

HANSTI DUNIYA

(English)

Your Perception
Shapes
Your Reality

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HANSTI DUNIYA

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Grab your pencil, join the cheer,
HANSTI Duniya brings Laughter & freedom near!

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In This Edition

Editorial	Vimlesh Ahuja	04
Story Safari	Vidushi Mansani Ji	06
Sports Arena	Manmohan Gelani Ji	07
Moments & Memories	Vibhati Sachdeva Ji	09
Tech Town	Vishwas Sharma Ji	11
World Emoji Day	Savita Saini Ji	13
Poetree Corner	Siddharth Khattar Ji	16
Heartwarming Stories	Agamya Bhakuni Ji	17
Poetree Corner	Anshu Priya Singh Ji	19
Poetree Corner	Abhedika Dhanrajani Ji	21
Poetree Corner	Punita Arora Ji	25
Picture Story	Bhaves Khurana Ji	26
Mythology Corner	Vansh Sharma Ji	30
Career Window	Varun Ji	33
The Most Beautiful Child	Tanishq Ji	35
International Youth Skills Day	Manmohan Manchanda Ji	38
Poetree Corner	Sakshi Batra Ji	42

Skill Station

Unscramble The Words	14	Colour it Up!	20
Words of Wisdom	15	Do it Your Self	22

Editorial *Our Perception Shapes Our Reality*

Every person perceives things differently and that is how the world looks like to him. Different people have different perceptions about the same thing. What is my perception? My perception is the result of my thoughts, circumstances, abilities, environment, accumulated knowledge, and ultimately, my beliefs. No matter what the external world is like, it is different for everyone, according to his understanding, perspective, or perception. The circumstances of society, country, family, religion, and faith are not created by us, yet they certainly influence us. Despite all this, the world we experience is a reflection of our own perspective and perception. When our perspective changes, the same view looks different. One looks at the so called negative situation as a positive one. Some see flowers in the thorns while others may focus on thorns rather than the flower. Some see their family as outsiders while others see the entire world as their family. Some find opportunities in difficult circumstances, while others blame those same difficult circumstances on fate and shirk their work and hard work. This is how everyone's world becomes as he looks upon it.

The world of the poor, the helpless, the suffering, the unhealthy, the uneducated, and so on will all be different. The world of the poor will be food, clothing, and shelter; the helpless will need someone's support; the suffering will consider relief from his suffering to be enough; the unhealthy will find regaining health as sufficient, and the uneducated will find some fragmented knowledge abundant. Circumstances often refine, nurture, and even affect a person negatively. Thereafter their perspectives on the world will be completely different.

Once, a man came to a place where Mahatma Buddha was delivering his discourse. The man was filled with anger and started abusing Mahatma Buddha. Ananda, standing nearby, said, "This is an insult to the Buddha." But Mahatma Buddha replied, "The man was expressing his feelings." He added, "Whatever he offered me, I didn't take it." Once, it was raining heavily. Children found an opportunity to play. The farmer was blessed with God's special grace, but for the potter it was a disaster, and the poet found nature's music; the situation was same, but everyone's reality was different.

Therefore, we must first examine ourselves to see if we have become slaves to circumstances and our minds. If we become slaves to circumstances, then the universe will be like that too. If I am dishonest, lazy or arrogant, then the entire universe will look the same to me. If you talk to an ordinary person, he says, "I am in the world." A more discerning, wise person says, "I am experiencing the world." A fully enlightened saint says, "I am conscious of the world. I am in the world but not affected by it. This is the beginning of—'Your perception creates your reality'." When we understand this, no questions remain unanswered and we are unaffected by outside changes, world around, society or family. If we have been blessed with an understanding of things let us empower others also. Thanks to the one who created vision and of course perception without it there would not have been reality.

- Vimlesh Ahuja

Riya's Bright Beginning



Riya stood at the school gate, clutching her notebook tightly. Seventh grade felt like a giant leap, new classrooms, new teachers, and classmates who already seemed to know each other.

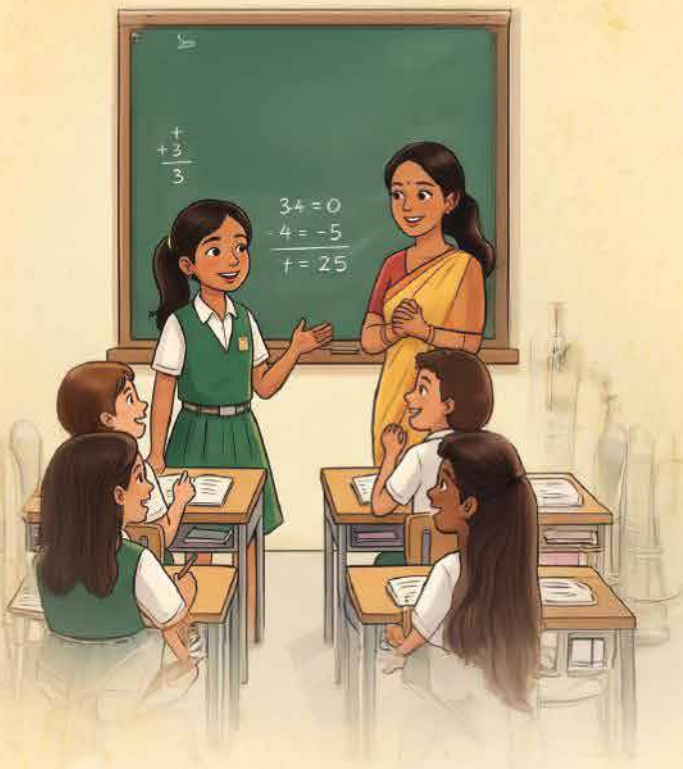
On the first day, she answered a math question and got it wrong, and a few students giggled. Instead of hiding, she smiled and said, "Well, at least I tried! Next time, I'll get it right."

Her teacher praised her courage, and the giggles faded.

At lunch, she sat alone but decided to wave at a group nearby and offered, "Want to share my homemade parathas?" That simple gesture broke the ice, and soon she was laughing with new friends. During basketball practice later that week, her team lost badly, but she clapped her hands and cheered, "We played hard! Next time we'll be stronger." Her teammates joined in, and even the coach nodded with approval.

By Friday, Riya had faced small challenges, forgetting homework once, spilling water on her desk but each time she chose positivity. Her classmates began to notice, and one boy told her, "You make seventh grade feel less scary." Walking home, Riya realized positivity wasn't just about smiling it was about believing that every problem carried a chance to grow. Seventh grade wasn't perfect, but it was full





of opportunities. With her motto “Think positive, live positive” guiding her, she knew she could handle whatever came next, and maybe even inspire others to do the same.



Think It Over

1. How did Riya's positive attitude change the way her classmates saw her?
2. What small actions did she take to make new friends?
3. Why is it important to stay positive even when things go wrong?
4. How can you use Riya's motto in your own school life?
5. What challenge in your life could become easier if you looked at it with positivity?

HIMA DAS – ‘ Dhing Express’

Have you ever heard of the ‘**Dhing Express**’?

That's the **nickname of Hima Das, India's very own sprint queen!**

Born on January 9, 2000, in a small village called Kandhulimari near Dhing in Assam, Hima grew up in a farming family. Her parents, Ronjit and Jonali Das, worked hard in the fields, while Hima dreamed of running fast on the track.

But here's a twist, Hima didn't start with running. She loved football and played with the boys at her school! Her dream was to be a footballer, but when her physical education teacher noticed her speed, he encouraged her to try sprinting.

By 2018, Hima had already made history. She set the Indian national record in the 400 meters with a blazing time of **50.79** seconds at the Asian Games in Jakarta. She also became the **first Indian athlete to win gold in a track event at the World U20 Championships** in Finland.

Her journey is full of inspiring moments. **Once, she scribbled “Adidas” on her shoes because she couldn't afford branded**





ones. Later, Adidas made custom shoes for her with her name on one side and the words 'create history' on the other. Talk about dreams coming true!

Hima's achievements :

- ❖ Received the **Arjuna Award** in 2018.
- ❖ In 2019, she became **India's first-ever youth ambassador for UNICEF**, inspiring children everywhere.
- ❖ In 2021, she was appointed as a **Deputy Superintendent of Police (DSP)** in Assam, while continuing her sporting career.

Hima Das shows us that success comes from determination, courage, and believing in yourself. From football fields to sprint tracks, from scribbled shoes to custom ones, she sprinted her way into history.

