

Vol. 37 | No. 01 | January 2023

₹ 15/-

Happy  
New  
Year

Hansti  
Duniya





# Hansti Duniya

• Vol. 37 • Issue No.01 • January 2023 • Page 52  
(A Monthly for Children's Mental Development)  
Published in English, Hindi, Punjabi and Marathi

**Printer & Publisher Raj Kumari**

On behalf of Sant Nirankari Mandal (Regd.)  
Delhi-110009, printed at HT Media Limited  
Plot No. 8, Udyog Vihar,  
Greater Noida - 201306 (U.P.)  
and published at  
Sant Nirankari Satsang Bhawan,  
Sant Nirankari Colony, Delhi - 110009

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## Subscription Details

Country	1 Year	3 Year	5 Year	11 Year
India/Nepal	₹ 150	₹ 400	₹ 700	₹ 1500
U.K.	£ 15	£ 40	£ 70	£ 150
Europe	€ 20	€ 55	€ 95	€ 200
U.S.A.	\$ 25	\$ 70	\$ 120	\$ 250
Canada/Australia	\$ 30	\$ 85	\$ 140	\$ 300

Other countries: Equivalent to U.S. Dollars as mentioned above

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## Let Love Overflow This New Year

We all wish each other a happy new year in different ways. We also desire that our message of good wishes should reach our family, associates and friends before their message reaches us. This is fine but we also expect good wishes in return. This has become a tradition for years now and we are also a part of it.

Because of technology we can send very impressive messages through mobile or computer within seconds. We get beautiful messages in so many websites and the exchange of these continues. One wants to send a message that is uncommon and unique. Along with competition, different ideas, thought processes, innovations and concepts are conceived.

We also receive a large number of messages. Progress, prosperity, success, fulfillment of wishes and resolutions, joy, good health and blessings by God are normally the content of these messages. We also wish for everyone prosperity and good life. This process gradually slows down within 10-15 days. One of my friends called me up and said that we all give good wishes to everyone but we do not in reality get the desired happiness, progress, prosperity and peace. He also tried to analyze it.

Friends! We also get disturbed by this.

Once three monks went for a walk and wandered far off from their place. It was

night and they were tired. They saw light in a house from a distance and reached there. Lady of the house opened the door when they knocked. She insisted them to get inside. The elderly saint said that they could get inside if her husband was there. The lady asked for permission from her husband and insisted them again to get inside. The elderly monk said that only one of them could get inside the house. Then he introduced himself and his friends as 'Prosperity', 'Success' and 'Love'. The lady went inside and discussed with her husband. He told her to escort 'Prosperity' inside but the lady wanted to bring 'Success' inside because that would accomplish all unfinished tasks. But the daughter said, "You feed me with love. So today I want to eat in the company of 'Love'." So finally 'Love' was invited inside. But what was it. As 'Love' entered, 'Prosperity' and 'Success' followed him. 'Prosperity' and 'Success' explained that 'Love' is always followed by 'Prosperity' and 'Success'.

Friends! When ever we send a message of good wishes to anyone it must be affectionate, warm and from the depth of our heart

Our conduct, habits and character must reflect love alone. When we shall be full of love ,every day shall feel like new year all the time.

We the 'Hansti Dunia Family' wish with love and affection, from the core of our heart that you all live every moment of new year with love.

— *Vimlesh Ahuja*

# SAMPURAN AVTAR BANI



## IK TU HI NIRANKAR 179

KOI PRANI IS JAG ANDAR HO JAE BE-SAHARA JE;  
JEEVAN NAIYA GOTE KHAE MILE NA KOI KINARA JE.  
RISHTEDAR SABHE DURKARAN MILE NA KOI DWARA JE;  
AGGE PICHE DUKH MUSEEBAT BAURA PHIRE VICHARA JE.  
DUKH SHAREERAK HOVAN LAKHAN PHIRE OH MARAMARA JE;  
MAYA VI JE KAND VIKHAVE MILE NA KOI SAHARA JE.  
SABH PADARATH RUSSE HOVAN DUKHI TE GAMGEEN RAHE;  
DHOI MILE NA KITE VI JEKAR HAR IK SHAI TON HEEN RAHE.  
AISA PRANI JE DAR AVE SATGUR GALE LAGANDA EY;  
KAHE AVTAR OH JAN PRABHU NOON DUKHAN TON BACH JANDA EY:

### **THOU FORMLESS ONE 179**

If a person in this world becomes helpless;  
If the boat of his life is sinking and no shore is found.  
If all the relatives shun him and no shelter is available;  
If he has pain and misery around him and the poor man wanders in wilderness.  
If the body is afflicted with countless sufferings and he wanders from pillar to post;  
If the material wealth shows its back and he finds no support at all.  
If material objects (Maya) are annoyed and he remains agrieved and pensive;  
If he finds no support anywhere, and he is bereft of everything.  
If such a person approaches the True Master, he embraces him;  
Avtar says, as he realises God, he is saved from sufferings.

# HAPPY NEW YEAR 2023

Just Think, Think, Think,  
of things you can do,  
To make yourself better,

Before the year's through  
Resolutions can be tough,  
Or simple as can be,

Making resolutions,  
Are great for you and me!  
So what will you promise,

To help yourself my dear?  
Through 20 ...



## ***The Divine Words of Satguru Mata Savinder Hardev Ji Maharaj***



- ❖ The saints' congregation generates positiveness in our minds.
- ❖ The faith delivers you half victory but when the faith appears from your words and actions then you become the true devotee.
- ❖ We have to become good human for ourselves only. We should live with peaceful coexistence and mutual harmony in any part of the world and be useful to others and thus remain united with God through God realization.
- ❖ Where faith, devotion and feeling of surrender is the adornment of a devotee, the important part of devotion is his consciousness also.
- ❖ A devotee knows what things he has to imbibe in his life and what others to shun.
- ❖ The wisdom is in learning new things on daily basis and also in un-learning some bad things.
- ❖ The saints know that we are to unite with God Almighty through the God realization.
- ❖ Wherever the saints go, they carry the fragrance of their devotion along with and they make the entire world fragrant through their fragrance. They spread the teachings of Satguru everywhere.
- ❖ Some people look for good places but there are others whose presence makes the places beautiful.
- ❖ We shall be able to spread the message of peace and love in the world only when we inculcate humility.
- ❖ The birds need the wings to fly high in the sky, but the humans reach greater heights when they are humble and live with humility.
- ❖ When we love someone, he lives in our heart and if we don't love him, he lives in our mind, but in both the cases he lives close to us only.
- ❖ Until and unless we accept the basis of God Almighty, we are not able to lead the life of a true devotee.





## **The Ringed Planet**

**S**aturn is the sixth planet from the Sun. It is named after the god of agriculture in Roman mythology. Saturn is easily visible through a small telescope, and its famous spectacular rings are quite clear. The astronomer Galileo was the first to see the rings through his telescope.

Saturn is a gas planet, like Jupiter, Neptune, and Uranus. Very little of it is solid. Most of Saturn consists of the elements hydrogen and helium. It is covered with bands of coloured clouds and surrounded by a number of thin rings made up of water ice and ice-covered particles. Photographs taken by the Voyager 1 and 2 spacecraft show that these rings range in size from a speck of dust to the size of a house. Voyager 2 took the photograph you see here.

Because Saturn is made of different substances, different parts of the planet rotate at different rates. The upper atmosphere swirls around the planet at rates of between 10 hours and 10 minutes (Earth time) and about 10 hours and 40 minutes. The inner core, which is probably made of hot rocks, rotates in about 10 hours and 39 minutes.

Saturn takes 29 years and 5 months in Earth time to go around the Sun just once. The Earth goes around the Sun once every 365 days.

Saturn's year is so much longer because the planet is so much farther away from the Sun than Earth is.

Astronomers have found that at least 30 moons orbit Saturn. The largest of these is Titan, which is almost as large as the planet Mercury or Mars. In our photograph, you can see two of the moons as tiny white spots to the lower left of (Dione) and below (Rhea) the planet. Other satellites include Mimas, Enceladus, and Tethys. ❖



Short heart touching stories shared by  
**Satya Nadella –CEO Microsoft -**

Each may change our attitude towards life and make us a better person

### **LOOKING BACK**

Interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said.... Success is when you look back at your life and the MEMORIES make you smile.

### **AFFECTION**

I kissed my dad on the forehead as he passed away in a small hospital bed. About 5 seconds after he passed, I realized it was the first time I had given him a kiss since I was a little boy.

### **TOGETHERNESS**

As my father, my three brothers, and two sisters stood around my mother's hospital bed, my mother uttered her last coherent words before she died. She simply said, I feel so loved right now. We should have gotten together like this more often.

### **KINDNESS**

A boy in a wheelchair saw me desperately struggling on crutches with my broken leg and offered to carry my backpack and books for me. He helped me all the way across campus to my class and as he was leaving he said, "I hope you feel better soon."

### **JOY**

When I witnessed a 27-year-old cancer patient laughing hysterically at her 2-year-old daughter's antics, I suddenly realized that I need to stop complaining about my life and start celebrating it again.

### **LOVE CONQUERS PAIN**

After I watched my dog get run over by a car, I sat on the side of the road holding him and crying. And just before he died, He licked the tears off my face.

### **SHARING**

I was traveling in Kenya and I met a refugee from Zimbabwe. He said he hadn't eaten anything in over 3 days and looked extremely skinny and unhealthy. Then my friend offered him the rest of the sandwich he was eating. The first thing the man said was, "WE CAN SHARE IT" On occasion of world family day... MAKE IT A PRINCIPLE OF YOUR LIFE....

*Compiled –C.L. Gulati*

# Don't Give Up

Who has not heard the story of King Bruce and the spider? The king was inspired by a spider who didn't give up in the wake of six failures. He decided to fight back thinking, if a spider didn't give up, he should also try again.

The spider here represents patience and persistence. The persistence of spider inspires us to 'Never Give Up'. Continuous effort always produces favorable results. Despite unfavorable circumstances and resistance we should struggle to achieve the aim.

Do you know a ray of light brings brightness and hope? But a bundle of rays that have been focused with the help of a lens can burn a paper. This is the power of focus. Concentrated effort is like a laser beam (light amplification by stimulated emission of radiation) that is capable of carrying out difficult operations in short time.

Thomas Edison was told by his teachers that he did not have the potential to learn anything. Edison has been one of the most successful inventors who ever lived. His creations changed the lives of billions of people.

Do you know a Chinese bamboo tree takes five years to grow. It has to be given fertilizer, sunshine and watered continuously. After five years when it sprouts, it grows 90 feet tall in 5 weeks.

The bamboo during five years develops its strong roots for future. Continue to work and do not give up in difficult situations. Finally the challenges will be overcome.

The fact tells you to have faith in your potential. Your progress may be slow in comparison to others. You may fail many times but have patience. Hard work and persistence are the key to reaching the goal. So let us not be put off nor give in if we don't see the expected result. We are in fact growing and becoming mature.

In everyday life we try to find quick solutions and victories without realizing





that success comes from internal growth and it will take time.

We may not see short term results sometimes and because of impatience quit when we are about to reach the goal. It is difficult to convince ourselves that 'Life is a marathon not a sprint'. (Phillip C. McGraw)

Let us not give up but go gradually creating habits and character that allow us to sustain success when it materializes.



Poem: Shailender Kumar

## *It's New Year*

Gone is the year old  
New year has come  
With hearts full  
Of new ambitions  
And a magical spell  
Of renewed hopes  
To fulfil our dreams.

With the dawn of  
New days's light  
Wake up O'man  
And introspect thyself  
Renew thy ideal  
Abandon the old ones.

