

★ Vol. 32 ★ No.1 ★ JANUARY 2018



Hansti Duniya



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● Vol.32 ● Issue No.1 ● January 2018 ● Pages 52

(A Monthly for Children's Mental Development)

Published in English, Hindi, Punjabi and Marathi

C.L. Gulati

Member Incharge Magazine

Printer & Publisher Radhey Shyam,
on behalf of Sant Nirankari Mandal (Regd.)
Delhi-110009, printed at M.P. Printers,
B-220, Phase-II, Noida (U.P.) Pin - 201305
and published at
Sant Nirankari Satsang Bhawan,
Sant Nirankari Colony, Delhi-110009.

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Subscription Value

	India/ Nepal	UK	Europe	USA	Canada/ Australia
Annual	Rs.150	£15	€ 20	\$25	\$30
5 Years	Rs.700	£70	€ 95	\$120	\$140

Other Countries

Equivalent to U.S. Dollars as mentioned above.

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Thankfulness

Once, as soon as a teacher entered the class-room, all the students stood up to greet him.

Just then a student said- Sir, new year is fast approaching and this time also we have to make a resolution. On this the teacher said, "Thank you."

This year we have to thank everyone who have helped us or are presently doing so.

Just like when you drop a pencil in the class and the other student gives it back to you or answers any of your queries , you must thank that person.

In the same way brother-sister, mother-father or anyone does something for you, the help that is given to you may be less or more relevant, the person may be known or not, he may be a friend or a foe, that person must be thanked.

This thankful attitude is basically a gesture of kindness towards the other person . If we make this sort of resolution then thankfulness will become a part of our habit itself. If we do like this at the end of every year, this will help improve our personality and give us a sense of pride also.

Dear friends! New year will come every year but we must make sure not to just keep passing resolutions only, because this wouldn't serve any purpose, our actions should also reflect our thinking.

Thankfulness should also be followed by our actions of helping others, otherwise it will remain a mere formality and nothing else. Thus other persons will also help us and it will become a chain of thankfulness. Then we will realize that it is the real way of living and it becomes a part of our habit.

Come, let us thank God Almighty who has given us this life. He made the sun, moon, air, water, fire etc. for our use, provided us a wonderful society and many more things to make our living smooth. Let us all thank God in our attitude and in our actions by helping others.

—Vimlesh Ahuja



NEW YEAR MESSAGE

LET'S EXCHANGE GIFTS OF LOVE
AND TOLERANCE,
RESOLVE FOR POSITIVE CHANGE



Delhi, January 1, 2018: While welcoming the New Year-2018, let us exchange the gifts of love, respect and tolerance and make a resolution to bring positive change in our life. Let us not look forward to the New Year for a new start of our old negative habits but step in with new positive habits as our resolution.

This was the New Year message by Nirankari Satguru Mata Savinder Hardev Ji Maharaj to the world in general and to the followers of the Sant Nirankari Mission across the globe in particular, which was webcast from the Mission's Website at midnight today.

Her Holiness said that we celebrate the New Year Day by exchanging all kinds of gifts, but our best gift to others will be the gift of love, respect, tolerance and other positive feelings. Satguru Mata Ji said that our resolution for the New Year for positive change or change for good in our life should not be a one-time formality, but a pledge for all times to come. Let this change reflect from our way of working as well as speaking and have a positive effect on others too.

Satguru Mata Ji expressed her good wishes for every citizen of the world and prayed to Nirankar for wisdom so that man helpsman and brings happiness for self and for others as well. For devotees of the Mission, Her Holiness wished for more and more steadfastness in Sewa, Satsang and Sumiran. "I wish everyone a Happy New Year and a Blessed New Year", said Satguru Mata Ji

(SAVINDER HARDEV)
NIRANKARI MATA



SAMPURAN AVTAR BANI

Ik Tu Hi Nirankar - 134

THANH THANH HOKA DENDA PHIRDA RAB DI KIVEN PEHCHAN KARAN;
JEKAR RAB MILA DAE KOI JIND JAAN QURBAN KARAN.
US DE DAR DA KOOKAR BAN JAN PANI US DA BHARDA RAHAN;
TAN MAN DHAN DI BHENT CHADHA KE BANIA US DA BARDA RAHAAN.
MAN DI SARI SHEIKHI CHHAD KE JAPDA RAHAN JO DEVE NAAM;
LOON LOON MERA KARDA RAHSI HAR VELE US NOON PARNAM.
US DE CHARANAN DI DHOODI VICH KARDA REHSAN MAIN ASHNAN;
JIHDA IH NIRANKAR MILAEY BHULLAN NA US DA EHSAN.
POORE GUR DI SHARANIN JA KE BANDE APNA AP MITA;
KAHE AVTAR KARO PHIR BINTI DATA DATE NAL MILA.

Thou Formless One

Man moves from place to place shouting how can he know God;
He says: I am prepared to sacrifice my all unto any person if he gets me the realization of God.

I am prepared to serve him like a faithful dog and become his servant for whole life;

I am prepared to surrender unto him all my assets - physical, mental and material, and become his slave.

Shedding all pride and vanity, I shall keep on remembering the Divine Name as bestowed by him;

Each cell of my body shall keep on paying obeisance to him all the time.

I shall keep on bathing in the dust of his holy feet;

I shall never forget the kindness of the one who makes me realise this Formless One - Nirankar.

O' man, seek the shelter of the True Master and surrender yourself completely;

Avtar says, you should then pray to him saying: O' benevolent one, unite me with the benevolent God.





The Expression of Gratitude

Air Commodore Vishal was a Jet Pilot. In a combat mission his fighter plane was destroyed by a missile. He however ejected himself and parachuted safely. He won acclaims and appreciations from many.

After five years one day he was sitting with his wife in a restaurant. A man from another table came to him and said "You're Captain Vishal ! You flew jet fighters. You were shot down!"

"How in the world did you know that?" asked Vishal.

"I packed your parachute," the man smiled and replied.

Vishal gasped in surprise and gratitude and thought if parachute hadn't worked, I wouldn't be here today.

Vishal couldn't sleep that night, thinking about that man. He wondered how many times I might have seen him and not even said 'Good morning, how are you?' or anything because, he was a fighter pilot and that person was just a safety worker"

So friends, who is packing your parachute?

Everyone has someone who provides what they need to make it through the day.

We need many kinds of parachutes– we need the physical parachute, the mental parachute, the emotional parachute, and the spiritual parachute.

We call on all these supports before reaching safety.

Sometimes in the daily challenges that life gives us, we miss what is really important.

We may fail to say hello, please, or thank you, congratulate someone on



—Ankur Arora, Gurgaon

SWAMI VIVEKANANDA

Swami Vivekananda was born on 12th January, 1863 in Kolkata. His parents called him Narendra. His father, Vishwanath Datta, was a successful lawyer and his mother, Bhuvaneshwari Devi, was a religious lady.

During his school days, he excelled in music, gymnastics and studies. By the time, he graduated from Calcutta University, he had acquired a vast knowledge of Western philosophy and history. Instead of worldly affairs, he was more drawn towards spiritualism.

One day, he went to meet Sri Ramakrishna and straightaway asked him, "Have you seen God?" Sri Ramakrishna replied, "Yes, I have. I see Him as clearly as I see you." Thus, the true Master blessed his disciple Vivekananda with God realisation. Swami Vivekananda attended World's Parliament of Religions held in Chicago in 1893. His address began with the words 'My dear sisters and brothers of

America'. This thrilled the audience as this greeting contained the spirit of Universal Brotherhood. His inspiring speech made him famous as an 'Orator by divine right' and 'Messenger of Indian wisdom to the Western world'. After the Parliament, he spent more than three years spreading Vedanta in America and England.

After coming back to India, he founded Ramakrishna Mission in 1897. This organisation worked for the spread of education and uplift of the poor masses. It also ran various hospitals, schools and colleges and conducted relief work for the victims of calamities.

In 1899, he went to the West on a second visit to inspire and guide people on spirituality. He conducted hundreds of public and private lectures to spread awareness about the Hindu philosophy. His call to the world was 'Awake, arise, and stop not till the goal is reached.'

He passed away at the age of thirty-nine years on July 4, 1902 in India. His birthday is celebrated as 'National Youth Day' in India.

➔ something wonderful that has happened to them, give a compliment, or just do something nice for no reason.

As you go through this week, this month, this year, recognize the people who pack your parachute.

I just want to thank everyone who packed my parachute this year one way or the other through your words, deeds, prayers etc!! Don't want to take any of you for granted .

From the bottom of my heart with all my love

Wishing you a pleasant and a memorable end to 2017 and an awesome beginning to 2018

As received over WhatsApp from Shammi Batra Ji Mehrauli, Delhi



By : . Anu Tandon, Los Angeles

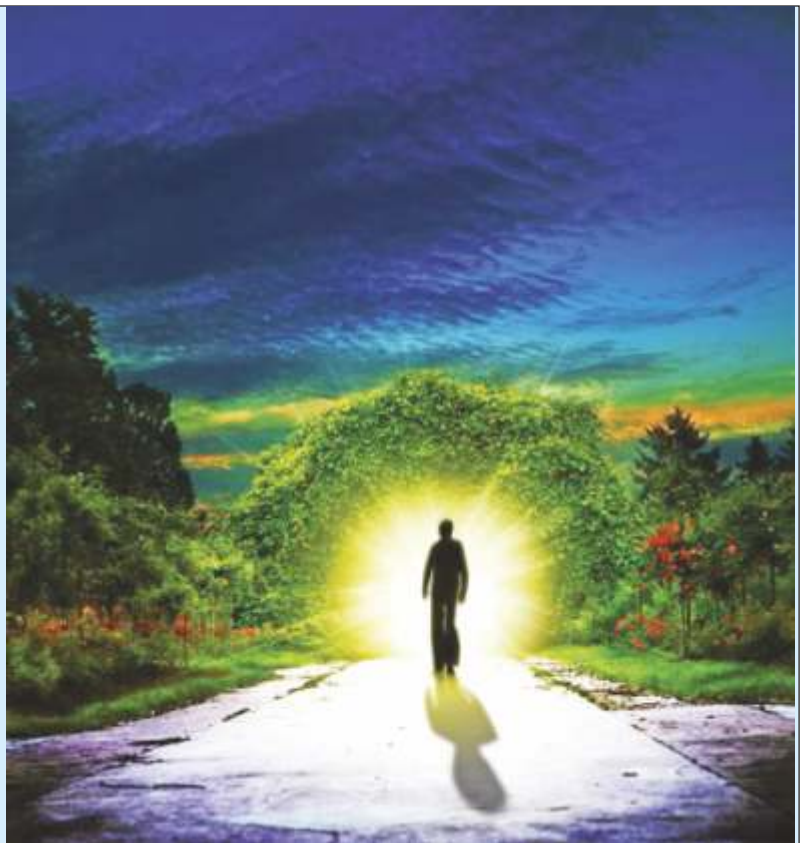
God is Always With us

Once two disciples used to come to Guruji for education in his Ashram. On completion of the education, Guru Ji wanted to give them a final test before leaving the Ashram. He gave one pigeon each to both of them with the instructions to kill the bird at a time and place where no one is watching. Both the disciples set off in different directions.

One disciple returned immediately with the killed bird in his hand and told Guru Ji that he had killed the bird hiding himself in the deep forests behind the Ashram, thinking that Guru Ji will appreciate him for obeying his orders so fast, while the other came back in the late evening with the live bird in his hand.

