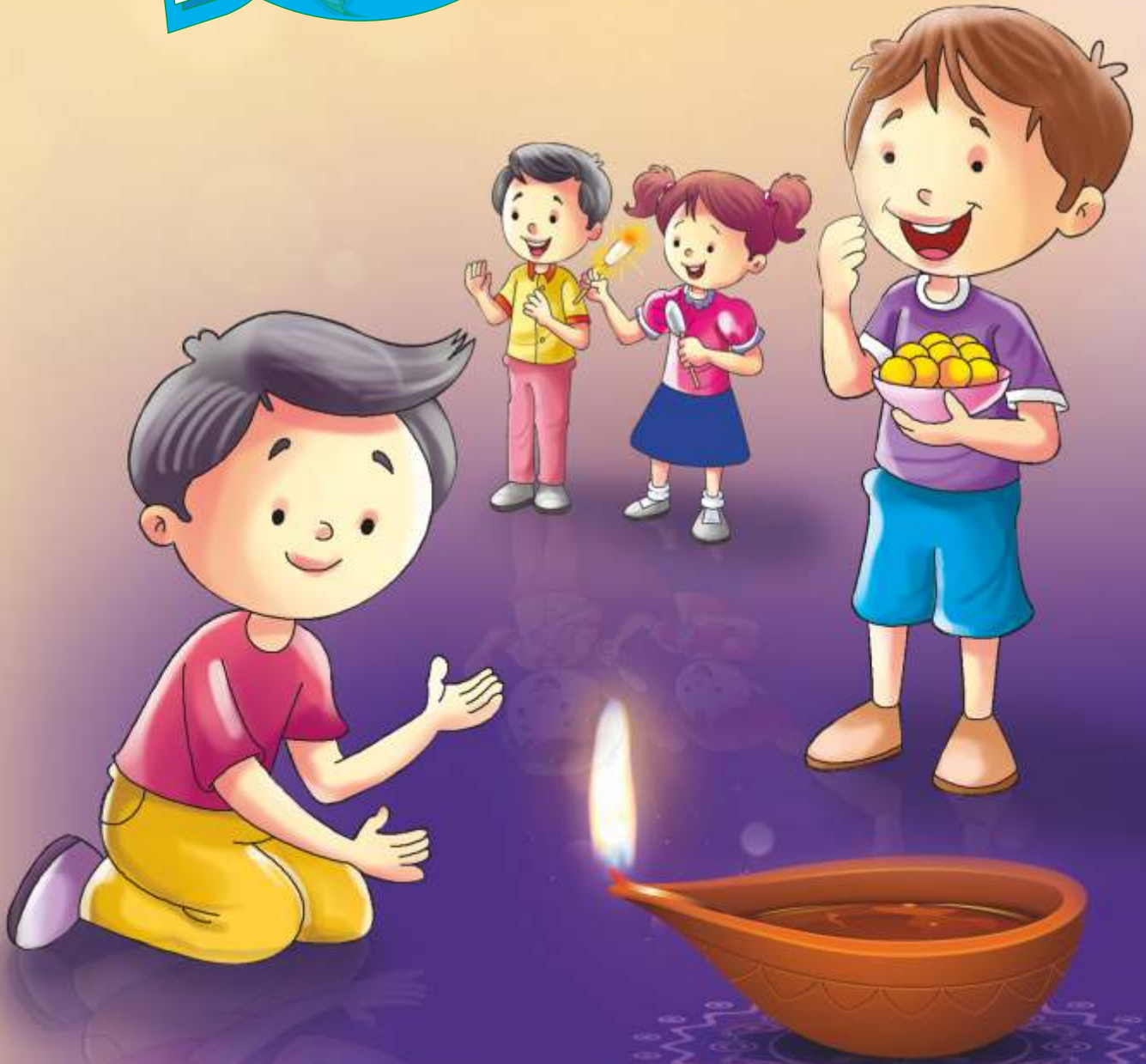


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Hansti Duniya

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The teacher reached school by his new car. All colleagues gave him good wishes. When the teacher reached the class-room, the children also conveyed their good wishes to him.

One student out of curiosity asked, "Sir! You have a new vehicle today, even then you reached late?"

The teacher said, "There is a way for every work to be done and it depends on the method as to what will be its result? If the way is proper, then the success is certain, and if the way is improper, then failure is also certain. The method means the procedure, as to how the job is to be performed. My house is near to school, even then I use my car to reach school. Today, while coming to school, I thought that there is sufficient time so I followed the main street, that's why I got late. In spite of my objective (to reach school in time) being proper, my way to reach school was not correct. To do the right job timely is the only right method. Every task has different methods. We have to select the proper method and accordingly we finalize the result of our work.

Dear friends! We also do our work as per our own methods and procedures and reach its result also. It leaves a direct impact on our thinking. When we come out successful, then we consider our method to be proper or whatever we have done is correct. But when the results are not as per our desire, then we free ourselves by calling our actions and procedures to be the 'act of God'. Actually, the method is in our hands only. We are the doers and we are the sole in-charge of its success or failure. We do our work out of selfishness, ignorance or ego and at the same time we keep on considering ourselves to be the doer. So long as we consider ourselves to be the doer, we keep ourselves in bondage. We reach success or failure due to our bondage.

The great inventor, Thomas Edison didn't accept defeat in spite of his repeated failure, rather he kept on inventing electricity through new ways and techniques. Finally, he succeeded and today, we all are using electricity discovered with his efforts. The failure can also transform into success if after failure, we change the existing path, search and adopt the new path rather than accepting defeat.

Let us also become our maker by adopting proper method and also accept it.

—Vimlesh Ahuja



—Sanjay Tandon, Chandigarh

It is a matter of Attitude ...



"To have the attitude of surrender and dedication, you must have Faith in God. God, whose play this world is.

It was monsoon time when a young lad in Kerala noticed an old woman sitting in the park under the shelter of a canopy. It was raining heavily. The old woman had tears in her eyes. The young man asked the old woman, "Amma, why are you crying?" The old woman wiped away a tear and said, "Because it's raining so hard!" The youngster did not know what to say except, "Uh! Don't worry, it will stop soon."

The next day the fellow noticed the old woman sitting on a bench in the park, crying again. It was a sunny day and the fellow wiped the sweat off his brow as he asked her, "Amma, why are you crying again today?" The old woman closed her eyes to the blinding light of the sun and said, "Because the Sun is shining and it is so hot."

The fellow was puzzled. He asked the old woman, "What is there to cry about? The Sun shall set by the evening. Anyways, if it rains you cry and if it is sunny, then also you cry, what do you really want?"

The old woman said, "You see, my daughter is married to a man who makes hand-fans out of dried palm leaves. If it rains he doesn't sell a single fan so my daughter and her family go hungry. I feel sad for her, so I cry."

The boy asked, "But, why do you cry when the Sun shines?" The woman said, "My other daughter is married to a man who makes umbrellas. If the Sun shines brightly, he doesn't sell any umbrella and my daughter and her children go hungry so I cry for their bad luck."

The young fellow smiled and said, "Amma, the day the Sun shines you should feel happy for your daughter who is married to the fan seller. And when it pours you should be happy for your daughter who is married to the umbrella seller."

Isn't it true that we sometimes cry over silly things? We should try and look for reasons to smile. Come rain or sun, life is not always a bed of roses. But then each situation has a darker side as well as a brighter one. It is a matter of attitude or perspective. The choice is in your hands! Do you choose to cry or to laugh? It all depends on your attitude.



Words of



☆ A devotee never considers himself to be superior to Guru.

☆ Love all by viewing the God's glimpse in every human being and pray for the welfare of all.

☆ The God is always consistent, so, we also attain consistency in our life through God realization.

☆ The saints' congregation is the food of our mind, without which, our mind becomes spiritually weak. Thus to strengthen our soul, the saints' congregation is a must.

☆ Make your vision so vast that others' flaws are not visible to us.
— Baba Avtar Singh Ji

☆ It is necessary to unite with God, the source of peace to achieve peace of mind.

☆ The true happiness lies in spirituality and not in material possessions.

☆ If we continue to get the grace of Lord, the peace will exist in our mind.

☆ We can't illuminate our house by burning the house of others.

☆ Those who surrender spiritually before Satguru can only enjoy the salvation.

☆ One has to do satsangh and sumiran if one wants to lead a happy life.

— Nirankari Rajmata Ji



ANT



Wisdom



☆ The hands that serve are better than the lips that pray only.

☆ He who keeps his mind attached to truth, gets the real happiness.

☆ Imbibe the high ideals of the saints, the life will become beautiful.

☆ If we accept the things after properly listening and then inculcate in our practical life, then we are surely benefitted.

☆ Love and forgiveness are more powerful in the world than hatred.

☆ If Knowledge and its execution combine, the earth will decidedly become heaven.

— Baba Hardev Singh Ji

☆ Usually, we overlook our own faults. If at all we have to do, then we should ignore the faults of others and try to mend our own shortcomings. When we adopt this type of thinking, then each and every saint of the Mission will become the live ideal of love and harmony. Every saint will be able to become a mobile Mission in himself. The Mission that Baba Avtar Singh Ji had imagined, could be established, if we adopt such feelings.

—Satguru Mata Savinder Hardev Ji



AMAGAM





—Dr. Sewa Nandval

Abhishek's Diwali

All the students looked delighted when the school reopened after Diwali holidays. The pleasure of Diwali was apparent on their faces. The subject matter of their discussion was unique, i.e., Diwali. How many crackers one cracked, how many sweets one ate and how many new clothes one got stitched, what new things one bought, how the houses were decorated etc.

As soon as the class teacher, Anand Sir entered the class-room, all the students of 9th

std. stood up and welcomed the teacher. Anand Sir was holding a small packet in his hands. While showing it to the students, he asked them if they could tell what was contained in that very packet? The students started guessing. Anand Sir smilingly said, "Whatever it may be, but he who gives correct reply to my question will get this gift-pack."

The students were very anxious to know the proper reply of teacher's question. "What is your question sir?" asked the students.

Anand Sir smiled, "You have to tell me that how did you celebrate this Diwali festival?"



This is a very simple question, sir. Jaya Shri smilingly said.

Brajesh spontaneously said, "Sir, should I tell you it's answer?"

"All are to give it's reply, because all must have celebrated Diwali. But not orally like this, rather in writing in few words and that too in this period only," said Anand Sir. All the students bowed their heads and were busy in writing their answers. As soon as the bell rang for the period, Anand Sir collected the papers from all the students.

