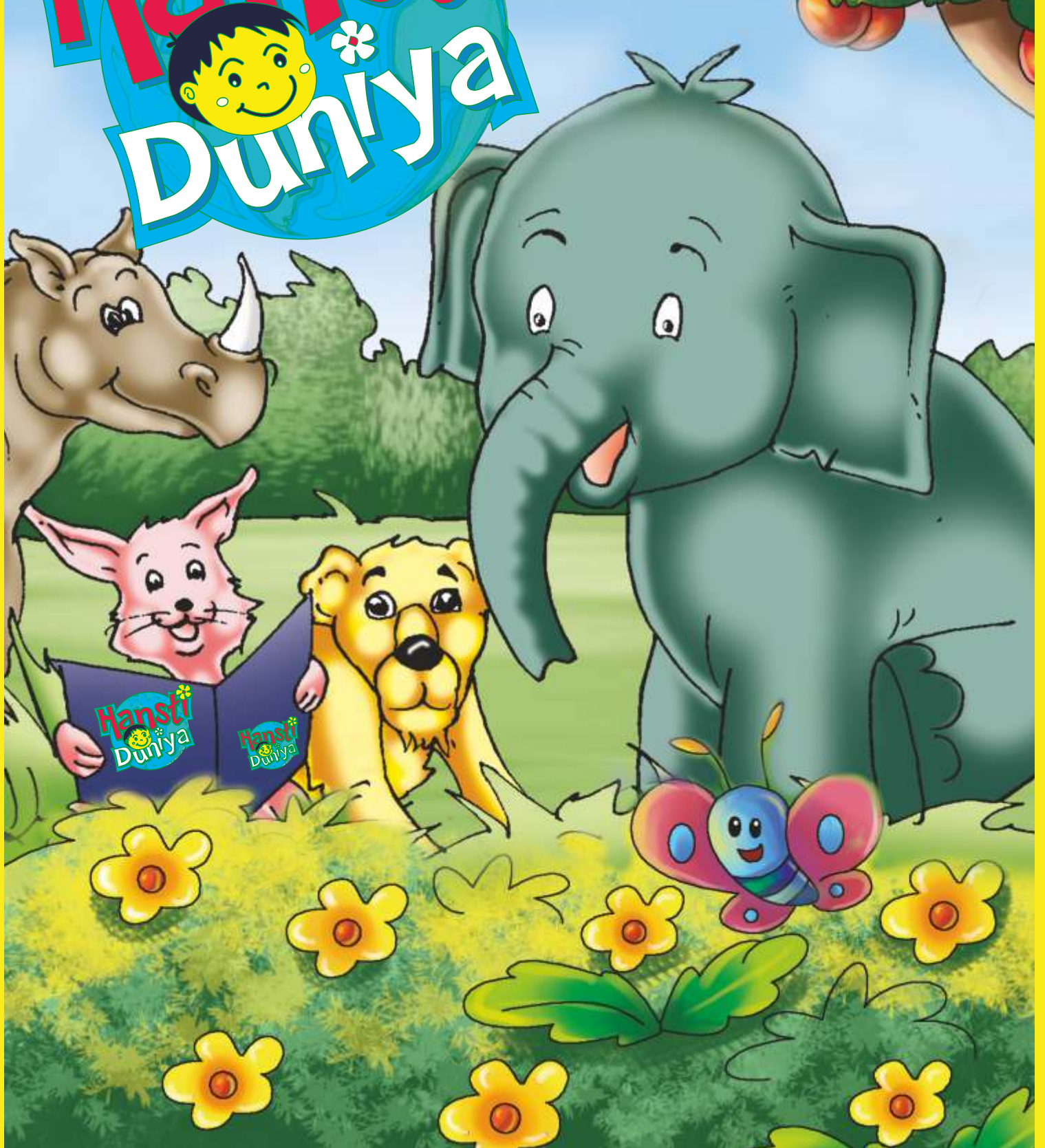


Hansti Duniya





Hansti Duniya

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Long-Live My Love

There are very few who came to visit this planet with a specific motive and purpose. Their life has a purpose i.e to live and lead a life full of purpose. It is all in their seed. The seed looks so small but when it turns into a big tree and produces unnumbered seeds, only then its manifestation speaks of itself. Who knew that a soul born on 23rd Feb.1954 to Baba Gurbachan Singh and Rajmata Kulwant Kaur jee, one day will lead the Sant Nirankari Mission and will bring all the beings into one with the humanity. He was loving, caring and sharing. He put forth his ideology which gave a remarkable enhancement to society at large. His teachings were based not only on logic but also for the welfare of the society. With knowledge of the Almighty God i.e. Nirankar. Each one loved him as he reciprocated what he delivered to these human beings. He sent the messages of Know one, and Be with one. Oneness in all was his motive and purpose. Love, respect, humility were imbibed in his nature. In soft and sweet voice he gave the message of Oneness, a world without walls and of humanness i.e from oneness to humanness. His name is Baba Hardev Singhji Maharaj.

His manifestation came when Baba Gurbachan Singh, his father sacrificed his life for humanity. Since that day, the 27th April 1980, when he first blessed the shattered devotees to remain calm and

accept the will of almighty Nirankar. His message of non-violence and peace had a great meaning at the time of extreme fanaticism spread in the society. He gave the message of love, peace, tolerance, compassion and harmony of oneness. Peace not pieces, undivided world of humanity for 36 years untiring journey of spirituality. His simple message, 'Pollution of mind is more dangerous than any other pollution.' To overcome these one must know God-Nirankar and know that each soul is connected to other souls as we all are the children of God.



His social activities like Blood donation camps organised in all countries of the world, tree plantation, cleanliness drives and simple mass marriages and prohibition brought lime light to the mission.

He enlightened and blessed all irrespective of caste, colour and race. He blessed everyone who sought his refuge.

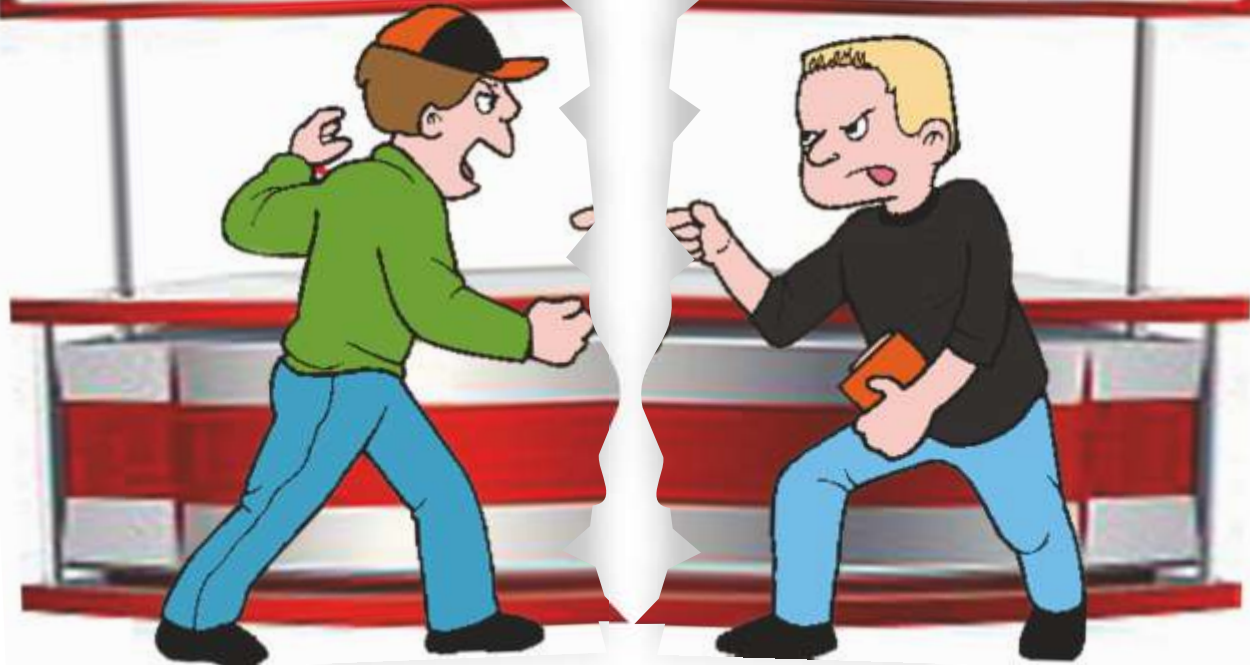
On 13th May 2016, he merged in Nirankar-the formless Almighty God in Canada. His discourses of past 36 years will give us the way to live and lead a perfect life of a Gursikh and Bhakat a true devotee. He will remain with us for ever till eternity in our hearts. His teachings are now our way of life and putting them in action will be a true tribute to Him. His memories will remain with us for ever. His teachings will guide us to follow the right path.

—Vimlesh Ahuja

How We Create

Complied By : Archana Garg

the Dividing Walls



A story tells of a merchant in a small town who had identical twin sons. The boys worked for their father in the department store he owned and, when he died, they took over the store. Everything went well until the day a twenty-dollar bill disappeared. One of the brothers had left the 20 dollar bill on the cash register and walked outside with a customer. When he returned, the money was gone. He asked his brother, "Did you see that twenty-dollar bill on the cash register?" His brother replied that he had not. But the young man kept probing and questioning. He would not

let it alone. "Twenty-dollar bills just don't get up and walk away! Surely you must have seen it!" There was subtle accusation in his voice. Tempers began to rise. Resentment set in. Before long, a deep and bitter chasm divided the young men. They refused to speak. They finally decided they could no longer work together and a dividing wall was built down the center of the store. For twenty years hostility and bitterness grew, spreading to their families and to the community.

Then one day a man in an automobile licensed in another state

stopped in front of the store. He walked in and asked the clerk, "How long have you been here?" The clerk replied that he'd been there all his life. The customer said, "I must share something with you. Twenty years ago I was 'riding the rails' and came into this town in a boxcar. I hadn't eaten for three days. I came into this store from the back door and saw a twenty-dollar bill on the cash register. I put it in my pocket and walked out. All these years I haven't been able to forget that. I know it wasn't much money, but I had to come back and ask your forgiveness."

The stranger was amazed to see tears well up in the eyes of this middle-aged man. "Would you please go next door and tell that same story to the man in the store?" he said. Then the man was



even more amazed to see two middle-aged men, who looked very much alike, embracing each other and weeping together in the front of the store. After twenty years, the brokenness was mended. The wall of resentment that divided them came down.

