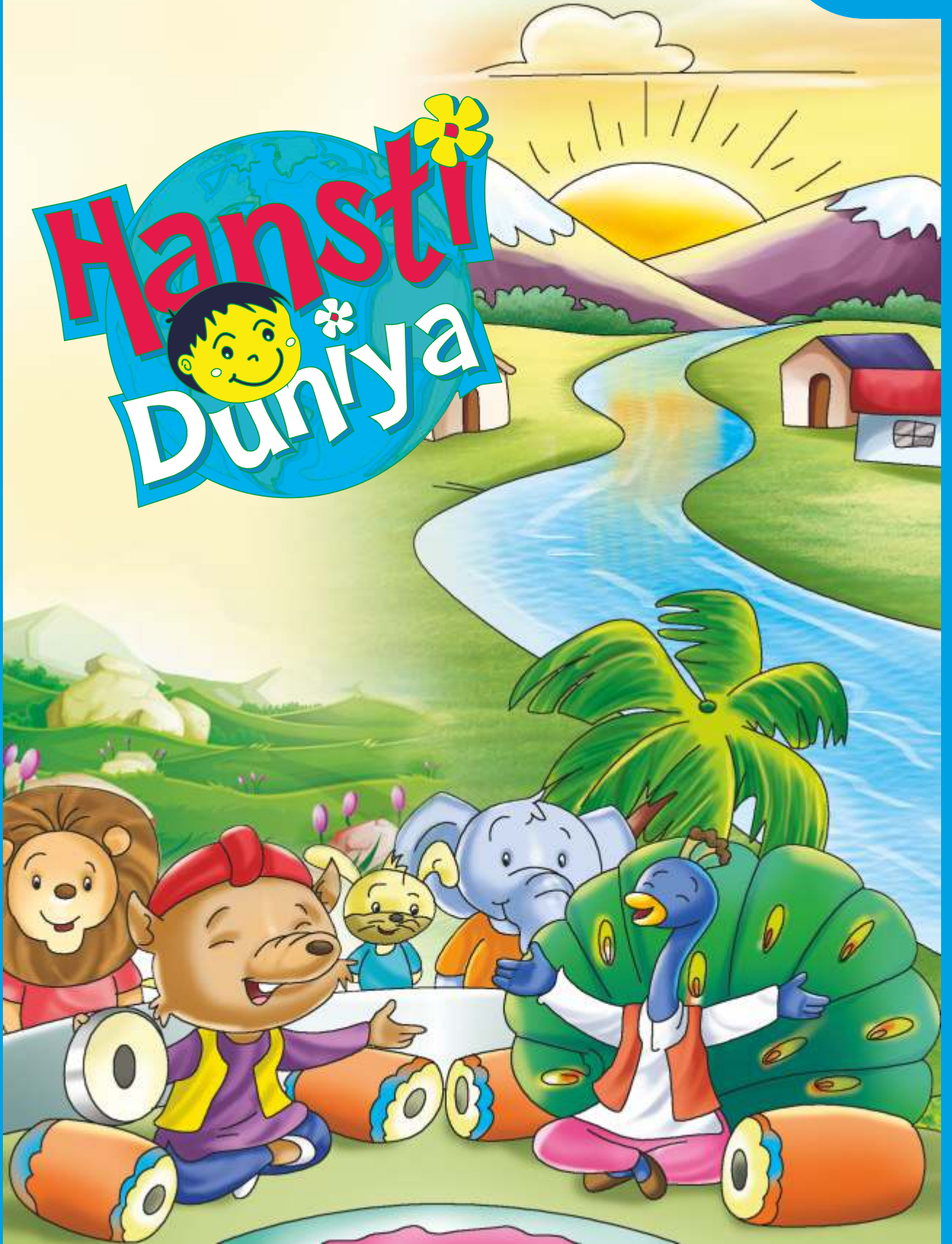


Hansti Duniya





Hansti Duniya

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Teachers' Day

There are two intimate friends who listen to each other. They are so much attached to each other that they do all the things together like studying, watching a movie or playing in the school etc. Everybody is aware that if one would disagree with something the other would do the same or if one agrees, the other would agree too.



Every year we celebrate Teachers' Day on September 5. Teachers are honoured, appreciated and given appreciation letters on this day. There is a point to ponder over. Teachers do get satisfaction when they are honoured or given a gift etc; at the same time they feel contented that students respect them. But merely respecting the teachers won't make one learned.

Learning process of a child starts immediately when he is born because parents are the first teachers. Parents take care of all the needs of the child and teach

him to walk, speak and behave before he learns to speak.

Siblings, relatives, neighbours and friends, everybody helps. Whosoever teaches anything is a teacher at a given point of time.

When the child goes to school he is introduced to the teacher and advised to listen to the teacher carefully and abide by his instructions. But the scenario today is just the contrary. We are attracted towards the things that need to be avoided and postpone doing the things that ought to be done. We are friends with people who criticise and make fun of others, put obstacles in other people's path and are jealous of others' progress. We join hands in doing these things and take pride in this.

If we introspect we shall realise that we did respect our teachers and parents but did not pay heed to what they said. If we do not listen to them in the beginning how could we put that into our conduct.

The need of the hour is to listen carefully. There is no dearth of Knowledge. Technology has advanced so much that we can read everything ourselves. Every act must be done that is for the welfare of humanity. Every day would be a Teachers' Day when we listen to our teachers carefully, understand and conduct ourselves accordingly. Now knowledge shall become our friend we shall also befriend ourselves.

—Vimlesh Ahuja



'Service with Humility',

Warm greetings to you!
I am really thankful to the
Sant Nirankari
Charitable Foundation for
sponsoring 11 year old
Aaryan in his world
record climb of Mt Elbrus.
Your support will open
many opportunities for
the young boy as well as

help him get closer to his dream Everest climb in 2018. It will not only enable him to participate in this Mt Elbrus expedition but also broaden his climbing discipline and character, on and off the mountains, which is invaluable to his future endeavours.

In keeping with slogan 'Service with Humility', this contribution is both charitable effort and also a proud opportunity to promote a national talent. Thank you once again for your generous support of young Aaryan's dream run.

We look forward to meeting the Foundation members on his return from the expedition.

Most Sincerely,
Riki Balaji (mother)



Story : Kishan Lal Sharma

Unity is Strength

After thinking about it for a while Juggler said."a thousand rupees."

After the performance got over, the Juggler tied the monkey to the nail and started counting money he collected on the floor. Just then a man came and stood there.

"What do you need?" asked the Juggler.

"Will you sell off the monkey" asked the man.

"What would you do with it" asked the Juggler.

"Just tell me if you can sell it?"

"How much can you pay" asked the Juggler.

"You say how much you can pay" said that man.

That man did not negotiate. Gave the Juggler thousand rupees. Juggler gave the rope tied to monkey in hands of the man. That man brought the monkey to the park.

It was noon so the park was vacant. The monkeys were playing around on the trees. Seeing the man sitting there was surprising. The man sat down on the soft grass. He started making the monkey dance like the conjuror. Seeing this sight, all the monkeys collected on the tree. They all saw their friend



dance like this. "Why has this man holding our friend" Small monkey asked his mother.

"The man has captured our friend" spoke the mother.

"What is captivity "asked the little monkey

" Holding someone against ones will " explained the mother,"

making an animal a slave, man can make it dance to his tunes as long as he wishes.

"How can man make our friend a slave like this ".said a young monkey.

" Man has brains, he can easily make the king of the jungle his slave. Then who are we? "said an old monkey.

" We also have a brain. We will not allow our dear friend to become a puppet in hands of man.

"Then what can you do" said an old monkey " Man is more powerful than us, we cannot overpower him"

"Why can't we. " a young monkey spoke." we also have brains. We can also make use of our brains."

"How? " All the monkeys spoke in unison.

" Unity is strength" First young monkey spoke.

" Man is alone right now. If we all attack him together, he will not be able to free himself. "

All monkeys agreed to what the young monkey spoke. The monkeys attacked the man sitting alone The man got frightened with the sudden attack of the monkeys. The monkey bit him at many places on the body.

He ran for his life leaving behind the monkey.

Freeing the monkey, all the monkeys danced with joy. The advice wisdom of young monkey freed the monkey. All monkeys made the young monkey their leader. From this we get the moral that unity is strength.

Thoughts

✦ All human assets, material and intellectual, belong to God. We must use them as mere trustees for the good of human brotherhood.

—Nirankari Baba

✦ Your worth is not measured by what you have got, it is measured by what you give.

—Leo Tolstoy



Build up Good Character

—Mahender Singh Shekhawat

There is a saying – ‘ if wealth is lost nothing is lost, if health is lost something is lost and if character is lost everything is lost. This saying clearly indicates the importance of character.

As a matter of fact, character is the most important aspect of human life. Character

must be upright, good and honorable.

A man’s conduct, behaviour and actions portray his character i.e. character nothing but a man in totality. A man with good character is labelled as a good person and one with a bad character as a bad one. Character can make a man great but also of low grade. Therefore upright character is the most important and biggest need of human life.

We can build good character through self control, good conduct and respectable actions.

Life without character is no good but as being a dead person. Low character brings downfall while a man of character easily achieves everything in life.

Calmness, serenity, simplicity, good manners, non violence, control, discipline, love, being principled, good conduct, truthfulness, honesty, devotion and morality are the characteristics of upright character.

We can build good character by staying away from habits like stealing, telling lies, indulging into violence,



anger, greed, temptation, sin, cheating, ego and jealousy.

Just be polite in your speech. Never be angry or contemplate bad about anybody. Do good to everybody and see the power of good character.

For a characterful living, it is imperative to always tread the path of 'Truth', respect the elders and live a self restrained and disciplined life.

