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### **Do Constructive Work**

The teacher entered the class-room and silently stood before the black-board. The students were so busy in their conversation that no one took notice of teacher's arrival. Everyone was involved in discussion with the each other and were unaware of his presence. After sometime, the teacher diverted their attention towards him; then only the students attended to the teacher. All the children stood up to show respect and took their seats.

Addressing the children the teacher said, "What discussion were you involved in that none of you were aware of my arrival? That must be a very important talk, share with me."

Now all the students were in a fix what to tell the teacher? Children made gestures to each other that someone should say something. Then some students answered that they were talking about cricket match, hockey, football match that is being telecast on TV now a days.

Someone said they were talking whether they should go to some hill station during holidays or not and some other said that the children of the other class are very naughty and so on...

The teacher said, "I give you five minutes more to talk and think upon, then you reply whether it was fruitful discussion?"

All the children sat calmly. Then the teacher said, "We must talk because discussion is the medium of our knowledge. But we should know when to talk and how to

talk. We should not waste our energy in useless talks all the time."

Quoting one example, the teacher further elaborated that a known person once came to a philosopher and the discussion started. Then that person said—"I have heard somewhat about your friend." As he started telling what he had heard, the philosopher said, "You must tell me that thing, but listen to me first. What you are going to tell me, whether that is exactly true, that is a good thing or explains his qualities, is that talk very useful that can be beneficial to anyone? If it is like that only then you talk to me about that person otherwise I beg your pardon."

The person who had come to talk replied in the negative.

At this the philosopher said, "The talk which is neither true, nor good, nor fruitful, nor it explains someone's goodness, I cannot waste my time in getting its knowledge."

Dear friends! We are to talk only positive in our life and we should adopt only that thing which is good and useful also.

As everyone is free to speak and talk of his own, in the same way we are also free what to listen, agree and implement. If we inculcate such teachings, then our life will also become meaningful. When we do constructive work, all our energy, power and time is saved due to which we shall be able to do self-analysis and take right decision through our independent thinking.

-Vimlesh Ahuja

### We can Learn from Ants

Ant is the smallest creature on the earth, but it has got several such qualities, features and traits from which the human beings can learn a lot. In so many ways, the ants are superior to human beings and can teach.

A small ant is much more clever than our expectations. They connect to form an effective network within a very short time and they do not need any leader to do this.

Though very small in size, yet they possess a strength, mind and strategies to defeat even biggest creature. Britain scientists, studied the strategies of the ants and found how little ants are able to bring down strongest enemy. Whereas we get frightened to face the stronger enemy, the ants come together to face and defeat them.

The ants are so passionate and hardworking that they never lose courage. While climbing upward, they fall several times, but every time they rise and try to climb again and ultimately reach their goal.

The ants fix up their target under every circumstance. They demonstrate complete discipline to reach their target and return to their burrow after achieving the goal. They communicate with one another by touching their mouths.

In case of obstacles, instead of returning, they put all their energy to search a shortest route to reach their target.

Discipline can be learnt from ants. They can smell food from a far off distance. To reach food and to bring it to their burrow, they demonstrate a big discipline. They move in a queue.

The ants don't forget their path. The route they follow for going somewhere, they return to their destination by the same route. Actually they leave Pheromone on their way while going which helps them while returning. The group ants also follow the same route and bring the food to their burrow.



### SAMPURAN AVTAR BANI

#### Ik Tu Hi Nirankar - 141

REEJH SAKE NA ANTARYAMI PUTHIAN SIDHIAN CHALAN TE: REEJH SAKE NA ANTARYAMI SAJDE PATHAN MALAN TE. NA VAS KANT KADE VI MITHIAN SURAN TE TALAN TE; HOVE HOVE NA VAS KANT KADE VI LAKHAN JATNAN GHALAN TE. **REEJH** SAKE NA ANTARYAMI LAMYAN LAMYAN WALAN TE; REEJH SAKE NA ANTARYAMI KEVAL NEK KHIALAN TE. REEJH SAKE NA ANTARYAMI GERU RANGE BHEKHAN TE; REEJH SAKE NA ANTARYAMI BOLAN TE JAN LEKHAN TE. REEJH PAVE JE SATGUR APNA TAN RAB RAZI HO SAKDAI; KAHE AVTAR GURU JE TUTHE ZARRA AMBAR CHHO SAKDAI.

#### **Thou Formless One 139**

The Omniscient cannot be pleased by clever maneuverings;

The Omniscient cannot be pleased by repeated bowings, recitation of scriptures and rotation of the beads of rosary.

The beloved Lord cannot be won over by melodious tunes and rhythms;

The beloved Lord cannot be won over by countless efforts and toils.

The Omniscient cannot be pleased by long hair;

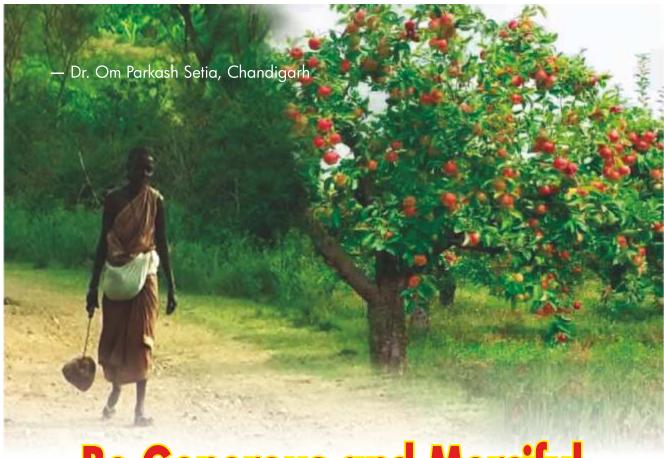
The Omniscient cannot be pleased by mere noble thoughts.

The Omniscient cannot be pleased by saffron guises;

The Omniscient cannot be pleased by mere words, written or spoken.

God can be won over only if the True Master is pleased;

Avtar says, if the True Master is gracious, even a tiny particle can touch the sky.



### Be Generous and Merciful

Maharaja Ranjit Singh, riding a horse, was going along with his soldiers. Suddenly a stone struck him. The soldiers ran all around in search of the stone pelter. In a short while, the soldiers caught hold of an old woman and said, "This wicked woman has struck the stone."

Maharaja, summoned her close, asked the reason of stoning. The old woman answered, "Maharaj! My children are hungry for the last two days. There is not even a single grain of wheat at my home. When I came out of the house in search of food, I saw a tree full of fruit. I wanted to pluck fruit by stoning. Amidst this scenario a stone struck your good self. I beg to be excused."

Maharaja Ranjit Singh ordered to leave her and gave some rubies. Astonishingly, The Commander was amazed and said, "Maharaj, What type of justice is this?" Smilingly, Ranjit Singh answered, "By stoning, if a tree can give sweet fruit, then why should I, as a human being, disappoint her?"

### How Monsoon Arrives

Dear friends! You know it well that for good rains, setting in of good monsoon is required. Monsoons typically occur in tropical areas. One area that monsoons impact greatly is India. In India monsoons create an entire season in which the winds reverse completely.

Various atmospheric conditions influence the monsoon winds. The first condition is the differential heating and cooling of land and water. This creates low pressure on the landmass, while high pressure is created over the seas during daytime, but is reversed during the night time.

The second condition is the shift in the position of Inter-Tropical Convergence Zone (ITCZ). In summer, the equatorial trough normally positioned about 5°N of the equator moves over the Ganga plain creating a monsoon trough during the monsoon season.

The third condition is the presence of the high-pressure area that develops east of Madagascar. It is approximately at 20°S over the Indian Ocean. The intensity and position of this high-pressure area affects the Indian Monsoon.

The fourth condition develops during the summer. The Tibetan Plateau gets intensely heated resulting in strong vertical air currents and high pressure over the plateau about 9 km above sea level. The fifth condition develops during the summer due to the movement of the westerly jet streams to the north of the Himalayas and the presence of the tropical easterly jet stream over the Indian Peninsula.

