

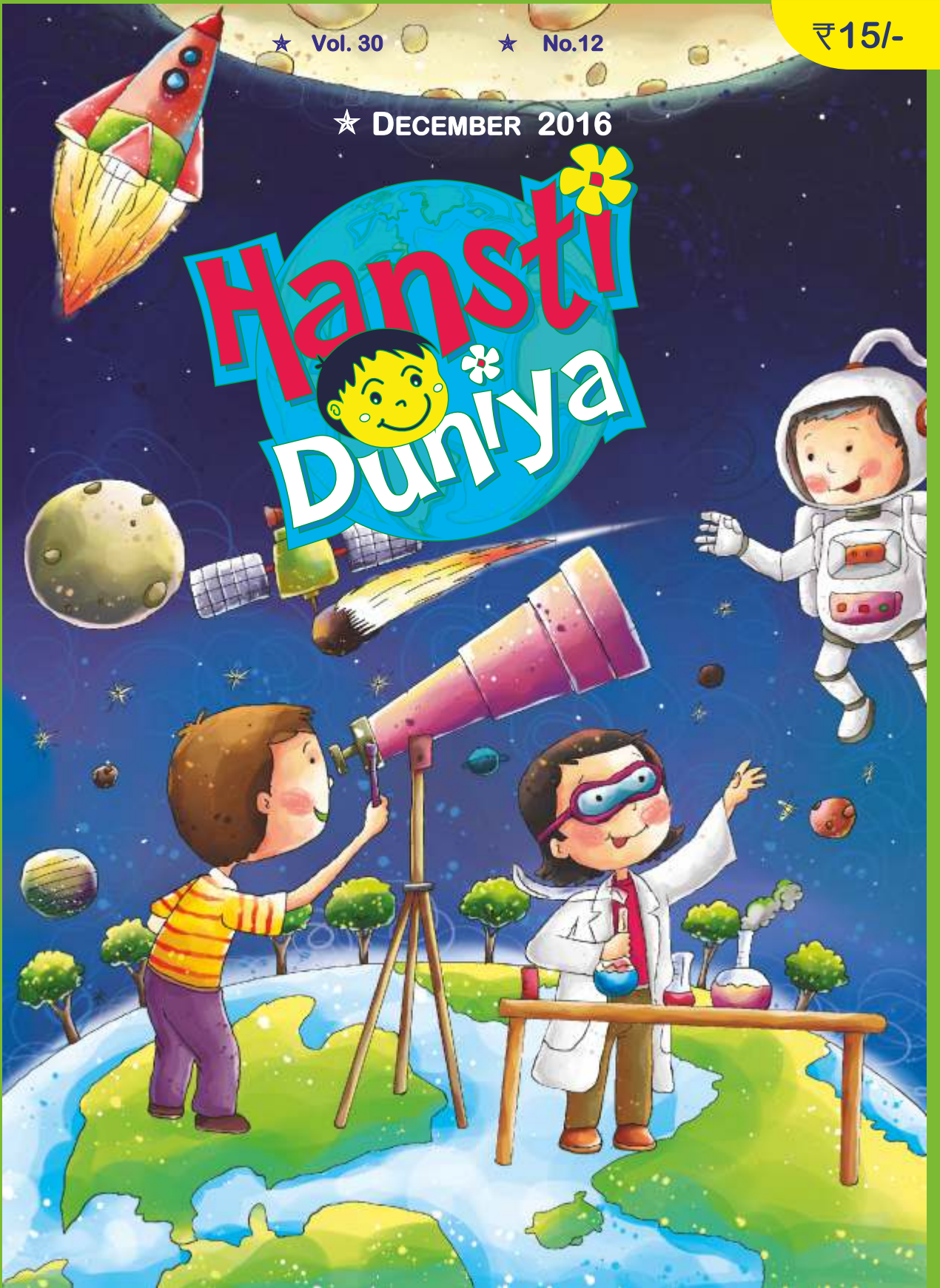
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Evaluate Yourself

Samay is a very wise boy. He is always willing to learn. He asked his teacher that every year, we celebrate New Year with gusto and excitement yet we forget these very things in a few days.

The teacher explained the relevance of this question and gave solution also.

The New Year is celebrated every year, in the same way, we must make resolutions and decisions and see if they are fulfilled or not. We have to evaluate ourselves.

Sometimes due to difference of opinion and opposite point of views we loose our happiness and balance of mind. We just make resolutions imitating others. If we really wish well everyone from the core of our heart then we are in a high state and we have lived upto our resolution.

If we have been self centered and selfish then it is clear that we have wasted our time.

Our life becomes what we do. If we do positive acts, our life becomes progressive, otherwise the life seems lifeless. This all depends on us. I am the one who takes the resolution, and I am well wisher of one who translates these qualities in deed and action. He achieves greatness.

By the end of the year , we must make an assessment and tread this path with honesty and the real spirit. We must weigh whether we are at a loss and stuck in mire.

—Vimlesh Ahuja

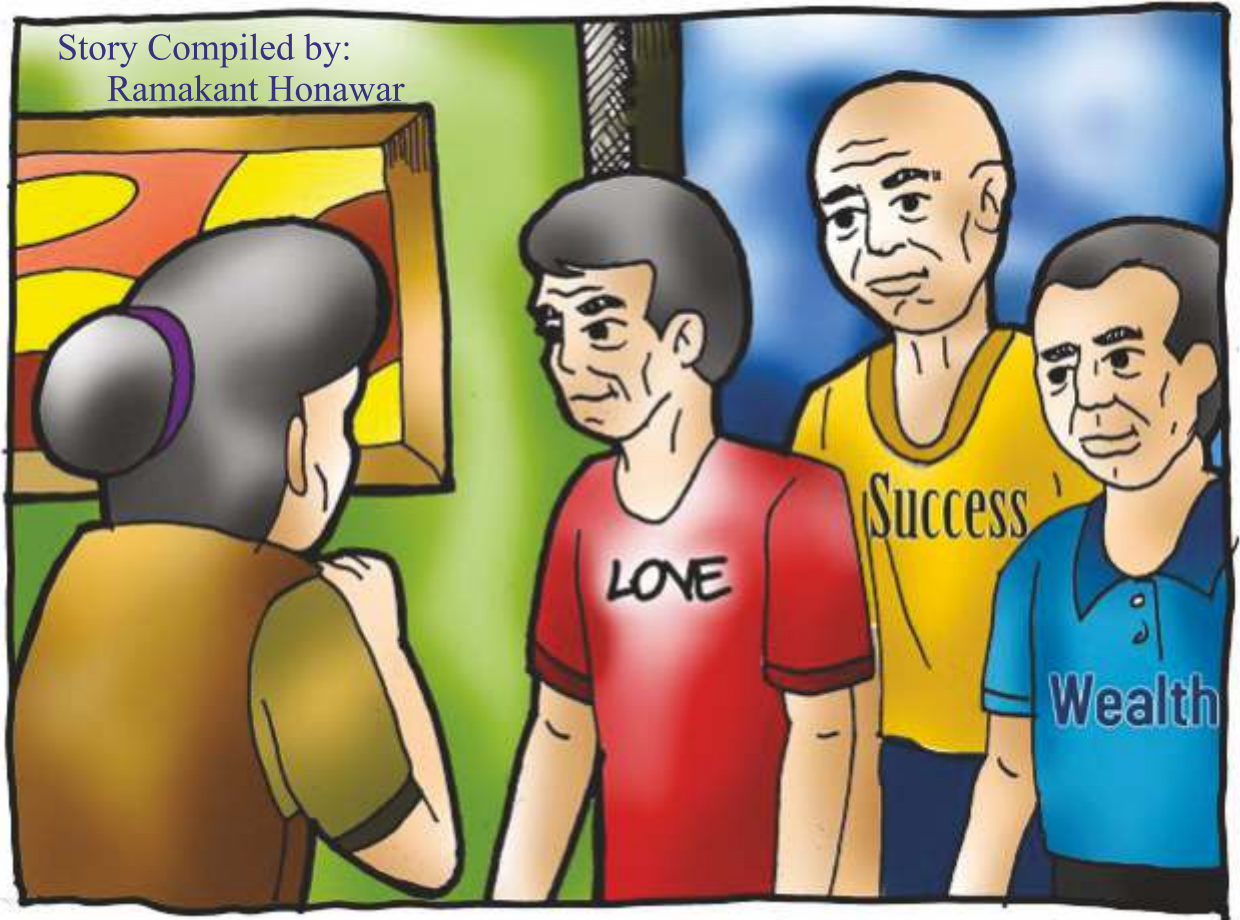


My Favourite Toy My Teddy Bear

It is very soft and lovely chubby
It's colour is pink, so I call it, "Pinky Dear"
It smiles with me and looks with cheer
I sleep with my Teddy Bear
It takes me to lovely forests in dream
I enjoy these trips very much
Friends may cheat or tease
But this friend loves to please
Our friendship is so nice
That, I kiss it daily thrice
I can't give it to any one
No king or queen can take it from me
It is only mine
And will always remain mine
It is soft and very fine
It is always mine never thine
I thank my grandfather
Who gave me this lovely all time - gift
If you ask me to give it you
I will surely disappoint you.



