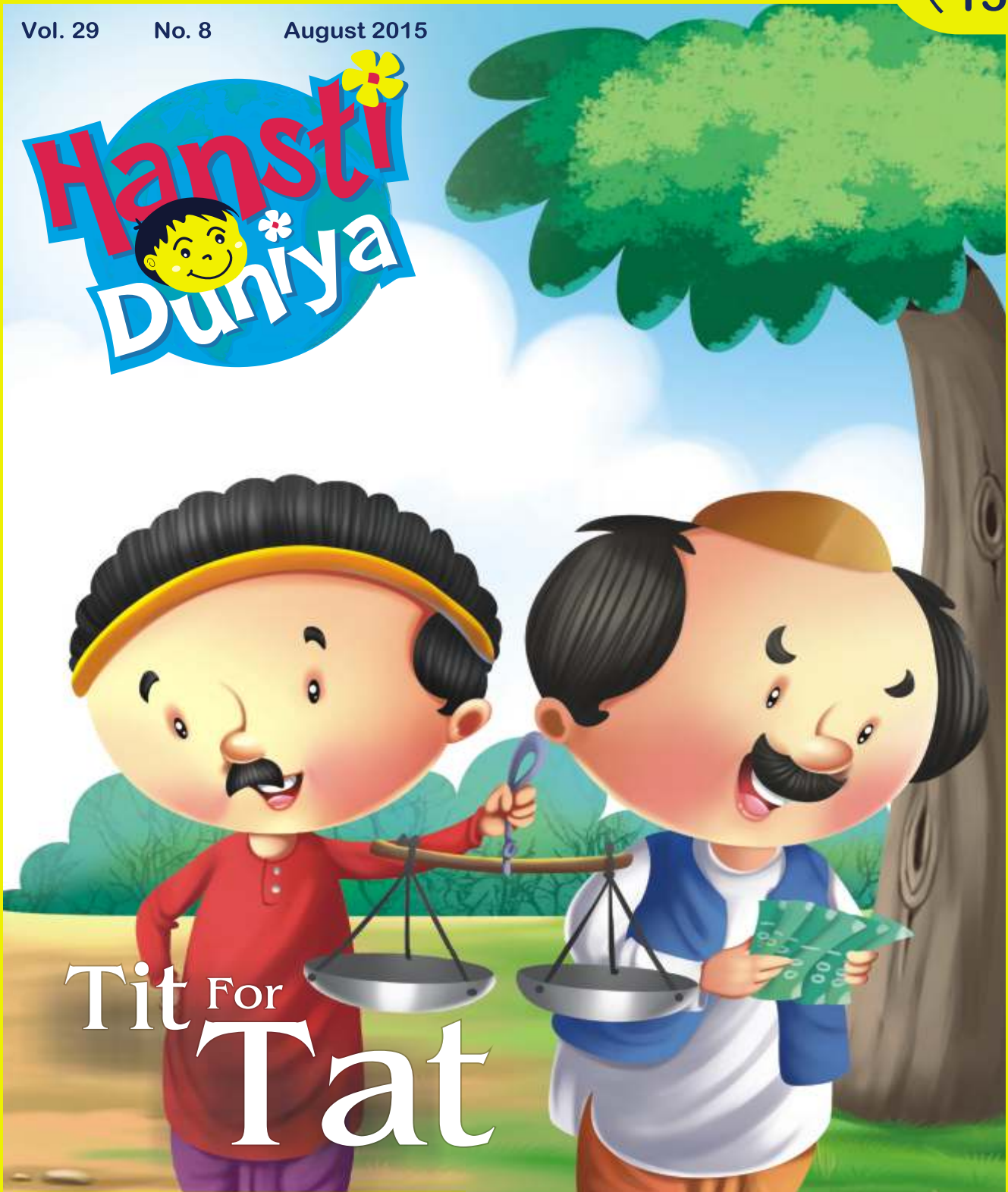


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No. 8

August 2015



Tit For Tat

Know Your Scriptures * The Awakened Saint * What Is Ideal * Mount Everest
H.D. Answers * Cuckoo * Servants * Riddles * The Sun * UPSC Topper



Hansti Duniya

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A Small Dot

A teacher came to the class and pasted a huge white chart paper on the black board. After that he made a small dot on the white sheet with a black pen. All the children became curious regarding the intention of the teacher, as to what the teacher was up to. Then he asked one of the student as to what he saw on the black board.

Just then one student promptly replied, "Sir ! A black dot".

The same question was asked from all the students, and one after the other all replied in the same manner; a black dot.

The same question was asked from students of other classes of the school, but the answer was same; a black dot.

He also asked the same question from his colleagues and the answer was the same.

The answer was in fact correct since everyone had seen the black dot so they were replying in this manner.

Now the teacher explained that everyone saw a black dot or stain on the white sheet pasted on the big board but no one could see the white sheet. The white sheet was much bigger yet no one mentioned it while everyone pointed out at the black dot.

So friends ! It is a matter to ponder over i.e. all our good, pure and pious deeds are appreciable but one wrong



act negates all our good deeds.

Hundreds of good deeds remain unappreciated, if we commit even one mistake.

Why do we see only a black dot instead of the huge white sheet. We must keep it in mind that others also perceive us the same way as we perceive them.

From this point of view we need to change our perception of things. We must always see virtues in others i.e. be positive, not otherwise.

If we shall try to see good things, we can get rid of unwanted thoughts. We celebrate 'Independence Day' i.e. 'Mukti Parv' in the months of August meaning thereby that we need to free ourselves from narrow, negative and limited thinking. That is how we shall become magnanimous, unbounded and refined.

—Vimlesh Ahuja



Story: Radheylal 'Navchakra'

Tit For Tat

There was a tradesman, named Jeernadhan, living in a city. Once, he suffered heavy loss in his business and his economic conditions went down miserably. He thought of improving the situation.

Finally, he took a decision to do something in another city. He needed money for this purpose. He did not have anything on his own, except for a heavy iron scale left by his forefathers. He took the scale to a money lender and said, "This scale is a symbol of my dynasty. It is more important to me than my own life. But right now, keep it as a pawn and give me some money." I am leaving the city and I need the money desperately. Very soon, I would return you the money and get my scale back".

"Very nice", said the money lender and gave Jeernadhan the required money, keeping behind the scale.



Jeernadhan started a new business in another city. It worked very well. He earned a good profit in that business. He came back to his city with a lot of money. He went straight to the money lender and asked him, "Please take your money back and return my scale kept as a pawn with you".

The money lender was a bit disappointed. Actually, he liked the scale very much and became greedy to retain it with him.

Jeernadhan was surprised to look at the money lender. He said, "Why are you so sad. I hope my scale is safe with you".

"That exactly is the problem", said the money lender.

"What do you mean?", asked Jeernadhan excitedly.

"Actually, the rats have eaten away your scale. That is why I am unable to return it".

Jeernadhan said sarcastically, "Oh, it is alright. Leave it. I am going out to the river for a bath. Please do me a favour".

"Tell me".

"Please send me necessary items needed for the bath at the river through your son".

"I will send them right away", said the money lender happily.

Jeernadhan went away. After some time, he returned to the money lender. He was alone.

The money lender asked, "Where is my son?"

Hearing this, Jeernadhan became very sad. He did not answer. The money lender was perplexed and asked

Jeernadhan, "Why are you silent? Where is my son? Where have you left him?"

With a very sad face, Jeernadhan told "What to say, Sir. When we were returning after the bath, a falcon came down from sky and flew away having grabbed your son. I could do nothing except to see your son being taken away by the bird".



"You are telling a lie", said the money lender.

"But, I am telling you the truth, Just believe me", Jeernadhan said assertively.

But, the money lender did not agree. They started quarrelling. Finally, the money lender warned Jeernadhan, "I will just go to the King with a complaint. You will be punished for your deed."

"You may do as you feel like", said Jeernadhan.

The money lender went to the King and explained him his agony. Jeernadhan was called for immediately.