Changes in pressure over the southern oceans also affect the monsoons. In certain years, there is a reversal in the pressure conditions. This periodic change in pressure conditions is known as the Southern Oscillation, or SO.

The Southern Oscillation is connected to El Nino, which is a warm ocean current that flows past the Peruvian Coast. It flows every two to five years in place of the cold Peruvian current. The phenomenon is, referred to as ENSO (El Nino Southern Oscillations). In India, the monsoon lasts for 100 to 120 days from early June and to mid-September. The monsoon winds encounter various atmospheric conditions



on their way and hence are pulsating in nature, and not steady.

The monsoon arrives with a sudden downpour of rainfall that continues for several days. This is known as the 'burst' of the monsoon.

The rainfall is a result of the convergence of wind flow from the Bay of Bengal and reverse winds from the South China Sea. The onset of the monsoon occurs over the Bay of Bengal in May, arriving at the Indian Peninsula by June, and then the winds move towards the South China Sea.] By early September, the monsoon starts to withdraw or retreat and is a more gradual process. By mid-October, it

withdraws completely from the northern half of the peninsula. The withdrawal takes place progressively from north to south from the first week of December to the first week of January. This is the start of the winter season.

The retreating monsoon winds move over the Arabian Sea and the Bay of Bengal, and collect moisture on the way. These monsoon winds reach the southern states of India by October, and are responsible for a second round of rainfall. These are called the winter monsoons. The winter monsoon is experienced in the states of Karnataka, Tamil Nadu, Kerala and Andhra Pradesh in the first week of January.



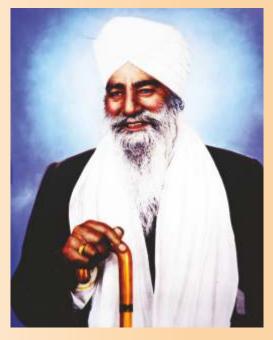
# RajmataJi

- ★The children who bow to their parents on getting up in the morning, they never lack anything in their life.
- ★ Saints should always bring their children to satsang, so that they learn good values.
- ★ Devotion means complete surrender.
- ★Those who surrender to True Master, all their jobs are automatically done.
- ★Saints always tread the path of love and humility that gives relaxation and peace.
- ★Unite with God and recognize the power of 'Sumiran', that sets right all our tasks.
- ★ Human life you get once, so make best use of it.

- ★Without the presence of 'Live' Guru, the true knowledge is not only difficult but altogether impossible.
- ★He who helps others in distress is a true human.
- ★Satguru is generous and accepts all irrespective of their flaws.
- \*As a person gets cool, sitting in sea water, similarly, our soul gets peace in the company of Satguru.
- ★Guru Bhagti is actually possible by inculcating the preaching of Guru in our day-to-day life.
- ★ Devotee always appreciates virtues in others.
- ★Life gets converted in right direction in the company of saints.
- \*Humans stumble due to ignorance. Saints become the light house to show path.
- ★God is only truth, is all myth. Myth is that which doesn't exist. God will exist whether the world exists or not.
- ★Saints move on the path of devotion discharging family responsibilities.
- ★ The rose plant has got both flowers and thorns, one chooses rose instead of thorns. Similarly, devotees seek goodness.
- \*As the river doesn't drink its own water, trees don't eat their fruit, in the same way, the saints live for others. They never boast of their charitable works, rather charity becomes part of their routine life due to which they remain away from eqo.

### Sacred Words of **Baba Avtar Singh Ji**

- ★ Ignorance vanishes by doing satsang.
- ★ Devotee loves Satguru and Satguru loves the devotee.
- ★ If you can't favour others, then don't trouble them.
- ★ True disciple is holy and uniform in mind, words and actions.
- ★ Those who realize God, their hearts get enlightened because they know that everything in this world is destructible and incomplete.
- ★ Grief is due to ignorance, as darkness is nothing but the absence of light, similarly, grief is nothing but the absence of knowledge.
- ★ God can be realized through God knowledge only.
- \* We are meant to love all and not to feel jealous of anyone.
- As you sow, so shall you reap; whether it is love or hatred.
- ★ Deal carefully; neither cheat anyone nor get cheated.
- ★ Those who are one with God, they are sacred and pure.
- ★ The importance of devotee and devotion has been there since ages.
- ★ Those who remain united with truth, they remain in ecstasy.
- ★ Devotee enjoys the bliss of Lord and remains happy under all circumstances without being affected by ups and downs.



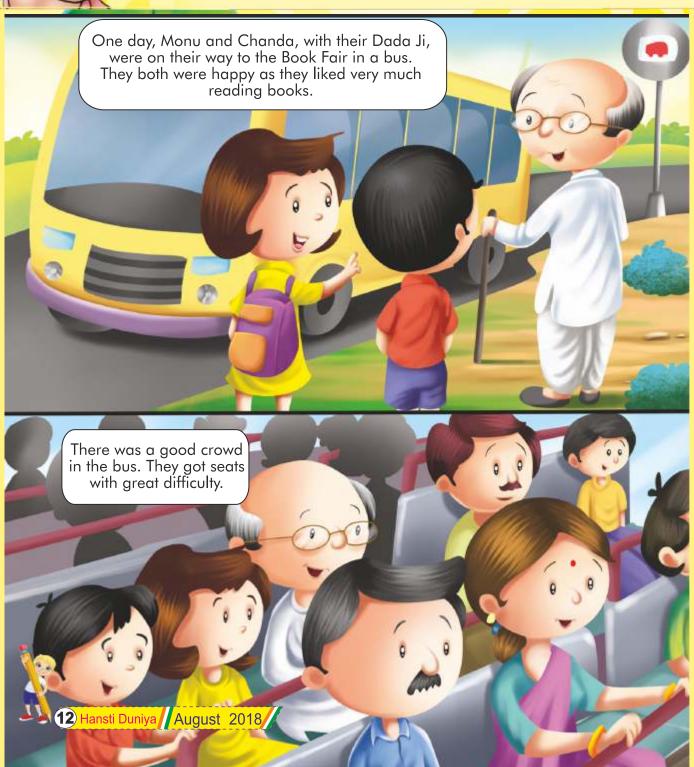
- As water becomes Ganges when merges with Ganga, similarly, whosoever surrenders to God Almighty, becomes one with Him.
- God knowledge is panacea for all mental ills. More a person gets attached to God, more peaceful he becomes.
- Love is a power that can win any
- Those who have realized truth, for them the present age itself is 'Satyug'.
- Life becomes beautiful when we imbibe human values.
- Devotees, like rivers and trees, live for the welfare of others.
- Nature exists due to its creator (God), as art exists because of the artist.
- ★ The recognition of a devotee is his humility.