Story Compiled by:
Ramakant Honawar



PEACEFUL LIFE

A woman came out of her house and saw three old men with long white beards sitting in her front yard. She did not recognize them. She said "I don't think I know you, but you must be hungry. Please come in and have something to eat." "Is the man of the house home?", they asked. "No", she said. "He's out." "Then we cannot come in", they replied.

In the evening when her husband

came home, she told him what had happened. "Go and tell them I am home and invite them in!"

The woman went out and invited the men in. "We do not go into a house together," they replied. "Why is that?" she wanted to know. One of the old men explained: "His name is Wealth," he said pointing to one of his friends. Pointing to another one he said, "He is Success, and I am Love." Then he added, "Now go in and



discuss with your husband which one of us you want in your home.”

The woman went in and told her husband what was said. Her husband was overjoyed. “How nice!!”, he said. “Since that is the case, let us invite Wealth. Let him come and fill our home with wealth!”

But his wife disagreed. “My dear, why don’t we invite Success?”

Their daughter-in-law was listening from the other corner of the house. She jumped in with her own suggestion: “Would it not be better to invite Love? Our home will then be filled with Love!”

“Let us heed our daughter-in-law’s advice,” said the husband to his wife. “Go out and invite Love to be our guest.”

The woman went out and asked the three old men, “Which one of you is Love? Please come in and be our guest.” Love got up and started walking toward the house. The other two also got up and followed him. Surprised, the lady asked Wealth and Success: “I only invited Love, Why are

you coming in?” The old men replied together: “If you had invited Wealth or Success, the other two of us would’ve stayed out, but since you invited Love, wherever He goes, we go with him. Wherever there is Love, there is also Wealth and Success!!!!!! Our Satguru, Nirankari Babaji has constantly been working day and night to awaken the mankind from slumber and guiding people to live a peaceful and serene life with full of love. He always wishes us peace and mercy when there is pain in our life. He always wishes us a renewed confidence in our ability to work through them, when there is self-doubting. He always wishes us understanding, patience and renewed strength. When there is tiredness, or exhaustion, he wishes us courage. We can never lose anything that belongs to us, nor can we possess what is not really ours. A person who has come into our life has come either to teach us something, or to learn something from us. If we follow Babaji’s five commandments we can live peaceful life.

Moral:
Love gives us a fulfilled life



SAMPURAN AVTAR BANI

Ik Tu Hi Nirankar - 123

HE MAN AKHAN TON LAH PATTI SAMA NA AIVEN PIA GUZAR;
 ATHE PAHR MAYA DE ANDAR PHIRDA REHNA EYN BEKAR.
 VADDA DATA BHULL GIA EYN DATAN DE NAL PA KE PIAR;
 SOOD TAN LAINA IK PASE HAI ASAL VI BAIHAIN APNA HAR.
 SUT DARA MAPE DHAN DAULAT CHHAD JAVAN GE AKHAR KAR;
 BHOOT PRET KEHNGE IK DIN RAL MIL TAINOON MERE YAR.
 KOOD 'CH JAMM-PAL KOOD'CH KHEDEN KOOD HAI TERE ANDAR BAHR;
 KARAM DHARM JO SACH TOON SAMJHEN HAI IH KOODA IK VAPAR.
 BHOG VASNA DE VICH RUL KE VISSAR BAIHAI EYN KARTAR;
 IH MAN KADE NAHIN NIRMAL HONA BAJH GURU DE KAHE AVTAR.

Gist : Thou Formless One

O' my mind, remove the band of ignorance from your eyes, and do not waste precious time;

You are running after material pursuits day and night in vain.

After getting infatuated with His material gifts, you have forgotten their supreme giver God;

How can you earn the interest when you have lost even the principal.

Your son, wife, parents and wealth will desert you in the end;

O' my friend, a day will come when all of them will call you a ghost, an evil spirit.

You were born and brought up in falsehood, you are engrossed in falsehood and you have falsehood within and without;

Even rites and rituals, which you regard as true are a falsehood and nothing but a trade.

Lost in the fulfillment of physical desires, you have forgotten God, the Creator;

Avtar says, this mind can never be purified without the True Master.



Valuable Words

Compiled by: Sakshi Gulati, Chandigarh

- ★ Our thoughts will be pure if we imbibe the teachings of the saints in our life and only then we shall feel pleasure and be happy.
- ★ There is no bigger treasure than the God-realisation.
- ★ Those who inculcate the teachings of great Gurus and Prophets in their life are really the great persons. Nobody can become great simply by describing the greatness of those saints. Those saints were really great and their greatness will not be affected by our singing their glory. We have to ourselves become great by following their directives.
- ★ He, who possesses humility, is considered great in spirituality.
- ★ Diamond is valued for its quality . Similarly, a saint never admits himself to be great; rather his saintly qualities make him great.
- ★ Tolerance is the greatest quality of a saint.
- ★ Education without high ideals is useless.
- ★ The right answer is one only, whether given by one or millions
- ★ Even the Ganges cannot wash unhappiness caused to others.
- ★ To please God is possible only if we accept the people too.
- ★ If we feel happy to see others in misery we are not religious.

— Nirankari Baba Ji



The Town Builders



Compiled by : Ramesh Thukral, Delhi

Muskrats are ratlike rodents that look a little like small beavers and live in water. The animal gets its name from the two musk glands under its tail. The glands give off a heavy, musky smell. Muskrats were originally found only in North America. People took them to Europe and Asia about 100 years ago, and they soon made themselves at home in those regions as well.

Muskrats build their houses in water, as a part of a 'town'. Mounds of mud, bulrushes, and other plants are heaped up into a dome-shaped structure. This rises above the surface of the water. The animals dig tunnels from under the water up into the mound. They then hollow out a room at the top, a few inches above the waterline. Muskrats also dig narrow channels through the surrounding

plant growth. The channels connect to each other and to other mounds. Muskrats can sometimes be seen swimming along these channels. They feed on different kinds of sedges, reeds, and roots of water plants, as well as mussels, crayfish, salamanders, and fish.

Muskrats have small eyes and ears and a long scaly flat tail. They use the tail as a rudder for steering or changing direction while swimming. The hind feet are partially webbed and are used as paddles.

Muskrat fur is waterproof and keeps the animals warm. Muskrats continue to be trapped because of the quality of that fur. Because of that, there are far fewer muskrats today than there were in the past.



The Great Houdini

It's fascinating to read the stories, many of them legendary, about the late Houdini. That masterful magician was probably a better locksmith than he was a magician. He had a standing challenge that he could get of any locked jail in sixty minutes, providing they would let him enter in his regular street clothes and not watch him work.

One of the stories is about a little town in the British Isles that decided to challenge (and perhaps embarrass) the great Houdini. This town had just completed an escape-proof jail, and so the townfolk invited Houdini to come to see if he could break out.

I accepted the challenge. He was allowed to enter the jail in his street clothes. People said they saw the locksmith turn the lock some strange way, and then with the clang of steel, everybody turned their backs and led him alone to work. Houdini had hidden a long flexible steel rod in his belt, which is what he used to try to trip the lock. He worked for thirty minutes. He kept his ear close to the lock — forty-five minutes, and then an hour passed; he was perspiring. After two hours, he was exhausted. He leaned against the door, and to his amazement, it fell open. They had never locked the door! It was their trick on the great escape artist!

The door was locked only in Houdini's mind. That's the only place it was locked! Some of you think that you can't overcome your problem. The "only place where it is impossible is in your thinking. That's the only thing that's locked!

Moral : Impossible when broken reads I-m-possible. You can tide over your problems with courage and determination.