So , remember this whether you're running, studying, or chasing your dreams, keep your focus and never give up. Who knows you might just be the next 'Express' the world talks about

-Manmohan Gelani

EVERY CLOUD HAS A SILVER LINING

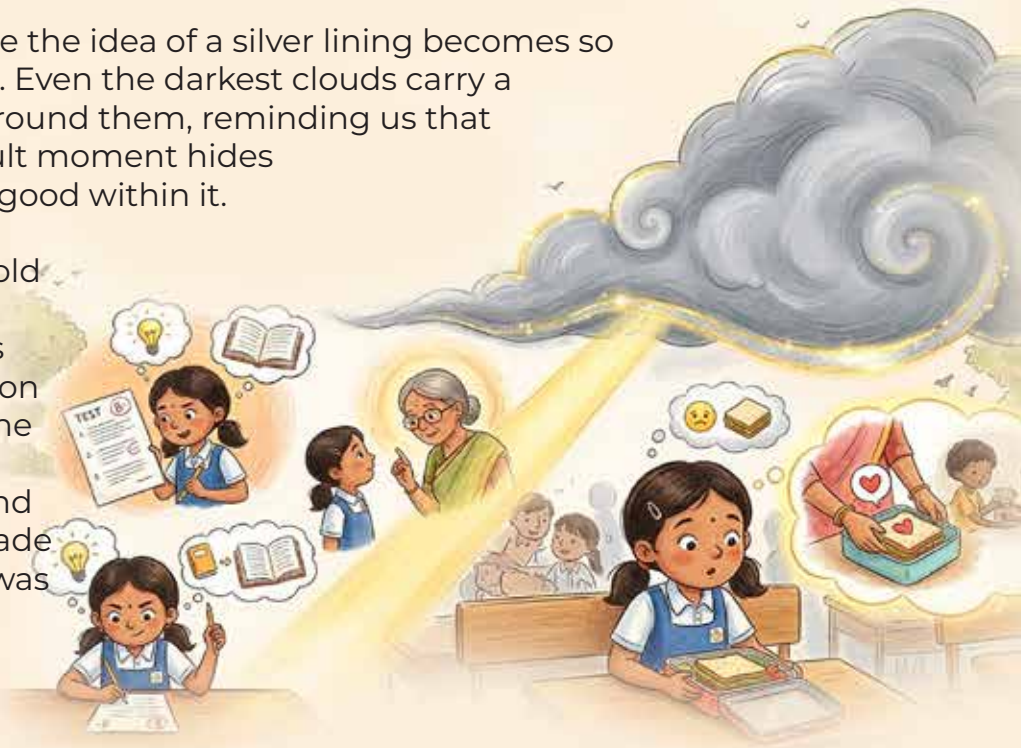
Moments & Memories

Our minds are busy all the time. From the moment we wake up until we fall asleep, thousands of thoughts pass through our heads every single day. Some thoughts make us smile, while others fill us with worry or disappointment. We may not be able to stop every negative thought from coming, but we can choose which thoughts deserve our attention. That choice slowly shapes the kind of person we become.

This is where the idea of a silver lining becomes so meaningful. Even the darkest clouds carry a little light around them, reminding us that every difficult moment hides something good within it.

Eight-year-old Ananya realized this one afternoon at school. She opened her lunchbox and instantly made a face as it was the same vegetable sandwich again. For a

moment, she wanted to complain. But then she remembered something she often heard, the importance of Gratitude & thinking positive. She paused and thought about the many people in the world who sleep hungry every day. Here she was, holding a fresh meal lovingly prepared by her mother that morning. Suddenly, her disappointment quietly turned into gratitude.





Life gives us many chances to find these silver linings. Scoring less in a test can become an opportunity to learn from our mistakes and grow wiser. A teacher's scolding may feel unpleasant at the first instance, but it also reminds us that there is someone who cares enough to guide us toward the right path.

Life teaches us gratitude, kindness, and faith, but their true meaning shines only when we practice them in daily life.

As **Albus Dumbledore in Harry Potter** wisely said, **"Happiness can be found, even in the darkest of times, if one only remembers to turn on the light."**

-Vibhati Sachdeva



FROM SAND TO SUPER COMPUTERS

How Does a Computer Work?

Imagine a rock that can think. Sounds funny, right? But that's exactly what your computers are: a very clever "rock" that uses electricity to solve problems, play games, and even connect people across the world. Let's see how this magic happens!

It All Starts with Sand

Believe it or not, computers begin with sand. Sand contains silicon, a special material. Scientists clean and process silicon until it's pure and then use it to make tiny chips. These chips are placed on something called a Printed Circuit Board (PCB)—that flat green board you may have seen inside old gadgets.

A Billion Tiny Switches

Inside the PCB are billions of microscopic switches. Each switch can be turned on or off. When grouped together, they form logic gates, which help the computer make decisions.

For example:

- ❖ Should I add these numbers?
- ❖ Should I show this picture?



0s and 1s – The Computer's Language

Computers don't understand English or Hindi. They speak **binary** a language made of just two symbols:

- ❖ **1** = electricity flowing (switch on)
- ❖ **0** = no electricity (switch off)

Strings of 0s and 1s like 101010 are used to represent everything letters, photos, videos, even your favourite video game!

Simple Things, Big Results

One grain of sand or one switch alone can't do much. But when billions of them work together, they create something extraordinary. That's how computers can:

- ❖ Solve tough math problems
- ❖ Show amazing graphics
- ❖ Connect people across continents

Fun Facts

- ❖ Computers don't always need electricity. Long ago, people built **mechanical computers** using gears!
- ❖ The earliest calculators were just a bunch of mechanical wheels and gears turning together.

- - Vishwas Sharma



WORLD EMOJI Day

I love sending texts to my friends with a smiling face or a pizza slice. Emojis are really cool because they help us talk without using a lot of words. Every year on July 17 people around the world celebrate World Emoji Day because using Emojis while texting is much fun.

July Month

17th

The Calendar Mystery

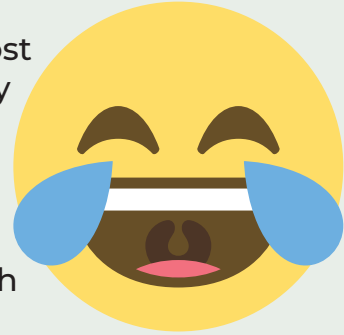
So why do we celebrate World Emoji Day on July 17? If we look at the calendar emoji on our phone, we will see that it says JUL 17. In 2014, Jeremy Burge (the founder of the emoji reference website Emojipedia) noticed this and thought it was a great day to have a celebration for World Emoji Day.

WHERE DID EMOJIS COME FROM?

Emojis were made in Japan in 1999 by a man named Shigetaka Kurita. The word emoji comes from two words: "e" which means picture and "moji" which means character. This is where the word emoji comes from. The first emojis were small. Made up of blocks. These first emojis were really simple. Today a group of experts called the Unicode Consortium decides which new emojis to add every year so that all emojis work on every phone seamlessly across the world.

THE KING OF EMOJIS

Do you know which emoji is the most popular? It is the Face with Tears of Joy emoji. People use the Face with Tears of Joy emoji all the time to show that something is really funny. They laugh at jokes or anything they find funny in their messages using the Face with Tears of Joy emoji.

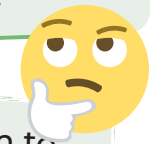


3 Fun Ways to enjoy with emojis!

Emoji Only Challenge: Try to send a message to your mom or dad using emojis. See if they can figure out what you mean with the emojis



Design Your Own: Get some markers and paper and make an emoji that does not exist yet. Think about what's missing from your keyboard that you want to see as an emoji.



DIY Photo Booth Props: Cut out circles and glue them to sticks. Then draw faces on them. Take pictures with your family using the emoji faces.

—Savita Saini

Unscramble the words



gtfi



tha



sela



lpma

I WORDS OF WISDOM

QUOTES

Choose to be optimistic, it feels better

Dalai Lama

If you want to shine like a sun, first burn like a sun

A P.J - Abdul kalam

Hope smiles from threshold of the year to come. Whispering it will be happier

Lord Tennyson

Keep your face always towards the sunshine and the shadow will fall behind you

Walt Whitman

To live is the rarest thing in the world, Most people exist, that is all.

Oscar Wilde

When you treat your failures as lessons you can never fail.

Udai Yadla

Life is like riding a bicycle. To keep your balance, you must keep moving.

Walt Whitman

Everything happens at its own pace, the gardener may water with a hundred buckets; but fruit arrives only in its season.

Kabir

THINK POSITIVE, LIVE POSITIVE

Think positive every day,
Chase all negative thoughts away.
With hopeful hearts and minds so free,
We grow like flowers and strong trees.

A smile can brighten every face,
And fill the world with love and grace.
When troubles come, don't feel afraid,
Positive thoughts are the light and shade.

Hope and courage help us grow,
Like little seeds that bloom and glow.
A kind word shared, a helping hand,
Can spread happiness across the land.

Be grateful for the sky so blue,
For friends, for family, and dreams too.
Plant seeds of joy wherever you go,
And watch the garden of goodness grow.

Speak kind words and spread good cheer,
Fill each heart with love sincere.
A happy mind, a peaceful way,
Can make the world brighter every day.

—Siddharth Khattar

POSITIVE words create POSITIVE THOUGHTS

Heartwarming
STORIES

“Be mindful when it comes to your words. A string of some that don’t mean much to you may stick with someone else for a lifetime.” -

Rachel Wolchin. This quote reminds us that words are

never just sounds they carry weight. It means that even

casual remarks, things we might say without much thought can deeply affect someone else, sometimes for years. Words can uplift, inspire, or comfort, but they can also wound,

discourage, or linger painfully.



Words are far more powerful than we often realize. Perhaps that is why it is often advised to begin the day with positive thoughts, which are also worded in our minds as affirmations. Statements like ‘I can do this’ or ‘I am stronger than my fears’ may sound small, but over time they shape the way we think about ourselves. A great example of this is Muhammad Ali. Even before becoming a champion, he confidently called himself ‘the greatest.’ Initially, people laughed at him, but his strong belief in himself helped him achieve what once seemed impossible.



Another inspiring personality is Nick Vujicic. Although he was born without arms and legs, he chose positivity instead of self-pity and today inspires millions through his speeches. Positive words are important in everyday life too. Sometimes, a student only needs one teacher saying, “I

believe in you,” to gain confidence. A friend’s encouragement during difficult times can make a huge difference.