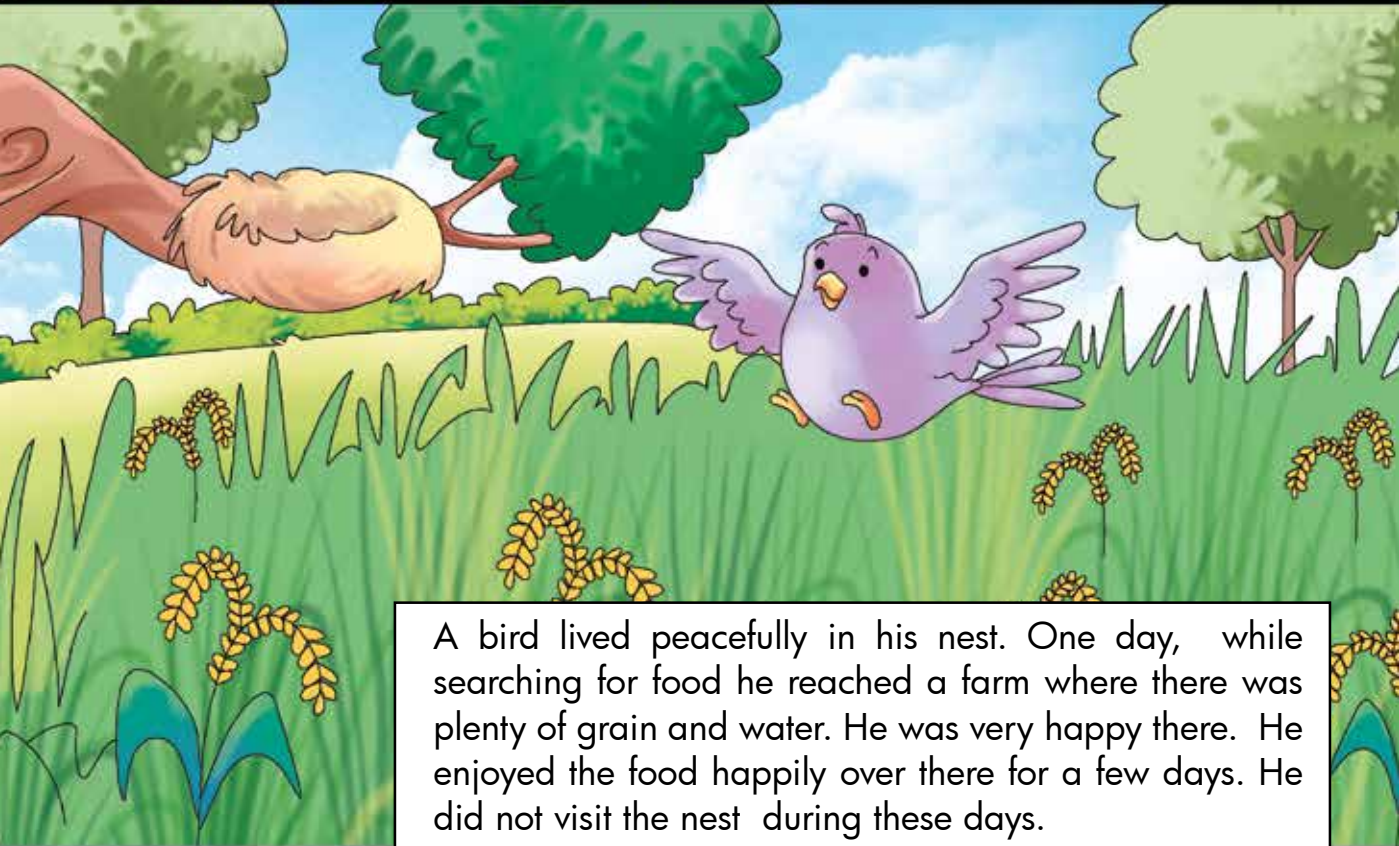
Set before you,  
A new target  
Be hopeful  
Forget despairs past.

You will have,  
A spring day  
All round the year  
Be happy and happy  
each and every day.

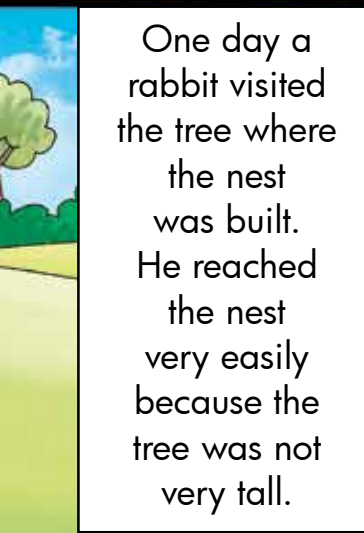


# GRANDPA

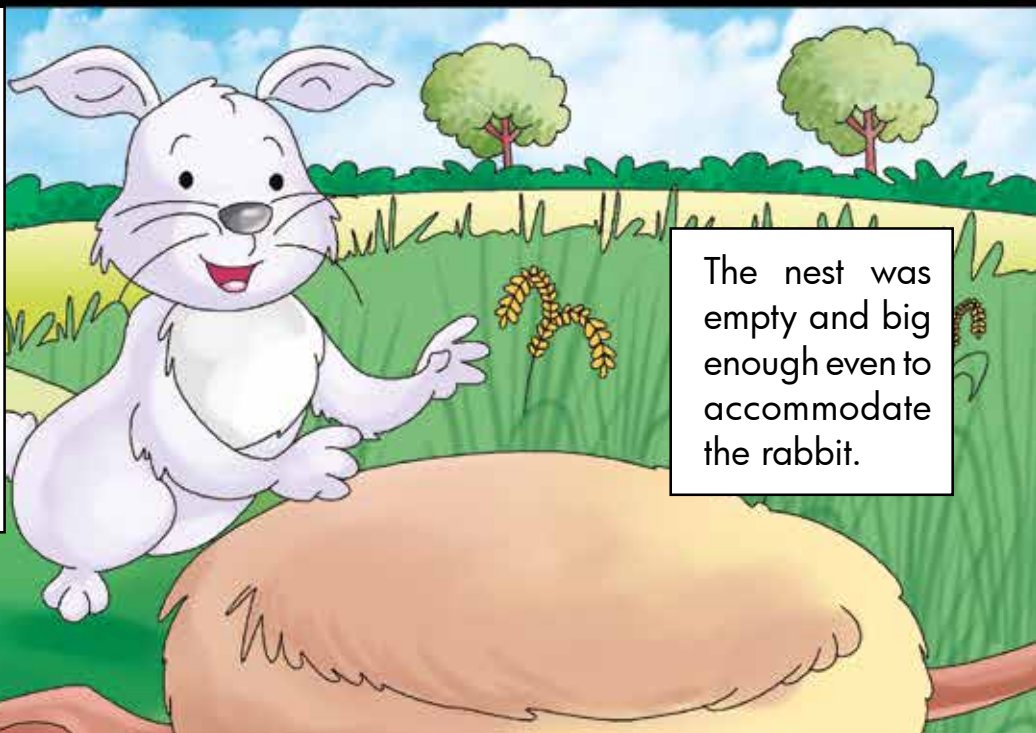
Story & Illustration — Ajay Kalara



A bird lived peacefully in his nest. One day, while searching for food he reached a farm where there was plenty of grain and water. He was very happy there. He enjoyed the food happily over there for a few days. He did not visit the nest during these days.

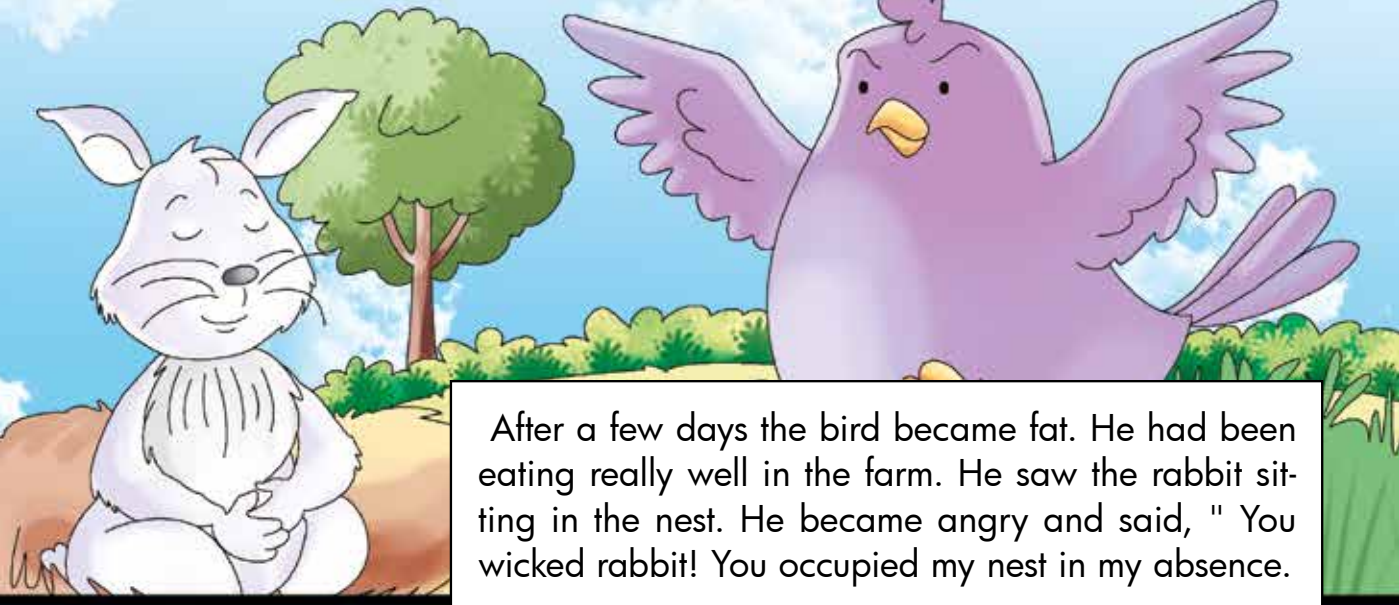


One day a rabbit visited the tree where the nest was built. He reached the nest very easily because the tree was not very tall.

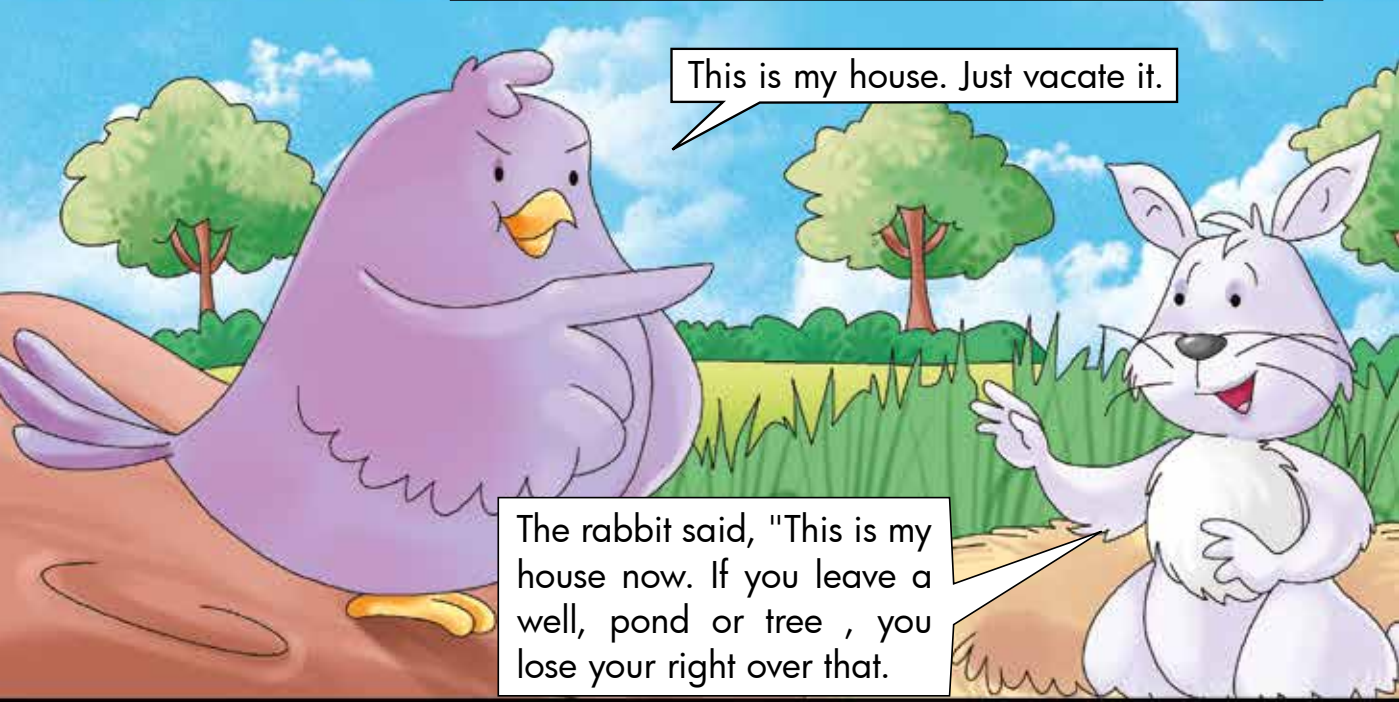


The nest was empty and big enough even to accommodate the rabbit.