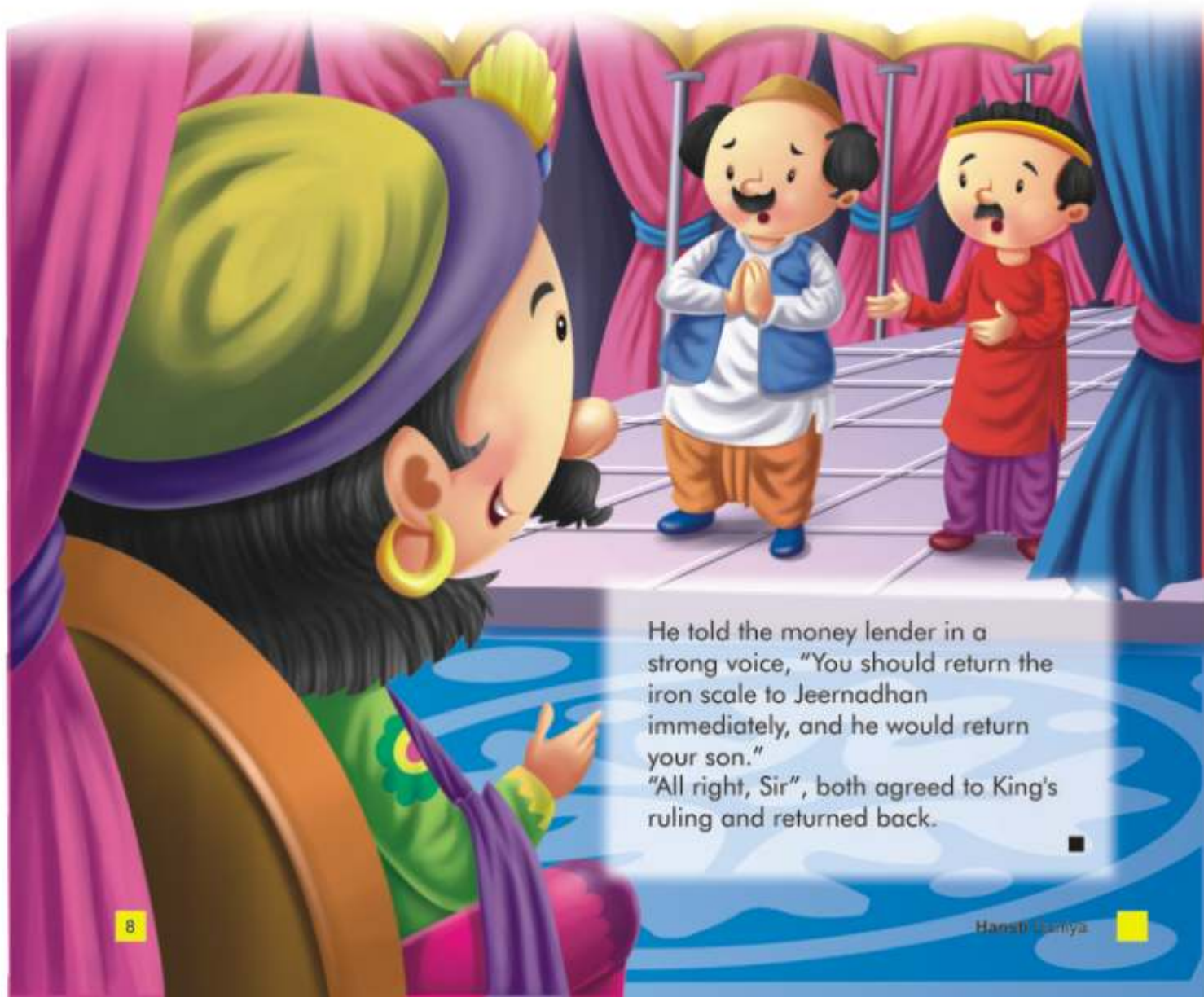
The King asked Jeernadhan, "No falcon can grab a child and fly away. You are telling a lie."

"You are right, My Lord. But, has any rat so far eaten up a strong iron scale?"

"No", said the King.

Jeernadhan told the incident about his iron scale to the King.

Now that the truth was clear to the King, he gave a hearty laugh.



He told the money lender in a strong voice, "You should return the iron scale to Jeernadhan immediately, and he would return your son."

"All right, Sir", both agreed to King's ruling and returned back.

KNOW your scriptures !!!

Ik Tu Hi Nirankar 108

Gur Darshan Da Phal Hai Vadda Man Noon Pak Banada Ey;
Gur Charanan Di Dhoodi Pake Man Maila Dhul Janda Ey.
Jihda Gur Di Sangat Kar Ke Yash Hari Da Ganda Ey;
Nirankar De Maihlan Da Oh Jan Hi Rasta Panda Ey.
Suniey Jekar Bachan Guru De Kann Noon Lazzat Mildi Ey;
Door Dilan Di Bhatkan Hove Dil Noon Rahat Mildi Ey.
Poore Satgur Da Gur-mantar La-fani Kehlanda Ey;
Poora Satgur Jo Kujh Dasse Na Aonda Na Janda Ey.
Be-ant Hai Sifat Guru Di Ih Na Koi " Ulekh Sake;
Kahe Avtar Je Ap Ih Chahe Tan Koi Is Noon Vekh Sake.

Thou Formless One 108

The reward of the divine glimpse of the True Master is great and it makes the mind pure;
With the dust of the True Master's feet, the dirt of the mind gets washed away.
The one who sings the glory of God in the company of the True Master;
Only such a person finds the way to the Mansion of the Formless.
On listening the word of the True Master, the ears get immense joy;
The perturbed heart gets peace and becomes tranquil.
The word of the perfect True Master is everlasting.
The God-knowledge revealed by the True Master, is eternal and it does not come and go.
The glory of the True Master is great and beyond description;
Avtar says, God can be perceived only if the True Master desires.

Child Story: Kamal Saugani

Saint Lallan and LALU

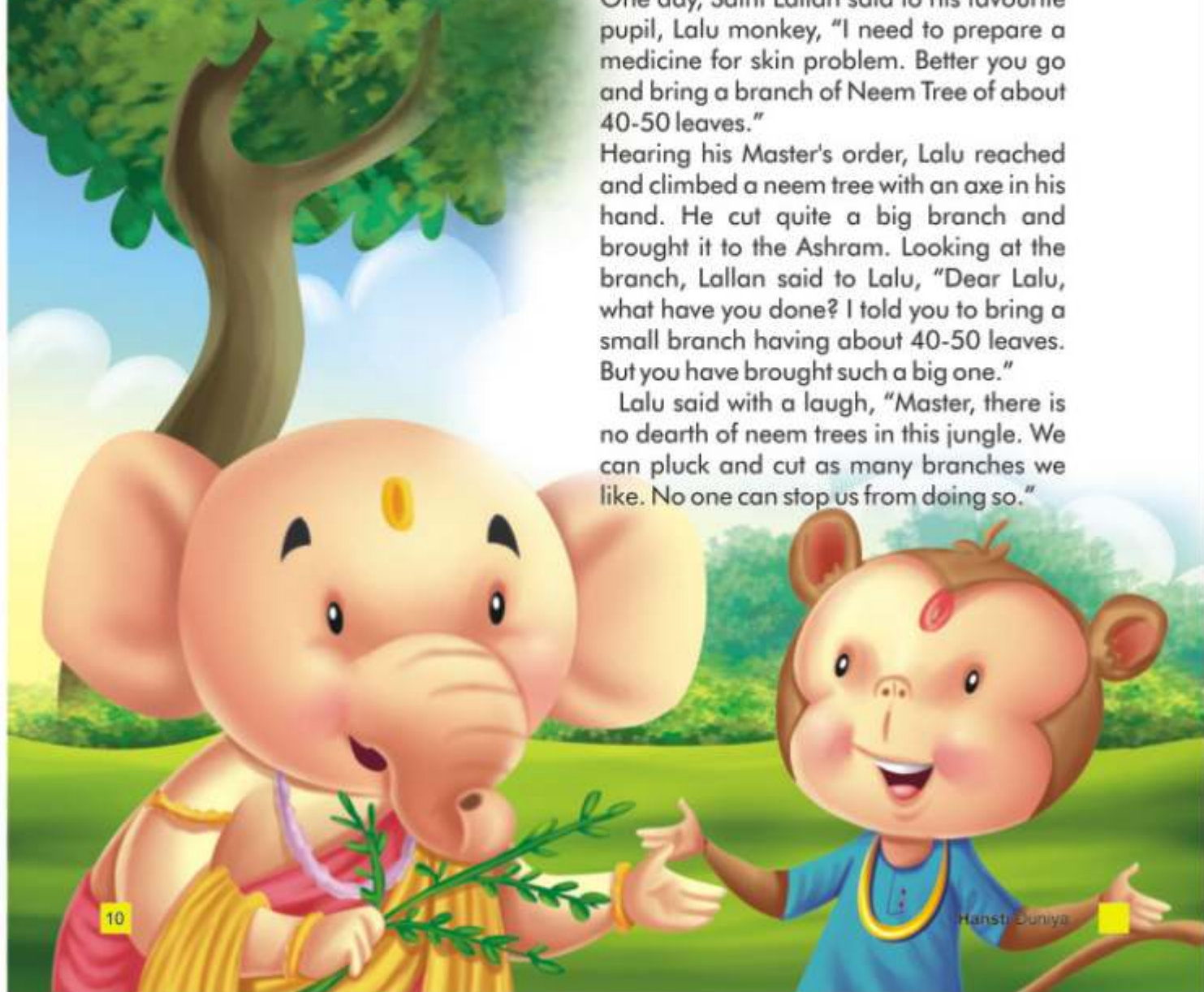
Amidst a high jungle in the high hills, there was a cottage of saint "Lallan, the elephant". In that cottage, children of jungle's inhabitants used to learn from him. Of course, Lalu – the monkey was a favourite pupil of Lallan. Lalu used to serve his master very well.

Saint Lallan was a nature-lover. He liked always to roam around fresh and green trees and plants. Whenever free, he would enjoy sowing different kinds of plants with the help of his pupils. That is why the greenery in the jungle was increasing constantly.

One day, Saint Lallan said to his favourite pupil, Lalu monkey, "I need to prepare a medicine for skin problem. Better you go and bring a branch of Neem Tree of about 40-50 leaves."

Hearing his Master's order, Lalu reached and climbed a neem tree with an axe in his hand. He cut quite a big branch and brought it to the Ashram. Looking at the branch, Lallan said to Lalu, "Dear Lalu, what have you done? I told you to bring a small branch having about 40-50 leaves. But you have brought such a big one."