Spiritual teachings also remind us about the importance of speaking with love and compassion. Satguru Mata Sudiksha Ji Maharaj teaches us that love is the foundation of humanity. Love, is

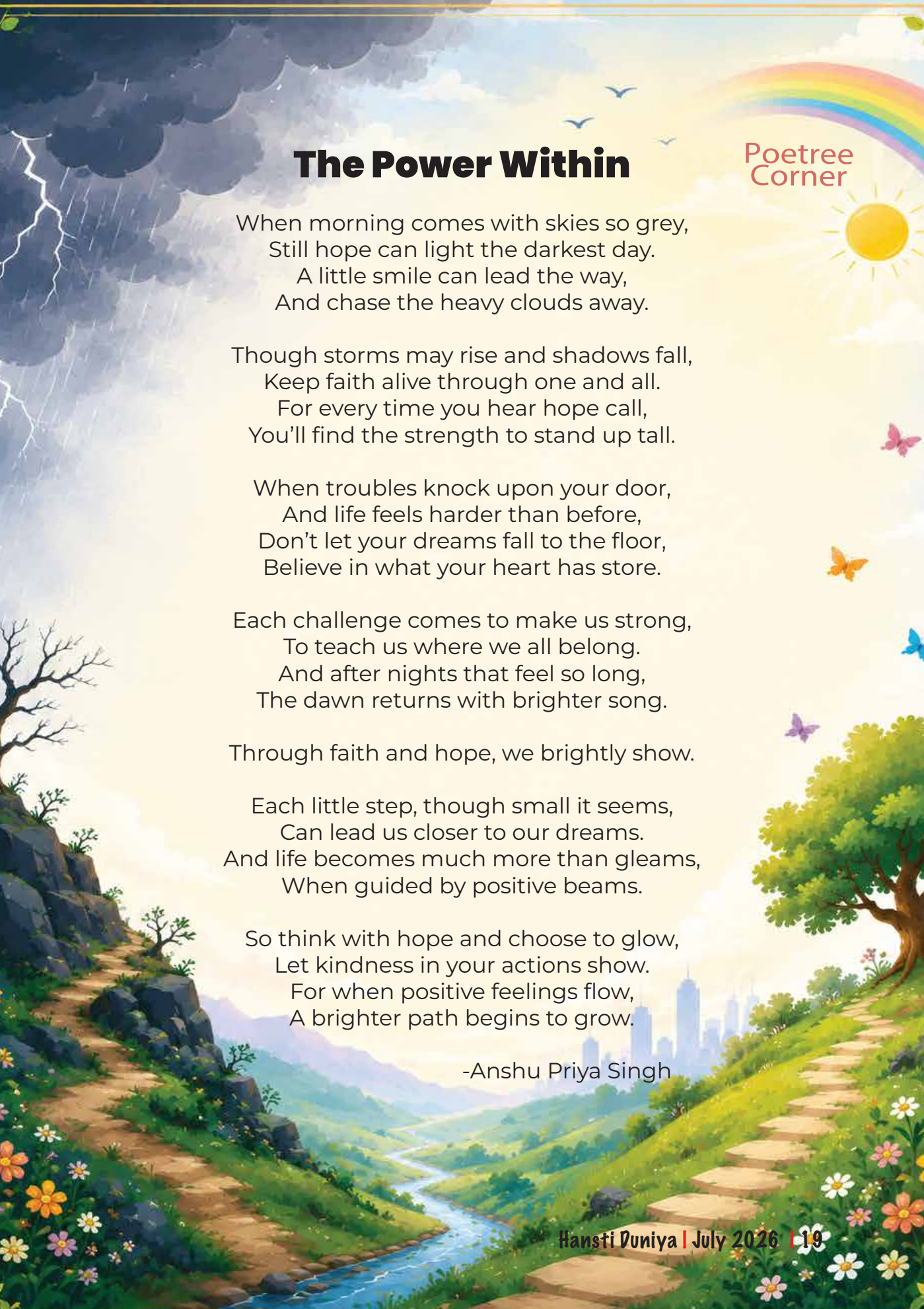
often expressed through our words and gestures. Kind and gentle words can heal a wounded heart, while harsh words can deeply hurt someone. The way we speak reflects the love, compassion and understanding within us. Speaking kindly is therefore not just good manners it is a true reflection of positive thoughts and values.

Affirmation alone cannot bring success as hard work matters equally. But positive words give us the motivation and strength to keep moving forward, even during difficult times.

The words we speak to ourselves, and others truly matter. They have the power to hurt, heal, break, or inspire. That is why we should always choose them wisely.

— Agamyia Bhakuni





The Power Within

Poetree
Corner

When morning comes with skies so grey,
Still hope can light the darkest day.
A little smile can lead the way,
And chase the heavy clouds away.

Though storms may rise and shadows fall,
Keep faith alive through one and all.
For every time you hear hope call,
You'll find the strength to stand up tall.

When troubles knock upon your door,
And life feels harder than before,
Don't let your dreams fall to the floor,
Believe in what your heart has store.

Each challenge comes to make us strong,
To teach us where we all belong.
And after nights that feel so long,
The dawn returns with brighter song.

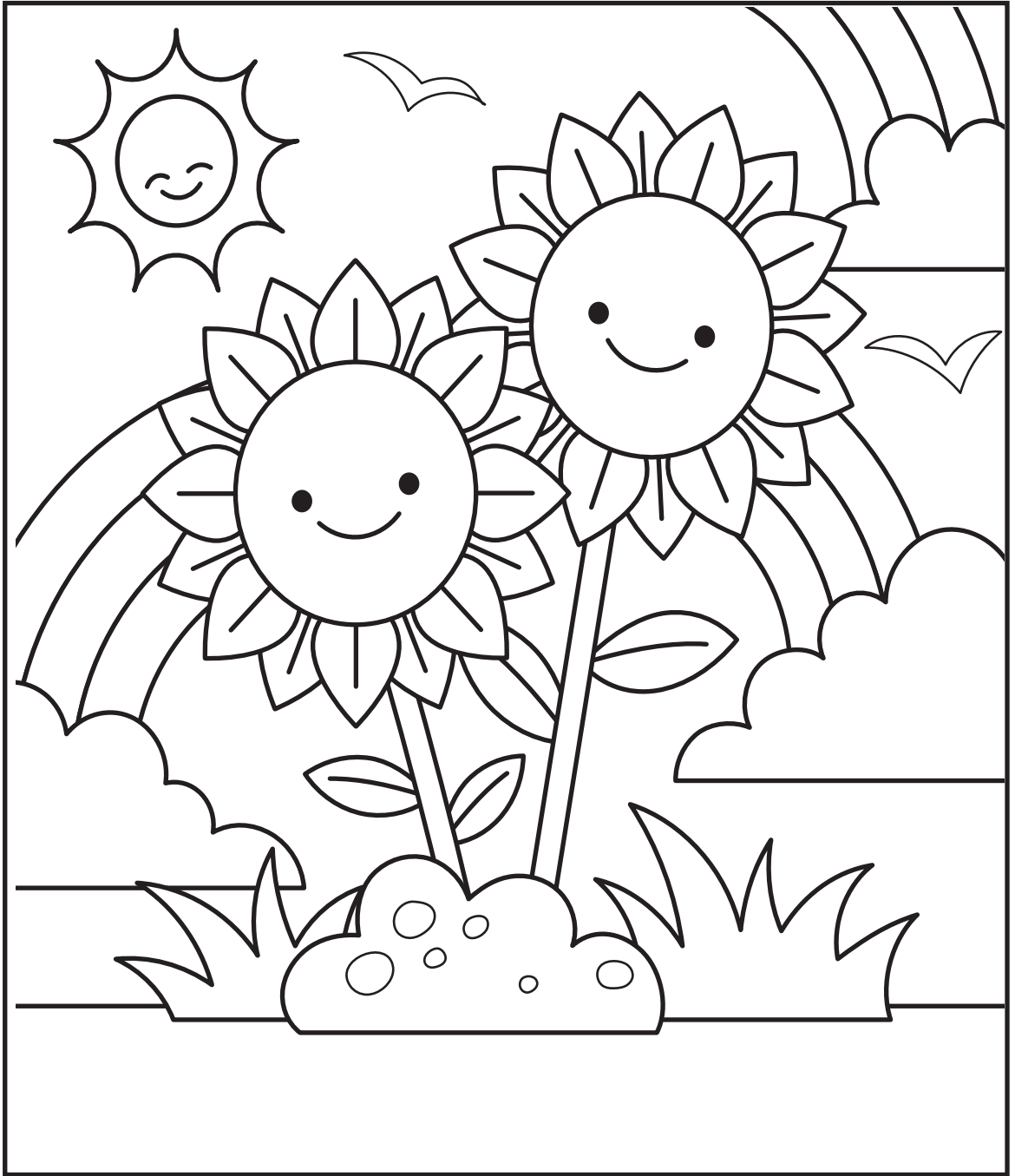
Through faith and hope, we brightly show.

Each little step, though small it seems,
Can lead us closer to our dreams.
And life becomes much more than gleams,
When guided by positive beams.

So think with hope and choose to glow,
Let kindness in your actions show.
For when positive feelings flow,
A brighter path begins to grow.

-Anshu Priya Singh

Color it up!