Guruji asked the second disciple, "Why didn't you kill the bird whole day?" The disciple said, "Wherever I went to kill the bird, I found that either I or the bird itself was looking which violated your condition of killing the bird. When I closed mine as well as bird's eyes and put the knife on bird's neck to kill it, then I suddenly remembered one of your lessons that God is omnipresent and always watching our each and every action. So, I am really very sorry that I could not perform the job assigned to me by you. I may please be pardoned for that." Guruji said, "You are the only one who has understood the crux of my teachings and also acted upon the same. So I am very happy and declare you as successful."

Guruji embraced him tenderly and said, "I am very much proud of you and my blessings are always with you."



Precious Words of Baba Hardev Singh Ji Maharaj



- ★ Knowledge is light and ignorance is darkness.
- ★ Man is the crown of creation of God, maintain its dignity.
- ★ The wealth of character is greater than the material wealth.
- ★ The human energy should be utilized for the welfare of mankind and not for its destruction.
- ★ The prophets show the path, we ourselves have to tread that path.
- ★ God realization should only be the prime objective of human.
- ★ The man is awake towards myth today rather than the truth. His awakening towards humanity is very much crucial (vital).
- ★ Before finding faults with others, we should try to assess ourselves
- ★ A good mother is equivalent to hundred teachers, so she should be respected at all cost.
- ★ Every thread of gold is precious. So also is every moment of our life.
- ★ The wound of a sword gets healed with the time, but the harsh words damage the hearts.
- ★ If we inculcate the teachings of the saints in our life, our thoughts become pure and we feel pleasure and happiness.
- ★ The wealth earned with truth gives pleasure in every respect, whereas that earned with treachery is always painful.
- ★ Let all the humans on this earth learn to live in harmony.
- ★ Love and forgiveness is much stronger than hatred in the world.
- ★ Pleasing God is possible only when we own the human beings also.
- ★ Only humility is considered great in spirituality.
- ★ Ego is just like a stone in the shoe that always pinches.
- ★ We should not only respect and worship the saints, but obey them also.



The Divine words of Satguru Mata Savinder Hardev Ji Maharaj

- ★ The saints congregation generates positiveness in our minds.
- ★ The faith delivers you half victory but when the faith appears from your words and actions then you become the true devotee.
- ★ We have to become good human for ourselves only. We should live with peaceful coexistence and mutual harmony in any part of the world and be useful to others and thus remain united with God through God realization.
- ★ Where faith, devotion and feeling of surrender is the adornment of a devotee, the important part of devotion is his consciousness also.
- ★ A devotee knows what things he has to imbibe in his life and what others to shun.
- ★ The wisdom is in learning new things on daily basis and also in un-learning some bad things.
- ★ The saints know that we are to unite with God Almighty through the God realization.
- ★ Wherever the saints go, they carry the fragrance of their devotion along with and they make the entire world fragrant through their fragrance. They spread the teachings of Satguru everywhere.



- ★ Some people look for good places but there are others whose presence make the places beautiful.
- ★ We shall be able to spread the message of peace and love in the world only when we inculcate humility.
- ★ The birds need the wings to fly high in the sky, but the humans reach greater heights when they are humble and live with humility.
- ★ When we love someone, he lives in our heart and if we don't love him, he lives in our mind, but in both the cases he lives close to us only.
- ★ Until and unless we accept the basis of God Almighty, we are not able to lead the life of a true devotee.

Compiled by : Shri Ram Prjapati





Grandpa

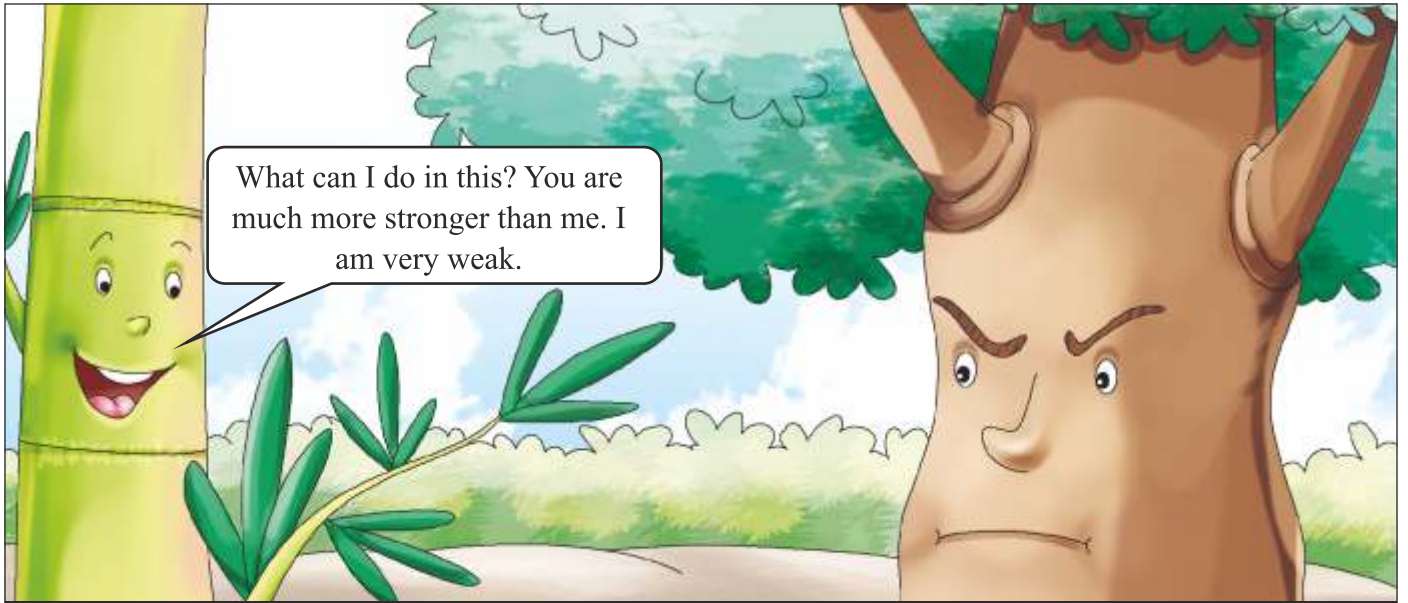
Story & Illustration — Ajay Kalara

There was a Pipal tree and nearby was a bamboo tree. The Pipal tree was very strong. Its branches were spread in all directions. On the other hand the bamboo tree was very thin so that it would bend in whichever direction the wind blew.

You are very weak, you keep changing direction as per the wind. Why don't you stand still like me? Tell the wind that you will not move as per its will and whim.

Hearing the Pipal tree, the bamboo kept quiet.

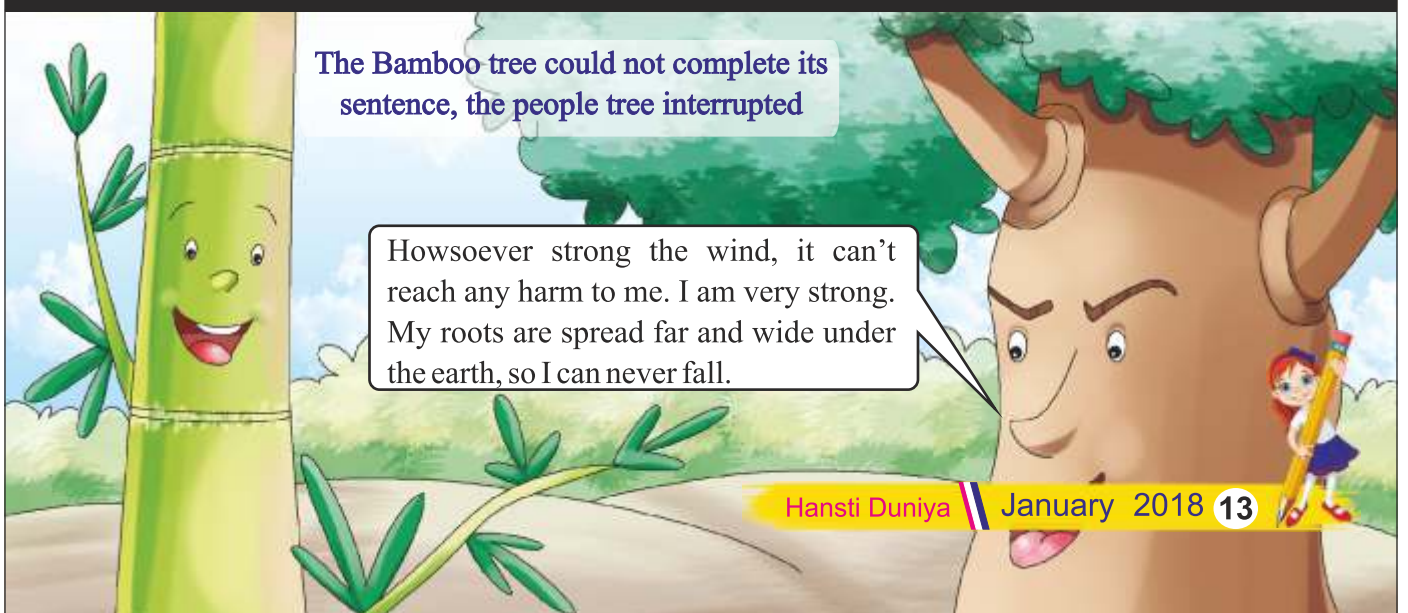
Are you not listening to me? Why aren't you answering my questions?



What can I do in this? You are much more stronger than me. I am very weak.



If the wind is very strong then it can prove to be harmful. We must respect the direction of the wind.

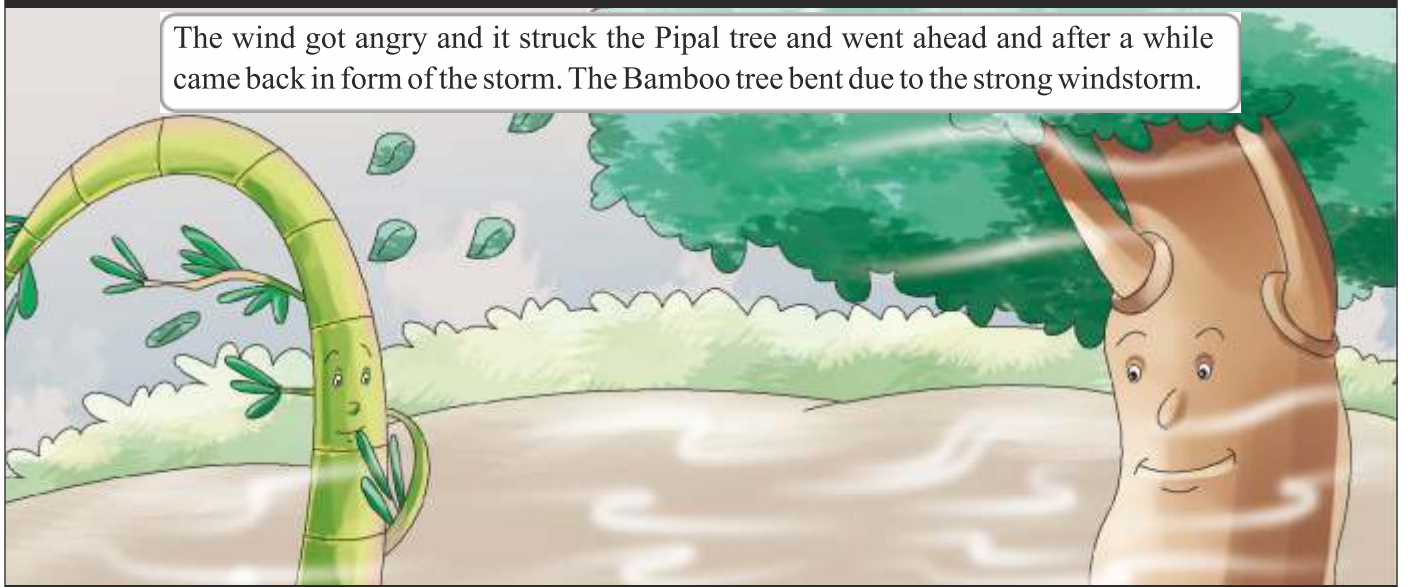


The Bamboo tree could not complete its sentence, the people tree interrupted

Howsoever strong the wind, it can't reach any harm to me. I am very strong. My roots are spread far and wide under the earth, so I can never fall.