Lalu said with a laugh, "Master, there is no dearth of neem trees in this jungle. We can pluck and cut as many branches we like. No one can stop us from doing so."



Saint Lallan said, "Dear son. Of course, there are abundant trees. But what right do we have to misuse any plant unnecessarily. Perhaps, you are not aware... every leaf of nature is precious. If everyone starts cutting down the breathing trees without any reason, the day would not be far off when all the lush green jungles will have been cut to grounds.

The pupil got impressed by his master's love for nature and decided, "Today, I have insulted nature without reason and have committed a crime. I must be punished for this." He turned to his Master and said, "Master, please do punish me for the mistake committed by me today."

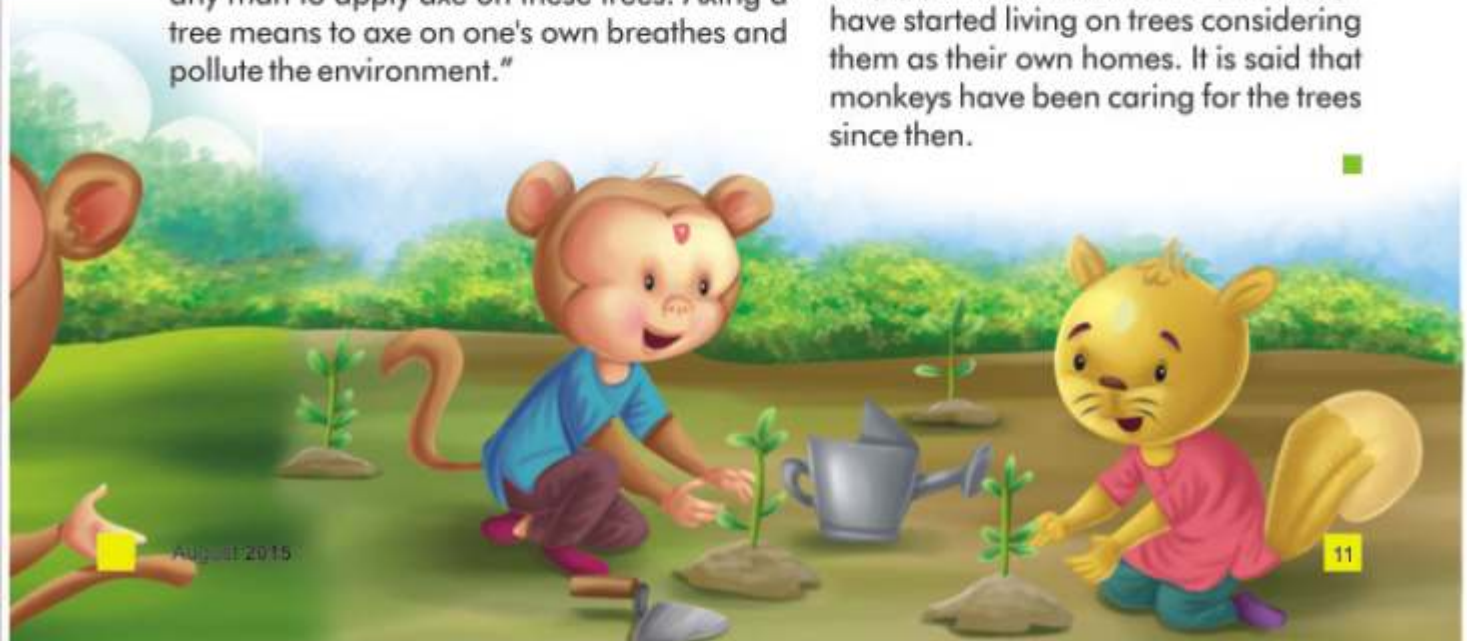
Saint Lallan said, "Dear Son, I have no right to punish. Only God gives punishment. But, instead of the punishment, you can recoup earth by planting trees at empty places."

Lalu liked this punishment very much and, obeying his Master's advice, he planted numerous trees. Came the rains, the seeds sprouted and plants started growing.

Looking at the spreading greenery in the jungle, Saint Lallan was extremely happy. He embraced his pupil Lalu and said, "Your act of repenting the small mistake has brought greenery and joy in the jungle. Now son, pay special attention to one thing. Never allow any man to apply axe on these trees. Axing a tree means to axe on one's own breathes and pollute the environment."



Lalu, the monkey understood very well the advice of his Master and started caring the trees and sowing plants in empty places. Since, then the monkeys have started living on trees considering them as their own homes. It is said that monkeys have been caring for the trees since then.

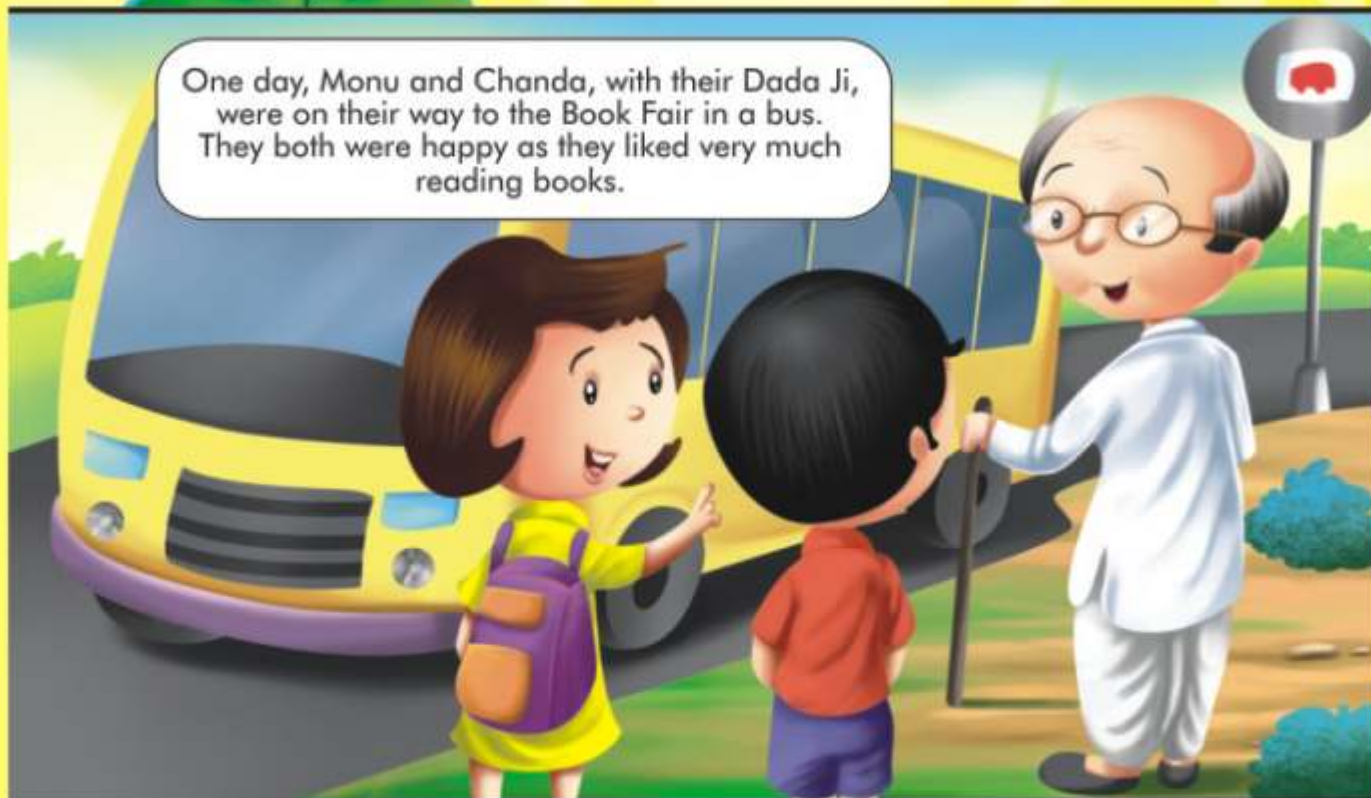




GRANDPA


Drawings and Written by
Ajay Kalra

One day, Monu and Chanda, with their Dada Ji, were on their way to the Book Fair in a bus. They both were happy as they liked very much reading books.



There was a good crowd in the bus. They got seats with great difficulty.






Monu took a seat near the window, Chanda sat by his side, and then Dada Ji. The weather was pleasant that day. They all were enjoying the ride.



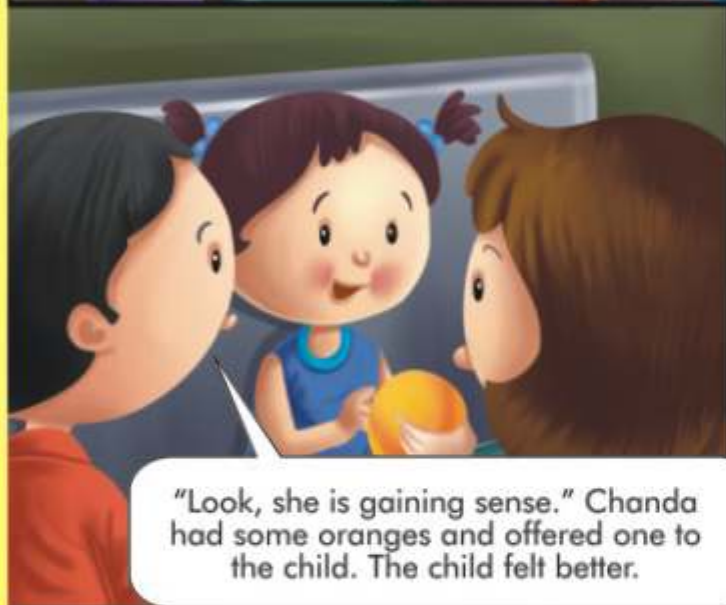
After some time, they heard voices in the bus about a child having gone unconscious. Monu and Chanda were taken aback.