Positivity is
Believing

The world moves fast and turns around
cause maybe that's the way it's meant to be
And I stay here cause God's got some
Better and big things planned for me
So, let's just all agree to agree
That God always does what's best for me

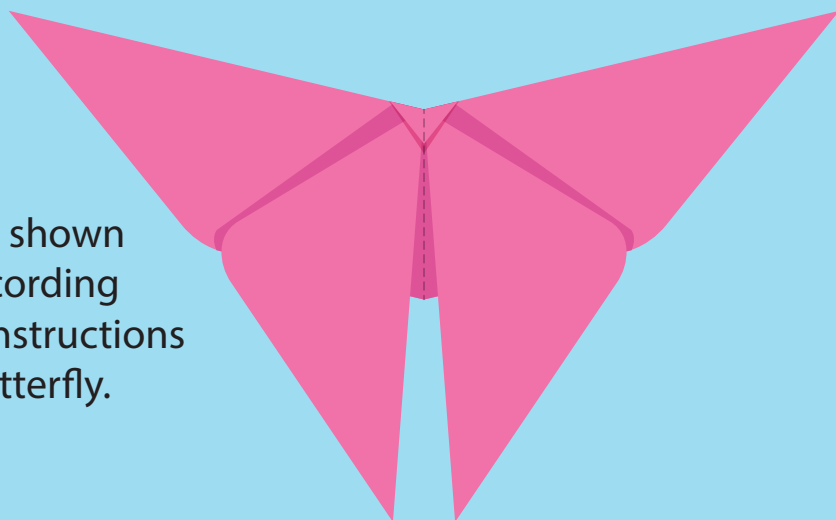
No matter the darkness and the pain
I always have your light, night and day
I will always have your words that say
Believe in God and it's way
And then the travel of life becomes easy
Cause God always looking out for me

I focus on how they smell and look pretty
The flowers whose thorns once bothered me
As I have been blessed with the sight to see
Little to small learnings all around me
Forever may I look for eternal beauty
When God's in everything I see

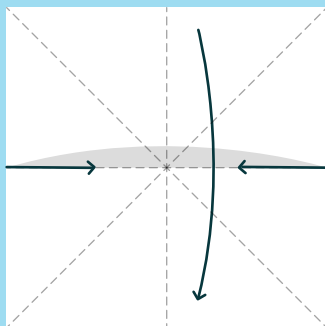
— Abhedika Dhanrajani



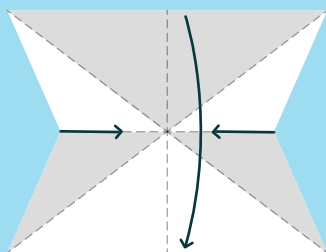
Cut the paper shown and fold it according to the given instructions to create a butterfly.



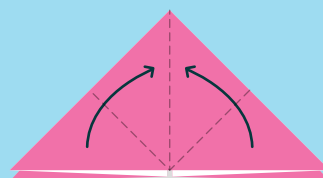
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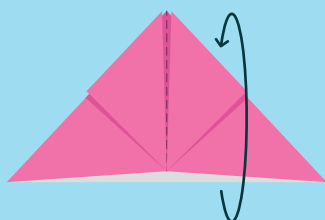
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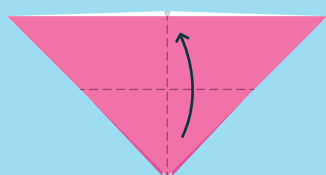
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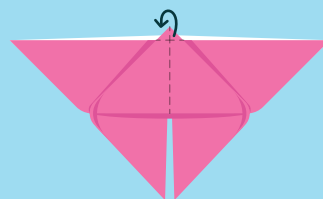
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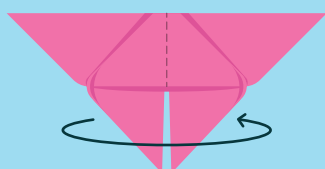
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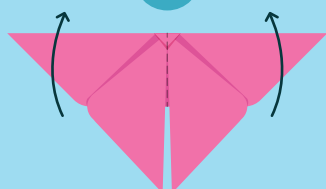
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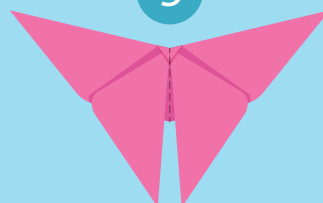
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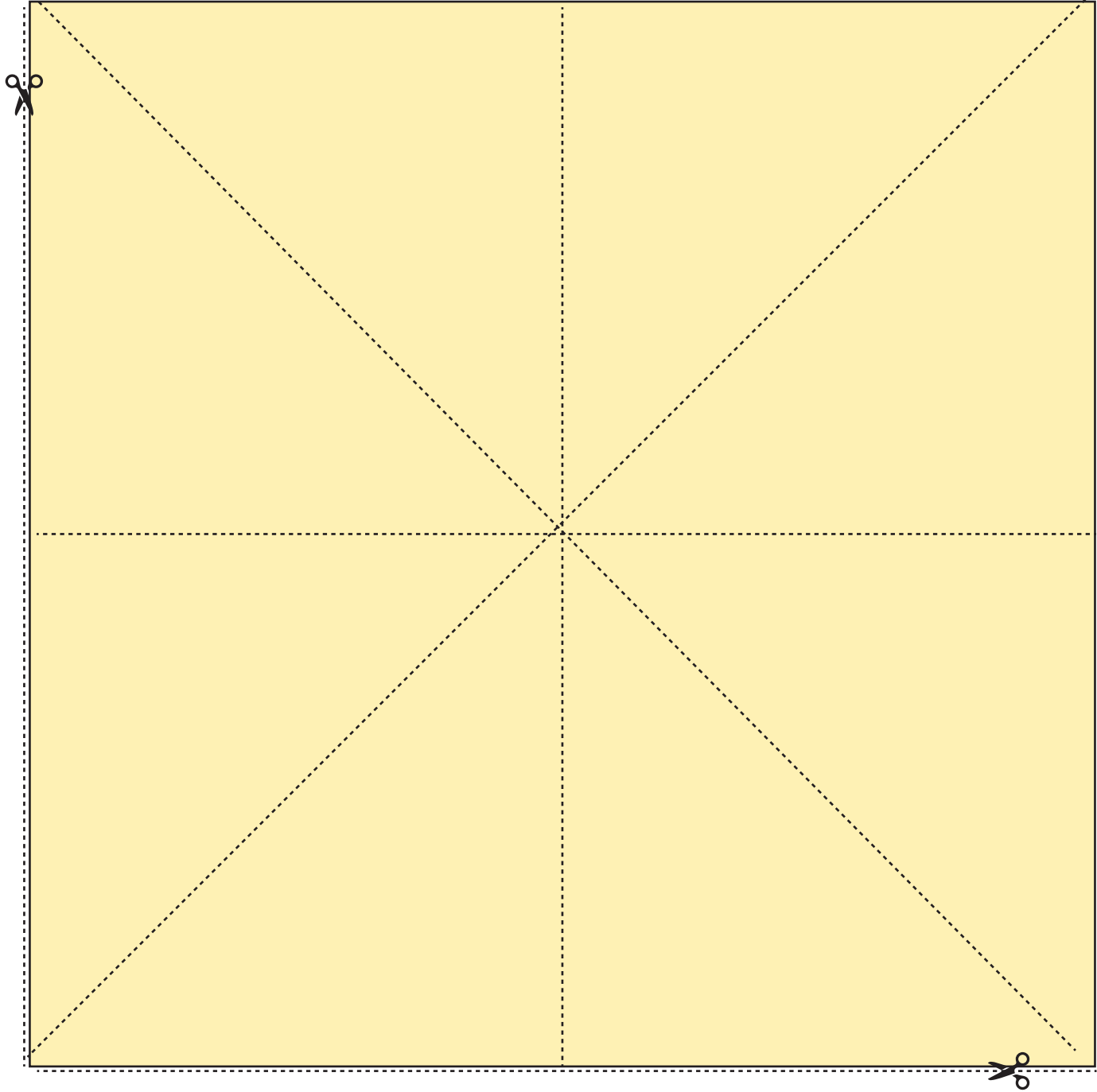


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POETREE
CORNER

LET LOVE PREVAIL

We often see around,
The world breaking down.
But deep down I ponder,
Why humans drown.

Why must we choose the path of war,
When love could open every door?
Must faith and flags make us blind,
To the kindness still left in mankind?

We chant for truth, they bow for grace,
Different paths, yet one embrace.
No faith asks for blood to spill,
Change the world, only love, and tolerance will.

I recall the teachings of Saints
Thy never leaves us lonely, always making us whole.
Let voices rise, not walls of rage,
Let compassion be ink on every page.
With hands unarmed and hearts awake,
Let's build the world that hate can't break.

Let's rise in soul, not sword or pride,
Let God be our truest guide.
For God, by any name we call,
Wants peace and humanity for all.
A realm without barriers, your noble plea,
Transforming souls, setting spirits free.
May Punita be, embodiment of God's serene grace,
Your warmth and kindness time cannot erase.
Within each heart, your mercy remains,
A steadfast light that forever sustains.