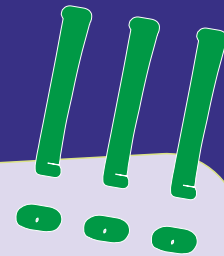
Lesson to learn from this story: It is so often the little things, like resentments, that finally divide people. And the solution, of course, is to let them go. There is really nothing particularly profound about it. But for fulfilling and lasting relationships, letting them go is a must. Refuse to carry around bitterness and you may be surprised at how much energy you have left for building bonds with those you love.

Heart Speaks

Every day you have the opportunity to learn and experience something and someone new. Seize the opportunity. Learn and experience everything you can, and use it to change the world.

—Rodney Williams

KNOW your scriptures



SAMPURAN AVTAR BANI

Ik Tu Hi Nirankar 117

TOON HI TOON HI NIRANKAR KARIJA GEET ES DE GAEE JA;
ESE NOON KAR PAL PAL CHETE DIL VICH KHOOB VASAE JA.
GAEE JA GUN GAEE JA IH PAK VI EY BE-ANT VI EY;
JAAP KARI JA JAAP KARI JA IH MALAK BHAGWANT VI EY.
IKO IK EY PAK ANADI IKO IK SAMAYA EY;
HAR PATTE TE NAN HAI IS DA HAR ZARRE VICH SAYA EY.
ESE IK TON BANE ANEKAN EKE CHON SABH ANDE NE;
EKE NOON PEHCHANAN WALE EKE VICH SAMANDE NE.
EKE DE JO RANG VICH RANGE RANG IH OHNAN MAAN LIA;
AVTAR KAHE OH SANT HARI DE JINHAN EKA JAAN LIA:

Thou Formless One 117

Keep on remembering God, saying
"Tuhi -Tuhi Nirankar" (Thou
Formless One), keep on singing the
glory of God;

Remember Him every moment, and
make Him dwell in your heart.

Keep on chanting His glory, He is
pure and infinite;

Keep on remembering Him; He is the
Supreme Lord.

He is the only One pure and eternal,
the only One pervading all;

His name is there on every leaf, He is
reflected in every particle.

He is the one who transcends into
many, and all emanate from the
One.

Those who realize this One, merge
into this One. Those who are hued in
the divine colour of this One, enjoy the
bliss;

Avtar says, those who have realised
this One, are the devotee saints of
God.

The Messenger of the Millennium Departs

His Holiness Baba Hardev Singh Ji Maharaj



His Holiness Baba Hardev Singh Ji Maharaj was born on February 23, 1954 in Delhi. It was a divine gift to the divine family of the then Baba Avatar Singh Ji and Jagatmata Budhwant Ji. As grandparents, they showered all the worldly as well as spiritual blessings on child Hardev. His parents Baba Gurbachan Singh Ji and Rajmata Kulwant Kaur Ji were equally affectionate and indulgent.



In an environment of spirituality, with the growth of child Hardev grew his thoughtfulness and sobriety. He watched with care every object and observed even the small events with due curiosity, but used to keep silent. Respect and regard for elders and traits of humility could be noticed in him from the very childhood. Interest in congregations and listening to discourses also became conspicuous in him. The kind and pure hearted child Hardev was never found a spend-thrift and he always maintained composure.



Initially Hardev received his elementary education at home. Thereafter, he was sent to Rosary Public School, Nirankari Colony, Delhi-9, where, he was often found in the class sitting thoughtfully with eyes half-shut. But he was always discovered to be fully attentive and responsive to what the teachers taught.

In 1963, Hardev Singh joined the residential Yadvindra Public School, Patiala which was founded in 1948 by Maharaja of Patiala on the pattern of famous Aitcheson College, Lahore.





Widely known as 'YPS' it owes its prestige to the invaluable contribution made by teachers like Anglo German Lt. Col. F. Von Goldstein. It is said that he was not merely the Headmaster of YPS; he was YPS himself. Without encouraging excessive diligence in respect of books, his emphasis was on the basics, sports, team spirit, and development of latent human qualities essential both for personal and professional growth. Hardev Singh Ji passed the High School Examination in 1969. His cooperative and

compassionate nature made him popular with the teachers and the fellow students alike. His school education was equally supplemented and cemented with spiritual touch received through the letters of his affectionate mother Nirankari Rajmata Kulwant Kaur Ji.

During his stay at the YPS, young Hardev Singh Ji developed keen interest in mountaineering. With his class fellows and even alone, he would cover difficult terrains to reach certain places. This hobby added the trait of





patience and perseverance in his life. He was never found tired or worried. He also took keen interest in various sports. He learnt playing hockey from the game's wizard of Olympic fame, Shri Dhyani Chand Ji. He was also quite proficient in vehicle driving and photography.

Goldstein very carefully followed every pupil's welfare. This could be realized from the fact that when the farewell party was organized by the students of 9th class in honour of the passing out 10th class in 1969, the Headmaster affectionately talked to all inquiring about their future careers. When he came to Hardev Singh, he just said with a pat, "One of the very good products of YPS. Like father, you will be Nirankari Baba." — C.L. Gulati

Nirankari Baba Hardev Singh didn't eat the melted chocolate without Sharing with his friend

—C.L. Gulati

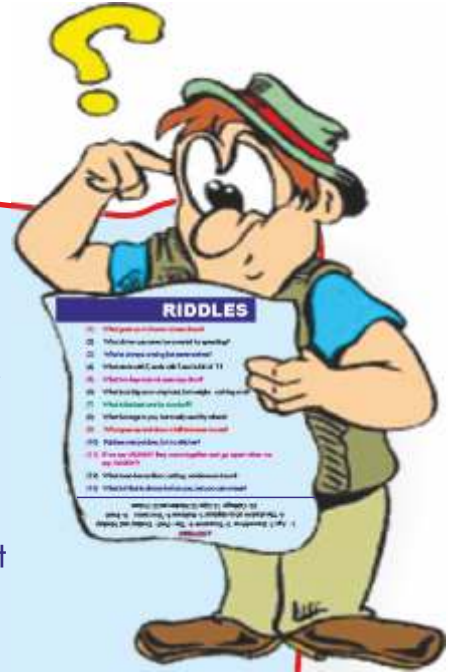
Pradeep Ghumman, friend and classmate of Nirankari Babaji with whom he spent 7 years sharing together the study table in YPS Patiala is very sad on Baba Ji's demise. While narrating about his time spent with Babaji he said that Babaji was extremely quiet by nature. Babaji was so fond of chocolates that he would always keep many chocolates in his desk box. He would never eat alone. One day Babaji kept chocolate for him in summer days. When he gave the chocolate to him after the class got over, chocolate had melted by then but both the friends shared it in two halves. Sitting together on one desk, eating together, then in the evening play together was a routine.

Pradeep Ghumman said, "Babaji left the school after class ten and both again met when Babaji was leading the Mission. When he met Babaji in Mussoorie, he was nervous but Babaji left his seat and hugged him. Babaji introduced him to his family with such warmth as if two long lost friends had met. After that he met Baba ji at many Samagams.

Baba Hardev Singh Ji was admitted to YPS School on February 11, 1963 in class 4th B. He studied there till Class 10 and left the school on December 22, 1969. According to Pradeep Ghumman, Dr. Rajiv Aggarwal of Patiala, Sood Brothers Of Kalka, and Kushal Kumar of Jagadhari were his best friends in school days.

RIDDLES

— Sakshi Gulati, Chandigarh



- Q.1 What kind of room has no doors or windows?
Q.2 He has married many women, but has never been married. Who is he?
Q.3 What has a bark, but no bite?
Q.4 What is it which is of the size of an elephant but has no weight?
Q.5 What occurs once in every minute, twice in a moment and yet never in thousand years?
Q.6 What can you serve, but never eat?
Q.7 It looks like a little prince and wears many layers of clothes. Guess what is it?
Q.8 It's shape is round and in many colours, It is an ornament which every female loves to wear be it mother or sister. Guess what is it?
Q.9 Give a word in which all the 5 vowels are present.
Q.10 Imagine you are in a room, with no doors, windows or anything, how would you get out?
Q.11 Which table has no legs but we feel it?
Q.12 Which Union Territory is known for cherry?
Q.13 What kind of bulbs need water?

Answers to Riddles.
Ans 1-A mushroom, 2- A priest 3. Tree 4. Shadow of elephant 5. The letter M
6. A tennis ball 7. Onion 8. Bangles 9. Education
10. Stop imagining 11. Comfortable 12. Pondicherry 13. Onion bulbs

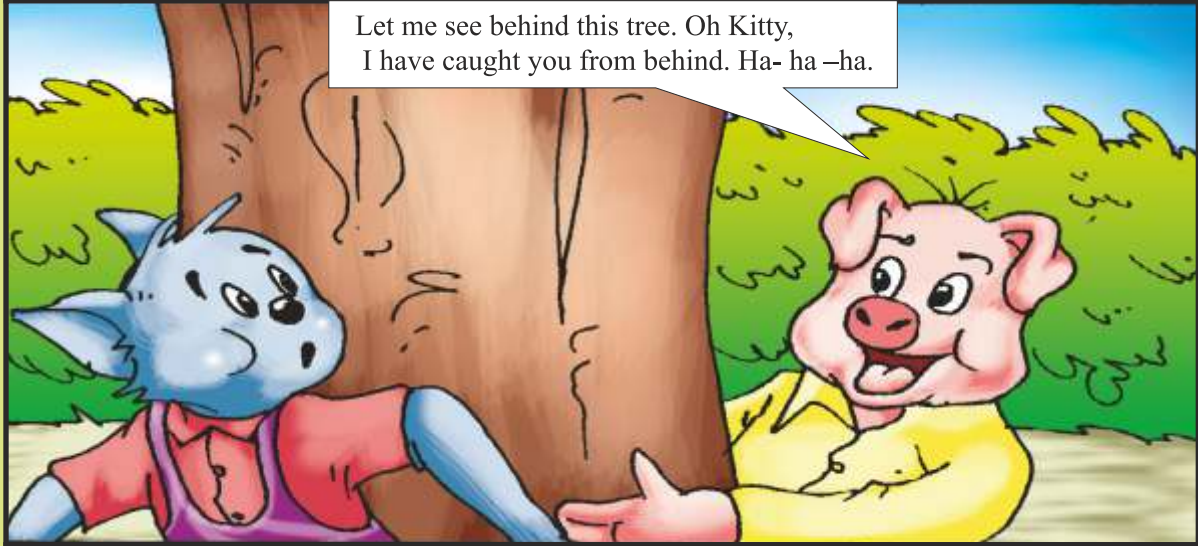


Kitty

Story & Illustration
Ajay Kalara







No Kitty, I am very tired so we must go home now and I am also feeling hungry.



No Bantu, lets continue. See how fat you have grown. You must play and exercise.



Exercising and games keeps one healthy and also reduces fat. Also drink more milk or else how will you grow strong. Its important to play while its playtime and study during study hours.



Ok Kitty, you are right, I will do the same.