Monu said, "Let us see what happened to the child?" Chanda and Dada Ji also said, "Yes, yes, let us see."



Monu said, "I have read about first-aid treatments in a book. Get me some water quickly. Let her be given a seat. Open the windows so that air reaches her."



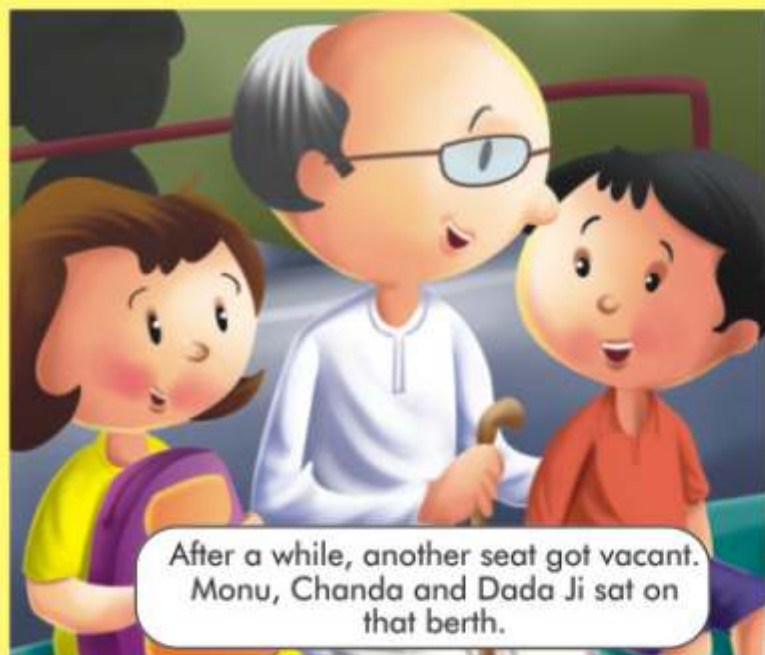
"Look, she is gaining sense." Chanda had some oranges and offered one to the child. The child felt better.



Monu and Chanda started playing with the child.



Seeing this, the parents of the child thanked both of them. "How lovely are the children? May God give you a long life."



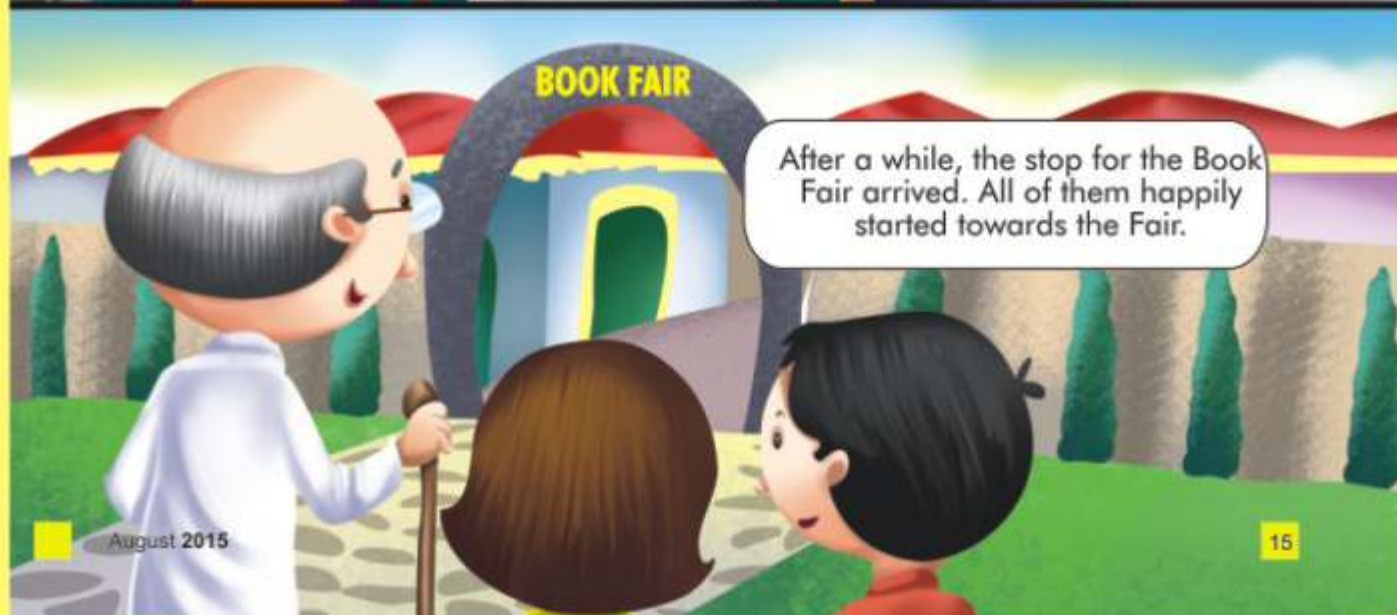
After a while, another seat got vacant. Monu, Chanda and Dada Ji sat on that berth.



Sitting on the new berth, Dada Ji said to children, "Well done, children! You helped the child in a very good manner."



"Children! We should always be ready like that to help needy people."



After a while, the stop for the Book Fair arrived. All of them happily started towards the Fair.

What is ideal

Shakdal was a potter. He had blind faith in destiny. In each matter, he would talk about the role of the fate and tend to disregard action.

To confirm his above notion, once he went to Lord Mahavira and asked "My Lord, it is ultimately the fate, isn't it?"

Lord Mahavira kept quiet. Shakdal put his question again, "What is ideal, the fate or action?"

Lord Mahavira said "If anyone breaks your earthen pots without any reason, or takes away your money, or for that matter, misbehaves with your family members, what will you do?"

"I will not spare him. I will beat him", said Shakdal in anger.

"Or will you keep silent considering the fate as supreme?"

"No, not at all", the words came out of his mouth automatically.

"Then, tell me. What is ideal – fate or action?" Lord further said, "Remember, it is the action which shapes the fate. The fate is as is the action".

Shakdal's doubt was removed. He now clearly understood the inter-relationship between action and

Thoughts Of The Day

- Divine knowledge is the key to purity, peace and prosperity.
—Nirankari Baba
- Except time, all other things are created. Time is the creator; and Time has no limit, neither top nor bottom.
— A Persian Rivayat
- Be wiser than other people if you can, but do not tell them so.
— Earl of Chesterfield.
- Nothing is so exhausting as indecision, and nothing is so futile
— Bertrand Russel
- Abandon all supports and look to me for protection. I shall purify you from the sins of the past; do not grieve —Bhagavad Gita 18.66
- Taking refuge in God itself is freedom from all sin and sorrow. In Him there is no sin and no sorrow, even as in the sun there is no darkness...
—Swami venkatesananda
- Without your involvement you can't succeed. With your involvement you can't fail. If you want to shine like a sun. First burn like a sun."
— A.PJ Abdul Kalam
- Keep a green tree in your heart and perhaps a singing bird will come
—Chinese proverb.
- Learning is a treasure which accompanies its owner everywhere
—Chinese proverb
- When a man realizes that he is a beloved child of the Creator of all, then he is ready to see his neighbours in the world as brothers and sisters.
— Robert Runcie
- It is right that the king should govern himself before governing his subjects
—Amaxim of Ali.
- Being ignorant is not so much a matter of shame, as being unwilling to learn.
—Bhagat Kotu Mai
- The great tragedy of mankind is that morality has been over shadowed by religion.
—Dr. Ashok K. Chitkara
- The energy of God does not shatter, but unifies minds.
—A.P.J. Abdul Kalam

