

# Hansti Duniya



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## Hansti Duniya

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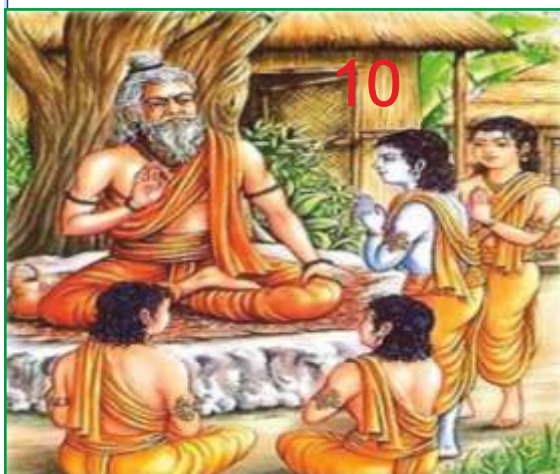
## Regular Columns

4. Editorial
6. Sampurn Avtar Bani
16. Improve Your Grammar
19. Riddles
36. Crossword
37. H. D. Answers
40. Laughing Time
44. Colour It
50. Have Your Say

## Photo Features

- 12 Grandpa
- 32 Kitty





## Poems & Etc

9. **O Father O Master of all** 5  
H.S. Nirman
11. **Children Consuming**  
**Online Time Like Junk** 7  
food
21. **Helpful Tips for the**  
**Children**  
Gurdev Singh
46. **Past, Present & Future**  
Rajan Sachdeva
47. **What India Can ...**  
(TOI)
49. **What is Life**  
Preeti Gupta

## Articles

- 5 **The Precious Words of**  
**Baba Hardev Singh Ji**  
S.R. Prjapati
- 7 **Appreciation and**  
**Gratitude are two ...**  
Dr. Ashok K Chitkara
- 10 **Teachers' Day**  
Sunil Nagpal
- 22 **The Role of a Teacher**  
Roopnaryan Kabra
- 27 **A Strange Creature**
- 31 **Fish Without Eyes**  
Archana Sogani
- 42 **Maize**

## Stories

- 17 **Troublesome Lalu**  
Rajender Pal Singh
- 23 **Search for saint**  
Shashi Kant
- 25 **Hard-Work pays**  
Radhe Lal
- 28 **I Am Not Dishonest**  
Paridhi Jain
- 38 **Cheeku Rabbit ...**  
Vaidehi Sharma
- 45 **Helping Hands**  
Sanjay Tandon



## First Be Your Own Teacher

Today, almost all the students are present in the class and are waiting for their teacher to come. As soon as the teacher entered the class, all the students gave him a warm welcome. Many students offered presents to the teacher and touched his feet too. Now all the students took their seats and the teacher accepted their greetings, presents and offerings with great love.

Now the teacher while addressing the students said, "Today is the Teachers' Day and I thank you all for your good wishes.

Offerings, greeting-letters etc. given is a sign of love and respect to the teacher. Along with this, to imbibe the teachings of the teacher in our life and behavior can make our lives very much meaningful. If we inculcate the teachings imparted by our teacher with great concern and properly apply those at appropriate moments in our life, only then these teachings are useful to us and also our thanks and regards to the teacher carry weight. All the students appreciated the teacher and accepted his version by clapping and then all of them began studying.

Dear friends! We also celebrate teachers' Day every year and convey our good wishes and thanks to the teachers.

We must ponder whether this has remained a mere formality to offer gifts to the teacher by organizing a tea-party and thus seeking his blessings and calling it a day? Whether the teachers who have taught us during school or college days are only our teachers?

Since our birth, we have been getting education. Our first education comes from our parents. Our brothers-sisters, relatives and neighbors, we learn something or the other from all of them. Then comes the turn of school, college and society. At every stage we learn something.

Education means to learn something. We do learn something or the other from everyone. This simply means that we decide our own attitude and our desire on the basis of our experience. Thus we start driving ourselves in that very fashion and become our teacher also.

The day we become our own teacher, the same day, the self-education also starts. Non of us wants to drive himself on wrong path. Though, while moving ahead, we have to take care that when we hold a divine lamp in our hand, then in its brightness everything will be visible, whether it's path or the destination.

—Vimlesh Ahuja





# The Precious Words of Baba Hardev Singh Ji Maharaj



1. Love and forgiveness is stronger than hatred in the world.
2. The forgoing of ego is very much essential for the development of life. Ego gives rise to hatred and eliminates love.
3. God is one and is omnipresent. This is universal truth. When we call it with different names, it remains the same.
4. When we call God's name that we don't use in our prayer as small, this proves our ignorance only. The entire humanity living on this earth is the family of the same God Almighty. Those who have attained God's knowledge, do not fall prey to different names of God. Thus learn the true meaning of the religion and imbibe spirituality.
5. The heaven shall prevail on earth with the confluence of knowledge and actions only.
6. The diamond never values itself. It is its qualities that make it costly. Similarly, a devotee never considers himself to be great. His qualities make him great.
7. Human power should be utilized for the welfare and not for the destruction.
8. A true friend puts you on the path of humanity by eliminating flaws and adding virtues in you.
9. The devotee is like a blossom and devotion is his fragrance.
10. The devotion never commences without attaining God's knowledge.
11. As light is the symbol of Sun and fragrance is that of flower, in the same way humanity is the sign of a human being.

—S.R. Prjapati



# SAMPURN AVTAR BANI

## Ik Tu Hi Nirankar - 124

TA TA DHOONI PUTHE LATKE TIL TIL KHAL LUHAI EY;  
SIMAR SIMAR KAI GUNGE HO GAE BAIH BAIH UMAR GUAI EY.  
KAIAN RAKH RAKH VART TE ROZE BHUKHIAN JAAN SUKAI EY,  
KAIAN NADIAN DE VICH NAHA NAHA APNI JIND GALAI EY.  
KAIAN JA JA TIRATHAN UTTE MAYA KHOOB LUTAI EY;  
KAIAN MADHI MASANAN UTTE JHOOTHI AS LAGAI EY.  
TIRATH MANDAR PARBAT JA JA HAR THANH ALAKH JAGAI EY.  
JAAN NA SAKIA PHIR VI KOI KI TERI VADIAEE EY.  
DUNIA VICH HAI KIHDA APNA KIHDI SHAI PRAI EY?  
KAHE AVTAR GURU BIN ISDI RAMAZ KISE NA PAI EY.

Gist : Thou Formless One

There have been many who sat by the side of fire, hung themselves upside down and got their skin peeled bit by bit;

There have been many who became dumb while repeating the name of God and others who wasted their whole lives sitting in trance.

There have been many who kept fasts for days together and tortured their bodies with hunger;

There have been many who wrecked their bodies by constantly bathing in rivers;

There have been many who went to the places of pilgrimage and squandered their money lavishly;

There have been many who pinned false hopes on graveyards and funeral places;

There have been many who have been offering prayers at places of pilgrimage, shrines and mountains;

Even then, none could know Thy glory and greatness.

Who in the world is one's own and what does not belong to one;

Avtar says, nobody has been able to understand this without the True Master.





— Dr Ashok K Chitkara, Chancellor Chitkara University

## APPRECIATION AND GRATITUDE ARE TWO ARMS OF GREATNESS



It's the little thing that matters and anyone who says he/she doesn't think so, is not speaking the truth. If the rain comes down as you step out, wetting your files, doesn't it upset you? If an insect falls into your soup, doesn't it bother you? If the driver in the next car rams into your car, doesn't it peeve you? If your classmate gives you the cold

shoulder, it pains, doesn't it? No matter how small an issue, it does matter if it affects us in one way or the other.

Similarly, traits in a person play a big part in their lives, even though they may seem insignificant, traits such as arrogance, bullying and anger can be hurtful when directed at others. The point here is that we



operate from a higher and a lower self. That is the stuff God made us of. We need to always make that tiny shift that makes us aware that we are operating from our higher self. For that, we have to be responsible and willing to take onus for our own actions, thoughts, words, choices and lives.

A small start in that direction is showing gratitude to people who matter, such as our parents, our mentors and all those who have enriched our lives. We have to recognize that a debt of gratitude is an expression of an elevated soul; one who shines with an inner light. It's such a tiny thing to say thank you, to feel gratitude. This leads to appreciation, which along with gratitude makes up the two arms of greatness.

The other small thing that we forget which makes all the difference is a 'smile.' We forget the tiny courtesies that go a long way. A sense of appreciation leads to a cheerful attitude. A cheerful attitude gives one's life vibrancy. Think of it, don't people who always complain

make others miserable? Don't we all feel pulled down by whiners and complainers? Whereas, people who are cheerful pull your spirits up and inspire you. They are the types who look at punishment as a potential for improvement and see every situation in a positive light. And gratitude needs to start from the heart of one person.

Showing respect to others, especially when we do not agree with them, is tough. It is more important to be kind than to be right. When you are young, you feel it's important to be right, to be correct at the cost of kindness, but sometimes you can do the correct thing kindly. That is your choice.

So, let us start now, thinking of the little things we do for ourselves, for others and for the society. Extending a hand to help, a listening ear, that little act of living out of yourself; that itself is atonement.

Sometimes all one needs is a hand to hold and a heart that understands!





—H.S. Nirman, Chandigarh

# O Father O Master of all

O' Father O' Master of all,  
We are children innocent and small,  
Please show us the way, so that we may obey  
And attain salvation O' Lord,  
O' Father .....

(May the world be united one,  
May love prevail and hatred be shun,)-(2)  
(May violence decrease and all live in peace,  
With good will may battles be won,) —(2)  
May - YOUR message spread through the world,  
And bring us all closer to God,  
Please show us the way .....

(We get lost in the pleasures of life,  
We get shaken when troubles arise,) -(2)  
(In sorrow and joy be always nearby,  
To help us out of our strife,) —(2)  
Be Our- strength when we become weak,  
YOUR Guidance and Blessings we seek,  
Please show us the way.....



