

★ Vol. 35

★ No. 03

★ March 2021

# Hansti Duniya

₹15/-







# Hansti Duniya

● Vol. 35 ● Issue No. 03 ● March 2021 ● Pages 52

(A Monthly for Children's Mental Development)

Published in English, Hindi, Punjabi and Marathi

Printer & Publisher **C. L. Gulati**  
on behalf of Sant Nirankari Mandal (Regd.)  
Delhi-110009, printed at M.P. Printers,  
B-220, Phase-II, Noida (U.P.) Pin - 201305  
and published at  
Sant Nirankari Satsang Bhawan,  
Sant Nirankari Colony, Delhi-110009.

**Sulekh Sathi**  
Managing Editor

**Vimlesh Ahuja**  
Editor (Honorary)

**Rajat Kapoor**  
Associate Editor (Honorary)

Email: [editorial@nirankari.org](mailto:editorial@nirankari.org)

Ph.: 011-47660200

Fax: 011-27608215

Website: <http://www.nirankari.org>  
[kids.nirankari.org](http://kids.nirankari.org)

## SUBSCRIPTION

Country	1 year	3 yrs.	5 yrs.	11 yrs.
India/Nepal	₹ 150	₹ 400	₹ 700	₹ 1000
U.K.	£15	£40	£70	£150
Europe	€20	€55	€95	€200
U.S.A.	\$25	\$70	\$125	\$250
Canada/Australia	\$30	\$85	\$140	\$300

Other countries: Equivalent to U.S. Dollars as mentioned above

## Regular Columns

04. Editorial
05. Sampuran Avtar Bani
30. Look at the Picture
40. Laughing Time
42. Riddle
44. Colour it
50. Find The Way



## Photo Features

12. Grandpa
34. Kitty

# Hansti Duniya



## Articles

- 06. Tips to be Remembered ...  
—Abhisar Jain
- 07. Currencies of the World  
—Chhaya
- 09. Wishing You All .... Holi  
—Googleworld
- 10. Do You Know  
—Jagtar Chaman
- 26. Paradise Lies Under ...  
—C.L. Gulati
- 29. Requisites For Living  
—Sunil Nagpal
- 38. Never Listen ...  
—Robert H. Schuller
- 45. Sting Ray  
—Parshuram Shukla
- 49. Vision of Childhood ...  
—Gurdev Singh

## Stories

- 08. Holi Milan  
—Dr. Sewa Nandwal
- 16. The Attentive Horse  
—Renu
- 18. The Clever Act of Monkey  
—Anil Tripathi
- 20. Listen to Your Friends  
—Parveen Gupta
- 22. The End of Kalyaman  
—Parshuram Sambal
- 27. Where is Fate  
—Priya Tandon
- 29. The Letter  
—Nikita Dev
- 31. The Merciful Queen  
—Neetu Singh
- 33. Satan In Disguise  
—Radha
- 46. Peechu's Holi  
—Dr. Deshbandhu

## Poems & Etc.

- 11. Games  
—Aditi Mehta
- 17. Both of Us Are ...  
—H.S. Nirman
- 21. Let Me Join You to Say  
—Jenny Cyriac
- 24. Ice Cream Anyone?  
—Lalit
- 32. Flower the Great  
—Sakshi Sharma
- 32. Save the Jungle  
—Shashank Sharma
- 39. God is Great  
Prayer  
—Ashwani Kumar
- 39. Way to Will  
—Unknown
- 47. Disappointment of ...  
—D.R. Dogra
- 48. The Golden Plate  
—Sanjay Tandon



# Let us Celebrate Holi

Everybody wants to stay healthy. Not a single person wishes bad health and remains involved in something or the other to maintain it. Some people carry out exercises, while others go for long walks and some others go to the gyms. All these things help in maintaining health. Some people are careful about their diet, eating at appropriate time and healthy food. Some may also consume multivitamins to compensate for the minerals.

Sometimes a disease or a pandemic appears in its horrible form. New rules and directives are designed to keep the body healthy under these circumstances. Preventions are introduced. People following the precautions stay away from disease but can get infected in the contact of those who don't follow precautions. They have to bear the brunt of other people's folly. This sometimes strains the relationships.

Friends! Let us ponder over. We need to take care of ourselves but don't you think taking care of others is also indirectly taking care of ourselves. We are also somebody for other people. We need to understand this and analyze it

carefully, only then can we together take care of each other.

There are certain things which we knowingly or unknowingly include in our diet and behavior unknowingly. For example we do get impacted by the behavior of all those with whom we spend time or work. Everything we hear, see or read reflects in our behavior. This behavior pollutes our mind and we lose balance in life.

Nutritious and vitamin rich food makes us healthy but what we see, hear and read and the people with whom we spend time is also our food. This also affects our body through our mind. If we want to stay healthy, this needs to be carefully analyzed. We must only adopt that is good for us and leave the rest.

Meeting people gives joy, the way people meet on the festival of Holi, colour each other and enjoy. Sometimes meeting from a distance can be more useful and relevant for us as well as for others. When we send the vibrations of love, they touch the other person's heart too. This kind of communication can be more blissful than even meeting physically.

'Aao mil jul sabhi manae Holi

Rang prem ka khailane, bolen meethi boli.'

— Vimlesh Ahuja





# SAMPURAN AVTAR BANI



## IK TU HI NIRANKAR-168

APNA LAYA PIAR NA LAGGE RAB LAVE TAN LAGDA EY;  
BUJHIA HOIA DEEVA JEKAR GURU JAGAVE JAGDA EY.  
POORE SATGUR BAJHON KOI AJ TAK HOIA PAR NAHIN;  
LAKH KARE PAYEE BAJH PATI DE NARI DA SHINGAR NAHIN.  
SATPURKH NOON JANE JIHDA SATGUR POORA HUNDA EY;  
JIHDA KEVAL MANTAR DEVE GURU ADHOORA HUNDA EY.  
OS GURU NOON KI KARNAI JO KARDA DOOR BHULEKHE NA;  
KAHDA GIANI JIHDA RAB NOON ANG SANG APNE VEKHE NA.  
POORA SATGUR IKO CHHIN VICH LOKO RAB VIKHANDA EY;  
VAR VAR AVTAR GURU TON VARE VARE JANDA EY.

### Thou Formless One 168

One cannot love God on his own unless God Himself does bless him;  
An unlit lamp (of the mind) can be lit only if the True Master kindles it.  
None has ever transcended the ocean of materialism without the perfect True Master;  
The woman may have millions of embellishments but all is meaningless without her husband.  
He who knows the Eternal Truth (God), is the perfect True Master;  
The one who prescribes only some hymns is an imperfect Master (Guru).  
What is the use of a Master who cannot remove doubts and delusions?  
What type of an enlightened saint is the one who cannot perceive God around him?  
O' people, the perfect True Master reveals God in a moment;  
Avtar says, I adore the True Master and sacrifice my all unto him again and again.

## Tips to be Remembered During Examinations



Normally students are well aware of what they should be doing during examination days, but sometimes due to anxiety and tension they tend to forget. If somehow we could recall these tips we can be alert and careful. All the points given here are simple but sometimes simple things can prove to be very useful.

1. Collect all the material related to exam like entry pass, pencil, scale, pen, identity card etc at the appropriate place a night before the exam.
2. If the examination time is in the morning, you may study early morning. Don't study overnight. Revise the important points in the morning and reach the examination hall before time.
3. Check the bicycle or motorcycle an hour before for any puncture or other fault if the examination center is far. If you have to go by autorickshaw, taxi or bus, keep that much time as margin.

4. Don't carry any other material except examination related things to the examination center. Never carry any material for cheating. No student ever became an achiever by cheating.
5. Some students become anxious by fear of examination. So stay in control. Be normal, at ease and patient. Tension and worry are in no way a solution to a problem.
6. On receipt of Answer Sheet, the first things to be filled are, name, subject, day, date and other necessary information asked for. After receiving the question paper read it peacefully. This time is very sensitive. Read all the instructions carefully and answer accordingly. First answer the question, you can write the best. Be careful with word limit and time taken. Don't forget to write the question number.
7. Fine, clear and neat handwriting has a positive impact on the examiner. Wrong spellings impact negatively. Try to start your answer with definition or a quotation. This way one can write the answer in an impressive manner and of course the paper checker will be impressed too.
8. If the time for exam to begin is afternoon, drink water before leaving the house. Avoid eating curd and onion in the afternoon meal, it may cause laziness. In summers, in the month May and June there is always fear of heat stroke. So be extra cautious.

You must relax before you enter the Examination Hall, take few long breaths and exhale. Concentrate, be at peace and try to do with the best of your knowledge & skill. Do not think about the result.





# CURRENCIES OF THE WORLD

Name of the currencies used  
by these countries:

1. Japan ▶ \_\_\_\_\_
2. Italy ▶ \_\_\_\_\_
3. Denmark ▶ \_\_\_\_\_
4. Philippines ▶ \_\_\_\_\_
5. Russia ▶ \_\_\_\_\_
6. Germany ▶ \_\_\_\_\_
7. Kenya ▶ \_\_\_\_\_
8. Sweden ▶ \_\_\_\_\_
9. Malaysia ▶ \_\_\_\_\_
10. Spain ▶ \_\_\_\_\_
11. South Africa ▶ \_\_\_\_\_
12. Bangladesh ▶ \_\_\_\_\_



1. Yen, 2. Euro, 3. Krone, 4. Piso, 5. Rouble,  
6. Euro, 7. Shilling, 8. Krona, 9. Ringgit,  
10. Euro, 11. Rand, 12. Taka

Answer



Story : Dr Sewa Nandwal

# Holi Milan



**H**aving played Holi with colours during the entire day, a function for 'Holi Milan' (Colourful Meet) was arranged in the evening. In that free evening, all the people of the street reached at the fixed place for light entertainment.

First, a Fancy Dress Competition for children was held in which all the children of neighbourhood participated. Later, the programme coordinator, Bhairavnath thanked all the families for maintaining decorum during Holi celebrations. "Friends! At the end of this programme, we have arranged a 'Lucky Draw'. We have slips made in the name of each individual resident – and one out of them will be awarded a prize". Hearing this, everyone got attentive. All the slips were poured into a large tub and were

intensely intermingled. A domestic parrot was made to pick out one slip. Taking the slip in his hand, Bhairavnath smiled and announced, "Today's lucky winner is Pilu Bhai. Come on, Pilu Bhai, please!"

Pilu Bhai, walking briskly in excitement, reached the stage, greeted people and stood in a corner. People greeted him with loud clapping.

"Congratulations, Pilu Bhai! You have been selected as the luck winner", said Bhairavnath.

"Alright, what is the prize, then"? asked Pilu Bhai amusingly.

"For that, you will have to pick up two slips which will hold a decision about your luck. First, take a slip from here", said Bhairavnath pointing at a corner.



Hansti Duniya

March 2021



Pilu Bhai flung his hands in air and bending both hands in prayer before God, picked up one slip and handed it over to Bhairavnath, who said in a most pleasing tone "Congratulations, Pilu Bhai! You have got a prize of net Rs.500/-".

With a pleasant laugh, Pilu Bhai said "Fine. Give me the money".

"Here you are", said Bhairavnath, handing a five-hundred rupee note. Pilu Bhai was about to leave the stage with the money when Bhairavnath stopped him "Not so soon, friend. I told you that you were to pick two slips. There is still one left that you have yet to pick".

Excited Pilu Bhai picked another slip and handed over to the coordinator. Opening the slip, Bhairavnath said in a pleasing voice, "Dear Pilu Bhai! You seem to be very liberal and benevolent". Pilu Bhai was stuck with this remark in his praise and stared at Bhairavnath to understand his meaningful remark.

Bhairavnath said "Here, it is written in the slip that you will return twice the amount of prize money to the Resident Welfare Association, to be used to remove and clean the mess created on the street earlier during Holi colour play. Do you understand Pilu Bhai? It means that together with the prize money of Rs. 500/-, you need to return another Rs.500 from your own pocket".

Pilu Bhai found himself in an uncomfortable position. Bhairavnath patted him gently and insisted to do so willingly since it was a job for the welfare of the residents.

Seeing no chance to escape, with heavy heart, Pilu Bhai took out a sum of Rs. 1,000/- and handed over to the programme coordinator.

## Wishing You All A Colourful HOLI



- ★ "Let the colours of Holi spread the message of peace and happiness."
- ★ "The main idea behind Holi festival is that we should live more in harmony with nature instead of trying to destroy her and make her our slave."
- ★ "Holi is the apt time to break the ice, renew relationships and unite yourself with those that you wanted to with a bit of colour."
- ★ Holi unlike other festivals, is associated with Inspiration and Happiness in our lives. The colours of Holi represent the various ups and downs we face in life and how we overcome them by playing with them. Many people who don't like to celebrate festivals, celebrate Holi because it gives them immense Inspiration and Hope.
- ★ Enjoy every colour of holi and you will get every happiness you desire. Hey, God is always with you. Enjoy every moment. keep smiling
- ★ If wishes come in rainbow colours then I would send the brightest one to say happy Holi.