— Punita Arora

Picture Story

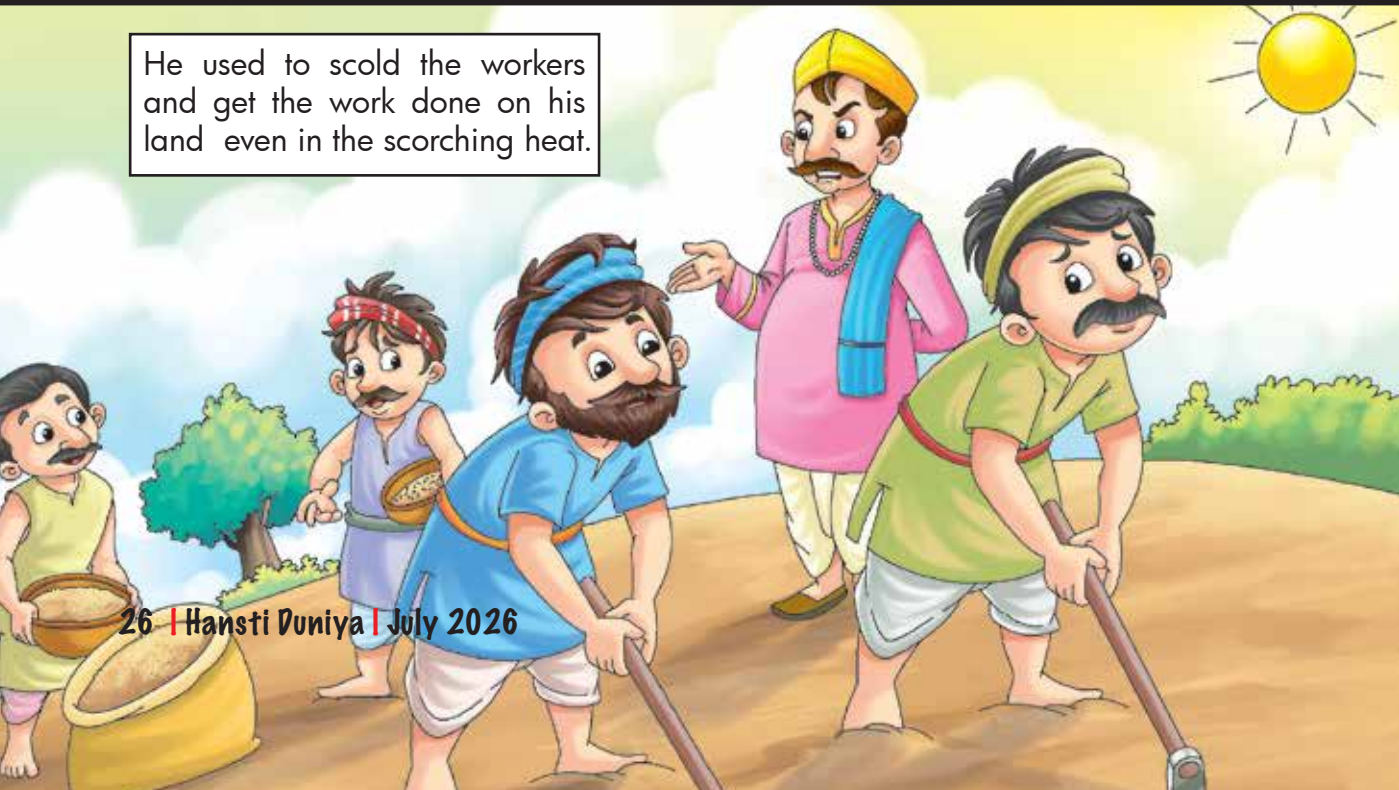
Story : Bhavesh Khurana

Illustrator : Ajay Kalara

In a village named Samastipur, there lived a moneylender named Ram Singh. He was dishonest and extremely miserly. In his eyes, all the workers who worked for him shirked work and were dishonest.



He used to scold the workers and get the work done on his land even in the scorching heat.

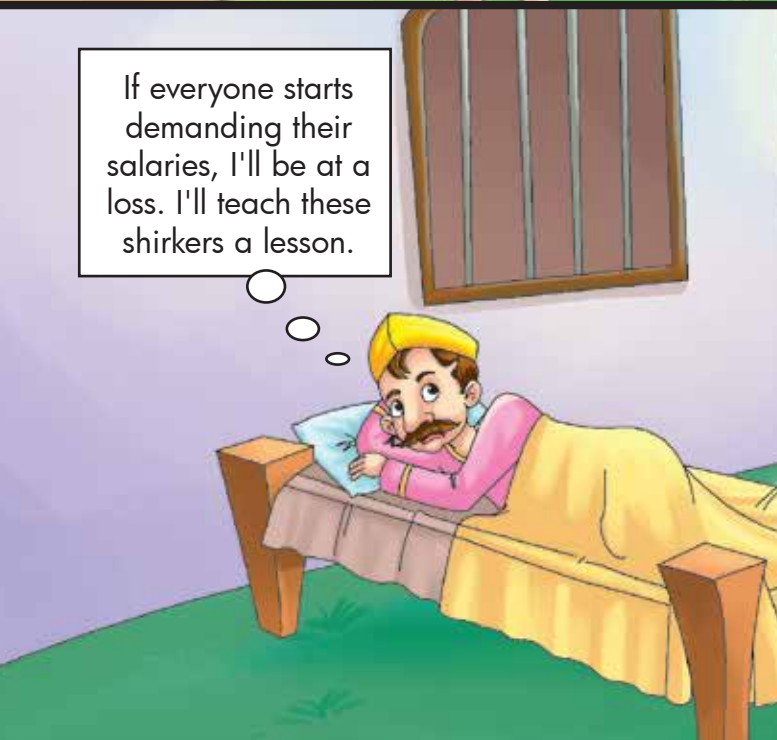




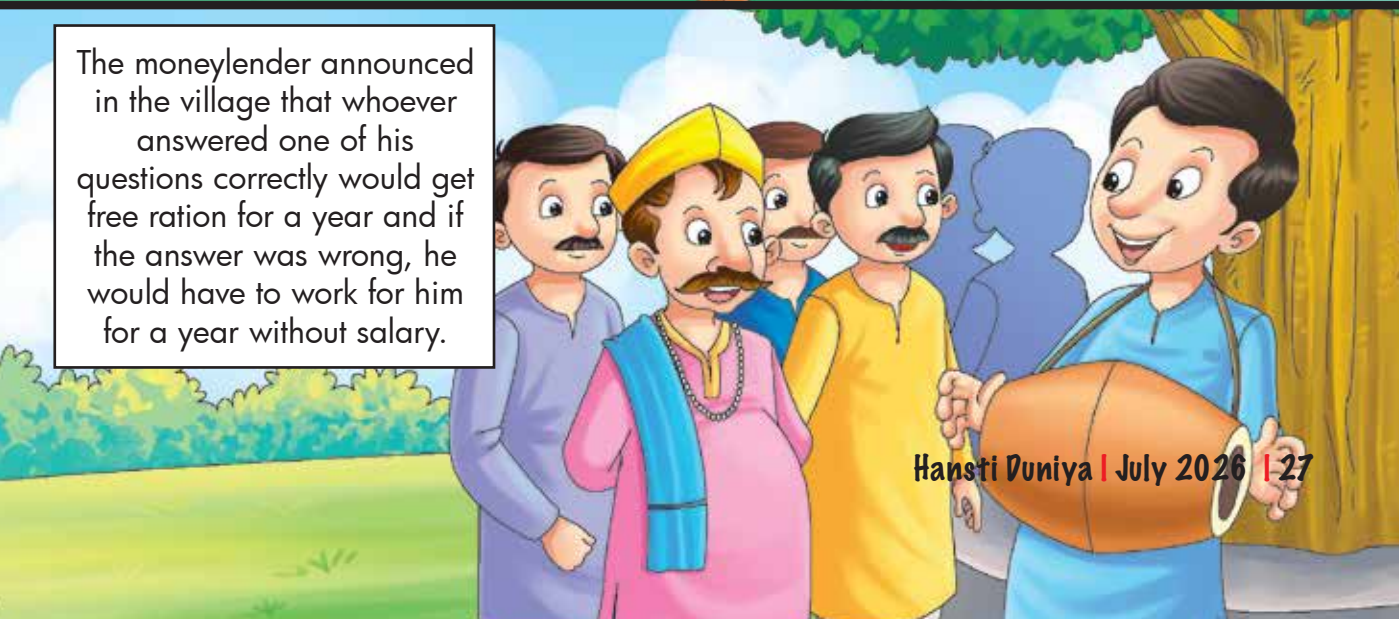
Sir, please give me my salary. I need to bring groceries home.



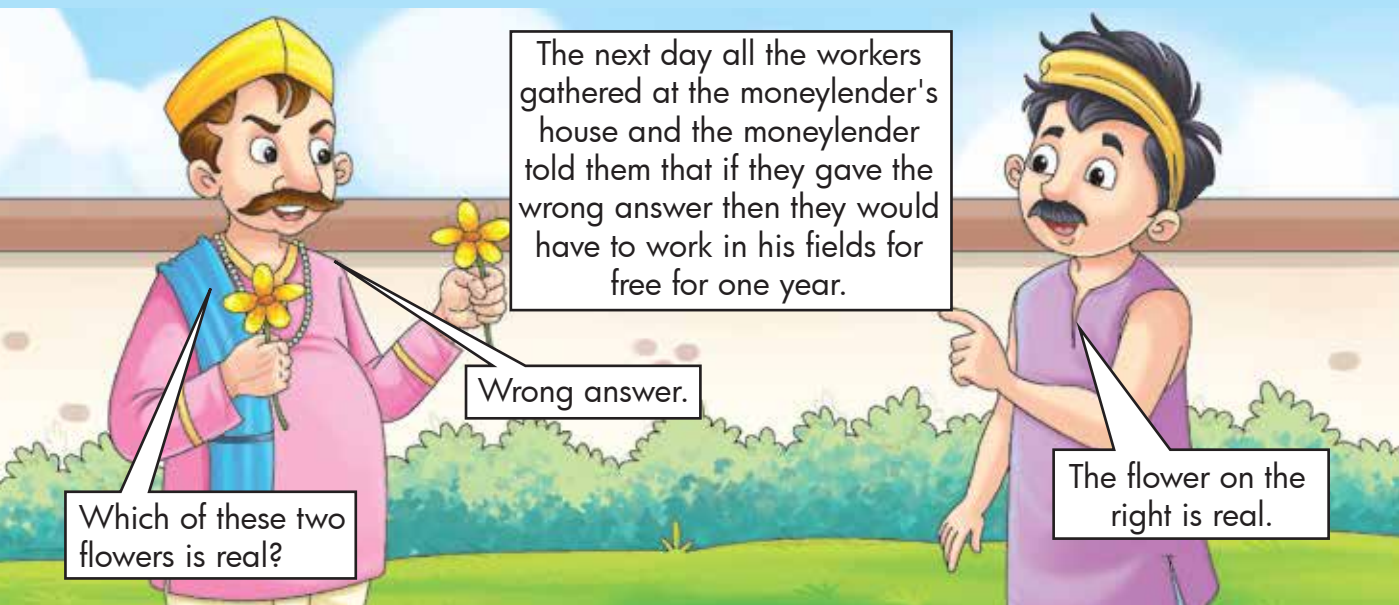
Salary for what? Have I ever asked for money for what you eat here? You won't get any.