Grandpa

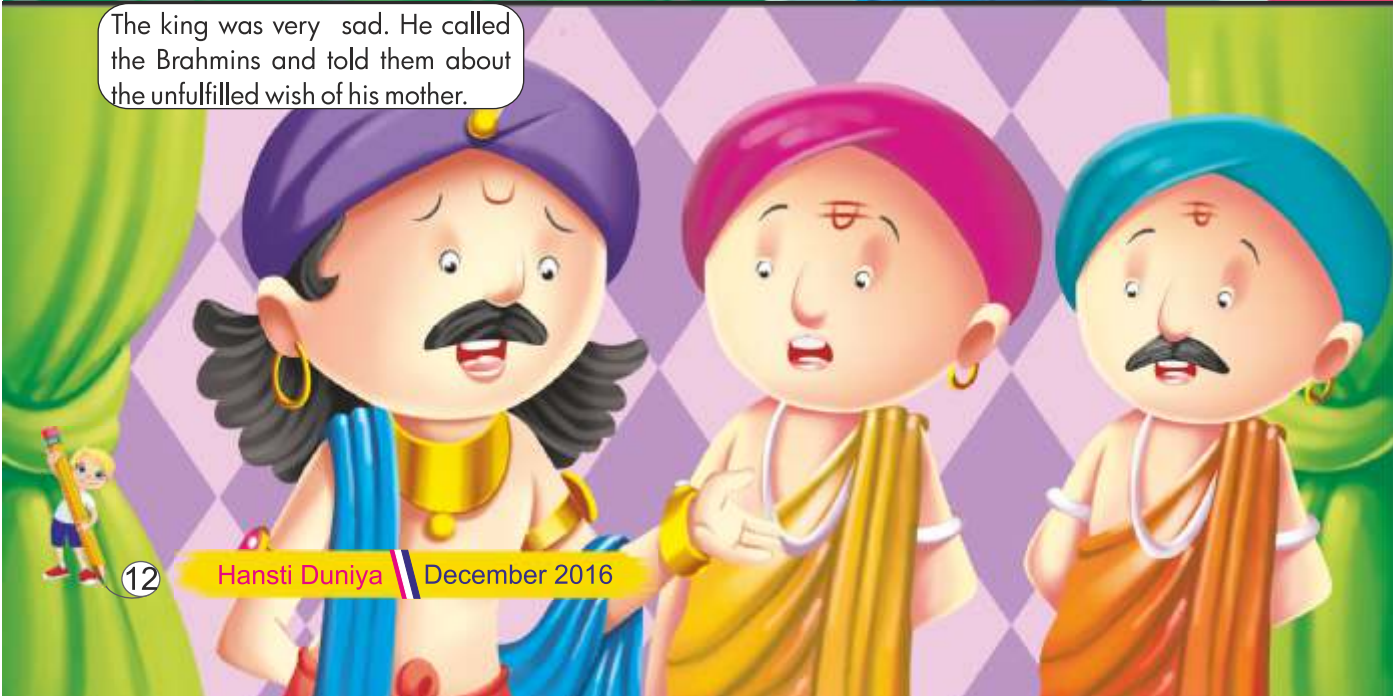
Story & Illustration

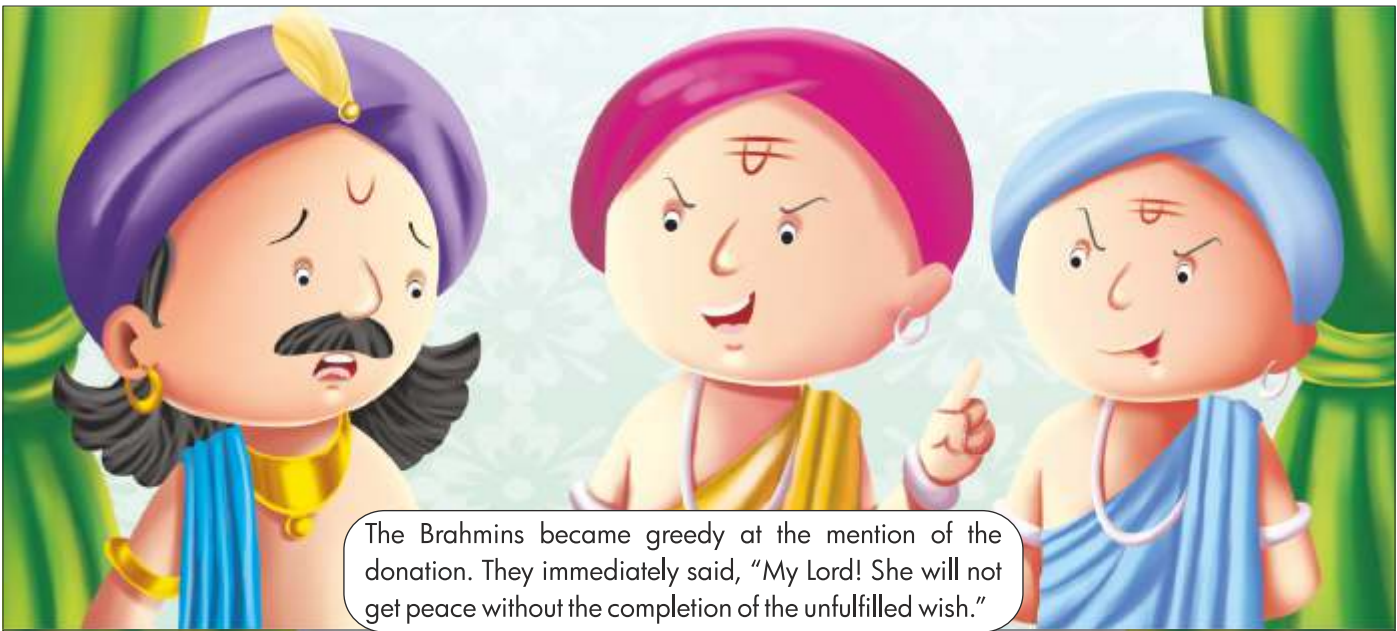
— Ajay Kalara

Once, the mother of King Krishan Dev was critical. She wanted to donate mangoes before her death.



The king was very sad. He called the Brahmins and told them about the unfulfilled wish of his mother.

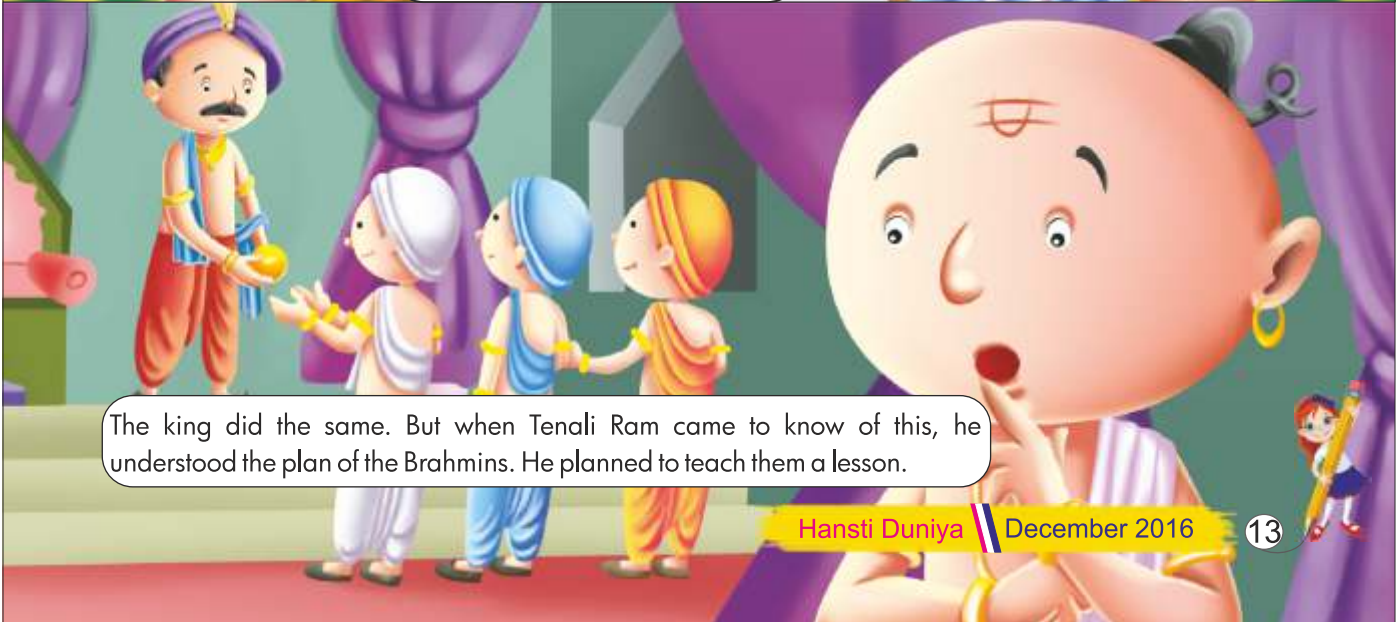




The Brahmins became greedy at the mention of the donation. They immediately said, "My Lord! She will not get peace without the completion of the unfulfilled wish."



You will have to donate golden mangoes to fulfill her last wish.