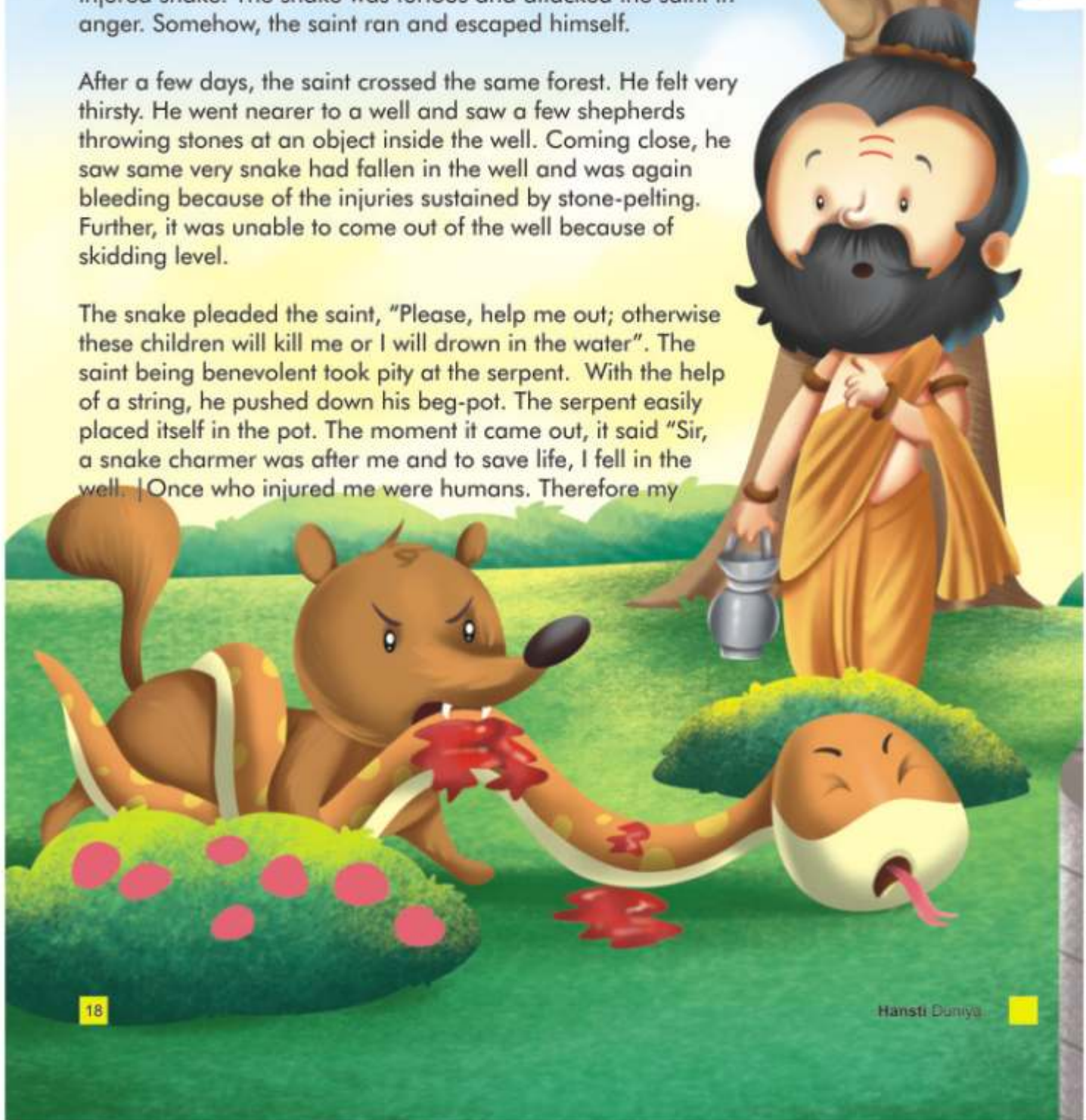
Inspiring Prose: Dinesh Rai

Once, a saint was crossing through a forest. He saw a fighting between a snake and a mongoose. The snake was bleeding profusely. The saint took a pity on it. The mongoose, watching the approaching saint towards them, ran away, leaving behind the injured snake. The snake was furious and attacked the saint in anger. Somehow, the saint ran and escaped himself.

After a few days, the saint crossed the same forest. He felt very thirsty. He went nearer to a well and saw a few shepherds throwing stones at an object inside the well. Coming close, he saw same very snake had fallen in the well and was again bleeding because of the injuries sustained by stone-pelting. Further, it was unable to come out of the well because of skidding level.

The snake pleaded the saint, "Please, help me out; otherwise these children will kill me or I will drown in the water". The saint being benevolent took pity at the serpent. With the help of a string, he pushed down his beg-pot. The serpent easily placed itself in the pot. The moment it came out, it said "Sir, a snake charmer was after me and to save life, I fell in the well. | Once who injured me were humans. Therefore my

The Awakened Saint



enmity is with humans. You are also a human. Therefore, I will bite you. The snake tightened saint's leg. Before it could bite, the saint flung it away. The snake fell again into the well.

The snake requested again the saint to help him. The saint said this time, "You are not worthy of pardon. I have seen the results of helping you. Now, I would leave without bothering to know whether you live or die. The saint had gone not too far when his heart checked him up to help the snake.

Returning to the well, saint said to the snake, "I will hang down the chord with my pot. You can cling on to the chord and come up. But, I won't give you my hand of help. By the time you come out of the well, I would have gone far away. The snake had no option but to start climbing up slowly with the help of chord. The saint climbed up a tree to see snake's reaction. It came out of the well after some time and with its extended hood looked around in anger, as if searching someone. After some time, the snake went away. The saint climbed down the tree, washed his pot, drank cool water and took on to his path.

Lesson: Keep away from the company of bad guys. Think about own safety, before extending help to them

Improve your Grammar

Choose the right option –

1. What is the plural of Buffalo ?

A) Buffaloes B) Buffalos

2. He _____ the situation quickly and decided on the best course of action.

A) Assessed B) Finalised

3. I love to watch India _____ England Cricket match.

A) Verses B) Versus

4. Certain _____ have been taken under the five-year plans for accelerating the development process.

A) Measures B) Policies

5. I will send a blank cheque _____.

A) Tomarrow B) Tomorrow

6. Our household expenses have increased since we _____ our own house.

A) Brought B) Bought

7. In order to photograph _____ animals, elaborate flashlight equipment is necessary.

A) Nocturnal B) Rare

8. Proverb: You can't take it with you when you _____.

A) Go B) Die

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

Answer Sheet.....some other page

The Ignorance Unlimited

—Harish Gulati, Chandigarh

The first citizen of India, Dr. A.P.J. Abdul Kalam was once happily surrounded by school children. Explaining to them the need of a new world order, he suggested a strategy to create a better world by, inter-alia, transforming religion into spiritualism. Then he began to tell a story and the children paid rapt attention to his every word:

"God created the earth. But He was no longer happy with His creation. You know, why? Man had made a mess of it. He wanted to do something about it. He called an archangel and asked him whether he could retrieve the situation. The archangel surveyed the earth and told God, "It is a tough task. I may take a couple of decades or a couple of centuries to restore the earth to its former glory". "But are you sure you will be able to do it?" asked God. "No, I am not, because man has caused havoc to your system", replied the archangel. God then called Satan. Even before He could ask him, Satan, told God, "Yes, I can do it." "How quickly?" asked God. "In an instant", confidently answered Satan. God, who knows Satan, did not want to entrust the job to him. So, He gave him a difficult task: "Count the stars in the galaxy." In no time, Satan gave the exact figure. God wanted to test him further, "Now count all the sand particles in the world". Again, Satan gave the exact figure immediately.

Saintly personage Dr. Abdul Kalam believed in the spiritual rather than ritual aspects of religion. The rites

and rituals have thrown the world into a vast ocean of polytheism, providing eternity to errors and perpetuity to prejudices because of the ignorance unlimited. Religion which was to unite people through the realisation of Fatherhood of God has lost its gravity and has in itself become the dividing force.

Had God given Satan the assignment, "Go on the earth and count the number of so called devotees engaged in rites and rituals in the name of My worship, without actually knowing and realising Me", Satan would not have returned to God as yet, with the exact figure. There is ever changing thin faded line in the mood of persons. God is different for different persons and for the same person on different occasions. This has given birth to global religious terrorism, disturbing order of the brave new world. One is bewildered to discover that it is not divided atom but divided mankind which is getting more difficult to deal with.

So many people ask, "What should be the next vision for transforming India? Dr. Abdul Kalam thoughtfully said that we need missiles because strength respects strength. And apart from prosperity and wealth, it was necessary to transform India into a spiritually strong nation. So that India shows path to the whole human race for peaceful existence with spiritual awakening.



H.D. Answers

Q: What is the prime aim of human life?

A: Self-realisation through God-gealisation.

—Rajesh Mehta (Vancouver)

Q: What about worshipping God for wealth?

A: To worship God for sake of wealth is to worship gold not God.

—Pawan (Delhi)

Q: What is heaven?

A: Heaven means to be one with God.

—Ramesh (Gaya)

Q: What is the secret of a healthy mind?

A: Pious and positive thoughts.

—Karuna (Delhi)

Q: What does a true religion inspire man for?

A: A true religion inspires man for a truthful living.

Q: If we do not succeed even after working hard day and night, then what to do?

A: Failure in one event does not mean failure in life. Make another planned effort to achieve success.

—Sudeep (Delhi)

Q. Why does pride overpower man doing worship of God?

A. In reality devotion to God rids man of pride. Those who simply profess worshipping God they do feel proud.

—Sakshi Gulati (Chandigarh)

Q: Salvation is linked with divine Knowledge, then why stress on sangat, simran and sewa?

A: Salvation presupposes Divine Knowledge, Sangat, Simran and Sewa are essential to maintain the Divine Knowledge till last.

—Ankita Rai (Azamgarh)

Q: Who can be said to be a true devotee?

A: A true devotee means a God-realized person, obeying the commandments of Satguru with utmost humility.

—Asheesh Denver (Delhi)

Poem: Sharda Narayan

The Sun

Every morning, grows the Sun
Light on earth, throws the Sun

Braving the dense darkness
A bright day shows the Sun

Though it sets, rises daily
No fatigue yet knows the Sun

Piercing through the clouds dark
How steadily glows the Sun!