Poem By. : Manmohan Singh, Oxford, UK



Where there is
Life there is hope

Where there is
Hope there is trust

Where there is
trust there is love



Where there is
love there is faith

Where there is
Faith there is Nirankar.



The Real Mother

Once two women had a quarrel over a small baby. Each claimed that she was the mother of the child. They were brought before a judge.

The judge listened to both the women. It was really a difficult case to decide. The judge was confused.

After thinking deeply, the judge found out the solution. He ordered one of his men, "Cut the child into two parts. Let each woman have one part."

On hearing the judge's order, one of the women screamed out loudly and said, "Mercy, Your Lordship. Let that woman have the baby. Let the poor thing live. I give up my claim to it." The other woman remained quiet.

The wise judge recognized the real mother. He gave the baby to the woman who was ready to give up her claim. He sent the other woman to jail.

— *Complied by : Vandana, Sultanpur*

—Vikas Arora (Rewari)

Improve your Grammar



Choose the right option –

1. The Indian economy badly needs to _____ an export-oriented economic structure.
a) DEVELOP b) ACHIEVE
2. Her poems are treated with _____ by other poets.
a) REFERENCE b) REVERENCE
3. The _____ from the hill was breathtaking.
a) SCENE b) SEEN
4. _____ values rose ten-fold in 2015.
a) REALTY b) REALITY
5. Find out which letter is silent while pronouncing the word 'PSYCHOLOGY'
a) Y b) P
6. The town, once a _____ seaport, is now a heap of ruins.
a) PROSPEROUS b) DEVASTATED
7. The members of the group were at _____ over the selection procedure.
a) ODDS b) SPACE
8. What is the plural of Postman ?
a) POSTMANS b) POSTMEN

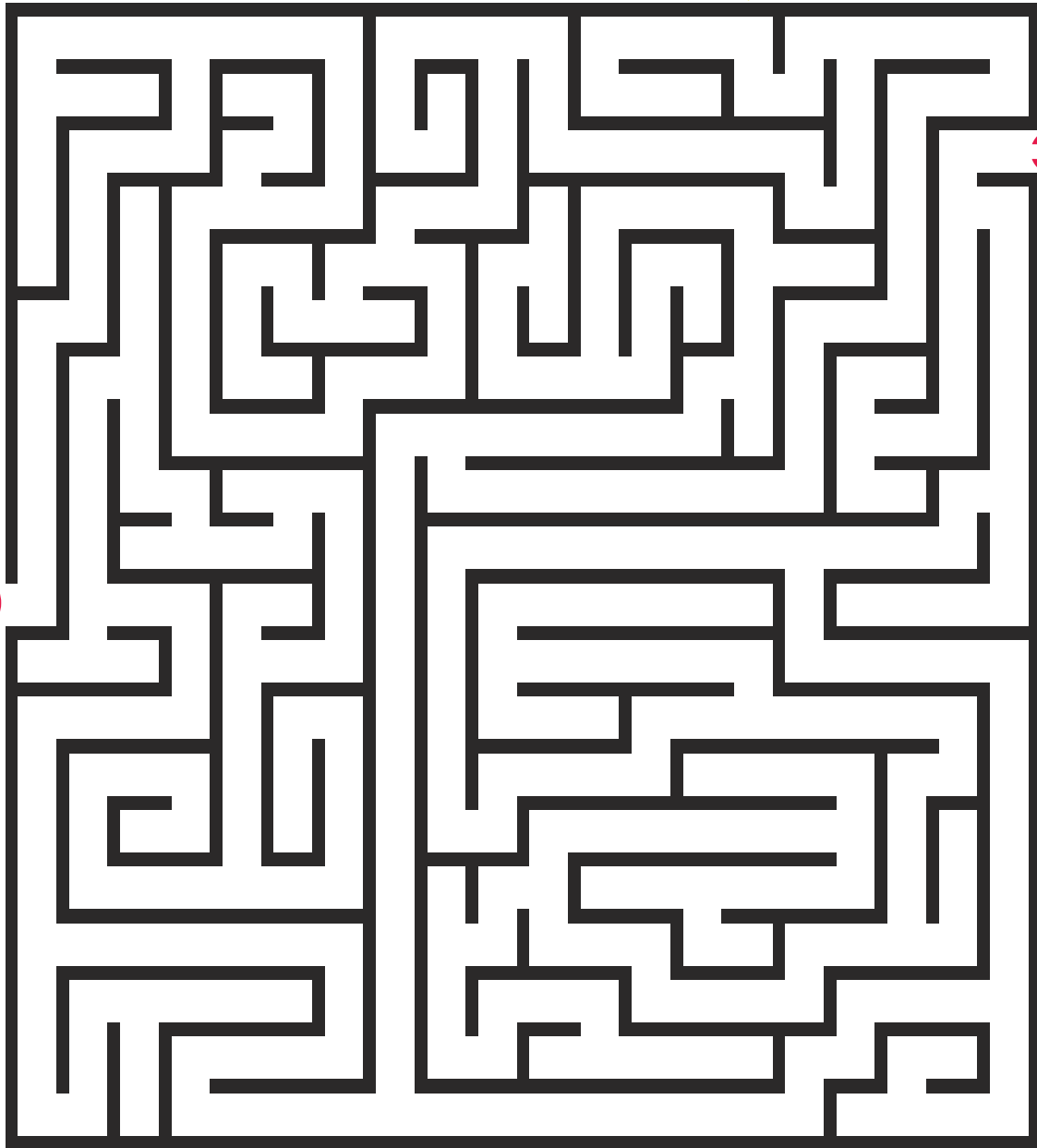
Answer Sheet	1	2	3	4	5	6	7	8

Judge your position from the table given below:
All correct – Excellent Grammar
5 – 7 correct – Average Grammar
Below 5 correct – Go through the
Grammar book everyday.

See Answers on other page

By: Sunil Nagpal

Find the way
Find the way
Find the way



Find the way in half minute, you are Genius.

Find the way in one minute, you are Talented.

Find the way in more that minute, you need to improve.

Compiled by : Hardik Khinda, Delhi

Thoughts to Ponder

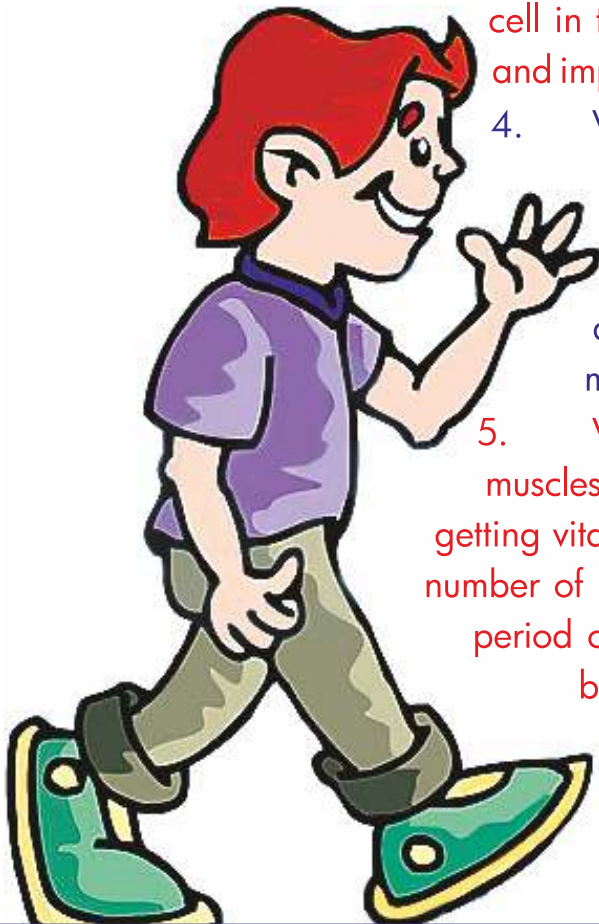
- Best Publicity. The practical life of the devotees is the principal vehicle of publicity to inspire and attract others.
—Nirankari Baba
- Adversity reveals genius, prosperity conceals it.
— Horace
- Greatness lies not in never falling, but in rising every time we fall.
— Oliver Goldsmith
- Once we “Realize” God’s Presence, we receive the “Real-Eyes” to see the Formless God. — Anon
- The shame is never in having failed- the shame is only in not having tried.
—Andrew Matthews
- Even beneath the heaviest winter snow, lies a potential spring waiting to bloom.
— Mahesh Bhatt
(On Sanjay Dutt's entry in the brutal world of jail)
- If we were born knowing everything, what would we do with all this time on earth.
— Anon
- Separate yourself from everthing that separates you from others.
Love is the shortest distance between two people.
- You cannot change the fruits if you do not change the roots.
—Nirankari Baba
- Don't find fault, find a remedy. ...
—Henry Ford

Six benefits of walking

Experts agree that walking is one of the easiest and cheapest ways to be physically active. You can do it almost anywhere and at any time to get several benefits as detailed below :

1. Regular walking is a great cardio exercise that wards off heart diseases, brings up the heart rate and strengthens the heart. It lowers levels of LDL (bad) cholesterol and increases levels of HDL (good) cholesterol. It also helps to prevent and control high blood pressure.
2. A brisk 30-minute walk every day burns around 200 calories. Thus, walking leads to weight loss.

3. Walking boosts blood circulation and increases oxygen supply to every cell in the body, helping to eliminate waste products and improve your energy level.



4. Walking also boosts your mood and makes you happy. It releases feel-good endorphins while reducing stress and anxiety. Studies show that a brisk walk is just as effective as an antidepressant. So, walking is must for positive mental health.

5. Walking tones your leg and abdominal muscles. It is a perfect way to enjoy the outdoors while getting vitamin D for bone health. Walking increases the number of immune system cells in your body and over a period of time, it can have remarkable effect on your body's ability to fight diseases.

6. Walking improves sleep, boosts your memory and also curb diabetes.

– Vikas Arora (Rewari)

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			6			
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8		9				
	10					
11				12		
	13					

Left to Right ⇨

4. A definite article hidden in the word 'GRANDFATHER'.
5. The abbreviation of Amateur Athletic Association.
6. A synonym of Everyone hidden in the word 'GALLERY'.
7. Lakshadweep lies in the _____ sea.
8. Plural of Shovel.
10. The name of a mammal formed by using 1st, 3rd and 5th letter of APPLE.
11. The square of one.
12. A large Australian flightless bird.
13. A nucleic acid that carries the genetic information in the cell.

Up - Down ⇩

1. An Indian state with capital at Ranchi.
2. Tenth alphabet from back.
3. A spiritual leader of Tibetan people.
5. The original name of American boxer and three-time World Heavyweight Champion Muhammad _____ was Cassius Clay.
6. The word that comes first in the dictionary: ACTOR, ABOVE, ACUTE.
9. Antonym of CLOSE.

