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Hansti Duniya

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Regular Columns

4. Editorial
5. Sampuran Avtar Bani
21. H.D. Answers
30. Look at the Picture and complete the story
38. Noble Thoughts
39. Riddle
40. Laughing Time
42. Sms of the Month
44. Colour it
49. Maze

Photo Features

16. Grandpa
34. Kitty



Poems & Etc

- 9. Trust In God
Sandeep Kaur
- 10. The Miracle of Friendship
Ishana Arora
- 11. Our National Symbols
Vidhya Prakash
- 20. Science Questions
Rishi
- 28. The Winter
Jaswinder Sharma
- 32. Direction
Asha Kapoor

Articles

- 8. Precious Words ...
- 10. One Page Calender
P.P. Bhuteja
- 12. Banana
Vandana
- 13. A Morning and Evening ...
Sunil Nagpal
- 24. Learning About the Earth
S.R. Prajapati
- 33. Fruit Tree Royalty
Yashpal
- 45. How clever are you?
Chand Mohd. Ghosi
- 48. Secrets of Success

Stories

- 6. The Woodcutter
- 14. Tukaram's Forbearance
Priya Tandon
- 22. Where is Fate?
Sanjay Tandon
- 25. Animal Stories That Teach
Ravneet
- 26. Honesty Still Counts
Praveen
- 28. How to Increase of our ..
Dr. Ashok K Chitkara
- 31. The Village Mouse and ...
Sudeep



Values to Instill

It has been often seen that the youngsters use such words in their conversation which are indecent and unfit to be used. The society that they live in and the company they keep influence them and reflect the environment they are brought up in. This is not their inborn learning but consequence of the company they keep.

We pretty well know these facts, still this problem is going from bad to worse. And everyone wants a solution for this. We put this responsibility on others and our own attempts are only half hearted. We try to mend others instead of mending ourselves. In this way this problem becomes very serious, dangerous and goes out of



control. Friends, this subject is not only to be thought of but also find an appropriate solution so that we can build up a good environment for the children to grow and live in harmony. In coming years they will be leaders and law abiding citizens who will shoulder the responsibility of society.

Follow the maxim 'First weigh then say'. Our speech has huge impact on listeners. Be truthful; do not hurt others. See that your speech is meaningful, relevant and in accordance with situation. You have to use discretion in using words of your speech. It shouldn't be hurtful; use decent and sweet words. It should be fruitful and soothing. A sweet and polite expression is best to put an end to feuds, fights in our day to day life automatically. Our parents, elders teach us to be courteous and polite to succeed in life. Sometimes they scold and rebuke to put us on the right track. Their sole purpose is to see us flourish in every field of life. Follow and imbibe their teachings to make life meaningful and purposeful.

—Vimlesh Ahuja



SAMPURAN AVTAR BANI

Ik Tu Hi Nirankar - 149

TOON DATA EYN SABH TON VADDA KI KOI SIFT KARE SARKAR;
 ZAT TERI HAI UCHI SUCHI NAAM HAI TERA IK NIRANKAR.
 KINNI TAQAT TERE ANDAR KINNA ROOP SUHANA EY;
 KINNI MEHR TE BAKHSHISH KARNAI KINNE ROOP VATANAN EY.
 MAIN MASKEEN NIKAMMA BANDA TERI KIVEN VICHAR KARAN;
 IS QABAL VI MAIN TAN NAHIN AN TAITHON JAAN NISAR KARAN.
 TAINOON HAZAR NAZAR VEKHE OH HI BRAHMGIANI EY;
 AMAR ATMA AMAR JOT IH JIS NE VI PEHCHANI EY.
 KAHE AVTAR GURU LAD LAGGA BHED ALAF DA PAVEGA;
 SABHNAN JEEAN DA JO DATA ESE DE GUN GAVEGA.

Thou Formless One 149

Thou art the greatest benevolent Lord, who can sing Thy praise?

Thy entity is the loftiest and the purest, Thy name is the Formless One - Nirankar.

How mighty Thou art, how splendid is Thy Form!

How much mercy and grace Thou bestow and how many forms Thou changeth;

I am a humble person without any worth, how can I describe Thee?

I am not capable even to sacrifice my life unto Thee.

The person who beholds Thee at hand he is the enlightened one (Brahm Gyani);

He is the one who knows this Immortal Spirit, this Immortal Light.

Avtar says, whosoever attaches himself with the True Master shall know the secret of the One;

And sing the praise of God who is the benevolent lord of all living beings.



The Woodcutter

Once, there was a woodcutter named Bholu. One day, while he was cutting the wood on a tree on the bank of the river, his axe slipped out of his hand and fell into the water. He began to cry for losing his axe into the water which was the only means of his livelihood.

Hearing the cry of Bholu the god of water appeared before him and asked, "Why are you weeping?"

Bholu then told the God of water that his axe had fallen into the river.

"Do not weep," said the god of water, "I will bring your axe back to you." The god of water took a dip and after some time came out with an axe of gold.

"Here is your axe! Take it."





"No, this is not mine. I won't take it.

Then the god of water again took a dip in the water and came out with an axe made of silver. He asked Bholu to take it but he refused.

The god of water again went into the water and came out with the axe of Bholu. Seeing his own axe, Bholu exclaimed with joy, "Yes, yes! This is my axe."

The god of water was very happy with Bholu's honesty. He gave all the three axes to Bholu as a reward of his honesty saying, "You can have these axes too because you are an honest man."

Moral : Honesty is the best policy of life.



See My Satguru
See My Lord
God Taking Picture
of God in God

BIRTHDAY SPECIAL

NIRANKARI BABA HARDEV SINGH JI MAHARAJ

23 FEBRUARY

Precious Words of Baba Hardev Singh Ji Maharaj

- ★ Knowledge is light and ignorance is darkness.
- ★ Man is the supreme creation of God. He has to maintain his dignity.
- ★ The wealth of character is bigger than the entire worldly wealth.
- ★ Human energy should be utilized in human welfare and not wasted in destruction.
- ★ God realization should be the prime human objective.
- ★ Wisdom lies in finishing our work on daily basis.
- ★ The goodness vanishes in selfishness as the river vanishes in the ocean.
- ★ Love and forgiveness is much stronger than hatred in the world.
- ★ Ego is like a stone in the shoes which always discomforts.



— Sandeep Kaur, Kapurthala (PB.)

TRUST IN GOD

I asked for Strength.....

And God gave me Difficulties to make me strong.

I asked for Wisdom

And God gave me Problem to solve.

I asked for Prosperity.....

And God gave me Brain and Brawn to work.

I asked for Courage.....

And God gave me Danger to overcome.

I asked for Love.....

And God gave me troubled people to help.

I asked for Favors.....

And God gave me opportunities.

I received nothing I wanted.....

I received everything I needed!

Trust in God Always!



ONE PAGE CALENDAR 2019

DATE					April	January	May	August	February	---	---
					July	October	---	---	March	Jun	September
					---	---	---	---	November	---	Dec
1	8	15	22	29	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2	9	16	23	30	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
3	10	17	24	31	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
4	11	18	25	-	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
5	12	19	26	-	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
6	13	20	27	-	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
7	14	21	28	-	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

How to know the day of the given Month & Date

Suppose we have to know day on the 19th August 2019.

Step 1 Go to the Date

Step 2 Go to the Month

Step 3 Come down from the Month and go straight form date under the month that will be day of the month so MONDAY will be the day of the asked Date and Month.

—Ishana Arora, Vikasपुरी

The Miracle of Friendship

A miracle Called friendship
Dwells with in the heart

You don't know how it happens
Or when it gets start

But the happiness it brings you
Always give a special lift

Then you realize that friendship
Is one of God's most precious gifts.

Our National Symbols

National Anthem
Jan Gan Maan

National Song
Vande Matram

National Pharse
Satymev Jayte

National Flag
Tricolour



National Animal
Tiger



National Highest
Civilian Award
Bharat Ratna



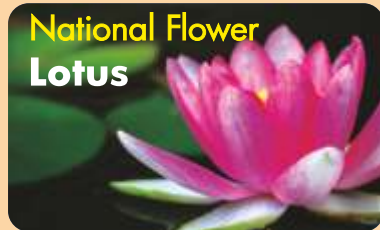
National Emblem
Ashoka's Pillar



National Game
Hockey



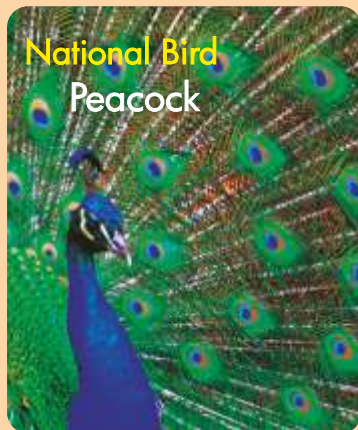
National Flower
Lotus



National Currency
Rupee



National Bird
Peacock



National Sweet
Jalebi



National Fruit
Mango



National River
Ganga



National Festivals

26 January
Republic Day

15 August
Independence Day

2 October
Gandhi Jayanti



Article:Vandana

Banana

Banana is full of nutritious elements. It is a most popular fruit all over the world. There are about 35 species of banana in the world, out of which 14 are found in India. The banana is being produced in India since ancient times. Many varieties of banana are found in India. Neutran in Kerala, Puwan in Tamilnadu, Basrai in Gujarat.