—Sunil Nagpal, Delhi

# Teachers' Day

Teacher Day is celebrated with gusto and fanfare. There is a lot of excitement among the teachers as well as the students. The students bring gifts to show their love & regard. The students act the part of teachers and enjoy it very much. The atmosphere is charged and there is happiness all around. The teachers are overwhelmed with so much love, regard and affection which is the real investment of a teacher.

Teacher taught relation is ancient inseparable & close knit. Our mythology & history is full of these instances. If we peep into it, it unfolds before us. Every type of knowledge, be it spiritual or worldly knowledge, we need teacher to initiate us into that. Janak had Ashtavakra, Ram- Vashishta and Vishwamitra, Krishana-

Sandeepan, Shivaji had Guru Ramdas etc. Even in B.C. there is an example of Alexander the great and Aristotle.

Teachers are revered, honored and held in high esteem for their contribution. They are light house & torch bearer who illumine the path of their students. Teacher gets lot of respect & adulation. He has an important part in moulding the life of students.

Eklavya made clay statue of Guru Dronacharya and learnt archery. Narendra Nath became Vivekanand with guidance of Swami Ramakrishan Paramhansa. We find many examples highlighting teacher- pupil relationship or depicting devotion of the disciple towards his teacher. Ekalavya, Karna, Ram, Krishna were all great of Indian mythology and were great pupils as well. One such disciple is Aruni the disciple of ancient sage Dhroumya. For centuries teacher-taught relationship is strong and pious. The entire world owes to teachers who helped their students to tap their inner talent and reach dizzy heights. Teachers help a spark to become a flame so, 'Teacher Day' is to show respect to your teachers.





# Children Consuming Online Time Like Junk food: Study



**Parents** must intervene to stop their children from overusing social media and consuming time online "like junk food," according to a study. In an interview, Children's Commissioner for England, Anne Longfield, slammed the ways social media giants use to draw children into spending more time.

She said that parents should be proactive in stopping their children from bingeing on the internet in summer holidays.

"It's something that every parent will talk about especially during school holidays; that children are in danger of seeing social media like sweeties, and their online time like junk food," Longfield was quoted as saying "None of us as parents would want our children to eat junk food all the time. For the same reasons, we shouldn't want our children to do the same with their online time." Last year, an industry watchdog said that children aged 5 to 15 are spending 15 hours a week on the internet. A study earlier this year of screen time and mental well being among teenagers suggested that moderate use of devices may be beneficial.

(TOI)



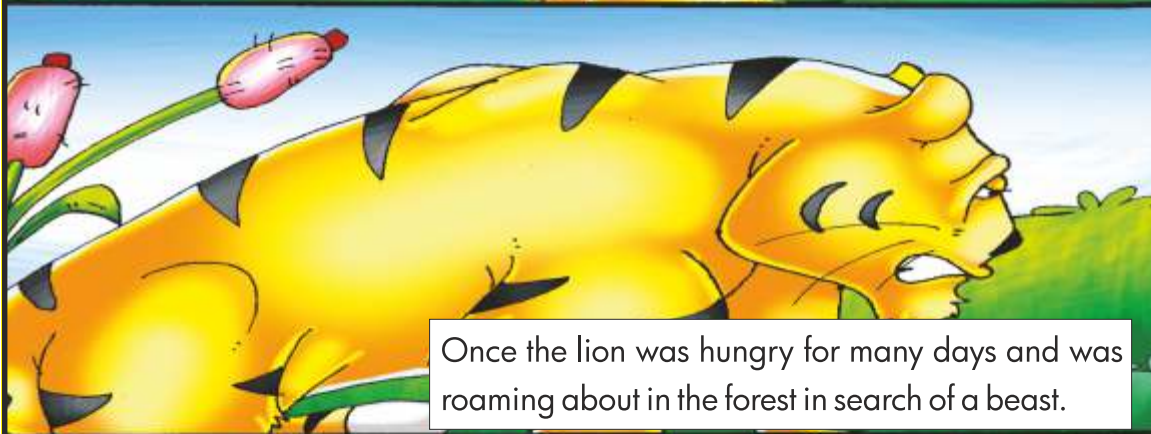


# Grandpa

Story & Illustration

—Ajay Kalara

There lived an old lion in a forest. It was unable to hunt due to old age.



Once the lion was hungry for many days and was roaming about in the forest in search of a beast.

While roaming, the lion saw a cave. Due to tiredness, it entered the cave and started taking rest there and thought that whichever animal lived there, it will hunt whenever they come there..







It was evening. There lived a jackal in that cave who was proceeding towards the cave in the evening.

The jackal was heading towards its cave as usual when it suddenly looked towards the foot prints of a lion on the ground.

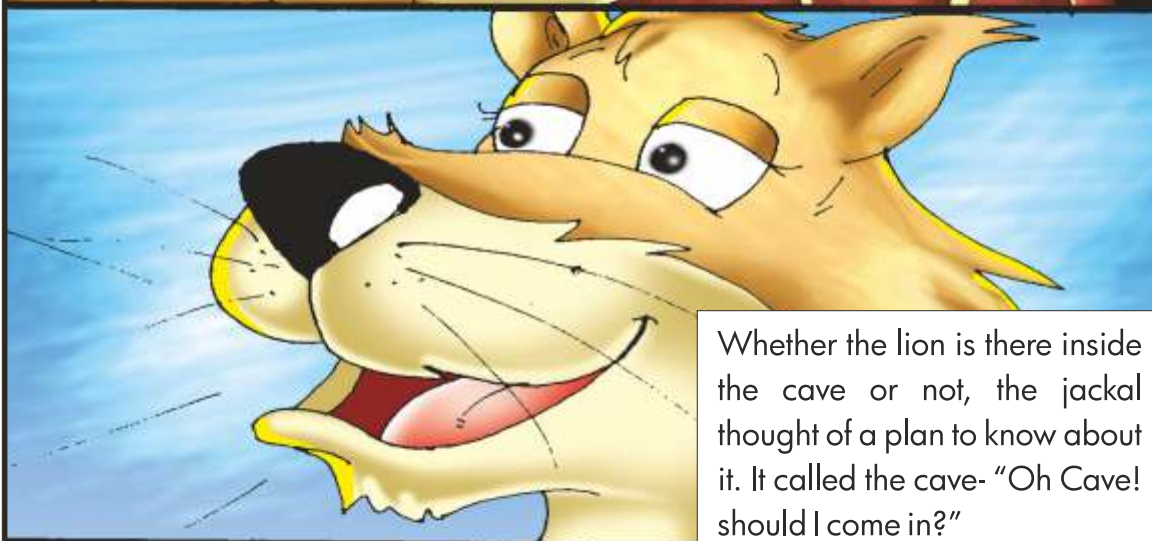


The jackal reached at the door of its own cave following those foot prints.





The jackal minutely looked at the foot prints of the lion. It could see the foot prints of lion going inside, but couldn't find those coming out. Now it started thinking what to do!



Whether the lion is there inside the cave or not, the jackal thought of a plan to know about it. It called the cave- "Oh Cave! should I come in?"

Not hearing any reply from inside, it called again- "Oh cave! What happened to you today, daily you are responding my call, why are you not doing it so today?"





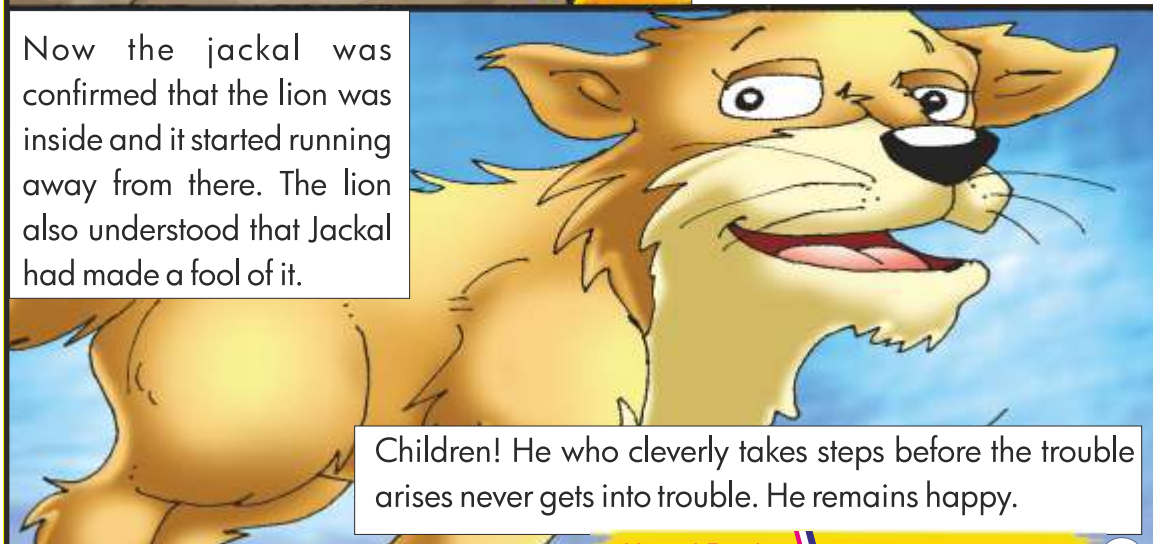


Not hearing any reply again, the jackal said, "If you are not responding, then I move to the other cave.



Now the lion got confirmed that the cave must be responding jackal daily. Today, it has not done so due to my fear. Today let me respond it's call. The lion called from inside- 'Come without any fear.'

Now the jackal was confirmed that the lion was inside and it started running away from there. The lion also understood that Jackal had made a fool of it.



Children! He who cleverly takes steps before the trouble arises never gets into trouble. He remains happy.