Gayatri asked the teacher, "Sir, when will you declare its results?"

"I have one more period this afternoon, results and prize distribution both will be during that period only." Anand Sir left the class-room after stating these words.

When Anand Sir entered the class-room during afternoon period, the students were eager to know the results.

Roopali said, "Sir, declare the results."

"Who is getting the prize?" asked Gagan.

Anand Sir, spoke smilingly, "whosoever has celebrated Diwali in perfect manner and in fitting way."

"Who is the winner?" Sir, please tell. Pinki asked in an insisting tone.

Look, this I have not decided yet. We do one thing, we first read three good answers and then see which is the best among those three. So, all students will

listen attentively, Anand Sir said. All the students sat cool and calm.

Listen to first answer, taking the paper in his hand Anand Sir said.

"Whose paper is this Sir?" Brajesh asked.

No, I will not tell the names yet. The first answer is like this...

"My father had bought Rs 300/- worth crackers for me. I didn't crack those crackers myself alone, nor did I give it to my friends, because they themselves had enough crackers. I distributed half the crackers among the poor children living in the area. I thought of distributing happiness among others on this pious occasion." Anand Sir stopped after saying this much. After this he picked up the second paper.

The second answers is like this,- "My father was about to fetch me Rs200/- worth of crackers. I purchased only Rs50/- worth crackers for myself. The remaining Rs150/- I gave Rs50/-each in three houses who didn't even have money to light lamps in their houses and whose children were peeping in others' houses out of longing."



Anand Sir was silent for a moment after reading the second paper. Slipping his eyes towards all the students, he picked up the last paper.

The third answer is like this- "The maid who comes to our house for work, is sometimes accompanied by her son also who also helps his mother in work. I thought of lighting lamp in their houses by giving her some money. Then I thought that it will be a momentary help. It will give them temporary happiness and they will not be able to come out of their present condition. So, I thought of lighting a lamp of knowledge in their house and so, I started teaching that boy. I bought books, note-books and pencils etc. out of my Diwali money. In this way I celebrated the Diwali festival."

All the students were silently listening. Anand Sir broke their concentration and asked them, "You have heard all the three

answers, now you tell me who celebrated the best Diwali among these three?" The students started looking here and there. One student slowly whispered- third one. Then all the students spoke unanimously 'the third student Sir'.

There was a smile on the face of Anand Sir- yes, you are right. This third student really celebrated a meaningful Diwali. So he is the real winner of the prize. Looking around, Anurag said, "Who is that student sir?"

He is Abhishek.

"Come on Abhishek, come here and receive the prize," said Anand Sir.

Abhishek got up shyly. All the students encouraged him by clapping.

Well done! Dear, take this. Patting his back, Anand Sir gave that packet in his hands.

Maya asked,- "What is there in this packet, Sir?"

Anand sir said smilingly, "It contains the weapon to lit the lamp of knowledge. Couldn't understand? It contains a pen.

Abhishek bowed down and touched the feet of Anand Sir. All the students once again welcomed Abhishek by clapping.



SAMPURN AVTAR BANI

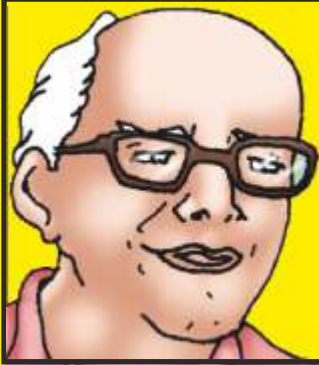
IK TU HI NIRANKAR 125

GUR DI MEHMA GAYAN BANDE KAL KALESH NE HUNDE DOOR.
GUR DI MEHMA GAYAN BANDE CHEHRE UTTE CHAMKE NOOR.
GUR DI MEHMA GAYAN BANDE NAINI SUKH KALEJE THAND.
GUR DI MEHMA GAYAN BANDE MAUHRA VI BAN JAE KHAND.
GUR DI MAHMA GAYAN BANDE PAPI VI HO JAAN PUNEET.
GUR DI MAHMA GAYAN BANDE HOVAN MURDE VI SURJEET.
POORE GUR DI MEHMA GAONI POORE GUR DI BAKHSHISH NAL.
KAHE AVTAR POORA GUR CHHIN VICH KAT DENDA EY MAYA JAL.

GIST : THOU FORMLESS ONE

O' man, by singing the glory of the True Master, all disputes and troubles disappear;
O' man, by singing the glory of the True Master, one's face becomes radiant.
O' man, by singing the glory of the True Master, one becomes blissful and peaceful at heart;
O' man, by singing the glory of the True Master, even poison turns into sugar.
O' man, by singing the glory of the True Master, even sinners turn pure;
O man, by singing the glory of the True Master, even the spiritually dead become spiritually alive.
One can sing the glory of the Perfect True Master, only with His divine grace;
Avtar says, the perfect True Master can sever the bondage of materialism in a moment.





Grandpa

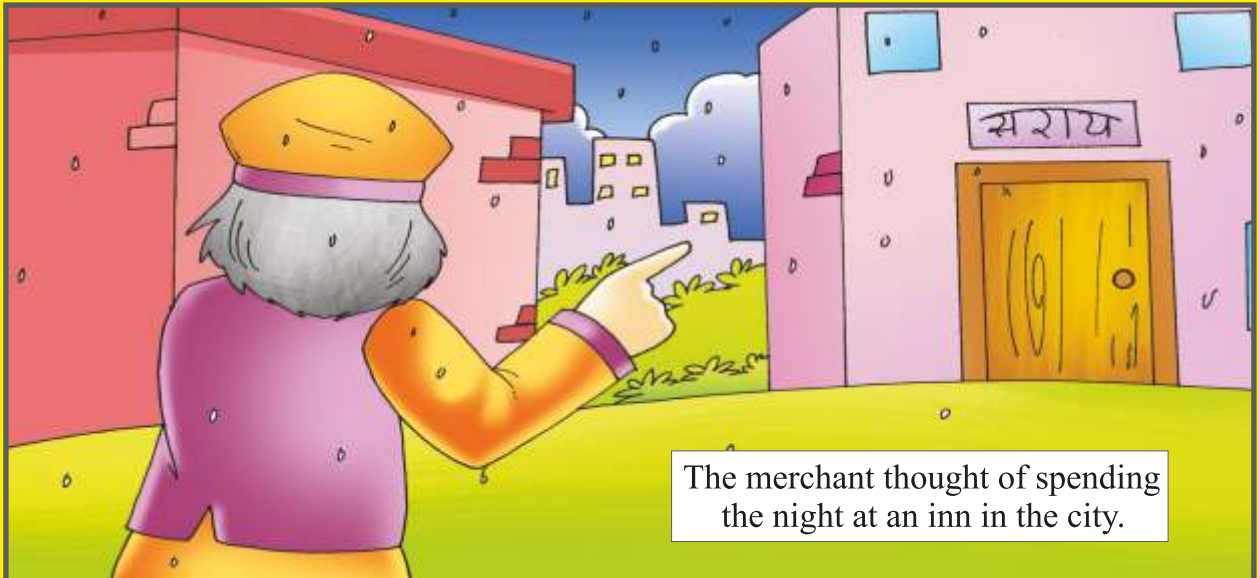
Story & Illustration
— Ajay Kalara



Once, a merchant went out to city for business.



No sooner did the merchant set out on his journey back to his village, than it started raining heavily.



The merchant thought of spending the night at an inn in the city.



On reaching the inn, he started knocking at the door.



After a long wait, the watchman answered from inside- I am sorry to say that the door key is lost. Now the door can be opened only with a silver-key.



The merchant at once understood what the watchman wanted. He pushed a silver-coin into the room.



Soon the door was flung open.




The merchant requested the watchman to fetch some food for him from the bazar and the watchman left .




After the watchman went out, the merchant bolted the door from inside.

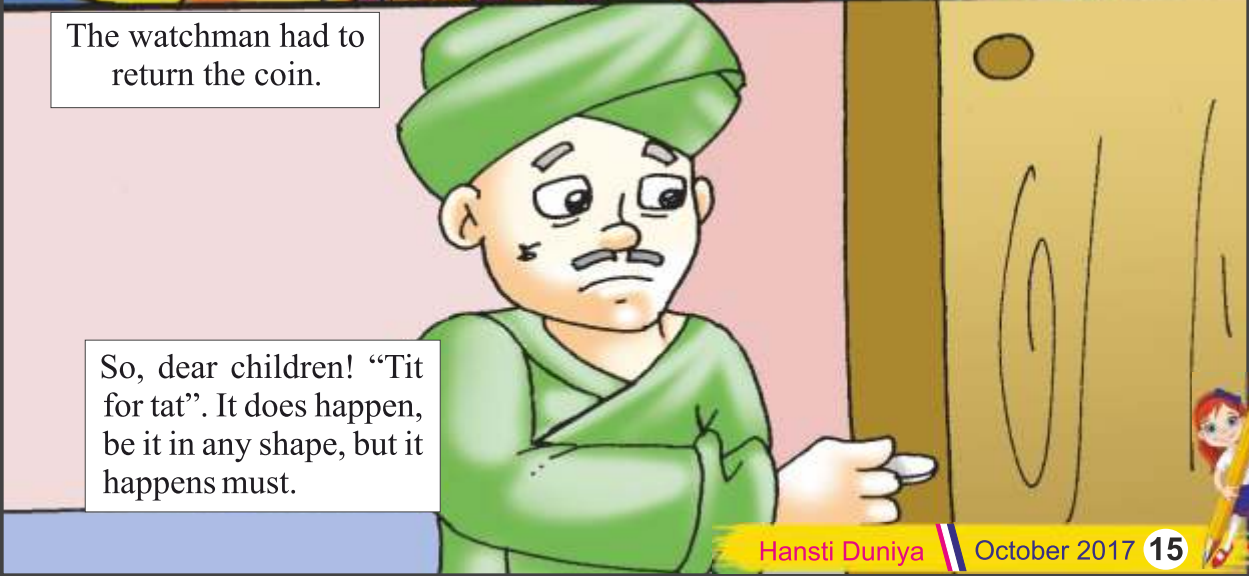




Having returned with food, the watchman knocked at the door.



There came a voice from inside- the door can only be opened with a silver-key.



The watchman had to return the coin.

So, dear children! “Tit for tat”. It does happen, be it in any shape, but it happens must.