Googleworld



# HAIR

## Do You Know?

### WHAT IS HAIR FOR?

Hair helps to prevent heat loss from the body, because it is able to trap a layer of warm air next to the skin. Hairs in our nostrils filter out dirt, to keep our lungs clean. Hair has two parts: the root and the shaft. The hair root is embedded in the skin and is enclosed in a tiny pit, called a hair follicle. The hair shaft contains the pigment that gives hair its colour. Hair is made of keratin, the same substance found in nails and skin.



### HOW has HAIR DIFFERENT IN COLOURS?

Hair colour is determined by the mixture of pigments that it contains. Hair-producing cells can produce a mixture of black, red and yellow pigments. For example, dark-haired people have predominantly black

### STRUCTURE OF THE HAIR



pigment and fair-haired people have mostly yellow pigment.

### WHAT MAKES HAIR CURLY?

Hair is curly, wavy or straight depending on the shape of the follicles it grows from. Straight hair grows from round follicles, wavy hair from oval follicles, and curly hair from flat follicles.



### HOW EYELASHES PROTECT OUR EYES?

Eyelashes act as protection for our eyes. Our eyelashes help stop dust and other particles from reaching the delicate surface of the eyes thus irritating them. Our eyebrows, however, are probably used to make signals, as a means of non-verbal communication, rather than as protection for our eyes.



Compiled by : Jagtar Chaman



Hansiti Duniya

March 2021



# GAMES



## INDOOR GAMES

Some games can be played inside the house. We call such games as **INDOOR GAMES**.

Can you name the following games? Take help from the Help Box:



1

2

3

4



5

6

**Answer**  
1. Snakes and Ladders 2. Ludo  
3. Chess 4. Cards  
5. Monopoly 6. Carrom

## OUTDOOR GAMES

Some games are played outside the house. We call such games as **OUTDOOR GAMES**.

Can you name the following games? Take help from the Help Box:



1

2

3

4

5



6



7

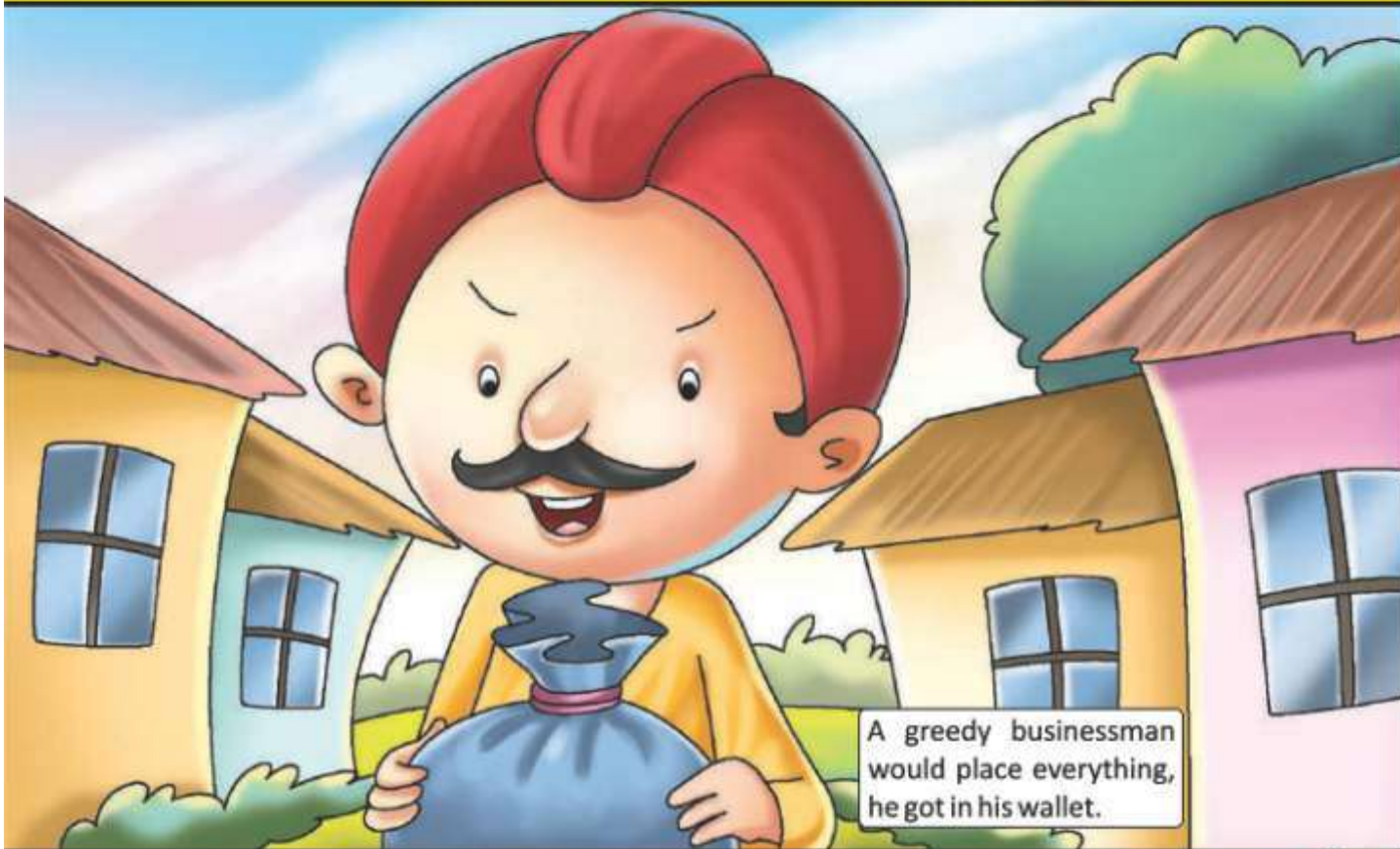
**Answer**  
1. Cricket 2. Football 3. Hockey  
4. Golf 5. Volley Ball  
6. Badminton 7. Basket Ball



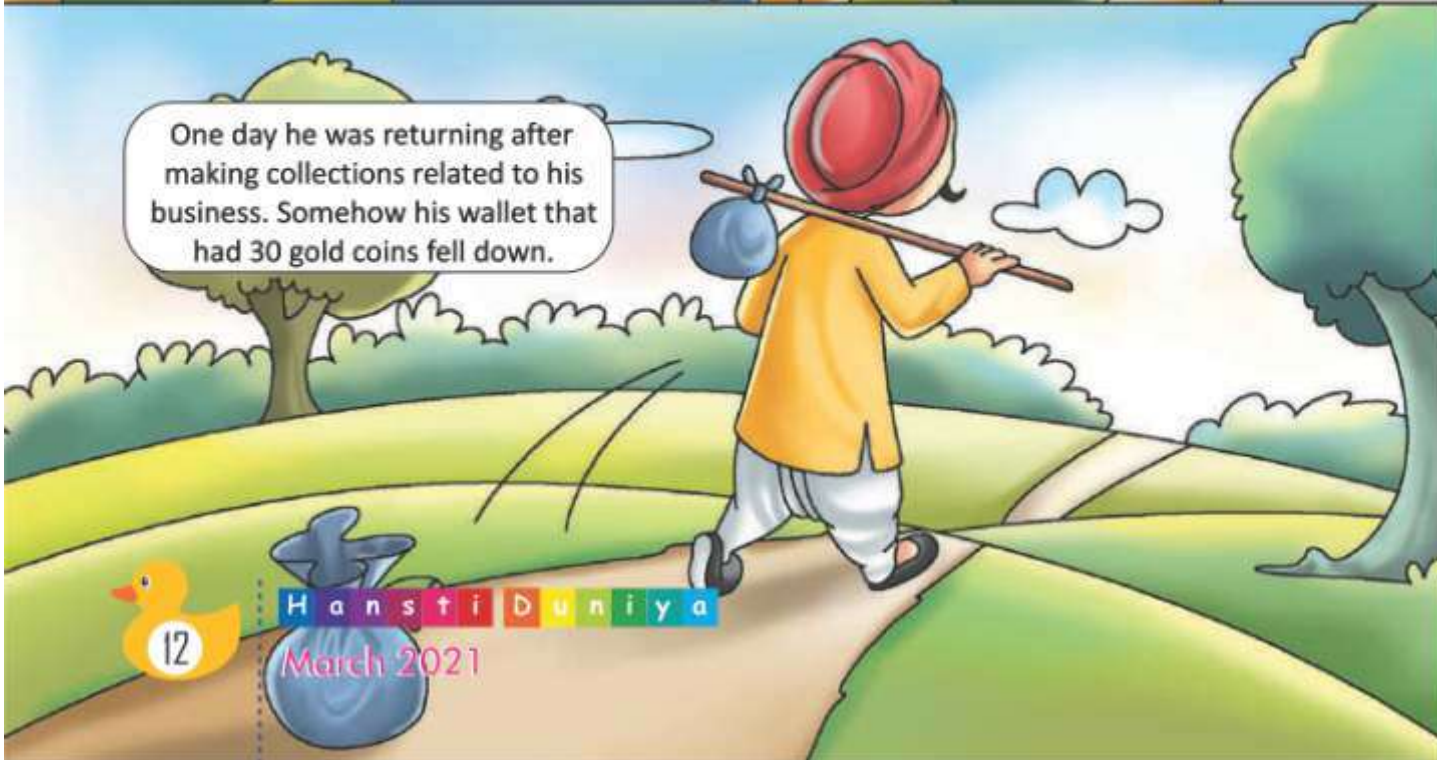


# GRANDPA

Story & Illustration  
— Ajay Kalara



A greedy businessman would place everything, he got in his wallet.



One day he was returning after making collections related to his business. Somehow his wallet that had 30 gold coins fell down.

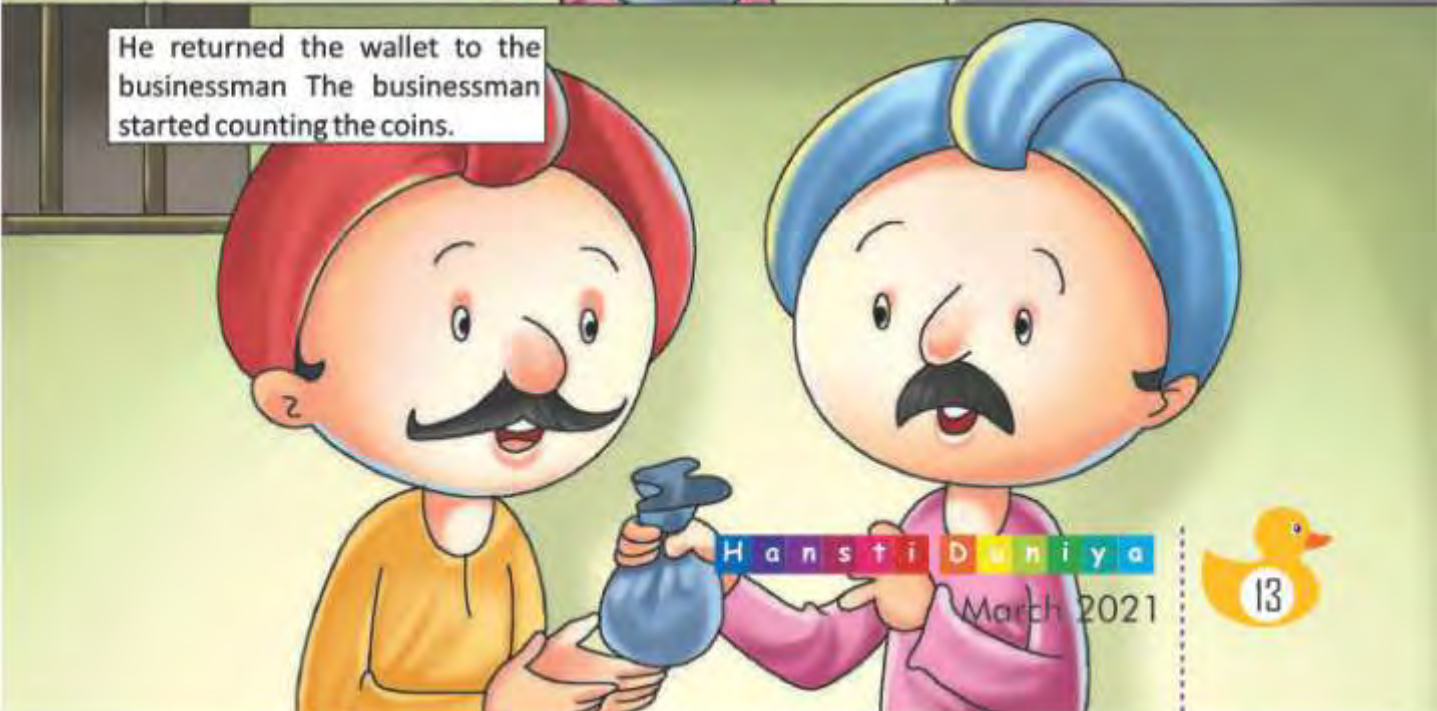
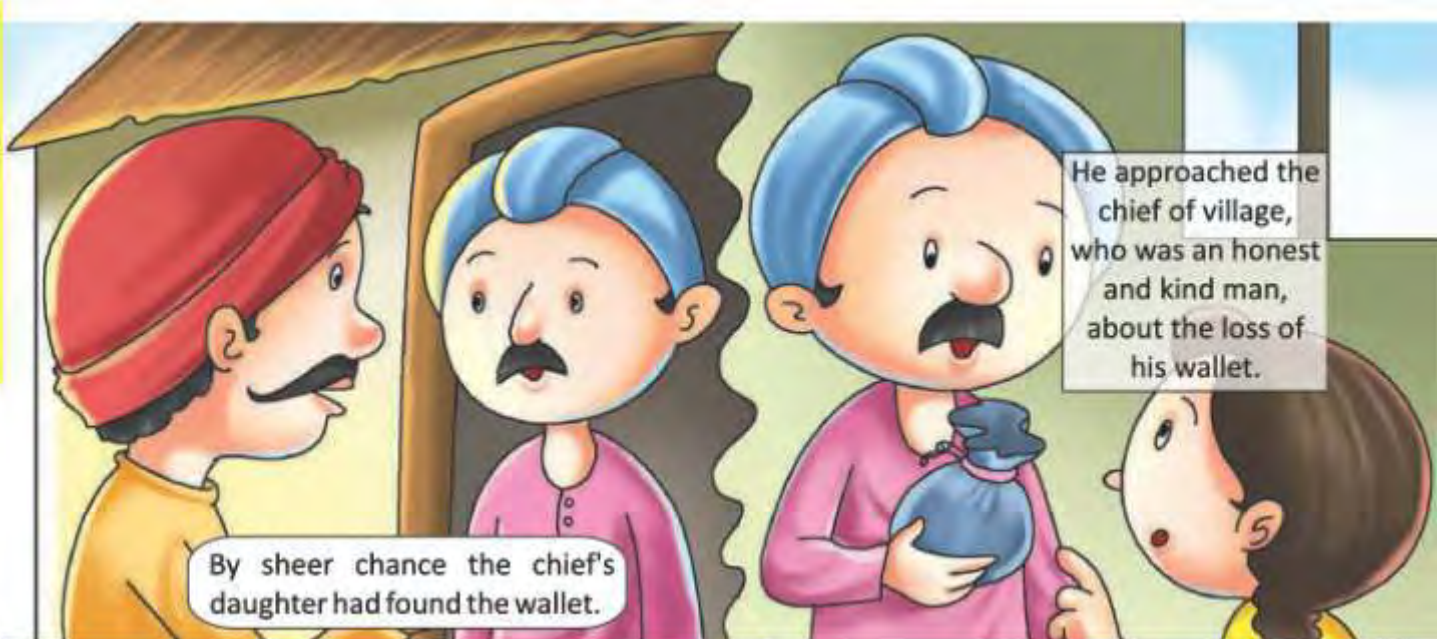