—Vikas Arora (Rewari)

# Improve your



Choose the right option –

1. The life history of a person written by himself is known as \_\_\_\_\_.  
a) BIOGRAPHY      b) AUTOBIOGRAPHY
2. The contracted negative form of SHALL is \_\_\_\_\_.  
a) SHALLN'T      b) SHAN'T
3. His family had a close \_\_\_\_\_ in the bus accident.  
a) SHAVE      b) ENCOUNTER
4. The journey may be made by sea or \_\_\_\_\_ by road.  
a) ALTERNATELY      b) ALTERNATIVELY
5. The labour leader \_\_\_\_\_ the Government in the assembly today of not protecting the interests of textile workers.  
a) ATTACKED      b) ACCUSED
6. Find out which letter is silent while pronouncing the word 'CAMPAIGN'.  
a) G      b) N
7. AIDS is not a disease that can be \_\_\_\_\_ through the air or by insects.  
a) TRANSMITTED      b) CIRCULATED
8. Positive: TRUE, Comparative: \_\_\_\_\_, Superlative: TRUEST  
a) TRUER      b) TRUR

Answer Sheet	1	2	3	4	5	6	7	8



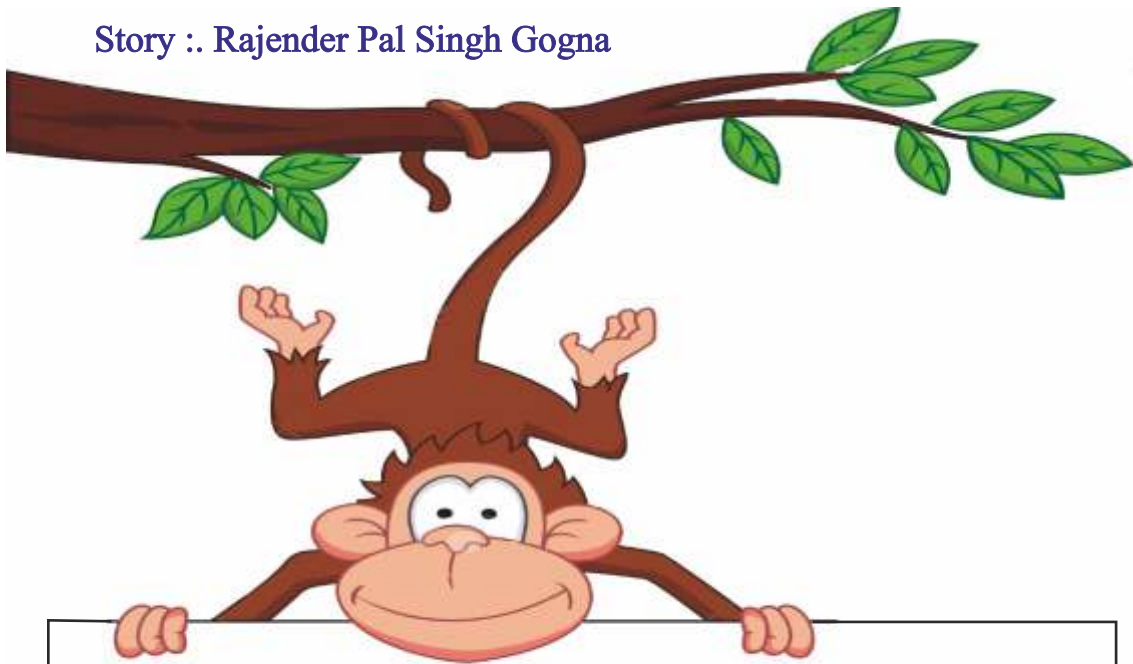
Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

Story :. Rajender Pal Singh Gogna



## Troublesome Golu

In the flora forest, there was a huge peepul tree. Many animals, birds, insects and pests lived in it. There were squirrels, sparrows, woodpeckers, bees, and a host of others. They were all very close friends and never fought with one another.

One day, a monkey—Golu—came from some-where and quickly climbed to the highest branch of the tree. Golu had a cap on his head. He also wore a suit which he had snatched from a passerby. Golu shook the branches of

the tree for some time and then stopped to announce loudly. "I am the new master of this tree. I own it. All of you must leave this tree. Get lost before I get angry."

The squirrel said humbly, "You are the new king, that's all right. But we have the right to live here because this tree is our home for quite long."

"Shut up and get lost. I do not want to hear arguments. You have to obey me," said Lalu in an angry tone.

Then a sparrow approached Lalu and said, "Please allow me to live on



this tree for few more days. My children are too young to fly. In this condition, I can't take them anywhere else."

"No, no, not at all. You must go," replied Lalu.

The sparrow again said, "Be kind. Let us live there for a few days. Meanwhile, my children will learn to fly. And then we will leave this tree for ever."

Lalu did not accede to the request. Rather he got more angry and shook the branches with so much force that the sparrow's nest fell down. Her children died there and then the cruel Lalu laughed loudly and said, "Whosoever does not obey me will meet such fate."

On seeing this, those living on the tree were frightened. One by one, many of them left in search of some other place.

One afternoon, Lalu was sleeping under the tree. His sleep was disturbed by a noise. He woke up and found many parrots sitting on the upper branches of the tree. Quickly he climbed up and shouted, "How dare you sit on this tree? What are

you doing on my tree?" A parrot replied, "Sir, we had been flying since long, so we stopped here for relaxing. Let us rest here."

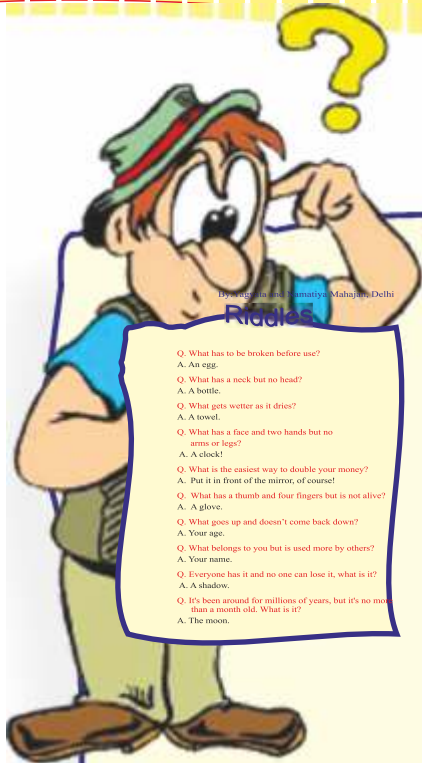
"This is not a rest house. Get away quickly," said Lalu. So, all the parrots flew away. Lalu was filled with pride. When Lalu looked down, he saw a man carrying a basket of fruits on his head. Mischievous Lalu jumped on the basket which fell on the ground. Seeing the monkey, that man got scared and ran away. Lalu ate few mangoes and bananas and again climbed up the tree. Suddenly, he noticed that on one of the branches of the tree, there was a big beehive. There were thousands of bees on it. How dare these bees make a beehive on my tree. "I must punish them", saying so, Lalu jumped upon the beehive. A part of the beehive broke down and lo ! thousands of bees came out of it. They knew that it was Lalu who broke their home. And then they stung him. Lalu was in pain and cried for help but none came to his rescue. The bees continued to sting him till Lalu fell down and died. So, finally, he had to suffer because of his evil deeds.





By: Nikita Dogra & Archana Garg

# Riddles



Q. What has to be broken before use?  
A. An egg.  
Q. What has a neck but no head?  
A. A bottle.  
Q. What gets wetter as it dries?  
A. A towel.  
Q. What has a face and two hands but no arms or legs?  
A. A clock!  
Q. What is the easiest way to double your money?  
A. Put it in front of the mirror, of course!  
Q. What has a thumb and four fingers but is not alive?  
A. A glove.  
Q. What goes up and doesn't come back down?  
A. Your age.  
Q. What belongs to you but is used more by others?  
A. Your name.  
Q. Everyone has it and no one can lose it, what is it?  
A. A shadow.  
Q. It's been around for millions of years, but it's no more than a month old. What is it?  
A. The moon.

Q. 1. After discovering America, what did Columbus see in his left hand?

Q. 2. I break out on sweets, Sugar is my weakness. Although I am not welcomed, You can find me everywhere.

Q. 3. What does India produce, that no other country can?

Q. 4. I come as green or red, as an important spice. I may look simple, but I am indeed hot.

Q. 5. In what respect is India ahead of U.S.A.?

Q. 6. I take birth only in winters, like millions of pearls. Grass and flowers are my bed, but I vanish as it dawns.

Q. 7. What is that which can't be cut with knife or scissors? Everybody wants to hold me, but I pass without your knowledge.

1- Fingers 2- Fly 3-Indians .4-Chilly 5-Time 6-Dew 7 Age

## Riddles Answers





# Improve Your Grammar

Answer	1	2	3	4	5	6	7	8
	B	B	A	B	B	A	A	A

## Q.No.

## Explanation

1. The life history of a person written by someone else is known as biography.
2. The contracted negative form of SHALL is SHAN'T, not SHALLN'T.
3. CLOSE SHAVE is an idiom that means 'a narrow escape'.
4. Alternatively implies that you have a choice (alternative) – either by sea or by road. In the given question, conjunction OR gives us the clue. Alternate means 'to occur in turn repeatedly'.
5. The preposition OF makes our job easy. Of the given choices, ASSUSED is followed by the preposition OF.
6. While pronouncing the word 'CAMPAIGN', the letter 'G' is silent.
7. If A transmits a disease to B, A has the disease and causes B to have it. Here, 'disease' gives us the clue.
8. The Superlative degree of TRUE is TRUER, not TRUR.

- ★ The sole aim of education is to educate the soul.
- ★ The function of education is to teach one to think intensively and critically. Intelligence plus character - that is the goal of true education.
- ★ Education is the passport to the future, for tomorrow belongs to those who prepare for it today.

