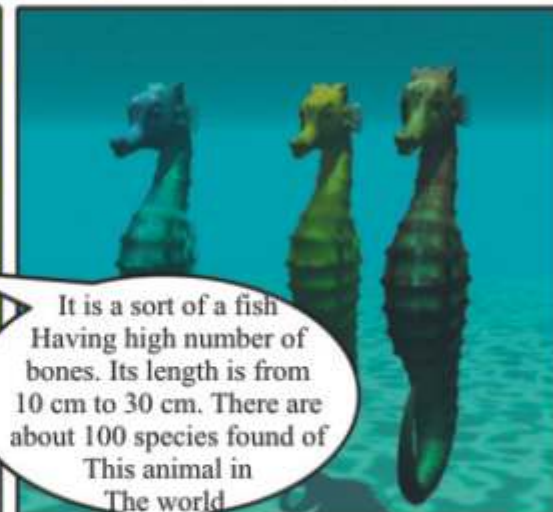
Chinky's elder sister Tanya was a teacher of Zoology.



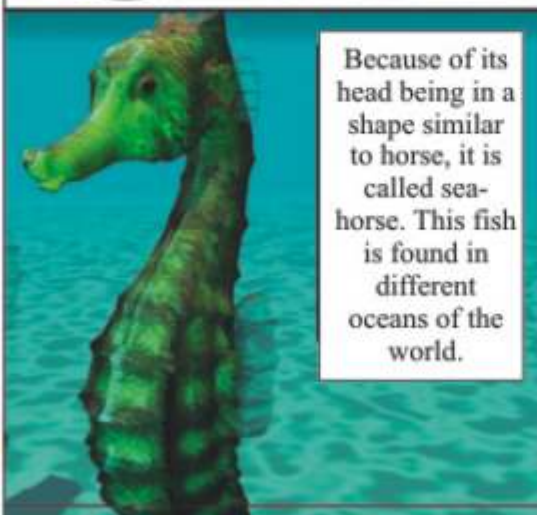
Tanya Didi, tell me something interesting about an animal.



OK, listen Chinky. Today I tell you about Sea-Horse.



It is a sort of a fish Having high number of bones. Its length is from 10 cm to 30 cm. There are about 100 species found of This animal in The world

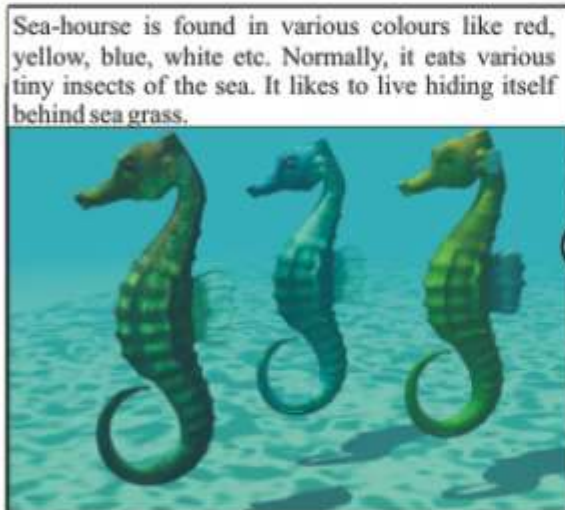
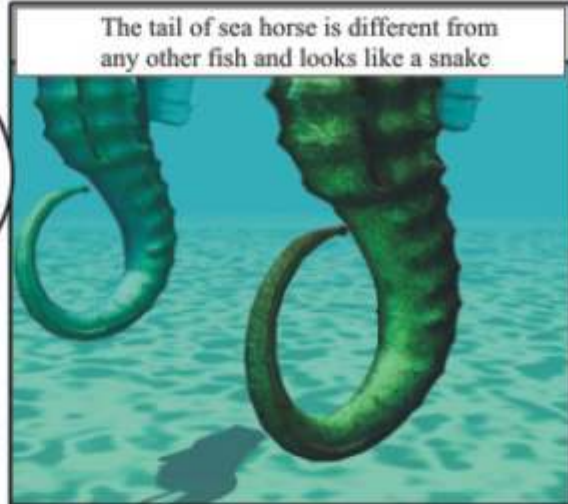


Because of its head being in a shape similar to horse, it is called sea-horse. This fish is found in different oceans of the world.



It swims in a standing posture and its speed is quite slow. It takes about two to three days in covering a distance of just one km.





Bablu's Cycle

Story by : Mahesh Asnami

On his securing first division in the annual examination, Bablu's father bought him a cycle, Bablu was very happy. Now he would spend the whole day in cycling. But he was careless too. He would never clean it or bother to lubricate its parts. As a result, many of its parts went out of order. Still, he never cared to get the cycle repaired. It was not that his father did not give him money for the repair of the cycle. But, Bablu would squander away the money on eating ice-creams and other such things.