The plant in trees yield fruits the whole year, but the bumper produce is

found in some special months (August to December).

In our country, banana leaves are used for decoration at many festivals and occasions, such as in performing Pooja, etc. They are also used as plates specially in the South to eat food. They are considered sacred Banana is also used in the treatment of many diseases.

- 1 (Itches/Ringworms). On applying the paste of lime and banana fruits (well mixed), gives immediate relief.
- 2 For mouth ulcers- Eat banana with cow's curd in the morning. The ulcers will disappear in a few days.
- 3 Fire burns -Applying the paste of banana (well grinded) gives relief from fireburns.
- 4 Nose bleed (epistaxis)-Eat 2 bananas with sugar mixed milk for some days. It will help cure the disease.



—Sunil Nagpal, Delhi

A Morning and Evening Star



Venus is the second planet from the Sun. It is named after the Roman goddess of love and beauty, perhaps because it shines so brightly. It shines brightly sometimes in the western sky as the 'evening star' and at other times in the pre-dawn eastern sky as the 'morning star'.

Although Venus is the closest planet to Earth, it is difficult to study because it is completely covered by thick layers of clouds. Venus' dense cloud layers do not allow much sunlight to reach the planet's surface. They do, however, help keep the surface very hot, as do the planet's active volcanoes. The temperature on the Venusian surface reaches about 464°C . The highest clouds, by contrast, have a daily range of 25 to -149°C . Of all the planets, Venus is the closest to Earth in size. In fact, Earth and Venus were once

regarded as sister planets. Some scientists have suggested that Venus could support some form of life, perhaps in its clouds. However, people could not breathe the air there.

Several spacecraft have visited and sent back information about Venus, beginning with Mariner 2 in 1962. The immensely powerful Hubble Space Telescope has also provided considerable data about the planet.

Scientists have learned that the surface of Venus is marked with hundreds of large meteor craters. These craters suggest that since it formed, the surface of Venus has changed in a different way from Earth's surface. Earth has only a few large craters that are easy to recognize.

Venus is different from Earth in another way too. It hasn't got a moon.



Story : Priya Tandon, Chandigarh

Tukaram's Forbearance

Tukaram was a great Saint. He spent his time in singing the praises of Lord Vithala Panduranga. Tukaram was gentle and balanced person but his wife was just the opposite. Despite the difference in temperament, he managed to get along well with her,

Tukaram had a small half acre farm that he used to till, for a livelihood. Once he planted a sugarcane crop on this land. When the sugarcanes started to ripen, they were obviously sweet and juicy. Anyone passing that way used to pluck a few sugarcanes to eat. Tukaram never rebuked anyone for this robbery.

By the time the crop was ready to be harvested, only a few sugarcanes were left in the field. Anyhow, Tukaram harvested the crop and bundled it into his cart and set off for home. All along the way, the children of the village pleaded with him to give them a sugarcane stick each. As was his nature, Tukaram allowed each of them to take it.

When he reached home, his wife was standing in the doorway. She saw a lone piece of sugarcane in his hand. In an instant, she knew what had happened. She started shouting, "What is this, you foolish man! Just one piece of sugarcane from such a large farm land? You are good for





nothing!" As she hurled abuses on him, she snatched the solitary sugarcane from his hand and struck it hard on his head. The cane broke into two pieces and fell on the ground. The second one was left in her hand. Tukaram shrugged his shoulders, smiled and said, "Well! Well! All this time I was wondering how I was going to distribute this single sugarcane stick amongst the three members of the family. But you seem to have solved the problem so well. You can eat one piece and give the other two to the two children." Tukaram entered the house, leaving behind a speechless wife, holding a stub of sugarcane in her hand!

Such qualities of forbearance are not there in most of us. Only highly realized souls exhibit such qualities, but nevertheless, we too need to train our minds to emulate them. Most of us are in the habit of retaliating: wanting a tooth for a tooth and a nail for a nail.

Wise men talk because they have something to say; fools talk because they have to say something!

Moral:- "Nature wants us not to react, to return blow-for-blow, cheating for cheating, lie for lie, to hit with all our might. It requires Divine power not to hit back, to keep control, to restrain and keep calm."

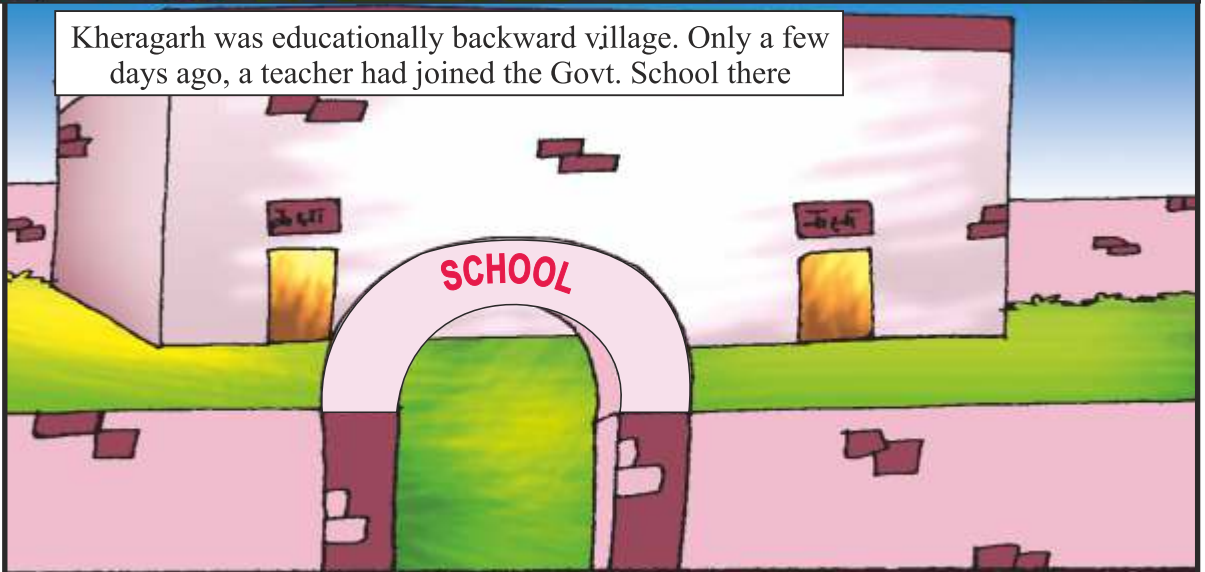




Grandpa

Story & Illustration
Ajay Kalra

Kheragarh was educationally backward village. Only a few days ago, a teacher had joined the Govt. School there



Only a few children came to the school. Most of the parents engaged their children in working at the fields.





The teacher was not of the kind who considered teaching only as his profession. He had all the qualities of a good teacher. Whenever he got time, he would go for preaching education in the village. He sincerely wished to make the entire village literate.



For this, he started adult education at night so that the farmers could get time at night. On his persuasion, about 8-10 farmers did start attending the class. But gradually the number started decreasing.

Then one day, it came to be known that Bholu was provoking the farmers against it. "Brothers, It is waste of time. You are not looking for a job. We people labour the whole day. Whatever little time is left, that is for enjoying gossip", he would say.



All the farmers were taken in and they stopped going to the school. They would again, as usual, gather at a place and gossip.



In the meantime, the teacher had to go out of the village. He thought to do something in this regard only after he returned.



One day, Bholu received a letter. Since he did not know to read it, he started looking for a man who could read out the letter to him. But he did not find any such man. The few farmers who had been to the school for a few days too could only tell that the letter was from his brother who lived in the city.