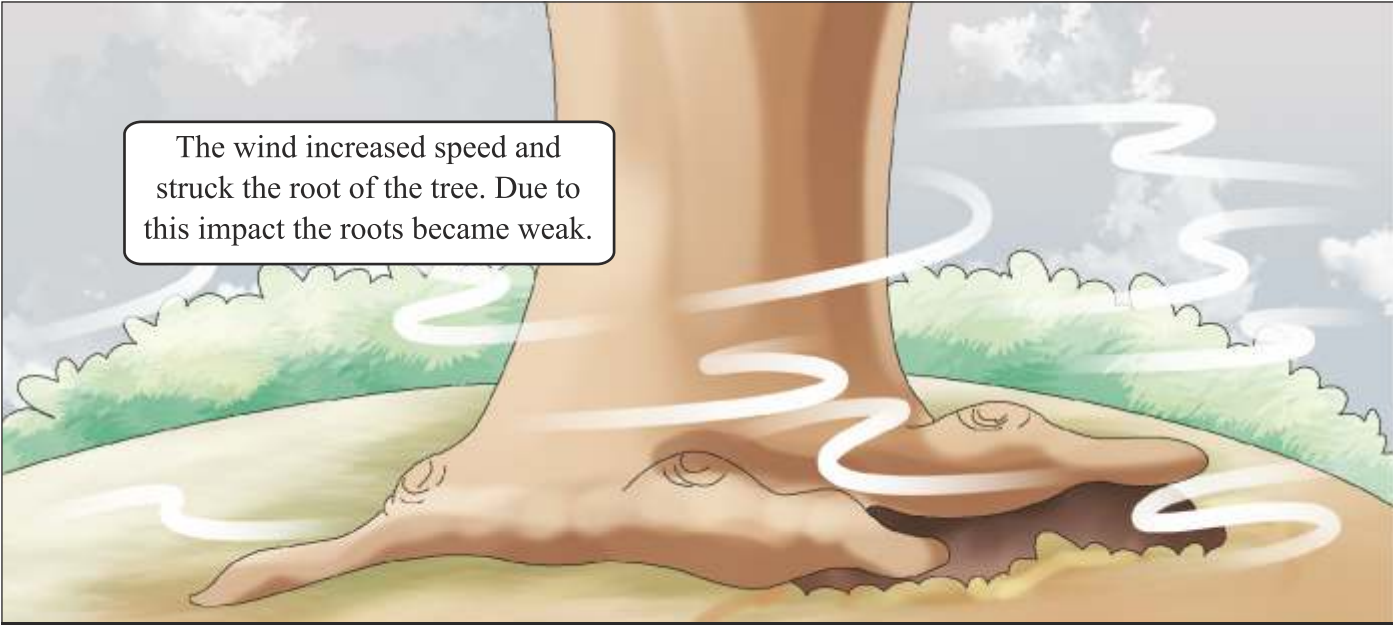
Just then the slow-moving breeze heard the conversation between the two.



The wind got angry and it struck the Pipal tree and went ahead and after a while came back in form of the storm. The Bamboo tree bent due to the strong windstorm.



The strong wind struck the tree, but the Pipal tree did not move.



The wind increased speed and struck the root of the tree. Due to this impact the roots became weak.



The roots of the tree tried a lot to keep themselves in place but failed to resist strong winds.



Seeing the Pipl tree in such a state, the Bamboo tree was scared.

At last the Pipl tree fell. Alas! It could have alive had it respected the wind.

Moral: Ego is our worst enemy. Thus we must save ourselves from it.

Improve your



Choose the right option –

1. Positive: WEAK, Comparative: WEAKER, Superlative: _____.
a) WEAKNESS b) WEAKEST
2. He went to Police Inspector for help but he gave him ____ shoulder.
a) COLD b) HOT
3. Find out which letter is silent while pronouncing the word 'LISTEN'.
a) S b) T
4. The stones are being brought from a 50-acre _____ in Karakkal.
a) QUARRY b) MOUNTAIN
5. One who is all powerful is known as _____.
a) OMNIPOTENT b) OMNISCIENT
6. His _____ directions misled us as we did not know which of the two roads to take.
a) AMBIGUOUS b) FOOLISH
7. The men laughed; the women covered their faces with their hands and _____.
a) MUFFLED b) GIGGLED
8. Form adverb from the word 'LAZY'.
a) LAZINESS b) LAZILY

Answer Sheet	1	2	3	4	5	6	7	8



Judge your position from the table given below:

All correct – Excellent Grammar

5 – 7 correct – Average Grammar

Below 5 correct – Go through the Grammar book everyday.

Ramesh, Delhi



SWEET IS THE FRUIT OF FREEDOM

Whenever Meeku monkey ate half-ripened wild fruits of the forest, he was reminded of the words of the Juggler.

One day, Meeku went about playing near a village. There he saw a Juggler feeding bananas, sweets and bread to the monkeys sitting by his side. The monkeys were tied with a string, the one end of which was held by the Juggler.

Returning to the forest that day, Meeku, praising the monkeys of the Juggler, said- It is those monkeys of the Juggler who really enjoy. They don't have to worry about the shelter in summer or rainy season, nor they have to struggle for getting food for

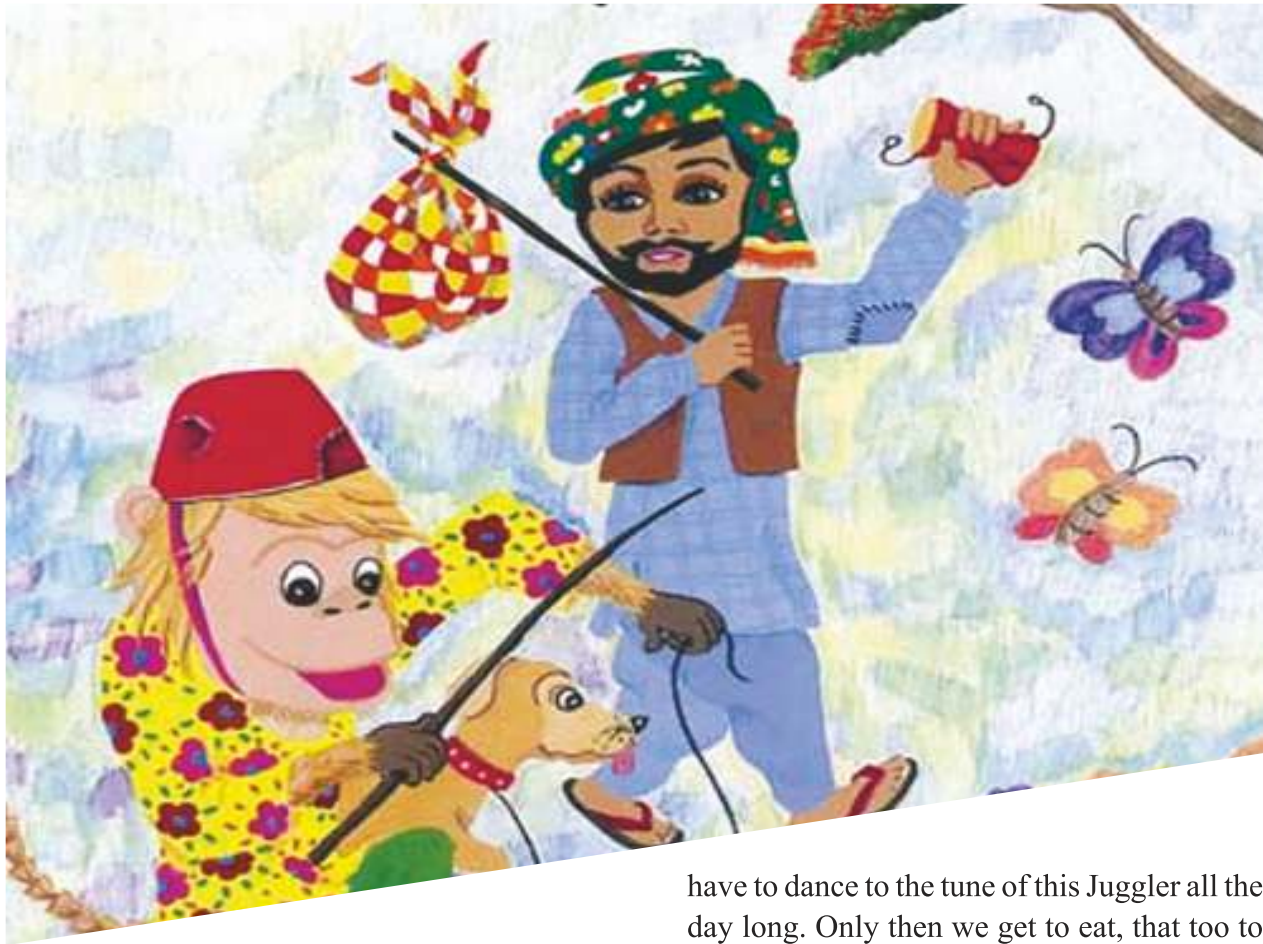
themselves. Only they have to sit comfortably, eat and roam about.

Sitting by its side, Reenu Rabbit had then remarked- 'The fruit of freedom is sweeter than the sweets of slavery'.

"Sweets are sweets after all," Meeku had replied. Meeku would always think of being with some juggler so as to enjoy a comfortable living. Even in dreams, he would find himself being fed with bananas and sweets by the Juggler with his own hands.

One day, while sitting on a tree by the side of the road, Meeku saw a Juggler sitting under a tree. By his side was sitting a male monkey and a she-monkey too. Tied with a





string, they were both playing, jumping and dancing. Meeku thought it to be an opportunity of going to the Juggler to live with him. Jumping happily, he reached the spot and sat by the side of the monkeys. Finding him nearby, the Juggler at once cast his trap on Meeku and caught it. It was for the first time that the Juggler had caught a monkey so easily.

“You have landed yourself in trouble on your own,” the Juggler’s monkey said to Meeku surprisingly.

“I was fed up of wandering in the forest in search of food. That is why I have come here. Now I’ll get nice food without struggling for it,” Meeku answered.

“Life of a slave is no better a life. We

have to dance to the tune of this Juggler all the day long. Only then we get to eat, that too to the half fill,” the Juggler’s monkey said.

Meeku thought that the monkey was telling lie. But that evening, the Juggler did not give Meeku anything to eat. Rather, showing him the stick, the Juggler asked Meeku to dance to his tune. But Meeku did not know dancing. When Meeku did not dance, it was given thrashing by the Juggler. Meeku had to remain hungry the whole night, tied with a string.

Next morning too, Juggler gave Meeku a good thrashing to scare him so that it could dance to the tune of the Juggler.

Until you dance to Juggler’s tune, he would continue beating you like this and would give you no food to eat, Juggler’s monkey told Meeku.



Meeku was repenting at heart as to why it had thrown it self into the clutches of the Juggler. It was missing the jungle, where it used to play about jumping. It had now realized what the freedom meant.