12

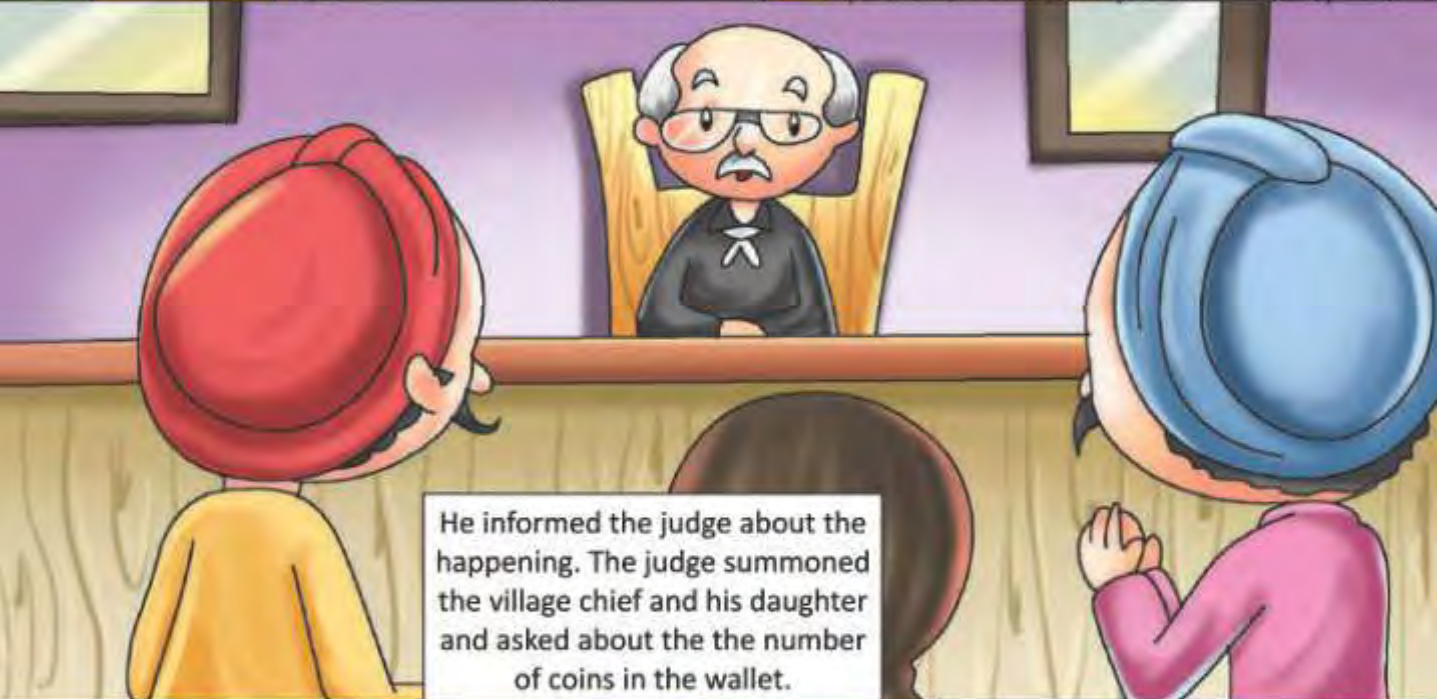
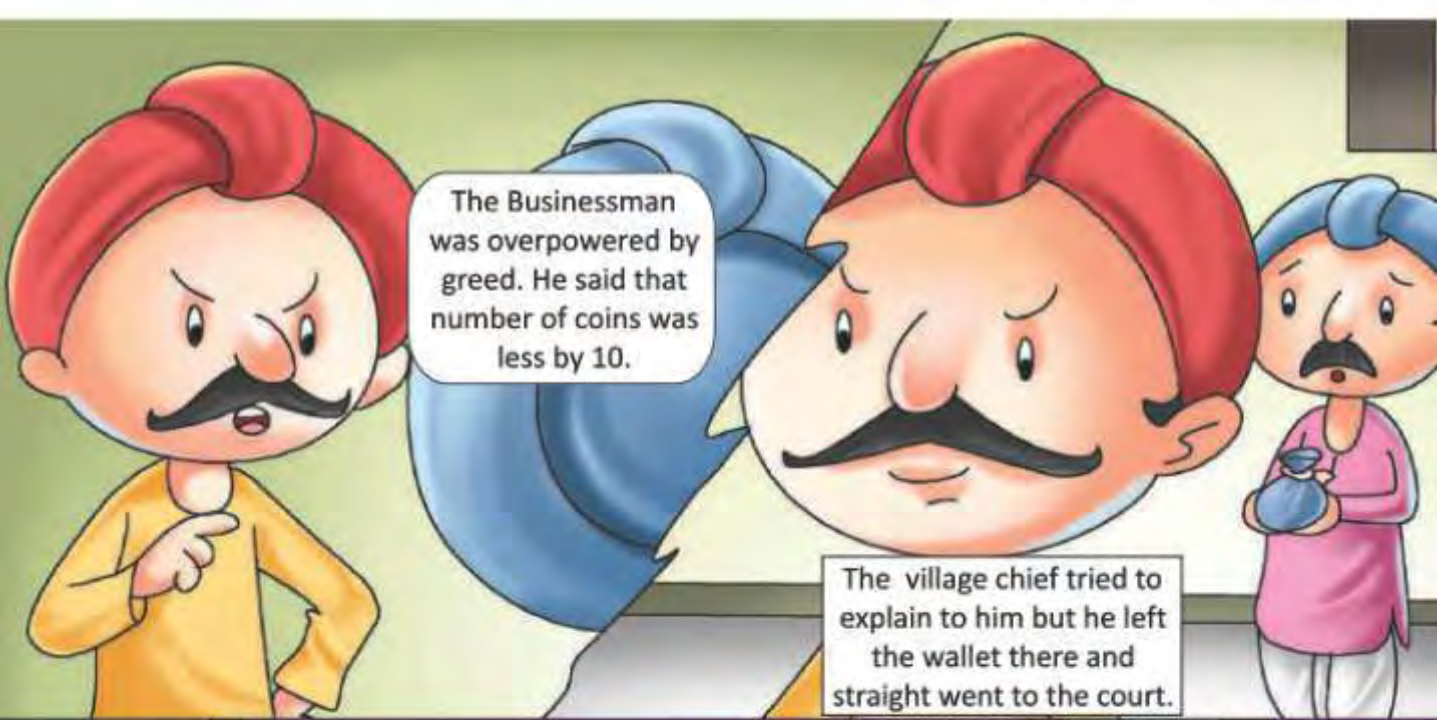
Hansti Duniya