If everyone starts demanding their salaries, I'll be at a loss. I'll teach these shirkers a lesson.



The moneylender announced in the village that whoever answered one of his questions correctly would get free ration for a year and if the answer was wrong, he would have to work for him for a year without salary.

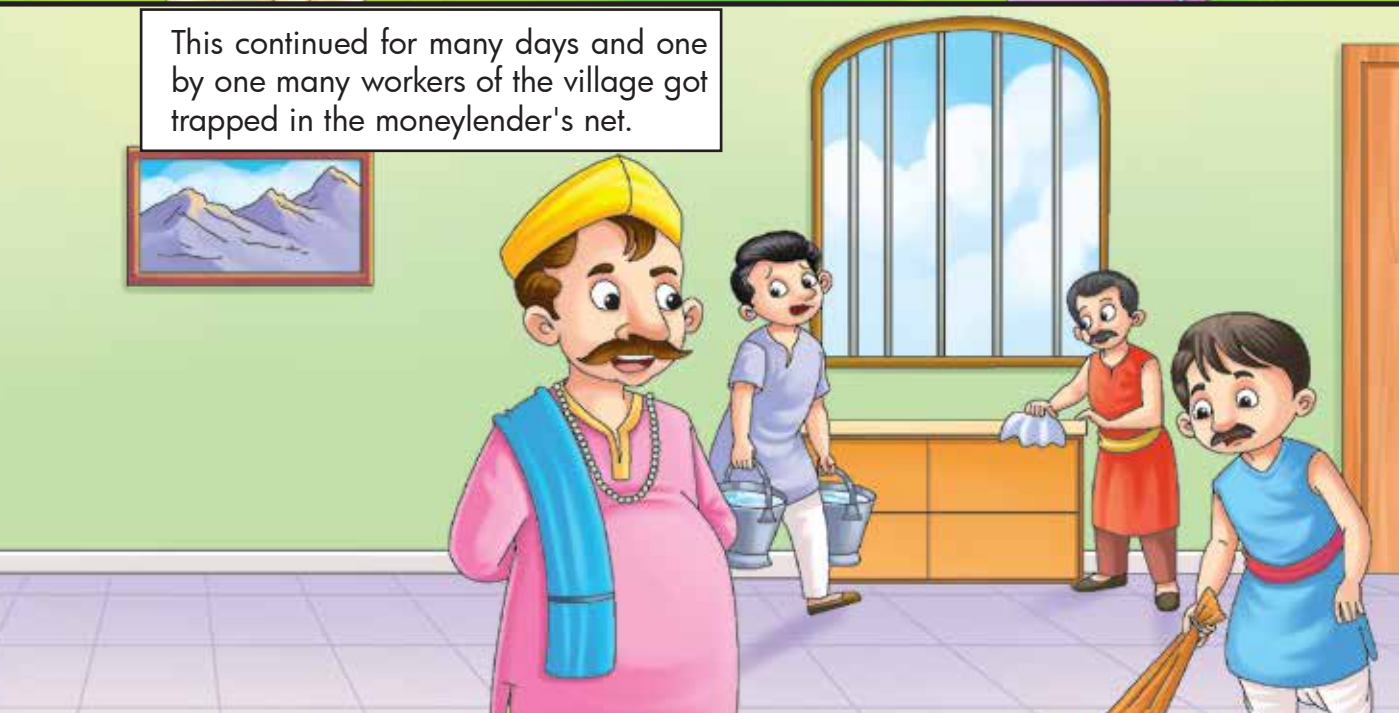


The next day all the workers gathered at the moneylender's house and the moneylender told them that if they gave the wrong answer then they would have to work in his fields for free for one year.

Wrong answer.

Which of these two flowers is real?

The flower on the right is real.

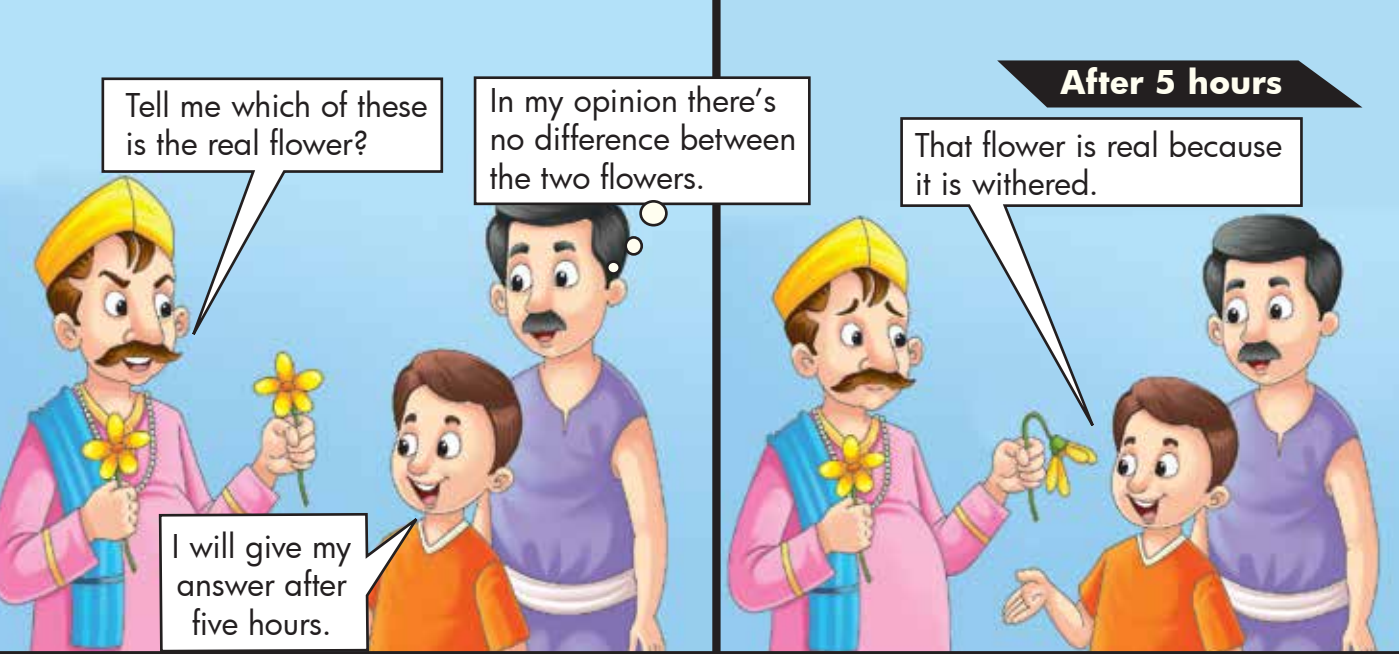


This continued for many days and one by one many workers of the village got trapped in the moneylender's net.

One day a fifteen-year-old boy named Mohit came to the moneylender's house for the competition.

Sir, if I lose the competition then I will serve you and if I win then you will have to free all the workers.

It's fine with me.



Tell me which of these is the real flower?

In my opinion there's no difference between the two flowers.

After 5 hours

That flower is real because it is withered.

I will give my answer after five hours.



I accept my defeat and release all the workers.



Mohit said, "We thought, both flowers were the same. But only looking at a thing is not enough, wisdom too is essential."

Boundaries of Bravery

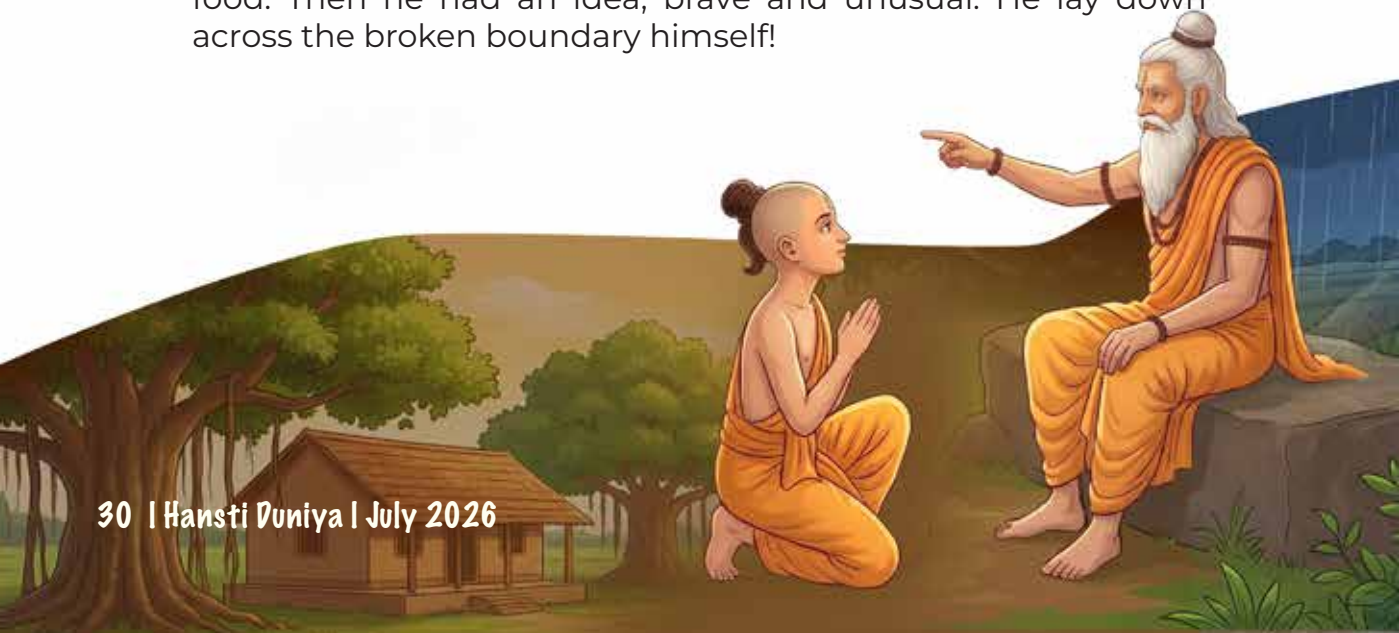


Long ago, in a peaceful gurukul surrounded by green fields and tall trees, lived a wise teacher named Sage Dhaumya. Boys from many villages came to learn from him. They studied, worked hard, and helped with daily chores. Among all his students was a sincere and kind-hearted boy named Aruni. He was always ready to help and never complained, no matter how difficult the task was.