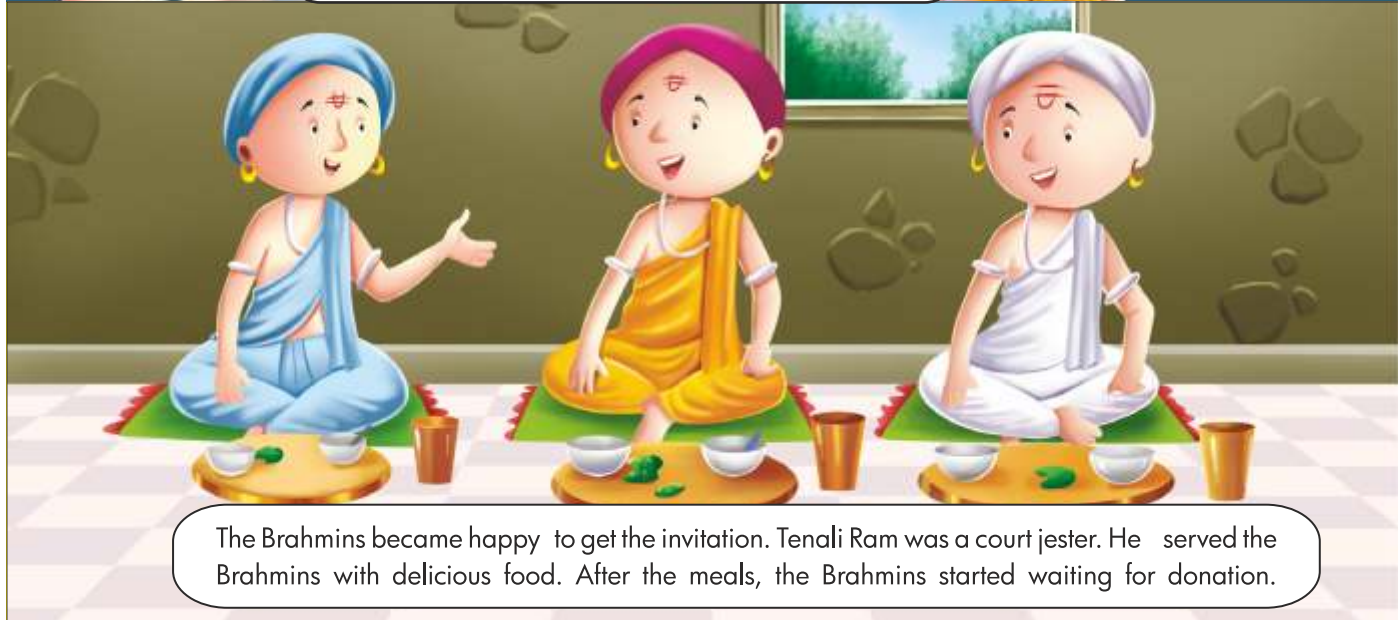


The king did the same. But when Tenali Ram came to know of this, he understood the plan of the Brahmins. He planned to teach them a lesson.





The next day, Tenali Ram sent an invitation to those Brahmins. His mother too died in the same way.



The Brahmins became happy to get the invitation. Tenali Ram was a court jester. He served the Brahmins with delicious food. After the meals, the Brahmins started waiting for donation.

They saw Tenali Ram heating the iron-rods. On being questioned Tenali Ram said, " My mother was suffering from boils. Her desire was that I shall heal her with hot iron-rods," But she breathed her last before the treatment.





Now, for peace of her soul he would have to heal you with hot iron-rods. The Brahmins panicked and ran to the King Krishan Dev. Tenali Ram also reached there after them.



What's all this?

Maharaj, Please save us.

Maharaj, 'If your mother can get peace of soul by donating golden mangoes, why can't mine?'

Now Brahmins understood everything.



They beg pardon of Maharaj for their greed.

Improve your



Choose the right option –

- Find out which letter is silent while pronouncing the word 'KNOWLEDGE'
 - L
 - K
- When we change direct speech into indirect speech, TODAY becomes THAT DAY and JUST becomes _____.
 - THEN
 - AGO
- Where would you find a Porter?
 - AT RAILWAY STATION
 - AT BANK
- Form adverb from the word 'SIMPLE'.
 - SIMPLEY
 - SIMPLY
- Positive: BIG, Comparative: BIGGER, Superlative: _____.
 - BIGEST
 - BIGGEST
- The party failed to _____ enough volunteers to bring its traditional voters to the polling booths.
 - COLLECT
 - MOBILISE
- What is the antonym of NARROW?
 - BROAD
 - BORROW
- He was eager to show _____ his new bicycle to his friends.
 - OFF
 - UP

Answer Sheet

1	2	3	4	5	6	7	8

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.



Minor Planets

On January 1st in 1801, a man named Giuseppe Piazzi found a new object in the sky. It was circling the Sun out beyond the planet Mars, and Piazzi thought it might be a comet. Some people thought that it was a new planet. Over the next few years many more objects were seen. All of these were much smaller than a planet. Astronomers now call these objects 'asteroids' or 'minor planets'.

There are thousands of asteroids in our solar system. They tend to vary in shape, ranging from large spheres to smaller slabs and potato-shaped objects. Some asteroids are big. Most are the size of a boulder. The asteroid that Piazzi found, called Ceres, is the biggest discovered so far. Its diameter is about 930 kilometres. Smaller asteroids form when two big asteroids smash into each other and break up. Astronomers think that there are millions of tiny asteroids in the solar system.

Like planets, all asteroids in our solar system circle the Sun. The path that a planet or an asteroid follows when it circles the Sun is called an 'orbit'. Most asteroids are found farther from the Sun than Earth, between the orbits of Mars and Jupiter. Some, though, come quite close to the Sun.

Many people believe that millions of years ago an asteroid hit Earth and led to the dinosaurs' dying out. Some filmmakers in Hollywood have even made popular science-fiction films using the idea of an asteroid hitting Earth.



Santa Claus

By- Sunil Nagpal



The man behind story of Father Christmas 'Santa Claus' St. Nicolas was a bishop who lived in 4th century in a place called Myra in Asia Minor (now called Turkey). He was a rich man because his parents died when he was young and left him a lot of money. He was also very kind hearted man and had a reputation for helping the poor and giving secret gifts to the needy people. There are many stories about him but we do not know if they are true.

Santa Claus or simply Santa is a mythical figure brings gifts to the homes of well-behaved children on Christmas Eve (24th Dec) and the early hours

of 25th Dec. The modern Santa Claus is derived from the British figure of Father Christmas.

Santa Claus is generally depicted as a portly joyous white beard man sometimes with spectacles wearing a red coat with white collar, cuffs, white coloured trousers and black leather belt, boots who carries a bag full of gifts for children. He is hugely popular figure in the west. His sleigh full of gifts is driven by reindeers. Santa Claus is believed to make the lists throughout the world categorising them according to behaviour (nice or naughty). He



Answers:

1	2	3	4	5	6	7	8
B	A	A	B	B	B	A	A

Q.No. Explanation

1. While pronouncing the word 'KNOWLEDGE', the letter 'K' is silent.
2. When direct speech is changed into indirect speech, JUST becomes THEN.
3. Porter is a person employed to carry luggage and other loads, especially at a railway station or airport.
4. The adverb formed from the word 'SIMPLE' is 'SIMPLY', not 'SIMPLEY'.
5. The Superlative degree of BIG is BIGGEST, not BIGEST.
6. If you mobilise people to do something, you succeed in encouraging them to take action, especially a political one.
7. The antonym of NARROW is BROAD, not BORROW.
8. SHOW OFF means to show haughtily and SHOW UP means to arrive.

delivers presents including toys and candy to all the well behaved children in the world, sometimes coal to the naughty children. He brings cheer, happiness and joy. He accomplishes the feat with the aid of the elves that make toys in the workshop and the flying reindeers that pull his sleigh. He is commonly portrayed as living at the North Pole and saying 'ho-ho-ho' often.

The western countries employ a large army of people trained and dressed as Santa Claus to bring joy and delight to the children.

Do you know who the modern Santa Claus are? The delivery boys of online shopping sites who are seen carrying big bags of goodies. They fulfil all your desires and wishes .You can get the things of your choice at the flick of your fingers. No doubt you have to pay for the things you want. They are Santa Claus throughout the year.

How about becoming Santa Claus yourself? Be polite, helpful and eveready to help others in need. You will enjoy Christmas all the year round.





1	2		3		4	
5						6
7				8	9	
			10			
11	12					
13						

Left to Right →

- The hardest substance known, used in jewellery.
- A place where Gautam Buddha gave his first sermon. (RAATNHS)
- The word that comes first in the dictionary: AIM, ACT, ALL.
- A unit of electrical resistance hidden in 'OHM'S LAW'.
- The birthplace of Lord Krishna.
- Arjuna was the elder _____ of Nakula.

Up - Down ↓

- Sir _____ Newton described the three laws of motion.
- Find the odd one out: YUAN, EURO, MINT, RIAL.
- Actual gain after working expenses have been paid is called _____ profit. (NET / SET)
- Ankur is my brother. I am older than _____ (HIM / HER).
- Aimless means without any _____.
- Feminine: MARE, Masculine: _____.
- A real-time conversation over the Internet.
- The Indian _____ Force is the air arm of the armed forces of India.

Answer on page No. 41



—H.S. Nirman,
Chandigarh



My dear earth is the best island
In the vast-vast ocean of divinity.
Sun, moon, stars are her servants
Who team up like a trinity.

The people of earth my family
Don't call it even a community.
Than Pan-Arab, Pan-American
Pan-human, a better affinity.

If any body does not love me
I love him with impunity.
To love everyone everywhere
This life is an opportunity.

And to save us from any hatred
Lord, give us some immunity.
You live in everybody on earth:
Pray, make us know this unity.



— Ilu Rani

How Do Birds Fly?

Multi-coloured birds add to the beauty of the blue-sky. You must have seen many times the birds flying independently in the sky, but have you ever thought- 'After all, how do they fly?'

Let us learn this-

The flying strength of the birds depend on the shape of their wings. Every bird has two wings. The feathers grow on these wings. The birds fly with the help of these feathers only.

The body structure of these birds is also very strong and light. Their bones are mostly hollow and full of air. Due to this air filling only, their body weight is light. This is how most of the birds are able to fly. But how the birds fly, largely depend on the structure of their wings. The birds which fly fast and have to travel longer distances, have large, thin and pointed wings. The birds having wide wings fly at slow speed and



those which fly far in the sky have bigger wings as compared to their bodies. The wings of the small birds with rustling feathers are also small.

