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# Hansti Duniya

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# Hansti Duniya

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# LET US WALK TOGETHER

All of us are living our life in different ways. Some people are ill concerned with people around; while others consider life a battle where they want to defeat everyone. Every one wishes to surpass others, leaving them behind.

All of us want to win and go ahead of others in every field, be it sports, academics, profession or business. When someone gets ahead of others, he considers himself an achiever, winner and successful having defeated them. It gives him confidence. Some friends wanted to know as to when self confidence becomes pride. They approached grandpa for an answer :

Grandpa explained with an example- Look children ! In a village no competition had ever been arranged for racing. A child wished to display his skill of running. A ground was prepared and the child ran. He was alone, so he bagged the first position. Next time 3-4 children participated but he came first because he prepared for it and practiced too. People stood up, applauded and encouraged him. He was asked to run a race with an old man and a frail woman. He was surprised. But he ran and reached the finish line within minutes. No

one applauded this time. The boy wanted to know the reason from his teachers. They told him that in the next race three of them must reach the finish line together. This time the boy held one of them with his left hand and the other one with his right hand and they reached the finish line together. A great cheer went up.

Grandpa explained that this victory was unique. It had never happened in the child's life before. This time the applaud was not for the winner because no one wished to win. There was no rule for winning. We need to ponder over! Do we want to get ahead of the weak and disregarded? Did we take along the ones who couldn't make it themselves? Winning is not relevant. It is important as to how we win. What are we aiming at? What is the strategy that we are following? Life is not about winning or losing. It is about togetherness. Celebrate life because we can achieve our objective only during human life.

We can achieve the objective of human life and give it direction by attending 75th Annual Nirankari Sant Samagam being held in Samalkha from 16-20 November 2022. We can utilize this time to our advantage.

— Vimlesh Ahuja

# SAMPURAN AVTAR BANI



## IK TU HI NIRANKAR 176

NAAM DE TULL KUJH HOR NAHIN TULDA NAAMI DI VADIAEE EY;  
BE-ANT ATHAH AGOCHAR RACHNA JIHNE RACHAIEY.  
KAN RAN ANDAR NAAM DA VASA NAAM DE BINANARAIEY;  
DISDI TE ANDISDI DUNIA NAAM DE VICH SAMAIEY.  
SURAJ CHANN TARIAN ANDAR NAAM DI HI RUSHNAIEY;  
AAN JAAN DI IS JAG ANDAR NAAM NE KHED BANAI EY.  
APE GUPT TE APE ZAHAR DUNIA KAARE LAI EY;  
RANG BRANGI MAYA DE IK JAL 'CH DUNIA PHAHI EY.  
UCHA SUCHA TE VAD-BHAGI JIS NE TAINOON PACHHATA EY;  
KAHE AVTAR IH NAAM VIHOONA ANHA JAG DAKHATAEY.

## THOU FORMLESS ONE 176

Nothing can be equated with Divine Name, it is the glory of the Named One;  
He who has made the creation is limitless, fathomless and sovereign.  
The Divine Name (God) dwells in every particle, there is nothing without the Divine Name;  
The visible and the invisible world is immersed in the Divine Name.  
The Divine Name is the glow in the sun, the moon and the stars;  
The cycle of birth and death in this world is designed by the Divine Name.  
Manifest and covert, the Divine Name is directing every activity of the world;  
The Divine Name has ensnared the world in the colourful net of materialism (Maya).  
Exalted, pure and fortunate is the person who has recognized Thee;  
Avtar says, bereft of Divine name this world is a state of unaccounted ledger.

# FRIENDSHIP IS A GOLDEN CHAIN

The links are friends so dear,  
And like a rare and precious jewel  
It's treasured more each year...

It's clasped together firmly  
With a love that's deep and true,  
And it's rich with happy memories  
And fond recollections, too...

Time can't destroy its beauty  
For, as long as memory lives,  
Years can't erase the pleasure  
That the joy of friendship gives...  
For friendship is a priceless gift  
That can't be bought or sold,  
But to have an understanding friend  
Is worth far more than gold...

And the GOLDEN CHAIN  
of FRIENDSHIP

Is a strong and blessed tie  
Binding kindred hearts together  
As the years go passing by.

# THOUGHTS

- ❖ Difference of opinion, secular and/or religious, can be resolved amicably through understanding.  
— Baba Gurbachan Singh
- ❖ Anger is never without a reason, but seldom a good one.  
— Benjamin Franklin
- ❖ If you can dream it, you can do it.  
— Weat Dinly
- ❖ There are three gates to self-destruction: lust, anger and greed.  
— Bhagwat Gita 16:21
- ❖ He is the most powerful one who has in himself his own power. — Seneca
- ❖ All reforms, except a moral one, will prove unavailing. — Thomas Carlyle
- ❖ Pinch yourself and know how others feel.  
— Japanese Proverb
- ❖ We live in an age when only unnecessary things are our necessities.  
— Oscar Wilde
- ❖ All are afflicted with 'maladies' except the True Master.  
— Adi Granth
- ❖ Humble because of knowledge; mighty by sacrifice.  
— Kipling
- ❖ The sense of gratitude converts a house into a home.  
— Nirankari Baba
- ❖ A man can fail many times, but he isn't a failure until he begins to blame somebody else.  
— John Burroughs



—Umesh Prakash Singh

## ***Hoopoe the Charming Bird***

**A** notable bird of Europe is Hoopoe. Its sound 'Ukk Ukk' in English is called 'Hupp Hupp' hence the name. Its beak resembles a clipper therefore it is also called 'Hajamin' (Hair Dresser). A beautiful crest (bunch of feathers) adorns its head. Therefore it is also called 'Shah Suleiman'. It is known as 'Upupa' in ancient Rome and 'Epops' in Ancient Greece.

Its beak is thin long and sharp. With the help of its beak it is able to dig out

the insects hiding in the soil. It is not fond of fruits and seeds. It normally eats insects. Ordinarily it is found in gardens, and ruins.

Its a very beautiful bird. Male and female, both have a crest on their head. It makes them all the more beautiful. It is multicoloured. The feathers are golden and black. Front part of the neck is brown.

There are nearly one dozen species of Hoopoe, one of them is rightly foreign (usually found in Europe). This species is white. Other species are found in Israel and Arab countries. Its eggs are light blue in colour. They make nest in hollows of trees, walls and ruins etc.

3-10 eggs are laid at a given time. The she bird doesn't move away from the eggs till the chicks come out. Male arranges the food till then.

It finds a special place in the graffiti of ancient Greece. Sometimes it was believed that its feathers are made up of gold. Due to this ignorance a large number of birds had been killed.





—Kiran

## The Selfish Bats

A long time ago there was a fighting between the birds and animals. All birds fought with their might against the animals and the animals gave fierce battle.

The bats were indecisive. They thought "We can join with the birds because we can fly. We can also join with the animals because we don't lay eggs. Anyway, we will wait and join with the winners".

At one stage the birds were having a winning hand. The bats thought, "This is the time, we'll join with the birds". But lo! the times changed. The hands of the animals began to be more powerful. The bats shifted support to animals.

After a long time the battle ended and the birds and animals came to compromise. But, both now neglected the bats. And Bats began to live in holes. They came out only during dusk because that was the time when birds and animals would have returned home and the night animals and birds would not have left their homes.



—Shivani

## Green Tea

1. Good Source of Antioxidants
2. Prolongs Your Life
3. Reduces High Blood Pressure
4. Burns Fat and Helps You Exercise Longer.
5. Protects Your Lungs
6. Boosts Your Immunity Against Illness
7. Helps Preserve And Build Bones
8. Prevents Tooth Decay
9. Source of Energy
10. Lowers Stress.

Oral Health  
Fights Viruses  
Stronger Bones  
Increases Energy  
Cardiovascular Health  
Cancer Prevention  
Skin and Hair Health  
Digestive Tract Health  
Improves Mental Focus

## Black Tea

# The Greedy King

A very greedy king ruled a small state. Although he was very rich, the king was so greedy that he used to collect money from the people of his state by levying various types of taxes. The king liked things like gold, silver, diamonds, pearls etc. But he had a daughter whom he loved more than all these things.

Once the king was walking in his garden. There he saw a fairy. Some of the fairy's hair got stuck in the branches of trees. The king came to fairy and helped her out. The fairy became happy and started leaving after giving thanks to the king. But the king was greedy. He said to the angel, "I have helped you, you have to fulfill my wish".

Fairy asked a wish of the king's wish. The king said, "I wish whatever I touch should become gold. Fairy was grateful to him so she fulfilled the king's wish and left. The king touched a stone and

suddenly the stone turned to gold. The greedy king was overjoyed. He walked towards his palace to tell his wife and his dear daughter about his power.

On the way he saw many stones and pebbles touching and turning them into gold.

When the king reached his palace, his daughter ran to congratulate him. The daughter turned into a gold statue as she touched him.

The king was devastated and started crying. He wanted his daughter back. He realized his stupidity and greed. Now he wanted to get rid of his power. He spent the rest of his days searching for the fairy to

give away his wish.

Being greedy is not a good thing.

**Moral :** Greed always leads to downfall. Saints have always told man to be honest and sincere and work hard towards his goal. Our deeds can have good and bad results, it depends on us .



—Vibha Prakash

# How was Everest Given a Name

'Mount Everest' the world's highest peak of magnificent Himalayas is situated in the middle of eastern mountain range. It is 29029 feet or nearly 8848 meters high.

How Everest got its name is interesting. Earlier it was known by the name 'sagarmatha' in Nepali and 'Chomolungma' in Tibetan and Chinese languages. A survey team of Indian government gathered necessary information and details, about this highest mountain peak. Radhanath Sikdar from Bengal, a mathematician in the survey team gave the entire information to the then surveyor general Sir George Everest. Sikdar had also calculated its height and location. Sikdar did not get any credit but at the time of giving a name, it got its name after Sir George Everest.