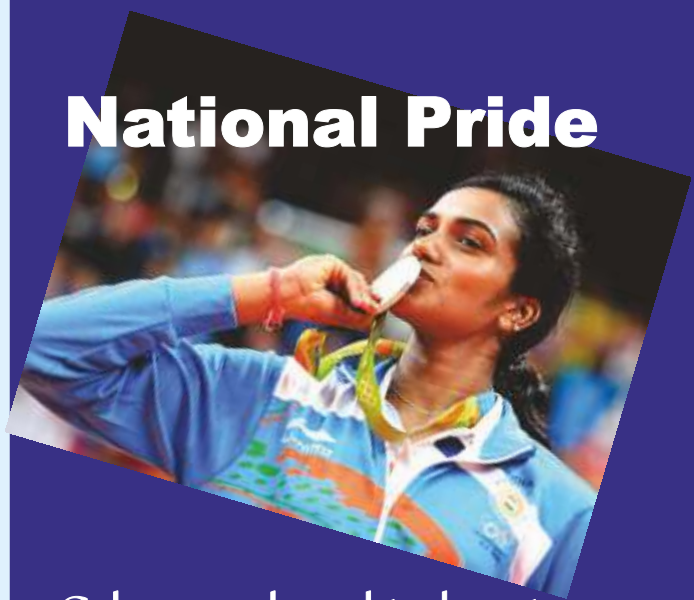
An ideal being is a man of high character. One can rise and progress in life only through good character. One can combat all suffering and problems through the power of good character.

Life without character is meaningless. It gains meaning only through a characterful living and therefore much needed.

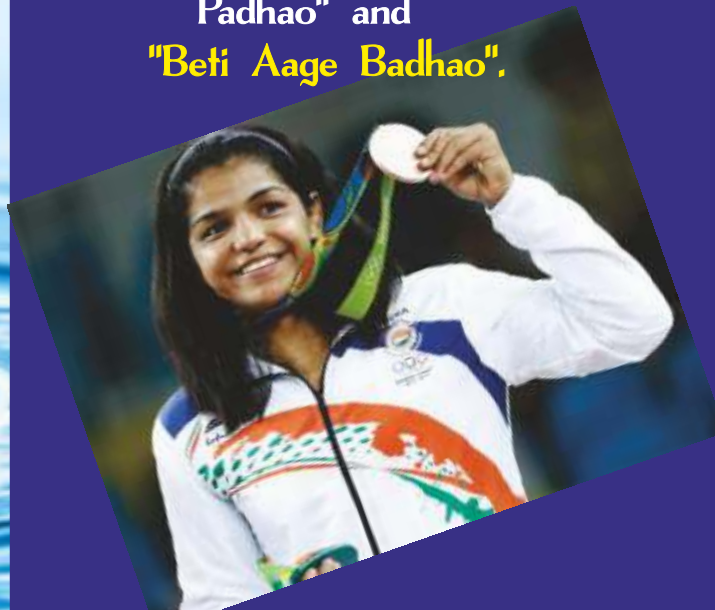
Characterful living would give happiness, peace and prosperity.

As one cannot survive without the life force, a meaningful life is not possible without upright character. It is therefore imperative to build good character and live in an upright manner to give meaning to life.

National Pride



Girl power brought glory to nation and made country proud where the boys failed, girls came to rescue of nation. On Rakhi Day girls gifted brothers win. Sakshi Malik won bronze in wrestling and P.V Sindhu silver in Badminton. They ended dry run of India. It is time for us to think, "Beti Bachao", "Beti Padhao" and "Beti Aage Badhao".



SAMPURAN AVTAR BANI

Ik Tu Hi Nirankar - 120

MAA NOON APNA PUTT PIARA BHAINAN VEER PIARA EY;
 BHUKHA ROTI ROTI KOOKE PIASE NEER PIARA EY.
 DHAN WALE NOON DHAN PIARA BAALAK SHEER PIARA EY;
 KAHE AVTAR MUREEDAN TAIN EDAN PEER PIARA EY.

Gist : Thou Formless One

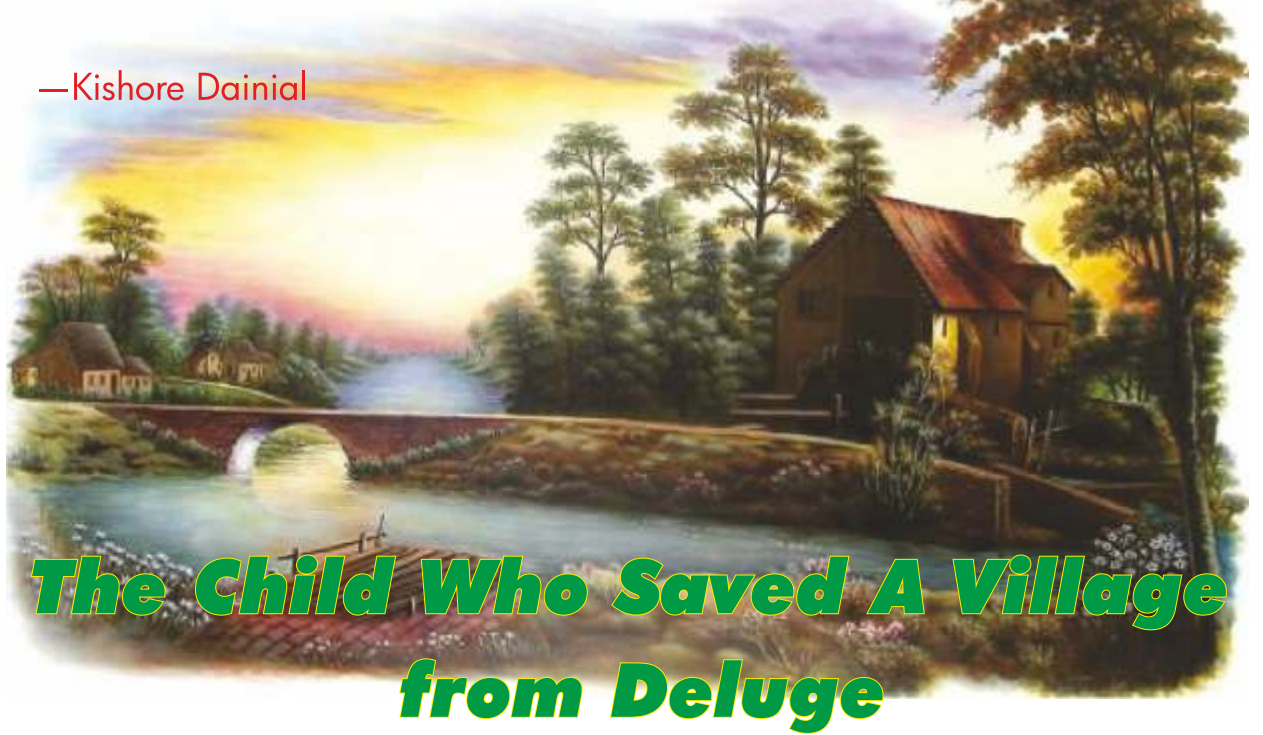
Just as the son is dear to his mother, and the brother to his sisters;

The hungry cries for bread and the thirsty for water;

The rich loves his money and the child loves milk;

Avtar says, likewise, the devotees love their Divine Master.





The Child Who Saved A Village from Deluge

In Holland , there are some parts which are at lower level of ocean. Due to this, some parts get submerged. Sometimes speedy water it breaks the dam.

One day in winters, a boy was passing by the dam. He saw that slowly the water was rising. First he thought to call the villagers, then he thought till the time the villagers arrive the hole would become very large and it would be very difficult to stop water, and if water didn't stop everything would be destroyed. He thought he had to do something immediately.

He took off his clothes and plugged them into the hole and pressed them with his hands. That is how he stopped water from leaking the whole night. Although it was a cold in open sky as he was not wearing any clothes.

In morning someone saw him sitting with his hands plugging the hole and asked him what he was doing? The boy spoke in stuttering voice 'water is leaking, I have stopped it or the entire village would have been submerged.' He wasn't able to speak anything since he had not taken anything since last night and became faint due to cold. After that the man removed boy's hands and plugged his hands and shouted for help. After some time people reached there and plugged the hole properly from where the water was leaking.

The village honoured the boy he had saved the village from deluge.





Grandpa

Story & Illustration

— Ajay Kalara



There once lived a boy in a town. His name was Vinay. Disturbing people, hitting passersby with stone, there were countless bad habits in him.