The Juggler again turned up to Meeku with a stick. Out of fear, Meeku started dancing, standing straight on its feet. The Juggler was happy. He got it that he could now make Meeku dance easily to his tune. He threw a stale, dried piece of bread in front of Meeku. Meeku somehow ate that bread.

Now Meeku started thinking of the way to escape from there. The Juggler would daily teach Meeku dancing and give it a good thrashing. This had made Meeku's body ache badly. He would keep weeping all the time. I must get rid of this cruel man some way or the other and return to the forest to lead a free life, Meeku thought.

Meeku tried to cut the string, but it was too strong. It had now taken it that it would have to lead the rest of its life as a slave only. But it did not give up hope.

While jumping one day, the string tied to Meeku's neck started fastening up. It at once hit upon a plan. It laid it self on the ground with its tongue bulging out to pose as if its throat was choking. Seeing the condition of Meeku, the Juggler thought that Meeku was about to die. He untied the string from Meeku's neck. Meeku got up and at once ran away. Finding it running, the Juggler tried to chase it with the stick in hand. But Meeku went on running till it reached the forest. Now it too would say:

“The fruit of freedom is sweeter than the sweets of slavery.”

Improve your Grammar

Answers:

1	2	3	4	5	6	7	8
B	A	B	A	A	A	B	B

Q.No. Explanation

- WEAKNESS is a noun whereas WEAKEST is the Superlative form of WEAK.**
- COLD SHOULDER is an idiom that means 'pay no attention to'.**
- While pronouncing the word 'LISTEN', the letter 'T' is silent.**
- A quarry is an area that is dug out from a piece of land or mountainside in order to extract stones.**
- One who is all powerful is known as OMNIPOTENT whereas one who knows everything is known as OMNISCIENT.**
- The words 'mislead' and 'two roads' give us the clue to AMBIGUOUS. AMBIGUOUS means several possible meanings or interpretations.**
- When you giggle, you laugh in a childlike way because you are amused, nervous or embarrassed.**
- The adverb formed from the word 'LAZY' is 'LAZILY', not 'LAZINESS'. LAZINESS is not an adverb, it is a noun.**



CROSS WORD

– Vikas Arora (Rewari)



1		2		3		4
		5	6			
7						
		8		9		
10			11			12
13		14				
		15				

Left to Right →

1. Dark hours between sunset and sunshine.
5. Antonym of FRIEND.
7. The word that comes first in the dictionary: EAST, EASY, EASE.
8. The main ingredient of an omelette is _____.
11. Drops of fresh water that fall from clouds.
13. Feminine: ACTRESS, Masculine: _____.
15. A bright yellow metal made by mixing Copper and Zinc

Up - Down ↓

1. Stitch in time saves _____.
2. Plural of GOOSE.
3. There are three articles: A, An and _____.
4. Which city is in Bihar - Kota or Gaya?
6. A term used to refer the African people of black ethnicity.
9. A famous folk dance of Gujarat.
10. Adjective of Tallness.
12. Singular of NEWS.
14. Find the odd one out: FOX, TUB, APE, CAT.



H.D. Answers

—Jyotsana Rani (Rampur)

Q. Who is most adorable?

A. Parents, who give us birth, bring us up and ever remain our well wishers.

—Avneesh Gulati, Chandigarh

Q. What makes a house home?

A. The important factor in making a house a home is the presence of parents and children under the same roof. If they are living apart, you can be sure it is a broken house.

—Aman Ahuja, Denker (USA)

Q. Does God show concern for every one in the world?

A. The shephard's concern for one lost sheep and his willingness to risk his own life for it conveys a lot about God's concern for each of his children.

—Akriti Keshwani, Houston (USA)

Q. What is greater than fate?

A. It is character; with the man of character, the fate touches the feet.

—Shobhit Nandwani, Panchkula

Q. How can a person enjoy life inspite of so many stressful situations around us?

A. When we cannot avoid stressful circumstances, we should change our attitude towards them and accept the will of God.

—Harish Kumar, Panchkula

Q. What is Life Budget?

A. A Life Budget includes committing time to self, family, society and God. The lives of those who do this become richer -not just financially, but also socially and spiritually. Just as a country's, budget must be well balanced for its economy to be healthy, life's budget too, has to be well balanced for life to be lived fruitfully.



APPRECIATION



An academically bright youth went to apply for the post of manager with a reputed company. After successful interviews; the director conducted the final interview to make a decision. The director discovered from the resume that the youth's academic achievements were excellent all through. The director asked, "Did you obtain any scholarships in school?" The youth answered, "none". The director asked, "Did your father pay for your school?" The youth answered, "My father passed away when I was a year old. It was my mother who paid my school fees."

The director asked, "Where did your mother work?" The youth answered, "My mother washed laundry for a living. The director requested the youth to show his hands. The youth showed a pair of hands that were smooth and perfect. The director asked, "Have you ever

helped your mother wash clothes before?" The youth answered, "Never, my mother always wanted me to study, learn and read books. Also, my mother can wash clothes better than me. The director said, "I have a request. When you go home today, wash your mother's hands, and then see me tomorrow morning." The youth felt confident of getting the job. When he returned home, he requested his mother to allow him to wash her hands.

His mother felt strange, but happy with mixed feelings. She showed her hands to her child. The youth washed mother's hands in a warm bowl of lemon water. Tears fell as he noticed his mother's hands wrinkled, and there were scars and bruises on her hands. This was the first time the youth realized that this pair of hands washed clothes everyday to enable his education. The bruises on his mother's hands were the true cost behind his academic excellence and bright future ahead. After wiping his mother's hands with a towel, the youth silently washed all the remaining clothes for his mother.

That night, mother and son



talked for a very long time. Next morning, the youth went to the director's office. The Director noticed the tears in the youth's eyes and asked: "Can you tell me about your experience at home yesterday?"

The youth answered, "I washed my mother's hands, and washed laundry for her"

The Director asked, "How do you feel?"

The youth said: firstly, I have learnt to appreciate! Without my mother's sacrifice, I could not have been what I am today. Secondly, by working together and helping my mother, I realized the difficulty of her task. Finally, I truly appreciate the importance and value of our family relationship.

The director said, "This is what I am looking for in our manager. I want to recruit a person who can appreciate the contribution of others, a person who understands the sacrifices of others to get the work done, and a person who would not put money as his top priority in life. You are hired!"

Later on, this young person worked very hard, and received the respect of his subordinates. Every employee worked diligently as a team. The company's performance improved tremendously.

A child, who has been protected and habitually given whatever he wants,



would develop "entitlement mentality" and would always put himself first. He would be ignorant of his parent's efforts. When he takes up a job and becomes an officer, he would never know the sufferings of his subordinates.

You can let your kid live in a big house, eat a good meal, learn piano, watch a big screen TV. But when you are cutting grass, please let him experience it. After a meal, let him wash his plates and bowls together with his brothers and sisters. It is not because you do not have money to hire a maid, but it is because you want to love them in a right way. You want them to understand. The most important thing our children should learn is to appreciate others, experience their difficulty and learn to work with others.

There is tremendous satisfaction in making others happy, irrespective of our own circumstances! God loves us immensely and works constantly to give us the best. He does what is best for us but, for the most part, we fail to count our blessings.

— Preeti, Delhi





Poem: Asha Kapoor

Hands

God has given us,
Two hands to work
We all use hands
Be it soldier or a clerk.
But hands that help
Are much better,
We all do work
But helping does matter
Since working is for our sake
And help is for others,
So hands can be for fighting,
Or living like brothers.



Realisation

—Amrita, Varansi

Once, there lived a boy named Monu in a village. He was very honest and hardworking. After school, he used to work with a businessman to earn his livelihood. He always used to help the needy and would never ill-speak to anyone.

Two other boys, Ramu and Vijay, also worked with the businessman. But due to his loyalty and hardwork, the businessman liked Monu the most. He had also raised Monu's wages. Ramu and Vijay were, therefore, jealous of Monu. They thought of implicating him in some false case. But Monu had no grudge with them, for he treated them as his brothers.

One day, Ramu and Vijay succeeded in implicating him in a case of theft which was committed by themselves. Monu had also seen them committing the theft.

On businessman's enquiry about the theft, Monu did not reveal the truth and instead kept mum, with his head bowing down. On this, the businessman thought Monu is the culprit. So, in punishment, Monu was sacked. The businessman even deducted the sum of the theft from Monu's wages. But Monu was mum.

Ramu and Vijay were happy at their success. After a few days, however, they realised that Monu had to lose his livelihood for no fault of his. Not only this, he had even saved their livelihood by keeping mum. So, they went to Monu's house to beg his pardon. On their asking Monu as to why he did not reveal the truth and owed the responsibility, Monu said: "Can one not even do this small service to save his brothers?"

Ramu and Vijay were ashamed of their action. They burst into tears and fell at Monu's feet.

And then on, Ramu and Vijay also started behaving well with others, the way Monu did. Thus Monu had changed their hearts and filled them with love instead of jealousy.

Moral : With truthful behavior and actions we can change the heart of our enemy even.





It is Never too Late to Mend

Long long ago, there lived a farmer in a village. He had three children—two sons and a daughter named Rohit, Goldy and Sunaina. Rohit was the eldest.

One day, the farmer summoned all of them and said—Dear children: I am quite old now and may not live long. I want you all to live together, with love and affection thereafter. And one day, the farmer breathed his last. The whole responsibility of looking after the younger brother and sister fell upon the shoulders of the eldest son. He had to toil the whole day to earn their living.

The sister was brilliant at studies. But Goldy had no interest in studies. He

would leave home for school, but would spend the whole day under the shade of a tree. The eldest brother made him understand several times, that it could be only by dint of doing one's studies that one can progress in life. But to no avail.

One day, the elder brother angrily said— “You have no interest in studies. So, now on you would work in the fields with me.”

On this, Goldy burst out at once— “brother”, I knew that after father's death I would be a burden on you.”

This made the elder brother feel very bad at heart. Goldy, you are my younger brother. Whatever I say, is



only for your welfare.

One day, Goldy took a lot of money and left home with some of his friends. When Sunaina returned from school, she got upset to find that her younger brother was not at home. Both the elder brother and the sister waited for him for long but Goldy did not come home.

There, the friends got well with Goldy till he had money with him. But as soon as the money was exhausted, all the friends started keeping away from him. Now Goldy was caught in the company of bad people.

One day, Goldy was sitting sad in his room. Suddenly, his eyes fell on a web in which a butterfly was stuck up. Despite its repeated efforts, it could not get out of the web. On seeing this, Goldy felt that just like that butterfly he too had been caught in the mesh of bad company. The only way to get rid of this company is that he should return home. He was repentant. He at once left for home. On reaching home, he apologized to his elder brother—I am sorry brother. I had gone astray. Now I'll put my heart and soul in my studies. And from that very day, Goldy took to his studies and became a successful man.

Moral— It is never too late to mend.

— *Sudeep, Delhi*

You May Be a Late Bloomer

Student from a wealthy family barely made it through Harrow, a very famous English undergraduate school. His family wanted him to attend a very prestigious university upon his graduation from Harrow, but the young boy had to be tutored three times by a private tutor before he could even get into the upper-level-school. 'I don't believe this child went through Harrow,' the learned tutor exclaimed. 'I think he went under Harrow. He's just not very bright!' That student's name was Winston Churchill!

There are lots of late bloomers, and if you've got courage, and you won't be discouraged if you come in second again and again and again. Someday you may well end up being Number One! But if you don't have courage, you will quit, and then you'll never succeed!