Improve your

—Vikas Arora (Rewari)



Choose the right option –

- The last _____ were performed before the body was cremated.
a) WRITES b) RITES
- Find out which letter is silent while pronouncing the word 'DOUBT'.
a) T b) B
- The President _____ the committee with the induction of the six new general secretaries in place of those dropped.
a) REVIEWED b) RECONSTITUTED
- The car driver was arrested for rash driving and his licence was _____ by the police.
a) IMPOUNDED b) SUSPENDED
- When we change direct speech into indirect speech, TODAY becomes THAT DAY and HENCE becomes _____.
a) THENCE b) THEN
- It was a large airy sitting-room _____ by two broad windows.
a) ILLUMINATED b) DISSECTED
- My knowledge about Biology is only a drop in the _____.
a) RIVER b) OCEAN
- What is the antonym of ATTRACT?
a) REPEL b) CONTRACT

Answer Sheet

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | | | | | | | |

Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.





8 Ways to Reduce Stress

— Ehsaas Narendra Bamne (Mumbai)

1. Go to Saints' Congregation (Sadhsangat)

When we attend saints' congregation, the God-waves emanating from various saints put a positive impact on our mind, thus relieving it from all stress, strain, depression and frustration.

2. Listen to music

Music has a direct effect on our hormones. It makes you feel relaxed and relieved. It also calms your mind and boosts the immune system.

3. Take a break

Working on a task for a long time increases the stress level. So, taking a break and doing some other activity refreshes a person's mind and revives his energy.

4. Exercise

Exercise is very beneficial for our body as well as the mind. Even a short

walk for about 20-30 minutes in the outdoors can rejuvenate the body.

5. Smile, laugh and enjoy

Our brain is interconnected with our emotions. Reading jokes and watching humorous videos and movies decreases stress to a minimum level.

6. Prayer

Prayer helps the mind and body to relax and focus. It not only diverts our perspective towards God but also releases emotions that relieve our mind.

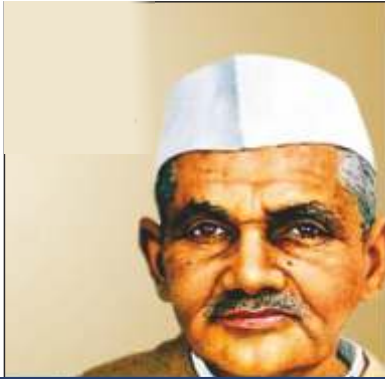
7. Socialize

Get in contact with the outside social world. Call your close friend or text him. Discussing your problems with him will make you feel better and you may find a solution to your problems.

8. Read a book

Reading a book takes your imagination to a different world. It not only makes you forget all your stress but also refreshes your mind.





Lal Bahadur Shastri

'Lal Bahadur Shastri' was born on **2nd October, 1904** at Mughal Sarai, Uttar Pradesh, India. He was educated at Mughalsarai and Varanasi. He graduated with a first-class degree from the Kashi Vidyapeeth. He was given the title 'Shastri'. He offered Satyagraha and was sentenced to imprisonment at different times. He joined the Indian independence movement in 1921. He was deeply impressed and influenced by Mahatma Gandhi. Lastly, India became independent on 15th August, 1947. He became the **second Prime Minister** of India after Pt. Jawahar Lal Nehru.

Lal Bahadur Shastri showed rare quality of courage and determination during Indo-Pak war-1965. He gave a slogan 'Jai Jawan Jai Kisan'. He was the first person to be posthumously awarded 'Bharat-Ratna', A memorial 'Vijay-Ghat' was built for him in Delhi. Shastri Ji was known for his honesty and humility throughout his life. He died on 11th Jan, 1966 at Tashkent, USSR. Lal Bahadur Shastri was truly a great man who gave less importance to himself. ●



1. Learn to listen. Make sincere efforts to listen to what others say.
2. Maintain a positive attitude and smile. When you smile during conversation, you let people know that you appreciate talking to them.
3. Get rid of unnecessary conversation fillers. Um's and ah's do little to improve your everyday conversations.

4. Be brief yet specific. Always provide concise information to other person.
5. Put your devices away. It's a bad manner to use your phone while someone is talking to you.
6. Always remember that there is a kind of give and take between talking and listening. So, before speaking, wait until the other person finishes speaking.
7. Always pronounce words correctly. Speak clearly and do not mumble.
8. Maintain eye contact during conversation. It builds credibility and shows that you care about the listener.
9. Avoid negative body language. During the conversation, never send negative signals, such as tapping your feet or crossing your arms.



Unique Photo of the Month

Festive Spirit In the Air.

A worker hangs bells to decorate a community Puja Pandal in Kolkata on Friday, ahead of the Durga Puja festival



-Tribune

Improve Your Grammar

Answers:

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---|---|---|---|---|---|---|---|
| B | B | B | A | A | A | B | A |

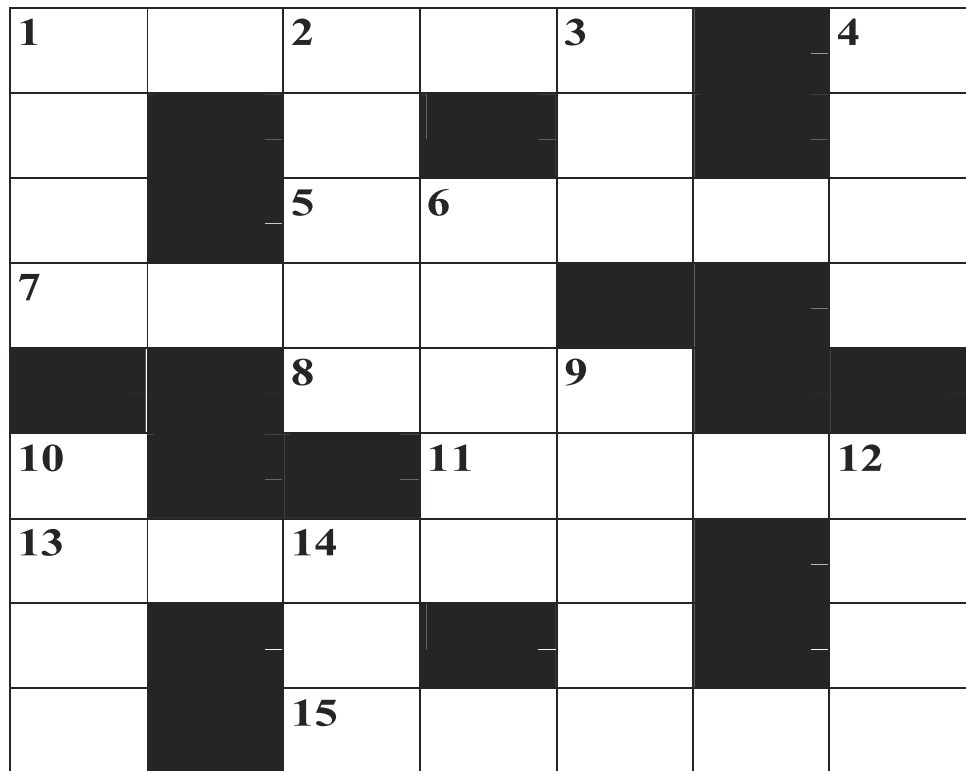
Q.No. Explanation

- A rite is a traditional ceremony carried out by a particular group. The last rites are performed when a person dies.
- While pronouncing the word 'DOUBT', the letter 'B' is silent.
- When you review something, it is merely a study, not an action. But INDUCTION is an action. So, RECONSTITUTED (forming it again) is the correct answer.
- Impounded means seized in a specific context. If something is impounded by the police or other officials, they take possession of it because a law or rule has been broken.
- When we change direct speech into indirect speech, HENCE becomes THENCE.
- What is the function of windows? To bring in light and fresh air. When the room gets light, it is illuminated.
- DROP IN THE OCEAN is an idiom that means 'very insignificant amount'.
- The antonym of ATTRACT is REPEL, not CONTRACT.





– Vikas Arora (Rewari)



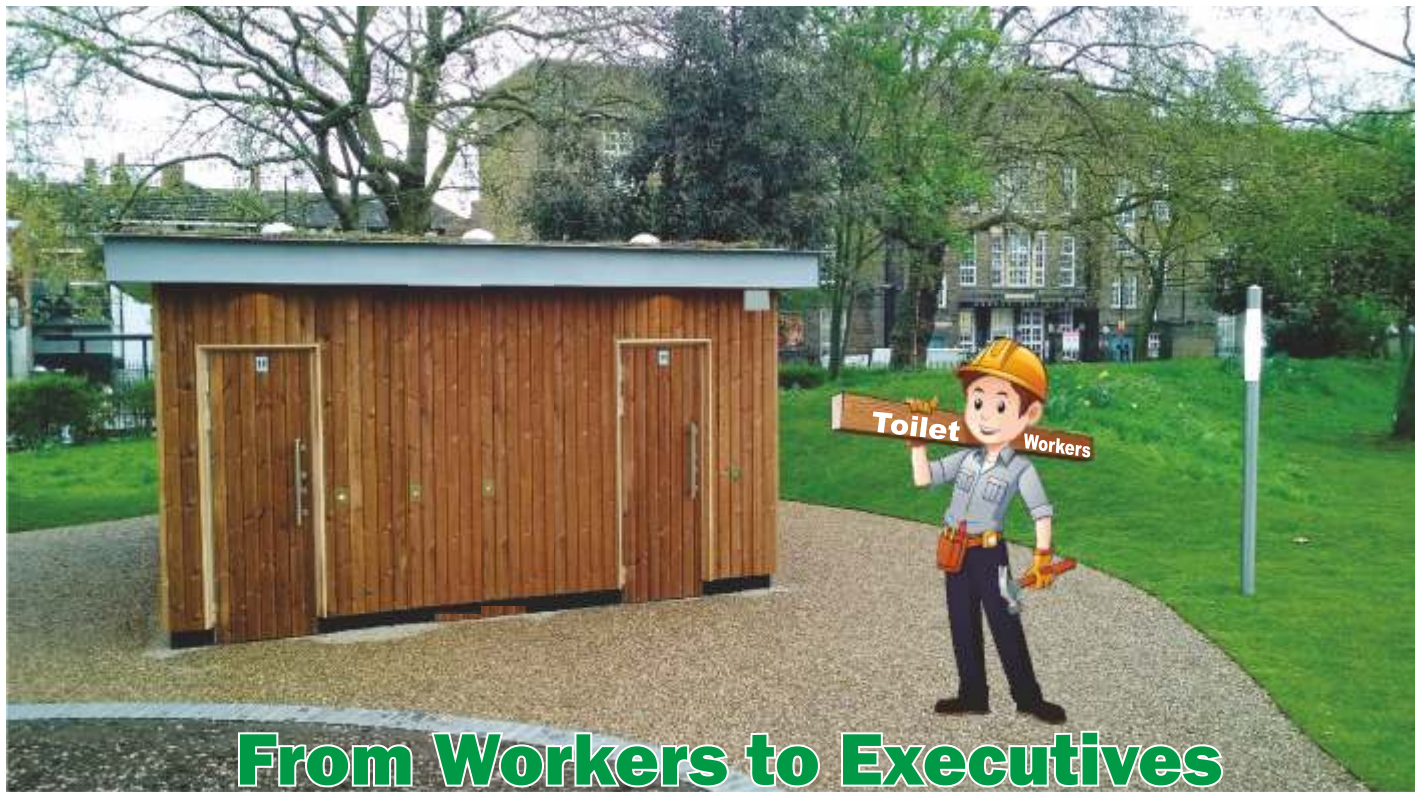
Left to Right →

1. Half of one hundred.
5. Plural of OASIS.
7. Complete this proverb: _____ before you leap.
8. Abbreviation of Reserve Bank of India.
11. The smallest unit of an element that can take part in a chemical change.
13. Horse like wild animal of Africa with dark stripes on its body.
15. An African country whose capital is Cairo.