Earlier mount Everest remained an attraction and curiosity for people. For the first time a research team came from England in 1921. But they could gather scanty information. The challenge to climb this highest peak was taken in 1992 for the first time. Later many attempts were made to climb the Everest but to no avail. Edmund Hilary of New Zealand and Sherpa Tenzing Norgay succeeded in climbing the mount Everest on May 29, 1953 at 11:30 a.m. According to them it is not a child's play. After them many mountaineers succeeded in climbing this highest peak.





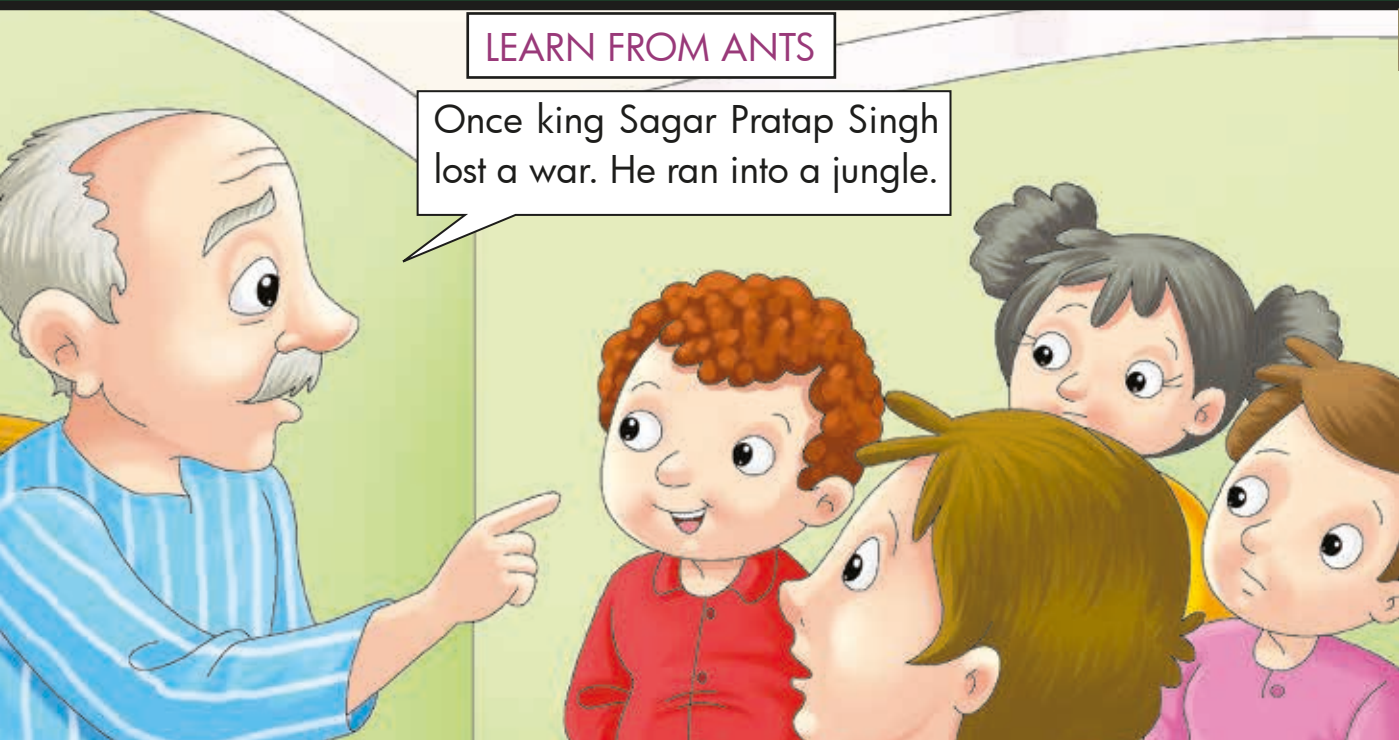
# GRANDPA

Story & Illustration  
— Ajay Kalara

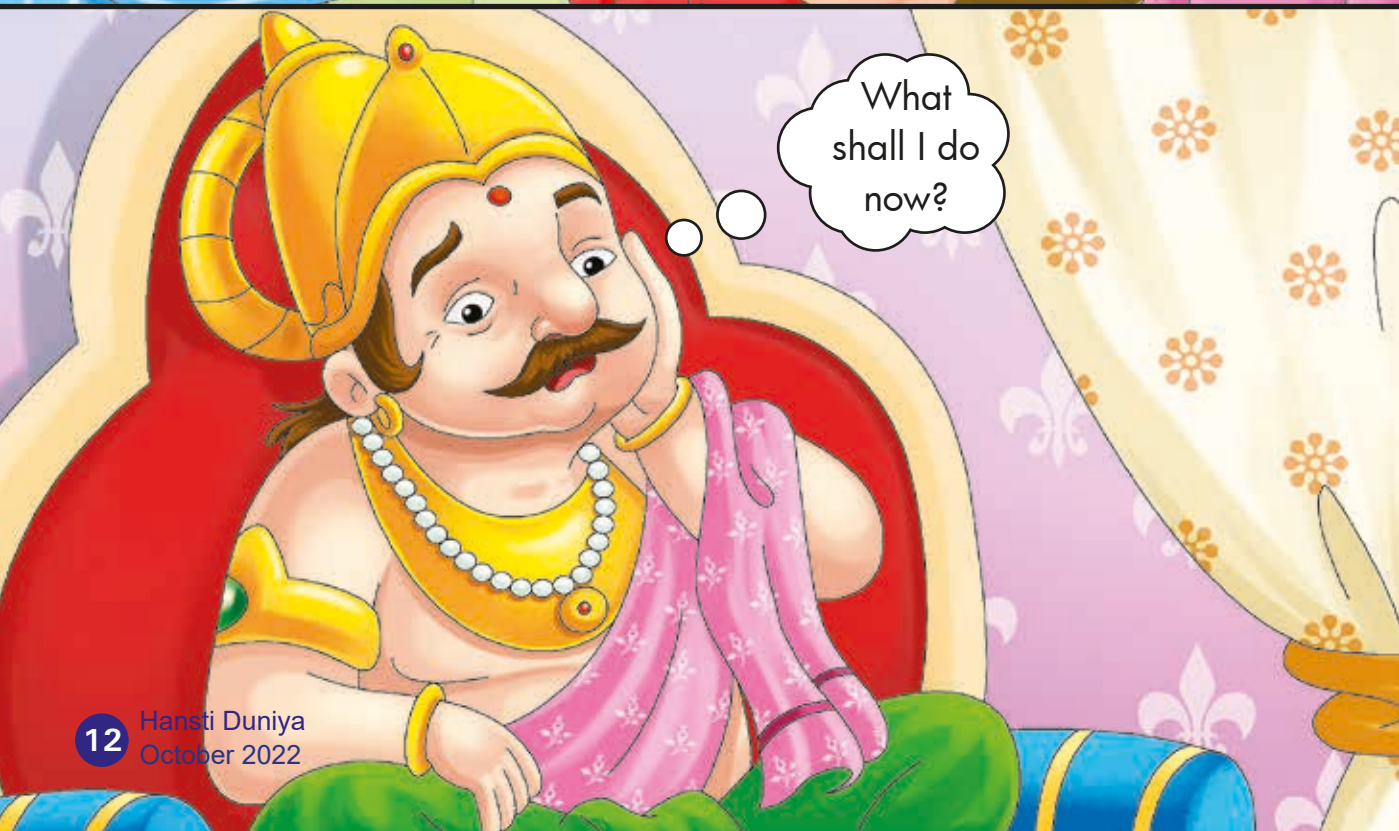


## LEARN FROM ANTS

Once king Sagar Pratap Singh lost a war. He ran into a jungle.



What shall I do now?



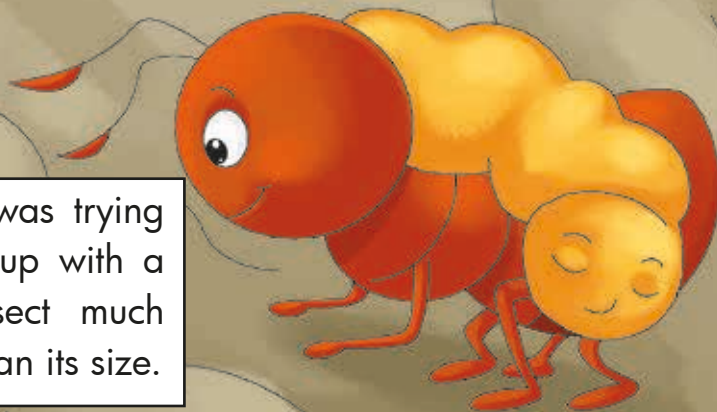




He took refuge in a cave.



He suddenly saw an ant that was going up on the wall.



The ant was trying to move up with a dead insect much bigger than its size.

But the ant was not succeeding in its attempt.





It was sliding down time and again, but did not accept failure.



It was trying again and again to climb up the wall.



Finally it succeeded.



When the king saw this, he regained his confidence.

Now he was full of self confidence.







The self confident king thought, if an ant can succeed by trying again and again, why can't I?

The king gathered his courage and decided to fight again. He assembled his army.