After a few days the bird became fat. He had been eating really well in the farm. He saw the rabbit sitting in the nest. He became angry and said, " You wicked rabbit! You occupied my nest in my absence.



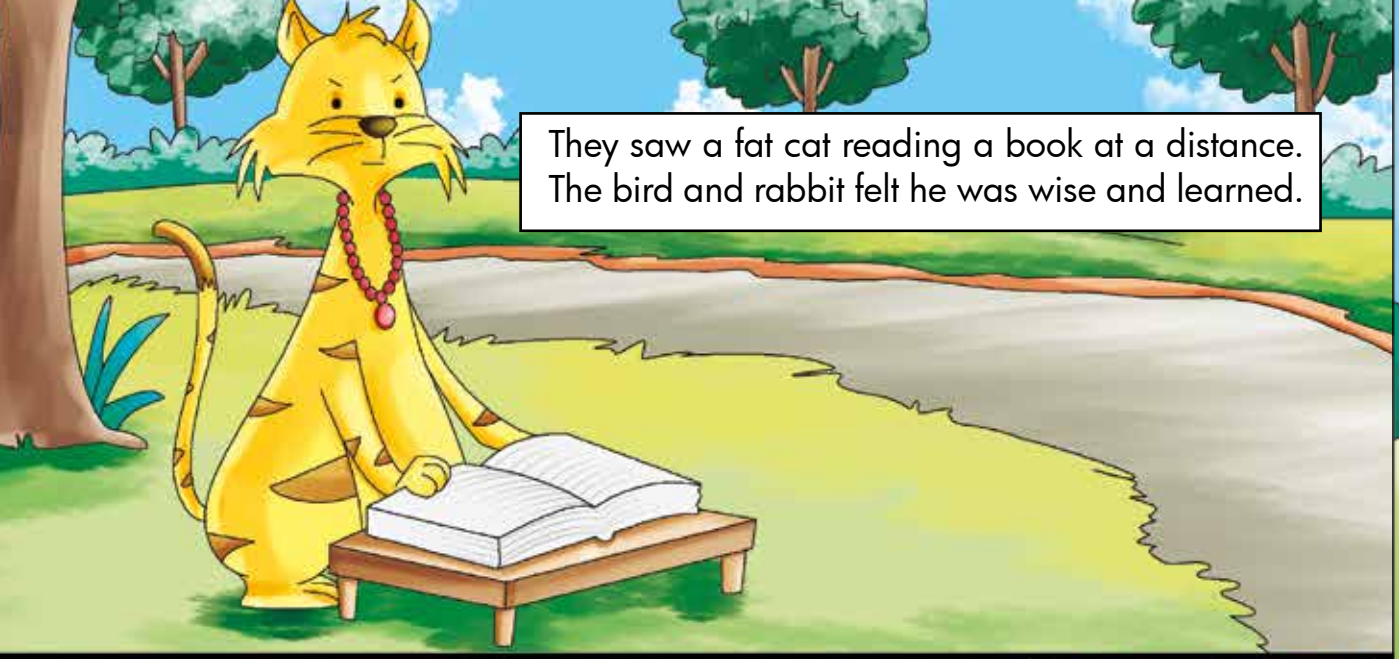
This is my house. Just vacate it.

The rabbit said, "This is my house now. If you leave a well, pond or tree , you lose your right over that.

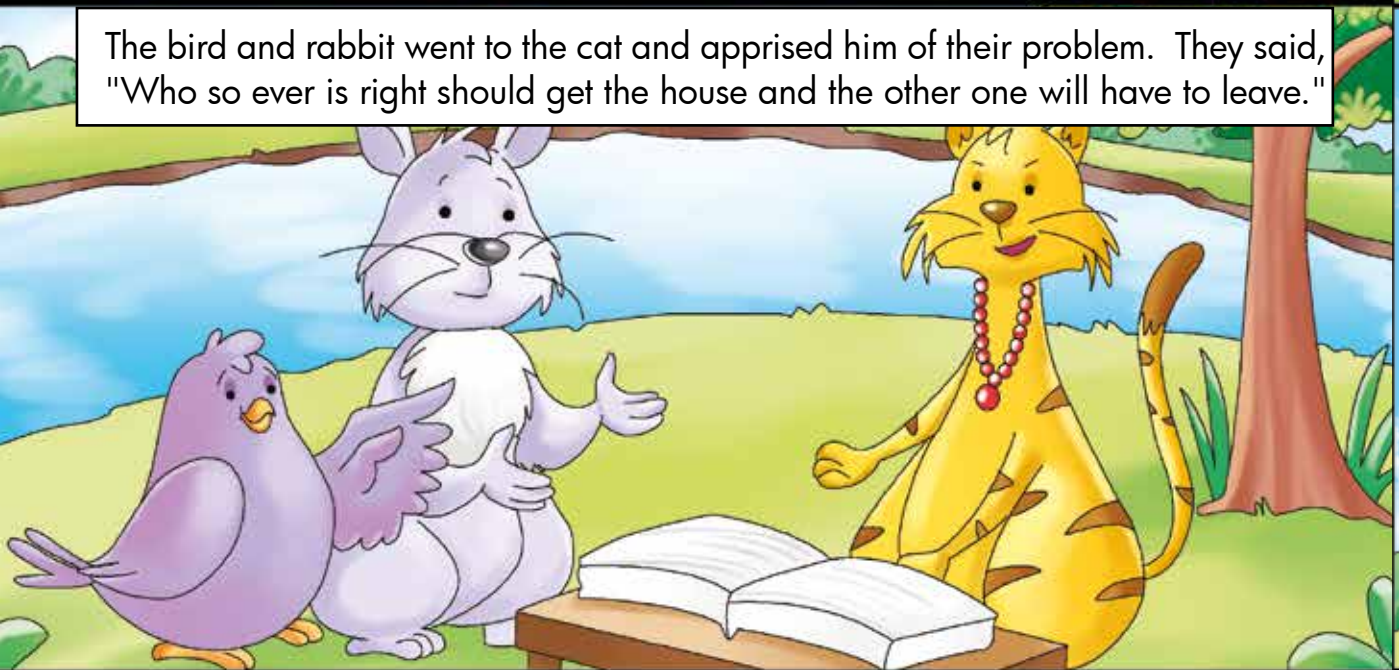


When the bird heard this he said, "There is no point arguing. Let's go to a wise and learned person. In whose so ever favour the decision is made shall own the house."

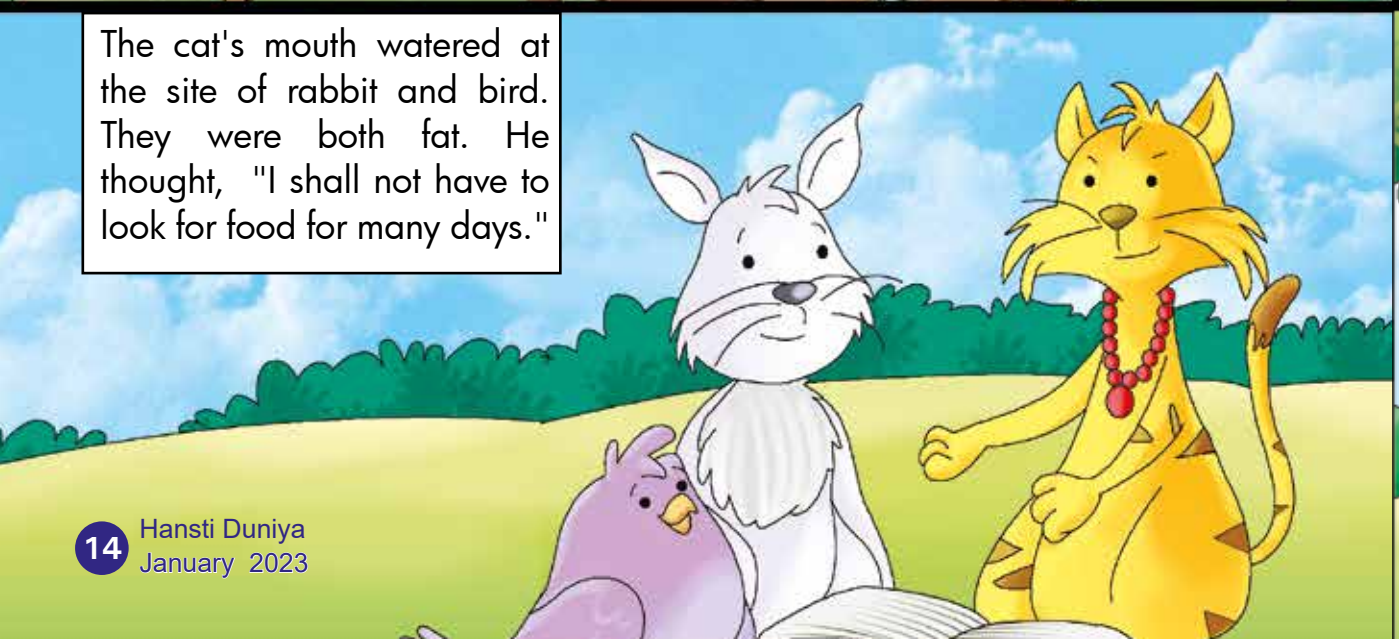




They saw a fat cat reading a book at a distance.  
The bird and rabbit felt he was wise and learned.



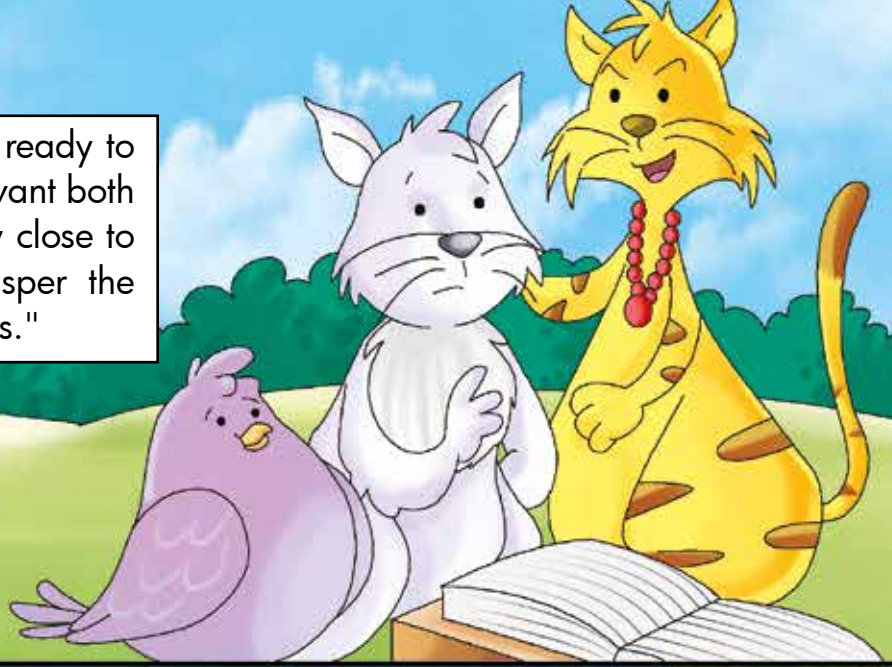
The bird and rabbit went to the cat and apprised him of their problem. They said,  
"Who so ever is right should get the house and the other one will have to leave."



The cat's mouth watered at the site of rabbit and bird.  
They were both fat. He thought, "I shall not have to look for food for many days."



The cat said, "I am ready to be the judge. But I want both of you to come very close to me. I need to whisper the decision in your ears."