(See the answers on another page)

H. D. Answers

— Ashok, London

Q. What is it that money cannot buy?

A. Many things. Character is one of them.

— Nirmala Devi, Ludhiana

Q. Does a man proud of his riches ever learn a lesson?

A. Yes, when richness betrays him. Pride hath a fall.

— Sakshi Gulati, Delhi

Q. When in trouble, what should be done?

A. Remain undisturbed, think, and act.

— Manpreet, Lucknow

Q. What do people lack most nowadays?

A. Character.

— Sudiksha, Indore

Q. Why do some people laugh at others?

A. Because they have a notion that they are wise while the others are ignorant.

— Rajat Kapoor, Delhi

Q. Why does God give us problems?

A. God gives us problems to humble us and not to trouble us.

— Rajiv, Delhi

Q. What is the education that is most needed in life?

A. The sole aim of education is to educate the soul.

— Ashok Nirankari, USA

Q. Who is really great?

A. One who is considerate to others.

— Susma Rai, Delhi

Q. What's greater knowledge or God?

A. The knowledge of God.

Q: Question A: Answer



Story : Farukh Husain

Final Decision

Rohit was sitting in his room playing game on his mobile. "Rohit go to market at once and bring these medicines." Rohit's mother asked him. "Just leaving in a minute mother." Rohit told his mother and started playing again.

"Rohit didn't you hear" Rohit's mother again said to Rohit angrily. Hearing this Rohit left for the medical store along with the slip of medicines name. Rohit's father wasn't feeling well for some days.

Rohit is a student of Class V. He was very good at studies and was always ahead in sports. But he had one bad

habit, whenever he is told to work, he delays it. For this reason he is always scolded. His parents tell him that whenever he is told to do work he must do it immediately, but words fell on his deaf ears. Because of this bad habit, he had to repent many times there was no improvement in his conduct. He was good for few days but then he was back to his old habits. Just a few days back his uncle gifted him a ranger cycle, he was very happy as he desired for a ranger cycle. When his uncle gifted him one, he was extremely happy. Cycle did not have a lock, so his mom told him many times to get a lock otherwise it could be stolen. But Rohit did not pay heed to his mother's advice.



One day Rohit went to meet his friend Sonu on his cycle, he parked his cycle outside and went inside. But when he came outside the cycle was missing and seeing this he got extremely worried, he tried hard to find his cycle, but it could not be found anywhere, someone had stolen it. He was feeling repentant that why he did not hear his mother on earlier occasion. Had he listened to his mother earlier, his cycle wouldn't have got stolen.

After this incident he did as he was asked, but after some days he became his old self.

Rohit went to market with the prescription. But instead of going to the market, he went to the playground, where his friends were playing cricket and he started playing cricket. Suddenly he remembered that he had to take medicines home.

He went to the market and quickly bought medicines from the store and went towards home. When he reached home, there was a crowd at his place. He saw his mother standing and crying. In fact his father was lying weak on bed and doctor was giving injection to his father. Had he been given the medicines in time this could have saved his trouble. Hearing this his eyes were filled with tears. Had he brought the medicines on time, his father's condition would have been better.

Please forgive me mom, from today I will do everything in time. Rohit gave his mom a hug while crying. After the injection, his father's condition improved. But now Rohit decided to do everything in time and save every one from trouble, he will do that work immediately. Now he was completely changed boy.



Compassionate Newton

Every successful man is compassionate by nature. A compassionate person never does anything which might hurt someone else. Newton was world renowned mathematician and physician. He had pet a dog. He loved that dog very much. The dog also loved his master back. He would do anything for his master.

One night Newton was writing something. He was completely lost in writing. He had kept manuscript nearby on a desk. The dog was also sitting on the desk and there was a lighted candle on the desk.

Suddenly while writing Newton remembered something and he went out of the room. After he left, there was a sound and the dog started barking on hearing it. In this confusion the candle kept on the desk fell on handwritten manuscript kept on the desk. Flame of the candle burnt the manuscript in a few moments the precious written by Newton turned to ashes.

Newton had to send the manuscript for publishing the next day its self. When he returned back to the room he saw his priceless notes turned to ashes and he was stunned for a





—Dinesh Darpan

Invention Of Cement

In Saint Kwontes , there was a man named as Joseph Monier. He was a gardener by Profession. Joseph Monier would often go mad . In that state, he would start throwing the potted plants which would break the pots.

He started thinking that if one could make such pots which would not break after falling . If that would happen it would be wonderful. As soon as this thought came to his mind, he started working on this concept. In the beginning he made normal pots of mud which broke . Then he made thick pots , they were very heavy. But then he used concrete but even this didn't work, but this time he tied the pot with thick wires. But after a few days, the wires caught rust and they became useless. But Joseph didn't lose hope even then and kept making efforts to reach his objective.

Finally one day while thinking he decided to make a pot of iron wires and he covered it with concrete.

Joseph Monier's current experiment got successful. The pot made this way proved to be the strongest. The madness of Joseph gave birth to the so called reinforced cement concrete. Due to the invention of reinforced cement concrete it then became possible to build skyscrapers, roads, bridges etc. ●



while. Then he sat on the chair while balancing calming himself down.

Had there been anybody else instead of Newton, the person would have felt angry at the dog for burning his hard work to ashes. But Newton did not even get angry at the dog. He had a huge loss. But Newton knew that the poor animal did so because of his ignorance.

He saw tears in the eyes of the poor dog flowing out of repentance so he hugged the dog to reduce his pain. Really, this compassionate, patient and forgiving behavior can be of such a great man like Newton, only. This good behavior made him a great scientist and also a great man. ●

Improve your Grammar

Answers:

1	2	3	4	5	6	7	8
A	B	A	A	B	A	A	B

Q.No.

Explanation

1. A target is achieved but a structure is developed.
2. REVERENCE means a feeling of profound respect and REFERENCE is something referred to.
3. SCENE is any view or the place where something happens and SEEN is the Past Participle of SEE.
4. REALTY means real estate and REALITY is something that actually exists or happens.
5. While pronouncing the word 'PSYCHOLOGY', the letter 'P' is silent.
6. We need an adjective which is in contrast to 'a heap of ruins'. The word 'PROSPEROUS' gives this sense.
7. If A is at odds with B, A is disagreeing or quarelling with B.
8. The plural of POSTMAN is POSTMEN, not POSTMANS.

The Wolf in Sheep's Clothing

One day a wolf found a sheepskin. He covered himself with the sheepskin and got into a flock of sheep grazing in a field. He thought, 'The shepherd will shut the sheep in a pen after sunset. At night I will run away with a fat sheep and eat it.'

All went well till the shepherd shut his sheep in the pen and left. The wolf waited patiently for the night to advance and grow darker. But then an unexpected thing happened. One of the servants of the shepherd entered the pen. His master had sent him to bring a fat sheep for supper. As luck would have it, the servant picked up the wolf dressed in the sheepskin.

That night the shepherd and his guests had the wolf for supper.

Compiled by : Bablu Kumar, Sultanpur

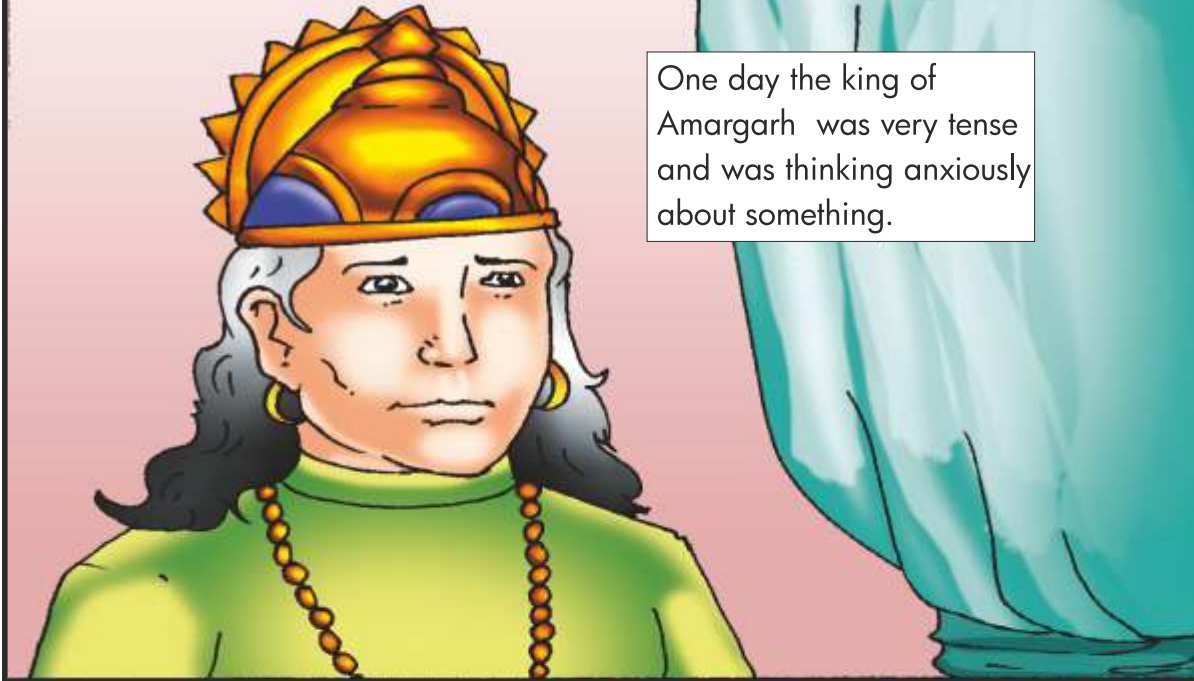
CROSSWORD SOLUTION

	1 J		2 Q		3 D	
4 T	H	E		5 A	A	A
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7 A	R	A	B	I	A	N
	K		O		I	
8 S	H	9 O	V	E	L	S
	10 A	P	E		A	
11 O	N	E		12 E	M	U
	13 D	N	A		A	



Grandpa

Story & Illustration
Ajay Kalara



One day the king of Amargarh was very tense and was thinking anxiously about something.



The cause of his worry was choosing a minister out of three men.