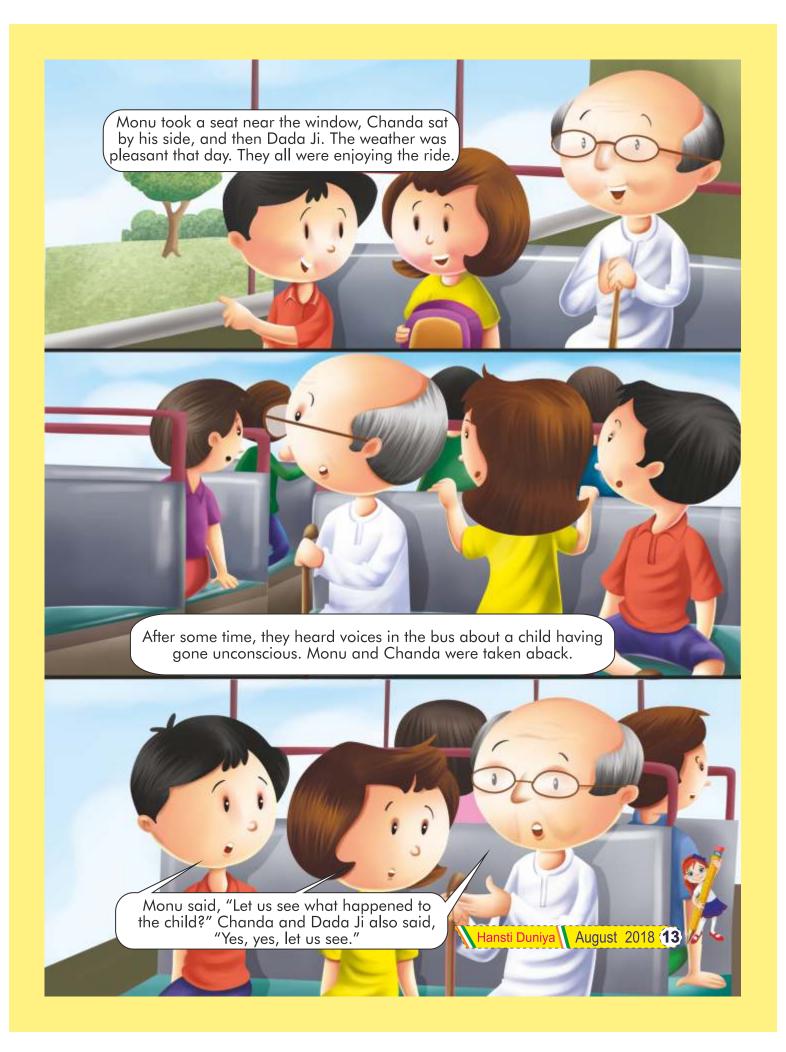
—S.R. Prajapati

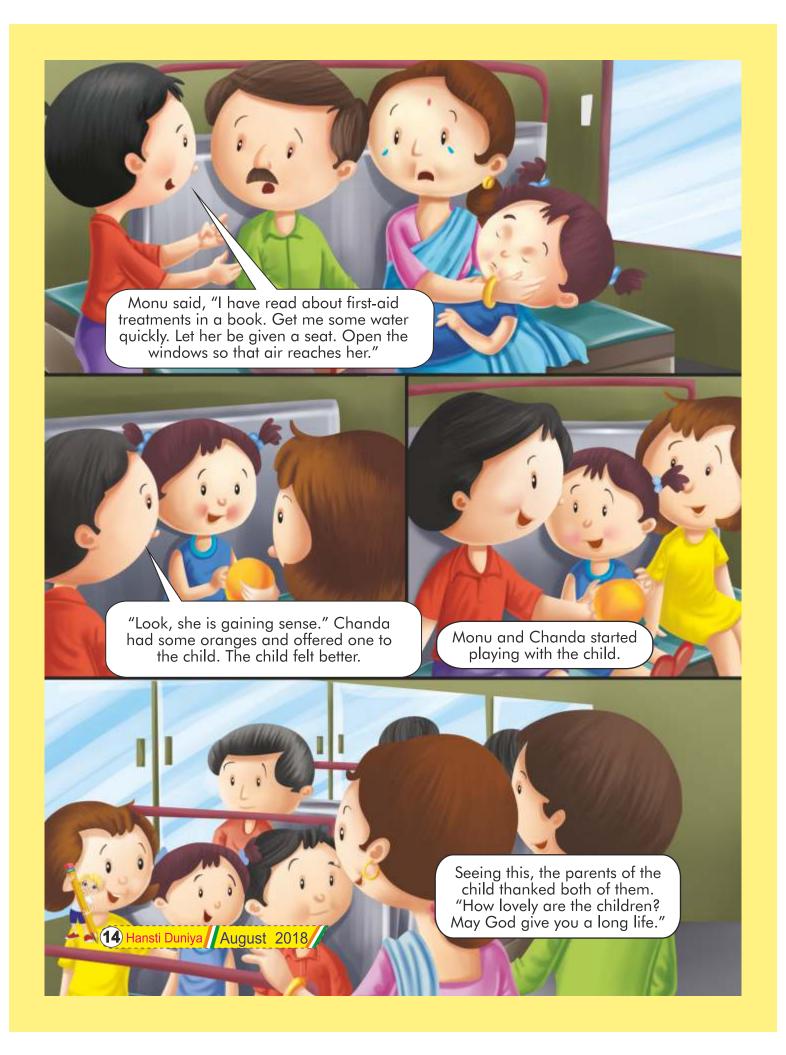


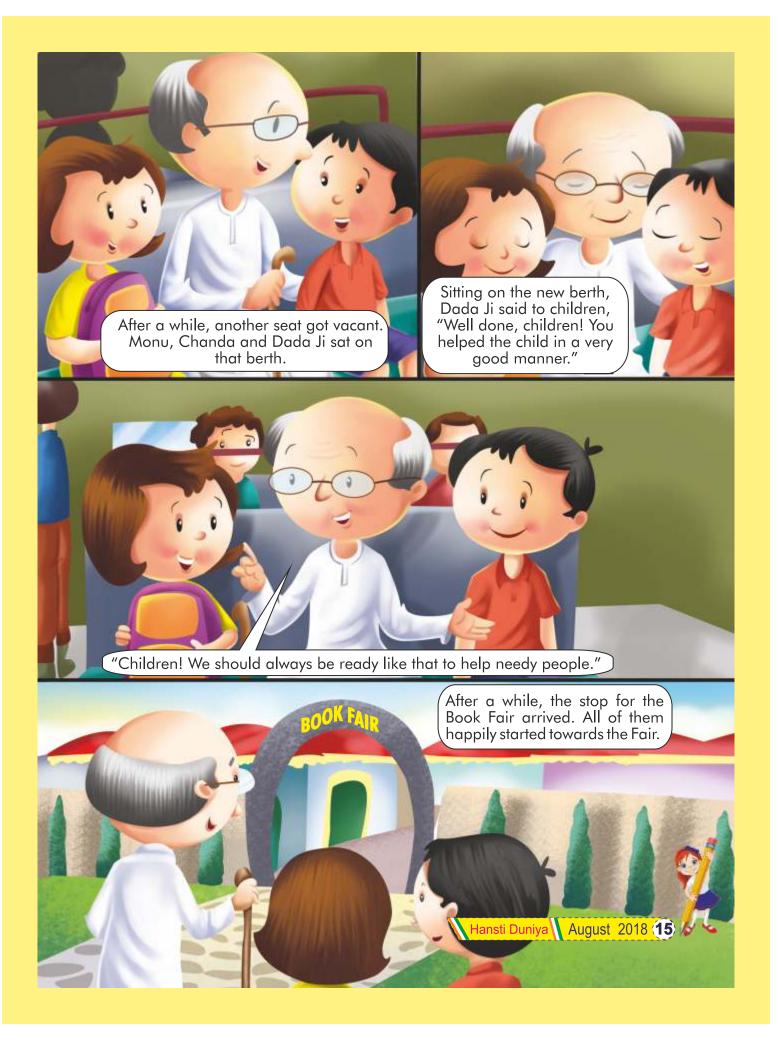
# Grandpa

Story & Illustration — Ajay Kalara



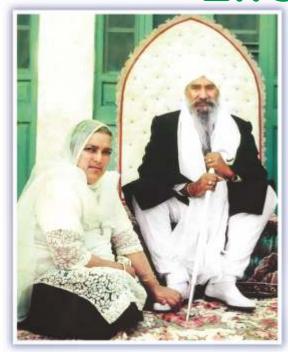






### Jagatmata Buddhwanti Ji

### A Dedicated Life



Rev. Buddhwanti Ji was born in the family of Shri Lakshman Das Kochhar Ji and Mata Gurdei Ji on 15 August, 1904 at Neela Gaon, Chaktal, Jhelum (now in Pakistan).