Yes, the birds which are fully capable of flying also don't have the similar flying power. Smaller birds generally fly at a speed of 18-48 miles per hour (mph). The impact of the direction of the wind is felt on flying. Once, tritons flying from England to Ireland were carried away to America by the air and that large distance they covered in 12 hours. Similarly, while flying to far off countries, the flying speed of the birds is more than their normal speed.

Dove flies at a speed of 50-52 mph, Crow at 22-28 mph, Khanjan at 24-28 mph, wader at 20-24 mph, skylark at 40-45 mph and owl at 45-55 mph.

Sometimes, the changing weather also affects the flying power of the birds. In the rainy season, the birds are able to fly less by 5-8 mph from their normal speed due to moisture in their feathers. In scorching heat also, due to fatigue, their flying speed is less by 4-8 mph. But during winter and spring season, all birds fly happily to far-off places.

Why are The Following Years Important In Indian History

Compiled By : Sunil Nagpal, Delhi

326B.C—Invasion of India by Alexander

1526—First battle of Panipat Babur defeated Ibrahim Lodhi and founded Mughal Empire

1556—Second battle of Panipat, Akbar defeated Hemu and succeeded the throne

1627—Birth of Shivaji, the founder of the Maratha power

1739—Nadir Shah of Persia invaded India and committed general massacre (killing)

— Compiled by :
Sunil Nagpal, Delhi

Thought

The essence of devotion makes my life come alive.

—Nirankari Baba



—Sanskriti Khanna , Panchkula



Living in a joint family

Benefits of the joint family system outweigh its drawbacks, if any. Being a teenager living in a joint family, The grandparents play an important role in our lives.

There is a strong and natural bond of affection between grandparents and grandchildren. Grandparents are the best friends a child can have. It is no wonder. Then that as children our lives are greatly influenced by our grandparents. Our, future is fashioned by them to a large extent.

With their vast range of experience in life, grandparents are an invaluable source of education for the young generation. By participating in the upbringing of children at home, they shape future citizens of the country, into responsible and disciplined members of society. If grandparents are themselves truthful, punctual, disciplined, they can inculcate these positive values in their grandchildren as well.

Whenever children feel down in dumps or have some problem, they can always rely on their dotting grandparents to lend them a patient ear and guide them out of the troubled waters. Such understanding children are sure to grow up into considerate and caring adults.

It hurts me to know that like in foreign countries; in India too old people's homes are coming up fast. I fail to understand the mentality of the people who can be so heartless as to deprive their children of the love and friendship of grandparents by sending them to such desolate places. How can they ignore or choose to forget the sacrifices their parents must have made in bringing them up?



A Parking Meter Reminds Us That We Lose Money Standing Still

—Ashok K Chitkara, Chancellor,
Chitkara University (Chandigarh)

Success comes from daring to take small steps. After being faithful in small steps, you'll look back and be able to say, "I'm still not where I want to be, but I'm not where I was."

**Little drops of water, little grains of sand,
Make the mighty ocean and the pleasant land.**

Louis L'Amour wrote, "Victory is won not in miles but in inches. Win a little now, hold your ground, and later win a lot more." Sometimes we're given a little in order to see what we will do with a lot.

Don't be afraid to give your best to what seemingly are small jobs. Every time you conquer one it makes you that much stronger. Little jobs done well, lead to big ones.

The rung of a ladder was never meant to rest upon, but to enable a man to put his other foot higher.

Small deeds done are better than great deeds planned. I believe that we should care just as much about the small things in our lives as the big things.

The prize of successfully completing one duty is the opportunity to do another.

Robert Smith said, "Most of the critical things in life, which become the starting points of human destiny, are little things." Do little things now, and big things will follow.

One thing is certain: What isn't tried won't work. The most important thing is to begin, even though the first step is tough. I agree with Vince Lombardi, "Inches make champions." Take one small step right now. Don't ignore the small things. A kite flies because of its tail. It's the little thing that counts. Sometimes a safety pin carries more responsibility than a bank president.

David Storey remarked, "Have confidence that if you have done a little thing well, you could do a bigger thing well, too." Consider what Pat Robertson said, "Despise not the day of small beginnings because you can make all your mistakes anonymously." **Value the little things. One day you may look back and realize they were the big things.** Dante Alighieri said, "From a little spark may burst a mighty flame."

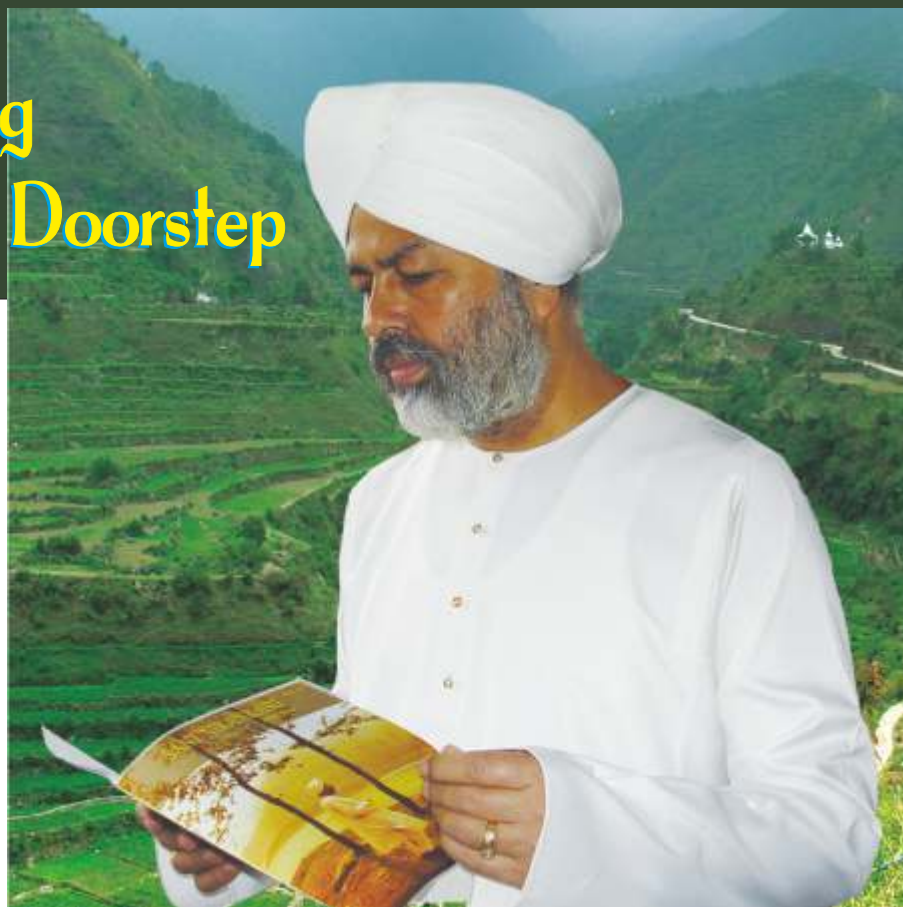
Remember this on your way up:

The big dog was once a pup.



Reaching Out Every Doorstep

Among the multi-reach methods to globalise message of the mission, the Nirankari Magazines undoubtedly play a very important and effective role. Satguru Baba Hardev Singh Ji Maaharaj had, therefore, stressed time and again that while the devotees should essentially subscribe to the Nirankari Magazines to understand the Mission in letter and spirit, they should also make all possible efforts for wide circulation of these magazines to reach every doorstep of the world. Over a period of time, the spiritual monthly Sant Nirankari in eleven languages, (English, Hindi, Punjabi, Marathi, Gujrati, Tamil, Telugu, Kannada, Oriya, Bangla and Nepali), monthly Hansti Duniya for children's mental development, in four



languages (English, Hindi, Punjabi and Marathi) and fortnightly newspaper Ek-Nazar in three languages (Hindi, Punjabi and Marathi) have noticeable improvement both in content and colourful designing. These are becoming quite popular in the society at large.

The total circulation of the Nirankari Magazines at present has crossed three lakhs. Decidedly, this



figure is not at all matching with the growing number of our followers. You have always been cooperating and helping the Patrika Vibhag. But now, an added effort is called for in this direction. In the interest of spread of the Mission, a well planned spade work is required to be undertaken on top priority basis. For this purpose, the services of enthusiastic youth can be utilized.

In the fitness of things, you may kindly conduct a local survey of your branch by preparing a list to find out the devotee families who have not yet subscribed to all the three magazines referred to above. Besides, they may also please be inspired to seek membership of these magazines for their near and dear ones. At least every one may subscribe

Compiled by : Karuna, Bangalore

The Guest

Pain came as a guest to man's house one day. Man could neither receive him with the enthusiasm nor could he dismiss the guest, disparagingly. The host, managed to keep up the appearances and put up with him for the time being.

Ultimately, the guest chose to depart and then the host came to realize that he had been able to share some of the secrets of life with his guest. He had been rewarded with a new vigour to fare well in the life's battle, he felt.

Subsequently, pleasure arrived to partake of the man's, hospitality.