## Education

- ★ Education is what remains after one has forgotten what one has learned in school.
- ★ Education is the most powerful weapon which you can use to change the world.
- ★ Education is not what a man



Compiled by :Gurdev Singh 'Gurdev'

# Helpful Tips for the Children

★ Put clear and simple ideas in your child's mind

★ Make clear rules and do not make exceptions so that child does not get a mixed message. Be clear about what behaviour is acceptable and what is not. Make them civilized, disciplined and courteous. Tell them to imbibe good qualities in their behaviour to get appreciation from every one.

★ Help your child develop a sense of responsibility-ask him/her to help with household jobs of setting the household articles at proper place. Make them face the difficulties and troubles of life, so that they can bravely face them. Do not be over protective..

★ Tell your child to be very clear to set his/her goals and target.

★ They should be organised and keep the things at proper place so that they can find them at the time of use.

★ They must be told about the importance of cleanliness, it has to be inculcated in a child till it becomes a habit.



★ Children can be taught to be clean and tidy but more importantly they must be taught to respect those who help them live better, cleaner, healthier lives..

★ Give your child the facilities required to be well behaved for example, if you do not want your child to wipe hands with clothes, give him/her a napkin.

★ Praise their good manners. Give your child time to feel good about being part of a special and loving family. Value of love should start at an early age.





# The Role of A Teacher

— Roopnarayan Kabra



**Once** former President Dr. APJ Abdul Kalam said to his colleague Sirjan Pal Singh, "Tell me how you want to be remembered about yourself?"

Sirjan Pal replied, "Sir, the best is yet to be done in life, mine is no achievement, so what reply should I give to you?"

Dr. Kalam said, "You tell me whether you want to be remembered due to your achievements or due to your work?"

Sirjan Pal said, "Due to both, Sir. Sir, you tell me that how you yourself want to be remembered about?" President, Scientist, Writer or a Misile man? "

After Sirjan Pal put this question, he was just looking towards Dr. Kalam that he said, "I would like people to remember me as a teacher. A teacher is the only person who carves the child to make him a successful person in life. So I would put my efforts in the direction that people remember me as a teacher."

Hearing this, Sirjan Pal Singh bowed before Dr. Kalam and said, "Sir, You are my teacher also. I shall remember your teachings through out my life."



-ShashiKant

# Search for Saint



**A** king had four sons. One day, the king called them and said, "Go, search for a saint and bring him with you. I will make him sit on my Royal throne who brings the real saint."

All the four sons went. After some days, the eldest son returned. He brought a rich man along with him. He said to the king, "Maharaj! This man gives a big charity. He has raised so many temples, ponds, outlets for drinking water and also offers meals to many saints on daily basis.

Hearing this, the king gave a warm welcome to the rich man and then he left.

After this, the second son brought the Krishkaya Brahmin along with him and said, "He is Vipr Maharaj who has been on pilgrimage tour to Four Dham on foot. He keeps fast and never tells a lie. The king gave the proper charity to the Brahmin and sent him off.

Then came the third son with a saint. Immediately on reaching, the saint set up his posture and sat in meditation by closing his eyes. The king's son told him about the saint that he is a big





friar. He takes only one meal the whole day. In summer he burns fire all around and during winter, he stands in cold water for meditation. Can there be any saint greater than him? The king gave proper regard to him and thereafter he also left.

The fourth son returned accompanying a villager in old and dirty clad and said, "He was washing the wounds of a dog. I don't know him. You yourself ask him if he is a saint or not?"

The king asked him if he performed any religious rituals?

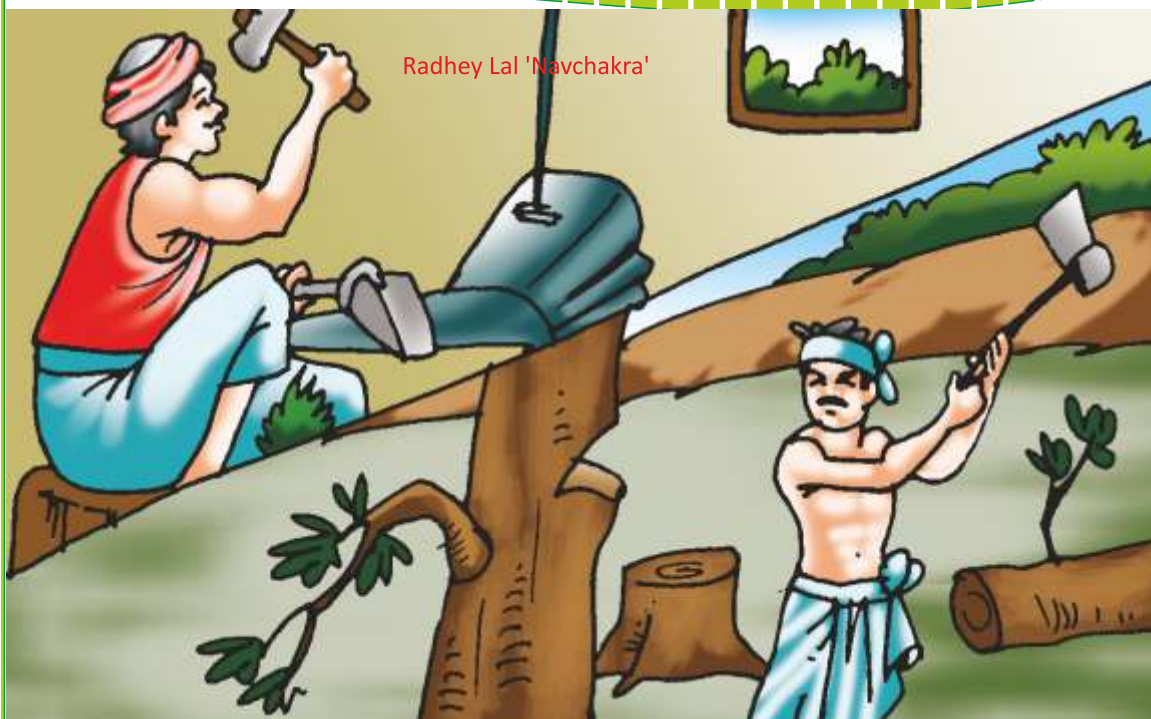
The villager bowed before the king and said, "I am illiterate. I don't know about any rituals. Yes, if I find any sick, then I do serve him. If a hungry man asks for food, then I provide him the same and if a person without a clad on his body asks for clothes, then I give him the same even after removing from my body."

The king stated that he is the real saint and announced for the carnation of his fourth son.

Then the king said, "Selfless service is the real religion. A saint is proved through his selfless service only and then one gets the real saintly reward."







## Hard-Work pays

A wood-cutter got a piece of iron lying on the road side. Taking it he reached the shop of a black-smith. He said to the black-smith, "Brother! Please get me two axes out of this piece of iron. I will give you the appropriate labor for that."

Good!- saying this the black-smith kept that piece of iron with him.

"When shall I get those axes?"-asked the wood-cutter.

"Day after tomorrow."-said the black-smith.

At the given time, the wood-cutter collected both the axes from him and returned home. He kept one of the axes

in one corner of his house and used to cut the woods with the other in the forest and thus earn his livelihood. A year passed in this way.

One day while cutting the woods, the arm of the axe got broken. The wood-cutter returned home with the attention of getting a second arm to the ax. At home, after fixing the second arm to that axe , he kept that ax where already another axe was lying.

The axe already lying there when looked towards this axe, it got stunned. Astonishingly it said to the other axe, Oh! We both are made from the same piece of iron. The same black-smith made



both of us at the same time. But how is it that there is so much glow on you? How it has come on you? And look at me, how ugly I look like as if I am sick for quite some days. After all what is special in you?

The other axe said, "Dear! I have been continuously working since I came into existence, and you are enjoying rest since you are formed. Isn't it?"

"Oh yes!- said the first axe

Whatever shine you are looking in me is due to that hard-work only and your such condition is due to you lying lazy and idle all the time. You have lost your



original shine also. After a little pause, the second ax again said, "Remember that the hard worker always remains healthy and a lazy one turns sick.

The axe lying in the corner now fully realized the entire truth. It also got ashamed very much on its laziness.



**Unique  
Photo  
of the  
month**





— Archana Sogani



## A Strange Creature

'Aarmadilo' is a strange creature. At one time there used to be hundreds of its different species. Let us have some more knowledge about this creature.

There are about a dozen species of this creature in "Prague" region of South America. Actually, in the year 2000, this creature was included in the list of 'disappearing' animals. At present, their number has come down drastically.

Yes, the viewing capacity of this creature is very poor. These creatures hunt through their smelling power only. In addition to swimming, these can stay in water for 5-6 minutes only.

As per fresh research of the scientists, at one time this creature used to be

30-40 ft long on earth. It's female counterpart used to be 18-20 ft long. It's tongue, 8-9 ft long and teeth used to be 7-8 inch long. Apparently, it looks like the monster. Whereas the teeth of the male counterpart are 3 inch long on the average and tongue used to be 5ft long. Both sit for hunt taking their tongue out. Actually, there used to be a sticky saliva drip emanating odor from their tongue that used to spread in the surrounding atmosphere also through its contact with the air. Attracted by this odor, many small creatures get fascinated to them. They then become the prey to these Aarmadilo.





# I Am Not Dishonest

There lived a herdsman named Rahim in Iran. He was a very honest person and helped everyone in trouble. He used to shepherd his sheep through out the day, but whenever some one called him for help, he used to reach there. Slowly his honesty spread all over the region. In spite of getting fame, he didn't feel proud. He never forgot that he was a

small shepherd boy, who earned his livelihood through sheep.

Slowly his fame reached the Sultan of Iran. At that time some of the ministers of the king were preparing for the revolt, due to which the king was afraid of his throne.

Sultan called Rahim to his court. He was all praise to Rahim within few





moments of talk with him. Sultan made him Vassal of a small district where he already lived in.

Rahim said, Sir! I am an ordinary shepherd boy. How do I know to rule.