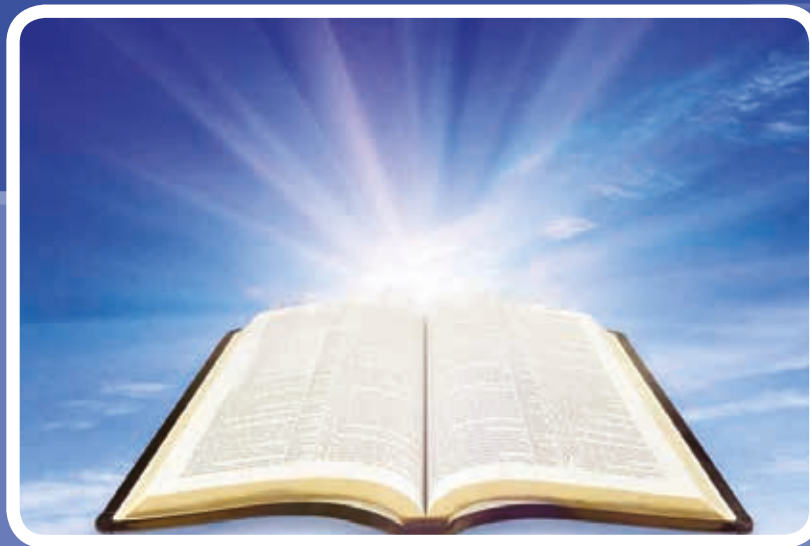


The king Sagar Pratap regained his state.



The moral is that we should continue to try till we succeed in achieving our target.





Bruce Larkin

## ***Open A Book***

Open a book  
And you will find  
People and places of every kind;  
Open a book  
And you can be  
Anything that you want to be;  
Open a book  
And you can share  
Wondrous words you find in there;  
Open a book  
And I will too  
You read to me  
And I'll read to you.



## ***Butterfly Smiles***

Butterflies Flutter.  
Butterflies fly.  
They put a sparkle  
In your eye.  
Watch a butterfly,  
And in a short while  
It will give you  
A butterfly smile.



## Spot The Three Difference Between These Pictures



## ***A Gift by Queen Butterfly***

Payal was a lovely but naughty girl. She was good at studies. But she had a bad habit. Her mother remained upset because of that. Her father also counseled her for not chasing the butterflies. She would apparently agree but as soon as she would return from school, she would throw her bag in the courtyard and rush to the garden. She would catch the colourful, golden and beautiful butterflies. The pollen would immediately stick to Payal's hands. The butterflies would struggle to escape, cry and finally die. The broken wings would remain in Payal's hands. But Payal never felt empathetic towards them. She would stick these wings in her notebook and show them to her friends.

In summer holidays Payal was very busy catching the butterflies. She would rush to the garden in the colony early morning and run behind the butterflies for hours. Mother would call her several times for breakfast. But she would only leave when it became very hot.

One day Payal reached the garden very early morning. Sun had not risen. A cool breeze was blowing. There was fragrance of flowers all around. The

butterflies were probably asleep or they hid themselves. Payal went around and searched the butterflies. Finally she lost her temper and said, "I shall see how long can you hide yourselves."

Suddenly she heard a voice 'Payal'! The voice was sweet and soft. Payal couldn't locate anybody. Again she heard, "Payal I am here on the yellow rose flower."

Payal went there and was surprised. A huge golden butterfly was speaking, "Payal, it is not right to ill treat any one. If you promise that you will not kill my butterflies I shall give you a gift." "Who are you ? If you give me a gift I shall not catch the butterflies", said Payal.

The butterfly said, "I am the 'Queen Butterfly'. See there are five golden marbles in a box under the 'Champak Tree'. They are magical. You will always be the winner if you play with them provided the game is played during morning."

Payal took the marbles and quickly came to Kriti. She said, "Look I have these beautiful marbles. Let us play." She said, "No. ! My maternal uncle is coming. I need to assist my mother."

Payal then went to sakshi, "Let us play marbles." She showed the marbles to her. Sakshi said, "See I am watering the plants. Come in the afternoon."

Payal caught hold of surbhi, "You are my best friend. See I have beautiful marbles. Let us play." Surbhi said, "No! Today we are going to my maternal grandfather's place. I need to pack my clothes."

Payal got upset. She went to a number of other friends but they were all busy with something or the other. She thought of assisting her mother in house hold chores and return the marbles to queen butterfly. Some one caught hold of her hand. She shouted, "Don't catch hold of my hand I shall not trouble your butterflies." She got up when she heard a laughter. Her mother had come to wake her up. "Get up payal ! How long will you sleep? Today your aunt is coming."

Payal rubbed her eyes. "Oh ! I was dreaming", she told her mother. "Mother! Today I shall assist you in house hold chores".

What ever the truth about the story, but the fact is, children with good upbringing learn even from their dreams. But if the



upbringing is not right children don't learn even from live examples.

"Sister ! Nothing of that sort have i done. We need to help each other. I live close by call me if need be. OK ! I shall make a move best it should start. Raining again", Said the cock.

An angel met the cock on his way back. He said "You have done a great act of kindness by feeding the chicks from your own share. This is a great virtue. I am pleased with you. Ask for a boon.

The cock had no wish. The angel had a red flower in its hand. He said "You must be awarded for your act of kindness.

This flower will always adorn you. He placed the flower on the cock's head. It is still adorning the cock's head as crest.



## **The Reward for kindness**

**I**t was raining since morning. Children of a sparrow were hungry and crying. When it stopped raining the sparrow went out in search of food. A cock also came out in search of food. He saw the chicks crying. He jumped a little high and reached the nest. The cock had little food. It gave that food to the chicks. Children were happy and were looking at the cock with grateful eyes. The cock went down and brought more food. He fed the chicks with love. In the meanwhile the sparrow returned. She got a little nervous when she saw the cock. But when she came to know of the reality, tears of gratitude flowed down her eyes. She said, "Brother ! Today you have done a great act of kindness by feeding my children. I didn't get any food and was really worried".

"Sister ! Nothing of that sort have I done. We need to help each other. I live close by. Call me if need be. OK ! I shall make a move lest it should start raining again", said the cock.

An angel met the cock on his way back. He said "You have done a great act of kindness by feeding the chicks from your own share. This is a great virtue. I am pleased with you. Ask for a boon."

The cock had no wish. The angel had a red flower in his hand. He said "You must be awarded for your act of kindness. This flower will always adorn you." He placed the flower on the cock's head. It is still adorning the cock's head as crest.



## **Some Important Incidents from Gandhi Ji's Life**

**G**andhi Ji firmly believed in simplicity and self reliance. He disliked show off and flashy display of things. He considered wastage of a single penny as national wastage. People of Noakhali (a district in Bangladesh) welcomed him whole heartedly when he visited them. They honoured him by applying 'Tilak' on his forehead and decorating their village with palm leaves. Gandhi Ji didnot object to this. Once people of Devipur village decorated the entire village with frills of expensive embroidered, satin and silk clothes and red and yellow papers. They also lit lamps of ghee and oil. Gandhi Ji took it very seriously. He asked as to how the money was arranged.

Some people replied that the money was arranged by fundraising.

Gandhi Ji said, "This decoration will not last long. This is wastage of money. It feels that you people are not adopting my teachings. If you had welcomed me with garlands made up of cotton threads, they could be used for making cloth. It wouldn't have been a wastage. You are workers. All this is wasteful expenditure. I

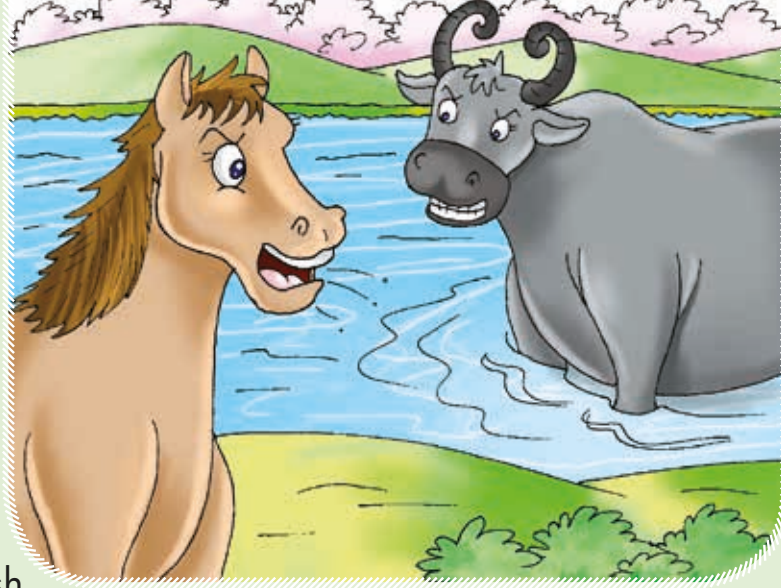


am afraid the workers who are expected to serve the people may not lower down their stature if given positions and honoured with garlands made up of flowers.

How true is this even today. Another inspiring incident from Gandhi Ji's life is -In Ahmedabad 'Gujrat Vidyapith' was established. The question arose whether to admit the untouchables or not! Some people in the governing body were not ready for their admission in the institute. The undecided problem was brought to Gandhi Ji's notice. Gandhi Ji emphasized on mandatory admission of untouchables to "vidyapith". It became a topic of discussion in the entire Gujrat. Some rich people of Gujrat told Grandhi Ji that they were ready to donate huge sums of money for the sacred purpose of education but the untouchables should not be allowed admission.

Gandhi Ji's reply is extremely important- "Not to say of donations for the 'Vidyapith', I shall not accept even Indepence of the nation at the cost of untouchability. He tried hard incessantly to do away with communilism. He wished for communal harmony among people of all religions. He believed that Hindus and Muslims are two main constiluents of our society. The society shall become strong if both of them are nurtured. This was his belief.





—Vidya Prakash

# How Animals were Domesticated

**T**here was time when all the animals and birds lived together. No animal had been domesticated. All were free. All of them enjoyed the fruits in the forest, drank pure water, slept soundly and moved around freely. They also relished the cool breeze and beauty of nature.

In a hot summer day, a buffalo and a horse together came to drink water in the stream. The buffalo entered the river with its legs till the knees in water. It made the water a little dirty and muddy. The horse felt very bad. He scolded the buffalo for making the water dirty and said, "How shall I drink water now? You could have drunk water on the other side or should not have entered inside the river. You could drink water from a distance.