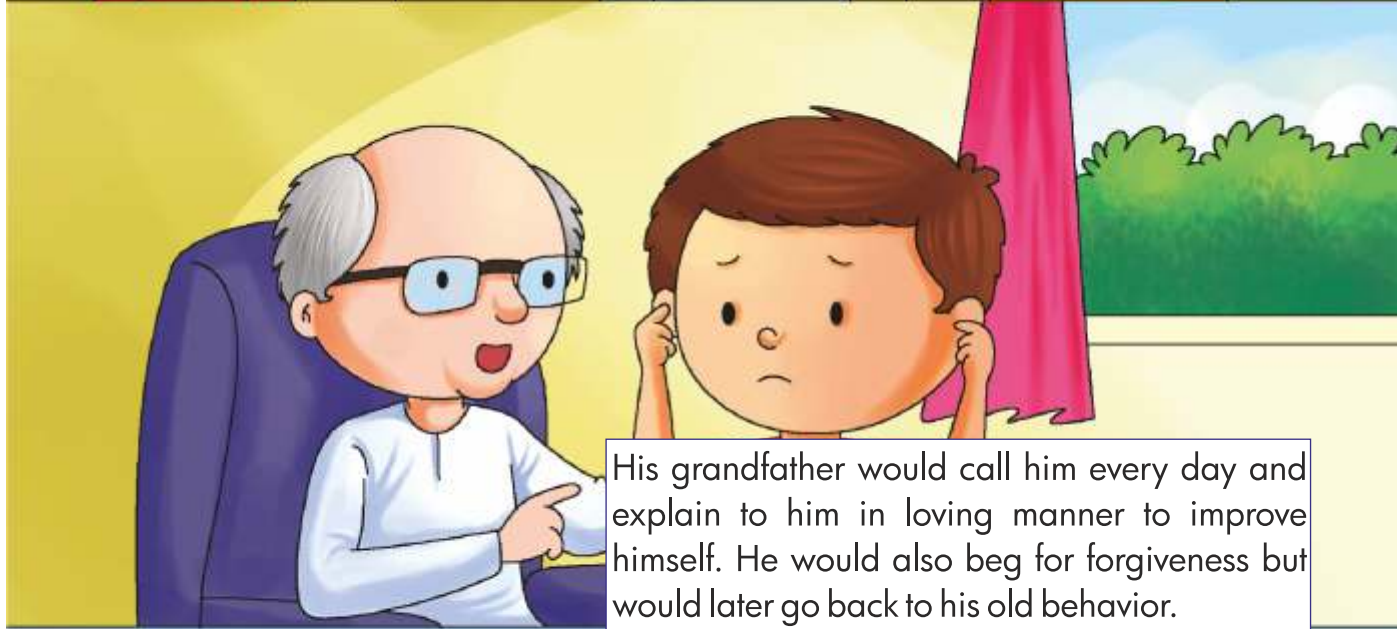


During the start of summer vacations, Vinay's mother sent him to his maternal grandfather's village.

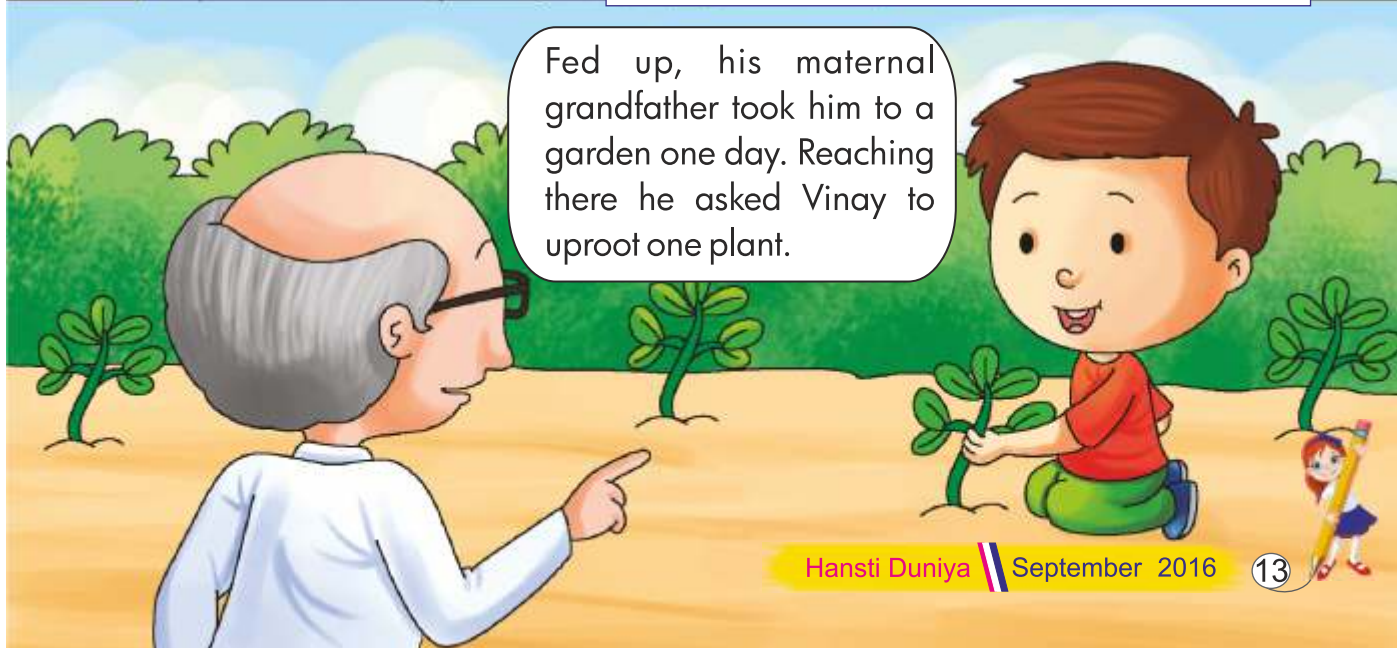




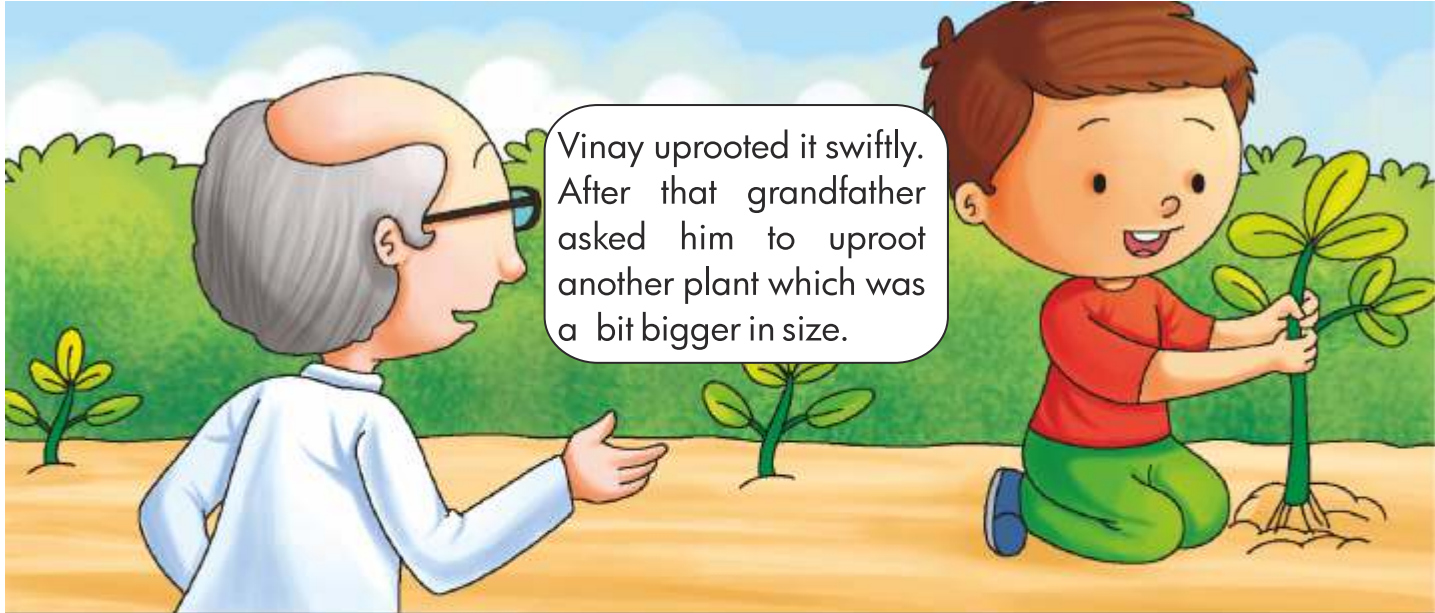
Reaching there, Vinay started off with his naughty behaviour. Everyday people would come to his maternal grandfather with complaints.



His grandfather would call him every day and explain to him in loving manner to improve himself. He would also beg for forgiveness but would later go back to his old behavior.



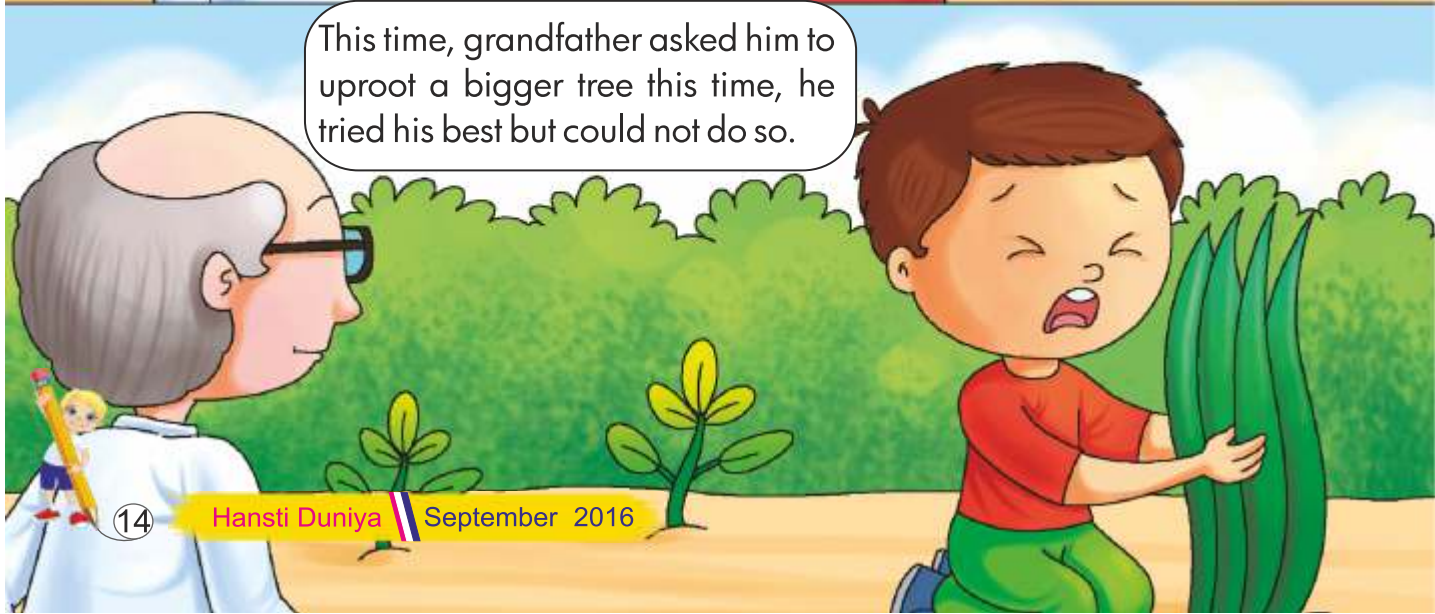
Fed up, his maternal grandfather took him to a garden one day. Reaching there he asked Vinay to uproot one plant.