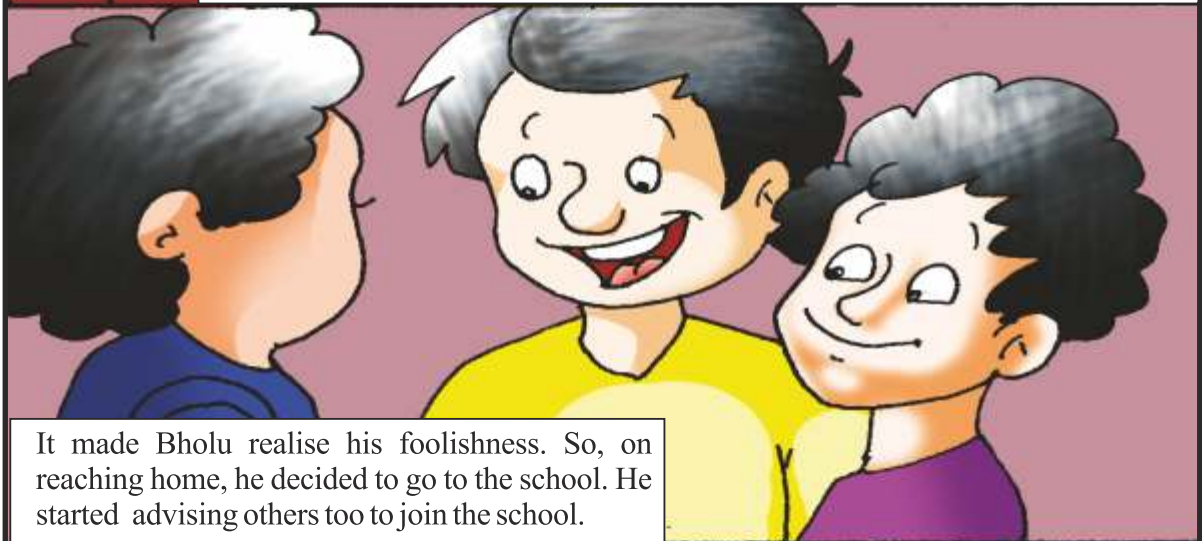


Bholu was worried about some untoward happening. Then, without thinking any more, he left for the city. On reaching there, he found the house locked. It made his heart beat fast. On enquiry from the owner of the house he learnt that his brother had to go to kolkatta in connection with some competition.

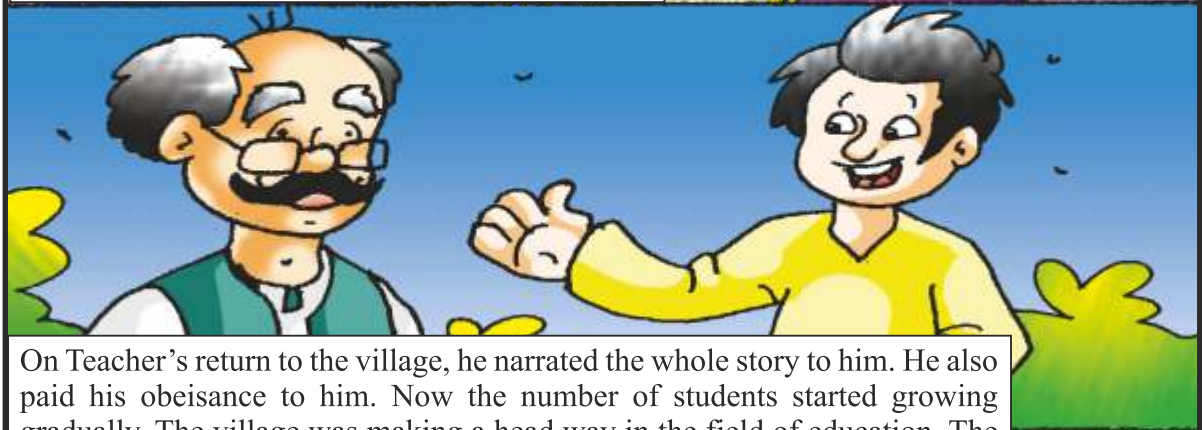




On hearing this, Bholu heaved a sigh of relief. Due to the long journey of 5 hours since morning without food, he was badly tired. So, he started for the village. All the way long, he was thinking that had he been able to read the letter, he would not have to suffer physically, mentally as well as financially.



It made Bholu realise his foolishness. So, on reaching home, he decided to go to the school. He started advising others too to join the school.



On Teacher's return to the village, he narrated the whole story to him. He also paid his obeisance to him. Now the number of students started growing gradually. The village was making a head way in the field of education. The teacher's happiness knew no bounds to see this. So, dear children, the light of knowledge dispels the darkness of ignorance. It also helps you progress in life.



Science Questions



Q. Why do diamond shine at night?

A. The rays of light entering it, get internally reflected from most of the faces, on account of high refractive index and from the few faces, that permit light to get out a lot of light comes out.

Q. Why is ones's breath visible in cold, but not in hot weather?

A. In cold weather the water vapours contained in the exhaled breath condense into the small droplets of water, which become visible.

Q. Why is compass used as indicator of direction?

A. A compass is a navigational instrument for determining direction relative to the Earth's magnetic poles. It consists of a magnetized pointer (usually marked on the North end) free to align itself with Earth's magnetic field. Hence we can detect the direction.

Q. Why does an electric bulb make a 'bang' when it is broken ?

A. There is a vacuum inside the electric bulb. When the bulb is broken air rushes in to fill the vacuum. The rushing of air produces a noise generally referred to as a 'bang'.



H.D. Answers

— Kamal Nagpal (Khandwa)

Q. What's the prime message of humanity?

A. To know yourself and be a human.

— Naresh Masurkar (Mandla)

Q. What to do in despair?

A. Start attending Satsang, listen to the discourses of holy saints. It instills self-confidence which helps remove despair.

— Ramashankar Gupta (Bilaspur)

Q. What is the best way to keep one's mind healthy?

Ans. Satsang and Simran of God.

— Ramesh Rai, Delhi

Q. Who is the sustainer of the universe?

A. The formless God (Nirankar)

— Meenu Nirankari (Khalilabad)

Q. What kind of life should be led to maintain discipline?

A. A saintly and simple life.

— Prateek, Delhi

Q. What does make us to live up to Truth?

Ans. Spirituality is the only route to realize and live upto truth

— Anand Kumar (Datia)

Q. What is the simplest way of paying gratitude to God?

A. Complete surrender.

— Deepak Jaiswani (Hinganghat)

Q. What is difference between knowledge and realization?

A. Realization is a part of knowledge.



Story: Sanjay Tandon, Chandigarh

WHERE IS FATE?

This is a story from Persian folklore. A man called Kooli thought himself to be the most unlucky man alive on the Earth. He thought that if he would even look up when it was raining, the Rain God would stop the rain! So, he decided to seek 'Fate' and ask him why he was so unkind to him. He searched for but no one seemed to know where he lived. En route he met a wolf. Kooli said, "Oh wolf! Do you know where Fate lives?" The wolf looked up slowly with heavy eyelids and said, "If you help me to get rid of this splitting headache, I'll help you to look for Fate." Kooli said, "Sorry, I can't waste my time, I'll see you on my way back and then I'll try and help you." The wolf said, "If you find Fate, ask him to help me too, to get rid of my headache!"

The man moved on. He met a gardener, who looked very sad. Kooli asked the gardener, "Brother, can you help me to find Fate?" The gardener replied sadly, "If I knew where he lived, I would have asked him about my Fate. My master is going to have all the trees in the garden uprooted, because they don't bear fruit

anymore. What will become of me? Where will I go?" Further beyond he had to cross a river. There he met a fish who looked groggy and sleepy. The man said wearily, "Dear fish, do you know where I can find Fate!" The fish was barely able to speak, "I don't, but if you find him, please ask him why I cannot sleep. I am sooooo tired."

The man trudged on and finally he found Fate, sitting on a mountain. Kooli said, "Oh! I am so happy to see you at last. Please tell me, why I am so unfortunate? Why do good things never happen to me? Why am I never lucky? Why am I so unhappy? Why am I not fortunate?" Fate sighed and said, "Hang on my friend. Enough questions! Go back and you shall find good luck and fortune on the way!"

Kooli said, "I met a wolf with a headache, an unhappy gardener and a sleepless fish on the way. What should I say to them?" Fate replied. "The fish has a pearl stuck in its nostril. If someone were to remove it, the fish would become alright. Tell the gardener to dig deep under all the trees; he would find a treasure! Tell the wolf to eat a lazy and stupid man that





should cure him of his headache!”