In the absence of repairs, the cycle was getting from bad to worse. Once his friends planned to go to a hill station for picnic. All were on their respective cycles laden with eatables. On their way back home, all the friends told each other that at the slope the road was narrow. So every one should apply their cycle brakes while riding down the slopes. All followed this direction, except Bablu. He jumped upon his cycle and started peddling it fast. His cycle was running at full speed, leaving all his friends far behind. He was happy that despite his impaired cycle he had defeated his friends. Suddenly at a turn, he saw a truck coming on full speed from opposite side. He tried to stop his cycle by applying its breaks, but it did not stop for the brakes were all worn out and had gone out of order. All his efforts went futile. Now Bablu was very perturbed. He tried to stop the cycle by fixing his feet on the earth, but he lost his balance. He, however, saved himself somehow. His cycle hit a mile stone fixed at the roadside and he was thrown away. He got badly hurt and went unconscious. His cycle was also badly crushed. The friends were following him. When they saw him laying unconscious, they all got worried for him. Bablu's forehead was bleeding. They took Bablu to a nearby hospital. On regaining his senses, Bablu found himself surrounded by his friends. When his parents enquired about the cause of accident, Bablu lied. But his parents had now understood the whole story. They rebuked him for his telling lies and being careless. "Had you got the brakes changed, it would not have hurt you like this," they said.

Bablu had now learnt a good lesson. He promised to reform himself. He also thanked his friends for having saved him and apologized to his parents. He now took great care of his cycle.



Laziness—Sloth



A farmer had three sons. They were apparently lazy. He tilled and cultivated a piece of land. Over the years he bought an adjacent plot. He told his three sons that he was going on pilgrimage. In the adjacent plot, he said, there was a box of treasure. No sooner did he leave, than the three sons divided the new plot and dug all over in their respective area. When the father returned in the beginning of June, they told him no treasure was found. He told them to wait. Since the field was well dug, he got them to sow seed and tend to it. With the harvest, he sold all the produce and got a large sum. He put the money in an old box and presented it to his sons. "Here is the treasure you have dug and found."

By this ruse he made his sons give up their laziness and earn their living. What is laziness? It is to be unwilling to work or do the job entrusted to you. It is unwillingness to work. To be idle means to have nothing to do. Those who shirk work, remain idle. Other suitable words are indolent and slothful. All these indicate a frame of mind—it is a kind of culture or upbringing to avoid work. Such people become procrastinators—postpone work on any flimsy excuse. This laziness of mind can be seen in their bearing, dressing and the kinds of work they do. To be lazy or idle is different from being jobless. A person may be thrown out of work due to closure of the place of work; or no job being available. They want to work; but none is to be found. For a lazy or idle person work is available but they try to avoid it. Our body's secrete hormones regulate the fats of our body. Some people tend to be bulky—it is a matter of medical attention and accepting what is given by nature and family traits. But there is a kind of



bulkiness that is due to lack of exercises and activities—it is overweight which is unhealthy and a sign that activity is avoided. Such bulky people tend to be easy going and lazy. One practical way is to programme activities and exercises that keep the body fit and agile. Motivation also helps; never put off what you can do today. Giving yourself a goal or setting an objective for yourself, can keep you on your toes. Very often idleness or laziness is the source of vice. When you put off your studies and do not tackle your daily homework, you tend to cheat at the examination; you were lazy and did not prepare yourself. So you are ready to use unfair means.

Laziness does you no good, It will not provide you food; People around will despise you; it is not a surprise! Laziness is quite a sin, from none will you applause win. Work is worship, work is prayer; Makes you happy; well you'll fare!

You hear the phrase "busy as a bee." Very slowly but very steadily the bees build their hives and store a lot of honey. Can you name any other living being that is always busy? Time and tide wait for no person. The lesson is that if you waste time or are lazy or idle, that time is lost. It is not a question of being always doing something! Rest and relaxation are important. They help the body to recuperate, to work better. What is wrong is long periods or bouts of idleness and laziness. Just doing nothing for long periods, of making as little effort as possible, makes a person lazy and easy-going. You must demand from yourself a certain standard, a certain work-culture or you will cause a lot of harm to your future. "Oh, I wish I studied more; if I did I would not have failed in the class." This is wishful thinking! Do now what you would have done then and all will be well.

The English essayist Charles Lamb worked in the India Office in London. This is what he wrote to a friend when he was to retire. "I will not go back to that prison. I am free, free as air! Would that I could sell you some of my leisure. The best thing a person can do is-NOTHING. Good work is second to it." But two years elapsed and Lamb changed his mind. Time was heavy on his hands—he did not know how to pass the time. He did not keep fit. And what was worse he fell into the bad habit of taking opium. To the same friend he wrote "I had a wrong notion so far. It is really unfortunate to be without work. I must assure you no work is worse than over-work. The mind preys on itself—the most unwholesome of foods."