Man spared nothing to welcome him. He grew very intimate with him and almost the entire personality of his was at the disposal of the guest. He ever abode by the instructions of the guest.

The day arrived when the guest had to depart. It dawned upon man, then, that sloth had overtaken him, thanks to the company he had been keeping. Gone was his capacity to arrive at decisions in a jiffy, when he was. confused. He was doomed to lag behind in the struggle for existence.



H.D. Answers

Q. When does a person feel aggrieved most?

A. When he is unsuccessful in his efforts, he feels distressed being helpless.

Q. What's the recognition of a true devotee?

A. A true devotee is one through whom God Knowledge is continuously reflected. All the Godly qualities are imbibed in him. Thus, he is a man with equi-vision and divine glow.

— Raja, Chandigarh

Q. What's bigger than the fate?

A. The actions that make the fate.

Q. Who can become a good human in the world?

A. One who seeks the blessings of God, i.e. who is a tolerant saint with noble character.

Q. What's the mode to remain contented?

A. One has to seek God's blessings.

— Karuna Rai, Bangalore

Q. What's the greatest task of a human?

A. Know thy-self and be one with God.

Q. How can a human come close to human?

A. Generating love in minds.

Q. What should we not neglect?

A. Good qualities.

Q. Whose support is required to make life beautiful?

A. God's.

— Richa, Dehradun

Q. What type of thinking a person should have about others?

A. Everyone is picture of God.

Q. A person thinks too much, but why can't do that much?

A. The person doesn't have power and maturity to check his thinking.

Q. Why should a person speak the truth always?

A. Truth imparts fearlessness and courage in him.

— Rita, Delhi



Learning

Story: Rajender Pardesi

There lived a person named Devta Deen in Bhagwant Nagar. He used to deal in sculptures and thus earn his livelihood.

Devta Deen had a son named Mata Deen. As he grew up, Devta Deen trained him also in making sculptures. Whereas, Devta Deen sold his sculptures for Rs 2/-, his son could sell for Re 1/- only due to its poor quality. So Devta Deen used to point out the errors to his son while making sculptures. Mata Deen used to listen to his father carefully and tried to mend himself as per his father's directions. Slowly, Mata Deen was able to improve his art and his sculptures started selling at Rs 3/-. Even then his father used to tell him about his errors.

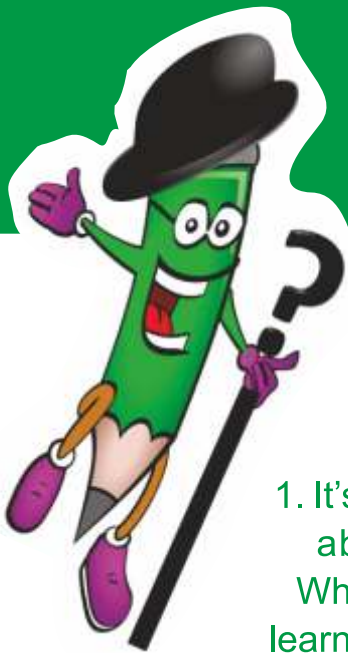
One day, Mata Deen got irritated and said to his father, "I make better sculptures than you, that's why these are sold at Rs 3/- whereas yours at Rs 2/- only. Even then you are finding

fault with mine." On listening to his son, Devta Deen said, "Dear son! In my prime age, I also felt proud like you, that's why till date my sculptures are sold at Rs 2/- only. I want that you shouldn't be proud, only then you can become the best artist."

On hearing his father, Mata Deen felt ashamed on his earlier words to his father. He fell on his father's feet and said, "You have opened my eyes today and saved me from going astray. I will remember your words throughout my life."

Hearing his son, Devta Deen was very happy that the pride arisen in his son's mind had vanished.





Riddles



Compiled by
Archana Garg, Delhi

1. It's above wealth, It's above all things,
Who gets, becomes learned, Who doesn't,
called fool.
2. Three letters my name, both sides it's same, Everyone misses me while in pain.
3. Neither wheels nor feet, even then keep moving, drink multi-coloured water, never take food.
4. Roaming far and wide but not a motor-car will stand at a place tell me my name.
5. Everyone in the world breaks me whenever speaks every time. Do you know me?
6. I have all the knowledge you have, But I am small as your fist, That your hands can hold me. Who am I?
7. "I start with 'P' and end with 'E', But have thousands of letters in me". Tell me, who am I?
8. When you know me about me, Then I am definitely something, And you will always search for me, But when you know me, I am nothing, Then who am I?
9. I am the biggest alphabet, As I contain the most water in the world. Who am I?
10. Scientists are trying to find out, What is between earth and heaven? Can you tell what that is?
11. What is the word that is spelled incorrectly In all dictionaries?

Riddles answer on other pagen



Thoughts TO PONDER



- ★ The intoxication of power and pelf bring misery, while intoxication of God-remembrance bestows peace, bliss and happiness.
— Nirankari Baba
- ★ Common sense is a bad judge when it deals with great matters.
— Renan
- ★ If a man be gracious and courteous to strangers, it shows he is citizen of the world.
— Francis Bacon
- ★ Be not elated by fortune, be not depressed by adversity.
— Greek Proverb
- ★ Understanding between man and man is the key to world peace.
— Nirankari Baba
- ★ Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal.
— Martin Luther King
- ★ Great is one who imbibes God even a little.
— Adi Granth
- ★ Confession of error works like a broom. The broom sweeps away filth; confession does no less.
— Mahatma Gandhi
- ★ A handful of good life is better than a bushel of learning.— George Herbert
- ★ Happiness belongs to those that are contented.
— Aristotle
- ★ Humble because of knowledge; mighty by sacrifice.
— Kipling
- ★ The best way to find yourself is to lose yourself in the service of others.
— M.K. Gandhi
- ★ When the power of love overcomes the love of power, the world will know peace.
- ★ The essence of devotion makes my life come alive.
— Nirankari Baba





Kitty

Story & Illustration — Ajay Kalara



See, my father bought such a nice watch for me on my birthday. It looks so lovely on my wrist.



Wow! Such a wonderful watch. Please give to me also for a while to wear.





Chintu, You stay away from it. You will spoil my watch.



See, Chintu is outside; I will hide it in Chintu's bag and tell the teacher that my watch is lost.



It's not good to lie like this; Chintu will be scolded badly for this.





It will be fun, hurry up let's hide the watch.




Mam! My watch is lost, I can not find it, please get all bags checked.




Children, Carefully check your bags, in case you find Kitty's watch there.





How it is possible that no one could find the watch, I had myself kept it in Chintu's bag.

Here is your watch. When you were hiding it in my bag, I had seen from outside and kept it back in your bag.



This is wrong to accuse others. You shall be punished now.

Mam, please forgive me. I will not repeat this mistake in future.

Your punishment is that you will not wear this watch in school from tomorrow.



Story : Sanjay Tandon, Chandigarh

Smile all the Way



Most of us have travelled by car or bus on the inter-state roads. The milestone, besides being indicative of the distance to be covered, are also a subject of curiosity for children. Vicky was travelling with his parents to his grandma's home. He was sitting in the back seat. His baby sister slept blissfully beside him in her little carry cot. He felt very important that he was in charge of her while Mama sat in the front with Dad. He asked Dad, "How far is it now, Dad?" Dad said, "Another eighty miles Sonny." "Eighty, oh! that's a lot!"

Vicky rolled one of the window on his side and smiled at the people in the countryside. He smiled every time a car

crossed them from the opposite side. He smiled at people who overtook them too. After a while his little sister woke up. He played with her, he shook the rattle for her and they laughed together.

Soon it grew dark; they could barely see the people in the adjacent fields. Vicky asked, "Dad, how much time will we take to get there?" Dad said, "Just, another ten minutes and we'll be there." Vicky looked at the people in the streets as they entered the city. He smiled happily at every one they crossed.

Soon their car pulled into the driveway of grandma's house. Vicky



said, "Oh Dad! I still have one more smile to give, how did we reach before that?"

Dad asked, "You have one more smile to give? What's that supposed to mean?" Vicky looked at him somberly and said, "I asked you how far we had to go and you said, 'Eighty smiles'; I smiled at every one we crossed on the way. I have smiled at 79 people since then. I still have one smile to go. So, how did we reach before that?"

Dad was at a loss of words. He looked at his four year old son, stupefied. "I said eighty miles son and you heard eighty smiles. No wonder you have been smiling at all and sundry on the way. I did notice, but I never gave it a second thought". Just then Grandma opened the door and Vicky smiled his eightieth smile. They hugged and laughed together.

Well, that was forty years ago! Before Dad passed away, this is the last thing he said to Vicky, "Keep smiling, just as you did when you were four. I learnt this valuable lesson from you my son. Thank you for teaching me how to smile through life."

Today Vicky is forty-four and he continues to smile at every stranger he crosses by, for he learnt at the tender age

of four that smiling can be a pleasant way to spend a journey. In the course of life, he learnt that smiling is contagious; if you smile at another, the other person smiles back at you, more often than not. So by making someone smile, you make this world a happier place. Incidentally, it is also an inexpensive way to improve your looks!

Do you know what a SMILE is?