With the passage of time, she was married to Rev. Avtar Singh Ji. Her saintly qualities like innocence, simplicity, love and heart of gold embellished her married life. She became a dutiful and cooperative wife of Baba Avtar Singh Ji and ideal mother of Rev. Gurbachan Singh Ji.

On 15 August 1964, during the course of a one-day camp of Sewadal organized at Sant Nirankari Colony, Jagatmata Ji renounced her body and merged in Nirankar. Rendering selfless service was the aim of Jagatmata Ji's life. And even during the last moments of her life, she explained to volunteers about their duties. She was always forgiving, and never exposed the fault of others.

Till the last moment, she carried out her duties, leaving an ever lasting imprint on the hearts of all.

Shahanshah Baba Avtar Singh Ji thus described her life, "She was not a mother to just a few children. As she was given the title of 'Jagatmata' by Baba Buta Singh Ji, she embraced all in her fold. she was an image of maternity.

Jagatmata Ji lived a Splendid life. Her sense of impartiality, compassion and service was inimitable. She always cared for comforts of others. She had separated her soul from body with such an ease as one takes out a hair from butter. Such saints do not belong to the body even while in their human form.

Jagatmata Ji was such a spiritual personage who did not differentiate between mind, speech and action. Her actions were as enormous as her heart. Her tongue always uttered blessings for others which in fact solved their problems. She had immense faith in Nirankar and she always motivated others to act as per Nirankar's wishes. That is why she remained balanced during the times of pleasure and sorrow.

Jagatmata Ji's love flowed more from her acts than words and everybody could feel it. Her nature reflected her traits of selfless service, pardoning, high thinking as well as saintly behaviour. Her speciality was to have love and sympathy for all. She had no feeling of jealousy or malice against anyone. Her speech was truthful, likeable and beneficent which even endeared aliens.

She came to this world with an extraordinary personality, like an inspiring source and guiding light to infuse in Mission's children the spirit of love, sacrifice, selfless service and a tender heart.

—Harjeet Nishad, Delhi



# <u>IMPROVE YOUR KNOWLEDGE</u>



- a) Shoal
- b) Brood
- Q 2. He will ...... here tomorrow.
  - a) Came b) Come
- Q 3. He got ......from the court.

  - a) Bale b) Bail
- Q 4. I have not seen him ....... 2014.

  - a) For b) Since
- Q 5. Football ...... played by him daily.
  - a) Was b) Is
- Q 6. I ..... a car yesterday.

  - a) Buy b) Bought
- Q 7. There was FiFa ..... in the world.

  - a) Fever b) Mania

Answer Sheet	1	2	3	4	5	6	7



Judge your position from the table given below:

All correct – Excellent Knowledge 5 – 7 correct – Äverage Knowledge

Below 5 correct – Go through the Grammar book everyday.

# Teen ready to write New Chapter in Life

With Father's Monthly Income A Measly BEFORE 8,000, His Fight For Prosthetic Limb Wasn't Easy AFTER



Section 17 (g) of the Act stipulates that the appropriate government and the local authorities shall take measure for providing books, other learning materials and "appropriate assistive devices" to students with benchmark disabilities for free up to the age of 18.

Agarwal had argued that Ritik, a Class XII student at Heera Lal Jain Senior Secondary School, had 100% disability. The lawyer said RTE provides for persons with disabilities to avail benefits for the purpose of education.

"The right to education is a fundamental right. So, the means required to achieve and materialise the right are also covered by the Act," the PIL had stated.

For the family, however, the battle for getting Ritik to get prosthetic arm from Govt. was a battle. Till a few days ago, Ritik used his toes for writing, sketching and cartooning, his favourite hobby. Now, he uses the arm to write a few numbers, even if it means a few failed attempts ficial arm — both inside and outside the court — has been a testing one. It faced multiple rejections from all corners, in-cluding more than a dozen schools refusing to give Ritik admission. His father, Mahender, is the sole bread winner for the family and earns a meagre Rs 8,000 monthly.

"For getting a prosthetic arm, we knocked on doors of several hospitals. Our efforts took us even to Rajasthan, but there too we faced rejection," said his mother Usha, while trying to fit the new arm on his son.

It takes some effort at the moment for Ritik, a naturally gifted artist, to move the artificial arm. Till a few days ago, he used his toes for writing, sketching and cartooning, his favourite hobby. He uses the arm to write a few numbers, even if it means a few failed attempts and beads of sweat dotting his forehead. Getting the right grip for now is a challenge, but when he does get the grip, he goes on jotting down numbers, his name — all with total abandon.

Ever since the boy got his new arm at VIMHANS on June 23, Ritik has been practicing to use it for at least a couple of hours every day. Mastering movements is in no way easy, but Ritik is determined to make the best use of it. The boy is soon slated to get another prosthestic limb for the other arm.

During the hearing on November 1, 2017, the high court was informed that Dr J C Passey of the LokNayak Hospital had written to the Delhi government about the money for the prosthetic limb to be made available through Delhi ArogyaKosh.

The letter also stated that the limb would be fitted within two months. The HC had accordingly disposed of the matter and ordered for abiding by the contents of the letter.

Though Ritik got the limb fitted only a few days ago, he wants others like him also not to get discouraged. "I never got disheartened, never lost hope. All I need to worry about now is to keep my arm away from water," he said.

(Tribune)

#### - Dr. Ashok K Chitkara, Chandigarh



### Go with the Flow

Two men were walking beside a river on their way to a town downstream when a storm broke, and a flash flood washed both men into the river. One man panicked, tried to fight his way back to shore, and drowned. The other man realized that the torrent was beyond his control and relaxed to the best of his ability, letting the river to carry him. To his happy surprise, the river deposited him on the banks of the town he was headed towards, in a much shorter time than it would have taken him to walk.

When you come up against a situation you cannot control, trust that the universe is working on your behalf. When we fight what is, we lose our power. The sage capitalizes on the energy at hand and makes it work on his behalf.

Help me to remember that everything that happens to me is a part of the plan for the greater good.

Change your world...

Positive thinking is how you think about a problem. Enthusiasm is how you feel about a problem.

The two together determine what you do about a problem!!

#### **Answers:**

### Improve Your Knowledge

1	2	3	4	5	6	7
В	В	В	В	В	В	В

#### Q.No. Explanation

- 1- b is right as a group of chicks is called a brood. It is collective noun.
- 2- b is right answer as the word tomorrow tells about future and first form is used with shall, will.
- 3. b is right. It means release order . Other bale means bundle of paper, hay or cotton.
- 4. b is right. In perfect tense for point time since is used.
- b is right it passive of present and daily tells about Present Indefinite Tense.
- 6. It is past tense as word of past yesterday is there (b) second form is used.
- 7. b mania is right, as it means madness for game.

## ROLES

It's been around for millions of years, but it's no more than a month old. What is it?

What goes up and doesn't come back down?

Everyone has it and no one can lose it, what is it?



What has a thumb and four fingers but is not alive?



What belongs to you but is used more by others?



What is the easiest way to double your money?

6. Put it in front of the mirror, of course! 4. Your age 5. A glove 1. The moon 2. A shadow 3. Your name

Riddles Answers



### H.D. Answers

- —Akash Bansal Panchkula
- O: Was India ever the richest country of the world?
- Yes, until the British invasion A: in the 17th century, India used to be the richest country of the world.
  - —Avneesh Gulati, Chandigarh
- What is the right time to stop Q: bad habit?
- A: The right and best time to stop bad habit is before it starts.

#### —Sudeep, Delhi

- Q. When does a pedestrian gets preference?
- Ans. When he is injured and lies in an ambulance.
- Q. What is brain?
- Ans. Brain is the main part of the body which controls and directs all the activities of the body.

Q: Question A: Answer

#### —Raunak, Azamgarh

- Q: What is the generation gap?
- Generation gap is usually A: taken as a veneration gap. By the time a man realizes that may be his father was right, he usually has a son who thinks he is wrong.