Up - Down ↓

1. 1st April is April ____ day.
2. The _____ of this room is very slippery. (FLOOR/FLOUR)
3. The rainbow has seven colours. (YES / NO)
4. Positive: LITTLE, Comparative: ____, Superlative: LEAST
6. Birbal was an advisor of this Mughal emperor.
9. The Leaning Tower of Pisa is in this European country.
10. Subhash Chandra Bose made an army called _____ Hind Fauz.
12. A place where money is coined is known as ____.
14. A four-winged insect that produces honey and wax.





From Workers to Executives

Russi Modi, Chairman, Tata Steel, was holding a weekly meeting with Tata Steel staff at a football ground in Jamshedpur.

A worker took up a niggling issue. He said the Quality and hygiene of toilets for workers was very bad. Whereas, he pointed out that the cleanliness and hygiene of Executive toilets are always very good.

Russi asked his top executive how much time he needs to set it right.

The executive asked for a month to set it right. Russi said "I would rather do it in a day. Send me a carpenter.

Next day, when the carpenter came, he ordered the sign boards to be swapped !!!

The sign board on the "workers" toilet was changed to "Executives" and Executive toilet to "Workers".

Russi then gave instructions to interchange it every fortnight!

The quality of both toilets became on par in 3 days time.

A solution that was immediate and lasting for both!

Debriefing of this Story

As a leader, it's your job to listen to the problem patiently but implement the solution quickly.

Always keep finding new ways to solve the problem quickly.

The moment you get this mindset, your path is transformed from normal leadership to a great leadership like Russi Modi.

Modimail.com -WhatsApp Message



Reward of Courtesy

One evening, the wife of a well-known rich personality of America 'Rockfeller' went for a walk. While returning, all of a sudden a heavy rain-fall was there. To save herself from rain, she took shelter in the courtyard of an office. The office was closed, the manager had already left and so also the staff. Only a peon and a clerk who used to close the office and carry the keys with them were left there. The clerk looked towards that gentle lady. He did not know her but still out of courtesy he came out to her and said, "Sister! Why are you standing out, rain is also falling on you. You please come in and sit in the chair comfortably."

Mrs. Rockfeller got very much impressed and was happy with his courteous behavior.

She went inside and sat in the chair. The clerk asked the peon to leave and said that he will close the office afterwards and handover the office key to the peon on his way back home.

Mrs. Rockfeller asked for the introduction of the clerk and also wanted to know if he knew her? She also said, "You are getting late, your wife and children must be waiting for you at home."

The clerk replied smilingly, "No, no, it doesn't matter, you please sit comfortably, the rain will stop after some time."

The rain stopped and Mrs. Rockfeller stood up. The clerk took her out with great





courtesy and reached home after closing the office.

The second day, there was a phone-call during office hours. The manager attended the phone and the voice came from other side, "I am Rockfeller calling."

The manager got astonished and said, "Yes-yes, please tell me. What can I do for you."

"Is there any clerk named.... in your office?"

"Yes sir, you please tell me what has happened?" I am manager speaking.

"No, no, you please call that clerk, I have to speak to him only."

The manager was very much astonished, Rockfeller, the rich personality of America knows the name of a petty clerk also and wants to speak to him only.

The clerk was called- "There is a phone call for you from Mr. Rockfeller."

The clerk got nervous as to what had happened.

With trembling hands he picked the phone and spoke.

"Sir, please tell me what can I do for you?"

Rockfeller said, "Yesterday, while closing your office, a lady was standing in rain in your office corridor, do you recognize her?"

Clerk- "No Sir, I only know this much that she is a gentle lady. But perchance did I misbehave with her? If some wrong has been done by mistake, then I apologize.

Mr. Rockfeller- "No mistake committed by you, but your behavior and courtesy has impressed me and my wife very much. We are opening a new fac story and I want to appoint you as Manager in that one."

The clerk simply couldn't believe his ears. Such a big reward for a little courtesy that a clerk in a small firm became manager of a factory.

This is how a good behavior pays us.



Adams Bridge/Ram Setu

Between the coast of southernmost corner of Indian peninsula and Sri Lanka the Archaeological team discovered a bridge that roughly connects India and Sri Lanka.

According to Indian mythology it was built by Lord Rama with the help of his 'Vanar Sena'. Ramayana attributes the building of this bridge to Ram in the verse 2.22-76 naming it as Setu Bandham, a name that still persists today.



In present day it is also called as Adams Bridge and has been a cause of huge puzzle as to how the technology so advanced could have been available to build such a bridge during ancient times.

The geological process that gave rise to this structure has been attributed in one study to crustal down warping, block faulting, and mantle plume activity while another theory attributes it to continuous sand deposition and the natural process of sedimentation leading to the formation of a chain of barrier islands related to rising sea levels. Another theory affirms that the origin and linearity of Adam's Bridge may be due to the old shoreline – implying that the two landmasses of India and Sri Lanka were once connected – from which shoreline coral reefs evolved.



Another study attributes the origin of the structure to longshore drifting currents which moved in an anticlockwise direction in the north and clockwise direction in the south of Rameswaram and Talaimannar. The sand could have been dumped in a linear pattern along the current shadow zone between Dhanushkodi and Talaimannar with the later accumulation of corals over these linear sand bodies. In a diametrically opposing view, another group of geologists propose a crustal thinning theory, block faulting and a ridge formed in the region owing to thinning and asserts that development of this ridge augmented the coral growth in the area and in turn coral cover acted as a 'sand trapper'.

(Courtesy Google)





—Sunil Nagpal, Delhi

I bought an interesting flashlight. Before I decided to buy it, I asked, 'How long will the battery last?' 'As long as you do,' the sales lady replied. 'What do you mean?' I queried. 'You are the battery,' she explained. 'There is no battery inside. You have to pump to make it light.' I tried it, and sure enough, when I pumped the handle at the bottom of the flashlight, I generated the electricity to make the light! As soon as I stopped pumping, the light went out.

There is a beautiful principle illustrated in this little anecdote. If you make the right commitments to an idea that is beautiful, but seems impossible, all you have to do is to pray and keep pumping. Bright ideas will come your way — ideas that come from God.



No Idea Is Perfect!

Remember John Steinbeck's famous story 'The Pearl'. A man found a beautiful pearl, but it had one tiny flaw. He thought if he could just remove that little imperfection, the pearl would be the biggest and the most precious one in the world. So he peeled off the first layer, but the flaw was still there.

Then he took off the next layer, thinking it would disappear, but the flaw remained.

He continued to take off each layer, until finally he had no pearl. The flaw was gone now, but so was the beautiful prize.

No idea is perfect. No idea is without its problems. God sets it up that way in order for us to be humble enough to seek His help all along the way.



The Tree that Saved

There lived a farmer named Hari Ram in Rampur village. There was a garden of fruits in the field of Hari Ram. Leaving aside one tree, all other trees were such that their fruit were useful for eating, but that one tree fruit was neither useful for the human nor for the animals.

Many times, the villagers asked Hari Ram to cut that tree and throw it away from the garden, but Hari Ram usually told them that nothing is useless. It proves to be useful one day or the other.

With this thought in his mind, he used to irrigate and look after that tree also along with all others.

One day due to heavy rains during the rainy season, there was a severe flood in

the village. Plants-trees; animals and humans started flowing in the flood water and the people were crying- save.... save....

Then only, Hari Ram saw some part of a heavy tree in the flowing water. He jumped to that tree and started shouting- come here... come here towards me...catch hold of this tree... catch hold of this tree.

Hari Ram caught hold of the hands of some people flowing in water and made them also climb that tree. Thus he saved the lives of some people.

When the flood water receded, Hari Ram saw that this was the same tree which the villagers called useless.

Today the same tree had saved the lives of many people. When the people came to know that, that very tree had saved them, they bowed to it.





The Secret of Happiness

—Rajender Pardesi

Long-long ago a famous king named Rattan Sain ruled the kingdom of Shivgarh. He had enough wealth in his treasury, but even then he had no peace of mind. So, one day he alone moved out of his palace in disguise. On the way he met a farmer who had not even proper clothing on his body but he was working in his field singing songs in ecstasy.

Seeing the miserable condition of the farmer, the king felt pity on him. The king went to the farmer and showing him a gold-coin said, "This coin I have found from your field, so I am giving it to you."

The farmer said, "This is not mine, it may belong to someone else, I won't take it."

The king was very much surprised to hear the farmer. The king said,



"Everybody is in need of money, so you take it."

"I earn four pennies daily, and I am happy with that only. You please keep it with you or give it to someone needy", said the farmer.

"In the whole day you just earn four pennies and are happy with that only, whereas the people owing huge wealth are not happy," the king said.

"The happiness doesn't lie in having more money, but how you utilize the money that you earn?" The farmer replied.

"How you utilize the four pennies that you earn?" The king asked.

The farmer said in reply to King's question, "Out of four pennies, I put one penny into the well, through second, I repay the debt, the third, I lend and the fourth I bury in the earth.