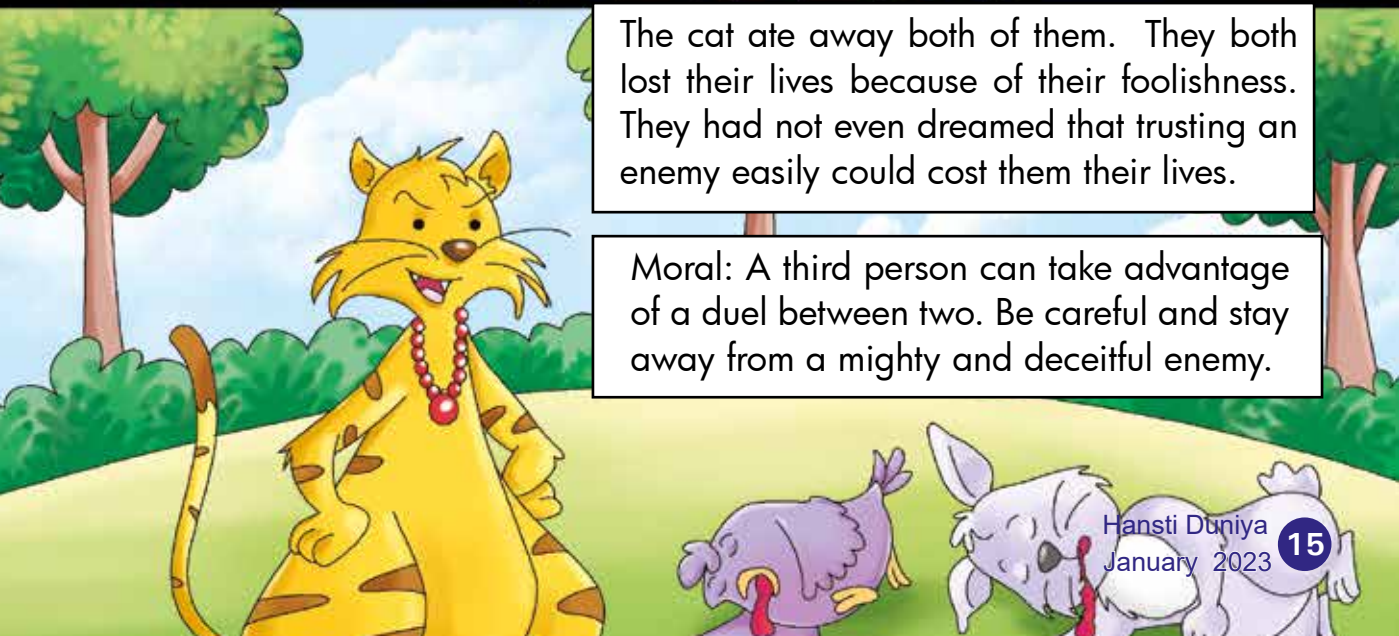


When they came close to the cat he held the rabbit in his paws and the bird in his mouth.



The cat ate away both of them. They both lost their lives because of their foolishness. They had not even dreamed that trusting an enemy easily could cost them their lives.

Moral: A third person can take advantage of a duel between two. Be careful and stay away from a mighty and deceitful enemy.



# ALIVE OR DEAD

**D**uring the time of Emperor Akbar, there were nine talented people in his court. They were called the nine gems. Birbal was one of them. He was an extremely intelligent and witty man. He often helped people who were in trouble. Because of these qualities, he was loved by all and sundry.

Once the manservant of Emperor Akbar came running to Birbal. He was perspiring and looked much worried. His name was Sitaram. "What is the matter, Sitaram?" Birbal asked. "Some days ago, the emperor had given me a parrot for safekeeping. It had been given to the

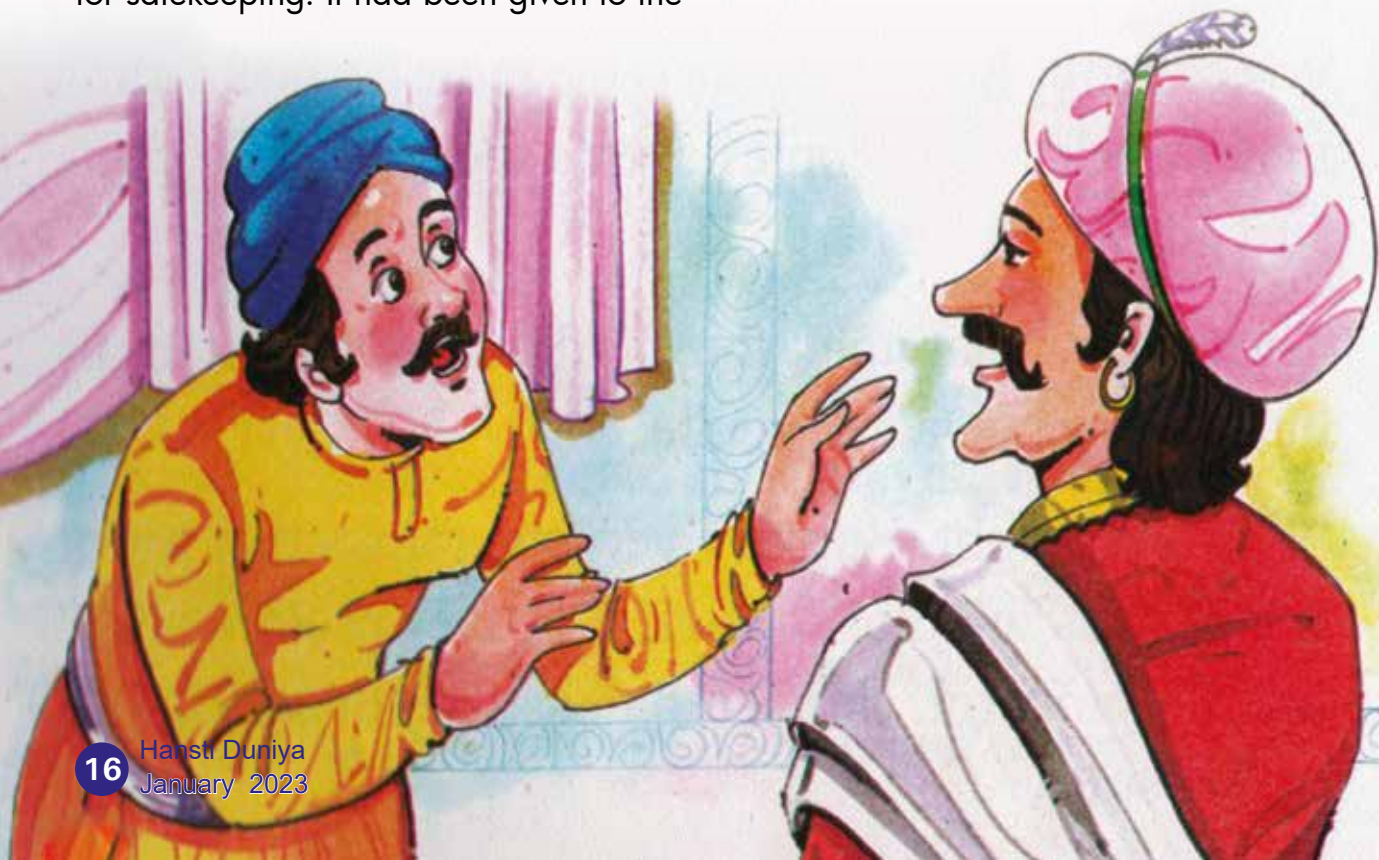
emperor by a holy fakir. The emperor had told me that I must look after the bird well, and nothing untoward should happen to the parrot. He had said that whoever brought the news of the parrot's death to him, would be hanged."

"So, what is wrong now?" asked Birbal.

"The parrot has died. In spite of all my care, it is now lying dead in its cage."

"Are you sure, it is not just taking a little nap?" asked Birbal.

"No sir, I am sure the parrot is dead. Please tell me some way to face the emperor," said the manservant.







"Don't worry and go back home. I will inform the emperor of the parrot's death and run the risk of getting hanged," assured Birbal.

Sitaram thanked him and went back. Later in the day, Birbal went to Akbar's court and said to him, "Your Majesty, I just visited the parrot given to you by the holy fakir. It is truly a holy parrot. I found it immersed in deep thought, lying on its side."

The emperor was really surprised to hear this. He said, "If what you say is true, it is really a thing to wonder at. I would go and see it with my courtiers." As soon as the emperor saw the parrot,

he knew that the parrot was dead. "Birbal, anyone can see that the parrot is dead, and don't tell me that you did not know it."

"Yes, Your Majesty, but I did not want to be hanged, therefore, I had to take recourse to this method. Everything that is born dies, and you must not punish Sitaram for the death of the parrot," said Birbal. The emperor understood Birbal's reason for lying. He smiled and said, "I forgive Sitaram, and I would give you some suitable reward for it."

Thus, Birbal was able to save a life by his intelligence.

*Compiled by—Praveen*



## I Want to Become a Pilot

Whenever any one asked Ankit about his career plans, he would not have a specific answer. He would oscillate between becoming a doctor and an engineer.

In fact he himself was not sure as to what he wanted to be. He was in in class 6 and just 11 years old.

One day when he returned from his school, he saw his parents in a joyful mood.

"What is the matter? Why are you so happy today?" He asked his mother.

"Yes we are going to US next month to attend your cousin Lokesh's wedding.

Ankit also got excited. Lokesh was his paternal uncle's son. His father was a resident of US and was a scientist over there. Ankit's father got busy with passport and visa.

"What is passport and visa", Ankit asked his father.

"This is permission for entry to a county. This way no miscreant can enter that country. Passport and visa are given only after proper verification of a person.

Finally the day came when Ankit was sitting in the aeroplane with his parents. He was very happy.

"Papa how does the big aeroplane fly in air?" Ankit asked his father.

"There is a law behind its functioning. When we push air or water down it pushes us up. When it rises up the big blades help it stay in air. The engine helps the aeroplane move forward. This is how it moves fast", said Ankit's father.

Meanwhile the air hostess came and asked the passengers to fasten the seat belts.







"Papa! What is the purpose of tying the seat belts?" Ankit asked his father while tying the seat belt."

"It supports us when the plane takes off or lands and we stay safe", said father.

"Do we have to keep it tied during the entire journey?" asked Ankit.

"Papa I can't see the driver of this aircraft ", Ankit looked around and asked.

"He is sitting in a cabin called cockpit and the driver of the aeroplane is called pilot. There are many instruments fixed in the cockpit. With the help of these, pilot controls the aeroplane", explained Ankit's father.

"Papa if something goes wrong while the aeroplane is flying, what does the pilot do?" asked Ankit.

"This is rare because a thorough check up of the plane is carried out before it takes off but still if something happens the pilot tries to land the aeroplane at a safe place", replied father.

"Ok Papa! What if I become a pilot when I grow up", Ankit said thoughtfully.

"Yes! Why not. But for this you will have to work hard ", said Ankit's father.

Mother and the air hostess were smiling.



# Bunty the Quick Witted Monkey

**B**unty the monkey was very intelligent and fond of studying and reading new books. He also had interest in children's story books. He had learnt many stories by heart and would read out stories and poems to little children of jungle.

He would always remain busy. The king Sheru of jungle had got library built in the Jungle at the insistence of Bunty. Many good books had been purchased from the city. All the young, old and children used to visit the library for reading books.

Sheru had entrusted Bunty with the responsibility of looking after the library. He used to maintain the library. Counting, covering, binding and keeping a record of the books were his responsibility.

"Brother Bunty! Purchase some new books. I am through all the old books", said Heighty the giraffe.

"Wow! You have read all the books. It's wonderful. I shall shortly order some new books. You will soon get to read some new books", said Bunty. "Okay! Just keep it in mind", said Heighty and left.

"Can I take this book home?" Chiku the rabbit asked Bunty.



Bunty also motivated his friends to read books. But his friends usually made noise instead of studying. They would laugh at Bunty and say in good humour, "He will become the chief minister of jungle by reading books." But Bunty never got affected by these comments.





"Why not! Sure. But careful, the book should not get damaged. And return the book after a week."

"Oh yes! I shall return it after a week", said Chiku.