Sultan said, You are an honest and a dedicated person. This is the biggest quality in you. In addition to this, you always keep yourself ready to help every one. A good ruler should possess all such qualities.

Finally, Rahim agreed to Sultan's proposal, but he didn't feel happy

over it. The ministers of Sultan were very much troubled that a poor shepherd had become a Vassal.

Looking to Rahim shepherd of their area as their Vassal, the joy of the people living there knew no bounds. But Rahim never felt proud of it. He took his simple meals as usual which kept him reminding that he was an ordinary shepherd. Rahim moved from one village to another on the horse and thus solve their problems. The happiness prevailed all around



his region. Sultan also became very much happy on hearing this that he had made a right selection of the person.

But after some days, a suspicion arose in the minds of the people that when Rahim moved on an official tour, a carrier moved behind him carrying a small box and Rahim used to take extra care of it. Some people started saying that Rahim has kept gold, diamonds and other precious stones seized from the public in that box. This rumor spread so fast that the villagers also started believing that Rahim is becoming rich by cheating them. Now people also lost faith in him.

Sultan got upset on hearing this. But instead of trusting the hearsay of the people, he thought of confirming it himself. One day, Sultan reached the place where Rahim was living in a tent. Hearing the news of arrival of Sultan, Rahim came out to escort him. Along with him came a servant with a carrier carrying a box on it. Rahim welcomed Sultan by bowing down, but Sultan's eye was set on the carrier.

Rahim couldn't understand what the matter was?

Sultan asked in anger, "I had made you Vassal for the service of the poor, and not to grab them and accumulate the wealth at your end. Now you are not fit for this position as you have made money by misusing the same. Open this box and show me how much wealth you have grabbed and accumulated."

Rahim silently opened the box and Sultan was stunned to see an old shirt lying in it.

Rahim said, "Sir! That's all the wealth I have, whether you name it gold-silver or pearl-diamonds. I always keep it with me so that I never forget that I am a poor shepherd."

Sultan's eyes were full of tears. Hugging him he said, "Please excuse me. I unnecessarily doubted your integrity. You are the most honest person in our domain."

After this Sultan made Rahim still a bigger Vassal. But Rahim didn't leave honesty even on attaining the higher and higher positions.



—Archana Sogani

# Fish Without Eyes

This fish swallows around 150 to 200 subtle aquatic organisms in its

You would feel astonish to learn that there is one such species of fish in this world that does not have eyes. In other words, it can't see anything, even then due to its sharp brain it can easily hunt and fill its stomach.



Such fish named 'Kiv' is found in the deep rivers of Mexico and is 1 to 4 ft long. After all how this fish is able to hunt without eyes. Let us learn about it.

Actually, there lies excess quantity of 'Hydrodynamic Imaging' in the body of this fish. That's why it can make an exact guess of everything in advance. Though there is a 'lateral line' in the body of every type of fish that tells about any type of movement and flow of water around them, yet in 'Kiv Fish', this is highly developed. Through this it can easily make a guess of any hindrance coming in its way and recognizes its prey also. As and when there is a change in flow of water around its body, a map of changing circumstances is naturally formed in its brain. Then it leaves a type of smell from its mouth to make its prey unconscious and swallows it immediately.

journey of 24 hours. Yes, there is one specialty of this fish that it loves independence variance in water.

Some species of this fish are found in huge deep rivers of North America. It is just one foot long and it's body bears one subtle eye of the size of a mustard grain. It can't see anything during day time but at dawn, the glow of its eye suddenly brightens. It drops small tears through its subtle eye, the fragrance of which attracts small organisms from its surrounding and it immediately swallows these.

In 'Sinch River' of North Korea, the color of the species of this fish is black-white. There are two small eyes on its back. It goes dull by closing its both eyes on looking to its prey. When the prey coming close to it, tries to climb its back, then swiftly it grabs the prey by tilting its body.







# Kitty

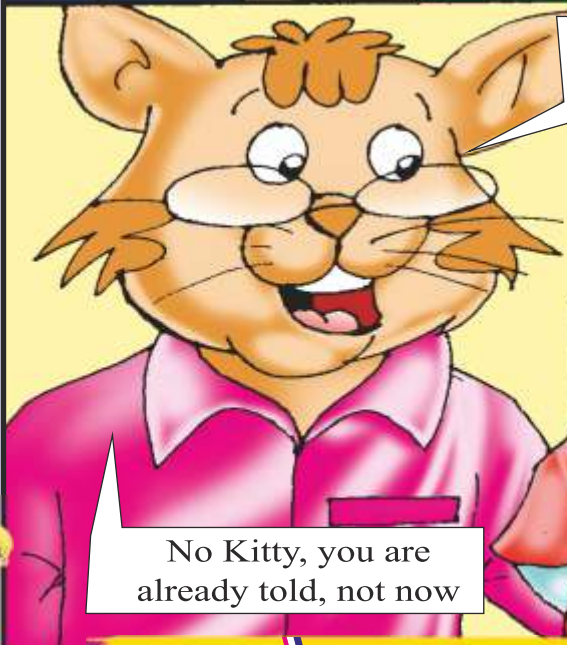
Story & Illustration  
Ajay Kalara

Kitty! Awake, today is a holiday, it doesn't mean that you will rise late. Get up early.



O.K. Mom.

Good Morning Maa, Good Morning Papa. Papa! I need a bike.



Kitty, You are under age by one year at present. You will get it when you reach 18.

No Kitty, you are already told, not now

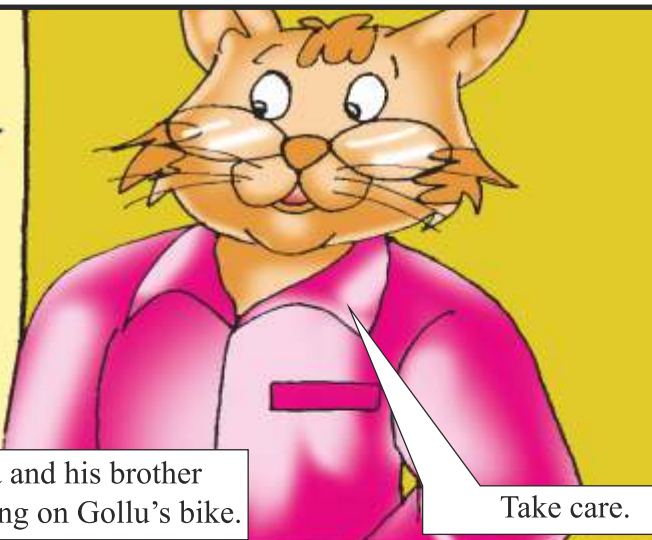


No Papa, I need it now.

O. K. Papa.



Next morning.....



Papa, I am going to school, Reena and his brother have come to take me. We are going on Gollu's bike.

Take care.

Golu ! Let Kitty drive the bike.



O.K. Drive it, but be careful.



Reena, today I will drive the bike, please.



Oh! How thrilling it is. Wow!









Hello Mr. Pappu, You come to the jungle chowk. Your daughter is in our custody. I am Inspector Pingu calling.



Yes Sir, what happened, what wrong my daughter has done? Tell me.



She was driving the bike without having licence. Why you provide bike to such children?



Sir, this is not her bike, please excuse her, I beg your pardon.

Yes, in future, I will never do like this.

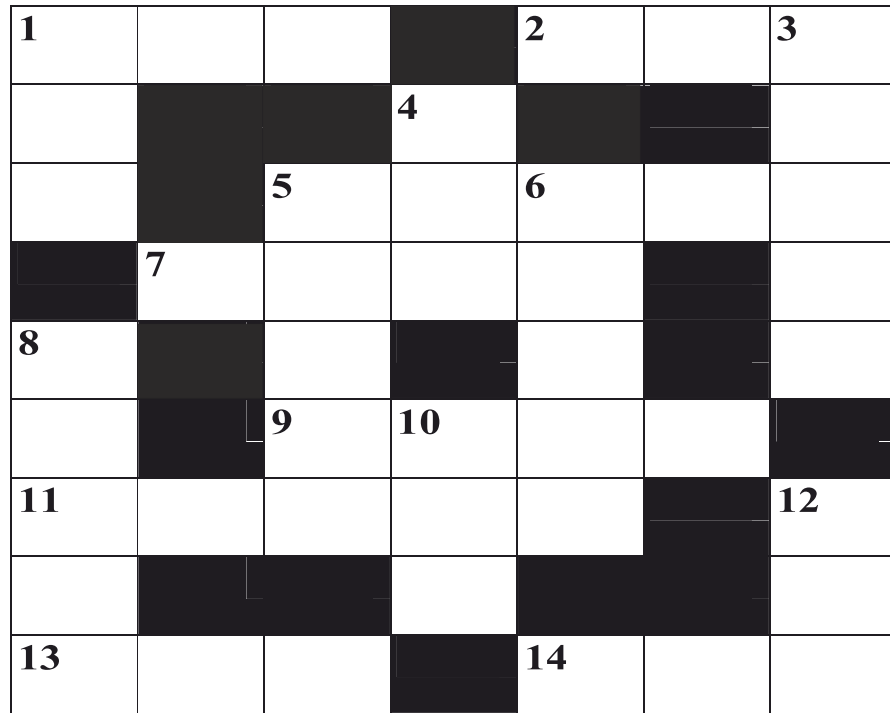
Yes, you appear to be a gentle person, that's why I am relieving her. But if it happens again, then I will not spare her.

Never act in such a fashion that you or your parents have to feel embarrassed .





# CROSSWORD



## Left to Right ▶

1. Half dozen bananas mean \_\_\_\_\_ bananas.
2. Antonym of Night.
5. The constitution of \_\_\_\_\_ is the longest constitution of the world.
7. A plan, an opinion.
9. The Taj Mahal is situated in this city of Uttar Pradesh.
11. The word that comes last in the dictionary: DELAY, DEBIT, DEITY.
13. Present: RUN, Past: RAN, Past Participle: \_\_\_\_\_
14. \_\_\_\_\_ York is a famous city of United States of America.