Kooli returned with a spring in his step. He conveyed fate’s message to the fish. The fish asked Kooli to help remove the pearl from his nostril. Kooli said, “Sorry, don’t have time. I’ve got to go!” The gardener widened his eyes when he heard the reply of Fate and said, “Stay with me my friend. Let’s dig up the garden together. We’ll share the treasure.” But Kooli was too high in the head to soil his hands and walked away with his nose in the air! Finally he gave Fate’s message to the wolf. The wolf bared his front teeth and snarled, “Who would be lazier or more stupid than you? I’m going to eat you!”

Somehow, he managed to run away and save his life. He sat under a tree to rest and realized what a fool he

had been. He had not recognized fortune and opportunity as they had come across his way. He went back to the fish and relieved it of the pearl in its nostril. He went to the gardener and together they dug up the garden. Of course they found no treasure chest, but soon the tree bore fruits and there was a huge crop that made them rich!

Everyone wants happiness, nobody wants pain, How is it possible to see a rainbow without a little rain? Remember that all good things have to be done the hard way. Ease and Elevation can never go together.

Moral : Alertness is a key quality that a devotee should cultivate.



Learning About the Earth

Geography is the science of the Earth's surface. It helps us learn about what makes the different shapes and colours of the Earth - the ground, rocks, and water, what does and does not grow.

If you look at the Earth as a geographer does, then you might see it as a colourful map. Much more than half of it is blue with oceans, lakes, rivers, and streams. In some places it is tan-coloured with the sands of dry deserts. In other places it is green with forests. There are purple-grey mountains and white snowcapped peaks. And there are the soft yellow of grain fields and the light green of leafy crops.

Part of learning about the Earth is learning where people can and can't live. The different colours of your Earth map can help you discover this. You won't find many people in the tan, white, or larger blue parts - deserts, the snowfields, and oceans. Not many people live in the deserts, because deserts are hot and dry. Very few plants can grow there. In the high mountains and at the North and South poles, it is very cold. Most plants don't like the cold, and most people don't either.

You will find people in and near the green and yellow parts and the smaller blue parts - the farmlands, forests, rivers, and lakes. To those regions you can add brown dots and clusters of dots, for towns and cities.

There's a lot to learn about the Earth, just as there's a lot to learn about a friend. Geography helps you become the Earth's friend.



—Ravneet, Delhi



Animal stories that Teach

Aesop's fables are animal stories that were told in Greece almost 2,500 years ago. They are stories about animals or birds that speak and act like people. Each of these stories tells us a useful truth about everyday life. These truths are called 'morals'.

One of Aesop's fables is about a greedy dog.

A dog had a piece of meat in his mouth and was carrying it home. On the way, the dog looked into a pond and saw his own reflection. It looked like another dog with a second piece of meat. 'Why should he eat such good meat?' thought the dog. 'I want that piece too.'

The dog opened his mouth to grab the other piece of meat, and his piece



dropped into the water and disappeared. When the greedy dog saw the meat disappear, he put his tail between his legs and crept away.

The moral of this fable is: 'Be careful, or you may lose what you have by grabbing something that isn't there.'

Here is another fable, about a fox. Strolling through the woods one day, a fox saw a juicy bunch of grapes hanging from a high vine.

Just the thing for a thirsty fox,' he said to himself.

The fox jumped as high as he could, but he could not reach the grapes. He tried again and again. Each time he just missed the tasty-looking fruit. 'Oh well,' he thought. 'Those grapes are probably sour anyway.' And he went away without the grapes.

The term 'sour grapes' comes from this Aesop's fable about the fox. It refers to the attitude some people show when they sneer at something they can't have.

Moral : Greediness is a curse.

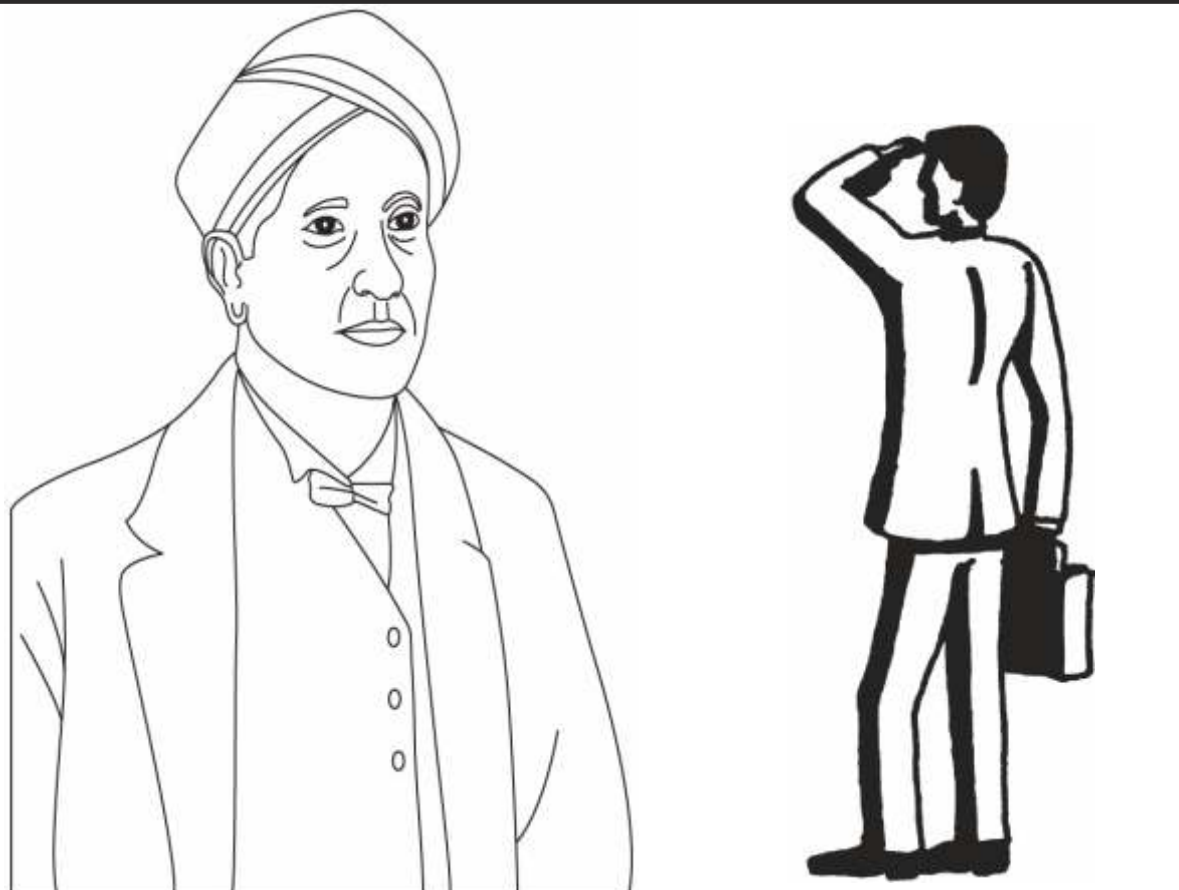


Story : Praveen, Delhi

HONESTY STILL COUNTS

Baba once visited the Indian Institute of Science. He saw a young man standing under a tree, looking very upset. Swami asked him, what the matter was. The boy said, "Swami, I came here to give an interview for a job. Sir C.V. Raman scolded me and asked me to get out of the interview room." Swami said, "My dear, did you come here at your own expense or did they pay for your travel?" The boy said, "Swami, they gave me ten rupees as traveling allowance. I spent four rupees as bus fare. I have six rupees left.'

Swami said, "My dear! Stand here and wait for C.V. Raman. When the interviews are over, he will cross this way while going home. Go up to him and return this amount to him. You will get the job." After a while Sir C.V. Raman, passed that way. He saw the boy and asked, " Why are you here?" The boy



replied, "Sir. I got Rupees ten as travelling expenses for my visit here. I have spent only four rupees. I was waiting here so that I could return the balance of six rupees to you.' Instantaneously C.V. Raman said, "You alone are fit for the job. The job is yours!"

The boy was very happy. He bowed to Swami and expressed his gratitude. Swami blessed him and said , " This is the fruit of honesty.'

This little anecdote tells us that honesty is still the best policy! It also reinforces our belief that we should obey and implement the advice given to us by the holy. Faith in God and obedience to His commands are enough to see us through any problems in life.