Let's learn to serve humanity
As light bestows on all the Sun.

Poem : Dinesh Chamola

Cuckoo

Lovely spring, lovely bird
Have you seen or ever heard?

Cuckoo, one of charming birds
Full of music, full of words

She is fond of Spring green
Pleasing every high or mean
When she sings melodious songs
I do forget foes and wrongs
Had I got my wings to fly
I would fly too in the sky
I can't sing, have no wings.
I can enjoy but worldly things
I love to see when cuckoo sings
And flies with golden wings.



Kitty

Drawings and Written by
Ajay Kalra



"You are right, dear Kitty. Children! Cleanliness keeps both our body and mind clean. It keeps as well the environment clean."



"Ma'm, I take special care about the cleanliness in and out of my own house as well as that of my neighbours."

"Very good, Kitty! Children, you would have seen that many big leaders, actors, etc., are closely attached to this Cleanliness Drive."





"Yes, Ma'm. I have seen its promotion in which people are willingly cleaning the streets and are busy in promoting this Drive."



"Well said, Kitty. Children! Their initiative will have to be followed by all of us. Because India is our own country and we live in it. Its each road and street is our way."



"You are absolutely correct, Ma'm."



"Ma'm, from this moment, every one of us will participate in this Drive and follow cleanliness."



"Very good, children! From now on, it is your duty to ensure that the dirt does not collect near our area. Always use dust bin. And further, prohibit anyone found spreading dirt here or there."



Servants



Jaisma, a young man, started his own business. He worked in his small house which had no compound. He had a servant Raishu who was very faithful. He cooked the food, looked after the house and assisted his master in his business as well. Jaisma prepared steel rods but things were not selling. At times Jaisma found it difficult to provide money for Raishu to buy things. Raishu was sad at the state of things and wanted to help out. He went to give blood to get some money. He did this time and again till the doctor in charge refused to take Raishu's blood as he had grown weak. He tried elsewhere but it was rejected. A complaint came to Jaisma about Raishu's desire to donate blood to get money. Jaisma realized how things seemed to be ticking because of Raishu's sacrifice. You will certainly say

that Raishu was a good servant; even being ready to sell his blood to help his master. It is very common to have a servant in middle class families and two or three servants among rich people. All offices and institutions have peons or attendees and many belong to what is called the IV class group of workers: in the railways, transport, and other public services. Have you a servant at home? How is this person treated in the family? Very often servants work many years in the home and have a good relation with family members. Business people and other workshops employ helpers and they may not be treated properly! Since it is privately run (also in homes, private dispensaries and offices) the servants (chaprasis, attenders) may not be paid properly and the hours of work not properly fixed. Such people are poor,



have under-nourishing food, very poor "houses," and hardly any chance of uplift because of lack of education.

Because of their economic background they are not respected like persons and develop inferior complex. It is not rare to see such people ill-treated and made to do all kinds of menial work. The servants have to put up with a lot of humiliation and submission because of their state. They can be dismissed from private service and that makes their life precarious. India abounds in cheap labour and that is why these people cannot fight for their rights.

The newspapers from time to time bring out cases where children bonded to private producers for work like rolling biddies, preparing wrappers on a production basis. They are made to work 15 hours a day, provided with poor food

and poorer shelter and life is miserable for them. There are bonded labourers even slaves in rich households. Because of their greed, servants become the target of these unscrupulous people who take advantage of their helplessness in getting as much as possible while giving as little as possible. Then people have no provision for any kind of fund or pension and have to rely on their grown up children to support them in their old age. These are the realities of life; and servants become the victims of injustice and greed of those who have money.

Since servants give as much of their time in service to families and other private groups, they should be helped to save money for their future. They need to be treated like persons though they undertake lowly jobs for their living. They must be treated humanely with regard to

the hours of work, proper pay and every provision for their basic needs. It is difficult for a very moderately financed family to provide all this, but remembering these things are important in their attitudes to their servants.

1. What is your first duty to your servants?
2. How should you treat your servants?
3. Why do servants need your sympathy and help in their troubles and difficulties?
4. How can you make your servant happy to work for you?
5. Shante's mother says the servants are lazy. They do not work well. They demand too much. They are dishonest. So she keeps a part of the salary that is due for their careless work, dishonesty etc. Is she right? Why?

Paul of Tarsus gives his own experience of servants when he wrote a letter to Philemon. It is a short letter compared to the other letters he wrote,

but it has a wonderful message.

Philemon was a very rich man and had many slaves. Paul came to know him and visited his house. Paul also told Philemon deep spiritual truths. Philemon had a slave Onesimus. Slaves were completely under their masters and belonged to them like property. Onesimus ran away. In Rome he met Paul. Paul changed Onesimus and then sent him back to Philemon with a letter. He wrote in his own hand, asking him to forgive Onesimus and treat him no longer as a slave, but a brother. "Formerly he was useless to you, but now he is useful to you and to me. I am sending him back to you, sending my very heart Perhaps this is why he was parted from you for a while, that you might have him back for ever, no longer as a slave, but more than a slave, as a beloved brother. So if you consider me your partner, receive him as you would receive me if he has wronged you at all, or owes you



anything, charge that to my account. I, Paul, write this with my own hand, I will repay it; to say nothing of your owing as even your own self. Confident of your obedience I write to you, knowing that you will do even more than I say."

You must remember that masters even killed their slaves if they deserted them. Yet Paul asks Philemon to accept Onesimus as a brother in his place. And Philemon acted according to the request of Paul.

1. From this historical incident, what do you think of Paul, Philemon and Onesimus?

2. What would you feel if you were in the place of Onesimus when he returned to his master?

It would be good for you to know that Onesimus studied and grew up well. He became a Bishop and was in charge of many people and guided them. Did Paul play any part in this? How?

There are many people who help you in your life. For instance you have

the farmer who provides the grain for your rice or wheat for your bread. Can you make a list of those who provide for you?

(See you mention the following cook, sweeper, gardener, tailor, dhobi, baker, grocer, vegetable vendor)

Many of these people are not educated but have learnt their work by doing it early in life. Try and write about two of these; what each one's job is; what he likes about the work; what difficulties he faces; what he dislikes about the job. It helps you to enter more personally into the life of these people.

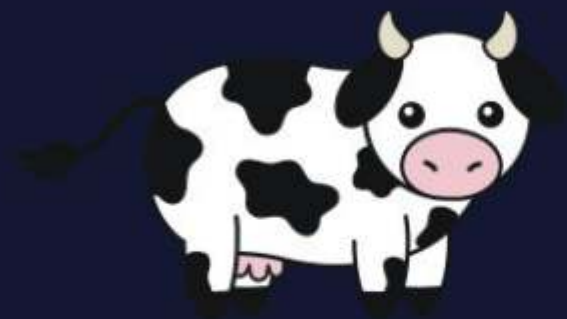
It will be even better if you meet these people and put these questions to them. Write an account of the meeting you have with them. You must do it with tact and in a friendly way. Do you call these people by their names or by their profession - for instance 'Dhobi'? Would it make a difference if you call them by their actual names?

Courtesy: Towards The Light ■



CURES

From Cows



Antibodies purified from the first milk or colostrums of cows are now being used to treat babies with stomach upset. The preparation called lacto globadin is given to bottle fed babies to prevent and cure gastro intestinal infections. Breast fed babies receive protective antibodies from their mother. Newly born babies do not begin to make their own antibodies until they are about six month old.

Improve your Grammar

Answers:

- | | |
|---|---|
| 1 | A |
| 2 | A |
| 3 | B |
| 4 | A |
| 5 | B |
| 6 | B |
| 7 | A |
| 8 | B |

Answer Explanation

1.The plural of Buffalo is Buffaloes, not Buffalos.

2.When you assess a thing or situation, you consider them in order to decide a course of action about them.

3.VERSUS means against or in comparison with and VERSES is the plural of VERSE, a writing in which words are arranged in a rhythmic pattern.

4.Note the verb TAKEN. Programmes are launched, policies are formulated, plans are made, but measures are taken (or adopted). When government takes measures to do something, it carries out particular actions in order to achieve a particular result.

5.The day after today is tomorrow, not tommorrow.

6.BOUGHT is the past tense of BUY whereas BROUGHT is the past tense of BRING.

7.The use of 'flashlight' suggests that the animals have something to do with darkness (night). Nocturnal means 'of night'.

8.When we die, we don't take anything with us. This proverb reminds us that material things are not so valuable as we think.

—Utkarsh Desai, Vasco-da-gama (Goa)

Riddles



1. What has hands but no feet, a face but no eyes, tells but does not talk?
2. How many months have 28 days?
3. What do you drop when you need it and take back when you don't?
4. What do tigers have that no other animals have?
5. What can you swallow that can also swallow you?
6. Which three letters can frighten a thief away?
7. What appears once in every minute, twice in every moment, but not once in thousand years?
8. What belongs only to you and yet is used more by others than by yourself?
9. Why is a river rich?
10. I have cities but no houses, forests but no trees; rivers but without water; what am I?
11. What man cannot live inside a house?
12. What part of London is in Brazil?
13. The more you take away, the bigger I become. What am I?
14. What can you hold in your left hand, but not in your right hand?
15. A man jumped from a plane, but there was nothing wrong with him. Do you know why?
16. What is that you ought to keep after you give it to somebody else?
17. When is your uncle's sister not your aunt?
18. Mrs. Smith has nine children, half of them are girls. How can this be true?
19. How many cheese sandwiches can you eat on an empty stomach?
20. When will a net hold water?