## Up Down ▼

1. Total resulting from addition hidden in CONSUMPTION.
3. A grayish-yellow fungus used as a fermenting agent to raise bread.
4. First natural number.
5. Find the odd one out: IDEAL, GRAPE, GUAVA, APPLE,
6. He buys milk from Mother \_\_\_\_\_ booth. (DAIRY/DIARY)
8. The name of Tipu Sultan's father was \_\_\_\_\_ Ali.
10. A synonym of INTERVAL.
12. As you \_\_\_\_\_, so shall you reap.



## H.D. Answers

Q. Why rising early in the morning is good for health?

A. Our health depends a lot on our breath and quality of air we breath in. The level of oxygen is maximum during early morning. Thus waking early in the morning is extremely beneficial for health. — Avneesh, Chandigarh

Q. What to do for purification and peace of mind?

A. Attend Satsang regularly.

Q. Why do people oppose the truth?

A. Because it hurts their ego.  
— Prateek, Delhi.

Q. What is the biggest element lacking in today's education system?

A. Moral and spiritual education.

Q. Can we make the world one by removing boundaries on world map?

A. Not unless wen first remove barriers in our own hearts.  
— Karuna, Bangalore

Q. Explain teachings of the Mission in one word .

A. Tolerance

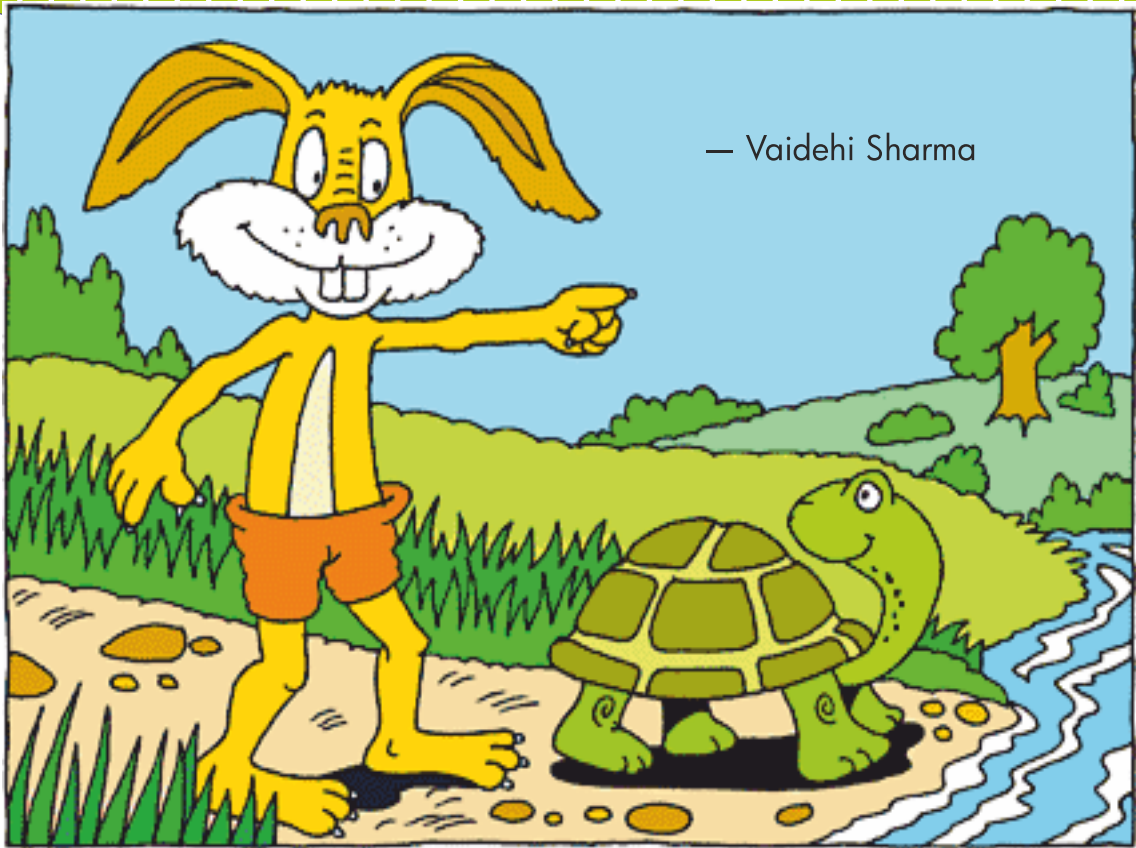
Q. Why do people worry?

A. People worry as they are always in a hurry to move ahead of others in this competitive world.

— Sanjay, Delhi







## Cheeku Rabbit Defeated again

Many animals from the forest gathered in Nandanvan during the evening when Cheeku rabbit started narrating the city incidents very excitingly. A few days ago, Cheeku rabbit had gone to its maternal uncle's house. It had viewed a film on TV at its uncle's house and started boasting on returning from there.

Seeing Cheeku in such an excited state, Kaalu tortoise said, "Dear Cheeku! Don't boast so much about viewing film on TV. We shall also view the film on TV whenever we happen to go to the city.

"You can't go to the city. O, if you start today, you will reach the city after many months." Cheeku said.

"Dear Cheeku! You are very much proud of your fast running. Do you remember, once my grandfather had defeated your grandfather in the race."

"O! That's a very old story. Now you can have a race with me. I shall defeat you within few minutes." Cheeku said.

"O. K. If you are so proud of your running, then we can check it by running from forest end to the river end." Kaalu said.





The race between Cheeku rabbit and the Kaalu tortoise was finalized.

The next day, many animals from Nandanvan gathered near the forest end and some others reached the river end. The race started at the fixed time. Running very fast, Cheeku reached far off within few minutes. Kaalu also started slowly towards the river.

Going quite far off, Cheeku looked behind. Kaalu was nowhere to be seen. Cheeku started taking rest while standing under a mango tree. Then it saw huge mangoes hanging from the mango tree. Cheeku wanted to eat those mangoes but it was very difficult to pluck those mangoes. The rabbit didn't know how to climb the tree. Then only it thought of Kaalu and started running towards the river.

While running fast, Cheeku reached near a field. A wooden ladder was lying there near that field. On seeing the ladder, Cheeku thought of a plan, "If I carry this ladder to the mango tree, then I can reach the mangoes with its help and enjoy these very much. By the time Kaalu reaches here, I shall

immediately get down the tree and reach the river end. Thus I shall enjoy the mangoes and win the race also."

Thus thinking of eating mangoes, Cheeku carried the ladder to the mango tree and started enjoying the mangoes by climbing the tree. While enjoying the mangoes, Cheeku altogether forgot Kaalu.

Cheeku was so much indulged in eating mangoes that it didn't watch kaalu when it passed through the mango tree and moved ahead.

After taking mangoes, Cheeku got down the tree. Not finding Kaalu nearby, it was very happy and started running towards the river. On reaching



the river, when Cheeku looked at Kaalu, it became very much nervous. Cheeku had lost the race from Kaalu due to its lust for the mangoes.

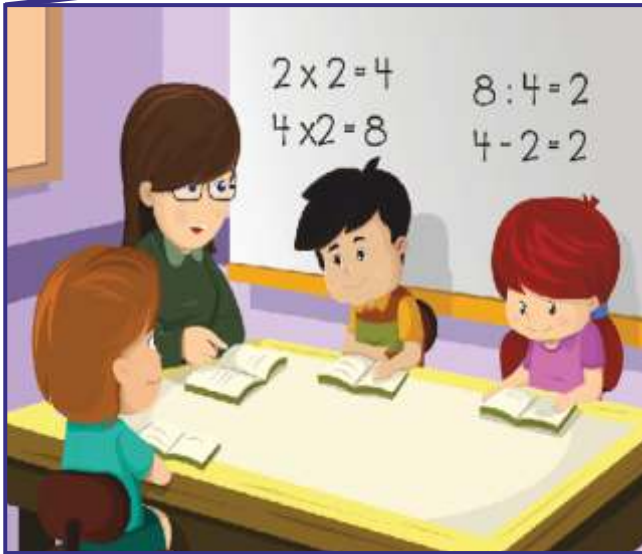
The animals of Nandanvan welcomed Kaalu with flower garlands.

The greed is curse. In its lust for mangoes, Cheeku rabbit again lost the race.



— Sakshi Gulati, Chandigarh

# Laughing Time



Teacher : Which one is closer, Sun or Africa?

Johnny : Sun, Sir.

Teacher : How?

Johnny : Sir, We can see sun, but can't see Africa.



One day teacher asked Sam did his father help him with his homework?

Sam simply said, "No, he did it all by himself."



Little Tom (on phone): My son is having high fever and he won't be able to come to school today.

Teacher : Who is this?

Little Tom : This is my father speaking!



Math Teacher: Sara, what do you get when you subtract 897 from 1824 and add 176 and divide the answer by 3?

Sara : A Headache Madam.



Johnny asked to Sam what they will do that night?

Sam said, "we will flip a coin"

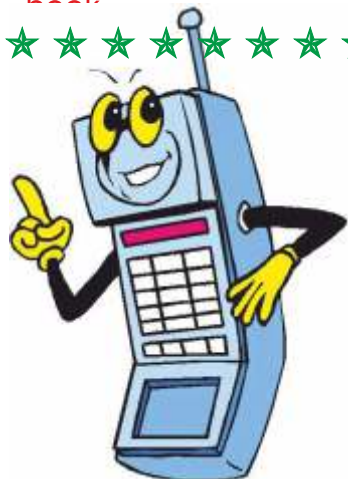
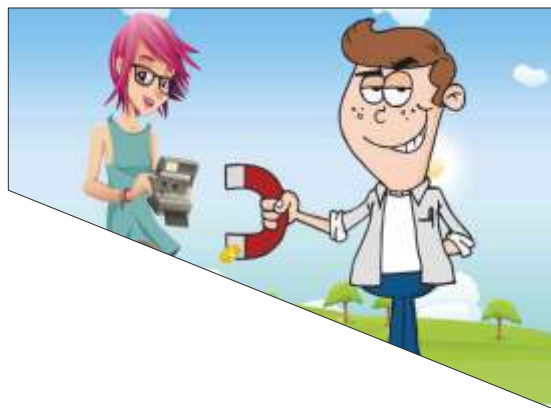
Then Johnny said, "If it comes head, we will go for movies. If tail, we will play cards, if it stands on edge, we will study!"