Suddenly they heard sounds of rush Rush!. Bunty was taken by a surprise. A heap of hay had caught fire near the library. The library was also in danger. Bunty did not lose his senses even after the fire had spread to the library. He got out of the library and started arranging for water. He called his friends too. The Other monkeys and animals joined him. We all together need to save the library. This is our jungle's heritage, said Bunty.

"But how? The fire is spreading fast", said all the animals.

"We can control the fire with the help of water. We need to make a human chain and pour water on fire", Bunty explained.

All the animals made a human chain and started passing buckets of water. Hakku the elephant and his friends started pouring water on fire with their trunks. Bunty was taking out books from the library without caring for his life. He succeeded In taking out a large number of books safely. The fire was under control within no time. The library had been saved. Bunty thanked all the



animals. The king Sheru also reached the spot. He had probably got the news of fire getting spread.

Sheru asked Bunty, "How did this happen?"

"My lord! This happened probably by a short circuiting. Fire is under control now. We have been saved from a disaster", said Bunty.

"Oh! Today your wisdom has saved us from an accident. At any such time wise decision alone helps. You have been very resourceful. I shall get the library rebuilt. This time we shall use better quality wires", said Sheru. "Thank you sir! I think we shall have to purchase

many new books. Some books are very old and some got burnt", said Bunty.

"True! We shall abide by your advice. Soon we shall purchase some books from the city. You please make arrangement for placing the leftover books in the library. I shall arrange for reconstructing the library", said Sheru and left.

All the animals surrounded Bunty and Hakku carried him on to his back with the help of his trunk. Bunty thanked one and all for their support.

*Moral : Stay calm and act wisely during a crisis.*



# World Braille Day

World Braille day is celebrated every year on January 4 to honour the birth of braille's inventor Louis Braille. Braille has brightened the lives of millions of people around the world who are blind or visually impaired. They are benefitted from his work everyday. Every year on January 4, world brail day is celebrated to make people aware of how brail contributes to the fulfillment of Human Rights of people who are visually impaired.

Louis Braille (1809-1852) was born in Coupvray, a town in North Central France on January 4, 1809. Braille's father was a leather worker and poked holes in the leather goods he produced, with the awl. At the age of 3 while playing, Louis accidentally blinded himself in one eye with the awl taken from his father's workshop. He and his friends at the school for the blind found that reading and writing raised printed letters was cumbersome. When he was 11 years old he found inspiration to modify Charles Barbier's 'night writing' code. Barbier's codes were used by military to avoid any sound or light lest they should be tracked by the enemy. He created brail by modifying the system of night writing. He had it completed by the time he was 18. This system is now recognised as the most important single development in making it possible for the blind to get a good education. It took more than a century before people accepted brail as an excellent way for the blind to read and write.



World Braille day was established by the UN General Assembly in December 2018. Ability to understand brail means that people with impaired sight have the same access to written word as sighted people and are able to enjoy reading for life.

Brail is a unique tactile( sense of touch) reading and writing system of raised dots that blind and partially sighted people can read with the help of fingers. The basic braille symbol called the braille cell consists of 6 raised dots arranged in the formation of a rectangle. There are two parallel rows each having three dots. 63 combinations are possible using one or more of these six dots coding for alphabets, numbers, punctuation marks mathematical and scientific symbols. Brail is not a language but a code by which languages may be written or read.

On this day organizations around the world host events to spread awareness for brail and other communication methods that are available.



# Think



# Globally

Think globally and act locally;  
Thought and action reciprocally.

My floor might be someone's roof:  
Both inter-depend, neither aloof.  
The multi-storey life is set focally.  
Think globally...

The environment says: "Love, Love, Love".  
The ozone-tent says: "Love, Love, Love".  
Why not talk love more vocally.  
Think globally...

Different is the grammer of songs and prose;  
Break all barriers and come close.  
The folk-songs are sung very colloquially.  
Think globally...

Common is the pleasure and common is the pain;  
Common is the loss and common is the gain.  
Why do you think anything parochially ?  
Think globally.



# Carrot



**'Gajar'** ka Halwa (a sweet dish prepared by grating, cooking in milk and adding sugar), salad, in the form of pickel or cooked as vegetable, who can resist eating delicious and crispy raw carrots in a winter afternoon.

Carrots are most important root vegetable in the world that are easy to grow and widely used in various dishes. Although popular colours are red, orange and purple but white variety is also very well known. They are an excellent source of vitamin C and K and minerals magnesium and potassium, dietary fibre and are also a store house of antioxidants. Carrot is a winter season crop that needs loose

loamy soil with a pH ranging from 6 to 7 (almost neutral soil).

Seeds are sown at approximately a depth of 0.5 cm. The seeds are firmed in the soil gently and watered immediately. Seeds normally germinate within 8 to 10 days of sowing. Carrots can be harvested within 60 days of sowing.

## BENEFITS:

They are very rich in antioxidants and hence have many health benefits.

1. **Good for eyes:** Beta carotene present in carrot is converted into vitamin A in our body which keeps our eyes healthy. So they help promote healthy vision.

2. **Lower the risk of cancer:** Antioxidants present in carrots fight with free radicals causing cancer. A good intake of this beautiful vegetable can help in lowering the risk of cancer.
3. **Support heart health:** Coloured vegetables like carrots reduce the chance of coronary diseases.
4. **Help maintain blood pressure:** Carrots help in removing plaque from arteries and maintaining blood circulation thus regulate blood pressure.
5. **Boost immune system:** Vitamin C present in carrots boosts the immune system by building antibodies.
6. **Help with weight loss:** Because of high fiber content they are naturally low in calories so assist in weight loss if eaten in moderation.
7. **They can help control diabetes:** Vegetables with less starch content can help blood sugar level under control.
8. **Strengthen bones:** Calcium and Vitamin K present in carrots are helpful for healthy bones.
9. **Improve skin health:** Carrots are a healthy snack if you are suffering from scars and acne.
10. **Help in constipation:** Being rich in fibre They regulate bowl movement so can keep constipation at bay .

#### Risks

1. Eating too much beta carotene (present in carrots) can make the skin turn orange yellow. This condition is called carotenemia. Normally it does not require any treatment.
2. Some people are allergic to carrots and may get an itch by eating them.

## Great Sacrifice

**D**eputed for the safety of Udai Singh, Prince of Mewar, Panna Dhai was confronted by Banvir, the cruel messenger of the death of Prince. Banvir enquired, "Where is Udai Singh?" Panna Dhai pointed towards the "Palna" where her own son was resting. Soon after the exit of Banvir, Panna Dhai performed the cremation ceremony of her own son, who had been instantly killed by Banvir. To save the life of Prince Udai Singh s/o Rana Sanga, Panna Dhai sacrificed the life of her own son. What a great sacrifice and the most sincere performance of duty by Panna Dhai. On his accession to the throne as King of Mewar, Udai Singh touched the feet of Panna Dhai in reverence. Thanks to the history of brave women. Greatness lies in satiation and self-satisfaction —Dr. Om Parkash Setia

# What is Ideal

Shakdal was a potter. He had blind faith in destiny. In each matter, he would talk about the role of the fate and tend to disregard action.

To confirm his above notion, once he went to Lord Mahavira and asked “My Lord, it is ultimately the fate, isn't it?”

Lord Mahavira kept quiet. Shakdal put his question again, “What is ideal, the fate or action?”

Lord Mahavira said “If anyone breaks your earthen pots without any reason, or takes away your money, or for that matter, misbehaves with your family members, what will you do?”

“I will not spare him. I will beat him”, said Shakdal in anger.

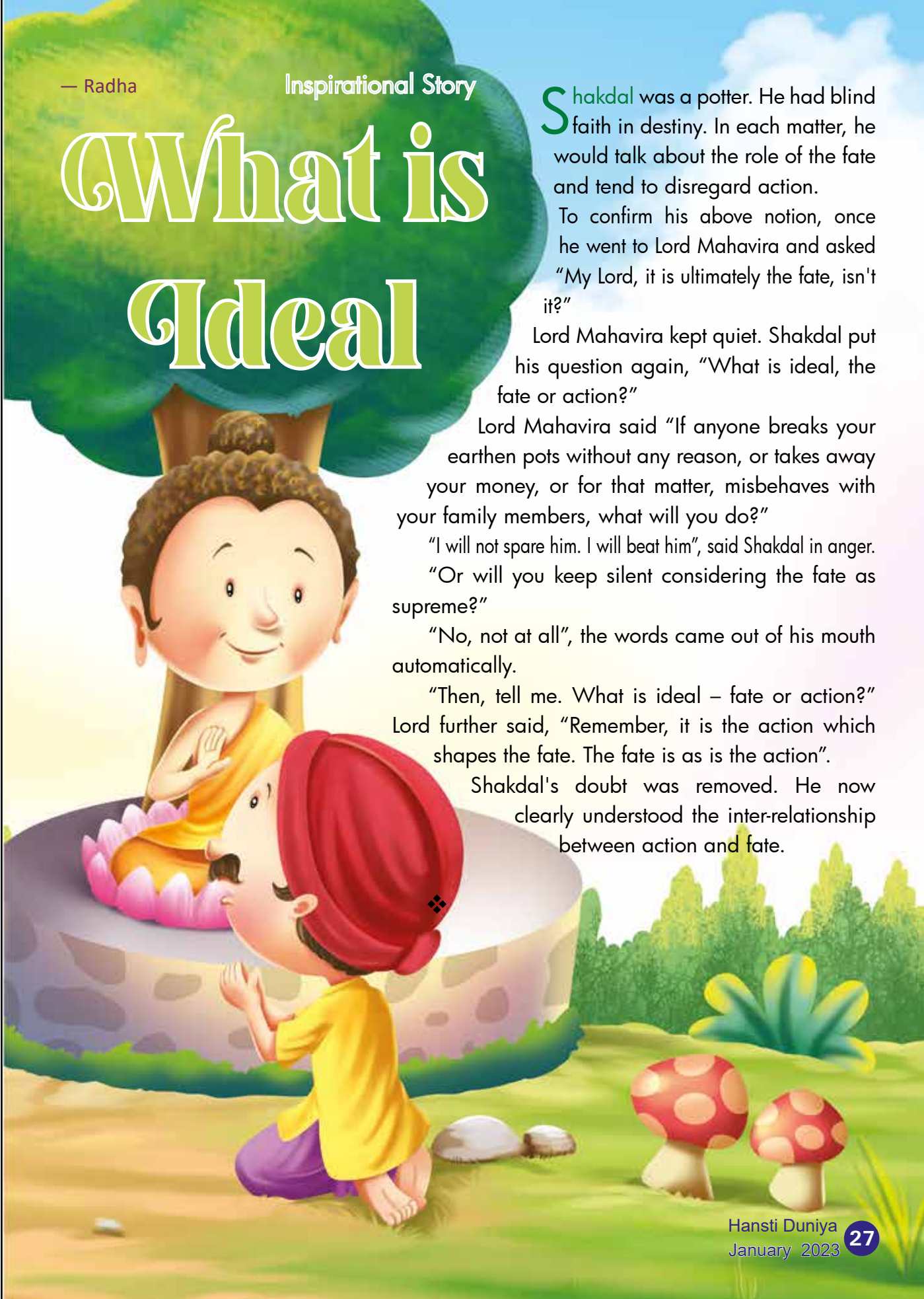
“Or will you keep silent considering the fate as supreme?”

“No, not at all”, the words came out of his mouth automatically.

“Then, tell me. What is ideal – fate or action?”

Lord further said, “Remember, it is the action which shapes the fate. The fate is as is the action”.

Shakdal's doubt was removed. He now clearly understood the inter-relationship between action and fate.







— Ashwani Kumar Jatan

# Unity

Oh Man! please live with unity,  
It's a real service of Humanity,

Please care for feelings of others,  
Establish oneness, no one is another

Satguru releave us from,  
Worries and tensions,  
Saints do help and forget,  
They do not mention,

Body, mind and wealth,  
Are in Satguru's hand,  
Let him better take control,  
Just wait, watch and stand,

— Asha Kapoor

## Republic Day

(26 January)

A country is Republic if it has an elected government and an elected leader or it is a form of government in which a state is ruled by representatives of the citizen body

India celebrates Republic Day on January 26 every year with a lot of pride and enthusiasm.

This day is important to every Indian citizen.

On 26th January 1950 almost 3 years after independence, India became a democratic republic.