The buffalo felt insulted and said, "This river is no one's domain. It is for the

entire public. Don't teach me as to how I should drink water." The arguments turned into an ugly fight. The horse was infuriated. He rushed to man and said, "Buffalo is out of its mind. If today she has misbehaved with me, it can do so with you next time. You take a rope and tie the buffalo with it."

"But it must have gone far by now", said the man

"You sit on my back. I shall run and reach there very fast", said the horse. The buffalo had not gone far. The man tied it with the rope and brought it home. But he tied the horse also because he had enjoyed its ride too. He enjoyed the horse ride and milked the buffalo. He had a comfortable life. This is how man domesticated animals.





Story : Anju Ahirwar

## Self-Sufficiency GREATEST HUMAN QUALITY

Once, a king in disguise used to make rounds of his kingdom to know the welfare of his people. Once, while passing through a village, he saw an old and weak wood-cutter carrying load of wood on his head. The king felt pity on his weak physique. He said to the wood-cutter, "Baba, you have grown so old, still you do so much labour. Don't you feel stressed?"

The wood-cutter replied- "What stress? What for the God has given me these two hands? These have been given

for doing labour only and if I don't do labour, how would I survive?" The king said, "Why don't you take someone's help?"

The wood-cutter said, "I am a poor man, neither I have a son nor a daughter. After all who will help me?"

The king asked, "Don't you know that the king of this kingdom helps the poor and the needy by providing them the money?"

The wood-cutter said, "I know, I know it well but so long as there is strength in

my body, why should I depend on the mercy of the king. It is against my principles to depend upon others.”

The king was impressed with the self-respect, self-dependence and hard-working attitude of the old man.

The king said, Alas! had there been more such self-dependent people in my kingdom, half the problems of the king would have been solved. Then he could have devoted more time to plan for the welfare of his people, and there would have been manpower and resources available to work on those plans. Our empire would definitely have progressed much more.

Self-sufficiency is the greatest quality of a person, he leads his life fearlessly. Self-sufficient or self-dependent person is the greatest asset to him-self and the society. Such a person instead of taking help from others, renders it to them.



— Dr. Rishi Mohan Shrivastava

## ***An Apple A Day Keeps the Doctor Away***



“An Apple a day keeps the doctor away” is a common English language proverb. Apples contain many minerals and vitamins that protect us from many diseases.

Recent research has revealed that the ingredients present in apple help relieve joint pain and rheumatism.

Iron, magnesium and potassium etc. present in apple strengthen the bones.

Jams, sauces and marmalade prepared from apple are also useful. But these must not be consumed by diabetic persons. Apple juice is also beneficial. Apple cider vinegar helps in clearing heart blockages. Apple cider vinegar, juice of ginger and lemon should be mixed with one spoon of honey and taken empty stomach in the morning. The quantity of juice should be one tea spoon each. Juice of ginger, garlic, lemon and apple cider vinegar can be mixed with honey and kept in the fridge. One spoon each in the morning and evening can help relieve heart problems. In winters these can be mixed with warm water and consumed. But they are more beneficial if taken without water.



# A Feast by Forest Queen

A fairy popularly called forest queen lived in a forest. She was sweet natured and beautiful clothes made up of flowers adorned her. The vines in the forest were her cradles. She was very friendly with all the animals and birds of the forest, chit chating and singing along with them. She was living happily in the forest.

Once she arranged a feast for all the birds and animals of the forest. She invited Haria the monkey, Sonal the sparrow, Raju the bear, Gungun the squirrel and Chhotu the rabbit etc.

It was evening time and all the invitees Haria the monkey, Sonal the sparrow, Chhotu the rabbit and Munmun the squirrel left for the venue of feast. Haria monkey asked sonal sparrow, "Why has the forest queen thrown this party?"

"May be its her birthday", Sonal replied in brief.

At the venue the Forest Queen welcomed everyone by smiles.

The guests enjoyed the delicacies prepared by the queen by mixing boiled seeds, delicate leaves, branches, soft



stems , soft seeds and fruits. Every one was all praise for the dishes.

Haria monkey asked the Queen "what is the celebrations about? Is it your birthday ?".

The queen said "Haria you look after the forest really well. You do take care of every thing and make it beautiful. Therefore... ".

"How?" there was a question.

"Haria ! You and your friends eat the sour and sweet fruits and throw away their seeds, peels or half eaten fruits. Some of these scattered things decompose while others get sprouted and grow into vines and trees and



adorn the forest" " replied the Queen.

She further pointed towards the squirrel and said, "My dear brothers and sisters! Gungun the squirrel is very proficient in storing things. She buries seeds and edible stems in the soil. She eats these things during adverse times. But sometimes she forgets these stored things. That way the stored seeds grow into trees and vines.

Gungun was happy to hear the good words said about her.

The queen further added "Sometimes seeds get entangled in the hair of animals like Raju bear. That way they get carried to different places. When they fall down, they sometimes sprout and grow into shady trees, thorny trees and bushes etc. and add to the greenery of forest.

This is not the end. The faeces of Sonal sparrow, and Kajri nightingale and Chhotu rabbit etc. contain the eaten seeds without getting decomposed. They also

grow into trees under suitable conditions and add to the vegetation of the forest.

All the animals were overjoyed when they heard the queen. They thought of doing something good for the wellbeing of others. They started looking at each other. Sonal sparrow said, "We are thankful to the trees, vines, bushes and grass etc. of the forest because they are the source of our food. We make nests with the leaves, straws and twigs etc. Therefore, it is imperative that we protect the wealth of forests like trees, vines and bushes etc. and help it prosper'.

Haria Monkey said, "yes ! Our queen! Trees are our only saviours. They protect us from scorching heat, chilling cold and torrential rains, Therefore we should also try and save them.

"I also wish that forests and trees are protected", said the forest Queen.

**Moral :** Plant and protect trees.  
Save Environment .



## ***Factors that are Adding to the Age of Universe***

**O**ur universe is mysterious. Nature seems to be very kind to it. The beautiful sun, moon, stars, trees, water etc support life here. Anyway- What is the age of Universe? The Puranas, religious beliefs and scientific research differ quite a bit in this context. Recent research believes that no damage can happen to the universe in next at least 32 billion years.

The dark energy understood to be a risk to the stability of this universe shall not be able to do any harm to the universe.

Edvin, a scientist had written in his research paper, "The galaxies in the universe are drifting apart therefore the universe is expanding. Dark energy, is responsible for this drifting apart of galaxies and is present every where. This also opposes gravity. Because of drifting apart of galaxies and expansion of the universe 'Dark energy' is also growing. This is also responsible for explosion of stars.

According to a research, American scientists believe that 68.1% of the universe consists of Dark Energy, 27% of another mysterious thing called 'Dark Matter'. The rest everything on Earth ever observed with all our instruments, adds upto less than 5% of the universe.

It was believed for long that the natural calamities like storms, floods, t-sunami, earthquakes, volcanoes, hurricanes, cyclones and acid rain. etc are nature's fury and reduce the age of universe by 25-50 years with every single happening. But recent Research has proved that natural calamities infact add to the age of the universe. ♦



PASTE  
YOUR  
PHOTO

Name : . . . . .

Father's Name : .....

Address : .....

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Mobile No. ....

## Look at the Picture and Complete the Story

Complete the short story and send it with your passport size photograph to

Editor Hansti Duniya English

Add.: Patrika Vibhag, Sant Nirankari Mandal, Sant Nirankari Colony, Delhi-09

E-mail : [editorial@nirankari.org](mailto:editorial@nirankari.org)

(The best story would be published in Hansti Duniya, December 2022)

Ankur and Anish .....

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.....

.....

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This story by **Khushi Rai D/o Sh. Vinod Rai,**  
Sant Nagar, Burari, Delhi-110084  
has been adjudged the best. Congrats to him.



## **Say No to Crackers**

**O**ne day Ankur told his younger sister Pratiksha that he really enjoyed bursting crackers when he was young. He said, "I used to ask for money from parents for buying crackers and sprinklers. When they would not give money I would get angry with them and cry. I used to think that I shall earn a lot of money when I grow up and buy lot many crackers and sprinklers and burst them.

As time passed I grew and started earning. Now I feel that I was wrong. I understand that I have wasted money, spread pollution and hurt my parents for having not understood their financial condition. I feel ashamed of my behavior. When we burst crackers we harm not just ourselves but the general public too. I wish I could understand this during my childhood."



# Flying Carpet



**J**ust like Aladdin's carpet a small carpet has taken a flight in Preston University laboratory. This carpet is made of plastic instead of wool. This carpet has been made by Noah Jafferis who has been doing PhD in physics. According to Noah it has taken two years to complete this carpet. This moves with changes in unwanted waves coming in electric current. These changes are called ripple power. Sensor has been applied to it. At present it cannot fly high from the ground level.

An electronic device is kept on the earth which generates current. The plastic on the carpet is the mediator of electricity. The carpet takes the flight due to changes in the waves of current in the device. Lakshmi Narayan Mahadevan of Harvard University wrote an article in 2007. This article was published in "Physical Review Letters." Taking inspiration from this, Noah determined to make this carpet.

According to scientists, this can be utilised for studies on Mars. They are now trying to fly a bigger size carpet with the help of solar energy. At present, it is difficult for the people to sit on such a big carpet. It will be necessary to have 50 meter wings on both sides of this carpet.