Father : Why are you making a hole  
through through your text  
book, son?

Sorn : Because teacher asked me  
to go through the whole  
book.



Praveen : I checked yesterday that I don't  
have any iron in my body.

Sunita : How did you check?

Praveen : I checked with a Magnet, it  
was not sticking to me..!



I was visiting a friend who could  
not find his cordless phone.

After several minutes of searching,  
his young daughter came and said,  
"You know what they should invent?"

- A phone that stays connected to  
its base so that it never gets lost.



What's winning attitude?

3 ants saw an elephant coming.

Ant First : We will kill him

Ant Second : We will break his legs.

Ant third : Forgive him guys, he is  
alone and we are 3.

## CROSSWORD SOLUTION

1 S	I	X		2 D	A	3 Y
U			4 O			E
M		5 I	N	6 D	I	A
	7 I	D	E	A		S
8 H		E		I		T
Y		9 A	10 G	R	A	
11 D	E	L	A	Y		12 S
E			P			O
13 R	U	N		14 N	E	W



# Maize



Maize is a grain, just as wheat and rice are. Maize is known as 'corn' in the United States, Canada, and Australia. It was first found in the U.S. May farmers of Mexico and Central America **cultivated** maize. Early European explorers of the U.S. were the first to take maize to Europe. Since that time, maize has been grown all over the world.

Maize grows in areas that have rich soil and cold nights but no frost

during the growing season. It also needs plenty of sunshine to ripen. These conditions are found in a large area of the midwestern United States known as the Corn Belt. Similar conditions are also found in parts of Asia, much of Central and South America, the Mediterranean, and southern Africa. The largest producers of maize, after the United States, are China and Brazil.

Maize is used to feed cattle and poultry. And, of course, it serves as food for humans. The maize that people eat is also called 'sweet corn'. The grains of maize that people eat are the seeds of the plant. The seeds are called 'kernels' and are found along the length of the spike. The spike with the kernels is commonly known as the 'ear' of corn. Leaves called 'husks' wrap around and cover the spike. The seeds, if they are planted, will grow into new maize plants.

Large quantities of maize are used in Latin American cooking. 'Masa Harina' is a kind of flour made from maize. It makes a dough

'Kernels' are found along the length of the spike. The spike with the kernels is commonly known as the 'ear' of corn. Leaves called 'husks' wrap around and cover the spike. The seeds, if they are planted, will grow into new maize plants.



## Result for the month of **July**

### Consolation Enteries



**Manali N. Chaudhari**

Age : 10

Plot No.1, Madhyamik Shikshak  
Wadi, Ring Road, Jalgaon



**Aastha Kanhaiya**

Age : 10

Nanijian & Society, Sindhi Colony  
Plot No. 141, 172, Bhusawal



**Priyasha Khanna**

Age : 8

109, Avtar Enclave Paschim Vihar  
New Delhi-63

**Pooja Khandare,**

(Mulund Colony, Mumbai)

**Priyasha Khanna**

(Paschim Vihar, Delhi)

**Arpita Saini,**

(10627 Naramore lane)

**Priya**

(Azamgarh, (U.P.)

Sushama

**(Rohine, Delhi)**

Pustam

**(Karnal)**

Karuna

**(Banglore)**

Khushi

**(Delhi)**

Manoj

**(Delhi)**

Priksha

**(Dehradun)**

### "Colour it" for September Issue

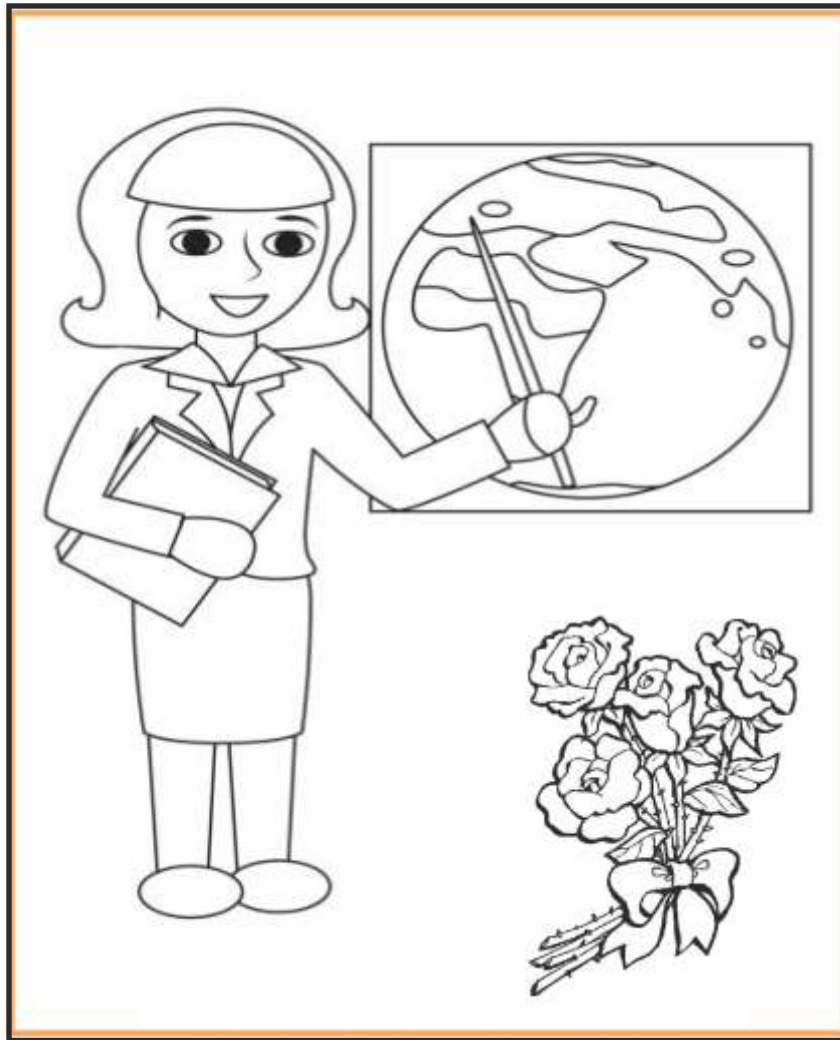
On page 44, a beautiful picture is given; colour it and send it to us latest by **October 20, 2017**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in **November 2017** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.





# Colour it



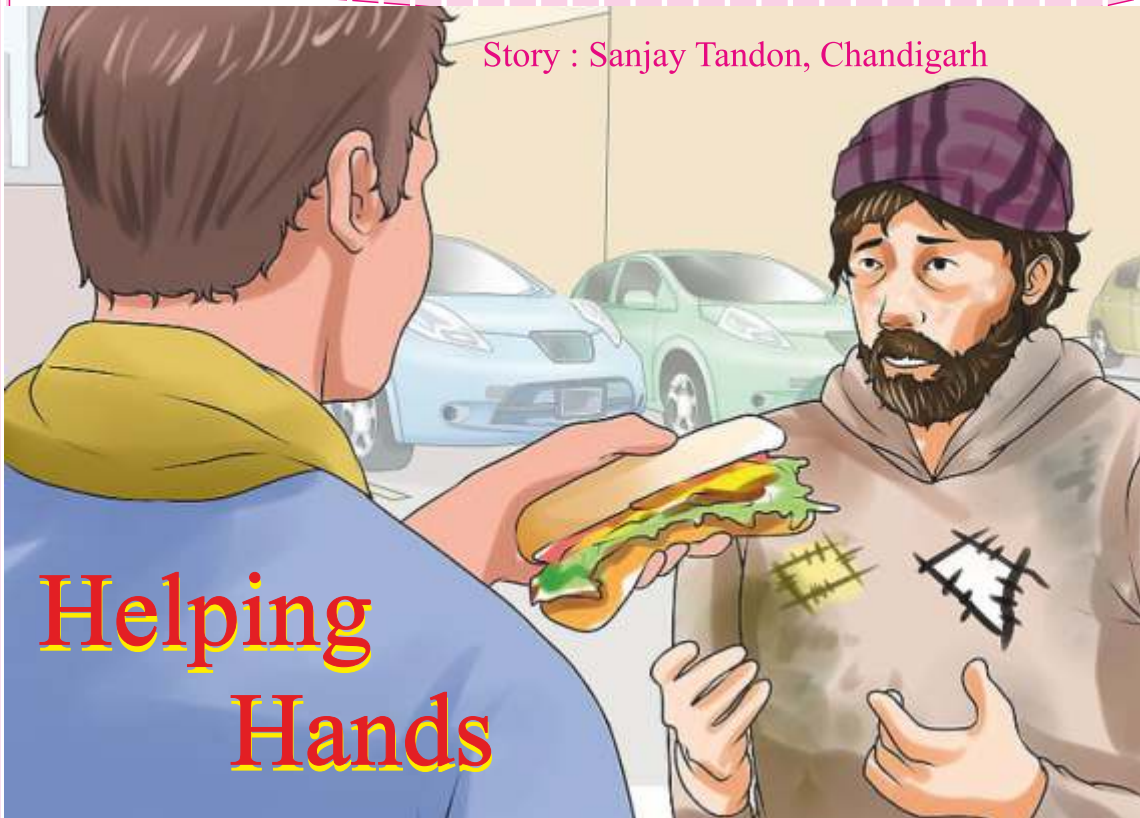
Name .....Age.....