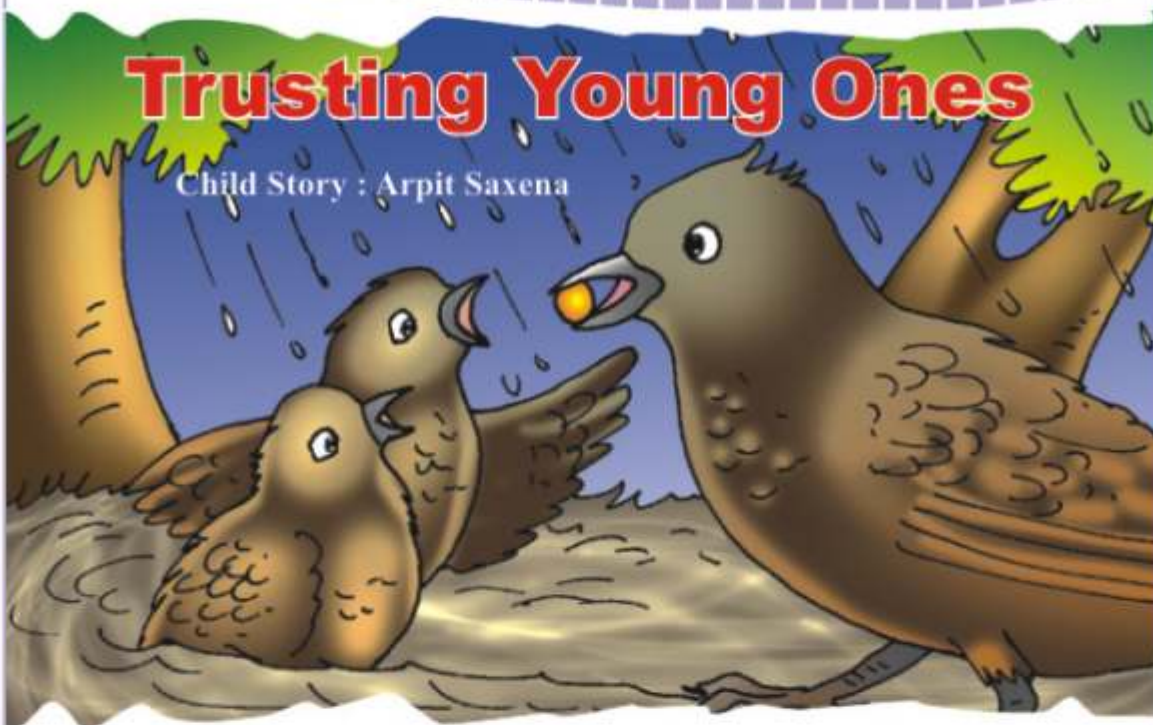
Doing nothing is dangerous. Keep a goal or plan and try to achieve it. Gainful employment keeps you out of mischief. Relaxation is quite different from being idle or lazy. Laziness and idleness bring discontent and unhappiness.

— Courtesy: Towards The Light



Trusting Young Ones

Child Story : Arpit Saxena



Once, a sparrow was feeding her infants in the nest. Her name was 'Chi-Chi'. She saw it was raining outside. Looking out, she saw Champu, the monkey, sitting and shivering at the roof. When it stopped raining, Chi-Chi approached monkey and said "Monkey Uncle, Didn't I tell you to make a house of your own!"

"How do I make a house? Wherever I go, people make me to move away. Under such a condition, how can I make a house of my own?"

The sparrow said "If you stop making people upset, you will definitely get a place".

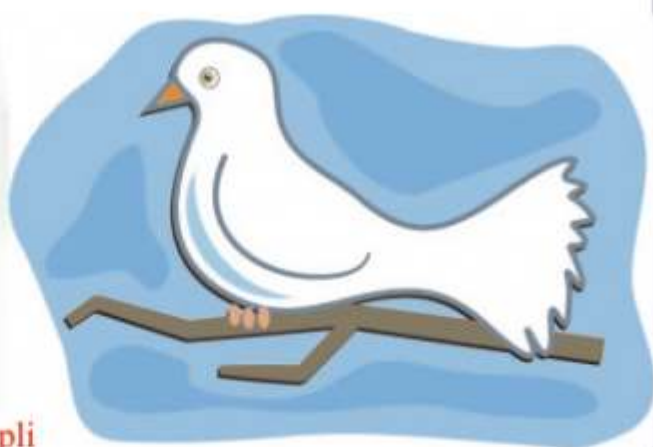
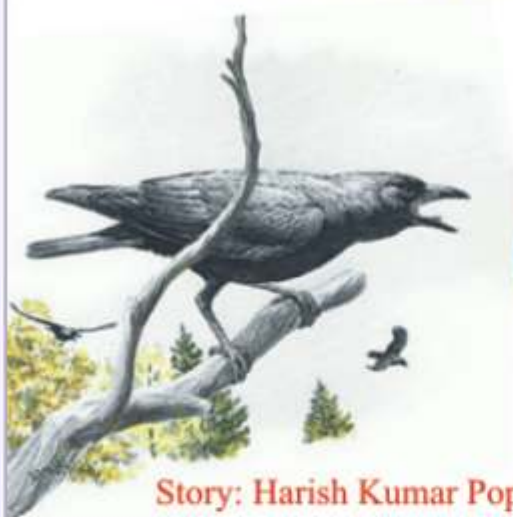
"OK, I will do so", said Champu and left.