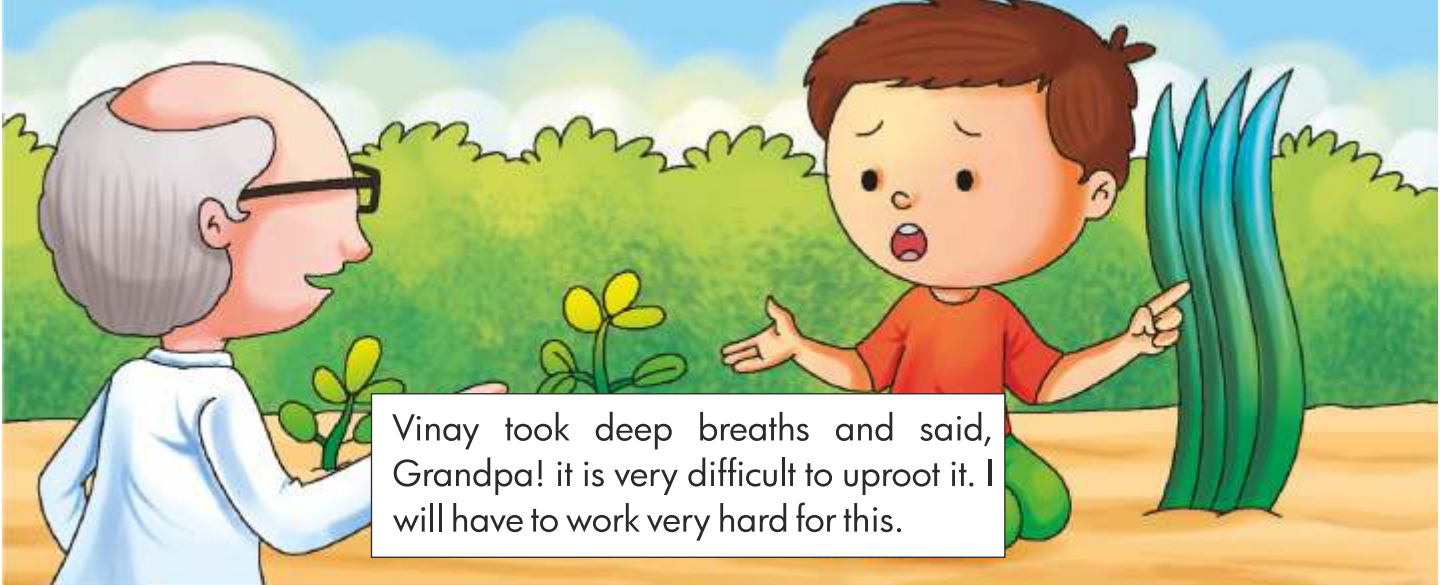
Vinay uprooted it swiftly. After that grandfather asked him to uproot another plant which was a bit bigger in size.



After uprooting the bigger plant, he started dancing and said that now he has grown stronger and can do anything.



This time, grandfather asked him to uproot a bigger tree this time, he tried his best but could not do so.



Vinay took deep breaths and said, Grandpa! it is very difficult to uproot it. I will have to work very hard for this.

Dear, same thing happens with our habits. It is easier to leave them in the beginning. But when they are deep rooted our nature, it gets tough to uproot and leave them.

Dear, you can leave these habits now. Since you are a child now. Now you can become a good person. Otherwise it will be too late.



Vinay said he would leave his mischievous habits.



Improve your



Choose the right option –

1. What is the plural of Dictionary?
a) DICTIONARYS b) DICTIONARIES
2. The pilot had been warned about the storm before he took _____ with.
a) OFF b) UP
3. He found it very hard to get _____ his business partner.
a) ALONG WITH b) AWAY WITH
4. Either Vishal or Sanjay _____ coming to the party.
a) ARE b) IS
5. Before the conference began, the speaker broke the _____ with a joke.
a) ICE b) AIR
6. Talking is not _____ in the class.
a) ALOUD b) ALLOWED
7. We asked the boss to put _____ the meeting until tomorrow.
a) OFF b) AWAY
8. Find a noun in the following sentence: WE GO TO SCHOOL.
a) GO b) SCHOOL

Answer Sheet	1	2	3	4	5	6	7	8

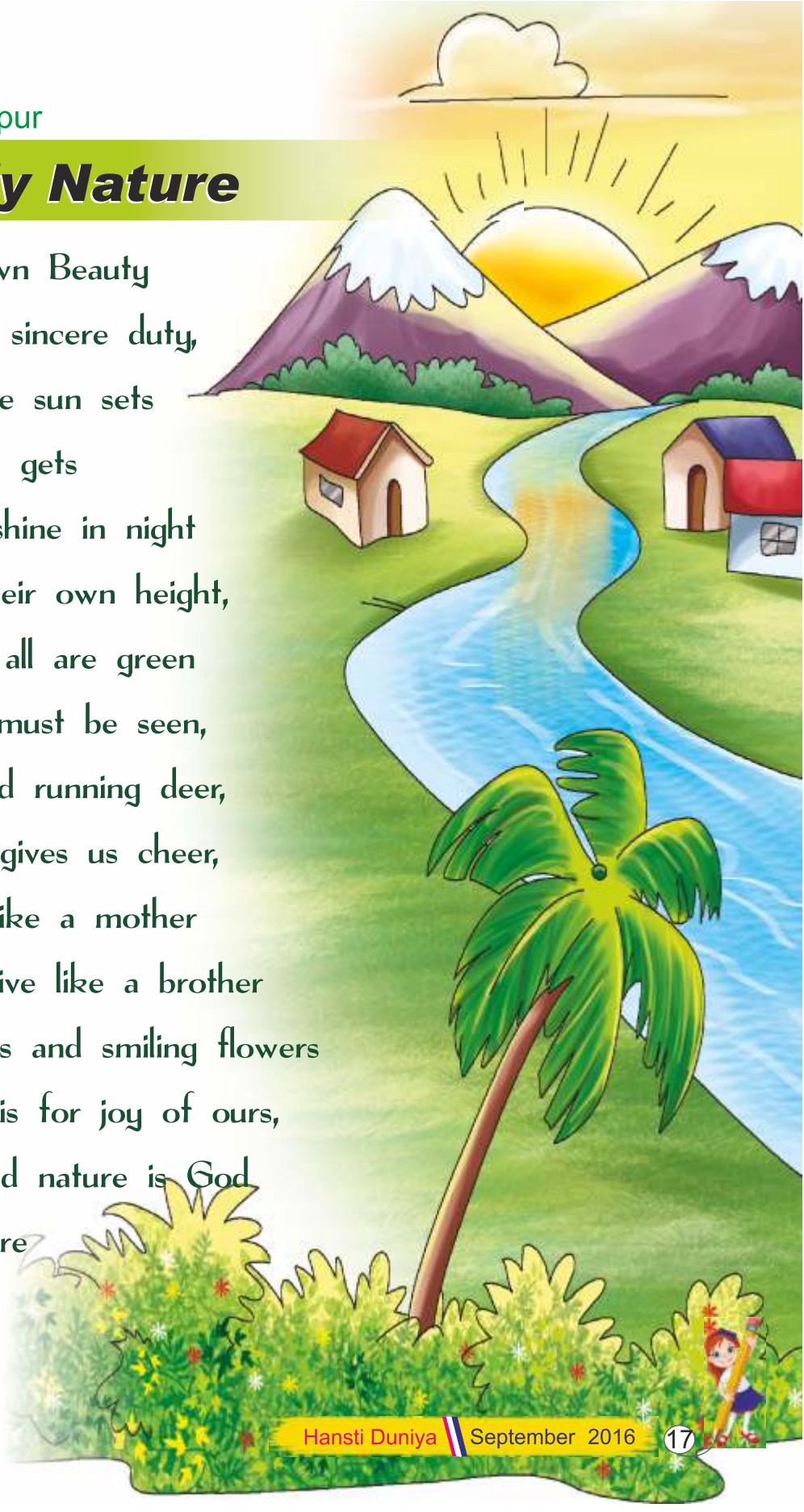


Judge your position from the table given below:
All correct – Excellent Grammar
5 – 7 correct – Average Grammar
Below 5 correct – Go through the Grammar book everyday.

— R.N. Kabra, Jaipur

I Love My Nature

Nature has its own Beauty
Careful about its sincere duty,
The sun rises, the sun sets
It's light everyone gets
Moon and stars shine in night
Mountain have their own height,
Trees and forest all are green
Rainbow beauty must be seen,
Roaring tigers and running deer,
Singing waterfall gives us cheer,
Nature loves us like a mother
So we all must live like a brother
Dancing butterflies and smiling flowers
Natures treasure is for joy of ours,
God is nature and nature is God
To love this nature
never nod.