# Riddles

- Q. : What has thirteen hearts, but no other organs?  
A. : A deck of cards
- Q. : What runs but cannot walk, has a mouth but no teeth and has a bed but cannot sleep?  
A. : A river
- Q. : I'm taller when I'm young, shorter when I'm old. What am I?  
A. : A candle
- Q. : Where would you take a sick boat?  
A. : To the dock.
- Q. : What question can you never answer yes to?  
A. : Are you asleep yet?
- Q. : What kinds of stones are never found in the ocean?  
A. : Stones that are dry
- Q. : What is easier to get into than out of?  
A. : Trouble
- Q. : Remove my skin and I won't cry, but you might!  
A. : An onion
- Q. : What can fill a room but doesn't take up space?  
A. : Light
- Q. : Where does Thursday come after Friday?  
A. : The dictionary
- Q. : The more you take, the more you leave behind. What are they?  
A. : Footsteps
- Q. : Where are the lakes always empty, the mountains always flat and the rivers always still?  
A. : A map
- Q. : What has many keys but can't open a single lock?  
A. : A piano





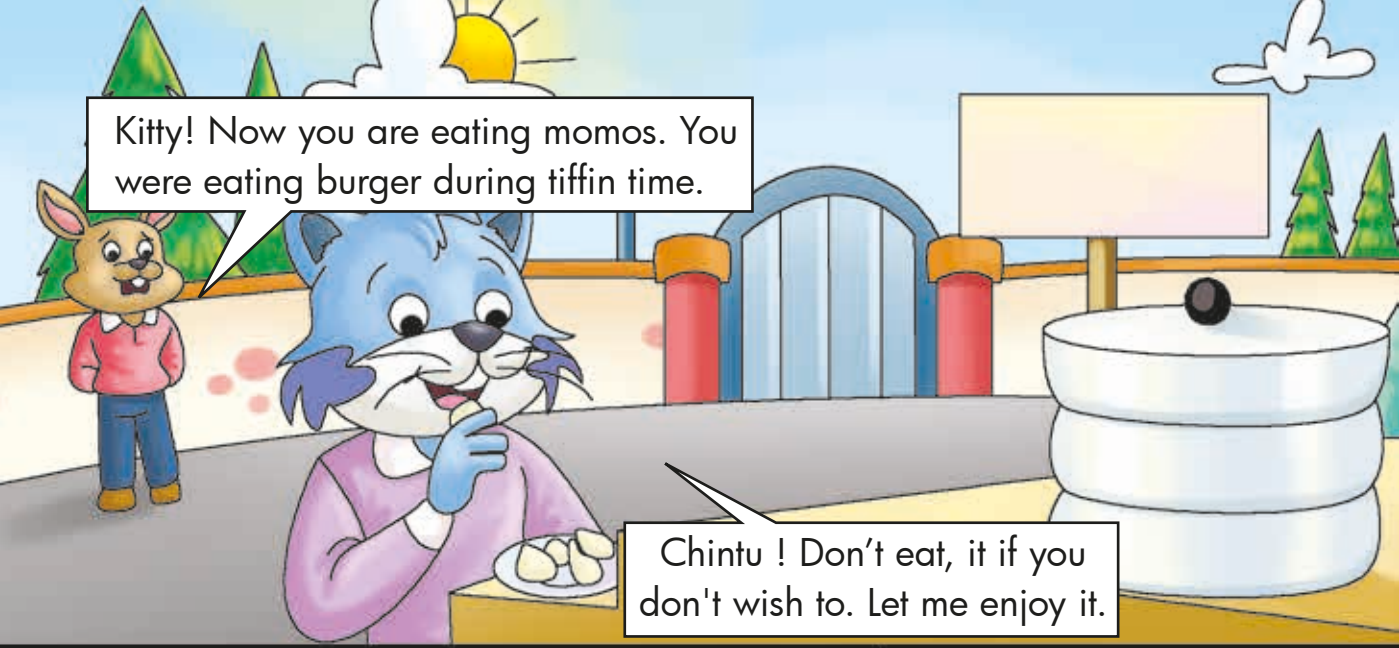
# Kitty

Story & Illustration  
—Ajay Kalara



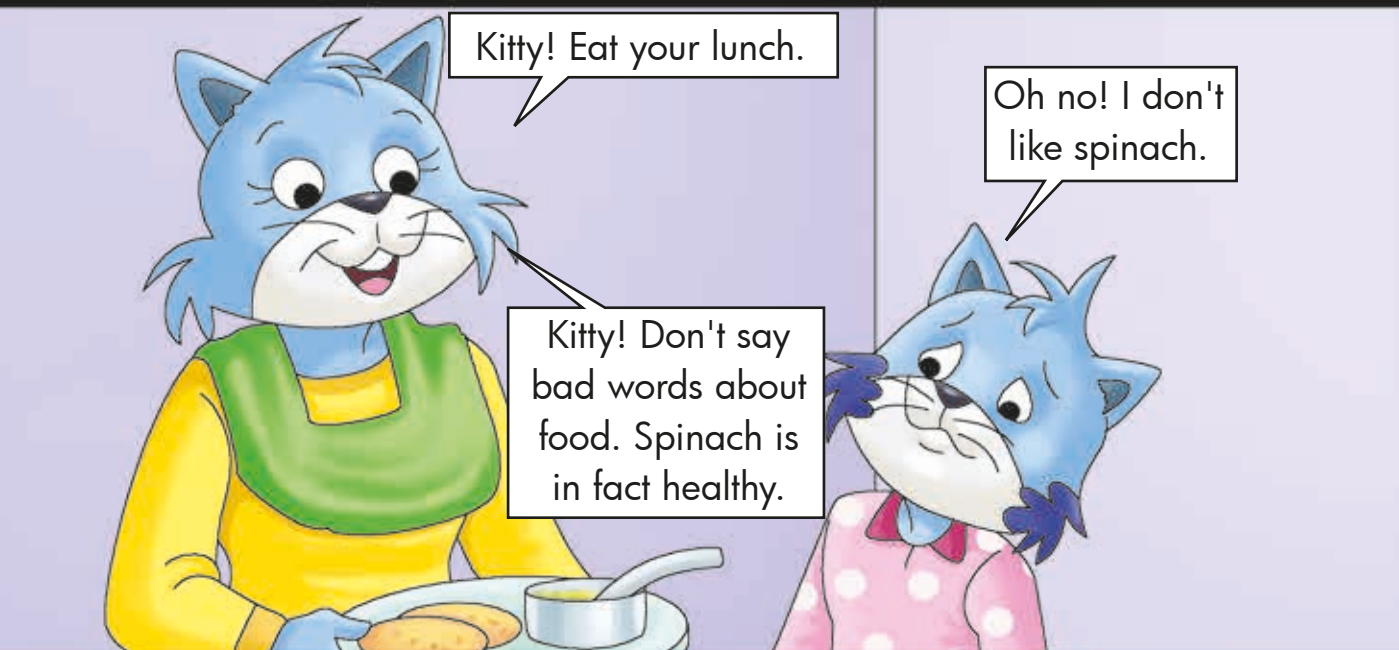






Kitty! Now you are eating momos. You were eating burger during tiffin time.


Chintu ! Don't eat, it if you don't wish to. Let me enjoy it.



Kitty! Eat your lunch.

Kitty! Don't say bad words about food. Spinach is in fact healthy.

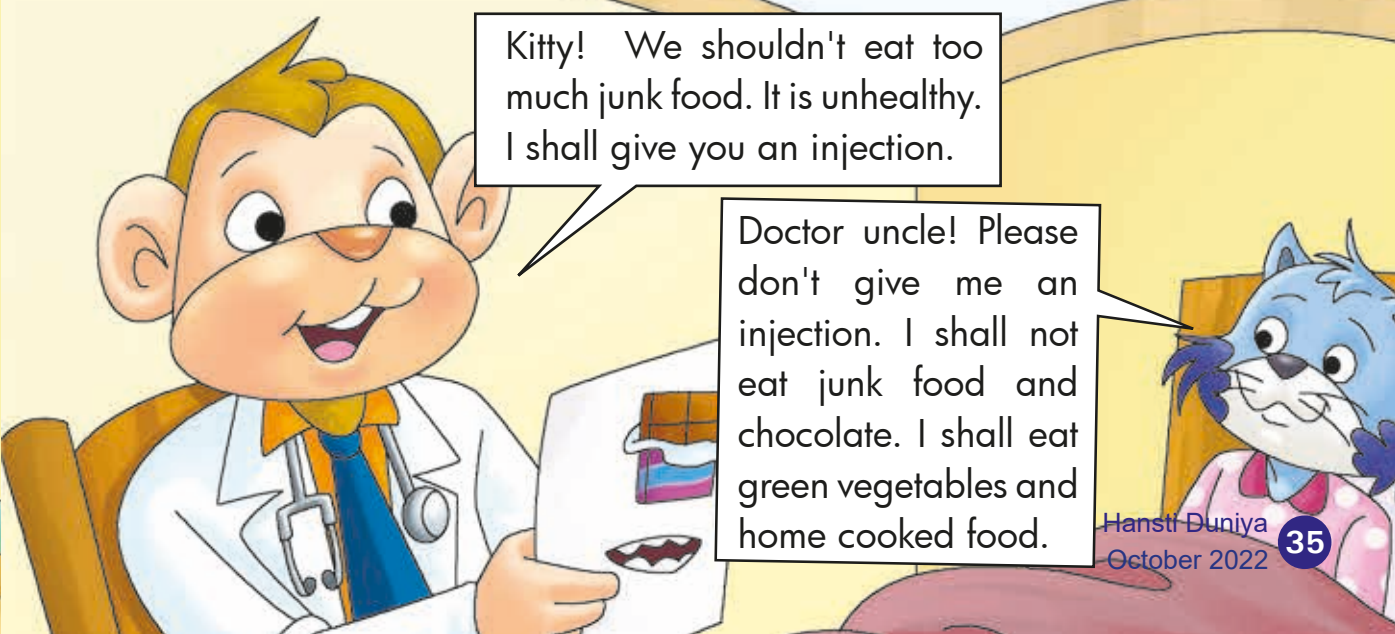
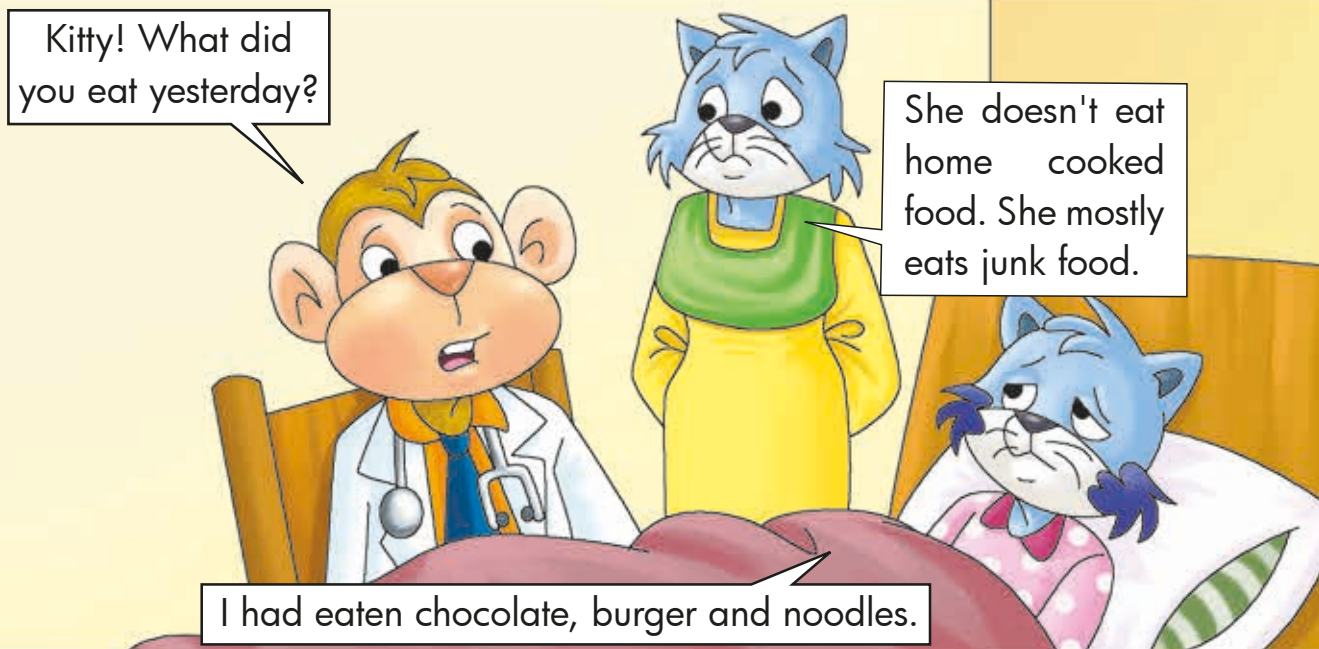
Oh no! I don't like spinach.