It is Simple Method of inviting Love echoes!

Hey! If you are smiling while reading this, then do keep smiling, for who knows, someone may just be falling in love with your smile.

Moral : "A heart without words is far more precious than words without a heart."



Riddles Answer

1. Education
2. Mom
3. Pen 4. T.V.
5. Silence
6. Your Brain
7. Post Office
8. Riddle
9. Alphabet C
10. And
11. Incorrectly.

Happy Birthday



Sameep (Delhi)



Anchit (Mundia)



Garima (Rewari)



Uday (Delhi)



Avantika (Jhansi)



Aditya (Nala Sopara)



Mintash (Surat)



Kanav (Sanaura)



Daksh (Charama)



Anskhia (Vadodra)



Shubhi (Naini)



Vansh (Delhi)



Harsh (Kharad)



Shobhit (Kharad)



Anish (Mumbai)



Upasana (Jalandhar)



Aradhya (Panipat)



Naman (Delhi)



Amanchain (27-A)



Nilesh (Patiala)



Tanisha (Vashi)



Pulkit (Navapara)



Himesh (Katol)



Prbhadip (Moga)



Kashav (Delhi)



Divay (Naini)



Pallvi (Pandori Sumla)



Komal (Nangloi)



Mansi (Nangloi)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us at least two months before.



Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
The above coupon must be affixed on the back side of the photograph

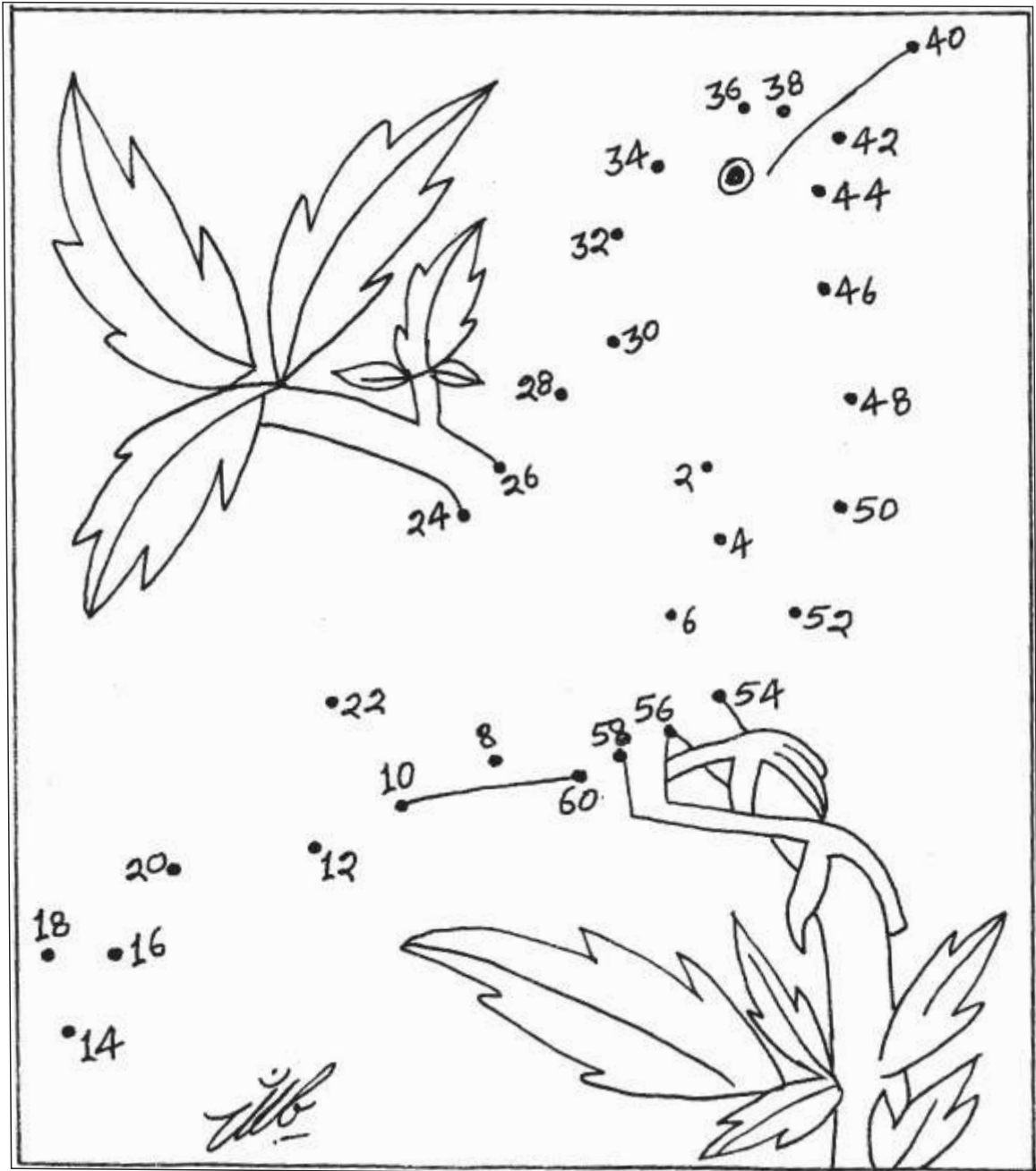
Name..... Date of Birth.....Year.....
.....
.....

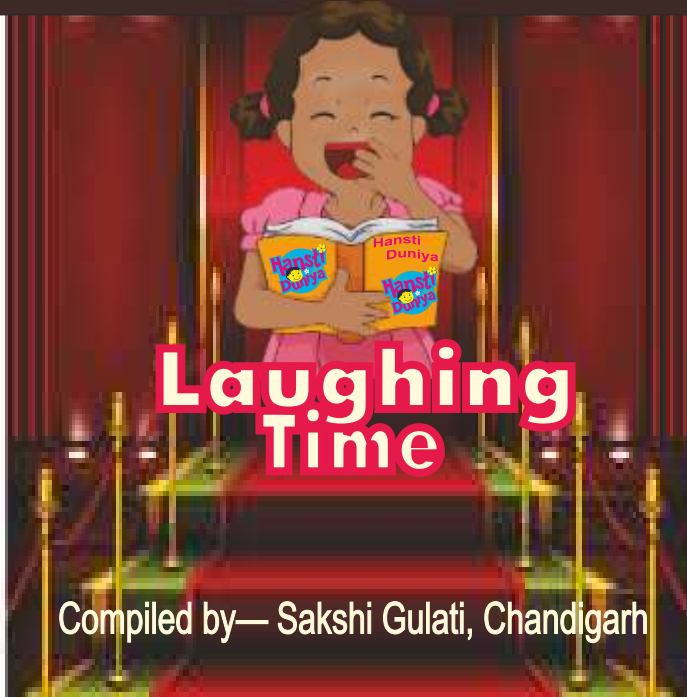


Make The Picture and Colour it.

Dear friends! Speak out the table of 2 and join the points serial wise. Thus make a beautiful bird and colour it.

—Chand Mohammad Ghosi





Wife : I hate that beggar

Husband : Why?

Wife : I gave him food yesterday
and today he gifted me a
book "How to cook"

Doctor : What is your wish?

Patient : Nothing, just want to update
my facebook status.

Maths teacher: If you had 13 apples,
12 grapes, 3
pineapples and 3
strawberries, what
would you have?

Rohan :A delicious fruit salad!

Raju comes home from his first day of
school.

Mother :What did you learn today?

Raju :Not enough. They said I
have to come back
tomorrow.

Golu : Why was the teacher
wearing sunglasses to
school?

Bholu : I don't know.

Golu : Because she had bright
students.

Dad : Let me see your report
card.

Johnny : I don't have it.

Dad : Why not?

Johnny : My friend borrowed it. He
wants to scare his parents.

Ram : Why did the broom get a
poor grade in school.

Shyam: I don't know. Why? Sonu:
Because it was always
sweeping during class.

Madam (speaking on the Mobile)
You say Suraj has a cold and can't
come to school today. To whom
am I speaking?

Voice: This is my father.



Q: Why was school easier for cave men?

A: Because there was no history to study.

Rohan: How do you like the guitar you got for your birthday?

Sohan: I love it. It's making me rich.

Rohan: Really? How come?

Sohan: Whenever I don't play it, my dad gives me Rs.50.

Praveen :Yesterday the police arrested me for tampering with the ATM

Banta : What did you do?

Santa : It asked me to insert the pin,I inserted safety pin.

Teacher : When is the boiling point reached?

Student : When my parents see my report card.

Ram : What kind of school do you go to if you're a giant?

Ramu : I don't know.

Rahul : High school!

Mother : Wake up, son, you are going to be late for school.

Son : I don't want to go to school.

Mother : Why is that?

Son : All the kids are mean and they are always fighting.

Mother : But you have to go to school!

Son : Why?

Mother : Because you are the principal.

A teacher asked one of her pupils:

"What's the capital of America?

The reply was Washington D.C.

On being asked what the D.C stood for, the pupil added, Dot Com.