One day, it rained again. Champu Monkey sat at a corner of the road. People walking on street passed through him. But, Champu did not upset anyone. In between, came a benevolent man and saw shivering Champu. He placed his umbrella on Champu and took him along to his house.

The man offered Champu bread and made him sit in the balcony to protect him from cold. This way, the monkey started living in that house comfortably.

The theme of the story is always to follow a good advice, even if coming from young ones.





Story: Harish Kumar Popli

KALU—THE GOOD NEIGHBOUR

Minni dove and Kalu crow were neighbors. They had nests on a neem tree. Kalu was simple and humble creature, whereas Minni was very arrogant and proud. Minni did not like to have friendship with anyone. Kalu was keen on having friendship and good neighbourly relations with Minni but she had only scorn for him. She did not want Kalu's children to play with her children.

One day Kalu's children came near the nest of Minni to play with her children. Minni was feeding her children at that time. On seeing Kalu's children, she lost her temper and shouted at Kalu's children, "Get out from here. Don't ever come near my nest again."

When Kalu heard about this, he came to Minni. "Minni, dear sister, it is perfectly alright if you do not want to be our friend. But the children are innocent. You should not prevent them from playing with each other." Kalu said. Minni replied angrily, "you eat rubbish and tell lies. I don't want my children to mix up with you dirty folks and pick up wrong habits. Keep your children with you and not let them come here again."

Kalu felt greatly hurt on hearing Minni. However he kept his cool and said "It is neighbors alone who come to your rescue in time of need. It is therefore important that we stay as good neighbors and face any future trouble jointly. Kalu flew away saying this.



The Foundation Stone

Sing the song of foundation stone
The stone that buried to earth,
to shape a vivid building for world.
The stone that yield for a lovely tower
The stone that corpse below seven-hands
to form for the world a strong thick-wall
The stone that accepts blind well
to make his companion breath in air,
The stone that accepts the darkness
to make his companion dance in light,
We must thank to the Foundation Stone,
Because of it the world is able
to see the beautiful creation

—Miss Rajan Taunk

► One day Kalu and his wife saw a snake crawling toward's Minni's nest. Minni shrieked on seeing the snake and got into panic. Her children also woke up and started crying. Kalu and his wife pounced upon the snake and killed it with their beaks.

Minni was wonder struck. She realised that if Kalu and his wife had not come to their rescue, surely she and her children would have been dead. She immediately went to Kalu's house and apologized profusely for her past behaviour. She said "Dear brother Kalu, kindly forgive me. I was a fool not to have paid attention to your good advice. Now I know the advantages of keeping good neighborly relations."

Kalu and his wife were very happy on hearing this from Minni. Thereafter they started living as friends and good neighbours. Kalu taught a good lesson to Minni through his helpful actions.



Vipul Chases a Butterfly

— Saurabh Sharma

Vipul was very fond of catching butterflies. He would go far away from his house in the pursuit of his hobby. His mother had warned him several times not to stay far away from home, but he never paid any heed to it.

One day, while clasping a butterfly, he found that he had lost his way. He was scared and was repenting having not heeded the words of his mother. He started crying.

A passerby saw Vipul sobbing. He asked him : "what has happened, child? why are you crying?" But Vipul started crying louder and louder.

The man took Vipul to his nearby house. He gave him toffees and also served him with food, Vipul became quiet. Then he told the man that he had been chasing a butterfly and had lost his way. And now he was unable to reach back home.

The man asked, "do you know the way to your house or the telephone number of your house?"

Vipul told that his house was near the Lawrence Public School where he





studied. Besides this, he told; there was a Public Library near that School. On hearing of the Lawrence Public school, the man went to a neighboring house and called Sonu. Sonu also studied in the Lawrence Public School. Vipul was very happy to see Sonu who was a student of his class.