March 2021

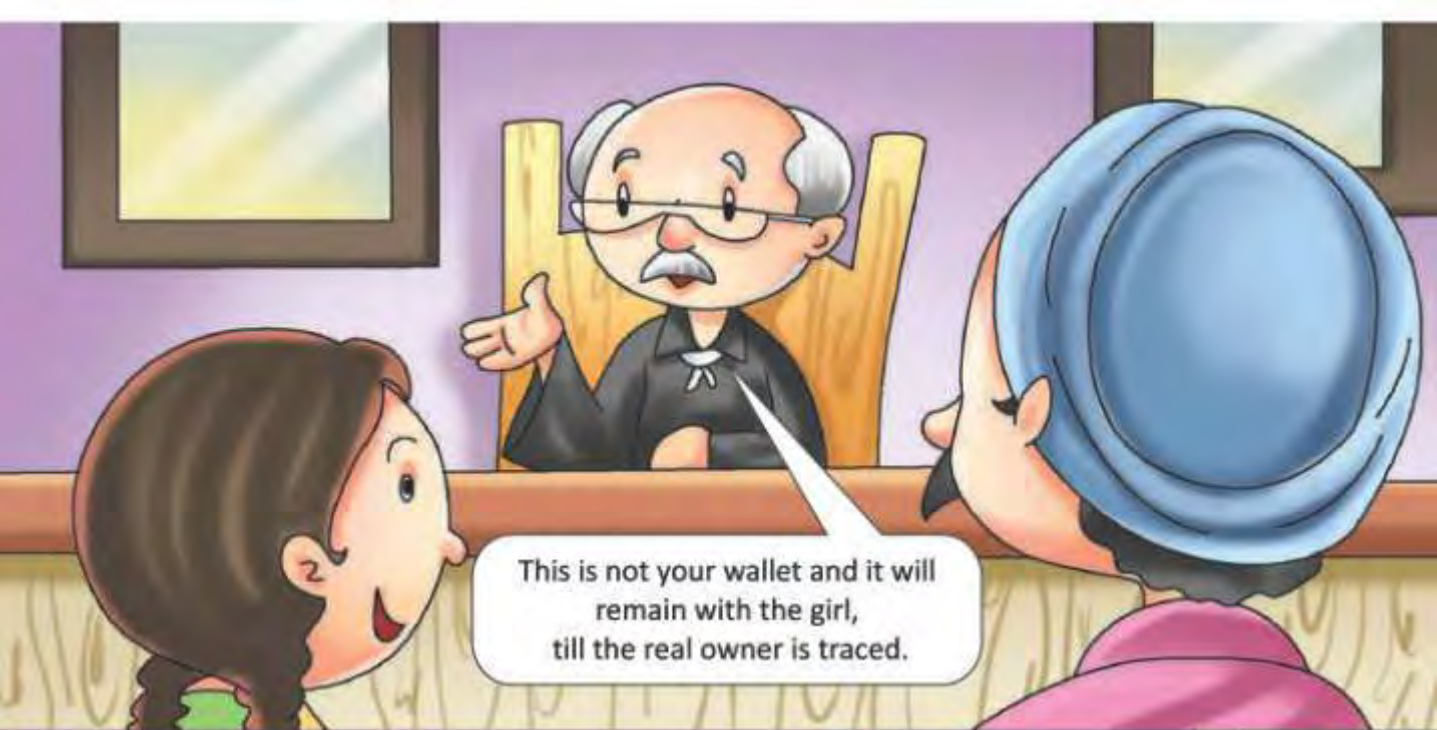




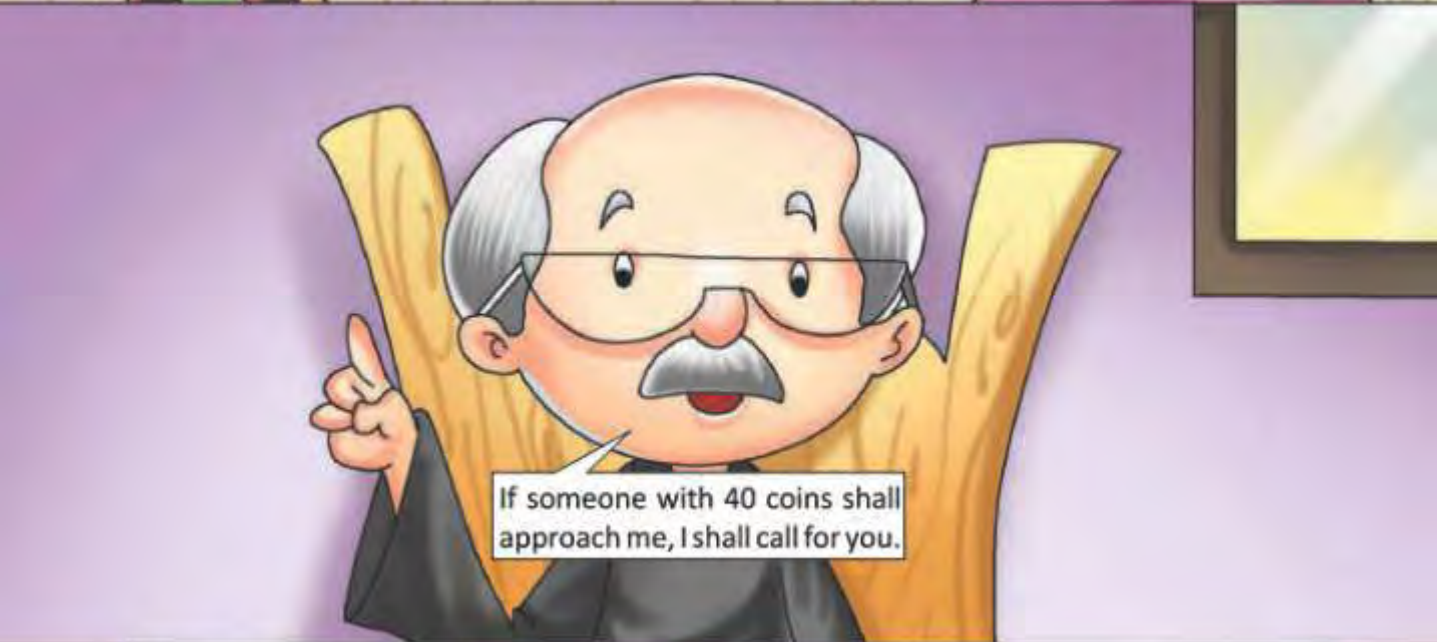








This is not your wallet and it will remain with the girl, till the real owner is traced.



If someone with 40 coins shall approach me, I shall call for you.

Now the businessman was repenting over his greediness and he started shouting- No No! I have lost only 30 coins.

The judge paid no heed to him and shooed him out of the court.

-So greediness always has a bad ending.





# The Attentive Horse

Once, a horse was grazing on a meadow. He was so engaged in his grazing that he missed to notice a wolf for long time. And, when he took notice of the wolf it was too late to run away.

The wise horse thought of a trick and started enacting it. He began to limp across the field. The wolf thought "This is my chance". He came near the horse and asked "Hello horse, why are you limping?"

The horse replied, "A thorn had pricked into my hoof. The wolf said "Well! I know to pull out thorns. Can I help you?" The wolf began to take hold of the horse's leg. But what a pity! Before he could catch the leg he was flying up in the air. The horse had given a mighty kick.

## MORAL

A pint of thought saves you a lot.







# SONG

— H.S. Nirman

## BOTH OF US ARE COMPLEMENTS

East is West and West is East,  
The twain shall forever meet.  
Both of us are complements  
And both are incomplete.

Both have dusk and both have dawn.  
Lines and borders, who has drawn.  
Common pleasures; common sufferings:  
The heart has a common beat.  
Both of us are complements  
And both are incomplete.  
East is West ...

What says this bleeping soul:  
"Love is the way and love is the goal".  
One who loves just every body—  
I would touch his feet.  
Both of us are complements  
And both are incomplete  
East is West ...





# The Clever Act of Monkey

Once upon a time, a clever monkey lived on a tree that bore fresh, luscious berries. A day arrived when a crocodile swam up to the tree and told the monkey that he had traveled a very long distance and was extremely exhausted from his journey. The crocodile had been in search of food and was very hungry. On hearing this, the kind monkey offered him a few berries for which the crocodile was very thankful. He asked the monkey if he could visit him again soon for some fruit. The monkey happily agreed.

The crocodile came back the next day, and the day after that also. Soon, this became a daily ritual and they grew to become good friends. As all

friends do, they discussed the goings-ons of their lives and confided in each other. The crocodile told the monkey about his wife who lived on the other side of the river. So, the generous monkey offered the crocodile some extra berries to take home for his wife.

The crocodile and the monkey continued to grow closer as friends and they ate berries together. The monkey would often give the crocodiles extra berries to take home for his wife. Because of their friendship, the crocodile's wife grew jealous. She wanted to put an end to their friendship. She thought, if the monkey survived on a diet of tasty berries, his flesh must be really sweet. So, she







asked the crocodile to invite his friend over to dinner. The crocodile refused because he knew that his wife was up to some nasty trick. However, she was determined to eat the monkey's flesh.

She pretended to fall ill and told the crocodile that her doctor claims that the only thing that would keep her from dying is a monkey's heart. On hearing this, the crocodile rushed to the monkey's tree and lied to him saying that his wife had prepared them a delicious dinner. The monkey happily agreed and climbed onto the crocodile's back. Halfway through, the monkey noticed that the crocodile began to sink. Frightened, the monkey asked his friend why he was doing that. The crocodile explained the situation truthfully.

The clever monkey told him that this was an unfortunate situation because he had left his heart at home. If the crocodile took him back, he would gladly give his heart away to nurse the crocodile's wife back to health. The silly crocodile fell for the monkey's clever lie and rushed back to the tree so that he could take the monkey's heart. As soon as they reached, the monkey hastily scampered up to safety and told the crocodile to tell his wife that she had married a fool!

**-: MORAL :-**

Remain calm and use the presence of mind to get out of adverse situations.



## LISTEN TO YOUR FRIENDS

Once a thin donkey who was starved by his owner went in search of food with his friend, a jackal. The pair wandered around the village in the middle of the night until they stumbled upon a cucumber field. That night, they truly relished their meal and decided to pay a visit to the cucumber field every night. Donkey eventually began to look much healthier and was able to pick up more load.

Once, after an appetizing and wholesome meal of cucumbers, the donkey insisted on singing. Knowing that this was foolish, the jackal advised him not to sing but the stubborn donkey refused to listen to his friend. The jackal told the donkey that his voice wasn't very sweet. But he dismissed his comment – thinking that the jackal was jealous of him. He told the jackal that he was happy, and there's nothing wrong in expressing one's happiness. Once again, the jackal warned him of his foolish behaviour and of bringing trouble upon himself by

disturbing the guards. However, the foolish donkey would not budge.

When the donkey started to sing, the jackal interrupted and asked the donkey to wait until the jackal jumps over the other side of the fence for his own safety. The jackal decided to wait outside. On hearing the loud braying noise made by the donkey, the guard naturally woke up from his slumber. When he spotted the donkey, the guard beat him black and blue mercilessly. The guard channeled all his anger onto the donkey who was truly regretting not heeding to his friend's advice. Once he was done, the donkey could barely move. Yet, he somehow dragged his limp body out of the field, where the jackal had been waiting for him. His friend had a sympathetic look on his face as he said, "I told you so."

*So we should listen to the advice of our friends and our loved ones. We should value them. Often all they are our well wishers.*







Let Me Join You To Say:

## "THANK YOU, GOD!"

For each drop of blood that runs through  
my veins,  
For every member of my body which is  
sound and functioning,  
For the joy of being alive,  
Thank you, God, thank you.

For the sleepless nights of my mother  
who cared for me,  
For the hard toils of my father for  
my education,  
For the love and care of my relatives,  
Thank you, God, thank you.

For loyal friends with whom I have walked  
along life's ways,  
For people I have loved and who loved me  
in return,  
For the pains and the hurts which have  
helped me grow,  
Thank you, God, thank you.

For these and for many other graces  
which I cannot enumerate,  
May I remember you, my God,  
and give thanks day by day.

Because you have loved me,  
let me thank you, day by day.



Compiled by : Jenny Cyriac

Han sti Duniya

March 2021





# THE END OF KALYAMAN

**K**ing Mandhata of dynasty Ishvaku had a son named Muchukund. He was brave, treaded the path of truth and was a devotee of God. A war broke between Devraj Indra and demons.

The demons were dominating the war and Devdaj Indra was at the verge of losing. He even did not have a capable commander. Devraj Indra went to king Muchukund for help and protection of gods. The kind king Muchukund, heeded to his request and joined the gods in the war. He fought very bravely and defeated the demons and protected the gods.

Later Master Karthikeya, son of Lord Shiva accepted the position of commander in Devraj Indra's army. In the meanwhile King Muchukund was dead tired of being in the the war for a very long time. Lord Indra

was very happy with king Muchukund for his valour and bravery shown in the the war field. He asked humbly, "O king I We are grateful to you and pleased with your valour and bravery. You can ask for a boon but for salvation of soul, because that is the prerogative of only God almighty himself."

King Muchukund was extremely tired mentally as well as physically because of incessant war and was feeling restless. He had not slept for many days properly because of continuously being in the war. He said to Lord Indra, "Devraj ! I need a a restful sleep. Please give me this boon if anybody disturbs my sleep, he should change into ashes immediately.

Devraj granted him the wish. Muchukund went immediately in deep slumber in a cave.







Kalyaman an opponent of Lord Krishna but friend of Jarasandh was extremely brave and powerful physically. He was on a Lookout for taking revenge from Lord Krishna for his friend's death. He had surrounded Mathura for many days with his Army. Lord Krishna did not wish for war therefore he thought of a plan for ending Kalyaman.

One day Lord Krishna crossed the main gate of Mathura wearing his yellow attire without any armaments. Kalyaman recognized him from very far and started running towards him to kill him. Seeing him running, Lord Krishna also increased his pace to make him think that he was afraid.

In due course Lord Krishna entered the cave in which king Muchukund was sleeping. He removed his yellow attire and threw it on the sleeping king and hid himself behind a huge stone. Following Lord Krishna,

Kalyaman reached the cave. He saw somebody sleeping with yellow clothes covering his face and considered him as Lord Krishna, thinking that he must have covered his face to cheat him of his identity. Kalyaman hit him with his leg. King Muchukund got up from his sleep. He opened his eyes. Kalyaman, because of Indradev's boon to Muchukund changed to ashes.

Lord Krishna showed his formless form to Muchukund and said, "I have come to bless you in the cave." "You had worshiped me long before. I am pleased with you." King Muchukund was overjoyed by the the miraculous blessings of the Lord.

The moral of the story is that any help rendered, or a positive contribution made always brings positive results. The risky wish given to Muchukund was put to a positive use for the end of demon Kalyaman. Every evil somehow comes to an end.



# Ice Cream Anyone?

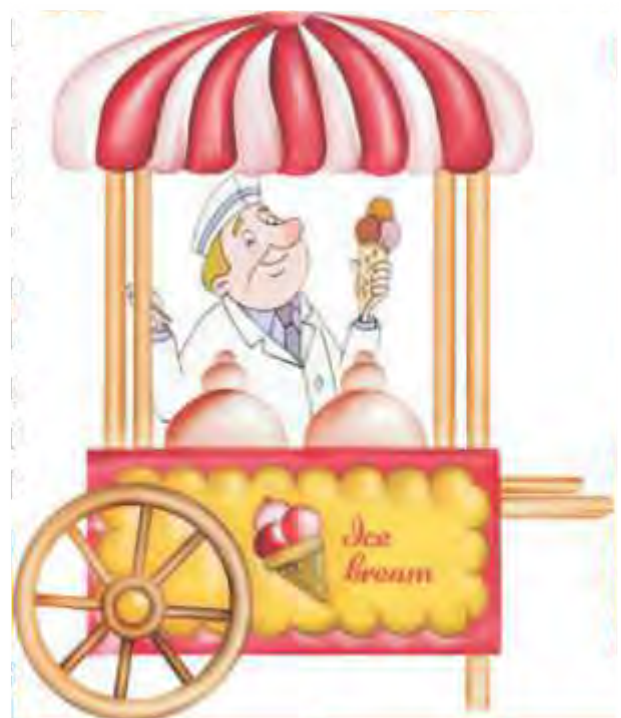
"Love gives itself forever; it never asks another to give. Shower it and you will be showered in return. Stop sharing love and there will be no more to share."