Story : Sunil Nagpal, Delhi



Papaya

Compild by : Ramasre Yadav

- ★ Contains the digestive enzyme papain and therefore valuable for aiding digestion.
- ★ The unique protein-digesting enzymes; papain and chymopapain have been shown to help lower inflammation and to improve healing from burns in addition to helping in digestion of proteins. The antioxidant nutrients found in papaya, including vitamin C, vitamin E, and beta-carotene, are also very good at reducing inflammation.
- ★ The ripe fruit is easily digestible and prevents constipation.
- ★ Case studies indicate that this food taken alone for two or three days has a highly beneficial tonic effect upon the stomach and intestines.
- ★ The juice of the papaya aids in relieving infections of the colon and has a tendency to break down pus and mucus reached by the juice.
- ★ Prevents nausea (includes morning sickness and motion sickness)
- ★ The seeds are antihelminthic, for expelling worms and they are given with honey. Chew and swallow two teaspoonfuls of seeds after each principal meal (three times a day).
- ★ Papayas are also a good source of fiber, which has been shown to lower high cholesterol levels



The Expression of Gratitude

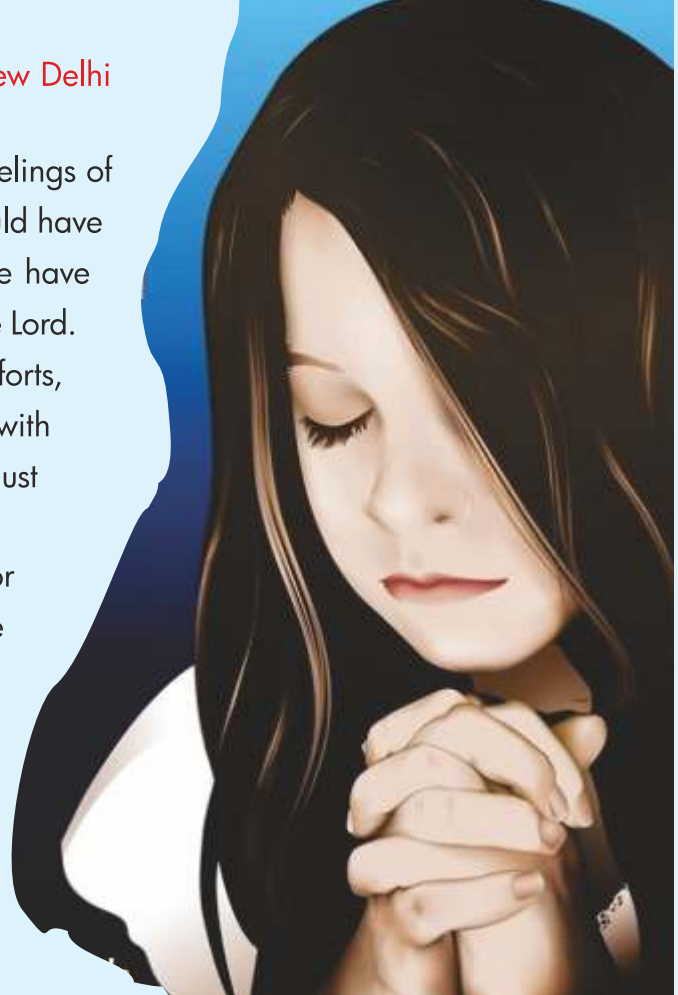
By: Nishtha Kawrani, Katwaria Sarai, New Delhi

The word 'Gratitude' symbolizes our feelings of thankfulness that we have towards or we should have towards God Almighty for everything that we have achieved in this beautiful world created by the Lord. We often forget the fact that all the comforts, pleasures and the achievements that we have with us are because of this Supreme Power and we just need to thank Him for all this.

It is human nature to always strive for more and more and when not achieved, we end up surrounding ourselves with negative thoughts and expressions of ingratitude. Humans are always affected by their peers and the social environment in which they are placed so a lot is affected by what the society, the people, the friends and the family think about them.

Most of the energies are spent in convincing or flaunting them with the possessions we've owned over time and we forget to thank all those who make us what we are. In the ruckus that we face in our everyday life starting from getting up to dozing off to sleep and prepping up for the next day, there are endless thoughts and actions that devote to our feelings of mixed emotions. While carrying out all these activities, we forget to do the most salient task of the day – that is saying Thank You to God Almighty.

Just a Thank You makes our day the most blissful one and practicing it to continue on a regular basis converts the whole life into a beautiful experience.





SATGURU MATA SAVINDER HARDEV JI

By: - C.L. Gulati, Secretary (HQ) &
In charge Magazines

If one word from the True Master can inspire change across countless lives, then imagine a life that has followed every word from Him, Pujya Mata Savinder Ji!

Born on 12 January 1957 in Delhi, her birth itself etched the great epic of sacrifice and devotion when her proud parents, Mata Amrit Kaur and Rev. Manmohan Singh Ji gladly accepted Shehanshah Baba Avtar Singh Ji's word and handed over their beloved daughter Savinder to Rev. Gurmukh Singh Ji and Mata Madan Kaur Anand Ji from Farukhabad (U.P.). Spiritually awakened, both were known as good and great families.

Brought up amidst abundant love and affection from both the families, childhood of

Savinder Ji was nourished and guided with the teachings of Satguru. While her voluntary involvement in the holy congregations cemented her belief in the message of truth, she acquired education and shaped her learning curve from the renowned Waverly Convent Jesus and Mary School, Mussoorie. It also helped her gain discipline laced with 'Gurmat' and proficiency in English language. Her school teachers- Ms P. Das and Mrs. Beena Bhardwaj recall that she was very intelligent and hard working student and won the hearts of all the nuns and teachers because of her polite and respectful behaviour.

Her sincere endeavours and dutiful approach pleased Baba Gurbachan Singh Ji to accept her as his daughter-in-law. Her marriage with the divine personage Seth Hardev Singh Ji took place on 14 November 1975 in Delhi during the 28th Annual Nirankari Sant Samagam. Consequent upon her marriage, Savinder Ji gave up higher education in the Daulat Ram College Delhi and became a part of the holy family of Baba Gurbachan Singh Ji and Nirankari Rajmata Kulwant Kaur Ji as their gracious daughter-in-law. It marked yet another milestone in a divine journey to follow.

But just like in the life of any great disciple, testing times were around the corner. On 24th April, 1980 the crusader of human unity and peace, Baba Gurbachan Singh Ji was assassinated. Millions of devotees of the Mission across the globe were shaken. Young Hardev had lost not only the



Satguru but also his beloved father. This was the period of a great stress and grave test.

Immediately after the cremation of Baba Gurbachan Singh Ji, Seth Hardev Ji was greeted and hailed as the Head of the Mission on 27 April 1980. Everyone present witnessed the Satguru manifesting in him. His Holiness declared, "Baba Gurbachan Singh Ji's martyrdom is the will of God". Calming the torrent waves of time, he ruled out even the remotest thought of vengeance, "It would go contrary to what Baba Gurbachan Singh Ji lived and sacrificed his life for."

From the Satguru's daughter-in-law to the True Master's life partner, Savinder Ji's circumstances and responsibilities grew manifold. Addressed as Pujya Mata Ji at a young age of 23, she not only served her duties to perfection but also became the epitome of love, devotion and humility. Staying true to her virtue of minimal words backed with immense actions, Pujya Mata Ji has been a 'Mission in Action' and describes the entire epic of her life in a single sentence, "They say, love is the highest degree of acceptance, but I think, acceptance is the primary requirement of love."

Accompanying Baba Ji on salvation tours across the globe, spreading the message of spiritual awakening, Pujya Mata Savinder Ji has been a living portrait of sainthood following into the footsteps of her sole inspiration, Satguru Baba Hardev Singh Ji Maharaj.

Be it initiating Blood Donation Camps back in 1986, establishing Old Age Homes,

Tailoring and Embroidery Centres and arranging Medical Check-up Camps, Pujya Mata Ji always led the Social Welfare Department. The personal example of blood donation by Satguru Baba Ji and Pujya Mata Ji made blood donation a way of life with Nirankaris. Marking human unity, the Mission is No. 1 in blood donation in the country, both in quality and quantity.

With the Mission getting new dimensions, Nirankari Baba Ji remained very busy. Mata Ji used to take special care to attend to the visiting saints and provided her guidance to sort out their matters. She found happiness in helping the hapless.

Mother showers love, affection and care on all. Right from visiting inmates of jails, to orphanages, she gave practically the Mission's message of harmony in oneness.

Identifying youths as the spinal chord of the Mission, Mata Ji channelized their potential and skill towards the Mission's activities. Mata Ji guided them on to the course of spiritual development, encouraging dynamism and inspiring new ideas. Her affection and patience enabled the entire young generation to get closer to the Satguru's Mission.

Translating into action the words of Baba Ji, Pujya Mata Ji conveyed to the world, "Loving is living and that is possible with attitude of gratitude borne out of love for God. When this power of love overcomes the love of power, the world will know peace." The words will always fall short while describing this ever flowing wave of love and humility. In fine, it is worth summing up with 'insightful message from Pujya Mata Ji



herself; "There's a little difference in people but that little difference makes a big difference. The little difference is of attitude, and the big difference is whether it is positive or negative."

Pujya Mata Ji is a graceful mother of three, devoted and dedicated daughters - Samta, Renuka, Sudeeksha and grand mother of two beautiful gifted grand children, Hardik and Sampreeti. To millions of people across the world, she is image of maternity helping all to lead happy family and spiritual lives. She says, "Guru's blessing cures every curse"



An epitome of humility, Pujya Mata Ji reached out to the hearts of global community, be it a child, youth or elderly. She always maintained that the best way to promote and spread the message of Mission was to display it in action in day-to-day life, "Knowing the truth is knowing the destination and living the truth is reaching the destination."

Nirankari Baba Hardev Singh Ji left his mortal vase on 13 May 2016 empowering his gracious spouse Mata Savinder Ji as his successor. Weaving spiritual threads in the same pattern, Nirankari Satguru Mata Savinder Hardev Ji Maharaj reiterates, "The world needs to be united as a family tolerating, accepting and loving each other, keeping in mind the watchword "God-fidence", having complete faith and confidence in God, truly proving our image of God.

In this way, today when Her Holiness Mata Savinder Hardev Ji leads the Sant Nirankari Mission as its Spiritual Head, she has the advantage of understanding its needs thoroughly. She pledged on the very first day to take it to the heights where Baba Hardev Singh Ji Maharaj wanted to take it. She knows every Pracharak and Prabandhak in India and abroad personally. She has already asked them to strengthen their mutual love and cooperation and help her in this pious endeavour. Just like Baba Hardev Singh Ji treated the assassination of Baba Gurbachan Singh Ji in 1980 as the will of God, she has also treated the tragic separation of Baba Hardev Singh Ji Maharaj in physical form as a divine destiny and exhorted every devotee to keep on marching with the same enthusiasm and steadfastness and take this light of spiritual knowledge to every nook and corner of the world and remove the darkness of ignorance.