A P J Abdul Kalam's Only Regret

—Srijan Pal Singh

In 2014, we visited Mumbai to attend the fiftieth anniversary celebrations of a local college. It was a modest celebration, and A P J Abdul Kalam was happy to see that the college was catering to students from low-income families, giving them quality education at affordable fees.

Kalam was greeted with a lot of cheering when he entered the hall. Through in his speech he addressed the concerns of the youth who had come from challenging economic conditions. He spoke about his own life, his failures and his successes. He spoke of the great Nobel Laureate Mario Capecchi, a victim of the Second World War, who had lost most of his family in the war. He had to spend his childhood in an orphanage. But despite his difficulties, he persevered and went on to become a renowned scientist.

At the end of his speech, Kalam was given a standing ovation. This was followed by a question-and-answer

session. He answered each question with his usual wit and grace.

Suddenly, a young student of about twenty stood up to ask a question: "Sir, you have had so many successes. I am sure you had some failures too. You always say that you have built your successes over the lessons learnt from failures. I want to know something. Is there something that you could not do, and still regret not doing it?"

A P J Abdul Kalam took his time to think through the answer and finally replied, "You know, back home, I have an elder brother who is ninety-eight years old now. He can walk slowly, but steadily, and completely on his own. He has a little problem with his vision and hence there is always a need to keep the house well lit, especially in the night.

"Now you see, in Rameswaram, there are power cuts sometimes. Thus it becomes difficult for him to move about freely. So, last year I got a rooftop solar panel installed at home, with a good battery. When the sun shines, the panel



gives power, and in the night the battery takes over the power supply. Now there is plenty of power all the time. My brother is happy. "When see him happy, I also feel happy But I am also reminded of my own parents. Both of them lived for almost a hundred years and towards their later years they had difficulty seeing things well. Three decades ago, the power cuts were more frequent. Back then I could do nothing for them. There was no solar power. The fact that I could not do anything to remove their pain is my greatest regret, something which will remain with me forever."

The answer touched a chord in the hearts of everyone in the audience. Here was a person, more than eighty years old, who had achieved so much in life, but still had the compassion and the humility to speak publicly about his greatest failure. He was still bothered about failing his parents. How many of us think of such things?

(Courtesy TOI.)

The 5th Commandment of the Holy Bible lays down, "Thou shall honour and serve thy father and mother as you serve your Lord." Describing parent-child relationship, Islamic Law prescribes, "Do your parents, a good turn," which mean loving, obeying, speaking softly, caring for their needs, especially in their old age.

Once Nirankari Baba Ji quoted the historical example of Sarwan Kumar to stress that obedience to parents is mother of all virtues. Along with their school education, the spiritual touch imparted to children helps them in gaining new heights in life and develop them as ideal citizens not only useful to the parents and other members of the family but also to the society at large. The more the children bow down at the feet of the parents the more they are raised high in society.



– Vikas Arora (Rewari)



1		2		3		4
		5				
6						
7						8
9						
				10		

Left to Right →

Up - Down ↓

1. Singular of Tubs.
4. An African country famous for its Pyramids.
6. A person who is proficient in sports.
7. Dublin is the capital of this country.
9. Find the odd one out: WHITE, OPERA, GREEN, BROWN.
10. A synonym of Father.

1. Currency of Bangladesh.
2. The birthplace of Jesus Christ.
3. Capital of Andhra Pradesh.
5. Strip worn round the collar and tied in a knot at the front.
7. A metal whose chemical symbol is 'Fe'.
8. Synonym of ACTION.



A Prayer to Satguru

Your responsibilities are global,
Your duties are heavily noble.
"Namaskar, Namaskar, Namaskar,"
All of us say, "Namaskar."

We don't know your priorities,
The level of your superiorities,
"Namaskar, Namaskar, Namaskar,"
All of us say, "Namaskar."

We have before us, our childish vanity.
You have before you, the entire humanity.
Please take care of us wherever you are,
You are with us in the form of Nirankar,
"Namaskar, Namaskar, Namaskar, "
All of us say, "Namaskar."





Life Story of Mosquito

When Anushka slipped into the mosquito net to save sleep, she heard the sound of a buzzing mosquito, and felt its bite on the hand. She killed the mosquito in two three trials. At night, she saw a huge mosquito which was saying things to Anushka. She felt that mosquito is saying, "You killed one member of our family, the only fault of that poor mosquito was it came to take some blood from you for its child.

You must have read that we are a part of Kolisidayi, a hindi word family which fly and are called as Mashak in Sanskrit language, and 'machhar' in hindi.

You must have also read that our family generates eggs laid by female mosquito turning into larva and transforms to pupa and then to mosquito finally, in water collected



during rains , water clogged in drains and water collected in coolers. When we feel thirsty specially at night and evening, we suck blood from bodies of humans and animals, wherein it is relieved after a little bit of a scratch. We do not bite anyone without reason (our species never at all) our female members, which are called as anopheles in science only suck blood since their bodies need it for protein filled blood living in their bodies.

“But with your bite people suffer from malaria” Anushka said.

No Anushka it is a myth since every mosquito bite doesn't cause malaria.

A microscopic parasite called plasmodium is responsible for causing

The life cycle of this parasite survives in between female mosquito and humans.

This mosquito doesn't cause any harm in mosquito's body but becomes deadly after entering humans.

It reaches humans only with bite of female anopheles mosquito which has already sucked the blood of a person already affected with malaria.

This bacteria enters human blood vessels and increases its progeny damages the liver which leads to fever and leads to drop in blood pressure.

When this female bites a healthy person , then the plasmodium present in its body enters in human body through its salivary gland and human body suffers from malaria due to increase in its progeny inside the body. This progeny continues to multiply in the body till the treatment begins. So this way all female mosquitoes don't cause malaria.

“Suddenly Anushka woke, she saw around but could not find any mosquito which could be narrating the story. She thought whatever she heard from the mosquito in the dream and she will narrate it to her friends and will ask them to prevent water from collecting anywhere so that mosquitoes don't grow and multiply.”

CROSSWORD SOLUTION

1 T	U	2 B		3 H		
A		4 E	G	Y	P	5 T
K		T		D		I
6 A	T	H	L	E	T	E
		L		R		
7 I	R	E	L	A	N	8 D
R		H		B		E
9 O	P	E	R	A		E
N		M		10 D	A	D



— By : Ilu Rani



Belapur's Doctor

Belapur was a small village. It was a very beautiful village. On one side the flowing river and on the other side green forest. One side of the river there were hills and that looks very beautiful from far.

In a village there was a person named Amrit Lal ji, very old doctor. His age was about 90 years. In that old age also his face did not have wrinkles. His face was charming, and he had black hair and did

all his work by himself. Being old he went to forest for a walk, and did exercise to warm himself. In morning after God's prayer he treated people for free and people gave him sugar, rice, cereals, ghee, fruits, clothes etc in return of their treatment.

One day doctor fell ill. The whole village was very shocked. All were praying for speedy recovery of doctor. Without him they would all die.



After listening this doctor smiled and said that he was ill, so how they would die

Villagers said collectively in one voice that who would take care of them

Doctor told them to listen to the four points.

After this the villagers asked what they had to listen.

Doctor said,"- First point is wake up early in the morning, second exercise, third take bath daily, and fourth is eat only when you are hungry. If you follow these four doctors then you all will live happily and never become ill". The doctor died after that.

The whole village plunged into sadness. After doctor's funeral the whole villagers collected and took a decision to follow doctor's advice.

Then no one fell ill. All lived happy and healthy life in the village.

Thoughts

It is a divine law that God can be realised by the grace of True Master.

—Nirankari Baba

Colors of life

Colors of life are infinite
Some are dark
and some are light
Dark shows darkness
and sadness of life
Whereas light shows
possibilities and happiness in life
Life is a journey,
With cries and smiles
It's full of emotions,
strong and mild
Colors of life are infinite
Starting with sadness
and ending with smile
So always smile
and enjoy these wonderful
colors of life.

— By Nishtha Kawrani, Delhi



Divine Beauty

Flies sit at times on the sweetmeats kept exposed for sale in the shop of a confectioner, but no sooner does a sweeper pass by with a basket full of filth, then the flies leave the sweetmeats and sit upon the filth basket. But the honey bee always takes nectar from the flowers to prepare honey.



Raw

garlic may prevent blood clots and keep blood pressure down, but most recipes call for cooked garlic. Argentinian scientists along with a team from the US Department of Agriculture decided to look into the benefits of both. They heated the herb several ways and found that when baked or boiled for up to three minutes, it's just as healthy as raw. Crushed garlic is even better: It retains some benefits when cooked for up to six minutes (crushing seems to release more of the healthy thiosulfonates). Microwaved garlic, however, was bad: Just a few minutes of microwaving neutralized garlic's anticlotting effects. Study author Philipp Simon suspects that lightly sauteed garlic also keeps its heart-healthy benefits, but he didn't look at this method.

The next time you're making a garlicky dish, add the garlic near the end of cooking, and crush it for more taste and benefit.

The Way in Which God Uses Troubled Times

There was once a company that required 100 percent co-operation and agreement by all the employees before they could sign up for a new pension-insurance plan. Everyone in the entire company was anxious to enter into the new plan, except for one stubborn, selfish, ego-involved man, who refused to see the benefits of the new plan. He found all kind of reasons for not joining with the others and refused to sign the consent form. Every one of his fellow employees tried to induce him to sign, →

on the other hand, is always absorbed in the divine beauty.

—Sri Ramakrishna



Garlic: The Raw Truth Compiled by : Sunil Nagpal



but he stubbornly refused. Finally, his boss called him into the office. He handed the man a pen and said, 'Look. Here's the paper. Here's the pen. Sign it or you're fired.' Smiling cheerfully, the man picked up the pen and signed his name to the consent form. In exasperation, the man's boss demanded, 'Why haven't you signed it before?' 'Well,' the man replied, 'no one ever explained it to me so clearly before.'