Saying this, the farmer again started doing his task.

The king couldn't understand what the farmer said. Throughout night, he kept thinking over it. When he didn't get any solution, the other day he asked for its meaning from the durbaris, but no one could give a satisfactory reply. Then the king ordered to bring the farmer to his court.

The farmer appeared in the king's court just fearing, but he couldn't understand, what was his fault, that he was supposed to be present in the court. The king in his changed attire met the farmer. The king removed all sort of fear from his mind and made him sit on his throne respectfully and then said, "That day I was very much impressed by your talk, but whatever you told about four pennies I couldn't understand." You have been called to explain that only.

On becoming fear-free, the farmer said, "O King! Throwing one penny into the well out of the four earned means that I nurture my family with this penny. With second penny, I clear the dues means I spend this money in the service of my old parents. The third penny, I lend, means I spend it in nurturing my children and the fourth I bury in the earth means, I secure my future with that so that I don't have to beg from others during my rainy days.

With the farmer's explanation the king came to know of the secret of his happiness that to keep oneself happy, the wealth earned must be utilized properly.



H.D. Answers

— Kalpana, Dhamrpur (H.P.)

Q. What to do when someone starts talking ill of us on seeing us

A. Give him a smile and move away.

— G.S.Randhava (Delhi)

Q. How should we treat those who indulge in falsification?

A. With love and respect.

— Dharmveer , (U.S.A)

Q. When do we waste our energy and time?

A. While indulging ourselves in unproductive and irrelevant discussion.

— Ratnesh Rai , Kanpur

Q. Why do people have different view-points about God?

A. Because they only guess but don't know God.

— Gurdev Singh , Pandoh

Q. What is the most valuable asset in life?

A. Character.

— Sagar, Alwar (Raj)

Q. What is that which every one wishes to attain?

A. Peace and Prosperity.





Three Sculptures

At one time, Raja Vikramaditya was the ruler of Avantika province in Ujjain. One day a sculptor with three metallic sculptures presented himself before him. He said to the king, "Maharaj! I want to know the value of these three sculptures. You have a good name for your wisdom. That is why, I have appeared before you. You please let me know the exact price of these three sculptures."

The king Vikramaditya looked at the

sculptures. All the three had exactly the same colour, design, appearance, size and weight. So the king thought that their price should also be the same. After having thought over it, the king took the decision that all the three sculptures were of the same value and he passed his verdict. Many people in the province had a glance over the sculptures, observed them minutely and furnished their individual opinion. But



the sculptor was not satisfied with any one's valuation. Observing all this, the king assigned the responsibility of evaluating the sculptures to Kalidas.

Kalidas took a long needle and inserted it into the ear of the first sculpture and it came out of its other ear. He then inserted it into the ear of the second sculpture and it came out from its mouth. When he inserted it into the ear of the third sculpture, it directly went deep into its stomach. Viewing all this, Kalidas said, "The first sculpture costs a little, the second one costs one gold-coin whereas the third one costs one thousand pieces of gold-coins."

Hearing the verdict of Kalidas, the curiosity of the people increased. They wanted to know the solution of this riddle. Looking to all this, the king Vikramaditya said, "Kalidas! Please explain the details of your reply so that the people's anxiety could be satisfied."

Kalidas started telling in a calm and quiet manner, "Sir, these three sculptures are the symbolic of three persons with different attitude. Hearing through one ear and allowing the same to escape from the

other is an inferior type of attitude. Just getting ourselves satisfied by uttering few words of praise on listening to a speaker is a little better attitude and to give room to the important words of the speaker in our deep heart is the best attitude. That's why the price of these three similar looking sculptures has been fixed on the basis of their importance. Hearing the clarification given by Kalidas, the King, the sculptor and the public all were very happy and they all praised the wisdom of Kalidas very much.

Happiness of 'Diwali'

Joy, Joy, Joy,
We can play with our cousins
We can eat so many sweets
We can fire crackers
We can worship
Goddess Lakshmi because
It is Diwali
Happy Diwali

—K. Anushka





Kitty

Story & Illustration

— Ajay Kalara

Kitty, you keep sleeping in the morning daily till 8 O'clock. Tomorrow morning you will go for a walk with me.

Mom, No, No.

Kitty I will wake you up in the morning at 6 and you will go for a walk.

Ok, Mom

Kitty its 6 in the morning, Wake up.

Waking up mom.



Kitty , my dear , don't be lazy, start exercising. Start running.



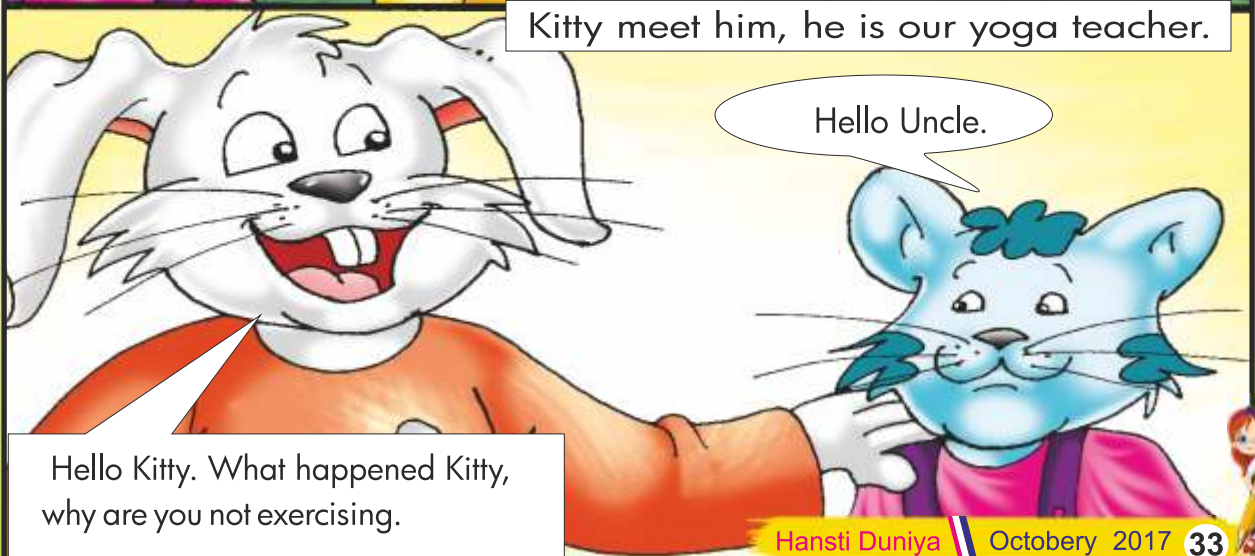
Ok mom. I am coming.

Kitty, come dear now do yoga with me.



Mom, you do it, I can't.

Kitty meet him, he is our yoga teacher.



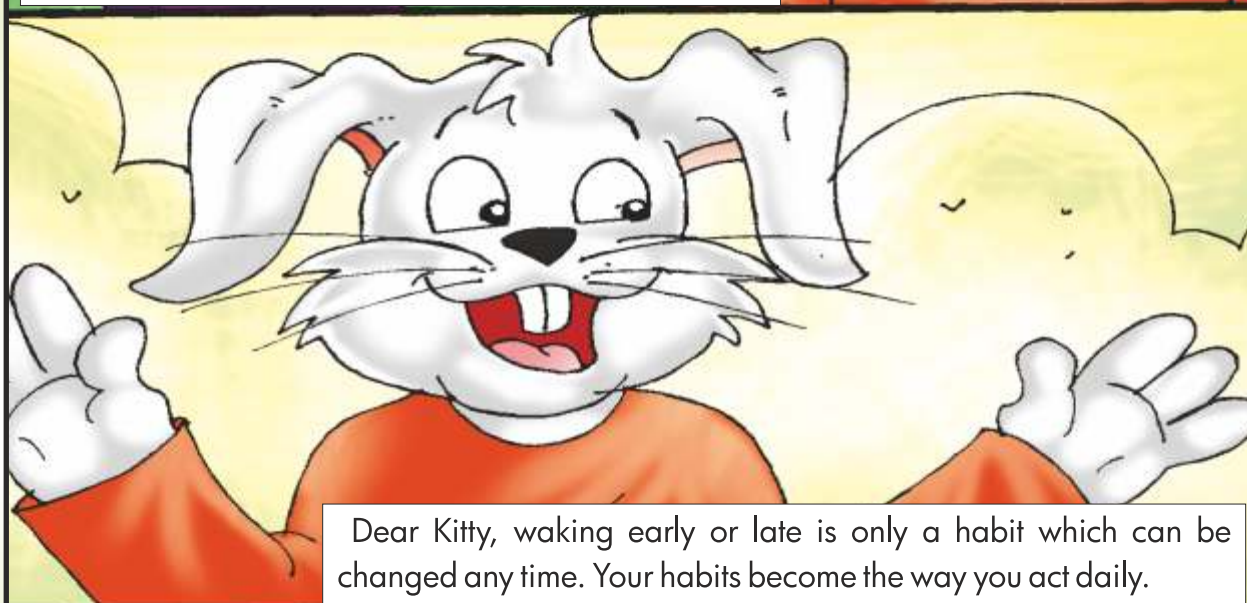
Hello Uncle.

Hello Kitty. What happened Kitty, why are you not exercising.