(See Answers at Page No. 37)

Laughing Time

Patient : Doctor, will I be able to play the piano after the operation.
Doctor: Yes, of course.
Patient : Great. I never could before.

A man walks into a shop and sees a cute little dog.

He asks the shopkeeper, "Does your dog bite?"

The shopkeeper says, "No, my dog does not bite."

The man tries to pat the dog and the dog bites him.

"Ouch," he says, "I thought you said your dog does not bite!"

The shopkeeper replies, "That is not my dog."

Height of coolness:

2 Guys coming out of the examination Hall with chips and coke in hands....

1st guy: which paper was it?

2nd guy: I think maths.....

1st guy: (surprisingly) you read the question paper?

2nd guy: no I see a girl sitting besides me using calculator: {

A Belated Teachers' Day

Its A Humble Request

"80% Of Teachers

Suffering From

Throat

Pain By Teaching

Students."

So Please BUNK

the Classes As Much

As Possible and Save

Our Teachers



When u feel sad....

To cheer up just go to the mirror and say,

"damn I am really so cute"

u will overcome your sadness.

But don't make this a habit.....

Coz liars go to hell !!!!

He said... Do u love me just coz

my father left me a fortune?

She said... No stupid, I'd love u

no matter who left you the

money!



Little johnny : Mam,
will you punish me for
something that I
didn't do ?

Teacher : Not at all
Little johnny : That's
good.

Actually I didn't do my
homework!



Darling, why do you wish to
marry in an aeroplane? Dear, You
know, I once swore never to marry a
man on earth, and I won't go back on
my words.

A policeman broke in a house
where a real fight was going on.
Policeman : Who's the head of the
family?

Woman : That's what we are trying
to settle right now.

Patient : Doctor, when I awake from
sleep, I have a dizziness for half an
hour, and then I feel all right.

Doctor : Get up after half-hour.

Customer: I want to buy a copy
of the book, Man, the Master of
the House.

Clerk : Just step to the other side
of the store and try the fiction
department.

Raman : Did the medicine
you brought cure your
aunt?

Sohan : No, No. On
reading the label on
the bottle she got
two more diseases.



Two things are bad for the
heart—running up stairs and running
down people.

Wife : Dear, in this photograph you have
not a single button on your coat?

Husband : So, you've noticed it at last!
That's why I had the photograph taken.

Disabled needn't think they're any less:

UPSC Topper

The disabled must stop believing they are lesser than others; they are just different. Everyone has limitations. Not everyone can run a sprint. We must realise disability is just a difference in ability - Ira Singhal, Civil Services Topper
Ira Singhal with her parents

Ira Singhal may have taken the country by storm by becoming the first woman with disability to top the prestigious civil services exams (CCE), but that's not the way she wants people to remember her.

"I don't want people to see my achievement as special only because I look different. What's so special about my achievement anyway? I topped the exam in my fourth attempt. Look at

Renu Raj who stood second in her very first attempt. That's an achievement," says the 31-year-old, who conquered scoliosis to top the CCE merit charts for the year.

In an interview to The Tribune on the sidelines of her meeting with Women and Child Development Minister, Menaka Gandhi today, Ira spoke about her hopes to change the world and the disability sector in India.

"One lifetime may not be enough to make a difference, but it is not too short a time either.. I want to work in the social sector, primarily for women, children and the disabled," said the young woman flanked by her parents, Rajendra and Amita Singhal, who

recounted their own share of struggle in raising a child with disabilities in India.

Rajendra Singhal, a Delhi-based valuation expert, who pushed all his limits to give his only child the best education, recalled: "I still remember the day I took Ira to





Modern School, Barakhamba Road, for admission. The then principal made hurtful references to my child asking me to take her to a school meant for 'such children'. Ira's accomplishment has redeemed my faith in the power of the mind to conquer all adversity. Since it was her fourth attempt, I had told her she better topped the exam or I would consider her failed. I am glad she kept my trust."

Ira admits to her journey being full of challenges. "But that's how life is... never easy. What hurt the most was that even after I cleared the exams thrice, I wasn't given a service I deserved. I had to move the Central Administrative Tribunal to get my IRS posting. CAT orders came in February 2014, but my posting orders came in December last. I used the intervening period to prepare for the CCE. Who knew I would top?" says the girl who suffers from curvature of the spine that has limited the movement of her arms.

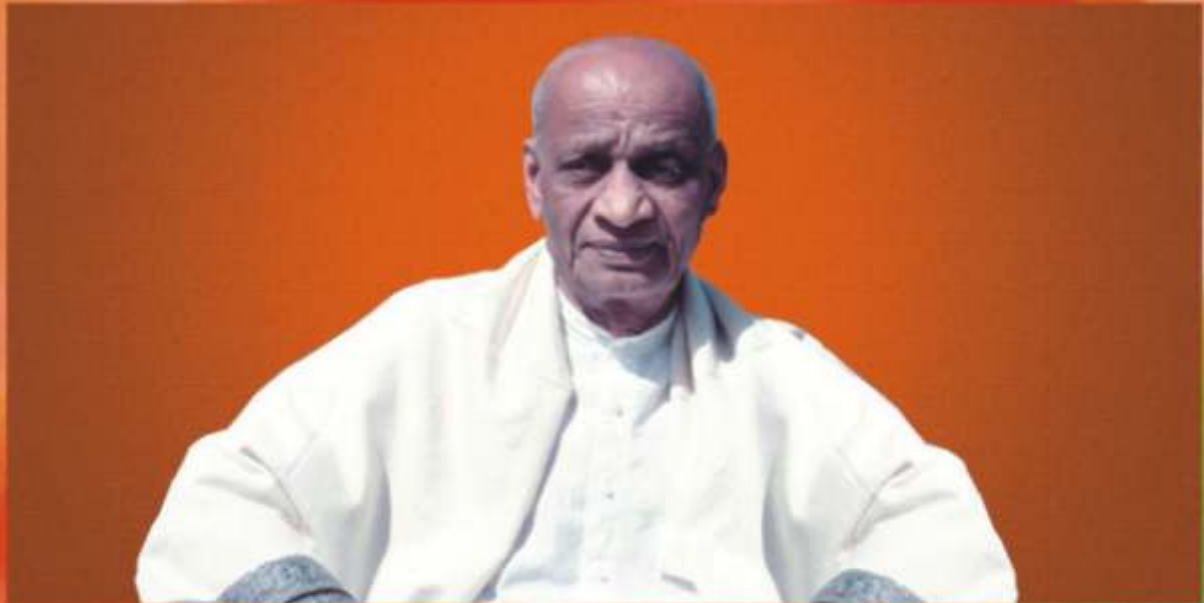
But limitations have never deterred Ira from striving for excellence in academic pursuits. A B.Tech from Delhi University, an MBA from Faculty of Management Studies and now an IAS probationer, Ira is used to riding the crest. Ask her how she handled the IAS interview and she says, "I am very good with interviews, I am an MBA." Her message to persons with disabilities is simple. "The disabled must stop believing they are lesser than others; they are just different. Everyone has limitations. Not everyone can run a sprint. We must realise disability is just a difference in ability. I want to be able to bring this realisation," says Ira, who has opted for AGMUT (Arunachal-Goa-Mizoram-UTs), her home cadre.

(The Tribune)

Riddle's Answers

1. Clock
2. All
4. Baby tigers
5. Water
6. I C U
7. M
8. My name
9. It has two banks
10. Map
11. Snowman
12. L
13. Hole
14. Your right hand
15. It's on the ground
16. A promise
17. When she's your mother
18. All of them are girls
19. Only one
20. When the water is frozen

Sardar Vallabh Bhai Patel



A small incident in Sardar's life shows us how brave he was! And what a strong will he possessed! When he was about eleven, he had a boil under the armpit. All kinds of treatments were given, but of no avail! Someone told him there was a barber in the next village, who applied a hot iron to treat boils! Vallabh Bhai went to him. The barber heated the iron. But at the moment of applying it to the boil, the barber's courage failed! Vallabh Bhai took the red-hot iron from the barber and touched it to the boil!

He became a champion of the farmers. At that time the Government raised the land value and the farmers had to pay a much higher price! Vallabh Bhai found this unjust! He became their leader and gathered people of all castes and communities to join the movement! It grew so strong that the Government abolished the increase! For his brave efforts, Gandhiji bestowed on Vallabh Bhai the title of Sardar. He became known as Sardar Vallabh Bhai Patel.

In 1947, after Independence, he became the Home Minister. Many Rajas, Nawabs and the Nizam did not want to join the Indian Union. It was with great tact and firmness that he sidelined all these dissenting rulers and made their territories the States of the Indian Union. The whole country came under a single rule! Because of his firmness in national problems, he came to be known as 'The Iron man of India'!