Poem: Jaswinder Sharma

The Winter

**Although late
Winter has reached,
Every one seems
So much pleased.**

**The chilly nights
Make all to shiver,
The Sun sets faster
Than in summer.**

**Around the fire
All sit along,
And have a chat
All the night long.**

**There is plenty
Of food to eat,
Gajak, Halwa,
And Kheer sweet.**

**Favourable are
Nights for study
To make you
For exams ready.**

**Mosquitoes do not
Any more bother,
Winter is of course
Than summer better.**

—Dr Ashok K Chitkara,
Chancellor Chitkara University

How to Increase Our Worth

In the new economy we now find ourselves in, we will be compensated not by how hard we work but by how much value we add to the world around us. Think about it. If we are currently being paid twenty bucks an hour, this money is being given to us not simply because we showed up at our desk for those sixty minutes but because you have added twenty bucks worth of perceived value during those sixty minutes. So, the monetary reward we receive is determined not by how long we work but by how much value we add.

This is why a brain surgeon is paid so much more than a McDonald's employee. Is the brain surgeon a better person? Not necessarily. Is the brain surgeon a harder worker? Probably not. Is the brain surgeon smarter? Who knows? But one thing is



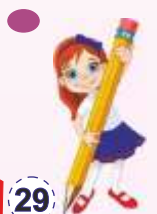


certain: the brain surgeon has accumulated far more specialized knowledge and specific know how than the McDonald's employee. There are far fewer people who can do what the brain surgeon does and, as a result, the brain surgeon is perceived as far more valuable to the marketplace. This is why the brain surgeon is paid over ten times more than the person who flips burgers. Money simply becomes a symbol for how much value each person has added to the world at large.

So to be paid more money for your work, we must add more value to the world. And the best way to begin adding value to the world is to start becoming a more valuable person. Acquire skills no one else has. Read books no one else is reading. Think thoughts no one else is thinking. Or, to put it another way, we cannot have all that we want if we remain the person you are.

To get more from life, you need to be more in life !!

It's good to read; read good books and like reading.



—Sudeep, Delhi

The Village Mouse and The Town Mouse



Once, a small grey mouse lived in the country. He had to find food to store for the winter, but when he had stored enough, he thought: 'Til ask my cousin from town to visit. He might enjoy a holiday.'

At dinner the town mouse asked: 'Is this all you have to eat, a few acorns?'

The country mouse nodded humbly.

The next morning the town mouse woke up shivering. It was so cold I nearly froze. Come and visit me in town. We'll wine and dine, and I have a nice cosy mouse hole where we can sleep.'

The two set off. It was late when they arrived at the great house. There had been a banquet that day, and the table was still covered with good things to eat.

'Sit down,' invited the town mouse. It will bring you some delicious food.'

Then someone opened the door, and in dashed three big dogs, growling and sniffing, and the owners of the house entered.

Two voices shouted: 'Who has been at this table?'

The mice ran all around the room until they found a small hole in a wall where they could hide. Hours later, when the dogs and people finally left the room, the country mouse came out cautiously.

'Thank you for your hospitality, but I like ray acorns and my cold winter winds far better than your grand food and warm house. At home, I can sleep in peace and comfort. Here there's always fear to take your appetite away.'



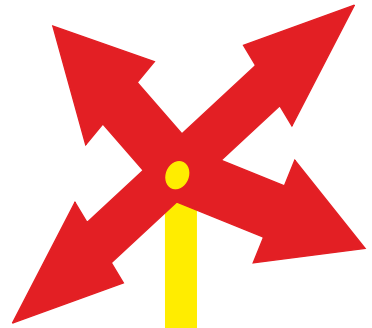
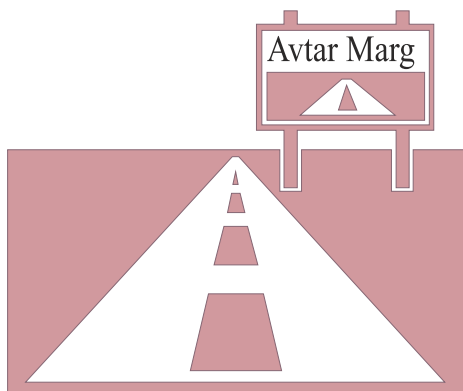
Directions

Imagine a world
without a direction
No East, no west
And no disection.

Roads that are
Without any indication
Where would you go
Even with an intention

That's why there on roads
Directions are made
On the streets that's why
Milestones are placed

So you may travel
As for as you may
Whether night or day
You will have
No worry on the way



Fruit Tree Royalty

—Yashpal, Ghazibad

The apple tree is a hardy plant that is grown in more parts of the world than any other fruit tree. That's why the apple has often been called the 'king of fruits'. Even though it is five-sixths water, the apple has vitamins, minerals, and carbohydrates. Before the science of nutrition told us how to eat healthily, people already knew that 'an apple a day keeps the doctor away'.

Apples are grown for eating, cooking, and making juice. 'Eating' apples are crisp and juicy, with a tangy smell. They may be red, green, greenish yellow, pink, or orange. 'Cooking' apples are firm. 'Juice' apples are used to make apple juice and cider. Apples are also preserved as jams, jellies, apple butter, and chutneys. And apple sauce - made by stewing and, often, sweetening apples - is popular in many places.

If you plant the seeds of a good-tasting apple, you will probably be disappointed by the fruit that the new tree produces. Branches, as well as seeds, have to be used to produce the



best apples. The process is called 'grafting'. Apple trees need well-drained soil to grow. They also need a period of cool winter weather to rest before the fruit-growing season.

There are many signs that humans discovered the apple a long time ago. There are pictures of apples carved on stone by Stone Age people. Apples are mentioned in the Bible. Although some kinds of apple grow wild in North America, the apples Americans eat come from varieties that were brought from Europe. John Chapman, an early American planter better known as Johnny Apple seed, helped to spread these varieties far and wide. Apple pie, in fact, is a symbol of America.





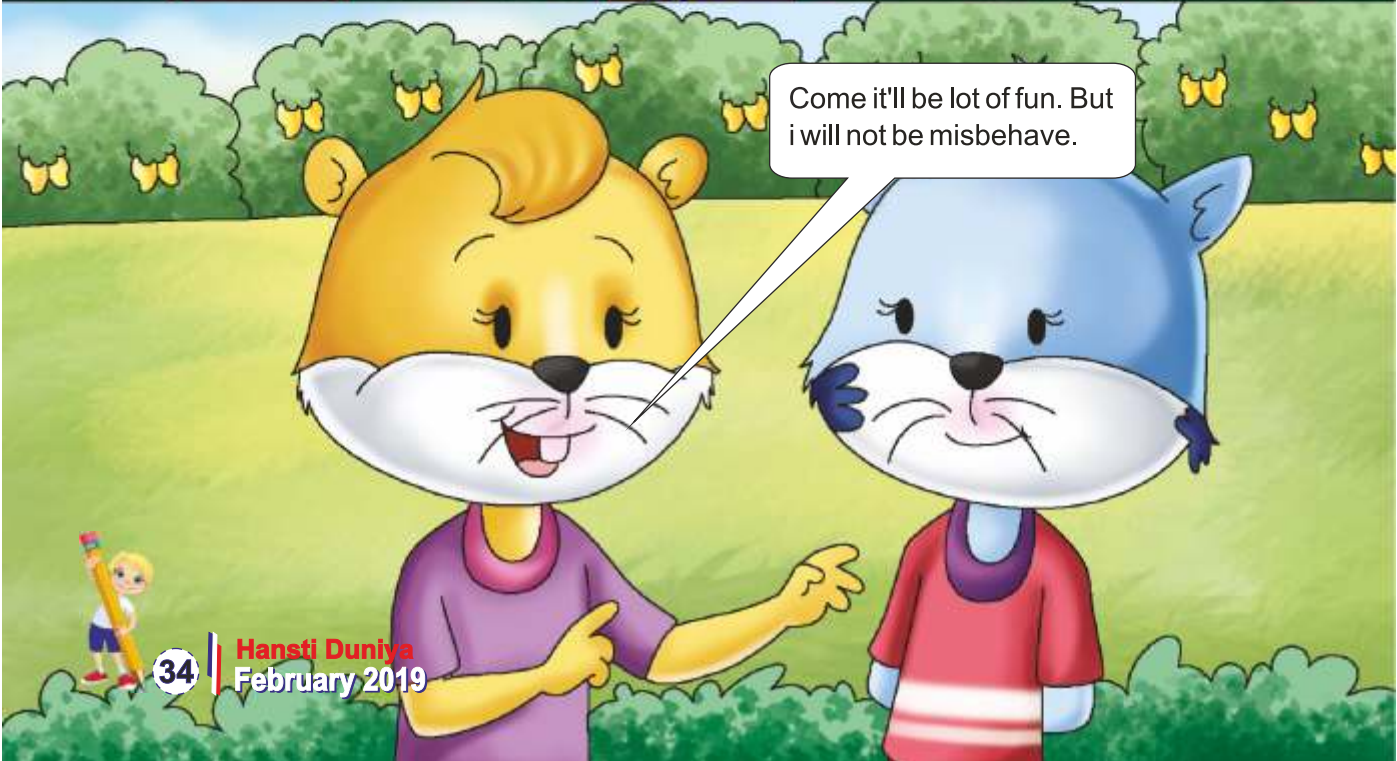
Kitty

Story & Illustration :
—Ajay Kalra

In a garden many sweet and tasty mangoes were growing on the trees.