Doctor Rajendra Prasad began his first term of office as president of the Indian Union.

While we got independence from British rule on August 1947 our country still did not have a concrete constitution.

Dr. B. R. Ambedkar became the chairman of a committee responsible for drafting the constitution on August 28, 1941. It took almost 166 days to complete the task. The committee kept the public in loop. Sessions of the committee were kept open to public. The committee ensured to include rights for all. A balance was maintained so that all citizens of the country could enjoy equal rights pertaining to their religion, culture, caste, creed and many other things. The complete document on Indian constitution was presented to the country on January

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26, 1950. India on this day became a republic state. Constitution of India is the world's largest written constitution.

On 26th January in 1929 Indian National Congress had proclaimed complete independence (Purna Swaraj). That was a reason why 26th January was chosen as the date for Republic Day.

This day is declared as a national holiday. All the offices, teaching institutions and markets remain closed. It is a moment of pride for the whole Nation. The day reminds us about all the fundamental rights and privileges country has offered us.

Republic Day is celebrated with a lot of enthusiasm and patriotism across the country. All over the country people hoist the national flag and pay tribute to martyrs. This day is celebrated in the form of a parade on the Rajpath in the capital of India, New Delhi. The President of India raises the national flag at Rajpath followed by national anthem and a mega celebration.

The Republic Day parade at New Delhi begins from the Rashtrapati Bhavan, passes through India Gate and reaches the Red Fort. The parade showcases India's defence capability, culture and social heritage. The chief guest of the function is the president of



India. VIPs from various nations are invited as chief visitors. 9 to 12 regiments of Indian Army march with their bands. President of India takes the salute. The air force presents spectacular performances. Tableaus from various states display their cultures. Padma awards are given by the president to the civilians of India every year on this occasion. The highest military awards are also given. Children who showed exemplary courage also get awards. The beating Retreat ceremony is conducted on the evening of 29 January. (It officially denotes the end of Republic Day festivities)

Schools, colleges and universities also celebrate this day with full enthusiasm showcasing parade, patriotic songs, dances and plays related to Journey of India from British rule to free and magnificent India. The day gives us the message of solidarity and freedom and teaches us to live in unity and peace.



# A Lesson for Tinku

Tinku the pigeon and Bunty the duck were neighbours. Their houses were very close to each other. Tinku had built his nest in the window of an old ruin. Bunty the duck lived in its nest on the ground. They used to meet under the 'Peepal' tree and exchanged pleasantries and leave soon after. This continued for a few months.

Lately the duck found some thing not so normal in the pigeon's behaviour. The

tree for some shade. Tinku the pigeon was already resting over there. He suddenly turned away his face. When Bunty asked for its reason, Tinku very proudly said, "I have nothing to do with you guys. You are inferior. What kind of a bird are you ! You can't even fly. You are an insult to the birds like us. Your feathers and feet are very ugly. You swim like frogs and fish."

Tinkulaughed very arrogantly at the



pigeon would speak very highly of himself. Bunty the duck would just listen silently. One day Bunty the duck came under the

duck. Other birds like crow, parrot and miana joined him in making fun of the duck. They started teasing the duck by making





faces. Bunty the duck got upset and went back home.

Many days passed. Bunty the duck was swimming in the nearby pond with some of his friends. Suddenly they heard a loud sound of something falling down. They were surprised at the intensity of the sound.

It was an injured pigeon. "It is bleeding. Maybe a hunter shot at him", said a young duck.

"It is Tinku the pigeon. He is in very bad condition. Let's take him to Monu the heron's clinic", said Bunty the duck.

Bunty duck carried him on his back

and took him to Monu's clinic. His other companions joined him. Tinku the pigeon remained in the clinic for good eight days. The duck served him day and night. Eyes of Tinku the pigeon watered while leaving the clinic. He was repentful of his behaviour towards Bunty the duck. He asked for forgiveness with folded hands. He said, "If you had not helped me I would have died. Please forgive me. Everyone is important, I have understood."

Bunty the duck patted Tinku's back and said, "Take care of your health."

Tinku bowed his head in gratitude ❖

Smile



*S — Sets you free  
M — Makes you special  
I — Increases your face Value  
L — Lifts up your spirits  
E — Erases all Tensions*

# Listen to Your Parents

Udaipur is a land of lakes. A large number of fish lived on the western shore of a big lake. Neelu a small fish was very beautiful but imprudent. She would always have her way irrespective of what her mother advised. Her mother always remained tense because of this.

She could never make out the reason for her mother's tension. Therefore she always behaved carelessly.

One day Neelu got up early morning and went out. She saw the red round Sun rising up. She had seen it for the first time. She enjoyed the scene and kept looking at it. She ran to her mother and brought her out the house. She said, "look at the beautiful Sun rising in the East."

—Yes you get up late everyday there for you don't see it. Today you got to see it because you got up early.

—Mother I want to go to the east shore where the Sun is rising. - Neelu said innocently.

-No child! Mother warned. - That shore is far off. Never ever think of going over there.

—Why?

—You will be lost.

—You accompany me.-Neelu insisted.

—No I have to finish household chores.

Anyway it is beyond us to reach there. Don't insist.- mother tried to counsel Neelu.

Neelu remained quiet and understood-mother will not fulfill this wish of mine so I need to go alone to the eastern shore. -She did not disclose her mind to anyone.

—Ok! Neelu concealed her plan.

Mother got busy with household chores. She called Neelu for lunch after nearly 3 hours. But Neelu didn't respond. Mother was disturbed. She looked for Neelu all around but to no avail. She enquired about her from her friends. No one knew about her.

Now mother understood. She must have gone to the eastern shore. She was insisting since morning for going there. Mother immediately left to search for her.

She was nowhere in the eastern shore. She went to the north side but nothing



concrete came out. Tired mother started back towards the Western shore. A neighbor asked her about her anxiety. She told her about Neelu. Now only the southern shore is left. She told the neighbor.

Suddenly the telephone rang. Mother said, "Hello."



—Are you Neelu's mother? There was a sound from the other side.

—Yes ! Where is Neelu?

—She is in a state of trauma and is crying.

—Who is speaking?

— I am Kalu the frog and am speaking from the colony of frogs. — Kalu further said-Neelu was saying that she stealthily left home to watch the rising Sun but lost her way and reached here. We have consoled her and assured her that we will safely deport her to her home. So she is a little calm. She was reluctant to tell her name and phone number.

— Can I speak to Neelu ?

—Why not !

—Both mother and daughter talked for a while and were a little relaxed. Mother

asked Neelu to hand over the phone to Kalu uncle.

Kalu said -don't worry. I shall bring Neelu back home shortly.

—Thank you brother! I am waiting for you both.

—After approximately 2 hours when they both reached home, Neelu hugged her mother and cried. She said," I shall always listen to you in future and not insist for anything."

Mother said, "You have seen the result of not listening to your mother. Thankfully Kalu uncle is a nice person otherwise you know the kind of people we have around. Your life was in danger. "

—Yes mother !

Neelu admitted her mistake and swore never to be adamant in future.

**Moral : Your parents are your best guides.**





This story by **Nikhil Khangawal S/o Dr. Ajit Singh,**  
A-749/9, Kaushik Enclave Burari Delhi -110084 has been adjudged  
the best. Congrats to him.



## MOTHER IS A TEACHER

**A** baby elephant Una lived in a forest with his parents Chuna and Luna. Una was a very beautiful and well behaved child. He was very friendly and sweet tempered. With all the good things he had a bad habit. He always slept late at night and got up late in the morning. His mother tried to explain to him many times the advantages of getting up early morning and going out for a morning walk but to no avail. He would remain dull the whole day.

One day he got up early morning. He went with his mother for a morning walk. Oh! What was it? A cool breeze was blowing. Sweet fragrance of flowers mesmerized his mind The beautiful grass under the feet was so soothing and refreshing. He was enjoying all the things mother nature has provided. Mother was so happy to see him in a joyful mood. He was time and again thanking his mother for having brought him over there.

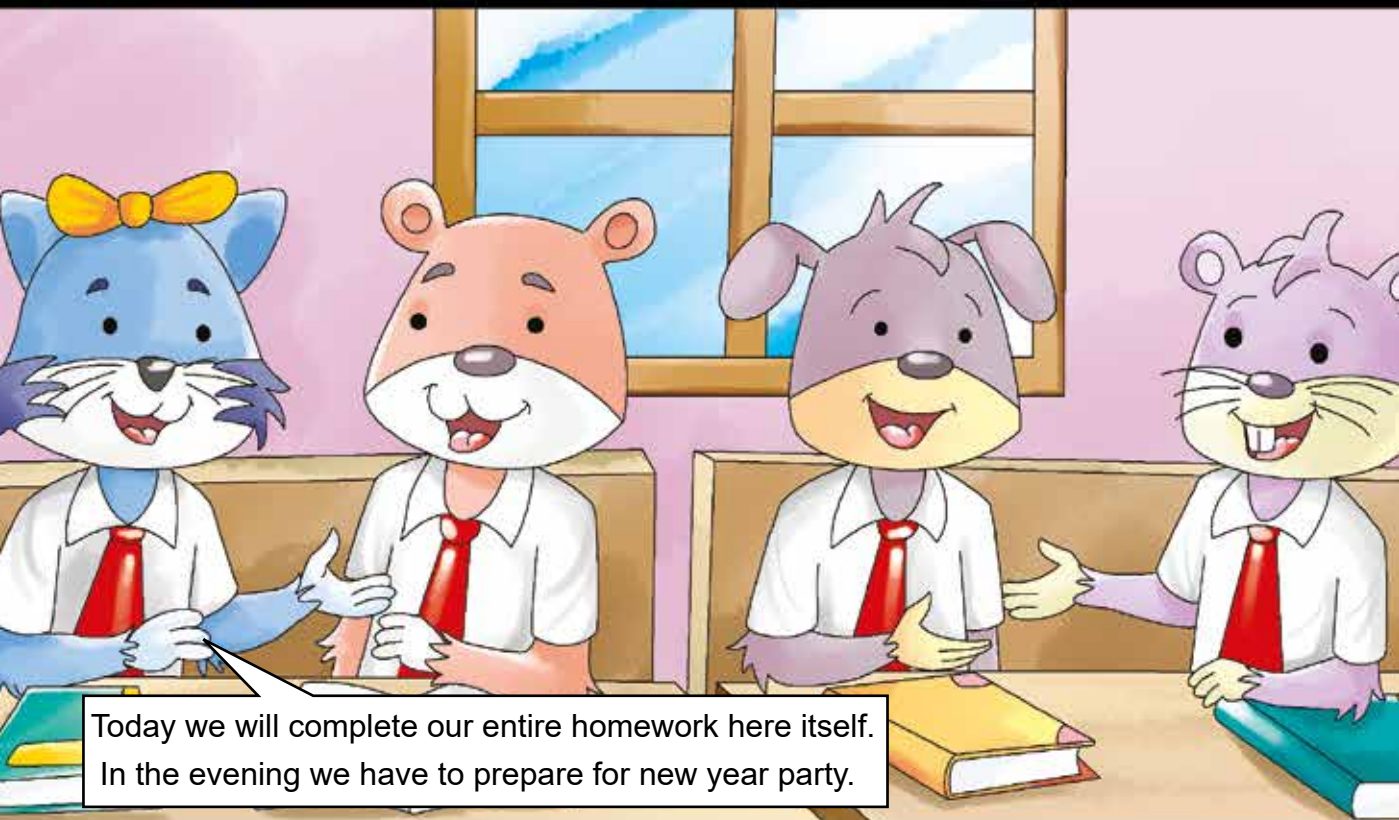
Suddenly he heard his mother calling him. He opened his eyes and was amazed to see himself sleeping. He didn't want to come out of the sweet dream. He narrated the entire dream to his mother and said he would sleep again and dream again. Mother laughed and said, "You don't need to sleep for that. Your dream will come true if you accompany me for a morning walk every morning." He promised his mother that he would go every morning with her for a walk because he had enjoyed the beauty of nature. Mother's love can really inspire. ❖