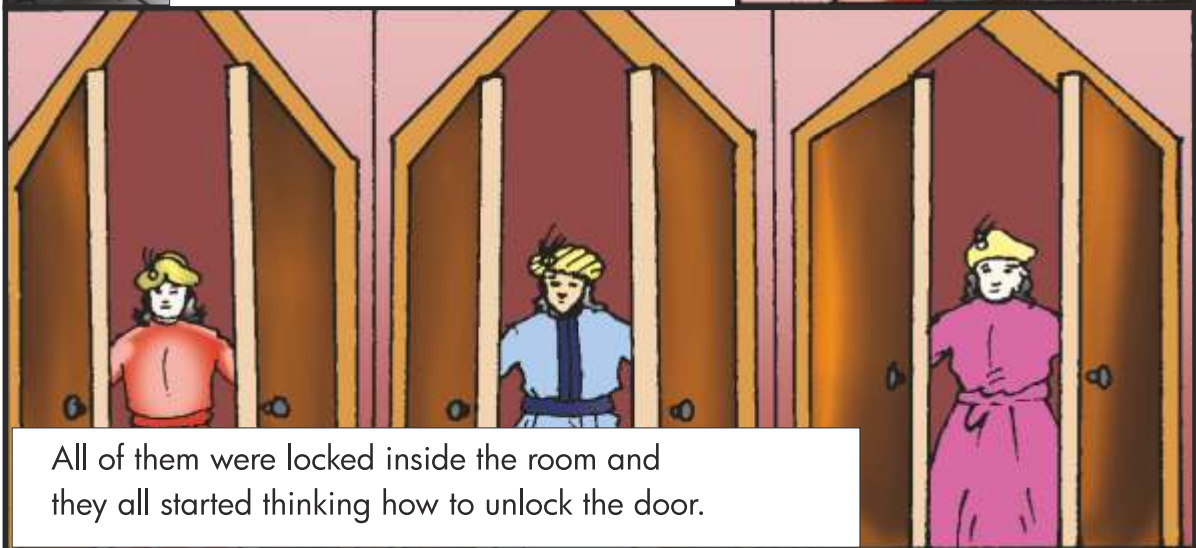
The king decided to test the three of them and called them to the court.



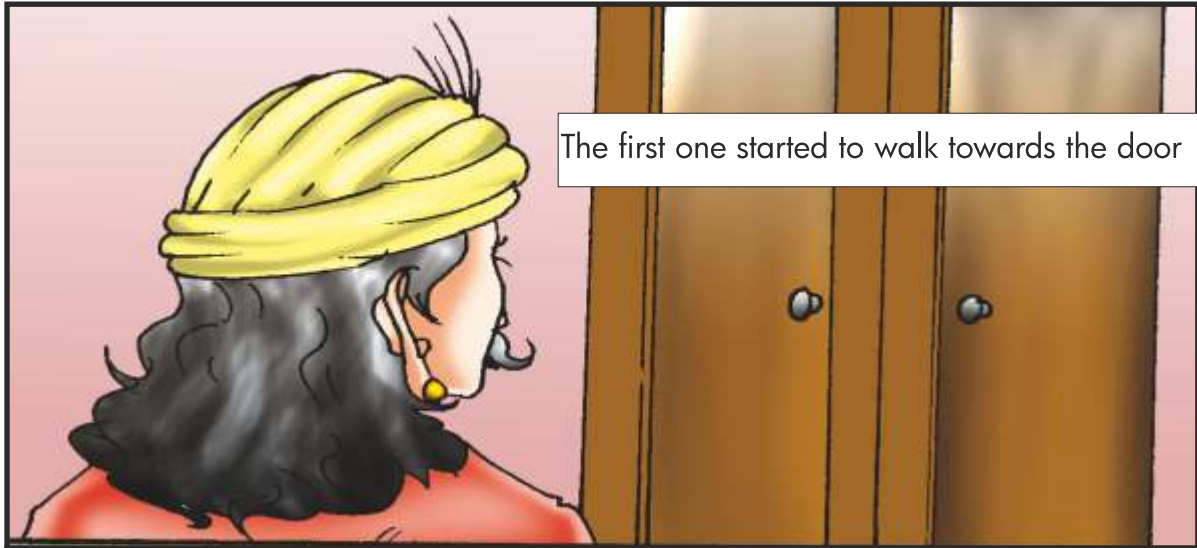
The king pointing to one room told them that they will be closed inside one room.



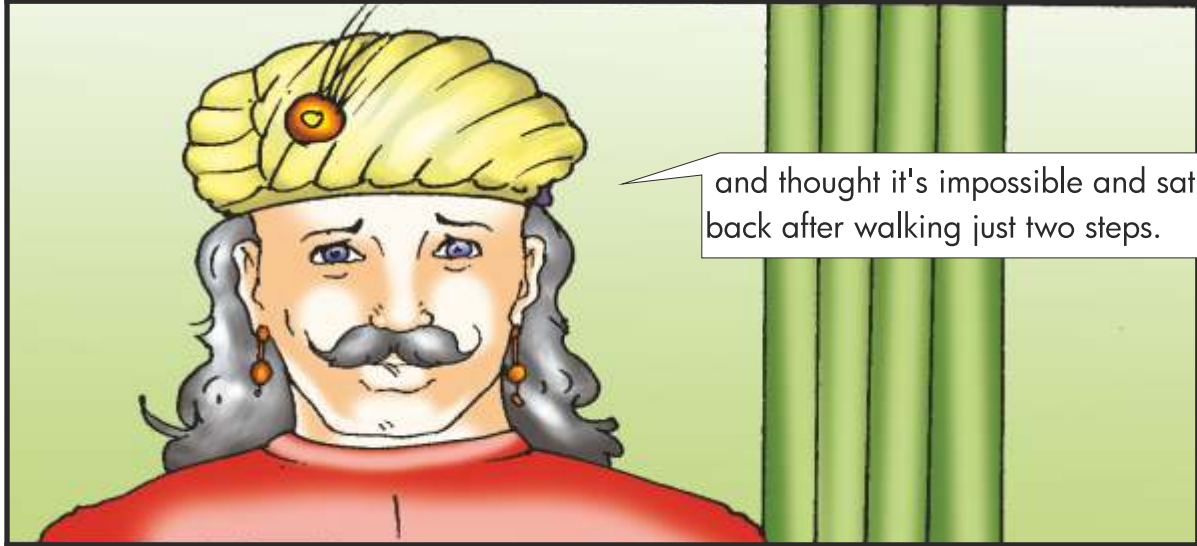
And from outside it will be locked. The person who comes outside after opening this, will be the Prime Minister



All of them were locked inside the room and they all started thinking how to unlock the door.



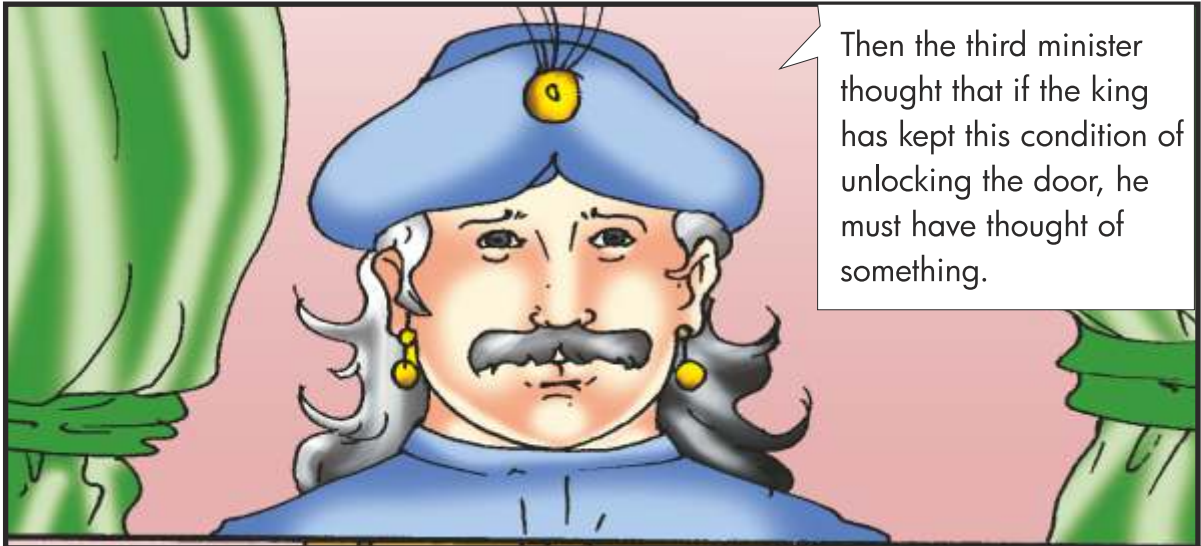
The first one started to walk towards the door



and thought it's impossible and sat back after walking just two steps.



The second one also got up but walked towards the door and then came back thinking its impossible.



Then the third minister thought that if the king has kept this condition of unlocking the door, he must have thought of something.



Just then the third minister got up and pushed the door and it opened.

Actually the king never locked the door from outside. He made the third man minister.



So children it teaches us that the solution to the problem must be found. And it can be done if we make an effort in that direction efforts never fail.

— Compiled by : Jayender

Even the King Lion is terrified by this animal



There lives a strange animal in the jungle called hedgehog 'Sehi'. Even the lion the king of jungle fears it. The body of this animal bears sharp, poisonous and thick thorny structures that pierce the body like needles.

It is 60-70 cm long and weighs around 18-20 kilogram. It is black in colour while some species are brown too. It has a tail that is 4-5 cm long.

Although a mammal, it is very lazy and can sit at a place for hours just like an ass. Because of the sharp thorns on its body it doesn't fear anybody. Sometimes in its mood it even goes towards the place where ferocious animals live. Even the lions, Cheetah, wild elephant and wild dogs change their route when they see him

close by. If by mistake an animal comes near it, it quickly raises the thorny structures like sharp needles and the animals flee away. In case an animal tries to battle with it, it pushes the thorny structures in the body of the enemy like arrows and his body gets wounded and starts bleeding. It even battles with the lion because of its thorns. Wounded by the Thorns even a lion runs away because the thorns on its body poison the body of enemy and it many not even survive. Mother 'Sehi' gives birth to 2-5 little ones at a time and they don't bear thorns at the time of birth. They grow old enough after 2 to 2 ½ years with thorns on their body and can hunt for themselves.



No Time to Pray

—Sanjay Tandon, Chandigarh.

Time and again, mother had been telling her teenaged son that he must get into the habit of saying a prayer in the morning. All the elders in the house were in the habit of spending a few minutes in the temple room after bathing in the morning. Mother was trying hard to get Ananya to find time for prayer, in his daily morning routine. Often she would ask him at the breakfast table, "Ananya, have you done your prayers?"

Seldom would he say, "Yes, Mama." The most common answers were in the league of, "I didn't have time"; "Oh! I forgot"; "I was getting late for my class"; "I woke up late today, Ma, thank God I have time for a glass of milk, 'bye."

Years passed. Ananya was in college now. One day mother asked him the same old question, "Ananya, have you done your prayers, today?" Pat came the reply, "Oh! Come on Mom, where's the time? I barely have time to get dressed for college. I've got

to go now. See you later!"