In his heart of hearts, Vipul vowed that if he once reached back home today he would never stir out alone and always listen to his mother's words. The man then took Sonu along and moved toward Lawrence Public School. On reaching near the School, Vipul spotted his house. As soon as he entered the house, he ran towards his mother and embraced her. She was anxiously waiting for his return.

Thoughts

★ Religious people are so convinced that only their religion is right choice. But I do not see them asking for Hindu blood, Muslim blood or Christian blood at the blood banks when they need it at medical emergency.

—Kamal Hassan

We find guided missiles in the hands of misguided men.

—King Martin Luther Junior

★ A wise man never knows all, Only a fool knows everything.

—African Proverb

★ Before becoming a Muslim, a Sikh, a Hindu or Christian, let us become a human first.

—Guru Nanak.



Smile all the way

— Priya Tandon, Chandigarh

Most of us have travelled by car or bus on the inter-state roads. The milestones, besides being indicative of the distance to be covered, are also a subject of curiosity for children. Vicky was travelling with his parents to his grandma's home. He was sitting in the back seat. His baby sister slept blissfully beside him in her little carry cot. He felt very important that he was in charge of her while Mama sat in the front with Dad. He asked Dad, "How far is it now, Dad?" Dad said, "Another eighty miles Sonny." "Eighty! Oh! That's a lot!"

Vicky rolled down the window on his side and smiled at the people in the countryside. He smiled every time a car crossed them from the opposite side. He smiled at people who overtook them too. After a while his little sister woke up. He played with her, he shook the rattle for her and they laughed together. Soon it grew dark; they could barely see the people in the adjacent fields. Vicky asked, "Dad, how much time will we take to get there?" Dad said, "Just, another ten minutes and we'll be there." Vicky looked at the people in the streets as they entered the city. He smiled happily at every one they crossed. Soon their car pulled into the driveway of grandma's house. Vicky said, "Oh Dad! I still have one more smile to give, how did we reach before that?"

Dad asked, "You have one more smile to give? What's that supposed to mean?" Vicky looked at him somberly and said, "I asked you how far we had to go and you said, 'Eighty miles'; I smiled at every one we crossed on the way. I have smiled at 79 people since then. I still have one smile to go. So, how did we reach before that?"

Dad was at a loss for words. He looked at his four year old son, stupefied. "I said eighty miles son and you heard eighty smiles! No wonder you have been smiling at all and sundry on the way. I did notice, but I never gave it a second thought". Just then

Moral: "A heart without words is far more precious than words without a heart."



SMSes of the month



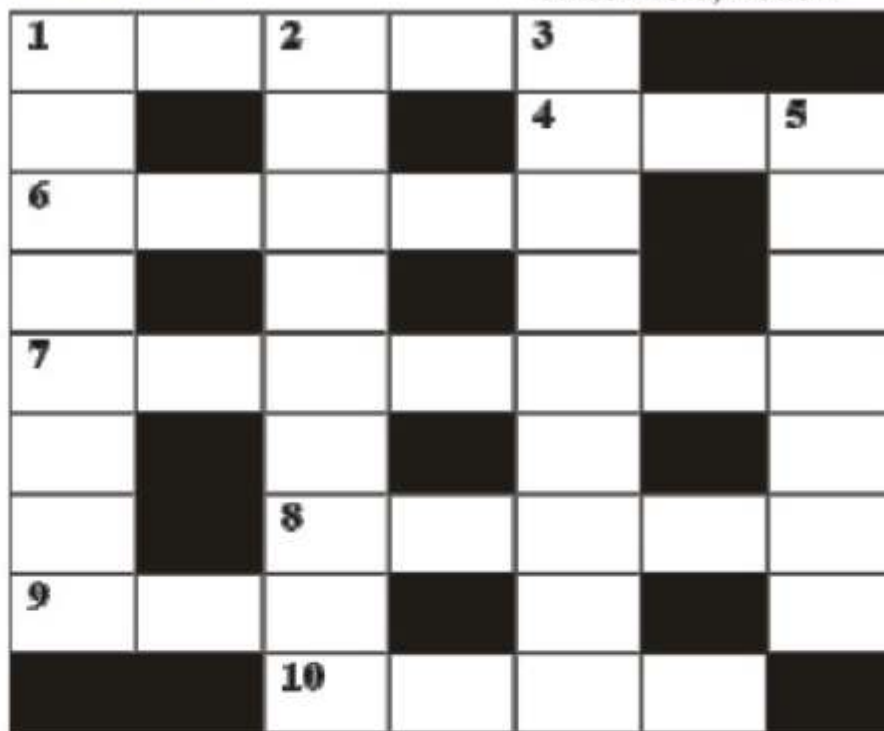
- ★ Do not aim for success if you want it. Just do what you love and believe in, and it will come naturally.
— Parveen Kumar, Delhi
- ★ Over a period of time, the hurt does not hurt, Only regret does.
— Himanshu, Delhi
- ★ In order to succeed you must fail, so that you know what not to do the next time.
— Vinay, Mumbai
- ★ The closer one gets to the top, the more one finds there is no top.
— Surjit, Ludhiana
- ★ In the end, it is not the years in your life that count, it is the life in your years.
— Suraj Shrivastav, Delhi
- ★ Leadership is the capacity to translate vision into reality.
- ★ When you can't make them see the light, make them feel the heat.
- ★ Our faith in the present dies out long before our faith in the future.
- ★ An aging man cannot rewrite his youth but a youth may rewrite his own future.
— Rita, Jullundur
- ★ Every time we let something negative go, we make room for more positive to come in.
— Dinesh Rai, Azamgarh
- ★ Spread love, happiness and peace.
— Hardeep Singh Batra
- ★ It is said keep yourself so happy that your happiness reflects on your face, and other people get inspired to live happily.
- ★ Passion is spiritual fire.
— Manas, U.K.
- ★ People say: never expect anything in return from anyone. But the truth is when we really love someone, we naturally expect a little care and love from them.
- ★ At my lowest: God is my hope. At my darkest: God is my light. At my weakest: God is my strength. At my saddest: God is my comforter.
— Amod, Malaysia