Come it'll be lot of fun. But i will not be misbehave.





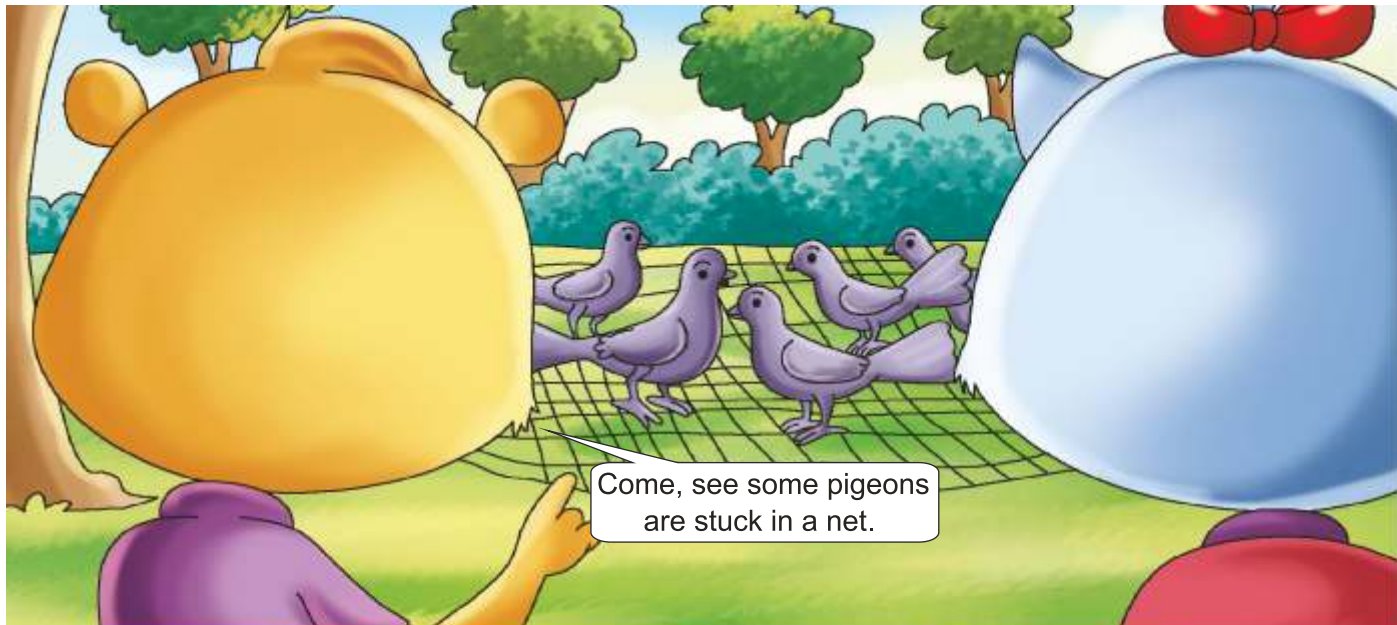
No, no I will not misbehave even with Chintu. Otherwise also Chintu is not coming with us .



Motu is also not coming. Let's go.



Molly listen carefully I can hear some voices which seem like someone is in trouble.



Come, see some pigeons are stuck in a net.



Oh! what do we do now? Today Chintu and Montu have also not come. They would have cut this rope in minutes.



Kitty, I will see where the hunter is. You quickly bring Chintu here to nibble off the net.



Chintu come fast. You have to cut a net.

Kitty, today I will not believe what you say.



Chintu, I am not lying come fast sit on my back. We will reach there in no time.



Kitty you did a great job today we are all proud of you.

NOBLE THOUGHTS

- ★ Honesty is the best policy. If I lose my honour, I lose myself.
—Shakespeare.
- ★ Always bear in mind that your own resolution to succeed is more important than any other.
—Abraham Lincoln
- ★ Goodness is the only investment that never fails. —Henry David Thoreau.
- ★ When people go to work, they shouldn't have to leave their hearts at home.
—Betty Bender.
- ★ It takes courage to grow up and become who you really are.
—E.E. Cummings.
- ★ Do not hire a man who does your work for money, but him who does it for love of it.
—Henry David Thoreau.
- ★ A man's character may be learned from the adjectives which he habitually uses in conversation.
—Mark Twain.
- ★ Success usually comes to those who are too busy to be looking for it.
—Henry David Thoreau.
- ★ A lie doesn't become truth, wrong doesn't become right, and evil doesn't become good, just it is accepted by a majority.
—Rick Warren
- ★ Crying and Trying
Have only one letter difference in spelling but a lot in meaning
crying collapses our confidence and trying builds our confidence so
always keep on trying.
— P.P. Bhuteja
- ★ True Guidance can be small lamp in a tunnel. It does not show everything at once but it gives enough light for next step to be safe and sure...!!!
- ★ Successful people have two things on their lips, smile and silence. Smiles can solve problems while Silence can avoid problems
- ★ Select the right people in life and make your life better and sweeter.
—Unknown



—Namrata, Delhi

Riddles



Q. When you add two letters the five letter word becomes shorter ?

What is it?

A. Short

Q. Find me. I start with P and end with E. But I have thousand letters. Who am I?

A. Post Office.

Q. What do you know about me? Then I am definitely something. You always search for me. But when you know me. I am nothing. Who am I?

A. I am a riddle.

Q. I have all the knowledge you have. But I am small as your two fists that your hands can hold who am ?

A. I am your brain.

Q. I am the biggest alphabet as I contain the most water in the world who am I?

A. Alphabet C.

Q. How many month have 28 days in the year?

A. All the months in a year have 28 days.

Q. Which star swims in the sea?

A. Starfish.



Laughing Time



Teacher : What do you call a dinosaur that is sleeping.

Student : A dino-snore



Champu: Why did the teddy bear say no to dessert?

Gampu : Because she was stuffed.

Praveen : What did the left eye say to the right eye?

Sanjay: Between us, something smells!

Q: Why was the math book sad?

A: Because it had so many problems.

Doctor : Why did you get the computer to me?

Anthony : It has a virus.

Principle: Which hand is it better to write with?

Teacher : Neither, it's best to write with a pen!

Teacher : Can a leopard hide anywhere?

Student : No, he is always 'spotted'.

Customer call to tech support- My computer is not connecting to internet .

Tech Support :Ok which operating system are you using .

Customer : Internet Explorer

Tech Support: No you just right click on my computer and click on the properties menu.

Customer : What are you saying ?This is not your computer it is my computer.

Patient : Doctor please can you help me 'out'

Doctor : You can make your way out the same way you came in.





Sanju : Are you fond of music?

Kannu : Indeed very much.

Sanju : So, which instrument do you play?

Kannu : Radio.

Light travels faster than sound. This is why some people appear bright until you hear them speak.

A beggar knocked at the door of a very rich person and shouted for alms.

Came a voice from inside the house!

House mistress is not here.

Beggar : I am asking for alms and not for house mistress, please.

Father : Dear son, what would you like to be when you grow up?

Son : A veterinary doctor.

Father : Why a veterinary doctor?

Son : Because an animal can't complain of wrong treatment.

A little girl was asked: "who made you?" She held up her apron, saying; "God made me that length, and I grew the rest myself."

To reduce your weight, first turn your head to the right and then turn it left.

Do so whenever you are offered something to eat.

Two fish were swimming in a stream when it began to rain.

Quick: "said one fish to the other, "Let's swim under the bridge or we' will get wet:"

Richa : Sheela, do you say prayers before meals?

Sheela: No.

Richa : But, why not?

Sheela: Because my mother is good cook.