Today, Mom was annoyed.

"Ananya, have you bathed?" she asked sternly.

"Of course, Mom," he said, a little surprised.

"Have you brushed your teeth?"

"Mom! Why are you asking me this?"

"Answer me, Ananya, have you or have you not?"

"I have, obviously."

"Have you shaved your beard?"

"Yeah, can't you see it?"

"Styled your hair?"

"Hmm."

"Done your push ups?"

"Mom! You're bugging me now!"

"You've had time to bathe, brush, shave, exercise, dress up, tie

those insanely long laces in your shoes, style your hair and put on

your deodorant too. You also have time to eat breakfast."

"Please Mom! I've got to go. I'll



be late,"

"I think you'll do well to go late today. Go and say your prayers.

Only after that, you'll get your breakfast. Now get up and get going."

"Mom, have a heart, please for God's sake."

"Exactly, Ananya! For God's sake, you have to learn to pray! You are able to find time for everything that you wish to do. But you

can't spare a few moments to pray." Ananya realized she was not

going to let up. So he made a quick visit to the temple room and

was back to eat, in a jiffy.

"Mom! Now, can I get some breakfast?"

Mom gave him a sandwich and a glass of milk, and let him go. That evening, when Ananya was about to go to bed, Mother came to his room and said, "Ananya, can we talk for a while, son?" "Sure Mom. What is it?"

"Son, you work all day for worldly things, how many minutes do you devote for the master of the world? Prayer is like a lifeline. It is a connection between God and you. If you really cannot find time to pray, I have a suggestion. You spend about

three minutes every morning brushing your teeth, right? You can pray, while you brush. Is that possible?"

Ananya thought for a moment. "Can I do it while I bathe?" "Of course you can, if that suits you. Ananya, prayer is just talking to God. You can do it anywhere and at anytime. But if you do not consciously set aside time for it, you never ever get down to doing it. You know, many years ago, Bhagwan Baba physically visited the house of a devotee. She showed Him around the house, naming each room as her son's room; her daughter's room; the drawing room etc. The master bed room was addressed as her 'husband's room'.

When she showed Him the temple room she said, 'Swami, this is your room!' Bhagwan asked her, 'Where is your room?'

She said, 'Swami, my room is at your lotus feet.' Swami smiled and said, 'And my room is in your heart!'

With that mother said good night to her son and left him alone with his thoughts. The conversation left a deep impact on Ananya's mind. For years, Ananya said his morning prayers

while bathing, for he had the faith that he would find God residing in the temple of his heart, as Swami had said. And he did!

Now, he prays in the temple room every morning because he finds that while praying, he doesn't have time to bathe!

Sitting at a fixed time and at a fixed place to pray are surely helpful to train one's mind or to develop a habit. But eventually these things are not really important. In the words of our beloved Bhagawan Baba, "As a first step, you use the flower, the lamp, the incense, etc. to worship the Saguna (attribute able) form. Soon, your devotion moves on to newer forms of dedication, newer offerings, purer, more valuable and worthier of your Lord No one sticks to the s/atefor long; you feel that you should place before the Lord something more lasting than mere flowers; and something more yours than incense. You feel like purifying yourselves and making your entire life one fragrant flame. That is real worship, real devotion."

"Prayer is the key to the morning
and the bolt to the evening," ●

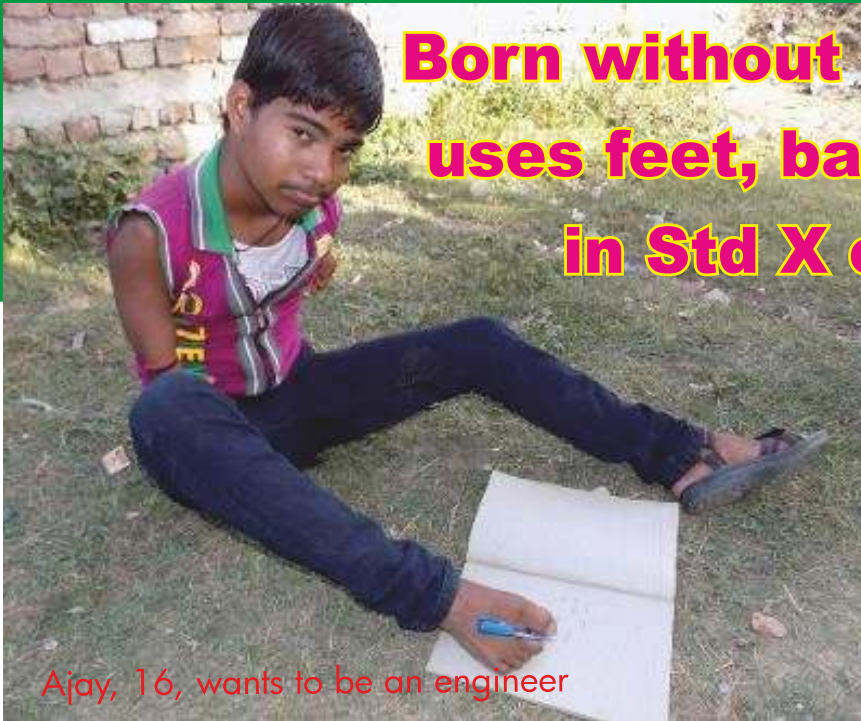


SMS

of The Month



- True Master and Loyal friends are rare to find.
- Action may not always bring happiness; but there is no happiness without action.
—Ashok, USA
- Our grand business is not to see what lies dimly at a distance, but to do what lies clearly at hand.
- Advice is like snow: the softer it falls, the longer it dwells upon, and the deeper it sinks into the mind.
— Avneesh Gulati, Chandigarh
- Humility does not mean you think less of yourself it means you think of yourself, less.
- A sound mind is your best friend and an unsound mind your worst enemy.
- Age does not depend upon years, but upon temperament and health. Some men are born old, and some never grow old.
- If you fear suffering from something, you are already suffering from that out of fear.
—Raunka, Mumbai
- Anger is one letter away from danger.
— Ramashre Yadav, Azamgarh
- If you are honest in all your dealings, you can never experience fear.
—Anmol, USA
- Mind and Umbrella are useful only when they are open, otherwise they increase your burden.
— Suraj , Canada
- Everything is 'Pre-written' but with prayers it can be 'Rewritten'. Those who make us smile-thank them. Those who make us cry-tolerate them. But those make us smile when tears are in our eyes-Trust them.
—Dharmveer, Boston
- Loveable persons are like injections. They may sometime give you pain, but the intention is always to cure problems.
- A good song means 5 minutes pleasure. A good movie means 3 hours pleasure, A good college means 4 years pleasure, but a good 'relation' means life time pleasure.
—Archana Garg, Delhi



Born without arms, boy uses feet, bags 71.8% in Std X exam

Ajay, 16, wants to be an engineer

SR Inter College, Ajay is proud of his performance, but has vowed to himself to work harder and score at least 80% in all subsequent exams.

Ajay Kumar was born without arms alright, but armed with the kind of will that leaves little beyond one's reach. Not ready to let his disability define his future, the 16-year-old trained himself to write with his feet, a feat that has now helped him clear his Class X board exams with 71.8%.

What's more, the Uttar Pradesh board student didn't seek extra time to write his papers, and managed to finish the answers, his pencil clutched between his toes, within the stipulated window. Ajay, a resident of Bho-gaon village in UP's Mainpuri district, aspires to be an engineer. A student of

"I know who I am and what I am capable of. I'll make the best of it and never give up," said the gutsy boy in an interview to TOI. "If I had arms I could have done better in the exams, but now my feet are my arms," he added, "I hold the phone with my feet to talk. I even brush my teeth with my feet."

Ajay's farmer father Dayaram said he and his wife Meera were worried when he was born about how he would get through life. "But over the years he has proved that his disability cannot stop him from achieving what he wants," he added.

Courtesy: [TheTribune](#)

Strange Animals that fly with the help of their



— Compiled by : Jayandr

Hands and Wrists

The bat has been bestowed by nature such a strange body that it can fly even in the absence of wings. Its hands and wrists work like wings and help it fly.

Some people mistake the bats as birds, because they can fly, but they are mammals. Their hands and wrists have strange magical structures that help them fly. There is a thin membrane resembling a polythene that connects their extremities with fingers. Bats track their flights with the help of their ears and nose. The nose acts like a transmitter while the ear like a receiver. The bats emit ultrasonic waves which the human ear cannot detect. These waves strike against an obstacle, get reflected

and are heard by the bat. This is how the bat makes out the obstacles on its way.

The breeding season for bats is between October to December and January. The young ones are born between March and April when the flowers and fruits are in their glory. Normally one offspring is born to the mother bat at a time. At the time of birth the young ones are blind and helpless and remain sticking to mothers's breasts. They are born with their temporary teeth. They remain stuck to their mother and she feeds them till they are able to fly.

Bats prefer to hang on a tree with scanty leaves than one with a heavy foliage. They like to rest in

the direction of the sunshine and keep changing their position along with the sunlight as the evening sets in. They are peace loving by nature and don't leave their place even on pestering. But if somebody troubles them much or makes too much noise they fly off to far off place.

A species of bats called flying fox flies at slow speed but have great strength and can fly continuously for hours together covering a distance of 200 miles at a stretch. They start flying as the evening sets in and by dawn they are back to their place of rest.

In the winters they leave their place at around 9.00 am dry up their wet wings because of fog. They fight hard among themselves for a safe and comfortable place for resting.

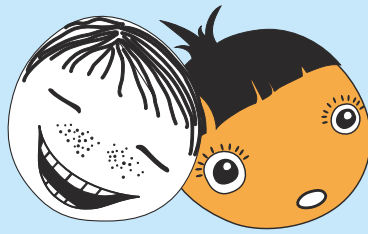
— Dinesh Sharma

Love



Love will help you to
lose your heart,
But not find it again.
Lover will imprision you
in the good old past,
But not bring those
golden days again.
Love can break or
mend the heart,
Mostly it does the former.
Love imprisons you in
memories past,
and makes you sadder
and sadder.
Love's an Emotion,
Trapped in a maze
Love's a potion
That leaves behind a
sweet-bitter taste.

Compiled by :
Archana Garg, Delhi



Laughing Time

A man walks into a shop and sees a cute little dog. He asks the shopkeeper, "Does your dog bite?" The shopkeeper says, "No, my dog does not bite." The man tries to pat the dog and the dog bites him. "Ouch," he says, "I thought you said your dog does not bite!" The shopkeeper replies, "That is not my dog."

A: Meet my new born brother.

B: Oh, he is so handsome! What's his name?

A: I don't know. I can't understand a word he says.

A: "I was born in California."

B: "Which part?"

A: "All of me."