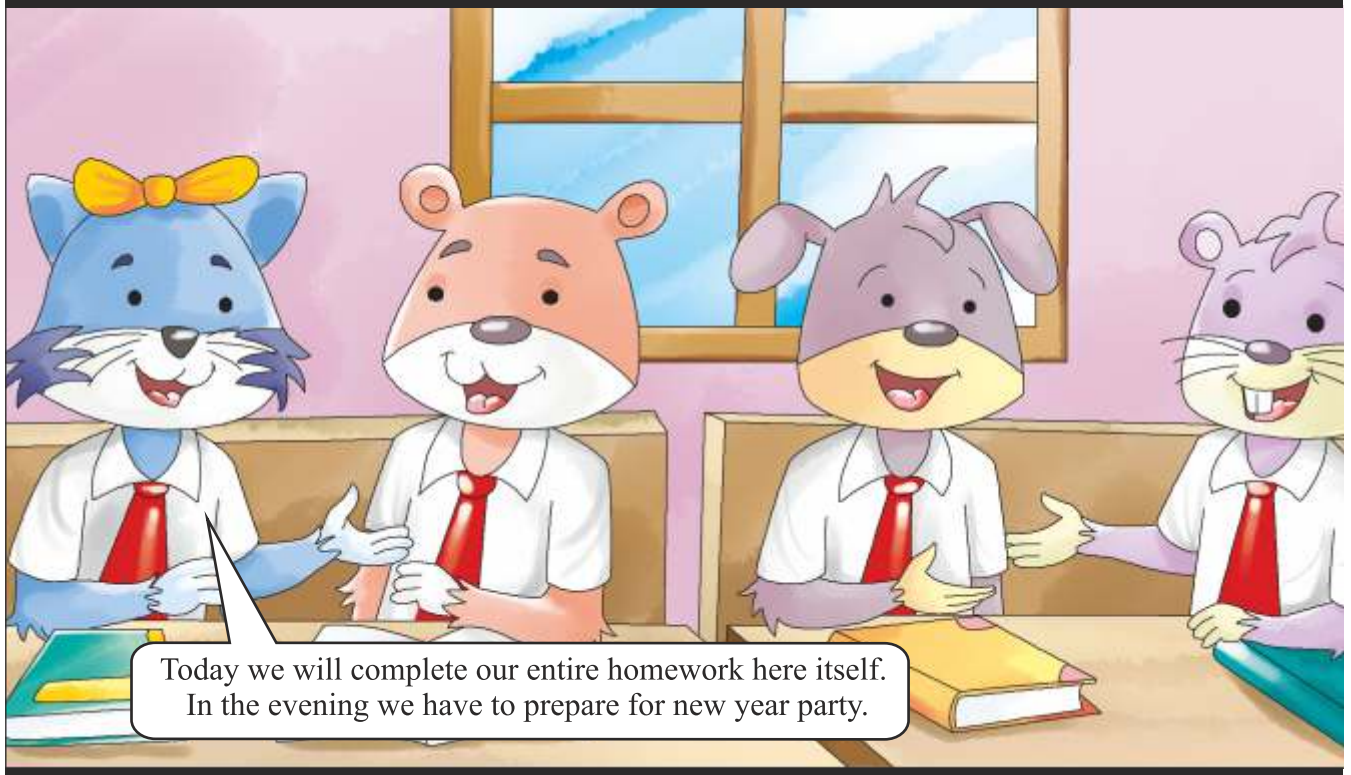
The International Spiritual Samagam was held in the divine presence of Satguru Mata Savinder Hardev Ji Maharaj in New Delhi. Members of Hansti Duniya Family presented Guru Vandna vide cultural and spiritual programes.