Address .....

.....



Story : Sanjay Tandon, Chandigarh



It was late in the night when a tired old man knocked at the door of a rich landlord. He asked for food and shelter for the night. As a principle, Vishnu never turned away a hungry man from his doorstep. So, the old man was offered a seat at the table and steaming hot food was served to him. Vishnu sat across the table to oversee that his guest was well looked after by the servants.

As soon as the food was served, the man pounced upon it like a hungry animal. As he started gobbling up the rice, Vishnu admonished him sternly. "You did not fold your hands to thank god for the food, my friend. You did not

offer it to the Lord before partaking of it!"

The old man looked at him squarely in the face and said simply, "I never do that and I do not think there is any need for me to do it."

"Then you may not eat at my hearth. There is no place for you in my house, you may leave this instant, if you refuse to pray," said Vishnu. The old man cast the plate away, got up and walked out into the dark stormy night. Not once did he look back.

That night, Vishnu had a dream. The Lord appeared before him and asked,



'Prof. Rajan Sachdeva' U.S.A.

## Past, Present & Future

"Where is the old man, Vishnu?" Vishnu replied, "He refused to thank you Lord, so I turned him out. I could not have an atheist under my roof." The Lord said, "For eighty one years I have borne him. He came to you for one night, could you not bear him for only one night for my sake? I gave you surplus, so that you could in turn give to others. I expect you to do your duty; not teach every passerby what his duty is. What about the food that you snatched away from a hungry man? Did any of your people consume it? No, it was thrown away. It was wasted. More disrespect was shown to that food because it was wasted."

Love for God can never be forced, it has to blossom from within. A tiny seed has to be sown for a tree to grow. A fully grown tree can never be planted; it has to be grown from a sapling; nurtured and cared for till its roots are firmly fixed into the ground. Thereafter, it starts giving fruit to others! Similarly love for God can not be forced; it has to be evoked from within and that too slowly! So, strive to live in the conscious presence of God and do good deeds by way of service to society, chanting the name of God all the while. Don't forget that hands that help are holier than lips that pray!

**Moral:- "Service is a spiritual discipline, not a pastime of the rich and well-placed ."**

If you want to experience fear - think of the future.

If you want to experience shame and guilt - think of the past.

If you want to improve and progress - concentrate on present.

Fear stops us from doing something different. There is always some risk in trying new ideas.

What will happen in the future, is most likely to be uncertain, but how will we find out the outcome if we don't even try?

Not only the 'Feeling of shame and guilt' brings depression and makes us inactive – constantly talking and taking pride in a glorious past may also have a similar effect on individuals and the psyche of a society as well. Thinking, that we can never achieve those heights again, can also make us sedentary and not wanting to do anything to improve the current situation.

In order to progress – individually, and as a group or society - we need to think rationally and work together to create a positive environment in the present moment.





# WHAT INDIA CAN LEARN FROM THE BEST IN THE WORLD

## EDUCATION—FINLAND

Finland's education is the world's finest, and it's free all the way from kindergarten to university. Teachers are drawn from the top 10% of graduates and paid top salaries. Over two-thirds of those leaving school go to university, based on their own aptitude and career needs. High levels of personal attention from teachers ensure shorter and more productive study-time, less homework and more fun. Finnish students are top performers in global PISA rankings.



## ENVIRONMENTAL ACTION — GERMANY



Nearly 35% of Germany's energy needs are met through a mix of renewable sources solar, wind, hydro, biomass while ensuring power for its highly industrialised economy and high-income citizens. Widespread recycling of water and solid waste and a commitment to cutting emissions give Germany some solid green creed.

## GENDER EQUALITY— ICELAND

This small, cold country is the best place in the world to be a woman. A full 57% of professional and technical workers, 41% of its MPs and 44% of its ministers are female. 83% of working-age women are actually working, unlike India where only 22% work, that too in agriculture. And here's more -by 2022, Iceland has vowed to close its gender pay gap too.





## HEALTH — CUBA & UK

Cuba's universal healthcare is a model for the world, with extensive focus on primary care and preventive medicine through well-trained community doctors. And so, despite its poverty, life expectancy in Cuba rivals that in the US. Viva

Cuba! Almost fully funded by the government, the UK's National Health Service (NHS) provides comprehensive and mostly free healthcare for all. It works through a local GP for day-to-day needs, who refers cases to specialists when needed.



## PEACE — NEW ZEALAND

No wars, terrorism, riots or lynch mobs, practically no crime does that sound like a dream?



Well, say hello to New Zealand. This Pacific nation is politically stable, gets along with its neighbours and respects human rights.

## WORKING CONDITIONS — THE NETHERLANDS

A six-hour work day, high average wages, sick leave up to two years, pension and old age benefit make it a pleasure to work in the Netherlands. This flexibility and support extend to all levels of the working population. The Dutch take their work-life balance seriously, and are the happier for it.

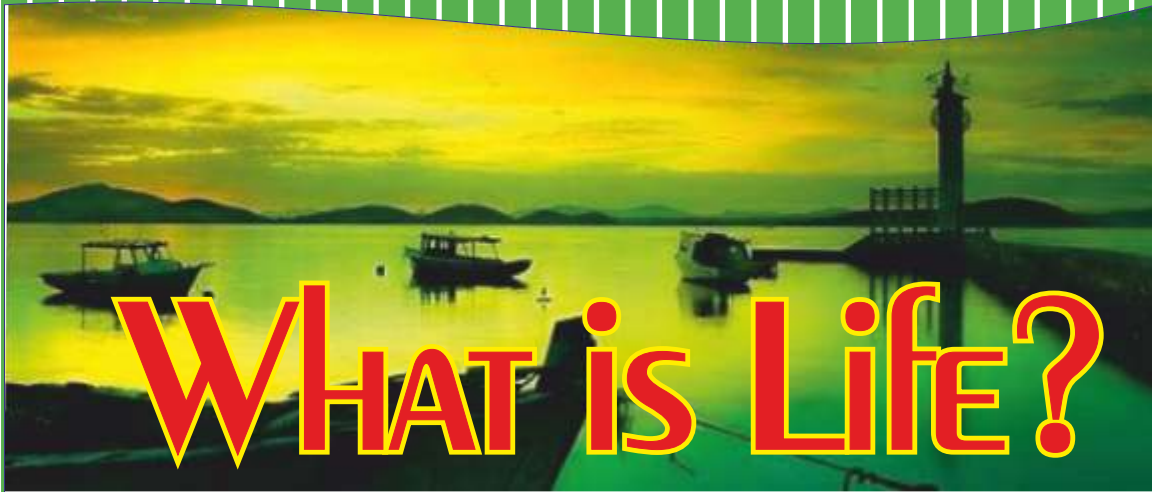


## PUBLIC TRANSPORT — SWITZERLAND

Getting from point A to B in Switzerland is the easiest thing, thanks to extensive and excellent road, rail and air networks. This world-class infrastructure is backed by top engineering and technological skills.

● ● ● (TOI)





# WHAT is Life?

*Poem by: Preeti Gupta*

*What is life?  
Just like a flower  
Which comes like a bud  
Goes like a Shower.*



*Petals are shattered,  
Leaves are shed,  
All that is left  
Are stems that are dead.*

*So is a man  
With a short life-span,  
should try to help others  
As much as he can,*



*Take it seriously  
And not so light  
Life is not a drink  
But a fight for the right.*







Front page of Hansti duniya June 2017 is very impressive. It motivates us to sow more plants so that our environment gets better. Regular features are very good. Improve your grammer,one can learn a lot of things. How to win people to your way of thinking is thought provoking. Information on International day of Yoga is good. It is showing more progress in every issue.

—Amita Mohan (Bathinda)

It is my pleasure to inform you that articles published in Hansti Duniya are very meaningful and fruitful. After reading article "Fruit of Gold" children and even elders learn the benefits of fruits. Now they enjoy more fruits and avoid sweets. 'Impact of friendship,' 'Pour not water into milk pot' are very interesting articles. 'True Service', Golden Swans are very useful stories. Children can learn English easily by reading regular column "Improve

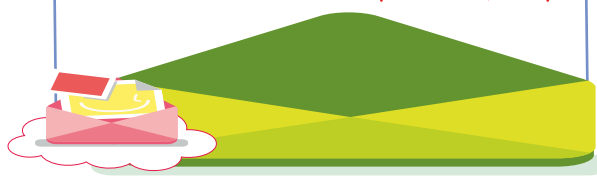
your Grammar".By reading 'Positive Attitude' article, readers get energy to live life peacefully. Hansti Duniya is very useful children magazine.

—Manish..(Allahabad)

The regular column "Know your Scriptures" is worth reading. It gives readers very good religious lesson to improve their life. The editorial 'Fruit of All' is very educative. It gives our children and elders a very useful lesson..how to live life without telling a lie and talk politely and help the needy persons.

God's Invisible hand is always there to support us is very interesting article The Groundnut Benefit is really most useful article to enjoy good health. Selection of poems published in the magazine are very nice and children enjoy poems. Little children are always happy to read Photo Features 'Grandpa and Kitty. They also enjoy Riddles. Hansti Duniya is best children magazine.

—Ishana (Pandoh, HP)



# Spiritual Zone for kids



With the blessings of His Holiness Experience online spiritual learning with exciting and fun features highlights our mission's message. Visit regularly to watch tiny tots excelling in the spiritual journey.

[kids.nirankari.org](http://kids.nirankari.org)

- His Holiness Message
- Glimpse of Blessing
- Message in colors
- Poetry Fantasy
- Wacky and True
- Fun Games

- Hansti Duniya
- Kids Creation
- Kids Activities
- Jokes
- Avtar Vani
- Story Time

**Share**  
your talent  
in form of  
painting, poetry  
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