Mohan: Why our language is called the mother tongue?

Sohan: Because the father never gets a chance to speak.

Doctor: Rukja Aaj tujhe nahin Chhoduga.



Praveen : Kya huva, Doctor sahib.

Doctor : Aare Yar, Char, Panch bar aisa hua ki Ye Admi, brain ka operation karvane aata hai, Aur bal banva kar (Nikal leta hai) chala jata hai.

Two Tigers were resting under a tree.. Suddenly a Rabbit passed by very fast Tiger could not make out and asked "What was that?"

2nd Tiger smiled and said: Fast Food.

Boy : Where Are You Going?

Girl : For Suicide..

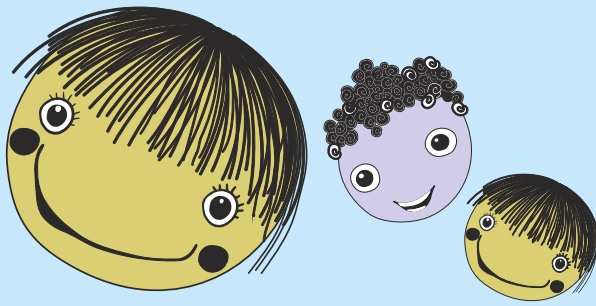
Boy : Then, Why So Much Make-Up?

Girl : You Idiot..! Tomorrow My Photo will Come In Newspaper.

Patient : Doctor, yeh mera pehla operation hai. thoda dhyaan se karna

Doctor: dara mat, yeh mera bhi pehla operation hai.

Advocate Ki Biwi : Aap T.V aur Fridge Kab Laoge?



Father : (To son) When Rabinder Nath Tagore was of your age, he started writing poems.

Son : Dad, when he was of your age, he got the Noble prize.

Simmi : What is your nationality?

Rohan : My father is from Cuba and mother from Iceland.

Simmi : Does that mean you are Ice-cube?

Thief : Sir, I need some time to prove my innocence.

Judge : All right, I give you one year in jail.

Teacher : (To student). What is the difference between lightening and electricity ?

Ramesh : For lightening, we need not pay any bill. But for electricity, we have to pay the bill

Customer : (To shopkeeper). There is a discrepancy in your account.

Shopkeeper : I can not help now you, should have pointed it out earlier.

Customer : Alright, I am going. In fact, you had given me Rs.200/- in excess.

John went to his friend Smith and found him polishing his shoes.

John : Do you polish your own shoes?

Smith : By the way, whose shoes do you polish?

Advocate Ki Biwi : Aap T.V. aur Fridge kab laoge?

Advocate : Court Me Talak Ka ek Case Hai Wo Solve Hote Hi Unka Ghar Ujdega aur T.V Fridge aa Jayega.



Author : How long shall you go on returning my article with your regret notes?

Editor : Till you continue to send your self addressed and stamped envelope.

Happy Birthday



Bhavika (Jaipur)



Sandish (Jaita Mandi)



Sunishth (Bhivani)



Sanjhvee (Morinda)



Navroop (Kasauli)



Sandish (Khanna)



Anubhav (Barnpur)



Ishana (Delhi)



Udiat (Sriganganagar)



Anmol (Kumbhigram)



Navdisha (Delhi)



Agnesh (Jiyangsu, China)



Ruhaniyat (Kashipur)



Abhinav (Chila)



Mahak (Amlah)



Kunal (Pinjor)



Arshdeep (Gardhdiwala)



Bhavisha (Chila)



Anisha (Ulhasnagar)



Khushpreet (Amlah)



Hardik (Aligarh)



Swati (Bhivani)



Sucheta (Bilaspur)



Suhani (Ropar)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, which should reach us at least two months before.



Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY
The above coupon must be affixed on the back side of the photograph

Name..... Date of Birth.....Year.....
Address.....
.....

Winners of April Issue

First :

Sahil Verma

Age :13
B-IX/25, Inside Quilla Mohala
Barnala (Punjab)

Second :

Manveer Singh Bhati

Age 13
Teachers Flats # 2 P.
University Campus
Sector-14, Chandigarh (UT)

Third:

Harman

Age : 8
Sec-2, H.No-216, Shiwalik Nagar,
Jharmajri, Baddi
Distt- Solan (H.P.)

Consolation Entries

Mahak Gumber

Ridhi-Sidhi-2
Sriganganagar

khushi Rana

Vill-Amrapuri,
Rudraprayag (U.Kh.)

Ish Kapoor

Bholanath Nagar, Shahadra, Delhi

Aaransh Anil Naik

Mirabag Savnorodem Goa,

Aayushee Sandeep Jadhav,

M.D. Kini Marg Bhandup
East, Mumbai

Jhellamba

Vasundhra Enclave, Delhi

Ishaana Sethi

Nirankari Colony, Delhi

Sae M Berde

Kaiwa Thane Maharashtra

Gayatri Bullar

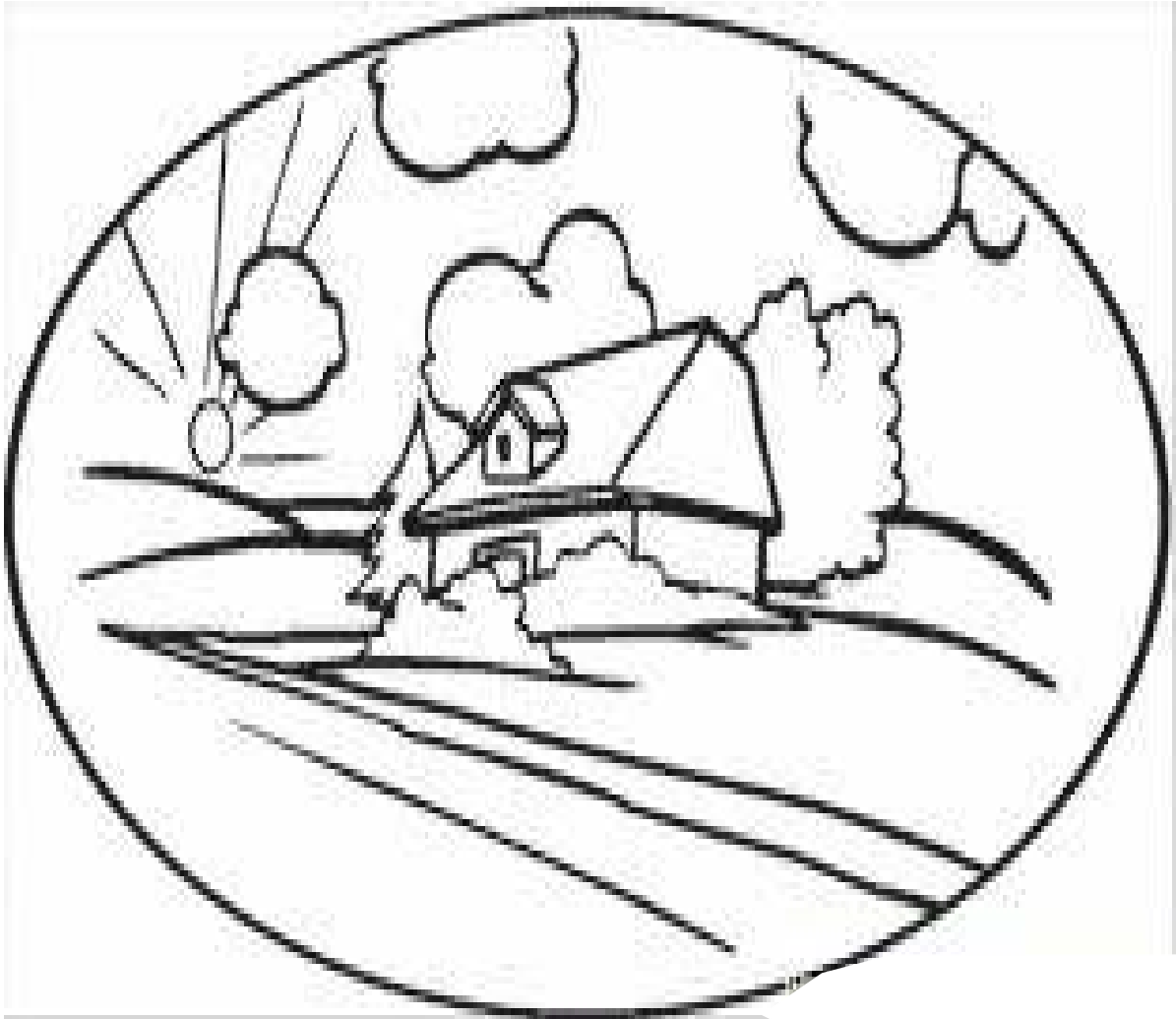
Kalyan (W)
Maharashtra.

“Colour it” for June Issue

On page 44, a beautiful picture is given; colour it and send it to us latest by **July 20, 2016**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in **August** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.

Colour it



NameAge.....

Address

.....

.....