Often troubled times are God's way of giving us the shove we need. Sometimes we postpone a decision until He really presses us.



lemon

Health Tips

1- An Apple a day No Doctor

2- Tulsi (4 Basil Leaves) a day- No cancer, Cold and cough.

3- A Lemon a day(in Glass of luke warm water) — No Fat

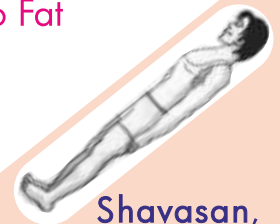
4- A cup of milk a day- No bone problems

5- Three liters of water a day - No diseases.

best antioxidant
flushes out
toxins.

Compiled by :— Sunil Nagpal

Yoga for health



Shavasan,

is derived from the Hindi word .

Shav is an asan used in yoga, meditation and many other therapies existing worldwide.

It means complete loss of control over body. It is a very basic asan but it is difficult to perform as it involves relaxing all muscles of body through conscious use of mind. Here is how to perform Shavasan which will make you a focused, confident and a healthy person— 1. Wear loose & comfortable clothing and lie down on mat/bed.

2. Close your eyes. 3. Start breathing slowly. 4. Begin to relax or let go of your face muscles. 5. Now keeping the face relaxed, relax your neck and then slowly relax your entire body.



H.D. Answers

— Ram Shankar Gupta (Bilaspur)

Q. : What is the divine form of God?

Ans: Formless.

— Avneesh Gulati, Chd.

Q. What is the education that is most needed in life?

A. The sole aim of education is to educate the soul.

— Sandeep, Jhunjhuni

Q. What is that act by doing which man feels most contended?

A. Benevolence.

— Priya Nirankari (Chandigarh)

Q. : How to strengthen self-confidence?

Ans: Through good conduct and by leading a disciplined life.

— Dimple (Amravati)

Q. : How to do away with our evil thoughts?

Ans: By associating yourself with pious and saintly people and by attending Satsang regularly.

— Sanjay Singh (Ambla)

Q.: How to realise God?

Ans: God can be realised only through a contemporary True Master (Satguru).

— Ekta (Wadsa)

Q. : How to inspire tender minds of children for Satsang?

A : By organising special Satsang programmes for them.

— Raunka, Mumbai

Q. How many types of nectar are there?

A. The nectar is only one. However, people call it by different names.

— Bablu (Sultanpur)

Q. : How to increase our faith in Nirankar?

Ans: By being regular in Sewa, Simran and Satsang.

— Ramesh, Delhi

Q. Who is really great?

A. One who is considerate for others.

Q: Question A: Answer



Doubt

Poem : Jagdish Singh

Doubt is produced
in one's mind

It will show
Its every kind

Harmful to you
And harmful to me

Harmful to friends
And to the enemy

So let it not enter,
in a healthy brain.

It is unpleasant,
And gives us pain.

This is my message
to every one.

Quite serious
not a fun.



Improve your Grammar

Answers:

1	2	3	4	5	6	7	8
B	A	A	B	A	B	A	B

Q.No.

Explanation

1. The plural of Dictionary is **DICTIONARIES**, not **DICTIONARYS**.
2. When an aeroplane **TAKES OFF**, it leaves the ground and starts flying. If you are **TAKEN UP WITH** something, it keeps you busy.
3. The phrasal verb **GET ALONG WITH** means to have a good relationship and **GET AWAY WITH** means to escape blame. Example: He cheated on the exam and then tried to **GET AWAY WITH** it.
4. Here, two singular subjects joined by 'OR' take a singular verb.
5. 'To break the ice' is an idiom. It means to make a beginning or to get through the first difficulties in starting a conversation.
6. **ALoud** means speaking loudly so that someone else can hear you whereas **ALLOW** means to permit.
7. **PUT OFF** means to postpone and **PUT AWAY** means to save or store. Example: We put away money for our retirement.
8. **SCHOOL** is a noun and **GO** is a verb.



—Sakshi Gulati,
Chandigarh

RIDDLES

1. The children's Day falls on what date?
2. Which is the longest road?
3. Which is the largest planet?
4. In which state of India the largest marble is found?
5. Which is called the pink city?
6. Which is the highest gate way?
7. There are two mothers and two daughters, how many females are there?
8. Mother and daughter were coming from one side and two men were coming from other side. They met their husband in the way. What was the relationship between men?
9. Which is the heighest mountain in India?
10. Which state had the largest numbers of Member Parliament and in the Assembly?
11. Which crop is called 'Rabi Crop?'
12. Who was India's first women Ambassador?
13. What can you catch but not throw?



— Hardik Nirankari, Sanskriti School, Delhi

thoughts TO PONDER



★ The matchstick first burns itself before burning other things. Anger is also like a match stick; it destroys us first, before destroying others.

— Ramaya Sree Modali

★ When the power of love overcomes the love of power, the world will know peace.

— Nirankari Baba

★ Amassing great wealth is gradual, like the gathering of a theatre crowd. Its dispersal is sudden, like the same crowd departing. — Thirau K Kurai

★ Those who can do, do. Those who cannot, teach.

— G.B. Shaw

★ There is a need to make learning more fun for children and teaching more interesting for teachers, so that both the teachers and children could enjoy themselves.

★ Let us forget bitterness of the past and strive to foster mutual understanding and harmonious relations

— Nirankari Baba

★ The best way to find yourself is to lose yourself in the service of others. — M.K. Gandhi

★ A ship in the harbor is safe, but that's not what ships are built for. — William Shedd

★ We can not always prepare a future for the youth, but we can prepare youth for the future.

— Nirankari Baba

1. 14th November 2. G.T. Road
3. Jupiter 4. Rajasthan 5. Jaipur
6. Buland darwaza 7. Three 8. Father-
in-law and son-in-law. 9. Himalaya
10. Uttar Pradesh 11. Wheat
12. Smt. Vijay lakshmi Pandit,
13. Cold

Riddles' Answers







Kitty

Story & Illustration

— Ajay Kalara



Chintu tomorrow is Sunday, I will sleep with leisure, will watch TV till late night .



Kitty tomorrow you will have to wake early and help me with daily chores.

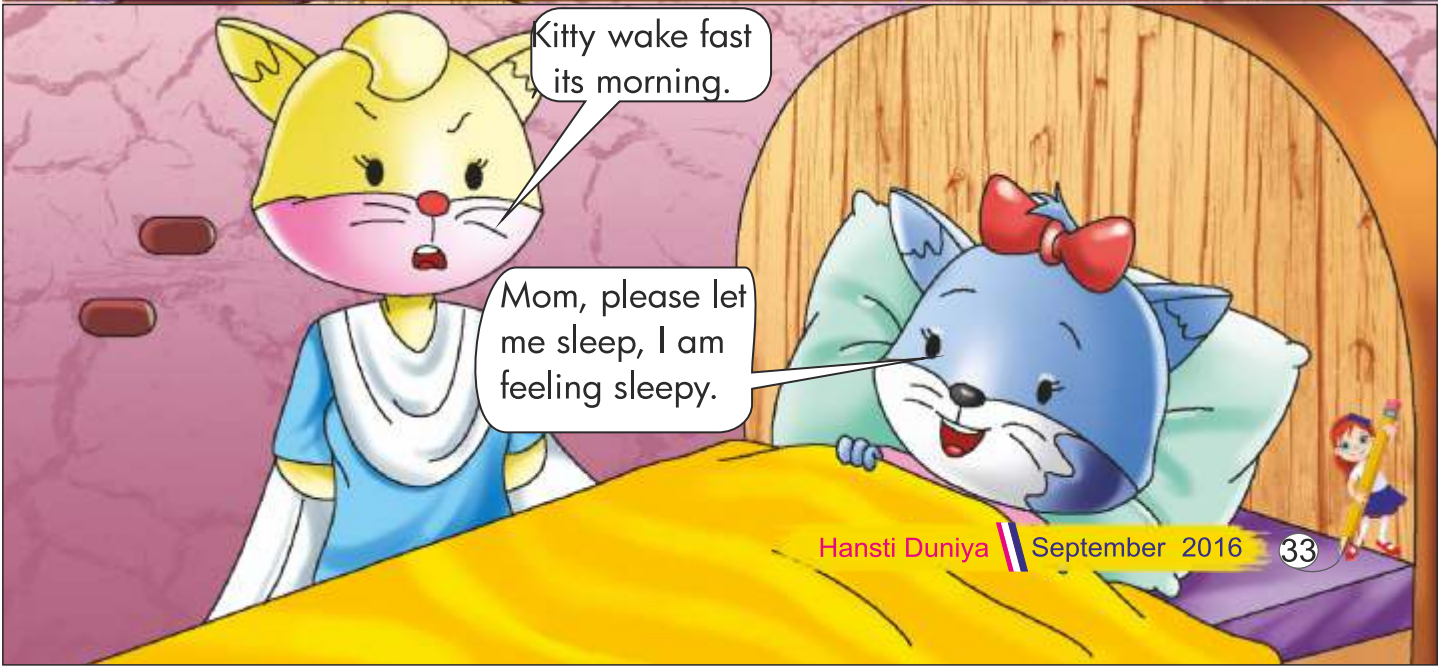




Yes , yes Mom, you do the work. What will I do after waking early. I wake early every day.




Good night, Mom, I will sleep now. I am feeling sleepy.




Kitty wake fast its morning.


Mom, please let me sleep, I am feeling sleepy.



Kitty, you keep sleeping.
We are going for picnic at
River side.



What, you will go for
picnic at River side. I will
also come along.



No, you have your sleep
and we shall go with
Montu, Chintu and Mauli.



I must hurry with work. I will be late for picnic otherwise.