Kitty! I have brought milk for you and you are eating chocolate.

No mom! Chocolate is my favourite and I shall eat it.







—Tarun Chandna (Gurugram)

# Attitude

One should have progressive attitude all the time. The progressive attitude means that the person is ready to learn more and to accept and rectify his mistakes. A great philosopher said: Those who have stopped making efforts for making themselves better have put their efforts for making themselves bitter.

The progressive attitude is of two types : To understand these two types of progressive attitudes, let us take an example. Two persons work hard and become chemical engineers. One invents a chemical for increasing the fertility of land. As a result, good quality crops can be cultivated at cheap rates. The other person invents an explosive chemical to be used for destructive purposes. Though both have progressed a lot, the first person has positively progressed while the other has negatively progressed.

So, we must have positive progressive attitude. We should never think to develop ourselves by harming others. Our development should be for the betterment of the society and not for the destruction thereof. We should always try to develop ourselves for making this earth peaceful. So, let's have positive progressive attitude for making ourselves capable of spreading the message of peace and love in this universe. ❖

—Radhelal Navchkr

## ***Test of Patience***

This is an incident from the life of famous scientist Thomas Elva Edison. The year was 1914.

One day suddenly the laboratory and factory of Edison was engulfed in flames and in no time everything got burnt. The flames rose so high as if trying to touch the sky.

Edison kept staring at the terrible sight without any movement. All his hopes were burnt to ashes and he was looking as a silent spectator. There was neither a way out nor an effort to save it. Everything was burning to ashes.

Close by was standing his young son, who wasn't very old himself. He was seeing this play of fire with stunned eyeballs. Edison said to his son " Go and call your mother also. This moment in our lives is unforgettable one. She can also get a glimpse of this Incident. Such an Incident won't be seen ever again. Go, fast, don't get late."

Next moment the child ran and brought his mother at the place of



incidence. Seeing this view, Edison's wife got shocked; Just kept seeing it, quietly.

After a while she spoke to her husband an estimate of 20 lakh dollars tools have been destroyed by this fire. Not only this, whatever experiments you did in your entire lifetime, all Important documents relating to them have also been. Now what will we do.

"Whatever had to happen, has happened, nothing bad has happened. Edison spoke with strong heart.

"How come?" wife asked just like that?

"All our faults have also turned to ashes in this fire. Our mistakes have also been destroyed. For this thank God."

Edison spoke further, "Do you know that behind every loss there is a huge gain hidden underneath" This is God's unique governance."

"What gain is hidden?" The wife asked as she was praiseworthy of the tolerance of the husband from within.

"Now we will start our work with new Inspiration, will reach newer heights." Edison spoke.

And then the Edison family kept seeing the fire as witnesses as if they were never associated with the things.

Edison indeed had amazing patience and extreme tolerance. This kind of mindset saves us from getting upset and feeling miserable during a testing time in life.



# Futile Pride

Once gods and demons did sea churning unitedly. Mandrachal mountain was used as a churn for sea-churn. Nagraj Vasuki was used as a rope to rotate the churn. When all arrangements were made, Nagraj Vasuki was wrapped around the Mandrachal mountain, then one of the gods said to his other companions, "During churning, the body of Nagraj Vasuki will get rubbed against the Mandrachal mountain. This will definitely make Vasuki angry and there lies every possibility that it may bite some of the people standing near its mouth".

The gods took the statement of their colleague as convincing. After discussion it was decided that the things should be planned in such a way that monsters should remain towards the mouth of Vasuki and gods towards its tail. Now the problem was how to prepare demons to hold the mouth of Nagraj Vasuki? Devguru Jupiter advised, "If we speak to demons in this regard, they will definitely compel us to hold the mouth of Vasuki. So, this issue must be resolved skilfully and not through discussion".

Hearing their guru, everybody started looking towards him enthusiastically. Devraj Inder humbly said, "You please tell us some solution".

Davguru Jupiter said, "Demons are egoistic and so can't use their brain. While taking any decision, the egoist doesn't value it being convincing rather it values its ego. We should take advantage of this weakness of demons". After a pause, gurudev said further, "You all go running and hold Nagraj Vasuki from its mouth side. The egoistic demons will definitely follow suit. And thus our job will be over".

Gods obeyed the orders of gurudev Jupiter. All stood towards Vasuki's mouth. When demons saw gods standing towards the mouth of Nagraj Vasuki at their own, they got suspicious. They took it to be some move of gods.

The demon head immediately moved ahead and said to devraj Inder, "How could you stand towards the mouth of Vasuki without having dialogue with us? This decision has to be taken unanimously by us as to who will hold Nagraj from mouth side and who from tail side"?

On this statement of demon head, Devraj Inder said, "What is there to be discussed? We are gods and everyone respects us. We have special status in society. How can we hold Vasuki from tail side? We noble people will hold Nagraj from mouth side only, and you demons will hold from tail".

The egoistic demon king got into rage on hearing the reply of Devraj Inder. He spoke



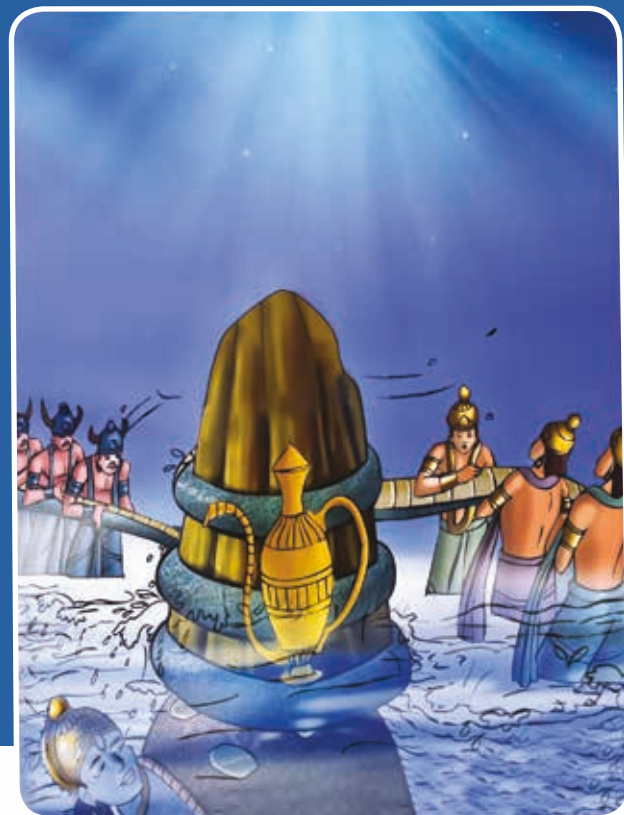
out of his ego- "If you are proud of you being gods then we are also proud of we being the demon. We are no less than you in power. We have defeated you so many times in the battle. We will never come under your pressure. We shall remain towards the mouth side of Vasuki and you will have to catch it from tail".

Devraj Inder said strongly, "This is impossible. We gods will hold Vasuki from mouth side only and you will have to hold from tail side. We can't get insulted by standing on tail side".