Poem : Hari Prasad Dharmak Vishal

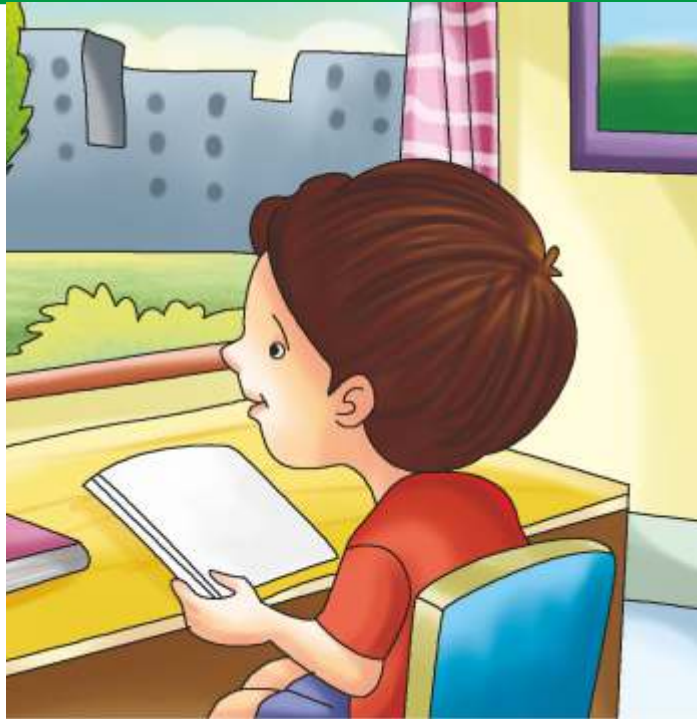
Be The Pride of Nation

To study, attention
pay O' Children,
Together all do
Play O' children

Never quarrel
with each other,
Love everyone
as thy brother

Education makes
truly one great,
So, never depend
On thy fate

Like great martyrs
be a patriot,
To save thy nation
Make thy lot



Poem : Sharda Narayan

The Sun

Every morning, grows the Sun
Light on earth, throws the Sun

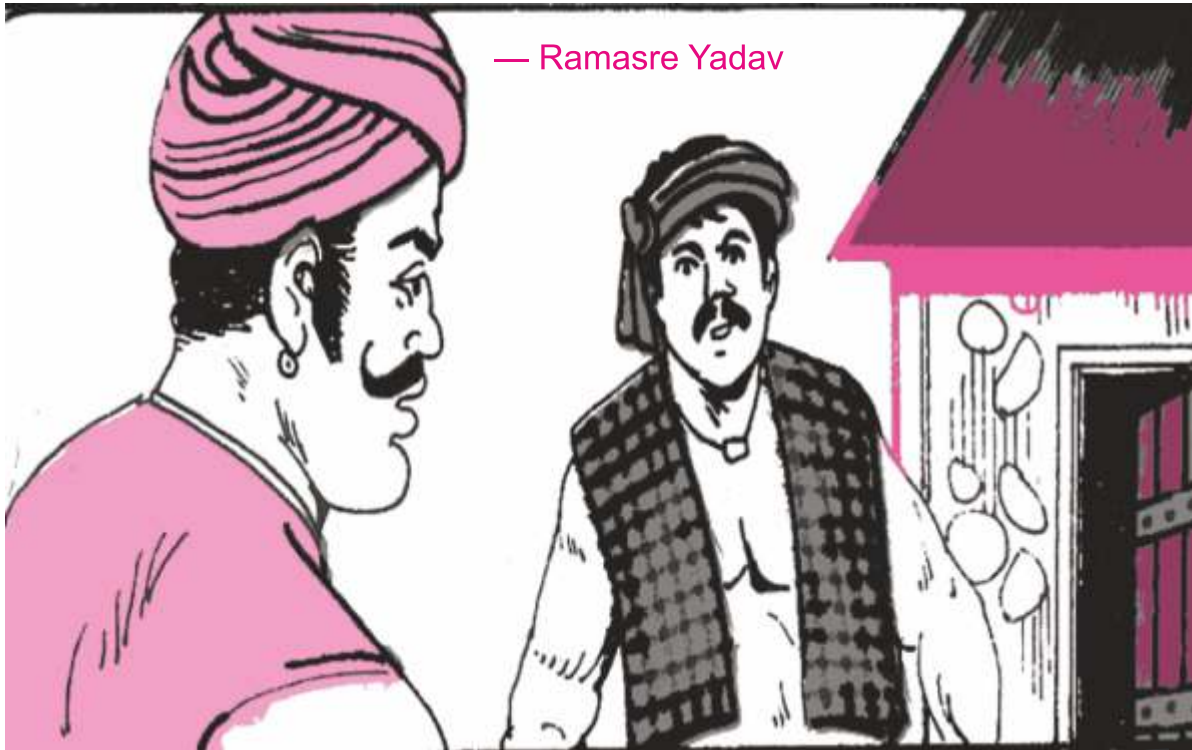
Braving the dense darkness
A bright day shows the Sun

Though it sets, rises daily
No fatigue yet knows the Sun

Piercing through the clouds dark
How steadily glows the Sun!

Let's learn to serve humanity
As light bestows on all the Sun.





Good-Heart and bad-Heart

Once upon a time there were two friends, the sons of merchants, named Good-Heart and bad-Heart, who set out into a far off country to seek their fortune. It chanced that Good-Heart, by a stroke of luck, found a pot containing thousand gold pieces that had been hidden long before by a miser. So he told Bad-Heart, and , after discussing the matter, deeming they had attained thir object, they both started for home.

When they drew near their native city, Good-Heart said: 'Half of this falls to your share. Pray take it, so that now we have reached home we may cut a brilliant figure in the sight of friend and foe.

But Bad-Heart, with an eye to his own advantage, craftily replied: "As long as we hold the momey in common our friendship will remain unbroken. Let us rather each take a hundred pieces, and bury the remainder before we go to our homes.

In the increase or decrease of this treasure will be found the test of our virtue.'

Then Good-Heart, by the nobility of his won nature never suspecting the evil intentions of the other, agreed to the proposal. Accordingly each took a hundred gold pieces, and, after hiding the remainder in the earth, entered the city. But Bad-Heart, through riotous living, profligacy, and vice, derived no benefit from his good fortune, and soon wasted his portion. So he went to good heart, and together they took another hundred pieces of the treasure. But Bad-Heart squandered his share of that also in less than a year.

Then he thought like this: 'Now, suppose I go and share another two hundred with him, of what use would be the remainder, a paltry our hundred, even if I were to steal it? No; I will have the six hundred, Having made up his mind, he proceeded alone to the place, took the treasure, and levelled the earth again. At the end of a month he went to Good-Heart and said: 'Friend, let us go and

make an equal division of the remainder of the money.'

So Good-Heart and he went to the spot and began to dig. When they had dug the site and failed to find the treasure, Bad-Heart impudently smote his own head with the empty pot and cried: "Where is that lovely money gone? Now, Good-Heart, you must have stolen it. Give me my half. If you don't I will take you to the court. The other replied: 'Villain! What are you talking about? I know nothing of the money. Theft and robbery are not in my line.'

After a heated argument they carried their dispute to court and related the theft of the money. On hearing the particulars the magistrates decreed a trial for each. But Bad-Heart said: 'Come, this judgement is not fair. I happen to have a witness, the goddess of the wood. She will tell you who of us is guilty, and who is innocent.'

The magistrates replied: 'Very good, sir. If you have a witness we will hear the evidence, especially if she is a forest-goddess. Now we feel a deep

interest in this case . So you must both come here tomorrow morning, and together we will go to the forest and decide the matter. With this they accepted bail from each and dismissed them.

Then Bad-Heart went home and sought his father's aid. 'Father,' said he, 'the cash is in my hands. All that is needed is one word from you. Now this very night I am going to hide you in a hollow tree that stands near the spot where we dug up the treasure. In the morning you must give evidence on my behalf in the presence of the magistrate.'

'Oh, my son,' said the father, "this is no plan at all. We are both lost. You should consider the disadvantage, as well as the advantage, of the course of action you follow.'

But Bad-Heart paid no heed to his father's warning, and took him at night and hid him secretly in the hollow tree. In the morning the rascal had a bath, put on clean garments, and went with Good-Heart and the magistrates to the forest. Approaching the tree he first called on th sun and

moon, heaven and earth, and the twilight. Afterwards he cried at the top of his voice: 'Blessed goddess, which of us two is the thief ? Speak!' And Bad-Heart's father replied from the tree: 'Gentlemen, Good-Heart stole that money.'

When the king's men heard this statement their eyes opened wide with astonishment. But while they were debating what was the proper penalty for stealing money, Good-Heart quietly collected a heap of dry wood and grass, placed it near the hollow tree, and set fire to it. When the tree was ablaze, Bad-Heart's father, with a piteous wail, scrambled out of the hole, his body scorched and burnt, and his eyes popping out. And the officers asked: 'Why, sir, what does this mean? It is all Bad-Heart's doings,' replied he, and told them everything.

There upon the king's men took bad-Heart and hung him on a branch of that very tree. But Good-Heart's conduct they highly extolled, and made him amends by obtaining for him the royal favour, and other privileges.

23-year-old electrocuted while working on laptop

Victim Had Plugged In Charger Minutes Before His Death

In a suspected case of electrocution, a manager of a private firm died while working on his laptop in southeast Delhi's Govind-puri on Sunday afternoon.

According to his family members, Brijesh Singh (23) was checking mails on the laptop, which was connected to a charger. They claimed Singh had plugged in the charger minutes before he was electrocuted in his house. Singh's family informed police who have now roped in forensic experts to ascertain the exact cause of his death. The postmortem report is awaited.

The cops are also consulting doctors to find out if Singh had a cardiac arrest as a result of an electric shock. An inquest proceedings has been initiated under Section 174 of CrPC (unnatural death).

Citing experts' opinion, the police said that electrocution could happen if the house did not have a proper "earthing" or ground connection. The laptop has been seized and sent for a forensic examination. The cops are getting in touch with the manufacturer as well.

Singh, who got married three months ago, lived with his wife and parents in Govindpuri's RJ block. His parents had

gone to a relative's house when the incident took place.

After having lunch,

Singh had plugged in his earphones and was

mailing a document to one of his colleagues, his wife said.

He worked in a Faridabad-based company "We had plans for the weekend and he told me that he would discuss them after finishing his work. Suddenly, I saw him lying unconscious. Nobody else was in the house, so I screamed for help," said Singh's wife.

A few neighbours rushed to Singh's house as soon as they heard the noise. "I, along with three other women, reached there and found him (Singh) lying unconscious. At first, we thought that he had fainted, so we started pouring water into his mouth. There was movement and his body grew cold," said Savitri, Singh's neighbour.

(If you are away on a vacation, do not forget to remove the battery and keep it at a dry place) →





Have your say

"Life to Fragrance" is a unique editorial. The Editor has given very nice views for raising our standard by making an effort to elevate ourselves and this effort will itself attract others to like fragrance of a flower.

"Forgiveness, Honesty still counts' and How the world was made are very good articles that give us good meaningful knowledge.

The stories "Meditation", The Wisdom of village Headman and Poor Boy Kalenthis and My Mom only had one eye are very interesting and useful stories..

"Riddles" printed in the May 2016 issue are very new and interesting.

In the regular column, "Improve Your Grammar" children learn english easily .Crossword is also very interesting..

Thoughts have been selected very wisely. By reading "Seven Mistakes"we can avoid mistakes.



Stories printed in the Photo Features"Grandpa and Kitty are very entertaining and give good lesson to the little children.

Why do I call you a Friend, The Flames of Truth are very nice poems.

Beat the Heat is very nice article which gives us good knowledge how to face the heat.

"Colour it' photo is liked by all the children and they are happy to colour the photo with different colours.

Hansti Duniya is showing improvement in every issue.

—Neelam Chaudhary



Blast from the Past

Nov 6, 2011

A 34 year old employee of a global consultancy firm is electrocuted in Kolkata. He dozed off in his bed with his earphones on and laptop on the charger.

July 2, 2014.

A 72 year old woman from Pennsylvania, US, sustains injuries when her laptopsuddenly explodes. The incident happened while she was checking her email and playing some game.

July 2013.

A 23 year old flight Attendant is killed from electirc shock stemming from her smartphone, which was connected to charger, in Xinjian, China.

A 30 year-old

Chinese man goes into a coma after suffering an electric shock he plugged in his phone, a high-end one, to charge in Beijing.

Courtesy:The Times of India



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