One rainy evening, dark clouds covered the sky. Thunder roared, and soon heavy rain began to pour. The fields near the gurukul started filling with water. Sage Dhaumya grew worried because the crops were precious, they provided food for everyone in the ashram.

"Aruni," called the sage, "the boundary of the field is broken. Water is rushing out. Please go and stop it, or the crops will be ruined." Without wasting a moment, Aruni ran through the rain. Mud squished under his feet, and cold winds blew against him. When he reached the field, he saw water gushing through the broken boundary.

Aruni quickly tried to block the gap with stones. But the water pushed them away. He used branches. They floated off. He tried mud. It washed away too. Aruni looked at the flowing water and thought, I must save the crops. My teacher and friends need this food. Then he had an idea, brave and unusual. He lay down across the broken boundary himself!





His small body became a wall against the rushing water. Rain fell heavily, and the cold mud covered him, but Aruni did not move. He stayed there for hours, thinking only of protecting the field. Back at the gurukul, night fell. Sage Dhaumya noticed Aruni had not returned. Worried, he took a lamp and went searching in the storm.

“Aruni! Aruni! Where are you?” he called. From far away came a weak voice, “Sir, I am here, near the field.” The sage rushed forward and was amazed by what he saw, Aruni lying in the mud, holding back the water with his own body.

“Aruni!” cried Dhaumya, lifting him gently. “Why did you do this?” Shivering but determined, Aruni replied, “Sir, if I moved, the crops would be washed away. Then what would everyone eat?” The sage’s eyes filled with pride and affection.





He hugged Aruni warmly and said, “You are no ordinary student. Your selflessness courage, and devotion are truly superb. From today, you shall be known as Uddalaka, the one who raises the boundary.” Aruni grew up to become the great scholar Uddalaka, remembered for his wisdom and kindness for generations.

Think It Over :

True greatness lies in selfless service, courage, and thinking of others before yourself. Sometimes, even one act of bravery can make someone unforgettable.

— Vansh Sharma



BEYOND THE BASICS: YOUR GATEWAY TO ELITE ENTRANCE PATHWAYS

Last month, we explored the world of Artificial Intelligence. This month, we focus on the 'keys' that unlock the nation's most prestigious institutions. Whether you aim for research, management, law, or defense, Class 12 is your launchpad, and entrance exams are the engines that will take you there.

Quick Overview of Competitive Gateways

<i>PATHWAYS TO HIGHER EDUCATION</i>		
FIELD	TARGETED EXAMS	INSTITUTIONAL FOCUS
Engineering	NEET UG	MBBS, BDS, Nursing
Research/Math	IISER Aptitude Test, ISI Test	Pure Science, Statistics
Management	IPMAT, IIMB UG Test	Integrated MBA, B.Sc. Data/Econ
Finance/Law	CA Foundation, CSEET, CLAT	Chartered Accountancy, Law
General UG	CUET UG	Central/State Universities
Defence	NDA & NA Exam	Armed Forces Officer Entry

Deep Dive into Specialized Routes

Research & Math Excellence: For those passionate about scientific discovery, the IISER Aptitude Test (IAT) is the gold standard for admission into 5-year BS-MS research programs. Similarly, if you have a flair for pure mathematics and quantitative analysis, the Indian Statistical Institute (ISI) admission test offers a premier pathway to B.Stat and B.Math degrees. These paths are perfect for students who love exploring the 'why' and 'how' behind scientific phenomena.



Professional & Strategic Paths: If you prefer a professional trajectory, the CA (Chartered Accountant) and CS (Company Secretary) routes are premier options. These require qualifying through foundational exams (CA Foundation or CSEET) and provide deep, hands-on knowledge of finance, law, and business regulations. For those seeking a life of service, the National Defence Academy (NDA) exam is the gateway to becoming an officer in the Indian Army, Navy, or Air Force. It tests academic aptitude, physical fitness, and leadership potential through a rigorous process.

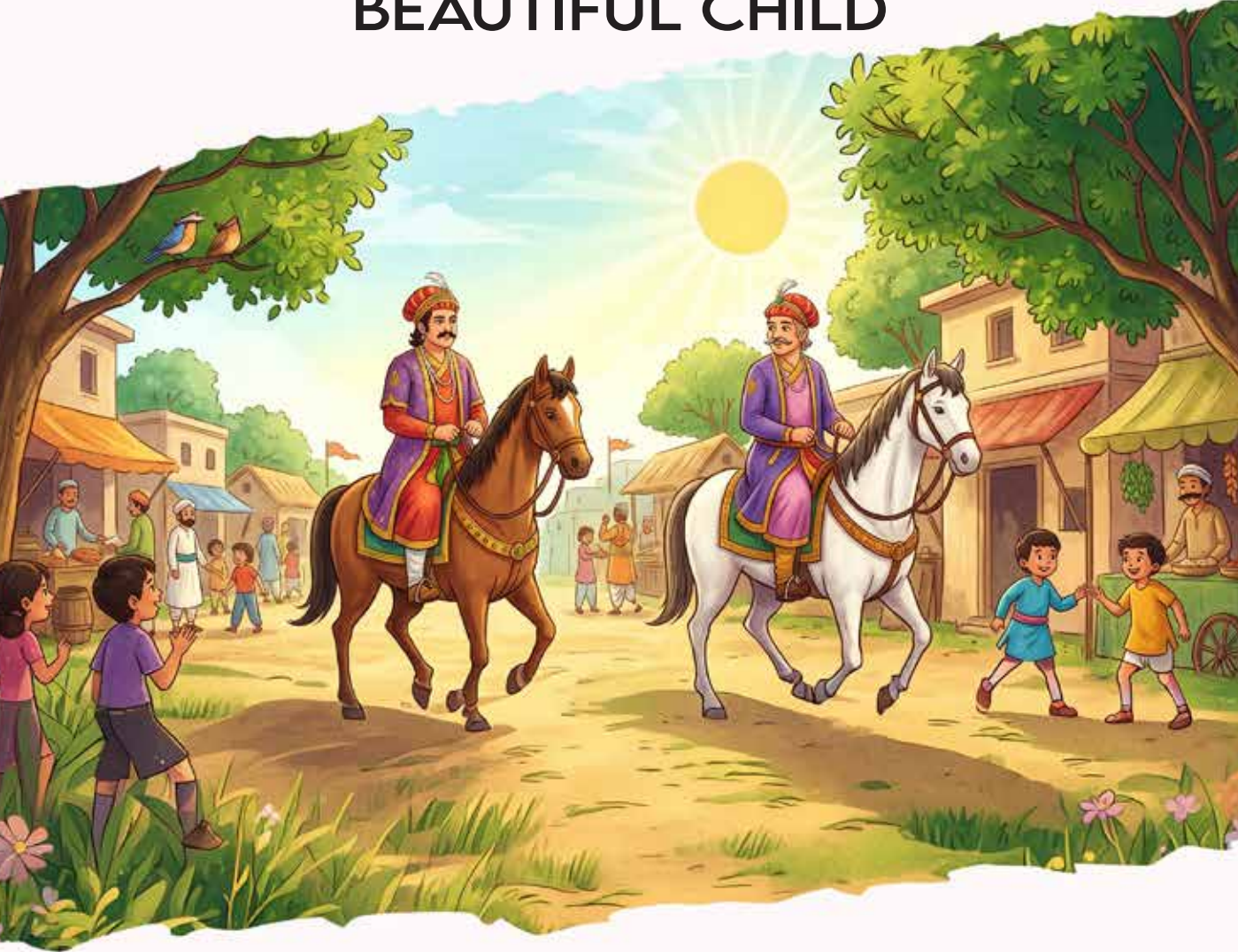
The Universal Key: For traditional undergraduate paths, CUET UG remains the primary, standardized exam for admission into central, state, and many private universities across India. It provides a fair and accessible way for students from all streams to apply to diverse courses.

Success in these exams requires more than just memorizing facts; it demands logical clarity, resilience, and early strategy. These specialized exams are highly competitive because they lead to institutions that redefine academic and professional excellence. Whether you choose the path of a researcher, a business leader, or a defender of the nation, start aligning your subject focus with these exams today. Research the eligibility criteria, understand the weightage of each section, and prepare with a consistent, focused strategy. Remember, your preparation today is the foundation for your success tomorrow!