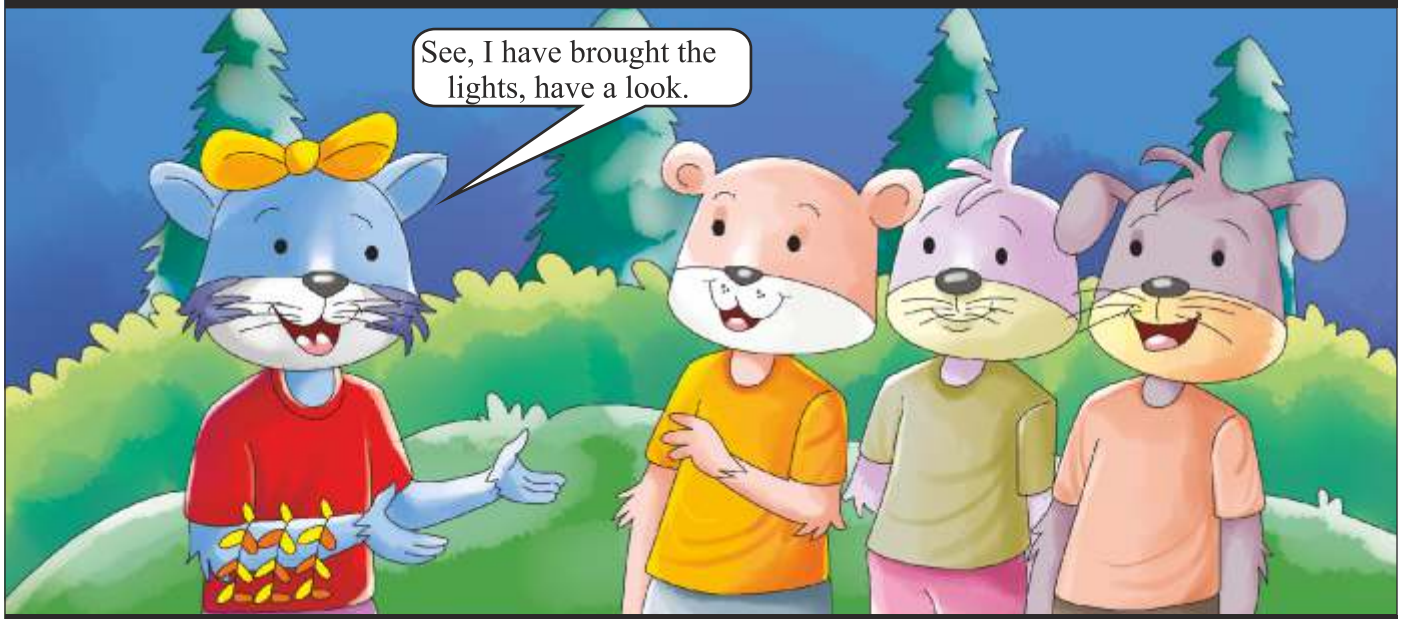


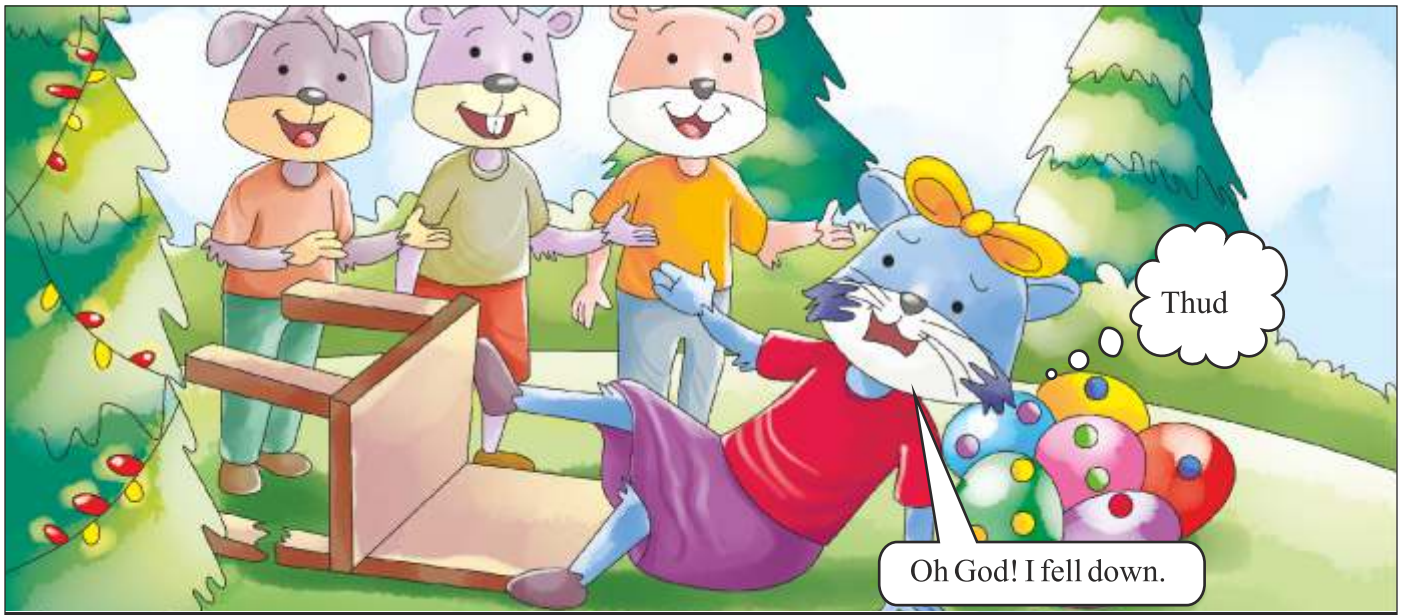


Kitty

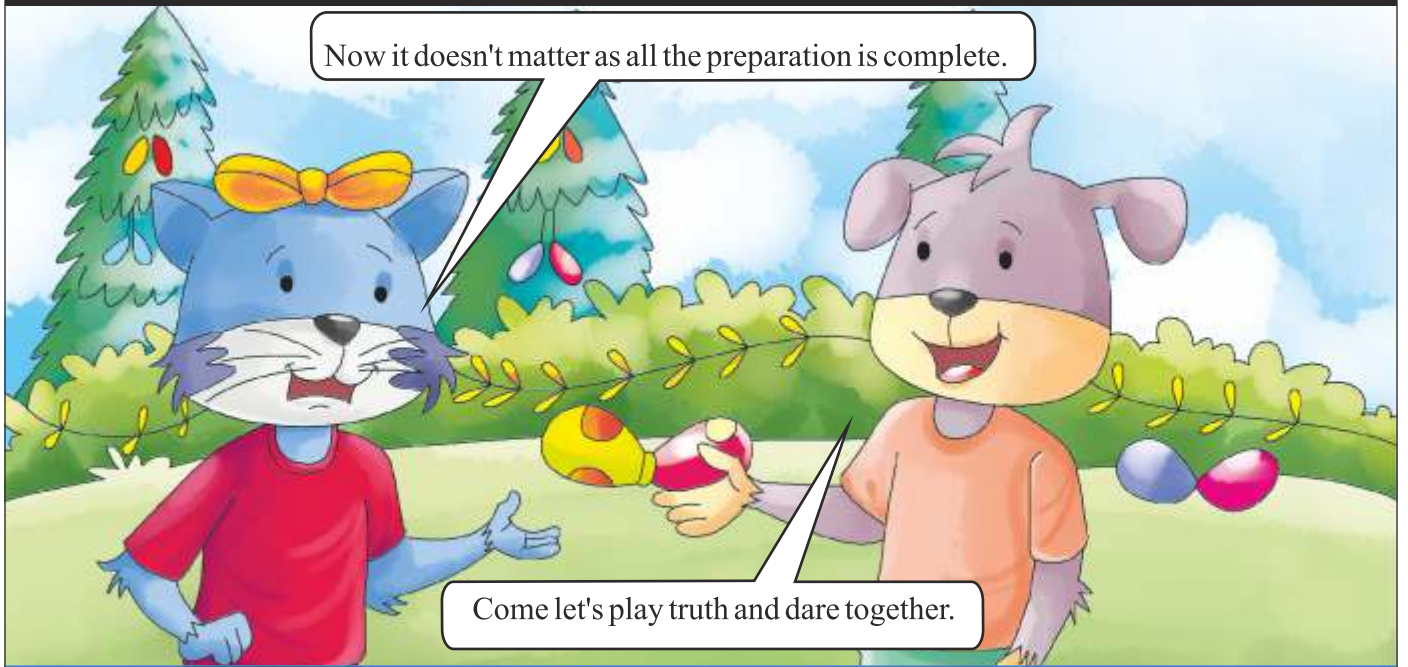
Story & Illustration
—Ajay Kalara





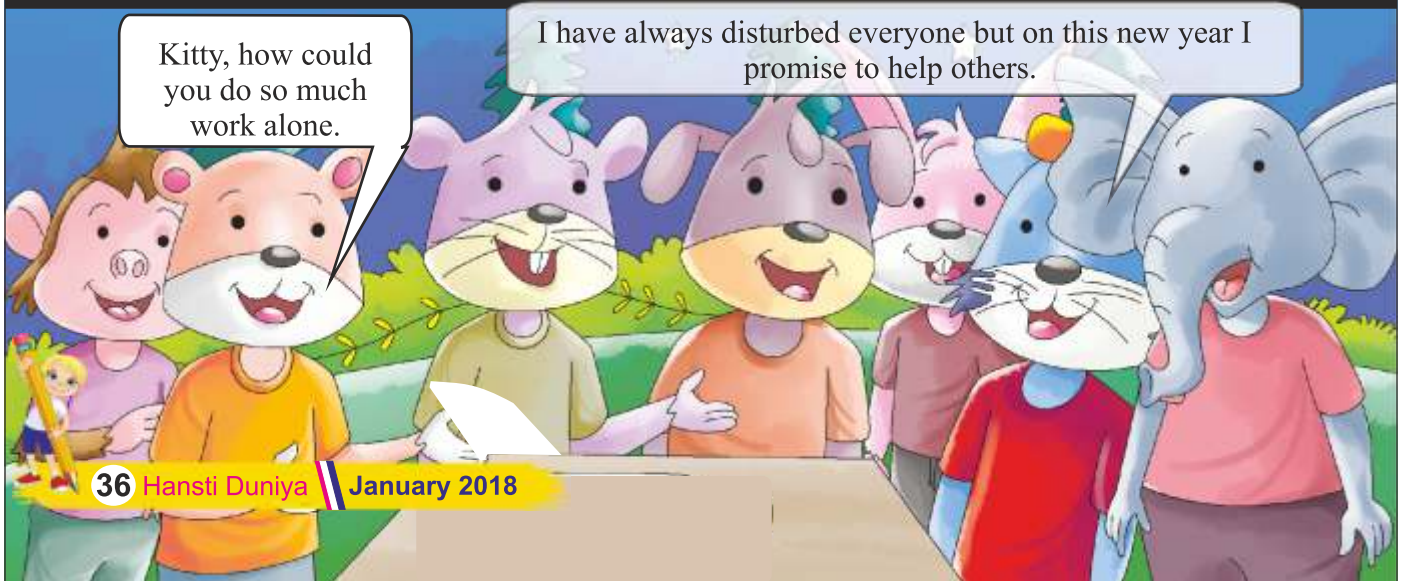


Oh God! I fell down.



Now it doesn't matter as all the preparation is complete.

Come let's play truth and dare together.



Kitty, how could you do so much work alone.

I have always disturbed everyone but on this new year I promise to help others.



Ok now it's 12 o'clock, let's cut the cake.



Kitty has changed completely and friends the decoration is also wow.

Yes Yes! You are right.



Let's gift her something.

Wow. Montu , Chinitu you all are so good. This year will always remain in my memory forever.



FESTIVAL OF LOHRI

The history of Lohri, a seasonal festival of North India is as old as that of story of Indus Valley civilization itself. The Festival of Lohri marks the beginning of the end of winter and the coming of spring and the new year. The fires lit at night, the hand warming, the song and dance and the coming together of an otherwise atomized community, are only some of the features of this festival. The Lohri of north India coincides with Pongal in Tamil Nadu, Makar Sankranti in Bengal, Magha Bihu in Assam, Tai Pongal in Kerala, all celebrated on the auspicious day of Makar Sankranti.

There are some interesting socio-cultural and folk-legends connected with Lohri. According to the cultural history of Punjab, Bhatti, a Rajput tribe during the reign of Akbar, inhabited parts of Rajasthan, Punjab, and Gujarat (now in Pakistan). Dulla Bhatti, Raja of Pindi Bhattian, was put to death by the Mughal king for revolting against him. The tribal mirasis (street singers) trace the history of the tribe and interestingly, claim Maharaja

Ranjit Singh as one of its scions.

Dulla Bhatti, like Robin Hood, robbed the rich and gave to the poor. The people

of the area loved and respected him. He once rescued a girl from kidnappers and adopted her as his daughter. His people would remember their hero every year on Lohri. Groups of children moved from door to door, singing the Dulla Bhatti folk-song: "Dulla Bhatti ho! Dulle ne dhi viyahi ho! Ser shakar pai ho!" (Dulla gave his daughter a kilo of sugar as a marriage gift).

Lohri is essentially a festival dedicated to ward off the bitter chill of the month of January that people light bonfires, dance around it in a mood of bonhomie and celebrate Lohri.

Fire is associated with concepts of life and health. Fire, like water, is a symbol of transformation and regeneration. It is the representative of the sun, and is thus related, on the one hand with rays of light, and on the other with gold. It is capable of stimulating the growth of cornfields and the well being of man and animals. It is the imitative magic purporting to assure the supply of light and heat. It is also an image of energy and spiritual strength. That is why the Lohri fire gets sanctified and is venerated like a deity. On this occasion, people offer peanuts, popcorn and sweets made of til- chirva, gajak and revri – to propitiate fire as a symbol of the sun god.





The Poor Builder

Once upon a time there lived a very rich man who had a builder doing all the building work for him for the past so many years. When he was about to retire from the job of a builder, the rich man called him and said, "you have done a wonderful job for me through out your career, I would request you to build a final very beautiful house for me." The rich man trusted and relied fully on the builder because he had been doing building work for him for a very long time. The rich man told him to use the best materials without caring for the cost.

The builder accepted the proposal, however, the builder was quite poor and owed people a heavy debt. He was worried as to how he would pay them back. So he thought of a plan and decided to build the house by using second grade materials. In this way he would save a lot of money for himself to pay off the debts and tell the rich man that he had used the best and the most expensive material as instructed by him. So did he. He used all old materials and finished the building from outside so as to look beautiful.

When the building was finished he called the rich man to inspect it. The rich man was very much pleased to see the building completed in such a short span of time. He believed that the builder had done a wonderful job because he was trustworthy. Giving the builder the key of the house he said, "Here is the key. The house is yours. I wanted to give it to you in appreciation of all the good work you have done for me in all these years. It is a gift that you deserve from me." The builder was very much ashamed of himself. He thought that he could have used the best material for the house so that he would have lived very happily in that strong house. But the present house wouldn't even last for one year and he will thus lose all his trust and loyalty with in few days which he had earned over the years.



—Sakshi Gulati, Chandigarh

Laughing Time

Angry Customer : When you sold this cat to me six months back you told me it was good for mice. So far it has not caught a single mouse.

Pet shop owner : Well then, is it not that good for mice?

Policeman : (to the watchman) Where were you when the labourer was kidnaped?

Watchman : I was on duty.

Policeman : Then why did not you try to save him?

Watchman : Sir, my duty is to keep watch on the building and not on the men.

Amit : Neha, what is your date of birth?

Neha : August 8th.

Amit : And year?

Neha : Every year.

Father : Ravi, how did you do in your exam?

Ravi : I have done only one sum wrong.

Father : It is OK. How about others?

Ravi : I did not try the others.

Rahul : Can you say which type of students are always calm?

Ajay : B.Com students.

Teacher : If you copy from any of your friend's answer sheets, I will deduct 10 marks.

After some time –

Teacher : Rama, I have seen that you are copying from Krishna, stand up.

Rama : But Madam, he is not my friend, we are enemies.

Woman (in the bus): Is the bus running on time?

Conductor : No Madam, it is running on wheels.

Ritu : You don't seem to be growing any taller, Motu. Why?

Motu : It is all my mother's fault. She washes me so often that I am shrinking.



A man was riding a bicycle. He hit an old woman. Who got angry.

Old Woman : Can't you put a brake?

Man : I have put the whole cycle. Now you want me to put a brake also.

Sonu : Some people can tell the time by looking at the Sun.

Gullu : But I have never seen the numbers on the sun.

Clerk : Sir, I have been doing three men's work for one man's pay. I want an increase.

Manager : ' I can't give you an increase. just tell me who the other two are, i shall dismiss them.

Tenant : "The roof is so bad that it rains on my head. How long is this going to continue?"

Land Lord: "What do you think I am - a weather forecaster?"

Praveen : Jaldi Pee, Coffee thandi ho jayegi.

Sanjay : To Kya hoga?

Praveen : Nasamajh! Maine, Menu card dekha hai, Hot Coffee Rs 20/- and Cold Coffee Rs40/-



Patient : How much do you charge for pulling a tooth?

Doctor : Fifty Rupees.

Patient : Fifty rupees for only a few seconds work?

Doctor : Well, I'll do it very slowly.

CROSSWORD SOLUTION

1 N	I	2 G	H	3 T		4 G
I		E		H		A
N		5 E	6 N	E	M	Y
7 E	A	S	E			A
		8 E	G	9 G		
10 T			11 R	A	I	12 N
13 A	C	14 T	O	R		E
L		U		B		W
L		15 B	R	A	S	S





- ★ Be kind in other's troubles. Be courageous in your own. — Raja
- ★ Man 's greatness lies in behaving as a man. — Archana Garg, Delhi
- ★ Never test good people because they are like diamonds. When you hit them, they will not break, but they will only slip away from your life.
— Sarita, Dehradun
- ★ The people who hide their feeling usually care the most.
— Ankita Rai, Delhi
- ★ May be God wants us to meet a few wrong people before meeting the right one, so that when we finally meet that person, we will be grateful.
— Sudha, Azamgarh

- ★ Sometimes, the eyes tell a story better than the tongue.
— Avneesh Gulati, Chandigarh
- ★ Silence and Smile are two powerful tools. Smile is the way to solve many problems and silence is the way to avoid many problems.
— Praveen, Delhi
- ★ Smile more than you cry, give more than you take and love more than you hate.
— Raunak, Mumbai
- ★ An important matter loses importance, if it is irrelevant.
— Sagar, Wazirabad
- ★ For the fighter the fight itself is a victory for he takes delight in it alone.
— Ashok Nirankari, USA.
- ★ If you wish to reach the highest, begin at the lowest.
— Rita, Delhi
- ★ "If a person is not helpful to others, there is no difference between him and a photograph hanged on a wall"
— Karuna Rai, Bangalore



Result for the month of November Issue

First :

Diksha Nagpal Age : 12
H.No.101-102, Pkt.-2
Sector-25, Rohini, Delhi-85



Second :

Arpita Saini Age : 08
10627, Naramore LN Johns Creek
GA, 30022 (USA)



Third:

Yashas Age 10
#1434, Sector -49-B,
Opp. Ryan International School
Chandigarh (Complex)



Consolation Enteries

Medhavi Behl,
(Sec. 48-C, Chandigarh)

Ekta Prasad
(Ahmedabad)

Arti
(CA-2)

Vrinda Bhutani
(Gautambudh Nagar, Delhi)

Anandita Khurana
(Jalandhar, Pb.)

Dimple
(Ganghi Vihar)

Raunak
(Mumbai)

Richa
(Dehradun)

Ankur
(Delhi)

Tapasaya
(Mukandpur Delhi)

Shraddha
(Delhi)

Bhawya
(Delhi)

"Colour it" for January Issue

On page 44, a beautiful picture is given; colour it and send it to us latest by **February 20, 2018**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in **March 2018** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.