- ★ If nobody loves you, be sure it is your own fault. —Sudeep, Kanpur
- ★ There's no greater shame to man than inhumanity.—Ramesh, Gaya
- ★ Humility is the key to quick success.
—Sumit & Nitasha, Kanpur
- ★ Violence delights have violent ends. —Ravneet, Delhi
- ★ A merry heart makes a cheerful countenance — Dinesh, Mumbai
- ★ True religion means seeing God in and around everyone.
— Prateek, Delhi
- ★ The best preparation for tomorrow is doing your best today.
— Sonu, Mumbai

- ★ If you are going to be thinking anything, you might as well think big.
— Sanjay, Bundi
- ★ The universe has no restriction. you place restriction on the universe with your expectations. — Kirti, Delhi
- ★ My father gave me the greatest gift anyone could give another person, he believed in me. — Palak, Bhopal
- ★ There is no excellent beauty that hath not some strangeness in the proportion. — Balu, Shimla
- ★ There is a foolish corner in the brain of the wisest man.— Vishesh, Surat
- ★ You must live in the present, launch yourself on every wave, find your eternity in each moment
— Rita, Delhi
- ★ It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change.
— Nishu, Arunachal
- ★ Whenever you do things from your soul, you feel a river inside, a joy.
— Ankur, Ludhiana
- ★ You must live in the present, launch yourself on every wave, find your eternity in each moment.—Renu, Kota



Result for the month of December 2018 Issue

First :

Manvi Maurya Age 13

D/o Sh. SGT. Rukkushwana (RDO)
Signal Sec.(Main) Hq. (U) AFS,
HEBBAL,Post JC Nagar,
Bangalore 560006



Second :

Nitika Dev Age 7

Raj Nagar Extn.
Distt. Ghazibad, (UP)



Third:

Aditya S.Singh, Age 10

501,A-Wing Nove Apartment,
Triveni Nagar,Malad-(E),
Mumbai-400097



Consolation Enteries

Vanshika Kalia (Solan HP)
Ishaana Sethi (Delhi-9)
Latika Prasad (Ahmedabad)
Jheel Lamba (Vasundhra Enclave)
Vandita Arora (Faridabad)
Isha Goyal (Delhi Cantt.)
Kanav Khanna (Ferozepur City)
Samarth Garg (Bathinda)
Pari (Mukandpur)
Sumanya (Dheerpur)
Aryan Dev (Pandoh)
Meenu (Sundernagar)
Ria Pia (Delhi)
Raj Kumar (Jhansi)
Rhythm chanana (Bassi Pathana)
Harman Verma (Burari, Delhi)
Aniya (Bhopal)
Raju (Kullu)
Rphit Kohli (Dehradun)
Taniaya (Indore)
Manohar Lal (Hoshiarpur)
Preeti (Pune)
Sunita (Delhi)
Amrit (Kolkata)

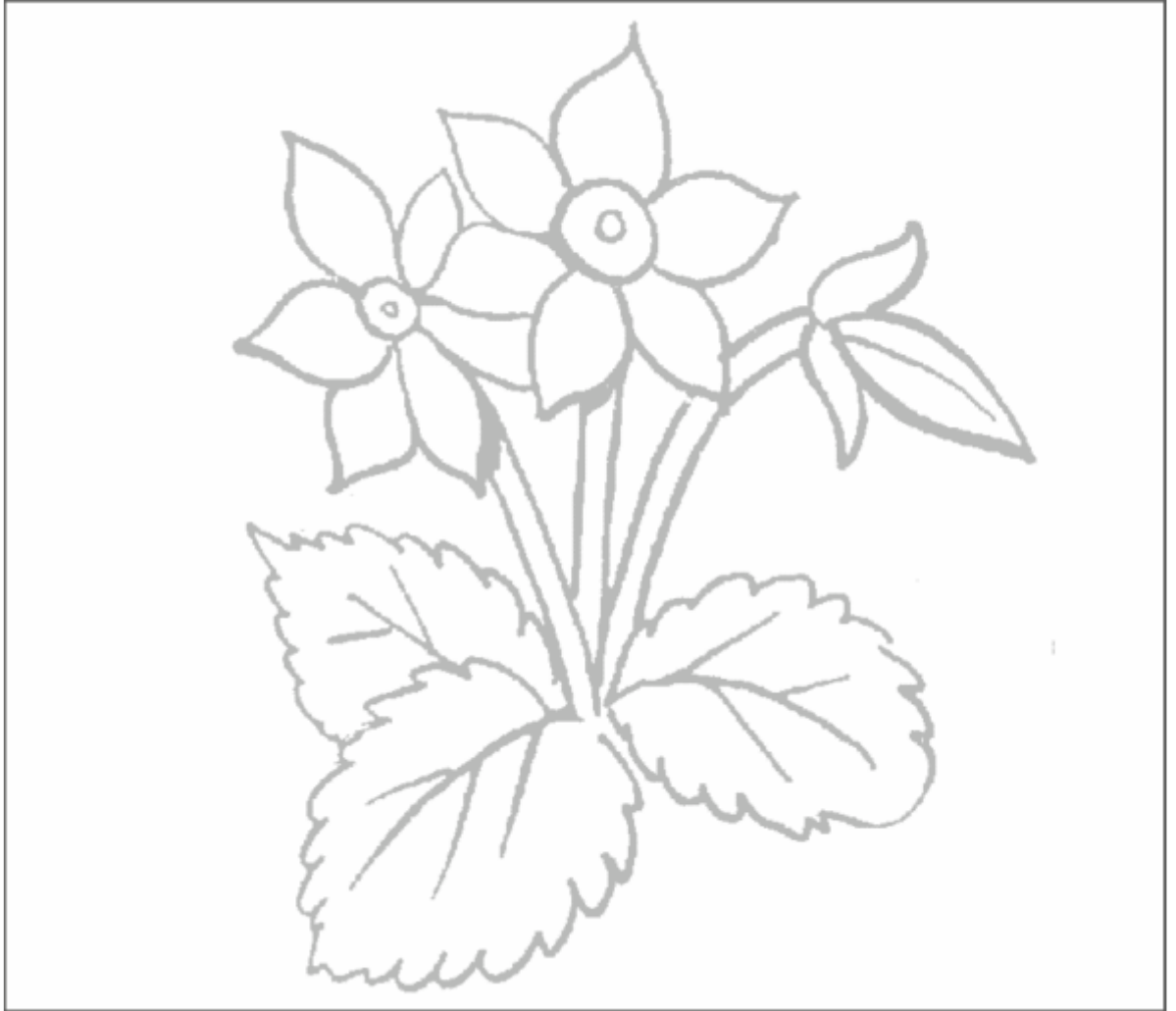
"Colour it" for February Issue

On page 44, a beautiful picture is given; colour it and send it to us latest by **March 20, 2019**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in **April 2019** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only will be eligible to participate.



Colour it



Name Age

Address

.....



How clever are you?

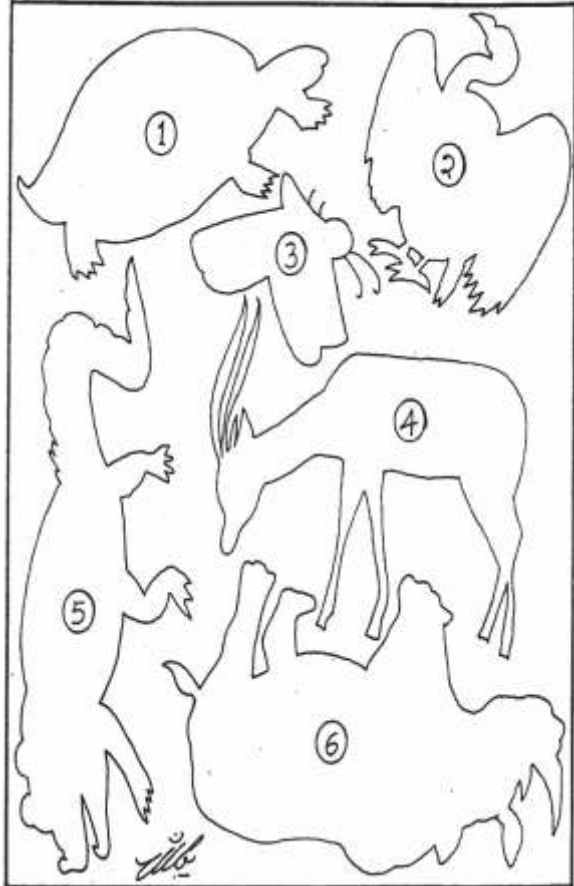
Spot the twin brother of
Number one mouse.



Answers :
Number 4 is Twin brother mouse

Guess?

Look carefully and Identify the
shadow of animals and also tell their
names.