Oh God! Let the day go off well. Weather also be pleasant, so that we can have fun at the picnic.

Picnic! Which picnic? Oh that! I just said that to wake you early. But since you have woken early, we will definitely go to the picnic.



Wow! Mom, you are so wonderful.



Story by : Mahabir Oswal



Friend's Sacrifice

Ajay and Sanjay were fast friends. Both studied in the same class and the same school. While Ajay was very intelligent, Sanjay feared the very name of study. He always tried to find some way by which he could get rid of studies. Ajay always advised him to take interest in his studies but Sanjay paid no heed to it.

The examinations were approaching fast. Sanjay was very confused, for he had done no studies. So he was planning how to copy in exam. He knew that if he failed, he would be deprived of Ajay's company.

The days went by. Now only one day was left in the commencement of examination. And the first paper was



to be that of English of which Sanjay did not know even the ABC. Suddenly he thought of Ajay's house.

Sanjay related the whole story to Ajay as also his plans about copying in the examination. At last, it was decided that in the examination hall, Ajay would solve the paper and pass on his copy to Sanjay, and taking in turn Sanjay's blank copy, he would solve the paper for himself.

But next day, in the examination hall, Ajay was not to be seen anywhere. On this Sanjay got very perplexed. "Why has Ajay not come for taking the examination?", he thought. What should he do now?

The examination started. While writing whatever he could recollect, Sanjay was praying to God. Sanjay solved the paper with courage and maintaining his

balance of mind, to whatever extent he could.

After the examination, Sanjay went to Ajay's house straight. He was very angry with Ajay. But Ajay said: "I intentionally did not go to take the examination, for I wanted to see your hidden talent developed. Had I helped you today in copying, you would have developed the habit of being dependent on others. However, I know that you have done fairly well in the examination."

"You are right Ajay," Sanjay said happily. You have really opened my eyes today. You have done a great sacrifice for me. I will now devote myself to studies and get through the examination.

Ajay was happy at heart that his sacrifice had not gone in vain.





It is good to wake up every morning on time.

Good Habits

Compiled by Nitika Dev.



Brush your teeth in the morning and at night.

Flush the toilet after using it

Take a bath every day. It keeps you clean.

Turn off the tap after using it

Wash your hands before eating



Eat breakfast without making a fuss

Be on time for school.

Throw rubbish in the bin



Do not watch television all the time

Do your homework before going to play

Do not take what does not belong to you.

Put your toys away after playing with them

Help your parents with housework.



Own up when you have done something wrong.

Do not pester your parents for things.

It is good to go to sleep on time.

Share your things.





★ Never test good people because they are like diamonds. When you hit them they will not break but they will slip away from your life.

—Rewati, Delhi

★ Never put the keys of your happiness in someone else's pocket.

—Ashok Kumar, Muradabad (UP)

★ Debt kills more dreams than failure ever will.

— Krishna, Rohtak

★ Always bear in mind that your own resolution to success is more important than any other thing.

—Nitika Dev, Sumanju

★ The most difficult task is to make everybody happy. The simplest task is to be happy with everyone.

—Istvanne Vida.

★ There is a lot more education than just an academics. —D.R. Dogra

★ Nothing can happen without God's permission and God will not allow a difficulty unless He has a divine purpose for it. If you keep your peace you will pass the test and the God will bring you out better than before.

—Shamlee Mohanty

★ Value the people who have touched your life because you will never know just when they will walk out of your life and never come back again. We live life once.

—Anju Arora, Pandoh.

★ The Truth is: Not every one will appreciate what you do for them. You have to figure out who is worth your kindness and who is just taking advantage —Praveen Kumar Poply

★ Two key elements of relationship: Love and Forgiveness. —Satinder

★ Never blame anyone in your life. Good people give you Happiness. Bad people give you experience. Worst people gives you a lesson and best people give you memories. —Geeta Pandey.





Laughing Time

A man talking to God:

The man : "God, how long is a million years?"

God : "To me, it's about a minute."

The man : "God, how much is a million dollars?"

God : "To me it's a penny."

The man: "God, may I have a penny?"

God : "Wait a minute."



Laughter, the best medicine

Laughter is the music of the soul. It sweeps away all our dirt. A poet has said:—

"If you weep, your troubles heap. If your smile, your troubles reconcile, If you laugh, your troubles are off."



Manoj : Are these vegetables fresh?

Salesman : I've been selling these vegetables for the last four days, and there have been no complaint.

Little boy (calling father at office) :
Hello, who is this?

Father (recognizing son's voice) : The smartest man in the world.

Little boy : Pardon me, I got the wrong number.

Sally : My dog is lost.

Allie : Why don't you put an add in the paper?

Sally : Oh! That won't work. My dog can't read!

Santa : I have swallowed a key.

Banta : When?

Santa : Three months back.

Banta : What were you doing till now?

Santa : I was using the duplicate, but now it is also lost!!!



Teacher : Let us take the example of the busy ant. She works all the time, day and night . Then what happens?

Student : Someone steps on her.

Teacher : Why are you doing your maths sums on the floor?

Student : Because you told me to do them without tables!!!

Teacher : 'Which of the three words are used mostly among the college students?

Bunty : I don't know.

Teacher : Correct.

1st : My brother was the biggest sluggish on the earth.

2nd : How can you say so confidently?

1st : Once he forgot to breathe and died.

Mother : "Why did you get such low marks in that test?"

Ankur : "Because of absence."

Mother : "You mean you were absent on the day of the test?"

Ankur : "No, but the kid who sits next to me was."



Teacher : "This essay on your dog is, word for word, the same as your brother's."

Student : Yes, sir, it is the same dog."

Teacher : "If you had one dollar and you asked your father for another, how many dollars would you have?"

Vincent : "One dollar."

Teacher : "You don't know your arithmetic."

Vincent : "You don't know my father."

Teacher to student: What is the difference between an apple and an orange?

Student- : An orange is of orange colour but an apple is not of apple colour

Teacher : When was Rome built?

Student : At night, Sir.

Teacher : Who told you that?

Student : You told it sir, you said that Rome was not built in a day.



Happy Birthday



Sukaran & Udant



Amitesh (Indore)



Sudhiksha (Gurdaspur)



Khushi (Bilaspur)



Ritika (Umiraiya)



Ashmita (Talwadha)



Abhinand (U.K)



Ridhi (Hoshpet)



Janhvi (Chandigarh)



Dipesh (Hinganghat)



Akarshan (Bilga)



Nandita (Delhi)



Prema (Moga)



Paras (Jammu)



Gunjan (Tirodha)



Prateek (Mohali)



Mayra (Delhi)



Sanchvi (Thane)



Vandita (Faridabad)



Priyasha (Aurangabad)



Lanesh (Agra)



Dhyana (Surat)



Parapti (KAtha)



Pritika (Vadodra)



Hardik (Awagarh)



Ekampreet(Chandigarh)



Prerit (Khatima)



Hemansh(Bhawanigarh)



Harshdeep (Morinda)



Anukriti(Raghwapur)



Kavya (Tapa)



Anuroop (Worli)



Prapti (Raipur)



Yasmin (Ganganagar)

❖ Under this column, photographs of children up to the age of 10 years only are entertained. Please send passport size photographs only, Which should reach us at least two months before.



Editor, **Hansti Duniya**
Magazine Section
Sant Nirankari Mandal
Sant Nirankari Colony, Delhi-9

HAPPY BIRTHDAY

The above coupon must be affixed on the back side of the photograph

Name..... Date of Birth.....Year.....

Address.....

.....



Winners of July Issue

First :

Nitika Dev,
Age 10,
Indra Vikas Colony,
Delhi- 110009.



Second :

Arpita Saxena
Age 8,
M-14, Income Tax Colony,
Durgapura, Jaipur-302018.



Third:

Ishaana Sethi,
Age 7,
6/281, Nirankari Colony,
Delhi-110009.



Consolation Enteries

Manvi, 56 APO.,
Yatish Nilesh Patil,
Colaba Market, Mumbai,
Gulshan K Sharma,
Hazari Villa, (Thane),
Aaransh Anil Naik,
South Goa,Goa
Nwritti Ahuja,
151-A,Golden Avenue,
Kapurthala.
Glory,
Talwandi Bhai (Punjab)
Revati Subhash Kamble,
Satara (Mah.)
Khushi Rana
Rudraprayag (U.Kh.)
Aditi
Nirankari Colony, Delhi
Amandeep Singh
Kapurthala (Pb.)
Gayatri Bullar
Kalyan (W)
Maharashtra.

“Colour it” for September Issue

On page 44, a beautiful picture is given; colour it and send it to us latest by **October 15, 2016**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in **November** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.



Colour it



NameAge.....

Address

.....