CROSSWORD

—Vikas Arora, Rewari



Left to Right ▶

- Capital of France.
- The main ingredient of an omelette is _____.
- _____ Dev was the Captain of Indian Cricket team who won 1983 World Cup.
- A chemical element of atomic number 14 used as a semiconductor in transistors.
- A stupid person.
- Abbreviation of Non Government Organization.
- Timely stitch saves _____.

Up Down ▼

- Benazir Bhutto was the first woman Prime Minister of this country.
- Antonym of ATTRACTION.
- The word that comes last in the dictionary: SELECTION, SECONDARY, SECRETARY.
- A type of rock: IRANTEG



Winners of May Issue

Ist. :	Mahak Gumber G-9 Ridhi-Sidhi Enclave-2 Distt. Sri Ganganagar (Raj.)	Age 14 years
IInd:	Karuna Gulati 504-A# Sector-38 West Chandigarh (U.T.)	Age 10 years
IIIrd	Sweta 100/7, Plot No.100 Sant Nirankari colony Delhi-110009	Age 9 years

Consolation Entries

Amandeep Singh (Kapurthala), Nandini (Gulab Market, Kota), Bhark (Gurgaon), Mehak, (Asahil Verma (In side quila Mohala, Barnala), Manvi C/o (MIG,21 Tech Flight,56 APO), Niharika Kpoor, (New Fatri Land Colony), S. Simran Chitoria (Jipmer campus Pandicheri), Yash Dattaram (Ganesh Nagar, Yeola), Tanya (Ghanram Ka Pura, Allahabad), Khushi (Amrawati appartment, Rudraprayag), Taruna Sharma (Tulip Regency Gardens, Navi Mumbai) Mehak (Ambla),