Answers : 1. Tortoise 2. Vulture 3. Butterfly
4. Deer 5. Crocodile 6. Rhinoceros

Thoughts

- ★ Good company and good discourse are the very sinews of virtue. — Izzak Walton
- ★ A merry heart makes a cheerful countenance — Old Testament
- ★ The best preparation for tomorrow is doing your best today — H. Jackson Brown, Jr.

- ★ If you are going to be thinking anything, you might as well think big. — Donald Trump.
- ★ True religion means seeing God in and around everyone. — Nirankari Baba.



How Daddy Decided What He Wanted To Be

When Daddy was little he was often asked: "What do you want to be when you grow up?" Daddy always had an answer ready. But each time his answer was different. At first, Daddy wanted to be a night watchman. He liked to think that while the whole town was asleep, the night watchman was up. And he liked to think that he could make noise when everyone was sleeping. He was quite certain he wanted to be a night watchman when he grew up. But then the ice-cream man came along with his bright green cart. Why, he could push a cart, he could eat all the ice-cream he wanted to!

"I 'll eat a stick of ice-cream for every one I sell!" Daddy thought. " And I'll treat little children to ice-cream free."

Little Daddy's parents were very surprised when they heard that their son wanted to be an ice-cream man. They thought that was very funny. But he thought it would be a very tasty way of being grown up.

Then one day little Daddy saw a strange man at the railway station. The man kept playing with the cars and locomotives. But these were real cars and real locomotives! He'd jump on to the platforms and crawl under the cars, playing a strange and wonderful game.

"Who's that man?" Daddy asked.

"He's the shunter," he was told.

Now little Daddy knew what he wanted to be! Just think! He would shunt railway cars! What in the world could be more interesting? Nothing, obviously. When Daddy said that he would be a shunter someone asked him:

"But what about the ice-cream?"

This was a problem. Daddy had decided to become a shunter, but he did not want to give up the bright green ice-cream cart. At last, he found a way out.

"I'll be a shunter and an ice-cream man!"

Everyone was very surprised. But little Daddy explained it all quite clearly:



“That’s not hard at all. I’ll sell ice-cream in the morning. After selling it for a while, I’ll go to the station. There I’ll shunt some cars and go back to sell some more ice-cream. Then I’ll go back to the station and shunt the cars again, and then I’ll sell some more ice-cream. It won’t be hard, because I’ll park my cart near the station and I won’t have far to go to the trains.”

Everyone laughed again. Then little Daddy got angry and said:

“If you’re going to laugh at me, I’ll be night watchman, besides. After all, there’s nothing to do at night.”

It was all settled. But then Daddy wanted to be a pilot. Then he wanted to be an actor.

But after Grandpa took him to a factory he decided to be a turner. Besides, he wanted to be a sailor. Or at least a shepherd and spend his days walking about with his cows, cracking his whip loudly.

Finally, he decided that he really wanted to be a dog. All that day he ran around on all fours, barking at strangers. He even tried to bite an elderly lady when she wanted to



pat his head. Little daddy learned how to bark very well, but he couldn’t learn how to scratch behind his ear with his foot, though he tried very hard. He thought that if he went outside and sat next to Rover he’d learn more quickly. That’s exactly what he did.



Just then an officer was walking down the street. He stopped and looked at Daddy. He watched him for a while and then he asked:

“What are you doing?”

“I want to be a dog,” little Daddy said.

Then the stranger said:

“Don’t you want to be a person?”

“I’ve been a person for a long time,” Daddy said. “What sort of a person are you, if you can’t even be a dog? Is that what a person is like?”

“Well, what is he like?” Daddy asked.

“You think about that yourself,” the officer said and walked away.

He wasn’t laughing and didn’t even smile. But little Daddy suddenly felt much ashamed of himself. And

he began to think. He thought and thought and the more he thought, the more ashamed he was of himself. The officer did not explain anything to him, but he suddenly understood that he couldn’t change his mind every day. And, what was most important, he realised that he was too small to know what he wanted to be. The next time he was asked the same question he remembered the officer and said:

“I want to be a person”

No one laughed. And little Daddy understood that this was the best answer of all. He still thinks so. First of all, you have to be a good person. This is most important for pilot and a shepherd and an ice-cream man. And after all, human being does not really have to know how to scratch behind his ear with his foot. ◆

By : Anjali Chawla

Secrets of Success

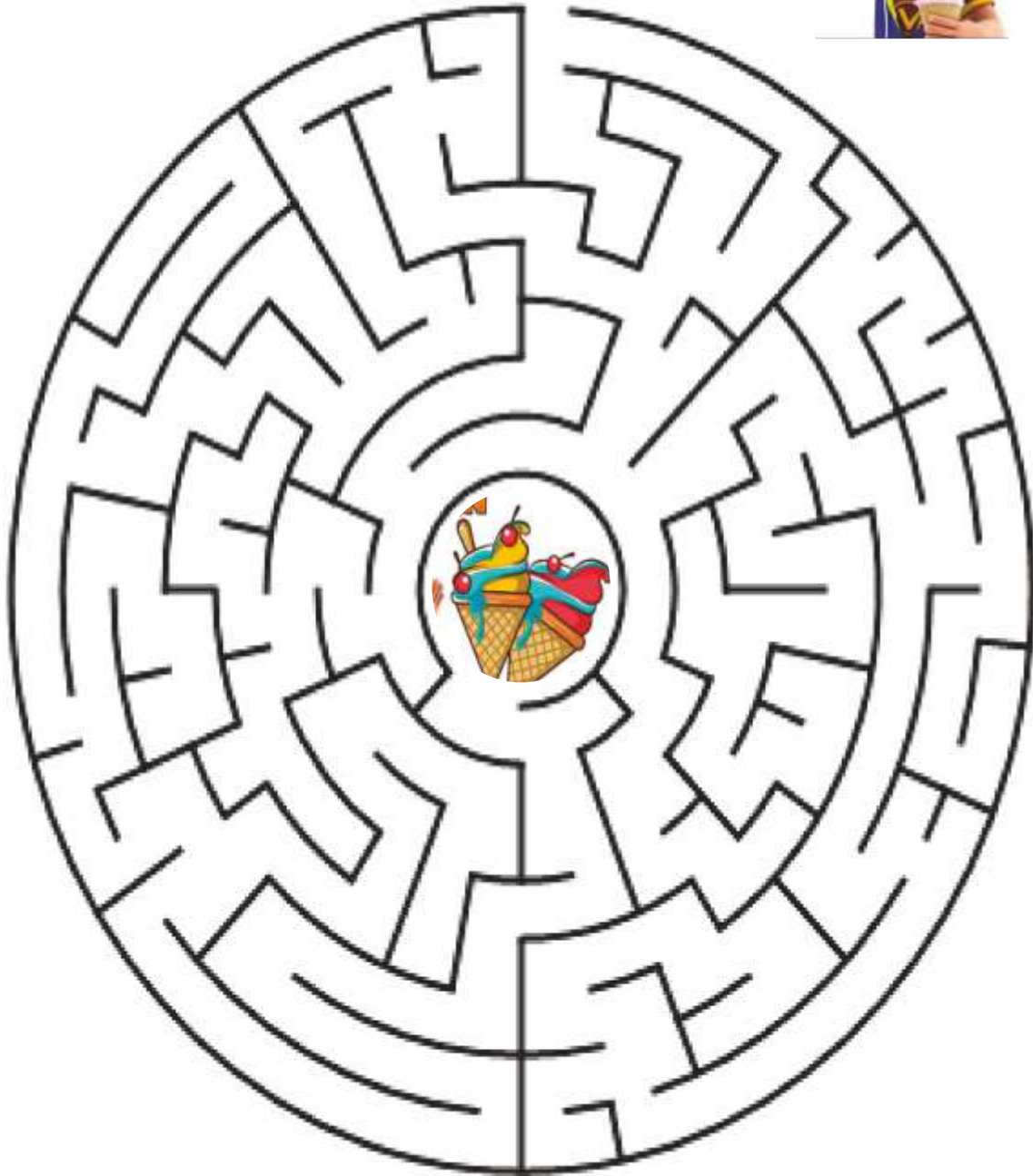
You will find the eight keys to success right there in your very own room where you are sitting now.

1. The fan says -be cool
2. The roof says -aim high
3. The clock says - every minute is precious.
4. The Mirror says - reflect before you act
5. The calendar says -be up-to-date
6. The door says -push
7. The lamp says- Illuminate your mind by education Listen to what the things around are trying to tell you to achieve greater heights of success.



Maze

Let the boy reach the Ice-cream cones.



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50

Hansti Duniya
February 2019

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