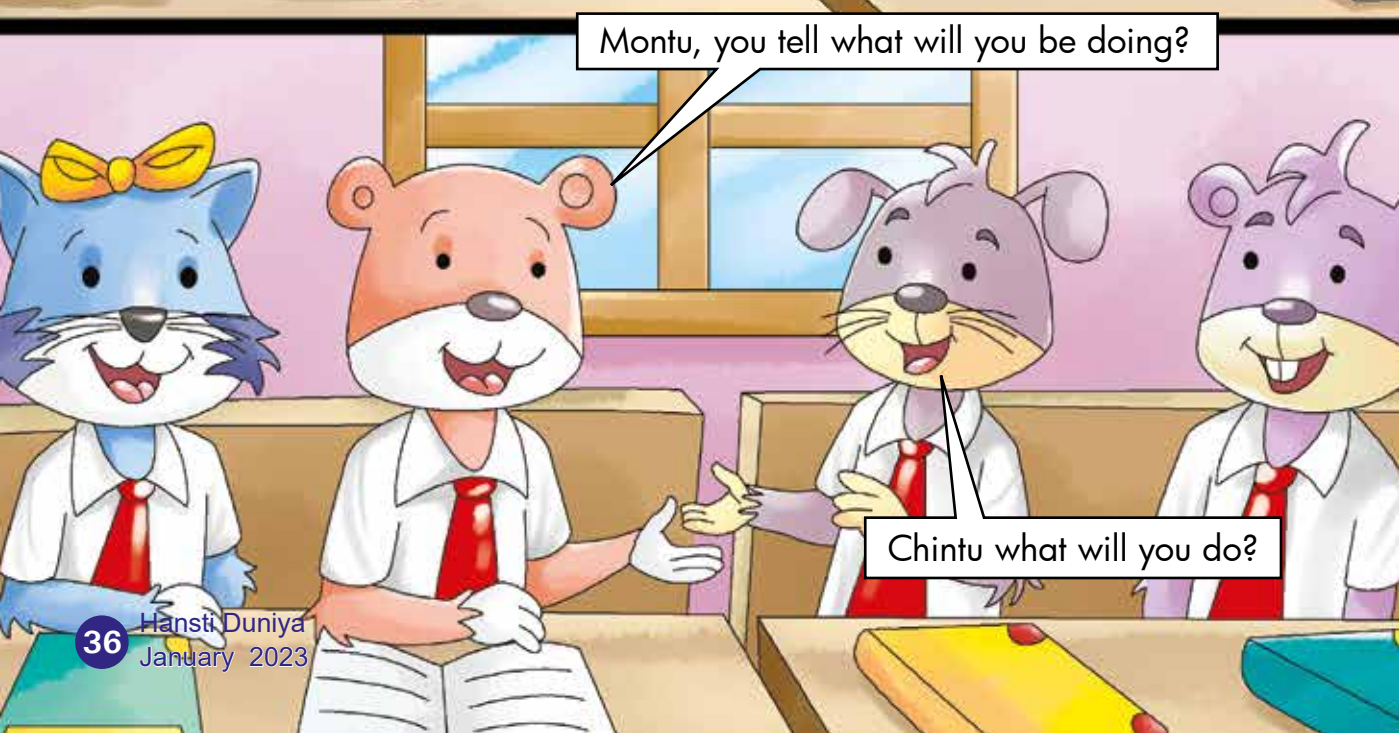
# Kitty

Story & Illustration

— Ajay Kalara



Today we will complete our entire homework here itself.  
In the evening we have to prepare for new year party.



Montu, you tell what will you be doing?

Chintu what will you do?





You will do the preparations.

Leave up to me, I will do everything myself.



See, I have brought the lights, have a look.



Look how our park will brighten up.





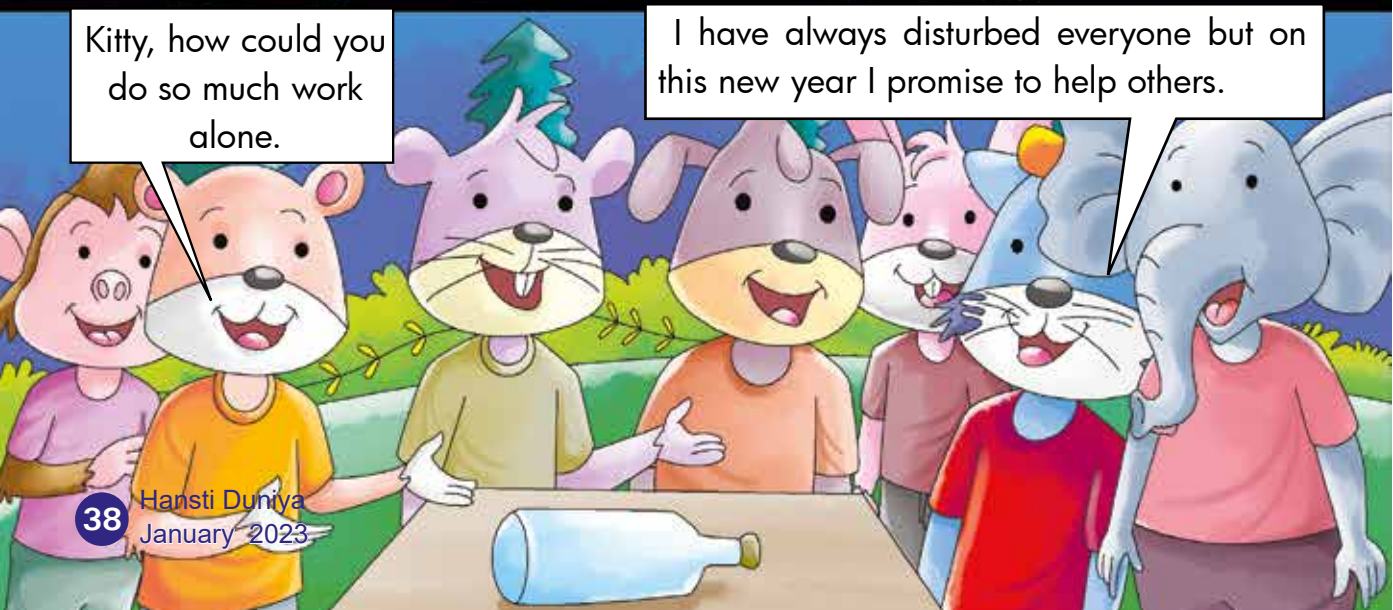
Dhadam!

Oh God! I fell down.



Now it doesn't matter as all the preparation is complete.

Come let's play truth and dare together.



Kitty, how could you do so much work alone.

I have always disturbed everyone but on this new year I promise to help others.





Ok now it's 12 o'clock, let's cut the cake.



Kitty has changed completely and friends the decoration is also wow.

Yes Yes! You are right.



Let's gift her something.

Wow. Montu , Chinitu you all are so good. This year will always remain in my memory forever.



## **THE EMPEROR'S CLOTHES**

Once, there was a king who was fond of different kinds of dresses. He used to waste all his time everyday in selecting and wearing various dresses. He had nothing to do with settling the problems of people. But every time he wore a new dress, he would like his courtiers to praise his dress. The courtiers too would flatter him that he looked very handsome in every new dress.

All the cupboards, trunks, suitcases etc. were full of the dresses of the king. He had the dresses of cotton, silk, etc. Besides, he had a huge collection of the shoes, hats, armbands etc.

This strange fondness of the king for dresses attracted many tailors and designers who visited the king to show their expertise. The king would give them handsome rewards such as gold coins, diamonds and jewellery.

One day, two rogues came to the king's court. They said to the king, "We are weavers and come from a distant place. We can make such a magical dress that it will only be visible to wise people. Fools cannot see it."

"A magical, dress!" the king was surprised.

"Yes! The dress would be quite thin and beautiful." The king was much

pleased. He said, "You may begin your work in the palace. He thought, "Now, I will be able to judge my men—who is wise and who is foolish." The king gave them a bag full of gold coins and also directed his servants to observe the strangers while they worked.

The two thieves were seasoned rogues. They knew how to befool the people. They put the loom in a corner of their room and began to act busy with the work of weaving.

The rogues began to extract money from the king making various excuses; sometime for the thread and sometime for other material. The king would give them the money without any question.

The rogues went to the king everyday and said to him, "Sir! The work for your dress is going on in full swing. When it will be finished, you will be surprised to see it." Hearing this, the king would become pleased and give them more gold coins.

Days passed by. The king's eagerness to see the dress kept on increasing. One day, he thought, "Let me see how much they have worked and how it looks". He was ready to go there but then he thought again, "In case the dress is not visible to me they will think that I am a fool. So, I



should not go. Then who should go to see the dress?"

Then a thought struck him, "The Prime Minister! Yes, the Prime Minister will go there. I will also come to know if the Prime Minister is a fool or wise.

The king called the Prime Minister and asked him to go and see how much work was done on the dress. When the Prime Minister reached the weavers, they began to act as if they were weaving the cloth. The Prime Minister didn't see any cloth there. He was surprised. Then a rogue said, "Welcome Prime Minister! How do you like the cloth?"

Then the other rogue spoke, "How wonderful it, looks!" The Prime Minister thought, "I am not able to see anything.

Am I a fool?" Then he said, yes! You are really weaving a good dress. Keep on weaving. I am going."

Then he went to the king and said, "They are weaving a very good cloth for you. I have never seen such a cloth before."

The prime minister told a lie to the king because he did not want to lose his job by being known as a fool. Then, after some time the king sent his wife and relatives to see the cloth. When they reached there both the rogues started moving their hands quickly in the action of weaving.

The wife and relatives too were not able to see any cloth there. They saw only an empty loom but they did not say

anything for fear of being called fools. Therefore, they also praised the cloth and the weavers, saying, "Oh! what a beautiful cloth is being prepared!"

They went to the king and falsely praised the cloth being made by the rogues. Now, the king was unable to wait anymore. He decided to see the cloth himself. He went to see the cloth along with his courtiers. The king looked at the loom very attentively but was unable to see any cloth on it. The rogues said, "Welcome, Your Highness! Isn't the cloth fine and splendid?"

The king saw nothing except the empty loom. He thought, "I must praise the cloth otherwise they would think that I am a fool! The prime minister and my relatives have already seen it, so I should not worry about it."

So, the king said, "I cannot believe my eyes! The cloth is really so fine that it

speaks volumes about your art'

The courtiers too did not see the dress but they spoke likewise for the fear of being called fools. The rogues said, "The cloth is almost ready and very soon it will be stitched into a nice dress for you to wear. The king said, "I want to wear it tomorrow in the parade so get it ready anyhow by tomorrow." The rogues said, "We will do it.

Next day, both the rogues went to the king and told him that the dress was ready. One of the rogues acted as if holding the dress in his hand and said, "How do you like the dress?" The king had to say, "Oh, it is really wonderful!"

Then both acted as though they were putting the dress on the king and told him that he looked attractive in that dress!

The king saw his bare body in the mirror. But he thought that being a fool







he was not able to see the dress on his body. He paid good money to the rogues. Then he went out in the parade with his courtiers. Nobody was able to see any dress on the king's body but wouldn't dare to say anything. They all took themselves to be fools.

The people of the city gathered along both sides of the street to see the king in his new dress. The king was walking bare-bodied in a very grand manner. He thought that the people were very impressed with his new dress. Because the people were praising the king in the dress which was not visible to them. They knew very well that only a wise person could see the king's dress so they kept quiet.

Meanwhile, among the people watching the king there was a child. When the child saw no dress on the body of the king, he laughed and cried, "O! the king has no dress on his body." Hearing the child, all the people began to laugh and said, "The king is roaming around without clothes."

The king realised the truth that he really was bare-bodied. He came back to the palace immediately and ordered the soldiers to search for the rogues and arrest them. But they had already slipped away with the money. Then the king realised his foolishness of being excessively fond of clothes.





# Laughing Time

Mother : "How was your exam, were all questions difficult?"

Mayur : "No mom, all the questions were simple. Only answers gave me all the trouble!"

Customer called Tech support :  
"My computer is not connecting to the Internet."

Tech support : "Ok, which operating system are you using?"

Customer : "Internet explorer"

Tech support : "No, just right click on 'my computer' and click on the properties menu."

Customer : "What are you saying, this is not your computer, it is my computer."

Teacher to student : "Make a sentence using the word "I"

Student : "I is.."