- —Ratnesh, Azamgarh (U.P.)
- Q: Ignorance is a bliss or a curse?
- A: It is only under the umbrella of ignorance that other evils such as corruption, poverty and discrimination flourish. That way, ignorance is a curse and living in it is a sin.



### **Relations of Love**

It was 'Rakshabandhan' festival. All sisters were tying different types of rakhis on the wrists of their brothers. But Nikhil had not come out of his room since morning. Actually, his only sister, Sarla met with an accident and died. Last year Sarla had tied rakhi of his choice on the wrist of Nikhil. Remembering all this he was not coming out of his room. His mother, Laxmi and father, Prakash called him many times but he didn't come out with the excuse that he was sleeping.

Nikhil had one 'Mousa' who lived in that very locality. He had passed away two years ago in an accident. Now in their family were left Nikhil's Mousi, Kamini and her daughter Sheela. Prakash had a good position in the society. They had no special attachment with Kamini and Sheela. It was Laxmi who could be of little help to her sister Kamini sometimes and Nikhil knew all this. Since Sarla had left, Nikhil used to be very sad. It was his cousin Sheela who had minimized his sadness to a great extent through her love and made sister's place in his heart. Now Nikhil also used to treat Sheela as his real sister.



Today, it was 'Rakshabandhan' day. Sheela wasall prepared to tie rakhi to Nikhil. Her mother Kamini stopped her to go to Nikhil's place saying that she should go only when someone comes to take her, otherwise they may take ill of it. Prakash's sister Kamla had come. She tied rakhi on Prakash's hand and offered sweets. Prakash called Nikhil and said, "Get rakhi tied from your Bua."

"No Papa, I will get rakhi tied by my sister only."

Prakash was reminded of Sarla and said with heavy heart-son, your sister.... Abruptly, Nikhil said- "Papa she is there and she is Sheela didi."

No, no, she is not our equal, they are very poor.

So, what papa, whether relations are rich or poor. I shall get rakhi tied from Sheela didi only. She loves me as much as Sarla didi did.

It is true that Sheela brought him out of depression and showered sisterly love on him. Relations are because of love and not of richness or poverty", said Nikhil's mother.

Prakash now understood that value of love and relations. Then they immediately sent their maid to invite Sheela and Kamini. Sheel tied rakhi to Nikhil and offered him sweets. Nikhil also offered a gift, touched feet to seek her blessings. Everyone was happy.

In this way Nikhil removed the gun from his father's eye. Love knows no, barriers

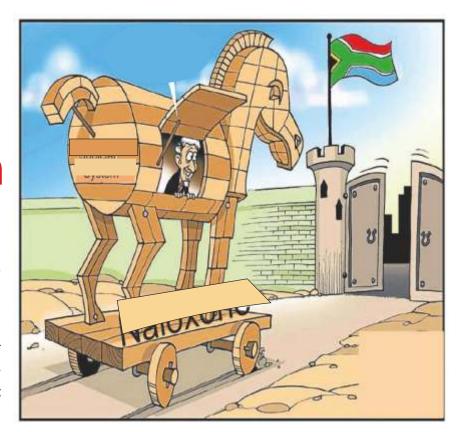
### The Trojan Horse

More than 3,000 years ago the Greeks and the Trojans fought a long and terrible war. For about ten years the Greek army camped outside the city of Troy. The strong wall around the city stopped them from getting in.

There were many battles during those years. The Greek soldiers tried to knock down the wall. They couldn't. They tried to climb over it, but the Trojans always pushed them away. Then the Greeks thought of a trick. They started building a very big horse made of wood.

Watching this, the Trojans were puzzled. They were even more puzzled one morning when they saw that the Greek army had gone away. Only the strange wooden horse was standing outside their gates.

The Trojans went out to look at it. They liked the beautiful wooden horse so



they pulled it inside the walls. They thought the war was over because the Greeks had left. They put away their swords and spears. They sang and danced around the horse.

Finally, the Trojans went to sleep. Then the Greeks played their trick. The Greek soldiers had hidden inside the hollow wooden horse. That night, they climbed out of the horse and opened the gates of Troy to let in all the other Greek soldiers.

The Greeks caught the Trojans completely by surprise and captured the city of Troy. Even today, we often call a tricky inside attack a Trojan horse'.

### **Save Yourself from Selfie**

Human life is a priceless. Human beings in their vanity do not use their judgement and endanger their precious lives in taking selfies at dangerous places and often loose their lives.

Selfie is a killer disease and weakness in ones personality. One should be wise enough to use judgement in a better way. Instead of risking their lives in a mad race to compete with others. But leading a better life that he has to decide through his wisdom.

No doubt, today life has become easy and simple with the fast growing gadgets. All these means and comforts have been developed for our comfort but our youth falling into the death trap. Selfies may be the coolest currency on social media, but the quest for a dramatic photo can also endanger the lives of photographers and the people around them.

Despite the risk, people around the world seem intent on taking incredibly risky selfies like this one. Here are more daredevil selfies that need to be seen to be believed. Sometimes sky-high selfies turn deadly.

Wu Yongning, 26, died in November 2017 after falling from a 62-story building in the city of Changsha, China.

Yongning was known to post dramatic videos of himself atop tall buildings without using safety equipment.

Victor Thomas, 25, looking down from great heights in Manhattan.

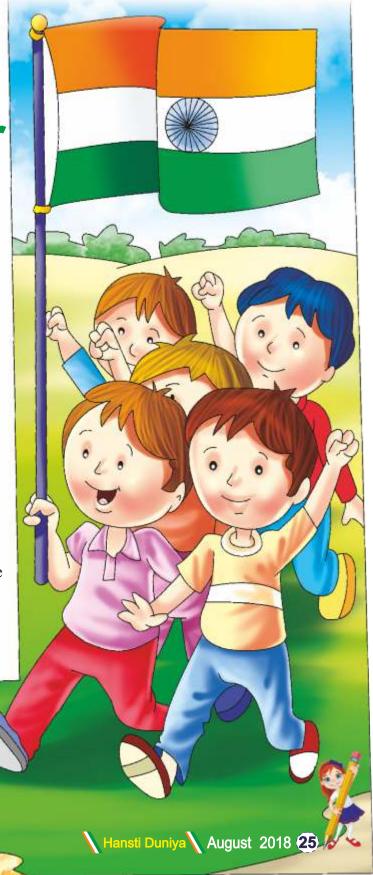
Thomas describes himself as an "urban explorer."

Some days ago, a report was published in the newspapers where it was mentioned that there was a news of approximately 127 people dying while taking selfie out of which 76 deaths occurred in India only whereas the remaining in other countries. From this we can easily imagine why this ghost of selfie has engulfed Indian youth.

— by Rabindranath Tagore

# Where the mind is without fear

"Where the mind is without fear and the head is held high; Where knowledge is free; Where the world has not been broken up into fragments by narrow domestic walls; Where words come out from the depth of truth; Where tireless striving stretches its arms towards perfection; Where the clear stream of reason has not lost its way into the dreary desert sand of dead habit; Where the mind is lead forward by thee into ever-widening thought and action-Into that heaven of freedom, my Father, let my country awake."



### The Tiger In The Trap

Once there was a traveller. He was just getting ready to stop for the night when he heard a low moaning. He found a tiger trapped in a deep pit.

The tiger saw the man and begged, 'Please free me from this trap, and I will be grateful to you for the rest of my life.'

The traveller agreed and lowered a large branch into the pit for the tiger to climb out. As soon as the tiger was free, he fell upon the man.

'Wait!' said the traveller. 'I thought you were going to be grateful to me.'

'It was men who trapped me,' answered the tiger. 'So a man should suffer for it.'

Just then a hare hopped by and asked what was happening. The tiger explained and then asked if the hare agreed with him.

"First I have to see the pit. Where were you"? The hare said to the tiger.

'Down here,' the tiger replied and jumped into the pit.