SMSes

1. Your life is your story, Write well, edit well.
—Rajesh, Dehradun
2. Appreciate a man's effort, sometimes you just did not know what they had to go through just to keep you happy.
—Usha, Delhi
3. Every girl may not be queen to her husband, but she is always a Princess to her father.
—Ashok Nirankari, U.S.A.
4. At my lowest, God is my Hope
At my darkest, God is my Light.
At my weakest, God is my Strength.
At my saddest, God is my comforter.
—Ratnesh, Kanpur
5. Hurt not others with that which pains yourself.
6. Start believing in yourself, world will automatically believe you.
7. When love is showered on us, our soul is nourished and there is abundance all around. Spread love. Receive the same.
8. Don't be disappointed if the person you love, does not love you, because God has said this is my world and even I could not make my creation love me.
— Praveen, Gurgaon
9. Sometimes, a prayer does not change the situation but changes our attitude towards the situation and give us hope which changes our entire life.
10. Talk to yourself once in a day, otherwise you may miss meeting an excellent person in this world.— Bholi, Delhi



Have your Say

Hansti Duniya (August)

New big size of Hansti Duniya July-2015 is really appreciable and looks very beautiful. Two articles selected and printed in this issue titled, "Find Joy in the Small Things" and "In Her Feet Lies a New Sunita" are very unique and interesting. These articles encourage the readers how to become well educated even when they have change physical disabilities.

By reading editorial readers can easily understand the Aim of life... How to enjoy Happy Life. Basic aim of Hansti Duniya spreading inspiration and fragrance of Truth among children and elders alike. In this mission Hansti Duniya is very successful. New photo Features "Microscope" and "Chinki and Sea-Horse" are very educative and interesting. "Visiting Grandmother", "The Golden Plate", "Smile all the Way" are very interesting and useful stories for life. Thoughts to Ponder, SMSes, (Laughing Time), Cross Word and Riddles have been chosen very wisely. Selection of poems is also so nice.

Life sketch of Bal Gangadhar Tilak has been presented nicely. It is requested that old regular columns e.g. Happy Birthday, Photo Feature may be revived because children feel happy to see their photos in the Hansti Duniya. It is so good that Hansti Duniya is progressing and giving good knowledge every month to children.

—Neeru, Ria Pia, Hapur.

Winners of June Issue

First:

Aditya H. Anand

Age : 15

B-190, First Floor
Sector-26, Noida-201 301

Second:

Sakshi & Ghare

Age : 14

Chandresh, Ashish'F'
Wing R.No. 001
Lodhaheritage, Desale Pada,
Dombivali (East) (Mah) 421 201

Third:

Kanishka Delia

Age : 9

D/o Rakesh Kumar,
H.No. 30K
Virat Nagar, Modeltown,
Ambalacity

Consolation Entries

Hardik Sharma
(Rasulpura, Brampur),

Daksh S. Sheilesh (Circle Lodge),

Mehak (Naraingarh, Hry.)

Naman Kapoor,
(S.N.S.Bhawan, Fatehgarh),

Kavish Vivaan (Pratap Public
School)

Vinamer Manotra (Digiona, Jammu)

Aayush Khullar (Vikaspuri, Delhi),

Simran Chittoria, (Jipmer Campus),

Navita (Shivalik Nagar, Solan),

Krishna Yadav,
(Bhageswari, Bhiwani, Hry.)

Paras, (Brahmpuri, Ambala),

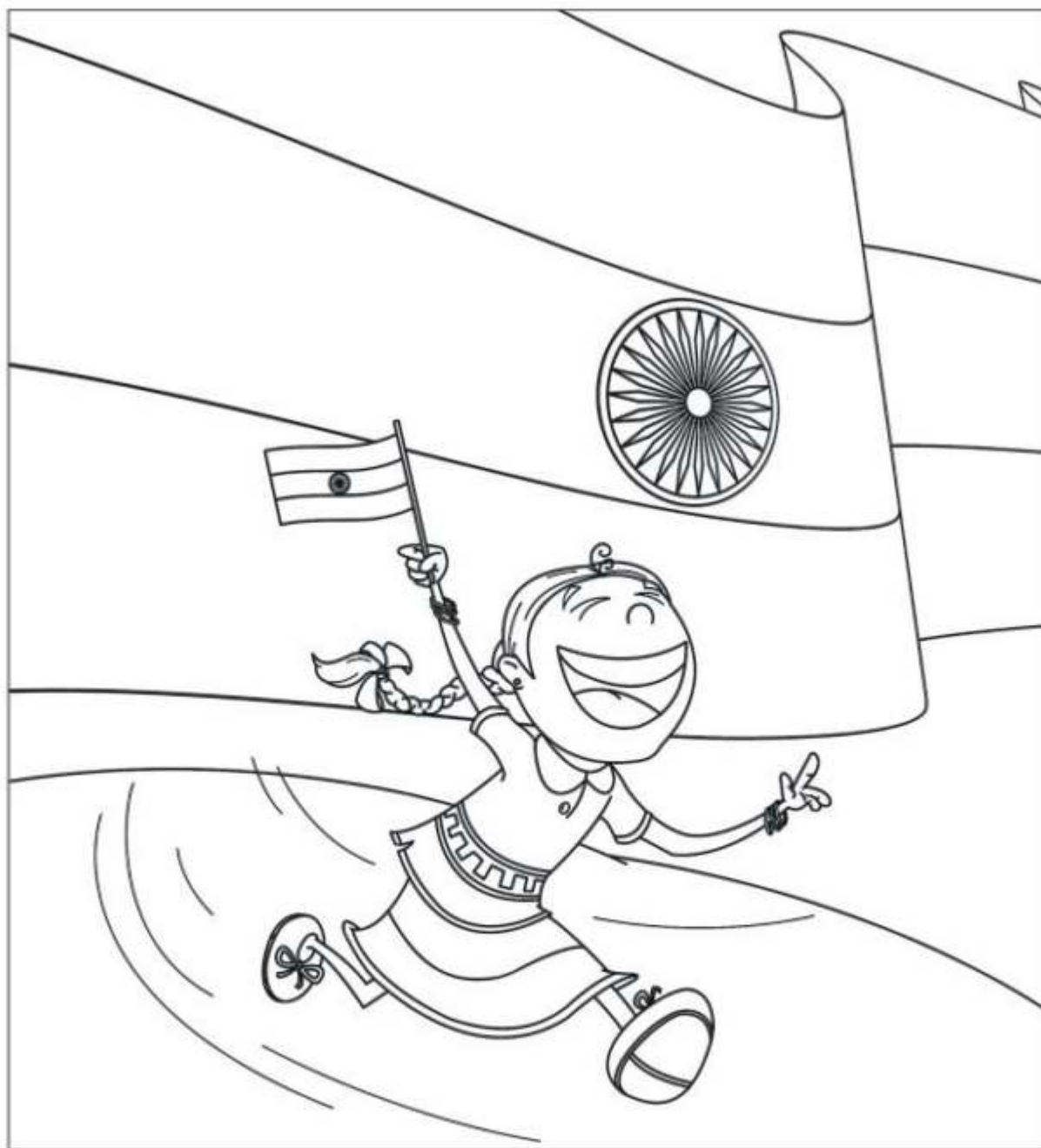
Diya Nagpal (Chaina Road,
Faridkot)

Competition for August 2015

On page 41, a beautiful picture is given; colour it and send it to us latest by September 20, 2015.

The result will appear in October 2015 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate. The decision of the Editor Hansti Duniya will be final.

Color It



Name.....Age.....

Address.....

.....

.....



Samiksha Kukal rising high in Biotechnology

— C.L. Gulati, Member Incharge, Magazines

The children are not only to be molded but also unfolded. While molding means general upliftment, unfolding calls for spiritual awakening. Taking equal care on both the aspects, Manjeet Kaur and Taranjit Kukal, an enlightened and devoted couple, brought up their promising daughter Samiksha with due concern.

A sharp-minded girl from the very childhood, Samiksha — true to her name, has also always been analysing

in 10th and 12th standard, CBSE. She then did her dual-degree B.Tech + M.Tech in Biotechnology from IIIT, Noida.

She finished her post-graduation with flying colors by topping the university in Biotechnology. She was awarded VC Gold-Medal by Honorable Home Minister, Rajnath Singh. She went on to qualify DBT-JRF fellowship for her doctorate studies. She got selected at three best institutes for PhD research — THSTI (Translational Health Science and Technology Institute), ICGEB (International Centre for Genetic Engineering and Biotechnology) and IGIB (Institute of Genomes and Integrative Biology). She finally chose IGIB for her PhD studies.

When asked whom she ascribed this kingpin achievement, Samiksha says that success does not come every-time. It comes when one continues to overcome ups and downs and moves forward with faith - It is the persistence and perseverance that pays. Samiksha acknowledges smilingly that she is indebted all

her achievements to her parents, grandma Kulwant Kaur, grandpa Mahender Singh and above all her Satguru Nirankari Babaji who have blessed her reaching this stage. With good wishes behind and expectations ahead, she is pride of three generations. Samiksha's pastime hobby is reading English editions of Nirankari Magazines, believing, "Study of spiritual literature is a source of joy for ever."



and reviewing the circumstances that came her way and adjusting nicely to achieve the best in her life. Fortunate to get intimate inspiration and motivation from the teachers and parents alike, she has always been favorite with staff and students.

Samiksha Kukal was always a deep-dive student. She never ran after marks. Her focus was to learn and ensure that concepts are clear. She scored 87% both



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- Avtar Vani
- Story Time

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your talent
in form of
painting, poetry
& story