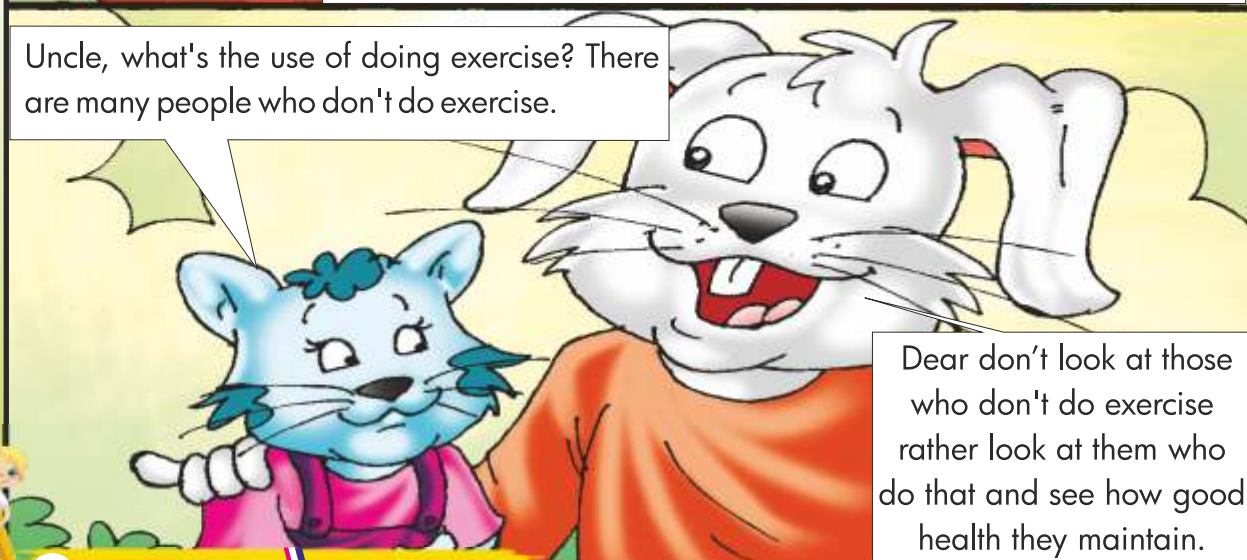




What's the benefit of doing exercise. Its more fun to sleep. Waking up in the morning is a difficult task.



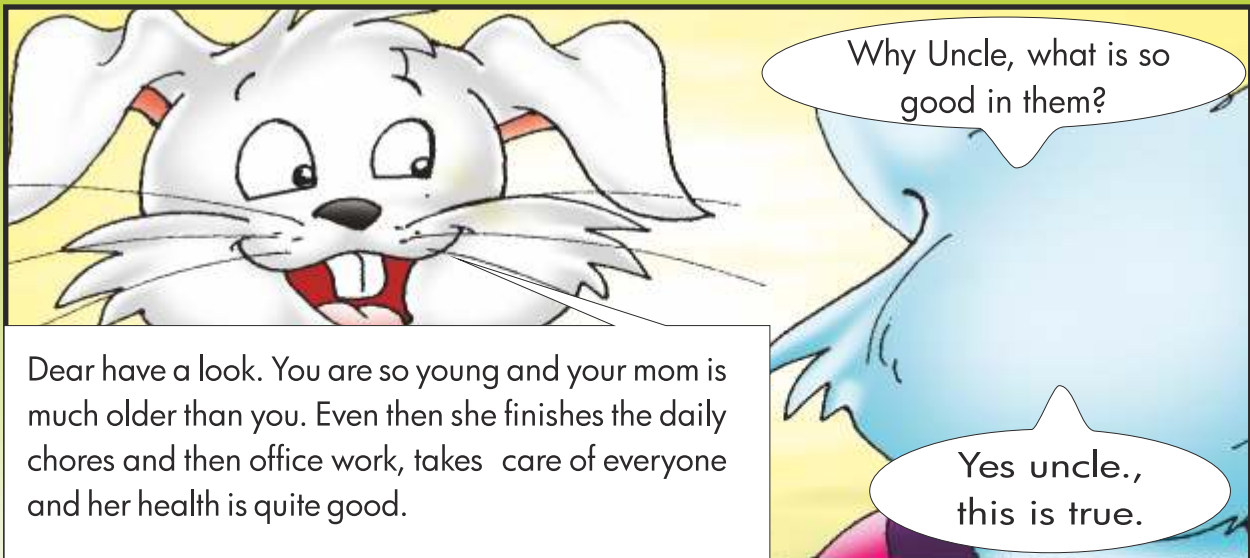
Dear Kitty, waking early or late is only a habit which can be changed any time. Your habits become the way you act daily.



Uncle, what's the use of doing exercise? There are many people who don't do exercise.

Dear don't look at those who don't do exercise rather look at them who do that and see how good health they maintain.





Why Uncle, what is so good in them?

Dear have a look. You are so young and your mom is much older than you. Even then she finishes the daily chores and then office work, takes care of everyone and her health is quite good.

Yes uncle., this is true.



Dear, exercise keeps our mind healthy, body stays fit. One can finish one's task quicker than others.

Person doing yoga always stays fit. He stays healthy for a longer period. Moreover, he is always self-dependent and so it is said that good health is the biggest treasure.

Uncle! It means had my grandmother also done yoga, she would have stayed healthy till now?

Yes , Yes dear, Sure.

Wow uncle! I will also come for yoga from tomorrow and motivate my friends also to do yoga daily and stay healthy.



Riddles Time

Who am I?

By : Radha Kapoor

Q.7) He was driving a black truck on a long road at a great speed. The lights on the truck were off. It was a new moon day. An old lady was slowly crossing the road. He should stop the truck otherwise, he would hit the lady. How did he

Q. 1) What is a word that comprises of 4 letters, still is also made of 5. Occasionally written with 12 letters and later with 5. Never written with 5 but happily with 7 ?

Ans: Word, Still, Occasionally, Later, Never, Happily.

Q. 2) When you know me about me, then I am definitely something. You will always search for me. But when you know me, I am nothing. Who am I?

Ans : I'm a Riddle!!

Q.3) I have all the knowledge you have. But I am small as your fist that your hands can hold me. Who am I?

Ans : I'm your brain!

Q.4) I am the biggest alphabet, as I contain the most water in the world. Who am I?

Ans : Alphabet 'C' (SEA)

Q.5) Find me who am I? I am the building with number stories.

Ans : A Library

Q.6) Scientists are trying to find out what is between earth and heaven. Can you find me?

Ans : AND

stop the truck?

Ans: The driver stopped the truck immediately after seeing the old lady, as it was bright sunny day!

Q.8) I'm the most slippery country in the world. Tell what am I?

Ans : Greece

Q.9) There is a kind of fish that can never swim. What is that?

Ans : DEAD FISH

Q.10) I will always come, but never arrive today. What am I?

Ans : TOMORROW

Q.11) I go around all the places, cities, towns and villages, but never come inside. What am I?

Ans : STREET

Q.12) Everyone in the world needs it. They generously give it. But never take it. Then what is it?

Ans : Advice



Mahatma Gandhi



Mahatma Gandhi is well known as the 'Father of the Nation' or 'Bapu' because of his greatest contributions towards the independence of our country. He was the one who believed in non-violence and unity of the people and brought spirituality in the Indian politics. He worked hard for the removal of untouchability in the Indian society, upliftment of the backward classes in India, raised voice to develop villages for social development, inspired Indian people to use swadeshi goods and other social issues. He brought common people in front to participate in the national movement and inspired them to fight for their true freedom.

He was one of the persons who converted people's dream of independence into reality through his noble ideals and supreme sacrifices. He is still remembered among us for his great works and major virtues such as non-violence, truth, love and fraternity. He was not born as great but he made himself great through his hard struggle and work. He was highly influenced by the life of the King Harishchandra from the play titled 'Raja Harishchandra'. After his schooling, he completed his law degree from England

and began his career as a lawyer. He faced many difficulties in his life but continued walking to overcome them.

He started many mass movements like 'Non-cooperation' movement in 1920, 'Civil-disobedience' movement in 1930 and finally 'Quit-India Movement' in 1942 all through the way of independence of India. After lot of struggle, independence was granted to India finally by the British Government. He was a very simple person who was worked to remove the colour and caste barriers.

He was a great social reformer and Indian freedom fighter who died after completing his aim of life. He inspired Indian people for the manual labour and said that arrange all the resource yourself for living a simple life and becoming self-dependent. He started weaving cotton clothes through the use of Charkha in order to avoid the use of Videshi goods. He was a strong supporter of agriculture and motivated people to do agriculture works.

Gandhi Ji died on 30th of January, 1948 and his body was cremated at Raj Ghat, New Delhi. 30th of January is celebrated every year as the Martyrs-Day in India in order to pay homage to him.





Story: Darshan Singh Ashat

The Hard Labour

Once, a crow had made its nest on an Acacia tree. The nest was made hastily and was, therefore, untidy.

After sometime, a weaverbird happened to come to that tree. Attracted by the charming atmosphere of the place, he too decided to make its dwelling on that tree.

The other day, the weaverbird started collecting the weaving straws for its nest from the nearby places. He

would examine minutely each and everyday straw before putting it into use. Then it would fix tidily one straw with the other to make its nest.

Seeing the weaverbird so much engrossed in the making of its nest, the crow ridiculed: "Brother weaverbird, if you go on with the making of your nest in such a lazy way. It astonishes me to see you wasting your time thus."



My dear crow, our forefathers ever advised us to put in hard labour in doing our work so that we don't have to suffer loss in future", the weaverbird cut short his answer. The crow felt sorry for it.

It was evening by now. The crow noticed that the weaverbird was still busy in building its nest. The crow said again, "If you too finish your nest hurriedly like me, heavens will not fall. I feel pity on you for this foolishness of yours. You are busy in making the nest since morning". But the weaverbird continued with the making of its nest.

The nest was complete by the next day. It was so beautiful and tidy that all the birds were astounded to see it.

The days went by. One day, stormy wind blew. Many of the trees were uprooted and there was destruction all around in the jungle. The crow's nest was also destroyed. It flew away to a banyan tree for shelter. It was feeling sorry for its nest having been destroyed.

When the storm settled down, all the birds started rebuilding their nests. The crow came to the weaverbird who was sitting safe in its tidy nest.

The crow said, " Brother Weaverbird, you were right in saying that the nest built with hard labour can never be exposed to any danger. Now I have learnt a lesson from you."

Mahapurushas are always Thankful to God

A father brings a toy for his child. The child gets so engrossed with the toy that he ignores even his father. In the same manner, man has become engrossed in the gifts that the Almighty has showered upon him. As a result man has been coming and going in the cycle of birth and death and is extremely unhappy. Mahapurshas are always thankful to God and consider Him to be more significant than his gifts. Just like a painter can make thousands of paintings but all those paintings even if put together, cannot create one painter. All these gifts are the creations of the Almighty. Let me value the same, that I may never consider them to be more important than God. This is what a saint always prays for.

Satguru Baba Hardev Singh Ji

Book : Gurdev Hardev, Part-2





Laughing Time

Compiled by— Sakshi Gulati, Chandigarh

An examination candidate who knew very little English once attended an oral English examination

The examiner : What is your name ?

Candidate : Me Chikaboombayba

Examiner : How many members are there in your family?

Candidate : Not many. Me, my sister, my mother, and father

Examiner : Who does the cooking at home ?