'Was the branch there too?' asked the hare.

'No,' said the tiger. And so the hare took the branch away.

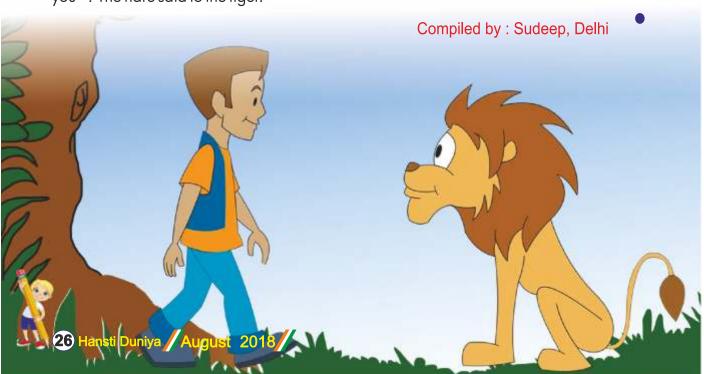
Then the hare turned to the traveller and told him to be on his way.

The tiger cried out in dismay as the man walked off down the trail. 'How could you betray me?'

I judge each according to his own and not by his fellows,' answered the hare. 'You have the fate you deserve and so does the man.''

Why did the tiger want to eat the man?

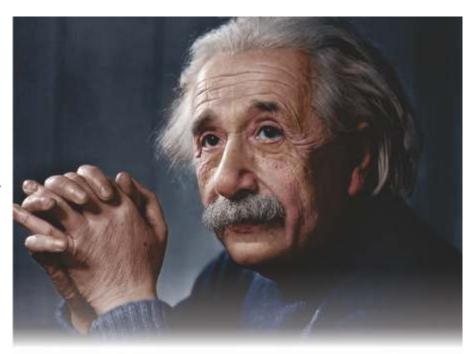
Other men had trapped the tiger so the tiger thought this man should pay for it.



Story: Jyotish Rai, Delhi

### <u>A</u> <u>Brilliant</u> Wanderer

Young Albert Einstein didn't always do well in school in Germany. His teachers thought he took too long to answer questions.



And often they got upset because

Albert thought of questions they couldn't answer.

The more Albert learned, the more things he thought about. The more he thought, the more questions he had. By age 12 he had decided that he would solve the riddle of the 'huge world' the universe.

Einstein thought there must be some rules to explain

through empty space? What makes tiny atoms stick together to form all the different things there are?

He thought and thought until he believed he had some of the answers for things that scientists had long tried to work out - such as what makes gravity work and how fast light can travel. Einstein even proved such unexpected things as the fact that light bends under the force of gravity.

You may have heard of Einstein's famous formula  $e = mc^2$ . This stands for a complex idea called 'relativity'. But in the simplest terms it shows that a small particle of matter is equal to an enormous quantity of energy. Einstein introduced entirely new ways of thinking about time, space, matter, energy, and gravity. His ideas guided such scientific advances as space exploration and the control of atomic energy. One of the concepts he explained, the photoelectric effect, led to something most people enjoy daily: television.



### **The Two Friends**

One fine morning two friends set out on a boating trip. They sailed the boat in the calm sea and talked merrily. Soon they were far away from shore. All of a sudden, the sky grew dark. A high wind started blowing hard. The sea became rough. The boat tossed up and down in the stormy sea. Luckily, the two friends saw a plank floating on the sea. So they jumped into the sea and caught it. But the plank was too small to bear the weight of two.

You are married man. You must live for your wife and children. I am single and so I must go, "said one friend to the other. "But you have your mother and sister. Who will take care of them?" argued the married man.

Indeed you!"said the young man and let off the plank. He was drowned.

After the storm was over, the married friend reached home safely. He took care of the mother and the sister of his noble friend who was no more in the world.

Moral: True friends share each other's joys as well as sorrows.

# The Water Bird SWAN

The nature has created various types of creatures on this earth and one of them is 'swan'. Though the swans fly also, but these are called water birds because they spend most of their life in cool water only.

Swan is the biggest water bird of Anatidae family. It has some eight species, out of which five are white. There is one such species of swan which is called 'low spoken swan'. The swan of this species, sometimes do hissing or produce low sound from the nose. Dumb swan came to North America from Europe. Generally, these can be seen in park lakes or in small ponds. White swans are found in northern regions. The Swan found in Western Canada or Northern America can be up to 100cm long. The length of Trumpet swan is more than this up to 115cm and spread of wings can be up to 225cm. Black swan species are found in Australia. Similarly, orange legged swans are found in Southern America.

Swans have got long neck, wide claws and heavy body. Male and female swans apparently look alike. Swans swimming in water look great. Generally, they swim



in pairs. They swim in water dipping their beaks in water, touching their heads and dancing. The male and female swans produce different voices or whistling sound.

Swans are expert in flying also, but they glide while swimming and then fly, means first they run on surface of water and then fly.

Female swan at once delivers 5-6 eggs which are of yellow colour. Instead of making nest, they keep their eggs on the heap of grass and the male swan takes care of these eggs. When little ones of swan come out of the eggs, then within a little time they start swimming in water.

Swans have long life. In forest climate though they live for 20 years, but the pet swan can live up to 50 years. The plants growing on water surface or below it serve their food.

Swans have a capacity to fly at 108 km per hour. They fly the highest also. Once an aircraft pilot saw a group of 30 swans coming from Iceland at a height of 8230 meter. These swans could be seen on radar screen also.

# weere ine

We are human-beings;

We are fellow-beings; We are one...

No matter which is race:

No matter how is face;

No matter diet and dress;

No matter which is place.

Arab and Chinese, Aryan, African;

We are one...

This earth is a little ball;

This world is very small;

In this kingdom of heaven

Together live we all.

It is one family, there is no alien.







#### Moolchand Kardam

# Rakshabandan

Rakshabandhan festival reminds us of those age old memories from which we can learn and get inspiration even today. This is a holy festival that gives complete respect and regard to brother-sister holy relationship. Since ages, sisters have wished like Sun.



Rakshabandhan festival is celebrated every year in August or on purnima of Shraavan month has its traditional importance also. According to Gita's preachings, when there is decline in moral values in the world, then Lord Shiva sends holy threads on earth through Prajapati Brahma. Sisters tie such threads on their brothers' wrists praying for their welfare and God saves them from all sorts of miseries by keeping them away from negative thoughts.

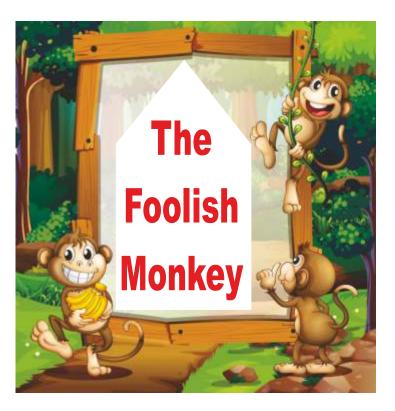
Regarding rakshabandhan, there are various historical stories also when women tied defence thread on the wrist of kings for their self-defence. One such famous story is about Alexander and Porus. It is an incident of 326 BC when Alexander had attacked India. In first attack, Porus knocked down Alexander. The defeated Alexander used to remain upset which his wife couldn't bear, so she made a plan. She had learnt a lot about festival of 'Rakhi'. She immediately went to King Porus and made him her god brother. The king Purus promised her safety of her husband and as a result of it, when Alexander attacked second time, then king Porus kept his word.

Rakhi festival demonstrates the feelings of unity in diversity. This festival is celebrated with great pomp and show in Northern India.

Rakhi festival is also known with the name 'Naariyal Purnima' or 'Coconut Fullmoon' in various coastal areas of Mumbai.

In Bundelkhand, this day is also called 'Kajri Purnima' or 'Kajri Navmi'.