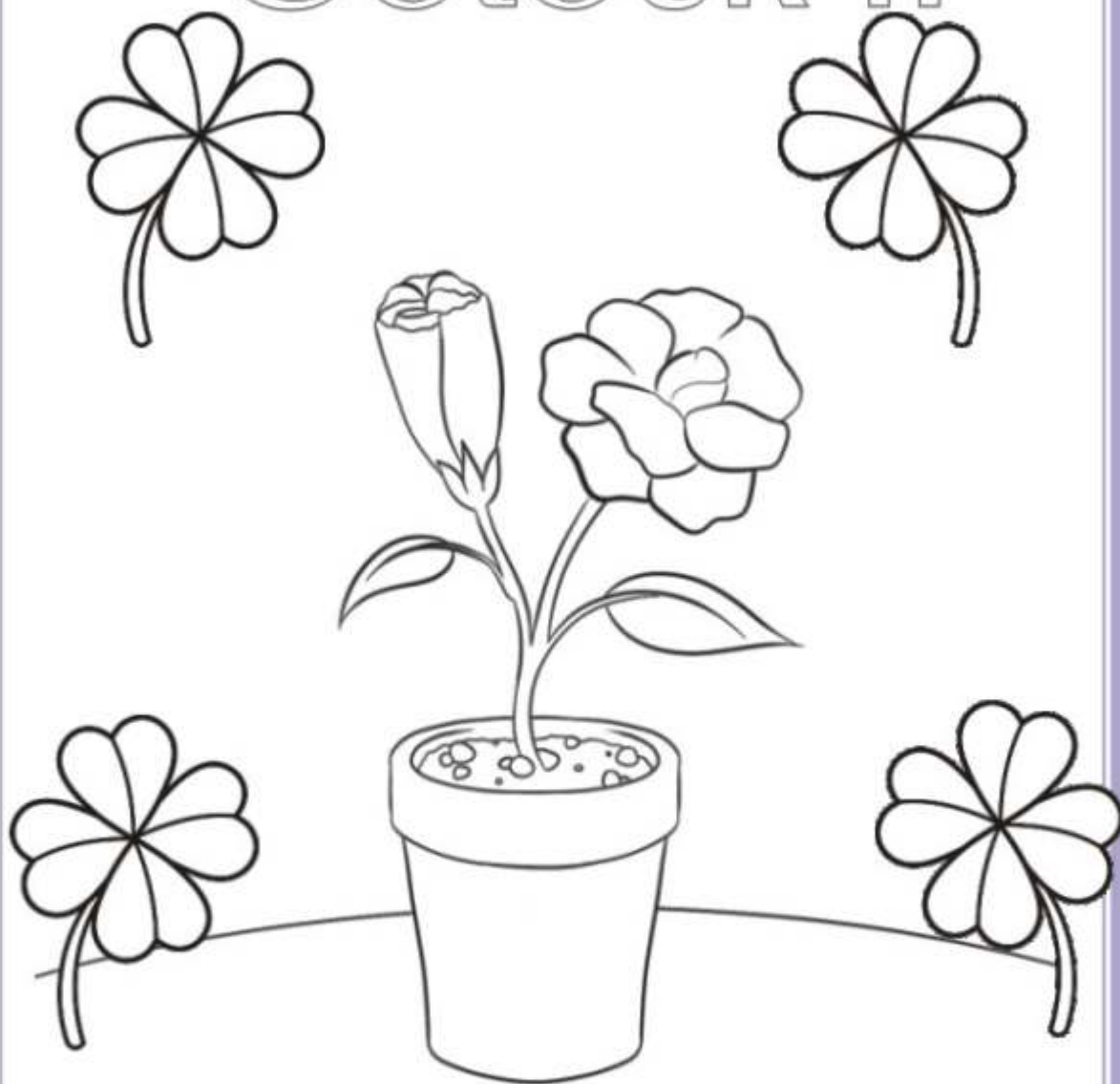
Competition for June

On page 46, a beautiful picture is given; colour it and send it to us latest by **August 20, 2015**.

The result will appear in **September 2015 issue**. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.



Colour it



Name Age.....

Address

.....



— Sakshi Gulati, Chandigarh

Laughing Time

Teacher : One day, the world will be corruption free. Which tense is it ?

Student : "Future impossible tense".

Dad : What would you like to be when you grow up, son ?

Son : A garbage collector.

Dad : What ? but why ?

Son : Because I have seen them work only once a week.

Son : How do you know rabbits are good for your eyes?

Mother : You never see a rabbit wearing glasses !

Son : Daddy! My stomach is giving pain.

Father : That's because your stomach is empty.

Son : Oh! Now I understand why you always have headache.

Father : Why is your mother sitting so silently today ?

Son : Nothing Dad, she asked for lipstick, I heard fevistick.

Father : God bless you my son !

Santa : I have not slept all night in the train.

Friend : Why ?

Santa : I got upper berth.

Friend : Why didn't you exchange ?

Santa : Oye !there was nobody to exchange in the lower berth.

Son : Dad ! why do we all marry ?

Dad : Because happiness is not the only element of life, we should know Horror, Terror, Suspense and Tragedy also.

Lady : Wherever we keep the money, our son steals it. I do not know what to do about it, Where do I keep the money ?

Friend : Keep it in his books, as he never touches them.

Teacher : Why are you late, Monu ?

Monu : Because of a sign board down the road.

Teacher : What does a sign board have to do with your being late ?

Monu : It said: " School Ahead! Go slow !"



Suneet : Happy New Year! I have got a gift for you. It is the latest dictionary.

Vineet : Oh, how sweet of you. I just can't find the words to thank you.

Chemistry Teacher : What is the formula for water?

Student : H-I-J-K-L-M-N-O

Teacher : From where did you get this formula?

Student : You only told us that the formula for water is H to O.

Ashish : What do you call a two legged mouse?

Vijay : I do not know.

Ashish : Mickey Mouse.

Question : Why did that man put a clock under the desk?

Answer : He wanted to work overtime.

Question : Why is it hard for a leopard to hide in the jungle?

Answer : Because it is always spotted.

A child told his friend, "you know, my dad has got a new car."

"Very Good, your dad must be excited."

"Yes, very excited. He spent two days changing its colour and number plates."

Sonu : Mom, I have got a second prize in the race.

Mother : How many children participated?

Sonu : Two!

Teacher : Meena, do you know which historic event occurred in 1656?"

Meena : "No Madam, I do not know. Please, tell me the answer this time."

Teacher : "The building of Taj Mahal at Agra was completed in 1656.