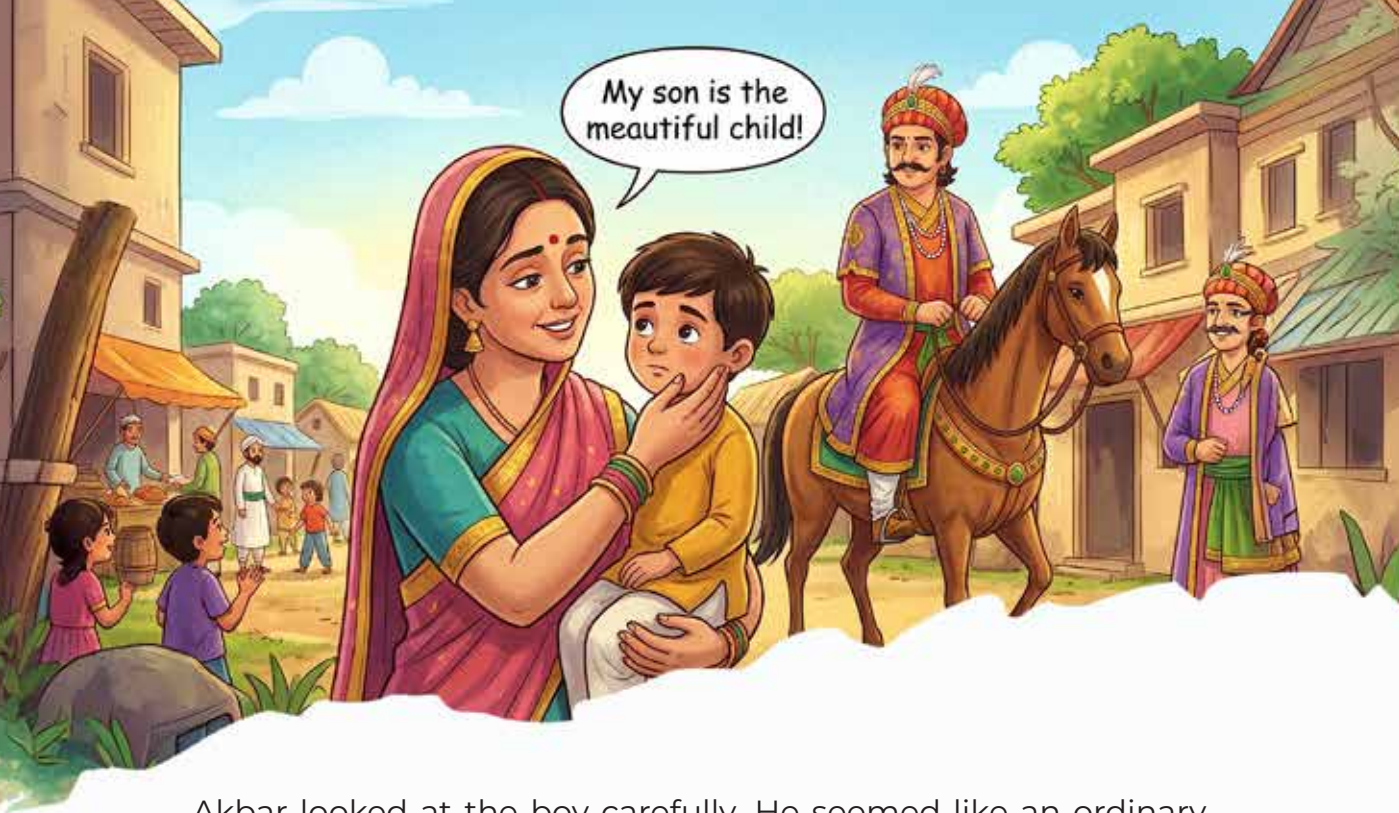
Next month: The World of Green Careers and Sustainability!

-Varun

THE MOST BEAUTIFUL CHILD



One sunny morning, Emperor Akbar and his wise minister Birbal were riding through the kingdom. Birds chirped in the trees, children played in the streets and the marketplace buzzed with life. As they passed a small village, they noticed a mother lovingly holding her little boy's face. "My son is the most beautiful child in the whole world!" she said proudly.



Akbar looked at the boy carefully. He seemed like an ordinary child to him. Curious, the emperor turned to Birbal and asked, "Why does she think her son is the most beautiful child? He looks quite normal to me." Birbal smiled gently. "Your Majesty, to every parent, their own child is the most beautiful and special in the world." Akbar was not convinced. "Can that really be true?" he wondered aloud.

The next day, Birbal decided to teach the emperor a lesson. He asked one of the royal courtiers to search the kingdom and bring back the most beautiful child. The courtier happily agreed and left at once. By evening, he returned to the royal court, carrying his own son in his arms! Akbar was surprised. "Why have you brought your own child?" he asked.





The courtier bowed respectfully and replied, “Your Majesty, I asked my wife to help me find the most beautiful child in the kingdom. She immediately said it was our son. When I looked at him, I agreed with her completely. So, I brought him here.” For a moment, the court fell silent.

Then Akbar smiled. At last, he understood Birbal’s words. A parent’s love makes their child the brightest star in their eyes. The emperor laughed warmly, patted the little boy on the head, and ordered trays of delicious sweets for him.

And from that day on, Akbar never forgot this wise lesson from Birbal.

Think It Over :

Love makes every child special and beautiful in the eyes of their parents.

— Tanishq



INTERNATIONAL YOUTH SKILLS DAY

Introduction

International Youth Skills Day is celebrated every year on 15th July to emphasize the importance of skill development among young people. The day was established by the United Nations to spread awareness about technical, vocational, and life skills that help youth succeed in education, employment, and entrepreneurship. In the modern world, skills are essential for personal growth and national development.

Importance of Skill Development

Practical and professional skills help students become independent and confident. Skilled youth can contribute to economic growth and social progress. By learning useful skills such as communication, leadership, teamwork, and problem-solving, youth can improve their career opportunities and lead successful lives in future. Skilled youth can create jobs for themselves as well as others. Soft skills like emotional intelligence are also of utmost importance. These help individuals adapt to diverse work environment and succeed in both professional and personal life.

Key Points

- ❖ Reduces unemployment
- ❖ Builds confidence and independence
- ❖ Improves career opportunities

Role of Education and Technology

Education and technology are closely connected in today's world. Digital learning platforms, online courses, and vocational training programs provide better opportunities for students to learn new skills. Technology has increased the demand for digital literacy, coding, and creative thinking nowadays. Schools and colleges now focus more on practical knowledge rather than only theoretical studies.

Key Points

- ❖ Promotes digital literacy
- ❖ Encourages practical learning
- ❖ Supports online education

Activities taken up on the Day

Many educational institutions and organizations celebrate this day by organizing seminars, workshops, debates, and training sessions. Career counselling programs are also conducted to guide students toward suitable professions. Competitions and awareness campaigns motivate young people to improve their talents and abilities. These activities inspire youth to become responsible citizens and become active contributors to society.

Key Points

- ❖ Workshops and seminars
- ❖ Career guidance programs
- ❖ Awareness campaigns

Challenges Faced by Youth

Despite many opportunities, young people still face challenges such as lack of quality education, poverty, and limited access to training programs. Some students do not receive equal opportunities to develop their talents. International Youth Skills Day reminds governments and societies to invest in better educational facilities and skill-based training for all youth.

Key Points

- ❖ Lack of training opportunities
- ❖ Poverty and unemployment
- ❖ Unequal access to education

6. Conclusion

International Youth Skills Day is an important occasion that highlights the value of empowering youth through education and skill development. Skilled young people are the foundation of a strong and progressive nation. By supporting learning, innovation, and vocational training, societies can create a brighter and more successful future for the next generation.

Key Points

- ❖ Encourages youth empowerment
- ❖ Promotes national development
- ❖ Inspires innovation and learning

—Manmohan Manchanda



CHANGE *your* MINDSET

INSTEAD OF:

SAY THIS:



I Can't do this



I will try my best



I am afraid of mistakes



Mistakes help me Learn



I don't Know



I Can find out



I am not good at this



I am great at this



It's easier for them



I can learn from them

Small thoughts create big changes

REQUEST TO WRITERS

Writers and readers of Hansti Duniya are invited to submit stories, articles, poems, essays, memoirs, inspirational incidents, and other literary works based on the theme '**Books : Our Best Friends**' for the September 2026 issue.

Entries may be sent on or before 20 July 2026 via email at hduniya.english@nirankari.org or by post to:

Hansti Duniya Office
Administrative Block
Nirankari Sarovar Complex
Delhi – 110009, India

– Editor, Hansti Duniya

Light and Life

And a dream to strive
Confusions and riddles
Stuck in the middle

Looking for a guiding hand
My feet stuck in quicksand
Unknown to the realization
that master is always
with its creation

Protecting and caring
Guiding and preparing
The moment of truth the
realization illuminates
And I can see

That every breathe that I take
Is through your grace
What else can I ask for

Every smile you bestow
Is through your kindness that glow
What else can I ask for

Every seed of humanity you sow
Is for love to grow
What else can I ask for
Every vision that is progressing
Is a part of your blessing

What else can I ask for anything
that I wished for but did not receive
is actually not a part of your scheme
protection as a weave
what else can I ask for

And the wisdom to be
Is through your teachings to see
What else can I ask for

Your love and smile
Makes living worthwhile
What else can I ask for

May I become what you wish me to be
Shine through my actions
Under your guidance
What else can I pray for
But My heart desires to pray from you
For you to be your reflection
or your candle to be a guide
or to be destroyed
Bereft of any pride
whatever you wish
Becomes my command
Whatever you give
I accept it without a demand
What else can I pray for
What else can I pray for

— Sakshi Batra



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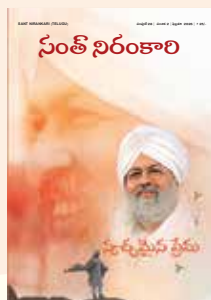
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