Teacher : "No that is not correct, you should say I am."

Student : "Ok. I am the ninth letter in the Alphabet."

Teacher asked the students to tell the most common word used by students in a classroom.

Suddenly a student got up and said "Can't Sir"!

"Brilliant! You are right", the teacher said.

Arpit asked his roommate Romit as to what they would do that night.

Romit said "We will flip a coin."

Then Arpit said "If it comes head, we will go for movies. If it comes tail, we will play cards, if it stands on edge, we will study."

Teacher asked the students to tell the importance of the year 1809.

Johnny stood up and said "In 1809, Abraham Lincoln was born"

Then teacher again asked the students to tell the importance of another year 1819.

Then Sohan suddenly stood up and said "Abraham Lincoln was ten years old in 1819."



The two partners in a law firm were having lunch when suddenly one of them jumped up from the table and said, "I have to go back to the office. I forgot to lock the safe!"

"What are you worried about?" the other said. "We're both here."

Buyer to seller : Is it pure honey ?  
How do I know if it is pure honey or not?

Seller : Give the dog some honey ..

If the dog doesn't lick it, it is pure honey.

Buyer : what if the dog licks it ?

Seller : Then it is not a real dog.

Why most of the engineering students can't clear all subjects in 1st attempt..?

Smooth roads never make good drivers,  
clear sky never makes good pilots &  
clearing all subjects in the 1st attempt,  
never makes good engineers.

Teacher to student:

Can you define who is lecturer?

Student : A lecturer is a person who has a very bad habit of speaking when Someone is sleeping.

A beggar : Give alms (Charity) in the name of God.

A Young man : You can have my M.B.A. degree.

Beggar : Not wanted, you bloke (stupid).

You can have my C.A. degree.

Hotel Management gave advertisement for a good cook to recruit. One cook sent one application as follows :

"Dear Sir, I am a good cooker. If you appoint me, I am sure I will be able to cook you. When I was working earlier in a hotel I cooked them all."

Teacher : Pappu, your composition on "My Dog" is exactly the same as your brother's. Did you copy his essay ?

Pappu : No, teacher, it's the same dog... we both wrote on!!!

Ramkhelawan : Wherever I touch my body with my finger, I feel pain.

Doctor: After full x-ray, I have found defect in one part, finger.





# Do YOU Know?

Q. Where do stars form?

A. Stars form in clouds of gas and dust, as the Sun did. Far away in space, there are huge clouds of gas and dust called nebulae. Some nebulae are luminous and shine with light, and it is there that stars are forming. This process is going on right now.

Q. How far away is the nearest star?

A. The nearest star to the Earth is the Sun. It is 152 million kilometres away, or nearly 12,000 times the diameter of the Earth.

Q. How far away is the most distant star?

Our Sun is one of about 100,000 million stars that make up the galaxy. The most distant stars on the other side of the galaxy to the Sun are about 80,000 light years away. However, there are millions of other galaxies much farther away, each containing millions of stars.

Q. Which is the brightest star?

A. The brightest star in the sky is the Sun. It outshines all the other stars because it is so near to us. The brightest star in the night sky is Sirius. It actually produces 25 times as much light as the Sun. Other stars are even brighter, and may be as much as a million times more luminous than the Sun. They look fainter than Sirius because they are much farther away.

Q. How many stars are there in the sky?

A. On a very clear night, far from a town, you could count about 2,000 stars in the sky. From all points on the Earth, about 6,000 stars can be seen in all. With a telescope, many fainter stars reveal themselves. There are millions upon millions of stars in the universe.

# RESULT FOR THE MONTH OF November 2022 ISSUE

## CONSOLATION ENTERIES



### Aarohi Makarand Wibhute Age-10

Flat No. 3, Shrenil, Hill View  
S.No 95/66, Right Bhusari  
Colony, Kothnid, Pune (MAH.)



Neha (Mumbai)

Kavita (Delhi)

Pinku (Banglore)

Pooja (Noida)

Vaishali (Mumbai)

Aarti (Noida)

Rekha (Delhi)

Pratiksha (Noida)

Manoj (Dehradoon)

Reema (Baksar)

Neelam (Noida)

Reetika (Kanpur)

Chandni (Delhi)

Sonam (Chandigarh)

Jaspreet Kaur (Delhi)

Rahul (Delhi)

Shivani (Kanpur)

Chirag (Delhi)

### Mivaan Chalotra Age-10

792-A , Surya Enclave  
Jalandhar  
Punjab



### Chirag Yadav Age-06

136/C, Room No. 18, 1<sup>st</sup> Floor  
Anusuya Naakar House,  
Wori, Mumbai

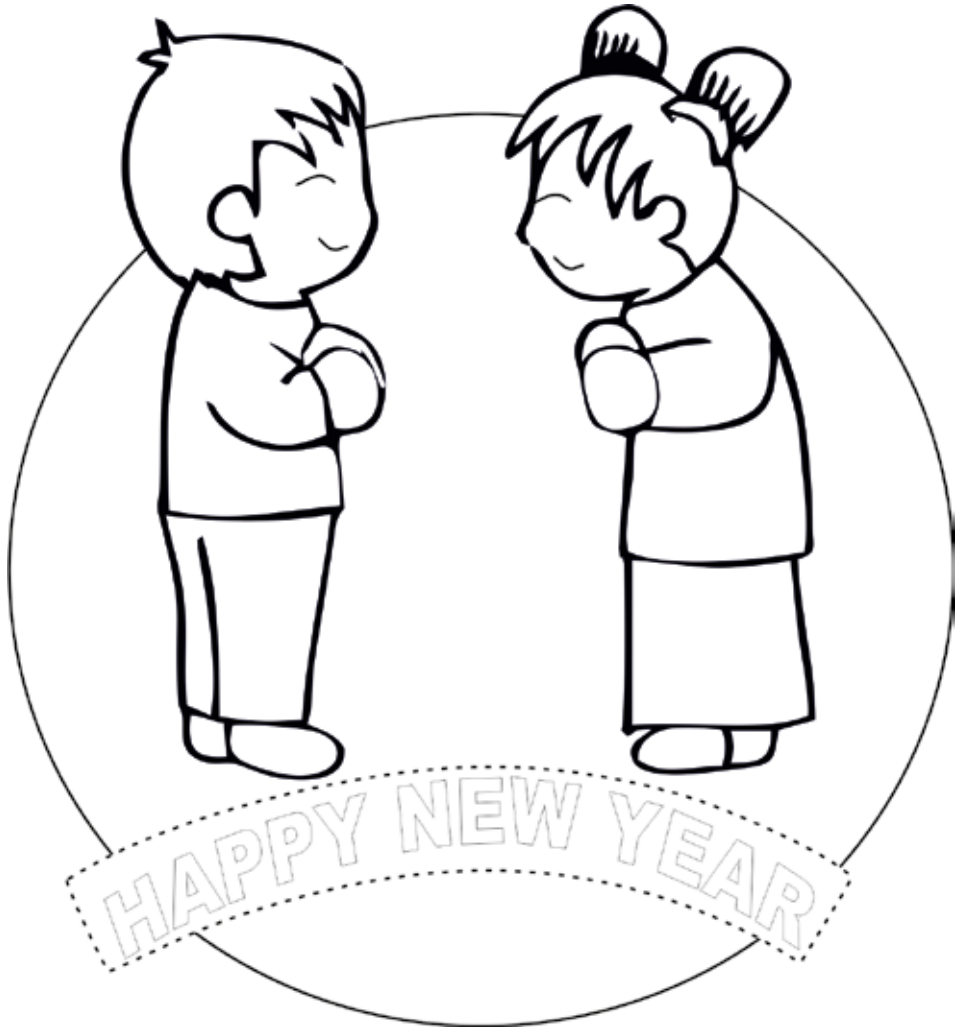


## Colour it for January Issue

On page 48, a beautiful picture is given; colour it and send it to us latest by **February 20, 2023**. Office address: HANSTI DUNIYA, Nirankari Complex, Near Nirankari Sarover, Nirankari Colony. Delhi - 110009

The result will appear in March 2023 issue. Full name and address should be mentioned clearly at the prescribed place. Children up to the age of 15 years only are eligible to participate.

# Colour it



Name : .....Age .....

Address : .....

.....Pin Code .....



## Swami Vivekananda

Swami Vivekananda was born on 12th January, 1863 in Kolkata. His parents called him Narendra. His father, Vishwanath Datta, was a successful lawyer and his mother, Bhuvaneshwari Devi, was a religious lady.

During his school days, he excelled in music, gymnastics and studies. By the time, he graduated from Calcutta University, he had acquired a vast knowledge of Western philosophy and history. Instead of worldly affairs, he was more drawn towards spiritualism.

One day, he went to meet Sri Ramakrishna and straightaway asked him, "Have you seen God?" Sri Ramakrishna replied, "Yes, I have. I see Him as clearly as I see you." Thus, the true Master blessed his disciple Vivekananda with God realisation. Swami Vivekananda attended World's Parliament of Religions held in Chicago in 1893. His address began with the words 'My dear sisters and brothers of America'. This thrilled the audience as this greeting contained the spirit of Universal Brotherhood. His inspiring speech made him famous as an 'Orator by divine right' and 'Messenger of



Indian wisdom to the Western world'. After the Parliament, he spent more than three years spreading Vedanta in America and England.

After coming back to India, he founded Ramakrishna Mission in 1897. This organisation worked for the spread of education and uplift of the poor masses. It also ran various hospitals, schools and colleges and conducted relief work for the victims of calamities.

In 1899, he went to the West on a second visit to inspire and guide people on spirituality. He conducted hundreds of public and private lectures to spread awareness about the Hindu philosophy. His call to the world was 'Awake, arise, and stop not till the goal is reached.'

He passed away at the age of thirty-nine years on July 4, 1902 in India. His birthday is celebrated as 'National Youth Day' in India.



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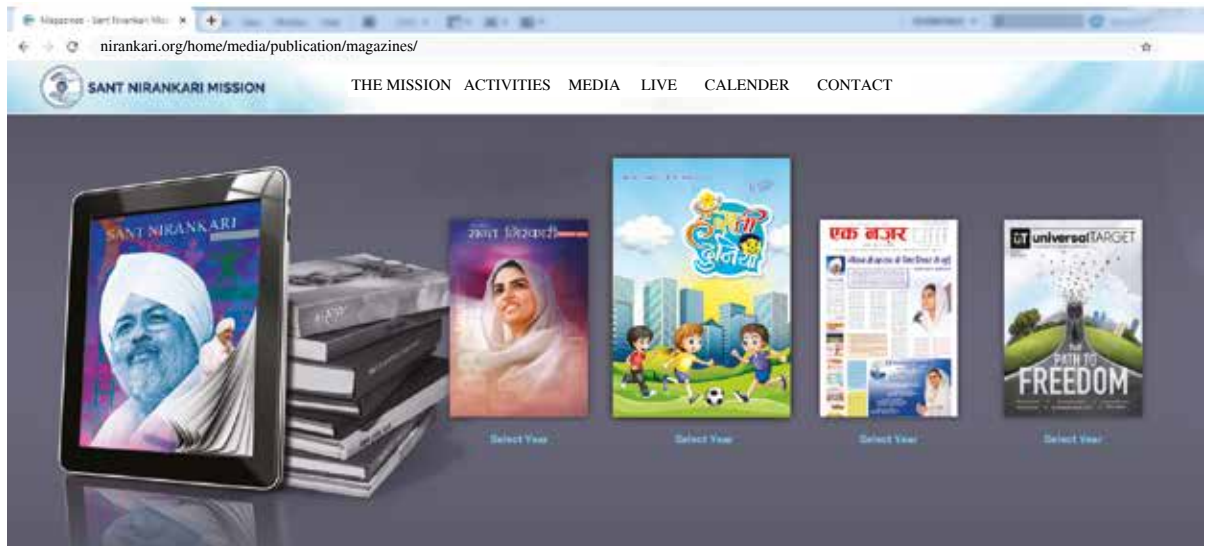


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Registered with the : Delhi Postal Regd. No.DL (N)/186/2021-2023  
Registrar of Newspaper : Licence No. U (DN)-21/2021-23  
For India Under Number 47383/1988 : Licenced to post without Pre-payment

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