Colour it



Name Age

Address

.....





- Manjal Ajay Arjun (Singapore)

Singapore

Singapore is a small island situated in Southeast Asia. Its land area includes as many as 63 offshore islands. Singapore is a famous global financial centre, a shopping paradise and a spot for various entertainment activities.

It is one of the most densely populated countries in the world. Malaysia and Indonesia are its neighbouring countries. It has four official languages: English, Chinese, Malay and Tamil. Singapore Dollar is its currency. The National Day of Singapore is celebrated on 9th August every year to celebrate

Singapore's independence from Malaysia in the year 1965.

The Singaporeans are very polite, humble and helpful. They are very conscious about their health. Singapore transport system is one of the world's most efficient public transport systems.

Sentosa Island is one of the famous tourist spots of Singapore. It has sandy beaches, resort hotels, yacht clubs, and adventure parks. Other tourist spots include Universal Studios, Zoological Garden, Night Safari and Jurong Bird Park.

7 Interesting Facts About Singapore:-

1. Singapore is the English word for 'Singapura' which means Lion City in Sanskrit.
2. Chewing gum is banned in Singapore.
3. Regardless of their age, Singapore taxi drivers are typically called 'Uncle.'
4. Kallang River, the longest river in Singapore, is just 10 kilometers long.
5. Singapore imports not only sand but even the fresh water from Malaysia.
6. The world's first night Zoo is located in Singapore.
7. The highest natural point in Singapore is the Bukit Timah Hill, which is only 164 meters high.



Mango and the Bamboo

There was a mango tree nearby a group of bamboo trees. The bamboo was tall but the Mango tree was comparatively shorter. One day bamboo said to Mango: can't you see how tall I am and how fast I grow. And you on the other hand in spite of being so old you are shorter.

The mango praised the bamboo for its growth and expansion but also felt bad for its own state .

Time passed the situation changed, bamboo dried up but the mango tree was laden with mango fruit and the tree bent over even more than before due to the weight of mangoes growing on it. On this the bamboos spoke- can't you see how nice I look from a distance also, even though no leaves are there on my trunk. On the other hand you have started to bend even more since you have to bear the weight of mango fruit.

Hearing such sarcast talk of the bamboo, the mango still did not praise itself but only praised the bamboo. After some time, a group of travellers were passing by the route. They needed a place to resit and they found a suitable under the mango tree. They took shelter under the mango tree for the night.

They needed wood to burn for preparing food and saw some dried up to cook bamboo nearby tree. They immediately cut off the bamboo and made fire food. The bamboo felt aghast seeing its wood being burnt while on the other hand the mango felt happy to give to the needy in time and be useful.



—Ravinder Kumar

Right Goal is Necessary

Maharshi Yagyavalka once said, "The greatest surprise is that man knows that bodily and worldly pleasures and conveniences are not permanent yet he makes a goal of them and continues to achieve them; while in fact our goal should be to know the Atma or soul."

Gurdjieff, the well-known philosopher and saint, used to tell a story. A bird was flying in the sky. While flying, it saw a white piece of shining cloud to which it got attracted. It endeavored to touch the cloud and for that it began to fly towards it. The cloud moved here and there with the wind and the bird got tired and devoid of energy following it.

Suddenly, it saw that the cloud that it wanted to touch for a long time got disintegrated with a blow of the wind and then disappeared. However, one could see green trees on top of the mountain after the cloud disintegrated. While running aimlessly after the cloud, the bird was tired physically but its inner wisdom had been awakened. It thought, "If one has to make a goal of something it should not be short-lasting like the clouds but it should be long-lasting like the summit of the mount or the trees over there."

Thus, the saint Gurdjieff commented that man runs after impermanent desires of the world and for that he puts at stake his valuable lifetime and wastes it.

If our tendencies are turned towards devotion to God and good deeds, making them our goal, then we can make our life successful.

Furthermore, the goal has to be fixed like Arjun of Mahabharata had while shooting the eye of the bird on the tree.

When guru Dronacharya asked him about things he could see, Arjun said, "the eye of the bird alone," and he hit it successfully.

Others replied that they are seeing sky, tree, legrees, bird and so on, and none of them could hit the target. The lesson: We should aim at knowing Atma and Paramatma, without caring much for the objects of the world while dealing with them.



Love for one's Country

—Radhe Lal Navchakar

Once upon a time a helicopter and an aeroplane were standing at an airport. The motor car was also standing at some distance.

Helicopter said to the aeroplane – “I fall short of words to praise my country. Really my country is very beautiful.”

“What is the name of your country?” The aeroplane wanted to know.

“France,” proudly said the helicopter, “there itself I was born.”

“Brother, I also like my country a lot. Every luxury is available there.” The aeroplane spoke.

“Where is your country?” Helicopter asked with curiosity.

“America,” spoke the aeroplane and further said, “which is our beloved nation.”

So the motor car could not keep quiet, “Where would you like to be born in your next life”?

On this question both started thinking. Then helicopter spoke, “I would like to be born in America.”

“And me in France,” said the aeroplane.”

Hearing them the motorcar laughed with a mysterious smile . Then spoke suddenly , “I am born in Germany itself and whenever I would like to be born , I would like to take birth in Germany itself.”

“Why so?” Both asked in amazement.

“I like my country not only in comparison to the entire world, but more than my own life”. Motor car answered them, “and yes right now you are both standing at the airport of my country. This is my country, my-my birthplace.”

Seeing the undying love of the car for its country, both of them felt ashamed.



Song: By H.S. Nirman,
Chandigarh

Think Globally

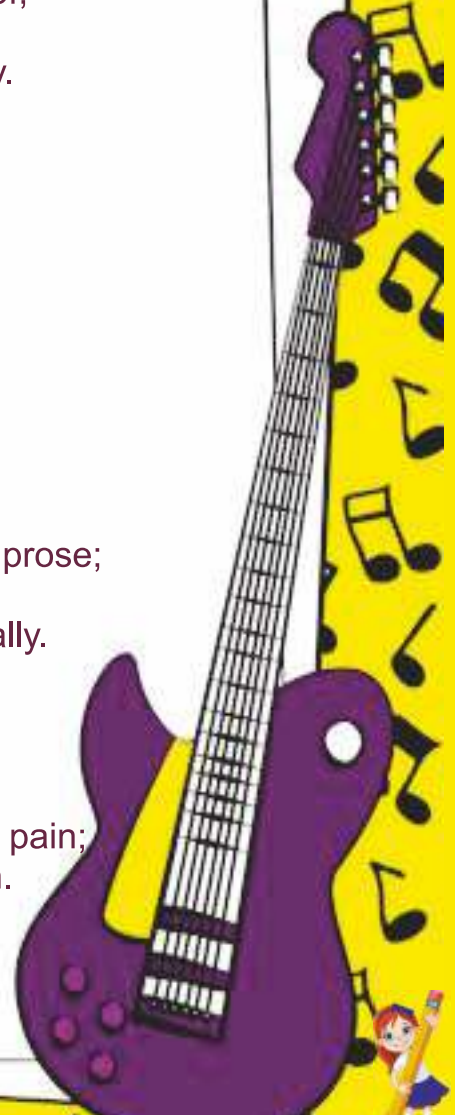
Think globally and act locally;
Thought and action reciprocally.

My floor might be someone's roof;
Both inter-depend, neither aloof.
The multi-storey life is set focally.
Think globally.....

The environment says: "Love, Love, Love".
The ozone-tent says. "Love, Love, Love".
Why not talk love more vocally.
Think globally.....

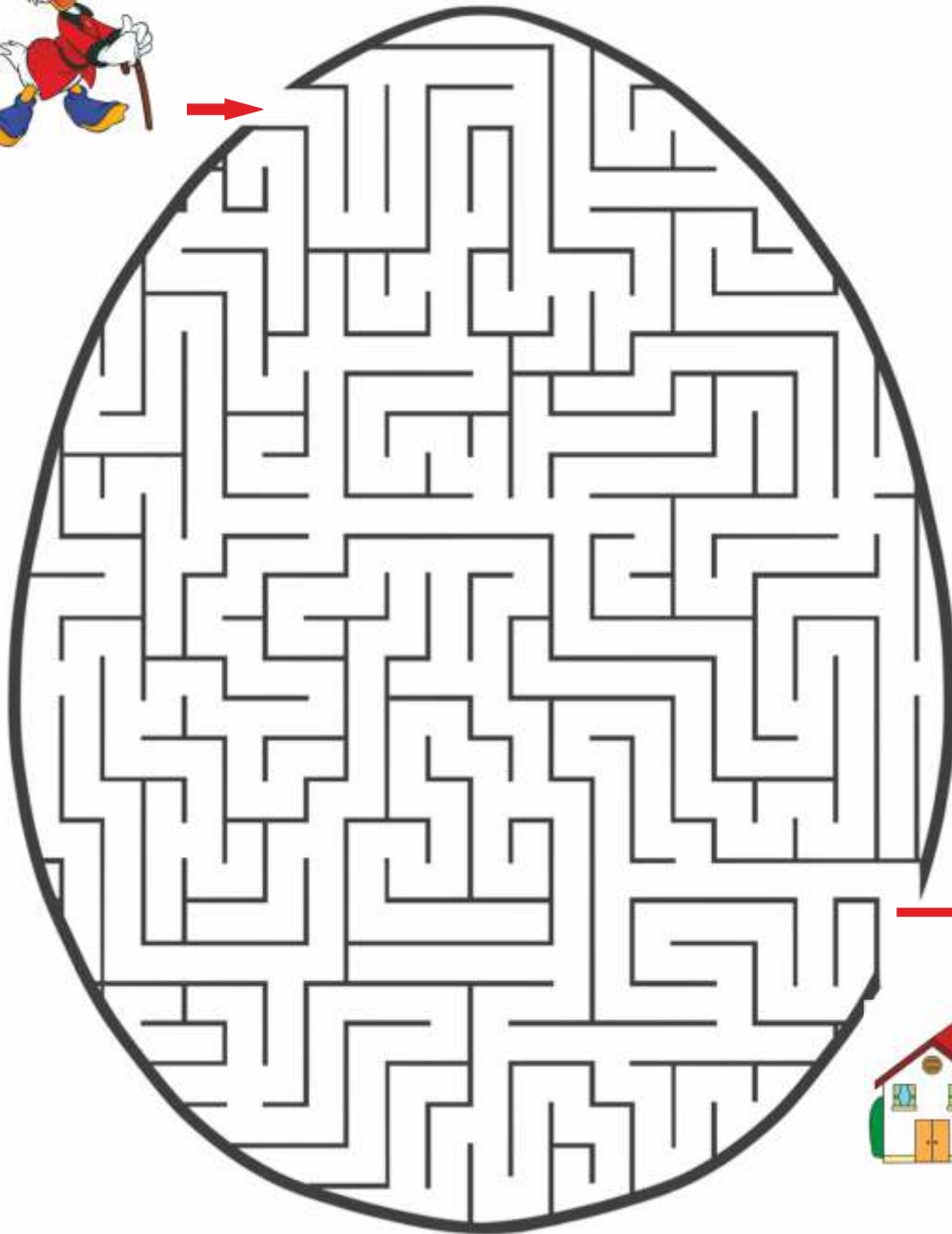
Different is the grammer of songs and prose;
Break all barriers and come close.
The folk-songs are sung very colloquially.
Think globally..

Common is the pleasure and common is the pain;
Common is the loss and common is the gain.
Why do you think anything parochially?
Think globally...



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Posted at NDPSO, Prescribed dates 10th & 11th. Date of Publication: 7th & 8th. Same Month