A man of few means took his little nieces and nephews to a fete. The entry was free and the enthusiastic pack of children had fun, looking at the crowds going up and down on the giant wheel and the Columbus ride. Some of the rides were free and others were available for a price. The man carefully navigated his pack of tiny tots to the free rides. Much as he would have loved to take them for all the other rides, he just did not have the money to do so.

All of them enjoyed themselves as they ran hand in hand from one see-saw to the other. They let out peals of laughter as they pushed each other on the swings. Sometime later they were tired and they were hungry too. One of them saw an ice-cream seller. Other children were crowding around the ice-cream cart and enjoying their ice-creams. This little fellow looked longingly at the ice-cream. The man

noticed this and decided to buy an ice-cream for him. But should he buy it for him alone and not for the other six? He put his hands into his pocket and drew out all the money. He carefully counted all the coins and added them up. He went up to the ice-cream seller and said, "How much for an ice-cream cornetto eh?" The ice-cream vendor said, "Rs.13.50" The man said, "Do you have anything cheaper?" The vendor said, "Yeah, you can buy a choco-bar for Rs.10." "Is that the cheapest?"







"Yes," said the vendor. The man wiped the sweat off his brow and

lowered his eyes as he clutched the forty eight rupees in his clammy hand. He couldn't possibly buy six ice-creams with that money and he also couldn't buy it for just one child and leave the rest of them wanting.

Just then he felt a tap on his shoulder, "Excuse me, this just fell out of your pocket," said a man as he thrust two hundred rupees into his hand. The man knew that the money had not fallen out of his pocket but he saw the coaxing look on the strangers face and the expectant looks on the faces of the brood of seven hungry kids beside him.



Reluctantly, he took the money, swallowing his pride. He gave a look of gratitude to the stranger and ordered seven cornettos for his troop.

As the stranger walked away, his twelve year old daughter caught his sleeve and said, "Dad, May I have ice-



cream?" "Not today darling, it seems my money just fell out of my pocket. But I'm sure that it would have reached those who cherished their ice-cream more than you would have today. I promise I'll get one for you tomorrow."

Well! All of us love our children and do many things to give them the comforts of life. We perhaps don't think twice before buying an ice-cream for them. But how often do we look beyond our own and try to do something to bring a smile on the faces of those who are less fortunate! There is great joy in giving. If you have never experienced it, try it just once, you shall surely get addicted to it!





# Paradise Lies Under the Feet of PARENTS

It is often seen here, there and everywhere that ungrateful children ill-treat their aged parents. Parents are sent out of their homes and subjected to unspeakable torture. Leaving the parents to the Will of God, sons and daughters are more interested in their Will related to property. Watching their tears and prayers, Goethe once said that an aged man is always a "King Lear." When the cruel treatment of his two daughters made his life hell, the King Lear cursed them, "How sharper than a serpent's tooth it is to have a thankless child."

All the scriptures and ideals of society encourage upon children to be obedient and grateful to parents.

The 5th commandment in the Holy bible expressly lays down, "Thou shall honor and serve thy father and mother." Children are expected to love parents as much as they love the Lord.

Describing parent-child-relationship, Islamic Law says that after Allah, parents are the persons who give us innumerable favours. They provide protection, food and clothing to the newly born. It says, "And your Lord has ordained that you shall worship none except Him and shall do your parents, a good turn' Through spiritual congregations arranged regularly for children, throughout India and overseas. Nirankari Mission stresses that "good turn" to parents means loving, obeying, speaking softly, caring for their needs, especially in their old age.

For harmony in the house, parents are advised to catch their children young for a spiritual touch. In turn, children would do well to remember the Hadith, "Paradise lies under the feet of parents."

■ C.L. Gulati





# WHERE IS FATE?

This is a story from Persian folklore

A man called Kooli thought himself to be the most unlucky man alive on the Earth. He thought that if he would even look up when it was raining, the Rain God would stop the rain! So, he decided to seek 'Fate' and ask him why he was so unkind to him. He searched for but no

one seemed to know where he

lived. En route he met a wolf.

Kooli said,

"Oh wolf! Do you know where

Fate lives?" The wolf looked

up slowly with heavy eyelids

and said, "If you help me to get rid of this splitting headache, I'll help you to look for Fate." Kooli said, "Sorry, I can't waste my time, I'll see you on my way back and then I'll try and help you." The wolf said, "If you find Fate, ask him to help me too, to get rid of my headache!"

The man moved on. He met a gardener, who looked very sad. Kooli asked the gardener, "Brother, can you help me to find Fate?" The gardener

replied sadly, "If I knew where he lived, I would have asked him about my Fate. My master is going to have all the trees in the garden uprooted, because they don't bear fruit anymore. What will become of me? Where will I go?" Further beyond he had to cross a river. There he met a fish who looked groggy and sleepy. The man said wearily, "Dear fish, do you know where I can

find Fate!" The fish was barely able to speak, "I don't, but if you find him, please ask him why I cannot sleep.

I am so tired."

The man trudged on and finally he found Fate, sitting on a mountain. Kooli said, "Oh! I am so happy to see you at last. Please tell me, why Am I so unfortunate? Why do good things never happen to me? Why am I never lucky? Why am I so unhappy? Why am I not fortunate?" Fate sighed and said. "Hang on my friend. Enough questions! Go back and you shall find good luck and fortune on the way!"







treasure." But Kooli was too high in the head to soil his hands and walked away with his nose in the air! Finally he gave Fate's message to the wolf. The wolf bared his front teeth and snarled, "Who would be lazier or more stupid than you? I'm going to eat you!"

Somehow, he managed to run away and save his life.

Kooli said, "I met a wolf with a headache, an unhappy gardener and a sleepless fish on the way. What should I say to them?" Fate replied." The fish has a pearl stuck in its nostril. If someone were to remove it, the fish would become alright. Tell the gardener to dig deep under all the trees; he would find a treasure! Tell the wolf to eat a lazy and stupid man that should cure him of his headache!" Kooli returned with a spring in his step. He conveyed fate's message to the fish. The fish asked Kooli to help remove the pearl from his nostril. Kooli said, "Sorry, don't have time. I've got to go!" The gardener widened his eyes when he heard the reply of Fate and said, "Stay with me my friend. Let's dig up the garden together. We'll share the

He sat under a tree to rest and realized what a fool he had been. He had not recognized fortune and opportunity as they had come across his way. He went back to the fish and relieved it of the pearl in its nostril. He went to the gardener and together they dug up the garden. Of course they found no treasure chest, but soon the tree bore fruits and there was a huge crop that made them rich!

Everyone wants happiness, nobody wants pain. How is it possible to see a rainbow without a little rain? Remember that all good things have to be done the hard way. Ease and Elevation can never go together.

**Moral:** Alertness is a key quality that a devotee should cultivate.





This story by **Nitika Dev**  
Daughter of Aman Dev, H. No. 5014/1, MHC, Manimajra,  
has been adjudged the best. Congrats to her



## The Letter

One day a boy thought of writing a letter, and he decided to write a letter to himself. So he wrote this letter to himself in which he said to himself that he must be a better person and must start respecting his teachers. He thought that everyone writes a letter to other people, expecting them to change their habits, but, by writing to his own self he would be able to change himself, because changing himself would give him more peace of mind and he would be a better person.



He had understood that there was no point in changing people around him so he thought the best way to improve himself was to write a letter to himself, in which he would write the things that he wanted to change in himself. After the letter was complete, he was amazed to see that he had written to himself, habits which he wanted to change for a long time but this letter helped clear his mind and understand that it's much easier to change oneself than to change others.

## Requisites For Living

*Compiled by : Sunil Nagpal, Delhi*

- ★ Health enough to make work a pleasure. Wealth enough to support your needs.
- ★ Strength enough to battle with difficulties and overcome them.
- ★ Grace enough to confess your sins and forsake them.
- ★ Patience enough to toil until some good is accomplished.
- ★ Charity enough to see some good in your neighbor.
- ★ Love enough to move you to be useful and helpful to others.
- ★ Faith enough to make real the things of God.
- ★ Hope enough to remove all anxious fears concerning the future.





— Neetu Singh

# THE MERCIFUL QUEEN

A beautiful small bird lived in a tree in a forest. When it sang in the morning, a few pearls dropped from its beak on the ground. It was a strange beautiful bird indeed.

One day a fowler came to the forest early in the morning. He chanced to see the singing bird and the pearls that dropped from its beak. He gathered the pearls and made up his mind to catch the bird.

So, he came again to the forest at sunset and laid a net under the tree after scattering some corn under it.

Next morning when the fowler reached the forest, he found the bird



trapped in the net. He took it home and put it into a cage. In a month or so, he became a rich man.

Thinking of earning fame and honour, the fowler got a gold cage prepared for the bird. He put the bird into it and presented it to the king of his country. The king was so pleased that he made the fowler a noble of his court.

Soon the king's treasure-room was full of pearls. So, he gave the singing bird as a present to his beloved queen.

She was an extremely beautiful lady with a golden heart. She was very merciful by nature.

The good-natured queen was against slavery. She couldn't stand the idea of keeping the beautiful bird in slavery. So, she opened the cage and let



Han sti Daniya

March 2021







it fly away. The bird perched on a column of the palace and sang as under:

*I flew into the cruel fowler's net to be the first fool; He gave me away to the king, to be the second fool; The king passed me to the queen to be the third fool; But the merciful queen let me fly away, she is no doubt a precious jewel.*

**Moral: Mercy is one of the greatest virtues.**

— Sakshi Sharma

## Flower the Great

Oh! Flower, You are great.  
You teach us, how to create  
Happiness in life, with your smile  
Life is short, But smile  
Like a flower, Spend every hour,  
With smile, like a flower.



Han sti Duni ya

March 2021

Poem: Shashank Sharma (Jalandhar)

# SAVE THE JUNGLE

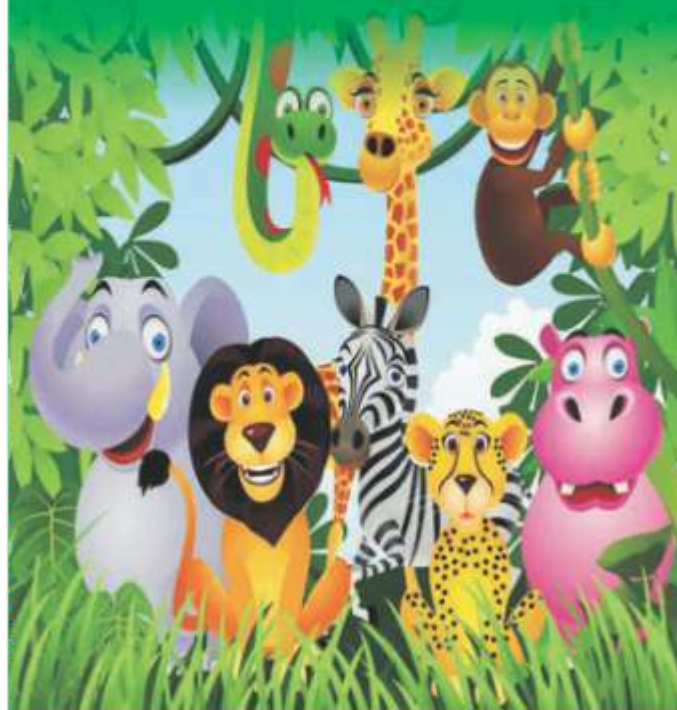
Think what jungle is worth  
It gives air, water and earth

A Woodcutter did his hell  
Down all the trees fell

When the rainy season came  
Floods played their ugly game

Washed away was every field  
What crop then could they yield

So, let's every jungle save  
And uphold what Nature gave.







— Radha, Jaipur

## SATAN IN DISGUISE

There lived an old tiger in a forest. He could not hunt animals as he used to do when he was young. It was becoming difficult to get prey. The tiger thought, "I have lost my strength and speed of my youth. Unless I find some trick, I will starve to death".

After long thoughts, the tiger struck upon a plan. He started saying "I am very old. I have turned into a vegetarian", "I have become a sanyasi". "I will not hunt animals" and so on.

Soon these words spread in the jungle. Innocent animals came to pay respect to the tiger thinking that the tiger had turned into a saint. The tiger pounced on animals, when they came to his cave.

These words fell in the ears of a fox. The fox began to think, "Can a tiger become a saint?" He was eager to find the truth.

Stealthily, the fox approached the tiger's cave. He minutely and carefully examined the foot prints of animals. He found all foot prints going towards the cave but not returning from the cave. He told all animals in the forest. "The tiger is a cheat. Don't go to the cave". The tiger had to starve to death.