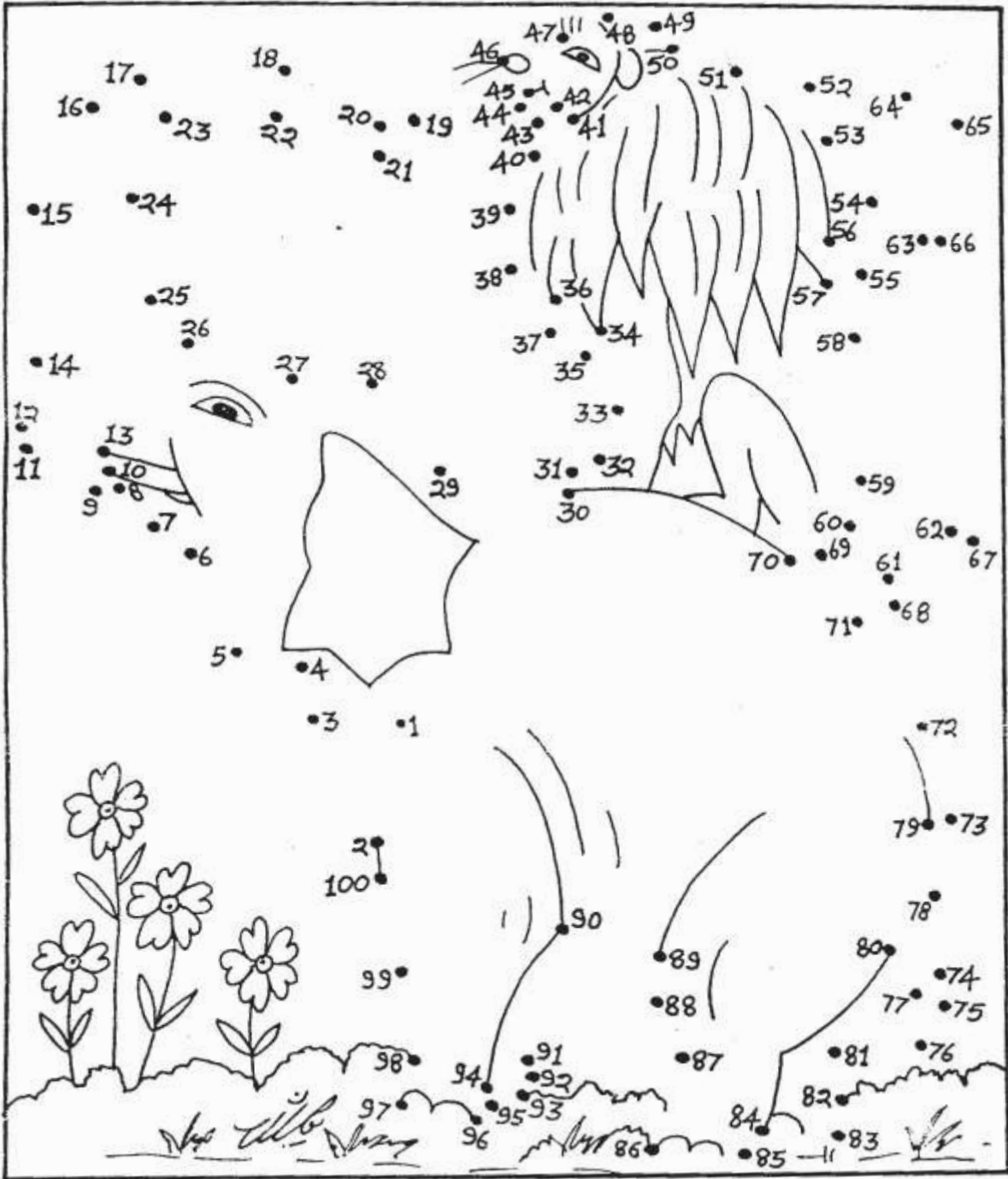
.....



Picture Puzzle

By: Chand Mohammad Ghosi

Who is sitting on the back of whom ? Join the dots in sequence and colour them.





Greed

Story : Kirti Shrivastav

Monkey Cheeku would roam around in the jungle playing drums and would entertain all the inhabitants of the jungle. Whatever money he would get by playing drums, he would use that for providing food and clothes to other poor animals. All animals were very happy with this helping and kind nature of monkey and would bless him. Cheeku would get pleasure doing this. Because of this all animals became his friend. One day, while playing drum, Cheeku strayed into nearby jungle. Hearing that beautiful

sound Jackal Beekhu wished he could also play this drum so beautifully. So Jackal Beekhu went to Cheeku and asked him who he was, where he had come from and what was his name. He replied that his name was Cheeku and he belongs to a nearby jungle and just came to their jungle while playing the drum. Jackal Bheeku asked Cheeku "will you befriend me"? Cheeku said "Since I don't know you so how can I befriend you?" Bheeku Jackal said "When we start talking, we will become friends. Here I must say that you play the drums also very well." Thanks dear" Cheeku said.

Cheeku thought "I don't have any friend here and if he'll become my



friend then I won't be alone any more, I will also have someone whom I can talk to".He said" Ok! Tell me what's your name?" "My name is Bheeku" said the Jackal. Then Cheeku and Bheekhu Jackal became good friends. One day Bheekhu Jackal got to know that Cheeku earns a lot of money by playing drums so Bheekhu Jackal became greedy and he thought" if I also learn to play like Cheeku then I can also become rich".He asked Cheeku "will you teach me to play drum? "Cheeku 'yes why not. You are my best friend I will surely teach you. 'Cheeku slowly started teaching Bheekhu Jackal how to play drum. When Bheekhu Jackal learnt to play drum he imprisoned Cheeku, he went to play drum in the jungle in the disguise of Cheeku. Bheekhu Jackal would go everyday to the jungle and play drum. Like this he earned a lot of money. Days went by. The animals of jungle felt that there was a change in Cheeku's nature as he would earn money and give clothes and food to other animals and now was not even talking properly with them. Rabbit Sunder grew suspicious and decided to follow Bheekhu Jackal and was shocked to see Cheeku locked in the room. Sunder thought that if Cheeku

was there then who was person coming everyday to the jungle playing drums and earning money. He realized that it was Bheekhu Jackal in the guise of Cheeku.The rabbit quickly returned and told everything to the king. 'Lion'. On hearing him the king called for a meeting of all animals. Rabbit told the animals about everything in detail. After knowing the truth, all animals got shocked and started discussing, "Bheekhu Jackal was among us for so many days but we couldn't recognize him." The king said "we must save Cheeku and bring him back."Veeru elephant said," Tomorrow morning we will beat Bheekhu Jackal and bring Cheeku back."king said' No Bheekhu Jackal should be made to learn a lesson so that he doesn't repeat this with anybody else. 'All animals thought of a plan and next morning went to Bheekhu Jackal's house. Bheekhu Jackal initially got scared seeing all. Then he thought why should I feel scared as they don't know that I am Bheekhu jackal. 'Seeing everyone at his home he spoke' I was about to come to you why did you all take the pains. 'The king replied "Cheeku we thought why not visit your home and hear you sing while playing drums."Bheekhu Jackal agreed to play drums. Jeetu peacock was the best singer among the lot and he





could mimic all the animals. Bheekhu Jackal started playing drums and the peacock started singing. The Peacock started mimicking the voice of Bheekhu Jackal. Bheekhu Jackal was so much engrossed in playing the drum that he didn't recognize that peacock was mimicking his voice and he also started singing along in that voice.

Suddenly the peacock stopped singing and Bheekhu Jackal alone kept singing and in a while realized that he was caught. He understood the king's plan and he started asking for forgiveness holding his feet and said, "please forgive me, it won't happen again "

The king forgave him and told him not repeat the mistake and brings Cheeku back to the jungle from there.

Cheeku thanked everyone and said that- " I was thinking that no one cared for me, but I was wrong."

Cheeku because of your humble nature we were able to know the truth about Bheekhu. He took the guise of your physical body but he could not adopt your qualities. The king praised Cheeku while patting his back and all animals agreed with the king and nodded their heads.

And then he started playing the drums cheerfully and started dancing

If you are going through difficult times, keep trusting God.
He know how to bless you in unexpected ways.



The Worthy Company

— Dr Vijayprakash Tripathi

Shrinarayana, a poor Brahmin lived in a village. Out of his meager income from his profession, he had saved some money. At the advice of family members, he deposited the savings with a rich person of the village, called Seth Chunnilal, saying: "When I arrange the wedding of my daughter, I will take the money back". Seth Chunnilal, accepting the money, gave his consent. For the poor Brahmin, the money was safe.

About twelve years later, Shrinarayana's daughter matured enough for marriage. He went to Seth Chunnilal and asked for return of his money. Seth Chunnilal turned dishonest. As no record was kept about the deposit, he refused to return the money saying that "I do not remember anything. In case you have a proof, please bring it".

There was no proof. Poor Shrinarayana was disappointed. After due consideration, he thought of lodging a complaint with the King. He met the King and explained the entire problem to him.

The King, too, felt helpless. In the absence of any proof, he could do nothing. Still, he called Seth Chunnilal. However, the latter refuted Shrinarayana's claim.

The King was a just and intelligent person. He understood the entire situation, but had no strong base to pressurize Seth Chunnilal. He got an idea. He planned a trick and thought that it might work.

Two days later, a procession of King through the city was announced. Each



citizen got busy in decorating the doors and arranging gifts to welcome the King. When the procession reached at the door of Seth Chunnilal, the King was given a decent welcome. Poor Shrinarayana was also present in the crowd. The King said: "Dear friend, why do you stand here? The King made Shrinarayana sit by his side. After going a short distance, Shrinarayana was asked to get down. It was a deliberate act of the King. The confused Shrinarayana went back to his home.

Seth Chunnilal got disturbed at the scene that took place before his house. He knew that Shrinarayana had deposited the money with him. But looking at King's gesture, it became clear to him that Shrinarayana was a close friend of the King, and if he complained

to King about the transaction, it would be dangerous. He could get severe punishment.

At this thought, Seth Chunnilal got impatient. He sent his servants to invite Shrinarayana and welcomed him in his house and said: "After a thorough search in my books, I have found the transaction. Had you remembered the date of transaction? You would have not faced so much of inconvenience. The amount of Rs.1,000, after a period of 12 years, works out to be Rs.2,200. Please keep this money. In addition, please accept another Rs.100 as a gift from me for your daughter's wedding". The poor Shrinarayana got his money back.

On way back, Shrinarayana kept thinking about this miracle. He concluded that this happened due to King's offer to make him sit by his side, even for a short while. He thought further that if one happens to sit by the side of the King of kings, i.e., the Almighty, there will be innumerable benefits and many disappointing moments could turn into positive ones





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