This festival of rakshabandhan not only strengthens the relationship of brother and sister, rather the thread of relationship of entire society also gets strengthened.



A group of monkeys once lived in a forest at the edge of a village. Their leader was an old and very wise monkey. All the other monkeys respected and obeyed him.

Old monkey told the other young monkeys: Don't ever interfere with anything that humans do. It will only invite trouble.

One day the villagers decided to build a temple at the outskirts of their village. The monkeys saw them at work. But they obeyed their leader and kept away.

Villagers selected a place to build a temple and start their work. After a whole day's work. the villagers left their tools and building material at the site and went home for a good night's rest. They decided to start work early tomorrow. Two young monkeys who were curious started playing at the temple site when they saw that the villagers had left. Monkeys decided to do what the humans were doing. An older monkey saw the young monkeys and called out to them in alarm "Come back do not play there. It is dangerous.

The monkeys obeyed. But one of the young monkey paid no heed. He continued to play at the site. He ignored all the others who kept calling him back. He thought that there wass nothing wrong in playing here. They are just afraid.

Then the young monkey climbed on to a huge log of wood. The villagers had sawn half of it. To keep it from closing together, they had pushed a little wedge in between. He thought what is this piece of wood doing here? The foolish monkey got in-between the sawn log and pulled at the wedge. Suddenly, the wedge came off and the huge log snapped together crushing the poor little monkey to death. His last words were Äaah! if only I had obeyed my elders.!

Moral: The reward of disobedience is grief.











- First Indian to get the noble prize for literature? Q.
- A. Dr. Ravindra Nath Tagore
- First President of Indian Republic? Q.
- Dr. Rajendra Prasad A.
- Q. First Prime Minister of India?
- A. Pt. Jawahar Lal Nehru
- First Indian to get the noble prize for physics? Q.
- A. Dr. C.V. Raman
- First woman Prime Minister of India? Q.
- A. Smt. Indira Gandhi
- First Indian woman to climb Mount Everest? Q.
- Miss Bachendri Pal A.
- Q. The first Indian woman who became the President of UNO?
- Smt. Vijay Lakshmi Pandit A.
- Q. First noble prize winner for peace in India?
- Mother Teresa A.
- First Muslim president of India? Q.

A. Dr. Zakir Hussain -Avneesh Gulati, Chandigarh

Hansti Duniya August 2018 (37)



### Safe Landing



The occupants of a Jeep on water supply surveillance duty in Shimla had a lucky escape on Saturday night after it landed nose-down on the roof of a building as the driver lost control and banged the vehicle into a tree at Brockhurst. The jeep belonged to Shimla Mayor kusum Sadret, whose driver and peon sustained minor injuries. The Mayor was not in the vehicle.

<u>oughts</u>

- ★ Service is sweat that can be enjoyed by the performer only.
- ★ God can't be worshiped by hating the humans.
- ★ A gold coin doesn't lose its value by falling into the mud, similarly the value of dust never rises by flying high in the sky, rather it falls into our eyes only.
- ★ The youth will become energetic by uniting with God-Almighty.
- ★ A devotee is like a blooming flower and devotion is its fragrance.
- ★ Our life will become pious, only when our mind becomes so.
- ★ Only they are pure and pious who are hued in God's colour.



nce a woman went to see her weaver friend. The weaver, who had been spinning different kinds of silk thread, was very happy to see her friend and said to her: "Friend, I can't tell you how happy I am to see you. Let me get you some refreshments." She left the room. The woman looked at the threads of different colours and was tempted. She hid a bundle of thread under one arm. The weaver returned presently with the refreshments, and began -to feed her guest with great enthusiasm. But, looking at the thread, she realised that her friend, had taken a bundle. Hitting upon a plan to get it back she said, "Friend, it is so long since I have seen you. This is a day of great joy for me. I feel very much like asking you to dance with me." The friend said, "Sister, I am feeling very happy too." So the two friends began to dance together. When

the weaver saw that her friend danced without raising her hands, she said, "Friend let us dance with both hands raised. This is a day of great joy." But the guest pressed one arm to her side and danced raising only the other. The weaver said "How is this, friend? Why should you dance with only one hand raised? Dance with me raising both hands. Look at me. See how I dance with both hands raised," But the guest still pressed one arm to her side. She danced with the other hand raised and said with a smile, 'This is all I know of dancing!'

Don't press your arm to your side. Have both your hands free. Be not afraid of anything. She tried to copy her. The bundle of threads fell down. She had to cut a sorry figure. She felt ashamed that she had been caught red handed. Her cleverness was exposed. She was humiliated before her friend for cheating her.

Moral: Dont try to cheat your friends be honest.

—Nishtha Anand (Ludhiana)

# Laughing



Wife : Had your lunch ?

Husband: Had your lunch?

Wife : I am asking you.

Husband: I am asking you.

Wife : You are copying me?

Husband: You copying me?

wife : Let us go shopping.

Husband: Yes I had my lunch.



Mom: Why is everything on the

floor...?

Son : Gravity, Mom....."

Teacher( to student.)Change the sentence in future"I killed a person..."

Student: Sir you will go to a jail.



Teacher (to student) One day our country will be corruption free"which tense is it?

Student : Future impossible

tense.



Customer (to waiter) Dude eggs are extra salty today too much salt...why?

Waiter: Sir hen is suffering from high blood pressure.





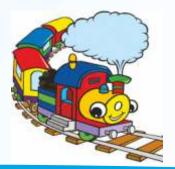
Fat man sitting in a train.

Praveen asksed : Is this cabin for

elephants only?

Fat man humbly replies : No, even

monkeys like you can sit .





Some people remind me of old TV sets. You have to hit them a few times until they get the picture.



Nitika : How should I convey the

news to my father that I have

failed?

Avyan : You just send SMS: Result

declared, past year's performance repeated.

\_



- ★ Love is a special gift in life...so share it with everyone and cherish it for ever
   —Sanjay Singh, Ramgarh
- ★ Satguru Babaji, jinhe tum pyar karte ho unhi ko azmate ho, khazane Rehmaton ke Bahano se lutate ho.

—Avneesh Gulati, Chd.

- ★ All you need is "love". All good things does not have to come at a price.
  - Jotish Rai, Dehradun
- ★ Trust is like a piece of paper when crushed it can never be made perfect again...—Raunak, Mumbai
- ★ Life does not give a chance of rehearsals. Each day is a live show. No retakes, no rewind. So let us give the best shot in your acts...

—Ratnesh, Gorakhpur

- ★ If you realised how powerful your thoughts are, you would never think a negative thought.
  - Rahul Verma, Delhi
- ★ Mind: a beautiful servant, a dangerous master.
- ★ Those who remain true to their own humanity are like roses living among thorns. They still give fragrance not only to the admiring passers-by, but also to the very thorns that spike them.
  —Savita, Kanpur
- ★ Harmony makes small things grow ,but the lack of it makes great things decay.—Ankita, Delhi
- ★ The true person sees what the eye sees, and does not add to it something that is not there.

—Ankita, Delhi

- ★ You pray for rain and get the mud also. That is a part of it.
- ★ To listen well, is as powerful means to influence as to talk well, and is as essential to all true conversation.
- ★ Saying sorry and thank you is more than good manners. It is a mark of spirituality.

— Harjeet Nishad, Delhi

### Result for the month of June Issue

### First:

Niharika Saini, Age 13 10627, Naramore Ln, Johns Creek, GA,30022(USA)

### Second:

Latika Prasad, Age 7 Flat No T-2, Priya Apartment, Talawadi Circle, Ahmedabad (Gujrat) 382 475.

### Third:

**Upshika Singh** H.No.2 (Teachers Flat) Sector 14, Chandigarh 160014.

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Age 12

### "Colour it" for August Issue

On page 44, a beautiful picture is given; colour it and send it to us latest by September 20, 2018. Office address: HANSTI DUNIYA, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in October 2018 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.