After a long period of silence, the examiner tried to help.

Examiner : Well, your mother or your sister ?

And the candidate replied: your mother.

Teacher: What is the purpose of having school ?

Student: Without school there wouldn't be a reason for holidays and summer vacation.

Dad : I want you to marry a girl of my choice

Son : No

Dad : The girl is Bill Gates'daughter.

Son : Then ok.

Dad goes to Bill Gates.

Dad: I want your daughter to marry my son.

Bill Gates: No

Dad: My son is the CEO of the World Bank

Bill Gates: Then OK.

Dad goes to the President of the world Bank..

Dad :Appoint my son as the CEO of your bank.

President: No !

Dad: He is the son-in-law of Bill Gates.

President : Then OK

This is business.

Teacher : Which is the best month to study...?

Student : Octembruary

Teacher: Don't be silly....There is no such month.....

Student: Exactly





Once a man went to a pet shop and placed an order for 35,000 cockroaches.

"Good lord! What will you do with them? Asked the shopkeeper.

"Well I am moving out today and my landlord says that I must leave the house in exactly the same condition I found it in. There were 35000 cockroaches in my house when I had moved in.

Rajat "I want to be a priest."

"Why not a scientist?

"Well, you see, its easier to preach than to practice."

Ticket Checker : "Where is your ticket?"

Passenger : I have lost it.

Ticket Checker : "That is not a good excuse."

Passenger : "Well, suggest some better one

Three ants- red, white and black were going together somewhere.

Two asked black, why are you black?

Black: Because I work under the sun. Two asked red, why are you red?

Red: Because I eat red chillies. Two asked white, why are you white?

White: Because I use " Fair and lovely cream"

CROSSWORD SOLUTION

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| O | | L | | E | | E |
| O | | 5 O | 6 A | S | E | S |
| 7 L | O | O | K | | | S |
| | | 8 R | B | 9 I | | |
| 10 A | | | 11 A | T | O | 12 M |
| 13 Z | E | 14 B | R | A | | I |
| A | | E | | L | | N |
| D | | 15 E | G | Y | P | T |



—By : Harjeet Nishad

Dussehra

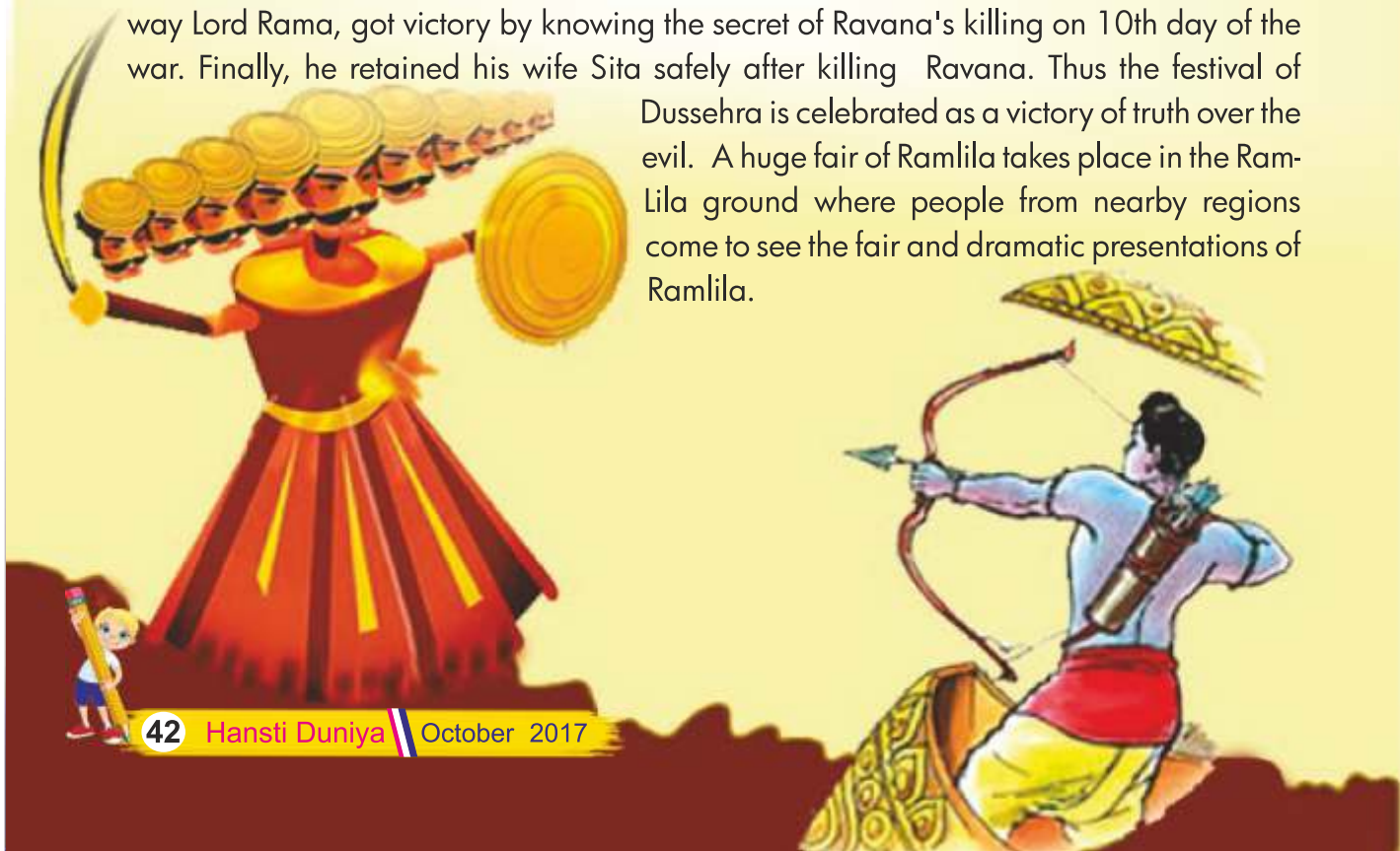
Dussehra festival is one of the most significant and longest festivals of India which is celebrated every year with gaiety, faith, love and reverence by the people all over the country. This festival comes about three weeks earlier to Diwali every year in the month of September/October

India is a country which is famous for its culture and tradition, fairs and festivals. The meaning of Dussehra is the victory of Lord Rama over the ten headed demon king Ravana. Dussehra or the Vijaydashmi is killing of ten headed demon on the tenth day of this festival. Tenth day of this festival is celebrated by burning the Ravana effigy by the people all over the country.

There are many myths related to this festival according to the customs and traditions of the people in many regions of the country. This festival was started celebrating by the people of Hindu religion from the day the Lord Rama killed the demon king Ravana on the day of Dussehra (means 10th day of Ashwayuja month of Hindu calendar). Lord Rama had killed Ravana because he had kidnapped his spouse, Mata Sita and not agree to return her to Lord Rama. Lord Rama had won the war against Ravana with the help of his younger brother Lakshman and Vaanar soldiers Hanumaan.

According to the Hindu Scripture- Ramayana, it is mentioned that Lord Ram had performed Chandi Hom (yaga) to please goddess Durga and get her blessings. In this way Lord Rama, got victory by knowing the secret of Ravana's killing on 10th day of the war. Finally, he retained his wife Sita safely after killing Ravana. Thus the festival of

Dussehra is celebrated as a victory of truth over the evil. A huge fair of Ramlila takes place in the Ramlila ground where people from nearby regions come to see the fair and dramatic presentations of Ramlila.



Result for the month of **August** Issue

First :

Yashika

Age : 12

2-Teachers Flat, Sector-14
Punjab University, Chandigarh



Second :

Nirajan Gupta

Age : 7

H.No. 53, Bhuiyadih Patel Nagar
Agreco, Jamshadpur, 831009



Third:

Arpita Saini

Age : 7

10627, Naramore Lane
Johns Creek, GA, 30022 USA



Consolation Enteries

Sushma

(Rohini, Delhi)

Khushi

(Sant Nagar, Delhi)

Pustam

(Sonepat, Hry.)

Karuna

(Banglore)

Vandna

Jhansi (U.P)

Aashmia

(Khanna, Pb.)

Ekta

(Delhi)

Ankita

(Delhi)

Ramesh

Bhagalpur (Bihar)

Komal Anand

(Parbat, Dehli)

Sonna Singh

Alwar (Raj.)

"Colour it" for October Issue

On page 44, a beautiful picture is given; colour it and send it to us latest by **November 20, 2017**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in **December 2017** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.



Colour it



Name Age

Address

.....





—Dr. Ramdular Singh "Praya"

Unique is our Earth
It's beauty is rare,
The murmuring sound of rivers
Attracts all to stare.

The dawn and dust here
Become charming with sparrow's twitter,
The crow's crowing on parapet
Brings news of welfare of the dear.

Unique is this earth in the world
— With green and charming meadows,

The passers by heave sigh of relief
Under the green trees' shadows.



Tenali Ram

Once, two persons, named Bhola and Ghanshyam, presented themselves in the court of king, Krishandev Rai.

Bhola said with folded hands —Maharaj! This is a friend of mine, Ghanshyam. A few months back, I had to go to my native village. So, I gave him ten gold-coins to keep as my deposit.

On my return today when I asked him for those coins, he plainly refused to return.

Now I have come to you for justice.