CROSSWORD SOLUTION

1 D	2 I		3 M		4 N	
	S		I		E	
5 S	A	R	N	A	T	6 H
	A		T			I
7 A	C	T		8 O	9 H	M
I			10 C		O	
11 M	12 A	T	H	U	R	A
	I		A		S	
13 B	R	O	T	H	E	R





★ Education is something which ought to be brought within the reach of everyone.

— Parveen, Delhi

★ Best are the hearts that can bend, they shall never be broken.

— Avneesh Gulati, Chandigarh

★ My Master held my arm firmly. Else I would have been carried away by the current.

★ The heights achieved and maintained by great men were not attained by a sudden flight. But they, whilst their companions slept, were toiling upward in the night.

— Karuna, Bangalore

★ ★ The difference between the impossible and the possible lies in a person's determination.

— Ankita, Azamgarh

★ Standing in the middle of road is very dangerous, you get knocked down by the traffic from both sides.

— Margaret Thatcher

★ Man is never old enough to know better.

— Jugal Kishore "Kabir"

★ Welcome anything that comes to you, but do not long for anything else.

— Sanjay, Chandigarh.

★ When God dwells in our heart, He protects us from all evils and we feel blissful wherever we may be.

★ **If** there is light in the soul, there will be beauty in the person.

If there is beauty in the person, there will be harmony in the house.

If there is harmony in the house, there will be order in the nation.

If there is order in the nation, there will be peace in the world.

—S.R. Prjapati, Delhi



Result for the month of **October** Issue

First :

Aarti

Age : 14

D/o Sh. Kalidas,
Mohan & Mohan C.A.2 Trust Lane
The Mall, Bathinda (Pb.)



Second :

Yatish

Age : 9

H.No.14/A, Ganesh Lane
Opp. Vithal Temple (Mumbai)



Third:

Radha

Age : 9

H.N o. 7/411
Mukundpur, Delhi



Consolation Enteries

Nitika,
(Pandoh)

Meenu
(Janakpuri)

Avyant,
(Delhi)

Sumanyu Chawla

Dheerpur)

Sunny Sen

(bhojpur),

Raj Kumar

Nurmahal)

Gurleen

((CR park)

Karuna

(Purana Bazar)

Tapsaya

Mukandpur

Lokesh Girish

Nanded (Mah.)

Karuna Rai

Bangalore

Sunny Rai

(Nirankari Colony, Delhi)

"Colour it" for December Issue

On page 44, a beautiful picture is given; colour it and send it to us latest by **January 20, 2017**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony, Delhi - 110009

The result will appear in **February 2017** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.



Colour it



NameAge.....

Address

.....

.....



-Ankur Arora (Gurgaon)

STATUE OF LIBERTY

The Statue of Liberty is a copper sculpture on the Liberty Island in the New York Harbour, just outside the New York City. It was designed by French architect Frederic Auguste Bartholdi and gifted by the people of France to the United States Of America as a symbol of freedom on October 28, 1886. The statue is a female figure representing Libertas, the Roman Goddess of freedom. It bears a torch in right hand and book of law in the other. The date of American Declaration of Independence (July 4, 1776) is inscribed on the book. The total weight of the Statue of Liberty is 225 tons. During the restoration completed in 1986, the new torch was covered with thin sheets of 24 Karat Gold.

The statue of Liberty forms a special place in the heart of American people as an iconic symbol of freedom and integrity. In addition to photographs and drawings, it has also been featured on US dollar notes, stamps, coins, medals and medallions. The statue is listed as one of the UNESCO (United Nations Educational, Scientific & Cultural Organisation) World Heritage Sites.





King Solomon and the Queen Of Sheba

Compiled By : Karuna Rai, Bangalore

King Solomon was famous for his wisdom. The Queen of Sheba wanted to test him. One day she went to the King with two garlands. One of the garlands was made of real flowers. The other one was made of paper flowers. But both the garlands looked exactly alike. She held one garland in each of her hands and stood in front of the King. She said, "O wise King, tell me, without moving from your seat, which one of these two

garlands is made of real flowers."

The King looked at each of the two garlands very carefully. They looked very much alike. He could not tell one from the other. When his eyes failed to guide him, the wise King used his brain to solve the problem. A bright idea came to his mind. He ordered one of his servants to open the window

overlooking the garden. The servant opened the window. Soon bees came in from the garden and began hovering around the garland in the Queen's right hand.

The King smiled and said, 'The bees of my garden tell me that the garland in your right hand is made of real flowers.'

The Queen bowed down with respect and said, "O King, your answer is right. You are, indeed, a very wise man."



Biting nails can cause stomach and teeth problems

Do you bite your nails very often? You are then suffering from a habit disorder, putting you at a greater risk of digestive and enteric diseases like intestinal worm infections.

Biting nails result in the transportation of germs and bacteria that are buried under the surface of the nails into the mouth. Once the bacteria enters the stomach, they multiply there, causing various gastro-intestinal diseases.

Habitual nail biting is also detrimental for the front teeth, resulting in carrying, common oral disease.

A compulsive nail biter also bites off the surrounding skin and cuticle, beaking the skin and transferring microbial and viral infections from the mouth onto the fingers.

Long-term nail-biting can also interfere with normal nail growth and cause deformed nails.

According to experts, people of all ages bite their nails. About 50% of children between the ages of 10 and 18 bite their nails at one time or another, Nail-biting occurs most often when teens go through puberty changes and is a common stress-relieving habit. About 23% of young adults, aged 18 to 22, bite their nails. Most of them stop on their own by age 30.

S.K. Thakur, gastro-enterologist from Sitaram Bhartia Hospital, says one in four Indians is a victim of intestinal worm infection caused by nail biting.

The nail is a cartilage. Eating it does not pose a serious threat as it is not a foreign body. "However, the problem is with the bacteria is with the bacteria that live on the nail bed. Most of these in children are dirt and fecal matter, The bacteria goes back into the body and multiplies resulting in worms.

"That's why parents return to us regularly complaining why deworming medicines aren't proving effective. It's actually because





constant nail biting results in fresh infections, " Thakur added. Clinical child psychologist Manju Mehta from AIIMS said nail biting is a very common habit and is a manifestation of depression, isolation, stress and anxiety.

Most people bite nails while reading, watching television or talking on the phone, without realising it.

Behavioural therapy and self-control rather than steps like putting neem paste, bandages and pepper on nails as a deterrence is a better cure. "Children bite their nails when they are having problems at school or with

friends. Because it does not bother others, it is not considered a mental disorder but a habit disorder. We suggest self-management strategies like reward and punishment and keeping hands busy while studying, playing or watching TV.

"Even schools have started appointing counsellors to address this problem. We tell parents to teach children ways to cope with the habit rather than punishing them by putting chilli powder or bitter on their nails," Mehta said.



Love

In the crowd of millions, I was just lost
The waves were against me the most

But the "BEAM" I felt was Yours that day
Which showed me the world and life's way

Now You are with me and the crowd is behind
You hold my hand and guide my mind

Look ! now they all hug me to bosom
THY POWER OF LOVE makes my heart blossom

—Harjeet Nishad

DISTINCTIVE NAMES

The land of rising Sun
The land of five rivers
The land of midnight Sun
The land of thousand lakes
The Island of springs
The mother-in-law of Europe
Our lady of Snow
The roof of World
The White man's grave
The playground of Europe

Japan
Punjab
Norway
Finland
Jamaica
Denmark
Canada
Tibet
West Africa
Switzerland





Have your say

I have read the unique editorial "Sant Samagam". It gives readers knowledge and importance of Samagam. It gives me pleasure to inform you that the articles printed in Hansti Duniya are on rare subjects. After reading "Children Day" our little ones remembered "Chacha Nehru". You always take care of interest of children. By reading Grandpa and Kitty (story and illustration) children learn so many good habits. The Editor has very efficiently selected the stories for the children e.g. 'Maternal Uncle's Counsel', 'Self sufficiency Greatest human quality and Justice of Fools are very nice.

Nobel Prize is very knowledgeable article. Children good

knowledge about the subject of Nobel prize. The author has collected very useful information on Nobel Prize winners of India from 1913 to 2014.

—Nitika Khera(HP)



Inspiring episode, 'Love of Motherland' is very useful for readers. Similarly The fourth Largest Sea of the world 'Aral sea' is a informative article.

Now the Hansti Duniya is printing very variety of articles which are very useful for young readers, e.g. , Flying Carpet, Parachute, story of candle and C. V. Raman are very good articles.

The style of Riddles has also changed a lot and is very interesting.

Laughing Time (Jokes) are also new and interesting. "Colour it" has also got new shape. Children are learning more and more by reading unique magazine Hansti Duniya.

—Reeta (Hissar)





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2. All the courses are assessed and certified by **NIIT FOUNDATION**.

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4	FARIDABAD	MANOJ KUMAR	8506924747

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With the blessings of His Holiness
Experience online spiritual learning
with exciting and fun features
highlights our mission's message.
Visit regularly to watch tiny tots
excelling in the spiritual journey.

kids.nirankari.org

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- Wacky and True
- Fun Games
- Hansti Duniya
- Kids Creation
- Kids Activities
- Jokes
- Avtar Vani
- Story Time

Share
your talent
in form of
painting, poetry
& story



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