# Kitty

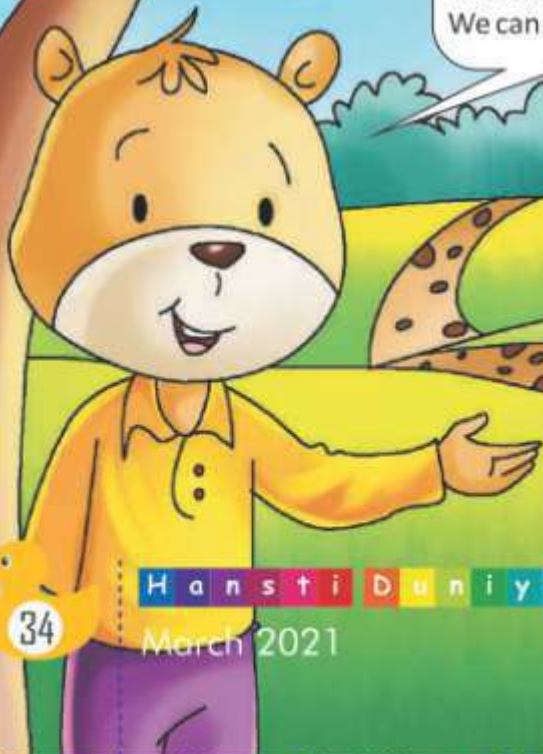
Story & Illustration :

— Aaryaman Prajapati

Wow! A cool breeze is blowing. The park is so beautiful.



There is a footpath for walking. We can take a walk everyday.

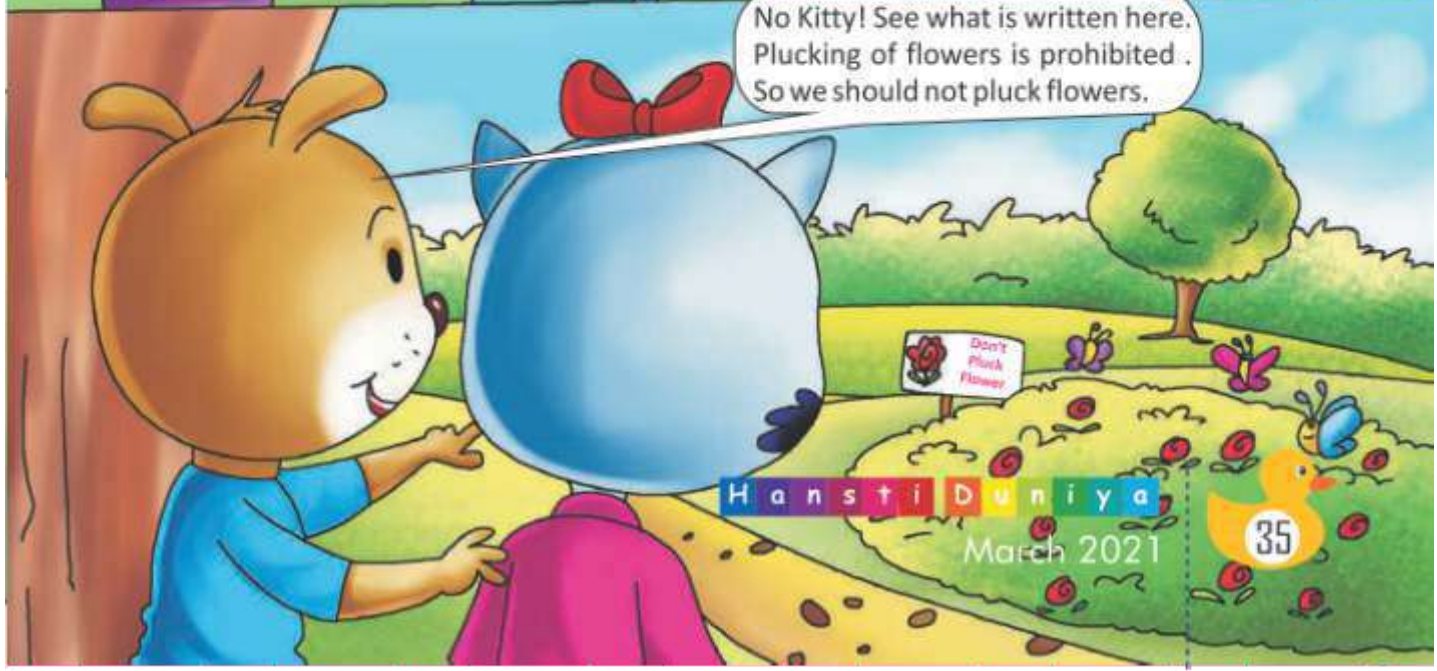
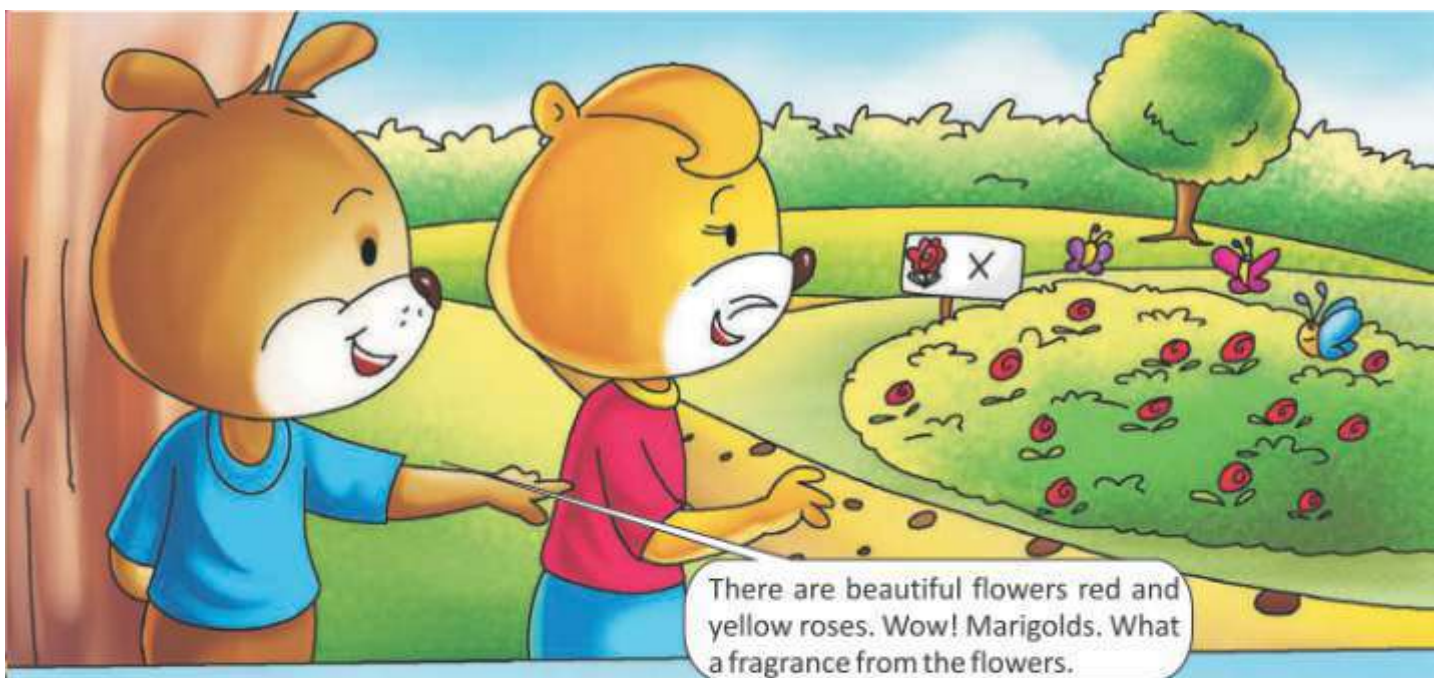


Han sti Duni ya

34

March 2021









Chintu, you stop lecturing. If we don't pluck them, someone else will pluck. We should pluck them before.

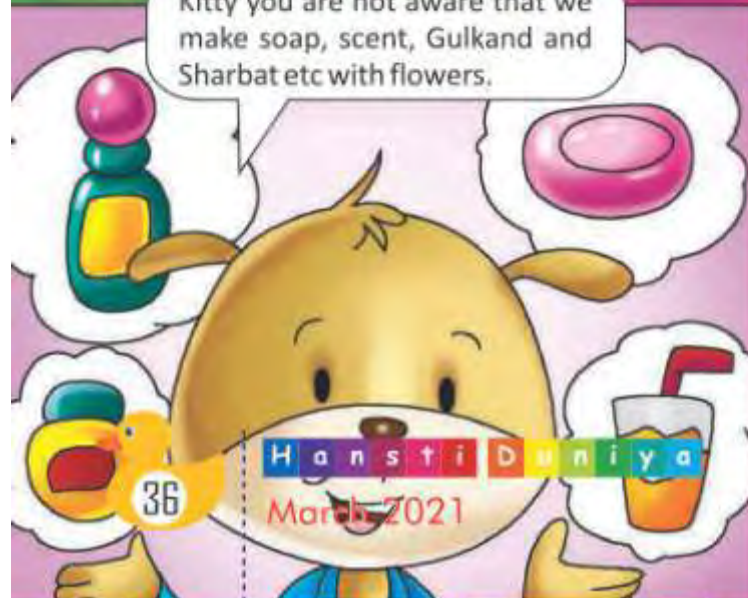


But Kitty, this park is not our property. We have no right to to spoil its beauty.

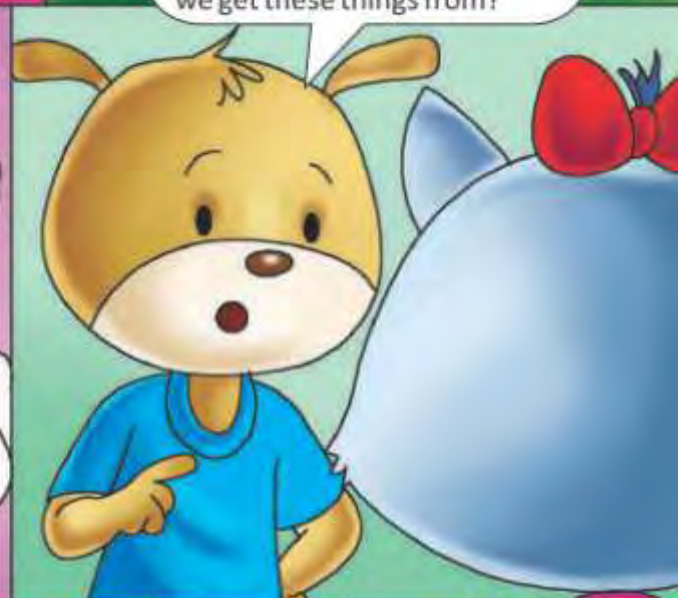


Plucking of flowers is prohibited.

See now it's my property.

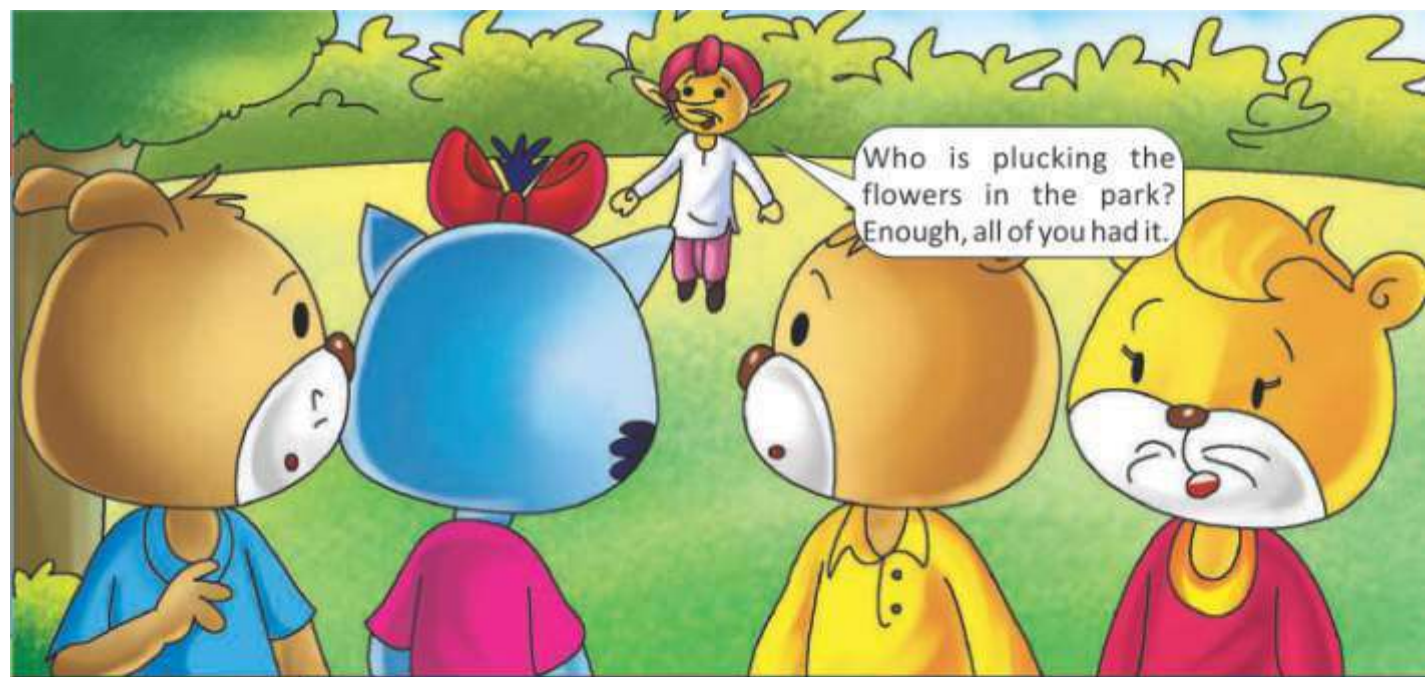


Kitty you are not aware that we make soap, scent, Gulkand and Sharbat etc with flowers.