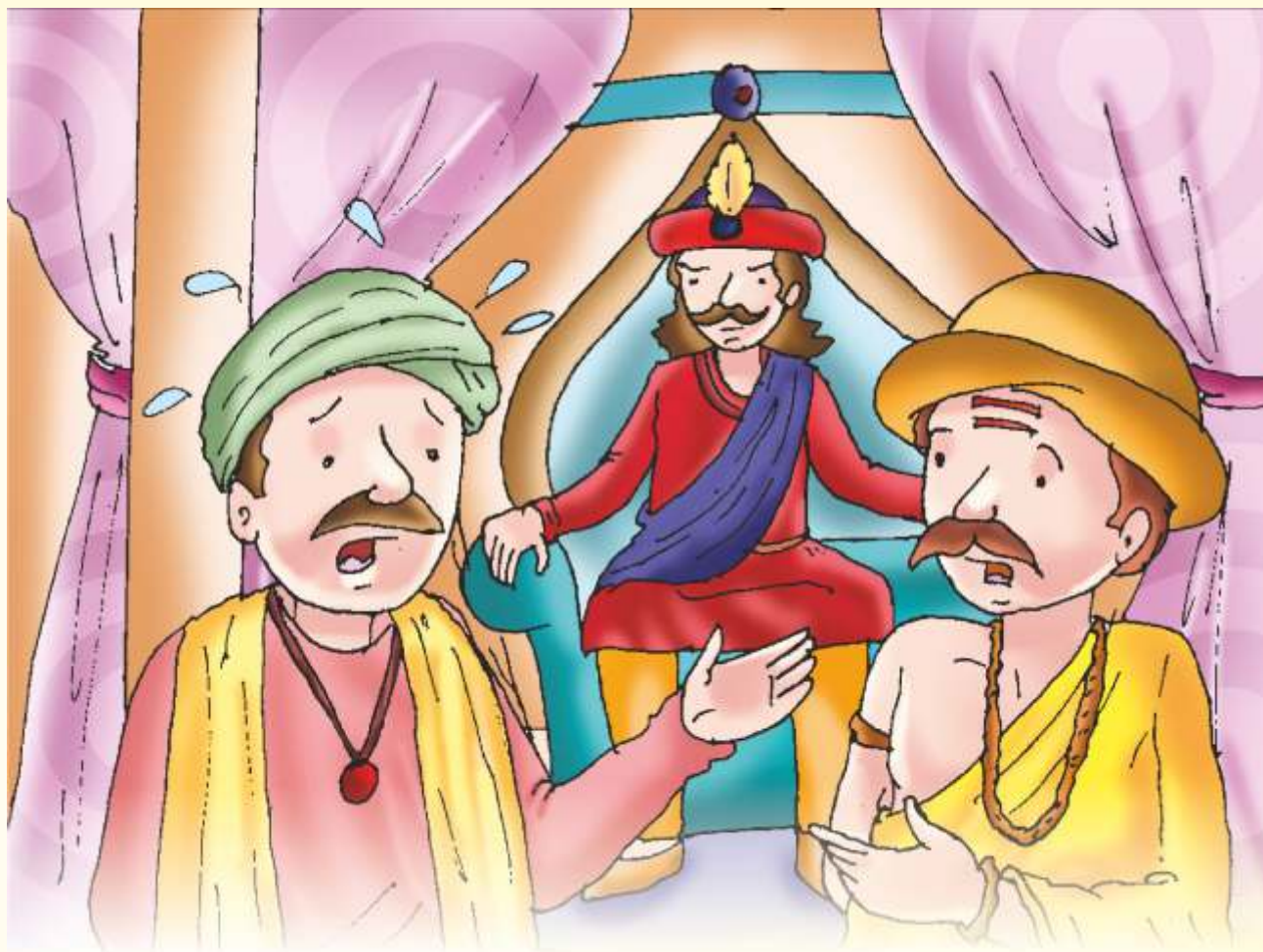
When the king asked Ghanshyam, he plainly refused.

The king was in a dilemma as to who was truthful. So, he asked Tenali Ram to decide the matter.

After a pause, Tenali Ram said to Bhola—Dear Bhola! Was there any third person present at the time you gave the gold-coins to Ghanshyam?

"Yes Sir! A well was of course there." On hearing this, all present in the court started laughing at Bhola's innocence. Does a well ever stand a witness?





"Just go and fetch a pitcher of water from that well," Tenali Ram said, "I'll decide the matter in no time."

Bhola obeyed and left. All the courtiers as well as the king were astonished as to what Tenali Ram wanted to prove? Ghanshyam too was thinking the same.

After a while, Tenali Ram asked Ghanshyam—Your friend, Bhola has not returned as yet, what can be the reason?

Sir! The well is quite far off from here, so it might be taking a long time, said Ghanshyam. "My Lord! The decision is

very clear, Bhola had truly given Ghanshyam the gold-coins. Otherwise, how could he know that the well is far off? —Tenali Ram said.

Ghanshyam's head hung in shame. All were happy to hear the wise decision of Tenali Ram.

Bhola too had returned by now. Ghanshyam apologized to him and promised the king that he will return the gold-coins of his friend that day itself and will never repeat the wrong action in future.





Diwali is one of the most celebrated, important, traditional and cultural festivals of India which the people celebrate very enthusiastically every year by gathering together with family, relatives, friends and neighbors. It is also known as festival of lights or Deepawali.

It is the festival of great joy and enthusiasm which falls every year in the month of October/November. The coming of Diwali festival brings a lot of stories and legends which every kid must know. One of the great reason behind celebrating the Diwali festival is the returning of Lord Rama to his Kingdom, Ayodhya, after getting a big victory over the demon king Ravana of Lanka. Diwali is celebrated every year to symbolize and remember this history by the people as a victory of truth over the evil. People of Ayodhya had welcomed the returning their

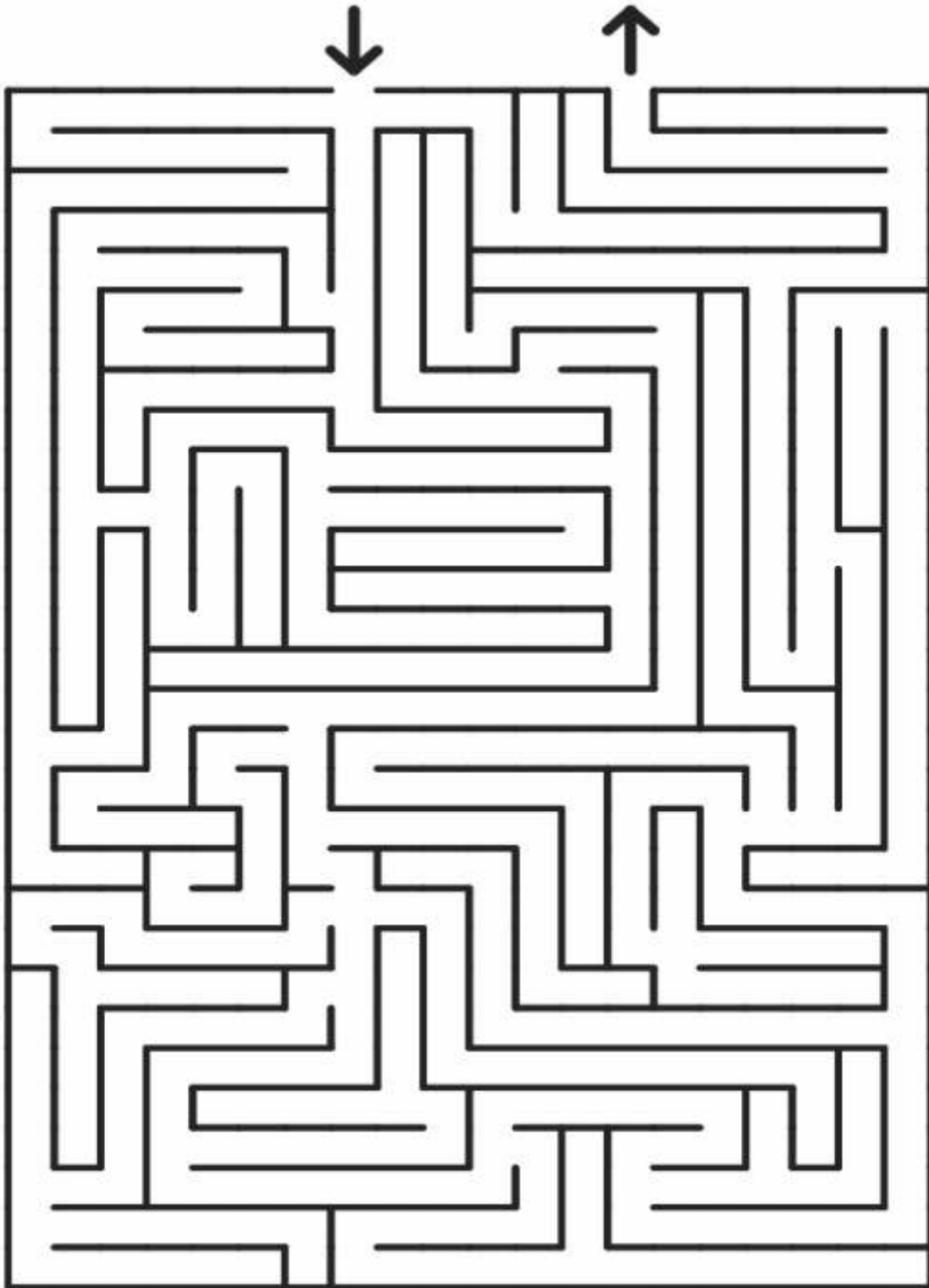
most beloved King Lord Rama to their own Kingdom after the long exile of 14 years with his wife Sita and younger brother Lakshman. People of Ayodhya expressed their love and gratitude towards their King by their hearty welcome. They illuminated their homes and the whole kingdom and also burned fire-crackers to welcome Lord Rama.

People worship the Goddess Lakshmi and Lord Ganesh after the sunset according to Hindu traditions. They pray to god and goddess to get blessings of health, wealth and bright future. They cook delicious dishes and sweets during the Diwali festival.

They believe that doing so would bring a lot of happiness, prosperity, wealth and progress in their life. They send messages, good wishes and gifts to their friends, relatives and neighbors.



Let us try to find the way



With the blessings of Satguru Mata Savinder Hardev Ji Maharaj

70th Nirankari Sant Samagam

will be held on
November 18 to 20, 2017

at the Samagam Ground, Near Nirankari Chowk,
Opposite Nirankari Sarover, Burari Road, Delhi-9

PROGRAMME

Saturday, November 18, 2017

Holy Congregation : 3.00 p.m. to 9.30 p.m.
Satguru Mata Ji's Discourse : 9.30 p.m.

Sunday, November 19, 2017

Sewa Dal Rally : 11.00 a.m. to 1.00 p.m.
Holy Congregation : 3.00 p.m. to 9.30 p.m.
Satguru Mata Ji's Discourse : 9.30 p.m.

Monday, November 20, 2017

General Body Meeting : 11.00 a.m - 1.00 p.m.
(In Ground No. 2)
Holy Congregation : 3.00 p.m. to 9.45 p.m.
Poetic Symposium : 5.00 p.m. to 7.00 p.m.
Satguru Mata Ji's Discourse : 9.45 p.m.

SPECIAL NOTE :

Guru Vandana Programme : Tuesday, November 21, 2017
6.00 p.m. to 9.00 p.m.

(C.L. Gulati)
Secretary (Hqrs.)
Sant Nirankari Mandal, Delhi-9





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