### Colour it



Name	Age
Address	



Children's story: Rajkumar Jain 'Rajan'

### The Robbery

The 'Jungle Times' included a special news daily.

In the Champak Jungle, the incidents of theft had alarmingly increased. The thieves would enter at night, steal and run away. The animals could not notice anything. Only in the mornings they would find their households ransacked all over and start crying 'Oh, our house got burgled... we are shattered ... the money

collected for daughter's marriage is gone ... what will we do now, etc.'

All the animals had appointed an intelligent monkey, called Sonu, as their guard. He, too, could not get any clue of the thieves in spite of his constant patroling around the streets throughout the night, blowing whistle regularly and shouting 'Beware! Keep awake!' Even with these precautions, the thefts could not be controlled.

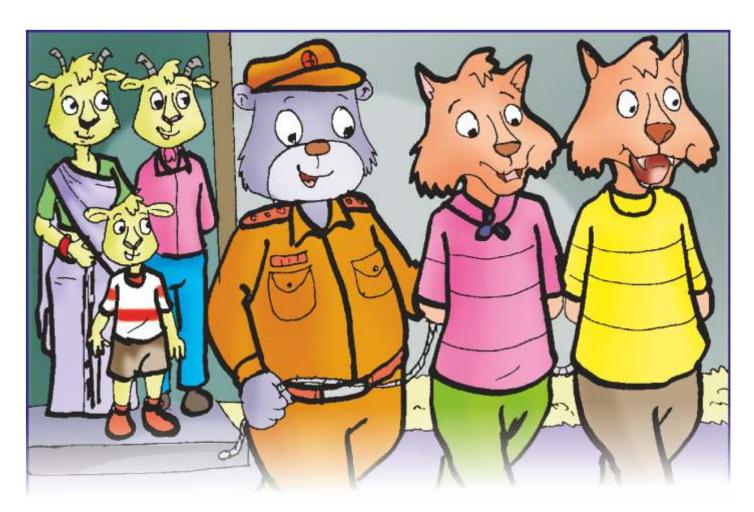
Thefts had taken place at the houses of the giraffe (Lambu), the rabbit (Miku), the elephant (Bhima), the goat (Bhuri), the deer (Chaplu) etc. The roofs of the houses were adjoining in jungle town. Taking advantage of these joint roofs, the thieves would quickly jump across the houses and finally run away with stolen items, and all the animals could do nothing but to see them running away.

The Inspector of the Jungle, the bear (Bhura) would come with his constables and, after making a few formal enquiries, go back with an assurance: 'even if one of them is caught, we would grab the entire gang.'

Kalu, the lamb, had an open house. The stairs of his roof, without a door, would lead towards the back of the street. One night, a sound of strong cry was heard at the corner of the street. All the animals nearby got awake and started shouting 'thieves, thieves!. They just ran out of house at the corner.' Kalu thought 'Suppose, the thief tries to escape through his open stairs after crossing joint roofs ....'

A plan struck his mind. He gathered his courage. He ran for a can of oil and reached the rooftop, and spilling the oil on the stairs, he climbed down. 'Now, let those stupid thieves come down through the stairs.' While Kalu lamb was busy thinking, the thieves reached his roof, having jumped across many other joint roofs. Dazed with the fear, one thief asked the other: 'Listen, let us run through these stairs.'





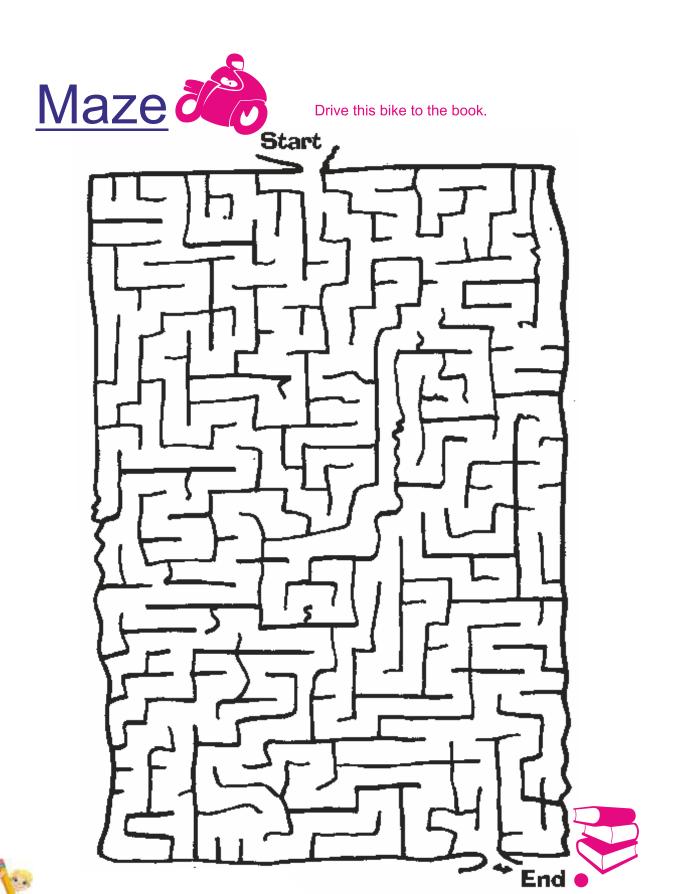
In their haste, both the thieves started running through stairs left open. Slipping from the top, they flat face down on the ground. They were completely dazed by this sudden events. The moment they tried to get up and run, they slipped again. Both of them got quite injured and cried out in pain.

Now, Kalu shouted: 'Papa, here are the thieves'. Bring the rope to tighten them.' But there was no rope in home.

Kalu did not thought it right to waste time any more. He ran out and called other animals in. All of them grabbed both the thieves and tighten them with rope. These two were none others but foxes, named Viru and Dhiru, the notorious thieves from the neighbouring jungle.

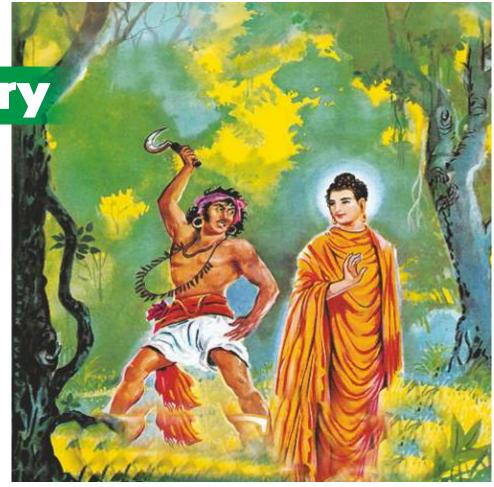
Someone conveyed the information to the police. Both of them were taken into police custody. The inspector Bhura, the bear, made them to cough out the names of other gang members and nabbed all of them. All the animals took a sigh of relief.

Kalu was awarded for his presence of mind and courage. It was a matter of joy for the entire Champak Jungle.



### Victory

The Buddha walked on fearlessly. The robber, Angulimal, followed him as fast he could but was not able to catch up with him. He swore and shouted at Gautama Buddha, but the latter only smiled at him kindly and continued to walk



through, smiled at him kindly and continued to walk through, to the forest. This went on for several hours and Angulimal, tired at last, sat down. The Buddha stood in front of him. His face was shining, full of kindness for the robber.

'Who are you? asked Angulimal. 'Why do you travel through this forest alone?' Are you not afraid of the robber Angulimal? Why he could not catch you? What Magic do you possess?'

Buddha's face was full of compassion and he replied gently. "I am a friend of yours and I have come to save you from further sin. I am not afraid of you because I love everyone. My magic is the magic of kindness for all living creatures."

These noble words touched the cruel heart of Angulimal and he fell at the feet of Buddha, "Save me, O lord!" he said, sobbingly, "I am the greatest sinner on earth!" The tears flowed form his eyes in unending streams and washed his all the sins.

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