If everybody starts destroying the flowers like this where shall we get these things from?







Robert H. Schuller

# Never Listen to a NEGATIVE Thought

**N**egative ideas multiply rapidly. If you want to attract tuna, you use one kind of bait; if you use a different kind of bait, you'll attract the sharks. A negative idea manifested in a moment of self-pity, jealousy, resentment, or anger — even a simple, seemingly innocent moment of unkind thought — harboured, nurtured, and acted upon, can be very destructive in its ultimate consequence.

Once there was a devoted pastor who counselled a woman suffering from a very rare, fatal disease. A secretary in the church saw them together and started a rumour that he was being unfaithful to his wife. The pastor could not defend himself without violating a pastoral confidence. When the woman died, the true story came out. The church board and the intimates knew that there was no foundation to that ill-fated rumour at all. But nevertheless, his reputation had been demolished in the community. When the pastor discovered the source of the rumour, he called the secretary, who was quick to come. In tears, she lamented, 'I don't know how to apologize. What can I ever do to set things right again?'

'Here's what I want you to do,' he replied. He gave her a pillow full of goose feathers and said, 'Go to the high hill outside of town. When the wind blows, just let the feathers fly, and bring back the empty pillow.'

'Oh, thank you,' she cried. She went to the hill and scattered the feathers to the wind.

When she returned, she showed the pastor the empty pillow and asked, 'Now, can things be as they were? Will you forgive me?'

'One last thing,' the pastor said, 'go back and pick up all the feathers.'

If you respond to a negative thought, it will come back to you.



Han sti D ani ya

March 2021



— Ashwani Kumar 'Jatan'

## Poem

# God is Great

Sun, Moon star created by God,  
Nothing moves without his nod,

He makes sun for light,  
His works are always right,

God makes lakes and hills,  
Rivers water he also fills,

Scriptures define God is adorable,  
And they knowledge is easily appro noble

# Prayer

Prayer is a powerful medicine,  
It destroys the disease,

But attention is important in  
prayer,  
It's useful in any occasion,

Prayer diffuses the all men's  
storm,  
And remove path's thorn,

God is wide and so broad,  
In prayer we feel the god.

— Unknown

# Work is Worship

## WAY TO WILL

The centuries old saying, 'Where there is a will there is a way' was not formed without any reason, people with determination and will power have proved it right time and again.

Persons who have remained undaunted even under unfavourable circumstances, have always scaled new heights of success and made a place for themselves.

Han sti Duniya

March 2021







# Laughing Time



Why is a river rich?

Because it has two banks.

The child is sleeping as his parents look on and comment:—

A little while ago he was busy with facebook but now face on book.

Girl : When men do for shopping?

Boy : When I want to buy something. What about you?

Girl : I go for shopping to find out if I want to buy something....

Chintoo : In future I don't want to feel lonely. Can you help me?

Pintoo : Ok, then I will not allow you to be alone..but will disturb you all the time .....

Teacher : Where is your homework?

Student : Mam, look at my homepage on internet to see my "Homework".

Wife : This computer is not working as per my commands.

Husband : It's a computer not your husband.

Most irritating moment : Morning alarm

Most difficult task : To find socks

Most dreadful journey : Way to class

Most lovely moment : Meeting friends

Most tragic moment : Surprise test in first period.

Most wonderful news : Teacher is absent.

Teacher : Fred, your ideas are like diamonds.

Fred : You mean they are invaluable?

Teacher : I mean they are rare.

Police : Where do you live?

Me : With my parents

Police : Where does your parents live?

Me : With me

Police : Where is your neighbors house?

ME : If I tell you , you won't believe me.

Police : (angrily) Tell me.

Me : Next to my house.

—Rita, Delhi

Teacher : Again you are late in class

Student : Sir, I was dreaming that I was playing football, and my game got late because of the rain.

Husband : I was fool when I married you.

Wife : Yes, But I didn't know it at that time.



H a n s t i D u n i y a

March 2021





Que. : When is it best to lose your temper?

Ans. : When it is a bad one.

Cook: Did they say anything about my cooking?

Maid : No, but I noticed them praying before they ate. —Ankur

Prosecutor : Now, tell the court how you came to take the car?

Accused : It was parked by a cemetery. So, I assumed the owner was dead.



Wife : But dear, in this photograph you have not a single button on your coat?

Husband : So, you have noticed it at last! That's why I had the photograph taken.



Two kids brought their pets to school for Show-and-tell. Johnny had a mouse and Danny had a rat.

When it was Johnny's turn, he told the teacher he didn't have anything to show.

"Why not?" the teacher asked.

"Because Danny's homework ate my homework!" —Richa, Dehradun



Barber : Your hair needs cutting badly.

Customer : It does not. It needs cutting nicely. You cut it badly last time.

—Priyanka Kumari, Delhi



— Hemant Arora



## Riddle

- (1) I have no bed to sleep or no palace to live. I don't have a single coin then also I am known as king?
- (2) What is the best month for a parade?
- (3) What is always coming but never arrives?
- (4) What starts with T, ends with T and is full of T?
- (5) What two keys cannot open any door?
- (6) What is as big as an elephant, but weighs nothing at all?
- (7) What is the best cure for dandruff?
- (8) What belongs to you, but mostly used by others?
- (9) What goes up and down a hill but never moves?
- (10) Patches over patches, but no stitches?
- (11) If we say MUMMY they come together and go apart when we say 'DADDY'?
- (12) What room has no floor, ceiling, windows or doors?
- (13) What is it that is always before you, but you cannot see?

### ANSWERS

- 1- Lion 2- March 3- Tomorrow
- 4- Tea-Pot 5- Donkey and Monkey
- 6- The shadow of an elephant
- 7- Baldness 8- Your name 9- Road
- 10- Cabbage 11- Lips 12- Mushroom
- 13- Future





## RESULT FOR THE MONTH OF JANUARY 2021 ISSUE

### First :

**Nikita Dev** Age 10  
5014/1, MHC, Manimajara  
Chandigarh (UT)



### Second :

**Avyan Dev** Age 9  
7/15, Vaishali  
Distt. Ghazibad (U.P.)



### Third:

**Sumanyu Chawala** Age 10  
180/3 Dheerpur  
Delhi- 110009



## Consolation Enteries

Rekha (Jaunpur, U.P.)  
Bebika (Varansi)  
Asha Tiwari (Delhi)  
Anandita Khurana (Jalandhar)  
Aditya S.Singh (Mumbai)  
Abha (Secundrabad)  
Komal (Talwara)  
Avyan Dev (Gurgaon)  
Sumanyu Chawla (Shastri Nagar)  
Anjali (Mukandpur)  
Amrit (Roop Nagar, PB)  
Sonu (Rohtak)  
Dinesh (Bahadurgarh)  
Mukesh (Kashmiri Gate)  
Ananya (Rajnagar)  
Anmol (Parmanand colony)  
Manvi Maurya (Banglore).  
Jheel Lamba (Delhi)  
Prachi Sharma (Amarawati)  
Arpita (Delhi)  
Ruby (Kaithal)  
Harshita (Noida)  
Richa (Dehradun)

## "COLOUR IT" FOR MARCH ISSUE

On page 44, a beautiful picture is given; colour it and send it to us latest by **March 20, 2021**. Office address: **HANSTI DUNIYA**, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in **May 2021** issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only are eligible to participate.





Colour it



Name ..... Age .....

Address .....



Hansti Duniya

March 2021



— Informative : Parshuram Shukla

# The Poisonous Sea Fish Sting Ray

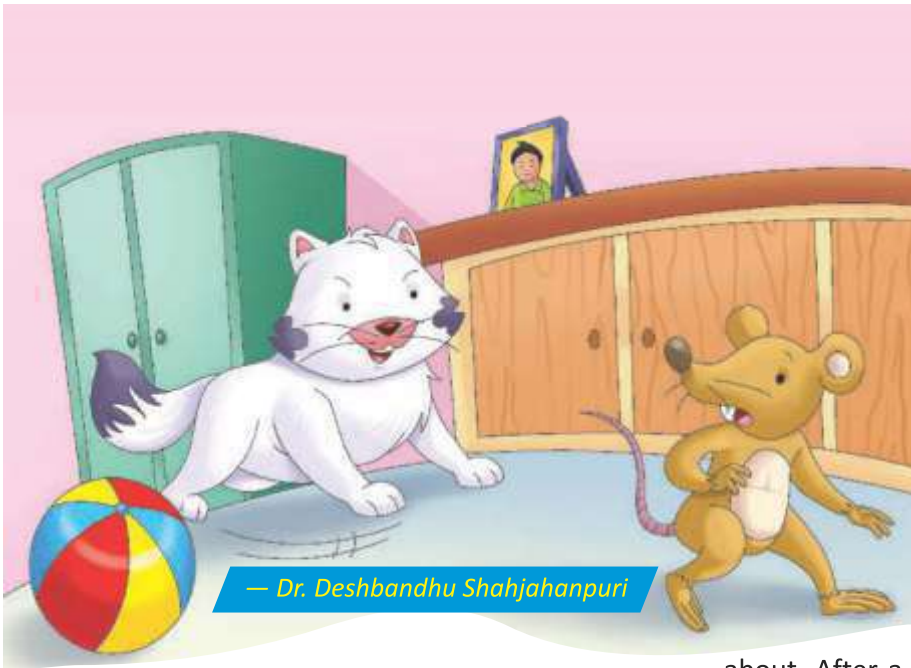
Sting Ray is a sea fish with a poisonous spine on its body, that's why the name. It is mostly found in tropical, subtropical and temperate oceans. It can be seen in the north upto Scandinavia in summers. Sting Ray has around 100 species, most of which stay in surface waters while some may go down upto 120 m into the sea. Some of these enter the rivers through estuary. Mostly they don't indulge in any activity and just swim around on the surface looking for a prey. Skilled swimmers they majestically wave their fins while moving. If disturbed they move their tail in irritation, some bringing the tail towards mouth while others do so sideways, activating the dangerous poisonous spine. The spine can be as long as 40cm. The edges of this poisonous spine are sharp like wood cutting saw equipped with tubicles that contain poison. When attacked by a sting ray the prey is terribly wounded as well as poisoned. If someone by chance steps on a sting ray resting on the surface of shallow waters, the foot gets wounded to the extent, it needs stitches. Even the smallest spine is poisonous enough to make someone unconscious. The sting immediately causes severe burning and pain, raising the heart beat. It simultaneously affects the heart, the nervous and respiratory systems causing death. It is imperative that if attacked by a sting ray, first aid must be provided immediately. The wound after washing must be kept in hot water for an hour and ATS injection to be



administered. The patient must be taken to the doctor immediately. The probability of survival can thus increase.

The body structure of sting ray is somewhat different from rest of the sea fishes. It has a flat disc shaped spherical body. The diameter ranges from 30 cm to 4m 35cm while the weight may range between 688g to 340Kg. Its dorsal part may be grey or rust coloured with white or marble like patches while ventral side is cream coloured or white. The surface is slippery with a tail as long as the body. The tail is thin and resembles a snake with a long poisonous sting embedded in it. Normally the sting ranges between 7.5 to 10cm in length but can be as long as 40cm in certain cases. The fins on the thorax resemble wings while the back has no fins.

The sting ray and shark are different from bony fishes in the sense that they don't have scales. The skin has small denticles. Some scientists suggest that the poisonous spine is an overgrown refined dentacle. If broken or damaged somehow, the body replaces it, this is unique about the poisonous spine. Infact many of these come out in its life time. Three or four spines may be together present if the old one doesn't fall.



Kitty also jumped up the dry flour box but fell down because of her weight. She along with the flour box fell down. The box was very angry. The box jumped and dry flour entered Kitty's eyes. She was shocked. Her foot got sprained. She somehow managed to go out of the kitchen. But Peechu was free to move

# Peechu's Holi

Peechu was a naughty rat. The entire day he would roam about aimlessly. Kitty was Meenu's dear cat. It tried to finish Peechu off many times but Peechu's cleverness failed every plan of Kitty. Whenever they would get face to face, a race would begin. Peechu would hide himself and Kitty would be left behind irritated.