Alright, now tell me which historical event occurred in 1756."

Meena : "Simple, it was the Centenary year of building of Taj Mahal."

Doctor : (To patient) I had given you a medicine for the improvement of your memory. Is there any improvement?

Patient: No, doctor. There is no improvement. I still have a weak memory.

Doctor : Do you take the medicine regularly?

Patient : No, actually I forget to take the medicine.

Customer : (to milkman) Why did you come late today?

Milkman : Sorry Madam! We got water in our taps very late.



Bal Gangadhar Tilak

(Bal Gangadhar Tilak or Lokmanya Tilak, 23 July 1856 – 1 August 1920, born as Keshav Gangadhar Tilak. An Indian nationalist, journalist, teacher, social reformer, lawyer and an independence activist.

He was the first leader of the Indian Independence Movement. The British colonial authorities called him "Father of the Indian unrest." He was also conferred with the honorary title of "Lokmanya", which literally means "accepted by the people (as their leader).



Tilak was one of the first and strongest advocates of "Swaraj" (self-rule) and a strong radical in Indian consciousness. He is known for his quote in Marathi which meant: "Swarajya is my birthright, and I shall have it!". He formed a close alliance with Muhammad Ali Jinnah, later the founder of Pakistan, during the Indian Home Rule Movement.

Tilak was born in a Chitpavan Brahmin family in Ratnagiri, headquarters of the eponymous district of present day Maharashtra (then British India) on 23 July 1856. His ancestral village was Chikhali. His father, Gangadhar Tilak was a school teacher and a Sanskrit scholar who died when Tilak was sixteen. Tilak graduated from Deccan College, Pune in 1877. He was amongst one of the first generation of Indians to receive a college education [citation needed].

After graduating, Tilak started teaching mathematics at a private school in Pune. Later due to ideological differences with the colleagues in the new school, he withdrew and became a journalist later. Tilak actively participated in public affairs.

"Religion and practical life are not different. To take Sanyasa (renunciation) is not to abandon life. The real spirit is to make the country your family work together instead of working only for your own. The step beyond is to serve humanity and the next step is to serve God."

He organised the Deccan Education Society with a few of his college friends, including Gopal Ganesh Agarkar, Mahadev Ballal Namjoshi and Vishnushastri Chiplunkar. Their goal was to improve the quality of education for India's youth. The Deccan Education Society was set up to create a new system that taught young Indians nationalist ideas through an emphasis on Indian culture. The Society established the New English School for secondary education and Fergusson College in 1885 for post-secondary studies. Tilak taught mathematics at Fergusson College. He began a mass movement towards independence by an emphasis on a religious and cultural revival

(google world)





Have your Say

“Destiny of Intentions” editorial is very superb. The Editor has very nicely stated that ‘one who is able to know one's own worth automatically gets to normalcy, alertness and hard work; and these qualities get reflected in each of his/her actions. The result of a pious action alone will always result in a pious, dignified and divinely destiny.

Collection of “Thoughts to Ponder” are very selective and useful for every human life.

Grandpa and Kitty (Story and illustration) are very entertaining stories for children. Small children like it very much.

“Teaching children Practically is very nice article for parents .By reading 'Petrol is Soul' readers can easily understand that God is useful only if it is in the heart'.

Poems selected in the June issue titled ; Innocence and Cunning Fox are very useful for children. They enjoyed the poems. Further, stories “Revenge, I will give my share and Jealousy are very interesting and give good lessons to the children.

Every person/child who reads “Hansti Duniya” feels very happy because this magazine provides good quality of entertainment besides general and spiritual knowledge.

—Avtar Singh, Bhucho Mandi (Punjab)

Thoughts

★ I forgive people but that does not mean I accept their behaviour or trust them. I forgive them for me, so I can let go and move on with my life.

— Hardeep Singh Batra.

★ Work hard, but make time for your family and friends. No body remembers Power point presentation on your final day

— Motivational quotes

Cross Word Solution

1	P	A	2	R	I	3	S			
	A			E		4	E	G	5	G
6	K	A	P	I	L					R
	I			U		E				A
7	S	I	L	I	C	O	N			
	T			S		T				I
	A			8	I	D	I	O	T	
9	N	G	O			O				E
			10	N	I	N	E			





Experience the spiritual dreamland like never before



With the blessings of His Holiness
Satguru Baba Hardev Singh Ji, we are
happy to launch the new kids website with
new exciting and fun features highlighting
our mision's spiritual message.

visit kids.nirankari.org

- His Holiness Message
- Glimpse of Blessing
- Message in colors
- Poetry Fantasy
- Wacky and True
- Fun Games
- Hansti Duniya
- Kids Creation
- Kids Activities
- Jokes
- Avtar Vani
- Story Time

Share
your talent
in form of
painting, poetry
& story