The demon king replied in grave anger, "We are least concerned about your disrespect or respect. You have to accept our terms if you are interested in sea churning. We will hold Vasuki from mouth side and gods have to hold it from tail side".

Before Devraj Inder could say anything, Devguru Jupiter said with the idea of mutual agreement, "Devraj Inder! This is not the time for conflict over respect or disrespect. If we continue to raise such conflict, then sea churning will not be possible. So we should do such things which could benefit all. This will add to respect of all of us".

Then Devguru Jupiter said to demon king, "Demon king! We are prepared for sea churning by holding Vasuki from tail. You demon only hold Vasuki from mouth. Now please hurry up so that the work can start".



Demon held Vasuki from mouth while gods held from tail and sea churning started. As the churn of Mandrachal mountain started moving fast, a pain started in the body of Nagraj Vasuki. It started hissing in anger and it bit many demons. Many demons became senseless due to the poisonous air released through the hissing of Nagraj, whereas the gods could complete sea churning without any harm.

The egoistic people have such a bad fate. Had the demons not have futile pride and had given a wise thought to the entire happening, no harm could have happened to them.





# Laughing Time

“

Teacher : Why are you late Tinku?

Tinku : Sir, because of a sign down the road.

Teacher : What does that has to do with your being late?

Tinku : The sign said, "School Ahead, Go Slow."

”



“

Father why did you fail in the history examination  
Child all the questions were of the time when I was the born

”



“

Santa : Waiter, it's been half an hour since I ordered the turtle soup.

Waiter : Yes, sir, but you know how slow turtles are.

”



“

Doctor : (To a lawyer): Your profession is very bad. A slight mistake on your part can make a man hang five feet above the ground.

Lawyer : And your profession is rather worse. The slightest mistake on your part can make a person get buried five feet under the ground level without fail.

”

“

Old Man : With 8 hairs on his head, goes to barber shop.

Barber : In anger asks, “Should I count or cut?”

Old Man : Smiles and says, “Colour It.”

”

”



“

Policeman : You have all the paper, helmets but there will be an invoice.

Me : Why?

Policeman : You have kept all the paper in foil and the foil is banned.

”

”





## Children's Day

We celebrate children's Day on 14th, November. It happens to be the birthday of Pandit Jawaharlal Nehru, the first Prime Minister of India. He loved children dearly and was lovingly called 'chacha Nehru'. We all know chacha (paternal uncle) is very fond of his nieces and nephews, so was he. The children are the future of a country and they should have all the virtues of a good human being. Panditji wore a jacket which is called 'Nehru Jacket' after him. It still rules the fashion world and goes well with Indian as well as western outfits. A rose was always tucked in the button hole of the jacket. It stands for delicacy and fragrance. The children are delicate and fragrant like flowers. They should be nurtured and handled with love.



Parshuram Shukla

## *The White Tiger* *Nature's Marvel*

We are all familiar with tiger. It is the national animal of India and a native of Asia. There are eight species of tigers in all - Siberian, Malayan, Indian, Chinese, Sumatran, Bali, Javan and Iranian. The Indian tiger (Royal Bengal Tiger) is the most adorable. Except the deserts of Punjab, Kashmir and Rajasthan it is found in the whole of India.

Very few people are familiar with the fact that a rare white tiger is also found in India. It is identical with an ordinary tiger in its size, habits, behavior and constitution. But its color is whitish with brown streaks. White tiger is a rare wild animal. It can be seen in very few sanctuaries and zoos.

The credit of discovering the white tiger goes to king of Rewa, Martand Singh Judev. He was more for protection than hunting of wild animals.

On May 25, 1951 a farmer of 'Deva' village reported to the king Martand Singh about a rare white tiger cub that was white in color. The king immediately

prepared for hunting expedition and next day they camped in jungles of Baghadih.

The forest of Baghadih falls under the district Gopadbanas. On May 27, 1951 the companions of king Martand Singh located the tigress that had given birth to white tiger. She was with her four cubs. Three of them were like normal tiger cubs but the fourth one



was different with white color and brown streaks on it. Its eyes were sky blue. The king Martand Singh was astonished when he saw it. He took him along to Govindgarh and named it Mohan.

The entire world was taken by a surprise at the presence of a white tiger in India. Govindgarh became a tourist spot. People from far and wide visited this place to see Mohan.

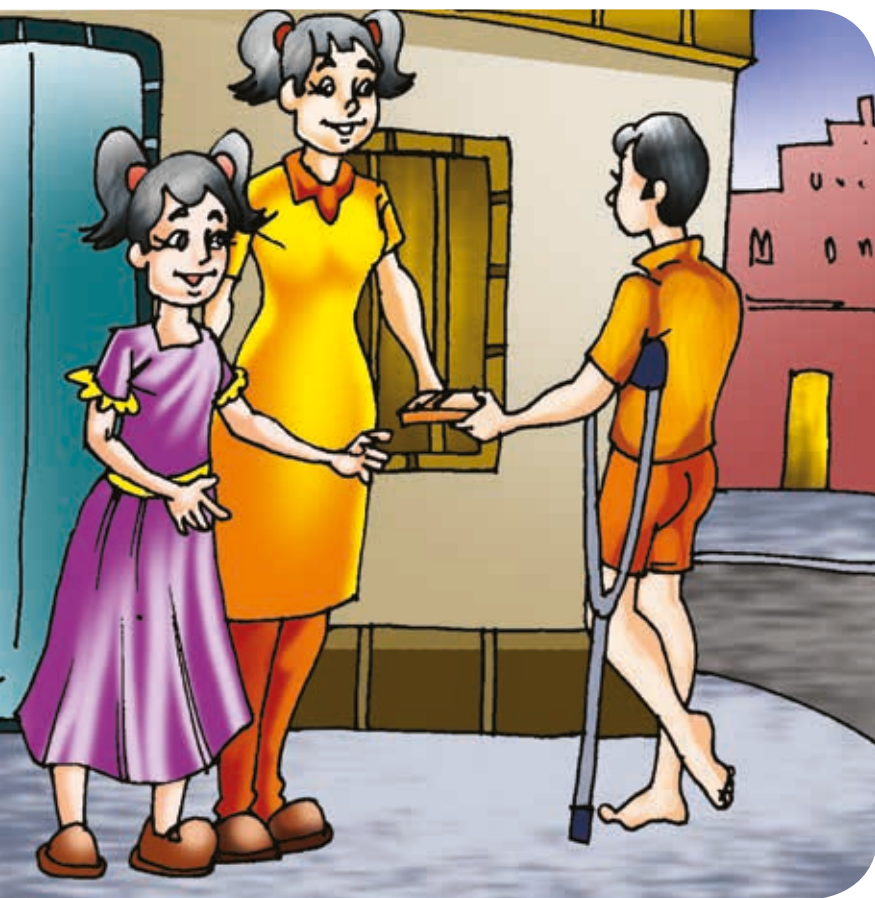
The king Martand Singh was fond of wild animals. Mohan and the tourists impressed him so much that he thought of increasing the number of white tigers. Mohan and Radha gave birth to four

cubs on October 30, 1958. All the four were white like Mohan. The same pair gave birth to 29 white tigers.

In 1960 American President Dwight D. Eisenhower visited India to attend the 'Krishi Mela'. As the president insisted a tiger couple was for the first time exported to America. In 1963 another couple Champa - Chameli was exported to 'Bristol Wildlife Sanctuary' in England. Later some more couples were exported to some other countries. In India also people were keen to see the white tiger so some white tigers were sent to renowned zoos.

## Intelligent Rajan

**S**onam and her friend came out of the house. Rajan came to her with the help of crutches. He said "Didi take



chocolates." Sonam scolded him saying, "why do you keep pestering me all the time, I don't need the chocolates." Rajan kept looking at her. There were tears in his eyes because of this insult. With the support of crutches he came and sat

at the door of his house where he had made small shop of sweet-chocolates. Rajan was afflicted with polio and his one leg was useless. He took the help of crutches to walk. After returning from school he ran a small shop where he sat and kept reading.

Rajan's father was seriously injured last year in an accident and died in spite of treatment. They spent a lot of money and lost the shop as well. Rajan and his mother had to face difficulties. In such bad times his father's friend came to their help. He helped his mother to open a tailoring shop. Divya asked who he was. Sonam said that mom treats him well and he has taken liberty to become my brother. She made a face while saying this. Her friend said "Don't say like this he was offering you a chocolate with love."

Sonam answered that he gave chocolate to her but took money from her mother. Sonam's father was a high official and she was very proud of him. She never missed the chance to say that she was the daughter of a high official. In school too she spoke to select





few girls. She was peeved with Rajan as he used to come to her house.

One day Rajan came when the mother was not at home, Sonam shunted him out of the house. Since then he stopped going to that house. Sonam fell ill and Rajan came to see her and spent some time with her. She liked that as this would keep her in good spirits. As long as Sonam was not well, Rajan kept coming to her. Sonam was well and started going to school.

Sonam was walking with Divya when a Maruti van stopped near her and a man dragged her inside the van. Divya shouted loudly for help. Rajan saw the goons pulling Sonam inside the car and noted the number of Van on his palm. The van sped away. Many

people collected after hearing the noise.

They asked Divya for the number of the car. Divya answered that she could not see the number. Rajan replied that he had noted down the number. Surjeet uncle took his mobile and quickly informed the police about the kidnaping of Sonam. He informed the police about the number of the van.

In no time did police apprehend the kidnappers along with the van.

When Sonam's parents came to know of Rajan's presence of mind in getting the culprits nabbed, they thanked him profusely. Rajan took no credit and said that it's the duty of a brother to save the sister. Her eyes were filled with tears of repentance as the boy she had insulted saved her.