The other day Peechu was enjoying some grains of rice outside the kitchen when Kitty also came in. She was feeling hungry seeing Peechu. Peechu was already alert. She jumped to catch him but he too was already alarmed. He rushed to the kitchen and Kitty followed him. She would have banged her head against the wall. She was following him and jumped very high and was very close to Peechu. Peechu was taken aback. He quickly jumped and ran up the flour box and hid himself in an almirah.

about. After a few days, it was the festival of Holi. Peechu was enjoying the sunshine after relishing the delicacies prepared on the festival. He noticed Kitty sitting quietly in a corner. He wanted to tease her. He went behind and quietly plucked her tail. Kitty cried out of pain.

Her blood boiled with anger. She just recalled the kitchen scene of the other day. She jumped quickly at Peechu. But it was Peechu's plan. He jumped and reached the top of the wall. Kitty followed him. There was a big drum filled with water colour lying on the rooftop. The rat was on to another trick. He hanged himself from the handle of the drum. Kitty was anyway very upset. Again she followed him and due to her weight lost her balance and fell down into the drum. She was drenched in cold water and started trembling. Kitty got frustrated with

anger. Peechu looked into the drum and smilingly shouted, "Please don't mind, today is the festival of Holi."



H a n s t i D u n i y a

March 2021



# Disappointment OF A STAG

It is a known fact that stags have beautiful antlers (Horns). The stags are proud of their branched out antlers.

Once, a stag was enjoying the beauty of his antlers on his reflections in the pond water. He thought, "What beautiful antlers I have! They are the most beautiful of all". The stag looked down at his legs and got so sad. He once again said to himself, "Look at my legs! They are so lean and bony. They are the ugliest of all".

At that moment, he heard the growl of a tiger. He started running. His legs took him fast away from the



tiger. But what a pity his antlers got entwined with a bush of thorns and would not get free.

The stag tried hard to get the antlers free, but in vain. At last, he began to kick front and back, and what a surprise, the stag got free. Now, his thoughts have changed.

## MORAL

Mere beauty is of no value without its utility.



—Sanjay Tandon

# The Golden Plate

A priest was offering the daily prayers to the deity at a temple. Each day, he would perform the Abhishekham (ritual bath) and then adorn the idol with fresh clothes and ornaments. Then he would put garlands of fresh flowers. All through this routine he would chant shlokas and Mantras from the Vedas. One day, while he was offering prayers to the deity, a metallic plate fell from above in front of the deity with a clatter. The priest saw that it was made of gold! There was an inscription on it. It said. "This plate may be given to my greatest devotee."

The priest thought, "I spend all my waking hours chanting the name of God. I perform the personal upkeep of the idol too. I have spent all my life in working for God. Who can be a greater devotee than me? This plate is surely meant for me and me alone." He reached out for the plate, but as soon as he touched it, it turned into an earthen-ware plate. The priest was dumbfounded. He thought, "If anyone sees me carrying this plate out of the temple,

they shall laugh at me. I don't want this plate. I think I'll just put it back, where it was." No sooner did he put it back, the plate turned into gold and shone in the light of the lamps lit before the deity. The

p r i e s t w a s  
confused.

Later in the day, the priest asked one of the other priests in the temple to pick up the gold plate. To

his astonishment, the plate turned into a mud plate again! The priest asked him to put it back. Sure enough, it turned back into gold again. Soon a very religious man, who frequented the temple often came in. He put a large sum of money as offering

before the deity. The priest asked this devotee to pick up the plate for a minute. As before, the plate became an ordinary earthen-ware utensil.

The day passed. The priest became more and more restless. He spotted a man who used to offer service at the temple for the





menial chores. He called him inside and said, "Please pick up that plate, my friend." The man looked at him and said "Why would I want to pick that golden plate. I have no desire for such luxuries. I don't want it." The priest pleaded again "Alright, if it makes you happy, I will." So saying, he picked up the plate. The gold started shining more brightly than before!

The priest was awe-struck. Here was a man who spent his life offering services to God's men. He emulated the saying, "**Manav Seva is Madhav Seva.**" In the eyes of God, he was the greatest devotee.

The man put the plate back and turned around to leave the temple. The plate started following the man! In addition, the gold and silver coins that lay before the deity also started rolling after him.

Prosperity kisses the path of the person who loves God without a desire for rewards. ●

## Form - IV (See Rule - 8)

1. Place of Publication : Sant Nirankari Satsang Bhawan,  
Sant Nirankari Colony,  
Delhi-110009
2. Periodicity of Publication : Monthly
3. Printer's Name : C. L. Gulati  
(whether citizen of India) Yes, Indian  
Address : Sant Nirankari Satsang Bhawan  
Sant Nirankari Colony  
Delhi-110009
4. Publisher's Name : C. L. Gulati  
(whether citizen of India) Yes, Indian  
Address : Sant Nirankari Satsang Bhawan  
Sant Nirankari Colony  
Delhi-110009
5. Editor's Name : Vimlesh Ahuja  
(whether citizen of India) Yes, Indian  
Address : H.No. 1/43,  
Sant Nirankari Colony,  
Delhi - 110009
6. Name and Address of individuals, who own the newspaper and partners or share holders holding more than one percent of the total capital. : Sant Nirankari Mandal,  
Sant Nirankari Colony,  
Delhi - 110009

I, C. L. Gulati, do hereby declare that the particulars given above are true to the best of my knowledge and belief.

Date : 1-03-2021

C. L. Gulati  
Publisher

## Vision of Childhood . . .

Childhood knows no ill will , no hatred and has no evil desires. Mature age has overcome & understood the worthlessness of ill will and evil desires. So, both have similar visions of life. A life of simplicity, love for all and happiness in life. But, this realisation can be attained at any point of time or at any age provided when one wants to understand.

— Gurdev Singh



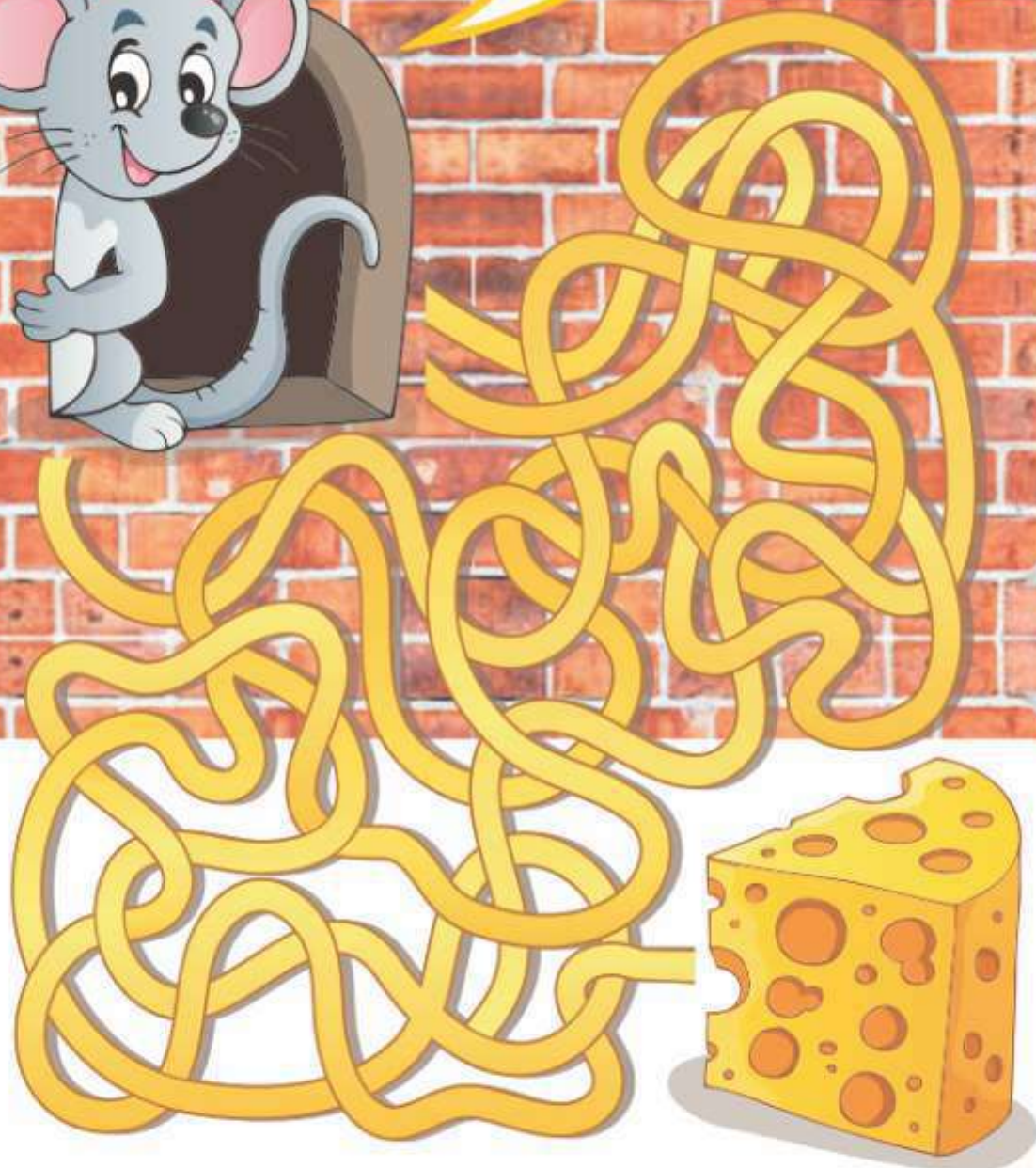
H a n s t i D u n i y a

March 2021



*Find the Way*

**Guide me to reach food**



- Find the Way in half minute, you are **Genius**.
- Find the way in one minute, you are **Talented**.
- Find the way in that minute, you need to **Improve**.



Han sti Duni ya

March 2021





[radio.nirankari.org](http://radio.nirankari.org)

24x7



[kids.nirankari.org](http://kids.nirankari.org)

Catch the latest episode  
on 23<sup>rd</sup> of every month



[www.nirankari.org](http://www.nirankari.org)

Catch the latest episode  
on 10<sup>th</sup> of every month

Bhakti  
Sangeet

[radio.nirankari.org](http://radio.nirankari.org)

Catch the latest episode  
on 20<sup>th</sup> of every month



[radio.nirankari.org](http://radio.nirankari.org)

Catch the latest episode  
on 1<sup>st</sup> & 16<sup>th</sup> of every month

Video & Audio Webcasts on [www.nirankari.org](http://www.nirankari.org) - Every month



SANT NIRANKARI MISSION

Registered with the  
Registrar of Newspaper  
For India Under Number 47383/1988

: Delhi Postal Regd. No. DL (N) /186/2021-2023  
: Licence No. U (DN)-21/2021-23  
: Licenced to post without Pre-payment

## Request to Readers



All the esteemed readers of Nirankari journals, viz., Sant Nirankari, Ek Nazar and Hansti Duniya in Hindi, Punjabi and English are to note, that the records of these journals as well as subscribers are presently being updated. Therefore, it is requested that you should provide with your mobile numbers and e-mail IDs at the most immediate convenience at the following IDs/mobile number in the Magazine Department. You can contact the following :

[sulekh.sathi@nirankari.org](mailto:sulekh.sathi@nirankari.org)  
and  
[patrika@nirankari.org](mailto:patrika@nirankari.org)  
and also

WhatsApp Mobile No. : 9266629841

## FOR VALUED WRITERS



- ★ Published in eleven languages, 'Sant Nirankari' is exclusively a spiritual monthly magazine, containing articles by learned writers. A creative coordination with the society in spirituality and literature is also ventured through this journal.
- ★ Another fortnightly journal, viz, 'EK Nazar', is brought out in three languages. Its main subject matter includes ideology, children's world, scientific and literary articles, inspiring stories and texts about places and personalities, etc. Efforts are made continuously to make these columns more attractive, informative and interesting.
- ★ Another publication, viz., 'Hansti Duniya' is brought out in four different languages. Its purpose mainly is to benefit children by way of improving their all round personality by way of providing knowledge through interesting stories, scientific fictions, poems, quiz, etc.
- ★ Materials for above publications, e.g., articles, songs, poems, stories, etc. may please be sent only at either of the two e-mail IDs, viz: [sulekh.sathi@nirankari.org](mailto:sulekh.sathi@nirankari.org), and [editorial@nirankari.org](mailto:editorial@nirankari.org) so that the materials are received published in time.

—Sulekh 'Sathi'

Managing Editor, Magazine Department

Seek blessings of Satguru Mata Ji by participating in the propagation campaign of Sant Nirankari Magazines.

Posted at NDPSO, Prescribed dates 10th & 11th. Date of Publication: 7th & 8th. Same Month