# Do You Know?

**Q. Which metal is the best conductor of heat and electricity?**

A. Silver has the highest conductivity of all known metals. It is also valued for its beautiful appearance. Because it is easily worked, and has a bright, light-reflecting finish, it has been used since ancient times for making jewellery, coins and ornaments.

**Q. Which is the most abundant metal on Earth?**

A. The metal found most plentifully in the Earth's crust is aluminium, which makes up about 8 percent of the crust. It is found not as a pure metal but as an ore called bauxite.

**Q. Which metals gives color to fireworks?**

A. Strontium burns with a red light, copper green, sodium yellow, barium green and magnesium a brilliant white light.

**Q. What is the composition of air?**

A. About 78 percent (by volume) is nitrogen, about 21 percent is oxygen. Carbon dioxide, water vapour, helium and other gases make up the rest.

**Q. Why does carbon dioxide put out fires?**

A. Carbon dioxide gas will not support combustion. Pure carbon dioxide is also heavier than air. If sprayed on a fire from a fire extinguisher it forms a blanket, cutting off the oxygen which would otherwise feed the flames.

# RESULT FOR THE MONTH OF August 2022 ISSUE

## CONSOLATION ENTERIES

### Ramawadh Yadav Age-10

Village Karvee  
Distt. : Azamgarh (U.P)



### Pratikha Rai Age-09

Bengali Colony,  
25 Foota Road,  
Sant Nagar, Delhi-110084



### Neha Age-10

Village Post : Kushalgaon  
Distt. : Mau (U.P)



Jyotish (Dehradoon)

Pawan (Noida)

Ramesh Rai (Gopalganj)

Raunak (Mumbai)

Manoj (Noida)

Poonam (Mumbai)

Girish (Mumbai)

Pinki (Rohini, Delhi)

Karuna (Delhi)

Ankita (Delhi)

Laxmi (Dehradoon)

Vijay (Banglore)

Sweta (Baksar)

Ramesh (Noida)

Ankur (Delhi)

Jyotish (Delhi)

Vinod (Chandigarh)

Kusum (Delhi)

Pinky (Banglore)

## Colour it for October Issue

On page 48, a beautiful picture is given; colour it and send it to us latest by November 20, 2022. Office address: HANSTI DUNIYA, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in December 2022 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only are eligible to participate.



# Colour it



Name : .....Age .....

Address : .....

.....Pin Code .....

# Story of Candle

**O**n Diwali, along with lamps, candles are also lit in good number. The candles lit on this occasion are available in different attractive styles, colours and shapes in the market.

The history of candles is five thousand years old. During those days, in some parts of Greece, the inner part of tree branches dipped in animal fat was used as a candle. Afterwards, cotton thread was used in place of tree branches and wax produced from honey comb was being used in place of animal fat. With the passage of time various chemical processes developed and in that context paraffin wax was also invented.

For different shapes and sizes of candles different type of moulds are available. Oil is applied in the inner parts of these moulds, which facilitates the coming out of the candles. After this a thread is put with the help of a clip in the middle of these moulds. For candles, paraffin wax is taken that melts at a temperature of 99°F. This wax is put in these moulds and taken out after sometime. Thus the candles are ready. After this these are packed in different type of attractive boxes and sent to market. From there, these reach our homes and change the pitch darkness of Amavas to brightness of Diwali.

— Bharti Sharma ❖



## Diwali

The clear blue sky,  
The scent of flowers,  
The colours of Rangoli,  
And the sound of crackers.

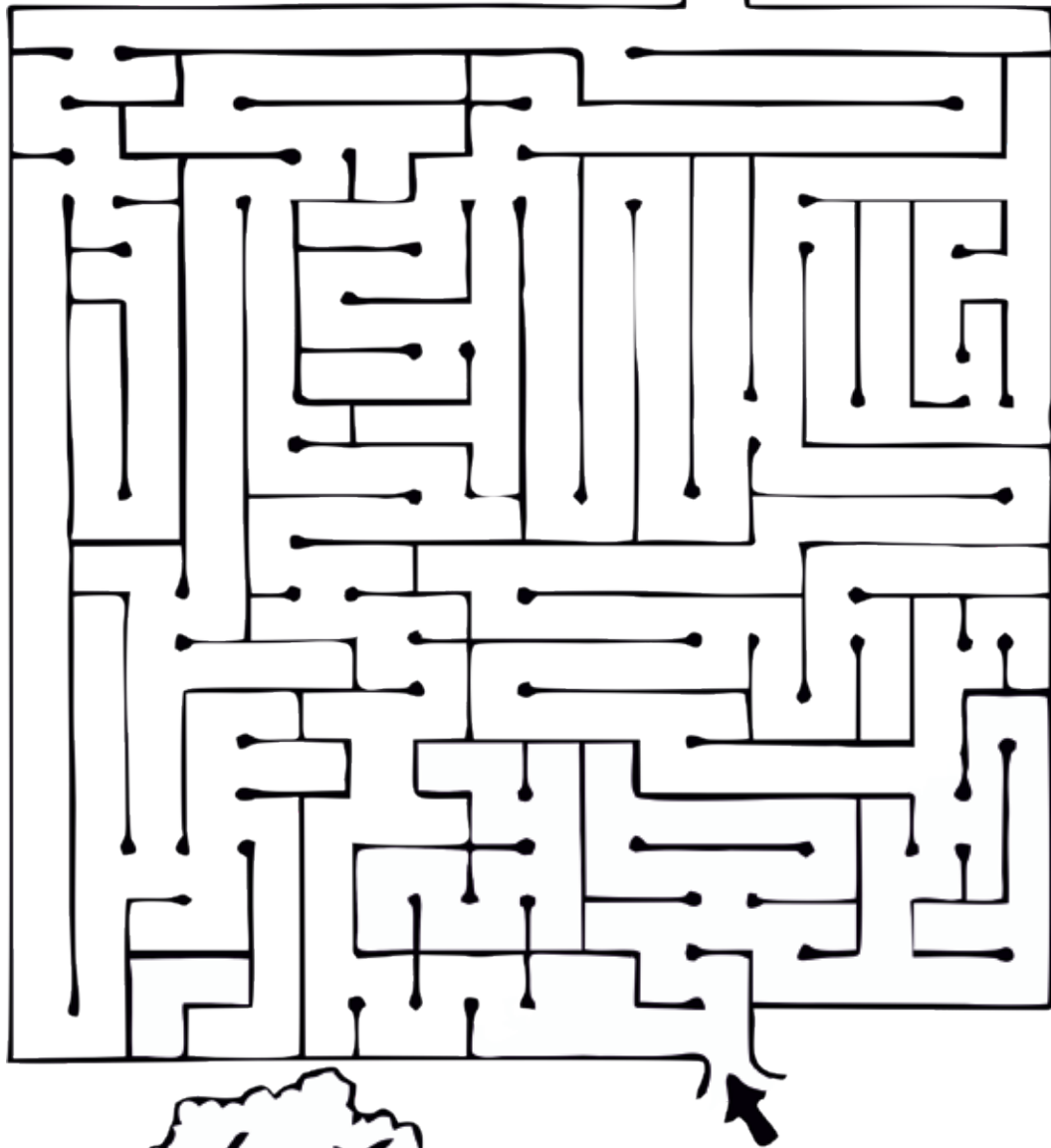
The gifts and sweets  
from dear ones,  
And the getting of their love,  
The light of the candles below,  
And the dazzling  
fireworks up above.

Lighting lamps at our homes,  
Making the less fortunate smile,  
Putting on new apparels,  
Show our friends some style.

Paying respects to the gods,  
And decorating for them the thali,  
This is what the occasion is all about,  
This is the spirit of Deepavali.

Help us to Reach Palace.

# Maze



There are two ways  
from the park to home.  
Can You find both





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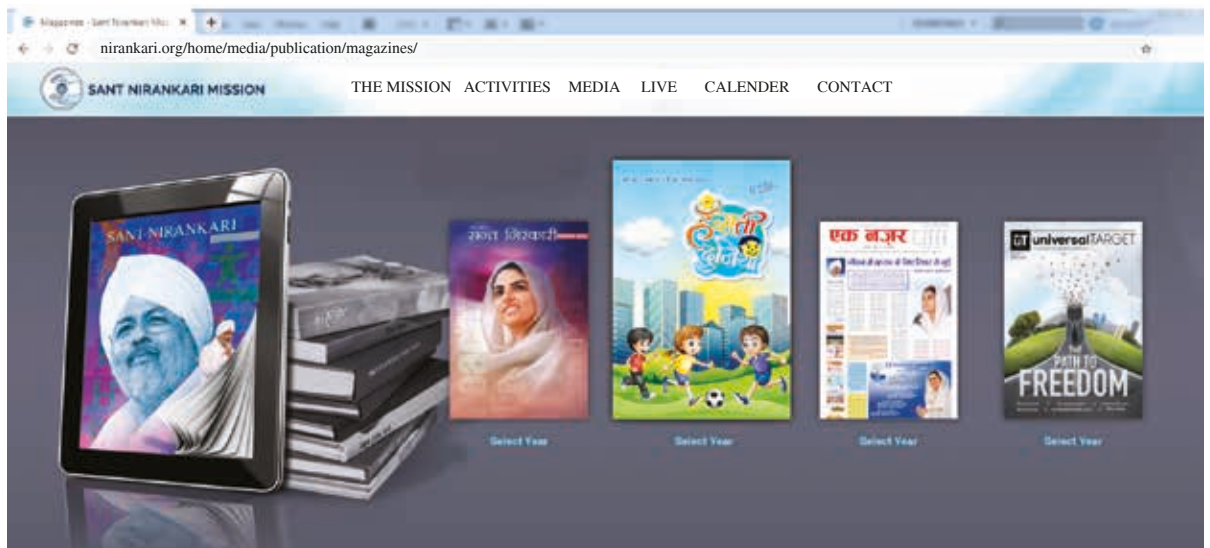
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